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Meta-analysis and adjusted estimation of COVID-19 case fatality risk in India and its association with the underlying comorbidities

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ABSTRACT

Management of coronavirus disease 2019 (COVID-19) in India is a top government priority.

However, there is a lack of COVID-19 adjusted case fatality risk (aCFR) estimates and information on states with high aCFR. Data on COVID-19 cases and deaths in the first pandemic wave and 17 state-specific geodemographic, socio-economic, health and comorbidity-related factors were collected. State-specific aCFRs were estimated, using a 13-day lag for fatality. To estimate country-level aCFR in the first wave, state estimates were meta-analysed based on inverse-variance weighting and aCFR as either a fixed- or random-effect. Multiple correspondence analyses, followed by univariable logistic regression, were conducted to understand the association between aCFR and geodemographic, health and social indicators.

Based on health indicators, states likely to report a higher aCFR were identified. Using random- and fixedeffects models, cumulative aCFRs in the first pandemic wave on 27 July 2020 in India were 1.42% (95% CI 1.19%–1.70%) and 2.97% (95% CI 2.94%–3.00%), respectively. At the end of the first wave, as of 15 February 2021, a cumulative aCFR of 1.18% (95% CI 0.99%–1.41%) using random and 1.64% (95% CI 1.64%–1.65%) using fixed-effects models was estimated. Based on high heterogeneity among states, we inferred that the random-effects model likely provided more accurate estimates of the aCFR for India. The aCFR was grouped with the incidence of diabetes, hypertension, cardiovascular diseases and acute respiratory infections in the first and second dimensions of multiple correspondence analyses. Univariable logistic regression confirmed associations between the aCFR and the proportion of urban population, and between aCFR and the number of persons diagnosed with diabetes, hypertension, cardiovascular diseases and stroke per 10,000 population that had visited NCD (Non-communicable disease) clinics. Incidence of pneumonia was also associated with COVID-19 aCFR. Based on predictor variables, we categorised 10, 17 and one Indian state(s) expected to have a high, medium and low aCFR risk, respectively. The current study demonstrated the value of using meta-analysis to estimate aCFR. To decrease COVID-19 associated fatalities, states estimated to have a high aCFR must take steps to reduce comorbidities.

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1. Introduction

Novel severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2) was first reported in Wuhan, China in December 2019 [1]. Coronavirus disease 2019 (COVID-19) progressed rapidly into a serious pandemic and within 10 months, despite mitigation efforts, >30 M cumulative cases and 0.95 M deaths due to COVID-19 have been reported worldwide [2]. As of 1 June 2021, >170 M cumulative cases and >3.5 M deaths have been reported worldwide [2]. Furthermore, it has been predicted that an unmitigated outbreak might cause \sim 7B infections and \sim 40 M deaths worldwide in 2020 [3].

SARS-CoV-2 is transmitted via respiratory droplets and aerosols from infected individuals [4,5]. Virus particles present in small droplets released while speaking or coughing can remain viable and infectious in aerosols for 3 h [6,7]. These virus particles can be transmitted directly or by contact transfer via contaminated hands [8]. Furthermore, transmission of SARS-CoV-2 has been linked to temperature and humidity [9,10].

COVID-19 symptoms include fever, cough, shortness of breath, pneumonia and other respiratory tract symptoms, and can progress to death [11,12]. The median incubation period is 5.1 days (95% CI, 4.5–5.8 days) and 97.5% will develop symptoms within 11.5 days (95% CI 8.2–15.6 days) of infection [13]. Only \sim 1% of cases will develop symptoms after 14 days of active monitoring or quarantine [13].

Case fatality risk (CFR) estimates for COVID-19 vary across countries and over time. As of 5 March 2020, a CFR of 3.5% was reported from China, 4.2% was reported across 82 countries/territories, and 0.6% from a cruise ship (after accounting for a lag time for fatality) [14]. On 17 March 2020, a CFR of 7.2% was reported from Italy [15]. A CFR of 5.65% (after accounting for right-censoring) was reported in mainland China, based on data collected from 29 December 2019 to 17 April 2020 [16]. Case fatality rates of 1.2% in Germany [17], 9% in Spain, 11.9% in Italy, 8.6% in the Netherlands, 7.1% in France and 8% in the UK, have been reported across varying intervals [18].

As of August 31, 2020, the time-delay adjusted case fatality rate (CFR) was 4.16% for men and 3.26% for women in Chile, Latin America [19]. High case fatality rates have been reported in severe COVID-19 patients. A systematic review and meta-analysis of 69 studies involving 57,420 adult patients from 23 countries with severe COVID-19 reported a CFR of approximately 45% in those receiving invasive mechanical ventilation [20]. A high CFR has also been reported in older adults [21]. A CFR of 1.4% has been reported during the second pandemic wave in England [22]. Thus, there appears to be great variability among CFR estimates in different countries, and over time.

COVID-19 prognosis and progression vary among individuals. Diabetes has been reported to be a risk factor for a poor COVID-19 prognosis [23]. Coronary artery disease, heart failure, cardiac arrhythmia, chronic obstructive pulmonary disease, current smoking and >65 years of age were associated with an increased risk of in-hospital death among COVID-19 hospitalized patients [24]. A higher frequency of obesity was reported in intensive care COVID-19 patients [25].

Until now, COVID-19 has affected India in two waves at the national level, although there might be differences at the state level. The first case of COVID-19 in India was reported on 30 January 2020 [26]. As of 22 September 2020, the country had reported 5,562,663 cumulative cases, a total of 88,935 deaths and >65 M tests conducted [27]. A second wave started in February 2021, as of 11 June 2021, the country had reported >29.27 M cumulative cases, and a total of 363,079 deaths [28]. The disease has been reported in all states and union-territories. To our knowledge, state-specific CFRs (after accounting for a lag-time for fatality) and the case fatality risk at the country level using a meta-analysis approach have not been reported. In addition, little is known about the risk factors associated with COVID-19 CFR in India. Therefore, our objectives were to estimate the aCFR for COVID-19 in the first pandemic wave and determine its association with various health and social indicators in India.

2. Methods

2.1. Source of data

2.1.1. COVID-19 case and death data

State/Union territory-specific COVID-19 cumulative case (27 July 2020–08:00 AM IST; 15 February 2021–08:00 AM IST) and death (27 July 2020–08:00 AM IST; 9 August 2020–08:00 AM IST; 15 February 2021–08:00 AM IST; and 28 February 2021–08:00 AM IST) time-series data were extracted from the Ministry of Health and Family Welfare, Ministry of Information and Broadcasting and Indian Council for Medical Research, Government of India websites [27,29]. The time-period for the first wave of COVID-19 was defined as that from 30 January 2020 to 15 February 2021; and the data collection and analyses were performed for the first wave, accordingly.

Combined data for the union territories Jammu and Kashmir and Ladakh are presented (old state of Jammu and Kashmir), as other health and social indicators were only available for the old state of Jammu and Kashmir. No data were available for UT of Lakshadweep. Furthermore, individual data for the two UTs Dadra and Nagar Haveli and Daman and Diu were not available (for 27 July 2020) and were therefore excluded. Mizoram state had limited cases with no deaths reported; therefore, this state was also excluded from the analysis. The final dataset had information on 32 states/union territories (Fig. 1; Fig. 2).

2.1.2. State/UT-specific parameters

Data for 17 state-specific geodemographic (n = 4), socio-economic (n = 1), health and comorbidity-related (n = 12) factors were collected from the published literature (Table 1, [30–35]). Information on the 2016 projected total human population and number of persons who attended Non-communicable disease (NCD) clinics in 2018 were also collected to derive estimates per 10,000 population (Table 1).

2.2. Database development

Annual incidence of malaria, acute respiratory infection, and pneumonia per 10,000 human population were estimated by dividing the total number of cases reported due to malaria, acute respiratory infection, and pneumonia in 2017 by the projected human population in 2016, and finally multiplied by 10,000.

Similarly, incidence of diabetes, hypertension, cardiovascular diseases, stroke, and common cancers (from those who attended NCD clinics) were divided by the total number of persons attending NCD clinics and finally multiplied by 10,000 to estimate number of patients diagnosed with diabetes, hypertension, cardiovascular diseases, stroke, and common cancers per 10,000 population that visited NCD clinics.

2.3. Statistical analyses

Statistical analyses were conducted using R (R statistical package version 3.4.0, R Development Core Team [2015], http://www.r-project.org).

2.3.1. Adjusted case fatality risk (aCFR)

State-specific aCFR was estimated using a lag time for fatality. We used a previously reported median time delay of 13 days from illness onset to death [36]. For the July 2020 data (during the ongoing first wave), the number of COVID-19 cumulative cases on 27 July 2020 was used as the denominator value. Based on Wilson, Kvalsvig (14), we assumed that half of the additional cumulative reported deaths on 9 August 2020 corresponded to cases reported on 27 July. As noted, this approach is simple, albeit likely to be modified or replaced accurate studies to overcome associated limitations become available [14]. For the February 2021 data (at the end of the first wave), the number of COVID-19 cumulative cases on 15 February 2021 was used as the denominator value. Further, we assumed that half of the additional

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State	Deaths	Cases			Case Fatality (%)	95% C.I.	Weight (fixed)	Weight (random)
Andhra Pradesh	1490.0	96298	Ŧ		1.55	[1.47; 1.63]	4.0%	3.6%
Arunachal Pradesh	3.0	1158	-		0.26	[0.08; 0.80]	0.0%	1.5%
Assam	109.5	32228	•		0.34	[0.28; 0.41]	0.3%	3.5%
Bihar	313.0	39176	±		0.80	[0.72; 0.89]	0.8%	3.5%
Chhattisgarh	66.0	7450	-		0.89	[0.70; 1.13]	0.2%	3.4%
Goa	53.5	4861	-		1.10	[0.84; 1.44]	0.1%	3.3%
Gujarat	2477.0	55822		-	4.44	[4.27; 4.61]	6.4%	3.6%
Haryana	433.0	31332			1.38	[1.26; 1.52]	1.2%	3.6%
Himachal Pradesh	13.0	2176	-		0.60	[0.35; 1.03]	0.0%	2.7%
Jammu and Kashmir	392.0	19205	-	1	2.04	[1.85; 2.25]	1.0%	3.5%
Jharkhand	120.0	8275	.		1.45	[1.21; 1.73]	0.3%	3.5%
Karnataka	2484.5	96141	-		2.58	[2.49; 2.69]	6.6%	3.6%
Kerala	83.5	19025	•		0.44	[0.35; 0.54]	0.2%	3.4%
Madhya Pradesh	894.0	27800		.	3.22	[3.01; 3.43]	2.3%	3.6%
Maharashtra	15511.5	375799		•	4.13	[4.06; 4.19]	40.4%	3.6%
Manipur	5.5	2235	-		0.25	[0.11; 0.57]	0.0%	2.0%
Meghalaya	5.5	702			0.78	[0.34; 1.79]	0.0%	2.0%
Nagaland	5.5	1339	-		0.41	[0.18; 0.94]	0.0%	2.0%
Odisha	199.5	25389	—		0.79	[0.68; 0.90]	0.5%	3.5%
Punjab	434.0	13218		¦ 	3.28	[2.99; 3.60]	1.1%	3.6%
Rajasthan	699.5	35909	-		1.95	[1.81; 2.10]	1.9%	3.6%
Sikkim	0.5	545	•		0.09	[0.01; 1.45]	0.0%	0.4%
Tamilnadu	4151.0	213723	•		1.94	[1.88; 2.00]	11.0%	3.6%
Telangana	545.0	54059	•		1.01	[0.93; 1.10]	1.5%	3.6%
Tripura	27.0	3900	-	1	0.69	[0.48; 1.01]	0.1%	3.1%
Uttar Pradesh	1727.0	66988			2.58	[2.46; 2.70]	4.6%	3.6%
Uttarakhand	90.0	6104	-		1.47	[1.20; 1.81]	0.2%	3.4%
West Bengal	1688.5	58718		e	2.88	[2.74; 3.01]	4.4%	3.6%
Andaman and Nicobar islands	10.0	324		-	3.09	[1.67; 5.64]	0.0%	2.5%
Chandigarh	18.5	887		1	2.09	[1.33; 3.27]	0.0%	2.9%
NCT of Delhi	3962.5	130606		±	3.03	[2.94; 3.13]	10.4%	3.6%
Puducherry	60.0	2786		-	2.15	[1.68; 2.76]	0.2%	3.3%
Fixed effect model		1434178			2.97	[2.94; 3.00]	100.0%	
Random effects model			-		1.42	[1.19; 1.70]		100.0%
Heterogeneity: $l^2 = 100\%$, $\tau^2 = 0.235$	9, $\chi^2_{31} = 697$	$0.99 \ (p = 0)$				-		
		(J 1 2	3456	1			
			Case	= raiallily (%)				

Fig. 1. Forest plot of case fatality risk of COVID-19 in India (July 2020) using random- and fixed-effect models.

cumulative reported deaths on 28 February 2021 corresponded to cases reported on 15 February.

Finally, the aCFR (proportion of cumulative deaths to cumulative cases) was estimated via meta-analysis using the R function *metaprop*, with inverse-variance weighting. Separate estimates using both fixed-and random-effects models are presented [37]. Proportions were logit transformed.

2.3.2. Predictors and outcome

Information on the 17 state-specific geodemographic, social, health and comorbidity-related factors as key predictors were collected. Statespecific aCFR (July 2020) was used as the outcome variable.

2.3.3. Descriptive analyses

Descriptive analyses were performed and data were tested for the assumptions of linearity and normality. Initially, a variable was logtransformed if the assumption of normality was not met. Later, nonlinear variables were converted into categorical variables using quartiles for further analysis. Fisher's Exact test was used to determine the association between categorical predictor variables.

2.3.4. Multiple correspondence analyses

Due to expected associations among categorical predictor variables, multiple correspondence analysis (MCA) was conducted to determine potential groupings of predictor variables with the aCFR (July 2020). For the purpose of MCA, categorical predictor variables were recategorised using their medians and converted into dichotomous lowor high-value predictor variables. Adjusted CFR was also dichotomised as low versus high aCFR before conducting the MCA. States with missing values were excluded from the MCA.

2.3.5. Univariable logistic regression

Predictor variables grouped with aCFR (in the same quadrant as the group centroid in the first- and second dimensions following MCA) were assessed using univariable logistic regression ($p \leq 0.05$). In addition, incidence of patients with stroke that visited NCD clinics was also assessed as it was placed closer to the variable aCFR in the MCA (albeit in a different quadrant). Dichotomised aCFR in the first wave (July 2020) was used as the outcome variable and the selected geodemographic and health indicators (after categorising by their quartiles) as key predictors.

2.3.6. Identification of states with high aCFR

Based on the subjective evaluation of the univariable analysis (using significant predictor variables), states having a low, medium, or high aCFR were determined. States likely to have a low, medium, or high aCFR were categorised using the July 2020 aCFR data. The predictor quartile having the lowest odds ratio was assigned a score of 1 and that of the highest odds ratio was assigned a score of 4. Predictor quartiles having similar odds ratios were assigned average scores for their respective rank quartiles. Scores of all the significant predictors were combined to produce an overall risk score of aCFR. States having scores of 0–8, 8–16 and 16–24 were categorised as low, medium, and high risk aCFR states. Choropleth maps describing risk score of aCFR for the

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State	Deaths	Cases			Case Fatality (%)	95% C.I.	Weight (fixed)	Weight (random)
Andhra Pradesh	7172.5	888869			0.81	[0.79; 0.83]	4.6%	3.2%
Arunachal Pradesh	65.0	16831			0.39	[0.30; 0.49]	0.0%	3.0%
Assam	1095.0	217285	•		0.50	[0.48; 0.53]	0.7%	3.1%
Bihar	1550.5	261646	•		0.59	[0.56; 0.62]	1.0%	3.1%
Chhattisgarh	3863.5	309099	•		1.25	[1.21; 1.29]	2.5%	3.1%
Goa	802.5	54152			1.48	[1.38; 1.59]	0.5%	3.1%
Gujarat	4413.5	264718	•		1.67	[1.62; 1.72]	2.8%	3.1%
Haryana	3053.0	268887	•		1.14	[1.10; 1.18]	1.9%	3.1%
Himachal Pradesh	997.5	58142	-		1.72	[1.61; 1.82]	0.6%	3.1%
Jammu and Kashmir	2090.0	134970	•		1.55	[1.48; 1.62]	1.3%	3.1%
Jharkhand	1091.5	119242	•		0.92	[0.86; 0.97]	0.7%	3.1%
Karnataka	12356.5	945270			1.31	[1.28; 1.33]	7.9%	3.2%
Kerala	4280.5	1004135	1		0.43	[0.41; 0.44]	2.8%	3.1%
Madhya Pradesh	3880.0	257229	•		1.51	[1.46; 1.56]	2.5%	3.1%
Maharashtra	52373.5	2064278	•		2.54	[2.52; 2.56]	33.0%	3.2%
Manipur	373.0	29148	H		1.28	[1.16; 1.42]	0.2%	3.1%
Meghalaya	148.0	13924	₩		1.06	[0.91; 1.25]	0.1%	3.1%
Nagaland	92.5	12168	➡		0.76	[0.62; 0.93]	0.1%	3.0%
Odisha	1917.5	336174			0.57	[0.55; 0.60]	1.2%	3.1%
Punjab	5892.5	175804		+	3.35	[3.27; 3.44]	3.7%	3.2%
Rajasthan	2790.0	318923	1		0.87	[0.84; 0.91]	1.8%	3.1%
Sikkim	135.0	6111	; 		2.21	[1.87; 2.61]	0.1%	3.1%
Tamilnadu	12530.0	845120			1.48	[1.46; 1.51]	8.0%	3.2%
Telangana	1642.0	296673			0.55	[0.53; 0.58]	1.1%	3.1%
Tripura	391.0	33353	#		1.17	[1.06; 1.29]	0.2%	3.1%
Uttar Pradesh	8736.5	602190	•		1.45	[1.42; 1.48]	5.6%	3.2%
Uttarakhand	1699.0	96722	1		1.76	[1.68; 1.84]	1.1%	3.1%
West Bengal	10283.0	572595	•		1.80	[1.76; 1.83]	6.5%	3.2%
Andaman and Nicobar islands	62.0	5007	-		1.24	[0.97; 1.59]	0.0%	3.0%
Chandigarh	355.0	21171	+		1.68	[1.51; 1.86]	0.2%	3.1%
NCT of Delhi	10918.0	636946	•		1.71	[1.68; 1.75]	6.9%	3.2%
Puducherry	674.0	39416	#		1.71	[1.59; 1.84]	0.4%	3.1%
Fixed effect model		10906198	1		1.64	[1.64; 1.65]	100.0%	
Random effects model		-	<u> </u>		1.18	[0.99; 1.41]		100.0%
Heterogeneity: $I^2 = 100\%$, $\tau^2 = 0.267$	76, χ ₃₁ ² = 356	26.63 $(p = 0)^{\lceil}$						
		0		4 5)			
			Case ratality	(70)				

Fig. 2. Forest plot of case fatality risk of COVID-19 in India (February 2021) using random- and fixed-effect models.

Table 1

Country-specific geodemographic, environment, social, health and comorbidityrelated variables used in the study.

Variable	Reference
Geodemography	
Population density (people per square kilometre), 2011	[30-32]
Death rate, 2016	[30]
Proportion of urban population, 2011	[31–33]
Proportion of population \geq 60 years, 2011	[34]
Projected total human population, 2016	[35]
Socio-economic indicators	
Percentage of population below poverty line, 2011–12	[30]
Health status (Communicable diseases)	
Cases due to malaria, acute respiratory infection or pneumonia, 2017	[30]
Leprosy prevalence, 2017	
Children aged 12–23 months that received BCG (%)	
Health status (Non-communicable diseases)	
Number of persons that attended NCD clinics	[30]
Out of those screened at NCD Clinics, number of persons diagnosed with	[]
diabetes, hypertension, cardiovascular diseases, stroke or common	
cancers in 2017	
Health finance indicators	
Per capita health expenditure (Bs) 2015–16	[30]
rer cupita neutral experiancia (10), 2010 10	[00]
Health human resource	
Average population served by government allopathic doctors, 2015–17	[30]

Indian states were generated.

Finally, the February 2021 reported aCFR (at the end of the first wave) was compared with the predicted risk score (using the mid-wave data) of aCFR for all Indian states. In brief, the states were ranked as per aCFR in 2021 and the predicted risk scores estimated using 2020 aCFR data were compared.

3. Results

3.1. Case fatality risk

Overall, in the selected states/union territories by 27 July 2020 1,434,178 cumulative COVID-19 cases had been reported, whereas by 9 August 2020 43,377 deaths had been reported. Using the random-effects model and meta-analysis, the aCFR (%) was estimated to be 1.42% (95% CI 1.19%–1.70%). Furthermore, using the fixed-effects model and meta-analysis, the aCFR was estimated to be 2.97% (95% CI 2.94%–3.00%). Heterogeneity was very high at 99.57% (p < 0.001) in the effect of sizes in both fixed- and random-effect models (Fig. 1). Based on high heterogeneity, random-effects model estimates were more likely to be representative of the true aCFR for India.

As of 15 February 2021 (considered to be the end of the first pandemic wave), 10,916,589 cumulative COVID-19 cases and 155,732 deaths had been reported whereas by 28 February 2021, 11,096,731 cumulative COVID-19 cases and 157,051 deaths had been reported. A cumulative first wave aCFR of 1.18% (95% CI 0.99%–1.41%) using random and 1.64% (95% CI 1.64%–1.65%) using fixed-effects models

was recorded (Fig. 2). Heterogeneity was very high (99.91%; p < 0.001) in the effect of sizes in both fixed- and random-effect models.

3.2. Multivariable correspondence analysis

Case fatality risk was grouped with certain geodemographic and health indicators in the first and second dimensions of MCA (Fig. 3); potentially associated variables have been listed in Table 2. Grouping of aCFR with the incidence of diabetes, hypertension, cardiovascular diseases and acute respiratory infections was apparent in the first and second dimensions of the multiple correspondence analysis.

3.3. Univariable analysis

Univariable analysis revealed that the 2011 proportion of urban population, 2017 incidence of diabetes, 2017 incidence of hypertension, 2017 incidence of cardiovascular diseases, 2017 incidence of stroke, and 2017 incidence of pneumonia were positively correlated with COVID-19 aCFR (Table 2).

3.4. Identification of states with high aCFR

Based on the predictor variables and mid-wave (July 2020) aCFR data, we categorised 10, 17 and 1 Indian states as likely to have a high, medium, and low aCFR risk, respectively (Fig. 4, Table 3).

The cumulative first wave (15 February 2021) aCFR estimates revealed that 4 predicted high and 4 predicted medium aCFR states using the July 2020 aCFR data (Table 3) were ranked among the 10 Indian states/UTs with the highest aCFRs during 2021 (Fig. 2; Table 3). No predictions were made for NCT of Delhi and Chandigarh due to lack of predictor data for these state/UTs.

4. Discussion

To our knowledge, the aCFR, using meta-analysis and a lag time for fatality using state-specific data, has not been estimated for India or many other countries. However, this will help inform COVID-19 response in the country. Similarly, identifying states with high CFR will help to better allocate health resources across states and enhance preparedness levels in these states.

Accurate estimation of CFR is a serious challenge worldwide. We used a previously reported median time delay of 13 days from illness onset to death and accounted for half of the deaths during this interval in aCFR estimations. Any bias in this estimate may have under- or overestimated the COVID-19 aCFR in India. However, we believe this estimate to be much more accurate than the crude CFR estimations using same day COVID-19 case and death data. We agreed with a previous study that this approach is simple, albeit likely to be superseded when accurate studies to overcome associated limitations become available [14]. In addition, asymptomatic cases, testing criteria and capacity further complicate COVID-19 case estimations.

Using the random- and fixed-effect models, the estimated aCFR (July 2020) was 1.42% (95% CI 1.19%–1.70%) and 2.97% (95% CI 2.94%–3.00%), respectively. Due to high heterogeneity, estimates using the random-effects model were more likely to represent the true aCFR for India. Previous studies used random-effect models to estimate the CFR of COVID-19 [38,39] or presented CFR using both random-effects and fixed-effect models [40]. Using a random effects model, we ensured that states with high numbers of cases and deaths received more weight compared to states with fewer cases and deaths.



Fig. 3. Plot of the first and second dimensions of multiple correspondence analysis of state-specific case fatality risk and geodemography, social and health indicators in India.

Table 2

Summary of univariable logistic regression analyses of state-specific geodemography and health indicators associated with adjusted COVID-19 case fatality risk in India.

Parameter	Variable	Estimate	Standard error	Odds ratio	95% CI	<i>p</i> -value
Geodemography						
Population density (people per square kilometre), 2011	[17, 175]	Reference		1.00		0.376
	(175, 316]	1.61	1.10	5.00	(0.58, 42.8)	
	(316, 560]	1.10	1.08	3.00	(0.36, 24.92)	
	(560, 11,300]	1.61	1.10	5.00	(0.58, 42.8)	
Death rate, 2016	[4, 5.5]	Reference		1.00		0.86
	(5.5, 6.1]	0.73	0.99	2.08	(0.3, 14.55)	
	(6.1, 6.73]	-0.06	1.02	0.94	(0.13, 6.87)	
	(6.73, 7.8]	0.22	0.97	1.25	(0.19, 8.44)	
Proportion of urban population, 2011	[10, 23.8]	Reference		1.00		0.02
	(23.8, 29.3]	1.44	1.30	4.20	(0.33, 53.12)	
	(29.3, 39.8]	3.05	1.35	21.00	(1.5, 293.25)	
	(39.8, 97.5]	3.05	1.35	21.00	(1.5, 293.25)	
Proportion of population \geq 60 years, 2011	[4.6, 6.95]	Reference		1.00		0.799
	(6.95, 7.85]	0.51	1.02	1.67	(0.23, 12.22)	
	(7.85, 9.55]	0.51	1.02	1.67	(0.23, 12.22)	
	(9.55, 12.6]	1.02	1.03	2.78	(0.37, 21.03)	
Health status (Communicable diseases)						
Incidence of acute respiratory infection (in 2017) per (cases/10,000) ^a	[4.44, 33.5]	Reference		1.00		0.054
	(33.5, 171]	0.59	1.10	1.80	(0.21, 15.41)	
	(171, 383]	1.10	1.08	3.00	(0.36, 24.92)	
	(383, 1150]	3.04	1.35	21.00	(1.5, 293.25)	
Incidence of pneumonia (in 2017) (cases/10,000) ^a	[0.0545, 0.448]	Reference		1.00		0.011
	(0.448, 1.86]	-1.44	1.29	0.24	(0.02, 3.01)	
	(1.86, 3.81]	1.02	1.03	2.78	(0.37, 21.03)	
	(3.81, 27.4]	2.46	1.29	11.67	(0.92, 147.56)	
Health status (Noncommunicable diseases)						
Incidence of diabetes (in 2017) (cases/10,000) ^a	[8.49, 84]	Reference		1.00		0.001
	(84, 580]	0.18	1.17	1.20	(0.12, 11.87)	
	(580, 1510]	0.18	1.17	1.20	(0.12, 11.87)	
	(1510, 5400]	19.66	2306.10	346,946,379.79	**	
Incidence of hypertension (in 2017) (cases/10,000) ^a	[10.6, 140]	Reference		1.00		0.001
	(140, 508]	0.18	1.17	1.20	(0.12, 11.87)	
	(508, 1790]	0.18	1.17	1.20	(0.12, 11.87)	
	(1790, 9760]	19.66	2306.10	346,946,378.19	**	
Incidence of cardiovascular diseases (in 2017) (cases/ 10,000) ^a	[0.122, 5.08]	Reference		1.00		0.001
	(5.08, 22.6]	-0.69	1.35	0.50	(0.04, 7.1)	
	(22.6, 56.7]	1.39	1.12	4.00	(0.45, 35.79)	
	(56.7, 268]	19.66	2465.33	346,946,379.53	**	
Incidence of stroke (in 2017) (cases/10,000) ^a	[0.233, 2.68]	Reference		1.00		< 0.001
	(2.68, 8.87]	0.34	1.53	1.40	(0.07, 28.12)	
	(8.87, 22.3]	2.23	1.31	9.33	(0.71, 122.57)	
	(22.3, 102]	20.51	2465.33	809,541,549.07	**	

*Reference value; **inestimable.

^a Population that visited NCD clinics.

For India, the aCFR appeared to be lower than in many European countries. This might be due to the fact that only 6.38% of the population in India was above 65 years of age in 2019 [41]. Elderly people (>60 years) have been reported to be at a higher risk of death due to COVID-19 [42,43]. However, many other health and social indicators, changes in the virulence of SARS-CoV2 in regions over time, and country-specific COVID-19 response indicators may be associated with CFR, and this needs to be investigated.

Heterogeneity was as high as 99.57% (July 2020 data) and 99.91% (February 2021 data) in the effect sizes in state-specific aCFRs (both fixed- and random-effect models), perhaps due to differences in state-specific sub-populations, health facilities, infrastructure hospital care and COVID-19 testing protocols. In addition, specific states might be in different phases of the COVID-19 epidemic, as the CFR has varied during the progression of the COVID-19 epidemic [40]. High heterogeneity needs to be further investigated; regardless, the current estimates suggest uncertainty of aCFR point estimates.

Multiple correspondence analyses and univariable logistic regression were used to summarise associations between state-specific aCFR and several geodemography, social and health indicators. Based on these analyses, health indicators such as incidence of diabetes, hypertension, stroke and cardiovascular diseases were associated with the aCFR in India, consistent with previous studies in other countries [23,24].

The cumulative aCFR in India was lower at the end of the first wave (February 2021) compared to mid-first wave (July 2020). Many factors might be responsible for this. Early during the pandemic, no vaccines were yet available, whereas as of 15 February 2021, 8.5 M doses of vaccine (8.42 M first doses and 0.098 M second doses) had been administered. Improvements in the health infrastructure and treatment protocols [44] could have played a role in lowering the CFR in 2021.

A second COVID-19 wave started in the country in February 2021 peaking in early May 2021 and is continuing at the time of writing this manuscript. At the peak of this wave (to date) there were 414,188 daily new confirmed cases (7 May 2021 as on 8:00 AM) and 4187 daily deaths (8 May 2021 as on 8:00 AM) reported [28]. As of 11 June 2021, the country had reported >29.27 M cumulative cases (91,702 daily new cases), and a total of 363,079 deaths (3403 daily deaths) [28] indicating a decrease in the intensity of the second wave. A parallel vaccination campaign continued along with the second wave. As of 31 May 2021, 213.15 M doses of vaccine (168.61 M first doses (~12% of people) and 44.54 M (~3.26% of people) second doses) had been administered [28] and 58.53 M (~58%) and 18.68 M (~18.9%) people >60 years-of-age



Fig. 4. Estimated risk score of the adjusted case fatality risk (aCFR) for various states of India.

had received first and second dose of the vaccine, respectively [28]. Estimates of aCFR in the second wave and differences in risk factors between the first and second waves need to be investigated once the second wave has finished.

The current study had some limitations. Differences in COVID-19 testing and hospital care may have caused differences in aCFR at the state level. Although health indicators were estimated from NCD clinic data, there may be differences among states in the population that visit NCD clinics. The Government of India has NCD clinics for screening and early diagnosis of NCDs under the National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke. As of March 2020, 665 District NCD Cells, 637 District NCD Clinics, 4472 CHC NCD Clinics, 181 Cardiac Care Units and 218 Day Care Units were reported to be functional [45]. Overall, 35.72 M patients have been

reported to attend NCD clinics in 2017 [30]. In addition, the role of many health indicators, e.g. obesity, could not be evaluated. Furthermore, we could not account for the migration between the states. That COVID-19 testing capacity varies across states may have influenced the aCFR estimations in the current study. Lastly, the risk factor investigation at the state level may not be applicable at the individual level. Despite these shortcomings, we believe the aCFR and the risk factor investigation in the current study to be sufficiently valid to inform COVID-19 response in India and populations in similar settings.

Contributors

BBS designed this study, compiled, and analysed the study data, and prepared the first draft of the manuscript. MPW, ML, RTL, IAV, RD,

Table 3

Qualitative risk evaluation of the adjusted case fatality risk (aCFR, %) in different states of India.

State	Proportion of urban population, 2011	Incidence of specific diseases in 2017					aCFR (%)	Risk score- aCFR	Risk score- aCFR level (based on 2020	State rank (based on aCFR 2021, observed)
		Pneumonia	Diabetes ^a	Hypertension ^a	Cardiovascular diseases ^a	Stroke ^a			data)	
Andhra Pradesh	3.5	4	4	4	4	4	1.55	23.5	High	25
Arunachal Pradesh	1	2	1	2.5	2	2	0.26	10.5	Medium	32
Assam	1	3	2.5	2.5	3	3	0.34	15	Medium	30
Bihar	1	4	2.5	1	1	1	0.80	10.5	Medium	27
Chhattisgarh	1	1	2.5	2.5	1	2	0.89	10	Medium	18
Goa	3.5	1	2.5	2.5	1	2	1.10	12.5	Medium	14
Gujarat	3.5	2	4	4	4	4	4.44	21.5	High	10
Haryana	3.5	1	2.5	2.5	1	2	1.38	12.5	Medium	21
Himachal Pradesh	1	3	2.5	2.5	1	1	0.60	11	Medium	6
Jammu and Kashmir	2	3	2.5	2.5	1	2	2.04	13	Medium	11
Jharkhand	2	1	2.5	2.5	3	3	1.45	14	Medium	23
Karnataka	3.5	3	2.5	2.5	3	3	2.58	17.5	High	16
Kerala	3.5	1	2.5	2.5	3	2	0.44	14.5	Medium	31
Madhya	2	4	2.5	2.5	4	3	3.22	18	High	12
Pradesh									-	
Maharashtra	3.5	1	4	4	3	4	4.13	19.5	High	2
Manipur	2	2	1	1	2	1	0.25	9	Medium	17
Meghalaya	1	1	1	1	2	1	0.78	7	Low	22
Nagaland	2	2	1	1	2	1	0.41	9	Medium	26
Odisha	1	3	2.5	2.5	1	3	0.79	13	Medium	28
Punjab	3.5	3	4	4	4	4	3.28	22.5	High	1
Rajasthan	2	4	4	4	4	4	1.95	22	High	24
Sikkim	2	2	1	1	2	1	0.09	9	Medium	3
Tamil Nadu	3.5	3	4	4	3	4	1.94	21.5	High	13
Telangana	3.5	1	2.5	2.5			1.01	NA	NA	29
Tripura	2	2	1	1	2	1	0.69	9	Medium	20
Uttar Pradesh	1	4	4	4	4	3	2.58	20	High	15
Uttarakhand	3.5	3	2.5	2.5	2	1	1.47	14.5	Medium	5
West Bengal	3.5	4	4	4	4	4	2.88	23.5	High	4
Andaman and Nicobar	3.5	2					3.09	NA	NA	19
Islands										
Chandigarh	3.5	4	1	1	2		2.09	NA	NA	9
NCT of Delhi	3.5	4					3.03	NA	NA	7
Puducherry	3.5	2	1	1	3	3	2.15	13.5	Medium	8

Ranks: Low (0-8), Medium (8-16), High (16-24), NA - No rank assigned.

^a Cases/10,000 that visited NCD clinics.

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Conflict of interest statement

The authors declare no conflicts of interest.

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