



Disclosures. All authors: No reported disclosures.

1791. Novel Metabolomics Approach for the Diagnosis of Respiratory Viruses Directly from Nasopharyngeal Specimens

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Background. Respiratory virus infections are important causes of morbidity and mortality among pediatric and adult patients. These viruses infect respiratory epithelial cells, where they may induce specific metabolite alterations. As a proof-of-concept, we investigate the novel use of liquid chromatography (LC) combined with quadrupole time-of-flight mass spectrometry (Q-TOF) for the study of host cell metabolite alterations to diagnose and differentiate respiratory viruses.

Methods. We studied nasopharyngeal swab samples positive for respiratory viruses by the eSensor Respiratory Viral Panel (GenMark Diagnostics, Carlsbad, CA). Banked, frozen samples (-80°C) stored in viral transport media were retrieved and thawed. Aliquots of 100 µL were centrifuged at 13.3 × g for 15 minutes, and the filtrate was analyzed by Agilent 6545 Quadrupole LC/Q-TOF (Agilent Technologies, Santa Clara, CA). Compounds were separated using a novel column arrangement based on hydrophobicity and charge using a quaternary solvent manager, followed by accurate mass analysis by LC/Q-TOF. Agilent Mass Profiler 3D principal component analysis was performed, and compound identification was completed using the METLIN metabolite database.

Results. A total of 235 specimens were tested by LC/Q-TOF, including 195 positive specimens [including adenovirus, coronavirus, influenza A H1N1 and H3N2, influenza B, human metapneumovirus, parainfluenza viruses 1, 2, 3, and 4, respiratory syncytial virus (RSV), and rhinovirus] as well as 40 negative clinical specimens. LC/Q-TOF primary component analysis (PCA) allowed preliminary identification of key metabolites that distinguished all virus-positive specimens compared with the negative group, and differentiated respiratory viruses from one another including between influenza A 2009 H1N1 and H3N2 subtypes (Figure 1).

Conclusion. Preliminary data from our LC/Q-TOF analysis show that respiratory viruses exhibit different host cell metabolomic profiles that allow viral differentiation to the species level, and for influenza A virus, the subtype level. This metabolomic approach has substantial potential for diagnostic applications in infectious diseases directly from patient samples, and may be eventually adapted for point-of-care testing.

Influenza A 2009 H1N1 vs H3N2 identification by PCA

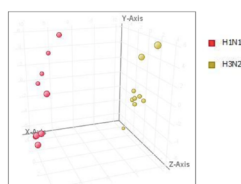


Figure 1. Principal component analysis (PCA) of unpaired t-test comparison of nasopharyngeal swab specimens positive for influenza A H1N1 (red) vs influenza H3N2 (yellow) by RT-PCR. LC/Q-TOF achieved high level of discrimination between these two influenza A subtypes.

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1792. Viral DNA Loads in Various Blood Components of Patients with EBV-Positive T/NK Cell Lymphoproliferative Diseases

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Background. Epstein-Barr virus (EBV) is associated with T- and NK-cell lymphoproliferative disorders (EBV T/NK-LPD). For diagnosis of EBV T/NK-LPD, quantification of EBV DNA loads in peripheral blood by real-time PCR has been widely used. However, optimal blood components and cut-off values for diagnosis were not fully evaluated.

Methods. Fifty-nine patients with EBV T/NK-LPD including chronic active EBV infection (CAEBV), severe mosquito bite allergy, hydroa vacciniforme-like lymphoproliferative disorder (HV), and EBV-hemophagocytic lymphohistiocytosis (EBV-HLH) were enrolled. EBV DNA loads were compared among disease categories in each blood component from the same whole blood sample. The association between EBV DNA loads and disease activity were evaluated in CAEBV patients. Furthermore, the diagnostic cut-off value for EBV DNA loads in whole blood from CAEBV patients as compared with infectious mononucleosis patients was determined.

Results. EBV DNA loads in whole blood and peripheral blood mononuclear cells (PBMCs) were not significantly different among disease categories, whereas EBV DNA loads in plasma were significantly higher in EBV-HLH patients than in HV patients. EBV DNA loads in whole blood and PBMCs showed strong correlation (Figure 1). EBV DNA loads in plasma were significantly higher in CAEBV patients with active disease than in those with inactive disease (median: 10^{4.5} IU/mL vs. 10^{3.8} IU/mL, P < 0.001) (Figure 2). Diagnostic cut-off values for whole blood EBV DNA loads of CAEBV patients as compared with those of infectious mononucleosis was 10^{4.2} (= 15,800) IU/mL (Figure 3).

Conclusion. Measuring EBV DNA loads in whole blood can be considered as initial evaluation for diagnosis of EBV T/NK-LPD. EBV DNA loads in plasma are more closely related to disease activity of CAEBV than EBV DNA loads in whole blood and PBMCs.

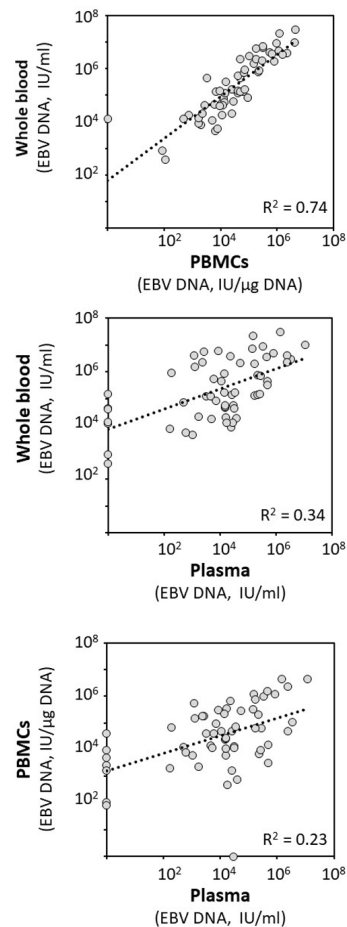


Fig. 1

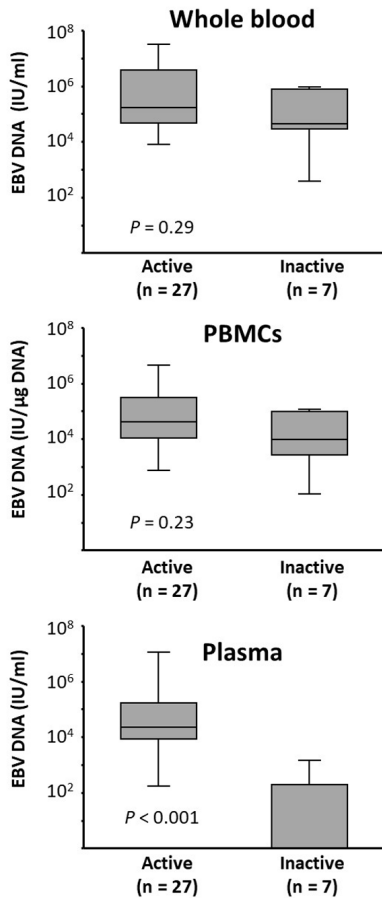


Fig. 2

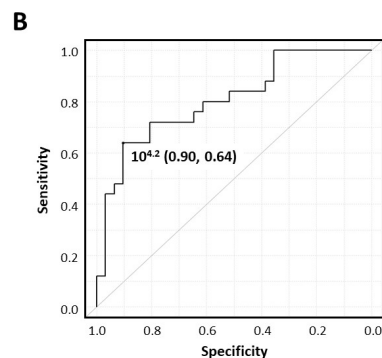
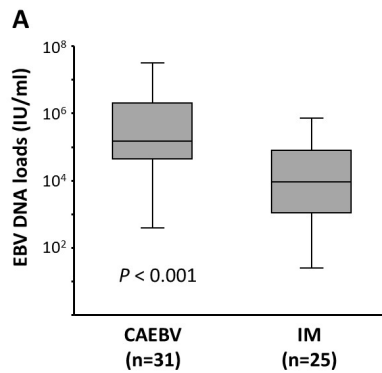


Fig. 3

1793. Clinical Outcomes among Febrile Infants Before and After Implementation of BioFire® FilmArray® Panels

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Background. The clinical benefits of multiplex polymerase chain reaction panels are not well defined. We evaluated outcomes among infants before and after implementation of the BioFire® FilmArray® Respiratory Panel 2 (RP2) and Meningitis Encephalitis Panel (MEP).

Methods. This single-center study compared outcomes among infants ≤ 90 days presenting to the Emergency Department with fever ($T \geq 38.0^\circ\text{C}$) or hypothermia ($T < 35.8^\circ\text{C}$) during 3 time periods. P1 (January 1, 2011–December 31, 2014) had batch testing using a Genmark Dx® respiratory viral panel (RVP) and no standardized clinical practice guideline (CPG); P2 (January 1, 2015–April 30, 2018) had the RVP and a CPG; and P3 (May 1, 2018–March 31, 2019) had on-demand RP2 and MEP testing and a CPG. Clinical data were collected from medical records. Statistical analyses were performed using Kruskal–Wallis and Pearson tests.

Results. There were 5195 total patients: 2514 in P1, 2082 in P2, 599 in P3. Groups did not differ in pathogens or antimicrobials used. Testing was faster and performed more commonly in P3 than P1 or P2 (P1, 10%; P2, 6.9%; P3, 71%; Table 1). From P1 to P3 there were significant decreases in length of stay (LOS), % receiving antimicrobials, antibiotic durations, ancillary test use, lumbar punctures (LPs), and chest X-rays (Table 1). In P3 compared with P2, infants more commonly received no antimicrobials (43.1% vs. 32.4%, $P < 0.001$; Figure 1), had fewer median (IQR) number of ancillary tests (5 (5–8) vs. 7 (3–10); $P < 0.001$), and shorter median (IQR) days of antibiotics (2.0 (1.0–2.7) vs. 2.4 (1.1–3.4); $P < 0.001$; Table 1). Among P3 infants, those with positive RP2 and/or MEP results were less likely to receive antimicrobials, be hospitalized or readmitted, had fewer ancillary tests and LPs, and shorter LOS and antibiotic durations than those with negative tests (Table 2).

Conclusion. In this large pre-post intervention study among infants ≤ 90 days with fever or hypothermia, a clinical guideline plus rapid testing with RP2 and MEP was associated with less antimicrobial use and ancillary testing than a clinical guideline alone. Infants with positive RP2 and/or MEP results had fewer admissions, shorter LOS, and less antimicrobial and ancillary test use than those with negative tests. Rapid pathogen testing has benefit for infants.

Table 1: Outcomes among infants ≤ 90 days (n=5195)

| Outcome | P1 n=2514 | P2 n=2082 | P3 n=599 | p-value |
|---|-------------------------------|------------------------------|--|---------|
| Readmission within 30 days, number (%) | 140 (5.6) | 89 (4.3) | 33 (5.5) | 0.117 |
| Deaths within 30 days, number (%) | 1 (0.0) | 2 (0.1) | 0 (0.0) | 0.602 |
| Admitted ¹ , number (%) | 1610 (64.0) | 1332 (64.0) | 367 (61.3) | 0.422 |
| Inpatient LOS ^{1,2} , (days) | 1.9 (1.6–2.6) | 1.8 (1.3–2.4) | 1.7 (1.2–2.3) | <0.001* |
| Antimicrobial usage | | | | |
| No antimicrobials received ³ , number (%) | 785 (31.2) | 674 (32.4) | 258 (43.1) | <0.001* |
| Single Dose of 1-2 Antimicrobials ⁴ , number (%) | 244 (9.7) | 284 (13.6) | 63 (10.5) | <0.001* |
| Antibiotic duration ^{5,6} (days) | 3.5 (2.0–4.2) | 2.4 (1.1–3.4) | 2.0 (1.0–2.7) | <0.001* |
| Antiviral duration ^{7,8} (days) | 1.4 (0.9–1.9) | 1.0 (0.6–1.7) | 1.0 (0.6–1.7) | <0.001* |
| Number of ancillary tests per patient ^{9,10} | 7 (4–10) | 7 (3–10) | 5 (3–8) | <0.001* |
| Received Chest Xray, number (%) | 687 (27.3) | 350 (16.8) | 66 (11.0) | <0.001* |
| Received Lumbar Puncture, number (%) | 1529 (60.8) | 1169 (56.1) | 313 (52.3) | <0.001* |
| Test Time-to-Results ¹¹ (hours) | RVP: 29 (20.25–47.5) n=244 | RVP: 36 (19.6–37.5) n=142 | RP2: 1.7 (1.3–2.7) n=892 MEP: 3.6 (2.5–7.1) n=172 | |

¹Considered inpatient if discharged from inpatient unit
²Median (IQR)
³Excludes 93 patients in Period 1 and 56 patients in Period 2 with incomplete data
⁴Antimicrobials include acyclovir, ampicillin, cefepime, cefotaxime, ceftriaxone, gentamicin, oseltamivir, penicillin, and vancomycin
⁵Among patients receiving more than a single dose of 1-2 antibiotics
⁶Among patients receiving more than a single dose of 1-2 antivirals
⁷Includes LP, CBC, BMP, urinalysis, CSF cell count and chemistries, enterovirus PCR, RSV antigen, influenza antigen, HSV PCR, AST, ALT, total and direct bilirubin, and bacterial cultures

Table 2: Outcomes among P3 patients receiving BioFire RP2 or MEP (n=424)

| Outcome | Positive test n=230 | Negative test n=194 | p-value |
|---|------------------------|------------------------|---------|
| Readmission within 30 days, number (%) | 8 (3.5) | 18 (9.2) | 0.014* |
| Deaths within 30 days, number (%) | 0 (0.0) | 0 (0.0) | ----- |
| Admitted ¹ , number (%) | 139 (60.4) | 160 (82.5) | <0.001* |
| Inpatient LOS ^{1,2} , days | 1.5 (1.1–2.0) | 1.9 (1.5–2.3) | <0.001* |
| Antimicrobial Usage | | | |
| No antimicrobials received ³ , number (%) | 101 (43.9) | 43 (21.9) | <0.001* |
| Single Dose of 1-2 Antimicrobials ⁴ , number (%) | 37 (16.1) | 15 (7.7) | 0.008* |
| Antibiotic duration ^{5,6} (days) | 1.8 (1.0–2.3) | 2.4 (1.3–2.8) | <0.001* |
| Antiviral duration ^{7,8} (days) | 1.0 (0.6–1.2) | 1.1 (0.6–1.7) | 0.377 |
| Number of ancillary tests per patient ^{9,10} | 5 (4–8) | 7 (5–9) | <0.001* |
| Received Chest Xray, number (%) | 36 (15.6) | 22 (11.3) | 0.184 |
| Received Lumbar Puncture, number (%) | 130 (56.5) | 148 (75.5) | <0.001* |

¹Considered inpatient if discharged from inpatient unit
²Median (IQR)
³Antimicrobials include acyclovir, ampicillin, cefepime, cefotaxime, ceftriaxone, gentamicin, oseltamivir, penicillin, and vancomycin
⁴Among patients receiving more than a single dose of 1-2 antibiotics
⁵Among patients receiving more than a single dose of 1-2 antivirals
⁶Includes LP, CBC, BMP, urinalysis, CSF cell count and chemistries, enterovirus PCR, RSV antigen, influenza antigen, HSV PCR, AST, ALT, total and direct bilirubin, and bacterial cultures

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