

Coronavirus disease 2019 (COVID-19) and priapism: An unexplored association

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Abstract

Background: Coronavirus disease 2019 (COVID-19) has an established impact on multiple organ systems, including the vascular and urogenital systems. Vascular effects may include venous thromboembolic disease, which could theoretically be a precursor to priapism—a urological emergency defined as an abnormal condition of prolonged penile erection lasting >4 hours. To better explore this association, we critically appraised all the published COVID-19 cases associated with priapism.

Materials and methods: After PROSPERO registration (CRD42021245257), a systematic search of Google Scholar, Scopus, Embase, Web of Science, PubMed, Cumulative Index to Nursing and Allied Health Literature, Global Index Medicus, and Cochrane Database of Systematic Reviews was performed using specific search terms. The following study metadata were extracted: age, requirement for respiratory support, cavernous blood gas findings, management of priapism, and patient outcomes.

Results: Fifteen single-patient case reports were included in this review. Of these, all of the patients presented with ischemic priapism, 9 patients (60.0%) were >60 years of age, 4 (26.7%) reported more than a single episode of priapism, 11 (73.3%) presented with pneumonia, 8 (53.3%) required mechanical ventilation, D-dimer was elevated in 5 of the 6 (83.3%) patients in whom this was reported, and among the 13 patients in whom mortality was reported, 4 (30.8%) died.

Conclusions: Early reports suggest a prognostic relationship between COVID-19 and coexisting priapism. However, owing to commonalities in their pathophysiology and the small dataset reported in the literature, the probable association between COVID-19 and priapism is still theoretical. Further research is needed to confirm this association.

Keywords: Coronavirus; COVID-19; Priapism; SARS-CoV-2; Severe COVID-19; Thromboembolic disease; Thromboembolisms

1. Introduction

Coronavirus disease 2019 (COVID-19) first emerged in Wuhan, China, in December 2019, and spread rapidly worldwide.^[1] Typical presentations of COVID-19 include dry cough, sore throat, loss of smell, and fever. In severe cases, patients may develop dyspnea requiring hospitalization. Up to 50% of patients with dyspnea require intensive care unit admission, of which 46%–65% develop respiratory failure and die. Evidence suggests that COVID-19 also affects other organ systems, including the haematological (venous thromboembolism), cardiovascular (myocarditis), and central nervous (encephalitis, Guillaine-Barre syndrome) systems.^[2]

The pathophysiology of COVID-19 includes the activation of the inflammatory and coagulation pathways. Studies have shown that patients with fatal COVID-19 have lower platelet counts and

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higher D-dimer levels than survivors.^[3,4] Guidelines recommend that D-dimer and other coagulopathy markers should be monitored in hospitalized patients with COVID-19 associated coagulopathy.^[5] Priapism has recently been reported as a possible thromboembolic complication of COVID-19.^[6–20]

Priapism is a urological emergency defined as an abnormal condition of prolonged or constant penile erection lasting >4 hours in duration. It can be categorized as either ischemic (low-flow or veno-occlusive) or non-ischemic (high-flow or arterial). Priapism is sometimes characterized by pain and may or may not be associated with sexual stimulation. The causes of priapism can be idiopathic or secondary to recreational drugs (eg, cocaine), medications (eg, antipsychotics, antidepressants), central nervous system pathology (eg, spinal cord trauma, brain tumors), sickle cell disease, neoplasms (eg, leukemia), metabolic diseases (gout, diabetes mellitus), spider bites, and scorpion bites.^[16,21]

Priapism is most commonly observed in adults, with an estimated incidence of 1.5 per 100,000 patients. Approximately 95% of presentations are of the ischemic type.^[22] If treatment is not initiated timeously, permanent damage to the corpora cavernosa may occur, leading to ischemia, necrosis, and erectile dysfunction. Emergent treatments for priapism include ice pack application, cavernosal aspiration, and intracavernous injections of sympathomimetic agents.^[23] Apart from the emergent therapy required in its management, priapism carries a medical liability risk in cases of delay, omission, or neglect.^[24]

A limited number of cases of COVID-19 with coexisting priapism have been reported.^[6-19] These cases must be reviewed

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to identify whether there is a potential association between these two conditions. Owing to the incidence and adverse events associated with priapism, coupled with the theoretical correlation between priapism and COVID-19 pathophysiology, we explored the potential relationship between the two by conducting this systematic review.

2. Methodology

2.1. Search strategy

Prior to commencement of the search, this systematic review was registered with the Prospective Register of Systematic Reviews (PROSPERO) (CRD42021245257). The following electronic databases were searched (February 9, 2022): Google Scholar, Scopus, Embase, Web of Science, PubMed, Cumulative Index to Nursing and Allied Health Literature, Global Index Medicus, and the Cochrane Database of Systematic Reviews. The following search terms were used: "COVID-19," OR "coronavirus," OR "SARS-CoV-2," AND "priapism." The search was restricted to human studies. No language or date restrictions were applied.

2.2. Study selection

Studies included in the review met the following criteria: (i) studies were clinical publications, (ii) studies were limited to human subjects, and (iii) publication text was available. All publications relating to the topic, including correspondence articles, letters to the editor, and conference proceedings, were eligible for inclusion. "Case report" inclusion was pivotal in this review, since this early association had not been previously explored.

2.3. PICO (participants/intervention/control)

Participants/population: COVID-19-positive male patients with priapism.

Intervention/exposure: Male patients were exposed and diagnosed with COVID-19 with concurrent priapism.

Comparator/control: Male patients without a confirmed diagnosis of COVID-19 with the presence of priapism were excluded.

2.4. Review study definition of priapism

For the purpose of this systematic review, priapism was defined as a urological emergency characterized by prolonged or constant penile erection lasting >4 hours in duration, with all subtypes considered for inclusion.^[21]

2.5. Data extraction and methodology evaluation

The Preferred Reporting Items for Systematic Reviews and Meta-analyses (PRISMA) guidelines were used to guide the electronic search.^[25] Two independent reviewers (DM and JM) screened the articles using eligibility criteria. Using the inclusion criteria, a descriptive narrative for each article was compiled by the reviewers. All differences, disagreements, and conflicting entries were resolved by a third reviewer (AA). All points of interest were tabulated (country of origin, patient age, diagnosis, category of respiratory support required, number of episodes and duration of priapism, cavernosal blood gas, D-dimer level, management of priapism, patient outcomes, and authors' conclusions).

2.6. Data synthesis

The outcomes reported were summary data pertaining to the clinical presentation of priapism, severity of COVID-19

infection, relevant laboratory findings, patient outcomes, and management. Since all included studies were case reports, summative statistics and a narrative synthesis approach were primarily used to describe the findings.

2.7. Assessment of methodological quality of included articles

As all studies meeting the inclusion criteria were case reports, the tool proposed by Murad et al. was used to assess the methodological quality of the included manuscripts.^[26] The tool comprises four domains, with eight questions in total. Since two questions related to drug reactions were not relevant to our study, they were omitted. The overall methodological quality of each of the included articles was described as low, intermediate, or high quality. High quality was defined as a "yes" answer to four or more of the included questions; intermediate quality was defined as a "yes" answer to three of the included questions; and low quality was defined as a "yes" (Table 1).

3. Results

3.1. Search

The electronic database search yielded 352 records as follows: Google Scholar (n=254), Scopus (n=41), Embase (n=26), Web of Science (n=13), PubMed (n=12), Cumulative Index to Nursing and Allied Health Literature (n=5), Global Index Medicus (n=1), and Cochrane Database of Systematic Reviews (n=0). Of these, 299 titles were excluded (83 duplicates and 216 irrelevant to the topic). A further 16 records were excluded after abstract review. Of the remaining 37 records that were eligible for full-text assessment, 17 articles were not relevant to the topic, while 5 were review-type articles. Hence, 15 records were eligible for inclusion in this study. The details of this process are shown in Figure 1. Table 2 summarizes the findings of the manuscript included in the text.

3.2. Country of origin

Three cases (20.0%) originated in the United States^[8,11,14]; two (13.3%) each from Columbia,^[10,13] the United Kingdom,^[7,15] and Saudi Arabia^[9,20]; and one (6.7%) each from France,^[6] Italy,^[12] Morocco,^[16] Argentina,^[17] Austria,^[18] and Ghana.^[19]

3.3. The age range of study subjects

Nine (60.0%) patients were aged between 60 and 70 years.^[6–10,14,16,17,20] There were 2 (13.3%) pediatric patients aged $12^{[18]}$ and $9^{[19]}$ years. The ages of the remaining 4 (26.7%) cases ranged from 34 to 58 years.^[11–13,15]

3.4. Subtype of priapism and likely aetiology

Low-flow (ischemic) priapism was diagnosed in all 15 cases.^[6–20] In 14 (93.3%) of these cases, the authors indicated that thromboembolic complications of COVID-19 was the most likely cause of priapism.^[6–9,11–20] In one case of mild COVID-19 infection, the authors were unsure whether the onset of priapism was precipitated by COVID-19 infection or whether it was a complication of the hemodialysis that the patient received 2 years prior.^[10]

3.5. Number of episodes and duration of priapism

Eleven (73.3%) publications reported a single episode of priapism, $^{[6-14,16,17,19,20]}$ while one (6.7%) publication reported

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	Selection	Ascerta	ainment	Caus	sality	Reporting	
Author	Question 1	Question 2	Question 3	Question 4	Question 5	Question 6	Overall quality *
Lamamri et al. ^[6]	Yes	Yes	Yes	Yes	Unclear	Yes	High
Lam et al. ^[7]	Yes	Yes	Yes	Yes	No	Yes	High
Silverman et al. ^[8]	Yes	Yes	Yes	Yes	Yes	Yes	High
Addar et al. [9]	Yes	Yes	Yes	No	Yes	Yes	High
Larrarte-Arenas et al. [10]	Yes	Yes	Yes	No	No	Yes	High
Grimberg et al. [11]	Yes	Yes	Yes	Yes	Yes	Yes	High
Giuliano et al. ^[12]	Yes	Yes	Yes	Yes	Yes	Yes	High
Carreño et al. [13]	Yes	Yes	Yes	Yes	No	Yes	High
Anderson et al. [14]	Yes	Yes	Yes	Yes	No	Yes	High
Ahmed et al. [15]	Yes	Yes	No	No	Unclear	Yes	Intermediate
Laaribi et al. ^[16]	Yes	Yes	Yes	Yes	Yes	Yes	High
Cruz et al. [17]	Yes	Yes	No	Yes	Yes	Yes	High
Brönimann et al. ^[18]	Yes	Yes	Yes	Yes	Yes	Yes	High
Ameyaw et al. ^[19]	Yes	Yes	Yes	Yes	Yes	Yes	High
Alsaedi et al. [20]	Yes	Yes	Yes	Yes	Yes	Yes	High

Questions 1-6 comprise the tools for assessing the methodological quality of each of the included articles.

1. Does the patient(s) represent(s) the entire experience of the investigator or is the selection method unclear to the extent that other patients with similar presentations may not have been reported? 2. Was the condition ascertained adequately?

3. Was the outcome ascertained adequately?

4. Were alternative causes that may explain the observation ruled out?

5. Was the follow-up long enough for outcomes to occur?

6. Is the case(s) described with sufficient detail to allow other investigators to replicate the research or allow practitioners to make inferences related to their own practice?

* High quality: "yes" answer to four or more questions; intermediate quality: "yes" answer to three questions; low quality: "yes" answer to less than three questions.

2,^[11] 3,^[18] and 4^[14] episodes of priapism. The reported duration of priapism ranged from 4 hours to 10 days.

3.6. Severity of COVID-19

COVID-19 pneumonia was diagnosed in 11 cases (73.3%),^[6-9,11,13-17,20] of whom 8 (53.3%) required mechanical ventilation,^[6,8,11,13-17] 1 (6.7%) required a combination of continuous positive airway pressure non-invasive ventilation and high-flow nasal canal oxygen,^[7] and 2 (13.3%) required high-flow nasal canal oxygen only.^[9,20] Of the 4 (26.7%) remaining cases, all were reported to have mild COVID-19 infection and did not require supplemental oxygen.^[10,12,18,19]

3.7. Cavernous blood gas

Among the 10 cases in which cavernous blood gas was recorded, $^{[6,8-14,17,18]}$ the pH was <7.25 in 8 (80.0%) cases, $^{[6,8-11,14,17,18]}$ PaCO₂ was ≥60 mmHg in 4 (40.0%), $^{[6,8,10,17]}$ and PaO₂ was <30.1 mmHg in 2 (20.0%) cases. $^{[8,9]}$

3.8. D-dimer

Of the 6 cases in which D-dimer levels were reported,^[6,7,12,13,17,20] only 1 had a D-dimer level of <500 ng/mL.^[7] The highest recorded D-dimer level was 5855 ng/mL,^[12] while the lowest recorded level was 428 ng/mL.^[7]

3.9. Design of the included publications

All 15 included publications were single patient case reports.^[6–20]

3.10. Follow-up of survivors

Of the 9 (60.0%) cases in whom survival to hospital discharge was reported, $^{[6,9-12,16,18,19]}$ follow-up findings were recorded in 5 cases. Of these, the first publication reported that the

patient was having night-time erections at 2-week follow-up^[9]; the second publication reported that the patient had complete erectile dysfunction at 3-month follow-up^[12]; the third publication only mentioned that the patient had no further episodes of priapism at 30-day follow-up^[11]; the fourth publication reported that the patient required a glandulectomy, resection of non-viable corpora cavernosa, and a ventral penile urethrostomy due to extensive glandular necrosis^[16]; and the fifth publication reported that the patient did not complain about priapism recurrence while confirming spontaneous physiologic erections, at 8-week follow-up.^[18]

3.11. Treatment

Priapism was managed conservatively in 2 (13.3%) cases: one was a 67-year-old man who developed rapid clinical deterioration of COVID-19 pneumonia and died shortly after admission,^[7] and the other was a 9-year old boy who achieved spontaneous resolution of priapism an hour after hospital presentation.^[19] Except for a single case that required a bilateral T-shunt (corpora-glandular) procedure,^[12] a case requiring a caverno-cancellous shunt and posthectomy,^[16] and another case that presented 3 days after the onset of priapism with established penile gangrene and required a partial penectomy,^[20] the remaining 10 (66.7%) cases responded to standard therapy that included a combination of ice pack application, cavernosal aspiration/ irrigation, and intracavernosal sympathomimetic injec-tions.^[6,8-11,13-15,17,18] With regard to the treatment of concomitant COVID-19, 4 cases required mechanical ventilation,^[6–8,13] while anticoagulation therapy was administered to 8 (53.3%).^[6,8,9,11,13,16–18]



3.12. Patient outcomes

Of the 13 publications that reported on mortality outcomes, 4 patients (30.8%) died from COVID-19 related complications prior to hospital discharge.^[7,8,13,14]

4. Discussion

Despite 2 years of the COVID-19 pandemic, the precise pathophysiology of the disease is not yet fully understood. COVID-19 enters the host cells via the S spike protein, which binds to angiotensin-converting enzyme 2. In addition to the direct injury caused by the virus itself, activation of the inflammatory and coagulation pathways, suppression of immune function, and downregulation of angiotensin-converting enzyme 2 also contribute to the pathophysiology of multiorgan pathology associated with COVID-19 infection.^[27,28]

Microangiopathic thrombosis is commonly observed in patients with COVID-19. A meta-analysis of 42 studies comprising 8271 patients found that 21% of patients infected with COVID-19 also developed venous thromboembolism, which was associated with a significantly higher likelihood of mortality (odds ratio=1.74; 95%CI=1.01-2.98; p=0.04).^[29]

Activation of the coagulation cascade secondary to COVID-19 infection is a complex sequence of events that is precipitated by viral-induced endothelial cell injury (Fig. 2), resulting in activation of the intrinsic, extrinsic, and common pathways, thereby leading to the formation of blood clots. Additionally, SARS-CoV-2 induced thrombosis also leads to elevated levels of homocysteine, which further enhances the coagulation cascade.^[30]

Ischemic priapism is the most common form of priapism and results from occlusion of the venous outflow of the corpora cavernosa, leading to tissue ischemia. When aspirated, penile blood appears dark red, implying the presence of tissue hypoxia.^[31] Penile cavernous blood gas analysis in the presence of ischemic priapism is commonly associated with a pH of <7.25, PCO₂ >60 mm Hg, and PO₂ <30 mm Hg.^[32] In keeping with this, the penile cavernous blood gas was recorded. Of the 2 cases in which the pH was >7.25, it was still below the normal range of 7.36–7.44 in one case,^[13] but within the normal range in the other article.^[12] Notably, the latter patient was a 34-year-old adult who presented with mild COVID-19 infection, a very high D-dimer level (5855 ng/mL), and refractory priapism that necessitated a bilateral T-shunt procedure.

Elevated D-dimer levels (>500 ng/mL) are a prominent feature of COVID-19 induced hypercoagulability.^[33] Consistent with this, D-dimer levels were elevated in 5 of the 6 cases in which D-

Table 2

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Summary of the literature included in the review.

						Ca	vernosal blo	ood gas				
First author, study design and date of publication	Country of origin	Age	Diagnosis	Respiratory support	No. of episodes and duration of priapism	pН	PCO ₂ (mm Hg)	PO ₂ (mm Hg)	D-dimer (ng/mL)	Management of priapism	Patient outcomes	Author's conclusion
Lamamri et al., CR, June 2020 ^[6]	France	62	COVID-19 pneumo- nia with priapism	MV	1 episode, >4 hours	6.98	121	68	2210	Ice packs, cavernosal aspiration, intracaverno- sal ethylephrine injec- tion, enoxaparin	Survived to hospital discharge	Strongly suggests priap- ism related to SARS- CoV-2 infection.
Lam et al., CR, July 2020 ^[7]	United Kingdom	67	COVID-19 pneumo- nia with priapism	CPAP and HFNC	1 episode, duration not stated	NR	NR	NR	428	Conservative manage- ment due to rapid clin- ical deterioration of COVID-19 pneumonia	Deceased	Coagulopathy and possi- ble microemboli forma- tion secondary to COVID-19 infection may have led to obstruction of draining venules, resulting in low-flow priapism.
Silverman et al., CR, January 2021 ^[8]	USA	69	COVID-19 pneumo- nia with priapism	MV	1 episode, <1 day	6.93	>98.3	<30.1	NR	Ice packs, cavernosal aspiration, intracaverno- sal phenylephrine injec- tion, heparin	Deceased	The evidence has sug- gested an association between COVID-19 and hypercoagulability.
Addar et al., CR, April 2021 ^[9]	Saudi Arabia	62	COVID-19 pneumo- nia with priapism	HENC	1 episode, 10 days	6.86	33.3	26.9	NR	Cavernosal aspiration, intracavernosal pheny- lephrine injection, enox- aparin	Survived to hos- pital discharge	NR
Larrarte-Arenas et al., CR, May 2021 ^[10]	Columbia	65	Mild COVID-19 with priapism, renal dialysis for the past 2 years	No oxygen required due to mild COVID- 19 symptoms	1 episode, 30 hours	6.88	93.2	35	NR	lce packs, cavernosal aspiration, intracaverno- sal epinephrine injection	Survived to hos- pital discharge	Haemodialysis and kid- ney disease may have predisposed the patient to priapism. Role of COVID-19 is unclear
Grimberg et al., CR, June 2021 ^[11]	USA	45	COVID-19 pneumo- nia with priapism	MV	2 episodes 8 hours apart, duration of first episode was >4 hours	7.05	21	86	NR	Cavernosal aspiration, intracavernosal pheny- lephrine, enoxaparin	Survived to hos- pital discharge	Priapism secondary to COVID-19 can occur while receiving prophy- lactic doses of heparin. Priapism can be stutter- ing in nature. Corporal aspiration and injection are feasible and effec- tive, even in prone patients.
Giuliano et al., CR, July 2021 ^[12]	Italy	34	Priapism post mild COVID-19	No oxygen required due to mild COVID- 19 symptoms	1 episode, 36 hours	7.47	33	65	5855	Cavernosal aspiration, intracavernosal pheny- lephrine and spongio- cavernosal shunt all failed. Bilateral T-shunt relieved tumescence	Survived to hos- pital discharge	Priapism could occur due to mild COVID-19 infection.

Table 2

(continued).

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						Cav	ernosal blo	ood gas				
First author, study design and date of publication	Country of origin	Age	Diagnosis	Respiratory support	No. of episodes and duration of priapism	рН	PCO ₂ (mm Hg)	PO ₂ (mm Hg)	D-dimer (ng/mL)	Management of priapism	Patient outcomes	Author's conclusion
Carreño et al., CR, September 2021 ^[13]	Columbia	39	COVID-19 pneumo- nia with priapism	MV	1 episode, >72 hours	7.32	46.6	66.8	865	Intracavernous injection of adrenaline, LMWH	Deceased	Potential association between ischemic priap- ism and COVID-19
Anderson et al., CR, October 2021 ^[14]	USA	68	COVID-19 pneumo- nia with priapism	MV	4 episodes, duration of first episode was >4 hours	<6.8	19	86	NR	Cavernosal aspiration, intracavernosal phenylephrine	Deceased	Priapism may be a rare thromboembolic compli- cation of severe COVID- 19.
Ahmed et al., CR, October 2021 ^[15]	United Kingdom	58	COVID-19 pneumo- nia with priapism	MV	NR	NR	NR	NR	NR	Cavernosal aspiration	NR	We highlight the impor- tance of vigilance for extra-pulmonary mani- festations of COVID-19.
Laaribi et al., CR, December 2021 ^[16]	Morocco	67	COVID-19 pneumo- nia with priapism	MV	1 episode, pro- longed duration with refractory priapism	NR	NR	NR	NR	Cavernosal aspiration, intracavernosal pheny- lephrine, caverno-can- cellous shunt and posthectomy heparin	Survived to hos- pital discharge	Priapism is a rare thromboembolic compli- cation of COVID-19 and requires rapid treatment in order to limit the often-irreversible seque- lae.
Cruz et al., CR, December 2021 ^[17]	Argentina	62	COVID-19 pneumo- nia with priapism	MV	1 episode, 5 hours	7.2	60	80	4885	Ice packs, cavernosal aspiration, intracaverno- sal adrenaline, enoxa- parin	NR	Failure to establish timely and effective treatment may lead to permanent sequela.
Brönimann et al., CR, January 2022 ^[18]	Austria	12	Priapism post mild COVID-19	No oxygen required due to mild COVID-19 symptoms	3 episodes in 4 days	6.95	3.1	85.1	NR	ice packs, cavernosal aspiration, intracaverno- sal phenylephrine, eti- lefrine, enoxaparin	Survived to hos- pital discharge	The underlying SARS- CoV-2 induced patho- physiological mechan- isms need to be confirmed by future stu- dies.
Ameyaw et al., CR, February 2022 ^[19]	Ghana	9	Mild COVID-19 with priapism	No oxygen required due to mild COVID- 19 symptoms	1 episode, 6 hours	NR	NR	NR	NR	Ice packs, conservative management with spon- taneous resolution after an hour of hospital pre- sentation	Survived to hos- pital discharge	Priapism may be a rare clinical feature of COVID-19 among chil- dren and should be looked for following COVID-19 infection.
Alsaedi et al., CR, February 2022 ^[20]	Saudi Arabia	66	COVID-19 pneumo- nia with priapism	HFNC	1 episode, 3 days	NR	NR	NR	200	Cavernosal aspiration, partial penectomy as the patient had clinical evi- dence of penile gang- rene on presentation	Survived to hos- pital discharge	Strongly suggest the need for the diagnosis and prevention of thrombotic diseases in at-risk patients with COVID-19 infection.

CPAP=continuous positive airway pressure; CR=case report; HFNC=high-flow nasal cannula oxygen; LMWH=low-molecular-weight heparin; MV=mechanical ventilation; NR=not reported; PCO2=partial pressure of carbon dioxide; PO2=partial pressure of oxygen.



Figure 2. Illustration of the SARS-CoV-2 (COVID-19) infection process in the human body From "Prognostic Genetic Markers for Thrombosis in COVID-19 Patients: A focused Analysis on D-dimer, Homocysteine and Thromboembolism" by Abu-Farha M, Al-Sabah S, Hammad MM, et al. *Front Pharmacol* 2020;11: e587451. Reused with permission. F=Coagulation Factor; Fa=activated coagulation factor; FDPs=Fibrin degradation products; FGA=Fibrinogen alpha chain; FGG=Fibrinogen gamma chain; KLKB1=kallikrein; KNG1=Kininogen 1; MTHFR=methylenetetrahydrofolate reductase.

dimer levels were recorded.^[6,12,13,17] This finding suggests that priapism could be listed as a thromboembolic complication of COVID-19. Thromboembolic complications of COVID-19 were postulated to be the most likely cause of priapism by the authors in 14 of the 15 included publications.^[6–13,15–19] In the remaining publication, the authors indicated that priapism may have been secondary to hemodialysis rather than a complication of COVID-19.^[10] Haemodialysis has previously been described as a rare cause of priapism.^[34]

As COVID-19 has been associated with significantly higher mortality in the elderly,^[35] age may also play a role. Although the majority of patients in this study were aged between 60 and 70 years, 4 patients were below the age of 40 years,^[12,13,18,19] 3 of whom had mild COVID-19 infection,^[12,18,19] and 2 were in the pediatric age group.^[18,19] This suggests that, although older patients with COVID-19 are more prone to developing priapism, it may also occur in younger patients.

Approximately three-quarters of the patients (73.3%) were diagnosed with COVID-19 pneumonia, more than half (53.3%) required mechanical ventilation, and one-third (30.8%) died prior to hospital discharge. This finding suggests that priapism may be an indicator of severe COVID-19. However, since COVID-19 infection was regarded as mild in 26.7% of patients who did not require supplemental oxygen, the relationship between priapism and severe COVID-19 is inconclusive.

An association between COVID-19 and other adverse effects in the male genital tract has also been reported.^[36] Recently, Kresch et al. demonstrated the presence of COVID-19 virus particles in the penile tissue of two individuals with persistent severe dysfunction following recovery from COVID-19 respiratory symptoms.^[37] Another study reported that sperm concentration was significantly lower in men previously infected with COVID-19.^[38] Hence, the findings of our systematic review shed further light on the impact of COVID-19 on sexual health in men.

The overall impact of COVID-19 has interrupted other urological surgical interventions during the pandemic, and an emphasis on giving priority to COVID-19 patients has been advocated. Since priapism is an established medical emergency, its management cannot be deferred.^[39,40]

An obvious limitation of this systematic review was that only 15 publications were eligible for inclusion, all of which were single-patient case reports. This is understandable, as the possible association between priapism and COVID-19 has only recently been described. Another limitation is that most studies did not report on laboratory tests pertaining to inflammatory biomarker levels or coagulation profiles; hence, we were unable to determine whether there was an association between these tests and the risk of developing priapism.

5. Conclusions

Priapism was more common in cases of severe COVID-19 infection than mild infection, suggesting a possible prognostic relationship between the two conditions. However, priapism has also been described in mild COVID-19 cases. Despite the described theoretical association between the two conditions, there is still a scarcity of data in international literature. Regardless of insufficient evidence outlining a significant association between COVID-19 and priapism, the management of priapism still constitutes a medical emergency that requires urgent conventional intervention. Further research is required to confirm the probable association between COVID-19 infection and priapism.

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Statement of ethics

Not applicable.

Conflict of interest statement

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