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Nonlinear finite element analysis of three implantabutment interface designs

Chun-Bo Tang^{1,*}, Si-Yu Liu^{1,*}, Guo-Xing Zhou¹, Jin-Hua Yu¹, Guang-Dong Zhang¹, Yi-Dong Bao² and Qiu-Ju Wang²

The objective of this study was to investigate the mechanical characteristics of implant–abutment interface design in a dental implant system, using nonlinear finite element analysis (FEA) method. This finite element simulation study was applied on three commonly used commercial dental implant systems: model I, the reduced-diameter 3i implant system (West Palm Beach, FL, USA) with a hex and a 12-point double internal hexagonal connection; model II, the Semados implant system (Bego, Bremen, Germany) with combination of a conical (45° taper) and internal hexagonal connection; and model III, the Brånemark implant system (Nobel Biocare, Gothenburg, Sweden) with external hexagonal connection. In simulation, a force of 170 N with 45° oblique to the longitudinal axis of the implant was loaded to the top surface of the abutment. It has been found from the strength and stiffness analysis that the 3i implant system has the lowest maximum von Mises stress, principal stress and displacement while the Brånemark implant system with a hex and a 12-point double internal hexagonal connection had a better stress distribution, and produced a smaller displacement than the other two implant systems.

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INTRODUCTION

Nowadays, titanium endosteal implants therapy has been widely used in clinical application for partially or completely edentulous patient.^{1–3} This is due to the superior mechanical properties and excellent anchorage in the jawbones.⁴ With the increasing demand and clinical applications of dental implants, more and more implant–abutment interface related designs and performance issues have been investigated and reported.^{5–6} Micromovements and vibrations due to occlusal forces can lead to mechanical complications, such as loosening of screws and fracture of the abutment or implant. The reliability and stability of the implant–abutment connection design is a crucial factor in maintaining a long-term functioning of the implant–bone interface.⁷

Currently, there are over 20 different geometric variations of implant–abutment interface commercially available. Implant–abutment connection can be either internal or external, depending on if a geometric feature extends above the coronal surface or below. External connection was first used clinically and had dominated the market for the past two decades until recently a number of internal connection designs have become popular and rapidly taken over the world market.⁸ It has been previously reported that although axial load produces similar level of stress on the interface regardless of design,

the internal-hex interface design yields a lower stress concentration than the external-hex interface design under an off-center load.⁹⁻¹⁰ More recently, a new design of abutment-implant connection, namely platform switching, is attracting more attention. Rodriguez-Ciurana *et al.*¹¹ show that an implant system with abutment diameter smaller than that of the implant platform can achieve better results than an implant system with implant platform and abutment of the same diameter, even though their initial biomechanical load potential was lower.

With the continuous improvement of implant–abutment interface design, the structural complicity has made it difficult to calculate occlusal forces in the bone around dental implant and the stress within implant. In order to predict stress and strain within structures in a real situation, which cannot be solved by a traditional linear static model, nonlinear finite element analysis (FEA) has become an increasingly powerful approach.¹² Nonlinear FEA has been successfully applied to assess the mechanical characteristics of the implant–abutment connection in loading tooth- and implant-supported prostheses.^{13–14} However, most of the previous reports are lack of rigorousness in model construction, for example the simple computer-aided design (CAD) geometry modeling,⁹ less FEM model meshes and small number of elements and nodes in the finite element model.¹³

E-mail: cbtang@njmu.edu.cn

¹Dental Research Institute, Nanjing Medical University, Nanjing, China and ²College of Mechanical and Electrical Engineering, Nanjing University of Aeronautics and Astronautics, Nanjing, China

^{*}These authors contributed equally to this work.

Correspondence: Dr CB Tang, Institute of Stomatology, Nanjing Medical University, 136 Hanzhong Road, Nanjing 210029, China

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In this study, we selected three commercially available implant systems for strength and stiffness analysis by ABAQUS software to compare the differences and similarities, and to determine the most advantageous implant system among the three. Our study provides in-depth information for clinical dentists to understand the implant structure and how different design affects the performance of the implant system in clinics. Further, nonlinear FEA can also be applied, in a retrospective manner, to optimize the design for a better implant restoration process.

MATERIALS AND METHODS

CAD geometry modeling

Through three-dimensional optical scanning and point cloud data extraction, three CAD models were built using reverse engineering technique. Model I was the reduced-diameter 3i implant system (\emptyset 4.0 mm×13 mm; West Palm Beach, FL, USA) having a hex and a 12-point double internal hexagonal abutment (\emptyset 3.75 mm×6 mm) with a connection depth of 4 mm (Figure 1a). Model II was the Semados implant system (\emptyset 4.0 mm×13 mm; Bego, Bremen, Germany) fea-



Figure 1 CAD geometry model and size of three implant systems. (a) 3i implant system, (b) Semados implant system and (c) Brånemark implant system. (I) Abutment, (II) Implant, (III) Screw, (IV) Assembled implant system and (V) Section view of implant system. CAD, computer-aided design.



Figure 2 Finite element models of three implant systems. All components of finite element models were meshed with tetrahedron element. (a) Model I contains 44 450 nodes and 208 438 elements, (b) model II contains 49 005 nodes and 242 972 elements and (c) model III contains 49 558 nodes and 244 047 elements.

Table 1 No	de and eler	nent numbers	for all com	ponents of t	the models
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Category	Model	Abutment	Implant	Screw	Cortical bone	Cancellous bone	Sum
Nodes	3i	6256	10989	1875	8311	17 019	44 450
	Semados	2 485	8475	3 4 4 0	8 1 4 7	26 458	49 005
	Brånemark	3727	6462	2224	7 532	29613	49 558
Elements	3i	24 191	49 530	7346	38 302	89 069	208 438
	Semados	10497	38851	14113	37 390	142 121	242972
	Brånemark	16153	28236	8473	34 085	157 100	244 047

turing a conical (45° taper) internal hexagonal abutment (\emptyset 4.0 mm×6 mm) with a connection depth of 2.5 mm (Figure 1b). Model III was the Brånemark implant system (\emptyset 4.0 mm×13 mm; Nobel Biocare, Gothenburg, Sweden) with an external hexagonal abutment (\emptyset 4.0 mm×6 mm) and a connection depth of 0.5 mm (Figure 1c). A bone block model was also constructed based on a cross-sectional image of the human mandible in the molar region, 25 mm high, 12 mm wide and 10 mm thick, consisting of a spongy center surrounded by a 2-mm cortical bone. The implant was positioned in the cortical and cancellous bone block. Such configuration allows refined simulation of all models in Pro/Engineer Wildfire 3.0 (PTC, Needham, MA, USA).

Three-dimensional FEM modeling

We imported the three-dimensional CAD geometry models into ABAQUS 6.6 to generate finite elements and perform the numerical simulation. Symmetrical geometry of the implant allows us to perform simulation on only half of the model to expedite this process. All components were meshed with tetrahedron element (Figure 2 and Table 1) by using C3D4 type elements readily available in ABAQUS element library.

Boundary conditions and constraints

In this study, we assumed the implant, abutment and screws were homogeneous, linear elastic, and isotropic mechanical properties. But cortical and cancellous bones were treated as anisotropic. Material properties for bone and implant components (as summarized in Table 2) were collected from reliable resources and published data.^{15–16} The implant was pure titanium and other components were

titanium alloys, with homogeneous and isotropic elastic properties. Further, complete osseointegration between the implant and the surrounding bone was assumed, and the models were constrained in X-, Y- and Z-directions on implant surface. The model's symmetric property allowed us to focus on half of the model for analysis, i.e. the symmetry constraints on the Z-, RX-, RY- directions. Nonlinear contact zones were defined at four critical interfaces: implant–bone, implant–abutment, implant–screw and abutment–screw. Contact analysis defined the load and deformation transfer between different components. The friction coefficient (μ) was set as 0.3 between all the titanium–titanium interfaces,¹⁷ 0.65 for the cortical bone–implant interface.¹⁹ Per manufacturer's recommendation, we initially applied a clockwise horizontal rotational torque load of 35 N·cm on the abutment screw during the installation stage.

Loading conditions

A distributed force of 170 N was applied onto the top surface of the abutment obliquely at 45° to the longitudinal axis of the implant (Figure 3a).²⁰ Due to the structural symmetry, the load applied on

Table 2	Materials	properties	adopted	in the	study
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Material	Young's modulus/GPa	Poisson's ratio	References
Cortical bone	13.4	0.30	15
Cancellous bone	1.37	0.30	15
Titanium alloys	110	0.33	16
Pure titanium	110	0.33	16





Figure 3 Loading direction and mode. (a) A force of 170 N was applied onto the top surface of the abutment obliquely at 45° to the longitudinal axis of the implant. Due to the structural symmetry, the load applied on the model was *F*/2. (b) The loading period was 0.8 s, and its amplitude followed semi-sinusoidal pattern. The force values varied from 0 to *F*/2 with time, however the loaded angle was constant.

the model was F/2. The loading period was 0.8 s, and its amplitude varied from 0 to F/2 following a semi-sinusoidal pattern (Figure 3b). During simulation, a reference point was first created and the calculation of top surface was performed in accordance with a coupling constraint between this reference point and the top surface.

FEA

In this study, we selected three currently popular implant models to investigate the stress distribution in the implant–abutment connection systems. For a direct and systematic comparison, the same load conditions, boundary conditions and constraints were applied in all three models. ABAQUS/Standard solver (installed to a desktop computer with a Pentium 4 processor and 2 GB memory, and ran under Windows XP operating system) was used to analyze model data and perform the stress analysis in the implant system subject to an oblique periodical loading.

RESULTS

Strength analysis

The data obtained from ABAQUS calculation can be presented in a stress distribution map with a color scale, which makes it possible to directly compare the stress level in various component structures of all models. All stress values are shown in Figure 4. It can be seen from Figure 4 that a connection with a hex and a 12-point double internal hexagonal connection generates the minimum stress, while the external hexagonal connection has the highest. The stress distribution in model I is found to be concentrated in the abutment neck and the connection section where the abutment inserts deep into the implant, while the stress concentration regions in model II and model



Figure 4 Stress distribution and maximum von Mises stress in three models. The stress of distribution is in (a) model I, (b) model II and (c) model III under the same loading condition, respectively. (d) The maximum von Mises stress values in all components of three models.

III are locating at the lower one-third of the abutment and first, second and third thread of the implant. In addition, the calculated von Mises stress is quite different with the three models. For all models, the highest von Mises stress occurs on the abutment screw. Screw in



Figure 5 The principal stress distribution and maximum values of three models in the peri-implant bone. The principal stress of distribution is in the peri-implant bone of (a) model I, (b) model II and (c) model III under the same loading condition, respectively. (d) The maximum principal stress values in three models. The maximum value is 100.8 MPa for model I, 144.7 MPa for model II and 188.4 MPa for model III.

external hexagonal connection showed the maximum stress levels, while that in the internal hexagonal connection type showed the minimum (Figure 4).

The principal stresses of all three models were concentrated in the peri-implant cortical bone (Figure 5a–5c). Model I generate the minimum stress, while model III has the highest. The maximum principal stress value is 100.8 MPa for model I, 144.7 MPa for model II and 188.4 MPa for model III (Figure 5d).

Stiffness analysis

With ABAQUS, a displacement map of different structures can be used to quantitatively compare the stiffness of all three models (Figure 6a–6c).

In order to clearly distinguish the displacement distribution, we set the deformation scale factor as 20 (which mean the displacement in the figures is amplified by 20 times). There is significant difference in the displacement of the three models, a close observation shows that the maximum is 0.112 mm for model I, 0.127 mm for model II and 0.160 mm for model III. The maximum displacement of the three models is plotted against the model type and shown in Figure 6d.

DISCUSSION

FEA has been the most common and powerful tool to simulate dental restorations under various loading conditions.¹² The simulation results can provide much in-depth information not yet available from experiment, and guidelines for innovative designs. Moreover, the precise prediction of dental implant stability and failure mechanisms using FEA is helpful in reducing redundant clinical experiments. Cortical bone loss in particular is one of the leading symptoms of implant failure after osseointegration and the achievement of primary stability.²¹ Bone resorption close to the first thread of osseointegrated implants are frequently observed during initial loading.²²

The application of any external load to the implant complex must be preceded by the assembly of the abutment onto the implant, achieved by tightening the abutment screw to create a stable screw joint and, thus form the implant complex. It is the first step in preparing the assembled implant complex to transfer loads. So, we simulated a



Figure 6 Displacement distribution and maximum displacement of three models. The displacement of distribution is in (a) model I, (b) model II and (c) model III under the same loading condition, respectively. (d) The maximum displacement values in three models. The maximum displacement is 0.112 mm for model I, 0.127 mm for model II and 0.160 mm for model III.

symmetric horizontal rotational torque load of 35 N cm on the abutment screw, which was manufacturers' recommended torques, and tightened in a clockwise direction.

In FEA, the mechanical performance of the implant-abutment interface could be evaluated by von Mises stresses. von Mises stress criterion is important to interpret the stresses within the ductile material, such as the implant material, as deformation occurs when the von Mises stress value exceeds the yield strength. However, principal stresses are used to evaluate the stresses induced around the implants in the bone—a typical brittle material.²³

As shown in Figure 4, the stresses in model III implant system were generally higher and distributed more uniformly than the stresses in model I and model II. This is attributed to the external and internal hexagonal connection.^{24–25} We found that the stresses in model II and model III are also concentrated at the collar, and first, second and third thread of the implant. This is in agreement with the previous work by Akca et al.²⁶ Compared with the two other implants, model I is obviously different. Figures 4a and 5a show that the stresses are concentrated at abutment neck, first thread of implant and the connection section where the abutment inserts deep into the implant;²⁷ nevertheless, the stresses near the implant body and the peri-implant cortical bone have notably decreased. The stresses shift from external implant to internal abutment is due to the smaller diameter of the abutment compared to the implant (this design feature is also called platform switching). Some researchers believe that the platform switching configuration had the biomechanical advantage of shifting the stress concentration area away from the cervical bone-implant interface. However, such design increased the stress in the abutment, which leaded to a high tendency of fracture.²⁸ We have observed the same phenomenon in our study. But fractures did not occur on the loading above. The principal stress value in the peri-implant cortical bone in model III was the highest, model I had the lowest. Some research reported Brånemark implant had higher marginal bone loss in the first year of function;²⁹ however, the simple cumulative survival rate value in first year was 99.2%.³⁰ A comprehensive literature reviews suggest that marginal bone loss is due to the high stress in the periimplant cortical bone.

According to Figure 1, one can see that the connection depth of model I, the section of abutment being inserted into the implant, is the longest among all three implants, but has the lowest maximum von Mises stress value, as demonstrated in Figure 4d. Therefore, the connection depth is a factor affecting the value of von Mises stress. Chu *et al.*³¹ found that extending the connection depth of abutment and implant could increase the contact area at the abutment–implant interface, and therefore reduces the stress, especially in the oblique loading condition. Steinebrunner *et al.*³² observed that implant systems with long internal tube-in-tube connections showed advantages with regard to longevity and fracture strength compared with systems with shorter internal or external connection designs.

The occlusal forces usually produce non-axial load on the teeth during a normal chewing process, Juodzbalys et al.³³ found in their investigation that the direction of loading played a major role in determining stress levels, which could vary by up to 85%. Non-axial loading generate stress and displacement much greater than the axial loading. In this study, we simulated a suitable case scenario in a nonaxial loading, in which a 170 N force was applied onto the top surface of the abutment obliquely at 45° to the longitudinal axis of the implant, and targeted at the highest stresses occurring within implants for all bone levels tested. The highest stress in model III is 391.5 MPa, has not yet exceed the yield strength of titanium (yield point for commercially pure titanium is 462 MPa). Although this finding indicates that a load of 170 N applied obliquely at 45° to the system cannot result in the failure of implant, one can presume that model III with the highest stress is more susceptible to fatigue failure during clinical practice. FEA results also reveal that the deformation and maximal displacement in

model I are the lowest, while model III has the highest displacement level, as shown in Figure 6. Stiffness refers to the ability of component to resist against elastic deformation under load. Under the same load, the displacement can be used as a reverse indicator of stiffness in mechanics, i.e. the larger displacement, the less stiff structure. From the modeling and simulation, it clearly demonstrates that model I exhibits the smallest maximum displacement indicating the highest stiffness under the same loading conditions as compared with the other two models. Clinical studies have also provided evidence of very high success rates in using 3i threaded implants.³⁴ Yet, we also noticed that there had been far fewer relevant studies with the 3i system in clinical applications, as compared with the earlier commercial implants, such as Nobel Biocare and Straumann.³⁵

Stress distribution in the jaw bone and implant stability in osteoporotic bone are more sensitive to implant designs than those in other normal bones.³⁶ Avoiding implant overloading and ensuring a sufficient initial intraosseous stability are the most relevant parameters for promoting a safe biomechanical environment.³⁷ Our findings indicate that the stress distribution at implant–abutment connection is predominated by the design characteristics of the interface, which may vary significantly among the manufacturers. And it provides guidance for dentist to predict and avoid the occurrence of clinical complications.

CONCLUSIONS

Within the limitations of this study, it was concluded that a force of 170 N applied onto the top surface of the abutment obliquely at 45° to the longitudinal axis of the implant was unlikely to result in failure in all three implants, and the nonlinear FEA clearly demonstrated that the reduced-diameter 3i implant system with a hex and a 12-point double internal hexagonal connection is more stable than the other two implant systems. The mechanical characteristics of dental implant systems are closely related to the connection between the implant and abutment. The optimum design of dental implants should be investigated further using the FEA technique and validated with clinical applications.

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