

# Efficacy and safety of icotinib as first-line therapy in patients with advanced non-small-cell lung cancer

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**Background and objective:** Several clinical trials have proven that icotinib hydrochloride, a novel epidermal growth factor receptor (EGFR)–tyrosine kinase inhibitor, exhibits encouraging efficacy and tolerability in patients with advanced non-small-cell lung cancer (NSCLC) who failed previous chemotherapy. This study was performed to assess the efficacy and toxicity of icotinib as first-line therapy for patients with advanced pulmonary adenocarcinoma with EGFR-sensitive mutation.

**Patients and methods:** Thirty-five patients with advanced NSCLC with EGFR-sensitive mutation who were sequentially admitted to the First Affiliated Hospital of Xi'an Jiaotong University from March 2012 to March 2014 were enrolled into our retrospective research. All patients were administered icotinib as first-line treatment. The tumor responses were evaluated using Response Evaluation Criteria in Solid Tumors (RECIST, version 1.1).

**Results:** Among the 35 patients, the tumor objective response rate (ORR) and disease control rate were 62.9% (22/35) and 88.6% (31/35), respectively. The median progression-free survival was 11.0 months (95% confidence interval [CI]: 10.2–11.8 months), and median overall survival was 21.0 months (95% CI: 20.1–21.9 months). The most common drug-related toxicities were rashes (eleven patients) and diarrhea (nine patients), but these were generally manageable and reversible.

**Conclusion:** Icotinib monotherapy is effective and tolerable as first-line treatment for patients with advanced lung adenocarcinoma with EGFR-sensitive mutation.

**Keywords:** lung neoplasms, icotinib hydrochloride, first-line treatment

## Introduction

Lung cancer is the most commonly diagnosed cancer worldwide and also the most common cause of cancer-related mortality.<sup>1</sup> The Chinese Cancer Registry Annual Report estimates that, based on statistics for 2011, the death rate from lung cancer in the People's Republic of China was 4.83/1,000,000, accounting for the major portion of all cancer-related deaths.<sup>2</sup> Approximately 80% of all lung cancer cases are categorized as non-small-cell lung cancer (NSCLC), with lung adenocarcinoma being the most common pathological type.<sup>3</sup> NSCLC is often diagnosed at an advanced stage and the prognosis is poor; it is estimated that the 5-year survival rate is <15%.<sup>4</sup> For patients with NSCLC, cytotoxic chemotherapy treatments provide a modest survival advantage over best supportive care. However, the response rate of platinum-based regimens in advanced NSCLC is not >40%, and the therapeutic plateau has been reached with conventional chemotherapy.<sup>5</sup> In addition, these agents are commonly associated with evident side effects, including myelosuppression, hepatotoxicity, nephrotoxicity, and neurotoxicity.

The treatment paradigm for patients with NSCLC is changing with the improved understanding of molecular signaling pathways. In recent years, epidermal growth

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factor receptor–tyrosine kinase inhibitors (EGFR–TKIs), such as erlotinib and gefitinib, represented the significant progress made toward treating NSCLC. Deletions in exon 19 and the L858R mutation in exon 21 are the most frequent EGFR-sensitive mutations, and these have been detected commonly in lung adenocarcinomas of Asian, female never-smokers.<sup>6</sup> Several studies have reported that *EGFR* gene-activating mutations are strong molecular predictors of response to EGFR–TKIs in NSCLC.<sup>7–9</sup> Moreover, a series of latest clinical studies, including IPASS, NEJ002, WJTOG3405, OPTIMAL, EURTAC, LUXLUNG3, and LUXLUNG6,<sup>10–16</sup> have shown that EGFR–TKIs as first-line therapy have more advantages than conventional cytotoxic chemotherapy in patients with advanced NSCLC, with significantly longer progression-free survival (PFS) (9.5–13.7 months vs 4.6–6.9 months) and higher objective response rate (ORR) (58%–84% vs 15%–47%).

Icotinib is a novel, orally administered, reversible small-molecule EGFR–TKI, designed and patented by Beta Pharma (Zhejiang, People's Republic of China). An *in vitro* study<sup>17</sup> showed that icotinib could significantly inhibit the proliferation of human tumor cell lines (A431 cells) that overexpress EGFR. The antitumor effect of icotinib was similar to that of gefitinib in *EGFR*-mutated lung cancer cell lines (PC-9 and HCC827).<sup>18</sup> Data from animal experiments further confirmed that icotinib can strongly inhibit tumor growth in several xenograft models.<sup>19</sup> Furthermore, the results of Phase I, I/IIa, and III clinical studies<sup>20–22</sup> revealed that icotinib exhibited beneficial clinical antitumor activities and favorable tolerability in patients with advanced NSCLC. The ICOGEN trial<sup>22</sup> was the first prospective head-to-head Phase III trial of EGFR–TKIs, which was implemented to compare the efficacy and safety of icotinib versus gefitinib in patients with NSCLC after one or two failed treatments of chemotherapy. The trial revealed that icotinib demonstrated equivalent efficacy, better safety, and better tolerability relative to gefitinib in patients with NSCLC previously treated with chemotherapy.

Taking into consideration the encouraging results of ICOGEN, icotinib was approved by the State Food and Drug Administration of the People's Republic of China in August 2011 for the second- or third-line treatment of advanced NSCLC. In addition, considering that icotinib has a molecular structure similar to that of gefitinib and erlotinib, apart from being more cost-effective than gefitinib or erlotinib in the People's Republic of China, icotinib is also an alternative choice to treat patients with advanced NSCLC as a first-line treatment.<sup>23</sup> A previous retrospective study<sup>24</sup> analyzed

56 patients with advanced NSCLC using icotinib as the first-line treatment and reported that the ORR was 46.4%, the disease control rate (DCR) was 78.6%. In this retrospective analysis, however, only 18 cases had *EGFR* mutations. Thus, the results were not representative due to the existence of heterogeneous population and questions remained about the efficacy and safety of icotinib in patients with lung adenocarcinoma with EGFR-sensitive mutations. Here, we performed a retrospective study to evaluate the efficacy and tolerability of icotinib as first-line therapy in patients with advanced lung adenocarcinoma with EGFR-sensitive mutation.

## Patients and methods

### Patient eligibility

The study was approved by the institutional ethics committees of the First Affiliated Hospital of Xi'an Jiaotong University and written informed consent was obtained from each patient. We retrospectively analyzed the clinical data of patients with advanced lung adenocarcinoma and with EGFR-sensitive mutation between March 2012 and March 2014, who were treated with icotinib as the first-line treatment. The inclusion criteria for this study were as follows: 1) all cases histologically or cytologically validated; 2) patients with advanced or metastatic (stage IIIB or IV) lung adenocarcinoma and EGFR-sensitive mutation who had not received chemotherapy treatments before icotinib administration; 3) at least one measurable lesion according to the Response Evaluation Criteria in Solid Tumors 1.1 (RECIST, version 1.1);<sup>25</sup> 4) Eastern Cooperative Oncology Group performance status (ECOG-PS)<sup>26</sup> score  $\leq 3$ ; and 5) no radiotherapy or interventional therapy and no other EGFR–TKI treatment administered concurrently with icotinib therapy. Patients were excluded if they had received any other EGFR inhibitors and if they had serious or severe hypersensitivity reactions to icotinib. Other exclusion criteria included uncontrolled central nervous system metastases or spinal cord compression, severe underlying cardiopulmonary diseases, a history of interstitial lung disease, and severe gastrointestinal disorders influencing drug absorption.

### *EGFR* gene mutation detection

*EGFR* mutation detection was performed using the Scorpion amplification refractory mutation system (ARMS) kit manual from the manufacturing company (Qiagen, Venlo, the Netherlands). In this study, deletions in exon 19 and the L858R point mutation in exon 21 were considered sensitive mutations.

## Treatment and response evaluation

Icotinib hydrochloride was given orally at a dose of 125 mg three times daily until disease progression or intolerable toxicity. No other systematic anticancer treatment was administered concurrently with icotinib treatment. Baseline evaluation of all patients was completed within 1 week before treatment. The assessment included complete medical history and physical examination, laboratory tests, electrocardiography, thorax computed tomography (CT) scan, enhanced magnetic resonance imaging of the skull, and examination of critical organs such as the liver and bone. Therapeutic evaluations were performed according to the RECIST criteria (version 1.1) and included complete response (CR), partial response (PR), stable disease (SD), and progressive disease (PD). The ORR comprises CR and PR. The DCR was defined as CR, PR, and SD. The radiological evaluation was performed by two independent oncologists. Generally, the first evaluation was performed at 1 month after starting icotinib, and then assessment was conducted every 2 months or at progression of an original symptom. Adverse events were graded according to the National Cancer Institute toxicity classification standard version 3.0.<sup>27</sup>

## Follow-up

All patients were evaluated for tumor response, PFS, and overall survival (OS). The final follow-up date was October 2, 2015. PFS was defined as the period from the first day of icotinib therapy to documented progression or death from any cause (calculated according to the event that occurred first). OS was for the span between the start of icotinib and the date of death or the final outpatient follow-up visit. Clinical data and outcomes were obtained by a search of patient medical records, consultation with the doctors in charge, and interviews in the outpatient clinic.

## Statistical analysis

Descriptive statistics, including frequency and percentage, were used to summarize the study data. The chi-square test or Fisher's exact test (when there are expected frequencies less than five) was used to compare the differences in ORR and DCR after stratification by sex, age, smoking status, ECOG-PS, clinical staging, and *EGFR* mutation type. The median PFS and OS were calculated using the Kaplan–Meier, and the differences among the levels of possible prognostic factors were tested by the log-rank test in univariate analyses. A value of  $P < 0.05$  was considered statistically significant. Statistical analyses were conducted using SPSS 18.0 (SPSS Inc, Chicago, IL, USA).

## Results

### Baseline characteristics

Between March 2012 and March 2014, a total of 119 patients with advanced lung adenocarcinoma were registered in our electronic medical records. According to the inclusion criteria, 35 consecutive patients with *EGFR*-sensitive mutation were included in this retrospective study. The whole cohort of patients included 19 (54.3%) females and 16 (45.7%) males. The age of the patients ranged from 42 years to 84 years, with a median age of 63 years. Among the 35 patients, 23 patients (65.7%) were younger than 70 years of age, while 26 (74.3%) were never-smokers, and nine (25.7%) were current or former smokers. Most patients had an ECOG-PS of zero or one, and only 13 (37.1%) patients had an ECOG-PS of two or three. According to the National Comprehensive Cancer Network Guidelines version 1.2015 for staging NSCLC, three (8.6%) patients were at stage IIIB and 32 (91.4%) had stage IV disease at study entry. Deletions in exon 19 were found in 21 (60.0%) patients, while L858R point mutation in exon 21 was found in the remaining cases (Table 1).

### Response to treatment

All 35 patients were evaluable for curative efficacy. The ORR was 62.9% (22/35, zero cases of CR, 22 cases of PR). Additionally, nine patients had SD, yielding an overall DCR of 88.6%. Three out of seven patients exhibiting brain metastasis who received icotinib treatment after whole-brain radiation therapy achieved PR (Figure 1) and one patient exhibited SD. Female patients, never-smokers, patients younger than 70 years, and patients with ECOG-PS of zero or one had numerically superior ORR and DCR; however, the difference was not statistically significant. Moreover, there was also no significant difference in ORR and DCR between subgroups stratified by tumor, node, metastases (TNM) staging system or *EGFR* mutation type (Table 1).

### Disease-related symptom improvement

Most of the patients (31 cases) exhibited a range of disease-related symptoms before treatment initiation. Twenty (64.5%) out of 31 symptomatic patients underwent an obvious symptomatic improvement after icotinib treatment, especially for symptoms of cough, sputum, chest pain, and wheezes. In addition, three patients became completely asymptomatic. The mean time from first drug administration to symptomatic improvement was ~3 weeks.

**Table 1** Baseline demographic and clinical data of the study patients and therapeutic evaluation

Clinical characteristics	n (%)	ORR		DCR	
		n (%)	P-values	n (%)	P-values
Total	35	22 (62.9)	–	31 (88.6)	–
Sex					
Female	19 (54.3)	12 (63.2)	1.000	16 (84.2)	0.608
Male	16 (45.7)	10 (62.5)		15 (93.8)	
Age at diagnosis					
<70 years	23 (65.7)	15 (65.2)	0.726	22 (95.7)	0.106
≥70 years	12 (34.3)	7 (58.3)		9 (75)	
Smoking status					
Never-smoker	26 (74.3)	17 (65.4)	0.698	24 (92.3)	0.268
Current or former smoker	9 (25.7)	5 (55.6)		7 (77.8)	
ECOG-PS					
0 or 1	22 (62.9)	15 (68.2)	0.480	20 (90.9)	0.618
2 or 3	13 (37.1)	7 (53.8)		11 (84.6)	
TNM staging system					
IIIB	3 (8.6)	1 (33.3)	0.541	2 (66.7)	0.313
IV	32 (91.4)	21 (65.6)		29 (90.6)	
EGFR mutation type					
Del 19	21 (60.0)	14 (66.7)	0.724	18 (85.7)	0.635
L858R	14 (40.0)	8 (57.1)		13 (92.9)	

**Abbreviations:** DCR, disease control rate; ECOG-PS, Eastern Cooperative Oncology Group performance status; EGFR, epidermal growth factor receptor; ORR, objective response rate; TNM, tumor, node, metastases.

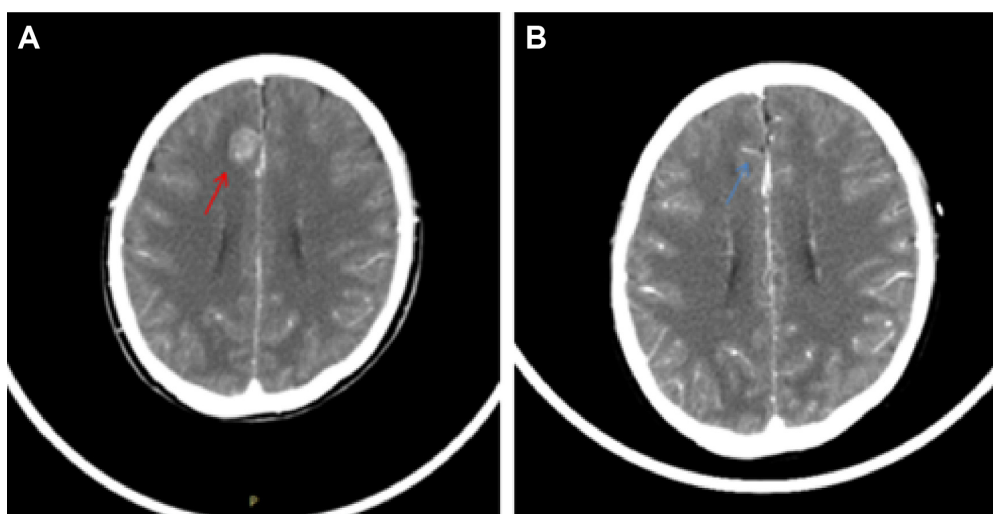
## Survival analysis

The median follow-up time was 24.3 months. At the end of follow-up (October 2, 2015), 22 patients died, 13 patients were still alive, and 12 patients were still on icotinib treatment. Median PFS for the 35 patients was 11.0 months (95% confidence interval [CI]: 10.2–11.8 months) (Figure 2A), and median OS was 21.0 months (95% CI: 20.1–21.9 months) (Figure 2B). On univariate analysis, the survival (both PFS

and OS) was not found to be affected by sex, age at diagnosis, smoking history, ECOG-PS, stage of disease, or *EGFR* mutation type (Table 2).

## Icotinib-related toxicities

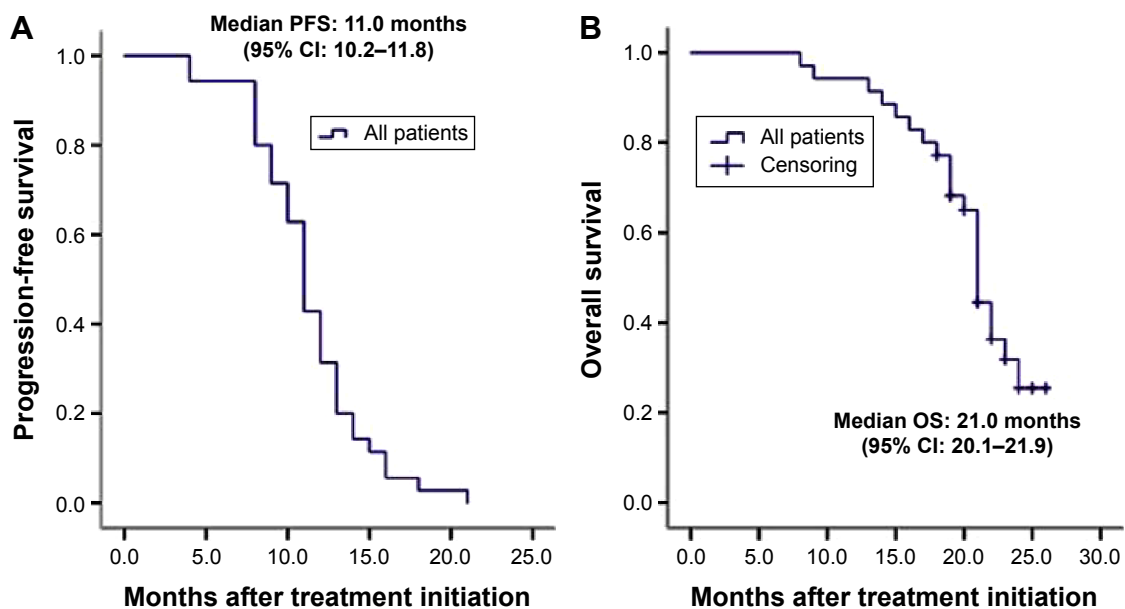
At least one therapy-associated adverse event was registered in 26 (74.3%) patients, of which 25 were mild and reversible. The most common toxicities were skin-related events



**Figure 1** Imaging changes.

**Notes:** (A) Pre- and (B) posttreatment micrographs of cranium CT scan for a typical 47-year-old female patient with a favorable treatment outcome of cerebral metastases: compared with the baseline (red arrow), the metastasis focus was obviously shrunken after 3 months of icotinib treatment (blue arrow).

**Abbreviation:** CT, computed tomography.



**Figure 2** Kaplan–Meier survival curves of 35 patients with advanced lung adenocarcinoma with EGFR-sensitive mutation.

**Note:** (A) The PFS in all patients, (B) the OS in all patients.

**Abbreviations:** CI, confidence interval; EGFR, epidermal growth factor receptor; OS, overall survival; PFS, progression-free survival.

and diarrhea. Acne-like rash and diarrhea were observed in eleven (31.4%) and nine (25.7%) cases, respectively. Other common adverse events include dry skin, mucositis, nausea, asthenia, and elevated levels of aspartate transaminase and alanine transaminase. However, except for one case of grade III rash and one case of grade III diarrhea, all adverse events were of grades I or II. They were also transient and could be controlled with symptomatic therapy without the

need for dose reduction or interruption of icotinib therapy. No possible drug-related interstitial pneumonia and drug-related death occurred during treatment. The data are shown in Table 3.

## Discussion

The EGFR-signaling pathway is closely involved in several key drivers of malignancy, including tumor cell proliferation

**Table 2** Univariate survival analysis according to the patient characteristics (months)

Clinical characteristics	PFS		OS	
	Median (95% CI)	Log-rank P-values	Median (95% CI)	Log-rank P-values
Total	11.0 (10.2–11.8)	–	21.0 (20.1–21.9)	–
Sex				
Female	11.0 (9.7–12.3)	0.524	21.0 (20.3–21.7)	0.833
Male	11.0 (9.9–12.1)		17.0 (15.6–26.3)	
Age at diagnosis				
<70 years	12.0 (10.2–13.8)	0.293	21.0 (19.4–22.6)	0.356
≥70 years	11.0 (10.4–11.6)		21.0 (18.0–24.0)	
Smoking status				
Never-smoker	11.0 (10.2–11.8)	0.353	21.0 (20.1–21.9)	0.528
Current or former smoker	11.0 (5.2–16.8)		22.0 (18.2–25.8)	
ECOG-PS				
0 or 1	11.0 (10.1–11.9)	0.493	21.0 (18.9–23.1)	0.866
2 or 3	11.0 (9.2–12.8)		21.0 (19.5–22.4)	
TNM staging system				
IIIB	Not reached	0.570	Not reached	0.369
IV	11.0 (10.2–11.8)		21.0 (20.2–21.8)	
EGFR mutation type				
Del 19	11.0 (9.9–12.1)	0.145	21.0 (20.0–22.0)	0.485
L858R	11.0 (9.2–12.8)		22.0 (20.6–23.4)	

**Abbreviations:** CI, confidence interval; ECOG-PS, Eastern Cooperative Oncology Group performance status; EGFR, epidermal growth factor receptor; OS, overall survival; PFS, progression-free survival; TNM, tumor, node, metastases.



**Table 3** Summary of the nonhematologic adverse events

Adverse effect	Toxic effect classification				Patients, n (%)
	Grade I	Grade II	Grade III	Grade IV	
Skin rash	8	2	1	0	11 (31.4)
Dry skin	4	0	0	0	4 (11.4)
Oral ulcer	3	0	0	0	3 (8.6)
Diarrhea	5	3	1	0	9 (25.7)
Nausea	4	1	0	0	5 (14.3)
Fatigue	3	1	0	0	4 (11.4)
Elevated AST/ALT	1	1	0	0	2 (5.7)

**Abbreviations:** AST, aspartate transaminase; ALT, alanine transaminase.

and apoptosis, angiogenesis, invasion, and metastasis.<sup>28</sup> The EGFR is often overexpressed in NSCLC and is a major target for new therapies.<sup>29</sup> Specific EGFR-TKIs have been developed and used for targeted therapy of advanced NSCLC. Gefitinib and erlotinib, reversible EGFR-TKIs, yield prolonged survival and improved quality of life for patients with *EGFR* mutations with advanced lung adenocarcinoma when compared to the results of chemotherapy.<sup>30</sup>

Icotinib, a novel EGFR-TKI with completely independent intellectual property rights in the People's Republic of China, first exhibited equivalent response rates and superior safety and tolerability, when compared with gefitinib in a randomized, double-blind, multicenter, controlled, head-to-head trial (ICOGEN)<sup>22</sup> on patients with advanced NSCLC previously treated in the People's Republic of China. The results indicated that icotinib showed equivalent ORR (27.6% vs 27.2%), DCR (75.4% vs 74.9%), and OS (13.3 months vs 13.9 months) compared with gefitinib. Additionally, icotinib showed median PFS extension of 1.2 months compared to gefitinib (4.6 months vs 3.4 months;  $P=0.13$ ; hazard ratio: 0.84; 95% CI: 0.67–1.05 months), reaching the primary objective of noninferiority. With regard to safety, the overall adverse event rate was significantly lower in the icotinib-treated group compared with the gefitinib-treated group.

However, there has been insufficient evidence for its use as a first-line treatment. In the previous retrospective series, the *EGFR* mutation detection rates were relatively low.<sup>24,31,32</sup> To the best of our knowledge, this is the first study to retrospectively analyze the efficacy and tolerability of icotinib as first-line therapy for patients with NSCLC with EGFR-sensitive mutation. This retrospective study of a novel EGFR-TKI, icotinib, in patients with advanced lung adenocarcinoma with EGFR-sensitive mutation showed an encouraging ORR (62.9%) and DCR (88.6%). The ORR of icotinib was similar to the efficacy of gefitinib and erlotinib in previous trials: the ORR was 83% in the OPTIMAL study,<sup>13</sup>

71% in the EURTAC and the IPASS studies,<sup>10,14</sup> 62% in the WJTOG3405 study,<sup>12</sup> and 74% in the NEJ002 study.<sup>11</sup> In addition to its effects on the targeted lesion, icotinib hydrochloride can significantly improve systematic symptoms, including cough, pain, chest distress, dyspnea, and ECOG-PS. Hence, the patients' quality of life was improved.

Due to the short launching time of icotinib, long-term survival data have not yet been obtained in our study. The median PFS and OS were 11.0 months (95% CI: 10.2–11.8 months) and 21.0 months (95% CI: 20.1–21.9 months), respectively, for all patients. All patients experienced good tolerance, with related adverse events mainly involving rash (eleven patients) and diarrhea (nine patients). None of the patients required therapy withdrawal due to adverse effects. Our findings were similar to data reported by the ICOGEN study, with the incidence of icotinib-related rashes being 39.5% and that of diarrhea being 18.5%. Therefore, the results of our study demonstrated that first-line icotinib treatment is a promising treatment choice for Chinese patients with advanced lung adenocarcinoma with EGFR-sensitive mutation.

Nevertheless, we observed no significant difference in tumor response rate and survival between subgroups of sex, age at diagnosis, smoking history, ECOG-PS, stage of disease, or *EGFR* mutation type. We consider that the main reason might be the relatively small number of cases included in our study. Interestingly, we show that icotinib hydrochloride provides a potentially therapeutic effect for patients with NSCLC with brain metastasis. The significant symptom relief observed in patients with brain metastasis indicated that icotinib can be delivered effectively across the blood-brain barrier into the brain.

One should note that there are certain limitations in our study. First, considering that our study was a retrospective analysis and all of the subjects were Chinese individuals, the results should be interpreted with caution, especially when interpreting improvement in disease-related symptoms and toxicity. The results need to be confirmed in larger and ethnically divergent population samples. Second, due to the short follow-up time, the potential long-term survival benefits of icotinib need to be addressed in future studies.

## Conclusion

The results of this study illustrate that icotinib hydrochloride is effective and tolerable as first-line treatment for patients with advanced lung adenocarcinoma with EGFR-sensitive mutation. Further and more extensive research of icotinib in properly conducted trials with larger patient samples and other ethnic groups is warranted.

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## Disclosure

The authors report no conflicts of interest in this work.

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