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### **Chapter 9**

## **Evaluation of MERS-CoV Neutralizing Antibodies in Sera Using Live Virus Microneutralization Assay**

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#### **Abstract**

The microneutralization (MN) assay is a standard and important technique in virology, immunology, and epidemiology. It is a highly specific and sensitive assay for evaluating virus-specific neutralizing antibodies (nAbs) in human and animal sera. It provides the most precise answer to whether or not an individual or animal has antibodies that can neutralize or inhibit the infectivity of a specific virus strain. However, using live virus-based MN assay might require working under high containment facilities especially when dealing with high-risk pathogens such as the Middle East respiratory syndrome-coronavirus (MERS-CoV). In this chapter, we describe the isolation, amplification, and titration of MERS-CoV, as well as detailed MN assay to measure nAb levels in sera from different mammalian species.

Key words MERS-CoV, Neutralizing antibodies, Microneutralization

#### 1 Introduction

The Middle East respiratory syndrome-coronavirus (MERS-CoV) is a novel zoonotic β-coronavirus that was first identified in Saudi Arabia in 2012 [1]. Epidemiological evidence suggests that dromedary camels are the main zoonotic source of MERS-CoV [2, 3]. MERS-CoV causes a wide range of manifestations ranging from asymptomatic infections to mild or severe respiratory disease. Detection of anti-MERS-CoV antibodies (Abs) in humans and/or animals represents a valuable tool in diagnostics as well as epidemiological, virological, and immunological studies including evaluation of vaccine immunogenicity [4-8]. Several serological assays have been developed and used for MERS-CoV, including ELISAbased assays, immunofluorescence assays, protein microarrays, and pseudovirus-based neutralization assays [9–17]. However, most of these assays pose several drawbacks and limitations such as low specificity and sensitivity, need for expensive and special equipment and reagents, and/or highly trained technical staff, which could limit their use.

On the other hand, live virus-based microneutralization (MN) assay is a highly sensitive and specific technique used for the quantitation of virus-specific neutralizing antibodies (nAbs) to a given virus in mammalian sera as well as the evaluation of antiviral activities of small molecules and biologics. The assay has several advantages in detecting nAbs against MERS-CoV. It can precisely detect virus-specific nAbs in human and animal sera without the need for specific reagents or equipment, it can be carried out readily once the virus is isolated, and it can overcome strain-specific antigenic changes. The protocol presented in this chapter consists of four major steps, including MERS-CoV isolation, amplification, titration, and neutralization. The MN assay described here is suitable to quantitatively measure the titer of nAbs in sera from different mammalian species.

#### 2 Materials

#### 2.1 General Materials

- 1. Vero E6 cells.
- 2. 37 °C water bath.
- 3. Biosafety cabinet.
- 4. 37 °C incubator with 5% CO<sub>2</sub>.
- 5. Low-speed centrifuge.
- 6. Inverted microscope.
- 7. Cell counter or hemocytometer.
- 8. M-10 media: Dulbecco's modification of Eagle medium (DMEM), 10% heat-inactivated fetal bovine serum (FBS), 1% L-glutamine, and 1% penicillin/streptomycin.
- 9. M-2: Dulbecco's modification of Eagle medium (DMEM), 2% heat-inactivated fetal bovine serum (FBS), 1% L-glutamine, and 1% penicillin/streptomycin.
- 10. 70% Ethanol for decontamination of laminar flow biosafety cabinet and objects brought into the hood.
- 11. Sterile serological pipettes.
- 12. Sterile DPBS without calcium or magnesium.
- 13. Sterile  $1 \times$  trypsin-EDTA in DPBS without calcium or magnesium.
- 14. Sterile T25, T75, and T175 tissue culture flasks with vented caps.
- 15. Sterile 15 mL falcon tubes.
- 16. Sterile 1.5 mL tubes.
- 17. 1 mL pipette.
- 18. Multichannel pipette.

- 19. Sterile disposable aerosol-resistant filtered tips.
- 20. Sterile 0.22 μm, γ-irradiated syringe filters.

# 2.2 MERS-CoV Isolation, Amplification, Titration, and Microneutralization

MERS-CoV is a biosafety level 3 (BSL3) pathogen. Thus, all work involving infectious MERS-CoV should be handled in a BSL3 facility following the institutional guidelines and regulations such as wearing the proper PPE and having the proper training to work at a BSL3 facility.

- 1. Confluent Vero E6 cells cultured in M-10 in a T75 tissue culture flask.
- 2. Sterile 96-well tissue culture plates.
- 3. Sterile U-shaped 96-well plates.
- 4. MERS-CoV-positive sample: filtered using Sterile 0.22  $\mu$ m,  $\gamma$ -irradiated syringe filters (to be used for virus isolation).
- 5. Isolated MERS-CoV (to be titrated or amplified).
- 6. Titrated MERS-CoV (for microneutralization assay).
- 7. Test serum samples.

#### 3 Methods

#### 3.1 Continuous Culture of Vero E6 Cells

Proper aseptic techniques should be used, and all equipment and solutions to be used with cells must be sterile. All cell culture incubations should be performed in a humidified  $37\,^{\circ}\text{C}$  incubator with  $5\%\,^{\circ}\text{CO}_2$ , and all solutions should be pre-warmed to room temperature or  $37\,^{\circ}\text{C}$  before use with cells.

- 1. Remove a cryovial of frozen Vero E6 cells from liquid nitrogen storage and quickly thaw the cells for <1 min by gently swirling in a 37 °C water bath until there is just a small bit of ice left in the vial (*see* **Note 1**).
- 2. Transfer the vial into a laminar flow biosafety cabinet and quickly disinfect the outside of the vial with 70% ethanol.
- 3. Open the vial and transfer all the volume to a sterile 15 mL falcon tube containing 10 mL of pre-warmed M-10 (*see* **Note** 2).
- 4. Centrifuge the cell suspension at approximately 200–500  $\times$  *g* for 5 min at room temperature.
- 5. Aseptically decant the supernatant without disturbing the cell pellet (*see* **Note 3**).
- 6. Gently re-suspend the cells in 10 mL of pre-warmed M-10 (*see* Note 4).
- 7. Transfer the cell suspension to T75 tissue culture flask using sterile 10 mL serological pipette.
- 8. Incubate the flask in 37 °C incubator with 5% CO<sub>2</sub>.

- Monitor cells under an inverted microscope daily or every other day and change media every 3–4 days if necessary (see Note 5).
- 10. When cells reach >90–95% confluency, passage cells into new tissue culture flasks at 1:5 to 1:10 split ratio (*see* **Notes 6** and 7).
- 11. Maintain cells in continuous culture and passage them as needed for at least 2–3 passages after removal from long-term storage and before use.

#### 3.2 Isolation and Amplification of MERS-CoV

- 1. Harvest confluent Vero E6 cells from a T75 tissue culture flask using standard trypsinization procedure (*see* **Note** 7).
- 2. Count cells using cell counter or hemocytometer and prepare a cell suspension of 5  $\times$  10<sup>5</sup> cells/mL in pre-warmed M-10.
- 3. Seed 5 mL (~2.5  $\times$  10<sup>6</sup> cells) or 20 mL (~1  $\times$  10<sup>7</sup> cells) of the cell suspension into a T25 or T175 tissue culture flask, respectively, so that they are 90–95% confluent the next day (*see* **Note 8**).
- 4. Incubate the flasks in 37  $^{\circ}$ C incubator with 5% CO<sub>2</sub> for overnight.
- 5. Next day, change the media by removing old media and add 2 mL or 5 mL of fresh pre-warmed M-2 into a T25 or T175 tissue culture flask, respectively.
- 6. If using positive MERS-CoV sample, filter sterilize samples using Sterile 0.22 μm γ-irradiated syringe filters before inoculation onto Vero E6 cells (*see* **Note 9**).
- 7. Add 0.5–1 mL of isolated MERS-CoV or filtered positive sample to the cells (*see* **Note 10**).
- 8. Distribute the virus evenly over the cells and incubate for 1 h in 37 °C incubator with 5% CO<sub>2</sub>.
- 9. Make up the final volume of media to 5 mL or 20 mL in T25 or T175 tissue culture flasks, respectively.
- 10. Incubate the flask in 37 °C incubator with 5% CO<sub>2</sub> for 2–3 days or until significant cytopathic effect (CPE) is observed (Fig. 1).
- 11. Check the flask daily post-infection (see Note 11).
- 12. When CPE is >50%, collect supernatant from the flask and centrifuge at  $500 \times g$  for 5 min to remove cellular debris (Fig. 1).
- 13. Aliquot collected clarified supernatant in 100  $\mu$ L or 1 mL aliquots in sterile 1.5 mL tubes and store at  $-80\,^{\circ}$ C (see Note 12).

## 3.3 Titration of MERS-CoV by Tissue Culture Infective Dose 50 (TCID<sub>50</sub>)

- 1. Harvest confluent Vero E6 cells from the T75 tissue culture flask using standard trypsinization procedure (*see* **Note** 7).
- 2. Count the cells using cell counter or hemocytometer and prepare a cell suspension of  $1\times 10^5$  cells/mL in pre-warmed M-10. Re-suspend  $1\times 10^6$  cells in 10 mL per 96-well plate.

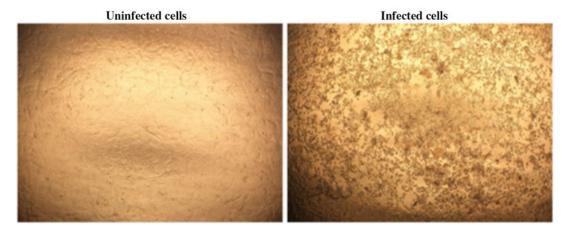
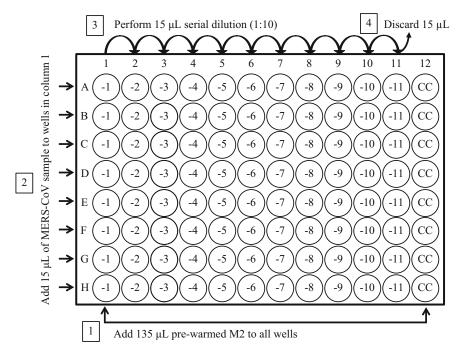


Fig. 1 Example of cytopathic effect (CPE) observed in Vero E6 cells infected with MERS-CoV 3 days after inoculation

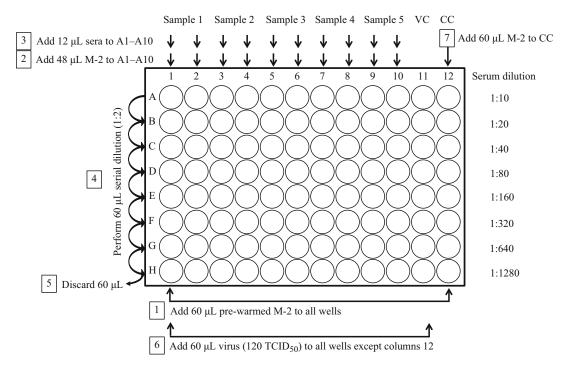
- 3. Seed 1  $\times$  10<sup>4</sup> Vero E6 cells (100  $\mu$ L) per well into sterile 96-well tissue culture plate so that they are 90–95% confluent the next day (*see* **Note 8**).
- 4. Incubate the plate in 37 °C incubator with 5% CO<sub>2</sub> for overnight.
- 5. Next day, in a new sterile U-shaped 96-well plate, add 135  $\mu$ L pre-warmed M-2 to all wells (Fig. 2).
- 6. Add 15  $\mu$ L of MERS-CoV per well in all wells of column 1 to have 1:10 dilution (Fig. 2).
- 7. Perform tenfold serial (log10) dilution by transferring 15 μL progressively from column to column (Fig. 2) using a multichannel pipette (*see* Note 13).
- 8. During each dilution step, mix well by pipetting eight times up and down (*see* **Note 14**).
- 9. Discard the final 15  $\mu$ L after column 11 (i.e., wells in column 12 should not contain virus, cell control (CC)).
- 10. Remove the 96-well tissue culture plate containing confluent Vero E6 cells and aspirate the media (*see* **Note 15**).
- 11. Transfer 100 μL from the U-shaped 96-well plate containing diluted MERS-CoV sample to the cells in each corresponding well in the 96-well tissue culture plate using a multichannel pipette (*see* Note 14).
- 12. Incubate the 96-well tissue culture plate in 37 °C incubator with 5% CO<sub>2</sub> for 3 days (*see* **Note 11**).
- 13. After incubation, observe plate under an inverted microscope and score wells as positive for MERS-CoV (i.e., CPE) or negative for MERS-CoV (i.e., cells are intact and no CPE) (*see* Note 16).
- 14. Calculate TCID<sub>50</sub> using Reed–Muench formula [18].



**Fig. 2** Schematic representation of preparation of virus dilution for MERS-CoV titration by  $TCID_{50}$ . The sequential steps of plate preparation are indicated by numbered boxes. After completion, transfer 100  $\mu$ L from the 96-well U-bottom plate containing diluted MERS-CoV sample to the cells in each corresponding well in the 96-well tissue culture plate using a multichannel pipette. CC is cell control wells

#### 3.4 MERS-CoV Microneutralization Assay

- 1. Harvest confluent Vero E6 cells from the T75 tissue culture flask using standard trypsinization procedure (see Note 7).
- 2. Count the cells using cell counter or hemocytometer and prepare a cell suspension of  $1\times 10^5$  cells/mL in pre-warmed M-10. Re-suspend  $1\times 10^6$  cells in 10 mL per 96-well plate.
- 3. Seed  $1 \times 10^4$  Vero E6 cells (100  $\mu$ L) per well into sterile 96-well tissue culture plate so that they are 90–95% confluent the next day (*see* **Note 8**).
- 4. Incubate the plate in 37 °C incubator with 5% CO<sub>2</sub> overnight.
- 5. Next day, heat-inactivate test sera to be used for virus microneutralization by incubation for 30 min at 56 °C.
- 6. In a new sterile U-shaped 96-well plate, add 60  $\mu$ L pre-warmed M-2 to all wells (Fig. 3).
- 7. Add an additional 48  $\mu$ L pre-warmed M-2 to wells A1–A10 in row A (Fig. 3).
- 8. Add 12  $\mu$ L heat-inactivated serum per well in wells A1–A10 in row A to have 1:10 dilution (Fig. 3). Do not add serum to A11 and A12 (*see* Note 17).



**Fig. 3** Plate preparation for MERS-CoV microneutralization assay. The preparation steps for MERS-CoV microneutralization assay plate are indicated by numbered boxes. After completion, incubate the serum-virus mixtures for 1 h in 37  $^{\circ}$ C incubator with 5% CO<sub>2</sub>. Then, transfer 100  $\mu$ L from the U-shaped 96-well plate containing diluted MERS-CoV sample to the cells in each corresponding well in the 96-well tissue culture plate using a multichannel pipette. VC is virus control and CC is cell control wells

- 9. Perform twofold serial dilutions on added serum samples by transferring 60  $\mu$ L progressively from row to row (i.e., A1 to B1; B1 to C1; etc. up to G1 to H1) using a multichannel pipette (Fig. 3).
- 10. During each dilution step mix well by pipetting eight times up and down (*see* **Note 14**).
- 11. Discard the final 60 µL after row H.
- 12. Prepare virus suspension in pre-warmed M-2 so that 60  $\mu$ L contains 120 TCID<sub>50</sub> (i.e., 2 × 10<sup>3</sup> TCID<sub>50</sub>/mL). Approximately 6 mL/plate is needed (*see* **Note 18**).
- 13. Add 60  $\mu$ L diluted virus to all wells except wells in columns 12 (CC wells).
- 14. Add 60 μL pre-warmed M-2 to all CC wells (i.e., columns 12).
- 15. Incubate the serum-virus mixtures for 1 h in 37 °C incubator with 5% CO<sub>2</sub>.
- 16. Remove the 96-well tissue culture plate containing confluent Vero E6 cells and aspirate the media (*see* **Note 15**).

- 17. Transfer 100 µL from the U-shaped 96-well plate to the cells in each corresponding well in the 96-well tissue culture plate using a multichannel pipette (*see* Note 14).
- 18. Incubate the 96-well tissue culture plate in 37 °C incubator with 5% CO<sub>2</sub> for 3 days (*see* **Note 11**).
- 19. Calculate MN<sub>50</sub> or MN<sub>100</sub> titers of each serum sample as the highest serum dilution that completely protect the cells from CPE in half or all wells, respectively.

#### 4 Notes

- 1. The water bath is a potential source of contamination. To reduce the risk of contamination, keep the O-ring and cap of the cryovial out of the water.
- Frozen cell stocks contain dimethyl sulfoxide (DMSO), which is harmful to the cells, and it should be diluted and removed after thawing the cells and before transferring the cells to tissue culture flasks.
- 3. After centrifugation, check the clarity of the supernatant and visibility of a complete pellet.
- 4. Different volumes and culture vessels could be used. It is better to initiate Vero E6 cells culture in a T25 tissue culture flask. If using a T25 tissue culture flask, re-suspend the cells in 5 mL media, and if using T75 tissue culture flask, re-suspend the cells in 10 mL media.
- 5. Vero E6 cells recover slowly after freezing and may take more than a week before they are ready to be passaged. It may take 2–3 passages before the Vero E6 cells reach their normal growth rate.
- 6. It is important to monitor Vero E6 cells and to subculture them once confluent. Depending on the number of seeded cells and the size of the used flask, Vero E6 cells usually need to be passaged 2–3 times per week.
- 7. To harvest or maintain Vero E6 cells, remove media from the flask, wash the cell monolayer gently with 3–5 mL of sterile pre-warmed DPBS without calcium or magnesium, and discard the used washing solution. Add 2–5 mL pre-warmed 1× trypsin-EDTA in DPBS without calcium or magnesium to the cell monolayer and incubate for 5–10 min at 37 °C, 5% CO<sub>2</sub> to detach cells (incubation may vary, so check the cells every 2–3 min). After cells are detached, add 5 mL pre-warmed M-10 to the flask to inactivate trypsin activity, and collect detached cells in 15 mL sterile falcon tube. Make sure to centrifuge the collected cells and discard the supernatant.

- Then, add new 1–2 mL pre-warmed M-10 and re-suspend the cells by pipetting up and down using 1 mL pipette to make a homogenous cell suspension.
- 8. Change the seeding density of cells when cells are under or over confluent.
- 9. Use, Sterile 0.22  $\mu$ m,  $\gamma$ -irradiated syringe filters with small membrane diameter if sample volume is small for minimal sample loss.
- 10. Multiplicity of infection (MOI) of 0.001–0.1 could be used if titer is known. It is suggested to use small culture vessels (T25 tissue culture flask) for virus isolation from positive samples and larger culture vessels (T175 tissue culture flask) for virus amplification.
- 11. CPE could be strain specific, and it depends on the strain and starting titer of the seed virus.
- 12. Each tube should be used once only to avoid freezing and thawing as this can significantly decrease the virus titer. Use 1 mL aliquots tubes for virus amplification.
- 13. Other dilutions such as ½ log10 dilution could be used.
- 14. Change pipette tips between wells.
- 15. Avoid cell drying by minimizing the time between media aspiration and adding the virus inoculum or the serum-virus mixtures.
- 16. Alternatively, remove media from cells and fix cells with 100 μL ice-cold 4% paraformaldehyde for 5 min at room temperature. Remove fixative and stain cells with 100 μL crystal violet (0.05% w/v) in 20% methanol for 30 min at room temperature, and wash cells in tap water. Score wells as positive for MERS-CoV (i.e., no crystal violet) or negative for MERS-CoV (i.e., cells are stained with crystal violet).
- 17. For each serum sample, 12  $\mu$ L are needed per single test; however, sera should be tested in at least duplicates, so more volume is needed. Different plates should be used when testing neutralization against different virus strains.
- 18. Set up back virus titration to ensure working virus concentration is accurate. Starting with the working virus dilution (2  $\times$   $10^3$  TCID  $_{50}/\text{mL}$ ), prepare twofold serial dilution in pre-warmed M-2 in a final volume of 60  $\mu\text{L}$  (4 replicates per dilution). After dilution, add 60  $\mu\text{L}$  of pre-warmed M-2 to each well for a final volume of 120  $\mu\text{L}$  and incubate for 1 h in 37 °C incubator with 5% CO2. Then, transfer 100  $\mu\text{L}$  to Vero E6 cells in 96-well tissue culture plate and incubate for 3 days in 37 °C incubator with 5% CO2. After incubation, examine the plate for CPE and calculate TCID  $_{50}$  using Reed–Muench formula.

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