

Enhanced cytotoxicity of mitomycin C in human tumour cells with inducers of DT-diaphorase

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Summary DT-diaphorase is a two-electron reducing enzyme that activates the bioreductive anti-tumour agent, mitomycin C (MMC). Cell lines having elevated levels of DT-diaphorase are generally more sensitive to MMC. We have shown that DT-diaphorase can be induced in human tumour cells by a number of compounds, including 1,2-dithiole-3-thione. In this study, we investigated whether induction of DT-diaphorase could enhance the cytotoxic activity of MMC in six human tumour cell lines representing four tumour types. DT-diaphorase was induced by many dietary inducers, including propyl gallate, dimethyl maleate, dimethyl fumarate and sulforaphane. The cytotoxicity of MMC was significantly increased in four tumour lines with the increase ranging from 1.4- to threefold. In contrast, MMC activity was not increased in SK-MEL-28 human melanoma cells and AGS human gastric cancer cells, cell lines that have high base levels of DT-diaphorase activity. Toxicity to normal human marrow cells was increased by 50% when MMC was combined with 1,2-dithiole-3-thione, but this increase was small in comparison with the threefold increase in cytotoxicity to tumour cells. This study demonstrates that induction of DT-diaphorase can increase the cytotoxic activity of MMC in human tumour cell lines, and suggests that it may be possible to use non-toxic inducers of DT-diaphorase to enhance the efficacy of bioreductive anti-tumour agents.

Keywords: mitomycin C; DT-diaphorase; cytotoxicity; enzyme inducers

Bioreductive anti-tumour agents are a new class of anticancer drugs, that have different chemical structures, but all require reductive activation by intracellular enzymes (Workman et al, 1993; Adams et al, 1994). These drugs are generally used to treat solid tumours, as they are often more toxic under hypoxic conditions (Workman et al, 1993). The prototype drug in this class is mitomycin C (MMC) (Rockwell et al, 1993), which is used in the treatment of breast (Hortobagyi, 1993), non-small-cell lung (Spain, 1993), head and neck (Coia, 1993), colorectal (Cummings et al, 1993) and gastric (Fujita et al, 1998) cancer. Interest in bioreductive agents has been raised by recent studies of combination treatment of MMC with radiation (Boyer, 1997), and by new agents, such as 3-hydroxymethyl-5-aziridinyl-1-methyl-2(1H-indole-4,7-dione)prop- β -en- α -ol (EO9) (Schellens, 1994) and tirapazamine (Bedikian et al, 1997; Miller et al, 1997). The one-electron reducing enzyme, NADPH:cytochrome P450 reductase (EC 1.6.2.4), may be the most important activating enzyme for MMC (Rockwell, 1993), but NAD(P)H:(quinone acceptor) oxidoreductase [EC 1.6.99.2] (DT-diaphorase), a two-electron reducing enzyme, is also a major activator in many systems (Begleiter et al, 1989, 1992; Riley and Workman, 1992; Ross et al, 1993). Other enzymes, such as NADH:cytochrome b_5 reductase [EC 1.6.2.2] (Hodnick, 1993) and xanthine dehydrogenase [EC 1.1.1.204] (Gustafson and Pritsos, 1992) may also play a role in activating MMC. Following activation, MMC can produce DNA cross-links (Tomasz et al, 1987; Ross, 1993) and DNA strand

breaks (Lown et al, 1976; Pritsos et al, 1986); however, cross-linking appears to be the most important mechanism for anti-tumour activity (Rockwell et al, 1993).

DT-diaphorase is a flavoprotein that catalyses two-electron reduction of quinones, quinone imines and nitrogen-oxides (Riley and Workman, 1992). It is also a phase II enzyme that detoxifies xenobiotics and carcinogens and protects cells from tumourigenesis (Beyer et al, 1988; Riley and Workman, 1992). Several diaphorases are known in humans, but NQO1 gene is the most extensively studied and seems to be the most important for activation of bioreductive agents (Jaiswal et al, 1990; Jaiswal, 1991; Belinsky and Jaiswal, 1993). Tumour cells generally have higher enzyme activity than the corresponding normal cells, but enzyme levels in primary tumours are low compared to levels in some tumour cell lines (Belinsky and Jaiswal, 1993; Ross et al, 1994; Smitskamp-Wilms et al, 1995). DT-diaphorase can be induced in many tissues by a wide variety of chemicals, including 1,2-dithiole-3-thione (D3T) (Egner et al, 1994), quinones, isothiocyanates, diphenols and Michael reaction acceptors (Prestera et al, 1993), many of which are dietary components. Much attention has been focused on the use of inducers of DT-diaphorase and other phase II detoxifying enzymes in cancer prevention. Oltipraz, a D3T analogue, has been shown to induce phase II detoxifying enzymes and is currently undergoing clinical trials as a chemopreventive agent (Kensler and Helzlsouer, 1995). Isothiocyanates like sulforaphane, which is found in broccoli, can also induce phase II enzymes (Prestera et al, 1993; Manson et al, 1997), and have been shown to prevent the formation of carcinogen-induced tumours in animals (Zhang et al, 1994).

DT-diaphorase plays an important role in activating bioreductive anti-tumour agents like MMC (Begleiter et al, 1989; Ross et al, 1993; Mikami et al, 1996; Nishiyama et al, 1997), EO9 (Plumb

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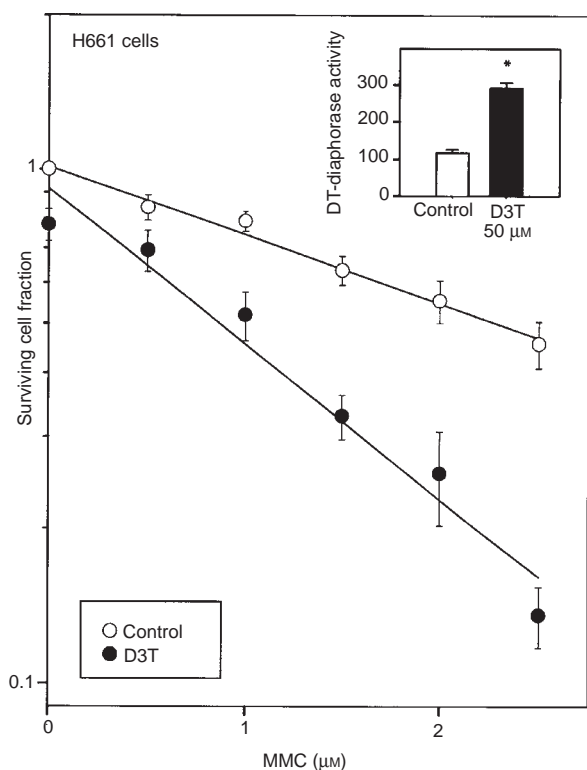


Figure 1 Combination therapy with D3T and MMC in H661, human non-small-cell lung cancer cells. Cells were incubated at 37°C with, or without, 50 μM D3T for 48 h, then were treated with various concentrations of MMC for 1 h. Surviving cell fraction was determined by MTT assay. DT-diaphorase activity was measured as described in Materials and Methods and is shown in the inserted Figure. Data represent the mean ± s.e.m. of five determinations. The lines are linear regression lines. Two-tailed *t*-tests were used to determine the significance of the difference of the DT-diaphorase activities. (**P* < 0.05)

et al, 1994), streptonigrin (Beall et al, 1996) and RH1 (Winski et al, 1998). Cell lines with high levels of DT-diaphorase are more sensitive to MMC (Begleiter et al, 1989; Ross et al, 1993; Mikami et al, 1996), and studies have shown a good correlation between the level of DT-diaphorase activity and the sensitivity to MMC in human tumour cell lines (Fitzsimmons et al, 1996). Transfecting the NQO1 gene into Chinese hamster ovary cells (Belcourt et al, 1996) and gastric carcinoma (Mikami et al, 1996) increased MMC cytotoxic activity to the cells.

Previously, we showed that D3T selectively increased the activity of DT-diaphorase in L5178Y murine lymphoma cells compared to mouse marrow cells. Pretreating these cells with D3T resulted in a twofold increase in MMC and a sevenfold increase in EO9 cytotoxicity with no effect on marrow toxicity (Begleiter et al, 1996). We also found that D3T induced DT-diaphorase activity in 28 of 38 human tumour cell lines representing ten tissue types (Doherty et al, 1998). Induction of DT-diaphorase activity in human tumour cells by D3T significantly increased the cytotoxicity of EO9 in these cells with no increase in toxicity to normal kidney cells (Doherty et al, 1998).

These findings indicate that inducers of DT-diaphorase could be used to enhance the anti-tumour efficacy of bioreductive agents. In this study, we investigated combination treatment of MMC and D3T in variety of human tumour cell lines, and studied dietary and

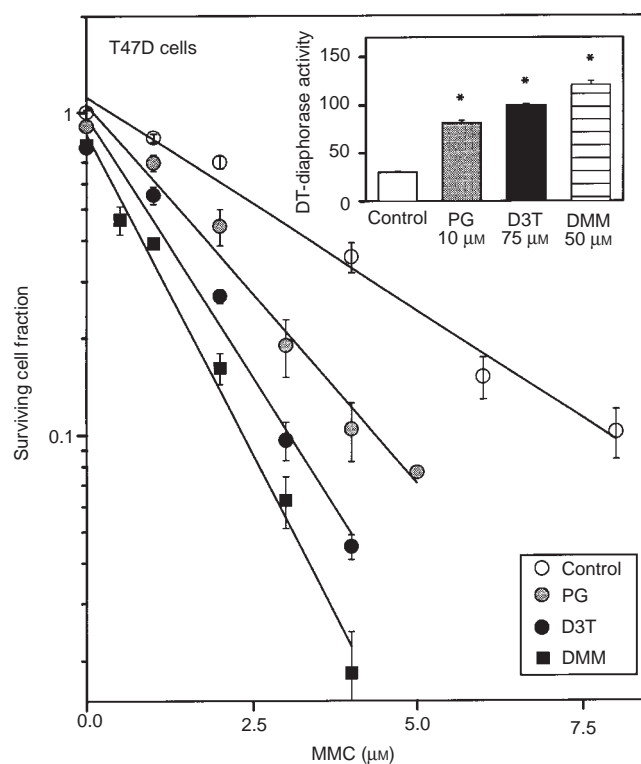


Figure 2 Combination therapy with PG, D3T, or DMM, and MMC in T47D, human breast cancer cells. Cells were incubated with, or without, 10 μM PG, 75 μM D3T or 50 μM DMM for 48 h at 37°C, then were treated with various concentrations of MMC for 1 h. Surviving cell fraction was determined by MTT assay. DT-diaphorase activity was measured as described in Materials and Methods and is shown in the inserted Figure. Data represent the mean ± s.e.m. of three to eight determinations. The lines are linear regression lines. ANOVA analysis was used to determine the significance of the difference of the DT-diaphorase activities. (**P* < 0.05)

pharmaceutical inducers of DT-diaphorase in human tumour cells. Although these inducers have been extensively studied in chemoprevention, they have not been investigated in combination with bioreductive agents.

MATERIALS AND METHODS

Materials

Cell culture media and fetal bovine serum (FBS) were obtained from GibcoBRL (Grand Island, NY, USA). All reagents for the DT-diaphorase assay, 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyl-tetrazolium bromide (MTT), 13-*cis*-retinoic acid, genistein, ursolic acid, ibuprofen, caffeic acid, folic acid and MMC were from Sigma (St Louis, MO, USA). Sulforaphane was purchased from LKT Labs, Inc. (St Paul, MN, USA). Protein concentration was measured using the Bio-Rad DC Kit (Bio-Rad, Mississauga, ON, Canada) with γ -globulin as standard. Vitamin K, dimethyl maleate (DMM), dimethyl fumarate (DMF), propyl gallate (PG), chalcone and aspirin were purchased from Aldrich (St Louis, MO, USA). MethoCult GF H4434 was obtained from Stem Cell Technologies Inc (Vancouver, BC, Canada). MMC was dissolved in phosphate-buffered saline (PBS): dimethyl sulphoxide (DMSO) (1:1, v/v). The final concentration of DMSO did not exceed 1%.

Cell culture

NCI-H661, non-small-cell lung carcinoma cells were obtained from American Type Culture Collection (Rockville, MD, USA) and were grown in RPMI-1640 and 10% FBS. HCT116, colon carcinoma cells and SK-MEL-28, malignant melanoma cells, were from American Type Culture Collection and were grown in DMEM/F12 (1:1) and 10% FBS. AGS, gastric adenocarcinoma cells, were obtained from Dr JA Wright (Manitoba Institute of Cell Biology, Winnipeg, MB, Canada) and were grown in RPMI-1640 and 10% FBS. T47D, breast ductal carcinoma cells, were from Dr S Mai (Manitoba Institute of Cell Biology) and were grown in RPMI-1640 and 10% FBS. HS578T, breast ductal carcinoma cells, were obtained from Dr S Pan (Greenebaum Cancer Center, Baltimore, MD, USA) and were grown in DMEM/F12 (1:1) and 10% FBS. Normal human bone marrow was obtained from marrow donated for transplantation and marrow cells were isolated by Ficoll-Hypaque separation (Begleiter et al, 1995). Marrow cells were cultured in RPMI-1640 and 10% FBS.

Induction of DT-diaphorase

Cells were incubated with, or without, DT-diaphorase inducers at 37°C in 5% carbon dioxide for 48 h. The concentrations of

inducers used were not toxic to the cells during the incubation time. Following incubation, cells were washed with PBS, suspended in 200 µl of 0.25 M sucrose, sonicated and stored at -80°C. Protein concentration was measured using the Bio-Rad DC Kit with γ -globulin as standard, then DT-diaphorase activity was measured spectrophotometrically by a modification of the procedure of Prochaska and Santamaria (Doherty et al, 1998; Prochaska et al, 1988) using menadione as the electron acceptor. DT-diaphorase activity was reported as dicoumarol-inhibitable activity and expressed as nmol min⁻¹ mg protein⁻¹. A dicoumarol concentration of 10 µM was used.

Enzyme assays

T47D cells were incubated with, or without, 50 µM DMM for 48 h. Glutathione S-transferase (GST) activity was measured in supernatant from cell sonicates by a spectrophotometric procedure using 1-chloro-2,4-dinitrobenzene as substrate (Habig et al, 1974). NADPH:cytochrome P450 reductase activity was measured in supernatant from cell sonicates by a spectrophotometric assay using cytochrome c as the electron donor (Strobel and Digman, 1978). NADH:cytochrome b₅ reductase activity was determined by a previously described spectrophotometric procedure (Barham et al, 1996). Xanthine dehydrogenase activity was measured using a spectrophotometric method, in which xanthine dehydrogenase

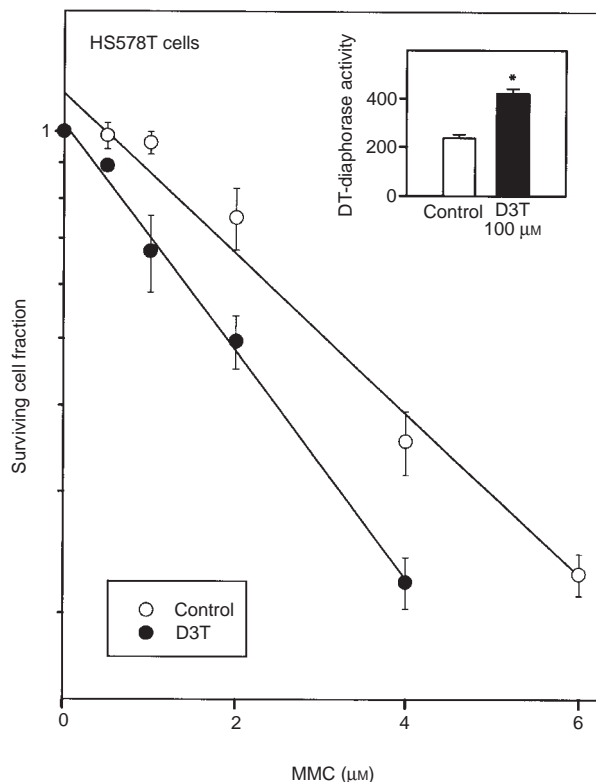


Figure 3 Combination therapy with D3T and MMC in HS578T, human breast cancer cells. Cells were incubated at 37°C with, or without, 100 µM D3T for 48 h, then were treated with various concentrations of MMC for 1 h. Surviving cell fraction was determined by MTT assay. DT-diaphorase activity was measured as described in Materials and Methods and is shown in the inserted Figure. Data represent the mean \pm s.e.m. of three to six determinations. The lines are linear regression lines. Two-tailed *t*-tests were used to determine the significance of the difference of the DT-diaphorase activities. (**P* < 0.05)

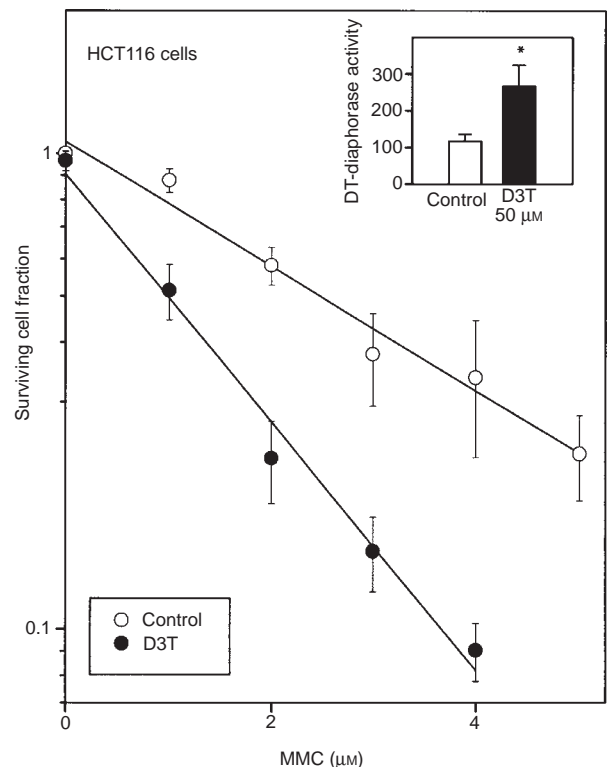


Figure 4 Combination therapy with D3T and MMC in HCT116, human colon cancer cells. Cells were incubated at 37°C with, or without, 50 µM D3T for 48 h, then were treated with various concentrations of MMC for 1 h. Surviving cell fraction was determined by MTT assay. DT-diaphorase activity was measured as described in Materials and Methods and is shown in the inserted Figure. Data represent the mean \pm s.e.m. of four to six determinations. The lines are linear regression lines. Two-tailed *t*-tests were used to determine the significance of the difference of the DT-diaphorase activities. (**P* < 0.05)

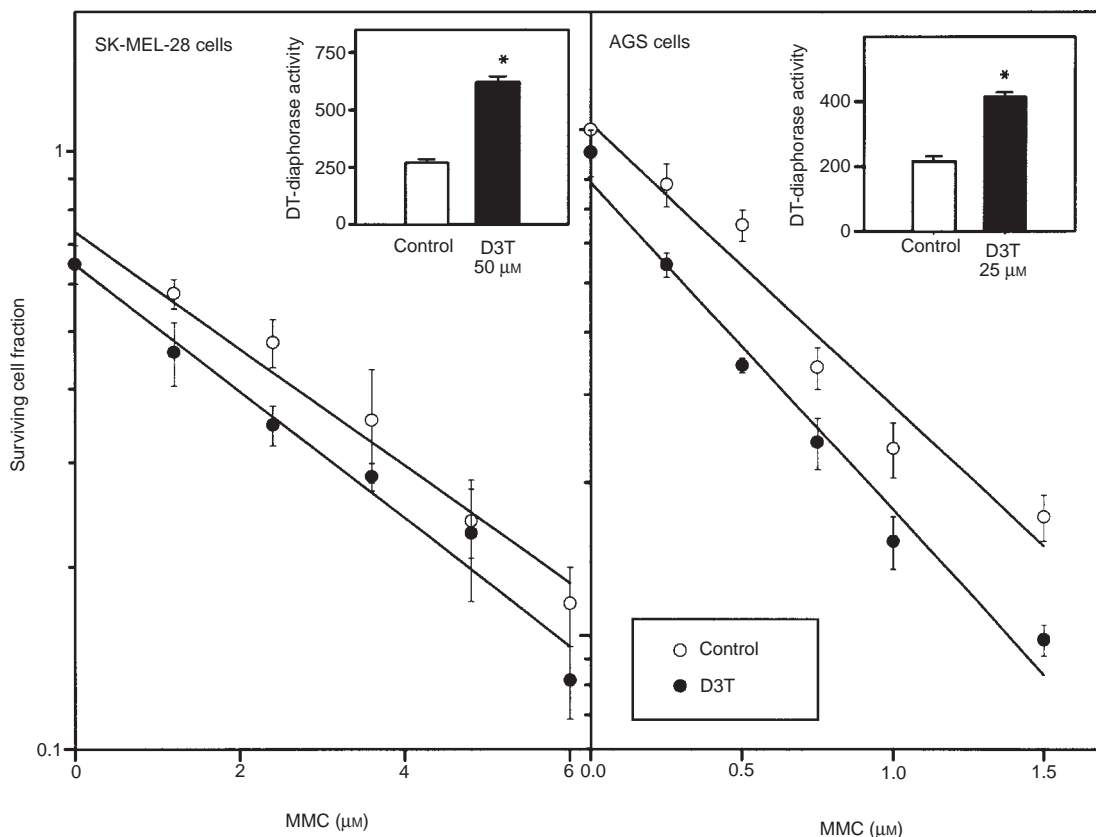


Figure 5 Combination therapy with D3T and MMC in SK-MEL-28, human melanoma cells and AGS, human stomach cancer cells. SK-MEL-28 cells were incubated at 37°C with, or without, 50 µM D3T for 48 h, then were treated with various concentrations of MMC for 1 h. AGS, human stomach cancer cells were incubated at 37°C with, or without, 25 µM D3T for 48 h, then were treated with various concentrations of MMC for 1 h. Surviving cell fraction was determined by MTT assay. DT-diaphorase activities were measured as described in Materials and Methods and are shown in the inserted Figures. Data represent the mean \pm s.e.m. of four determinations. The lines are linear regression lines. Two-tailed *t*-tests were used to determine the significance of the difference of the DT-diaphorase activities in control and D3T treated cells. (**P* < 0.05)

and xanthine oxidase forms of the enzyme were distinguished by the formation of uric acid from xanthine in the presence and absence of NAD⁺ (Gustafson et al, 1992).

Cytotoxicity studies

Tumour cells were incubated with, or without, inducers for 4 h and then were treated with various concentrations of MMC for 3 h. The surviving cell fraction was determined by MTT assay (Kirkpatrick et al, 1990; Johnston et al, 1994) after 4–9 days; this length of time was sufficient to allow at least three cell doublings. Normal human marrow cells were treated with D3T for 4 h, then incubated with various concentrations of MMC for 3 h. Surviving cell fraction was determined by methylcellulose clonogenic assay (Begleiter et al, 1995). The D_0 (concentration of drug required to reduce the surviving cell fraction to 0.37) was calculated from the linear regression line of the surviving cell fraction versus drug concentration curve.

RESULTS

Combination treatment with D3T and MMC

H661, human non-small-cell lung cancer cells, were incubated with, or without, 5 µM D3T and then were treated with MMC.

DT-diaphorase activity was increased from 30.0 ± 8.8 to 100.2 ± 14.0 nmol min⁻¹ mg protein⁻¹ (*P* < 0.001), and the cytotoxicity of MMC was increased by 2.3-fold (Figure 1). The D_0 was 3.2 ± 0.19 µM without D3T and 1.4 ± 0.15 µM with D3T (*P* < 0.001) (Table 1).

T47D, human breast cancer cells, were incubated with, or without, 75 µM D3T and then were treated with MMC. DT-diaphorase activity was increased from 30.0 ± 0.8 to 100.0 ± 1.5 nmol min⁻¹ mg protein⁻¹ (*P* < 0.001), and the cytotoxicity of MMC was increased by 2.4-fold (Figure 2). The D_0 was 3.2 ± 0.0 µM without D3T and 1.3 ± 0.3 µM with D3T (*P* < 0.001) (Table 1).

Hs578, human breast cancer cells, were incubated with, or without, 10 µM D3T and then were treated with MMC. DT-diaphorase activity was increased from 237.0 ± 13.9 to 340.0 ± 19.0 nmol min⁻¹ mg protein⁻¹ (*P* < 0.001), and the cytotoxicity of MMC was increased by 40% (Figure 3). The D_0 was 3.7 ± 0.30 µM without D3T and 2.63 ± 0.0 µM with D3T (*P* < 0.01) (Table 1).

HCT 16, human colon cancer cells, were incubated with, or without, 6 µM D3T and then were treated with MMC. DT-diaphorase activity was increased from 17.90 ± 2.67 to 26.7 ± 5.3 nmol min⁻¹ mg protein⁻¹ (*P* < 0.05), and the cytotoxicity of MMC was increased by twofold (Figure 4). The D_0 was 3.31 ± 0.25 µM without D3T and 1.67 ± 0.1 µM with D3T (*P* < 0.001) (Table 1).

SK-MEL-28, human melanoma, were incubated with, or without, 6 µM D3T and then were treated with MMC. DT-diaphorase

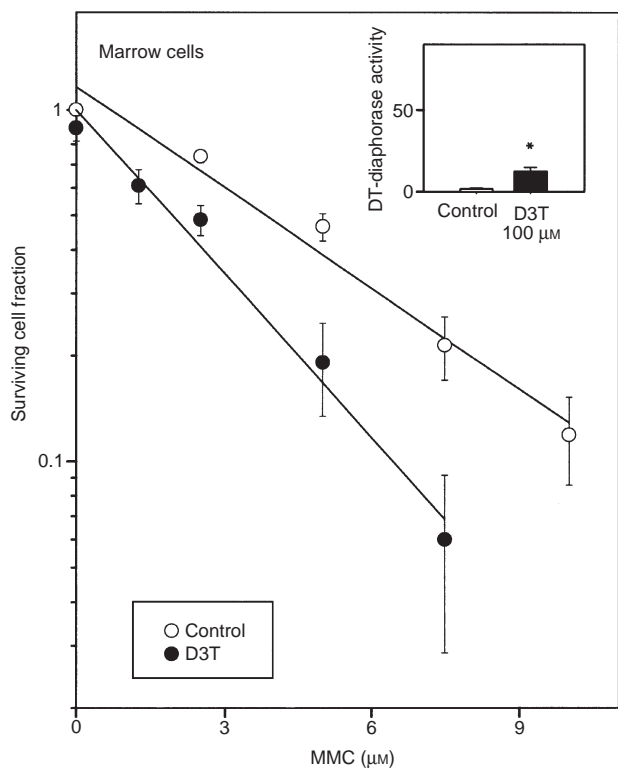


Figure 6 Combination therapy with MMC and D3T in normal human marrow cells. Cells were incubated at 37°C with, or without, 100 µM D3T for 48 h, then were treated with various concentrations of MMC for 1 h. Surviving cell fraction was measured by methylcellulose clonogenic assay. DT-diaphorase activity was measured as described in Materials and Methods and is shown in the inserted figure. Data represent the mean \pm s.e.m. of four to five determinations. The lines are linear regression lines. Two-tailed *t*-tests were used to determine the significance of the difference of the DT-diaphorase activities. (**P* < 0.05)

activity was increased from 270.0 ± 14.7 to 622.2 ± 22.9 nmol min⁻¹ mg protein⁻¹ (*P* < 0.001). AGS, human gastric cancer cells, were incubated with, or without, 25 µM D3T and then were treated with MMC. DT-diaphorase activity was increased from 216.5 ± 14.4 to 413.8 ± 13.4 nmol min⁻¹ mg protein⁻¹ (*P* < 0.001). However, there was no significant increase in MMC cytotoxicity in either cell line (Figure 5 and Table 1).

Induction of DT-diaphorase by dietary inducers in T47D human tumour cells

The ability of dietary components and pharmaceuticals to induce DT-diaphorase was examined in T47D human breast cancer cells. The base level of DT-diaphorase in this cell line was 27.8 ± 1.2 nmol min⁻¹ mg protein⁻¹, and eight of 14 inducers showed significant induction of enzyme activity (Table 2). The induced enzyme levels ranged from 40.8 ± 1.2 to 128.5 ± 5.6 nmol min⁻¹ mg protein⁻¹. The best inducers were DMM and DMF, with induced enzyme levels of 121.0 ± 3.9 and 128.5 ± 5.6 nmol min⁻¹ mg protein⁻¹ respectively.

Combination treatment of MMC with dietary inducers

T47D cells were incubated with, or without, 10 µM PG or 50 µM DMM and then were treated with MMC. DT-diaphorase activity

increased from 30.0 ± 0.8 to 81.1 ± 2.8 and 121.0 ± 3.9 nmol min⁻¹ mg protein⁻¹ (*P* < 0.001), and the cytotoxicity of MMC was increased by two- and threefold for PG and DMM respectively (Figure 2). The *D*₀ was 3.27 ± 0.20 µM with MMC alone, 1.85 ± 0.14 µM with PG and 1.13 ± 0.09 µM with DMM (*P* < 0.001) (Table 1).

Effect of DMM on NADPH:cytochrome P450 reductase, GST, NADH:cytochrome b₅ reductase and xanthine dehydrogenase activity

Incubation with 50 µM DMM at 37°C for 48 h had no significant effect on the levels of NADPH:cytochrome P450 reductase and NADH:cytochrome b₅ reductase activity in T47D cells. The activity of xanthine dehydrogenase was too low to be detected in this cell line. There was a small increase in GST activity after incubation with DMM with GST levels increasing from 20.2 ± 0.6 to 24.0 ± 1.1 nmol min⁻¹ mg protein⁻¹ (*P* < 0.05).

Bone marrow toxicity

Normal human marrow cells were incubated with 100 µM D3T and then were treated MMC. DT-diaphorase activity increased from 1.9 ± 0.3 to 12.7 ± 2.4 nmol min⁻¹ mg protein⁻¹ (*P* < 0.005) (Figure 6). The surviving cell fraction of human marrow progenitor cells (CFU-G, CFU-M, CFU-GM, CFU-E and BFU-E) was determined by methylcellulose clonogenic assay. The *D*₀ was 4.66 ± 0.41 µM without D3T and 2.95 ± 0.23 µM with D3T (*P* < 0.05) (Figure 6 and Table 1). There was no obvious selective effect on any of the progenitor cell types.

DISCUSSION

DT-diaphorase is a highly inducible enzyme that plays an important role in activation of bioreductive anti-tumour drugs. It is also a phase II detoxifying enzyme, which prevents carcinogenesis by detoxifying reactive carcinogens. Elevated levels of DT-diaphorase activity have been shown to increase the cytotoxicity of MMC (Begleiter et al, 1989; Ross et al, 1993). We have previously shown that pretreatment with D3T, an inducer of DT-diaphorase, significantly increased the cytotoxic activity of E09 in mouse (Begleiter et al, 1996) and human tumour cells (Doherty et al, 1998), with little or no effect on normal mouse marrow (Begleiter et al, 1996) or normal human kidney cells (Doherty et al, 1998).

In this study, we extended these investigations to examine combination therapy with MMC and D3T in six human tumour cell lines. D3T increased DT-diaphorase activity in all six cell lines, and pretreatment with the enzyme inducer significantly enhanced the cytotoxicity of MMC in four of the cell lines. Combination treatment with D3T and MMC increased the cytotoxic activity of MMC by 2.3-fold in H661 non-small-cell lung cancer cells, by 2.4-fold in T47D breast cancer cells, by 1.4-fold in HS578T breast cancer cells and by twofold in HCT116 human colon cancer cells. These results demonstrate that this combination treatment is effective in enhancing the cytotoxicity of MMC in different tumour types. D3T did not increase MMC cytotoxic activity in SK-MEL-28 melanoma cells or AGS stomach cancer cells. Both these cell lines have relatively high base levels of DT-diaphorase activity. This suggests that this combination therapy approach may be restricted by the level of DT-diaphorase in the cells. If the base or induced level of DT-diaphorase is above an upper threshold, further induction may not lead to an increase in

Table 1 Effect of inducers of DT-diaphorase on the cytotoxicity of MMC in human cells

Tumour type	Cell line	Inducer	D ₀ (μM)		P-value
			Control	With inducer	
Colon	HCT116	D3T	3.31 ± 0.25	1.67 ± 0.11	< 0.001
Lung	H661	D3T	3.24 ± 0.19	1.43 ± 0.15	< 0.001
Skin	SK-MEL-28	D3T	4.40 ± 0.41	4.06 ± 0.34	NS
Stomach	AGS	D3T	0.78 ± 0.08	0.66 ± 0.05	NS
Breast	HS578T	D3T	3.72 ± 0.30	2.63 ± 0.10	< 0.01
Breast	T47D	D3T	3.27 ± 0.20	1.34 ± 0.13	< 0.001
Breast	T47D	DMM	3.27 ± 0.20	1.13 ± 0.09	< 0.001
Breast	T47D	PG	3.27 ± 0.20	1.85 ± 0.14	< 0.001
Normal human bone marrow		D3T	4.66 ± 0.41	2.95 ± 0.23	< 0.05

Cells were treated with, or without, inducers at 37°C for 48 h, then were incubated with various concentrations of MMC for 1 h. Surviving cell fractions were measured by MTT assay for tumour cells or by methylcellulose clonogenic assay for normal marrow cells. The cytotoxic activity of MMC is presented as the D₀, which was obtained from the linear regression line of the surviving cell fraction vs drug concentration curve. The data represent the mean ± s.e.m. of three to eight determinations. A *t*-test comparing the significance of the difference of the slopes of the linear regression lines was used to compare the D₀ for cells treated with, or without, inducers. NS, not significant.

Table 2 Induction of DT-diaphorase in T47D human breast cancer cells by dietary inducers

Inducers	Concentration	Enzyme activity (nmol min ⁻¹ mg protein ⁻¹)	P-value
Control		27.8 ± 1.2	
D3T	100 μM	101.0 ± 2.8	<0.001
13- <i>cis</i> -retinoic acid	10 μM	61.6 ± 4.9	<0.001
Genistein	5 μM	23.8 ± 1.4	NS
Ursolic acid	15 μM	29.6 ± 4.4	NS
Chalcone	20 μM	41.4 ± 3.4	<0.001
Aspirin	1 mM	40.8 ± 1.2	<0.001
Ibuprofen	200 μM	16.1 ± 1.1	NS
Caffeic acid	500 μM	33.4 ± 2.3	NS
Folic acid	100 μM	17.3 ± 2.5	NS
Vitamin K	10 μM	17.3 ± 1.3	NS
Dimethyl maleate (DMM)	50 μM	121.0 ± 3.9	<0.001
Propyl gallate (PG)	10 μM	80.5 ± 5.3	<0.001
Dimethyl fumarate (DMF)	50 μM	128.5 ± 5.6	<0.001
Sulforaphane	10 μM	102.3 ± 0.7	<0.001

Cells were incubated with, or without, inducers at the concentrations shown at 37°C for 48 h. Cells were washed, pelleted, suspended in 200 μl of 0.25 M sucrose and sonicated. DT-diaphorase activity was measured using menadione as the electron acceptor. Data represent the mean ± s.e.m. of three to five determinations. Two-tailed *t*-tests were used to compare the significance of the difference of DT-diaphorase activity in control and inducer-treated cells. NS not significant.

MMC cytotoxicity. Our results, and a previous study (Beall et al, 1995), suggest that this upper threshold may be close to 300 nmol min⁻¹ mg protein⁻¹. While this may limit the use of this combination therapy approach in some situations, it should not significantly impair the use of DT-diaphorase inducers to increase the anti-tumour activity of bioreductive agents in the clinic since primary tumours generally have base levels of DT-diaphorase that are <100 nmol min⁻¹ mg protein⁻¹ (Schlager and Powis, 1990; Malkinson et al, 1992; Ross et al, 1994; Smitskamp-Wilms et al, 1995; Marin et al, 1997).

To further improve the clinical potential of this treatment strategy for increasing the activity of bioreductive agents, we investigated dietary components and some pharmaceuticals as non-toxic inducers of DT-diaphorase. Fourteen compounds were tested for their ability to induce DT-diaphorase in T47D cells, a cell line that has been shown to be readily inducible and has a relatively low base level of DT-diaphorase. Eight of the 14 compounds significantly

increased DT-diaphorase activity with some of the compounds proving to be better inducers than D3T. DMM and DMF were the best inducers studied and produced fivefold increases in enzyme activity. These compounds are metabolites of fumaric and maleic acid that are commonly found in foods. Sulforaphane, which is extracted from broccoli and has been extensively studied as a potent chemopreventive agent, showed good enzyme induction, and PG, an antioxidant added to foods, produced a 2.5-fold increase in enzyme activity. Although some vitamins have been shown to increase DT-diaphorase activity (Wang and Higuchi, 1995), only 13-*cis*-retinoic acid was able to induce DT-diaphorase in T47D cells. There has been great interest in non-steroidal anti-inflammatory drugs (NSAIDs) in cancer prevention, but the mechanisms through which these agents work is still not clear. Thus, we tested aspirin and ibuprofen in this study to see if they could increase DT-diaphorase activity in tumour cells. Aspirin produced a small but significant induction of DT-diaphorase, but ibuprofen had no effect. Soybeans

have been shown to increase phase II enzymes, including DT-diaphorase, in rats (Appelt and Reicks, 1997); however, genistein, which is extracted from soybeans, did not increase DT-diaphorase activity in our study. Manson et al (1997) have shown that caffeic acid is a moderate inducer of phase II enzymes, but in our study caffeic acid did not increase DT-diaphorase activity.

To investigate if the level of enhancement of MMC activity is dependent on the level of DT-diaphorase induction, we carried out combination therapy studies with PG, D3T and DMM together with MMC in T47D cells. Pretreatment of cells with these enzyme inducers increased MMC activity in the order PG < D3T < DMM, and this paralleled the increase in DT-diaphorase activity. This suggests that there is a relationship between the level of induction in enzyme activity and the enhancement of MMC cytotoxicity, provided the DT-diaphorase activity does not exceed an upper threshold level. Since primary tumours usually have lower levels of DT-diaphorase activity than tumour cells grown in vitro, it may be possible to achieve greater enhancement of anti-tumour activity of bioreductive agents in the clinic by using more potent inducers of DT-diaphorase.

Since many enzymes can activate bioreductive anti-tumour agents, we examined the effect of DMM on enzymes that have been reported to be involved in MMC activation. When T47D cells were treated with 50 µM DMM, there were no changes in NADPH:cytochrome P450 reductase, or NADH:cytochrome b₅ reductase activity. Xanthine dehydrogenase activity was too low to be detected either before or after DMM treatment. GST is a phase II enzyme that can be induced coordinately with DT-diaphorase. This enzyme can also protect cells from toxins by removing them from the cell, and has been shown to play a role in resistance to a number of anti-tumour agents, including MMC (Xu et al, 1994). Although we did not see an increase in GST activity in HL-60 human leukaemia cells following treatment with 100 µM D3T (Doherty et al, 1998), in this study there was an increase in GST activity when T47D cells were treated with DMM. However, the effect was small and there was still a large enhancement of MMC cytotoxic activity in these cells.

The major toxicity associated with the use of MMC is bone marrow toxicity. We have previously shown that D3T did not increase the toxicity of MMC to mouse bone marrow (Begleiter et al, 1996). In this study, pretreatment with D3T produced a 1.5-fold increase in toxicity to human marrow cells; however, this was small compared with the enhancement of MMC cytotoxic activity in T47D, H661 and HCT116 cells. This result suggests that combination therapy with DT-diaphorase inducers and MMC may increase the therapeutic index for MMC for appropriate tumours. In addition, DT-diaphorase does not appear to be the major enzyme involved in activating MMC. Thus, we would expect a greater increase in therapeutic index if this approach were used with bioreductive agents that are selectively activated by DT-diaphorase like E09 (Doherty et al, 1998) or RH1 (Winski et al, 1998). Indeed, we did see a greater enhancement of E09 cytotoxic activity compared with MMC in mouse lymphoma cells pretreated with D3T (Begleiter et al, 1996).

These studies support the hypothesis that inducers of DT-diaphorase could be used to increase the effectiveness of bioreductive agents in the clinic; however, a number of concerns must still be addressed. Activation of bioreductive agents by one-electron reducing enzymes like NADPH:cytochrome P450 reductase is increased in the absence of oxygen because redox cycling of the reduced intermediates is prevented. We have shown that DT-

diaphorase does not contribute to the activation of MMC under hypoxic conditions (Begleiter et al, 1992), and there is some evidence that this enzyme may actually decrease the activity of bioreductive agents under these conditions (Plumb et al, 1994). Since bioreductive agents have often been used to target hypoxic cells in solid tumours, induction of DT-diaphorase might result in decreased anti-tumour activity. However, only a small proportion of tumour cells in solid tumours are actually anoxic, with most cells being exposed to at least some levels of oxygen. Marshall and Rauth (1986) demonstrated that oxygen levels of <1% were sufficient to allow redox cycling and reverse the enhanced MMC cytotoxic activity under hypoxic conditions. Thus, increasing the level of DT-diaphorase is likely to increase the overall anti-tumour effectiveness of MMC. In addition, the activity of bioreductive agents that were specifically activated by DT-diaphorase would be unaffected by the level of oxygen in the tumour cells and would be increased by induction of DT-diaphorase.

Our studies have demonstrated that induction of DT-diaphorase can increase the cytotoxic activity of bioreductive agents in many tumours in vitro (Begleiter et al, 1996; Doherty et al, 1998). However, Nishiyama et al (1993) found a negative correlation between DT-diaphorase activity and MMC anti-tumour activity in vivo. In contrast, Malkinson et al (1992) saw greater MMC activity in human tumour xenografts with higher DT-diaphorase activity. Thus, the ability of DT-diaphorase inducers to enhance the anti-tumour activity of bioreductive agents must still be demonstrated in vivo. In addition, our findings suggest that this strategy may not be effective with all tumours, and that for clinical application it will be necessary to measure the level of DT-diaphorase and the inducibility of the enzyme in vitro in tumour biopsy samples prior to the start of therapy.

In summary, this study has demonstrated that inducers of DT-diaphorase can selectively increase the cytotoxicity of MMC in human tumour cells of different tumour type. Enzyme inducers, including dietary components, that produced more induction of DT-diaphorase also produced a greater enhancement of MMC cytotoxic activity. Thus, it may be possible to use non-toxic inducers of DT-diaphorase to enhance the efficacy of bioreductive anti-tumour agents.

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