

# Cardiac myosin-binding protein-C is a critical mediator of diastolic function

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**Abstract** Diastolic dysfunction prominently contributes to heart failure with preserved ejection fraction (HFpEF). Owing partly to inadequate understanding, HFpEF does not have any effective treatments. Cardiac myosin-binding protein-C (cMyBP-C), a component of the thick filament of heart muscle that can modulate cross-bridge attachment/detachment cycling process by its phosphorylation status, appears to be involved in the diastolic dysfunction associated with HFpEF. In patients, cMyBP-C mutations are associated with diastolic dysfunction even in the absence of hypertrophy. cMyBP-C deletion mouse models recapitulate diastolic dysfunction despite *in vitro* evidence of uninhibited cross-bridge cycling. Reduced phosphorylation of cMyBP-C is also associated with diastolic dysfunction in patients. Mouse models of reduced cMyBP-C phosphorylation exhibit diastolic dysfunction while cMyBP-C phosphorylation mimetic mouse models show enhanced diastolic function. Thus, cMyBP-C phosphorylation mediates diastolic function. Experimental results of both cMyBP-C deletion and reduced cMyBP-C phosphorylation causing diastolic dysfunction suggest that cMyBP-C phosphorylation level modulates cross-bridge detachment rate in relation to ongoing attachment rate to mediate relaxation.

Consequently, alteration in cMyBP-C regulation of cross-bridge detachment is a key mechanism that causes diastolic dysfunction. Regardless of the exact molecular mechanism, ample clinical and experimental data show that cMyBP-C is a critical mediator of diastolic function. Furthermore, targeting cMyBP-C phosphorylation holds potential as a future treatment for diastolic dysfunction.

**Keywords** Cardiac myosin-binding protein-C · MyBPC3 · Diastolic dysfunction · Heart failure with preserved ejection fraction · HFpEF

## Background

Heart failure occurs when cardiac output cannot meet the body's demand. It has an estimated global prevalence of 23 M [4]. Lifetime risks for developing heart failure of a 55-year-old European and a 40-year-old American are 30.2 and 20 %, respectively [2, 15]. Despite treatment advances, 5-year mortality of heart failure patients remains high at 42–80 % [49]. Heart failure can occur with left ventricular ejection fraction (EF) of  $\geq 50$  %, which is defined as heart failure with preserved ejection fraction (HFpEF) [29, 49]. Prevalence of HFpEF has increased to 47 % of all heart failure cases [36]. Diastolic dysfunction is the generally accepted cause of HFpEF [29]. Diastolic dysfunction also occurs with heart failure with reduced ejection fraction (HFrEF) [39], defined as EF < 40 % [49]. Hypertrophic cardiomyopathy (HCM) patients progress to heart failure with type distribution of 48 % HFpEF, 30 % HFrEF, and 22 % outflow obstruction [30]. HCM patients with primarily diastolic dysfunction and without outflow obstruction experience the shortest progression from HCM diagnosis to heart failure [30]. Mere diagnosis of mild diastolic dysfunction carries >eightfold increase in mortality over 5 years [39]. Unfortunately, pathogenic mechanisms

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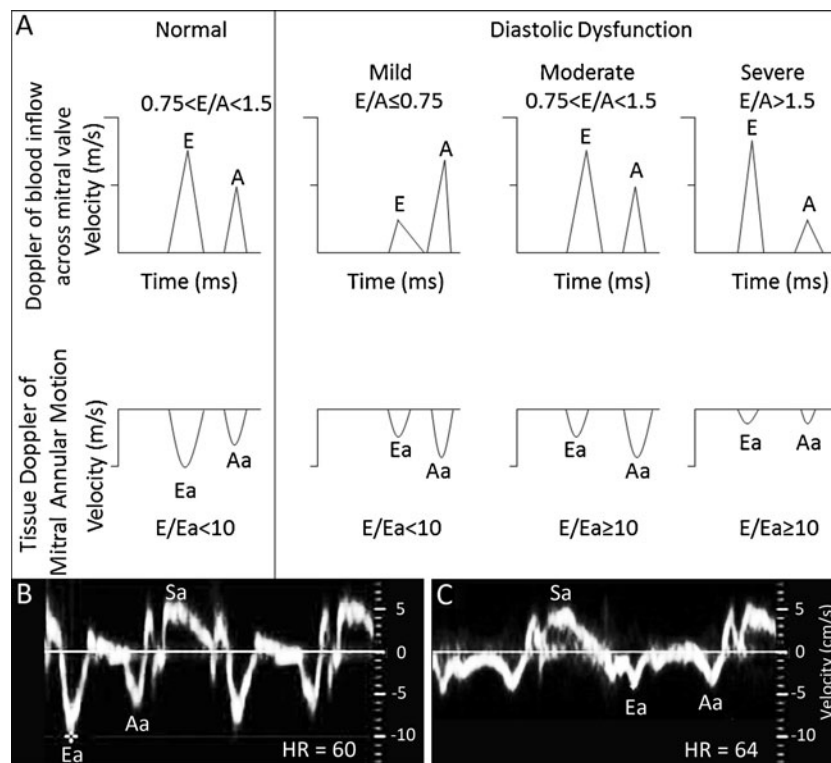
that cause diastolic dysfunction remain enigmatic. With this perspective, this review summarizes evidence that cardiac myosin-binding protein-C mediates diastolic function.

To facilitate understanding, this paragraph summarizes echocardiographic Doppler measurements that are used to quantify *in vivo* diastolic function. Early diastolic (*Ea*) is the tissue Doppler (TD) measurement of the peak heart muscle relaxation velocity about mitral valve annulus during early diastole (Fig. 1). *Ea* is an extraordinarily reliable echocardiographic measurement of diastolic function because it correlates with diastolic hemodynamics indices (pressure decay time constant, peak pressure decay rate  $(-dP/dt)_{min}$ , pressure/volume relationship during diastolic filling) and monotonically decreases with worsening diastolic dysfunction [20, 24, 32, 35, 39] (Fig. 1). *Ea* is also referred as *e'*, *E'*, or *Em* [32]. Systolic (*Sa*) is the TD of peak heart muscle contraction velocity during systole (Fig. 1). The Doppler of the peak blood flow velocity across the mitral valve during early diastole is named *E* [20, 24, 32, 39]. *E* initially decreases with mild diastolic dysfunction but increases with worsening diastolic dysfunction due to resultant left atrial dilation leading to increases in left atrial pressure [20, 32, 39]. Thus, increasing

*E/Ea* ratio indicates worsening diastolic dysfunction by capturing both increasing left atrial pressure and myocardium's decreasing ability to relax [20, 24, 32, 39] (Fig. 1).

### Need for cMyBP-C

Cardiac myosin-binding protein-C (cMyBP-C) is a part of the thick filament of the heart muscle [28]. Although cMyBP-C is believed to repress myosin–actin interaction by different mechanisms [12, 18], an important mechanism is that cMyBP-C binding to the rod region of myosin can slow cross-bridge detachment to impair relaxation [1, 12, 26]. Thus, cMyBP-C mutations may lead to diastolic dysfunction. Mutations in cMyBP-C are a leading cause of hypertrophic cardiomyopathy (HCM) [18]. HCM patients, a significant portion of whom carry cMyBP-C mutations, can present with diastolic dysfunction (demonstrated by slowed heart muscle relaxation velocity *Ea*) before the onset of hypertrophy [19, 33, 34]. A cohort of pediatric HCM patients, 19/27 of whom have cMyBP-C mutations, demonstrates diastolic dysfunction without hypertrophy [37]. Another cohort of patients with three common



**Fig. 1** Doppler flow schematic and patient tissue Doppler example. **a** *E* is the peak blood flow Doppler across mitral valve during early diastolic filling. *A* is the peak blood flow Doppler across mitral valve during atrial contraction of diastole. *E* will initially decrease with mild diastolic dysfunction but increases with worsening diastolic dysfunction. The *E/A* ratio will initially decrease with mild diastolic dysfunction but increases with worsening diastolic dysfunction to make moderate–severe diastolic dysfunction indistinguishable from normal to enhanced diastolic function. *Ea*

is the peak heart muscle relaxation TD during early diastole about mitral valve annulus. *Ea* monotonically decreases with worsening diastolic dysfunction. *Aa* is the peak heart muscle expansion TD during atrial contraction phase of diastole. *Sa* is the peak heart muscle contraction TD during systole. **b** TD of a normal 62-year-old male. **c** TD of 66-year-old male with severe diastolic dysfunction (note severely slowed *Ea* and reduced *Ea/Sa*). Time scales are different between (**b**) and (**c**)

cMyBP-C mutations found in the Netherlands exhibits hypertrophy with diastolic dysfunction or prehypertrophy with TD evidence of impaired relaxation [31]. The presentation of diastolic dysfunction before the onset of hypertrophy suggests that cMyBP-C mutations cause diastolic dysfunction independent of hypertrophy. Furthermore, a single nucleotide polymorphism in cMyBP-C has been found in diastolic heart failure patients [48]. Thus, clinical evidence suggests that nonmutated/normal cMyBP-C is needed for normal diastolic function.

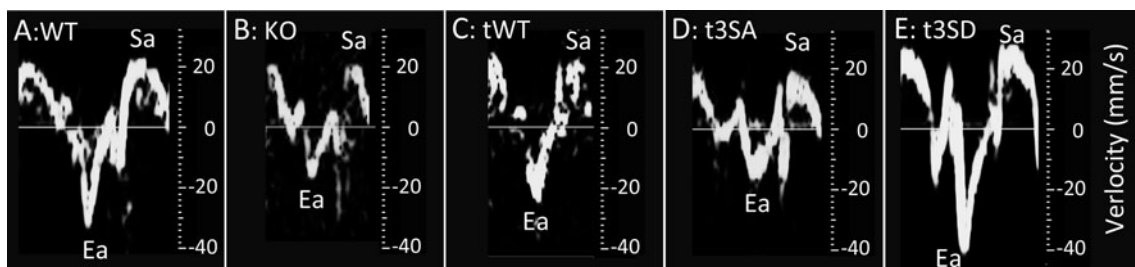
Animal models support the clinical finding that the loss of cMyBP-C causes diastolic dysfunction. Targeting exons 3–10, Harris et al. created the first cMyBP-C null (i.e., complete loss of cMyBP-C expression) mouse model cMyBP-C(-/-, Ex3-10) [17]. cMyBP-C(-/-, Ex3-10) hearts exhibit diastolic dysfunction with slowed Ea (Fig. 2a, b) and increased E/Ea ratio similar to human patients [44] with confirmatory intracardiac pressure measurements of slower  $(-dP/dt)_{\min}$  and longer pressure decay constant  $\tau$  [3]. Another cMyBP-C null mouse model, cMyBP-C(-/-, Ex1-2), which was made by targeting preexon-1 to exon-2, demonstrates impaired relaxation by slower  $(-dP/dt)_{\min}$  and longer pressure decay constant  $\tau$  [5]. Additionally, cMyBP-C mutation homozygous and heterozygous knock-in models exhibit diastolic dysfunction with elevated E/Ea ratio but faster intracellular calcium  $[Ca^{2+}]_i$ , demonstrating that impaired relaxation is caused by myofibril dysfunction, not by slowed calcium handling [13]. Furthermore, a conditional cMyBP-C knockout mouse model demonstrates diastolic dysfunction without hypertrophy after induction of the cMyBP-C deletion [6]. Thus, the presence of nonmutated cMyBP-C is required for normal diastolic function.

### Mediation of diastolic function by posttranslational modification of cMyBP-C

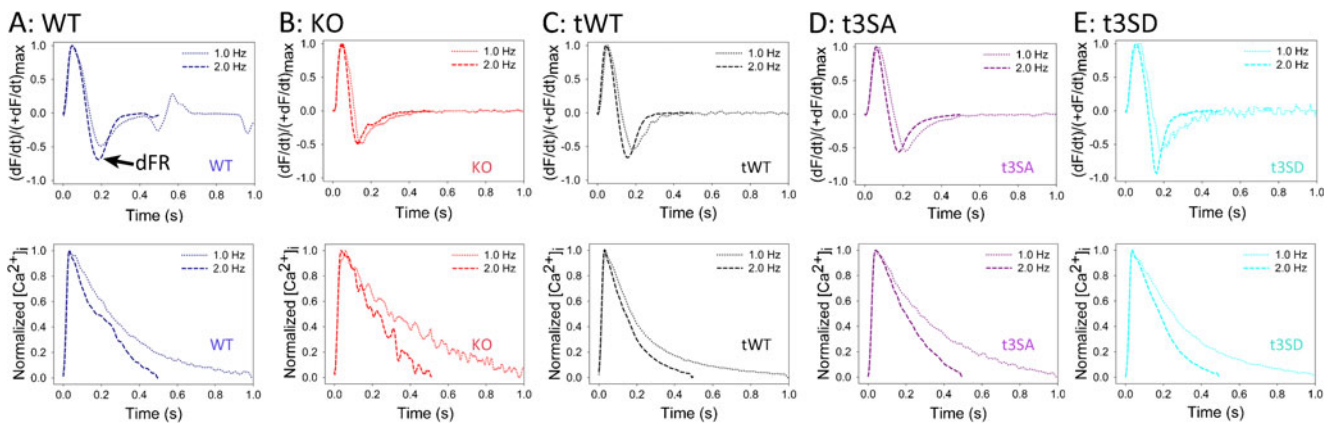
cMyBP-C phosphorylation levels have been found to be decreased by >50 % in explanted hearts from patients with end-stage heart failure during heart transplant [8, 11, 21, 25]. End-stage failing hearts have severe diastolic and systolic dysfunction along with calcium and metabolic derangements; therefore, it is difficult to assess the impact of cMyBP-C

phosphorylation. Samples obtained during myectomy surgery to relieve outflow obstruction showed that HCM hearts have decreased cMyBP-C phosphorylation levels [8, 10, 21]. HCM hearts exhibit predominantly diastolic dysfunction, implying that reduced cMyBP-C phosphorylation is an underlying cause.

Animal models suggest that cMyBP-C phosphorylation mediates diastolic function. Protein kinase A (PKA) can phosphorylate human cMyBP-C at S275, S284, and S304 [14] and their mouse equivalents (S273, S282, S302) as confirmed by mass spectrometry [23]. Expressing cMyBP-C with S273A, S282A, and S302A and S273D, S282D, and S302D mutations onto cMyBP-C(-/-, Ex3-10) background created cMyBP-C(t3SA) (phosphorylation deficient) [44] and cMyBP-C(t3SD) (phosphorylation mimetic) [7, 26] mouse models, respectively. These mouse models allow one to elucidate the impact of cMyBP-C phosphorylation at its known PKA sites. Myosin-binding protein C (cMyBP-C)(t3SA) hearts exhibited similar EF [7, 26, 44], reduced Ea (slowed heart muscle relaxation TD velocity, Fig. 2), and increased E/Ea ratio (diastolic dysfunction) [26, 44] in comparison to its wild-type equivalent cMyBP-C(tWT) control, suggesting that reduced cMyBP-C phosphorylation causes predominantly diastolic dysfunction. Furthermore, cMyBP-C(t3SA) mice resemble human HFpEF with shorter voluntary running distances, pulmonary edema, and elevated brain natriuretic peptide levels [26]. Another cMyBP-C phosphorylation-deficient mouse model cMyBP-C(t/t, A1IP-) was made by expressing cMyBP-C with five mutations (T272A, S273A, T281A, S282A, S302A) onto the cMyBP-C truncation background of cMyBP-C(t/t) [41]. Unlike cMyBP-C(t3SA), cMyBP-C(t/t, A1IP-) hearts showed ~50 % reduction in fractional shortening and severely dilated ventricles in comparison to its cMyBP-C(t/t, WT) control [41], suggesting that cMyBP-C phosphorylation also mediates systolic function. Differences in mutations and mouse backgrounds probably caused the different phenotypes in these two cMyBP-C phosphorylation-deficient mouse models. Subsequently, expressing combinatorial phosphorylation site mutations (S282A-SAS, S273A/S282D/S302A-ADA, and S273D/S282A/S302D-DAD) onto the cMyBP-C(t/t) background made mutant hearts that exhibit similar EF as their control cMyBP-C(t/t, WT), providing



**Fig. 2** Mouse TD of myocardium at mitral valve annulus examples. **a** wild type, **b** cMyBP-C(-/-, Ex3-10), **c** cMyBP-C(tWT), **d** cMyBP-C(t3SA), and **e** cMyBP-C(t3SD). cMyBP-C(-/-, Ex3-10) and cMyBP-C(t3SA) show slowed Ea and reduced Ea/Sa



**Fig. 3** Papillary muscle experiment examples. *Top panels* show time course of  $dF/dt$  normalized to  $(dF/dt)_{\max}$ . *Bottom panels* show corresponding time course of normalized intracellular calcium concentrations.  $dFR = (+dF/dt)_{\max}/(-dF/dt)_{\min}$ . Increasing magnitude of  $dFR$  represents

evidence that cMyBP-C phosphorylation has greater impact on diastolic function [40]. More recently, expressing phosphorylation-deficient cMyBP-C mutants of AAD(T272A,S273A,T281A,S282A,S302D) and DAA(T272D,S273D,T281A,S282A,S302A) onto cMyBP-C(t/t) background led to reduced EF and impaired relaxation as evidenced by slowed heart muscle relaxation TD velocity  $E_a$  [16]. Conversely, the phosphorylation-mimetic cMyBP-C(t3SD) demonstrated enhanced diastolic function by faster heart muscle relaxation TD velocity  $E_a$  (Fig. 2) and reduced  $E/E_a$  ratio (enhanced diastolic function) [26]. Together, these findings indicate that cMyBP-C phosphorylation mediates diastolic function.

Posttranslational modifications of cMyBP-C other than phosphorylation may also affect diastolic function. Unilateral

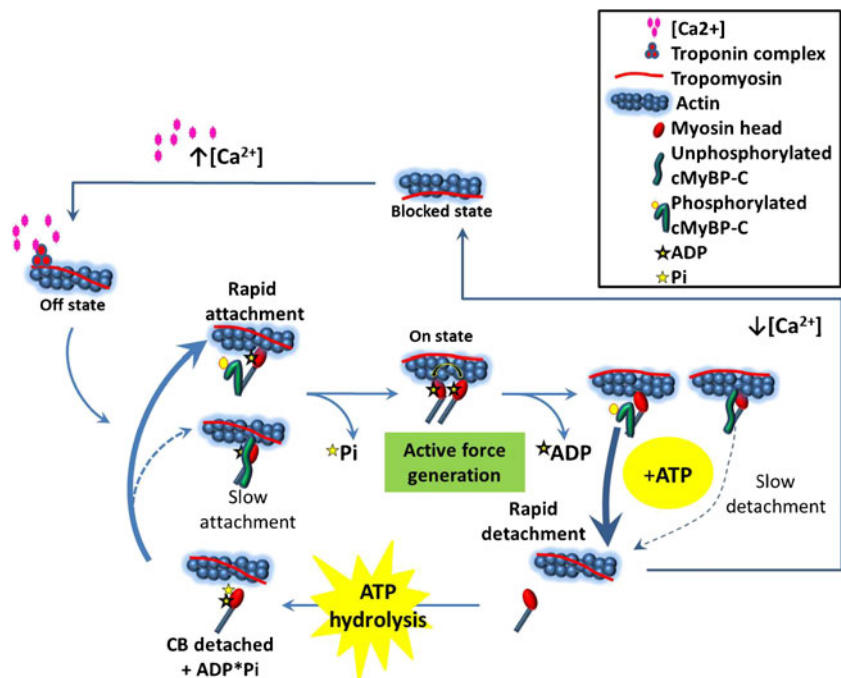
nephrectomy and chronic deoxycorticosterone acetate (DOCA) salt treatment will cause diastolic dysfunction [27]. Diastolic dysfunction in this mouse model was attributed to altered myofilament calcium sensitivity due to increased glutathionylation of cMyBP-C [27]. Tetrahydrobiopterin treatment decreased glutathionylation and increased cross-bridge cycling rate to reverse diastolic dysfunction independent of cMyBP-C phosphorylation [22]. Thus, glutathionylation of cMyBP-C may also mediate diastolic dysfunction.

acceleration of relaxation. **a** wild type, **b** cMyBP-C(-/-, Ex3-10), **c** cMyBP-C(tWT), **d** cMyBP-C(t3SA), and **e** cMyBP-C(t3SD). cMyBP-C(-/-, Ex3-10) and cMyBP-C(t3SA) muscles exhibit smaller  $dFR$ s that do not change with increasing pacing frequency

#### Possible mechanism

cMyBP-C phosphorylation may mediate diastolic function by modulating the relative cross-bridge detachment rate with

**Fig. 4** Hypothesis schematic. Increasing  $[Ca^{2+}]_i$  moves tropomyosin from blocked to off state. Phosphorylated cMyBP-C facilitates rapid cross-bridge attachment. Transition of cross-bridges from weakly bound to strongly bound states with release of Pi causes further displacement of tropomyosin to fully activate thin filament to on state. Phosphorylated cMyBP-C accelerates cross-bridge detachment in reference to attachment. Thin filament free of attached cross-bridges can snap back into the blocked state with decreasing  $[Ca^{2+}]_i$



respect to cross-bridge attachment rate (Fig. 4). Myocardial stretch activation experiments [43, 44] and motility assays using native thick filament [38] demonstrate that both cMyBP-C phosphorylation and cMyBP-C deletion increase cross-bridge cycling rates. Surprisingly, cMyBP-C deletion causes diastolic dysfunction despite its constitutively fast cross-bridge cycling rates [16, 38, 44]. Correlating echocardiographic TD measurements (Ea, Sa) and intact papillary muscle results solves this paradox. cMyBP-C(-/-, Ex3-10) and cMyBP-C phosphorylation-deficient cMyBP-C(t3SA) hearts show characteristic slowed Ea and reduced Ea/Sa ratio (Fig. 2) [46, 47]. Ea and Sa correspond to  $(dP/dt)_{\min}$  and  $(dP/dt)_{\max}$ , respectively [35, 42]. Since pressure is a function of force, then  $(dF/dt)_{\min}$ ,  $(dF/dt)_{\max}$ , and derivative force ratio  $(dFR) = (dF/dt)_{\min} / (dF/dt)_{\max}$  measured from intact papillary muscles are analogous to Ea, Sa, and Ea/Sa, respectively. cMyBP-C(-/-, Ex3-10) and cMyBP-C(t3SA) papillary muscles show decreased dFR, reflecting reduced Ea/Sa [45, 46]. Increasing dFR equates to acceleration of relaxation because peak relaxation rate  $(dF/dt)_{\min}$  increases exceed increases in peak force generation rate  $(dF/dt)_{\max}$ . Increased pacing frequency increases dFR only in papillary muscles with phosphorylatable cMyBP-C (Fig. 3) [45–47]. Increased pacing frequency causes similar shortening of  $[Ca^{2+}]_i$  decay times in all the mouse models (Fig. 3) [45–47]. Therefore, the accelerated relaxation can be attributed to phosphorylated cMyBP-C increasing cross-bridge detachment rate faster than attachment rate but not to changes in calcium handling. cMyBP-C(-/-, Ex3-10) lacks cMyBP-C to modulate cross-bridge detachment causing an inability to accelerate relaxation (slow and unchanging dFR in Fig. 3) despite its fast cross-bridge cycling, resulting in smaller Ea/Sa (Fig. 2). Similarly, cMyBP-C(t3SA) mutants are unable to increase relative cross-bridge detachment rate, causing depressed dFR (Figs. 3 and 4) and seen at the whole heart level by smaller Ea/Sa (Fig. 2). Furthermore, phosphorylated cMyBP-C has been shown to increase cross-bridge detachment rate without affecting attachment rate [9]. Together, these results combine to suggest that phosphorylated cMyBP-C modulates cross-bridge detachment rate in relation to attachment rate to mediate diastolic function.

## Conclusion

Clinical evidence and animal models demonstrate that cMyBP-C mediates diastolic function. The correlation of intact papillary muscle experiments and in vivo TD measurements suggests that cMyBP-C phosphorylation modulates relative cross-bridge detachment rate with respect to attachment rate to mediate diastolic function. Thus, targeting

cMyBP-C phosphorylation holds great potential for the treatment of diastolic dysfunction.

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