# **Exceptional Case**



# IgA-mediated anti-glomerular basement membrane disease: an uncommon mechanism of Goodpasture's syndrome

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#### Abstract

Goodpasture's (GP) disease is usually mediated by IgG autoantibodies. We describe a case of IgAmediated GP, in a patient presenting with isolated rapidly progressive glomerulonephritis. The diagnosis was established on kidney biopsy, since routine enzyme-linked immunosorbent assay (ELISA) targeted at IgG circulating autoantibodies failed to detect the nephritogenic antibodies. Immunofluorescence microscopy showed intense linear deposition of IgA along the glomerular capillary walls. An elevated titre (1:80) of circulating IgA anti-glomerular basement membrane (GBM) antibodies was retrospectively demonstrated by indirect fluorescence. Despite immunosuppressive regimen, the disease progressed to end-stage renal failure (ESRF). Transplantation was not associated with recurrence in the kidney graft. We reviewed the 11 previously reported cases of IgA-mediated GP.

Keywords: anti-glomerular basement membrane disease; Goodpasture's disease; IgA

#### Background

Goodpasture's (GP) disease is an autoimmune condition responsible for rapidly progressive glomerulonephritis often accompanied by alveolar haemorrhage. It is mediated by autoantibodies directed against specific antigens of the glomerular basement membrane (GBM), the noncollagenous-1 (NC1) domain of collagen IV chains  $\alpha$ 3 or  $\alpha$ 5 [1–2]. In most cases, the causative antibody is IgG. Early recognition relies on enzyme-linked immunosorbent assay (ELISA) detecting circulating anti-GBM IgG antibodies in serum sample [3]. We describe a case of IgA-mediated GP, in which routine ELISA failed to detect the nephritogenic antibodies, and provide a review of prior cases.

## **Case report**

A 49-year-old man was admitted to the renal unit for rapidly progressive glomerulonephritis. His past medical history included chronic kidney disease (CKD) stage 3 due to left kidney agenesis (serum creatinine, 124 µmol/L; estimated glomerular filtration rate (eGFR) by modification of diet in renal diseases 56 mL/min/1.73 m<sup>2</sup>) and smoking habit.

On admission, physical examination including blood pressure (120/70 mmHg) was normal. Serum creatinine

had risen from 264 µmol/L to 539 µmol/L over the past 6 weeks. Urinary examination disclosed nephrotic range proteinuria (3.5 g/day) and microscopic haematuria, without anaemia. The routine ELISAs were negative for anti-GBM (Luminex, Bio-Rad, Marnes-la-Coquette, France), anti-nuclear antibodies and ANCA. Screening for a paraprotein was negative in serum and urine. There was no quantitative defect of IgG, IgA and IgM subclasses. Computed tomography (CT) scan ruled out significant alveolar haemorrhage.

A kidney biopsy was performed (Figure 1). Pathological examination showed crescentic glomerulonephritis with both cellular and fibrocellular crescents and Bowman capsule's rupture. Immunofluorescence microscopy showed an intense linear deposition along the GBM with anti-alpha, anti-kappa and anti-lambda sera. Staining with anti-gamma revealed a similar but weak pattern. These results prompted us to check for circulating IgA anti-GBM: indirect fluorescence on macaque kidney slices using anti-IgA as secondary antibodies demonstrated circulating IgA anti-GBM antibodies. The titre was elevated at 1:80.

In addition to daily plasma exchanges (PE), the patient was started on steroids (methylprednisolone, 1 mg/kg/ day) and oral cyclophosphamide (CYC, 2 mg/kg/day). Despite this treatment and negative testing for circulating IgA anti-GBM after 14 PE, his renal function worsened rapidly and regular haemodialysis (HD) was started. The patient received a cadaveric kidney graft 18 months later.

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Fig. 1. IgA-mediated anti-GBM disease. (A) Light microscopy: segmental crescentic glomerulonephritis. (B)-(D) Immunofluorescence microscopy: (B) intense and linear diffuse deposits along the GBM for IgA, (C) mild linear deposits along the GBM for IgG and (D) weak deposits with granular staining for C3.

A transplant biopsy at month 5 revealed no recurrence of linear IgA deposits along the GBM in the immunofluorescence study. At last follow-up, his serum creatinine was 124  $\mu$ mol/L.

## Discussion

GP is a rare disease, with an incidence of one case/ million inhabitants/year. It is characterized by a pulmonary-renal syndrome, which includes rapidly progressive glomerulonephritis and alveolar haemorrhage. In approximately one-third of cases, there is no pulmonary involvement [1]. In a former study with an indirect immunofluorescence procedure, detection of antibodies in the serum proved negative in up to 40% of the cases. The development of sensitive and specific ELISA relying on the NC1 domain of the collagen IV  $\alpha$ 3 chain is much more reliable, with high specificity, and high titres of antibodies are detected in almost every patient with anti-GBM glomerulonephritis at the time of active disease, or even several months before the onset [4]. However, rare circulating anti-GBM antibodies may escape detection by ELISA or western blotting techniques, in renal patients and in isolated mild pulmonary disease. A highly sensitive device called highly sensitive biosensor could detect the culprit antibodies in two such cases [3]. In addition, since all these methods targeted IgG antibodies, rarely did the

patients with IgA- or IgM-mediated GP disease remain unrecognized by serological testing.

IgA-mediated GP disease is very uncommon: in our renal unit, 33 patients with GP were diagnosed in the last decade (2000-2010). None except this case exhibited IgA-mediated disease. So far, only 11 cases have been reported in the literature [5–16]. Clinical and pathological findings are summarized in Table 1. In all but three cases, renal presentation was consistent with rapidly progressive glomerulonephritis. Pulmonary involvement was found in only 4/10 cases. On kidney biopsy (10/11 patients), the percentage of crescentic glomeruli ranged from 6 to 75%. An immunofluorescence study demonstrated linear staining for IgA in all cases. Concomitant linear staining for IgG and C3 were reported, respectively, in one and two cases, while monotypic linear deposits of kappa or lambda light chains were found in one case each. Circulating IgA anti-GBM antibodies were detected in the nine patients in whom they were looked for. In our patient and a prior case [16], the kidney biopsy showed mild linear IgG deposits along the GBM, in addition to the intense IgA pattern. Mild linear IgG deposits along the GBM can be observed under various conditions (old age, diabetes mellitus, etc.), and should be interpreted in view of the clinical setting, as well as with regards to other immunological findings [3].

Kidney biopsy is the primary test used to recognize IgA-mediated GP. Its usefulness was reinforced by

tea cases of 1gA-mean	מנפמ שי מוצפנ	JSe <sup>-</sup>				
	Renal path	lology			Follow-up	
Serum IgA anti-GBM	% of crescents	Immunofluorescence (linear GBM deposits)	Alveolar haemorrhage	Initial treatment	Overall survival	Nephropathy
Positive, monoclonal	د.	IgA, ĸ	Yes	CS, CYC, PF	Censored at 8 years	ESRD at 5 years; $KT \rightarrow ESRD$
Positive	ح.	IaA. k and $\lambda$	No	CS, CYC	Death (M1, aortic dissection)	Severe CKD
Positive	ć.	IgA; κ, λ and C3 not specified	Yes	CS, IVIg	Death (D2, alveolar haemorrhane)	Severe CKD
Positive	ح.		د.	د.	2	~.
2	~	IgA, k and $\lambda$	No	S	Death (D20)	H
Positive, IqA <sub>1</sub>	67%	Polyclonal IgA, C3	No	CS, AZA	Death (M23, stroke)	H
	75%	IgA; C3 not specified	Yes	S	Death (M13, sepsis)	Moderate CKD
Positive	6%	IdA; k/\lambda not specified	No	د.	Censored at M36	Normal
Positive	10%	Anti-α	Yes	CS, AZA,	Death (M24, alveolar	Severe CKD
				PE	haemorrhage)	
Positive	>40%	IgA, λ	No	CS, CYC	Censored at M4	Moderate CKD
Positive	75%	IgA (3+), IgG (+), C3(+)	No	CS, CYC,	Censored at M6	HD

0.8

1.2

54/M 67/M 69/M

Borza et al. and Fervenza et al. [5, 6] Maes et al. [7] Carreras et al. [8]

20.0

9.0

?/M 35/M 62/M 43/M 55/M 55/M

Savage et al. [9] Shaer et al. [10] Gris et al. [11] Nakano et al. [12] de Caestecker et al. [13] Border et al. [14]

0.9 Normal

ę -. E U Table 1. Clinical and pathological features in 12 reported cases

Serum creatinine (mg/dL)

Age/ gender

Reference

reports of four patients with prior histories of other autoimmune diseases, i.e.: Henoch-Schonlein purpura [8], Crohn's disease [10], systemic lupus erythematosus [15] and autoimmune bullous dermatitis [16]. When compared with patients with classical IgG-related GP, the prognosis of IgA-related GP is poor (Table 1): among nine patients presenting with renal failure, none improved; within 6 months follow-up, two patients died of uncontrolled alveolar haemorrhage. At last follow-up, 5/10 patients were in end-stage renal failure (ESRF). Whether the classical triple regimen used in IgG-mediated GP (PE, steroids and oralCYC) is optimal in IgA-mediated GP is unknown. This approach was used in only 3/11 IgAmediated GP patients. All of them progressed to ESRF.

The pathophysiology of IgA-mediated GP is not entirely understood. In contrast with IgG-mediated GP, the autoantigen might prove more to be heterogeneous: it belonged to  $\alpha 5$  and  $\alpha 6$  chains of type IV collagen in the case described by Ghohestani et al. [16]; in the observation reported by Borza et al., the autoantibody was a monoclonal IgAk directed against type IV collagen chains  $\alpha$ 1, and  $\alpha$ 2 and was responsible for relapse after renal transplantation [5-6]. This form of monotypic IgA-related condition should be considered a different disease, when compared with patients without a monoclonal component. In our case, the specificity of the antibody epitopes was not assessed.

In summary, IgA-mediated GP is extremely rare. Pathogenic autoantibodies cannot be detected by routine ELISA profiled to detect IgG circulating autoantibodies. Recognition relies on immunofluorescence microscopy of the kidney biopsy. Despite intensive therapy modeled on IgG-mediated GP, the renal prognosis is poor. Kidney transplantation is an option for ESRF.

Conflict of interest statement. None declared.

(See related Editorial comment by A.S. Bomback. Antiglomerular basement membrane nephritis: why we still 'need' the kidney biopsy. Clin Kidney J 2012; 5: 496-497)

#### References

<sup>o</sup>AZA, azathioprine; CKD, chronic kidney disease; CS, corticosteroids; CYC, cyclophosphamide; D, day; ESRD, end-stage renal disease; GBM, glomerular basement membrane; HD, haemodialysis; PE, plasma exchanges; M, month; MMF, mycophenolate mofetil; KT, kidney transplantation.

HD, then KT

Censored at M30

С,

IgA (3+), IgG (+), C3 (+)

>25%

ositive

6.1

M/64

Present case

1.2

74/F 72/M

Ho et al. [15] Ghohestani et al. [16]

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