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# Correlation analysis of circulating *PCDH17* DNA methylation changes with rheumatoid arthritis patients

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Analyze the correlation between the DNA methylation levels of Protocadherin 17 (PCDH17) cq03865667 and rheumatoid arthritis (RA), and evaluate its potential as a biomarker for diagnosing RA. Peripheral blood samples were collected from a cohort of 370 individuals, comprising patients diagnosed with RA, ankylosing spondylitis (AS), psoriatic arthritis (PsA), gout, systemic lupus erythematosus (SLE), dermatomyositis (DM), primary Sjögren's syndrome (SS), and healthy controls (HC), for subsequent analysis.DNA methylation sequencing techniques were employed to evaluate the methylation levels of the PCDH17 cg03865667 locus. Relative to the HC, AS, and SS groups, PCDH17 cq03865667 was significantly downregulated in RA patients (p = 0.0403; p = 0.0290; p = 0.044). Compared to the HC group, the methylation levels at CpG sites 57,631,544, 57,631,571, and 57,631,581 were significantly downregulated in RA patients (p = 0.0078; p = 0.0123; p = 0.0309). For the TTCCTT and TTTCTT haplotypes, methylation levels were significantly lower in RA patients than in HC (p = 0.0188; p = 0.0053), particularly for the TTTCTT haplotype. Significant differences were observed between the CCP(-) RF(-) group, the CCP(+) / RF(+) group, and the HC group among the RA subgroups. No significant differences were found within the double-positive subgroup. The average methylation level of PCDH17 was negatively correlated with C-reactive protein (CRP) (r=-0.28, p=6.9e-4). This study indicates that PCDH17 cq03865667 methylation may function as a potential biomarker for RA diagnosis. The subgroup analysis suggests that it may serve as a potential biomarker for diagnosing RA, indicating a capacity to enhance the diagnostic accuracy for seronegative RA and reduce the likelihood of missed and incorrect diagnoses.

Keywords Rheumatoid arthritis, DNA methylation, Protocadherin 17, Biomarker, Correlation analysis

Rheumatoid arthritis (RA) is described as a chronic, destructive, and progressive systemic autoimmune disease, characterized by symmetrical polyarthritis and synovitis. It represents one of the most common autoimmune diseases<sup>1</sup>. Common symptoms in RA patients include morning joint stiffness, fatigue, joint tenderness, subcutaneous rheumatoid nodules, fever, and symmetrical inflammation of small joints. Persistent inflammation may result in joint pain, progressive destruction, and joint dysfunction<sup>2</sup>. Additionally, inflammation is associated with various complications, including cardiovascular diseases<sup>3</sup>. Therefore, the effective control of inflammation is crucial to the treatment of RA and may also serve as an indicator for evaluating treatment efficacy. Physicians

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may adjust treatment plans based on the progression of inflammation. Investigating the specific molecular biological mechanisms of rheumatoid arthritis and identifying inflammation-related biomarkers is crucial.

A body of evidence suggests that both genetic and environmental factors are involved in the pathogenesis of RA. However, these factors alone do not completely elucidate the mechanism of RA onset. Recent evidence indicates that epigenetics plays a crucial role in the development of RA. DNA methylation, the most commonly studied epigenetic modification, has been utilized to characterize various aspects of RA pathology<sup>4</sup>. Additionally, RA-associated DNA methylation patterns demonstrate site-specific differences in immune pathways. Investigation of the relationship between DNA methylation and rheumatoid arthritis may lead to the discovery of new biomarkers and therapeutic targets for the disease.

Protocadherin 17 (PCDH17) is classified as a member of the protocadherin family, a component of the cadherin superfamily known for mediating calcium-dependent cell-cell adhesion<sup>5,6</sup>. It is recognized as a potential tumor suppressor gene and is commonly methylated<sup>7</sup>. Research has demonstrated that PCDH17 is frequently methylated in various types of cancers, including esophageal squamous cell carcinoma (ESCC)<sup>8</sup>, gastric cancer<sup>9</sup>, and nasopharyngeal carcinoma<sup>10</sup>, and correlates with a poor prognosis. Evidence suggests that PCDH17 plays a critical role in various biological activities, such as cell cycle regulation, apoptosis, autophagy, and signal transduction<sup>11–13</sup>.

Currently, there is limited research on PCDH17, especially concerning its relationship with rheumatoid arthritis (RA). In this study, we investigated the association between PCDH17, whole blood methylation haplotypes, average methylation levels, and specific methylation sites with clinical indicators in RA patients. This research may offer potential clinical applications for predicting the degree of inflammation in RA patients. Analyzing RA subgroups could positively impact the diagnostic accuracy for seronegative RA, reduce misdiagnoses and missed diagnoses, thereby facilitating early diagnosis and treatment.

#### Materials and methods Study design and patients

Prior to the commencement of this study, it was reviewed and approved by the Ethics Committee of Shanghai Guanghua Integrative Medicine Hospital (2018-K-12). All participants provided written informed consent prior to inclusion. All methods are conducted in accordance with relevant guidelines and regulations. Participants in this study were drawn from the Precision Medicine Research Cohort (PMRC) at Guanghua Hospital, affiliated with Shanghai University of Traditional Chinese Medicine, under clinical trial number ChiCTR2400083234. The cohort consisted of 370 participants, including 30 healthy controls (HC) and 340 patients with various rheumatic diseases. The spectrum of rheumatic diseases studied encompassed RA, ankylosing spondylitis (AS), psoriatic arthritis (PsA), gout, Sjögren's syndrome (SS), systemic lupus erythematosus (SLE), and dermatomyositis (DM). Patient classifications included 166 RA cases, 24 SS cases, and 30 cases of other diseases. RA patients were categorized into three groups based on serum rheumatoid factor (RF) and anti-cyclic citrullinated peptide (anti-CCP) antibodies: CCP(-)RF(-), CCP(+)/RF(+), and CCP(+)RF(+). Disease inclusion criteria adhered to several standards, including the 2010 ACR criteria for RA, the 1984 revised New York criteria for AS, the 2015 ACR/ EULAR criteria for gout, the 2006 ACR criteria for PsA, the 2016 ACR/EULAR classification for SS, the 2019 EULAR/ACR criteria for SLE, and the 2017 ACR/EULAR criteria for DM. Patients presenting with comorbid diseases, severe liver or kidney damage, cardiovascular disease, or a history of malignancy were excluded from the study. Comprehensive clinical information for all participants was documented, and whole blood samples were collected.

#### Targeted DNA methylation analysis

Peripheral venous blood samples were collected from all participants, and genomic DNA was extracted using the Blood Genomic DNA Extraction Kit (Concert, RC1001). The preprocessing step involved adding 40  $\mu L$  of Proteinase K solution (10 mg/mL) to a 1.5 mL sample tube, followed by 400  $\mu L$  of whole blood. The pretreated samples underwent automated DNA extraction using a nucleic acid purifier (Concert, H8/HF16), with rigorous quality control ensuring a DNA concentration of  $\geq$  20 ng/ $\mu L$  and a total amount of  $\geq$  400 ng. Sample purity was determined by an OD260/280 ratio between 1.7 and 1.9, and an OD260/230 ratio of  $\geq$  2.0. The target region was amplified by polymerase chain reaction (PCR) using a forward primer (PrimerF) with the sequence TTG GAATTAAATTGTTTGGAGAG and a reverse primer (PrimerR) with the sequence ACCACAACCTAATCA ACATTT. The study focused on the cg03865667\_43 site, with a sequencing length of 181 bp, located between chr13:57631468 and chr13:57631648. Following primer amplification, genomic DNA was treated with bisulfite to convert unmethylated cytosines (C) to uracils (U). Indexed PCR amplification introduced specific barcode sequences compatible with the Illumina platform at the ends of the library. Finally, high-throughput sequencing was conducted on the Illumina HiSeq platform (Illumina, CA, USA) using a paired-end  $2\times$ 150 bp sequencing mode to generate FastQ data.

#### Statistical methods

Statistical analyses were conducted using IBM SPSS 27.0, GraphPad Prism software (version 10.2.3), and Sangerbox. The Kruskal-Wallis rank sum test was utilized to evaluate differences among groups, with multiple comparisons adjusted using the two-stage step-up method of Benjamini, Krieger, and Yekutieli. Spearman rank correlation analysis was applied to investigate the relationship between DNA methylation levels and clinical data in RA patients. P < 0.05 was considered statistically significant. The clinical relevance of PCDH17 methylation levels was determined through receiver operating characteristic (ROC) curve analysis.

#### Results

#### Differences in PCDH17 gene methylation levels between RA and other diseases

The Kruskal-Wallis rank sum test calculated P-values between the RA group and other groups, including AS, gout, PsA, SS, SLE, DM, and HC. Whole blood methylation studies revealed that PCDH17 (cg03865667) was downregulated in RA patients compared to the HC, AS, and SS groups (P = 0.0403; p = 0.0290; p = 0.044) (Fig. 1A). Conversely, PCDH17 (cg03865667) methylation levels were significantly elevated in RA patients relative to the DM group (P < 0.0001) (Fig. 1A). Subsequent analysis identified six CpGs within PCDH17, namely 57,631,502 (cg03865667\_35), 57,631,504 (cg03865667\_37), 57,631,526 (cg03865667\_59), 57,631,544 (cg03865667\_77), 57,631,571 (cg03865667\_104), and 57,631,581 (cg03865667\_114). The same statistical test was applied to calculate P-values between the RA group, other disease groups, and the HC group. Differential analysis across all six CpGs indicated significantly higher methylation levels in RA patients compared to the DM group (Fig. 1B-G). Relative to the HC group, RA patients exhibited significantly lower methylation levels at CpGs 57,631,544, 57,631,571, and 57,631,581 (p = 0.0078; p = 0.0123; p = 0.0309) (Fig. 1E-G). For CpGs 57,631,504, 57,631,544, and 57,631,571, methylation levels in RA patients were significantly reduced compared to those in the AS group (p = 0.0473; p = 0.0326; p = 0.0375) (Fig. 1C, E, F). Additionally, RA patients demonstrated significantly reduced methylation levels at CpGs 57,631,571 and 57,631,581 compared to the SS group (p = 0.0123; p = 0.0093) (Fig. 1F-G).

Significant changes in *PCDH17* haplotype methylation levels between RA and other diseases. In the *PCDH17* cg03865667 region, 10 methylated haplotypes were identified, and changes in their methylation levels were analyzed between RA and other diseases. Methylation levels in the TTCCTT and TTTCTT haplotypes were significantly reduced in RA patients compared to HC (p = 0.0188; p = 0.0053) (Fig. 2B-C), with a more pronounced decrease observed in the TTTCTT haplotype. DM patients exhibited significantly lower methylation levels in the CCCCTT, TTCCTT, and TTTCTT haplotypes compared to HC and RA (Fig. 2A-C). Additionally, significant differences in methylation levels in the TTTCTT haplotype were observed across the six groups, except for GOUT patients, compared to the HC group. The TTTTTTT haplotype is characterized by an absence of methylation in the *PCDH17* gene. In this haplotype, methylation levels were significantly elevated in the SLE and DM groups compared to the HC group (p = 0.0256; p < 0.0001) (Fig. 2D). Methylation levels were significantly lower in the AS group compared to the RA group (p = 0.0483) (Fig. 2D) and significantly higher in the DM group compared to the RA group (p < 0.0001) (Fig. 2D).

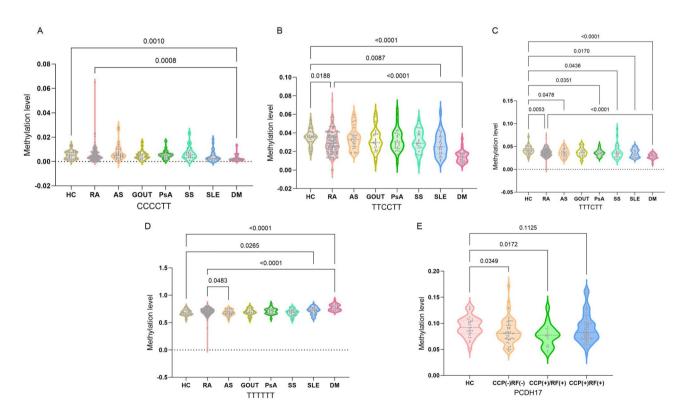
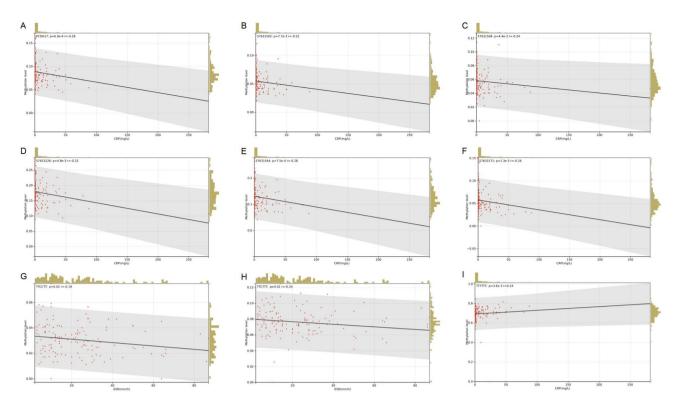


Fig. 1. Methylation levels at the PCDH17 cg03865667 CpG site. (A-E) Multiple comparisons of methylation levels at different CG sites of PCDH17 cg03865667 across multiple groups, with P < 0.05 being statistically significant.



**Fig. 2.** Analysis of Haplotype Methylation Levels of PCDH17 cg03865667 and Methylation Level Differences in RA Subgroups. (**A-D**) Multiple comparisons of the haplotypic methylation levels of PCDH17 cg03865667 among multiple groups, with P < 0.05 considered statistically significant. (**E**) Multiple comparisons of methylation levels were performed across RA subgroups, and a P-value of less than 0.05 was considered statistically significant.

## Differences in methylation levels of *PCDH17* gene at different sites and haplotypes between RA subgroups and HC group

In this study, subgroup analysis was conducted on RA patients using the Kruskal-Wallis rank sum test to calculate p-values between the CCP(-) RF(-) group, CCP(+)/RF(+) group, CCP(+) RF(+) group, and the healthy control group. It was found that there were significant differences in the average methylation levels of PCDH17 among the CCP(-) RF(-) group, the CCP(+)/RF(+) group, and the healthy control group (p = 0.0349; p = 0.0172)(Fig. 2E).

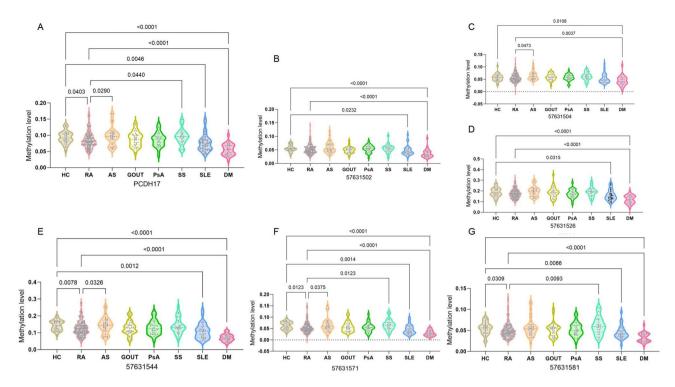
#### Correlation of PCDH17 methylation levels with common clinical indicators in RA patients

We explored the correlations between different sites and haplotype methylation levels of *PCDH17* cg03865667 and common clinical indicators in RA patients. These indicators included sex, age, height, weight, ESR, CRP, RF, anti-CCP, and the presence of comorbidities such as interstitial lung disease, hypertension, and osteoporosis. Spearman rank correlation analysis assessed the correlations among these variables. Visualization and analysis of the data were performed using network data matrices and the Sangerbox tool. The correlation analysis revealed strong associations between sites 1544, 1526, 1571, and the average methylation level of *PCDH17* ( $|r| \ge 0.9$ ) (Fig. 3A). Additionally, osteoporosis showed a strong correlation with both RF and CCP (|r| = 0.44, p = 0.01; |r| = 0.52, p = 0.02) (Fig. 3A-B).

In the correlation analysis, PCDH17 methylation levels were negatively correlated with CRP (r=-0.28, p=6.9e-4) (Figure S1 A). With the exception of the 57,631,581 site, the other five CpGs showed the same trend (Table 1) (Figure S1 B-F). This suggests that PCDH17 may have significant clinical value in predicting CRP levels in these subgroups.

#### Correlation of PCDH17 haplotype methylation levels with common clinical indicators

Similarly, significant differences were identified in the correlation analysis between haplotype methylation levels and clinical indicators (Table 2). Correlation analysis revealed that TTCCTT and TTCTTT haplotype methylation levels were negatively correlated with ESR (r = -0.19, p = 0.02; r = -0.20, p = 0.01) (Figure S1 G-H). The TTTTTTT haplotype, indicating an absence of methylation in the *PCDH17* gene, was positively correlated with CRP (r = 0.24, p = 0.0036) (Figure S1I), yet it exhibited no significant correlation with ESR.



**Fig. 3.** Correlation of *PCDH17* cg03865667 methylation level with clinical indicators and results of clinical modeling. **(A-B)** Correlation of *PCDH17* cg03865667 methylation level with clinical indicators. **(C)** Logistic regression was used to evaluate the roc curves of *PCDH17* cg03865667.

	Group										
	PCDH17	57,631,502	57,631,504	57,631,526	57,631,544	57,631,571	57,631,581				
Age	0.15(0.08)	0.10(0.23)	0.13(0.12)	0.14(0.09)	0.17(0.04)	0.15(0.06)	0.09(0.26)				
Height	0.16(0.08)	0.11(0.24)	0.17(0.06)	0.17(0.06)	0.12(0.19)	0.13(0.14)	0.19(0.03)				
Weight	0.02(0.87)	0.0037(0.97)	0.06(0.48)	0.02(0.80)	0.0033(0.97)	-0.05(0.57)	0.03(0.73)				
ESR	-0.14(0.10)	-0.12(0.16)	-0.10(0.25)	-0.15(0.07)	-0.12(0.15)	-0.08(0.35)	-0.03(0.76)				
CRP	-0.28(0.00069)	-0.22(0.0077)	-0.24(0.0044)	-0.23(0.0048)	-0.28(0.00075)	-0.26(0.0013)	-0.15(0.07)				

Table 1. Correlation between PCDH17 methylation levels and common clinical indicators in RA patients.

	Group										
	CCCCTT	CCCTTT	CTTTTT	TCCTTT	TCTTTT	TTCCTT	TTCTTT	TTTCTT	TTTTTC	TTTTTT	
Age	0.19(0.02)	-0.0080(0.92)	-0.04(0.59)	0.04(0.62)	-0.06(0.49)	0.14(0.08)	-0.05(0.51)	0.03(0.69)	-0.08(0.36)	-0.07(0.40)	
Height	0.03(0.76)	0.13(0.15)	-0.19(0.03)	0.11(0.20)	0.08(0.39)	0.07(0.46)	0.06(0.47)	-0.0076(0.93)	0.09(0.30)	-0.17(0.06)	
Weight	0.03(0.71)	0.15(0.10)	-0.0094(0.92)	0.05(0.58)	0.12(0.18)	0.05(0.57)	0.09(0.34)	0.02(0.78)	0.01(0.87)	-0.0043(0.96)	
ESR	-0.0064(0.94)	-0.14(0.08)	-0.04(0.63)	-0.01(0.86)	-0.07(0.38)	-0.19(0.02)	-0.20(0.01)	-0.04(0.61)	0.09(0.30)	0.16(0.06)	
CRP	-0.15(0.08)	-0.06(0.51)	0.0058(0.94)	0.02(0.81)	-0.13(0.13)	-0.26(0.0015)	-0.08(0.32)	-0.14(0.09)	0.08(0.34)	0.24(0.0036)	

**Table 2**. Correlation between *PCDH17* haplotype methylation levels and common clinical indicators. Note: CRP, C-reactive protein; ESR, erythrocyte sedimentation rate.

#### The methylation levels of PCDH17 may assist in the diagnosis of seronegative RA

We conducted logistic regression analysis to investigate the specificity and accuracy of *PCDH17* methylation levels in diagnosing RA. Univariate logistic regression results from the seronegative RA subgroups, compared with the HC group, indicated an area under the curve (AUC) of approximately 0.65 (Fig. 3C).

#### Discussion

RA is the most prevalent systemic autoimmune disease, leading to functional impairment and premature death. Consequently, early diagnosis and intervention are essential to mitigate the risks associated with this disease. Studies indicate that approximately 70–80% of RA patients possess anti-citrullinated peptide antibodies (ACPA) and RF<sup>14,15</sup>. However, 20–25% of RA cases are seronegative for RF and ACPA, leading to delays in diagnosis and the initiation of disease-modifying antirheumatic drugs (DMARDs) treatment for these patients<sup>16</sup>.ESR and CRP are commonly used tests for RA, but their sensitivity and specificity are relatively low<sup>17</sup>. ESR is correlated with disease activity and typically elevates in RA patients, particularly during active phases of the disease. However, an elevated ESR is not specific to RA and may also be observed in other inflammatory and infectious conditions. CRP, a highly responsive acute-phase serum reactant, is produced by the liver. It is produced in response to various pro-inflammatory cytokines from monocytes or macrophages. CRP levels are frequently used to gauge disease activity in RA, in conjunction with assessing joint swelling and discomfort.

DNA methylation is one of the most extensively studied epigenetic alterations in human cancers, occurring predominantly in the CpG islands of gene promoters. Abnormal promoter methylation leads to the silencing of tumor suppressor genes, playing a crucial role in the development and progression of many cancers<sup>18–20</sup>. The *PCDH17* gene, located on human chromosome 13q21.2, is often inactivated due to promoter methylation in various cancers<sup>9</sup>. *PCDH17* has been identified as an inhibitor of the Wnt/ $\beta$ -catenin signaling pathway in breast cancer<sup>21</sup>. The Wnt/ $\beta$ -catenin signaling pathway plays a significant role in the pathophysiology of RA<sup>22</sup>. Studies have demonstrated that this pathway is pivotal in the pathogenesis of RA, particularly in the aberrant activation of synovial fibroblasts (FLS) and joint destruction. Research also suggests that the Wnt/ $\beta$ -catenin signaling pathway is closely associated with inflammatory responses, and targeting this pathway may offer a novel strategy for treating RA<sup>23</sup>.

In this study, correlation analysis between PCDH17 methylation levels and clinical indicators revealed a negative correlation between PCDH17 and C-reactive protein (CRP) levels (r = -0.28, p = 6.9e-4), confirming a close association between PCDH17 methylation levels and CRP. Additionally, among six CpG sites analyzed, five exhibited the same trend, with the exception of the site at position 57,631,581. RF and anti-citrullinated protein antibodies (ACPA) are autoantibodies used in the diagnosis of RA patients. Their discovery has greatly facilitated the early diagnosis and treatment of RA $^{24}$ . Building on this theoretical research, ROC analysis of PCDH17 with CCP(-) RF(-) was conducted, showing that methylation levels of PCDH17 can enhance the diagnostic accuracy for seronegative RA, thereby avoiding misdiagnosis.

Additionally, this study comprised 30 healthy individuals and 340 patients diagnosed with seven distinct rheumatic and autoimmune diseases. Methylation differential analysis identified significant differences between the RA group and the HC, AS, SS, and DM groups, offering novel insights into clinical differentiation. Furthermore, correlation analysis demonstrated a strong association between osteoporosis and both RF and CCP, suggesting clinicians should remain vigilant regarding the potential for osteoporosis in RA patients.

This study conducted an analysis of *PCDH17* methylation levels to preliminarily explore the relationship between RA and the methylation of the *PCDH17* gene, potentially offering clinical applications for predicting the inflammation severity in RA patients. Additionally, it positively impacts the diagnostic accuracy for seronegative RA and reduces the likelihood of misdiagnoses and missed diagnoses. Finally, the study analyzed a limited set of clinical indicators. Future research should consider including a broader range of relevant indicators and increasing the sample size to further investigate the relationship between *PCDH17* cg03865667 methylation and the onset and activity of RA.

#### Data availability

The datasets presented in this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found below: SRA, PRJNA1094652.

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#### **Author contributions**

FZ, MZ and JL are responsible for sample and data collection, and wrote the main manuscript text. CC, PJ, KW, JZ, YS, YZ for sample and data collection, review and editing. YS, YL prepared Figs. 1, 2 and 3.YZ, QL, LW, HQ and LL for review and editing. SG for conceptualization, review and editing. XL and QZ are responsible for revision, and manuscript review. DH is responsible for the funding acquisition, revision, and manuscript review.

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#### **Declarations**

#### Competing interests

The authors declare no competing interests.

#### Consent to participate

All authors listed have contributed to the entire writing process of this manuscript and have given their informed consent for its publication.

#### Consent for publication

The authors assert that none of the material in this paper has been published, nor is it under consideration for publication elsewhere.

#### Additional information

**Supplementary Information** The online version contains supplementary material available at https://doi.org/10.1038/s41598-025-02236-z.

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