



Neurological manifestations of COVID-19, SARS and MERS

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Abstract

Since December 2019, the world is affected by an outbreak of a new disease named COVID-19, which is an acronym of ‘coronavirus disease 2019’. Coronaviruses (CoV) were assumed to be associated with mild upper respiratory tract infections, such as common cold. This perception changed in time due to occurrence of the Severe Acute Respiratory Syndrome (SARS) caused by SARS-CoV in 2002 and the Middle East Respiratory Syndrome (MERS) caused by MERS-CoV in 2012, both inducing an epidemic severe viral pneumonia with potentially respiratory failure and numerous extra-pulmonary manifestations. The novel coronavirus, SARS-CoV-2, is likewise a causative pathogen for severe viral pneumonia with the risk of progression to respiratory failure and systemic manifestations. In this review, we will give a summary of the neurological manifestations due to SARS and MERS, as those might predict the neurological outcome in the novel COVID-19. Additionally, we provide an overview of the current knowledge concerning neurological manifestations associated with COVID-19, to the extent that literature is already available as the pandemic is still ongoing.

Keywords Neurology · COVID-19 · SARS · MERS · Stroke · Neuropathy

Introduction

Viruses of the Coronaviridae family are positive-sensed, single-stranded RNA viruses. They are broadly distributed in different animal species including avian host, cats, dogs, bats, camels, cattle and mice. Among these viruses, some are pathogenic to human [1–3].

In humans, CoV infections were primarily associated with upper respiratory tract and gastrointestinal tract infections. However, the last 2 decades the world was affected by several viral epidemics, such as Severe Acute Respiratory Syndrome Coronavirus (SARS-CoV) in 2002–2003 and Middle East Respiratory Syndrome Coronavirus (MERS-CoV) in 2012, both resulting in high mortality rate, respectively, 10% and 35%.

Since December 2019, the world is affected by an outbreak of a new disease named COVID-19, which is an acronym of ‘coronavirus disease 2019’. It is caused by a novel

coronavirus (CoV), named SARS-CoV-2, due to similarities with the Severe Acute Respiratory Syndrome Coronavirus (SARS-CoV) [1].

All three infections show a broad spectrum of clinical manifestation, varying from asymptomatic or mild disease to severe illness with risk of progress to respiratory failure due to viral pulmonary infection [4, 5].

It is known that human coronaviruses can reach the central nervous system (CNS) and that they could be associated with neurological symptoms [6]. Several cases of neurological involvement during SARS and MERS and the potential mechanisms have already been described in literature [4–7].

Conversely, despite the current global outbreak with many more patients affected, little is known about neurological manifestations in COVID-19 after 6 months. In this review, we will give an overview of these neurological manifestations reported due to SARS and MERS as this might be of great importance in dealing with the novel COVID-19. Additionally, we present a summary of the current knowledge—still evolving in literature—on neurological manifestations associated with SARS-CoV-2-infection.

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Method

Study selection

The authors searched PubMed/MEDLINE databases in March 2020. Articles related to the topic were identified by following terms: “Severe Acute Respiratory Syndrome”, “Middle East Respiratory Syndrome”, “Coronavirus disease 2019”, “Neurology”, “MERS”, “SARS”, “COVID-19”, “Stroke”, “Epilepsy”, “Guillain-Barré Syndrome”, “Encephalitis”, “Myelitis”, “Meningitis”, “Neurological Sequels”, “Polyneuropathy” and “Carotid Dissection”.

We used a date restriction ranging from the 1st of January 2002 until present. There were limited linguistic restrictions (articles in English, Dutch, French and German were eligible for inclusion).

“Middle East Respiratory Syndrome” and “Neurology” identified 53 articles, of which 20 articles were retained based on review of title and abstract to select material for potential review. “Severe Acute Respiratory Syndrome” and “Neurology” revealed 102 articles, “Coronavirus disease 2019 and Neurology” revealed 1 article, “MERS” and “Neurology” 109 articles, “SARS” and “Neurology” 25 articles, “COVID-19” and “Neurology” 5 articles, (“SARS” OR “MERS” OR “COVID-19”) and “Stroke” 17 articles, (“SARS” OR “MERS” OR “COVID-19”) and “Epilepsy” 15 articles, (“SARS” OR “MERS” OR “COVID-19”) and Guillain-Barré syndrome” 3 articles, (“SARS” OR “MERS” OR “COVID-19”) and “Myelitis” 23 articles, (“SARS” OR “MERS” OR “COVID-19”) and “Carotid dissection” 1 articles, but after reviewing the titles and abstracts, no additional articles were retained. (“SARS” OR “MERS” OR “COVID-19”) and “Encephalitis” revealed 252 articles, of which 6 articles were selected for the review based on title and abstract. (“SARS” OR “MERS” OR “COVID-19”) and “Meningitis revealed 45 articles, of which 1 article was a potential result for the review. However, this article was only accessible in Danish and was not retained for this review. (“SARS” OR “MERS” OR “COVID-19”) and “Neurological sequels” revealed 47 articles, of which 3 were selected for the review. (“SARS” OR “MERS” OR “COVID-19”) and “Polyneuropathy” delivered 7 results, of which 1 was retained.

The manuscripts that were considered as suitable for the review were evaluated via full text review. Interesting articles for our review noticed in the references of these articles, were used for additional information.

Results

Are coronaviruses related with neuro-inflammatory disease?

Human coronaviruses (HCoV) are known to have neurotropic and neuro-invasive capabilities. Desforges et al. hypothesize human coronaviruses are neurovirulent, as they could contribute in short- and long-term neurological disorders such as encephalomyelitis and multiple sclerosis [6–8]. The presence of HCoV RNA in the human CNS confirms these properties [9].

Viruses, in general, may enter the brain and spinal cord via hematogenous or retrograde neuronal distribution. It is already known that HCoV can also spread from the respiratory tract to the central nervous system (CNS) through transneuronal and hematogenous routes [10].

HCoV may persist in human brains, so it is assumed that long-term sequelae can develop related to emergence or aggravation of chronic neurological diseases, as it is already described for the human coronaviruses HCoV-229E and HCoV-OC43. The latter have been detected in various neurological diseases, including multiple sclerosis [9]. Several recent articles report associated cases of encephalitis, acute flaccid paralysis and other neurological symptoms, such as Guillain-Barré syndrome or ADEM, as possible complications of a HCoV infection [6].

In this article, we will focus on the neurological manifestations described in SARS, MERS, and COVID-19.

Initial clinical signs of SARS, MERS, and COVID-19 include non-specific neurological symptoms

SARS may present with non-specific symptoms such as persistent fever, non-productive cough, myalgia, dyspnoea and headache. In roughly 20% of the patients, the initial presentation got complicated with acute respiratory distress syndrome [6]. Aside from the respiratory tract, SARS-CoV infection may also target intestinal mucosal cells, renal tubular epithelial cells and neurons as well as cells from the lymphoid and reticuloendothelial system. As a consequence, extrapulmonary features including watery diarrhoea and vomiting may also be part of the clinical presentation. Furthermore, dizziness, nausea, decrease in general well-being and confusion have also been reported [5].

The clinical presentation of MERS may also be non-specific. Runny nose, sore throat, low-grade fever and myalgia can present before the viremia becomes detectable [4, 11]. In case of severe disease, progression to acute respiratory distress may occur. Extrapulmonary

manifestations including gastrointestinal symptoms and acute kidney failure have been reported in case of severe illness, as well as neurological manifestations [11].

Common clinical features of COVID-19 include fever, cough, sore throat, headache, fatigue, myalgia, anosmia and dyspnoea. The infection may evolve into pneumonia, respiratory failure, multiple organ failure and death due to extreme rise in inflammatory cytokines [1, 12].

Neurological manifestations during evolving SARS

Current data, mainly from Chinese brain autopsy studies, confirm CNS invasion by SARS-CoV [13, 14].

Cases described in the articles mentioned below concerning neurological manifestations reported during SARS-CoV-infection are rendered in Table 1 [3].

Epilepsy

Hung et al. described the first evidence of entry of SARS-CoV in cerebrospinal fluid (CSF) causing seizures. They reported a case of a 59-year-old woman, who experienced a status epilepticus associated with SARS. Both serum and CSF tested positive for SARS-RNA by RT-PCR [15].

Lau et al. reported a case of a 32-year-old female who developed a generalized tonic–clonic insult on day 22 of illness with SARS-CoV being detected in the CSF by RT-PCR [7].

Another impact of the SARS-epidemic was the adverse effect on seizure control due to withdrawal of anti-epileptic drug treatment as many patients avoided hospital visits [16].

Neuromuscular disorders

Neuromuscular disorders in SARS are predominantly late-onset sequelae and include critical-illness polyneuropathy and myopathy [17].

Muscle weakness and elevated serum creatine kinase levels occur in more than 30% of patients with SARS [18]. In patients with fatal SARS, Leung et al. examined post-mortem histological muscle samples and described a myopathy, either resulting from critical illness myopathy or from the immune response against SARS-CoV [19].

Critical illness myopathy and critical illness polyneuropathy can both occur in a context entitled the systemic inflammatory response syndrome (SIRS). SIRS is a term comprising sepsis and multiple organ failure, which can both be aspects of SARS-CoV-infections and be related to excessive production of tumour necrosis factor alfa and nitric oxide in the macrophages [20–22]

Rhabdomyolysis has previously been associated with many infectious diseases, but it is rarely seen in SARS-CoV-infection [23]. In a case series, rhabdomyolysis correlated

with renal failure and was considered to be a severe manifestation of SARS. Therefore, creatine kinase levels of SARS-patients should be monitored thoroughly [24].

Olfactory neuropathy

In contrast to frequent occurrence of anosmia in early stages of COVID-19 (see below), it is anecdotal in SARS and only described in late stage of the disease. Nevertheless, olfactory function test should be part of routine work-up for patients with SARS [25].

Stroke

Five cases of large artery ischaemic stroke were described in SARS. It is suggested that a pro-coagulant state could be present in patients with SARS [26, 27]. This could contribute to large cerebral arterial thromboembolism, together with factors as systemic hypotension and cardiac dysfunction. However, stroke is not uncommon in critically ill patients with co-morbidity. Furthermore, it is believed that the use of intravenous immunoglobulins, used to treat SARS, could play a role in SARS-related stroke. Hyperviscosity induced by intravenous immunoglobulins in patients already prone to hypercoagulable state due to viral infection and the inflammatory response, could play a key role in stroke [26, 27].

Chronic post-SARS syndrome and autonomic dysfunction

Chronic post-SARS syndrome was described by Moldofsky et al. The syndrome is characterized by persistent fatigue, diffuse myalgia, weakness, depression, nonrestorative sleep with associated REM-related apneas/hypopneas, an elevated sleep EEG cyclical alternating pattern and alpha EEG sleep anomaly [28].

Other authors suggest that prolonged fatigue and malaise may be linked to peripheral and autonomic nervous system dysfunction. Chronic fatigue may be present months after recovery from acute illness. One study shows autonomic dysfunction to be present in 50% of recovered SARS-patients. Subclinical orthostatic hemodynamic disturbances would lead to fatigue and dizziness [29, 30].

Neurological manifestations associated with MERS-CoV infection

Cases described in the articles mentioned below concerning neurological manifestations reported during MERS-CoV-infection are rendered in Table 2.

Table 1 Reported neurological manifestations associated with SARS-CoV-infection

References	Patient	Presenting neurological symptoms and signs	Comorbidities	Neurologic manifestation reported
Hung et al. [15]	Patient 1 Female, 59 years	Day 5 of admission: vomiting, episodes of four-limb twitching, confusion and disorientation	IgA nephropathy	Status epilepticus
Wang et al. [24]	Patient 1 Female, 38 years	/	/	Rhabdomyolysis
	Patient 2, Male, 52 years	Myalgia, headache	/	Rhabdomyolysis
	Patient 3, Female, 42 years	/	/	Rhabdomyolysis
Lau et al. [9]	Patient 1, Female, 32 years	Day 22 of illness: generalized tonic-clinic convulsion, loss of consciousness, up-rolling eyeballs lasting for 1 min	Week 26 of pregnancy	Epilepsy
	Patient 1, Female, 52 years	Day 21 after onset SARS: weakness of 4 limbs, numbness of legs, mild hyporeflexia and hypesthesia in both legs	/	Polyradiculoneuropathy
Tsai et al. [17]	Patient 2, Female, 48 years	Day 24 after onset SARS: distal-predominant weakness of 4 limbs, numbness of bilateral fingers, mild hyporeflexia and hypesthesia to temperature and vibration in legs	/	Axonopathic sensorimotor polyneuropathy
	Patient 3, Female, 42 years	Day 25 after onset SARS: distal-predominant weakness of 4 limbs, numbness of left foot, proximal hyporeflexia, hypesthesia to temperature, pinprick and vibration in legs (left more distinct than right)	/	Myopathy with superimposed asymmetric sensorimotor polyneuropathy of axonopathic type
	Patient 4, Male, 31 years	Day 22 after onset SARS: weakness of proximal lower limbs, weakness of bilateral hip flexor muscles	/	Myopathy
Umapathi et al. [27]	Patient 1 Female, 68 years	Persistent unconsciousness after withdrawal of paralytic and sedative drugs. Acute hypotension.	/	Infarctions in left posterior and middle cerebral artery
	Patient 2, Female, 64 years	Episode of transient hypotension. 9 days after admission to intensive care unit: dilated, unreactive right pupil, absence oculocephalic reflex, flaccid limbs.	/	Massive right infarction in middle cerebral artery with early hydrocephalus
Patient 3 Female, 54 years	Patient 3 Female, 54 years	15 days after admission: central diabetes insipidus, acute hypotension Few days later: dilated pupils showing poor reaction, absence of oculocephalic reflex, flaccid limbs	Dyslipidaemia, treated hyperthyroidism	Large infarction in left posterior cerebral artery and bilateral middle cerebral artery
	Patient 4 Male, 63 years	14 days after admission: partial left hemispheric syndrome	Diabetes, hypertension, ischemic heart disease	Left temporo-parietal infarction
Patient 5 Male 39 years	Patient 5 Male 39 years	No neurological deficits noted before death	/	Autopsy: infarction in inferior lateral part of right occipital lobe

Table 1 (continued)

References	Patient	Presenting neurological symptoms and signs	Comorbidities	Neurologic manifestation reported
Leung et al. [19]	Patient 1 Male, 44 years	Myalgia, acute flaccid paresis	Chronic hepatitis B	Steroid myopathy, critical illness myopathy
	Patient 2 Male, 64 years	Progressive myalgia and symmetric muscle weakness (truncal, proximal limbs and neck flexors)	Diabetes mellitus, alcoholic cirrhosis	Steroid myopathy, critical illness myopathy
	Patient 3 Male, 79 years	Progressive myalgia and symmetric muscle weakness (truncal, proximal limbs and neck flexors)	Ischemic heart disease	Steroid myopathy, critical illness myopathy
	Patient 4 Male, 76 years	Progressive myalgia and symmetric muscle weakness (truncal, proximal limbs and neck flexors)	Myelodysplastic syndrome	Steroid myopathy, critical illness myopathy
	Patient 5 Male, 69 years	Progressive myalgia and symmetric muscle weakness (truncal, proximal limbs and neck flexors)	Chronic rheumatic heart disease	SARS-associated myopathy due to immune response
	Patient 6 Female, 81 years	Progressive myalgia and symmetric muscle weakness (truncal, proximal limbs and neck flexors)	Parkinson disease and carcinoma of lung	SARS-associated myopathy due to immune response
	Patient 7 Male, 49 years	Progressive myalgia and symmetric muscle weakness (truncal, proximal limbs and neck flexors)	Hepatitis B and cirrhosis	SARS-associated myopathy due to immune response
	Patient 8 Male, 81 years	Progressive myalgia and symmetric muscle weakness (truncal, proximal limbs and neck flexors)	Chronic gastric ulcer and severe aortic regurgitation	SARS-associated myopathy due to immune response
Xu et al. [14]	Patient 1 Male, 39 years	Day 26 after onset of illness: obscured monocular vision	/	Ischemia and necrosis of brain seen on CT
		Day 28: progressive CNS symptoms including dysphoria, vomiting, delirium (due to progression of left lower lobe consolidation) Day 33: coma after admission of intravenous sedative.		
Hwang [25]	Patient 1 Female, 27 years	Complete anosmia in both sides	/	Acute olfactory neuropathy

Table 2 Reported neurological manifestations associated with MERS-CoV-infection

Reference	Patient	Presenting neurological symptoms	Comorbidities	Neurological manifestations reported
Arabi et al. [35]	Patient 1 Male, 74 years	Ataxia, vomiting, confusion. Clinical neurologic examination revealed dysmetria and decreased motor strength on left side	Hypertension, dyslipidemia and diabetes	Findings consistent with acute disseminated encephalomyelitis (ADEM) or less probably encephalitis
	Patient 2 Male, 57 years	Day 5 of hospitalization: unresponsiveness, hypotensive with left-sided facial paralysis	Hypertension, diabetes and peripheral vascular disease	Acute bilaterally non-occlusive stroke probably due to MERS-CoV-Vasculopathy
	Patient 3 Male, 45 years	Day 24 of hospitalization: low Glasgow coma scale and fever	Hypertension, diabetes, chronic kidney disease, ischemic heart disease	Findings consistent with encephalitis
Algahtani et al. [33]	Patient 1 Female, 34 years	Day 14 of hospitalization: severe headache, nausea and vomiting, decreased level of consciousness and Glasgow Coma Scale of 3/15	Diabetes mellitus	Right frontal lobe intracerebral hemorrhage
	Patient 2 Male, 28 years	Weakness in both legs and inability to walk with numbness and tingling in stocking distribution	/	Critical illness polyneuropathy
Al-Hameed et al. [31]	Patient Female, 42 years	Day 13 of hospitalization: polyuric with urine osmolality of 95 meq/L and serum osmolality of 341 meq/L, unresponsiveness, GCS of 3/15, pupil diameter of 3 mm with sluggish reaction	Diabetes mellitus type 2, obesities	Spontaneous massive intracranial hemorrhage

CNS involvement

Although it is exceptional, the CNS could be involved by MERS-CoV infection, mostly due to auto-immune reaction through autoreactive T-cells which recognize viral and myelin antigens as similar molecules, rather than to viral infection itself [31–33].

A retrospective study in Saudi Arabia stated that about 25% of MERS patients developed confusion and 8.6% experienced a seizure [34].

Another case series of three patients with altered level of consciousness varying from confusion to coma, ataxia and focal motor deficit, describes diffuse CNS disease with MRI showing new onset, widespread, bilateral hyperintense lesions on T2-weighted imaging within white matter and subcortical areas of different lobes, basal ganglia, corpus callosum, pons, cerebellum and upper cervical cord with only non-specific increased protein level in CSF.

Final working diagnoses in the three patients were respectively acute disseminated encephalomyelitis, acute bilateral non-occlusive stroke due to MERS-CoV vasculopathy and encephalitis [35].

The negative CSF for MERS-CoV RT-PCR might be due to the timing of the test, the lack of meningeal involvement as shown on MRI, or the virus being located intra-neuronally as reported with SARS-CoV [36].

Intracerebral haemorrhage as result of thrombocytopenia, disseminated intravascular coagulation and platelet dysfunction, is very rare [32].

In 2007, Al-Hameed et al. described the case of a female health care worker who developed a sudden-onset diabetes insipidus and spontaneous massive intracranial haemorrhage with intra-ventricular extension and tonsillar herniation. Her platelet count and coagulation profile did not show any abnormalities. As mentioned in the table, the woman was obese. The severity of MERS in obese patients can be explained as dipeptidyl peptidase 4 (DPP4), a trans-membrane protein involved in cell entry of viruses such as MERS-CoV, is overexpressed in obese patients [37, 38].

Neuromuscular disorders

Only one case of a 28-year-old male, an orthopaedic resident, was reported. After a long stay in intensive care, he suffered from weakness in both legs and inability to walk, along with numbness and tingling in stocking distribution. He was diagnosed with critical illness polyneuropathy [32].

Iatrogenic neurological pathology during treatment of MERS

Kim et al. published a case report of four patients who developed neurological manifestations during treatment of

MERS. A triple antiviral treatment, consisting of subcutaneous pegylated interferon alpha-2a, high-dose oral ribavirin and oral lopinavir/ritonavir, was administered to all patients in the concerned hospital. Characteristics, presentation and diagnosis of the reported patients experiencing neurological symptoms during their treatment of MERS-CoV-infection are summarized in Table 3 [39].

Interferon alpha-2a is a possible causative drug for peripheral neuropathy, sensory neuropathy, vasculitic neuropathy, Bell's palsy, Guillain Barré Syndrome, chronic inflammatory demyelinating polyneuropathy and autonomic polyneuropathy [40–42]. Lopinavir/ritonavir is another possible causative drug for peripheral neuropathy [43]. Ribavirin is not associated with peripheral neuropathy [42].

Neurological manifestations associated with SARS-CoV-2 infection

Similar to SARS-CoV, SARS-CoV-2 profits from the angiotensin converting enzyme 2 receptor (ACE2-R) to infiltrate in the intracellular space. It has been described that the brain expresses ACE2-R, which have been detected in glial cells and neurons as well as endothelial cells and smooth muscle cells. Therefore, these cells and neurons are potential targets of COVID-19 [44] COVID-19 may reach the central nervous system via the systemic circulation or via the cribriform plate of the ethmoid bone during an early or later phase of the infection as has been reported in SARS-CoV [45] Once the neuronal tissues are reached, the interaction between SARS-CoV-2 and ACE2-R can initiate a cycle of viral growth with co-occurrence of neuronal damage without substantial inflammation as has been seen with cases of SARS-CoV [45].

What does this mean in the clinical setting?

Neurological symptoms in early disease stages

These are similar to SARS and MERS and merely non-specific including dizziness, nausea, vomiting, and headache [46, 47].

Hypogeusia and hyposmia are frequently reported and have become a cardinal factor in the early diagnosis of COVID-19 [46].

Most probably, this is caused by direct invasion of the olfactory bulb when SARS-CoV-2 makes its entry into the skull via the cribriform plate [44].

A recent German report states that it seems to be well distinguishable from a post-infectious olfactory disorder following rhinitis or another upper respiratory tract infection: most of the patients describe a rather sudden, almost complete loss of odour (i.e. mostly anosmia, less often hyposmia). COVID-19 patients are less likely to have other nasal

Table 3 Clinical presentation and diagnosis of patients with MERS who experienced neurological complications due to treatment

Reference	Patient	Presenting neurological symptoms	Comorbidities	Neurologic manifestation reported
Kim et al. [39]	Patient 1 Male, 55 years	Day 24 after initial onset of respiratory symptoms: hypersomnolence, weakness and ataxia and hyporeflexia in all limbs, bilateral ptosis and external ophthalmoplegia,	Diabetes mellitus, hypertension, chronic kidney disease, hypothyroidism, atrial fibrillation	Bickerstaff's encephalitis overlapping with Guillain-Barré syndrome
	Patient 2 Female, 43 years	Day 16 after MERS onset: tingling and stinging pain sensation in both and below knees, bilateral proximal dominant weakness in legs, hyporeflexia in both legs	/	ICU-acquired weakness or Guillain-Barré syndrome
	Patient 3 Male, 46 years	Day 20 after MERS onset: tingling sensation in distal parts of hands and feet, hypesthesia in distal parts of all limbs, bilateral hyporeflexia in legs	Hypertension, pulmonary tuberculosis	Infectious or toxic polyneuropathy
	Patient 4 Female, 38 years	Day 21 after MERS onset: tingling in both hands		Acute sensory neuropathy caused by toxin or infection

symptoms such as nasal breathing obstruction, clinically manifest rhinitis or excessive nasal secretions [48].

Acute Inflammatory Demyelinating Polyneuropathy can precede respiratory disease

By the end of April 2020, after 4 months of evolving pandemic, Guillain Barré syndrome (GBS) was reported in less than ten COVID-19-patients, but more cases are in press.

Most of the cases occurred in the early stage of COVID-19 in patients presenting with only minor respiratory symptoms at onset of GBS. Although it is notable that the disease severity for both the GBS and pneumonia can deteriorate simultaneously [49–51].

One report described GBS in a patient without any respiratory symptoms, but with loss of smell and taste preceding GBS [52].

Cerebrovascular disease during COVID-19

A variety of cerebrovascular disorders has been recently reported, probably due to endothelial dysfunction, or hypercoagulability in COVID-19 patients.

These disorders include ischemic stroke, intracerebral hemorrhage, and cerebral venous sinus thrombosis [44, 54–56]. Cerebrovascular disease was associated with poor outcome (more respiratory distress, more multi-organ dysfunction, and higher mortality) of COVID-19 patients [56].

Conclusion

The three major outbreaks of corona viruses (SARS-CoV, MERS-CoV, and SARS-CoV-2) show similarities in neurological manifestations, but also some differences.

Due to the hospital emergency plan and the splitting of hospitals in hot zones versus cold zones to prevent hospital clusters of corona-infection, neurological work up is limited to bedside clinical evaluation, spinal fluid analysis and CT scan. MRI imaging is mostly located in the cold zone, thus limited available for infected patients. A surveillance of neurological manifestations (Guillain-Barré syndrome, meningoencephalitis, stroke...) in these patients is warranted as is surveillance for thromboembolic sequelae (pulmonary embolism, stroke). Many patients present with fever, respiratory symptoms, but also headache, anosmia, dizziness. However, spinal tap is not routinely performed and literature on spinal fluid analysis is very sparse. An explanation for the lack of CSF-data would be that there is currently no validated test to detect SARS-CoV-2 in CSF. A multidisciplinary approach and more neurology consultations in the emergency department and COVID-19-wards could prevent under-diagnosing of neurological complications and

thus insufficient treatment. Rapid diagnosis and proper treatment of Guillain-Barré syndrome, critical illness polyneuropathy, stroke, and other neurological disorders could have a positive impact on outcome. As the COVID-19 pandemic is evolving, our knowledge on the neurological manifestations of COVID-19 is also evolving. Although the current pandemic is of a much higher scale than SARS and MERS, and far more neurological cases could be expected, the thus far available literature about neurological manifestation of COVID-19 is rather limited. This review will hopefully contribute to increased alertness for both neurologists and non-neurologists involved in the care of COVID-19 patients.

Compliance with ethical standards

Conflict of interest All the authors report no disclosure nor conflict of interest relevant to the manuscript. All authors report no financial disclosure.

Ethical approval This manuscript does not contain any studies with human participants or animals performed by any of the authors.

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