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Effect of extramucin pools in gastric cancer patients

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Purpose: Mucinous gastric adenocarcinoma (MGC) is defined by the World Health Organization as a gastric adenocarcinoma with >50% extracellular mucin pools within the tumors. In this study, we attempted to analyze the clinicopathologic features of patients pathologically diagnosed as gastric cancer with lower than 50% tumor volume of extracellular mucin pool adenocarcinoma (LEMPC). We compared MGC versus nonmucinous gastric adenocarcinoma (NMGC). We were used in abbreviations LEMPC for NMGC including extracellular mucin pool.

Methods: Files of 995 patients with gastric cancer NMGC (n = 935), MGC (n = 20), LEMPC (n = 40) who underwent curative resection at Pusan National University Yangsan Hospital from December 2008 to December 2013 were retrospectively analyzed. All pathologic reports after curative resection and evaluated clinicopathologic features were reviewed to identify the effect of extracellular mucin pools in gastric cancer.

Results: Compared with the NMGC patients, the clinicopathological features of MGC patients were as follows: more frequent open surgery, larger tumor size, more advanced T stage and N stage, more positive lymph node metastasis, and perineural invasion. LEMPC patients showed similar features compared with NMGC patients. MGC and LEMPC patients showed similar clinicopathological features, except T stage and lymph node metastasis.

Conclusion: LEMPC can be thought of as a previous step of MGC. It is reasonable to consider LEMPC patients in the diagnostic criteria of MGC, and to adequately treat.

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Key Words: Mucinous adenocarcinoma, Stomach, Neoplasms

INTRODUCTION

Mucinous gastric adenocarcinoma (MGC) is a rare type of cancer that is defined by the World Health Organization (WHO) as a gastric adenocarcinoma with >50% extracellular mucin pools within the tumors [1]. MGC comprises approximately 2%–5% of all gastric carcinomas [2-5]. The clinicopathologic characteristics of MGC remain controversial. MGC has shown a poorer prognosis than nonmucinous gastric adenocarcinoma (NMGC) [6-8]. In contrast, another study suggested no difference in the survival rate of MGC and NMGC.

Clinically, it is possible to find cases with extracellular mucin

pools lower than a half of the tumor area (Fig. 1). However, the exact prevalence rate is unknown. It could be missing from the pathologic report because gastric cancer with lower than 50% tumor volume of extracellular mucin pool adenocarcinoma (LEMPC) is not included in the diagnostic criteria of WHO classification. Moreover, if a pathologist is not aware of LEMPC, extracellular mucin pools may be overlooked. According to the WHO classification, those cases are classified as NMGC, not MGC. Treatment of LEMPC is similar to that of NMGC, even though LEMPC tends to be more progressive [9].

The clinicopathologic feature of LEMPC patients is not clear. To clarify the effect of extracellular mucin pools, we compared

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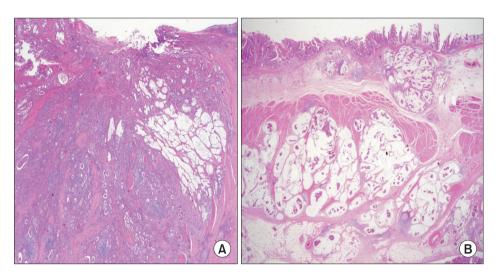


Fig. 1. Extracellular mucin pools are lower than one half of the tumor area (A, Hematoxylin and eosin stain x20) and mucinous gastric adenocarcinoma (B, Hematoxylin and eosin stain).

the clinicopathologic features of NMGC patients with MGC and LEMPC patients to determine the effect of extracellular mucin pools. We also evaluated the independent prognostic factors from the point of recurrence.

METHODS

Subjects

A retrospective review was done of 1,048 gastric cancer patients treated at Pusan National University Yangsan Hospital between December 2008 and December, 2013. Curative resection was performed in 995 patients (Fig. 2). MGC defined as extracellular mucin pools occupying over a half the tumor area was observed [1]. NMGC is classified as no extracellular mucin pool in tumor. LEMPC is defined as NMGC with including extracellular mucin pool.

All the diagnosis followed by the last report of pathologists. Clinicopathologic variables including gender, age, body mass index (BMI), tumor location, surgical methods, tumor size, depth of invasion, number of lymph node metastasis, number of resected lymph node, lymph node metastasis, Lauren classification, lymphatic invasion, vascular invasion, and perineural invasion were compared between MGC and NMGC patients, and between MGC and LEMPC patients. We investigated the variables in accordance with an established guideline [10]. Tumor staging was evaluated by using the TNM system of the International Union Against Cancer [10].

Prognostic factors associated with the recurrence of gastric cancers were also investigated. A disease-free survival (DFS) curve was prepared to identify the most significant prognostic factors for gastric cancer in our hospital based on recurrence. The diagnosis of recurrence was confirmed by radiological findings, computed tomography or positron emission tomography, and endoscopic biopsy with histopathological findings.

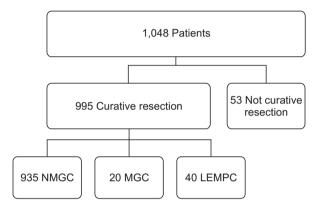


Fig. 2. Flow chart of the study. NMGC, nonmucinous gastric adenocarcinoma; MGC, mucinous gastric adenocarcinoma; LEMPC, gastric cancer with <50% tumor volume of extracellular mucin pool carcinoma.

Statistical analyses

Data was statistically analyzed using the chi-square test and Student t-test. Odds ratios (ORs) were estimated with 95% confidence intervals (CIs). DFS curves were plotted using the Kaplan-Meier method and the log-rank test was used for univariate risk factors for recurrence. In multivariate analysis, the Cox proportional-hazards regression F model was used for independent risk factors of recurrence. All statistics were conducted using IBM SPSS Statistics ver. 21.0 (IBM Co., Armonk, NY, USA). Statistical significance was defined as P < 0.05.

RESULTS

All 995 patients underwent curative resection. MGC and LEMPC patients comprise 2% and 6%, respectively, of all patients,



Clinicopathological comparison between NMGC and other groups

Mean ages of MGC, NMGC, and LEMPC patients were similar. Gender, BMI, and tumor location did not significantly differ in the three groups. MGC and LEMPC patients received more open gastrectomies with extended lymph node dissection than NMGC patients (both P < 0.001). MGC tumor size of was

larger than NMGC tumors (P < 0.001). T stage, N stage, and node metastasis were higher in MGC patients than in NMGC patients (P < 0.001). LEMPC showed more advanced T stage (P < 0.001) and node metastasis than LMGC (P < 0.001). However, the N stage of LEMPC was not significantly different from that of NMGC (P < 0.0109). More positive perineural invasion was apparent in LEMPC than in NMGC (P < 0.010) (Table 1).

Table 1. Clinicopathological comparison between NMGC and other groups

Variable	LEMPC $(n = 40)$	P-value ^{a)}	NMGC ($n = 935$)	P-value ^{b)}	MGC (n = 20)
Sex		0.112		0.369	
Male	31 (77.5)		611 (65.3)		15 (75.0)
Female	9 (22.5)		324 (34.7)		5 (25.0)
Age (yr)	61.53 ± 8.75	0.366	60.22 ± 10.97	0.068	64.75 ± 10.96
Body mass index (kg/m²)	24.33 ± 3.18	0.146	23.52 ± 3.42	0.739	23.27 ± 3.05
Location		0.541		0.476	
Upper body	9 (22.5)		149 (15.9)		4 (20.0)
Mid bod	8 (20.0)		196 (21.0)		2 (10.0)
Lower body	23 (57.5)		590 (63.1)		14 (70)
Surgery		0.008		< 0.001	
Open	28 (70.0)		455 (48.7)		14 (70.0)
Laparoscopic	12 (30.0)		480 (51.3)		6 (30.0)
Size (cm)	4.66 ± 2.41	0.477	4.32 ± 3.03	< 0.011	6.06 ± 2.99
Depth		< 0.001		< 0.001	
T1	13 (32.5)		567 (60.6)		4 (20.0)
T2	9 (22.5)		97 (10.4)		2 (10.0)
T3	12 (30.0)		133 (14.2)		3 (15.0)
T4	6 (15.0)		138 (14.8)		11 (55.0)
N stage		0.109		< 0.001	
N0	21 (52.5)		656 (60.6)		5 (25)
N1	8 (20.0)		101 (10.4)		5 (25)
N2	5 (12.5)		78 (14.2)		4 (20)
N3	6 (50)		100 (14.8)		6 (30)
Resected LN	37.18 ± 13.77	0.785	36.55 ± 14.15	0.913	36.20 ± 14.65
Node dissection					
Below D2	8 (20.0)	< 0.001	432 (46.2)	0.006	3 (15.0)
Above D2	32 (80.0)	< 0.001	503 (53.8)	0.006	17 (85.0)
Node metastasis		0.018		< 0.001	
+	19 (47.5)		279 (29.8)		15 (75.0)
_	21 (52.5)		656 (70.2)		5 (25.0)
Lauren classification		0.130		0.641	
Intestinal	25 (62.5)		470 (50.3)		9 (45.0)
Diffuse	15 (37.5)		465 (49.7)		11 (55.0)
Lymphatic invasion		0.120		0.168	
+	13 (32.5)		206 (22.0)		7 (35.0)
_	27 (67.5)		729 (78.0)		13 (65.0)
Vascular invasion		0.826		0.355	
+	4 (10.0)		84 (9.0)		3 (15.0)
_	36 (90.0)		851 (91.0)		17 (85.0)
Perineural invasion		< 0.010		0.390	
+	18 (45.0)		247 (26.4)		7 (35.0)
_	22 (55.0)		688 (73.6)		13 (65.0)

Values are presented as number (%) or mean \pm standard deviation.

NMGC, nonmucinous gastric adenocarcinoma; LEMPC, gastric cancer with <50% tumor volume of extracellular mucin pool adenocarcinoma; MGC, mucinous gastric adenocarcinoma; LN, lymph node.

^{a)}NMGC vs. LEMPC. ^{b)}NMGC vs. MGC.

Table 2. Clinicopathological comparison between NMGC and all extra celluarmucin pool gastric adenocarcinomas

Nonextracellular All extracellular Variable mucin pool mucin pool^{a)} P-value (n = 60)(n = 935)Sex 0.730 Male 611 (65.3) 46 (76.7) Female 324 (34.7) 14 (23.3) Age (yr) 60.22 ± 10.97 62.60 ± 9.57 0.101 Body mass index 23.52 ± 3.42 23.97 ± 3.15 0.322 (kg/m^2) Location 0.436 Upper body 149 (15.9) 13 (21.7) Mid bod 196 (21.0) 10 (16.7) Lower body 590 (63.1) 37 (61.7) Surgery < 0.001 Open 455 (48.7) 42 (70.0) Laparoscopic 480 (51.3) 18 (30.0) Size (cm) 4.32 ± 3.03 5.13 ± 2.68 0.043 Depth < 0.001 T1 567 (60.6) 17 (28.3) T2 97 (10.4) 11 (18.3) 15 (25.0) T3 133 (14.2) T4 138 (14.8) 17 (28.3) N stage < 0.001 N0 656 (60.6) 26 (43.3) N1 101 (10.4) 13 (21.7) N2 78 (14.2) 9 (15.0) N3 100 (14.8) 12 (20.0) Resected LN 36.55 ± 14.15 36.85 ± 13.95 0.874 Node dissection < 0.001 Below D2 432 (46.2) 11 (18.3) Above D2 503 (53.8) 49 (81.7) < 0.001 Node metastasis + 279 (29.8) 34 (56.7) 656 (70.2) 26 (43.3) Lauren classification 0.337 Intestinal 470 (50.3) 34 (56.7) Diffuse 465 (49.7) 26 (43.3) 0.043 Lymphatic invasion 206 (22.0) 20 (33.3) 729 (78.0) 40 (66.7) Vascular invasion 0.485 + 84 (9.0) 7 (11.7) 851 (91.0) 53 (88.3) Perineural invasion 0.010 + 247 (26.4) 25 (41.7) 688 (73.6) 35 (58.3)

Values are presented as number (%) or mean ± standard

NMGC, nonmucinous gastric adenocarcinoma; LEMPC, gastric cancer with <50% tumor volume of extracellular mucin pool adenocarcinoma; MGC, mucinous gastric adenocarcinoma; LN, lymph node.

Table 3. Clinicopathological comparisons between LEMPC and MGC

Variable	Extracellular mucin pool ≥50% (n = 20)	Extracellular mucin pool <50% (n = 40)	P-value
Sex			0.829
Male	15 (75.0)	31 (77.5)	
Female	5 (25.0)	9 (22.5)	
Age (yr)	64.75 ± 10.96	61.53 ± 8.75	0.222
Body mass index (kg/m²)	23.27 ± 3.05	24.33 ± 3.18	0.223
Location			0.555
Upper body	4 (20.0)	9 (22.5)	
Mid bod	2 (10.0)	8 (20.0)	
Lower body	14 (70.0)	23 (57.5)	
Surgery			>0.999
Open	14 (70.0)	28 (70.0)	
Laparoscopic	6 (30.0)	12 (30.0)	
Size (cm)	6.06 ± 2.99	4.66 ± 2.41	0.056
Depth			0.014
T1	4 (20.0)	13 (32.5)	
T2	2 (10.0)	9 (22.5)	
T3	3 (15.0)	12 (30.0)	
T4	11 (55.0)	6 (15.0)	
N stage			0.214
N0	5 (25)	21 (50)	
N1	5 (25)	8 (20.0)	
N2	4 (20)	5 (12.5)	
N3	6 (30)	6 (50)	
Resected LN	36.20 ± 14.65	37.18 ± 13.77	0.801
Node dissection			0.736
Below D2	3 (15.0)	8 (20.0)	
Above D2	17 (85.0)	32 (80.0)	
Node metastasis			0.043
+	15 (75.0)	19 (47.5)	
_	5 (25.0)	21 (52.5)	
Lauren classification			0.197
Intestinal	9 (55.0)	25 (37.5)	
Diffuse	11 (55.0)	15 (37.5)	
Lymphatic invasion			0.846
+	7 (65.0)	13 (32.5)	
_	13 (65.0)	27 (67.5)	
Vascular invasion			0.570
+	3 (15.0)	4 (10.0)	
_	17 (85.0)	36 (90.0)	
Perineural invasion			0.459
+	7 (35.0)	18 (45.0)	
_	13 (65.0)	22 (55.0)	

Values are presented as number (%) or mean ± standard devia-

LEMPC, gastric cancer with <50% tumor volume of extracellular mucin pool adenocarcinoma; MGC, mucinous gastric adenocarcinoma; LN, lymph node.

^{a)}All extracellular mucin pool: MGC with LEMPC.



Table 4. Prognostic factors for disease-free survival in patients with curative gastric cancer evaluated by univariate analysis using the Kaplan-Meier method and log-rank test

, .			O	
Factor	No. of patients	Survival time (mo), median	95% CI	P-value
Age (yr)				0.948
<60	471	56.65	54.69-58.61	
≥60	524	65.26	62.75–67.77	
Lesion	J	03.20	021/3 0/1/	0.031
Upper body	162	50.92	47.50-54.32	
Middle body	206	51.31	47.97–54.64	
Lower body	627	67.10	63.81–67.30	
Size (cm)	027	07.10	03.01 07.30	< 0.001
<4.5	618	67.71	65.93-69.50	νο.σοι
≥4.5	377	58.83	55.42-62.25	
T stage	377	30.03	33.12 02.23	< 0.001
T1	584	71.95	70.41–73.49	<0.001
T2	108	55.74	52.48–58.99	
T3	148	52.51	48.33–56.70	
T4	155	37.80	33.46–42.16	
N stage	133	37.00	33.40-42.10	< 0.001
N0	682	70.89	69.33-72.45	<0.001
N1	114	52.59	48.74–56.43	
N2	87	49.75	44.78–54.72	
N3	112	33.60	28.42–38.78	
Extracellular mucin pool	112	33.00	20.42-30.70	0.183
Absent	935	65.90	64.10–67.70	0.103
Present	60	47.32	41.49–53.14	
LN dissection	00	47.32	41.45-55.14	< 0.001
Limited LN dissection	443	70.42	68.91–71.93	<0.001
Extended LN dissection	552	60.46	57.69–63.18	
Lauren classification	332	00.40	37.03-03.10	0.004
Intestinal	504	67.53	65.23-69.84	0.004
Diffuse	491	54.66	52.52–56.81	
WHO classification	431	34.00	32.32-30.01	< 0.001
Papillary	11	55.68	47.27–64.09	<0.001
Well differentiated	124	71.18	67.41–74.95	
Moderate differentiated		55.84	53.51–58.17	
Poorly differentiated	260	51.66	48.44–54.88	
		39.36	32.48–46.21	
Mucinous	20	67.28		
Signet ring cell Lymphatic invasion	267	07.20	64.44–70.11	<0.001
	760	(0.56	(7.02.71.20	< 0.001
Absent	769	69.56	67.92–71.20	
Present Vascular invasion	226	44.96	41.20–48.72	<0.001
Absent	004	67.60	6E 00 (0.37	< 0.001
	904	67.68	65.99–69.37	
Present	91	44.15	38.98–49.40	-0.001
Perineural invasion	722	70.03	(0.22.71.71	< 0.001
Absent	723	70.02	68.32–71.71	
Present	272	47.22	43.87–50.57	

Cl, confidence interval; LN, lymph node; WHO, World Health Organization.

Clinicopathological comparison between NMGC and all extracellular mucin pool gastric adenocarcinomas

NMGC was compared with all extracellular mucin pool gastric adenocarcinomas. All extracellular mucin pool gastric adenocarcinomas involved more open gastrectomies (P < 0.001) with extended lymph node dissection (P < 0.001) than NMGC. All extracellular mucin pool gastric adenocarcinomas featured a larger tumor size and more positive node metastasis (P < 0.001), lymphatic invasion (P < 0.043), and perineural invasion (P < 0.001) than NMGC. All extracellular mucin pool gastric adenocarcinomas showed more advanced T stage (P < 0.001) and N stage (P < 0.001) (Table 2).

Clinicopathological comparison between LEMPC and MGC

MGC featured higher T stage (P < 0.014) and more positive lymph node metastasis (P < 0.043) than LEMPC. Other clinicopathologic characteristics were not significantly different (Table 3).

Prognostic factors for DFS in patients with curative gastric cancer

In univariate analysis, prognostic factors of all patients were tumor lesion (P = 0.031), tumor size (P < 0.001), T stage (P < 0.001), N stage (P < 0.001), extent of lymph node dissection (P < 0.001), WHO classification (P < 0.001), lymphatic invasion (P < 0.001), vascular invasion (P < 0.001), and perineural invasion (P < 0.001). Extracellular mucin pool was not a prognostic factor of recurrence (Table 4).

Comparison of Recurrence rates with NMGC, MGC and LEMPC revealed no differences in DFS curves (P < 0.170) (Fig. 3).

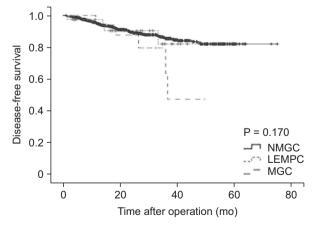


Fig. 3. Disease-free survival curves using the Kaplan-Meier method for gastric cancers diagnosed NMGC and all extracelluarmucin pool gastric carcinoma. NMGC, nonmucinous gastric adenocarcinoma; LEMPC, gastric cancer with <50% tumor volume of extracellular mucin pool adenocarcinoma; MGC, mucinous gastric adenocarcinoma.

Table 5. Prognostic factors for recurrence rate in patients with curative gastric cancer evaluated by multivariate analysis using the Cox proportional hazard model

% CI	P-value
	0.332
1-2.00	0.710
7-1.29	0.338
1-1.84	0.593
	0.004
9-4.15	0.363
3-5.55	0.042
5–10.86	< 0.001
•	< 0.001
1-2.46	0.708
5-2.90	0.395
3–6.37	< 0.001
1-3.30	0.240
3-3.46	0.247
	0.869
7–7.01	0.789
1-6.60	0.889
1-5.55	0.687
5-5.01	0.562
1-4.43	0.526
3-2.63	0.131
3–1.38	0.442
I-1.78	0.887

CI, confidence interval; LN, lymph node; WHO, world health organization.

In multivariate analysis, prognostic factors for recurrence rate were T stage and N stage (Table 5).

DISCUSSION

Our results show that approximately 2% of the gastric cancer patients were MGC patients. The total gastric cancer patient's rate increased to 6% when all extracellular mucin pool gastric adenocarcinoma patients were included. These results did not show the difference that has been previously reported [9]. However, the prevalence of LEMPC is not well known. This is because LEMPC is not a WHO diagnostic criteria and it can be overlooked by endoscopists, clinicians, and even pathologists. If pathologists do not diagnosed with MGC, can be omit reported extracellular mucin pool composition.

The clinicopathologic features of MGC include large size [6,11,12], deeper invasion [13,14], and higher N stage than that of NMGC. In this study, MGC differed from NMGC in tumor size, T stage, N stage, and node metastasis. When the MGC is diagnosed, it is usually in a more advanced stage than NMGC. More extracelluar mucin pools within a tumor indicate a more progressive state of disease. Overexpressed transmembrane mucins are considered to be a signal of cell growth and survival. Extracellular mucin pools derived from overexpressed transmembrane mucin are relevant to the progression of carcinoma [15]. In this study, MGC featured more advanced T and N stages than NMGC.

LEMPC also showed similar results with MGC, having more advanced T stage and more positive node metastasis than NMGC. LEMPC and MGC patients received more radical surgery than NMGC patients. LEMPC and MGC showed similar cilinicopathologic features. Just, MGC had a larger tumor size, more advanced T stage and more positive node metastasis than LEMPC. This result suggests that LEMPC is an earlier state of MGC irrespective of other WHO classification. For this reason, it has been suggested to consider extracellular mucin pools carcinoma of more than 30% as MGC [9].

Additionally, all extracellular mucin pool carcinomas featured larger tumor size, more advanced T stage and N stage, more aggressive lymph node dissection with open surgery, more positive node metastasis, lymphatic invasion, and perineural invasion than NMGC. All extracellular mucin pool gastric adenocarcinomas were in a more advanced state than NMGC, regardless of Lauren classification. Therefore, we can consider all extracellular mucin pool gastric adenocarcinomas included with the diagnostic criteria of MGC. In this study, we analyzed the effect on the prognosis in terms of recurrence of gastric cancer. Univariate analysis showed that tumor size, T stage, N stage, range of lymph node dissection, Lauren classification, WHO classification, lymphatic invasion, vascular invasion, and perineural invasion were significantly correlated with gastric cancer recurrence in all patients treated by curative gastrectomy at our hospital. However, only T stage and N stage were identified as independent prognostic factors for gastric cancer recurrence in the multivariate analysis. It is well known that prognostic factors for gastric cancers are influenced by tumor invasion depth, lymph node metastasis, and complete tumor removal [16-18]. Therefore, we assume extracellular mucin pools affect T stage and N stage, then the prognosis of gastric cancer recurrence

Limitations of the study include its retrospective design, and short follow-up. Specimens were not reassessed by pathologists again for the study. If all the specimens were reassessed by pathologists again for the study, then we can get high quality data. Moreover, we can calculate cutoff value of a linear/log relationship between mucin percent and clinical endpoints.

Despite these limitations, the results clearly show that the extracellular mucin pool gastric adenocarcinomas have more aggressive characteristics in T stage and N stage than NMGC.



This suggests that in the treatment of these cancers, aggressive treatment is needed. More rigorous treatment is expected at the time of the operation rather than additional surgery if extracellular mucin pool gastric adenocarcinoma is predicted before surgery.

The amount of extracellular mucin pool content is not an independent prognostic factor for the recurrence rate. However, it needs to be seriously considered when diagnosed. When a preoperative biopsy result includes extracellular mucin pool carcinoma, we should be more careful in implementing the treatment, such as protection from mucin spillage while operating and more extensive lymph node dissection. Cautious consideration about treatment of extracellular mucin pool gastric adenocarcinoma patients may improve prognosis.

In conclusion, the clinicopathological characteristics of LEMPC

patients are similar to MGC patients, except for T stage and positive lymph node metastasis. Patients with MGC had more progressed T stage and node metastasis than patients with LEMPC. We suggest that LEMPC can be thought of as a previous step of MGC. It is reasonable to consider LEMPC patients in the diagnostic criteria of MGC. To improve prognosis, we need more rigorous treatment for extracellular mucin pool gastric carcinoma. The results and conclusions of this paper are helpful for pathologists and surgeons when they make accurate diagnosis and adequate treatment.

CONFLICTS OF INTEREST

No potential conflict of interest relevant to this article was reported.

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