## Social learning in humans and other animals

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Jean-François Gariépy, Levine Science Research Center, Duke Institute for Brain Sciences, Duke University, 450 Research Drive, Durham, NC 27708, USA e-mail: jeanfrancois.gariepy@ gmail.com Decisions made by individuals can be influenced by what others think and do. Social learning includes a wide array of behaviors such as imitation, observational learning of novel foraging techniques, peer or parental influences on individual preferences, as well as outright teaching. These processes are believed to underlie an important part of cultural variation among human populations and may also explain intraspecific variation in behavior between geographically distinct populations of animals. Recent neurobiological studies have begun to uncover the neural basis of social learning. Here we review experimental evidence from the past few decades showing that social learning is a widespread set of skills present in multiple animal species. In mammals, the temporoparietal junction, the dorsomedial, and dorsolateral prefrontal cortex, as well as the anterior cingulate gyrus, appear to play critical roles in social learning. Birds, fish, and insects also learn from others, but the underlying neural mechanisms remain poorly understood. We discuss the evolutionary implications of these findings and highlight the importance of emerging animal models that permit precise modification of neural circuit function for elucidating the neural basis of social learning.

Keywords: social, dorsolateral prefrontal cortex, DLPFC, anterior cingulate cortex, anterior cingulate gyrus, temporoparietal junction, superior temporal sulcus, learning

## **INTRODUCTION**

The behavior of others provides a rich source of information that individuals can use to improve their behavior without direct experience. To illustrate, imagine for dinner you must choose between two restaurants that you have never tried before. Your friends tell you that one of them serves excellent food, but the other restaurant has unsanitary conditions. Without directly experiencing each outcome, most people can use this information to guide their decision about where to eat. This not only applies to learning food preferences, but also to mating decisions, fear learning, and problem-solving strategies (Olsson and Phelps, 2007; Gruber et al., 2009; Yorzinski and Platt, 2010; van den Bos et al., 2013; Wisdom et al., 2013). The process through which individuals learn from others rather than through direct experience is referred to as social learning. Social learning may underlie large-scale population phenomena such as variation in food preferences among geographically-distinct populations of animals and the diversity found in human cultures (Whiten, 2005; van de Waal et al., 2013). Many animal species learn from others, including chimpanzees, rats, monkeys, birds, and octopuses, suggesting that these abilities may have evolved as an adaptation to a range of different ecological niches (Fiorito and Scotto, 1992; Galef, 1995; Galef and Whiskin, 1995; Dally et al., 2008; Horner and de Waal, 2009; van Schaik and Burkart, 2011; Morgan et al., 2012; van de Waal et al., 2013). The adaptive advantage of social learning is also evident from the outcomes of game theory tournaments, in which algorithms that learn from opponents outperform those that do not (Rendell et al., 2010).

Several comprehensive reviews have been written on social learning and social cognition (Galef and Giraldeau, 2001; Whiten,

2005; Zentall, 2012; Stanley and Adolphs, 2013; van den Bos et al., 2013). Hence, our review focuses on studies that cover both the behavioral and neural mechanisms that mediate social learning. Here, we use "direct experience learning" to refer to any type of learning that individuals perform independently of others and "social learning" to refer to any form of learning influenced by other individuals.

## THE NEUROBIOLOGY OF LEARNING FROM DIRECT EXPERIENCE

The mechanisms by which individuals learn from direct experience have received a great deal of attention in recent years. Reinforcement learning models rely on updating a value representation of a given action when that action leads to favorable or unfavorable outcomes. These models use feedback from past outcomes to guide future decisions. Learning relies on the computation of a prediction error, which corresponds to the difference between an outcome and some previously-established expectation. The stored expectation is updated by this prediction error, multiplied by a learning rate that determines the speed at which outcomes can influence behaviors (Gläscher and Büchel, 2005; Pfeiffer et al., 2010; Funamizu et al., 2012). A variety of brain areas appear to be involved in reinforcement learning. This includes the striatum, which contains neurons that fire for specific sensory cues when they are paired with reward through conditioning (Aosaki et al., 1994). Dopamine neurons in the substantia nigra are known to encode prediction errors and are necessary for learning that requires prediction errors (Schultz et al., 1997; Schultz, 1998; Steinberg et al., 2013). In humans, functional magnetic resonance imaging experiments suggest that the activity of many other brain areas correlates with variables computed from learning theory including the amygdala (Gläscher and Büchel, 2005). Anterior cingulate cortex (ACC) lesions in monkeys impair the learning of task-switching paradigms, suggesting that the ACC might be important in monitoring errors and for attention in changing environments (Rushworth et al., 2003).

However, reinforcement learning is not sufficient to explain all forms of animal learning. Studies have shown that rats and birds are capable of learning sequences of events and they can use this knowledge to predict future rewarding events that have yet to be experienced (Clayton et al., 2003; Jones et al., 2012). Furthermore, in social learning experiments, animals can learn from others by observing their decisions and the resulting outcomes, and adjust their own actions without having directly experienced the outcomes themselves (Subiaul et al., 2004; Monfardini et al., 2012). Principles analogous to those driving reinforcement learning may be involved in these cases, including the updating of expectations based on sensory inputs, but these types of learning require additional computational components besides feedback from outcome (Camerer, 2003; Montague, 2007; Seo and Lee, 2008). Computationally, this may include a module for observing what happens to others and for adjusting one's own preferences based on these observations. The brain areas involved in these processes are under active investigation (Behrens et al., 2008; Suzuki et al., 2012).

These findings indicate that animals, including humans, can learn without direct experience. The mechanisms by which this type of learning occurs are very diverse, and may include both simple enhancement of attention to others, in the case of socially facilitated food preferences, and the recognition of emotional facial cues in others as they experience outcomes, to more complex mechanisms including mentalizing and theory of mind.

## OVERVIEW OF NEURAL CIRCUITS IMPLICATED IN SOCIAL LEARNING IN HUMANS

A number of studies have implicated specific brain areas in human social behavior. These areas include the temporoparietal junction (TPJ), the anterior cingulate gyrus (ACCg), the dorsomedial prefrontal cortex (DMPFC), and the dorsolateral prefrontal cortex (DLPFC). All of these regions may contribute to the interpretation of others' intentions and social learning (Behrens et al., 2009). The TPJ integrates systems for memory, language, attention, and social processing and its activation is correlated with the degree to which an opponent is perceived as intelligent (Carter and Huettel, 2013). Moreover, gray matter volume in the TPJ predicts altruistic tendencies (Morishima et al., 2012). TPJ has been implicated in mentalizing and understanding intentions, suggesting involvement in empathy, altruism, and learning or strategizing in a competitive context (Samson et al., 2004; Carter et al., 2012). By contrast, the dorsolateral prefrontal cortex (dlPFC) may contribute to executive control, planning, and goal-directed behavior in social contexts, particularly deception (Miller and Cohen, 2001; Knoch et al., 2006). The dorsomedial prefrontal cortex underlies processes including cognitive control and social interaction (Venkatraman et al., 2009). Studies of the anterior cingulate gyrus (ACCg) have revealed involvement in error correction and reinforcement learning from social

outcomes as well as emotional and facial expression recognition (Behrens et al., 2008; Venkatraman et al., 2009; van den Stock et al., 2013).

In this review, we will explore current knowledge on the contexts in which social learning occurs in non-human animals and the brain mechanisms underlying such forms of learning. Social learning can happen through a variety of mechanisms that may include effects of others on attention (Figure 1A), learning stimulus or action value through observation (Figure 1B), motor simulation and imitation (Figure 1C) and active instruction using movements or sounds (Figure 1D). The brain substrates that mediate these skills often subserve non-social cognitive and motivational processes as well. Based on these observations, we hypothesize that many cognitive and motivational systems that originally evolved to solve non-social problems have been coopted by evolution to contend with social challenges (Gould and Lewontin, 1979). Complementing these general-purpose mechanisms are a small set of brain areas for which there is tantalizing evidence of uniquely specialized social functions, which may have evolved in only a limited number of species that have confronted the most complex social environments. These potentially uniquely social mechanisms remain to be fully described, in part due to the difficulty of studying them in standard model animal species that often lack the extreme social complexity found in humans, some great apes, and highly social birds like corvids.

### TRANSMISSION OF REWARD INFORMATION DURING GROUP FORAGING

Many animal species forage in groups. Individuals in those groups may obtain information on food location from the behavior of their fellow group members. Foraging in groups has been proposed to increase the probability of finding food through an effect referred to as local enhancement. Local enhancement is the benefit that an animal obtains from being in a flock by having multiple members scanning the environment, thus increasing the likelihood of finding food (Krebs et al., 1972; Beauchamp, 1998). The discovery of a food patch in a location in space (local enhancement) or associated with a particular cue (stimulus enhancement) attracts the attention of the other group members, a phenomenon well documented in birds (Spence, 1937; Krebs et al., 1972; Brown, 1986; Krebs and Inman, 1992; Avery, 1994) (Figure 1A). Roosts and colonies of birds may also fill the role of information centers, in which individuals identify the most successful foragers and follow them to food sources (Brown, 1986; Rabenold, 1987; Bugnyar and Heinrich, 2005). Bats, which rely on echolocation to hunt, are attracted to playbacks of echolocation calls produced during prey capture, suggesting that social information can guide individuals to successful hunting sites (Dechmann et al., 2009). It has also been shown in three species of titmice that social network size influences the likelihood of discovering novel food patches, suggesting that there is an evolutionary benefit to developing a larger network of social connections (Aplin et al., 2012). Rats leave scents at sites where novel, attractive food has been found, which subsequently serves as a guide for other rats to locate the sites. This phenomenon suggests that olfactory cues can transmit information about food sources as well (Galef and Beck, 1985). In addition, worker honeybees receiving sugar in hives

attract other members of their group (Heinrich, 1988; Slocombe and Zuberbühler, 2006). **ATTENTION TO OTHERS** Although there is strong evidence that animals are influenced by others' foraging activities, the neural mechanisms by which

initial exposure to the predator is paired with alarm substance. Bars

indicate increase in time spent hiding after a training exposure to a pike

with (open bars) or without (gray bars) alarm substance. Measurements

alarm substance (water only), or empty tank without alarm substance, 1,

3, and 5 days after initial exposure, respectively. \*P < 0.05; \*\*P < 0.01.

from incoming foragers learn to associate floral odors with behav-

ioral responses as the foragers transfer the sugar (Farina et al.,

2007). Finally in some species, including ravens and chimpanzees,

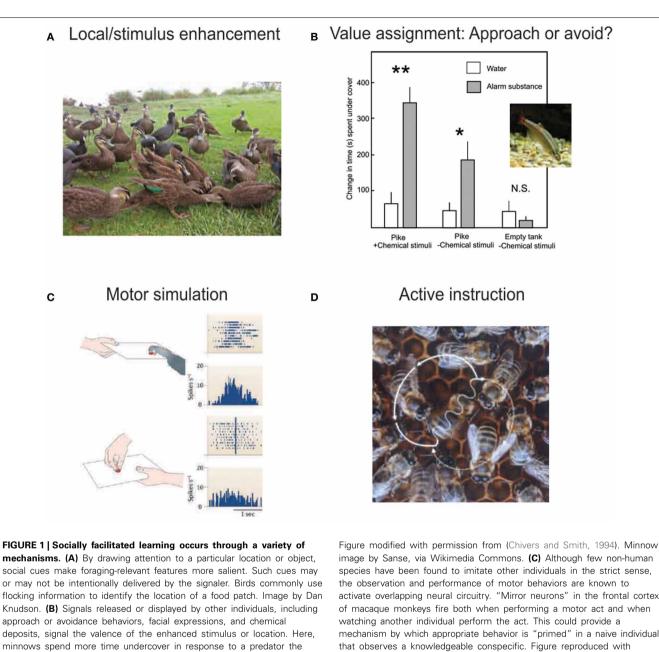
the individuals finding a food patch can emit vocal signals that

are taken during exposure to pike and alarm substance, pike without

Motor simulation

species have been found to imitate other individuals in the strict sense the observation and performance of motor behaviors are known to activate overlapping neural circuitry. "Mirror neurons" in the frontal cortex of macaque monkeys fire both when performing a motor act and when watching another individual perform the act. This could provide a mechanism by which appropriate behavior is "primed" in a naive individual that observes a knowledgeable conspecific. Figure reproduced with permission from (lacoboni and Dapretto, 2006). (D) In the process of active instruction, specific information is intentionally communicated to other individuals. This is known to occur in the context of the bee waggle dance, in which the travel path to a remote nectar site is signaled to other foragers in the hive. Image by J. Tautz and M. Kleinhenz, Beegroup Würzburg, via Wikimedia Commons. individuals gather information from others remain unknown in

the majority of cases, due to the technical difficulties inherent in applying neurophysiological techniques in the wild. Some studies have succeeded at creating laboratory experiments that recapitulate specific aspects of interactions that may happen during group foraging. In the laboratory, monkeys are known to be powerfully attracted to photos of other individuals, and this may reflect an important building block of social attention that makes other individuals interesting stimuli for animals (Deaner et al., 2005). The orbitofrontal cortex might be an important piece of



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the network allocating such social attention as it carries signals related to the value of gustatory rewards as well as signals related to the social influence and attentional priority of other individuals (Watson and Platt, 2012). Likewise the lateral intraparietal area signals the value of social information for choosing where to look (Klein et al., 2008, 2009; Klein and Platt, 2013). The TPJ has also been shown to be involved both in attentional processes (Corbetta and Shulman, 2002) and social cognition (Saxe and Kanwisher, 2003); thus it could constitute an important node for orienting attention to others during foraging. Evidence from connectivity analyses suggest that the TPJ is composed of subregions with distinct connectivity profiles, some regions showing activities correlated with other parts of the brain involved in social cognition and/or attention (Mars et al., 2012; Bzdok et al., 2013). The specific role of these subregions in attention and social cognition remains to be explored. Vocalizations related to food and social relationships have been shown to activate regions of the temporal lobe in macaques, which may play a role in identifying the meaning of the calls and drawing attention to others in critical situations (Gil-da-Costa et al., 2004). Although their involvement in natural group foraging contexts is only speculative at the moment, these areas may contribute to orienting gaze toward other individuals, and may constitute the building blocks of the neural systems that direct attention to others and potentially carry out neural computations that contribute to social influences on foraging.

### **GAZE-FOLLOWING**

Group foraging may also rely on extracting finer information from others, such as where they are looking, a phenomenon known as gaze-following or joint attention. The superior temporal sulcus (STS) (Kamphuis et al., 2009; Laube et al., 2011) and amygdala (Emery, 2000; Tazumi et al., 2010; Gordon et al., 2013), in monkeys and humans, respond to the sight of other individuals orienting in a particular direction. Further, impaired amygdala function in monkeys and humans disrupts gaze-following behavior (Kennedy and Adolphs, 2010; Roy et al., 2012). In macaques, the activity of neurons in the lateral intraparietal area-a brain region implicated in attention and orienting-is modulated by the gaze of others, a potential mechanism for directing attention to objects and locations attended by them (Shepherd et al., 2009). In humans, the gaze of others influences where people look and may even change their perception of objects (Ricciardelli et al., 2002; Frischen, 2007). Much remains to be discovered to understand these effects, but brain imaging studies demonstrate that some areas, including the dorsal striatum, anterior cingulate and inferior frontal cortex, show differential activation when individuals track the gaze of others (Schilbach et al., 2011). Thus, there are mechanisms in the brain that track the actions of others and the objects of their attention, but how these mechanisms are integrated to guide foraging decisions remains almost completely unknown.

### **OUTCOME MONITORING**

Learning from the foraging choices of others also requires neural processes that encode information relating to rewards and which individuals have obtained them. For example, neurons in the dorsal anterior cingulate cortex (ACCs) respond to missed opportunities, including rewards received by others (Hayden et al., 2009; Chang et al., 2011), whereas neurons in the anterior cingulate gyrus selectively signal the rewards received by others (Chang et al., 2013). Other areas of the brain are known to play roles in learning and reward-guided decision-making. In particular, the ventromedial prefrontal cortex (Kolling et al., 2012), ventral striatum (Klimecki et al., 2013) and dopaminergic midbrain (Schultz et al., 1997) all play important roles in reinforcement learning and motivation in non-social contexts. The ventral striatum has been shown to be modulated by expectations developed when learning in a social context, suggesting that part of the brain networks involved in social learning may overlap with the networks responsible for learning from direct experience (Jones et al., 2011). These data suggest that the brain areas involved in social influences on attention and food consumption by others overlap with areas involved in cognition and motivation in non-social context.

## **TRANSMISSION OF PREFERENCES**

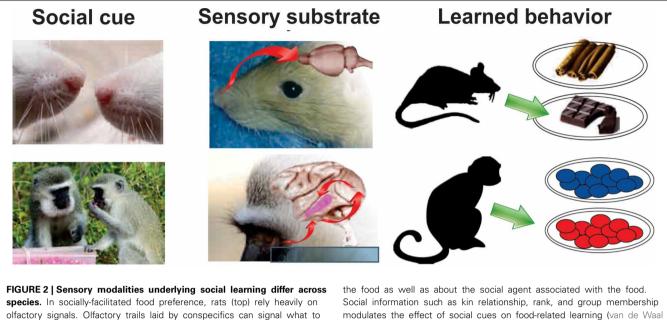
Beyond sharing information about the location of resources, animals may also learn about the quality of specific foods from others. In humans, eating habits in children are strongly influenced by familial and social factors (Patrick and Nicklas, 2005), and adults' food preferences are modulated by those of their dining companions (Young et al., 2009). In macaques, when mothers develop an aversion to specific foods, this results in reduced consumption of those foods by infants (Hikami et al., 1990). Infant vervet monkeys and males that immigrate to new social groups conform to local food preferences (**Figure 2**) (van de Waal et al., 2013). In rats, social transmission of food avoidance behavior is present and depends on the learner's previous exposure to food to be avoided (Masuda and Aou, 2009).

## FEAR RESPONSES

One of the most studied types of preference transmission is learning what to fear by observing others (Olsson and Phelps, 2007). Many animal species are capable of learning to fear a stimulus by observing the behavior of another animal toward it, including sheep (Keller et al., 2004), rats (Kavaliers et al., 2001), cats (John et al., 1968), monkeys (Cook and Mineka, 1989), mice (Jeon et al., 2010), and humans (Gerull and Rapee, 2002). The amygdala is a candidate site for this type of learning due to its known role in fear responses learned from direct experience (Olsson and Phelps, 2007). Functional magnetic resonance imaging studies have shown that the amygdala is activated during observational fear learning in humans (Hooker et al., 2006; Olsson et al., 2007). Furthermore, amygdala damage impairs fear recognition by disrupting the ability to use information from the eye region of faces (Adolphs et al., 2005). In addition, recent evidence indicates that disruption of activity in the anterior cingulate cortex of mice impairs observational fear learning (Jeon et al., 2010).

### QUALITY OF FOOD

Theoretically, one can learn the preferences of others by observing their attraction to good outcomes or by avoidance of bad outcomes (**Figure 1B**). Different mechanisms can be at play in any animal species and specific experimental context. The studies by



species. In socially-facilitated food preference, rats (top) rely neavily on olfactory signals. Olfactory trails laid by conspecifics can signal what to eat and where to find it. Moreover, olfactory components from the food detected on the breath of a conspecific, causes rats to prefer the associated food, even when tested weeks later. This preference can also be elicited by pairing the food odorant with carbon disulfide, a volatile chemical found in the breath (reviewed in Galef, 2012). In contrast, primates (bottom) are heavily visual. Visual cues convey information about the food as well as about the social agent associated with the food. Social information such as kin relationship, rank, and group membership modulates the effect of social cues on food-related learning (van de Waal et al., 2013). Rat noses photo by Alexey Krasavin; rat nose photo by Robin Stjerndorff; Chocolate photo by Simon A. Eugster; Cinnamon photo by trophygeek; Vervet head photo by Wegmann, all from Wikimedia Commons. Brain photos courtesy of University of Wisconsin and Michigan State Comparative Mammalian Brain Collections. Vervet food sharing photo modified from (van de Waal et al., 2013), with permission.

Hikami et al. (1990) and Masuda and Aou (2009) used avoidance and disgust reactions to transmit food preferences. In domestic hens, learning to avoid foods was not observed in experimental conditions, but the frequency of pecking of good food did increase the proportion of food eaten by observers (Sherwin et al., 2002). This suggests that the transmission of preferences may rely on good or bad experiences depending on learning context (Sherwin et al., 2002).

The brain systems that permit animals to observe outcomes that occur to others and transform these observations into appropriate decisions are still under investigation. Chang and colleagues showed that deciding to give rewards and viewing another monkey receive a reward activate the same subset of neurons in the anterior cingulate gyrus. In comparison, activity in the orbitofrontal cortex is selective for rewards delivered to self and activity in the anterior cingulate sulcus is selective for foregone rewards (Chang et al., 2013). In rats, it has been shown that cholinergic neurotransmission in the orbitofrontal cortex is necessary for social learning of food preferences (Ross et al., 2005). These findings suggest that the anterior cingulate gyrus and orbitofrontal cortex may be specialized for processing information about the experiences of others, but how this information is translated into modifications of behavior during social learning is poorly understood.

#### **IDENTITY AND TUTORING**

Individuals vary in whom they trust for information to guide learning (Coussi-Korbel and Fragaszy, 1995). Important social factors include identity and characteristics of the demonstrator. There is a strong correlation between the number of other individuals engaging in a behavior and an individual's likelihood of replicating the behavior or otherwise conforming (Galef and Laland, 2005). In addition, familiarity is an important modulator of social learning, as humans and other animals are more likely to learn from familiar individuals than from strangers. This phenomenon can be observed across species. For example, guppies learned a swimming route to food significantly faster when the demonstrator was familiar to them (Swaney et al., 2001). Expertise also modulates learning, with naïve chimpanzees spending more time following successful or informed conspecifics than other naïve chimps (Menzel, 1974; Galef and Laland, 2005). Age can also affect learning; in particular juveniles can learn from adults (Galef and Laland, 2005; van de Waal et al., 2013). In one study, juvenile rats only ate foods they had observed elders eating previously and sampled food from the mouths of elders to acquire food preferences whereas elders sampled food from juveniles significantly less frequently (Galef and Giraldeau, 2001). It has been shown that in small-scale human societies, children ages 10 and up prefer to learn from others perceived as more successful/knowledgeable and that age and sex also influence who is picked as tutors (Henrich and Broesch, 2011). Finally, dominance ranking modulates social learning. For example, hens learn more effectively from dominant hens than from unfamiliar or subordinate ones (Nicole and Pope, 1999). How identity modulates social learning varies across species. For instance, it has been reported that chimpanzees use information from older adults to learn unusual feeding behaviors, whereas gorillas learn preferentially from younger individuals (Masi et al., 2012). Therefore,

the influence of identity and expertise on social learning is a widespread phenomenon in animals although the specific characteristics of the individuals likely to improve social learning varies across species.

Given the influence of identity on social learning, it is interesting to examine the brain areas that may process such information. The effects of familiarity on social learning may be mediated by brain regions that process identity information encoded in faces, including the fusiform face area (Haxby et al., 2002) and along the gyral surface of the temporal lobe (Tsao et al., 2008; Freiwald and Tsao, 2010). Increases in social network size in macaques are associated with increases in gray matter in mid-superior temporal sulcus and rostral prefrontal cortex (Sallet et al., 2011). Cells in the prefrontal cortex have been shown to be modulated differently according to dominance and social context (Fujii et al., 2009). Using functional magnetic resonance imaging, two neighboring divisions of the anterior cingulate cortex were found to encode variables related to direct experience learning and learning from social information separately (Behrens et al., 2008). This study employed a simple decision task in which participants could base their decisions on their own experience or on the suggestions of a confederate, each of which could be modeled orthogonally. Behrens et al. (2008) proposed that social value could be subject to an associative learning process similar to that applied to other non-social stimuli. For instance, by registering the advice of the confederate and computing a prediction error with respect to current knowledge, one could determine the trustworthiness of the confederate. The activity of three regions of the brain was shown to correlate with this computation: the anterior cingulate cortex gyrus, the temporoparietal junction, and the dorsomedial prefrontal cortex (Behrens et al., 2008). These findings suggest that these areas might be involved in the processes by which an individual learns about the reliability of others' advice. This possibility relates to the ability of humans and other animals to focus on learning from an informed expert over a naïve conspecific. It has been shown that macaques prefer viewing dominant individuals (Deaner et al., 2005). Social hierarchy is associated with modulations of the ventral striatum and amygdala in humans (Zink et al., 2008; Ly et al., 2011; Kumaran et al., 2012) and the medial prefrontal cortex plays a causal role in dominancerelated behaviors in mice (Wang et al., 2011). These networks seem to encode information about the identity of those with whom a given individual interacts and therefore could constitute the neural basis for the influence of identity on social learning.

#### **EMOTION RECOGNITION AND EMPATHY**

The recognition of facial and behavioral expressions of fear and disgust is another mechanism by which individuals may learn from the experiences of others. It has been shown that the anterior cingulate cortex and frontoinsular cortices are activated by fearful facial expressions, suggesting that these regions might process social information associated with negative outcomes (Fan et al., 2011). The ventromedial, dorsomedial, and dorsolateral prefrontal cortex may also be involved in tracking the decisions of others since these regions encode the reward and action prediction errors obtained from observing others' decisions (Behrens et al., 2008; Suzuki et al., 2012). In macaques, dynamic facial

expressions increase BOLD signal in the anterior superior temporal sulcus (Furl et al., 2012). The amygdala and dorsal anterior cingulate cortex also appear to be involved in self-monitoring of social facial expressions (Livneh et al., 2012). Amygdala lesions also change the activation patterns of the inferior temporal cortex in response to facial expressions (Hadj-Bouziane et al., 2012). These findings suggest that an extended brain system processing facial expressions is present in macaques (Tsao et al., 2008; Freiwald and Tsao, 2010). It remains to be determined if the facial recognition skills of primates are necessary for social learning of food preference and fear association or whether other behavioral signs are used to recognize positive and negative emotions in others.

A role for the ACC in empathy is supported by imaging studies in humans showing that this area responds to pain felt by others (Singer et al., 2004; Bernhardt and Singer, 2012). The anterior insula also seems to respond strongly to viewing others in pain (Singer et al., 2004; Gu et al., 2010). Furthermore, lesion studies indicate that both ACC and insula lesions can contribute to reductions in affective empathy (Leigh et al., 2013). Theory of mind, the cognitive processes by which people model the goals, intentions and emotions of others, is thought to rely on a wide network of brain regions including the superior temporal sulcus, temporo-parietal junction, precuneus, and the medial prefrontal cortex (Koster-Hale and Saxe, 2013). Therefore, understanding others and sharing their emotions relies on an extended brain network with components in the prefrontal, parietal, and temporal cortices.

#### **OLFACTORY CUES**

A body of work initiated by Bennett Galef over 40 years ago demonstrates that, even within a single species, food choices are biased by many distinct social mechanisms that operate via different modalities. For example, lactating mother rats, like humans (Mennella, 1995), transmit taste preferences to their offspring via milk flavor (Galef and Clark, 1972; Galef and Henderson, 1972). In the olfactory domain, rats follow scent trails of other rats to food sites (Galef, 1996), and to prefer food deposits scent-marked by other rats (Galef and Heiber, 1976). In the visual domain, young rats leaving the nest learn to locate food sites by visually identifying the location of adult rats (Galef and Clark, 1971). In this last example, the visual cue is sufficient for learning, and the presence of an anesthetized or dead adult rat elicits similar spatial orientating behavior.

In a particularly striking example of social learning, Galef also discovered that food preferences are socially transmitted between rats at points that are temporally and spatially distant from the food source, in a manner somewhat analogous to humans seeking restaurant recommendations from friends (**Figure 2**). Galef found that, after "demonstrator" rats ate cocoa-flavored rat chow, young "observer" rats preferred cocoa-laced rat chow over cinnamon-laced rat chow after interacting with the demonstrator (Galef, 2003; Galef and Whiskin, 2003). The cue responsible for this preference was subsequently found to be olfactory, as exposure to rat breath laced with cocoa, or even human breath laced with cocoa, could induce this preference in observer rats (Galef, 2009). Even more specifically, the presence of carbon disulfide, a

gas present in rat breath, when paired with cocoa, was found to be sufficient to induce food preference, as a stuffed dummy rat laced with cocoa, while insufficient on its own to induce preference, would induce preference when laced with cocoa paired with a few drops of carbon disulfide. The ability to detect flavors depends on a signaling cascade initiated by guanylyl cyclase-expressing olfactory receptors in the nasal epithelium, and mouse knock-outs of the genes encoding these receptors show no preference for the flavor consumed (Munger et al., 2010).

Social learning of food preferences is not limited to mammals and birds. Some species of fish, including fathead minnows, have specialized epidermal cells that release "alarm substance" when mechanically damaged. This chemical alarm substance diffuses through the water to enhance predator escape responses amongst the surrounding individuals (Göz, 1942; Chivers and Smith, 1994; Griffin, 2004). Alarm substance can be viewed as analogous to carbon disulfide in the breath of conspecifics in the case of rats, though in rats the chemical induces approach behavior and in fish the chemical induces avoidance (**Figure 2**).

Socially-induced food preferences are long-lasting, known to last for weeks after exposure to the demonstrator. Lesburguères found that long-term memory of a socially induced food preference is mediated by connections relying on NMDA/AMPA receptors between the hippocampus and orbitofrontal cortex (OFC) (Lesburguères et al., 2011). They posit that such memories retain their specificity for the preferred food using an epigenetic tagging mechanism, in which specific neurons in the OFC are designated at the time of exposure as the ultimate carriers of this memory, even though it will be days before the memory gets consolidated. Ross and Eichenbaum (2006) have shown that damage to the hippocampus in rats impairs social transmission of food preferences. How the brain integrates social cues to shape future choices remains to be investigated but the mechanisms may include computations of the difference between one's own preferences and the preferences of others, and integration of the identity of others, a variable that correlates with activity in the dorsomedial prefrontal cortex (Izuma and Adolphs, 2013).

Current studies thus provide a rough picture of the brain areas that may be involved in tracking the valence of outcomes occurring to others. As shown in the previous section, social learning of preferences may rely on simple mechanisms such as favoring attention to where others are looking. In addition, social learning may rely on recognizing whether an outcome is good or bad. One important challenge for future research will be to identify the neural mechanisms by which these processing streams influence decision-making. Given the fact that social learning can rely on various sensory inputs including vision, audition and olfaction, the brain mechanisms underlying social learning in the wide array of species that show this ability may be very different. Among the most interesting questions to explore is whether or not the brain systems mediating socially-learned preferences overlap with the brain systems mediating non-socially learned preferences.

#### **TRANSMISSION OF SKILLS, ACTIONS, AND GOALS**

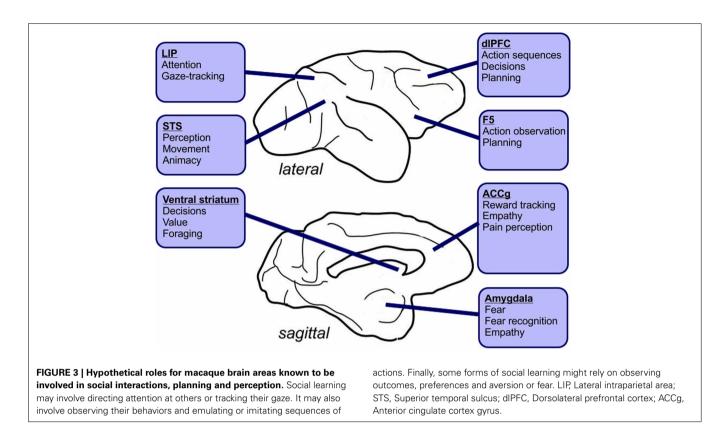
Animals are also capable of learning new skills, foraging methods, and social conventions by observing conspecifics (**Figures 1C,D**). The potato-washing and wheat-winnowing behaviors of Japanese

monkeys are among the most well-known examples. Kawamura (1959) observed the propagation of these behaviors from individuals to their relatives and friends, and then to the extended group. In wild meerkats, naïve pups are more likely to consume food that requires handling skills, such as hardboiled eggs and scorpions, if they are given the opportunity to observe an adult eating those foods (Thornton, 2008). A long-term study looked at traditions or social conventions in white-faced capuchin monkeys, defining those as behaviors that are common in subpopulations of capuchin monkeys while absent among other populations, implicating social influences on learning (Perry et al., 2003). Several behaviors were found to qualify as traditions or social conventions, including hand-sniffing, sucking of body parts, and playful gestures displayed with another individual (Perry et al., 2003). In populations of white-faced capuchin monkeys, young foragers can observe and learn from mature foragers who consume food requiring multi-step processing (Perry, 2011). Learning skills from others occurs in a wide range of other animals as well, including octopuses, birds, and mammals (Sherry and Galef, 1984; Fiorito and Scotto, 1992; Thornton, 2008). Chimpanzees and humans also demonstrate impressive abilities to learn complex sequences of actions through observation (Whiten et al., 1996; Whiten, 1998). Chimpanzees have been shown to transmit to others nut-cracking techniques involving stones or tree roots and ant-dipping through direct mouthing and pull-through (Humle and Matsuzawa, 2002; Humle et al., 2009; Luncz et al., 2012). Much remains to be discovered concerning the neural mechanisms underlying such cultural transmission of behavior, but a study on communicative innovation has identified activation in the ventromedial prefrontal cortex and the temporal lobe when pairs of human subjects generate and subsequently understand novel communicative symbols (Stolk et al., 2013).

#### **IMITATION AND EMULATION**

Emulation and imitation are forms of social learning in which individuals actively model the goal of another individual's actions (Wood, 1989; Tomasello et al., 1993; Horner and Whiten, 2005). In emulation, the observer only gathers information about the goal that is attained by the observed individual but independently learns the appropriate actions to reach the identified goal, typically by trial and error. In imitation, the observer not only emulates the goal, but also the sequence of actions to reach that goal.

Cognitive imitation is a subset of imitative behaviors. Subiaul et al. (2004) showed that macaques are capable of learning to touch sequences of images in order to reach a reward, independent of the precise sequence of actions needed. In this case, learning is abstract (image sequence) rather than physical (actions performed), hence the term "cognitive imitation." There remains active research on the specific learning contexts that involve either emulation or imitation in humans and chimpanzees. There is strong evidence that chimpanzees can successfully observe actions and reproduce certain aspects of the performed actions, and the phenomenon has been referred to as imitation by some authors (Whiten et al., 1996; Bjorklund et al., 2000; Myowa-Yamakoshi et al., 2004; Bard, 2007; Carrasco et al., 2009). However, other authors have shown that chimpanzees fail to imitate novel actions.



They argue that the majority of devices utilized in social learning experiments can lead the subject to copy by process of emulation, and therefore chimpanzees may in fact learn the physical movements of these devices, rather than the actions of another individual (Call et al., 2005; Tennie et al., 2012).

Despite the "emulation vs. imitation" debate, it remains necessary to outline possible neural circuits that may be involved in learning skills through observation. For emulation, an act as simple as diverting the learner's attention to the goal of others may be sufficient to favor learning. Additionally, for both emulation and imitation, skill learning often involves sequential behaviors; do A, then B, followed by C. Research in the past few decades has revealed brain areas that may be involved in processing such action sequences. Decision-making and the performance of sequences of behaviors are likely complex processes involving continuous adjustments of attention, goals, and motor plans (Figure 3) (Resulaj et al., 2009). Using fMRI, it has been shown that the brain areas active during the inhibition of imitative responses in humans overlap with those involved in mental state attribution, specifically the TPJ and anterior fronto-median cortex, frontal gyrus and superior parietal lobule (Buccino et al., 2004; Brass et al., 2009; Caspers et al., 2010). It has also been shown using trans-cranial magnetic stimulation to disrupt the right TPJ that this area plays a causal role in imitation (Sowden and Catmur, 2013).

The contributions of other areas remains speculative for the moment because it is hard to create laboratory contexts in which animals repeatedly learn socially, but many experiments in which animals learn sequences of actions non-socially permit us to sketch the potential role of prefrontal areas in learning sequences of movements. For instance, neurons in the anterior cingulate cortex are activated differentially based on the number of instances in which an action was repeated in a sequence (Iwata et al., 2013). Neurons in the lateral prefrontal cortex are modulated by action sequences and fire spikes for specific sequences of actions, rather than individual actions (Shima et al., 2007; Tanji and Hoshi, 2008). Neurons in the pre-supplementary motor area also encode temporal aspects of behavioral sequences (Shima and Tanji, 2006; Lucchetti et al., 2012), and fMRI signals from this region in humans also respond to ordering tasks (Acuna et al., 2002). By activating GABA receptors with muscimol injections, a procedure that inhibits the activity of neurons of a specific brain area, it has been found that both the supplementary and pre-supplementary motor areas were necessary to perform normally on memory-based sequences of movements (Shima and Tanji, 1998). The anterior cingulate cortex, supplementary and pre-supplementary motor areas, and lateral prefrontal cortex thus appear to be potential candidates for components of the network required to learn skills from others given their role in encoding and processing sequences of actions. However, the direct involvement of these areas in the social learning of skills has yet to be tested.

#### ACTION OBSERVATION AND MIRROR NEURONS

Observing sequences of actions is a necessary initial step to extracting information from others and learning from them (Bonini et al., 2013). One proposed mechanism through which this may occur is the mirror neuron system, although this

proposition is highly debated (Newman-Norlund et al., 2007; Hickok, 2009). Mirror neurons were first described in monkeys as cells that fire both when an animal performs an action and observes another animal performing the same action (di Pellegrino et al., 1992). In monkeys, these cells are found in the prefrontal cortex area F5 (di Pellegrino et al., 1992) and in the parietal cortex (Fogassi et al., 2005; Rozzi et al., 2008). In humans, functional magnetic resonance imaging has revealed a set of areas that are activated when subjects view grasping actions of others, including the ventral premotor cortex, posterior frontal gyrus, and inferior frontal gyrus (Iacoboni et al., 2005). Differences arise between activation of these regions of the brain when monkeys and humans view an identical action in different contexts, which suggests that neurons in these areas encode aspects of the action's goal and context, which could indicate a role in intention understanding (Fogassi et al., 2005; Iacoboni et al., 2005).

Other studies have identified cells in the medial frontal cortex that respond to other's actions separately from self-actions (Yoshida et al., 2011). Furthermore, neurons in this area respond to observing errors made by others (Yoshida et al., 2012). These findings suggest a potential role for the medial frontal cortex in monitoring social outcomes. Both the ventral premotor cortex and the parietal cortex contain neurons that respond both to the actions of others and to one's own actions (Fujii et al., 2008), and these responses are modulated by the presence of food that both monkeys can grab (Fujii et al., 2007). The frontal and parietal networks that contain mirror neurons are linked to each other by numerous connections in macaques, chimpanzees and humans (Hecht et al., 2013). Independent subdivisions of the medial prefrontal cortex are active when one makes choices for oneself or for a partner, suggesting that actions made by oneself and others are represented separately in the media prefrontal cortex (Nicolle et al., 2012). It remains unknown whether or not mirror neurons and the brain areas showing mirror-like hemodynamic responses in fMRI studies causally contribute to social learning. Thus, one of the challenges for future research will be to identify learning contexts in which these areas are necessary for social learning to occur. To accomplish this goal, setups will be required in which social learning can occur consistently in a laboratory setting, in conjunction with local manipulation of groups of neurons in the prefrontal and parietal cortex. The currently available data indicates that the actions of self and others can be represented jointly in some brain areas while separately in others, and that many of the areas involved in social learning also have roles in non-social learning.

## CONCLUSION

The contexts in which social learning and social influences on learning occur are numerous, and these skills are found in a broad range of species. However, the neural mechanisms underlying these skills remain poorly understood. In some cases, even the precise cues used by individuals to extract social information remain unknown. Social learning occurs when sensory inputs generated by others are used as sources of information by decision-makers. Most of the cases reviewed here involve learning from conspecifics, but there are known cases of interspecies social learning, including in elephants and parrots (Balsby et al., 2012; Stoeger et al., 2012). To investigate social learning, it will be necessary to identify the sensory cues that allow individuals to learn socially in a broad range of species. Visual (facial expression recognition, behavioral recognition), auditory (screams, food consumption sounds), and olfactory (smell of another's animal breath) cues are all distinct possibilities. The second challenge will be to develop a variety of animal models that allow for experimental manipulations of these cues in order to characterize the role of different brain processes in social learning. Recording neurons and manipulating the activity of specific brain areas while social learning occurs will be necessary to reveal the processes that mediate social learning. Ultimately, how the brain processes social information will be crucial in our understanding of human social interactions and culture, and may suggest new ways to treat neuropsychiatric disorders attended by impaired social interactions, as well as the development of enhanced educational methods.

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