

Title: Impact of osteosarcopenia on disability and mortality among Japanese older adults

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Supplement 1. Clinical and demographic characteristics of the study participants stratified by disability

incidence

	Participants without disability (n = 7,441)	Participants with disability (n = 1,087)	P value
Age, years	72.6 ± 4.9	78.0 ± 5.6	<0.01
Sex, female	3818, 51.3	685, 63.0	<0.01
Hypertension, yes	3258, 43.8	593, 54.6	<0.01
Heart disease, yes	1148, 15.4	227, 20.9	<0.01
Pulmonary disease, yes	984, 13.2	181, 16.7	<0.01
Diabetes, yes	900, 12.1	168, 15.5	<0.01
Osteoarthritis, yes	1209, 16.2	296, 27.2	<0.01
Body mass index	23.2 ± 3.0	23.2 ± 3.4	0.89
Walking speed, n	1.2 ± 0.2	1.0 ± 0.2	<0.01
Physical inactivity, n	1749, 23.5	316, 29.1	<0.01
MMSE, point	26.4 ± 2.4	25.4 ± 2.8	<0.01
GDS, point	2.6 ± 2.5	3.5 ± 2.8	<0.01
SOS T-score	-1.4 ± 0.7	-1.8 ± 0.7	<0.01
Grip strength, kg	27.4 ± 7.8	23.1 ± 6.9	<0.01

Skeletal muscle index	7.1 ± 1.0	7.0 ± 0.9	<0.01
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