## Research article

# Glomerular IgG deposition predicts kidney disease progression in IgA nephropathy 

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## ARTICLE INFO

## Keywords:

IgA nephropathy
Glomerular IgG positivity
IgG intensity
Kidney progression events


#### Abstract

Objective: We aimed to explore the relationship between the presence and intensity of glomerular IgG deposition and the occurrence of kidney progression events in IgA nephropathy (IgAN). Methods: This retrospective study encompassed a total of 1207 patients with IgAN spanning the period from 2010 to 2022, and complete follow-up data were accessible for 736 patients. The IgG intensity was categorized as follows: low-level, defined as $\operatorname{IgG}( \pm)$ and $\operatorname{IgG}(+)$, and high-level, defined as $\operatorname{IgG}(++)$ and $\operatorname{IgG}(+++)$. Results: We found that the IgG-positive deposited group ( $\mathrm{N}=113$, $9.36 \%$ ) had significantly higher levels of ESR, TC, LDL, uric acid, proteinuria, and blood glucose, and lower serum albumin level compared to the IgG-negative deposited group ( $\mathrm{N}=1094$, $90.64 \%$ ). In terms of pathology, the IgG-positive deposited group had a significantly higher percentage of T 2 score compared to the IgG-negative deposited group $(p=0.002)$. At the end of the follow-up period, the IgG-positive deposited group had a higher eGFR decline ( $-5.7 \pm 4.37 \mathrm{ml}$ year) compared to the IgGnegative deposited group ( $-4 \pm 2.52 \mathrm{ml} /$ year), however, there was not a statistically significant difference between the two groups ( $p=0.096$ ). We observed that the high-IgG group had significantly higher level of TG compared to the low-IgG group ( $p=0.042$ ). Further analysis revealed that the group of patients with high level of IgG deposition in the kidney experienced a higher incidence of composite kidney outcomes compared to the group with low level of IgG deposition ( $p=0.009$ ). Logistic regression analyses showed that high level IgG deposition was an independent risk factor for kidney progression of IgAN (HR 13.419; 95\% CI 2.690-66.943, $P=$ 0.029). Further analyses for a solid conclusion using Cox regression that we found high level IgG deposition (HR 115.277; 95\% CI 2.299-5.779E3, $P=0.017$ ), eGFR (HR 0.932; 95\% CI $0.870-0.999, P=0.047$ ), and urine protein excretion (HR 1.001; 95\% CI $1.000-1.002, P=0.015$ ) were independent risk factor for kidney progression of IgAN. Conclusions: The intensity of IgG deposition has been found to be associated with the progression of IgAN. Future prospective studies should provide more robust evidence on the impact of IgG deposition on kidney outcomes in patients with IgAN.


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## 1. Introduction

IgA nephropathy (IgAN) is among the most prevalent primary glomerular diseases globally, especially in young Asian adults [1-3]. It is distinguished by a highly dynamic clinical picture that spans from a completely asymptomatic condition to rapid, progressive kidney malfunction. The pathogenesis of IgAN is believed to arise from the deposition of circulating immune complexes (CICs) of composed of IgG bound to galactose-deficient IgA1 (Gd-IgA1) within the glomeruli [4-6]. This deposition triggers mesangial cell proliferation and leads to glomerular injury.

Renal biopsies of IgAN patients are characterized by mesangial IgA dominant or codominant IgG or complement 3 (C3) deposits by routine immunofluorescence microscopy (IFM). There was a growing body of evidence has suggested that IgG autoantibodies in circulation, rather than IgA, played a significant role in the development and prognosis of the disease [7]. The association (Table 6 between IgG staining detected by IFM and disease severity and progression in IgAN remains unclear and requires further investigation to clarify its significance.

In present study, our aim was to investigate the association between mesangial IgG positivity, the intensity of IgG deposition, and kidney progression events in IgAN.

## 2. Materials and methods

This was a retrospective cohort study of IgAN patients at the Tianjin Medical University General Hospital from 2010 to 2022. Among the initial cohort of 1230 patients with biopsy-proven $\operatorname{IgAN}$, patients with other concomitant glomerular diseases including secondary IgA nephropathy, SLE, rheumatic disease, IgA vasculitis, hepatitis B virus-associated GN, liver cirrhosis and patients lacking clinical data were excluded from the study. As a result, a total of 1207 patients were included in the baseline data analysis (Fig. 1). Subsequently, patients lost to follow-up and patients with a follow-up period of less than 12 months were considered as incomplete follow-up further excluded from the study. This led to a final cohort of 736 patients who were included in the follow-up analysis (Fig. 1).

The ethics protocol for the research was approved by the Medical Ethics Committee of the Tianjin Medical University General Hospital (IRB2023-YX-158-01). Informed written consent was provided from all patients.

In this study, the presence of IgG deposits in the mesangium was determined using a direct immunofluorescence assay on frozen sections. The presence of IgG antibodies within the mesangial region was classified as "IgG positive" in this study. Conversely, if there were no deposits observed in the mesangium, classified as "IgG negative." The IgG intensity was categorized as follows: low-level, defined as $\operatorname{IgG}( \pm)$ and $\operatorname{IgG}(+)$, and high-level, defined as $\operatorname{IgG}(++)$ and $\operatorname{IgG}(+++)$.

The demographics and clinical data, including Sex, Age, Systolic Blood Pressure (SBP), serum hemoglobin, serum platelets, serum albumin, uric acid, serum creatinine, estimated glomerular filtration rate (eGFR), serum IgA, serum IgG, serum IgE, serum C3, serum C4, erythrocyte sedimentation rate (ESR), total cholesterol (TC), total glyceride (TG), high density lipoprotein (HDL), low density lipoprotein (LDL), blood glucose, urine protein excretion in 24 h , and hematuria were collected at the time of kidney biopsy. All kidney biopsy specimens were reviewed and graded by an independent pathologist who was blind to the participants' clinical data. The Oxford classification (including crescent scores) was used for the evaluation of pathologic lesions [8]. The eGFR was calculated using


Fig. 1. Flow diagram of the study population.
the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) formulas [9]. The slope of eGFR was defined based on all the eGFR collected during follow-up period and calculated each slope.

Immunosuppressive therapy was defined as treatment with steroids and/or immunosuppressive agents, such as cyclophosphamide, cyclosporine, or mycophenolate mofetil after kidney biopsy. A renin-angiotensin system inhibitor (RASI) therapy was defined as the use of an angiotensin-converting enzyme inhibitor (AECI) plus/or angiotensin receptor blocker (ARB).

### 2.1. Outcomes

The composite kidney endpoint events were the composite of a doubling of the baseline serum creatinine, $40 \%$ reduction in eGFR, end stage renal disease (ESRD, eGFR $<15 \mathrm{ml} / \mathrm{min}$ per $1.73 \mathrm{~m}^{2}$ ), dialysis, transplant, or death. The rate of kidney function decline was measured by the slope of eGFR per year. Complete remission (CR) is defined as a state where the urinary protein level is less than 500 $\mathrm{mg} / \mathrm{d}$, the serum creatinine level remains stable with an increase of no more than $30 \%$ from the baseline, and the serum albumin level is within the normal range.

### 2.2. Statistical analyses

Data are expressed as mean $\pm$ standard deviation (SD) or numbers and percentages. Non-parametric variables were compared using the Mann-Whitney $U$ test. For parameters with a normal distribution, the $t$-test was used to compare the variables. The Chi-square test was employed for comparisons between categorical variables. Logistic regression analysis and Cox regression analysis were used to assess the potential influence of mesangial IgG on the occurrence of kidney progression events in IgAN. A p-value of less than 0.05 was considered statistically significant for all analyses conducted in this study. The analysis was performed using SPSS 25.0 software.

Table 1
The baseline data for IgAN patients between the IgG-negative deposited group and IgG-positive deposited group.

| Characters | Mean $\pm$ SD or n (\%) |  | P |
| :---: | :---: | :---: | :---: |
|  | IgG-negative ( $\mathrm{N}=1094$ ) | IgG-positive ( $\mathrm{N}=113$ ) |  |
| Male (\%) | 513(46.9) | 49(43.4) | 0.474 |
| Age (years) | $38.5 \pm 12.7$ | $37.1 \pm 12.2$ | 0.61 |
| Systolic Blood Pressure ( mmHg ) | $131.4 \pm 19.3$ | $131.9 \pm 18.9$ | 0.681 |
| Hemoglobin (g/L) | $130.1 \pm 19.9$ | $130.3 \pm 19.4$ | 0.77 |
| Platelets (10^9/L) | $249.0 \pm 65.8$ | $239.3 \pm 62.2$ | 0.755 |
| Serum albumin (g/L) | $37.36 \pm 5.62$ | $35.7 \pm 7.36$ | <0.001 |
| Uric acid ( $\mu \mathrm{mol} / \mathrm{L}$ ) | $357.1 \pm 92.4$ | $369.1 \pm 106.5$ | 0.013 |
| Serum creatinine ( $\mu \mathrm{mol} / \mathrm{L}$ ) | $92.35 \pm 57.7$ | $91.64 \pm 57.7$ | 0.6 |
| eGFR ( $\mathrm{mL} / \mathrm{min} / 1.73 \mathrm{~m}^{2}$ ) | $91.5 \pm 31.6$ | $93.4 \pm 34.9$ | 0.12 |
| Serum IgA (mg/dL) | $320.4 \pm 131.7$ | $306.9 \pm 114.5$ | 0.839 |
| Serum IgG (mg/dL) | $1062.0 \pm 283.1$ | $973.1 \pm 312.3$ | 0.124 |
| Serum IgE (mg/dL) | $168.7 \pm 387.4$ | $116.7 \pm 256.0$ | 0.195 |
| Serum C3 (mg/dL) | $93.1 \pm 22.9$ | $94.8 \pm 20.6$ | 0.6 |
| Serum C4 (mg/dL) | $25.1 \pm 54.7$ | $24.5 \pm 16.8$ | 0.937 |
| ESR (mm/h) | $22.5 \pm 16.5$ | $26.4 \pm 17.7$ | 0.018 |
| TC (mmol/L) | $5.0 \pm 1.5$ | $5.3 \pm 2.0$ | 0.006 |
| TG (mmol/L) | $1.9 \pm 1.4$ | $2.0 \pm 1.3$ | 0.674 |
| HDL ( $\mathrm{mmol} / \mathrm{L}$ ) | $1.2 \pm 0.5$ | $1.2 \pm 0.3$ | 0.703 |
| LDL (mmol/L) | $2.9 \pm 1.2$ | $3.2 \pm 1.5$ | 0.012 |
| Blood glucose (mmol/L) | $4.78 \pm 0.7$ | $4.95 \pm 1.2$ | 0.02 |
| Urine protein excretion (mg/24h) | $1758.5 \pm 1734.6$ | $2717.2 .2 \pm 3030.4$ | <0.001 |
| Hematuria (HP) | $77.9 \pm 399.8$ | $118.8 .2 \pm 396.9$ | 0.097 |
| Oxford classification, n(\%) |  |  |  |
| M (M0/M1) | 155(14.1)939(85.9) | 14(12.4)99(87.6) | 0.604 |
| E (E0/E1) | 716(65.4)/378(34.6) | 68(60.2)/45(39.8) | 0.264 |
| S (S0/S1) | 398(36.3)/696(63.7) | 39(34.5)/74(65.5) | 0.694 |
| T (T0/T1/T2) | 437(39.9)/446(40.7)/202(19.4) | 37(32.7)/39(34.5)/37(32.8) | 0.002 |
| C (C0/C1/C2) | 397(36.5)/543(50)/145(13.5) | 43(38.1)/51(45.1)/19(16.8) | 0.485 |
| Treatment |  |  |  |
| RASI Treatment, n(\%) | 438(40.3) | 44(39.2) | 0.824 |
| immunosuppressive Treatment, n(\%) | 696(63.6) | 71(62.8) | 0.129 |

Abbreviations: M, Male; F, Female; eGFR: using the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) formulas; erythrocyte sedimentation rate (ESR); total cholesterol (TC); total glyceride (TG); high density lipoprotein (HDL); low density lipoprotein (LDL); M0, mesangial hypercellularity score of $\leq 0.5$; M1, mesangial hypercellularity score $>0.5$; E0, absence of endocapillary; E1, presence of endocapillary hypercellularity; S0, absence of segmental glomerulosclerosis; S1, presence of segmental glomerulosclerosis; T0, tubular atrophy/interstitial fibrosis $\leq 25 \%$ of cortical area; T1, tubular atrophy/interstitial fibrosis $26-50 \%$ of cortical area; T2, tubular atrophy/interstitial fibrosis $>50 \%$ of cortical area.

## 3. Results

### 3.1. Baseline demographic, clinical and pathological information

A total of 1207 primary IgAN patients were recruited in our study, including the IgG-negative group ( $\mathrm{N}=1094,90.64 \%$ ) and IgGpositive group ( $\mathrm{N}=113,9.36 \%$ ). Baseline characteristics in the two groups are summarized in Table 1. Comparing the IgG-negative deposited group, it was found that the IgG-positive deposited group had significantly higher levels of ESR ( $26.4 \pm 17.7 \mathrm{~mm} / \mathrm{h} v \mathrm{vs} .22 .5$ $\pm 16.5 \mathrm{~mm} / \mathrm{h}, p=0.018)$, TC ( $5.3 \pm 2.0 \mathrm{mmol} / \mathrm{L}$ vs. $5.0 \pm 1.5 \mathrm{mmol} / \mathrm{L}, p=0.006$ ), LDL ( $3.2 \pm 1.5 \mathrm{mmol} / \mathrm{L}$ vs. $2.9 \pm 1.2 \mathrm{mmol} / \mathrm{L}, p=$ 0.012 ), uric acid ( $369.1 \pm 106.5 \mu \mathrm{~mol} / \mathrm{L}$ vs. $357.1 \pm 92.4 \mu \mathrm{~mol} / \mathrm{L}, p=0.013$ ), urine protein excretion in 24 h ( $2717.2 .2 \pm 3030.4 \mathrm{mg} /$ 24 h vs. $1758.5 \pm 1734.6 \mathrm{mg} / 24 \mathrm{~h}, p<0.001$ ), and blood glucose ( $4.95 \pm 1.2 \mathrm{mmol} / \mathrm{L}$ vs. $4.78 \pm 0.7 \mathrm{mmol} / \mathrm{L}, p=0.002$ ), and lower serum albumin level ( $35.7 \pm 7.36 \mathrm{~g} / \mathrm{L}$ vs. $37.36 \pm 5.62 \mathrm{~g} / \mathrm{L}, p<0.001$ ). In terms of pathology, the IgG-positive deposited group had a significantly higher percentage of T2 scores compared to the IgG-negative deposited group ( $32.8 \%$ vs. $19.4 \%, p=0.002$ ). There were no significant differences between the two groups in other clinical characters, pathological parameter and the application of RASI ( $40.3 \%$ vs. $39.2 \%, p=0.824$ ) or immunosuppressive agents ( $63.6 \%$ vs. $62.8 \%, p=0.129$ ) (Table 1).

### 3.2. The comparison of IgAN patients between the IgG-negative deposited group and the IgG-positive deposited group

Furthermore, we explored the association between IgG deposition and the kidney progression in IgAN patients with follow-up. A total of 684 IgG-negative deposited patients with a mean follow-up time was $49.2 \pm 39.0$ months. Additionally, 52 patients with IgGpositive deposition, with a mean follow-up time of $40.2 \pm 39.0$ months, were also included. Similar to the baseline data comparison in the entire patient populations, the results from patients with follow-up data also showed significantly higher levels of uric acid (373.2

Table 2
The comparison of baseline and follow-up data for IgAN patients with follow-up between the IgG-negative deposited group and IgG-positive deposited group.

| Characters | Mean $\pm$ SD or n (\%) |  | P |
| :---: | :---: | :---: | :---: |
|  | IgG-negative ( $\mathrm{N}=684$ ) | IgG-positive ( $\mathrm{N}=52$ ) |  |
| Male (\%) | 311 (45.4) | 24 (46.2) | 0.31 |
| Age (years) | $38.3 \pm 12.6$ | $37.2 \pm 11.4$ | 0.612 |
| Systolic Blood Pressure ( mmHg ) | $131.4 \pm 18.0$ | $131.6 \pm 18.8$ | 0.086 |
| Hemoglobin (g/L) | $130.3 \pm 20.3$ | $130 \pm 19.6$ | 0.874 |
| Platelets ( $10 \wedge 9 / \mathrm{L}$ ) | $253.8 \pm 67.2$ | $244.2 \pm 60.4$ | 0.653 |
| Serum albumin (g/L) | $37.4 \pm 5.38$ | $35.24 \pm 7.17$ | 0.001 |
| Uric acid ( $\mu \mathrm{mol} / \mathrm{L}$ ) | $352.3 \pm 87.3$ | $373.2 \pm 105.4$ | 0.032 |
| Serum creatinine ( $\mu \mathrm{mol} / \mathrm{L}$ ) | $92.0 \pm 58.3$ | $88.6 \pm 53.1$ | 0.765 |
| eGFR ( $\mathrm{mL} / \mathrm{min} / 1.73 \mathrm{~m}^{2}$ ) | $91.1 \pm 30.9$ | $95.6 \pm 32.0$ | 0.812 |
| Serum IgA (mg/dL) | $326.5 \pm 140.9$ | $315.2 \pm 95.1$ | 0.468 |
| Serum IgG (mg/dL) | $1052.8 \pm 262.7$ | $987.2 \pm 263.6$ | 0.72 |
| Serum IgE (mg/dL) | $155.4 \pm 384.5$ | $102.9 \pm 178.3$ | 0.278 |
| Serum C3 (mg/dL) | $92.9 \pm 21.4$ | $94.9 \pm 22.9$ | 0.208 |
| Serum C4 (mg/dL) | $26.6 \pm 68.8$ | $27.6 \pm 23.8$ | 0.921 |
| ESR (mm/h) | $22.0 \pm 17.8$ | $26.3 \pm 17.2$ | 0.242 |
| TC ( $\mathrm{mmol} / \mathrm{L}$ ) | $5.0 \pm 1.4$ | $5.3 \pm 1.9$ | 0.052 |
| TG (mmol/L) | $1.9 \pm 1.5$ | $2.0 \pm 1.5$ | 0.698 |
| HDL (mmol/L) | $1.2 \pm 0.5$ | $1.2 \pm 0.3$ | 0.814 |
| LDL (mmol/L) | $2.9 \pm 1.2$ | $3.1 \pm 1.5$ | 0.054 |
| Blood glucose (mmol/L) | $4.8 \pm 0.8$ | $5.0 \pm 1.2$ | 0.054 |
| Urine protein excretion (mg/24h) | $1779.6 .2 \pm 1700.9$ | $2698.2 \pm 2988.7$ | <0.001 |
| Hematuria (HP) | $79.9 \pm 459.2$ | $68.1 \pm 171.7$ | 0.753 |
| Oxford classification, n (\%) |  |  |  |
| M (M0/M1) | 84 (12.3)/595 (87.7) | 2 (3.8)/50 (96.2) | 0.066 |
| E (E0/E1) | 408 (59.6)/271 (40.4) | 28 (53.8)/24 (46.2) | 0.377 |
| S (S0/S1) | 236 (34.5)/443 (65.5) | 15 (28.8)/37 (71.2) | 0.387 |
| T (T0/T1/T2) | 261 (38.1)/301 (44)/117 (17.9) | 17 (32.7)/21 (40.4)/14 (26.9) | 0.21 |
| C (C0/C1/C2) | 211 (30.8)/363 (53)/105 (16.2) | 14 (26.9)/28 (53.8)/10 (19.3) | 0.702 |
| Time (months) | $49.2 \pm 39.0$ | $67.6 \pm 42.2$ | 0.39 |
| The slope of eGFR | -4 $\pm 2.52$ | $-5.7 \pm 4.37$ | 0.096 |
| Achievement of CR, n (\%) | 522 (76.3) | 41 (78.9) | 0.678 |
| The composite kidney endpoint events, n (\%) | 88 (12.9) | 7 (13.5) | 0.902 |
| Treatment |  |  |  |
| RASI Treatment, n (\%) | 253 (37.3) | 21 (41.1) | 0.583 |
| immunosuppressive Treatment, n (\%) | 477 (69.7) | 37 (72.5) | 0.271 |

Abbreviations: M, Male; F, Female; eGFR: using the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) formulas; erythrocyte sedimentation rate (ESR); total cholesterol (TC); total glyceride (TG); high density lipoprotein (HDL); low density lipoprotein (LDL); complete remission (CR); The composite kidney endpoint events: a doubling of the baseline serum creatinine, $40 \%$ reduction in eGFR, ESRD (eGFR $<15 \mathrm{ml} / \mathrm{min} / 1.73 \mathrm{~m}{ }^{2}$ ), or death.
$\pm 105.4 \mu \mathrm{~mol} / \mathrm{L}$ vs. $352.3 \pm 87.3 \mu \mathrm{~mol} / \mathrm{L}, p=0.032$ ) and urine protein excretion in $24 \mathrm{~h}(2698.2 \pm 2988.7 \mathrm{mg} / 24 \mathrm{~h}$ vs. $1779.6 .2 \pm$ $1700.9 \mathrm{mg} / 24 \mathrm{~h}, p<0.001$ ), while lower serum albumin level in the IgG-positive deposited group ( $35.24 \pm 7.17 \mathrm{~g} / \mathrm{L}$ vs. $37.4 \pm 5.38 \mathrm{~g} /$ $\mathrm{L}, p=0.001$ ). At the end of the follow-up period, it was observed that the IgG-positive deposited group had a higher eGFR decline ( -5.7 $\pm 4.37 \mathrm{ml} /$ year ) compared to the IgG-negative deposited group ( $-4 \pm 2.52 \mathrm{ml} /$ year), however, it did not reveal a statistically significant difference between the two groups ( $p=0.096$ ). In addition, there were no significant differences between the two groups in terms of CR rates ( $76.3 \%$ vs. $78.9 \%, p=0.678$ ) and the composite kidney endpoint events rates $(12.9 \%$ vs. $13.5 \%, p=0.902)$. The detailed information above can be found in Table 2.

### 3.3. The comparison of $\operatorname{Ig} A N$ patients between the low-IgG group and the high-IgG group

We subsequently divided the patients into two groups: the low-IgG group $(\mathrm{N}=65)$ and the high-IgG group $(\mathrm{N}=48)$. Baseline characteristics in the two groups are summarized in Table 3. We observed that the high-IgG group exhibited significantly higher level of TG compared to the low-IgG group ( $2.0 \pm 1.6 \mathrm{mmol} / \mathrm{L}$ vs. $2.0 \pm 1.1 \mathrm{mmol} / \mathrm{L}, p=0.042$ ). However, there were no significant differences observed between the two groups for the other items analyzed.

Among the 52 patients with complete follow-up data, 32 were in the low-IgG deposition group, with a mean follow-up duration of $58.8 \pm 40.5$ months, while 20 patients were in the high-IgG deposition group, with a mean follow-up duration of $80.2 \pm 42.4$ months. The results showed that the group of patients with high levels of IgG deposition in the kidneys experienced a higher incidence of composite kidney outcomes compared to the group with low levels of IgG deposition, indicated in Table 4 ( $40 \%$ vs. $9.4 \%, p=0.009$ ). However, there were no significant differences in the slope of eGFR and the percentage of CR between the two groups, The detailed information showed in Table 4.

### 3.4. Risk factors for kidney disease progression in IgAN patients

Logistic regression analyses were conducted to examine the potential risk factors affecting kidney disease progression in IgAN patients. The results indicated that a high intensity of IgG deposition (HR 13.419; 95\% CI $2.690-66.943, P=0.029$ ) was identified as a

Table 3
The baseline data for IgAN patients between the low-IgG group and the high-IgG group.

| Characters | Mean $\pm$ SD or n (\%) |  | P |
| :---: | :---: | :---: | :---: |
|  | Low-IgG ( $\mathrm{N}=65$ ) | High-IgG ( $\mathrm{N}=48$ ) |  |
| Male (\%) | 27(41.5) | 22(45.8) | 0.649 |
| Age (years) | $38.6 \pm 12.9$ | $35.1 \pm 10.9$ | 0.129 |
| Systolic Blood Pressure ( mmHg ) | $131.9 \pm 19.3$ | $131.8 \pm 18.4$ | 0.829 |
| Hemoglobin (g/L) | $130.9 \pm 19.35$ | $130 \pm 19.4$ | 0.775 |
| Platelets ( $10 \times 9 / \mathrm{L}$ ) | $238.6 \pm 59.3$ | $239.9 \pm 65.9$ | 0.177 |
| Serum albumin (g/L) | $34.9 \pm 7.6$ | $36.7 \pm 7.2$ | 0.195 |
| Uric acid ( $\mu \mathrm{mol} / \mathrm{L}$ ) | $354.7 \pm 92.2$ | $361.2 \pm 87.3$ | 0.708 |
| Serum creatinine ( $\mu \mathrm{mol} / \mathrm{L}$ ) | $89.6 \pm 63.2$ | $94.7 \pm 46.9$ | 0.637 |
| eGFR ( $\mathrm{mL} / \mathrm{min} / 1.73 \mathrm{~m}^{2}$ ) | $95.5 \pm 34.5$ | $90.4 \pm 35.6$ | 0.445 |
| Serum IgA (mg/dL) | $324.2 \pm 128.1$ | $306.4 \pm 97.2$ | 0.514 |
| Serum IgG (mg/dL) | $984.4 \pm 314.6$ | $956.3 \pm 312.1$ | 0.865 |
| Serum IgE (mg/dL) | $139.3 \pm 316.9$ | $86.8 \pm 139.2$ | 0.121 |
| Serum C3 (mg/dL) | $94.9 \pm 21.9$ | $97.6 \pm 22.6$ | 0.615 |
| Serum C4 (mg/dL) | $23.3 \pm 9.4$ | $35.4 \pm 47.4$ | 0.177 |
| ESR (mm/h) | $30.3 \pm 18.7$ | $20.3 \pm 14.1$ | 0.245 |
| TC (mmol/L) | $5.3 \pm 2.1$ | $5.1 \pm 1.7$ | 0.731 |
| TG (mmol/L) | $2.0 \pm 1.1$ | $2.0 \pm 1.6$ | 0.042 |
| HDL (mmol/L) | $1.1 \pm 0.3$ | $1.2 \pm 0.4$ | 0.136 |
| LDL (mmol/L) | $3.2 \pm 1.5$ | $3.1 \pm 1.5$ | 0.481 |
| Blood glucose (mmol/L) | $4.93 \pm 1.01$ | $4.98 \pm 1.53$ | 0.503 |
| Urine protein excretion (mg/24h) | $2555 \pm 2300$ | $2517 \pm 2637$ | 0.524 |
| Hematuria (HP) | $137.1 \pm 486.6$ | $92.9 \pm 218.5$ | 0.215 |
| Oxford classification, n (\%) |  |  |  |
| M (M0/M1) | 9(13.8)/56(86.2) | 5(10.4)/43(89.6) | 0.584 |
| E (E0/E1) | 40(61.5)/25(38.5) | 28(16.7)/20(83.3) | 0.731 |
| S (S0/S1) | 21(32.3)/44(67.7) | 18(37.5)/30(62.5) | 0.566 |
| T (T0/T1/T2) | 21(32.3)/22(33.8)/23(33.9) | 16(12.5)/17(35.4)/14(52.1) | 0.852 |
| C (C0/C1/C2) | 24(36.9)/29(44.6)/12(18.5) | 19(39.6)/22(45.8)/7(14.6) | 0.858 |
| Treatment |  |  |  |
| RASI Treatment, n(\%) | 27(41.5) | 17(36.2) | 0.566 |
| immunosuppressive Treatment, n(\%) | 48(73.8) | 29(60.4) | 0.195 |

Abbreviations: M, Male; F, Female; eGFR: using the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) formulas; erythrocyte sedimentation rate (ESR); total cholesterol (TC); total glyceride (TG); high density lipoprotein (HDL); low density lipoprotein (LDL); Low-IgG: including $\operatorname{IgG}( \pm)$ and $\operatorname{IgG}(+)$, High-IgG: including $\operatorname{IgG}(++)$ and $\operatorname{IgG}(+++)$.

Table 4
The comparison of baseline and follow-up data for IgAN patients with follow-up between the low-IgG group and the high-IgG group.

| Characters | Mean $\pm$ SD or n (\%) |  | P |
| :---: | :---: | :---: | :---: |
|  | Low-IgG ( $\mathrm{N}=32$ ) | High-IgG ( $\mathrm{N}=20$ ) |  |
| Male n (\%) | 14 (43.7)/18 (56.3) | 9 (45)/11 (55) | 0.93 |
| Age (years) | $38 \pm 11.76$ | $35.9 \pm 10.86$ | 0.522 |
| Systolic Blood Pressure ( mmHg ) | $131.3 \pm 16.4$ | $132.1 \pm 22.7$ | 0.107 |
| Hemoglobin (g/L) | $130.9 \pm 19.35$ | $130 \pm 19.4$ | 0.775 |
| Platelets ( $10 \times 9 / \mathrm{L}$ ) | $235.7 \pm 52.2$ | $257.3 \pm 70.6$ | 0.071 |
| Serum albumin (g/L) | $36.6 \pm 7.3$ | $34.4 \pm 7.1$ | 0.306 |
| Uric acid ( $\mu \mathrm{mol} / \mathrm{L}$ ) | $346.8 \pm 78.4$ | $354.9 \pm 87.2$ | 0.729 |
| Serum creatinine ( $\mu \mathrm{mol} / \mathrm{L}$ ) | $83.3 \pm 45$ | $95.5 \pm 58.8$ | 0.406 |
| eGFR (mL/min/1.73 m${ }^{2}$ ) | $95.5 \pm 34.5$ | $90.4 \pm 35.6$ | 0.445 |
| Serum IgA (mg/dL) | $324.2 \pm 128.1$ | $306.4 \pm 97.2$ | 0.514 |
| Serum IgG (mg/dL) | $990.9 \pm 271.9$ | $981.3 \pm 257.8$ | 0.926 |
| Serum IgE (mg/dL) | $119.9 \pm 210.0$ | $76.8 \pm 116.4$ | 0.233 |
| Serum C3 (mg/dL) | $94.9 \pm 21.9$ | $97.6 \pm 22.6$ | 0.615 |
| Serum C4 (mg/dL) | $23.3 \pm 9.4$ | $35.4 \pm 47.4$ | 0.177 |
| ESR (mm/h) | $28.4 \pm 18.6$ | $22.5 \pm 14.4$ | 0.472 |
| TC ( $\mathrm{mmol} / \mathrm{L}$ ) | $5.3 \pm 1.9$ | $5.3 \pm 2.1$ | 0.869 |
| TG (mmol/L) | $1.8 \pm 1.1$ | $2.3 \pm 2.1$ | 0.008 |
| HDL (mmol/L) | $1.2 \pm 0.31$ | $1.3 \pm 0.3$ | 0.58 |
| LDL (mmol/L) | $3.1 \pm 1.2$ | $3.2 \pm 1.8$ | 0.091 |
| Blood glucose (mmol/L) | $5.00 \pm 1.1$ | $5.01 \pm 1.3$ | 0.91 |
| Urine protein excretion (mg/24h) | $2325.3 \pm 2981.1$ | $2914.7 \pm 3020.6$ | 0.229 |
| Hematuria (HP) | $71.8 \pm 215.6$ | $62.8 \pm 76.3$ | 0.475 |
| Oxford classification, n (\%) |  |  |  |
| M (M0/M1) | 1 (3.1)/31 (96.9) | 1 (5.0)/19 (95) | 0.732 |
| E (E0/E1) | 17 (53.1)/15 (46.9) | 11 (55)/9 (45) | 0.895 |
| S (S0/S1) | 7 (21.8)/25 (78.2) | $8(40) / 12$ (60) | 0.16 |
| T (T0/T1/T2) | $9(28.1) / 13$ (40.6)/10 (31.3) | $8(40) / 8(40) / 4$ (20) | 0.574 |
| C (C0/C1/C2) | 10 (31.2)/15 (46.8)/7 (22) | $4(20) / 13$ (65)/3 (15) | 0.442 |
| Time (months) | $58.8 \pm 40.5$ | $80.2 \pm 42.4$ | 0.827 |
| The slope of eGFR | $-1.46 \pm 10.9$ | $-2.16 \pm 6.9$ | 0.157 |
| Achievement of CR, n (\%) | 12 (37.5) | 9 (45) | 0.592 |
| The composite kidney endpoint events, n (\%) | 3 (9.4) | 8 (40) | 0.009 |
| Treatment |  |  |  |
| RASI Treatment, n (\%) | 15 (46.8) | 6 (31.6) | 0.283 |
| immunosuppressive Treatment, n (\%) | 25 (78.1) | 16 (80.0) | 0.641 |

Abbreviations: M, Male; F, Female; eGFR: using the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) formulas; erythrocyte sedimentation rate (ESR); total cholesterol (TC); total glyceride (TG); high density lipoprotein (HDL); low density lipoprotein (LDL); complete remission (CR); The composite kidney endpoint events: a doubling of the baseline serum creatinine, $40 \%$ reduction in eGFR, ESRD (eGFR $<15 \mathrm{ml} / \mathrm{min} / 1.73 \mathrm{~m}{ }^{2}$ ), or death.

Table 5
Regression analysis of possible factors that contributed to kidney progression events in IgA nephropathy.

| Parameter | Univariate analysis |  |  | Multivariate analysis |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | B | 95\%CI | $P$ value | B | 95\%CI | $P$ value |
| Systolic Blood Pressure (mmHg) | 1.032 | [0.998,1.067] | 0.064 |  |  |  |
| Platelets (10^9/L) | 1.005 | [0.995,1.015] | 0.351 |  |  |  |
| Serum albumin (g/L) | 1.014 | [0.934,1.100] | 0.739 |  |  |  |
| Uric acid (umol/L) | 1.003 | [0.996,1.010] | 0.449 |  |  |  |
| Serum creatinine ( $u \mathrm{~mol} / \mathrm{L}$ ) | 1.007 | [0.996,1.019] | 0.202 |  |  |  |
| eGFR ( $\mathrm{mL} / \mathrm{min} / 1.73 \mathrm{~m}^{2}$ ) | 0.99 | [0.971,1.009] | 0.292 | 0.994 | [0.997,1.019] | 0.628 |
| Serum IgA (mg/dL) | 0.994 | [0.986,1.002] | 0.132 |  |  |  |
| Serum IgG (mg/dL) | 0.998 | [0.996,1.001] | 0.229 |  |  |  |
| ESR (mm/h) | 0.983 | [0.927,1.042] | 0.558 |  |  |  |
| TG (mmol/L) | 1.418 | [0.928,2.167] | 0.106 |  |  |  |
| LDL (mmol/L) | 1.577 | [0.997,2.494] | 0.051 |  |  |  |
| Urine protein excretion (mg/24h) | 1.000 | [1.000,1.000] | 0.554 | 1.000 | [1.000,1.000] | 0.402 |
| Hematuria (HP) | 0.999 | [0.993,1.004] | 0.595 |  |  |  |
| T score ( T 0 vs T1/T2) |  |  | 0.741 |  |  |  |
| M score (M1 vs M2) |  |  | 0.999 |  |  |  |
| C score ( $\mathbf{C 0}$ vs C1/C2) |  |  | 0.769 |  |  |  |
| Groups in different deposition intensity of IgG (Low/High) | 14.5 | [3.275,64.190] | <0.0001 | 13.419 | [2.690,66.943] | 0.002 |

Abbreviations: eGFR: using the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) formulas; erythrocyte sedimentation rate (ESR); total glyceride (TG); low density lipoprotein (LDL); The IgG intensity was defined as low: IgG ( $\pm$ ) and $\operatorname{IgG}(+)$, and high: $\operatorname{IgG}(++)$ and $\operatorname{IgG}(+++)$.
risk factor for the progression of kidney disease in IgAN even after adjusted for eGFR and urine protein excretion (Table 5)). Further analyses for a solid conclusion using Cox regression that we found high level IgG deposition (HR 115.277; 95\% CI 2.299-5.779E3, $P=$ 0.017 ), eGFR (HR $0.932 ; 95 \%$ CI $0.870-0.999, P=0.047$ ), and urine protein excretion (HR $1.001 ; 95 \%$ CI $1.000-1.002, P=0.015$ ) were independent risk factor for kidney progression of IgAN (Table 6).

## 4. Discussion

IgAN is currently recognized as an autoimmune disorder in which circulating immune complexes (ICs) composed of IgA and IgG antibodies, or the formation of ICs directly within the kidney (in situ), can deposit in the mesangial area [10]. This deposition of ICs in the mesangial region contributes to the development and progression of IgAN. The study conducted by Zina et al. demonstrated that immunodeficient mice injected with Gd-IgA1 mixed with IgG autoantibodies derived from patients with IgAN exhibited glomerular injury accompanied by symptoms of hematuria and proteinuria [11]. In contrast, the ICs formed by mixing Gd-IgA1 with IgG from healthy individuals did not induce any pathological changes. These findings provide evidence for the pathogenic role of IgG antibodies in IgAN.

Regarding IgG deposition rates in patients with IgAN, concomitant IgG was variably deposited from approximately 10-80\% in patients with IgA nephropathy [12]. Haas demonstrated an IgG deposition rate of approximately 45\% [13]. Similarly, Okada et al. observed an IgG deposition rate of $50 \%$ in a study involving 111 Japanese patients with IgAN [14]. Furthermore, one study found that IgG in renal immunodeposits of IgAN is enriched with autoantibodies specific for Gd-IgA1. The authors showed that IgG specific for Gd-IgA1 was extracted from remnant IgAN kidney-biopsy specimens and glomerular colocalization of IgG and IgA using by confocal microscopy, even when IgG was not detected by routine immunofluorescence [15]. In our department, the overall rate of IgG-positive deposition is approximately $9.7 \%$, which is lower compared to the broader range mentioned in the literature.

Previous studies have identified several prognostic factors that are significantly associated with poor clinical outcomes in IgAN. These factors include elevated serum creatinine, massive proteinuria, hypertension, glomerular sclerosis and interstitial fibrosis [16]. The impact of IgG deposition on the severity and progression of IgAN remains uncertain or not well-established. There are some researches suggesting that the deposition of IgG in the glomerular mesangial space and glomerular capillary loops is associated with poor prognostic factors in IgAN. Nieuwhof, C. et al. Showed the co-deposition of IgG with IgA in the mesangial area has been identified as a significant risk factor for kidney progression in patients with IgAN [17]. Additionally, the results of Wada's study suggested that mesangial IgG deposition could be valuable in evaluating disease activity and predicting the effectiveness of treatment in IgAN patients [18]. These findings emphasize the potential significance of kidney IgG deposition in understanding the severity, progression, and management of IgAN. However, the study conducted by Bellur et al. didn't find a relationship between glomerular IgG positivity and worse renal outcomes [19]. In our study, the results showed the presence of glomerular IgG deposition was associated with higher levels of ESR, TC, LDL, uric acid, proteinuria, blood glucose, and lower serum albumin level. Furthermore, the patients with glomerular IgG deposition had a relatively rapid decline in eGFR, although not reaching statistical significance. However, no significant difference was found between the presence and absence of glomerular IgG deposition in relation to composite kidney endpoint events rates.

Some researchers have investigated whether the intensity of IgG staining could have an impact on the kidney outcomes in IgAN. In one study, no correlation was found between the intensity of IgG staining and various clinical parameters and Oxford scores in IgAN [20]. A Japanese cohort study reported an opposite conclusion that the intensity of IgG in the capillary loops was associated with a decrease in eGFR [21]. This finding suggests that a higher intensity of IgG deposition in the glomerulus may be linked to a worse renal prognosis in IgAN. In our study, the results indicated that patients with a high grade of IgG deposition had a worse prognosis and a higher percentage of patients experienced disease progression. Furthermore, the results of multivariate logistic regression analysis demonstrated that the intensity of IgG deposition was associated with a poorer prognosis of the disease. This suggests that the severity or intensity of IgG deposition in the glomeruli may have an impact on the progression of IgAN and could be considered as a prognostic factor [20]. The greater potential of IgG deposits to initiate and sustain an inflammatory process may accelerate the progression of IgAN. Further research is needed to better understand the underlying mechanisms and the clinical implications of IgG deposition in IgAN.

Bannister et al. found predominantly IgG1 deposition in 20 patients with IgAN [22]. They also observed that higher levels of serum IgG1 were found in IgAN, suggesting a potential link between circulating immune complexes and glomerular deposition. Kawasaki, Y. et al. Observed mesangial deposits in IgAN predominantly consisted of IgG1 (81\% of the studied biopsies) and IgG3 (64\%) [23].

Table 6
Cox regression analysis of possible factors that contributed to kidney progression events in IgA nephropathy.

| Parameter | Univariate analysis |  |  | Multivariate analysis |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | B | 95\%CI | $P$ value | B | 95\%CI | $P$ value |
| eGFR ( $\mathrm{mL} / \mathrm{min} / 1.73 \mathrm{~m}^{2}$ ) | 0.964 | [0.943,0.985] | 0.001 | 0.932 | [0.870,0.999] | 0.047 |
| Urine protein excretion (mg/24h) | 1.000 | [1.000,1.000] | 0.002 | 1.001 | [1.000,1.002] | 0.015 |
| T score (T0 vs T1/T2) |  |  | 0.281 |  |  | 0.627 |
| C score ( C 0 vs C1/C2) |  |  | 0.074 |  |  | 0.388 |
| Groups in different deposition intensity of IgG (Low/High) | 3.985 | [1.053,15.076] | 0.042 | 115.277 | [2.299,5.779E3] | 0.017 |

Abbreviations: eGFR: using the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) formulas; The IgG intensity was defined as low: IgG $( \pm)$ and $\operatorname{IgG}(+)$, and high: $\operatorname{IgG}(++)$ and $\operatorname{IgG}(+++)$.

However, IgG2 was found in only one out of the 11 cases studied, and IgG4 was not detected at all in the observed deposits. Their study did not find a correlation between the identified IgG subtypes and the presence of mesangial complement proteins, the severity of mesangial lesions, or the clinical data including serum creatinine levels, proteinuria, and hematuria. In our center, we have data on seven patients who were detected using a direct immunofluorescence assay on frozen sections in September 2021. Among these patients, the predominant IgG subclasses are $\operatorname{IgG1}$ and $\operatorname{IgG3}$, while only two patients show IgG4 deposition. Interestingly, all patients have negative IgG2 deposition in the kidney (Supplement Table 1). This observation further strengthens the evidence that IgG1 and IgG3 may play a significant role in the disease process of IgAN. However, the underlying mechanisms for the restrictions observed in the kidney, such as why IgA-IgG1 and IgA-IgG3 are favored to deposit needed further explanation.

There are some limitations in our study. Firstly, the numbers of patients with glomerular IgG deposits and IgG subtypes were limited, and this small sample size can potentially hinder the generalizability of the findings and weaken the statistical power to identify significant associations. Secondly, the short duration of follow-up and a high number of patients lost to follow-up can induce bias and affect the ability to assess long-term outcomes accurately. Thirdly, there are potential confounding factors that can influence the relationship between IgG deposition and the progression of renal disease in IgAN, which may impact the interpretation of the findings.

Future prospective studies should aim to address the limitations of small sample sizes and short follow-up periods to provide more robust evidence on the impact of IgG deposition on kidney outcomes in patients with IgAN.

## 5. Conclusion

The intensity of IgG deposition has been found to be associated with the progression of IgAN. Future prospective studies should provide more robust evidence on the impact of $\operatorname{IgG}$ deposition on kidney outcomes in patients with IgAN.

## Ethics approval and consent to participate

All subjects provided written informed consents. The study protocol was in adherence with the Declaration of Helsinki and was approved by the Institutional Ethical Committee of Tianjin Medical University General Hospital.

## Consent for publication

Not applicable.

## Availability of data and materials

Raw data used during the current study are available from the corresponding author on reasonable request for non-commercial use.

## Funding

This study is supported by Tianjin Health Science and Technology Project (TJWJ2022MS005), Tianjin Key Medical Discipline (Specialty) Construction Project (TJYXZDXK-071C), Kidney Medical development research Fund (SO. 20220718 TJ), and the National Key Research and Development Program of China (2019YFF0216502). Tianjin Key Medical Discipline (Specialty) Construction Project (TJYXZDXK-071C).

## Data availability statement

The datasets used and analyzed during the current study available from the corresponding author on reasonable request.

## CRediT authorship contribution statement

Yue Xing: Writing - original draft, Formal analysis, Data curation. Huyan Yu: Formal analysis, Data curation. Hongfen Li: Data curation. Fanghao Wang: Data curation. Zhanfei Wu: Data curation. Wenying Li: Data curation. Youxia Liu: Supervision, Project administration, Conceptualization. Junya Jia: Supervision, Project administration. Tiekun Yan: Supervision, Project administration.

## Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

## Acknowledgements

The authors thank all the study subjects for their participation.

## Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.heliyon.2024.e28509.

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    https://doi.org/10.1016/j.heliyon.2024.e28509
    Received 7 November 2023; Received in revised form 20 March 2024; Accepted 20 March 2024
    Available online 23 March 2024
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