

RESEARCH

Open Access



Curative effects of fucoidan on acetic acid induced ulcerative colitis in rats via modulating aryl hydrocarbon receptor and phosphodiesterase-4

Alaa Bagalagel¹, Reem Diri¹, Ahmad Noor¹, Deina Almasri¹, Hussain T. Bakhsh¹, Hussam I. Kutbi¹ and Mohammed M. H. Al-Gayyar^{2,3*}

Abstract

Background: Ulcerative colitis (UC) is an inflammatory bowel disease. Fucoidan, sulfated polysaccharide of brown seaweed, demonstrates various pharmacological actions as anti-inflammatory, anti-tumor and anti-bacterial effects. Therefore, we opt to investigate the potential curative effects of fucoidan in experimentally induced UC in rats through modulating aryl hydrocarbon receptor (AhR), phosphodiesterase-4 (PDE4), nuclear factor erythroid 2-related factor 2 (Nrf2) and Heme Oxygenase-1 (HO-1).

Methods: UC was induced in rats using intracolonic 2 ml of 4% acetic acid. Some rats were treated with 150 mg/kg fucoidan. Samples of colon were used to investigate gene and protein expression of AhR, PDE4, Nrf2, HO-1 and cyclic adenosine monophosphate (cAMP). Sections of colon were stained with hematoxylin/eosin, Alcian blue or immunostained with anti-PDE4 antibodies.

Results: Investigation of hematoxylin/eosin stained micro-images of UC rats revealed damaged intestinal glands, severe hemorrhage and inflammatory cell infiltration, while sections stained with Alcian Blue revealed damaged and almost absent intestinal glands. UC results in elevated gene and protein expression of PDE4 associated with reduced gene and protein expression of AhR, IL-22, cAMP, Nrf2 and HO-1. Finally, UC increased the oxidative stress and reduced antioxidant activity in colon tissues. All morphological changes as well as gene and protein expressions were ameliorated by fucoidan.

Conclusion: Fucoidan could treat UC induced in rats. It restored the normal weight and length of colon associated with morphological improvement as found by examining sections stained with hematoxylin/eosin and Alcian Blue. The curative effects could be explained by enhancing antioxidant activity, reducing the expression of PDE4 and increasing the expression of AhR, IL-22 and cAMP.

Keywords: Aryl hydrocarbon receptor (AhR), Cyclic adenosine monophosphate (cAMP), Heme oxygenase-1 (HO-1), Interleukin (IL)-22, Nuclear factor erythroid 2-related factor 2 (Nrf2), Phosphodiesterase-4 (PDE4), Ulcerative colitis

Introduction

Ulcerative colitis (UC) is one of the inflammatory bowel disorders that attacks the mucosal lining of colon. Active UC is characterized by many clinical manifestations as bloody diarrhea, bowel urgency, abdominal pain, weight

*Correspondence: mhgayyar@yahoo.com

² Department of Biochemistry, Faculty of Pharmacy, Mansoura University, 35516 Mansoura, Egypt

Full list of author information is available at the end of the article



© The Author(s) 2022. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by/4.0/>. The Creative Commons Public Domain Dedication waiver (<http://creativecommons.org/publicdomain/zero/1.0/>) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

loss, fever and malaise [1]. The major problem associated with UC is bowel urgency that is considered a bothersome disruptive symptoms and affects more than of 80% of UC patients [2]. UC takes place as a result of chronic inflammation on smooth muscle tone and increased contractile responses in the rectum [3].

Although, UC takes place at any age, it commonly influences young age population leading to negative impact on quality of life associated with economic burden [4]. Epidemiology of UC is extremely elevated over the last decade and affects 8.8-23.1/100,000 person in North America, 0.6-24.3/100,000 person in Europe, and 7.3-17.4/100,000 person in Oceania [5].

The mucosal layer of the gastrointestinal tract is usually open to millions of antigens that arises from many sources as food, environment and microbiome. It is physically protected and separated by a thick layer of mucin covering the epithelium layer [6]. UC results in a damage of the epithelium with subsequent elevation in the permeability of mucosa, leading to increased uptake of the antigens and increased stimulation of gut immune system [7].

Aryl hydrocarbon receptor (AhR) is a xenobiotic receptor and a ligand-dependent transcription factor. It is located inside cytoplasm as inactive compound. After binding of the ligand, AhR complex moves into nucleus leading to expression of target genes [8]. Patients with UC have reduced activity of AhR [9]. Activation of AhR is associated with production of IL-22, enhancing epithelial barrier function, changing gut microbiota, enhancing enzymes metabolism, inhibiting immune response, and boosting mucosal healing [10].

For thousands of years, many people all over the world based on traditional medicines to cure several diseases because of their better availability, lower side effects and reduced cost. One of these natural compounds is fucoidan, which is sulfated polysaccharide of brown seaweed. It demonstrates various pharmacological actions such as anti-inflammatory, anti-tumor and anti-bacterial effects [11]. Moreover, it has been investigated in pre-clinical studies for immunomodulatory, anti-oxidant, anti-angiogenic, anti-viral and anti-hyperglycemic activities [12, 13]. It was used in treating UC through affecting colonic pathology, cytokine gene expression and Enterobacteriaceae [14, 15]. However, no previous study explored the curative effects of fucoidan against UC through modulating AhR. We used intrarectal administration of acetic acid to induce colitis in rats, which is considered a significant model of experimental colitis. It induces inflammation and ulceration in rectum and colon of rats [16]. Therefore, we aimed to conduct the following research to investigate the potential therapeutic effects of fucoidan in experimentally induced UC in rats

through investigating its effect on AhR, phosphodiesterase-4 (PDE4), nuclear factor erythroid 2-related factor 2 (Nrf2) and Heme Oxygenase-1 (HO-1).

Methods

Animals and treatment outlines

The research was conducted on forty-eight Sprague Dawley rats (180-200 g). Rats were kept in standard conditions of temperature (23-25 °C) and humidity (50-60%) with regular 12 h light/12 h dark cycle. All methods were carried out in accordance with guidelines and regulations of working with experimental animals and the work protocol was approved by the local ethical committee in Faculty of Pharmacy, Mansoura University, Egypt. All methods are reported in accordance with ARRIVE guidelines (<https://arriveguidelines.org>) for the reporting of animal experiments. Rats were divided into four groups with twelve rats each:

Control group

Under ether light anesthetized, rats were treated with a soft pediatric lubricated catheter and underwent intracolonic 2 ml saline. Rats were kept horizontally to prevent draining of saline. Rats were kept free access to food and water without any treatment during the experiments.

Control group treated with fucoidan

The rats were treated exactly as the control group then treated with 150 mg/kg fucoidan (Sigma Aldrich Chemicals Co., St Louise, MO, US) by oral gavage daily for 2 weeks.

UC group

Under ether light anesthetized, rats were treated with a soft pediatric lubricated catheter and underwent intracolonic 2 ml of 4% acetic acid. Rats were kept horizontally to prevent draining of acetic acid [17].

UC treated with fucoidan

After induction of UC in rats, they were given 150 mg/kg fucoidan by oral gavage daily for two weeks.

Only one previous study illustrated the role of fucoidan in treating UC in mice using two doses: a high dose of 300 mg/kg and a low dose of 100 mg/kg [18]. In addition, there was no previous study used fucoidan in treating UC in rats. Therefore, a set of preliminary studies were performed testing four different concentrations of fucoidan, 100 mg/kg, 150 mg/kg, 200 mg/kg and 250 mg/kg. The dose of 150 mg/kg is selected as it was found to be the lowest dose with curative effects.

Sample collection

After animal sacrifice, the whole colon was separated, measured and weighed. Part of colon was cut followed by fixation in 10% buffered formalin for morphologic and immunohistochemical analysis. Another part of the colon was separated and homogenized in a 10-fold volume of ice-cold sodium potassium phosphate buffer (0.01 M, pH7.4) containing 1.15% KCl. The supernatant was stored at -80°C .

Morphologic analysis

After separation of colon, it was cut into five-micrometer sections. The colon sections were stained with either hematoxylin/eosin or Alcian Blue stain. The mitotic figures were calculated from observing sections stained with hematoxylin/eosin by examining ten fields by high power in each rat.

Immunohistochemistry

Five-micrometer thick paraffin sections were cut from a paraffin block of colon tissues. Sections were immunostained with phosphodiesterase-4 (PDE4) antibodies (MyBioSource, Inc. San Diego, CA, USA) at 4°C . Sections were then incubated with horseradish peroxidase conjugate antibody. Finally, sections were counterstained with hematoxylin and observed under microscope in a masked manner. The intensity of immune staining was evaluated using the score 0, no positive cells per high power field, 1 for infrequent, small number positive cells, 2 for common, moderate number of positive cells, and 3 for widespread, high numbers of positive cells.

Measurement of oxidative stress and antioxidant activities

Colon lysate levels of malondialdehyde (MDA, Cat no. MD 25 29), reduced glutathione (Cat no. GR 25 11) and glutathione peroxidase (Cat no. GP 2524) were assessed using commercially available kits (BioDiagnostic Company, Giza, Egypt). Measurement of MDA depends on the interaction with thiobarbituric acid in acidic medium at 95°C for 30 min to form the pink thiobarbituric acid reactive product, which can be measured at 534 nm. Assessment of reduced glutathione is based on the reduction with DTNB to produce a yellow compound, which can be measured at 405 nm. Activity of glutathione peroxidase is indirectly measure by oxidation of NADPH to NADP^{+} , which is accompanied by a decrease in absorbance at 340 nm. Peroxynitrite was quantified using the method of Beckman [19]. In brief, peroxynitrite mediated nitration of phenol to form nitrophenol, which was measured at 412 nm.

Enzyme-linked immunosorbent (ELISA) assay

Commercially available ELISA kits were used for assessment of aryl hydrocarbon receptor (AhR, Cat no. MBS726370), PDE4 (Cat no. MBS725350), cyclic adenosine monophosphate (cAMP, Cat no. MBS160960), nuclear factor erythroid 2-related factor 2 (Nrf2, Cat no. MBS752046), Heme Oxygenase-1 (HO-1, Cat no. MBS2508238) and IL-22 (Cat no. MBS2515891) (MyBioSource, Inc. San Diego, CA, USA) according to manufacturer's instructions.

Quantitative real-time polymerase chain reaction (RT-PCR)

The gene expression of AhR, IL-22, PDE4, cAMP, Nrf2 and HO-1 mRNA in rat colon was performed as described previously by our group [20, 21]. β -actin was used as a housekeeping gene and internal reference control. The gene specific PCR primers used were summarized in Table 1.

Statistical analysis

Data were presented as mean \pm standard deviation. For evaluation of normality of sample distribution, Kolmogorov–Smirnov (K–S) test was used. One-way analysis of variance (ANOVA) was used to compare between groups followed by post hoc Bonferroni correction test. Statistical analyses were done using SPSS version 20 (Chicago, IL, USA). Statistical significance was predefined as $P \leq 0.05$.

Table 1 The primers set used for detection of gene expression in rats

Gene symbol	Primer sequence from 5'-3'	Gene bank accession number
β -actin	F: TCCGTCGCCGGTCCACACCC R: TCACCAACTGGGACGATATG	NM_031144.3
AhR	F: TCCCGTGTCTTTTCAGCTGTC R: GCTCGGACTCTGAAACTTGC	AM902286.1
PDE4	F: AAGTAGCCGAATGGCAGCTC R: AGGCTAGTGTGGAGGCCATA	NM_001167806.2
cAMP	F: CCACGTCCTACATCCTCGTT R: AAGTGGTAGGGGCACCTTCT	AF053980
Nrf2	F: CTCTCTGGAGACGGCCATGACT R: CTGGGCTGGGGACAGTGGTAGT	NM_031789
HO-1	F: CACCAGCCACACAGCACTAC R: CACCCACCCCTCAAAGACA	NM_012580
IL-22	F: CAACCGCACCTTTATGCTGG R: ATCCTTGGTTTGACTCCTCG	NM_001191988.1

Results

Effect of fucoidan on UC-induced alteration in colon length and weight

UC results in a significant reduction in colon length associated with significant elevation in the colon weight as compared with the length and weight of control groups. Treatment of UC rats with fucoidan significantly reversed these effects in UC group with affecting the control group (Fig. 1).

Effect of fucoidan on UC -induced morphological changes

Microscopic images of colon sections of control groups stained with hematoxylin/eosin showed normal intestinal glands. The images of colon sections in the UC group showed damaged intestinal glands, infiltration of inflammatory cell in mucosa and submucosa and severe hemorrhage, Treatment of UC with fucoidan revealed some improvement in intestinal cell structure with significant improvement in mitotic score (Fig. 2).

Microscopic images of colon sections stained with Alcian Blue in control rats showing normal bluish stained intestinal glands. Examination of sections of UC group revealed damaged and almost absent intestinal glands. The sections of UC rats treated with fucoidan showed less marked affection of glands compared to UC group (Fig. 3).

Effect of fucoidan on UC-induced reduction in expression of AhR

We checked the effect of fucoidan on gene and protein expression of AhR. UC resulted in 72 and 68% reduction in gene and protein expression of AhR, respectively, as compared with the control groups. Treatment of UC rats with fucoidan significantly attenuated both gene and protein expression of AhR as compared with UC group without affecting the control group (Fig. 4).

Effect of fucoidan on UC-induced decrease in expression of IL-22

IL-22 is an anti-inflammatory cytokine that is reduced in UC. We checked the effect of fucoidan on gene and protein expression of IL-22. UC resulted in 57 and 63% reduction in gene and protein expression of IL-22, respectively, as compared with control groups. Treatment of UC rats with fucoidan significantly attenuated both gene and protein expression of IL-22 as compared with UC group without affecting the control group (Fig. 5).

Effect of fucoidan on UC-induced expression of PDE4

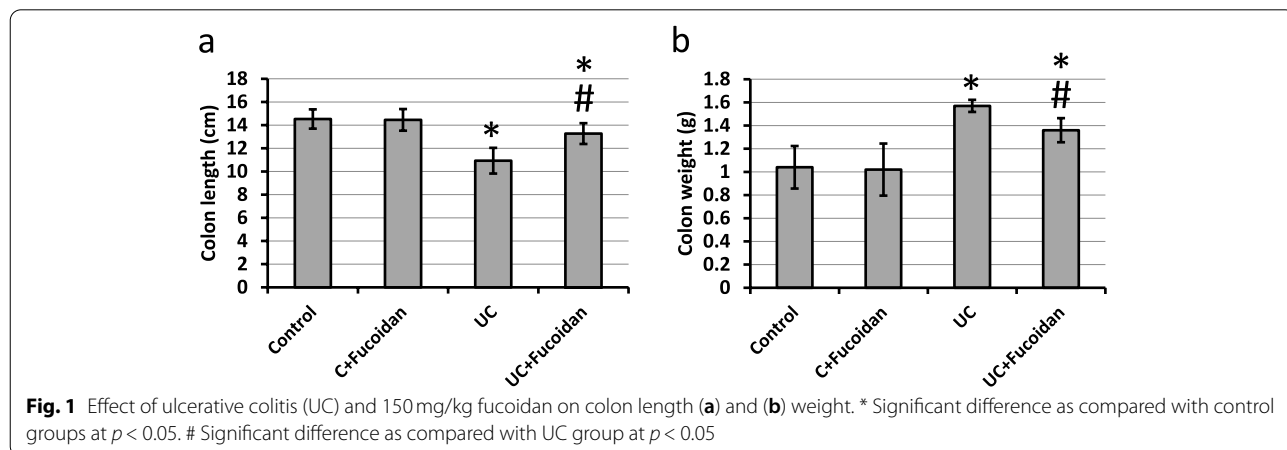
UC caused 3.29- and 2.97-fold increase in the gene and protein expression of PDE4, respectively as compared with the control groups. In parallel, investigation of colon sections stained with anti-PDE4 antibodies revealed intense reaction and immune staining of the colon tissues in UC group. Treatment of UC rats with fucoidan significantly reduced the expression of PDE4 compared with UC group associated with reduction in the immune staining of colon sections stained with anti-PDE4 antibodies (Fig. 6).

Effect of fucoidan on UC-induced reduction in expression of cAMP

UC resulted in 62 and 59% reduction in gene and protein expression of cAMP, respectively, as compared with the control groups. Treatment of UC rats with fucoidan significantly attenuated both gene and protein expression of cAMP as compared with UC group (Fig. 7).

Effect of fucoidan on UC-induced decreased expression of both Nrf2 and HO-1

Induction of UC in rats leads to 78 and 83% reduction in the gene expression of Nrf2 and HO-1, respectively, associated with 61 and 67% reduction in protein levels of



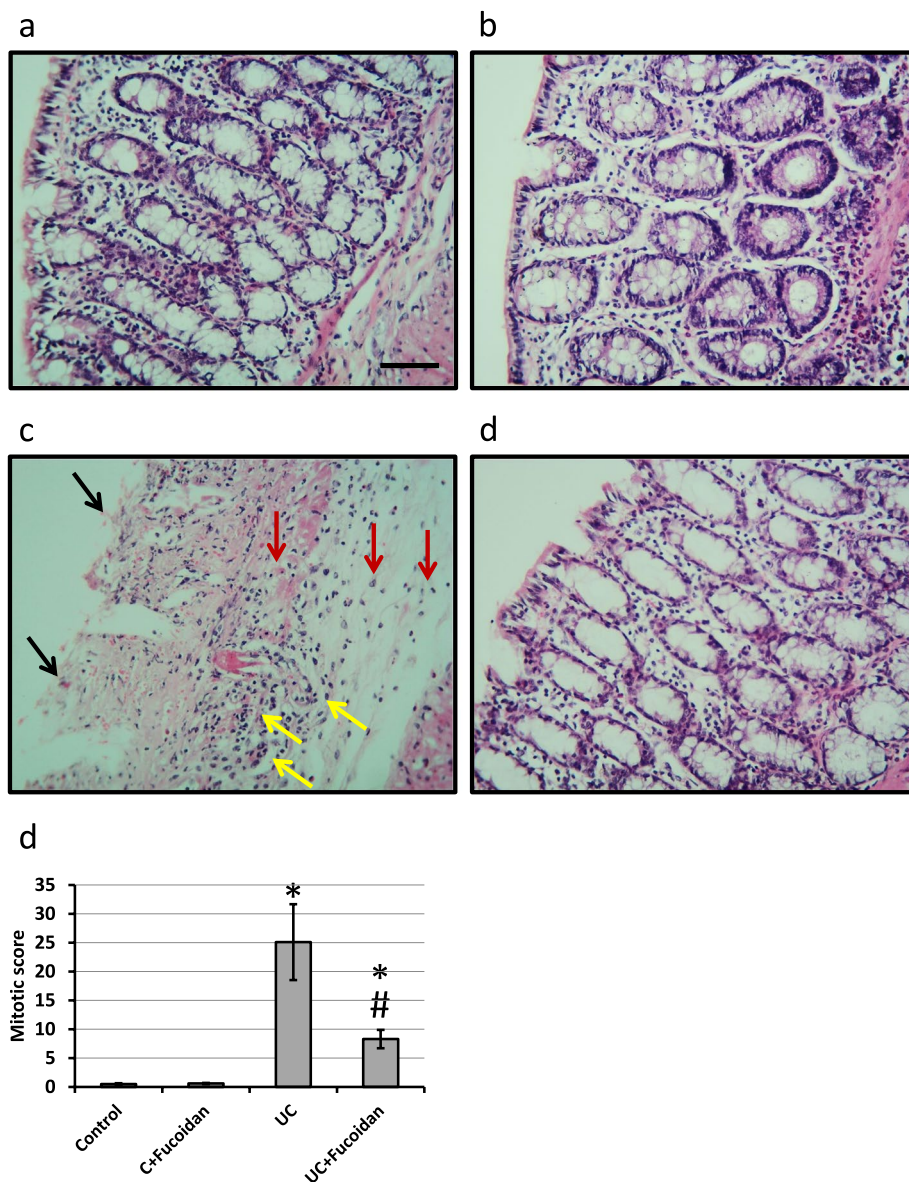


Fig. 2 Colon sections stained with hematoxylin and eosin in control group (a), control treated with 150 mg/kg fucoidan (b), ulcerative colitis (UC, c) and UC treated with 150 mg/kg fucoidan (d). Mitotic figure was determined in 10 fields of high field power and expressed as mean ± standard deviation (e). Black arrows represented damaged intestinal glands, yellow arrows represented severe hemorrhage and red arrows represented inflammatory cell infiltration in the mucosa and the submucosa. * Significant difference as compared with control groups at $p < 0.05$. # Significant difference as compared with UC group at $p < 0.05$. Scale bar is 50 μm

Nrf2 and HO-1, respectively, as compared with the control groups. Treatment of UC rats with fucoidan reversed these effects in UC group without affecting the control group (Fig. 8).

Effect of fucoidan on UC-induced activation of oxidative stress

UC caused significant increase in the colon concentration of MDA and peroxynitrite associate with significant

reduction in the activity of GPx and concentration of reduced glutathione as compared with the control rats. Treatment of UC rats with fucoidan blocked these effects in UC group without affecting the control group (Fig. 9).

Discussion

Induction of UC in rats using acetic acid results in a significant reduction in colon length associated with a significant increase in the colon weight. In addition,

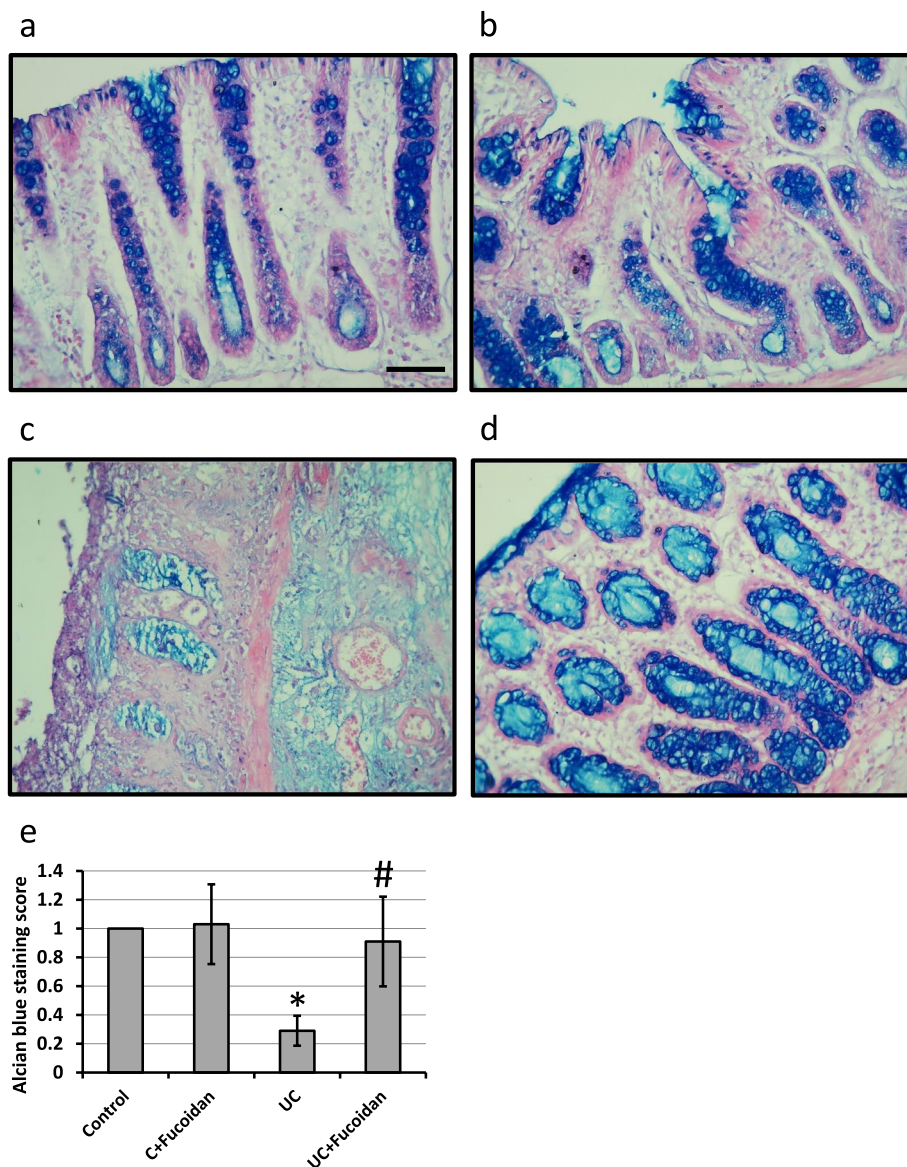


Fig. 3 Colon sections stained with Alcian Blue stain in control group with the normal bluish stained intestinal glands (a), control treated with 150 mg/kg fucoidan with normal intestinal glands (b), ulcerative colitis (UC) with damaged and almost absent intestinal glands (c) and UC treated with 150 mg/kg fucoidan with less marked affection of the glands (d) as well as score of Alcian blue staining (e). * Significant difference as compared with controls group at $p < 0.05$. # Significant difference as compared with UC group at $p < 0.05$

investigation of colon sections stained with hematoxylin/eosin revealed damaged intestinal glands, severe hemorrhage and infiltration of inflammatory cell in the mucosa and submucosa associated with extreme elevation in mitotic score. Moreover, examination of colon sections stained with Alcian Blue revealed damaged and almost absent intestinal glands. Treatment of rats with fucoidan significantly restored normal length and weight of colon as well as restoration of normal shape of mucosa, submucosa and intestinal glands, indicating curative

effects of fucoidan against UC. Fucoidan is used previously in treating UC through affecting colonic pathology, cytokine gene expression and Enterobacteriaceae [14, 15]. However, this the first time to report the ability of fucoidan to produce its protective effects in UC through affecting AhR, PDE4, cAMP, Nrf2 and HO-1.

Inside gastrointestinal tract, epithelium possesses a noticeable ability to self-renewal leading to replenishment of epithelial cells every 3 to 4 days. The mature epithelial cells could efficiently regenerate after any intestinal

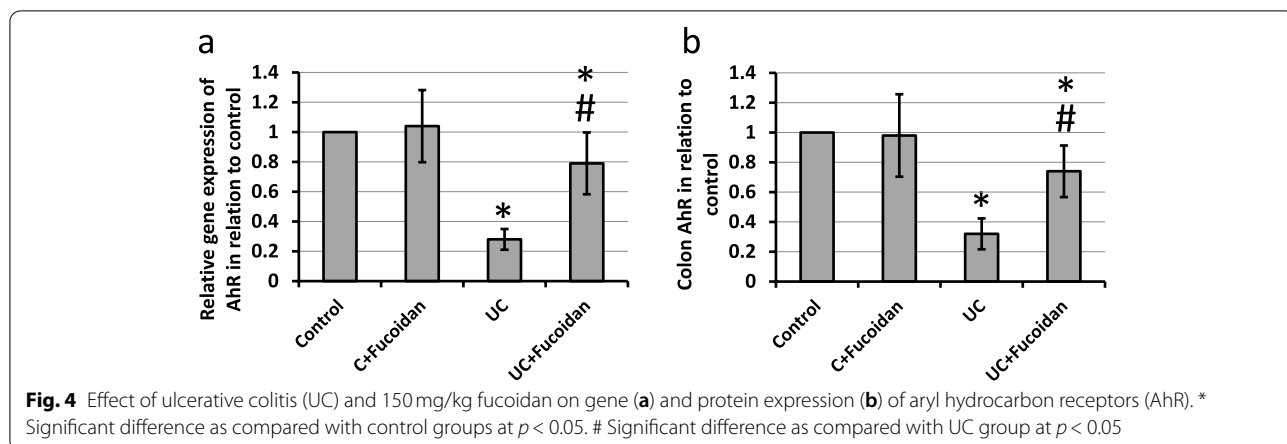


Fig. 4 Effect of ulcerative colitis (UC) and 150 mg/kg fucoidan on gene (a) and protein expression (b) of aryl hydrocarbon receptors (AhR). * Significant difference as compared with control groups at $p < 0.05$. # Significant difference as compared with UC group at $p < 0.05$

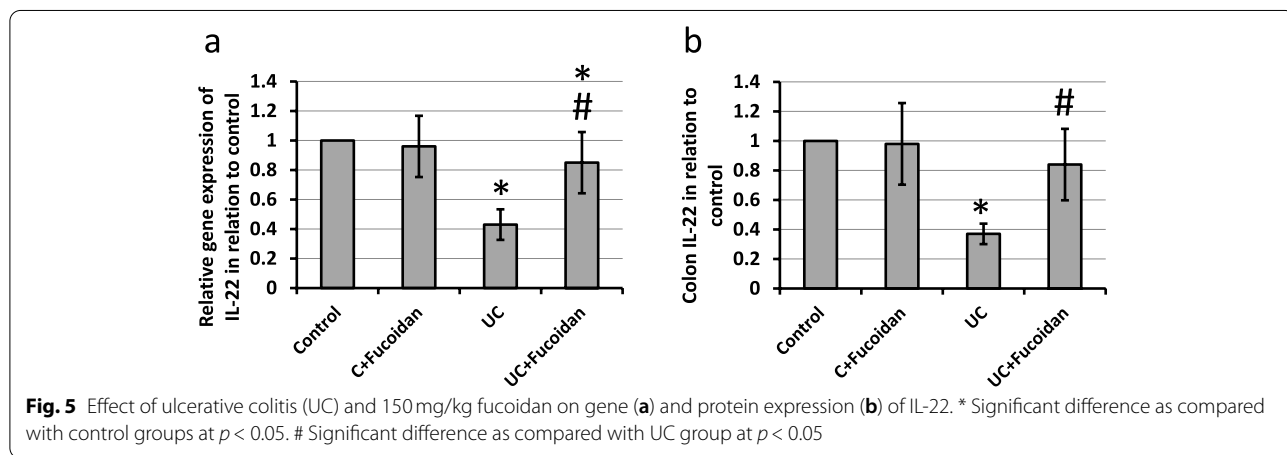


Fig. 5 Effect of ulcerative colitis (UC) and 150 mg/kg fucoidan on gene (a) and protein expression (b) of IL-22. * Significant difference as compared with control groups at $p < 0.05$. # Significant difference as compared with UC group at $p < 0.05$

injury [22]. In the resting state, AhR inside cytoplasm is linked to a heat shock protein. When the receptor binds to ligand, AhR detaches from the shock proteins and transfers inside the nucleus and reacts with genes containing xenobiotic responsive elements [23]. AhR responds to any endogenous ligands that come from the dietary and microbiota metabolites. Therefore, deficiency or alteration in AhR pathway are linked to elevated inflammatory responses especially in gut environment. It is significantly reduced in UC leading to inactivation of epithelial barrier, alteration of gut microbiota and overexpression of pro-inflammatory mediators [10]. We found that induction of UC in rats caused about 72% reduction in expression of AhR in rats that was reversed by treating with fucoidan without affecting the control group. However, no previous study illustrated the role of fucoidan in increasing the expression of AhR.

We next investigated the role of IL-22 in UC. It is a new cytokine that was discovered in year 2000. It is found to be only expressed in non-hematopoietic cells such as hepatocytes, intestinal and respiratory epithelial

cells. Therefore, it particularly aims innate immune responses without any direct effect on adaptive immune cells [10]. In addition, IL-22 enhanced the formation of a firm inner mucus layer to prevent bacterial invasion. It works through promoting the production of functional Muc1 and glycosylation [24]. Moreover, it could enhance mucosal healing which was proved by many experimental approaches such as mucosal healing after epithelial damage induced by dextran sulfate sodium [25] making IL-22 target for many therapies. Finally, IL-22 exhibits anti-inflammatory effects in UC [26]. We found that induction of UC in rats results in reduction in the expression of IL-22 that was attenuated by treating with fucoidan. However, no previous study linked fucoidan treatment with expression of IL-22.

PDE4 is a target in many inflammatory disorders, such as chronic obstructive pulmonary disease, allergic dermatitis, psoriasis and psoriatic arthritis [27]. Activation of PDE4 resulted in overproduction of pro-inflammatory cytokines and chemokines leading to subsequent activation and infiltration of immune cells inside inflamed

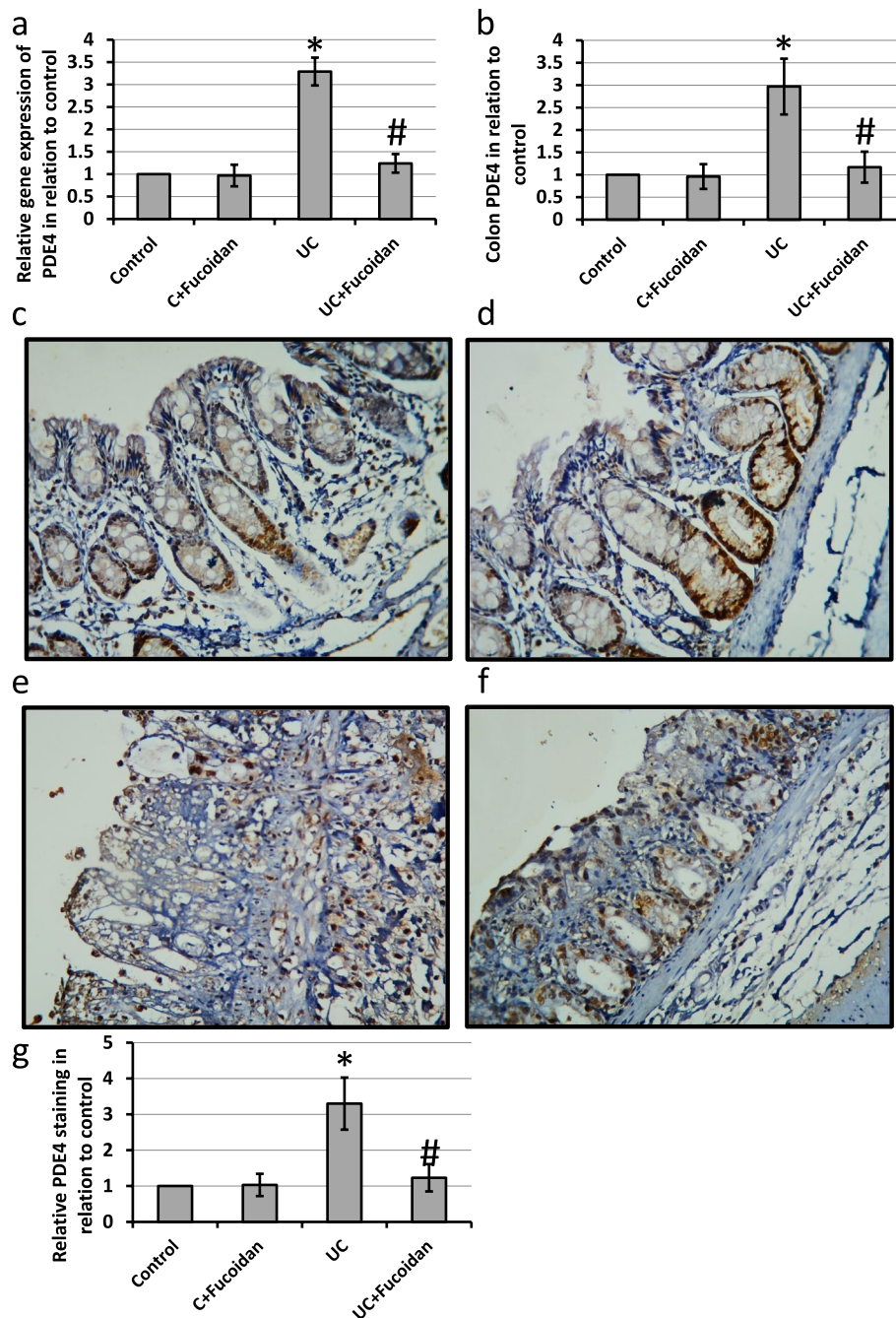


Fig. 6 Effect of ulcerative colitis (UC) and 150mg/kg fucoidan on gene expression of phosphodiesterase-4 (PDE4, **a**) and its protein level (**b**) as well colon sections stained with anti-PDE4 antibodies in control group (**c**), control group treated with fucoidan (**d**), UC group (**e**) and UC group treated with fucoidan (**f**) as well as immunohistochemistry score of positive staining (**g**). * Significant difference as compared with control group at $p < 0.05$. # Significant difference as compared with UC group at $p < 0.05$

tissues. Thus, inhibitors of PDE4 have dramatic therapeutic activities in treating UC symptoms [28]. Inhibition of PDE4 is linked to increase in intracellular concentrations of cAMP, a critical downregulatory signal. cAMP inhibits the production of IFN- γ , TNF- α and IL-17 and

associated with increased production of IL-10 [29]. However, we found that treating rats with fucoidan reversed UC-induced elevation in the expression of PDE4 associated with reduction in expression of cAMP. No previous study illustrated the ability of fucoidan to modulate PDE4

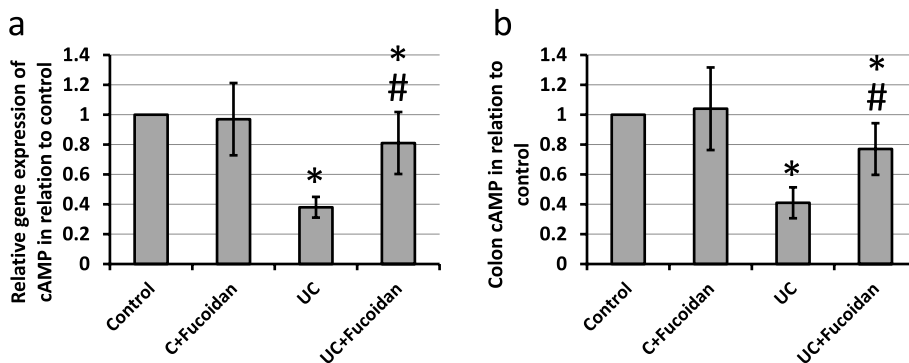


Fig. 7 Effect of ulcerative colitis (UC) and 150 mg/kg fucoidan on gene (a) and protein expression (b) of cyclic adenosine monophosphate (cAMP). * Significant difference as compared with control groups at $p < 0.05$. # Significant difference as compared with UC group at $p < 0.05$

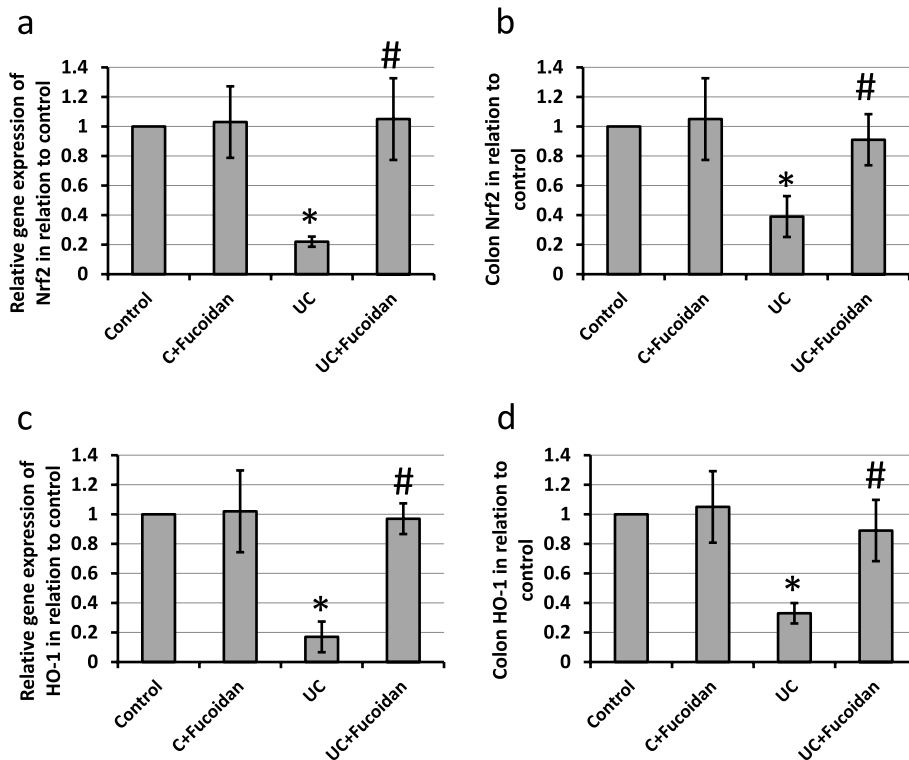


Fig. 8 Effect of ulcerative colitis (UC) and 150 mg/kg fucoidan on gene expression of Nrf2 (a) and HO-1 (c) as well as protein levels of Nrf2 (b) and HO-1 (d). * Significant difference as compared with control groups at $p < 0.05$. # Significant difference as compared with UC group at $p < 0.05$

expression. However, fucoidan was previously reported to affect the expression of cAMP in diabetes in vivo and in vitro [30] and in amyloid beta1-42-induced signaling in glial cells and transfected HEK293 cells [31], but no previous study illustrated the effect of fucoidan on cAMP in UC.

Nrf2 is a remarkable antioxidant transcription factor. Under oxidative stress, Nrf2 is activated and transfer inside nucleus, and elevated the expression of

downstream antioxidant enzymes making Nrf2 as a critical player in activity of antioxidant system [32]. Overexpression of Nrf2 was reported to improve UC [33]. Therefore, drugs that could activate Nrf2 are expected to have therapeutic potential against UC. One of the downstream of Nrf-2 is HO-1 [34]. HO-1 is an antioxidant protein that constitutes a defense network against oxidative stress damage and prevents colon tissue oxidative damage [35, 36]. We found that treatment with fucoidan

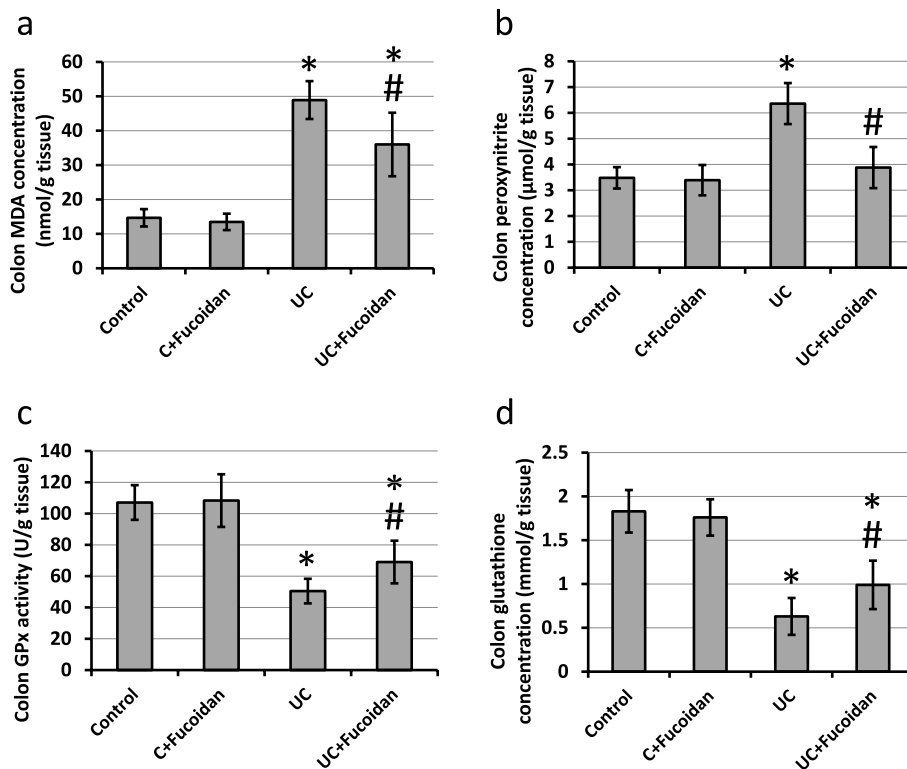


Fig. 9 Effect of ulcerative colitis (UC) and 150 mg/kg fucoidan on malondialdehyde (MDA, **a**), peroxynitrite (**b**), glutathione peroxidase (GPx, **c**) and reduced glutathione (**d**). * Significant difference as compared with control groups at $p < 0.05$. # Significant difference as compared with UC group at $p < 0.05$

significantly elevated the expression of Nrf2 and HO-1 associated with reduction in the concentration of MDA and peroxynitrite and increased GPx and reduced glutathione. Fucoidan was reported previously to increase expression of both Nrf2 and HO-1 in chronic kidney disease in mice [37], cyclophosphamide-induced liver and kidney injury in mice [38], diabetes-induced renal fibrosis in vivo and in vitro [39] and LPS-induced acute lung injury in mice [40]. However, no previous study illustrated the effect of fucoidan on UC.

Conclusion

Fucoidan significantly treat experimentally induced UC in rats. It improves the morphological structure of the colon cells as indicated by examining sections stained with hematoxylin/eosin and Alcian Blue. Fucoidan ameliorated UC-induced increase in the expression of PDE4 as well as UC-induced reduction in the expression of AhR, IL-22, cAMP, Nrf2 and HO-1 leading to activation of antioxidant and anti-inflammatory systems and protective mechanisms inside the colon. We believe that our results can be readily translated to clinical use. Fucoidan is a highly safe natural product with

LD50 value of 2000 mg/kg for oral use compared with 150 mg/kg in our study. In addition, fucoidan is administered orally in our study which represented protection by eating seaweed. Finally, the contents of fucoidan ranged from 4 to 33% of the weight of seaweeds. Therefore, the dose used during this study could be easily obtained by consuming seaweeds.

Abbreviations

AhR: Aryl hydrocarbon receptor; cAMP: Cyclic adenosine monophosphate; HO-1: Heme Oxygenase-1; Nrf2: Nuclear factor erythroid 2-related factor 2; PDE4: Phosphodiesterase-4 (PDE4); UC: Ulcerative colitis.

Acknowledgements

None.

Authors' contributions

AB, RD, AN, DA, HTB, and HIK were responsible for performing the biochemical analysis. MMHA was responsible for performing the animal experiments. AB, RD and AN performed the pathological and immunohistochemistry analysis. DA, HTB and HIK performed the statistical analysis. MMHA came up with the concept for the study and supervised the work. AB, RD, AN, DA, HTB, and HIK helped develop and design the present study. All authors contributed to the writing of the manuscript and approved the final version.

Funding

None.

Availability of data and materials

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

Declarations**Ethics approval and consent to participate**

All methods were carried out in accordance with guidelines and regulations of working with experimental animals and the work protocol was approved by the local ethical committee in Faculty of Pharmacy, Mansoura University. All methods are reported in accordance with ARRIVE guidelines (<https://arriv eguidelines.org>) for the reporting of animal experiments.

Consent for publication

Not applicable.

Competing interests

All authors declare no conflict of interest.

Author details

¹Department of Clinical Pharmacy, Faculty of Pharmacy, King Abdulaziz University, Jeddah, Saudi Arabia. ²Department of Biochemistry, Faculty of Pharmacy, Mansoura University, 35516 Mansoura, Egypt. ³Department of Pharmaceutical Chemistry, Faculty of Pharmacy, University of Tabuk, 71491 Tabuk, Saudi Arabia.

Received: 24 April 2022 Accepted: 8 July 2022

Published online: 23 July 2022

References

- Rubin DT, Ananthkrishnan AN, Siegel CA, Sauer BG, Long MD. ACG clinical guideline: ulcerative colitis in adults. *Am J Gastroenterol*. 2019;114(3):384–413.
- Dubinsky MC, Irving PM, Panaccione R, Naegeli AN, Potts-Bleakman A, Arora V, et al. Incorporating patient experience into drug development for ulcerative colitis: development of the urgency numeric rating scale, a patient-reported outcome measure to assess bowel urgency in adults. *J Patient Rep Outcomes*. 2022;6(1):31.
- Limdi JK, Vasant DH. Anorectal dysfunction in distal ulcerative colitis: challenges and opportunities for topical therapy. *J Crohns Colitis*. 2016;10(4):503.
- Molodecky NA, Soon IS, Rabi DM, Ghali WA, Ferris M, Chernoff G, et al. Increasing incidence and prevalence of the inflammatory bowel diseases with time, based on systematic review. *Gastroenterology*. 2012;142(1):46–54 e42; quiz e30.
- Du L, Ha C. Epidemiology and pathogenesis of ulcerative colitis. *Gastroenterol Clin N Am*. 2020;49(4):643–54.
- Sands BE, Kaplan GG. The role of TNF α in ulcerative colitis. *J Clin Pharmacol*. 2007;47(8):930–41.
- Ordas I, Eckmann L, Talamini M, Baumgart DC, Sandborn WJ. Ulcerative colitis. *Lancet*. 2012;380(9853):1606–19.
- Peng C, Wu C, Xu X, Pan L, Lou Z, Zhao Y, et al. Indole-3-carbinol ameliorates necroptosis and inflammation of intestinal epithelial cells in mice with ulcerative colitis by activating aryl hydrocarbon receptor. *Exp Cell Res*. 2021;404(2):112638.
- Lamas B, Richard ML, Leducq V, Pham HP, Michel ML, Da Costa G, et al. CARD9 impacts colitis by altering gut microbiota metabolism of tryptophan into aryl hydrocarbon receptor ligands. *Nat Med*. 2016;22(6):598–605.
- Mizoguchi A, Yano A, Himuro H, Ezaki Y, Sadanaga T, Mizoguchi E. Clinical importance of IL-22 cascade in IBD. *J Gastroenterol*. 2018;53(4):465–74.
- El-Far YM, Khodir AE, Emarah ZA, Ebrahim MA, Al-Gayyar MMH. Fucoidan ameliorates hepatocellular carcinoma induced in rats: effect on miR143 and inflammation. *Nutr Cancer*. 2021;73(8):1498–510.
- Collins KG, Fitzgerald GF, Stanton C, Ross RP. Looking beyond the terrestrial: the potential of seaweed derived bioactives to treat non-communicable diseases. *Mar Drugs*. 2016;14(3).
- Amin ML, Mawad D, Dokos S, Koshy P, Martens PJ, Sorrell CC. Immunomodulatory properties of photopolymerizable fucoidan and carageenans. *Carbohydr Polym*. 2020;230:115691.
- O'Shea CJ, O'Doherty JV, Callanan JJ, Doyle D, Thornton K, Sweeney T. The effect of algal polysaccharides laminarin and fucoidan on colonic pathology, cytokine gene expression and Enterobacteriaceae in a dextran sodium sulfate-challenged porcine model. *J Nutr Sci*. 2016;5:e15.
- Lean QY, Eri RD, Fitton JH, Patel RP, Gueven N. Fucoidan extracts ameliorate acute colitis. *PLoS One*. 2015;10(6):e0128453.
- Cagin YF, Parlakpınar H, Vardi N, Polat A, Atayan Y, Erdogan MA, et al. Effects of dexpanthenol on acetic acid-induced colitis in rats. *Exp Ther Med*. 2016;12(5):2958–64.
- Alattar A, Alshaman R, Al-Gayyar MMH. Therapeutic effects of sulforaphane in ulcerative colitis: effect on antioxidant activity, mitochondrial biogenesis and DNA polymerization. *Redox Rep*. 2022;27(1).
- Wei Q, Xing M, Wang K, Yang Q, Zhao J, Wang Y, et al. Fucoidan is not completely dependent on degradation to Fucose to relieve ulcerative colitis. *Pharmaceuticals (Basel)*. 2022;15(4).
- Beckman JS, Ischiropoulos H, Zhu L, van der Woerd M, Smith C, Chen J, et al. Kinetics of superoxide dismutase- and iron-catalyzed nitration of phenolics by peroxyxynitrite. *Arch Biochem Biophys*. 1992;298(2):438–45.
- Al-Gayyar MMH, Alattar A, Alshaman R, Hamdan AM. QNZ alleviated hepatocellular carcinoma by targeting inflammatory pathways in a rat model. *Cytokine*. 2021;148:155710.
- Hassan HM, El-Kannishy SMH, Alattar A, Alshaman R, Hamdan AM, Al-Gayyar MMH. Therapeutic effects of blocking beta-catenin against hepatocellular carcinoma-induced activation of inflammation, fibrosis and tumor invasion. *Biomed Pharmacother*. 2021;135:111216.
- Shah K, Maradana MR, Joaquina Delas M, Metidji A, Graelmann F, Llorian M, et al. Cell-intrinsic aryl hydrocarbon receptor signalling is required for the resolution of injury-induced colonic stem cells. *Nat Commun*. 2022;13(1):1827.
- Tan YQ, Chiu-Leung LC, Lin SM, Leung LK. The citrus flavonone hesperetin attenuates the nuclear translocation of aryl hydrocarbon receptor. *Comp Biochem Physiol C Toxicol Pharmacol*. 2018;210:57–64.
- Pham TA, Clare S, Goulding D, Arasteh JM, Stares MD, Browne HP, et al. Epithelial IL-22RA1-mediated fucosylation promotes intestinal colonization resistance to an opportunistic pathogen. *Cell Host Microbe*. 2014;16(4):504–16.
- Pickert G, Neufert C, Leppkes M, Zheng Y, Wittkopf N, Warntjen M, et al. STAT3 links IL-22 signaling in intestinal epithelial cells to mucosal wound healing. *J Exp Med*. 2009;206(7):1465–72.
- Ding G, Ming Y, Zhang Y. lncRNA Mirt2 is downregulated in ulcerative colitis and regulates IL-22 expression and apoptosis in colonic epithelial cells. *Gastroenterol Res Pract*. 2019;2019:8154692.
- Li H, Zuo J, Tang W. Phosphodiesterase-4 inhibitors for the treatment of inflammatory diseases. *Front Pharmacol*. 2018;9:1048.
- Spadaccini M, D'Alessio S, Peyrin-Biroulet L, Danese S. PDE4 inhibition and inflammatory bowel disease: a novel therapeutic avenue. *Int J Mol Sci*. 2017;18(6).
- Li H, Zhang Y, Liu M, Fan C, Feng C, Lu Q, et al. Targeting PDE4 as a promising therapeutic strategy in chronic ulcerative colitis through modulating mucosal homeostasis. *Acta Pharm Sin*. 2022;12(1):228–45.
- Jiang X, Yu J, Ma Z, Zhang H, Xie F. Effects of fucoidan on insulin stimulation and pancreatic protection via the cAMP signaling pathway in vivo and in vitro. *Mol Med Rep*. 2015;12(3):4501–7.
- Brandenburg LO, Konrad M, Wruck CJ, Koch T, Lucius R, Pufe T. Functional and physical interactions between formyl-peptide-receptors and scavenger receptor MARCO and their involvement in amyloid beta 1-42-induced signal transduction in glial cells. *J Neurochem*. 2010;113(3):749–60.
- Deng L, Guo H, Wang S, Liu X, Lin Y, Zhang R, et al. The attenuation of chronic ulcerative colitis by (R)-salbutamol in repeated DSS-induced mice. *Oxidative Med Cell Longev*. 2022;2022:9318721.
- Tan Y, Zheng C. Effects of Alpinetin on intestinal barrier function, inflammation and oxidative stress in dextran sulfate sodium-induced ulcerative colitis mice. *Am J Med Sci*. 2018;355(4):377–86.
- Xu B, Qin Y, Li D, Cai N, Wu J, Jiang L, et al. Inhibition of PDE4 protects neurons against oxygen-glucose deprivation-induced endoplasmic reticulum stress through activation of the Nrf-2/HO-1 pathway. *Redox Biol*. 2020;28:101342.

35. Mei Y, Wang Z, Zhang Y, Wan T, Xue J, He W, et al. FA-97, a new synthetic Caffeic acid Phenethyl Ester derivative, ameliorates DSS-induced colitis against oxidative stress by activating Nrf2/HO-1 pathway. *Front Immunol.* 2019;10:2969.
36. Zhang M, Xu C, Liu D, Han MK, Wang L, Merlin D. Oral delivery of nanoparticles loaded with ginger active compound, 6-Shogaol, attenuates ulcerative colitis and promotes wound healing in a murine model of ulcerative colitis. *J Crohns Colitis.* 2018;12(2):217–29.
37. Ma Z, Yang Z, Feng X, Deng J, He C, Li R, et al. The Emerging Evidence for a Protective Role of Fucoidan from *Laminaria japonica* in Chronic Kidney Disease-Triggered Cognitive Dysfunction. *Mar Drugs.* 2022;20(4).
38. Tian S, Jiang X, Tang Y, Han T. *Laminaria japonica* fucoidan ameliorates cyclophosphamide-induced liver and kidney injury possibly by regulating Nrf2/HO-1 and TLR4/NF-kappaB signaling pathways. *J Sci Food Agric.* 2022;102(6):2604–12.
39. Yu WC, Huang RY, Chou TC. Oligo-Fucoidan improves diabetes-induced renal fibrosis via activation of Sirt-1, GLP-1R, and Nrf2/HO-1: an in vitro and in vivo study. *Nutrients.* 2020;12(10).
40. Zhu DZ, Wang YT, Zhuo YL, Zhu KJ, Wang XZ, Liu AJ. Fucoidan inhibits LPS-induced acute lung injury in mice through regulating GSK-3beta-Nrf2 signaling pathway. *Arch Pharm Res.* 2020;43(6):646–54.

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

