

Antimicrobial Activities of Fidaxomicin

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Fidaxomicin is bactericidal against *Clostridium difficile*. The combined results of 8 in vitro studies of 1323 *C. difficile* isolates showed the minimum inhibitory concentration (MIC) range of fidaxomicin to be ≤ 0.001 –1 $\mu\text{g/mL}$, with a maximum MIC for inhibition of 90% of organisms (MIC_{90}) of 0.5 $\mu\text{g/mL}$. Isolates from 2 phase III clinical trials demonstrated that fidaxomicin MICs of baseline isolates did not predict clinical cure, failure, or recurrence of *C. difficile* infections. No resistance to fidaxomicin developed during treatment in either study, although a single strain recovered from a cured patient had an elevated MIC of 16 $\mu\text{g/mL}$ at the time of recurrence. For 135 strains, OP-1118, a major metabolite, had an MIC for inhibition of 50% of organisms of 4 $\mu\text{g/mL}$ and an MIC_{90} of 8 $\mu\text{g/mL}$. Changes in inoculum size (10^2 – 10^5 colony-forming units/spot) or cation concentrations of calcium or magnesium appeared to have no effect on fidaxomicin MICs. Fidaxomicin has little or no activity against gram-negative aerobes and anaerobes or yeast.

In 1991, Swanson et al [1] evaluated the in vitro activity of tiacumicin B (now fidaxomicin) isolated from the fermentation broth of *Dactylosporangium aurantiacum* subspecies *hamdenensis* [2] against *Clostridium difficile*. Fidaxomicin (formerly designated OPT-80 and PAR-101) has been developed for the treatment of *C. difficile*-associated diarrhea and is a potent new macrocyclic antibiotic that targets RNA polymerase. Fidaxomicin has a narrow spectrum of activity, with little or no activity against gram-negative aerobic and anaerobic bacteria, but demonstrates high activity against *C. difficile* (Table 1) [3]. Fidaxomicin reaches a high concentration in the gut with minimal systemic absorption. This article reviews and provides original data for the antimicrobial activity of fidaxomicin, including variations of test conditions and activity of its metabolite OPT-1118, as well as its kill kinetics and pharmacodynamics as related to *C. difficile*.

Comparative In Vitro Studies

Eight studies performed on strains isolated between 1983 and 2010 have reported the comparative in vitro activity of fidaxomicin against *C. difficile* [1, 4–10] (Table 2). A combined total of 1323 isolates were reported with a minimum inhibitory concentration (MIC) range of ≤ 0.001 –1 $\mu\text{g/mL}$ and a maximum MIC for inhibition of 90% of organisms (MIC_{90}) of 0.5 $\mu\text{g/mL}$, which are far below the fidaxomicin levels found in feces after treatment.

Hecht et al [6] reported on the in vitro activity of fidaxomicin against 110 toxigenic *C. difficile* clinical isolates collected during 1983–2004 in the United States, South America, and Europe. With the use of the Clinical and Laboratory Standards Institute (CLSI) [11] supplemented Brucella agar dilution method, the fidaxomicin geometric mean MIC was 0.081 $\mu\text{g/mL}$, with a maximum MIC of 0.25 $\mu\text{g/mL}$ and an MIC_{90} of 0.125 $\mu\text{g/mL}$. They did not note any variation of MIC related to year of isolation or restriction endonuclease analysis (REA) BI group status. A German study [4] that used the Wilkins-Chalgren broth microdilution method on isolates collected between 1986 and 2002 showed that all *C. difficile* strains were susceptible to ≤ 0.06 $\mu\text{g/mL}$ of fidaxomicin and confirmed low MICs by agar dilution for a subset of isolates. A Manitoba, Canada, study [8] that used the CLSI agar dilution method on isolates collected between January and

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Table 1. Antimicrobial Profile of Fidaxomicin for Various Aerobic and Anaerobic Bacteria and Yeast

Gram-Negative Bacteria			Gram-Positive Bacteria			Yeast		
Strain	ATCC No.	FDX MIC	Strain	ATCC No.	FDX MIC	Strain	ATCC No.	FDX MIC
<i>Acinetobacter baumannii</i>	19606	>32	<i>Bacillus cereus</i>	11778	1	Yeast		
<i>Acinetobacter calcoaceticus</i>	23055	1	<i>B. cereus</i>	14579	1	<i>Candida albicans</i>	24433	>64
<i>Bacteroides distasonis</i>	8503	>32	<i>Clostridium difficile</i>	43255	0.125	<i>C. albicans</i>	90028	>64
<i>Bacteroides fragilis</i>	23745	>32	<i>C. difficile</i>	9689	0.06	<i>C. albicans</i>	14053	>64
<i>B. fragilis</i>	25285	>32	<i>C. difficile</i>	17857	0.031	<i>Candida krusei</i>	6258	>64
<i>Bacteroides ovatus</i>	8483	>32	<i>Clostridium perfringens</i>	13124	≤0.015	<i>Candida glabrata</i>	2001	>64
<i>Bacteroides uniformis</i>	8492	>32	<i>Enterococcus faecalis</i>	19433	4	<i>Candida lusitanae</i>	66035	>64
<i>Campylobacter jejuni</i>	29428	64	<i>Enterococcus faecium</i>	19434	4	<i>Candida parapsilosis</i>	22019	>64
<i>C. jejuni</i>	33291	>64	<i>E. faecium</i>	49032	4	<i>Candida tropicalis</i>	750	>64
<i>C. jejuni</i>	49943	64	<i>E. faecium</i>	700221	4			
<i>Citrobacter braakii</i>	43162	>64	<i>Lactobacillus acidophilus</i>	4356	>32			
<i>Citrobacter freundii</i>	43864	>64	<i>Lactobacillus casei</i>	393	1			
<i>Enterobacter aerogenes</i>	35028	>64	<i>Lactobacillus rhamnosus</i>	7469	16			
<i>E. aerogenes</i>	13048	>64	<i>Micrococcus luteus</i>	381	≤0.125			
<i>Enterobacter cloacae</i>	49141	>64	<i>M. luteus</i>	49732	≤0.125			
<i>E. cloacae</i>	23355	>32	<i>M. luteus</i>	533	≤0.125			
<i>Escherichia coli</i>	25922	>32	<i>M. luteus</i>	4698	≤0.06			
<i>Fusobacterium nucleatum</i>	25586	>32	<i>Peptostreptococcus anaerobius</i>	27337	≤0.06			
<i>Haemophilus influenzae</i>	49247	>32	<i>Peptostreptococcus (Peptoniphilus) asaccharolyticus</i>	29743	1			
<i>Helicobacter pylori</i>	43504	>32	<i>Peptococcus (Finegoldia) magna</i>	29328	0.5			
<i>Klebsiella oxytoca</i>	43165	>64	<i>Peptococcus (Micromonas) micros</i>	33270	0.125			
<i>K. oxytoca</i>	49131	>64	<i>Propionibacterium acnes</i>	11827	8			
<i>Klebsiella pneumoniae</i>	33495	>64	<i>P. acnes</i>	6919	8			
<i>K. pneumoniae</i>	27736	>64	<i>Staphylococcus aureus</i>	33591	8			
<i>K. pneumoniae</i>	13883	>32	<i>S. aureus</i>	25923	16			
<i>Moraxella catarrhalis</i>	25238	2	<i>S. aureus</i>	29213	8			
<i>M. catarrhalis</i>	49143	1	<i>Staphylococcus epidermidis</i>	12228	1			
<i>Neisseria meningitidis</i>	13077	64	<i>S. epidermidis</i>	14990	1			
<i>Neisseria gonorrhoeae</i>	19424	8	<i>Staphylococcus intermedius</i>	29663	4			
<i>N. gonorrhoeae</i>	49226	32	<i>Streptococcus agalactiae</i>	12386	16			
<i>Neisseria lactamica</i>	23970	32	<i>S. agalactiae</i>	13813	32			
<i>Porphyromonas asaccharolytica</i>	25260	32	<i>Streptococcus pyogenes</i>	19615	16			
<i>Prevotella loescheii</i>	15930	>32	<i>Streptococcus pneumoniae</i>	49619	>32			
<i>Proteus mirabilis</i>	25933	>64	<i>Streptococcus sanguinis</i>	10556	32			

Table 1 continued.

Strain	Gram-Negative Bacteria			Gram-Positive Bacteria			Yeast		
	ATCC No.	FDX MIC		Strain	ATCC No.	FDX MIC	Strain	ATCC No.	FDX MIC
<i>P. mirabilis</i>	29245	>64							
<i>Proteus penneri</i>	33519	>64							
<i>Proteus vulgaris</i>	33420	>64							
<i>Pseudomonas aeruginosa</i>	27853	>32							
<i>Salmonella choleraesuis</i>	19585	>64							
<i>S. choleraesuis</i>	14028	>32							
<i>Serratia marcescens</i>	43861	>64							
<i>S. marcescens</i>	8100	>32							
<i>Veillonella parvula</i>	10790	32							

Data are from [3].

Abbreviations: ATCC, American Type Culture Collection; FDX, fidaxomicin; MIC, minimum inhibitory concentration.

April 2007 showed that all *C. difficile* strains were susceptible to ≤ 1.0 $\mu\text{g/mL}$ of fidaxomicin, with an MIC₉₀ of 0.5 $\mu\text{g/mL}$.

Clinical Trial In Vitro Susceptibilities

Citron et al [9] reported the activity of fidaxomicin by REA type on *C. difficile* isolates recovered from the fidaxomicin phase II clinical trial for *C. difficile* infection. Thirty-eight of 49 enrolled subjects (78%) had a *C. difficile* organism isolated at baseline. Four subjects grew multiple colony types, with 1 of these subjects having 2 different REA-type strains. Fidaxomicin showed an MIC range of ≤ 0.008 – 0.125 $\mu\text{g/mL}$, with an MIC₉₀ of 0.125 $\mu\text{g/mL}$. Samples from only 2 subjects who had a recurrence within 6 weeks of treatment yielded isolates with MICs within a dilution of those recovered at baseline. It was noted that the REA BI isolates had metronidazole and vancomycin, but not fidaxomicin, MIC₉₀ values that were 2 dilutions higher than that for the non-BI strains.

Goldstein et al [10] reported the activity of fidaxomicin by REA type on 716 *C. difficile* isolates from 2 fidaxomicin phase III studies (Table 3). For all pretreatment isolates, the fidaxomicin MIC range was ≤ 0.004 – 1.0 $\mu\text{g/mL}$, with an MIC for inhibition of 50% of organisms (MIC₅₀) of 0.125 $\mu\text{g/mL}$ and an MIC₉₀ of 0.25 $\mu\text{g/mL}$. Analyzed by REA type, 244 of 718 isolates (35%) were from the BI group, with MICs generally higher for all 4 drugs tested (MIC₉₀: fidaxomicin, 0.5; vancomycin, 2.0; metronidazole, 2.0; and rifaximin >256 $\mu\text{g/mL}$) than for the other REA types. Fidaxomicin susceptibility of baseline isolates did not predict clinical cure, failure, or recurrence for fidaxomicin (baseline MIC₉₀, 0.25 $\mu\text{g/mL}$ [range, ≤ 0.008 – 1 $\mu\text{g/mL}$]). No resistance to fidaxomicin developed during treatment in either phase III study, although a single strain isolated from a cured patient had an elevated fidaxomicin MIC of 16 $\mu\text{g/mL}$ at the time of recurrence.

Results of studies by Ackermann et al [4] and Credito and Applebaum [7] showing more potent activity of fidaxomicin against *C. difficile* than those of Karlowky et al [8], Hecht et al [6], and Finegold et al [5] may have been related to the inclusion of higher numbers of clones with lower MICs. Although Credito and Applebaum [7] showed an MIC₉₀ of 0.125 $\mu\text{g/mL}$, the MIC₉₀ reported by Ackermann et al [4] was exceptionally low (0.008 $\mu\text{g/mL}$), which could alternatively be attributed to lower viability of cells when dimethyl sulfoxide (DMSO) was used as diluent and/or to use of an anaerobic environment with a higher carbon dioxide concentration (15% vs the CLSI-recommended 4%–7%), because carbon dioxide can acidify media.

Effect of Diluent, pH, Inoculum, and Cations on Susceptibility

Babakhani et al [12] found that variations in pH affected MICs. With use of both Brucella agar dilution and broth dilution methods, fidaxomicin MICs were unchanged between pH values of 6.2 and 7.0 but increased in a linear fashion and were 8-fold

Table 2. In Vitro Activity of Fidaxomicin, Compared With Vancomycin and Metronidazole, Against *Clostridium difficile* Isolates From 8 Published Studies

Drug	No. of isolates	MIC (µg/mL)			[Ref] Year/sites
		Range	MIC ₅₀	MIC ₉₀	
Fidaxomicin	16	0.12–0.25	0.25	0.25	[1] 1991/US
Vancomycin		0.5–1	0.5	1	
Metronidazole		0.12–0.5	0.25	0.5	
Fidaxomicin	207	≤0.001–0.625	0.002	0.008	[4] 2004/Europe
Vancomycin		0.016–0.5	0.5	0.5	
Metronidazole		0.004–0.5	0.06	0.06	
Fidaxomicin	23	0.06–2	0.12	0.25	[5] 2004/US
Vancomycin		0.5–4	1	2	
Metronidazole		0.25–1	0.12	0.25	
Fidaxomicin	208	0.06–1	0.25	0.5	[8] 2008/Canada
Vancomycin		0.5–4	0.5	1	
Metronidazole		0.25–4	0.5	1	
Fidaxomicin	110	0.015–0.25	0.125	0.125	[6] 1983–2004/US
Vancomycin		0.06–4	1	1	
Metronidazole		0.025–0.5	0.125	0.25	
Fidaxomicin	21	≤0.016–0.25	0.016	0.12	[7] 2004/US
Vancomycin		0.5–2	1	2	
Metronidazole		≤0.125–0.5	0.25	0.5	
Fidaxomicin	38	≤0.008–0.25	...	0.125	[9] 2004–2005/US
Vancomycin		0.25–2	...	1	
Metronidazole		0.25–2	...	1	
Fidaxomicin	716	≤0.008–1	0.125	0.5	[10] 2005–2010/US & Europe
Vancomycin		0.5–8	1	2	
Metronidazole		0.02–4	0.5	1	

Abbreviations: MIC₅₀, minimum inhibitory concentration for inhibition of 50% of organisms; MIC₉₀, minimum inhibitory concentration for inhibition of 90% of organisms; US, United States.

higher at pH values of 7.9–8.0. The organism was shown to grow poorly at a pH of 5.0. With use of the Wilkins-Chalgren broth microdilution method, Swanson et al [1] reported that the MICs of fidaxomicin B against *C. difficile* American Type Culture Collection (ATCC) 9689 at pH values of 6.5 and 8.0 were unchanged or only 2-fold different from MICs determined at a pH of 7.3.

The effects of inoculum concentrations of 10²–10⁵ colony-forming units/spot and of cation concentrations of calcium (at 33, 45, and 75 mg/L) or magnesium (21, 30, and 57 mg/L) were also studied [12]. Neither inoculum size nor cation concentration had an effect on fidaxomicin MICs for 2 reference *C. difficile* strains (ATCC 9689 and ATCC 700057) [12]. In contrast, as stated by the investigators, “vancomycin MICs increased progressively with increasing inoculum concentrations” [12, 2674–5]. Additionally, the investigators studied the effect of various commercial lots of media on MICs and reported no fidaxomicin MIC variation when tested with 3 different lots of commercially prepared supplemented Brucella agar media.

In Vitro Studies Against Enteric Flora

Ackermann et al [4] studied the activity of fidaxomicin against a limited number of eubacteria (26 isolates), lactobacilli (8), *Propionibacterium acnes* (16), *Prevotella* species (35), and *Bacteroides fragilis* (69) and found them generally not susceptible. MIC₅₀ and MIC₉₀ values were >128 µg/mL and >128 µg/mL, respectively, for *B. fragilis* and *Prevotella* species. Finegold et al [5] performed a more extensive study involving 453 intestinal bacteria and reported that streptococci, aerobic and facultative gram-negative rods, anaerobic gram-negative rods, and *Clostridium ramosum* were resistant, which might potentially be less disruptive to normal fecal flora. Against 50 isolates of the *B. fragilis* group, MIC₅₀ was 256 µg/mL and MIC₉₀ was >1024 µg/mL. They noted that fidaxomicin had activity against most clostridia, staphylococci, and enterococci.

Clinical results in support of these in vitro studies were seen in the fidaxomicin phase IIA dose-ranging trial, in which 30 patient stool samples cultured for normal flora [13] showed

Table 3. Fidaxomicin-Susceptibility Profiles, by Restriction Endonuclease Analysis Group, for 716 *Clostridium difficile* Strains Isolated at Baseline (per protocol population) From 2 Phase III Trials

REA Group	No. of Patients	Geometric Mean (Range)	MIC ₅₀ (µg/mL)	MIC ₉₀ (µg/mL)
BI	244	0.18 (0.015–1)	0.25	0.5
BK	12	0.09 (0.03–0.25)	0.06	0.125
CF	7	0.09 (0.015–0.25)	0.125	0.25
DH	4	0.25 (0.25–0.25)	0.25	0.25
G	54	0.08 (0.015–0.25)	0.06	0.125
J	43	0.02 (≤0.008–0.12)	0.02	0.125
Nonspecific REA	260	0.08 (≤0.004–0.5)	0.06	0.125
K	15	0.07 (0.015–0.25)	0.06	0.125
Y	77	0.10 (0.015–0.5)	0.125	0.25
All strains	716	0.10 (≤0.004–1)	0.125	0.25

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Abbreviations: MIC₅₀, minimum inhibitory concentration for inhibition of 50% of organisms; MIC₉₀, minimum inhibitory concentration for inhibition of 90% of organisms; REA, restriction endonuclease analysis.

that *B. fragilis* group counts were not affected by increasing fidaxomicin dosages.

OP-1118 In Vitro Activity

OP-1118 is a major metabolite of fidaxomicin that also exhibits a narrow spectrum of activity. Tested in vitro by using CLSI susceptibility testing methods against 32 strains belonging to the commensal gastrointestinal flora, OP-1118 demonstrated activity against only some gram-positive organisms, with MICs 4–16-fold greater than those of fidaxomicin [14]. Similar to the parent compound, OP-1118 was not active against gram-negative bacteria.

We now report previously unpublished data regarding the in vitro activity of fidaxomicin and OP-1118 against 135 clinical strains of *C. difficile* isolated from patients in the 004 study who were compared by using the CLSI agar dilution method in M11-A7 [11]. An inoculum of 10⁵ colony-forming units/mL of *C. difficile* ATCC 700057 was included as a quality control strain. OP-1118 was dissolved and diluted in DMSO to achieve final study concentrations that ranged from 0.004 to 128 µg/mL. The MIC₅₀ and MIC₉₀ for OP-1118 were 4 and 8 µg/mL, compared with 0.125 and 0.25 µg/mL, respectively, for fidaxomicin (Figure 1).

Low Fecal-Binding Properties

The fecal-binding properties of fidaxomicin and OP-1118 were compared with those of vancomycin by testing their antibacterial activity in the presence or absence of 5% fecal material, using a microbroth dilution method. Similar to

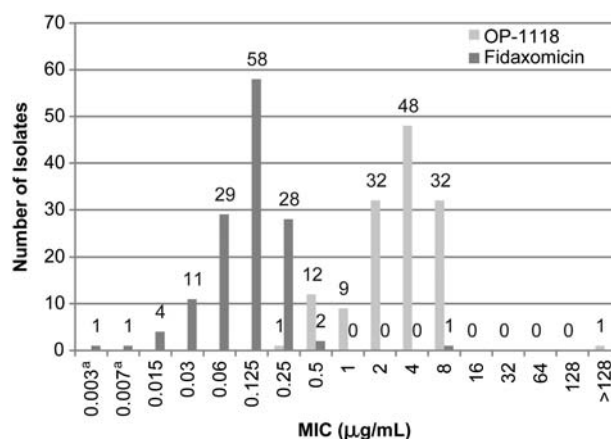


Figure 1. Minimum inhibitory concentration distribution of fidaxomicin and OP-1118 against 135 *Clostridium difficile* clinical isolates from the FDX-004 [14]. ^aRefers to ≤0.004 µg/mL (for 0.003) and ≤0.008 µg/mL (for 0.007). Abbreviation: MIC, minimum inhibitory concentration.

vancomycin, both fidaxomicin and OP-1118 demonstrated low fecal-binding properties, and their MICs against *C. difficile* increased only 4–8-fold in the presence of feces: the MIC of fidaxomicin increased from 0.25 to 2 µg/mL, and the MIC of OP-1118 increased from 1 to 4 µg/mL, with both increases much lower than the expected gut-level concentrations following oral administration of 400 mg/day of fidaxomicin [14].

Killing Kinetics

Fidaxomicin and its major metabolite, OP-1118, both demonstrate bactericidal activity against *C. difficile* strains, including the hypervirulent REA BI group strains. Exposure of *C. difficile* strains to fidaxomicin or OP-1118 at ≥4 times the MIC of each agent led to a ≥3 log decrease in colony-forming units in 48 hours, indicating time-dependent bactericidal activity [15]. Interestingly, fidaxomicin has been shown to be bactericidal against laboratory-generated mutant strains with reduced fidaxomicin susceptibility, indicating that with fecal concentrations that reach milligram-per-gram amounts, even mutant strains with increased fidaxomicin MICs are likely to be killed during therapy [15].

Susceptibility Breakpoints/Resistance

Results from fidaxomicin clinical trials have not demonstrated a correlation between MIC and clinical outcome [10, 16]. Although the MIC₉₀ was shown to be 0.25 µg/mL in these trials, the highest reported MIC for wild-type isolates is 1 µg/mL. The only clinical isolate with reduced susceptibility was obtained from a subject with recurrence of disease 6 days following cure with fidaxomicin. The isolate at day 1 and the end of treatment had an MIC of 0.06 µg/mL, but the recurrence isolate demonstrated reduced susceptibility, with an MIC

of 16 µg/mL, which is still less than gut-level concentrations of the drug (mean fidaxomicin and OP-1118 concentrations were reported as 1433 and 760 µg/g, respectively) [16]. The strain with reduced susceptibility has been analyzed further, and a single mutation in the β subunit of the RNA polymerase has been identified in only the isolate associated with recurrence (unpublished data). Similar mutations in the homologous positions in other bacterial species that demonstrate reduced susceptibility to lipiarmycin, a related macrocycle compound, have been reported [17, 18]. However, the functional significance of such mutations needs to be elucidated further because laboratory-generated isolates with similar mutations are rapidly killed by fidaxomicin at 4 times the MICs [15].

CONCLUSION

Fidaxomicin has excellent in vitro activity against *C. difficile* isolates of all REA types, including the epidemic BI strain. Resistance has not developed during therapy in clinical trials. Its lack of activity against enteric gram-negative flora should help maintain colonization resistance.

Notes

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All authors have submitted the ICMJE Form for Disclosure of Potential Conflicts of Interest. Conflicts that the editors consider relevant to the content of the manuscript have been disclosed.

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