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BRIEF CONCLUSIVE REPORT - COVID-19 AND RELATED TOPICS

# Opposing roles for sMAdCAM and IL-15 in COVID-19 associated cellular immune pathology

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### Abstract

Immune cell dysregulation and lymphopenia characterize COVID-19 pathology in moderate to severe disease. While underlying inflammatory factors have been extensively studied, homeostatic and mucosal migratory signatures remain largely unexplored as causative factors. In this study, we evaluated the association of circulating IL-6, soluble mucosal addressin cell adhesion molecule (sMAdCAM), and IL-15 with cellular dysfunction characterizing mild and hypoxemic stages of COVID-19. A cohort of SARS-CoV-2 infected individuals (n = 130) at various stages of disease progression together with healthy controls (n = 16) were recruited from COVID Care Centres (CCCs) across Mumbai, India. Multiparametric flow cytometry was used to perform indepth immune subset characterization and to measure plasma IL-6 levels. sMAdCAM, IL-15 levels were quantified using ELISA. Distinct depletion profiles, with relative sparing of CD8 effector memory and CD4+ regulatory T cells, were observed in hypoxemic disease within the lymphocyte compartment. An apparent increase in the frequency of intermediate monocytes characterized both mild as well as hypoxemic disease. IL-6 levels inversely correlated with those of sMAdCAM and both markers showed converse associations with observed lympho-depletion suggesting opposing roles in pathogenesis. Interestingly, IL-15, a key cytokine involved in lymphocyte activation and homeostasis, was detected in symptomatic individuals but not in healthy controls or asymptomatic cases. Further, plasma IL-15 levels negatively correlated with T, B, and NK

Abreviations: AM, asymptomatic mild; CBA, cytometric bead array; CCCs, COVID care centres; CLIA, chemiluminescence immunoassay; ELISA, enzyme linked immunosorbent assay; IL-15, interleukin-15; IL-6, interleukin-6; LPS, lipopolysaccharide; MCGM, municipal corporation of Greater Mumbai; MD, moderate; NK cells, natural killer cells; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2; SM, symptomatic mild; sMAdCAM, soluble mucosal addressin cell adhesion molecule; SN, seronegative; SpO<sub>2</sub>, oxygen saturation; SV, severe; T<sub>CM</sub>, central memory; T<sub>EM</sub>, effector memory; T<sub>N</sub>, naïve; Treg, CD4+ regulatory T cells; T<sub>TD</sub>, terminally differentiated.

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count suggesting a compensatory production of this cytokine in response to the profound lymphopenia. Finally, higher levels of plasma IL-15 and IL-6, but not sMAdCAM, were associated with a longer duration of hospitalization.

KEYWORDS SARS-CoV-2, COVID-19, IL-15, sMAdCAM, Lymphopenia, Symptomatic infection

# 1 INTRODUCTION

The Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) pandemic continues to pose a global health crisis in spite of ongoing interventions such as vaccination.<sup>1,2</sup> Pathology of COVID-19 displays varied clinical manifestations ranging from no symptoms to critical systemic disease. $^{3-5}$  Hypoxemia is a key signature that discriminates between mild and moderate to severe disease.<sup>6,7</sup> The role of lymphopenia as a defining cellular immune correlate of moderate to severe disease has been well established.<sup>8</sup> However, underlying immune homeostatic mechanisms that might contribute to this phenotype remain largely unexplored.<sup>9,10</sup> Understanding and identifying such relationships, in the context of vaccination history, would help to guide therapeutic efforts and to ensure optimal disease management of COVID-19.The Gastrointestinal (GI) tract is a potential extrapulmonary site for SARS-CoV-2 infection and replication.<sup>11,12</sup> Endothelial venules of gut express Mucosal Addressin cell adhesion molecule (MAdCAM) that facilitate homing of immune cells to the gut. We have previously reported altered levels of its soluble form (sMAdCAM) in the blood of SARS-CoV-2 infected individuals that inversely correlated with plasma IL-6 and positively with antiviral humoral responses.<sup>13</sup> Further, levels of ICAM-1 and VCAM-1 have also been reported to be altered in COVID-19, linked to lung pathology.<sup>14–16</sup> IL-6 is a key inflammatory cytokine controlling immune cell proliferation and differentiation.<sup>17</sup> It has been reported to be a key mediator of systemic inflammation in respiratory diseases, including asthma and COVID-19.<sup>18,19</sup> IL-15, an important homeostatic and activating cytokine that is critical for proliferation, survival, and function of lymphoid cells, especially NK cells and cytotoxic CD8 T cells.<sup>20,21</sup> Also, its role in MERS-CoV infection has been previously documented as being essential fordevelopment of antiviral NK cells and CD8 T cells.<sup>22</sup> Thus, in this study we evaluated the contribution of key inflammatory, cellular homeostatic, and mucosal migratory markers in distinct stages of COVID-19 pathogenesis. Our results highlight associations of IL-6, IL-15, and sMAd-CAM with lymphopenia together with a heretofore undescribed role fordetectable plasma IL-15 as a marker associated with symptomatic progression.

#### 2 | MATERIALS and METHODS

#### 2.1 Study population, setting, and data collection

Sixteen seronegative controls and a total of 130 in-patientindividuals were recruited, following informed consent, for the study from the

COVID Care Centres (CCCs) associated with BYL Nair hospitaland T N medical college, Municipal Corporation of Greater Mumbai (MCGM), Mumbai following approval of institutional ethics committees. The study protocols were approved by ICMR-NIRRHInstitutional Ethics Committee. We obtained demographic data, clinical history at presentation, and laboratory results during admission.

Blood samples for the study were handled in accordance with ICMR guidelines for biosafety.1–3 ml of whole blood was collected in EDTA vacutainers. Aliquots of whole blood were processed for absolute cell count and immunophenotyping as described below. Plasma was separated by centrifugation at 400 g for 10 min. IgG and IgM antibodies against SARS-CoV-2 were detected in fresh plasma samples using Rapid test fromVoxpress (Voxtur Bio LTD, India) and Chemiluminescence immunoassay (CLIA) directed against SARS -CoV-2 anti-NC IgG. The remaining plasma samples were aliquoted and stored at  $-80^{\circ}$ C until batch analysis of cytokines, LPS (Lipopolysaccharide), and Soluble MAdCAM (sMAdCAM).

# 2.2 | Assay for an absolute count of T cells, B cells, and NK cells

BD multitest six colour TBNK reagent and BD Trucount<sup>TM</sup> tubes were used to enumerate absolute count of T cells, CD4 T cells, CD8 T cells, B cells, and Natural killer (NK) cells using 50  $\mu$ l of fresh EDTA stabilised bloodfollowing stain/lyse/no-wash protocol. Data acquisition was performed on BD FACS Aria Fusion (SORP)Flow cytometer (BD Biosciences) where 5000 events gated on beads count were acquired. Data analysis was carried out using FlowJosoftware (BD biosciences). Absolute count for different CD4+ and CD8+memory T cell subsets (naïve, central memory, effector memory, and terminally differentiated) were calculated based on concurrently obtained absolute CD4+ and CD8+ T cell counts, respectively.

## 2.3 | Flow cytometry

Immunophenotyping of fresh peripheral whole blood with following fluorescently labelled monoclonal antibodies, anti-CD3 (Clone:SK7), anti-CD8 (Clone: SK1), anti-CD4 (Clone: RPA-T4), anti-CD127 (Clone: HIL-7R-M21), anti-CD25 (Clone: M-A251), anti-CCR7 (Clone: 150503), anti-CD45RA (Clone: HI100), anti-CD14 (Clone: M5E2) and anti-16 (Clone: 3G8) was performed using stain/lyse/wash protocol as described earlier.<sup>23</sup> Data acquisition was performed on BD FACS Aria Fusion (SORP) flow cytometer (BD Biosciences) where at

least 100,000 events in lymphocyte scattergate were acquired. Data analysis was carried out using FlowJosoftware. IL-6 determination was carried out using a cytometric bead array (CBA, BD Biosciences) to quantify cytokine levels in the plasma of study participants as per manufacturers' protocol.

## 2.4 | ELISA

Plasma IL-15, sMAdCAM-1, and LPS levels were quantified using Human IL-15 DuoSet ELISA kit (R&D Systems), Human MAdCAM-1 DuoSet ELISA kit (R&D Systems), and Human Lipopolysaccharides ELISA kit (MyBioSource) respectively, following manufacturers' recommendations. The values below the level of detection were assigned as zero.

# 2.5 | Statistics

Statistical analysis was performed in GraphPad Prism 8 using nonparametric tests. Statistical significance of differences among groups was assessed usingnon-parametric one-way ANOVA (Kruskal-Wallis test)followed by a *post hoc* Dunn's test. Spearman's rank-order correlation was used to analyse the association between participant attributes that had detectable values in our assays. Kaplan-Meier curves were compared using Log-rank (Mantel-Cox) test. Statistical significance was accepted at p < 0.05. Receiver operating characteristic (ROC) curvewas generated for IL-15 levelsand used to discriminate between comparator groups.

### 3 | RESULTS & DISCUSSION

In this study we describe cellular immune signatures characterizing mild (asymptomatic as well as symptomatic) and hypoxemic (moderate and severe) COVID-19 disease. A total of 130admitted hospital patients, laboratory-confirmed positive for SARS-CoV-2 infection by quantitative RT-PCR of the throat and nasal swab sampleswere recruited for the study. According to the clinical management protocol for COVID-19 (Version 3) issued by Ministry of Health and Family Welfare, Government of India, patients were recruited into different groups based on clinical severity.<sup>7</sup> The patients without evidence of breathlessness or hypoxia were classified into the Mild group. Mild patients were further segregated into Asymptomatic Mild (AM; n = 47) and Symptomatic Mild (SM; n = 62) where SMs presented mild symptoms like fever, cough, sore throat, headache, etc. Patients with oxygen saturation (SpO<sub>2</sub>) of < 93% on room air who required oxygen support to correct hypoxemia, were classified as having Moderate (MD; n = 10) COVID-19, whereas patients with oxygen saturation (SpO<sub>2</sub>) of < 90% on room air were considered as having Severe (SV; n = 11) COVID-19. In addition, a total of 16 healthy participants with no apparent history of COVID-19 and seronegative (SN) by Rapid antibody test, were also recruited as controls. The demographic and

clinical characteristics of all the study participants are summarised in Table 1.

# 3.1 | Lymphopenia with relative sparing of Treg and CD8+ effector memory subsets define hypoxemic COVID-19 progression

The absolute counts of total lymphocytes and T cells (both CD4+ and CD8+) in MD and SV groups were significantly decreased compared to AM, SM, and SN (Figure 1A and Supplementary figure S1). Additionally, the SV group also showed a trend towards depletion of total lymphocytes compared to the MD group. Similar depletion profiles (in MD and SV groups) were observed for both T (CD4+ and CD8+) and non T (B and NK) cell compartments. However, no significant difference was observed among mild patients (AM&SM) and compared toSN (Figure 1B-G). No apparent difference in the frequency of these lymphocyte subsets was observed except fora significant decrease for total T lymphocytesand a significant increase for total non-T lymphocytes in both MD and SVcompared to other groups (Figure 1H-M). This suggested a pan lymphopenic phenotype as has been well described,<sup>24-27</sup> in hypoxemic COVID-19 affected individuals. Additionally, to evaluate the impact of lymphopenia on the T cell compartment, the distribution of CD4+ and CD8+ T cell subsets was also evaluated.<sup>23</sup> Based on the surface expression of CD45RA and CCR7, CD4+ and CD8+ T cells were differentiated into Naïve (T<sub>N:</sub> CD45RA+CCR7+), Central memory (T<sub>CM:</sub> CD45RA-CCR7+), Effector memory (T<sub>EM:</sub> CD45RA-CCR7-) and Terminally differentiated (T<sub>TD:</sub> CD45RA+CCR7-) T cells (Supplementary figure S2). While both MD and SV groups had significant depletion of absolute count for all CD4+ T cell subsets (Figure 2A), our findingsdo not support preferential depletion of any particular subsets in the CD4+ T cell compartment (Figure 2B). In the CD8+ T cell compartment, a comparison of absolute counts revealed profound depletion of all subsets in hypoxemic (MD and SV) individuals (Figure 2C). In contrast to the CD4+ T cell compartment, however, weobserved a relatively lower frequency of naïve (CD8+T<sub>N</sub>) and concomitant elevation of effector memory (CD8+T<sub>FM</sub>) frequency (Figure 2D). This reflected a distinct depletion profile for CD8+T cells with relative sparing of effector memory cells. These results extend the limited data available for T cell subsets in a stratified manner to include distinct stages of COVID-19 pathogenesis.<sup>10,28</sup>

The CD4+ T regulatory cell (Treg) subset represents a critical part of the response to viral infections.<sup>29,30</sup> Interestingly, while memory subsets of CD4+ T cell compartment seemed to be equally depleted in hypoxemic individuals, we report here depletion in Treg count that was exacerbated in the SV group (Figure 2E). Also, elevated frequency of CD4+ T regulatory cells in hypoxemic individuals indicated selective preservation of this subset (Figure 2F). As has been reported very recently this elevated frequency may represent suppressive (protective) as well as inflammatory roles played by these cells, markedly higher, in severe disease.<sup>31</sup> Monocytes have been known to modulate inflammatory responses to a variety of viral infections.<sup>32,33</sup> When this subset was evaluated, we observed an elevated frequency of the



#### **TABLE 1** Abridged clinical data of study participants

	Seronegative Healthy	Asymptomatic mild	Symptomatic mild	Moderate	Severe
Number of Participants	16	47	-62	10	11
Age <sup>a</sup> (years)	26 (24–46)	39 (18-75)	37 (18-71)	64 (47–75)	66 (31-81)
Gender (M/F)	8/8	33/14	41/16	6/4	9/2
Duration of Hospitalisation <sup>a</sup> (days)	-	8 (1-41)	7 (1-41)	12 (2–27)	18 (8-38)

<sup>a</sup>Data are expressed as the median (range). SpO<sub>2</sub> levels at the time of recruitment are reflected in the table.



**FIGURE 1** Absolute numbers and frequency distribution of T lymphocytes, CD4+ and CD8+ T cells, Non-T lymphocytes, B cells, and NK cells among study participants. (A-G) Variation across seronegative (SN), asymptomatic mild (AM), symptomatic mild (SM), moderate (MD) and severe (SV) groups in counts of (A) CD45+ Total Lymphocytes (B) CD3+ T cells, (C) CD4+ T cells, (D) CD8+ T cells, (E) Non-T lymphocytes (CD3- T cells), (F) CD19+ B cells and (G) CD16+& CD56+ NK cells. (H-M) Variation across different study groups in frequency of (H) CD3+ T cells (I) CD4+ T cells (J) CD8+ T cells (K) CD3- T cells (L) CD19+ B cells and (M) CD16+& CD56+ NK cells. Statistical significance was calculated by non-parametric one way ANOVA (Kruskal–Wallis test) followed by *post hoc* Dunn's-test; \*, p < 0.05; \*\*, p < 0.01; \*\*\*, p < 0.001; and \*\*\*\*, p < 0.001

intermediate (CD14+CD16++) subset that defined both mild (AM, SM) and hypoxemic patients (Figure 2G). Also, the concomitant decrease in the frequency of non-classical monocytes was observed in mild infection irrespective of symptoms. Thus, these results highlight the importance of monitoring monocyte frequency dysregulation as a possible early marker of COVID-19 that is apparent even in asymptomatic and non-hypoxemic individuals.

# 3.2 Contribution of sMAdCAM and IL-6 to COVID-19 associated lymphopenia

In an effort to understand factors influencing the observed cellular depletion and dysfunction in our cohort we evaluated plasma markers that could influence inflammation, mucosal leukocyte migration, and homeostasis. We thus undertook the evaluation of circulating



**FIGURE 2** Distribution of different immune subsets among study participants (A-B) Variation across seronegative (SN), asymptomatic mild (AM), symptomatic mild (SM), moderate (MD), and severe (SV) groups in absolute count and frequency of CD4+ T cells subsets (N = Naïve, CM = central memory, EM = Effector Memory and TD = Terminally differentiated), respectively. (C-D) Variation across different study groups in absolute count and frequency of CD8+ T cells subsets, respectively. (E-F) Variation across different groups in Tregs count (E) and frequency (F). (G) Variation in frequency of monocyte subsets across different study groups. Statistical significance was calculated by non-parametric one way ANOVA (Kruskal–Wallis test) followed by *post hoc* Dunn'stest; \*, p < 0.05; \*\*, p < 0.01; \*\*\*, p < 0.001; and \*\*\*\*, p < 0.001

IL-6 and sMAdCAMlevels in our cohort. Indeed, with respect to the latter, we have recently highlighted a role for the modulation of sMAdCAM and expression of its receptor integrin  $\alpha 4\beta 7$  present on monocytes, lymphocytes in the context of HIV pathogenesis.<sup>34</sup> As expected, we observed elevated IL-6 levels, with the highest being observed in hypoxemic individuals, in plasma of all groups compared to seronegative controls (Figure 3A). Additionally, extending our previously reported results<sup>23</sup> obtained with sMAdCAM in mild infection, we observed a progressive decline in these levels across mild as well as hypoxemic patients that seemed converse to the pattern observed for IL-6 (Figure 3B). Indeed, the levels of these 2 markers were significantly negatively correlated (Figure 3C). Next, correlation analysis was undertaken to delineate putative relationships between the

aforementioned soluble markers and cellular subsets described above (Supplementary Figure S3). Intriguingly and reflective of their apparently divergent relationship, both IL-6 and sMAdCAM showed significant opposing correlations with absolute counts of lymphocytes, T cells (CD4+ and CD8+), B cells, and NK cells supporting their clear, albeit, opposing roles in COVID-19 associated lymphopenia (Figure 3 D-I). We also noted a heretofore unreported positive correlation of sMAd-CAM levels with CD8+ effector memory T cell counts (Supplementary Figure S4A). This observation concurs with recent data<sup>36</sup> demonstrating lower counts of CD8+ memory T cellsexpressing receptors for sMAdCAM (integrin  $\alpha 4\beta$ 7) in COVID-19. Taken together, these results highlight a clear role for altered mucosal homing in the pathogenesis of this disease. Notably, elevated circulating LPS (a marker for gut

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FIGURE 3 Evaluation of IL-6 and sMAdCAM along with correlation of cellular immune subsets in study participants Variation in levels of (A) IL-6 and (B) sMAdCAM in seronegative(SN), asymptomatic mild (AM), symptomatic mild (SM), moderate (MD) and severe (SV) groups. Relationship between (C) IL-6 and sMAdCAM and their association with different cellular subsets (D) Lymphocyte count (E) Total T cell count (F) CD4+ T cell count (G) CD8+T cell count (H) B cell count (I) NK cell count. Statistical significance was calculated by non-parametric one-way ANOVA (Kruskal–Wallis test) followed by post hoc Dunn'stest; \*, p < 0.05; \*\*, p < 0.01, \*\*\*, p < 0.001; and \*\*\*\*, p < 0.001. Correlation analysis was performed using non-parametric Spearman Rank Correlation test

inflammation), in the context of SARS-CoV-2 infection, has only been reported for severe and ICU patients.<sup>37</sup> In our study we also observed increased plasma LPS levels in hypoxemic individuals compared to seronegative controls (Supplementary Figure S4B) as opposed to our previous work with a cohort of mild COVID-19.35 Furthermore, and possibly related to altered monocyte frequencies observed ex vivo (Figure 2G), a negative correlation of sMAdCAM levels occurred with frequencies of intermediate monocytes (Supplementary Figure S4C). Importantly, there was no significant correlation between circulating LPS levels with sMAdCAM (Supplementary Figure S4D). These results suggest that the altered trajectory of sMAdCAM levels is less related to gut persistence mediated inflammation and more to altered

mucosal leukocyte migration. Taken together, our results show that IL-6 and sMAdCAM may contribute towards disparate aspects of disease progression where circulating levels of the former are more closely related to inflammatory sequelae and development of anti-viral B cell responses<sup>38,39</sup> and those of the latter with the restoration of mucosal homeostasis of leukocytes.

#### 3.3 Plasma IL-15 levels discriminate symptomatic and AM COVID-19

While most immune markers of pathogenesis in COVID-19 have been reported to be associated with mild, moderate, and severe disease, a



FIGURE 4 Distribution of IL-15 and its correlation with immune cells among study participants. (A) Variation in levels of IL-15 in Seronegative (SN), asymptomatic mild (AM), symptomatic mild (SM), moderate (MD), and severe (SV) groups. The dotted line indicates the limit of detection. (B) Responder rate. Association of IL-15 and with different cellular subsets (C) Lymphocyte count (D) Total T cell count (E) CD4+ T cell count (F) CD8+ T cell count (G) B cell count (H) NK cell count (I) Soluble MAdCAM. (J-L) Kaplan Meier plots depicting hospitalization duration post recruitment associated with plasma levels of (J) IL-15 (K) sMAdCAM and (L) IL-6. Individuals were categorized into a low and a high group on the basis of median levels. (M) Receiver operating characteristic (ROC) curve analysis of IL-15 level to discriminate between asymptomatic(AM) and symptomatic (SM, MD, and SV)COVID-19 infected patients. Area under curve (AUC) 0.8364; 95% CI 0.6716 to 1.000; P = 0.0011. Statistical significance was calculated by non-parametric one-way ANOVA (Kruskal–Wallis test) followed by post hoc Dunn'stest; \*, p < 0.05; \*\*, p < 0.01, \*\*\*, p < 0.001; and \*\*\*\*, p < 0.001. Correlation analysis was performed using the non-parametric Spearman Rank Correlation test. For Kaplan Meier comparisons, Log-rank (Mantel-Cox) test was used

marker that clearly discriminates between symptomatic and asymptomatic pathogenesis remains elusive. Having observed distinct depletion profiles of CD4+ and CD8+ T cells, the relative sparing of CD8+ effector memory T cells, and non-T cell lymphopenia (B and NK cells) we surmised that IL-15, a major homeostatic and activation cytokine for these subsets needed to be evaluated in COVID-19 pathogenesis. Thus a set of 10 samples, randomly selected from each were assayed for plasma IL-15 levels. Also, a single additional

sample from the (AM) group was included due to a particularly high level of IL-6 observed in this individual (Figure 3A). We observed elevated levels of circulating IL-15 in lymphopenic, hypoxemic individuals and remarkably, as shown in Figure 4A, in symptomatic mildbut, not asymptomatic patients. All hypoxemic individuals had detectable levels of IL-15 followed by 70% of individuals with symptomatic infection and only 18% (2 out of 11) with asymptomatic infection (Figure 4B). Indeed, of the 2 asymptomatic individuals that had detectable

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levels of IL-15 at sampling, one later progressed to hypoxemia. No individuals within the SN control group had detectable levels of plasma IL-15. Our study is the first to demonstrate the presence of plasma IL-15 as such a marker where detection of this cytokine is clearly segregated based on the symptomatic status of patients. We observed significant negative correlations between depleted subsets (T, B, NK) and circulating IL-15 levels across all groups of COVID-19 affected individuals (Figure 4C-H and Supplementary Figure S3) indicative of its role in homeostatic restorative production<sup>40-42</sup> in the face of systemic depletion of these subsets. Also, as observed for IL-6, sMAdCAM levels were negatively correlated with those of IL-15 (Figure 4I).

Finally, in a rudimentary analysis, we evaluated the possible prognostic value of our single determinations of IL-15 together with IL-6 and sMAdCAM in predicting the duration of hospitalization independently. For this analysis, days of hospitalization post sampling, including those from individuals with undetectable values for these markers (considered as 0) were plotted as shown in Figure 4J-L. Participants were grouped into Low and High categories based on median values of these markers. Proportional hazards analysis revealed significantly longer hospitalization for individuals in the high IL-15 and IL-6 groups. This value was above >4.20 pg/ml of IL-15 and >14.39 pg/ml for IL-6.Next, an ROC analysis was undertaken with the assumption(as discussed above) that detectable IL-15 levels can differentiate between symptomatic COVID-19 infection and asymptomatic infection. We considered asymptomatic participants as a control group compared to symptomatic (including moderate and severe) study participants. We are happy to report that ROC analysis showed significant discrimination based onplasma IL-15 levels (AUC = 0.8364; p= 0.0011) between these groups(Figure 4 M). Circulating IL-15 levels have been implicated as a contributory factor to hospitalization time, disease severity, and mortality in some settings.<sup>43,44</sup> Indeed, preliminary analysis in our cohort, with respect to days of hospitalization supported this finding. Our study further demonstrates the utility of using it as an early biomarker predicting progression to symptomatic and severe disease.

In summation, our results posit a role for inflammatory, homeostatic, and migratory immune mediators in COVID-19 associated lymphopenia, of which, plasma IL-15 detection may be an early prognostic marker.

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#### AUTHOR CONTRIBUTION

Sample processing, performing experiments, data analysis, and figure generation (Amit Kumar Singh, NandiniKasarpalkar, ShilpaBhowmick). Participant recruitment, sample processing, and data analysis (Gaurav Paradkar, MayurTalreja). Sample processing (Abhishek Tiwari, HarshaPalav, SnehalKaginkar).Participantrecruitment (Rajiv Kulkarni, Karan Shah). Sample collection (AshwiniPatil, VarshaKalsurkar). Performed experiments and Data analysis (Sachee Agrawal, Jayanthi Shastri).Scholarly advice (Rajesh Dere, Ramesh Bharmal, SmitaMahale). Conceived study, analysed data, compiled results, and wrote manuscript (Vikrant Bhorand Vainav Patel). All authors revised the manuscript and gave final approval for publication.

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#### SUPPORTING INFORMATION

Additional supporting information may be found in the online version of the article at the publisher's website.

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