Artificial intelligence and capsule endoscopy: unravelling the future

Miguel Mascarenhas, João Afonso, Patrícia Andrade, Hélder Cardoso, Guilherme Macedo

Hospital de São João, Porto, Portugal

Abstract

The applicability of artificial intelligence (AI) in gastroenterology is a hot topic because of its disruptive nature. Capsule endoscopy plays an important role in several areas of digestive pathology, namely in the investigation of obscure hemorrhagic lesions and the management of inflammatory bowel disease. Therefore, there is growing interest in the use of AI in capsule endoscopy. Several studies have demonstrated the enormous potential of using convolutional neural networks in various areas of capsule endoscopy. The exponential development of the usefulness of AI in capsule endoscopy requires consideration of its medium- and long-term impact on clinical practice. Indeed, the advent of deep learning in the field of capsule endoscopy, with its evolutionary character, could lead to a paradigm shift in clinical activity in this setting. In this review, we aim to illustrate the state of the art of AI in the field of capsule endoscopy.

Keywords Capsule endoscopy, artificial intelligence, deep learning, machine learning, gastroenterology

Ann Gastroenterol 2021; 34 (3): 300-309

Introduction

Artificial intelligence (AI) has played an increasing role in the technological development of clinical practice and biomedical academic activity [1]. The potential of AI has applications over a range of different medical specialties, while specialties with a strong imaging and diagnostic component have assumed a leading position in the implementation of this technology [2]. Indeed, there is a growing awareness and perception of the innumerable opportunities and disruptive nature of AI in clinical practice [3].

AI is defined as the use of computers and technology to simulate intelligent behavior and critical thinking comparable to that of a human being [4]. The ever growing need to provide high-quality and cost-efficient global healthcare has resulted in a corresponding expansion in the development of computerbased and robotic healthcare tools that rely on artificially intelligent technologies [5]. In 2016, healthcare was the most funded sector regarding AI research, and investment continues

Gastroenterology Department, Hospital de São João, Porto, Portugal

Conflict of Interest: None

Correspondence to: Miguel Mascarenhas, Gastroenterology Department, Hospital de São João, 4200-427 Porto, Portugal, e-mail: miguelmascarenhassaraiva@gmail.com

Received 26 October 2020; accepted 20 December 2020; published online 26 February 2021

DOI: https://doi.org/10.20524/aog.2021.0606

© 2021 Hellenic Society of Gastroenterology

to pour into this sector [6]. AI, machine learning (ML), and deep learning are overlapping disciplines [7], with many current applications in the various fields of the healthcare sector. With the advent of the big data era, the accumulation of a gigantic number of digital images and medical records created an unparalleled set of resources for ML [8]. The relationship between AI, ML, and deep learning is summarized in Fig. 1.

ML is based on the recognition of patterns that can be applied to medical images [9], laboratory medicine [10], drug discovery [11], and even clinical practice [12]. ML is based on the introduction of algorithms that ingest input data, apply computer analysis to predict output values within an acceptable range of accuracy, identify patterns and trends within the data, and finally learn from previous experience [13]. ML can be either supervised or unsupervised.

A supervised ML algorithm uses the available training data (images from capsule endoscopy for example) to learn a function by mapping certain input variables/features from the training data onto a qualitative or quantitative output/target (e.g., identifying protuberant lesions in the small bowel) [14]. A frequently used example is training a model to differentiate between apples, oranges and lemons. The "label" of each type of fruit is supplied to the algorithm, along with features such as color, size, weight and shape, and by referring to a set of learning data the algorithm determines the combinations of features that differentiate the fruits [15]. In medical applications, once a model has been developed and perfected, it is tested on novel patients whose data were not included in the training set, to determine its external validity and subsequent applicability to other patients [13].

On the other hand, unsupervised ML methods rely on the arbitrary aggregation of unlabeled data sets to yield groups or clusters of entities with shared similarities that may be unknown to the user prior to the analysis [14]. Unsupervised ML algorithms are data-driven techniques that automatically learn from the relationships between elementary bits of information associated with each variable of a dataset [16]. The combination of and potential synergy between supervised and unsupervised methods of ML holds great promise in the field of gastroenterological endoscopy.

Deep learning is a subset of ML. The structure of neural networks, organized in multiple layers, allows them to address complex tasks [17]. Deep neural networks use the compositional hierarchy of signals, in which higher-level features are obtained by combining lower-level ones [18]. A convolutional neural network (CNN, or ConvNet) is a class of deep neural networks tailored to visual imagery analysis. CNNs resemble neurobiological processes, emulating the connectivity pattern between neurons [19]. In Fig. 2 we can see the similarities between a human neural



Figure 1 Relationship between different levels of artificial intelligence

network and a deep learning algorithm. CNNs are a type of feedforward artificial neural network inspired by the organization of the animal visual cortex, whose individual neurons are arranged in such a way that they respond to overlapping regions tiling the visual field [20]. Therefore, CNNs require less preprocessing and are also less dependent on prior knowledge and human effort. CNNs exhibit superior performance when compared to other deep learning architectures, namely in terms of object detection and recognition [21]. The fields of application of CNNs vary from abnormality detection and disease classification to computeraided diagnosis [22]. Deep learning and CNNs are disruptive and have excelled in the detection of a range of diseases in capsule endoscopy [23].

Application in capsule endoscopy

Capsule endoscopy is one of the branches of gastroenterology that can benefit the most from the application of this type of technology. Indeed, the use of AI in this field shows great promise and capsule endoscopy can serve as a stepping stone for the broader application of AI in endoscopy and gastroenterology. Below, we summarize the state of the art regarding the use of AI in capsule endoscopy.

AI and bleeding lesions

One of the fields in which the automation of videocapsule diagnostics has undergone enormous advances is in the detection of gastrointestinal (GI) hemorrhage, namely from ulcers and vascular lesions. In 2007, Lau *et al* developed a model capable of detecting the presence of hemorrhage with a sensitivity of 88.3%, using simple color coding. However, this model was limited by the very low quality of the analyzed video images [24]. In the following year, Giritharan *et al* analyzed 400 frames of GI hemorrhage using a support-vector



Figure 2 Similarities between an oversimplified human neural network and a convolutional neural network

machine (SVM) model and obtained results similar to Lau, with a sensitivity greater than 80% in the detection of positive bleeding cases [25].

In 2009, Li *et al* took a database of 200 hemorrhage images from 10 patients and, using a multilayer perceptron (MLP) model, developed an ML algorithm capable of detecting areas of bleeding with a sensitivity, specificity and accuracy greater than 90%. This study was particularly important because it was able to surpass the detection rate of the state-of-the-art methods at that time [26]. In the same year, Pan *et al* developed a CNN by analyzing the color and texture of the images. The algorithm was tested using 150 full videos of wireless capsule endoscopy (WCE), consisting of 3172 hemorrhage images and 11,458 of normal mucosa. This model achieved a sensitivity of 93% with a specificity of 96% for the detection of cases. The large number of images analyzed contributed to the robustness of this experiment [27].

In 2010, Charisis *et al* developed an SVM using a dataset of 40 images of normal mucosa and 40 images of ulcers. This model was able to detect positive cases with a sensitivity and specificity greater than 95%. However, it was only able to detect cases of medium or higher severity, which reduces its applicability in real clinical practice [28].

In 2014, Fu *et al* developed a computer-aided design (CAD) method based on SVM, capable of detecting hemorrhage with a sensitivity, specificity and accuracy of 99%, 94% and 95%, respectively. This method was particularly interesting because it introduced a new form of image analysis. The developed model analyzed super pixels—grouped sets of pixels of similar characteristics in each frame—which made it possible to reduce the computation costs compared to the analysis of each isolated pixel, while improving the detection capacity compared to the overall analysis of a frame [29]. In the same year, Gosh *et al* used 30 videos of WCE and, using 50 images of hemorrhage and 200 of normal mucosa for training the model, developed an SVM classifier applied to 2000 test images, achieving a sensitivity of 93% and specificity of 95% [30].

In December 2015, Hassan *et al* used 1200 training frames and 1720 testing frames to develop a new local texture descriptor that was capable of obtaining sensitivities and specificities above 98.9%, significantly higher than what had been done to date. In addition, this method had a low computational cost, making it suitable for real-time implementation [31].

In 2018, Fan *et al* developed a method for simultaneous detection of ulcers and mucosal erosions, with a high accuracy of 95.2% and 95.3%, sensitivity of 96.8% and 93.7%, and specificity of 94.8% and 96.0% in detecting ulcers and erosions, respectively. This study was relevant since it did not evaluate an isolated lesion, but instead a set of pathological entities [32].

In January 2019, Leenhardt *et al* developed a CNN method capable of detecting small-bowel angiectasias, using 6360 still frames from 4166 different videocapsule videos. This study, given the large number of patients covered, proved to be extremely robust and presented excellent results, with a sensitivity of 100% and specificity of 96%, an excellent starting point for future automated diagnostic software [33]. In fact, angiectasias are the most common lesions diagnosed in

patients with medium GI bleeding undergoing video capsule endoscopy.

In August of 2019, Pokorelov et al developed a combined color and texture algorithm with excellent computational cost and efficiency. Using 300 bleeding frames and 200 nonbleeding or normal frames for the training dataset (500 frames) and 500 bleeding and 200 nonbleeding frames (700 frames) for the testing dataset, they were able to obtain a sensitivity, specificity and accuracy of 97.6%, 95.9% and 97.6%, respectively [34]. Also, in August of the same year, Aoki et al developed a CNN method that compared the time and effectiveness of videocapsule reading by 2 processes: (A) endoscopist-alone readings; and (B) endoscopist readings after a first screening by the proposed CNN. Mean reading time of small-bowel sections by endoscopists was significantly shorter during process B (expert, 3.1 min; trainee, 5.2 min) compared to process A (expert, 12.2 min; trainee, 20.7 min) (P<0.001). For 37 mucosal breaks, the detection rate by endoscopists was not significantly lower in process B (expert, 87%; trainee, 55%) compared to process A (expert, 84%; trainee, 47%). This study was extremely important because it demonstrates the applicability of these auxiliary diagnostic methods in daily clinical practice, enabling a significant reduction in the video capsule reading time [35].

More recently, in March 2020, Tsuboi *et al* used 2237 images of WCE and created a CNN system capable of detecting smallbowel angiectasias with a sensitivity of 98.8% and specificity of 98.4% [36]. In July 2020, Aoki *et al* developed a CNN using images from 41 patients, with a total of 27,847 images, capable of detecting blood in the intestinal lumen with a sensitivity of 96.6%, specificity of 99.9% and accuracy of 99.9%. The performance of the network was compared with a conventional tool (suspected blood indicator) and proved able to outperform this tool [37].

AI and protuberant lesions

One of the most profitable areas of investigation in this context is the detection and classification of protruding structures of the small intestine mucosa, since its analysis by other methods is extremely difficult. However, using videocapsule images it is also possible to detect abnormal structures present elsewhere in the GI tract.

In 2008, Barbosa *et al*, based on 100 images of normal mucosa and 92 images of tumor lesions and using an MLP method, developed an algorithm capable of being applied to real data, with a sensitivity of 98.7% and specificity of 96.6% in the detection of tumors of the small intestine [38]. The following year, using the same AI method, Li *et al* analyzed 300 video images from 2 WCE exams and developed a model with an accuracy of 86.1% (sensitivity and specificity of 89.8%). The fact that they only used data from 2 patients limits the applicability of this model in other settings, such as real-life medical practice [39]. The same author, in April 2011, applying a model based on the color difference between tumor lesions and normal mucosa, used a dataset of 1200 images from 10 different patients to develop a CAD system that demonstrated a sensitivity of 82.3%

and specificity of 84.7% in the detection of GI tumors through the analysis of WCE exams [40].

Barbosa *et al* also carried out a further study in 2011, with a more comprehensive dataset (700 tumor frames and 2300 normal frames). Through the analysis of mucosal textural information, they developed a method with sensitivity and specificity greater than 93% for the detection of tumors of the small intestine [41].

Zhao *et al*, in the same year, created a dataset of 1120 images (560 of polyps and 560 of normal mucosa), with the particularity of including a group of consecutive frames of injury and normal mucosa, to verify whether the simultaneous analysis of 5 frames of the same lesion is superior to the analysis of 1 isolated frame. This study was an important innovation, since until then most of the methods developed were based on the analysis of only one image of each lesion. Zhao demonstrated that a polyp sequence can have apparently normal frames and that a normal mucosa sequence can have apparently abnormal frames. By analyzing several consecutive frames, the number of false negatives and false positives in the model can be reduced. In this case, with the analysis of consecutive images, they managed to improve the specificity and sensitivity of single frame evaluation, from 91% and 83% to 95% and 92%, respectively [42].

In August 2015, Vieira *et al* compared a method of SVM and one of MLP in the automatic detection of small intestine tumors, through the analysis of 700 abnormal frames from 14 patients and 2500 normal frames from 19 individuals, concluding that the MLP method is superior to the older AI method in sensitivity, specificity and accuracy [43]. In 2017, Yuan *et al* developed a CAD method capable of identifying polyps and also distinguishing other structures, such as bubbles and the presence of cloudy luminal material, with an accuracy greater than 95%. This method is particularly important, since it allows the removal of luminal content that makes it difficult to evaluate images [44].

In March 2019, Blanes-Vidal *et al* managed to establish a correlation in 255 patients between the detection of colorectal polyps in colonoscopy and those detected in WCE in the same patients, with a sensitivity of 97.1% and specificity of 93.3%. This study represents an important advance in the applicability of this technique as a possible method of screening for colorectal cancer in the future [45].

In February 2020, Saito *et al*, through the analysis of a robust database of 30,584 images of protruding small intestine lesions, developed a CNN method capable of not only identifying lesions but also classifying them as polyps, nodules, epithelial tumors, submucosal tumors and venous structures, with sensitivities of 86.5%, 92.0%, 95.8%, 77.0%, and 94.4%, respectively. This study was a pioneer in the use of several types of lesions in a single model, and allowed these methods to approach more closely to real clinical practice, where several pathological changes can occur simultaneously and require proper distinction [46].

Al and inflammatory bowel disease

Another medical field where the videocapsule has a well-established role is in the evaluation of patients with

inflammatory bowel disease, particularly those with Crohn's disease (CD), since it allows an assessment of all the small intestine mucosa. In addition to being able to assist in the confirmation of the CD diagnosis, it also allows the extent of disease activity and response to therapy to be assessed, through the application of scores such as the Lewis score [47].

In 2010, Seshamani *et al*, using an SVM-based similarity learning method, used videocapsule images of 47 exams of CD patients, to manually extract 724 images of injury areas. In this way, they developed a model capable of detecting suggestive areas of injury with an accuracy of 88%, which allowed to drastically reduce the training time of the model, without compromising its effectiveness [48].

In March 2020, Klang *et al* developed a deep-learning algorithm, using the analysis of 17,640 endoscopic capsule images from 49 patients with CD and healthy individuals, that achieved an accuracy greater than 95%, revealing the potential of this technology in the prediction of small-bowel findings based on videocapsule endoscopy in CD patients [49]. Also, in March 2020, Freitas *et al* assessed the correlation between classic videocapsule reading and the use of a new software tool of the RAPID Reader[®], TOP100, in the application of the Lewis score in CD patients. They examined 115 patients and showed a strong agreement (89.6% of the cases) between the 2 methods of capsule reading. This study is particularly important because it demonstrates the clinical applicability of this type of diagnostic aid [50].

More recently, in June 2020, Y. Barash, in collaboration with the aforementioned E. Klang, developed a neural network capable of classifying the severity of ulcers in patients with CD. To achieve that, they classified 2598 images containing ulcers on a numerical scale of 1-3. They divided the experiment into 2 parts. In the first part, they evaluated the interobserver agreement between 2 different evaluators, and in the second they used a CNN to automatically classify the ulcers. They obtained a global human interobserver agreement of 31% (76% for grade I-III ulcers) vs. a global neural network agreement of 67% (91% for grade I-III) [51].

Al and celiac disease

Celiac disease affects around 1% of the world population, with an increasing prevalence in recent years. This chronic autoimmune disorder, characterized by an immune attack on the small intestine mucosa, is triggered by the ingestion of gluten in genetically susceptible individuals [52]. The gold standard for diagnosis is the presence of duodenal villous atrophy in endoscopic biopsies. However, this is an invasive and expensive procedure. Therefore, capsule endoscopy appears as a more practical approach in some settings and an alternative with fewer associated risks [52]. With the increasing use of this diagnostic method, computer models have been developed to assist doctors in diagnosing this disorder using a videocapsule enteroscopy video.

In 2010 Ciaccio et al developed a threshold classifier to classify images of patients with celiac disease. Using images

from 21 exams (11 of patients with celiac disease and 10 controls) and through the analysis of 9 different characteristics of each frame, they developed a model capable of predicting the occurrence of the disease with a sensitivity of 80% and a specificity of 96%. Later, in 2014, the same investigation team developed a new model capable of predicting the occurrence of the disease with a sensitivity of 84.6% and specificity of 92.3%, using base images from patients and controls [54].

In 2017, Zou *et al*, using data from 6 patients with celiac disease and 5 controls, developed a CNN to quantitatively measure the presence and degree of intestinal mucosa damage. Its model, using the latest technology in the field of AI, obtained a sensitivity and specificity of 100% in the small group tested. In addition, they were also able to classify the degree of mucosal injury, opening doors for the future analysis of a correlation between the videocapsule images and the histological evaluation [55].

More recently, Koh *et al* developed a computer-aided detection system, decomposing the video images of 13 control tests and 13 patients. This system, with an accuracy of 86.5% and a sensitivity and specificity of 88.4% and 84.6%, respectively, demonstrates the potential to effectively identify patients with celiac disease [56].

In April 2020, Wang *et al*, using a deep learning method, developed a CNN system, based on data from 52 patients and 55 healthy controls, that demonstrated a remarkable accuracy (accuracy, sensitivity and specificity 95.9%, 97.2% and 95.6%, respectively). This study was particularly robust given the large number of images collected, as well as the type of analysis used [57].

AI and luminal content

AI may also play a key role in locating the capsule in the GI tract, as well as in the detection and elimination of artifacts that may compromise the mucosal evaluation, thus reducing the required examination reading time and also reducing bias and interpretation errors. In 2012, Seguí *et al* developed a model capable of detecting, isolating and classifying luminal content, to remove it from image view. For this, he resorted to images of clean mucosa and images of luminal content, which they divided into turbid liquid and bubbles. The proposed system was then evaluated using a large dataset. The statistical analysis of the performance showed an accuracy above 90%, far superior to that of previously existing models. In addition, this was the first work to distinguish between the different artifacts detected throughout the video capsule examination [58].

In 2013, Ionescu *et al* analyzed more than 10,000 frames from 10 different patients to detect images with artifacts and thus reduce the number of images that would have to be analyzed by the clinician, thus making the reading process faster and more effective. Through a CNN method, they managed to develop an algorithm with an accuracy of 88.2% in the detection of bubbles and food debris [59].

In 2018, Wang *et al* proposed to develop a model capable of automatically detecting the location of the boundaries between the stomach and the duodenum–pylorus. For this, they

analyzed 42,000 images and randomly selected 3801 images from the pyloric region, 1822 pre-pyloric and 1979 postpyloric. Using an SVM method, the investigators were able to detect the location of the pylorus in 30 real WCE videos, with an accuracy of 97.1% and a specificity of 95.4% [60]. All these types of analysis can contribute greatly to the optimization of the evaluation of videocapsule images, to make the reading process less time consuming and considerably more effective.

AI and hookworm

Parasitic infections represent another type of pathological entity that can be detected by this diagnostic method. Of all the parasites that reach the GI tract, hookworm infection is one of the most common and serious, affecting about 600 million people worldwide. The hookworm is a helminth that presents itself as a tubular structure, with grayish, white or pinkish semi-transparent body [61].

In March 2016, Xiao *et al* used 440,000 images from 11 patients to develop a mechanism capable of automatically detecting these helminths in videocapsule images. This was one of the first studies to address this topic. Its model showed a sensitivity and specificity close to 78%. The low effectiveness of this model is mainly due to the difficulty in correctly distinguishing the parasite's structure from some bubbles and intestinal folds. As a way of correcting this low performance, they raise the possibility of considering the temporal and spatial relationship between consecutive images in future works [62]. In May 2018, He *et al* used 1500 images to create a CNN model capable of detecting the presence of hookworms with a sensitivity of 84.6% and specificity of 88.6%; these results were superior to those previously obtained in this area [63].

The automatic detection of this type of parasite remains a very challenging task, since the wide variety of aspects that they can present is a huge obstacle to the development of effective methods for their detection. Thus, it will be necessary to develop more research in order to improve the accuracy of these methods in the detection of intestinal helminths. Although there are alternative tests available, such as the parasitological examination of the stools, this task remains an important proof of concept for AI in video capsule endoscopy. A summary of all the studies discussed can be found in Table 1.

Al: promises and pitfalls

In several studies AI was able to compensate for the limited experience of novice endoscopists and some errors by even the most experienced endoscopists. Human nature makes their performance variable, and diagnostic performance may certainly be impaired by a decrease of awareness and attention, or forgetfulness due to fatigue, anxiety, or any other physical or emotional stress [64]. The scarcity of human resources and the increasing workload can be alleviated with the implementation of AI systems. AI may also have a particularly important role in the emergency department, where less time

Reference Author [Ref.]	Field of application	Year of publication	Proposed goals	Number of subjects	AI type	Results
Ciaccio et al [54]	Celiac disease	2010	Evaluate if quantitative markers could assist in the screening for celiac disease	11 patients and 10 controls	Threshold classifier (quantitative analysis of 9 different frame characteristics)	Sensitivity of 80% and a specificity of 96% in predicting the occurrence of the disease
Ciaccio et al [54]	Celiac disease	2014	Improve the image- based detection of villous atrophy and other abnormality in videocapsule endoscopy, using the grayscale brightness of each frame	13 patients and 13 controls	Threshold classifier (quantitative analysis of grayscale brightness)	Sensitivity of 84.6% and specificity of 92.3%
Zou <i>et al</i> [55]	Celiac disease	2017	Measure the presence and degree of intestinal mucosa damage	6 patients and 6 controls	CNN	Sensitivity and specificity of 100% in the cases tested. They were also capable to classify the degree of mucosal damage
Koh <i>et al</i> [56]	Celiac disease	2019	Identify patients with celiac disease	13 patients and 13 controls	SVM	Accuracy of 86.5% and a sensitivity and specificity of 88.4% and 84.6% respectively
Wang et al [57]	Celiac disease	2020	Identify patients with celiac disease	52 patients and 55 controls	CNN	Accuracy of 95.9%, sensitivity of 97.2% and specificity of 95.6%
Seshamani et al [48]	Inflammatory bowel disease	2010	Detecting suggestive areas of Crohn's disease injury	47 exams	SVM	Accuracy of 88%
Klang et al [49]	Inflammatory bowel disease	2020	Detecting suggestive areas of Crohn's disease injury	49 exams	Deep learning algorithm	Accuracy greater than 95%
Freitas <i>et al</i> [50]	Inflammatory bowel disease	2020	Assess the correlation between classic videocapsule reading and the use of a new software tool in patients with celiac disease	115 patients	NA	Agreement on 89.6% of the cases between the 2 methods
Barash et al [51]	Inflammatory bowel disease	2020	Access the interobserver agreement between 2 human observers and a neural network	49 exams	Ordinary neural network	Global human interobserver agreement of 31% (76% between grade I-III ulcers) vs. a global neural network agreement of 67% (91% between grade I-III)
Xiao <i>et al</i> [62]	Hookworm infection	2016	Automatically detect hookworms in WCE videos	11 patients	Rusboost method	Sensitivity and specificity close to 78%
He et al [63]	Hookworm infection	2018	Detect hookworm presence	1500 images	CNN	Sensitivity of 84.6% and specificity of 88.6%
Segui <i>et al</i> [58]	Luminal content	2012	Detect video artefacts	Large dataset	NA	Accuracy above 90% - first work to distinguish between the different artifacts
Wang <i>et al</i> [59]	Capsule location	2018	Detect pylorus location	3801 images from the pyloric region	SVM	Accuracy of 97.1% and specificity of 95.4%

Table 1 Summary of studies using AI methods to aid videocapsule video analysis

(Contd...)

Table 1 (Continued)

Reference Author [Ref.]	Field of application	Year of publication	Proposed goals	Number of subjects	AI type	Results
Barbosa <i>et al</i> [38]	Protruding structures	2008	Small intestine tumor detection	100 images of normal mucosa and 92 images of tumor lesions	MLP	Sensitivity of 98.7% and specificity of 96.6%
Li et al [39]	Protruding structures	2009	Small intestine tumor detection	WCE videos from 2 patients	MLP	Accuracy of 86.1%, sensitivity of 89.8% and specificity of 89.8%
Li <i>et al</i> [40]	Protruding structures	2011	GI tumor detection	10 patients	SVM	Sensitivity of 82.3% and specificity of 84.7%
Barbosa et al [41]	Protruding structures	2012	Small intestine tumor detection	700 tumor frames and 2300 normal frames	MLP	Sensitivity and specificity greater than 93%
Zhao et al [42]	Protruding structures	2012	Verify if using consecutive frames from the same lesion was more effective than single frame analysis	560 polyp frames and 560 normal mucosa frames	NA	Managed to increase the specificity and sensitivity of single frame evaluation from 91% and 83% to 95% and 92% with the analysis of consecutive images
Vieira et al [43]	Protruding structures	2015	Compare a method of SVM and one of MLP in the automatic detection of small intestine tumors	700 abnormal and 2500 normal frames from 19 patients	MLP vs. SVM	The MLP method was superior to the older AI method in sensitivity, specificity and accuracy
Yuan <i>et al</i> [44]	Protruding structures	2017	Detect polyps and distinguish it from other structures	3000 normal mucosa frames and 1000 polyps	Stacked Sparse Autoencoder with Image Manifold Constraint (SSAEIM)	Accuracy greater than 95%
Blaines-Vidal et al [45]	Protruding structures	2019	Establish a match between the colorectal polyps detected in colonoscopy and those detected in WCE	255 patients	CNN	Accuracy of 96.4%, sensitivity of 97.1%) and specificity of 93.3%
Saito <i>et al</i> [46]	Protruding structures	2020	Identify lesions but also classify them as polyps, nodules, Epithelial tumors, submucosal tumors and venous structures	30,584 images of protruding small intestine lesions	CNN	Sensitivities of 86.5%, 92.0%, 95.8%, 77.0%, and 94.4% for the different types of structures
Lau <i>et al</i> [24]	GI hemorrhage	2007	Detect the presence of GI hemorrhage using a simple color coding	577 abnormal images	NA	Sensitivity of 88.3%
Giritharan <i>et al</i> [25]	GI hemorrhage	2008	Detect the presence of GI hemorrhage	400 GI bleeding frames	SVM	Sensitivity greater than 80%
Li <i>et al</i> [26]	GI hemorrhage	2009	Detect the presence of GI hemorrhage	10 patients (200 bleeding frames)	MLP	Sensitivity, specificity and accuracy greater than 90%
Pan et al [27]	GI hemorrhage	2009	Detect the presence of GI hemorrhage analyzing the color and texture	150 full WCE videos	CNN	Sensitivity of 93% with a specificity of 96% for the detection of cases
Charisis et al [28]	GI hemorrhage	2010	Detect GI ulcers	40 normal mucosa and 40 ulcer images	SVM	Sensitivity and specificity greater than 95% (only cases of medium or higher severity)

Reference Author [Ref.]	Field of application	Year of publication	Proposed goals	Number of subjects	AI type	Results
Fu et al [29]	GI hemorrhage	2014	Detect GI bleeding using super pixel analysis	20 different WCE videos	SVM	Sensitivity, specificity and accuracy of 99%; 94% and 95% respectively
Gosh <i>et al</i> [30]	GI hemorrhage	2014	Detect GI bleeding	30 WCE videos	SVM	Sensitivity of 93%, specificity 94.9%
Hassan et al [31]	GI hemorrhage	2015	Detect GI bleeding	1200 training frames and 1720 testing frames	SVM	Sensitivity and specificity above 98.9%
Fan <i>et al</i> [32]	GI hemorrhage	2018	Simultaneous detection of ulcers and mucosal erosions	144 full WCE videos	CAD method based on deep learning framework	Accuracy of 95.2% and 95.3%, sensitivity of 96.8% and 93.7%, and specificity of 94.8% and 95.9%, in detecting ulcers and erosions respectively
Leenhardt et al [33]	GI hemorrhage	2019	Detecting small bowel angiectasias	6360 still frames from 4166 different videocapsule videos	CNN	Sensitivity of 100% and specificity of 96%
Pokorelov et al [34]	GI hemorrhage	2019	Develop a color and texture algorithm with excellent computational costs	500 frames for the training dataset and 700 frames for the testing dataset	SVM	Sensitivity, specificity and accuracy of 97.6%, 95.9% and 97.6%
Aoki <i>et al</i> [35]	GI hemorrhage	2019	Compare the time and effectiveness of videocapsule reading by endoscopist-alone and endoscopist readings after the first screening by a proposed CNN	NA	CNN	Mean reading time was significantly shorter during the second process without significantly decreasing in the detection rate
Tsuboi <i>et al</i> [36]	GI hemorrhage	2020	Detect small bowel angiectasis	2237 WCE images	CNN	Sensitivity of 98.8% and specificity of 98.4%
Aoki <i>et al</i> [37]	GI hemorrhage	2020	Detect GI bleeding	41 patients, with a total of 27847 images	CNN	Sensitivity of 96.6%, specificity of 99.9% and accuracy of 99.9%

Table 1 (Continued)

AI, artificial intelligence; CAD, computer aided design; CNN, convolutional neural network; GI, gastrointestinal; ML, machine learning; MLP, multilayer perceptron; NA, not applicable; SVM, support-vector machine; WCE, wireless capsule endoscopy

is available for full capsule visualization and a faster view time is often necessary.

Despite convincing results and growing evidence of the central role of AI in technological evolution in the area of digestive endoscopy, the overwhelming majority of studies were designed in a retrospective manner. Furthermore, inherent bias, such as selection bias, cannot be excluded in this situation and real-life clinical application should be carefully tested and taken into consideration before validation of the AI solution.

Spectrum bias is another pitfall of the current AI application to capsule endoscopy. Spectrum bias occurs when a diagnostic test is studied in a range of individuals who are different from the intended population for the test. AI systems

are tailor-made, designed to fit the training dataset, and the risk of overfitting should not be ignored. As a matter of fact, the efficiency and validity of an AI learning model may not be completely applicable to a new dataset, and AI learning models are still vulnerable to overfitting issues despite recent mitigation efforts.

On the other hand, the efficiency and accuracy of ML increases as the amount of data increases. Capsule endoscopy produces a considerable quantity of data to feed the growth of the ML systems. Additionally, the advent of the big data era will inexorably propel the exponential development of AI in capsule endoscopy. Despite the many challenges, the fast development of AI will ensure a relevant role for AI in capsule endoscopy in clinical practice.

Concluding remarks

The exponential development of the computational capacity of new computers, coupled with a greater understanding and accessibility of deep learning technologies, has made it possible to develop algorithms that are increasingly effective and applicable in the most diverse areas. Health, and particularly gastroenterology, are no exception. Undoubtedly, the future of the analysis of capsule endoscopy videos involves the use of auxiliary computerized methods that will not only facilitate the analysis of these images, but also improve the accuracy of diagnosis.

However, there is a pressing need for more research studies proving the usefulness of this technology in a clinical context, taking into account the computational costs, efficiency and accuracy of the technology. Indeed, there is still a long way to go before AI takes its place as an integral part of the daily clinical practice of the gastroenterologist.

References

- Yu K, Beam AL, Kohane IS. Artificial intelligence in healthcare. *Nat Biomed Eng* 2018;2:719-931.
- 2. Hosny A, Parmar C, Quackenbush J, et al. Artificial intelligence in radiology. *Nat Rev Cancer* 2018;**18**:500-510.
- Pinto dos Santos D, Giese D, Brodehl S, et al. Medical students' attitude towards artificial intelligence: a multicentre survey. *Eur Radiol* 2019;29:1640-1646.
- 4. Amisha, Malik P, Pathania M, et al. Overview of artificial intelligence in medicine. *J Family Med Prim Care* 2019;8:2328-2331.
- Ashrafian H, Darzi A, Athanasiou T. A novel modification of the Turing test for artificial intelligence and robotics in healthcare. *Int J Med Robotics Comput Assist Surg* 2015;11:38-43.
- CB Insights. Healthcare Remains The Hottest AI Category For Deals [Internet]. CB Insights Research. CBInsights, 2018. Available from: https://www.cbinsights.com/research/artificial-intelligencehealthcare-startups-investors. [Accessed 3 April 2021].
- Le Berre C, Sandborn WJ, Aridhi S, et al. Application of artificial intelligence to gastroenterology and hepatology. *Gastroenterology* 2020;158:76-94.e2.
- 8. Yang YJ, Bang CS. Application of artificial intelligence in gastroenterology. *WJG* 2019;**25**:1666-1683.
- Erickson BJ, Korfiatis P, Akkus Z, et al. Machine learning for medical imaging. *RadioGraphics* 2017;37:505-515.
- 10. Cabitza F, Banfi G. Machine learning in laboratory medicine: waiting for the flood?. *Clin Chem Lab Med* 2018;**56**:516-524.
- Vamathevan J, Clark D, Czodrowski P, et al. Applications of machine learning in drug discovery and development. *Nat Rev Drug Discov* 2019;18:463-477.
- 12. DeGregory KW, Kuiper P, DeSilvio T, et al. A review of machine learning in obesity. *Obes Rev* 2018;**19**:668-685.
- Handelman GS, Kok HK, Chandra RV, et al. eDoctor: machine learning and the future of medicine. *J Intern Med* 2018;284:603-619.
- 14. Rashidi HH, Tran NK, Betts EV, et al. Artificial intelligence and machine learning in pathology: the present landscape of supervised methods. *Acad Pathol* 2019;6:1-17.
- Naqa IE, Li R, Murphy MJ. Machine learning in radiation oncology: theory and Applications. *Cham*: Springer; 2015.

- Cleret de Langavant L, Bayen E, Yaffe K. Unsupervised machine learning to identify high likelihood of dementia in populationbased surveys: development and validation study. *J Med Internet Res* 2018;20:e10493.
- Chassagnon G, Vakalopolou M, Paragios N, et al. Deep learning: definition and perspectives for thoracic imaging. *Eur Radiol* 2020;**30**:2021-2030.
- LeCun Y, Bengio Y, Hinton G. Deep learning. Nature 2015;521:436-444.
- Matsugu M, Mori K, Mitari Y, et al. Subject independent facial expression recognition with robust face detection using a convolutional neural network. *Neural Netw* 2003;16:555-559.
- Li N, Zhao X, Yang Y, Zou X. Objects classification by learningbased visual saliency model and convolutional neural network. *Comput Intell Neurosci* 2016;2016:1-12.
- 21. Kim J, Kim J, Jang G, et al. Fast learning method for convolutional neural networks using extreme learning machine and its application to lane detection. *Neural Netw* 2017;**87**:109-121.
- 22. Anwar SM, Majid M, Qayyum A, et al. Medical image analysis using convolutional neural networks: a review. *J Med Syst* 2018;**42**:226.
- 23. Soffer S, Klang E, Shimon O, et al. Deep learning for wireless capsule endoscopy: a systematic review and meta-analysis. *Gastrointest Endosc* 2020;**92**:831-839.
- 24. Lau PY, Correia PL. Detection of bleeding patterns in WCE video using multiple features. Conference proceedings: Annual International Conference of the IEEE *Eng Med Bio Soc.* IEEE Engineering in Medicine and Biology Society. *Annual Conference* 2007;2007:5601-5604.
- 25. Giritharan B, Yuan X, Liu J, et al. Bleeding detection from capsule endoscopy videos. Conference proceedings: Annual International Conference of the IEEE Engineering in Medicine and Biology Society. IEEE Eng Med Bio Soc. Annual Conference 2008;2008:4780-4783.
- Li B, Meng MQ. Computer-aided detection of bleeding regions for capsule endoscopy images. IEEE transactions on bio-medical engineering 2009;56:1032-1039.
- 27. Pan G, Yan G, Song X, et al. BP neural network classification for bleeding detection in wireless capsule endoscopy. *J Med Eng Technol* 2009;**33**:575-581.
- Charisis V, Hadjileontiadis LJ, Liatsos CN, et al. Abnormal pattern detection in wireless capsule endoscopy images using nonlinear analysis in RGB color space. IEEE *Eng Med Bio Soc. Annual Conference* 2010;2010:3674-3677.
- Fu Y, Zhang W, Mandal M, et al. Computer-aided bleeding detection in WCE video. *IEEE J Biomed Health Inform* 2014;18:636-642.
- 30. Ghosh T, Fattah SA, Shahnaz C, et al. An automatic bleeding detection scheme in wireless capsule endoscopy based on histogram of an RGB-indexed image. IEEE Eng Med Bio Soc. Annual Conference 2014;2014:4683-4686.
- Hassan AR, Haque MA. Computer-aided gastrointestinal hemorrhage detection in wireless capsule endoscopy videos. *Comput Methods Programs Biomed* 2015;122:341-353.
- 32. Fan S, Xu L, Fan Y, et al. Computer-aided detection of small intestinal ulcer and erosion in wireless capsule endoscopy images. *Phys. Med. Biol* 2018;63:165001.
- 33. Leenhardt R, Vasseur P, Li C, et al. A neural network algorithm for detection of GI angiectasia during small-bowel capsule endoscopy. *Gastrointest Endosc* 2019;89:189-194.
- Pogorelov K, Suman S, Azmadi Hussin F, et al. Bleeding detection in wireless capsule endoscopy videos - Color versus texture features. J Appl Clin Med Phys 2019;20:141-154.
- Aoki T, Yamada A, Aoyama K, et al. Clinical usefulness of a deep learning-based system as the first screening on small-bowel capsule endoscopy reading. *Dig Endosc* 2020;32:585-591.
- 36. Tsuboi A, Oka S, Aoyama, et al. Artificial intelligence using a

convolutional neural network for automatic detection of smallbowel angioectasia in capsule endoscopy images. *Dig Endosc* 2020;**32**:382-390.

- 37. Aoki T, Yamada A, Kato Y, et al. Automatic detection of blood content in capsule endoscopy images based on a deep convolutional neural network. *J Gastroenterol Hepatol* 2020;**35**:1196-1200.
- Barbosa DJ, Ramos J, Lima CS. Detection of small bowel tumors in capsule endoscopy frames using texture analysis based on the discrete wavelet transform. *Conf Proc IEEE Eng Med Biol Soc* 2008;2008:3012-3015.
- 39. Li B, Meng MQ, Xu L. A comparative study of shape features for polyp detection in wireless capsule endoscopy images. *Conf Proc IEEE Eng Med Biol Soc* 2009;2009:3731-3734.
- 40. Li BP, Meng MQ. Comparison of several texture features for tumor detection in CE images. J Med Syst 2012;36:2463-2469.
- 41. Barbosa DC, Roupar DB, Ramos JC, et al. Automatic small bowel tumor diagnosis by using multi-scale wavelet-based analysis in wireless capsule endoscopy images. *Biomed Eng Online* 2012;11:3.
- 42. Zhao Q, Dassopoulos T, Mullin G, et al. Towards integrating temporal information in capsule endoscopy image analysis. IEEE *Eng Med Biol Soc Annual Conference* 2011;2011:6627-6630.
- 43. Vieira PM, Ramos J, Lima CS. Automatic detection of small bowel tumors in endoscopic capsule images by ROI selection based on discarded lightness information. IEEE Annu Int Conf IEEE Eng Med Biol Soc 2015;2015:3025-3028.
- 44. Yuan Y, Meng MQ. Deep learning for polyp recognition in wireless capsule endoscopy images. *Med Phys* 2017;44:1379-1389.
- 45. Blanes-Vidal V, Baatrup G, Nadimi ES. Addressing priority challenges in the detection and assessment of colorectal polyps from capsule endoscopy and colonoscopy in colorectal cancer screening using machine learning. *Acta Oncol* 2019;**58**(Suppl 1):S29-S36.
- 46. Saito H, Aoki T, Aoyama K, et al. Automatic detection and classification of protruding lesions in wireless capsule endoscopy images based on a deep convolutional neural network. *Gastrointest Endosc* 2020;94:144-151.
- 47. Kalla R, McAlindon ME, Drew K, et al. Clinical utility of capsule endoscopy in patients with Crohn's disease and inflammatory. *Scand J Gastroenterol* 2013;25:706-713.
- 48. Seshamani S, Kumar R, Dassopoulos T, et al. Augmenting capsule endoscopy diagnosis: a similarity learning approach. Medical image computing and computer-assisted intervention. *Med Image Comput Comput Assist Interv* 2010;13(Pt 2):454-462.
- 49. Klang E, Barash Y, Margalit RY et al. Deep learning algorithms for automated detection of Crohn's disease ulcers by video capsule endoscopy. *Gastrointest Endosc* 2020;**91**:606-613.e2.

- 50. Freitas M, Arieira C, Carvalho PB, et al. Simplify to improve in capsule endoscopy TOP 100 is a swift and reliable evaluation tool for the small bowel inflammatory activity in Crohn's disease. *Scand J Gastroenterol* 2020;55:408-413.
- 51. Barash Y, Azaria L, Soffer S, et al. Ulcer severity grading in video capsule images of patients with Crohn's disease: an ordinal neural network solution. *Gastrointest Endosc* 2021;93:187-192.
- 52. Rubio-Tapia A, Ludvigsson JF, Branter TK, et al. The prevalence of celiac disease in the United States. *Am J Gastroenterol* 2012;**107**:1538-1544.
- 53. Green PHR. The role of endoscopy in the diagnosis of celiac disease. *Gastroenterol Hepatol* 2014;**10**:522-524.
- 54. Ciaccio EJ, Tennyson CA, Bhagat G, et al. Classification of videocapsule endoscopy image patterns: comparative analysis between patients with celiac disease and normal individuals. *Biomed Eng Online* 2010;**9**:44.
- 55. Zhou T, Han G, Li BN, et al. Quantitative analysis of patients with celiac disease by video capsule endoscopy: A deep learning method. *Comput Biol Med* 2017;85:1-6.
- 56. Koh JEW, Hagiwara Y, Oh SL, et al. Automated diagnosis of celiac disease using DWT and nonlinear features with video capsule endoscopy images. *Future Gener Comput Syst* 2019;**90**:86-93.
- 57. Wang X, Qian H, Ciaccio EJ, et al. Celiac disease diagnosis from videocapsule endoscopy images with residual learning and deep feature extraction. *Comput Methods Programs Biomed* 2020;**187**:105236.
- Seguí S, Drozdzal M, Vilariño F, et al. Categorization and segmentation of intestinal content frames for wireless capsule endoscopy IEEE *Eng Med Biol Soc* 2012;16:1341-1352.
- M Ionescu, A Tudor, OA Vatamanu, et al. Detection of lumen and intestinal juices in wireless capsule endoscopy. *Comput Sci Series* 2013;11:61-65.
- 60. Wang C, Luo Z, Liu X, et al. Organic Boundary Location Based on Color-Texture of Visual Perception in Wireless Capsule Endoscopy Video. *J Healthc Eng* 2018:1-11.
- 61. Fenwick A. The global burden of neglected tropical diseases. *Public Health* 2012;**126**:233-236.
- 62. Wu X, Chen H, Gan T, et al. Automatic hookworm detection in wireless capsule endoscopy images. *IEEE Trans Med Imaging* 2016;**35**:1741-1752.
- 63. He JY, Wu X, Jiang YG, et al. Hookworm detection in wireless capsule endoscopy images with deep learning. IEEE *Signal Processing Society* 2018;**27**:2379-2392.
- 64. El Hajjar A, Rey JF. Artificial intelligence in gastrointestinal endoscopy: general overview. *Chin Med J* 2020;**133**:326-334.