



Neuroprotection of Dexmedetomidine against Cerebral Ischemia-Reperfusion Injury in Rats: Involved in Inhibition of NF- κ B and Inflammation Response

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Abstract

Dexmedetomidine is an α 2-adrenergic receptor agonist that exhibits a protective effect on ischemia-reperfusion injury of the heart, kidney, and other organs. In the present study, we examined the neuroprotective action and potential mechanisms of dexmedetomidine against ischemia-reperfusion induced cerebral injury. Transient focal cerebral ischemia-reperfusion injury was induced in Sprague-Dawley rats by middle cerebral artery occlusion. After the ischemic insult, animals then received intravenous dexmedetomidine of 1 μ g/kg load dose, followed by 0.05 μ g/kg/min infusion for 2 h. After 24 h of reperfusion, neurological function, brain edema, and the morphology of the hippocampal CA1 region were evaluated. The levels and mRNA expressions of interleukin-1 β , interleukin-6 and tumor necrosis factor- α as well as the protein expression of inducible nitric oxide synthase, cyclooxygenase-2, nuclear factor- κ Bp65, inhibitor of κ B α and phosphorylated of κ B α in hippocampus were assessed. We found that dexmedetomidine reduced focal cerebral ischemia-reperfusion injury in rats by inhibiting the expression and release of inflammatory cytokines and mediators. Inhibition of the nuclear factor- κ B pathway may be a mechanism underlying the neuroprotective action of dexmedetomidine against focal cerebral I/R injury.

Key Words: Cerebral ischemia-reperfusion, Dexmedetomidine, Inflammation, Inducible nitric oxide synthase, Cyclooxygenase-2, Nuclear factor- κ B

INTRODUCTION

Transient ischemic hypoperfusion can cause severe acute brain injury, especially in the hippocampus, which is highly susceptible to ischemic hypoxia. During the process of reperfusion, induction of a series of complex mechanisms was also reported to initiate neuronal apoptosis and cause delayed neurological damage (Lee *et al.*, 2000). Clinically, acute cerebral ischemia-reperfusion (I/R) injury can occur during the perioperative period for nerve surgery and operations on the heart or great vessels, particularly in elderly or critically ill patients. Therefore, there is strong interest in reducing or preventing perioperative I/R-induced brain damage worldwide.

The mechanisms underlying the pathogenesis of ischemic brain injury are complex, although local tissue inflammation plays a key role (Basu *et al.*, 2005; Fujita *et al.*, 2010). The tissue damage after cerebral ischemia and a large number of oxygen free radicals generated during reperfusion would

induce to generate vast cytokines, such as interleukin, tumor necrosis factor, and so on. In turn, these cytokines stimulate expression of adhesion molecules in cerebrovascular endothelial cells, attracting circulating neutrophils that can migrate and adhere to the central ischemic tissues, thus propagating the local inflammatory response. Increased levels of arachidonic acid metabolites and other inflammatory mediators can further aggravate local brain inflammation, eventually leading to neuronal apoptosis and necrosis. Inducible nitric oxide synthase (iNOS) and cyclooxygenase-2 (COX-2) are two main mediators of this inflammatory cascade (Dimagl *et al.*, 1999; Culmsee and Krieglstein, 2007).

As a member of the transcription factor protein family, nuclear factor (NF)- κ B plays a key regulatory role in inflammation and immune responses. Indeed, production of all inflammatory molecules is modulated by the NF- κ B signaling pathway, including tumor necrosis factor- α (TNF- α), interleukin-6 (IL-6), IL-1 β , iNOS, and COX-2 (Berti *et al.*, 2002; Hseu *et al.*, 2005).

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The NF- κ B pathway can be activated or regulated through the nuclear translocation of the p65 subunit and the mutual inhibition between inhibitor of kappa B (I κ B) proteins. In most inactive cells, NF- κ B compounds containing I κ B α constantly shuttle between the cytoplasm and the nucleus, while those containing I κ B β and I κ B ϵ are located mainly in the cytoplasm. Upon stimulation, I κ B is phosphorylated by I κ B kinase (I κ BK), which is ubiquitinated and subsequently degraded, leading to translocation of NF- κ Bp65 to the nucleus, binding to specific target genes, and increased expression of pro-inflammatory factors (Baldwin, 1996).

Many anesthetics applied during the perioperative period have been shown to exhibit neuroprotective properties against cerebral ischemia, including sevoflurane, lidocaine, and diprivan (Cui *et al.*, 2013; Zhao *et al.*, 2014). As a new type of anesthetic adjuvant drug, dexmedetomidine is a potent and highly selective α_2 adrenoreceptor agonist, which can reduce the central sympathetic tension and possess the pharmacological features of sedation, analgesia, diuresis, anti-anxiety without respiratory depression (Kamibayashi and Maze, 2000). Although several studies have reported a neuroprotective action of dexmedetomidine in various animal models of cerebral injury, there are contrasting findings regarding its efficacy (Hoffman *et al.*, 1991; Kuhmonen *et al.*, 2001; Laudenschach *et al.*, 2002).

Thus, the aim of the present study was to investigate the neuroprotective action and potential molecular mechanisms of dexmedetomidine following transient focal cerebral I/R.

MATERIALS AND METHODS

Animals

Male Sprague Dawley rats (16-18 weeks old, 300-360 g body weight) were purchased from Experimental Animal Center of Shandong University (Jinan, China) and were housed with free access to food and water at a constant temperature of $22 \pm 2^\circ\text{C}$, humidity of $55 \pm 5\%$, and a 12 h light/dark cycle. The recommendations in the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health (Bethesda, MD, USA) was strictly performed during this study. All experimental protocols were approved by the Ethics Committee of Animal Experiments of the Provincial hospital Affiliated to Shandong University.

Materials

Dexmedetomidine was purchased from Heng Rui Medicine Co., Ltd. (Jiangsu, China). The following primary antibodies (Santa Cruz Biotechnology Inc., CA, USA) were used for Western blot: anti- β -actin (sc-130656), anti-iNOS (sc-649), anti-COX-2 (sc-23983), anti-NF- κ Bp65 (sc-372), anti-I κ B α (sc-371), and anti-p-I κ B α (sc-101713). TNF- α (H052), IL-1 β (H002), and IL-6 (H007) ELISA kits were obtained from Nanjing Jiancheng Bioengineering Institute (Nanjing, China). Primers were synthesized by Kangcheng Biotechnology (Guangzhou, China).

Establishment of model and groups

Forty-five rats were divided randomly into the sham operation (Sham), middle cerebral artery occlusion (MCAO), and MCAO rats with DEX administration groups (D+MCAO). Focal cerebral ischemia was induced by intraluminal filament (18.5

± 0.5 mm internal diameter) occlusion of right middle artery for 60 min. While rats in Sham group only underwent surgical exposure of the right common carotid artery rather than occlusion. In D+MCAO group, intravenous infusion of DEX was performed with a load dosage of 1 $\mu\text{g}/\text{kg}$ at once after ischemia insult and then 0.05 $\mu\text{g}/\text{kg}/\text{min}$ for 2 h. After reperfusion for 24 h, all rats were immediately performed neurologic grades and elevated body swing test for assessment of neural function. Thereafter all rats were anesthetized with mebumal sodium (50 mg/kg) and thereafter decapitated. Brains were removed rapidly, five brains were for assessment of brain edema, five were for hematoxylin-eosin (HE) staining and immunohistochemical detection, five brains were carefully separated through cortex to remove hippocampus for western blot, real-time PCR and enzyme-linked immunosorbent assay.

Neurobehavioral grades

Neurobehavior was scored on a 5-point scale as previously reported (Longa *et al.*, 1989); no neurological deficit=0, failure to extend left forepaw fully=1, circling to the left when walking=2, falling to the left when walking=3, and failure to walk spontaneously=4.

Elevated body swing test

Each rat was hung by the tail approximately 5 cm from the ground, and the number of head deflections to the side (head deviation of approximately 10° from the center line) was recorded (Borlongan *et al.*, 1998). This process was repeated 10 times for each rat. Animals with $>75\%$ of deflection to the left side were considered successful models.

Assessment of brain edema

The brains of five rats were rapidly removed and weighed (wet weight), and each brain was divided into six equal slices. The brain slices were then dried at 60°C for three days, and the dry weight determined. The degree of brain edema was calculated as: $\text{wet weight} - \text{dry weight} / \text{wet weight} \times 100\%$.

Histological characterization of the hippocampal CA1 region

The brains of five rats per group were removed and dehydrated by gradient ethanol, cleared by xylene, embedded in paraffin, and then sectioned (5 μm thick) coronally backward from 2 mm before or after the optic chiasma and mounted onto glass slides. Four sections from each rat at the level of the hippocampus were stained for HE to assess neuron morphology in hippocampal CA1 region. Five paraffin sections from each rat were also used for immunohistochemical studies described below.

Immunohistochemistry for NF- κ Bp65

The NF- κ Bp65 rabbit polyclonal antibody and the immunohistochemical SP kit (Santa Cruz Biotechnology Inc.) were used to detect expression of NF- κ Bp65 in the hippocampal CA1 region. According to the manufacturer's instructions, the brain sections were roasted, dewaxed and antigen repaired, then hydrated to dispose 3% H_2O_2 for 10 min at room temperature. Added NF- κ Bp65 antibody (1:200) to react for 2 h at 37°C and biotin labeled anti-rabbit antibody (1:200) to incubate at 37°C for 30 min, and incubate with horse reddish peroxidase labeled streptomycin avidin at 37°C for 2 h. Then dyeing via DAB/ H_2O_2 reaction. The NF- κ Bp65 positive cells

Table 1. Primers used in Real-time PCR

Gene	Forward Primers (5'-3')	Reverse Primers (5'-3')
IL-1 β	CACACTAGCAGGTCGTCATCATC	ATGAGAGCATCCAGCTTCAAATC
IL-6	GCCCTTCAGGAACAGCTATGA	TGTCAACAACATCAGTCCCAAGA
TNF α	CAGAGCAATGACTCCAAAGTA	CAAGAGCCCTTGCCCTAA
β -actin	GTCAGGTCATCACTATCGGCAAT	AGAGGTCTTTACGGATGTCAACGT

Table 2. Neurological function and brain edema in rats of each group

Parameter	Longa's scales	Left-deflection percent (%)	Degree of brain edema (%)
Sham	0	46 \pm 8	54 \pm 5
MCAO	2.75 \pm 0.95*	92 \pm 19*	74 \pm 8*
D+MCAO	2.05 \pm 0.58**	80 \pm 9%**	60 \pm 4**

* $p < 0.01$ vs. Sham group; ** $p < 0.05$, *** $p < 0.01$ vs. MCAO group.

appeared brown cytoplasm. Four views of each slide were observed randomly under a 400-fold microscope. The average of the integral optical density (IOD) of each view was detected by an Image-Pro plus 6.0 analytical systems. A negative control without primary antibody was included in the experiment to verify the antibody specificity.

Real-time PCR

Total RNA of the hippocampus was isolated using Trizol (Invitrogen, CA, USA) and reversed transcribed to cDNA using a reverse transcriptase kit (Takara, Dalian, China). Quantitative PCR was performed using the ABI 7500 system (Applied Biosystems, CA, USA) and a SYBR green kit (Takara). The PCR primers are described in Table 1.

Levels of IL-1 β , IL-6, and TNF- α in the hippocampus

Enzyme-linked immunosorbent assays were used to quantify levels of IL-1 β , IL-6, and TNF- α in the rat hippocampus. 10% hippocampal homogenate in saline solution was made using a glass homogenizer in an ice bath. The homogenate was centrifuged at 4°C and the supernatant collected and stored at -20°C until use. Levels of IL-1 β , IL-6, and TNF- α in supernatants were measured with commercial ELISA kits (Abcam, Cambridge, England), according to the manufacturer's instructions. Briefly, cytokine beads were placed at the upper compartment of a 96-well transwell plate (3 μ m pore size) while samples were placed at the bottom, incubate for 1 hour at room temperature, wash plate and stop the reaction. The concentrations of IL-1 β , IL-6, and TNF- α were determined according to a standard curve.

Western blot

Briefly, the proteins were separated by sodium dodecyl sulfate polyacrylamide gel electrophoresis, and then electrophoretically transferred onto polyvinylidene fluoride membranes. Membranes were blocked with 5% skimmed milk for 1 h at room temperature, and then incubated overnight at 4°C with anti-iNOS, anti-COX2, anti-NF- κ Bp65, anti-I κ B α , and anti-p-I κ B α antibodies. Actin was used as a loading control. The membranes were then incubated with the corresponding secondary antibodies, and the reaction was visualized with che-

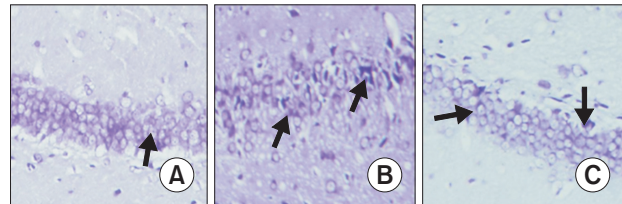


Fig. 1. Morphological changes of hippocampal CA1 by HE staining ($\times 200$). (A) Sham group: the cells arranged neatly, cellular structure was complete with a large and round nucleus and clear nucleolus (arrow). (B) MCAO group: nerve cells become triangular or irregular, with concentrated cytoplasm and nucleus (arrow). (C) D+MCAO group: the damages in the shape and arrangement of cells (arrow) were much better than MCAO group.

miluminescence reagents provided with an ECL kit (Bioworld, MN, USA) and exposed to X-ray film. The intensity of the appropriate bands on the blots was quantified by densitometry.

Statistical analyses

Statistical analysis was performed using a standard software package (SAS 10.0 Software, SAS, NC, USA). All data are presented as means \pm standard deviation. Two-way ANOVA followed by a Bonferroni multiple group comparison. Values of $p < 0.05$ were considered statistically significant.

RESULTS

Effect of dexmedetomidine on neurological function and brain edema in MCAO rats

The neurobehavioral scores, left-deflection percent, and degree of brain edema in the MCAO group were significantly higher than those in the sham group ($p < 0.01$). By contrast, neurological dysfunction of rats was alleviated in the D+MCAO group, with a significant decrease in the Longa's scales, the left-deflection percent, and the degree of brain edema compared with the MCAO group ($p < 0.05$; Table 2).

Effect of dexmedetomidine on hippocampal morphology in MCAO rats

By HE staining, pyramidal cells and the neurons in the hippocampal CA1 region of sham group animals were arranged neatly, and the cellular structure was complete with a large and round nucleus and a clear nucleolus. By contrast, MCAO rats showed marked neuronal degeneration, with a triangular or irregular shape, concentrated cytoplasm and nucleus, and a damaged hippocampal structure. This pattern of injury was significantly alleviated in the D+MCAO group (Fig. 1).

Table 3. levels of IL-1 β , IL-6 and TNF- α in hippocampus of each group

Parameter	IL-1 β (ng/g)	IL-6 (ng/g)	TNF- α (ng/g)
Sham	2.57 \pm 0.34	1.59 \pm 0.21	0.98 \pm 0.13
MCAO	3.61 \pm 0.27**	2.47 \pm 0.27**	1.86 \pm 0.15**
D+MCAO	2.92 \pm 0.23*##	1.96 \pm 0.19*#	1.53 \pm 0.11**#

* p <0.05, ** p <0.01 vs. Sham group; # p <0.05, ## p <0.01 vs. MCAO.

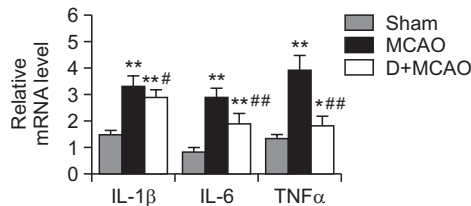


Fig. 2. mRNA levels of IL-1 β , IL-6 and TNF α in hippocampus of each group. The mRNA levels of IL-1 β , IL-6 and TNF α were measured in each group by Real-time PCR. β -actin was used as an internal control. * p <0.05, ** p <0.01 vs. Sham; # p <0.05, ## p <0.01 vs. MCAO.

Effect of dexmedetomidine on hippocampal IL-1 β , IL-6, and TNF- α levels and mRNA expression in MCAO rats

As shown in Table 3, for rats subjected to MCAO, the levels of IL-1 β , IL-6 and TNF- α in hippocampus were all largely higher than those in Sham group (p < 0.01), while in DEX treatment group, the levels of IL-1 β , IL-6 and TNF- α were obviously reduced compared to MCAO group (p <0.05). Meantime the expression of IL-1 β , IL-6 and TNF- α mRNA were all obviously upregulated in MCAO group (p <0.01), while in DEX treatment rats, the mRNA levels of these cytokines significantly were lower than those in MCAO rats (p <0.05; Fig. 2).

Effect of dexmedetomidine on hippocampal iNOS and COX-2 protein expression in MCAO rats

By Western blot, the protein expression of iNOS and COX-2 was significantly increased by approximately 3.3 times and 2.5 times, respectively, in MCAO rats compared with the sham group (p <0.01). By contrast, iNOS and COX-2 protein expression in the D+MCAO group were markedly downregulated to approximately 57% and 62%, respectively, of those in the MCAO group (p <0.01; Fig. 3).

Effect of dexmedetomidine on hippocampal NF- κ B activity in MCAO rats

There was a significant increase in the number of NF- κ Bp65-positive cells in hippocampus of MCAO rats compared with the sham group (p <0.01). By contrast, the number of NF- κ Bp65-positive cells was markedly decreased in the D+MCAO group (p <0.05; Fig. 4). The protein expression of p65 and P-I κ Ba were significantly increased, and expression of I κ Ba significantly decreased, in MCAO rats compared with the control group. By contrast, the expression of NF- κ Bp65 and P-I κ Ba was decreased (p <0.01), and expression of I κ Ba increased, in the hippocampus in the D+MCAO group (p <0.05; Fig. 5).

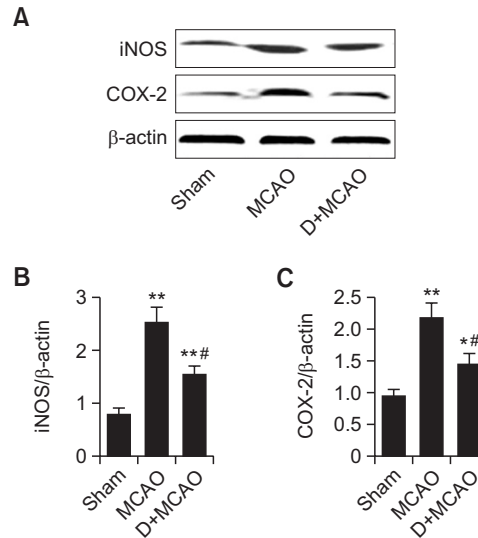


Fig. 3. Effect of dexmedetomidine on hippocampal iNOS and COX-2 protein expression in MCAO rats. (A) Representative images of western blotting showing DEX inhibited the expression of iNOS and COX-2. (B) Quantitative analysis of iNOS expression. (C) Quantitative analysis of COX-2 expression. * p <0.05, ** p <0.01 vs. Sham; # p <0.01, vs. MCAO.

DISCUSSION

The main finding of the present study was that dexmedetomidine treatment alleviated the neurological dysfunction, brain edema, and hippocampal morphological damage following I/R cerebral injury in rats. The unilateral MCAO is an excellent technique to establish a focal cerebral I/R injury model, as the operation is simple without craniotomy, and as the occlusion effect is stable and the ischemia/reperfusion time can be controlled accurately. In the present study, rats received right MCAO for 1 h and reperfusion for 24 h to induce focal cerebral I/R injury. Our model of transient focal cerebral ischemia resulted in acute nervous dysfunction in rats. Previous studies have confirmed that cerebral infarction reaches a maximum volume after transient cerebral ischemia and reperfusion for 24 h. Therefore, the majority of studies use 24 h of I/R as the time window to evaluate acute cerebral injury (Derugin *et al.*, 2000). Morphological and functional damage of the hippocampus is the earliest and most common pathology induced by focal cerebral ischemia. Indeed, in the present study, we observed obvious pathological neuronal injury in the hippocampal CA1 region with HE staining at 24 h of focal cerebral I/R.

Inflammation plays an important role in the pathogenesis cerebral injury induced by I/R (Ritter *et al.*, 2000). In the early stage of acute cerebral ischemia, necrotic cells and oxygen free radicals, as well as other related messenger molecules, can activate the NF- κ B pathway to induce transcription and release of many inflammatory molecules, including the pro-inflammatory cytokines IL-1 β , IL-6, and TNF- α , which can aggravate endothelial cell injury in the cerebral vasculature (Yasuda *et al.*, 2011). In the present study, focal cerebral I/R increased the levels and mRNA expression of IL-1 β , IL-6, and TNF α in the hippocampus, suggesting that the inflammatory response was an important component of acute injury induced

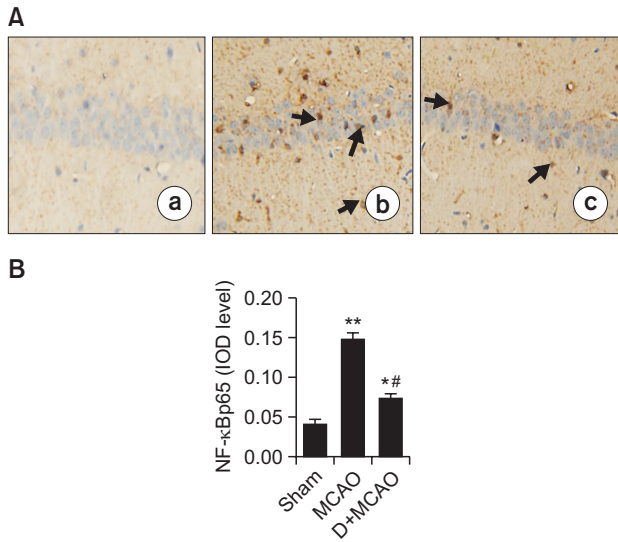


Fig. 4. Effect of dexmedetomidine on hippocampal NF-κBp65 expression in MCAO rats. (A) Photomicrographs of NF-κBp65 immunoreactivity in hippocampal CA1 (200 amplification). There were slightly NF-κBp65-positive expression in Sham group (a), while in MCAO rats (b), abundant NF-κBp65-positive expression in cytoplasm and nucleus of hippocampal neurons with brown staining (arrow), whereas in D+MCAO group, positive expression of NF-κBp65 was decreased (c). (B) Quantification of NF-κBp65 IOD level. * $p < 0.05$, ** $p < 0.01$ vs. Sham; # $p < 0.01$ vs. MCAO.

by cerebral I/R, consistent with previous reports (Ritter *et al.*, 2000).

Dexmedetomidine was reported to protect the heart and kidney from I/R injury both *in vitro* and *in vivo* (Okada *et al.*, 2007; Kocoglu *et al.*, 2009). However, the mechanism underlying the protective effects of dexmedetomidine remain unclear. Dexmedetomidine treatment prior to an ischemic insult was reported to protect against I/R-induced intestinal injury via inhibition of the inflammatory response and suppression of caspase-3 protein (Zhang *et al.*, 2012). In the present study, dexmedetomidine alleviated hippocampal injury and dysfunction in rats exposed to cerebral I/R, which was associated with a significant decrease in mRNA and protein levels of pro-inflammatory factors. Thus, the neuroprotective action of dexmedetomidine may be related, at least in part, to inhibition of the inflammatory response.

The pro-inflammatory mediators iNOS and COX-2 are markedly elevated in the brain following cerebral ischemia, and contribute to the pathogenesis of brain damage (Iadecola *et al.*, 1997; Koistinaho *et al.*, 1999). Anti-inflammatory agents or inhibitors of iNOS and COX-2 were also reported to reduce ischemic brain injury and improve outcomes (Wang *et al.*, 2008; Kim *et al.*, 2009). Further, iNOS-deficient mice showed smaller infarcts than wild-type mice when exposed to cerebral ischemia (Ferriero *et al.*, 1996). In the present study, iNOS and COX-2 expression in the hippocampus were markedly increased at 24 h of cerebral I/R, but were decreased by dexmedetomidine treatment. Thus, inhibition of iNOS and COX-2 expression may be a mechanism underlying the neuroprotective action of dexmedetomidine following cerebral I/R.

As an important nuclear transcription factor, NF-κB is widely expressed in neurons, glia, and vascular endothelial cells.

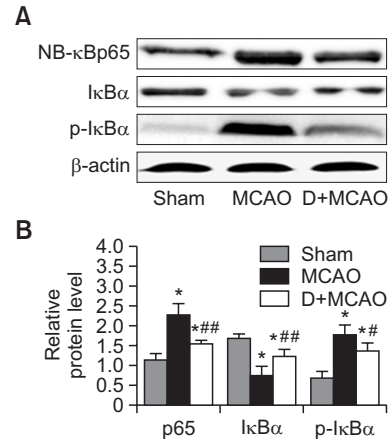


Fig. 5. Effect of dexmedetomidine on hippocampal NF-κB activity in MCAO rats. (A) Representative image of western blotting of p65, p-IκBα and IκBα in hippocampus. (B) Quantitative analysis of Fig. 5A. * $p < 0.01$ vs. Sham; # $p < 0.05$, ### $p < 0.01$ vs. MCAO.

NF-κB is located downstream of several signaling pathways, including toll-like receptors and the mitogen-activated protein kinases, and is responsible for the regulation of inflammation and immune responses (Guo *et al.*, 2010; Qiao *et al.*, 2012). The activity of NF-κB is mainly regulated by its interaction with the inhibitory IκB protein. Activation of the NF-κB requires the degradation of IκB protein and p65 translocation to the nucleus (Xie *et al.*, 2011; Min *et al.*, 2012). In resting state, IκBα-containing complexes constantly shuttle between the nucleus and the cytoplasm, whereas IκBβ- and IκBε-containing complexes are predominantly cytoplasmic. Upon stimulation, IκB is phosphorylated by IκB kinase, which is ubiquitinated and subsequently degraded, leading to rapid translocation of NF-κBp65 to the nucleus. IκB is then combined with a specific DNA sequence to activate downstream-associated factors, including pro-inflammatory molecules. Several studies have reported that NF-κB activation can induce an inflammatory response and neuronal apoptosis in the hippocampus following cerebral I/R injury (Lou *et al.*, 2007; Boersma and Meffert, 2008). Further, IκB was suggested as a potential target to reduce cerebral I/R damage via suppression of NF-κB activation (Zhang *et al.*, 2013; Jiang *et al.*, 2014).

In the present study, expression of NF-κBp65 and p-IκBα were markedly elevated in the hippocampal CA1 region of cerebral I/R rats, indicating NF-κB activation. Interestingly, treatment with dexmedetomidine immediately after transient ischemia significantly alleviated this increase in hippocampal NF-κBp65 and IκBα phosphorylation, and reduced expression and release of pro-inflammatory cytokines. Further, dexmedetomidine treatment was associated with improved hippocampal cellular structure and neurobehavioral function of rats. Thus, these data suggest that the neuroprotective action of dexmedetomidine against cerebral I/R injury may involve inhibition of the NF-κB signaling pathway to alleviate the cerebral inflammatory response.

In conclusion, we demonstrated that treatment with dexmedetomidine immediately after cerebral ischemia alleviated brain edema and hippocampal neuron damage and improved function outcomes induced by focal cerebral I/R in rats. The neuroprotective actions of dexmedetomidine against cerebral

I/R injury may involve inhibition of NF- κ B signaling and reduction of cerebral inflammation. Further studies are required to confirm the detailed mechanisms of dexmedetomidine against I/R cerebral injury.

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