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Nischarin-siRNA delivered by polyethyleniminealginate nanoparticles accelerates motor function recovery after spinal cord injury

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Graphical Abstract



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Abstract

A previous study by our group found that inhibition of nischarin promotes neurite outgrowth and neuronal regeneration in Neuro-2a cells and primary cortical neurons. In recent years, more and more studies have shown that nanomaterials have good prospects in treatment of spinal cord injury. We proposed that small interfering RNA targeting nischarin (Nis-siRNA) delivered by polyethyleneimine-alginate (PEI-ALG) nanoparticles promoted motor function recovery in rats with spinal cord injury. Direct microinjection of 5 µL PEI-ALG/Nis-siRNA into the spinal cord lesion area of spinal cord injury rats was performed. From day 7 after surgery, Basso, Beattie and Bresnahan score was significantly higher in rats from the PEI-ALG/Nis-siRNA group compared with the spinal cord injury group and PEI-ALG/Control-siR-NA group. On day 21 after injection, hematoxylin-eosin staining showed that the necrotic area was reduced in the PEI-ALG/Nis-siRNA group. Immunohistochemistry and western blot assay results confirmed successful inhibition of nischarin expression and increased protein expression of growth-associated protein-43 in the PEI-ALG/Nis-siRNA group. These findings suggest that a complex of PEI-ALG nanoparticles and Nis-siRNA effectively suppresses nischarin expression, induces expression of growth-associated protein-43, and accelerates motor function recovery after spinal cord injury.

Key Words: nerve regeneration; spinal cord injury; polyethylenimine; alginate; nanoparticles; nischarin; small interfering RNA; necrotic area; growth-associated protein-43; motor function; neural regeneration

Introduction

Spinal cord injury (SCI) often leads to severe disability. Although great progress has been made in the laboratory, so far this has not led to any clinical success (Baptiste et al., 2009; Blesch and Tuszynski, 2009; Ahuja and Fehlings, 2016; Kim et al., 2017). In recent years, with the rapid development of nanotechnology, nanoparticles are being increasingly used as vectors for delivery of therapeutics *in vivo*. Numerous nanoparticles are currently being tested for therapeutic delivery potential (Bin et al., 2017; Gao et al., 2017; Neja-

ti-Koshki et al., 2017; Song et al., 2017). One of the most extensively studied materials is cationic polymer polyethylenimine (PEI) (Patnaik et al., 2006, 2010; Patnaik and Gupta, 2013). Furthermore, alginate (ALG) is reported to be a good nanomaterial for treating SCI, as it promotes structural repair and functional regeneration following SCI (Grulova et al., 2015; Gunther et al., 2015; Hosseini et al., 2016; Shahriari et al., 2016).

Nischarin is a novel protein discovered in 2000 by Alahari et al (2000). A previous study by our group found that nischarin inhibits neurite outgrowth and regeneration in neuronal cells (Ding et al., 2015). With RNA interference (RNAi) technology, small interfering RNAs (siRNA), small hairpin RNAs (shRNA), or microRNAs (miRNA) can act on target cells to knockdown expression of specific genes (Good et al., 2016; Koenig et al., 2017; Mohammadzadeh et al., 2017). Recently, PEI-ALG self-assembling peptide nanoparticles were shown to carry siRNAs and successfully mediate siRNA gene silencing *in vitro* (Sharma et al., 2009; Becker and McDonald, 2012; Blesch et al., 2012; Li et al., 2014). However, whether PEI-ALG nanoparticles can deliver nischarin-targeted siRNA (Nis-siRNA) to the spinal cord and promote motor function recovery after SCI in animals is not known.

Using RNAi technology and novel nanoparticles in the present study, we aimed to prepare self-assembling nanocomplexes of PEI-ALG and Nis-siRNA for treating SCI, to preliminarily investigate novel methods for treatment of SCI.

Materials and Methods

Preparation of PEI-ALG nanoparticles

Branched PEI (25 kDa) and sodium alginate were purchased from Sigma-Aldrich (Merck-Millipore, Darmstadt, Germany). PEI-ALG nanoparticles were prepared according to a previously published method, but with certain modifications (Patnaik et al., 2006, 2010). Initially, 5 mg branched PEI (25 kDa) was dissolved in 500 mL distilled water. In a separate vessel, 1 mg alginate was dissolved in 100 mL distilled water under constant stirring at 90°C over 4 hours (Patnaik et al., 2010). Subsequently, the solutions were filtered through 0.22-µm membranes. The alginate solution was then slowly added to the PEI solution while stirring, and then vacuum concentrated in a rotary evaporator followed by lyophilizationon to a final concentration of 0.1 μ g/ μ L. The mixture was incubated at room temperature for 30 minutes with continuous stirring. The final product of PEI-alginate nanoparticles was stored at 4°C until further use.

Preparation of PEI-ALG/siRNA complexes

A commercially available siRNA, containing a pool of three target-specific nischarin siRNA sequences (catalogue No. SC-108099; Santa Cruz Biotechnology, Santa Cruz, CA, USA), was used for preparation of PEI-ALG/siRNA complexes for gene silencing studies. Scrambled siRNA was used as a non-targeting control siRNA (Ctl-siRNA; catalogue No. SC-370007; Santa Cruz Biotechnology). To prepare PEI-

AlG/siRNA complexes, Nis-siRNA and Ctl-siRNA were diluted in RNase-free diethylpyrocarbonate-treated water to produce a 1 μ g/ μ L solution. Next, 44 μ L PEI-alginate nanoparticles (0.1 μ g/ μ L) were mixed thoroughly with 6 μ L siRNA solution. The ratio of polymer amine groups to siR-NA phosphate groups in the complex was 10. Solutions were incubated at room temperature for 30 minutes to obtain PEI-ALG/Nis-siRNA or PEI-ALG/Ctl-siRNA complexes, which were subjected to size and zeta potential measurement using a Zetasizer Nano-ZS90 (Malvern Instruments, Malvern, UK) with the following settings: 14 measurements per sample; viscosity for water, 0.89 cP; temperature, 25°C.

Animals

A total of 45 adult female Sprague-Dawley rats weighing 200–250 g and aged 7–8 weeks old were obtained from the Experimental Animal Center of Zhejiang University of China (License No. SCXK (Zhe) 2014-0001). Rats were housed (four per cage) in a temperature $(21 \pm 1^{\circ}C)$ and humidity (55 \pm 5%) controlled environment under a 12-hour light/dark cycle with free access to standard food and water.

The study protocol was approved by the Animal Ethics Committee of Zhejiang University of China (ZJU2015-429-01). The experimental procedure followed the United States National Institutes of Health (NIH) Guide for the Care and Use of Laboratory Animals (NIH Publication No. 85-23, revised 1986).

Rat models of SCI

Rats were randomly divided into: SCI group, PEI-ALG group, PEI-ALG/control (Ctl)-siRNA group, and PEI-ALG/Nis-siRNA group (n = 10 in each group), as well as a sham group (n = 5).

Rats were anesthetized by intraperitoneal injection of sodium pentobarbital (50 mg/kg body weight; Sigma-Aldrich, St. Louis, MO, USA). The vertebral column was exposed and T_{10} laminectomy was performed. Subsequently, the right half of the spinal cord was sectioned with a razor blade (Tachi et al., 2015). Rats in treatment groups received microinjections of 5 µL PEI-ALG, PEI-ALG/Ctl-siRNA, or PEI-ALG/ Nis-siRNA into the central lesion site. Rats in the SCI group with no subsequent treatment were used as controls. Sham rats received laminectomy alone. After surgery, rats were treated with normal saline by subcutaneous injection into the fat layer of the back to replace lost fluids. To prevent infection, penicillin (100 mg/d) was administered twice daily for 3 days post-injury.

Right hindlimb movement was assessed by Basso, Beattie and Bresnahan (BBB) locomotor rating scale scores after the animals woke up from anesthesia. Rats that exhibited little or no hindlimb movement were considered successful models (n = 8 in each group), while those with incomplete loss of motor function with BBB scores > 8 were excluded (Umezawa et al., 2017). After assessing BBB locomotor rating scale, three rats in each group were sacrificed for western blot assays, with the remaining five used for morphological studies.

Motor function testing

Scoring according to BBB locomotor rating scale was performed by observers blinded to treatment status. To confirm successful hemisection, BBB scoring was performed on each animal prior to SCI and on the first day after SCI (Basso, 2004). Subsequently, the scoring was repeated on days 3, 7, 14, and 21 after SCI based on ipsilateral hindlimb performance.

Tissue processing

At the end of 21 days post-injury, five rats were randomly selected from each group and sacrificed with an overdose of sodium pentobarbital (100 mg/kg), then transcardially perfused with 0.1 M phosphate buffer, followed by ice-cold 4% paraformaldehyde (catalogue No. P6148, Sigma-Aldrich). Spinal cord tissue was harvested, fixed in 4% paraformaldehyde, and soaked overnight in a sequence of sucrose solutions (10%, 20%, and 30%). Tissue surrounding the lesion site was embedded in optimal cutting temperature compound (Sakura Finetek Japan Co., Ltd., Tokyo, Japan), fast frozen with dry ice, and stored at -80° C until processing. Spinal cord tissue blocks were cut into 30-µm serial longitudinal sections. Every fifth section was mounted on glass slides and stored at -20° C until analyzed.

Hematoxylin-eosin (HE) staining

For general histological examination, spinal cord sections (10 sections per rat) were stained using a HE staining kit (Beyotime Institute of Biotechnology, Inc., Haimen, China), according to the manufacturer's instructions. In brief, sections were rinsed in distilled water and stained with hematoxylin for 5 minutes. After washing, sections were differentiated in 1% acid-alcohol for 30 seconds and incubated with eosin for 30 seconds. After dehydration with ethanol, sections were covered with xylene-based mounting medium and imaged using an Eclipse 50i microscope (Nikon Corporation, Tokyo, Japan). ImageJ software version 1.37 (NIH, Bethesda, MD, USA) was used to measure necrotic areas of spinal tissue in 3-mm segments. In each section, the necrotic area was determined and amount of each section summed per rat to produce total necrotic area per 3-mm segment.

Immunofluorescence staining

Spinal cord sections were subjected to immunostaining, as previously described (Ding et al., 2013). In brief, slices were dried at room temperature, rinsed with 0.01 M phosphate-buffered saline (PBS) for 30 minutes, and blocked in 10% normal goat serum (Gibco, New York, NY, USA) in PBS at room temperature for 2 hours to prevent nonspecific staining. Subsequently, sections were incubated with mouse anti-nischarin monoclonal antibody (1:500 dilution; catalogue No. 558262; BD Biosciences, San Jose, CA, USA) or rabbit anti-growth-associated protein (GAP)-43 polyclonal antibody (1:1,000 dilution; catalogue No. 8945; Cell Signaling Technology, Danvers, MA, USA) overnight at 4°C. Sections were then washed three times with PBS and incubated with fluorescein isothiocyanate (FITC)-labeled goat an-

ti-mouse immunoglobulin (Ig)G (1:200 dilution; catalogue No. 115-095-003; Jackson ImmunoResearch Laboratories, West Grove, PA, USA) or Cy3-labeled goat anti-rabbit IgG (1:200 dilution; catalogue No. 111-165-003; Jackson ImmunoResearch Laboratories) at room temperature for 2 hours, followed by a PBS wash. Specimens were mounted onto gelatin-coated glass microscope slides, air-dried, mounted in glycerol-based mounting medium and observed under a confocal microscope (FV1000; Olympus, Tokyo, Japan). Relative intensity of FITC or Cy3 associated with nischarin or GAP-43 protein content, respectively, was measured using ImageJ software version 1.37 (NIH).

Western blot assay

The remaining animals from each group were anesthetized by intraperitoneal injection of sodium pentobarbital (50 mg/kg) and sacrificed by decapitation on day 21 after hemisection. Next, 10-mm spinal cord segments centered around the injury site were carefully resected and homogenized in 200 µl radioimmunoprecipitation lysis buffer (Beyotime Institute of Biotechnology), supplemented with protease inhibitor cocktail (Sigma-Aldrich, Merck-Millipore). After centrifugation $(15,000 \times g, 30 \text{ minutes}, 4^{\circ}\text{C})$, supernatants were obtained and protein content estimated using the bicinchoninic acid assay. Total protein (25 µg in each well) was separated by 8-10% (8% gels for nischarin and 10% gels for others) sodium dodecyl sulfate polyacrylamide gel electrophoresis gels. Gels were transferred onto polyvinylidene difluoride membrane (Millipore, Billerica, MA, USA). After blocking with 5% non-fat dry milk (Bio-Rad Laboratories, Inc., Hercules, CA, USA) in tris-buffered saline with Tween-20, membranes were incubated at 4°C overnight with antibodies against nischarin, GAP-43, or β -actin (1:1,000). After incubation with horseradish peroxidase-labeled secondary antibody at room temperature for 2 hours, blots were developed using enhanced chemiluminescence reagents (catalogue No. RPN2235; GE Healthcare Life Sciences, Chalfont, UK) and exposed to X-ray films (Eastman-Kodak, Rochester, NY, USA). Films were scanned and images obtained. The optical density of each band was quantified using Image J software, version 1.37 (NIH, Bethesda, MD, USA) with normalization to β -actin.

Statistical analysis

Data are expressed as the mean \pm SEM, and processed with SPSS 12.0 software (SPSS, Chicago, IL, USA). Comparisons between groups were analyzed by two-way analysis of variance followed by Bonferroni's multiple-comparison test or one-way analysis of variance followed by Scheffe's *post hoc* test. *P* < 0.05 indicated statistically significant differences between values.

Results

Characterization of nanocomplexes and silencing efficiency of siRNA

Mean size and surface charge of PEI-ALG nanoparticles were 206.9 \pm 36.3 nm and 10.1 \pm 1.2 mV, respectively. After loading with Nis-siRNA, size and surface charge of the



Figure 1 Nischarin protein expression in the injured spinal cord of rats.

(A, B) Western blot assay shows markedly upregulated nischarin protein expression in SCI, PEI-ALG, and PEI-ALG/Ctl-siRNA groups compared with the sham group (\$P < 0.05). However, nischarin expression was significantly decreased in the PEI-ALG/Nis-siRNA group compared with the SCI group (\$P < 0.05), SCI + PEI-ALG group (#P < 0.05), and SCI + PEI-ALG/Ctl-siRNA group ($\ddaggerP < 0.05$). (C–G) Immunofluorescence staining to examine nischarin expression. (C, D) Immunofluorescence intensity of nischarin in the lesion site center. The dotted white lines indicate the edges of cavities. (E, F) Immunofluorescence intensity of nischarin in the region 1 cm distal to the lesion site. Scale bar: 100 µm. Data are expressed as the mean \pm SEM (n = 3, one-way analysis of variance followed by Scheffe's *post hoc* test). SCI: Spinal cord injury; PEI-ALG: polyethylenimine-al-ginate; Nis-siRNA: small interfering RNA targeting nischarin; Ctl: control.



Figure 2 BBB score in rats with SCI at different time points.

Within 3 weeks after spinal cord hemisection, BBB scores increased gradually in rats from different groups, indicating gradual recovery of hindlimb locomotor function. From 7 days after injury, BBB scores were significantly greater in the PEI-ALG/Nis-siRNA group compared with the SCI group (**P* < 0.05, ***P* < 0.01), SCI + PEI-ALG group (#*P* < 0.05), and SCI + PEI-ALG/Ctl-siRNA group (†*P* < 0.05). Data are expressed as the mean ± SEM (*n* = 6–8, two-way analysis of variance followed by Bonferroni multiple-comparison test). SCI: Spinal cord injury; PEI-ALG: polyethylenimine-alginate; Nis-siRNA: small interfering RNA targeting nischarin; Ctl: control; BBB: Basso, Beattie and Bresnahan locomotor rating.

spectively. Nanoparticles were injected into the injury site of spinal cord hemisection rat models. To measure gene silencing efficiency of Nis-siRNA delivered by nanocomplexes, nischarin expression levels in the injured region of the treated spinal cord were determined by western blot assay after 3 weeks. Compared with the sham group, nischarin expression was upregulated in SCI groups (P < 0.05). Expression of nischarin protein in the PEI-ALG/Nis-siRNA group was significantly decreased compared with the SCI group (P < 0.05), PEI-ALG group (P < 0.05), and PEI-ALG/Ctl-siRNA group (P < 0.05). However, there was no difference among the SCI, PEI-ALG, and PEI-ALG/Ctl-siRNA groups (Figure 1A and **B**). These findings were confirmed by immunofluorescence staining. Compared with the PEI-ALG/Ctl-siRNA group, nischarin expression in the PEI-ALG/Nis-siRNA group was significantly suppressed in the center of the lesion site (injection spot) (P < 0.05), but not the region 1 cm caudal to the injury epicenter (Figure 1C–G).

nanoparticles were 243.8 \pm 43.6 nm and 8.9 \pm 1.7 mV, re-

PEI-ALG/Nis-siRNA improved motor function of SCI rats Within 21 days after SCI, BBB scores in the right hindlimb of SCI rats increased gradually in each group. Compared with the SCI group without any treatment, BBB score in only



the PEI-ALG group was significantly increased from day 21 after operation (P < 0.05), while in the PEI-ALG/Ctl-siRNA group, it significantly increased from day 14 (P < 0.05). BBB score in the PEI-ALG/Nis-siRNA group was significantly higher than those in the SCI group (P < 0.01), PEI-ALG group (P < 0.05), and PEI-ALG/Ctl-siRNA group (P < 0.05) from day 7 after operation. These results suggest that PEI-ALG nanoparticles and Nis-siRNA may be jointly used to treat SCI and significantly accelerate hind limb motor function of rats (**Figure 2**).

PEI-ALG/Nis-siRNA reduced necrotic area of injured spinal cord

To investigate the influence of PEI-ALG/Nis-siRNA on mor-

phological changes and necrotic area in spinal cord tissue of rats in different groups, necrotic tissue in 3-mm cord segments were stained with HE and observed under light microscopy. The results showed that in the SCI group without treatment, spinal cord tissue structure was destroyed with massive infiltration of inflammatory cells and cavities. Similarly, in the PEI-ALG and PEI-ALG/Ctl-siRNA groups, inflammatory cell infiltration and cavities were also identified in spinal cord tissue. However, in the PEI-ALG/Nis-siRNA group, inflammatory cell infiltration at the injury site was not obvious with smaller cavities (**Figure 3A**). Quantification of necrotic area in different groups revealed that total necrotic area was reduced in the PEI-ALG/Nis-siRNA group compared with the SCI, PEI-ALG, and PEI-ALG/Ctl-siR-



Figure 5 Effect of Nis-siRNA delivered by PEI-ALG nanoparticles on GAP-43 protein expression in the injured spinal cord of rats on day 21 after SCI.

Protein expression of GAP-43 was markedly decreased in the SCI, PEI-ALG, and PEI-ALG/Ctl-siRNA groups compared with the sham group (P < 0.05, P < 0.01). However, GAP-43 protein expression was increased in the PEI-ALG/Nis-siRNA group compared with the SCI group (P < 0.01), SCI + PEI-ALG group (P < 0.01), and SCI + PEI-ALG/Ctl-siRNA group (P < 0.05). Data are expressed as the mean \pm SEM (n = 3, one-way analysis of variance followed by Scheffe's *post hoc* test). SCI: Spinal cord injury; PEI-ALG: polyethylenimine-alginate; Nis-siRNA: small interfering RNA targeting nischarin; Ctl: control; GAP-43: growth-associated protein-43.

NA groups, (P < 0.05; **Figure 3B**). Consequently, PEI-ALG nanomaterial and Nis-siRNA may be used jointly for treating SCI, protecting injured cells, and reducing inflammatory cell infiltration and necrotic area.

PEI-ALG/Nis-siRNA promoted GAP-43 protein expression in injured spinal cord

GAP-43 is a neuronal specific protein involved in outgrowth and regeneration of neuronal cells that is highly expressed during axonal regeneration. To clarify the mechanism through which PEI-ALG/Nis-siRNA promotes motor function recovery after SCI, GAP-43 was detected by immunofluorescence staining on longitudinal spinal cord sections of rats from different groups. Compared with the other three groups, GAP-43 expression was increased around the injured area in the PEI-ALG/Nis-siRNA group, with a long filamentous, complete structure present. In contrast, it was less evident in the other three groups (**Figure 4A**). Quantification of immunofluorescence intensity revealed significantly higher GAP-43 protein expression in the PEI-ALG/Nis-siR-NA group compared with the SCI, PEI-ALG, and PEI-ALG/ Ctl-siRNA groups (P < 0.01; **Figure 4B**).

Western blot assay was further applied to detect GAP-43 protein content in injured spinal cord of rats. The results showed that relative expression of GAP-43 in the SCI, PEI-ALG, and PEI-ALG/Ctl-siRNA groups was significantly decreased compared with baseline expression in the sham group (P < 0.05). However, GAP-43 expression in the PEI-ALG/Nis-siRNA group was higher compared with the SCI group (P < 0.05), PEI-ALG group (P < 0.01), and PEI-ALG/ Ctl-siRNA group (P < 0.05; **Figure 5**).

Discussion

Due to its high specificity, efficiency and other advantages, RNAi has become a potential treatment for SCI. For example, Sun et al. (2012) used Nogo-shRNA to effectively inhibit protein expression of Nogo and promote SCI repair in rats. Qu et al. (2014) inhibited expression of the ephrin B3 gene, and consequently accelerated motor function recovery in SCI rats. Zukor et al. (2013) demonstrated that suppression of phosphatase and tensin homolog gene expression in mice promotes regeneration of corticospinal tract neurons. The novel protein nischarin, which acts on cytoskeletal actin through Rho-GTPase family members (Alahari et al., 2004; Reddig et al., 2005; Ding et al., 2008; Maziveyi and Alahari, 2015), is highly expressed in the nervous system and inhibits neuronal cell migration (Ding et al., 2013). A recent study by our group found that neurite outgrowth is significantly promoted if nischarin expression is inhibited by siRNAs *in vitro* (Ding et al., 2015). Thus, we speculated that Nis-siRNA may stimulate axonal regeneration after SCI *in vivo*.

Due to their good biodegradability, high flexibility, suitable mechanical properties, and absence of immunogenicity, nanoparticles have been studied in the field of biology and medicine, particularly in treatment of SCI, with promising results obtained (Kubinova and Sykova, 2010; Tyler et al., 2013; White-Schenk et al., 2015). For example, Kim et al., (2009) used poly(lactic-co-glycolic acid)-based nanoparticles to deliver the drug methylprednisolone in vitro as well as in a SCI model in vivo. The study reported that local, sustained delivery of methylprednisolone via nanoparticles is significantly more effective in SCI treatment than systemic delivery. Tsai et al. (2006) produced a gel tunnel support with a complex of polyhydroxyethylmethacrylate and methyl methacrylate, filled it with methyl cellulose matrix and then implanted it into a rat with a completely transected T₈ spinal cord. After 8 weeks, regeneration of vestibular and red nucleus neurons was significantly increased.

Simultaneously, investigation of the combination of nanoparticles and RNAi technology for clinical treatment is being pursued (Acharya et al., 2017; Gentile et al., 2017). Recent research has focused on SCI treatment using nano-controlled release systems as siRNA carriers to achieve regulation of specific genes at the site of SCI (Li et al., 2016; Gao and Li, 2017). A previous study by our group has shown that ALG gel activates bone marrow mesenchymal stem cells and has unique advantages as a good carrier for stem cell transplantation in SCI treatment (Shi et al., 2011). Cationic PEI has been extensively studied in recent years for its high efficiency of gene delivery in vivo, thereby showing its therapeutic potential in humans (Lai, 2011; Patnaik and Gupta, 2013; Xun et al., 2014; Dabbaghi et al., 2017; Nakamura et al., 2017). Studies have revealed that PEI-ALG nanoparticles effectively deliver siRNAs, prevent enzymatic hydrolysis, and facilitate entry into cells for gene therapy (Patnaik et al., 2006; Patnaik et al., 2010). However, whether PEI-ALG nanoparticles can successfully deliver Nis-siRNA into cells in vivo to effectively interfere with target genes and promote rehabilitation of rats with SCI has remained elusive.

In the present study, a rat hemisection model of SCI was established. PEI-ALG nanoparticles were injected into the injured area, and hind limb motor function and morphological changes of spinal cord tissue in rats from different groups examined. As expected, nischarin expression in the center of lesion sites was significantly decreased at 3 weeks after PEI-ALG/Nis-siRNA injection. Efficient delivery distance of PEI-ALG nanoparticles was limited to the injection site, since nischarin expression was not different from the Ctl-siRNA group in the region 1 cm distal to the lesion site. Compared with the SCI, PEI-ALG, and PEI-ALG/Ctl-siRNA groups, BBB score in rats of the PEI-ALG/Nis-siRNA group began to increase from day 7 following SCI, which indicates that suppression of nischarin expression by Nis-siRNA effectively accelerated motor function recovery of SCI rats. HE staining showed less inflammatory cell infiltration and smaller cavities around the SCI site in the PEI-ALG/Nis-siRNA group. Immunofluorescence staining indicated that PEI-ALG/Nis-siRNA treatment increased GAP-43 expression in the injured spinal cord, which was confirmed by western blot assay. GAP-43 is highly expressed in neuronal growth cones, and GAP-43 upregulation is a useful marker of neurite growth or axonal regeneration (Ondarza et al., 2003; Novotna et al., 2011). Thus, suppression of nischarin expression may promote axonal regeneration by upregulating GAP-43 protein expression, although the specific mechanisms require further study.

Of note, the present study also found higher BBB scores in the PEI-ALG and PEI-ALG/Ctl-siRNA groups than those in the SCI group, particularly on day 21. Based on a previous study by our group, the beneficial effect of PEI-ALG and PEI-ALG/Ctl-siRNA is likely due to the positive impact of ALG hydrogel (Shi et al., 2011). Furthermore, the *in vivo* therapeutic effect of ALG was recently reported in SCI rat models (Grulova et al., 2015; Tamosaityte et al., 2015).

In summary, PEI-ALG/Nis-siRNA nanoparticles efficiently inhibit *in vivo* expression of nischarin protein, upregulate expression of GAP-43, and have a beneficial role in motor function recovery after SCI.

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Conflicts of interest: None declared.

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