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# Evaluation of the expression pattern and diagnostic value of PPARy in malignant and benign primary bone tumors



Amir Reza Eghtedari<sup>1</sup>, Mohammad Amin Vaezi<sup>1</sup>, Banafsheh Safizadeh<sup>1</sup>, Ghasem Ghasempour<sup>1</sup>, Pegah Babaheidarian<sup>2\*</sup>, Vahid Salimi<sup>3</sup> and Masoumeh Tavakoli-Yaraki<sup>1\*</sup>

# **Abstract**

**Purpose:** The quantifiable description of PPARy expression pattern beside mechanistic in-vitro evidence will provide insights into the involvement of this mediator in tumor pathogenesis. This study is focused on illuminating the PPARy gene and protein expression pattern, its association with tumor deterioration and its diagnostic value in different types of primary bone tumors.

**Methods:** The expression pattern of PPARγ was investigated in the 180 bone tissues including 90 bone tumor tissues and 90 non-cancerous bone tissues. The local PPARγ expression level was assessed using real-time qRT-PCR and the PPARγ protein expression pattern was measured using immunohistochemistry. The correlation of PPARγ expression level with patients' clinic-pathological features, also the value of the variables in predicting PPARγ expression level in tumors and the value of PPARγ to discriminate tumor subtypes were assessed.

**Results:** The mean PPARy mRNA expression was significantly higher in bone tumors compared to healthy bone tissues, also the malignant tumors including osteosarcoma and Ewing sarcoma had the elevated level of PPARy mRNA compared to GCT tumors. Consistently, the protein expression of PPARy in the tumor site was significantly higher in the bone tumors and malignant tumors compared to non-cancerous and benign tumors, respectively. The PPARy protein could predict malignant tumor features including tumor grade, metastasis and recurrence significantly. Moreover, PPARy could potentially discriminate the patients from the controls also malignant tumors from benign tumors with significant sensitivity and specificity.

**Conclusions:** PPARy might be involved in primary bone tumor pathogenesis and determining its molecular mechanism regarding bone cancer pathogenesis is of grave importance.

Keywords: PPARy, Bone tumor, Osteosarcoma, Ewing sarcoma, GCT

Full list of author information is available at the end of the article

# Introduction

Primary bone cancers account for heterogeneous sarcomas with a mesenchymal origin that is associated with significant morbidity and mortality and reduced overall survival [1]. Osteosarcoma and Ewing sarcoma are among the most common malignant primary bone tumors that initially induce pain and swelling in patients [2]. Osteosarcoma is characterized by local pain, localized swelling and limited joint movement that is more frequent



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<sup>\*</sup>Correspondence: babaheidarian.p@iums.ac.ir; pegibh@gmail.com; tavakoli.m@iums.ac.ir; masoumeh.tavakoli@gmail.com

<sup>&</sup>lt;sup>1</sup> Department of Biochemistry, School of Medicine, Iran University of Medical Sciences, P.O. Box: 1449614535, Tehran, Iran

<sup>&</sup>lt;sup>2</sup> Department of Pathology, School of Medicine, Iran University of Medical Sciences Tehran Iran

in adolescence [3]. However, Ewing sarcoma usually characterized by tiredness, high temperature, unintentional weight loss and EWS-ETS family of gene fusions that might provide therapeutic opportunities to its better treatment [4]. Despite the positive effect of chemotherapy to improve the bone cancer outcome, surgical resection is still the most confident curative procedure, however, 25% of patients develop metastasis lesions after receiving treatments [5]. The diagnosis of primary bone cancers is relying on invasive approaches such as biopsy, that making it necessary to find promising molecular targets and biomarkers with significant diagnostic and predictive value [6]. Peroxisome proliferator-activated receptors (PPARs) are ligand-activated transcription factors consisting of three isotypes, PPAR  $\alpha$ ,  $\gamma$ , and  $\delta$ , that belong to the nuclear hormone receptor superfamily [7]. PPARs account as master metabolic regulators and lipid sensors which are implicated in many aspects of energy homeostasis, cell growth and cell fate [8]. PPARα is involved in the activation of fatty acid catabolism in liver cells, while PPARδ is implicated in fatty acid oxidation [9]. PPARγ plays a pivotal role in glucose metabolism, adipocyte differentiation, cell cycle regulation, lipid storage and inflammation [10]. Aside from the established properties of PPARy, the relevance of PPARy to the regulation and differentiation of cancer cell growth is increasingly recognized. The tight linkage between PPARy and cancer has attributed to the multi functions of PPARy in metabolic reprogramming of cancer cells, tumor cell-associated secretions, tumor microenvironment and adaptations also immune response [11], however, the oncogenic or tumor suppressive role of PPARy is controversial and dependent on the tumor cell type, origin, individual-specific manner and a dose concentration [12]. In support of the tumoricidal effect of PPARy, it was shown that its activation is associated with overexpression of vascular endothelial growth factor A (VEGF-A) and vimentin, as the major component of cell migration and angiogenesis [13]. While multiple lines of evidence highlighted the tumor suppressive role of PPARy in regulating cancer cell growth and PPARy agonists induced different types of programmed cell death pathways in cancer cells [14]. In particular, regrading bone tissue, PPARy is involved in skeletal remodeling and regulates both mesenchymal and hematopoietic lineages cells thus playing dual role in bone homeostasis [15]. In accordance, the increase in osteoblast number and bone mass and formation were detected in PPARy heterozygous mice [16]. In addition, PPARy inhibition by Wnt signaling mediators resulted in elevated osteoblastogenesis through reducing adipogenesis [17]. Also, it was shown that PPARy activation is required for caspase-3 and caspase-9 activity, reactive oxygen species (ROS) generation and apoptosis-induced

by oridonin in human osteosarcoma cells [18]. Accordingly, PPARy and retinoid X receptor (RXR) overexpression induced apoptosis and suppress the proliferation of osteosarcoma cells possibly through promoting osteoblastic terminal differentiation [14]. The full understanding of the mechanisms underlying these complications remains unknown, and identifying the relevance of PPARy, as a critical lipid metabolism regulator in primary bone cancer pathogenesis may enhance our understanding of the putative mechanisms underlying bone tumor growth also may introduce a more effective target for bone tumor therapeutic purposes. This study is designed to determine the gene and protein expression pattern of PPARy and its association with tumor severity, metastasis, recurrence in different types of primary bone tumors and bone normal tissues.

# **Materials and methods**

# Patients and sample collection

A total number of 180 bone tissues (90 tumor tissues and 90 tumor margins) were enrolled in the current study with local ethical approval and informed consent. This study was performed based on the guidelines of Helsinki Declaration [19]. The pair of tumor and margin tissue was taken from each patient during surgical resection at the Shafa Orthopedic Hospital and the collection protocol and the sample collection and storage protocol was performed according to our previous study [20]. Three types of primary bone tumors including osteosarcoma, Ewing Sarcoma and Giant Cell Tumor (GCT) were included in the current study and the clinic-pathological features of patients is shown in Table 1. As illustrated in Table 1, the equal number of patients with osteosarcoma, Ewing Sarcoma and GCT was enrolled in the study and the majority of participants had no history of a particular disease. Regarding age distribution, 63.3%, 33.3% and 46.7% of patients with osteosarcoma, Ewing Sarcoma and GCT were over 30 years of age, respectively. Also, 53.3%, 40% and 56.7% of patients with osteosarcoma, Ewing Sarcoma and GCT were male, respectively. The tumor size in 46.7%, 40% and 13.3% of patients with osteosarcoma, Ewing Sarcoma, and GCT was more than 10 cm. Notably, 63.3% and 66.7% of osteosarcoma and Ewing Sarcoma tumors were high-grade. In the current study, 56.7% of patients with osteosarcoma and Ewing Sarcoma received chemotherapy treatment before the surgery; while none of patients with GCT received chemotherapy before surgical resection. Additionally, the chemotherapy protocol for osteosarcoma patients was the standard combination of doxorubicin, cisplatin, and methotrexate and the chemotherapy protocol for Ewing Sarcoma patients was the combination of vincristine, cyclophosphamide, and doxorubicin and patients with the chemotherapy period

**Table 1** The clinic- pathological features of patients with bone tumors

		Malignant bone tumor	Benign bone tumor	
Demographic features	Groups	Osteosarcoma (N=30)	Ewing Sarcoma (N = 30)	GCT(N=30)
Age	30	11(36.6%)	20(66.7%)	16(53.3%)
	30	19(63.3%)	10(33.3%)	14(46.7%)
Gender	Male	16(53.3%)	12(40%)	17(56.7%)
	Female	14(46.7%)	18(60%)	13(43.3%)
Tumor size (cm)	10	16(53.3%)	18(60%)	26(86.7%)
	10	14(46.7%)	12(40%)	4(13.3%)
Tumor grade	Low (grade I/II)	11(36.7%)	10(33.3%)	30(100%)
	High (grade III)	19(63.3%)	20(66.7%)	0(0%)
History of particular disease	Positive	7(23.3%)	4(13.3%)	4(13.3%)
	Negative	23(76.7%)	26(86.7%)	26(86.7%)
Chemotherapy	Positive	17(56.7%)	17(56.7%)	0
	Negative	13(43.3%)	13(43.3%)	30(100%)
Metastasis	Yes	9(30%)	9(30%)	0
	No	21(70%)	21(70%)	30(100%)
Tumor recurrence	Yes	8(26.7%)	7(23.3%)	0
	No	22(73.3%)	23(76.7%)	V

of 10 weeks were included. Also, 30% of osteosarcoma and Ewing Sarcoma tumors in the current study were metastatic and 26.7% and 23.3% of osteosarcoma and Ewing Sarcoma tumors were recurrent tumors. The Laboratory findings of patients are summarized in the Table 2.

# RNA extraction, cDNA synthesis, and RearealmtimeR

The quantitative real-time PCR was applied to evaluate the gene expression level of PPARy in bone tumor types. In this regards, the tumor and adjacent noncancerous bone tissue was used for RNA extraction using Trizol (Invitrogen, Grand Island, USA) based on the manufacturer's instructions. To lysis bone tumor and normal tissues, 700µL of Trizol lysis reagent was used that followed by subsequent phase separation using chloroform. The isopropanol was used to mix with aqueous phase after separation that helped to extract RNA. The quantity of the extracted RNA was evaluated by Nanodrop spectrophotometer (Nanodrop Technologies) and to indicate the RNA integrity and purity, RNA was electrophoresed using 1% agarose gel. The PrimeScript First Strand cDNA Synthesis Kit (Takara, Japan) was applied for cDNA synthesis based on the manufacturer's instructions. To evaluate the PPARy expression level, The SYBR Premix Ex Taq II (Takara, Japan) was used that was implemented in Applied Biosystems Step One Plus, Real-time system (Applied Biosystems, USA). The specific primers were designed for PPARy and β-actin, as endogenous housekeeping gene. The sequence of primers was as: 

# Tissue histopathology and immunohistochemically staining of PPARy

The Hematoxylin and eosin (H&E) histological staining was performed based on the previously described protocol [21]. Briefly, tissue sections were dehydrated by alcohol (for 5 min), washed and stained with Harris's hematoxylin (for 10 min). The differentiation of tissues in acid alcohol and incubation in lithium carbonate were done for 5 min. The staining with eosin for 15 s and dehydrating with alcohol and xylene were followed afterward. To evaluate the PPARy protein level in tumor tissues of primary bone cancers, the level of PPARy was evaluated using immunohistochemistry. Based on the protocol which was applied in our previous study [20], bone tissues were fixed and incubated in 4% paraformaldehyde

Table 2 Frequency distribution of individuals based on biochemical and laboratory information

Parameters	Range	Numbers	(%)	Mean $\pm$ std
Fasting Blood Sugar (mg/dl)	Normal: 70–100	42	48.84	90.36±7.06
	Low: <70	0	0	
	Border line: 100–120	26	30.23	$108.11 \pm 4.14$
	High: ≥120	18	20.93	$132.54 \pm 14.13$
SGPT	Normal: Male < 41	36	43.90	$16.58 \pm 6.79$
	Female < 31	36	43.90	$15.94 \pm 6.22$
	High: Male <u>≥</u> 41	3	3.66	$57.33 \pm 16.65$
	Female ≥ 31	7	8.54	$52.29 \pm 43.12$
SGOT (mg/dl)	Normal: Male < 38	37	45.12	$19.51 \pm 6.11$
	Female < 32	34	41.46	$19.53 \pm 5.00$
	High: Male≥38	2	2.44	$57.50 \pm 19.56$
	Female ≥ 32	9	10.98	$48.00 \pm 19.13$
WBC (*1000/mm <sup>3</sup> )	Normal range: 4–10	82	92.14	$6.98 \pm 1.47$
	Low: > 4	1	1.12	$3.40 \pm 0$
	High: ≥10	6	6.74	$12.58 \pm 2.69$
НВ	Normal range: 14–18	32	36.36	$15.37 \pm 0.97$
	Low: ≤14	54	61.36	$12.21 \pm 1.53$
	High: ≥18	2	2.28	$18.15 \pm 0.21$
RBC (*1000/mm <sup>3</sup> )	Normal range: 4.5–6.2	51	57.31	$5.13 \pm 0.36$
	Low: ≤4.5	35	39.32	$3.97 \pm 0.51$
	High: >6.2	3	3.37	$6.30 \pm 0.09$
ESR (mm/hr)	Normal: Male: <15	31	35.23	$4.64 \pm 2.98$
	Female: <20	32	36.36	$6.34 \pm 5.17$
	High: Male $\geq$ 15	12	13.64	$43.75 \pm 26.96$
	Female ≥ 20	13	14.77	$73.31 \pm 43.50$

and 20% sucrose and the frozen tissue blocks were prepared using Optimal Cutting Temperature (OCT) embedding medium. 10% normal serum with 1% BSA in TBS for 2 h at room temperature was applied for blocking and following appropriate washing, the endogenous peroxidase was inhibited using 1ml H2O2 and 9 ml ddH2o for 10 min. The slides were probed by PPARy primary antibody (Abcam, USA) and following appropriate washing and incubation, slides were exposed to 1 µl 3'-diaminobenzidine (DAB) chromogen and 20 µl DAB substrate for 1 min. The anti-rabbit IgG HRP-conjugated secondary antibody (Abcam, USA) was used to visualize binding of the PPARy primary antibody. The slides were examined by a pathologist after the staining process was completed and the staining intensity of PPARy was quantified using Image J and reported as the percentage of positive reactivity [22]. Accordingly, from each sample several images were taken and the images were converted to the black and white images with a software. To evaluate the percentages of cells, the threshold set up was performed. Threshold adjustment was conducted according to the removal of background signals and without eliminating true signals. Then, the selected threshold was used to analyze all IHC images [22]. The process performed in a blinded manner and IHC images were evaluated at least three times.

# Statistical analysis

All data were assessed for normal distribution using the Kolmogorov-Smirnov analysis and side-to-side comparisons were conducted using the parametric unpaired t-test and nonparametric Mann-Whitney U test for multiple comparisons of PPARy expression between tumor and margin, malignant and benign tumors, malignant and benign tumor subgroups and their matched normal margins also malignant tumors with different tumor features (chemotherapy history, response to therapy, grade, metastasis status and recurrence). To calculate the value of PPARy gene and protein expression to discriminate tumor and normal tissue, the receiver operating characteristic (ROC) curves and calculation of area under the curve (AUC) were applied. The various cut- off points of PPARy gene and protein level was evaluated for the sensitivity and specificity and the optimal cut-off value was determined based on the Youden index [23]. The optimal cut-off value indicates the PPARy level of expression

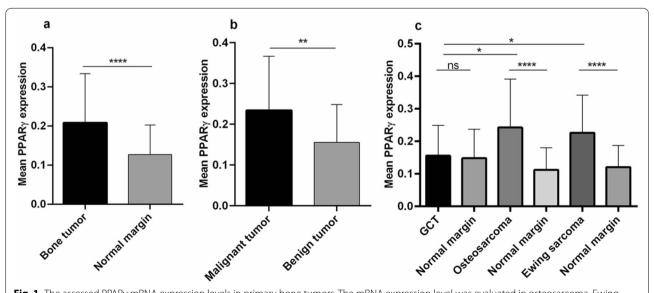
that has the maximum sensitivity and specificity to discriminate between two groups. The enumeration data are presented as percentages in the relevant tables and to determine the correlation of PPARy gene and protein expression with patients' age, tumor size and tissue gene expression, and protein level, Spearman correlation coefficient test was applied. The value of tumor different features in predicting PPARy expression level was assessed using logistic regression analysis. The Graph Pad Prism version 6 (Graph Pad Software, San Diego California) and Statistical Package for Social Science (SPSS v.16) were used for the calculation of all statistics. *P* values < 0.05 (two-sided) were considered statistically significant.

## **Results**

# The PPARy gene expression level in different types of primary bone tumors

As shown in Fig. 1a, the PPARy mRNA expression level in bone tumor tissue was significantly higher than its expression level in matched noncancerous bone tissues (P<0.0001). The mean and standard deviation (std) of PPARy mRNA level in tumor and tumor margin groups was  $0.21\pm0.13$  and  $0.13\pm0.08$ , respectively, indicating 1.6-fold increase in PPARy mRNA level in bone tumors. Comparing the malignant and benign bone tumors, showed a significant increase in the PPARy mRNA level in malignant ( $0.23\pm0.13$ ) vs. benign ( $0.16\pm0.09$ ) bone tumors (P=0.0049) (Fig. 1b). To be specific, no significant

difference was observed in the PPARy mRNA level in GCT  $(0.16\pm0.09)$  tumors compared to the matched normal tumor margins  $(0.15\pm0.09)$  (Fig. 1c); while osteosarcoma tumors expressed significantly higher level of PPARy compared to normal bone tissues (P=0.0039). The mean PPARy mRNA level in osteosarcoma tumors and tumor margin group was  $0.24\pm0.15$  and  $0.11\pm0.07$ , respectively. A similar pattern of PPARy expression level was observed in Ewing Sarcoma tumors compared to normal tissue that showed a significant elevation in tumor tissues  $(0.23\pm0.12)$  compared to normal bone tissues  $(0.12 \pm 0.07)$  (P = < 0.0001) (Fig. 1c). The different between PPARy mRNA level in GCT tumors compared to osteosarcoma (P=0.006) and Ewing Sarcoma tumors (P=0.0107) was statistically significant (Fig. 1c). As shown in Fig. 2, the PPARy mRNA expression levels in tumor tissue were compared as a matter of different tumor features. The PPARy expression in osteosarcoma and Ewing Sarcoma tumors patients undergoing chemotherapy had no significant difference compared to untreated cases (Fig. 2a). Moreover, osteosarcoma patients suffering from metastasis  $(0.36\pm0.18)$  expressed higher level of PPARy mRNA level compared to non-metastatic patients  $(0.19\pm0.1)$ (P=0.0051); while the difference between Ewing Sarcoma metastatic and non-metastatic tumors was not significant (Fig. 2b). Although the osteosarcoma patients with high grade tumor tended to express higher PPARy mRNA level, no significant difference was observed between



**Fig. 1** The assessed PPAR $\gamma$  mRNA expression levels in primary bone tumors. The mRNA expression level was evaluated in osteosarcoma, Ewing Sarcoma and GCT tumors. The mRNA expression level of PPAR $\gamma$  was increased in bone tumor (**a**) versus tumor margins also in malignant tumors versus benign tumors (**b**). The elevated level of PPAR $\gamma$  was detected in osteosarcoma and Ewing Sarcoma compared to their paired non-cancerous tissues (**c**). The statistical differences between groups are shown as asterisk (\*= P < 0.05, \*\*= P < 0.01, \*\*\*\*= P < 0.0001)

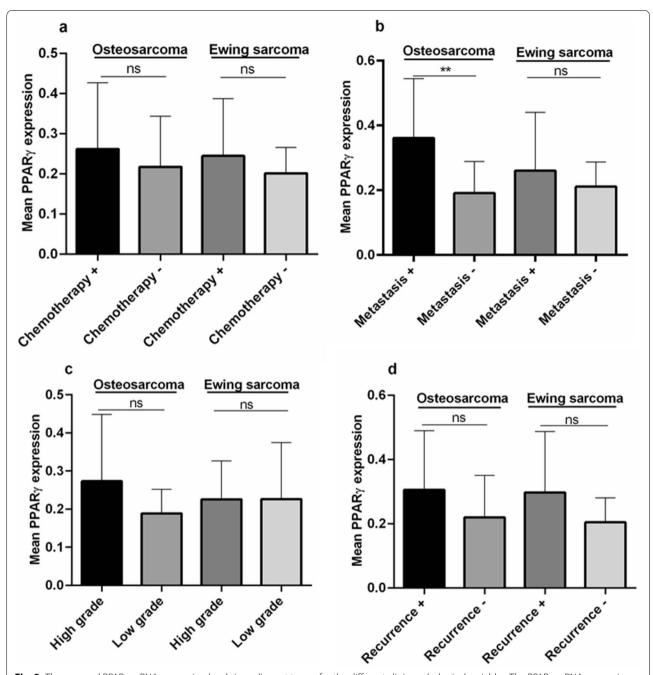
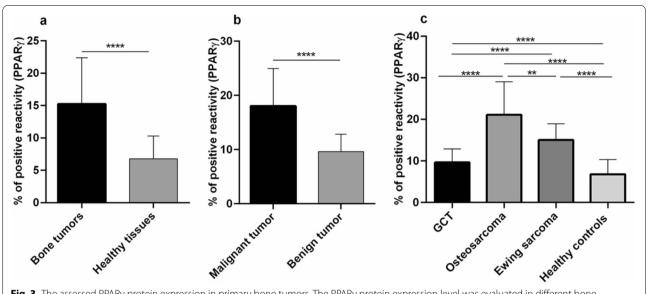


Fig. 2 The assessed PPAR $\gamma$  mRNA expression levels in malignant tumor for the different clinic-pathological variables. The PPAR $\gamma$  mRNA expression level was evaluated in tumor tissue of osteosarcoma and Ewing Sarcoma patients with chemotherapy status (**a**), metastasis (**b**), tumor grade (**c**) and tumor recurrence (**d**). The type of tumor is indicated above the columns. The statistical differences between groups are shown as asterisk (\*\*= P < 0.01) and (ns) indicates non-specific

high and low grade tumors in osteosarcoma and Ewing Sarcoma patients (Fig. 2c). The PPAR $\gamma$  mRNA level in recurrent osteosarcoma (0.31 $\pm$ 0.18) and Ewing Sarcoma (0.30 $\pm$ 0.19) tumors was increased compared to the non-recurrent osteosarcoma (0.22 $\pm$ 0.13) and Ewing Sarcoma (0.20 $\pm$ 0.08) tumors; while it was not statistically significant (Fig. 2d).

# The PPARy protein expression level in different types of primary bone tumors

The protein level of PPAR $\gamma$  is shown in Fig. 3 and the staining intensity of PPAR $\gamma$  is assessed as the percentage of positive reactivity. Based on data, the locally expression of PPAR $\gamma$  protein is increased in bone tumor tissues compared to non-cancerous tumor margins (P<0.0001)

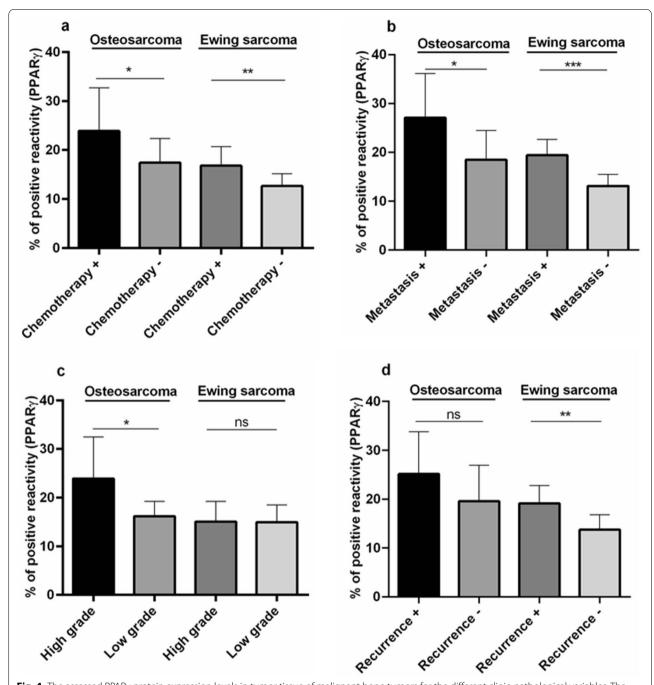


**Fig. 3** The assessed PPAR $\gamma$  protein expression in primary bone tumors. The PPAR $\gamma$  protein expression level was evaluated in different bone tumor tissue and non-cancerous paired margins. The enhanced level of PPAR $\gamma$  was detected in bone tissues compared to healthy tissues (**a**), and malignant tumors compared to benign tumors (**b**). The osteosarcoma and Ewing Sarcoma tumors showed higher PPAR $\gamma$  expression level compared to GCT tumors; while GCT tumors showed over expression of PPAR $\gamma$  compared to healthy bone tissues (**c**). The higher PPAR $\gamma$  expression was detected in osteosarcoma and Ewing Sarcoma tumors compared to healthy bone tissues, also osteosarcoma tumors showed the highest expression compared to other tumors (**c**). The statistical differences between groups are shown as asterisk (\*\*= P<0.01, \*\*\*\*= P<0.0001)

(Fig. 3a). Comparison of malignant bone tumors with benign bone tumors revealed that the PPARy protein expression in malignant tumors increased than the benign counterparts (P < 0.0001) (Fig. 3b). In specific, GCT tumors expressed a significant lower level of PPARy protein compared to osteosarcoma (P<0.0001) and Ewing Sarcoma tumors (P < 0.0001); while the protein level of PPARy protein was significantly higher in osteosarcoma tumors compared to Ewing Sarcoma tumors (P=0.001). Furthermore, the PPARy protein level was found to be expressed more in osteosarcoma (P < 0.0001), Ewing Sarcoma tumors (P < 0.0001) and GCT (P < 0.0001) tumors compared to normal bone tissues (Fig. 3c). Interestingly, chemotherapy-received osteosarcoma (P=0.039) and Ewing Sarcoma (P=0.004) tumors illustrated higher level of PPARy protein to the tumors without any history of chemotherapy, respectively (Fig. 4a). As shown in Fig. 4b, metastatic osteosarcoma (P = 0.031) and Ewing Sarcoma (P=0.0002) tumors expressed significantly higher level of PPARy protein compared to non-metastatic tumors (Fig. 4b). Despite of significant elevation in the PPARy protein in high grade osteosarcoma tumors (P = 0.012), no specific difference was observed between low and high grade Ewing Sarcoma tumors (Fig. 4c). The PPARy protein level was expressed non-significantly in recurrent osteosarcoma tumors; while significantly in recurrent Ewing Sarcoma tumors (P=0.008) compared to tumors without recurrence in each group (Fig. 4d). The representative images of PPAR $\gamma$  protein immunohistochemistry staining in primary bone tumor tissues are illustrated in Fig. 5.

# The association of PPARy expression with bone cancer patients with different demographic features

As shown in Table 3, according to the obtained regression model, expression of PPARy protein expression in tumor site can be effective in predicting malignancy of bone tumors (OR = 1.59, CI = 1.28-1.98, P-value < 0.0001); the OR was not statically significant for PPARy gene expression and tumor malignancy. The PPARy protein expression in tumor tissue was dependent to the receiving of chemotherapy treatment (OR = 1.27, CI = 1.13-1.43, *P*-value < 0.0001), however to describe the exact impact of chemotherapy on the PPARy expression pattern and also the possible effect of PPARy over expression in the patient's level of response to the chemotherapy, further mechanistic study is required and it cannot conclude from the present study. The expression of PPARy at both protein and gene level showed positive predictive value to malignant tumor metastasis. Interestingly, PPARy protein expression level significantly dependent to the tumor grade (OR=1.22, CI=1.10-1.36, P-value < 0.0001). Consistently, both PPARy protein and gene expression was considerably effective in predicting tumor recurrence. The diagnostic value of PPARy and the ROC curve information in different groups of primary



**Fig. 4** The assessed PPAR $\gamma$  protein expression levels in tumor tissue of malignant bone tumors for the different clinic-pathological variables. The PPAR $\gamma$  protein level was enhanced in chemotherapy-received osteosarcoma and Ewing Sarcoma tumors compared to chemotherapy negative tumors (**a**). The elevated PPAR $\gamma$  was detected in metastatic tumors compared to non-metastatic tumors in both groups (**b**). The high grade osteosarcoma tumors expressed higher PPAR $\gamma$  protein level compared to low grade tumors (**c**) and PPAR $\gamma$  protein level was increased in recurrent tumors compared to non-recurrent groups in both groups (**d**). The statistical differences between groups are shown as asterisk (\*= P<0.05, \*\*= P<0.01, \*\*\*= P<0.001)

bone tumors is revealed in Table 4. As indicated, PPAR $\gamma$  gene expression showed significant diagnostic value to discriminate between malignant and benign bone tumors (Cut off value < 0.11, AUC = 0.68, P = 0.005), also

between malignant and non-cancerous bone tissues (Cut off value < 0.13, AUC = 0.80, P < 0.0001) as well as bone tumors and bone normal tissues (Cut off value < 0.10, AUC = 0.70, P < 0.0001). The diagnostic value of PPARy

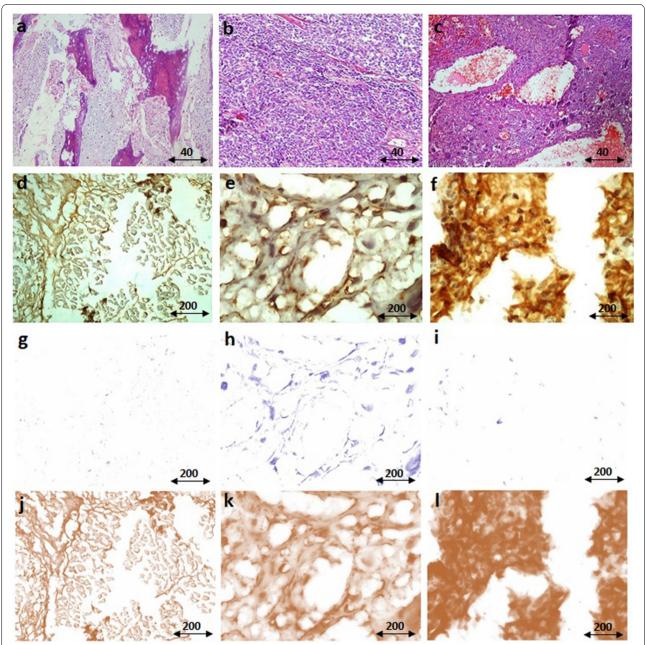


Fig. 5 Immunohistochemistry staining of PPARγ protein in primary bone tumors. The hematoxylin and eosin (H&E) staining (a-c) and immunohistochemistry of PPARγ (d-f) in bone tumor tissues were assessed. The representative images of H&E staining of the osteosarcoma tumor tissue (a), Ewing sarcoma (b) and GCT (c) are shown. The negative immune-reactivity of PPARγ is shown in (d), the weak intensity of PPARγ (< 10% immune-reactivity) is shown in (e) and the strong intensity of PPARγ (> 20% immune-reactivity) is shown in (f). The cytoplasmic expression of PPARγ is shown in (e) and (f) that represents Ewing sarcoma and osteosarcoma tumor tissues, respectively. The separated immunohistochemistry images into staining for the nuclei and DAB-positive area is shown (g-l). The staining for the nuclei is illustrated in g-i as (g): negative staining, (h): weak intensity, and (i): strong intensity. The DAB staining for target PPARγ protein expression is shown in j-l as (j): negative intensity, (k): weak intensity, and (l): strong intensity. The analysis was followed the Crowe's method [22]. The scale of magnification for (a-c) is 40 and for (d-l) is 200

protein expression level to differentiate between benign and malignant tumors (Cut off value < 10.06, AUC = 0.91, P < 0.0001), between benign and control groups (Cut off value < 7.41, AUC = 0.81, P < 0.0001), between malignant

and control groups (Cut off value < 10.06, AUC = 0.96, P < 0.0001) and between total bone tumors and normal bone tissues (Cut off value < 7.41, AUC = 0.91, P < 0.0001). The specificity and sensitivity of cut off values of PPARy

**Table 3** The regression of PPAR<sub>γ</sub> (Logistic regression)

Dependent variable	Independent variable	OR	95% CI	<i>P</i> -Value
Malignancy (Benign Vs. Malignant)	PPAR (Gene expression)	9.83	0.02-5825.21	0.48
	PPAR (Protein level)	1.59	1.28-1.98	0.000
Chemotherapy (Negative Vs. Positive)	PPAR (Gene expression)	21.19	0.30-1497.54	0.160
	PPAR (Protein level)	1.27	1.13-1.43	0.000
Metastasis (Negative Vs. Positive)	PPAR (Gene expression)	2626.66	14.19-486194.44	0.003
	PPAR (Protein level)	1.25	1.11-1.41	0.000
Tumor grade (Low grade Vs. High grade	PPAR (Gene expression)	26.27	0.37-1873.31	0.13
	PPAR (Protein level)	1.22	1.10-1.36	0.000
Recurrence (Negative Vs. Positive)	PPAR (Gene expression)	335.71	3.58-31443.37	0.012
	PPAR (Protein level)	1.16	1.06-1.27	0.001

**Table 4** The value of PPARyexpression to discriminate between different groups of primary bone tumors (ROC curve information)

	Groups	Cutoff point	Sensitivity (%)	Specificity (%)	AUC	<i>P</i> -Value
PPAR (Gene expression)	Benign Vs. malignant	< 0.11	43	92	0.68	0.005
	Control Vs. benign	< 0.15	57	50	0.52	0.830
	Control Vs. malignant	< 0.14	65	80	0.80	< 0.0001
	Control Vs. bone tumors	< 0.10	40	90	0.71	< 0.0001
PPAR (Protein level)	Benign Vs. malignant	< 10.06	77	98	0.91	< 0.0001
	Control Vs. benign	< 7.41	80	77	0.81	< 0.0001
	Control Vs. malignant	< 10.06	90	98	0.96	< 0.0001
	Control Vs. bone tumors	< 7.41	80	92	0.91	< 0.0001

protein level was more significant to discriminate different bone groups compared to PPARy gene level.

# Discussion

Primary bone tumors imposes considerable morbidity on patients and the mortality rate is still considerable, despite promising progress regarding therapeutic and diagnostic approaches [24]. The presence of heterogeneous tumors, nonspecific clinical symptoms, late diagnosis and high growth rate of bone cells are the main contributing issues that lead to failure in efficient detection and treatment [6]. Particularly current efforts are devoted to recognizing more contributing, sensitive, specific and cost-effective biomarkers for early diagnosis, effective treatment and determining molecular mediators involved in the pathophysiology of bone tumors [20, 25, 26]. Tackling the aforementioned shortages, our team aimed to clarify the expression pattern of PPARy, as a master metabolic regulator and lipid sensor to get more insight regarding its implication in bone cancer pathogenesis. Accordingly, three types of most prevalent malignant and benign tumors, along with normal paired bone tissue corresponding to the same tumor were examined. A significant elevation of PPARy gene and protein levels of

expression was observed in primary bone tumors compared to normal bone tissues in the current study. Moreover, at both PPARy protein and gene level, malignant bone tumors revealed a higher level of PPARy expression. Recent studies point to the role of PPARy in different aspects of cancer cell growth and metabolic reprogramming [27]. Consistently, it was suggested that PPARy regulate bone cell differentiation by triggering differentiation of hematopoietic stem cell (HSC) into osteoclasts and elevation of bone resorption [28]. Moreover, ligand-activated PPARy accompanies RXRa to activate signaling pathways leading to osteoclastogenesis [15]. It was seen paradoxically that PPARy activation suppresses mesenchymal stem cell (MSC) differentiation into osteoblasts and leads the balance to stimulate bone resorption and inhibit bone formation [29]. However, the role of PPARy in bone cancer cell growth is intriguing and both pro-tumorigenic and anti-tumorigenic evidence is revealed. Haydon et al., showed that PPARy agonist, Troglitazone, induced cell differentiation and apoptosis [14]; while Lucarelli et al., provided evidence that Troglitazone increased cell proliferation and inhibited apoptosis in human osteosarcoma cells [30]. In the current study, amongst malignant bone tumors, osteosarcoma

tumors expressed a higher level of PPARy gene and protein level compared to Ewing Sarcoma tumors. In justifying the difference seen between these two tumors, it should be mentioned that, in addition to the difference between these two types of malignant bone tumors at the site of tumor formation and distribution pattern in the bone, osteosarcoma tumors are frequently developed in osteoblast cells; while Ewing Sarcoma tumors triggered by chromosomal translocation and producing oncogenic fusion gene EWS-FLI1 that leads to osteoclast activating [31]. Data regarding the relevance of PPARy to the Ewing Sarcoma is limited and most of the results have been obtained from studies on osteosarcoma cancer cells; however, the expression pattern of PPARy in these tumors has not been studied and most of the evidence is from the stimulation of PPARy with various agonists and the effect on the death and proliferation of osteosarcoma cells [27]. In the current study, GCT tumors expressed lower PPARy gene and protein levels compared to malignant bone tumors and in line with our study, Takeuchi et al., showed a patient with GCT tumor expressed PPARy that might be related to the disease [32]. Changes in the expression level of PPARy in other tumors with different severity have also been observed. Consistently, in the cohort of 308 patients with primary breast cancer, PPARy was expressed in 58% of patients and its cytoplasmic expression was correlated with poor survival [33]. Also, the increased PPARy expression was detected in malignant and high grade ovarian tumors indicating the involvement of PPARy in ovarian tumor development [34]. Moreover, the enhanced expression of PPARy was detected in squamous cell lung carcinoma that was associated with tumor size [35]. In agreement, in the current study the elevated PPARy protein level was correlated with high grade, metastatic and recurrent tumors that were more prominent for osteosarcoma tumors. Although the results of in-vitro studies on osteosarcoma cells favor the role of tumor suppressor of PPARy [36], data of the current study showed the enhanced level of PPARy in tumors with more severity. Rationally activation of PPARy is required for glucose and lipid metabolism to meet the high demands of energy for cancer cell growth, invasion and migration [13]. Considering the fact that mRNA expression might not end up in protein translation, therefore, the simultaneous study of PPARy mRNA and protein in this study showed a more complete picture of the status of PPARy. The mRNA and protein levels revealed the same expression pattern in bone tumors, but the protein results showed the greater diagnostic value and had predictive value for tumors with more severity. Notably based on our data, PPARy protein was localized in the cytoplasm of both osteosarcoma and Ewing sarcoma tumors. Although data regarding the subcellular localization of PPARy in bone tumors is limited, the cytoplasmic localization of PPARy was reported in other types of tumors such as prostate cancer [37, 38]. The significance of cytoplasmic PPARy in tumors and the mechanism of nucleocytoplasmic shuttling of PPARy is under investigation. In accordance it was shown that S-phase kinase protein (Skp2) overexpression stimulates cytoplasmic localization of PPARy through the MEK1dependent pathway in breast cancer cells [39]; however, the mechanism of translocation and importance of cytoplasmic localization seemed to be tissue-dependent and is required to be clarified in other types of tumors such as bone tumors. Assessment of the PPARy protein was measured using immunohistochemistry in the current study that the important advantage of which is the possibility of determining the location of the protein in the cell, however this study was limited in terms of protein analysis with another technique such as western blotting. Although both techniques are based on specific antigenantibody interaction, western blot technique is advantageous in that it has proven to be more quantitative and the generated signals are proportional to the amount of the protein [40]. Accordingly, exploiting of the PPARy protein by other techniques such as western blot is suggested in future studies to obtain more robust data. Our preliminary study was conducted using a relatively small sample size (due to the bone tumor incidence in our region); however further studies with more samples are suggested to confirm the diagnostic potential of PPARy in bone tumors.

# **Conclusions**

In conclusion, the PPARy gene and protein revealed different expression patterns in primary bone tumors with a significantly elevated level of expression in malignant tumors with higher degrees of deterioration. Our data provide insights into the efficiency of PPARy gene and protein expression level to discriminate between primary bone tumor and healthy bone tissue; however, the PPARy relevance to the chemotherapy outcome and response to treatment need to be validated by future studies. Also, determining the prognostic value of PPARy in patients with varying degrees of primary bone tumor severity and investigate PPARy protein with more detailed is suggested by further evaluations.

#### Abbreviations

PPARs: Peroxisome proliferator-activated receptors; VEGF-A: Vascular endothelial growth factors A; ROS: Reactive oxygen species; RXR: Retinoid X receptor; GCT: Giant Cell Tumors; FBS: Fasting Blood Sugar; OCT: Optimal Cutting Temperature; DAB: 3'-Diaminobenzidine; ROC: Receiver operating characteristic; std: Standard deviation; HSC: Hematopoietic stem cell; AUC: Area under the curve; MSC: Mesenchymal stem cell.

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#### Authors' contributions

AR. E prepared Figs. 1, 2, 3 and 4; Tables 3 and 4; MA. V and B. S prepared Tables 1 and 2, GH.GH and P. B prepared Figs. 3, 4 and 5 and V.S and M.TY wrote the manuscript. All authors reviewed the manuscript. The author(s) read and approved the final manuscript.

#### Authors' information

A.R. E (MSc of Clinical Biochemistry), MA. V (MSc of Clinical Biochemistry) B. S (PhD of Clinical Biochemistry), GH.GH (PhD of Clinical Biochemistry), P.B (Assistant Professor of Pathology), V.S (Professor of Medical Virology), M.T.Y (Associate Professor of Clinical Biochemistry).

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#### Availability of data and materials

All data generated or analyzed during this study are included in this published article.

# **Declarations**

#### Ethics approval and consent to participate

The project was ethically approved by the ethics committee of the Vice president of research of Iran University of Medical Sciences with ethics committee code: IR.IUMS.FMD.REC.1400.411. All patients were informed about the study and the signed written informed/informed consent was taken from all participants including those whose age was less than 18 years that their legal guardian submitted the consent. The signed consent form for each patient is available and can be provided upon request. This study was performed based on the guidelines of Helsinki Declaration.

## Consent for publication

Not applicable.

### **Competing interests**

The authors declare that there is no conflict of interest.

#### Author details

<sup>1</sup>Department of Biochemistry, School of Medicine, Iran University of Medical Sciences, P.O. Box: 1449614535, Tehran, Iran. <sup>2</sup>Department of Pathology, School of Medicine, Iran University of Medical Sciences, Tehran, Iran. <sup>3</sup>Department of Virology, School of Public Health, Tehran University of Medical Sciences, Tehran, Iran.

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