



# Prospects and progress on crocin biosynthetic pathway and metabolic engineering



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## ABSTRACT

Crocins are a group of highly valuable apocarotenoid-derived pigments mainly produced in *Crocus sativus* stigmas and *Gardenia jasminoides* fruits, which display great pharmacological activities for human health, such as anticancer, reducing the risk of atherosclerosis, and preventing Alzheimer's disease. However, traditional sources of crocins are no longer sufficient to meet current demands. The recent clarification of the crocin biosynthetic pathway opens up the possibility of large-scale production of crocins by synthetic metabolic engineering methods. In this review, we mainly introduce the crocin biosynthetic pathway, subcellular route, related key enzymes, and its synthetic metabolic engineering, as well as its challenges and prospects, with a view to providing useful references for further studies on the synthetic metabolic engineering of crocins.

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## 1. Introduction

*Crocus sativus* L., a perennial herb belonging to the Iridaceae family, is well known for its dried red stigmas, called saffron [1]. Due to its complicated harvesting process, low yield, and expensive labor costs, saffron, known as “red gold”, is one of the most expensive spices on Earth [2,3]. Saffron not only has powerful

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pharmacological activities but is also the source of some unique apocarotenoids, including crocins (crocetin glycosyl esters), picrocrocins, and safranal, responsible for its red color, bitter taste, and pungent aroma, respectively [4,5]. *Gardenia jasminoides* has been cultivated in China for nearly 1000 years with great ornamental and medicinal value. The dried ripe fruit of *G. jasminoides*, a natural yellow dye, is also a popular traditional Chinese medicine because of its various biological activities [6,7].

Crocins, belonging to apocarotenoid glycosides, are the main bioactive ingredients and colorants in *C. sativus* stigmas and *G. jasminoides* fruits [8,9]. Glycosylation reactions are catalyzed by glycosyltransferases acting on the carboxyl- and glycosyl- groups of crocetins and crocins, and form five kinds of crocins (crocins-I, crocins-II, crocins-III, crocins-IV, and crocins-V) [10]. Among these, crocin-I is the main constituent [4,11]. Different from most of the lipid-soluble carotenoids (including lycopene,  $\alpha$ -carotene,  $\beta$ -carotene, zeaxanthin, and lutein), crocins are water-soluble, which can be attributed to these glycosylations/ their glycosylation [12]. Modern pharmacological studies show that crocins have anti-oxidation [12,13], anti-inflammatory [14,15], anti-hyperlipidemic [16], anticancer [17–19], and antilithiatic [20] properties, as well as potential properties for treatment of Alzheimer's disease [12]. In recent years, crocins have drawn increasing attention in the medical, food, and cosmetics fields for their excellent pharmacological and coloring functions. Traditionally, crocins have been obtained by extraction and purification from plants (mainly saffron), but the scarce sources and low yield limit their commercial utilization. In addition, *C. sativus* ( $2n = 3 \times = 24$ ) is an autotriploid evolved from diploid *C. cartwrightianus* [21]. The vegetative propagation of triploid *C. sativus* from corms is the main factor limiting its genetic improvement. Therefore, it is necessary to develop economical and efficient methods for producing crocins to complement traditional sources.

Crocins are difficult to be produced through chemosynthesis because of their complex structure and abundant chiral centers, and it is easy to form inactive or toxic optical isomers in the chemosynthetic process [22]. Therefore, crocin biosynthesis is a subject of considerable interest. In the last few years, significant progress has been made in elucidating the crocin biosynthetic pathway based on the development of next-generation sequencing (NGS) technologies. With the in-depth study of the synthetic pathway and regulatory mechanism of crocins, genetic and metabolic engineering technology will become one of the effective means to increase crocins production. Here, we review recent advances in the crocin biosynthetic pathway, which will lay the foundation for the industrial production of crocins and the development of crocin-rich functional food using metabolic engineering.

## 2. Crocin biosynthesis

Carotenoids are a group of important pigments found in plants, algae, bacteria and fungi. Carotenoids contribute to the bright colors of vegetables, fruits, and flowers, and play a crucial role in human health [23]. Their cleavage products, called apocarotenoids, are formed after oxidative cleavage catalyzed by a family of double bond-specific carotenoid cleavage dioxygenases (CCDs) [24]. There are some unique apocarotenoids, including crocetins, crocins, picrocrocins, and safranal, which accumulate at high levels only in saffron and gardenia. Among these, crocins, the glycosylated forms of apocarotenoids, are the most valuable and stable constituents in *C. sativus* stigmas [25,26]. Crocins have two glycosyls, including  $\beta$ -D-glucosyl and  $\beta$ -D-gentiobiosyl, and according to the position and numbers of these two glycosyls, crocins could be divided into five forms, crocin-I, crocin-II, crocin-III, crocin-IV, and crocin-V. To date, the crocin biosynthetic pathway in plants

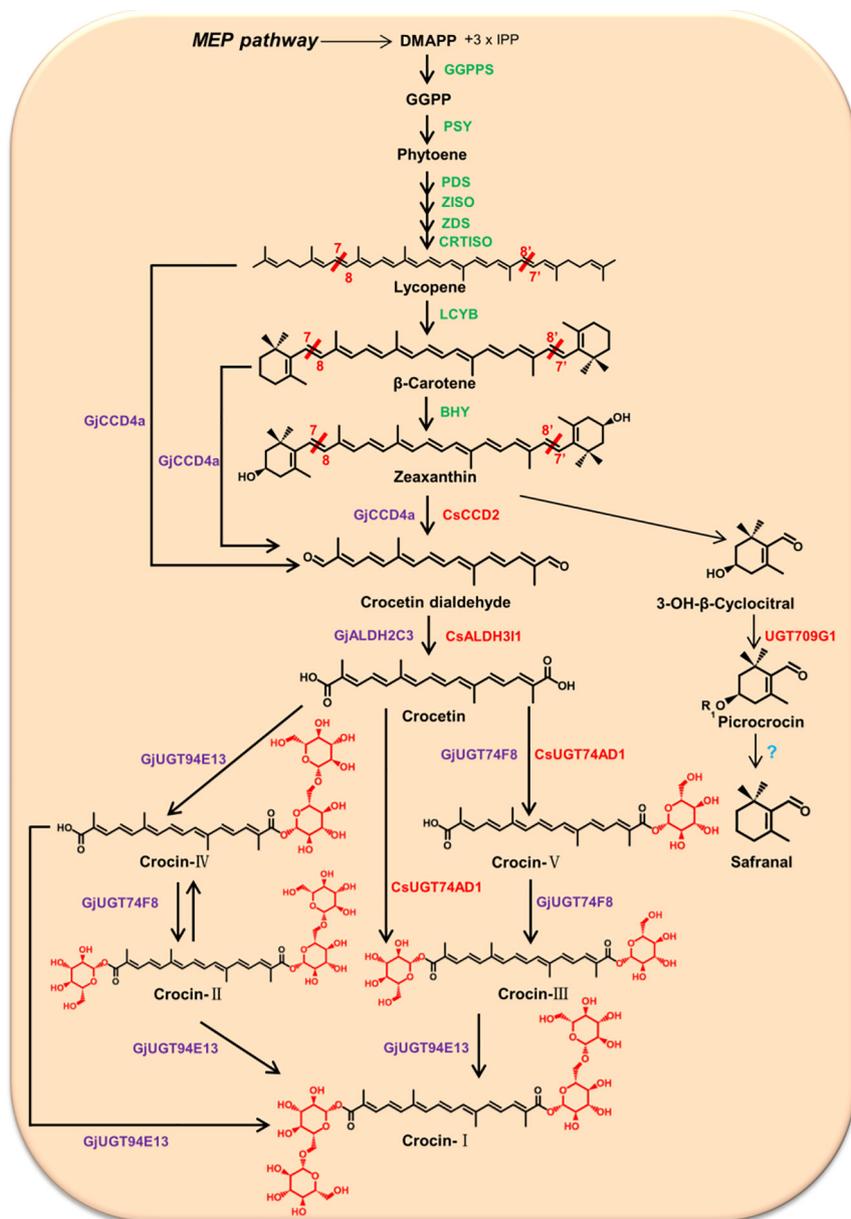
has been elucidated by transcriptome and genome sequencing of *C. sativus* and *G. jasminoides* (Fig. 1) [3,24,27–30].

### 2.1. Crocin biosynthetic pathway in plants

Crocins are accumulated in stigmas of *C. sativus* and fruits of *G. jasminoides* in a tissue-specific manner, and their biosynthesis requires a high degree of coordination of several pathways, including the upstream methylerythritol phosphate (MEP) pathway, the midstream carotenoid biosynthetic pathway, and the downstream crocin biosynthetic pathway [3,31].

In the MEP pathway, deoxyxylulose-5-phosphate (DXP) synthase utilizes pyruvate and glyceraldehyde-3-phosphate (GAP) as initial substrates to form isopentenyl diphosphate (IPP) and dimethylallyl diphosphate (DMAPP). Carotenoid biosynthesis occurs in plastid and begins with geranylgeranyl diphosphate (GGPP), which is produced by the condensation of IPP and DMAPP [27]. Although IPP and GGPP can be synthesized by the cytoplasm-localized mevalonate pathway (MEV) pathway and the plastid-localized MEP pathway, only the latter provides precursors for plant carotenoid biosynthesis in plastid. Firstly, phytoene synthase (PSY), the first rate-limiting enzyme of the carotenoid biosynthetic pathway, catalyzes the condensation of two molecules of GGPP to form the first carotenoid, 15-*cis*-phytoene [32]. Then, 15-*cis*-phytoene is converted into all-*trans*-lycopene by desaturation and isomerization, which is a multi-step process requiring two desaturases, phytoene desaturase (PDS) and  $\zeta$ -carotene desaturase (ZDS) [33], as well as two isomerases,  $\zeta$ -carotene isomerase (Z-ISO) [34] and carotenoid isomerase (CRTISO) [35,36]. Lycopene, the branching point in carotenogenesis, acts as the substrate for lycopene  $\epsilon$ -cyclase ( $\epsilon$ -LCY) and lycopene  $\beta$ -cyclase ( $\beta$ -LCY) leading to formation of  $\alpha$ -carotene, which is further hydroxylated to lutein, or for  $\beta$ -LCY alone leading to formation of  $\beta$ -carotene, which is further hydroxylated to zeaxanthin by  $\beta$ -carotene hydroxylase (BCH) [37]. The key enzymes involved in general carotenoid biosynthesis, including GPPS, GGPPS, PSY, PDS, BCH, ZDS, Z-ISO, CRTISO,  $\beta$ -LCY, and  $\epsilon$ -LCY, have so far been identified from *C. sativus* [24,27,30,38], and further functional characterization of enzyme-coding genes indicates that *CsBCH1* [38], *CstLcyB2a* [39], and *CsPSY2* [40] are responsible for carotenoid accumulation in stigmas of *C. sativus*. Recently, Ji et al. [3] performed the first transcriptome sequencing of fruits in *G. jasminoides* and identified candidate genes encoding the key enzymes involved in the MEP and carotenoid biosynthesis pathways.

Both  $\beta$ -carotene and zeaxanthin are important precursors for apocarotenoid biosynthesis and are converted by different CCDs leading to different apocarotenoid compounds [38,41]. For example, *CsCCD1* and *CsCCD4* cleave  $\beta$ -carotene at the 9, 10 and 9', 10' double bonds into  $\beta$ -ionone and  $\beta$ -cyclocitral [24,41], while *Arabidopsis thaliana* CCD7 (*AtCCD7*) and *Arabidopsis thaliana* CCD8 (*AtCCD8*) are responsible for strigolactone production by cleavage of  $\beta$ -carotene [42]. In the crocin biosynthetic pathway, CCD2, a recently identified CCD family member from *C. sativus*, cleaves the 7, 8 and 7', 8' double bonds of zeaxanthin to produce crocetin dialdehyde and 3-OH- $\beta$ -cyclocitral, which is the first step of saffron crocin biosynthesis [2]. Aldehyde dehydrogenase (ALDH) catalyzes the conversion of crocetin dialdehyde to crocetin. UDP-glucosyl transferases (UGT) transform crocetin and  $\beta$ -cyclocitral into crocins (crocins-I to crocins-V) and picrocrocins, respectively. Finally, picrocrocins is converted into a safranal under the combined action of heating and  $\beta$ -glucosidase ( $\beta$ -GS) [27]. The reported transcriptome data and functional assays show that *CsCCD2* [2], *CsALDH311* [43], and *CsUGT74AD1* [43], as well as *GjCCD4a* [3,29], *GjALDH2C3* [29], *GjUGT74F8* [29,44], and *GjUGT94E13* [29,44], have been identified to be involved in the complete crocin biosynthetic pathway in stigmas of *C. sativus* and fruits of *G. jasminoides*, respectively.

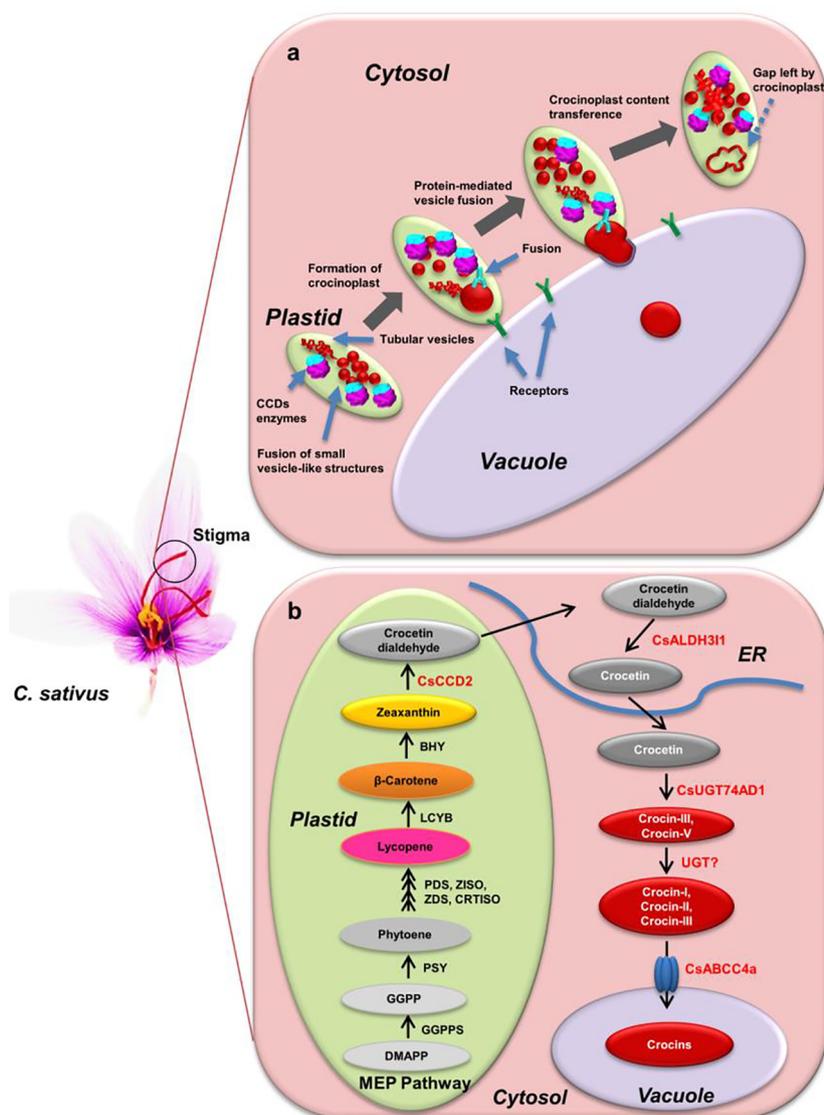


**Fig. 1.** The crocin biosynthetic pathways in *C. sativus* and *G. jasminoides*. The precursors of carotenoids are generated via the 2-C-methyl-D-erythritol 4-phosphate (MEP) pathway. The enzymes marked in green are known enzymes from the upstream carotenoid biosynthetic pathway, and those in red and purple are identified from *C. sativus* and *G. jasminoides*, respectively. GGPPS, geranylgeranyl diphosphate synthase; PSY, phytoene synthase; PDS, phytoene desaturase; Z-ISO,  $\zeta$ -carotene isomerase; ZDS,  $\zeta$ -carotene desaturase; CRTISO, carotenoid isomerase; LCYB, lycopene  $\beta$ -cyclase; BHY,  $\beta$ -carotene hydrolase; CCD, carotenoid cleavage dioxygenase; ALDH, aldehyde dehydrogenase; UGT, UDP-glucosyltransferase. Information on these enzymes can be found in Table 1. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

## 2.2. Subcellular routes for crocin biosynthesis

It has been reported that zeaxanthin and crocin are localized in plastids and vacuoles, respectively, suggesting that the crocin biosynthetic pathway might involve multiple subcellular compartments [43,45,46]. Initially, CsCCD2 that cleaves zeaxanthin to produce apocarotenoid was reported to be localized in the cytoplasm [2]. However, Ahrazem et al. [47] identified a longer CsCCD2 version, CsCCD2L, and the transient expression experiment in tobacco leaves indicated that CCD2 is a plastid-localized enzyme rather than a cytoplasm-localized enzyme, which was further confirmed by immunogold electron microscopy on *C. sativus* stigmas and confocal fluorescence microscopy on *N. benthamiana* leaves [43]. At present, there are two models regarding the subcellular route of

crocin biosynthesis in saffron. In 2017, Gómez-Gómez et al. [46] proposed the first model through a proteome analysis and microscopy studies: crocins are synthesized in the chromoplast and then accumulated in chromoplast-localized vesicles to form crocinoplasts, which are further transported from the end of the chromoplast to the vacuole for storage. In 2018, Demurtas et al. [43,48] analyzed the localization of CsCCD2, CsALDH3I, and CsUGT74AD1, which have been characterized as responsible for crocin biosynthesis, and proposed a different model: crocetin dialdehyde, crocetin, and crocins are synthesized in the chromoplast, the endoplasmic reticulum (ER), and the cytoplasm, respectively. Finally, crocins are transported from the cytosol to the vacuole for storage through unidentified tonoplast transporters. Recently, Demurtas et al. [49] developed a transportomic approach to identify saffron tonoplast



**Fig. 2.** Proposed models of subcellular routes for crocin compartmentation in stigmas of *C. sativus*. (a) Crocins are synthesized in the plastid, and then accumulated in plastid-localized small vesicle-like structures, which gradually fuse together to form crocinoplasts that could be directly transferred from the polarized end of the plastid to the vacuole. This is modified from Gomez-Gomez et al. 2017 [46]. (b) CsCCD2 cleaves zeaxanthin in the plastid to produce crocetin dialdehyde, which is further converted to crocetin by CsALDH311 in the endoplasmic reticulum (ER). CsUGT74AD1 catalyzes the formation of crocins in the cytoplasm, and then crocins are transported into the vacuole through CsABCC4a. This is modified from Demurtas et al. 2018 [43].

transporters mediating crocin accumulation in the vacuole, and CsABCC4a, a tonoplast transporter belonging to the ATP-binding cassette C (ABCC) transporter family, was characterized to be involved in crocins transport in saffron. Since plastid-localized ALDH and UGT have not been identified and the subcellular route of stevioside biosynthesis in *Stevia rebaudiana* leaves is similar to the second model described above [50], we prefer to consider the second model as the true subcellular route of crocin biosynthesis in saffron (Fig. 2).

### 2.3. Key enzymes involved in crocin biosynthesis

In recent years, with the increasing number of reports on genomic and transcriptomic analyses of *C. sativus* and *G. jasminoides* [3,24,27–30], the functional characterization and localization of three key enzymes (CCD, ALDH, and UGT) involved in crocin biosynthesis have been described [2,23,29,43,44,47,51]. From these studies, we have a better understanding of the crocin biosynthetic pathway and provide guidance for using

metabolic engineering to enhance crocins production. The key enzymes for crocin biosynthesis that have been identified are summarized in Table 1.

#### 2.3.1. Enzyme catalyzing the cleavage reaction: carotenoid cleavage dioxygenase (CCD)

The first step in crocin biosynthesis is the cleavage of carotenoids by CCD to produce crocetin dialdehyde. CCDs, a class of double bond-specific enzymes involved in apocarotenoid biosynthesis, have been grouped into five clusters in plants according to their substrate preference and/or the cleavage position, named CCD1, CCD4, CCD7, CCD8, and nine-*cis*-epoxy-carotenoid cleavage dioxygenases (NCEs) [24,52,53]. Structurally, all CCDs contain a conserved seven-bladed  $\beta$ -propeller structure, a less-conserved dome region formed by  $\alpha$ -helix elements, strands and loops, and a  $\text{Fe}^{2+}$  ion essential for the catalytic activity [54,55]. Zeaxanthin cleavage dioxygenase (ZCD) was first reported to mediate crocetin production by cleavage of zeaxanthin at the 7, 8 and 7', 8' double bonds [45]. However, later studies including sequence and structure

**Table 1**  
Key enzymes involved in crocin biosynthesis.

Key enzymes	Name	Species	GenBank accession no.	Identification methods	Refs
<b>PSY</b>	CsPSY2	<i>Crocus sativus</i>	MH124239	bioinformatics analysis, subcellular localization, expression analysis, functional complementation	[40]
<b>β-LCY</b>	CstLcyB2a	<i>Crocus sativus</i>	GQ202141	bioinformatics analysis, expression analysis, <i>in vivo</i> functional analysis	[39]
	CsBCH1	<i>Crocus sativus</i>	CAC95130	various PCR-based methods, bioinformatics analysis, expression analysis	[38]
<b>BCH</b>	CsCCD2	<i>Crocus sativus</i>	KJ541749	transcriptome sequencing, <i>in vivo</i> and <i>in vitro</i> assays, subcellular localization	[2]
	CsCCD2L	<i>Crocus sativus</i>	KP887110	subcellular localization, bioinformatics analysis, <i>in silico</i> analysis	[47]
	CaCCD2	<i>Crocus ancyrensis</i>	KP792756	bioinformatics analysis, <i>in silico</i> analysis, subcellular localization, expression analysis, <i>in vivo</i> functional analysis	[47]
	BdCCD4.1	<i>Buddleja davidii</i>	KX374547	bioinformatics analysis, <i>in silico</i> analysis, subcellular localization, expression analysis, <i>in vivo</i> and <i>in vitro</i> assays	[23]
	BdCCD4.3	<i>Buddleja davidii</i>	KX374549	bioinformatics analysis, <i>in silico</i> analysis, subcellular localization, expression analysis, <i>in vivo</i> and <i>in vitro</i> assays	[23]
<b>CCD</b>	GjCCD4a	<i>Gardenia jasminoides</i>	ARU08109	Genome-wide analysis, bioinformatics analysis, expression analysis, <i>in vivo</i> and <i>in vitro</i> assays, LC/LC-MS analyses	[29]
	CsALDH31	<i>Crocus sativus</i>	MF596165	subcellular localization, transcripts analysis, expression analysis, <i>in vivo</i> and <i>in vitro</i> assays	[43]
<b>ALDH</b>	GjALDH2C3	<i>Gardenia jasminoides</i>	KY631926	Genome-wide analysis, bioinformatics analysis, expression analysis, <i>in vivo</i> and <i>in vitro</i> assays, LC/LC-MS analyses	[29]
<b>UGT</b>	UGTCs2	<i>Crocus sativus</i>	AY262037	Genomic analysis, expression analysis, <i>in vitro</i> functional assays	[25]
	CsUGT74AD1	<i>Crocus sativus</i>	MF596166	subcellular localization, transcripts analysis, expression analysis, <i>in vitro</i> functional assays	[43]
<b>UGT</b>	GjUGT75L6	<i>Gardenia jasminoides</i>	F8WKW8	expression analysis, bioinformatics analysis, <i>in vitro</i> functional assays	[51]
	GjUGT94E5	<i>Gardenia jasminoides</i>	F8WKW0	expression analysis, bioinformatics analysis, <i>in vitro</i> functional assays	[51]
<b>UGT</b>	GjUGT74F8	<i>Gardenia jasminoides</i>	MN944054	Genome-wide analysis, bioinformatics analysis, expression analysis, <i>in vivo</i> and <i>in vitro</i> assays, LC/LC-MS analyses	[29,44]
	GjUGT94E13	<i>Gardenia jasminoides</i>	MN944055	Genome-wide analysis, bioinformatics analysis, expression analysis, <i>in vivo</i> and <i>in vitro</i> assays, LC/LC-MS analyses	[29,44]
<b>Bs-GT</b>	Bs-GT	<i>Bacillus subtilis</i>	WP_003220110.1	bioinformatics analysis, <i>in vitro</i> functional assays	[10]

analyses, *in vivo* and *in vitro* assays, showed that ZCD is an N-truncated CCD4 form with a lack of activity to convert zeaxanthin into crocetin dialdehyde [2,41].

Through deep transcriptome sequencing, Frusciante et al. [2] identified a new dioxygenase named CCD2 from *C. sativus*, which belongs to a novel CCD clade closely related to the CCD1 subfamily, and found that the expression pattern of CCD2 is consistent with crocins accumulation during stigma development. Further *in vivo* and *in vitro* functional analyses revealed that CsCCD2 is able to catalyze the conversion of zeaxanthin into the crocins precursor crocetin dialdehyde [2]. The second member of the CCD2 subfamily, CaCCD2, was identified from *Crocus ancyrensis* by Ahrazem et al. [47], and like CsCCD2, it is functionally characterized as involved in crocetin formation. The identification and functional characterization of CsCCD2 and CaCCD2 confirm that the cleavage of zeaxanthin by the CCD2 enzymes can give rise to crocetin dialdehyde. Lately, according to full-length transcriptome data of *C. sativus*, Yue et al. [30] proposed that CCD2 might have evolved from the CCD1 subfamily via the whole-genome duplication event.

To date, the CCD2 enzymes have only been identified from *Crocus* species [2,47], but crocetin has also been found in other plant organs, such as fruits of *G. jasminoides* [56] and flowers of *Buddleja davidii* [57]. Recently, BdCCD4.1 and BdCCD4.3 were identified from *Buddleja davidii* and exhibited cleavage activity over zeaxanthin *in vivo* and *in vitro*, leading to production of crocetin dialdehyde [23]. It is reported that BdCCD4.1 and BdCCD4.3 are located in plastids, which is consistent with CCD2 localization [23]. However, it is worth noting that GjCCD4a identified from *G. jasminoides* not only has the same catalytic activity as CsCCD2, CaCCD2, BdCCD4.1, and BdCCD4.3 to cleave zeaxanthin, but also catalyzes the production of crocetin dialdehyde from lycopene and β-carotene [29].

Therefore, the first dedicated step in crocin biosynthesis can be catalyzed by the CCD2 enzymes from *Crocus* [2,47] and by the CCD4 enzymes from *Buddleja* [23] and *Gardenia* [29], indicating

that these CCD enzymes acquire the ability to cleave zeaxanthin at the 7, 8 and 7', 8' double bonds through convergent evolution in different species [29].

### 2.3.2. Enzyme catalyzing the dehydrogenation reaction: ALDH

The second step in crocin biosynthesis is the dehydrogenation of crocetin dialdehyde to produce crocetin. The ALDH superfamily is generally characterized by the use of NAD(P)<sup>+</sup> as a cofactor to catalyze the conversion of aldehyde groups to carboxyl groups [58]. The plant ALDHs have been grouped into 13 subfamilies [58]. In 2018, Demurtas et al. [43] identified six candidate genes encoding ALDHs from *C. sativus* stigmas, and only one of their corresponding proteins, CsALDH311, was characterized as an enzyme capable of converting crocetin dialdehyde into crocetin by using an *Escherichia coli* expression system and an *in vitro* enzyme activity assay. Like those ER-localized proteins containing a C-terminal KKXX signal, CsALDH311 harboring a C-terminal KKKPK signal was also confirmed to be localized in the ER [43,59]. Recently, GjALDH2C3 from *G. jasminoides*, whose expression accompanied the accumulation of crocins in fruits of *G. jasminoides*, was reported to be involved in the second step in crocin biosynthesis by Xu et al., and they also identified crocetin semialdehyde as an intermediate product in the catalytic process from crocetin dialdehyde to crocetin [29]. In addition, some candidate genes that might encode ALDHs responsible for crocetin production have also been identified from plants by transcriptome analysis, such as ADH2946, ADH11367, and ADH54788 derived from *C. sativus* [46], and ALDH12 and ALDH14 derived from *G. jasminoides* [3]. However, further *in vivo* and *in vitro* studies are needed to determine their functions.

### 2.3.3. Enzyme catalyzing the glycosylation reaction: uridine diphosphate glycosyltransferase (UGT)

The final step in crocin biosynthesis is the glycosylation of crocetin by UGTs to produce crocins. UGTs catalyze glucose molecules and specific receptors to be linked together by glycosidic bonds. In

saffron, the glycosylation of crocetin results in the transformation of lipid-soluble carotenoid into water-soluble and stable apocarotenoid glycosides, crocins. Moraga et al. [25] cloned two UGTase-encoding genes (*UGTCs2* and *UGTCs3*) containing the plant secondary product GTase (PSPG) box from *C. sativus* using degenerate primers, and found that *UGTCs2* and *UGTCs3* were expressed at high levels in stigmas and stamens, respectively. Expression of *UGTCs2* in *E. coli* and an *in vitro* enzyme activity assay show that *UGTCs2* exhibits strong glycosylation activity toward crocetin,  $\beta$ -D-glucosyl ester, and crocetin  $\beta$ -D-gentibiosyl ester [25]. To further verify the function of *UGTCs2*, Demurtas et al. [43] searched for the corresponding transcript in the transcriptome derived from their own and others' studies [27], and found a new gene encoding a different version of *UGTCs2*, *CsUGT74AD1*, whose corresponding protein *CsUGT74AD1* was identified to be responsible for the primary glycosylation of crocetin [43]. It is reported that *CsUGT74AD1* displays a cytoplasmic localization [43]. Recently, *UGT709G1*, a novel UGT involved in picrocrocetin biosynthesis, was identified and characterized from saffron, which contributes to the industrial production of safranal [60].

Besides saffron, crocins are also highly enriched in gardenia. In 2012, Nagatoshi et al. [51] identified and functionally characterized two glucosyltransferases, *GjUGT75L6* and *GjUGT94E5*, which mediate crocin production in *G. jasminoides*. An *in vitro* enzyme activity assay demonstrate that the carboxyl group of crocetin is first glycosylated by *UGT75L6* forming crocetin glucosyl esters, which is further glycosylated on the 6-position hydroxyl group of the glucose moiety by *UGT94E5*, yielding other forms of crocins [50]. However, the expression profiles of the genes encoding these two UGTs are not correlated with the distribution of crocins in gardenia, suggesting that there may be other UGTs involved in crocin synthesis in gardenia [51]. Recently, *GjUGT74F8* and *GjUGT94E13* from *G. jasminoides* identified by Xu et al. showed an expression pattern consistent with crocin accumulation, and *in vitro* functional analysis confirmed that their corresponding proteins were responsible for the primary and secondary glycosylation of crocetin [29]. Furthermore, using *E. coli* as an expression system, *GjUGT74F8* and *GjUGT94E13* can lead to efficient conversion of crocetin to five types of crocins [44], indicating that *GjUGT74F8* and *GjUGT94E13* are involved in crocin biosynthesis in gardenia.

Based on the substrate and position of glycosylation, the above UGTs can be divided into three types: UGT-I type (*UGTCs2/CsUGT74AD1/GjUGT75L6/ GjUGT74F8/Bs-GT*) for the primary glycosylation of crocetin to produce crocetin monoglucosyl and diglucosyl esters; UGT-II type (*GjUGT94E5*) for the secondary glycosylation of Glc groups to form one or two gentiobiose groups; UGT-III type (*GjUGT94E13*) for the primary and secondary glycosylations. Since the functions of most of the reported UGTs are determined by *in vitro* enzyme activity assays, it is necessary to further verify their functions in plants.

### 3. Crocin metabolic engineering

As a high-value carotenoid, crocins have great potential in pharmacology. Currently, the main production method of crocins is extraction and purification from *C. sativus*. However, complicated production methods and expensive raw materials have been the main factors limiting the mass production and broad application [44]. To improve the manufacturing technology, the research of crocin metabolic engineering has attracted increasing attention, and the development of engineered microorganisms and biofortified plants to produce crocin *in vivo* is the main research direction.

The biosynthesis of apocarotenoids in *C. sativus* was studied and analyzed by transcriptomics and dynamic metabolomics [28]. The synthetic pathway of crocins has been largely revealed, and many

key enzymes have also been found and applied in metabolic engineering. The biosynthetic pathway of carotenoids in *C. sativus* includes: starting with geranylgeranyl diphosphate, zeaxanthin was gradually synthesized, and the specific synthesis of crocetin and crocins by cleavage of zeaxanthin. Enzymes of the upstream crocin synthesis pathway, such as *PSY*, *PDS*, and *CRT*, have been used to synthesize carotenoids such as lycopene,  $\beta$ -carotene, and zeaxanthin in various crops. The combined overexpression strategy of multiple biosynthetic genes co-transformation can effectively improve the accumulation of target carotenoids. Zeaxanthin is the key intermediate product in the synthetic pathway, an important direct precursor for the synthesis of crocins [8]. In the published studies, researchers either integrated the  $\beta$ -carotene hydroxylase gene to synthesize zeaxanthin, or directly optimized a microbial strain already producing zeaxanthin. According to the existing reports (Table 2), many microbes have been successfully transformed to synthesize crocetin or crocins, including *E. coli* [39,44], *Chlorella vulgaris* [61], and yeast [62]. Recently, the transient transformation of *Nicotiana benthamiana* to synthesize crocins were reported [63].

*E. coli* has a simple and clear genetic background, and its related genetic engineering technologies are mature and widely used, which make it an excellent host bacterium for the production of crocin by metabolic engineering. Based on the terpenoid producing strains, Wang et al. used pyruvic acid and glyceraldehyde-3-phosphate as substrates, and introduced a series of genes, *crtE*, *crtB*, *crtI*, *crtY*, and *crtZ*, to gradually synthesize lycopene to  $\beta$ -carotene from upstream prenyl diphosphate (IPP) and dimethylallyl diphosphate (DMAPP), then finally obtained the zeaxanthin-producing strains YL4 and YL5. Also, by integrating and optimizing the expression of heterologous genes, *CsCCD2* from *C. sativus* and *ALD8* from *Neurospora crassa* in YL4 and YL5, crocetin was produced. Finally, the glucosyltransferase genes *YjiC*, *YdhE*, and *YojK* from *Bacillus subtilis* were introduced, and five crocins were produced [26].

In the research of eukaryotes, *Saccharomyces cerevisiae* and *Chlorella vulgaris* have been successfully engineered to produce crocetin. Chai et al. introduced heterologous *CrtZ*, *CCD*, and *ALD* into a  $\beta$ -carotene producing strain (*S. cerevisiae*, SyBE\_SC0014CY06), and successfully accomplished the biosynthesis of crocetin in *S. cerevisiae* [62]. The enzyme source combination *PsCrtZ* (from *Pantoea stewartii*)/*CCD2* with the highest yield was found by introducing nine *CrtZs* and four *CCDs* from various sources. By overexpressing *CCD2* and *ALD* (from *Synechocystis* sp.) and controlling the reaction temperature, the reported highest titer in shake flask was 1219  $\mu\text{g/L}$ . The titer of crocetin in a 5-L bioreactor reached 6278  $\mu\text{g/L}$  through fed-batch fermentation, which is the highest crocetin titer reported in eukaryotic cells. In *C. vulgaris*, Lou et al. transformed *crtRB* and *ZCD1* into a wild type strain with a similar design as above, and produced crocetin without exogenous *ALD* by using the rich secondary metabolites and potential aldehyde oxidase activity in *C. vulgaris* [61]. Recently, Martí et al. [63] constructed transient transformation vectors for *Nicotiana tabacum* by using the Tobacco etch virus (TEV), and transformed the tobacco plants with a series of *CCD* genes and several carotenoid synthesis related genes. The accumulation of yellow pigments of crocins and picrocrocetin can be seen with naked eyes in leaves infected by the virus. Crocins (0.2%) and picrocrocetin (0.8%) were detected in the plants expressing only the *CCD* gene, which were in relatively low levels. Meanwhile, expression of the phytoene synthase gene (*PaCrtB*) could increase the crocin content, reaching as much as 0.35% of dry weight [63]. This is a successful case of crocin synthesis in higher plants. However, stably inherited plants cannot be obtained by the transient transformation. To develop valuable bioreactors, it will be necessary to create *de novo* synthetic genetic engineering plants using stable transformation methods.

**Table 2**  
Crocin biosynthesis by metabolic engineering.

Species	Transgene	Operational methods	Products	Yield	Refs
<i>Escherichia coli</i>	<i>GjUGT94E13, GjUGT74F8</i>	Co-transformation of expression vectors	Crocins	60.81 ± 1.0 mg/L	[44] [39]
<i>Escherichia coli</i>	<i>CsCCD2, NcALD8, BsYjiC, BsYdhE, BsYojK</i>	Integrated genes into the <i>E. coli</i> chromosome by multigene vector and electroporation-transformation	Crocins		
<i>Saccharomyces cerevisiae</i>	<i>PscrtZ, CCD2, SsALD</i>	Transformation in steps via the lithium acetate method and integrated genes into chromosome	Crocetin	6.28 mg /L	[62]
<i>Chlorella vulgaris</i>	<i>HpCrtRB, CsZCD1</i>	<i>Agrobacterium</i> -mediated transformation and integrated genes into chromosome	Crocetin		[61]
<i>Nicotiana benthamiana</i>	<i>CsCCD2L, BdCCD4.1, BdCCD4.3, PaCrtB, CsBCH2,</i>	Virus vectors transient expression in leaves by <i>Agrobacterium</i> -mediated co-transformation	Crocins and Picrocrocin (derived from 3-OH-β-cyclocitral, the side product of zeaxanthin cleavage)	2.2 ± 0.2 mg/g crocins and 8.2 ± 2.93 mg/g picrocrocin	[63]

**Note:** *NcALD8*, *Neurospora crassa* aldehyde dehydrogenases gene; *BsYjiC*, *BsYdhE* and *BsYojK*, *Bacillus subtilis* glycosyltransferase genes; *PscrtZ* *Pantoea stewartii* β-carotene hydroxylase gene; *SsALD* *Synechocystis* sp. aldehyde dehydrogenase gene; *HpCrtRB*, *Haematococcus pluvialis* β-carotene hydroxylases gene; *CsZCD1*, *Crocus sativus* 7, 8 (7', 8')-zeaxanthin cleavage dioxygenase gene; *PaCrtB*, *Pantoea ananatis* phytoene synthase gene.

The above cases provide solid theoretical support and practical basis for further synthesizing crocins in higher plants, especially in crop plants. There have been many reports on the successful synthesis of carotenoids, such as β-carotene, zeaxanthin, canthaxanthin and astaxanthin, in crops like rice, maize, and tomato [65,66], which prove the feasibility of synthesizing crocins in plants. Many plants have robust carotenoid biosynthesis and accumulation providing potential precursors for crocins. For example, tomato contains a high content of lycopene, and even zeaxanthin, the direct precursor of crocetin, which is the main carotenoid in maize. When these plants are genetically engineered, the carotenoids present in them can be used as the synthetic raw materials. During the transformation, the existing endogenous synthetic pathways can be utilized, and the silenced or low-expression genes in them can be complemented, which can simplify the operation. For plants with little carotenoid accumulation and lack of suitable endogenous genes, such as rice endosperm, it is necessary to introduce a complete synthetic pathway to complete the de novo synthesis of crocins. Using multi-gene stacking technology, such as TransGene Stacking II (TGSI) [64], multiple gene expression cassettes can be transferred at the same time, and with high-expression promoters, so that high-level enzymes can be accumulated at specific tissues to synthesize target products [64,65,66].

#### 4. Challenges and prospects

In recent years, with the mining of genomic and transcriptomic data of crocin-producing species (mainly saffron and gardenia) [3,24,29,30], the complete crocin biosynthetic pathway in plants has been elucidated, and some crocin biosynthetic genes have been identified from several plants and microorganisms by *in vivo* and/or *in vitro* assays. However, there are still some challenges to overcome, such as the lack of studies of the regulatory mechanism of crocin biosynthesis and genome-wide data of *C. sativus*, as well as the so far missing identification of the enzyme catalyzing secondary glycosylation of crocetin in saffron. In addition, the production of crocins through metabolic engineering to meet current demands remains a challenge, despite relevant studies on crocin or crocetin production in microbial cell factories such as *E. coli* [10,26,44] and yeast [28,62]. How to improve the productivity and yield of industrial platform strains has become the first problem to be solved in the industrialization of crocin metabolic engineering. Some new technologies and methods may be used to improve metabolic engineering of microbial strain for production of glycosylated crocins, for examples: (1) development of specific CRISPR engineered *E. coli* strains or yeast to redirect metabolic fluxes for crocins production [67]; (2) using bacterial microcompartments (BMCs) technology to efficiently synthesize crocins

without affecting normal metabolic activities of cells [68]; and (3) Using the synthetic microbial consortia method [69], which the synthesis process of zeaxanthin, crocetin and the final product crocin can be given to three different engineering microorganisms, which can maximize the synthesis efficiency.

On the other hand, there are many directions for future research on crocin biosynthesis and metabolic engineering in plants, for examples: (1) genome-wide sequencing of *C. sativus* to gain an in-depth understanding of the evolution of crocin biosynthesis; (2) identification of the enzyme(s) responsible for secondary glycosylation of crocetin in saffron to understand the complete crocin biosynthetic pathway in *C. sativus*; (3) identification of more genes encoding transcription factors (TFs) involved in the crocin biosynthetic pathway by comprehensive analysis of genomics, transcriptomics, proteomics, and metabolomics to reveal the regulatory mechanism of crocin biosynthesis; (4) determination of the subcellular localization of more key enzymes to provide novel insights into the subcellular route of crocin biosynthesis; (5) characterization of more key enzymes responsible for crocin biosynthesis to construct suitable cell factories in plants or microorganisms for crocin biosynthesis to address crocins shortages; and (6) introduction of genes involved in the crocin biosynthetic pathway into important agricultural or industrial crops by using a multi-gene stacking system to develop crocin-rich functional foods or raw materials.

In conclusion, further researches on crocin biosynthesis and metabolic engineering will contribute to the industrial production of crocins, which will not only bring huge economic benefits but also have beneficial effect on human health.

#### Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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