

# EGFR突变与非小细胞肺癌放射治疗进展

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**【摘要】**放射治疗在肺癌治疗中占据重要地位。表皮生长因子受体 (epidermal growth factor receptor, EGFR) 突变是晚期非小细胞肺癌 (non-small cell lung cancer, NSCLC) 使用酪氨酸激酶抑制剂 (tyrosine kinase inhibitor, TKI) 治疗有效的预测因子。同时, EGFR突变型NSCLC对放射治疗敏感, 这可能与突变型EGFR不能有效进行核转位而导致DNA损伤修复功能受损相关。初步研究显示EGFR酪氨酸激酶抑制剂在NSCLC放射治疗中具有一定的放疗增敏作用, 但其在EGFR突变型NSCLC放疗中的疗效尚不明确。EGFR突变与NSCLC的放疗效应机制及生存预后的关系值得进一步研究。

**【关键词】**放射治疗; 肺肿瘤; 表皮生长因子受体; 突变

**【中图分类号】** R734.2

## Epidermal Growth Factor Receptor Mutations and Radiotherapy in Non-small Cell Lung Cancer

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**【Abstract】** Radiotherapy plays a pivotal role in the treatment for lung cancer. Epidermal growth factor receptor (EGFR) mutation in non-small cell lung cancer (NSCLC) which predicts tyrosine kinase inhibitor (TKI) treatment response may also has effect on radiation response. NSCLC harboring kinase-domain mutations in EGFR exhibits enhanced radio-sensitivity due to dramatically diminished capacity to resolve radiation-induced DSBs (DNA double-strand breaks) associating with the inefficiency of EGFR nuclear translocation. Recently, several preliminary clinical studies show certain efficacy of concurrent EGFR tyrosine kinase inhibitors and radiotherapy. However its further response in EGFR-mutated NSCLC is unclear. The correlation between EGFR mutation genotype and the radiotherapy response and clinical outcome is worthy of further study.

**【Keywords】** Radiotherapy; Lung neoplasms; Epidermal growth factor receptor; Mutation

This study was supported by the grant from the Science and Technology Support Projects of Sichuan, China (to Jin WANG)(No.03SG022-008).

肺癌为人类恶性肿瘤的发病率、死亡率最高之一, 尽管治疗手段不断提高, 但目前非小细胞肺癌 (non-small cell lung cancer, NSCLC) 患者5年生存率仍不足15%<sup>[1]</sup>。

近年来肺癌分子生物学研究取得突破性进展, 针对小分子靶点的抗肿瘤药物为NSCLC患者带来福音。其中以表皮生长因子受体 (epidermal growth factor receptor, EGFR) 为靶点的酪氨酸激酶抑制剂 (tyrosine kinase inhibitors, TKIs) 最为突出。然而TKI药物在NSCLC患者中有效率相差甚大, 其中, 在EGFR基因突变阳性的患者中TKI治疗有效率高达70%-80%, 明显延长患者无进展生存

时间及生活质量, 其中位生存时间达20个月-30个月<sup>[2-5]</sup>。因此, EGFR酪氨酸激酶编码区基因突变成为TKI药物奏效的重要靶标<sup>[6]</sup>。

放射治疗在NSCLC的治疗中占有重要地位, 而EGFR突变对肺癌放疗的效应机制尚未完全明了, 因此针对不同表型EGFR对放疗敏感性影响的个体化治疗是目前肺癌研究的方向。本文就NSCLC中EGFR突变状态与放疗敏感性的关系作一综述。

### 1 EGFR突变与NSCLC

**1.1 EGFR家族** EGFR基因定位于人第7号染色体短臂, 由118 kb组成, 包括28个外显子, 其中第18-21号外显子编码酪氨酸激酶区域。其表达产物EGFR是由单一多肽链组成的跨膜糖蛋白, 激活后可启动Ras/Raf/MEK/ERK、

本研究受四川省科技支撑计划项目 (No.03SG022-008) 资助

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PI3K/AKT、STAT等途径，参与促细胞生长分化、血管形成、调控DNA损伤的修复、抗凋亡、诱导细胞周期阻滞等生物过程<sup>[7]</sup>。

**1.2 EGFR基因突变** 在NSCLC中，EGFR突变总发生率约为26%<sup>[8]</sup>。突变多发生在外显子18-21区，即酪氨酸激酶区，这可能与该区域DNA富集A-T序列有关<sup>[9]</sup>。EGFR存在突变蛋白：EGFR VI、EGFR II和EGFR III，EGFR VIII是最常见的突变型，其突变形式为胞外氨基酸残基缺失，导致EGFR失去了配体结合域且受体酪氨酸激酶处于持续活化状态。因此，EGFR突变常被视为原癌基因的“激活突变”。

其中90%的突变位于19和21区的外显子，称为经典型突变，外显子18和20突变约占10%<sup>[10]</sup>。外显子19的突变（约占45%）主要是第746-750位密码子（ $\Delta E746-E750$ ）缺失突变，导致其相应的氨基酸序列丢失；此外，近年新报道外显子19还存在少见的插入突变，为第2212-2234位核苷酸插入性突变，导致6个相应氨基酸序列插入<sup>[9]</sup>。外显子21的点突变（约占45%-50%）则为第858位密码子（L858R）出现T-G转换，而使得该位点的亮氨酸变为精氨酸。这3种突变均能使其受体的酪氨酸激酶ATP结合槽（ATP-binding cleft）发生变构，导致其结合ATP能力下降，从而增强肿瘤细胞对TKIs的亲力和反应性，成为TKI药物奏效的重要靶标<sup>[10]</sup>。此外，EGFR突变高度激活Ras/Raf/MEK/ERK和PI3K/AKT下游通路，启动EGFR调节抗凋亡和生存信号，导致肿瘤细胞变得依赖此信号以维持其生存——即具有癌基因（突变的EGFR）依赖的特征（oncogene addiction模型）；当使用特异性TKI阻断EGFR信号后，便能更大幅度地抑制其增殖性影响和输出生存信号，导致肿瘤细胞死亡<sup>[11,12]</sup>。但是，目前鲜有数据显示外显子18、20突变带来TKI获益，反而，外显子20T790M位点突变成为TKI耐药的重要机制之一<sup>[8]</sup>。

## 2 EGFR突变与NSCLC放射敏感性

**2.1 EGFR突变型NSCLC对放疗敏感** 在NSCLC中，大约80%鳞癌及65%腺癌存在EGFR蛋白过表达，而这种高表达状态是导致NSCLC放疗抵抗的重要因素<sup>[13-15]</sup>。EGFR突变型NSCLC常常伴随EGFR基因拷贝数的扩增及蛋白的高表达<sup>[16,17]</sup>。

然而，Das等<sup>[18]</sup>在体外试验发现，EGFR野生型NSCLC细胞对放射抗拒，EGFR突变型细胞却对放射敏

感。研究显示，相比野生型，EGFR突变型细胞受照射后的存活率明显下降，伴随凋亡及核内DNA碎片明显增加。将突变型EGFR基因片段（ $\Delta E746-E750$ 缺失或L858R替换突变）转染人支气管上皮细胞（humar bronchial epithelial cell, HBEC）、A549及H1299细胞株后均可提高其放射敏感性，而转染野生型EGFR基因片段后其放射敏感性明显降低，进一步提示了EGFR突变与放射敏感性相关。

另外，针对NSCLC患者的放疗疗效分析也证实了这一观点（表1）。2008年Gow等<sup>[19]</sup>回顾性分析了63例NSCLC脑转移患者EGFR突变状态与全脑放疗（whole brain radiation therapy, WBRT）疗效的关系。此研究显示，EGFR突变型患者WBRT有效率（54%）明显高于野生型患者（24%），并提出EGFR突变和TKI治疗是此类患者WBRT疗效的独立预后因素。2011年，哈佛医学院放疗中心对123例既往行单纯放疗或放疗联合其它治疗（化疗、手术、靶向治疗）的局部晚期NSCLC患者进行回顾性疗效分析发现，EGFR突变型患者放射治疗后2年内局部复发率（17.8%）要明显低于EGFR野生型患者（41.7%），同时EGFR突变型患者2年生存率（92.6%）也要明显高于野生型患者（69.0%）。多因素分析<sup>[20]</sup>显示EGFR突变是降低放疗后局部复发率（locoregional recurrence rate, LRR）的独立影响因素。此外，Lee等<sup>[21]</sup>报道，在43例NSCLC脑转移患者全脑放疗后，EGFR突变型患者的局部无疾病进展生存（radiological progression-free survival, RPFS）要明显高于EGFR野生型患者（21个月 vs 12个月）。

虽然目前针对EGFR突变对放疗疗效影响的研究多为II期回顾性试验，混杂因素较多，但仍提示我们EGFR突变可能成为预测晚期NSCLC患者放疗疗效的重要指标。

**2.2 EGFR突变影响NSCLC放射敏感性机制** EGFR通过参与NSCLC细胞对放射致死性损伤（DNA double-strand break, DSB）修复而导致放疗抵抗。激活的EGFR主要通过参与非同源末端连接（non homologous end-joining, NHEJ）和同源重组修复（homologous recombination, HR）途径对DNA损伤进行修复<sup>[8]</sup>。

Das等<sup>[22]</sup>进一步研究发现EGFR突变型NSCLC的放射敏感性与其NHEJ功能缺陷密切相关。电离辐射后，EGFR突变细胞株及异位表达突变EGFR基因的HBEC细胞均不能有效进行EGFR核移位，致使EGFR无法与DNA-PK修复蛋白（DNA-PKcs、Ku等）结合，进而大大削弱了其

NHEJ途径对DNA损伤的修复能力而增加其放射敏感性。突变型EGFR依赖的 Ras/Raf/MEK/ERK和PI3K/AKT通路是同源重组修复 (homology recombination, HR) 的重要途径, 但目前尚无针对EGFR突变与HR关系的相关研究。此外, 在EGFR野生型与突变型NSCLC细胞中, DNA损伤修复蛋白 (如DNA-PKcs、Ku70/80、Rad51等) 在表达水平或功能上是否存在差异也不清楚。这些值得我们进一步研究。

### 3 TKI联合放疗的研究进展

体外试验<sup>[23-26]</sup>显示, 使用酪氨酸激酶抑制剂TKI (厄洛替尼、吉非替尼) 可通过增加细胞周期阻滞及凋亡、下调Rad51蛋白等途径增加的NSCLC的放射敏感性。台湾的一项研究<sup>[27]</sup>显示, 在一线使用TKI治疗有效的III期/IV期NSCLC患者中, 及早联合放疗治疗可获得较好的疗效, 其中总体有效率为84%, 中位无进展生存期 (progression-free survival, PFS) 为16个月, 3年生存率达62.5%。另一项研究<sup>[28]</sup>回顾性分析了吉非替尼联合全脑放疗对比吉非替尼单药治疗NSCLC脑转移患者的疗效, 联合治疗组在总生存期 (overall survival, OS) 上明显获益

(23.4个月 vs 14.8个月)。此外, 一项前瞻性研究显示, 在25例III期/IV期NSCLC患者中, 放疗联合使用TKI (吉非替尼或厄洛替尼) 治疗的局部控制率达96%, 中位PFS、OS分别为10.2个月和21.8个月<sup>[29]</sup> (表2)。由于对TKI有效的NSCLC人群多存在EGFR突变, 因此这些研究显示的TKI联合放疗的优效性可能与EGFR突变相关。

进一步研究<sup>[30]</sup>发现, 在放射敏感的EGFR突变型NSCLC细胞HCC827中, 吉非替尼可通过减少ERK1/2和AKT的磷酸化, 阻断其介导的抗凋亡及促增殖作用, 从而进一步增强放射敏感性。CALEB 30106研究结果提示在局部晚期不可切除的NSCLC患者中, 序贯化放疗中使用吉非替尼疗效较好 (中位PFS为13.4个月, 中位OS达19个月), 而分层分析却未显示EGFR的突变状态与生存预后的相关性<sup>[31]</sup>, 但是该试验样本量太少 (13例突变阳性), 此结论需进一步研究探讨。目前尚无更多比较TKI联合放疗在不同EGFR突变状态NSCLC中疗效的研究报道。

### 4 问题与展望

虽然目前研究提示EGFR突变人群对放疗敏感, 但

表1 EGFR突变与NSCLC放疗疗效的回顾性临床研究结果

Tab 1 Retrospective analysis on EGFR mutation and radiation treatment outcome for NSCLCs

Reference	Study type	Patients	RT schedule	Systemic therapy	Result		Md OS (month)	
					WT	Mutated	WT	Mutated
Gow CH. et al <sup>[19]</sup>	Phase III single institution (n=63)	Lung adenocarcinoma with brain metastases	WBRT 30 Gy-35 Gy/15 f-18 f	With or without TKI	RR (%): 24 (4/17)	54 (25/46)	6.6	17.3
Mak RH. et al <sup>[20]</sup>	Phase III single institution (n=123)	NSCLC stage IIb-IIIb No prior thoracic RT	Curative RT 41.4 Gy-74 Gy	With or without chemotherapy /surgery	LRR (%): 41.7 (39/94)	17.8 (5/29)	34.7	61.2
Lee HL. et al <sup>[21]</sup>	Phase III single institution (n=43)	NSCLC with brain metastases	WBRT 30 Gy-40 Gy/15 f-20 f, 17 cases local boost to 50 Gy-60 Gy	With or without TKI	RR (%): 46 (6/13)	80 (24/30)	15.0	11.0
					P=0.045	P=0.005	P=0.121	P=0.049
					2-year RFS%: 35.8	41.4		
					P=0.037	P=0.009		
					RFS (month): 21.0	12.0		

EGFR: epidermal growth factor receptor; NSCLC: non-small cell lung cancer; TKI: tyrosine kinase inhibitor; RT: radiation therapy; WBRT: whole brain radiation therapy; RR: response rate; LRR: locoregional recurrence rate; RFS: relapse-free survival; WT: EGFR wild type; Mutated: EGFR mutated type; Md OS: median overall survival.

表 2 TKI联合放疗治疗NSCLC的临床研究结果

Tab 2 Clinical trials on TKI combined with radiation treatment for NSCLCs

Reference	Study type	Patients	RT schedule	Systemic therapy	Result	Survival (month)
Chang CC. <i>et al</i> <sup>[27]</sup>	Retrospective Single institution (n=25)	NSqCLC stage IIIb or IV responded to TKI	Hypofractionated RT 40 Gy-50 Gy /16 f-20 f	With TKI	RR (%): 84.0	Md PFS: 16.0
Zeng YD. <i>et al</i> <sup>[28]</sup>	Retrospective Single institution (n=90)	NSCLC with brain metastases	With or without concomitant WBRT	With TKI	RR (%): RT+TKI 64.4 TKI 26.7 P<0.001	Md OS: RT+TKI 23.4 TKI 14.8
Wang J. <i>et al</i> <sup>[29]</sup>	Prospective Single institution (n=25)	NSCLC stage IIIb or IV	Curative RT: 66 Gy/33 f	With TKI	LCR (%): 96.0	Md PFS 10.2 Md OS 21.8
Ready N. <i>et al</i> <sup>[31]</sup>	Prospective Single institution (n=60)	NSCLC stage III	Curative RT: 66 Gy/33 f Poor-risk: concomitant RT Good-risk: concurrent CRT	2 cycle introduction chemotherapy followed by TKI	RR (%): RT+TKI 52.4 CRT+TKI 81.6	*Md PFS: RT+TKI 13.4 CRT+TKI 9.2 *Md OS: RT+TKI 19.0 CRT+TKI 13.0

Md PFS: median progress free survival; NSqCLC: non-squamous cell, non-small cell lung cancer; LCR: local control rate; \*: no apparent survival difference with EGFR-activating mutations versus wild type.

未显示出EGFR突变与放疗疗效、生存预后的明显相关性。由于大部分的NSCLC患者在TKI治疗后产生继发耐药，挽救性放疗可能为这部分患者带来一定的生存获益，但其放射敏感性在TKI继发耐药后是否发生变化尚不清楚。

尽管众多研究肯定了TKI联合放疗在部分NSCLC患者的安全及有效性，但多为小样本的回顾性研究，偏倚因素较多，其疗效尚需大型III期随机对照试验进行验证。此外，针对EGFR突变人群，放疗联合TKI治疗的疗效值得进一步探索。但是，联合治疗可能加重放疗及靶向治疗的副作用，如皮疹、腹泻、放射性肺炎、骨髓抑制、食管炎等，因此，TKI联合放疗在NSCLC治疗中仍需谨慎对待。寻找有效预测放疗疗效分子靶标，为患者实施个体化的放疗计划，使NSCLC患者的生存期得到突破是我们努力的方向。

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(收稿: 2012-11-28 修回: 2013-01-21)

(本文编辑 丁燕)