

# Aberrant p16INK4A methylation: Relation to viral related chronic liver disease and hepatocellular carcinoma

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## Abstract

**Background:** Hepatocellular carcinoma (HCC) is currently the fifth most common solid tumor worldwide and the third leading cause of cancer related deaths. Several studies have shown that the tumor suppressor gene p16INK4A is frequently downregulated by aberrant methylation of the 5'-cytosine-phosphoguanine island within the promoter region. **Aim:** To find out the frequency of methylated p16INK4A in the peripheral blood of HCC and cirrhotic patients and to evaluate its role in hepatocarcinogenesis.

**Patients and Methods:** This study was performed on 58 subjects: 30 HCC patients, 20 cirrhotic patients, and eight healthy volunteers. Methylation of p16INK4A was examined using methylation specific polymerase chain reaction (PCR) (MSP). Comparison of quantitative variables between the study groups was done using Mann-Whitney U test for independent samples when not normally distributed. For comparing categorical data, Chi-square ( $\chi^2$ ) test was performed. Exact test was used instead when the expected frequency was less than 5. **Results:** Methylation of p16INK4A was found in 6.7% of HCC patients, 5% of liver cirrhosis (LC) patients, and none of the healthy volunteers; 66.67% of the p16INK4A-methylated cases (2/3) were positive for anti-hepatitis C virus (HCV) antibodies (one of them had HCC). All HCC cases with aberrant p16INK4A methylation show very high serum alpha fetoprotein (AFP) level (9,080; 30,000  $\mu\text{g/mL}$ ). There were no significant associations between the status of p16INK4A methylation and tumor size. **Conclusion:** Hypermethylation of p16INK4A was found to be infrequent among Egyptian patients with HCC.

**Key words:** Hepatocellular carcinoma, methylation, p16INK4A

## Introduction

Hepatocellular carcinoma (HCC) is the fifth most common and the third most fatal malignancy worldwide.<sup>[1]</sup> The burden of HCC has been increasing in Egypt, with a doubling in the incidence rate in the past 10 years.<sup>[2]</sup>

Inactivation of tumor suppressor genes and activation of oncogenes initiated by genetic and epigenetic changes may play an important role in carcinogenesis.<sup>[3]</sup> The p16INK4A gene is a tumor suppressor, located on chromosome 9p21 and encodes the p16 protein, which binds selectively to CDK4 to inhibit activation of the cyclin-dependent kinase 4 (CDK4)/cyclin D complex in the G1 phase of the cell cycle.<sup>[4]</sup>

Reduced expression of the p16INK4A gene results in uncontrolled division of cells. Several mechanisms that lead to p16INK4A inactivation had been described, including point mutations, homozygous deletions, and promoter hypermethylation.<sup>[5]</sup> Aberrant methylation of the p16INK4A promoter has also been reported in early preneoplastic

lesions in the lung, colon, esophagus, and pancreas. These findings suggest that loss of p16INK4A function, often due to promoter methylation, may be an early event in the pathogenesis of various types of tumors.<sup>[6]</sup> However, reports on p16INK4A methylation in HCC were remarkably diverse.<sup>[7]</sup> The present study was performed to estimate the frequency of methylated p16INK4A in the peripheral blood of patients with liver cirrhosis (LC) and HCC to evaluate its role in hepatocarcinogenesis.

## Materials and Methods

This study included 30 patients with HCC and 20 patients with cirrhosis. Cirrhosis patients were diagnosed on the basis of clinical, biochemical, ultrasound findings, and transient elastography value of  $> 14.5$  kPa (cutoff value for diagnosis of stage 4 fibrosis). HCC patients were diagnosed according to the criteria of the European Association for the Study of the Liver (EASL).<sup>[8]</sup> Eight healthy age and sex matched volunteers were included as controls. After obtaining an approval from the institutional ethical committee, and an informed consent signed by every involved subject according to the Declaration of Helsinki, blood samples were collected prospectively and were subjected to testing of anti-hepatitis C virus (HCV) antibodies using second generation enzyme-linked immunosorbent assay (ELISA; Boehringer Mannheim Immunodiagnosics for ES-300). Hepatitis B surface antigen (HBsAg) and hepatitis B core antibodies (HB core Ab) total were tested by ELISA test (ELISA-Abbot Laboratories), alpha fetoprotein (AFP) level was tested using automated analyzer Immulite 2000 (kits supplied by Siemens Diagnostics). Determination of p16INK4A methylation status was done using methylation specific polymerase chain reaction (PCR) (MSP).

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Genomic DNA extraction from ethylenediaminetetraacetic acid (EDTA) anticoagulated whole blood was done using DNA extraction minikit (QIAamp; DNA Blood Mini Kits-50; Catalog no. 51104, Qiagen: www.qiagen.com). The methylation status of a DNA sequence can best be determined using sodium bisulfite. Incubation of the target deoxyribonucleic acid (DNA) with sodium bisulfite results in conversion of unmethylated cytosine residues into uracil, leaving the methylated cytosines unchanged.<sup>[9]</sup>

Bisulfite modification of extracted DNA was done using EpiTect Bisulfite Kit (catalog no. 59104; QIAGEN epigenomics).

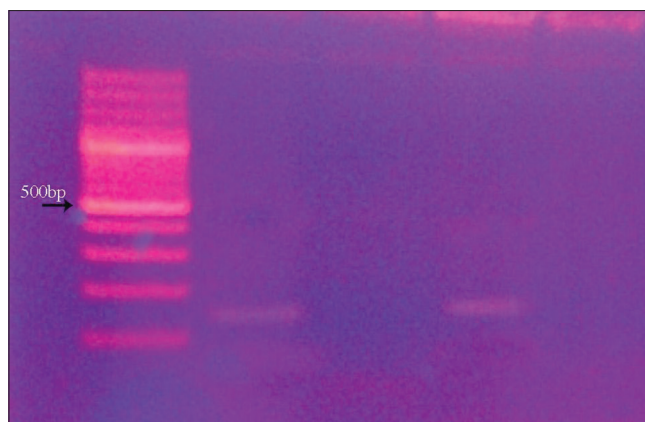
PCR amplification: Enzymatic amplification using Taq polymerase enzyme and the PCR master mix (Fermentas Life Sciences; Catalog No. K0171; Fermentas UAB V. Graiciuno 8, LT-02241 Vilnius, Lithuania.), this was done on the Hybaid thermal cycler (Promega Corporation, USA). Two sets of primers specific for the methylated p16INK4A sequence were used (product size, 150 bp).<sup>[10]</sup> Sense: 5'-TTATTAGAGGGTGGGGCGGATCGC-3', antisense: 5'-GACCCCGAACC GCGACCGTAA-3'.

Quality control of the bisulfite conversion process was used, all bisulfite-treated DNA was also amplified using primers specific for the unmethylated p16 sequence (product size, 151 bp).<sup>[10]</sup> Sense: 5'-TTATTAGAGGGTGGGGTGGATTGT-3', antisense: 5'-CAACCCCAAACCACAACCATAA-3'.

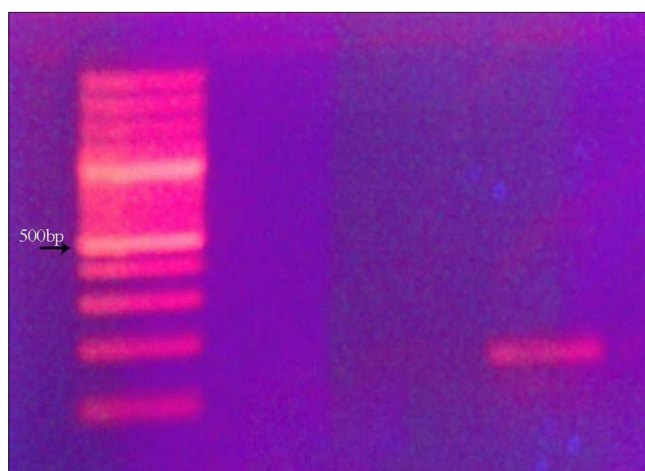
The thermal profile consisted of: An initial denaturation step of 95°C for 12 min followed by repetitions of 95°C for 45 s, 60°C for methylated, and 56°C for the unmethylated primer for 45 s and 72°C for 60 s, with a final extension step of 72°C for 10 min.<sup>[11]</sup> The PCR amplification products were then run in parallel on 1.5% agarose gel electrophoresis and visualized on a ultraviolet (UV) transilluminator to detect the specific band, only methylated DNA samples should give bands for methylated p16INK4A between 100 and 200 bp<sup>[12]</sup> as shown in Figures 1 and 2. All samples should give bands for unmethylated p16INK4A indicating efficient bisulfite conversion as shown in Figure 3.

### Statistical methods

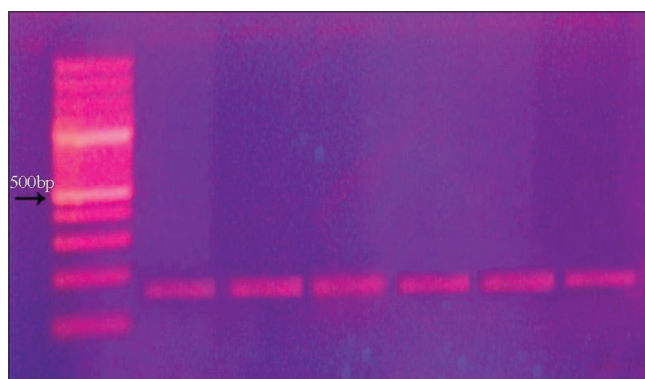
Data were statistically described in terms of range, mean  $\pm$  SD (standard deviation), frequencies (number of cases), and relative frequencies (percentages) when appropriate. Comparison of quantitative variables between the study groups was done using Mann-Whitney *U* test for independent samples when not normally distributed. For comparing categorical data, Chi-square ( $\chi^2$ ) test was performed. Exact test was used instead when the expected frequency was less than 5. A probability value (*P* value) less than 0.05 was considered statistically significant. All statistical calculations were done using computer programs Microsoft Excel 2003 (Microsoft Corporation, NY and USA) and Statistical Package for the Social Science (SPSS; SPSS Inc., Chicago, IL, USA) version 15 for Microsoft Windows.



**Figure 1:** Detection of products of methylation specific polymerase chain reaction (MSP) for aberrant p16INK4A methylation. Lane 1: 100 bp ladder. Lanes 2, 4: Bands for methylated p16INK4A in hepatocellular carcinoma cases between 100 and 200 bp



**Figure 2:** Detection of products of MSP for aberrant p16INK4A methylation. Lane 1: 100 bp ladder. Lane 4: Band for methylated p16INK4A in liver cirrhosis cases between 100 and 200 bp



**Figure 3:** Detection of products of the unmethylated (quality control) primer. Lane 1: 100 bp ladder, lanes 2-7: Bands for unmethylated p16INK4A between 100 and 200 bp

### Results

Of the 58 patients included in the analysis, 66.7% patients were males. The demographic, clinical, and laboratory data of the studied patients are shown in [Table 1].

Serum AFP median level was 114 (40-407)  $\mu$ g/L in the patients with HCC, 3.8 (2.5-7.7)  $\mu$ g/L in patients with LC,

**Table 1: Clinical and laboratory features of cirrhosis and HCC patients**

Variables	HCC (n=30)	Cirrhosis (n=20)	P value
Age (years), mean±SD	57.6±8.8	49.2±9.3	0.002
Sex (M/F)	20/10	14/6	0.4
Etiology (%)			
Chronic hepatitis B	4/30 (13.3%)	2/20 (10%)	0.6
Chronic hepatitis C	23/30 (76.7%)	14/20 (70%)	0.7
Combined B and C	0	0	
Alpha fetoprotein (µg/L) (median and range)	114 (40-407)	3.8 (2.5-7.7)	0.001*

\*Significant  $P \leq 0.05$ . HCC: Hepatocellular carcinoma, M: Male, F: Female, SD: Standard deviation

and 2.25 (1.32-2.95) µg/L in normal controls. Receiver operating characteristic curves were plotted and showed an optimal cutoff value for AFP; being 27.95 µg/mL with sensitivity of 86.2% and specificity of 100% when the area under the receiver operator characteristic (AUROC) curve was 0.95 [Figure 4].

Methylated p16INK4A was detected in 6.7% (2/30) of HCC patients, 5% (1/20) of LC patients, and none of the healthy volunteers.

There were no significant associations between the status of p16INK4A methylation and tumor size [Table 2]. Aberrant p16INK4A methylation was significantly associated with high level of serum AFP (9,080; 30,000 µg/mL).

## Discussion

The present study showed a male predominance among HCC patients (66.7%). This could be explained by the fact that DNA synthetic activities are reportedly higher in male than in female cirrhotic tissue.<sup>[13]</sup> Moreover, the high levels of 2-methoxyestradiol, an estrogen metabolite produced in the females' liver during their reproductive years has a protective effect against HCC.<sup>[14]</sup>

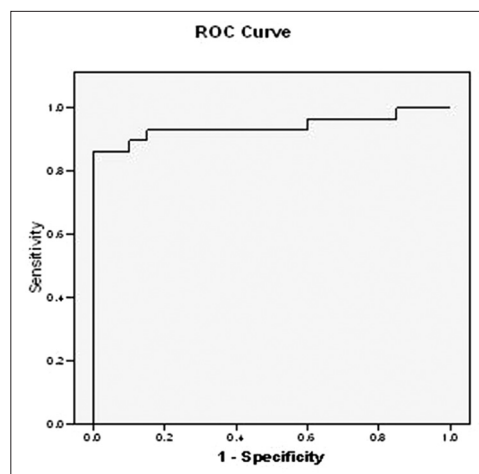
Chronic infection with hepatitis B virus (HBV) or HCV is a major risk factor for HCC worldwide; in the present study, we showed that aberrant p16INK4A methylation status was related to chronic HBV and HCV infection. Kaneto *et al.*,<sup>[15]</sup> reported that p16INK4A methylation was detected in virus associated chronic hepatitis and cirrhosis, but not in normal liver. These observations suggest that a chronic viral hepatitis may play a role in the induction of p16INK4A promoter methylation in hepatocarcinogenesis, possibly starting at an early stage.

Li *et al.*,<sup>[16]</sup> reported that HCCs with p16INK4A methylation were only found in individuals with HBV or HCV infection and not in virus negative individuals.

Jung *et al.*,<sup>[17]</sup> reported that HBV X protein induced DNA hypermethylation of the p16INK4A gene promoter to

**Table 2: Association between p16INK4A methylation and tumor size in patients with hepatocellular carcinoma**

	p16INK4A positive methylation	p16INK4A negative methylation	P value
Tumor size			
≤3 cm (n=12)	0	12	0.2
>3 cm (n=18)	2	16	



**Figure 4: Receiver operating characteristic curve for alpha fetoprotein**

repress its expression and led to transcriptional activation of DNA methyltransferase 1(DNMT1) via the cyclin D1-CDK4/6-pRb- E2F1 pathway, suggesting a close relationship between hepatitis virus infections and aberrant methylation of the p16INK4A gene.

Considering the different mechanisms that occur for HBV- and HCV-related hepatocarcinogenesis,<sup>[18]</sup> it seems reasonable to hypothesize that the two viruses may have different effects on p16INK4A methylation. Another study had shown geographic variations in the methylation status of multiple genes involved in HCC.<sup>[19]</sup> Weihrach *et al.*,<sup>[20]</sup> had reported a higher frequency of p16INK4A hypermethylation in HCCs obtained from workers exposed to vinyl chloride, compared with nonexposed controls. These observations suggest that multiple risk factors exist, including exogenous factors, like viral infections and vinyl chloride exposure.

The reported rate of incidence of p16INK4A methylation in HCC is quite variable, ranging from 0 to 94%<sup>[15,21,22]</sup> and from 29.4 to 83% in cirrhosis.<sup>[15,21,23]</sup> Wong *et al.*,<sup>[24]</sup> reported that p16INK4A methylation was neither detected in the plasma of patients with LC nor hepatitis. In the present study, abnormal p16INK4A methylation was detected in 6.7% (2/30) of HCC patients and in 5% (1/20) of LC patients. Further studies on plasma or sera are required and more meticulous methods may be required to detect p16INK4A methylation in LC patients, as the amount of circulating DNA is lower in the sera of LC patients than in that of HCC patients. Moreover, using

peripheral blood DNA actually means dilution of circulating methylated tumor DNA by nontumorous unmethylated DNA derived from peripheral blood leukocytes. So utilizing a more efficient kit for extraction of minimal amounts of segmented circulating DNA could be a key step to achieve a percent of DNA methylation closer to reality. Another explanation for the discrepancy between the results of this study and other studies could be the use of agarose gel electrophoresis which is less efficient than Southern blotting. Moreover, it is recommended to use the gold standard method for detection of methylation which is bisulfite conversion of DNA followed by sequencing.

The clinical significance of promoter hypermethylation in tumor progression involves the transcriptional repression of tumor suppressor genes, DNA repair genes, and metastasis inhibitor genes.<sup>[25]</sup> So, detection of aberrant DNA methylation is very important for understanding the mechanisms of oncogenesis and may form basis for cancer diagnosis and monitoring.<sup>[26]</sup>

## Conclusion

Our study showed that methylated p16INK4A was found infrequently among HCC patients in Egypt. Further research should focus on performing more studies on a larger sample size and to combine both tissue and blood samples, also extraction kits specially designed for viral DNA detection which could be more efficient in extraction of segmented circulating DNA.

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