scientific data



DATA DESCRIPTOR

OPEN A dataset on formulation parameters and characteristics of drug-loaded PLGA microparticles

Zeqing Bao^{1,2}, Jongwhi Kim¹, Candice Kwok¹, Frantz Le Devedec² & Christine Allen^{1,2,3} ⋈

Polymer microparticles (MPs) are widely used to create long-acting injectable formulations due to their ability to enable sustained drug release. This feature can significantly benefit chronic disease management by reducing dosing frequency and improving patient adherence. To support the design and development of polymer MPs, we have compiled a dataset on MPs formed from poly(lactide-coglycolide) (PLGA), the most commonly used polymer in commercial MP drug products. This dataset, derived from the literature, covers 321 in vitro release studies involving 89 different drugs. It aims to streamline future MP development by providing a reference for the current PLGA MP design space and supporting data-driven approaches such as machine learning. Published with open access, this dataset encourages broad utilization and aims to expand the range of available MP formulations.

Background & Summary

Polymer microparticles (MPs) are a type of long-acting injectable (LAI) formulation designed for the extended release of therapeutic agents 1-3. Their extended-release characteristic offers substantial advantages, including improved drug pharmacokinetics⁴ and enhanced patient compliance⁵, which are particularly beneficial for managing chronic diseases^{6,7}. Among the various polymers, poly(lactide-co-glycolide) (PLGA) has established itself as the gold standard material used for polymer MP formulations8. This preference is attributed to PLGA's biocompatibility⁹, tunability¹⁰, and biodegradability¹¹. The wide usage of PLGA is evidenced not only by the extensive research dedicated to it but also by its success in clinical trials. To date, most FDA-approved polymer MP drug products are formulated using PLGA, with examples including Lupron Depot® for the treatment of hormone-related diseases¹², Bydureon[®] for managing type 2 diabetes¹³, and Zilretta[®] for alleviating osteoarthritis symptoms¹⁴. These commercially available PLGA MP products are engineered to provide local and/or systemic drug release, with durations ranging from one week to six months, to meet various therapeutic needs^{15,16}.

However, since the approval of the first PLGA MP drug (Lupron Depot®) by the FDA in 1989, only about ten PLGA MPs have been approved and reached the market 16,17. A significant challenge in the development of these MPs is their high-dimensional formulation design space¹⁸. The MP development process involves navigating this design space by formulating MPs using numerous combinations of excipients and formulation parameters. These MPs are then analyzed to identify the lead candidates with desirable performance characteristics, including particle size, drug loading, and drug release profiles. However, the complexity of this design space and the time-consuming nature of pharmaceutical studies make comprehensive evaluation of all potential MPs practically impossible¹⁹. This limitation can lead researchers to focus on a narrow range of formulation parameters (especially those documented in the literature) to optimize MPs more efficiently. For example, the majority of the existing PLGA MP studies concentrate on PLGA with a lactide (LA) to glycolide (GA) ratio of 1:1 or 3:1 and polymer molecular weights ranging from 12 to 75 kDa (Fig. 1). However, as different therapeutic agents have unique properties, the formulations optimized for one drug might not be optimal for another. Therefore, limited exploration can lead to suboptimal formulation development and, ultimately, less desirable performance. To address this, researchers have started to integrate machine learning (ML) as a data-driven approach to examine the drug formulation design space in a more efficient manner^{19,20}. ML, an important subfield of artificial intelligence, is increasingly recognized across various sectors, including chemistry, materials science, drug discovery, and recently formulation development^{21,22}. However, despite substantial progress in the field, the broader

¹Leslie Dan Faculty of Pharmacy, University of Toronto, Toronto, ON, M5S 3M2, Canada. ²Acceleration Consortium, Toronto, ON, M5S 3H6, Canada. ³Department of Chemical Engineering & Applied Chemistry, University of Toronto, Toronto, ON, M5S 3E5, Canada. [™]e-mail: cj.allen@utoronto.ca

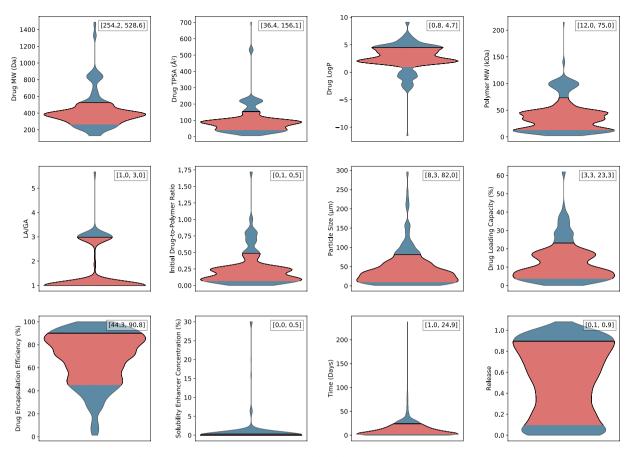


Fig. 1 Violin plots showing the distributions of the formulation descriptors in the processed dataset. The red shaded areas represent the central 70% of the data (from the 15th to the 85th percentile), while the blue areas indicate the remaining 30% of the data. The labels in the top right of each plot indicate the range of the central 70% of the data for each descriptor.



Fig. 2 Overview of the drug-loaded poly(lactide-co-glycolide) microparticles (PLGA MPs), and the dataset collection and processing workflow. The left section highlights the application of PLGA MPs as long-acting injectables, illustrating benefits including improved patient adherence and chronic disease management. The right section outlines the procedures for dataset collection and processing, beginning with selection of the initial pool of papers, followed by manual paper screening, data collection, feature engineering, data cleaning, and data analysis.

application of ML in pharmaceutical sciences is in part constrained by the lack of accessible datasets for model development²³.

To mitigate these challenges, this work presents a literature-mined dataset on formulation parameters and characteristics of PLGA MPs (Fig. 2). This dataset comprises 321 *in vitro* PLGA MP release experiments with 4913 *in vitro* release time points, collected from 113 publications. To the best of the authors' knowledge, this

Criteria	Go/No-Go Decision
Relevance	Is the paper relevant to the scope and objectives of the dataset (i.e., PLGA MPs for small molecule delivery)?
Completeness of Release Profile(s)	Are release profile(s) of drug(s) from PLGA MPs reported, with data spanning at least 72 hours and a final release exceeding 60%?
Formulation Method Completeness of Data and Information	Are the PLGA MPs prepared using an emulsion-based method? Are all necessary data points and experimental details clearly reported and available in the manuscript?

Table 1. Criteria for paper selection for curation of dataset.

Descriptor	Unit	Dataset Presence	Description
Formulation Index	n/a	Both	List of <i>in vitro</i> release experiments in the dataset.
Drug	n/a	Initial	Name of the drug loaded into the PLGA MPs.
Drug SMILES	n/a	Initial	SMILES string of the drug loaded into the PLGA MPs.
Polymer Mw	kDa	Initial	Weight average molecular weight of the PLGA used for MP preparation.
Polymer Mn	kDa	Initial	Number average molecular weight of the PLGA used for MP preparation.
Polymer Molecular Weight (unit not specified)	kDa	Initial	Molecular weight (unit not specified) of the PLGA used for MP preparation.
Polymer MW	kDa	Processed	PLGA molecular weight (Mw, Mn, or unit not specified, depending on availability) used for data visualization.
PDI	n/a	Initial	Polydispersity index of the PLGA used for MP preparation.
LA/GA	n/a	Both	Molar ratio of lactide to glycolide repeat units in the PLGA polymer.
Formulation Method	n/a	Initial	Type of formulation method used for PLGA MP preparation.
Initial Drug-to-Polymer Ratio	w/w	Both	Weight ratio of the initial drug to PLGA used for MP formulation.
Particle Size	μm	Both	Diameter of the PLGA MPs.
Drug Loading Capacity	%	Both	Weight percentage of the drug encapsulated relative to the drug loaded PLGA MPs.
Drug Encapsulation Efficiency	%	Both	Weight percentage of the drug encapsulated relative to the initial total drug used for formulation.
Solubility Enhancer Concentration	%	Both	Concentration of the solubility enhancer used in the <i>in vitro</i> release media.
Time	Day	Both	Time at which a specific release sample was taken.
Release	w/w	Both	Fractional drug release from the PLGA MPs over time.
DOI	n/a	Initial	DOI of the papers from which the data was collected.
Drug MW	Da	Processed	Molecular weight of the drug.
Drug TPSA	Ų	Processed	TPSA of the drug.
Drug LogP	n/a	Processed	LogP of the drug.

Table 2. Overview of the formulation descriptors in the initial and/or processed datasets. Drug SMILES strings were primarily collected from the Chemical Abstracts Service database, and from PubChem when not available. When any of the initial drug-to-polymer ratio, drug loading capacity, or drug encapsulation values were missing, they were calculated using the other two parameters, if possible. Drug MW, TPSA, and LogP were computed using 'RDKit' based on the drug SMILES strings. When both polymer Mw and Mn were available, Mw was used for visualization due to its prominence and widespread use as reported in the literature. In cases where neither Mw nor Mn was available, the Polymer Molecular Weight (unit not specified) was used for visualization.

dataset is the most extensive, open-access dataset available on drug-loaded PLGA MPs. This dataset is expected to streamline future MP design by providing a reference for the current formulation design space and serving as a readily accessible resource for ML model development. By offering open access to this data, we aim to facilitate its broader use by the community and establish a foundation for future work to include other polymers and dosage forms.

Methods

Data collection. For this dataset, PLGA MP studies were sourced from the Web of Science database using the keywords: "PLGA microparticles/microspheres" and "drug delivery". Given the dataset's focus on drug-loaded PLGA MPs, the search was further refined by excluding terms including "proteins," "peptides," "nanoparticles," and "nanospheres," and limited to research articles only. This process yielded an initial pool of 1231 articles. Each paper was manually reviewed to verify its relevance, completeness of *in vitro* release profiles, and the presence of all information used as formulation descriptors prior to data collection. Specifically, release data were required to span at least 72 hours with a final reported release exceeding 60%. This was to ensure the long-acting nature of the MPs and at least near to complete release of the drug. Additionally, the method of preparation of the formulation was restricted to the emulsion method, chosen for its widespread use and data availability. These paper selection criteria are summarized in Table 1.

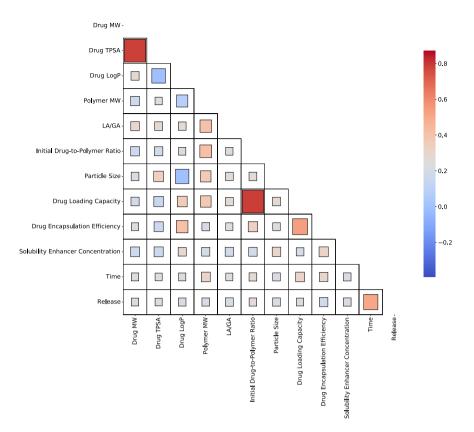


Fig. 3 This figure illustrates a correlation matrix demonstrating the pairwise Pearson correlations among all descriptors in the processed dataset. The intensity of the color and the size of each square represent the magnitude of the correlation. Aside from time, formulation features exhibit low Pearson correlations with drug release, suggesting that their relationships with drug release are likely complex, multidimensional, and non-linear.

After manual screening, 113 papers were identified^{24–136}. From these, relevant descriptors (Table 2) were collected from the original publications. Specifically, drug release data were extracted from reported release profiles using the WebPlotDigitizer (Version 4). Furthermore, the simplified molecular input line entry system (SMILES) strings of the drugs were collected from the Chemical Abstracts Service (CAS) and PubChem databases for further feature engineering. The abbreviations and definitions of all descriptors are summarized in Table 2.

Feature engineering and data cleaning. To prepare this dataset for data analysis and future use in ML, further feature engineering and data cleaning were performed. First, three drug descriptors including molecular weight, topological polar surface area (TPSA), and LogP were added. These descriptors were computed using the '*RDKit*' library, based on the drug structures represented by their SMILES strings. Definitions of these descriptors are summarized in Table 2. Subsequently, non-numerical descriptors were then removed from the dataset prior to data analysis.

Dataset feature distribution analysis. The distribution of the features in the processed dataset was visualized using violin plots created with '*seaborn.violinplot*' (Fig. 1). The central 70% of the data, ranging from the 15th to the 85th percentiles, is colored in red to highlight the central tendency and narrow spread of the majority of the data points. The range of this 70% was indicated in the top left of each subplot. The remaining 30% data is colored in blue.

Dataset feature correlation analysis. To analyze the correlation between features in the processed dataset, Pearson correlation coefficients (PCCs) were computed using the 'pandas.DataFrame.corr' and visualized in a heatmap with the 'seaborn' and 'matplotlib' packages (Fig. 3). PCCs between features were represented by the colors of squares, with deep blue indicating strong negative correlations and deep red indicating strong positive correlations. To enhance clarity, the strength of the correlations was also depicted by the size of the squares, with stronger correlations represented by larger squares, and vice versa.

File	Description
mp_dataset_all_papers.xlsx	This file contains a list of all papers included in the initial pool.
mp_dataset_initial.xlsx	This file contains the collected PLGA MP formulations, along with their descriptors sourced from original studies and the CAS/PubChem databases.
mp_dataset_initial_formulation.xlsx	This file contains the same data as the mp_dataset_initial.xlsx, but duplicates resulting from evaluation of the same formulation at multiple time points have been removed to simplify indexing.
mp_dataset_processed.xlsx	This file contains the processed PLGA MP dataset after feature engineering and cleaning.
mp_dataset_feature_engineering_cleaning.ipynb	This file contains the Python code used for dataset feature engineering and data cleaning.
mp_dataset_data_analysis.ipynb	This file contains the Python code used for data analysis (i.e., distribution, correlation and visualization.

Table 3. Overview of datasets and associated files with descriptions.

Data Records

The PLGA MP dataset, along with other relevant files, is available as open-access via Mendeley Data (https:// data.mendeley.com/datasets/zzvtdrcy76/2)¹³⁷. These files include the (1) original list of all papers before screening, (2) the initial dataset, (3) the initial dataset refined for indexing, (4) the processed dataset, (5) the Python codes used for feature engineering and data cleaning, and (6) the Python codes used for data analysis and visualization. A detailed overview of these files is provided in Table 3. In total, the final processed dataset contains 321 in vitro PLGA MP release experiments, with a total of 4913 release points.

Technical Validation

The dataset presented in this paper is derived from PLGA MP formulations reported in the literature, and its quality is directly related to the original studies. To minimize manual bias during paper screening and data collection, a dual review process was employed. Specifically, two authors independently screened all papers and collected data to reduce potential errors in data collection and input. Any discrepancies were resolved through the discussions between the two authors, or if necessary, by consulting a third author. Furthermore, to ensure the dataset's utility for ML applications, its standardization and completeness have been verified. First, all units reported from different studies were standardized to commonly used units, including polymer molecular weight in kilodaltons (kDa), release sampling timepoints in days, and drug release in fractional values. In addition, the dataset (mp_dataset_processed.xlsx) was checked to ensure the availability of all descriptors, eliminating the need for additional procedures to address missing data prior to use.

Code availability

The Python scripts for feature engineering, data cleaning, and data analysis are available on Mendeley Data along with the datasets (https://data.mendeley.com/datasets/zzvtdrcy76/2)¹³⁷.

Received: 31 July 2024; Accepted: 12 February 2025;

Published online: 01 March 2025

References

- 1. Nkanga, C. I. et al. Clinically established biodegradable long acting injectables: An industry perspective. Adv. Drug Deliv. Rev. 167,
- 2. Bao, Z. et al. Data evaluating triamcinolone acetonide and triamcinolone hexacetonide loaded poly(δ-valerolactone-co-allyl-δvalerolactone) microparticles. Data Brief 48, 109032 (2023).
- 3. Bao, Z. et al. Poly(\delta-valerolactone-co-allyl-\delta-valerolactone) cross-linked microparticles: Formulation, characterization and biocompatibility. J. Pharm. Sci. 110, 2771-2777 (2021).
- 4. Pacheco, C., Baião, A., Ding, T., Cui, W. & Sarmento, B. Recent advances in long-acting drug delivery systems for anticancer drug. Adv. Drug Deliv. Rev. 194, 114724 (2023).
- 5. Wang, G., Zhang, X., Kapilevich, L. & Hu, M. Recent advances in polymeric microparticle-based drug delivery systems for knee osteoarthritis treatment. Front. Bioeng. Biotechnol. 11, 1290870 (2023).
- 6. Zięba, M. et al. Polymeric Carriers for Delivery Systems in the Treatment of Chronic Periodontal Disease. Polymers 12, 1574
- 7. Jindal, A. B., Bhide, A. R., Salave, S., Rana, D. & Benival, D. Long-acting parenteral drug delivery systems for the treatment of chronic diseases. Adv. Drug Deliv. Rev. 198, 114862 (2023).
- Alsaab, H. O. et al. PLGA-Based Nanomedicine: History of Advancement and Development in Clinical Applications of Multiple Diseases. Pharmaceutics 14, 2728 (2022).
- 9. Elmowafy, E. M., Tiboni, M. & Soliman, M. E. Biocompatibility, biodegradation and biomedical applications of poly(lactic acid)/ poly(lactic-co-glycolic acid) micro and nanoparticles. J. Pharm. Investig. 49, 347-380 (2019).
- 10. Yu, L., Zhang, Ž., Zhang, H. & Ding, J. Biodegradability and Biocompatibility of Thermoreversible Hydrogels Formed from Mixing a Sol and a Precipitate of Block Copolymers in Water. Biomacromolecules 11, 2169-2178 (2010).
- 11. El-Hammadi, M. M. & Arias, J. L. Recent Advances in the Surface Functionalization of PLGA-Based Nanomedicines. Nanomaterials 12, 354 (2022).
- 12. Okada, H. One- and three-month release injectable microspheres of the LH-RH superagonist leuprorelin acetate. Adv. Drug Deliv. Rev. 28, 43-70 (1997).
- 13. Icart, L. P., Souza, F. G. Jr & Lima, L. M. T. R. Polymeric microparticle systems for modified release of glucagon-like-peptide-1 receptor agonists. J. Microencapsul. 38, 249-261 (2021).
- 14. Di Francesco, M. et al. Management of osteoarthritis: From drug molecules to nano/micromedicines. WIREs Nanomedicine Nanobiotechnology 14, e1780 (2022).
- 15. Park, K. et al. Formulation composition, manufacturing process, and characterization of poly(lactide-co-glycolide) microparticles. J. Controlled Release 329, 1150-1161 (2021).

- Park, K. et al. Injectable, long-acting PLGA formulations: Analyzing PLGA and understanding microparticle formation. J. Controlled Release 304, 125–134 (2019).
- Wan, B., Bao, Q. & Burgess, D. Long-acting PLGA microspheres: Advances in excipient and product analysis toward improved product understanding. Adv. Drug Deliv. Rev. 198, 114857 (2023).
- 18. Bao, Z. et al. Data-driven development of an oral lipid-based nanoparticle formulation of a hydrophobic drug. Drug Deliv. Transl. Res. 14, 1872–1887 (2024).
- Bao, Z. et al. Revolutionizing drug formulation development: The increasing impact of machine learning. Adv. Drug Deliv. Rev. 202, 115108 (2023).
- Bannigan, P. et al. Machine learning models to accelerate the design of polymeric long-acting injectables. Nat. Commun. 14, 35
 (2023).
- Bao, Z. et al. Towards the prediction of drug solubility in binary solvent mixtures at various temperatures using machine learning. J. Cheminformatics 16, 117 (2024).
- 22. Abostait, A. et al. Optimizing lipid nanoparticles for fetal gene delivery in vitro, ex vivo, and aided with machine learning. J. Controlled Release 376, 678–700 (2024).
- 23. Hickman, R. J., Bannigan, P., Bao, Z., Aspuru-Guzik, A. & Allen, C. Self-driving laboratories: A paradigm shift in nanomedicine development. *Matter* 6, 1071–1081 (2023).
- 24. Zeng, H., Qiu, Q., Fu, T., Deng, A. & Xie, X. Development and optimization of sustained release triptolide microspheres. *Plos One* 18, e0292861 (2023).
- Avendaño-Godoy, J., Miranda, A., Mennickent, S. & Gómez-Gaete, C. Intramuscularly Administered PLGA Microparticles for Sustained Release of Rivastigmine: In Vitro, In Vivo and Histological Evaluation. J. Pharm. Sci. 112, 3175–3184 (2023).
- Nakhla, D. S. et al. Injectable long-acting ivacaftor-loaded poly (lactide-co-glycolide) microparticle formulations for the treatment
 of cystic fibrosis: in vitro characterization and in vivo pharmacokinetics in mice. Int. J. Pharm. 650, 123693 (2024).
- Nguyen, T. T. et al. Fabrication of stem cell heterospheroids with sustained-release chitosan and poly (lactic-co-glycolic acid) microspheres to guide cell fate toward chondrogenic differentiation. Int. J. Biol. Macromol. 263, 130356 (2024).
- 28. Longre, S. et al. Quality-by-Design Based Development of Doxycycline Hyclate–Loaded Polymeric Microspheres for Prolonged Drug Release. AAPS PharmSciTech 25, 49 (2024).
- O'Donnell, P. B. & McGinity, J. W. Influence of processing on the stability and release properties of biodegradable microspheres containing thioridazine hydrochloride. Eur. J. Pharm. Biopharm. 45, 83–94 (1998).
- Sansdrap, P. & Moë, A. J. Influence of additives on the release profile of nifedipine from poly(DL-lactide-co-glycolide) microspheres. J. Microencapsul. 15, 545–553 (1998).
- 31. Chowdhury, D. K. & Mitra, A. K. Kinetics of a Model Nucleoside (Guanosine) Release from Biodegradable Poly(DL -lactide-co-glycolide) Microspheres: A Delivery System for Long-Term Intraocular Delivery. Pharm. Dev. Technol. 5, 279–285 (2000).
- O'Hara, P. & Hickey, A. J. Respirable PLGA Microspheres Containing Rifampicin for the Treatment of Tuberculosis: Manufacture and Characterization. *Pharm. Res.* 17, 955–961 (2000).
- 33. Bozdag, S., Calis, S. & Kas, H. S. M. *In vitro* evaluation and intra-articular administration of biodegradable microspheres containing naproxen sodium. *I. Microencapsul.* **18**, 443–456 (2001).
- 34. Faisant, N., Siepmann, J. & Benoit, J.-P. PLGA-based microparticles: elucidation of mechanisms and a new, simple mathematical
- model quantifying drug release. Eur. J. Pharm. Sci. 15, 355–366 (2002).

 35. Khang, G., Seo, S.-A., Choi, H. S., Rhee, J. M. & Lee, H. B. Evaluation ofin vitro release profiles of fentanyl-loaded PLGA oligomer
- microspheres. *Macromol. Res.* **10**, 246–252 (2002).

 36. Perugini, P. *et al.* PLGA microspheres for oral osteopenia treatment: preliminary "*in vitro*"/"*in vivo*" evaluation. *Int. J. Pharm.* **256**,
- 153–160 (2003).
 Seo, S.-A., Khang, G., Rhee, J. M., Kim, J. & Lee, H. B. Study on *in vitro* release patterns of fentanyl-loaded PLGA microspheres. *J. Microencapsul.* 20, 569–579 (2003).
- Wu, X. S. Synthesis, Characterization, Biodegradation, and Drug Delivery Application of Biodegradable Lactic/Glycolic Acid Polymers: Part III. Drug Delivery Application. Artif. Cells Blood Substit. Biotechnol. 32, 575–591 (2004).
- 39. Siepmann, J., Faisant, N., Akiki, J., Richard, J. & Benoit, J. P. Effect of the size of biodegradable microparticles on drug release: experiment and theory. *J. Controlled Release* 96, 123–134 (2004).
- 40. Ito, F. & Makino, K. Preparation and properties of monodispersed rifampicin-loaded poly (lactide-co-glycolide) microspheres. *Colloids Surf. B Biointerfaces* **39**, 17–21 (2004).
- Galeska, I. et al. Controlled release of dexamethasone from PLGA microspheres embedded within polyacid-containing PVA hydrogels. AAPS J. 7, E231–E240 (2005).
- Bozdağ, S. et al. Formulation and in vitro bioactivity of mitoxantrone-loaded biodegradable microspheres on rat glioma (RG2) cells. J. Drug Deliv. Sci. Technol. 15, 201–206 (2005).
- 43. Siepmann, J., Elkharraz, K., Siepmann, F. & Klose, D. How Autocatalysis Accelerates Drug Release from PLGA-Based
- Microparticles: A Quantitative Treatment. *Biomacromolecules* 6, 2312–2319 (2005).
 44. Puebla, P., Pastoriza, P., Barcia, E. & Fernández-Carballido, A. PEG-derivative effectively modifies the characteristics of indomethacin-PLGA microspheres destined to intra-articular administration. *J. Microencapsul.* 22, 793–808 (2005).
- Duvvuri, S., Gaurav Janoria, K. & Mitra, A. K. Effect of Polymer Blending on the Release of Ganciclovir from PLGA Microspheres. Pharm. Res. 23, 215–223 (2006).
- 46. Huang, J. et al. A delivery strategy for rotenone microspheres in an animal model of Parkinson's disease. Biomaterials 27, 937–946 (2006)
- Zhu, W. et al. Development of a sustained-release system for perivascular delivery of dipyridamole. J. Biomed. Mater. Res. B Appl. Biomater. 77B. 135–143 (2006).
- 48. Yemisci, M. et al. Treatment of malignant gliomas with mitoxantrone-loaded poly (lactide-co-glycolide) microspheres. Neurosurgery 59, 1296–1303 (2006).
- Vivek, K., Harivardhan Reddy, L. & Murthy, R. S. R. Comparative Study of Some Biodegradable Polymers on the Entrapment Efficiency and Release Behavior of Etoposide from Microspheres. *Pharm. Dev. Technol.* 12, 79–88 (2007).
- Lopedota, A. et al. Effects of different cyclodextrins on the morphology, loading and release properties of poly (DL-lactide-coglycolide)-microparticles containing the hypnotic agent etizolam. J. Microencapsul. 24, 214–224 (2007).
- Zhang, H. & Gao, S. Temozolomide/PLGA microparticles and antitumor activity against glioma C6 cancer cells in vitro. Int. J. Pharm. 329, 122–128 (2007).
- 52. Mundargi, R. C. *et al.* Development and evaluation of novel biodegradable microspheres based on poly (d, l-lactide-co-glycolide) and poly (ε-caprolactone) for controlled delivery of doxycycline in the treatment of human periodontal pocket: *In vitro* and *in vivo* studies. *J. Controlled Release* 119, 59–68 (2007).
- 53. Duvvuri, S., Janoria, K. G., Pal, D. & Mitra, A. K. Controlled Delivery of Ganciclovir to the Retina with Drug-Loaded Poly(D,L-lactide-co-glycolide) (PLGA) Microspheres Dispersed in PLGA-PEG-PLGA Gel: A Novel Intravitreal Delivery System for the Treatment of Cytomegalovirus Retinitis. *J. Ocul. Pharmacol. Ther.* 23, 264–274 (2007).
- 54. Giovagnoli, S. *et al.* Physicochemical characterization and release mechanism of a novel prednisone biodegradable microsphere formulation. *J. Pharm. Sci.* **97**, 303–317 (2008).

- 55. Mao, S. et al. Effects of process and formulation parameters on characteristics and internal morphology of poly (d, l-lactide-coglycolide) microspheres formed by the solvent evaporation method. Eur. J. Pharm. Biopharm. 68, 214–223 (2008).
- 56. Zolnik, B. S. & Burgess, D. J. Evaluation of *in vivo-in vitro* release of dexamethasone from PLGA microspheres. *J. Controlled Release* 127, 137–145 (2008).
- 57. Voisine, J. M., Zolnik, B. S. & Burgess, D. J. *In situ* fiber optic method for long-term *in vitro* release testing of microspheres. *Int. J. Pharm.* **356**, 206–211 (2008).
- 58. Tan, H. & Ye, J. Surface morphology and *in vitro* release performance of double-walled PLLA/PLGA microspheres entrapping a highly water-soluble drug. *Appl. Surf. Sci.* **255**, 353–356 (2008).
- Benny, O. et al. Local delivery of poly lactic-co-glycolic acid microspheres containing imatinib mesylate inhibits intracranial xenograft glioma growth. Clin. Cancer Res. 15, 1222–1231 (2009).
- 60. Klose, D., Azaroual, N., Siepmann, F., Vermeersch, G. & Siepmann, J. Towards More Realistic *In Vitro* Release Measurement Techniques for Biodegradable Microparticles. *Pharm. Res.* 26, 691–699 (2009).
- 61. Klose, D. et al. Fenofibrate-loaded PLGA microparticles: effects on ischemic stroke. Eur. J. Pharm. Sci. 37, 43-52 (2009).
- 62. Barcia, E. *et al.* Downregulation of endotoxin-induced uveitis by intravitreal injection of polylactic-glycolic acid (PLGA) microspheres loaded with dexamethasone. *Exp. Eye Res.* **89**, 238–245 (2009).
- 63. Baruch, L. et al. Alginate-PLL cell encapsulation system Co-entrapping PLGA-microspheres for the continuous release of anti-inflammatory drugs. Biomed. Microdevices 11, 1103–1113 (2009).
- 64. Horie, R. T. et al. Sustained delivery of lidocaine into the cochlea using poly lactic/glycolic acid microparticles. *The Laryngoscope* 120, 377–383 (2010).
- Ju, Y. M., Yu, B., West, L., Moussy, Y. & Moussy, F. A dexamethasone-loaded PLGA microspheres/collagen scaffold composite for implantable glucose sensors. J. Biomed. Mater. Res. A 93A, 200–210 (2010).
- Khaled, K. A., Sarhan, H. A., Ibrahim, M. A., Ali, A. H. & Naguib, Y. W. Prednisolone-Loaded PLGA Microspheres. In Vitro Characterization and In Vivo Application in Adjuvant-Induced Arthritis in Mice. AAPS PharmSciTech 11, 859–869 (2010).
- Ozeki, T., Hashizawa, K., Kaneko, D., Imai, Y. & Okada, H. Treatment of rat brain tumors using sustained release of camptothecin from poly (lactic-co-glycolic acid) microspheres in a thermoreversible hydrogel. Chem. Pharm. Bull. (Tokyo) 58, 1142–1147 (2010).
- 68. Wischke, C., Zhang, Y., Mittal, S. & Schwendeman, S. P. Development of PLGA-Based Injectable Delivery Systems For Hydrophobic Fenretinide. *Pharm. Res.* 27, 2063–2074 (2010).
- Murua, A. et al. Design of a composite drug delivery system to prolong functionality of cell-based scaffolds. Int. J. Pharm. 407, 142–150 (2011).
- Doan, T. V. P., Couet, W. & Olivier, J. C. Formulation and *in vitro* characterization of inhalable rifampicin-loaded PLGA microspheres for sustained lung delivery. *Int. J. Pharm.* 414, 112–117 (2011).
- 71. Zhang, Z., Bi, X., Li, H. & Huang, G. Enhanced targeting efficiency of PLGA microspheres loaded with Lornoxicam for intra-
- articular administration. *Drug Deliv.* **18**, 536–544 (2011).

 72. Fernandez, M., Negro, S., Slowing, K., Fernandez-Carballido, A. & Barcia, E. An effective novel delivery strategy of rasagiline for
- Parkinson's disease. *Int. J. Pharm.* **419**, 271–280 (2011).

 73. Panusa, A. *et al.* Methylprednisolne-loaded PLGA microspheres: A new formulation for sustained release via intra-articular
- administration. A comparison study with methylprednisolone acetate in rats. *J. Pharm. Sci.* 100, 4580–4586 (2011).
 Guo, X. *et al.* Preparation and cytotoxicity of poly (DL-lactide-co-glycolide) microspheres encapsulating 2-methoxyestradiol. *Drug Deliv.* 19, 143–148 (2012).
- 75. Ozeki, T. *et al.* Improvement of survival in C6 rat glioma model by a sustained drug release from localized PLGA microspheres in
- a thermoreversible hydrogel. *Int. J. Pharm.* 427, 299–304 (2012).
 76. Delplace, C. *et al.* Impact of the experimental conditions on drug release from parenteral depot systems: From negligible to significant. *Int. J. Pharm.* 432, 11–22 (2012).
- Li, J., Rothstein, S. N., Little, S. R., Edenborn, H. M. & Meyer, T. Y. The Effect of Monomer Order on the Hydrolysis of Biodegradable Poly(lactic- co -glycolic acid) Repeating Sequence Copolymers. J. Am. Chem. Soc. 134, 16352–16359 (2012).
- 78. Diab, R., Brillault, J., Bardy, A., Gontijo, A. V. L. & Olivier, J. C. Formulation and *in vitro* characterization of inhalable polyvinyl alcohol-free rifampicin-loaded PLGA microspheres prepared with sucrose palmitate as stabilizer: efficiency for *ex vivo* alveolar macrophage targeting. *Int. J. Pharm.* **436**, 833–839 (2012).
- 79. Gaignaux, A., Réeff, J., De Vriese, C., Goole, J. & Amighi, K. Evaluation of the degradation of clonidine-loaded PLGA microspheres. J. Microencapsul. 30, 681–691 (2013).
- 80. Regnier-Delplace, C. et al. PLGAs bearing carboxylated side chains: novel matrix formers with improved properties for controlled drug delivery. J. Controlled Release 166, 256–267 (2013).
- 81. Song, X., Song, S.-K., Zhao, P., Wei, L.-M. & Jiao, H.-S. β-methasone-containing biodegradable poly(lactide-co-glycolide) acid microspheres for intraarticular injection: effect of formulation parameters on characteristics and *in vitro* release. *Pharm. Dev. Technol.* **18**, 1220–1229 (2013).
- 82. Acarregui, A. et al. Multifunctional hydrogel-based scaffold for improving the functionality of encapsulated therapeutic cells and reducing inflammatory response. Acta Biomater. 10, 4206–4216 (2014).
- Wu, J. et al. Development and in vitro characterization of drug delivery system of rifapentine for osteoarticular tuberculosis. Drug Des. Devel. Ther. 1359, https://doi.org/10.2147/DDDT.S78407 (2015).
- 84. Tang, J. et al. Fluorofenidone-loaded PLGA microspheres for targeted treatment of paraquat-induced acute lung injury in rats. Rsc Adv. 5, 30153–30159 (2015).
- 85. Turino, L. N., Mariano, R. N., Mengatto, L. N. & Luna, J. A. *In vitro* evaluation of suspoemulsions for *in situ* -forming polymeric microspheres and controlled release of progesterone. *J. Microencapsul.* 32, 538–546 (2015).
- 86. Kojima, R. et al. Release mechanisms of tacrolimus-loaded PLGA and PLA microspheres and immunosuppressive effects of the microspheres in a rat heart transplantation model. *Int. J. Pharm.* **492**, 20–27 (2015).
- 87. Zhang, H.-X. *et al.* Biocompatibility and osteogenesis of calcium phosphate composite scaffolds containing simvastatin-loaded PLGA microspheres for bone tissue engineering: BIOCOMPATIBILITY AND OSTEOGENESIS OF SIM-PLGA-CPC. *J. Biomed. Mater. Res. A* 103, 3250–3258 (2015).
- 88. Guo, W., Quan, P., Fang, L., Cun, D. & Yang, M. Sustained release donepezil loaded PLGA microspheres for injection: preparation, in vitro and in vivo study. Asian J. Pharm. Sci. 10, 405–414 (2015).
- 89. Lin, X. et al. A Uniform Ultra-Small Microsphere/SAIB Hybrid Depot with Low Burst Release for Long-Term Continuous Drug Release. Pharm. Res. 32, 3708–3721 (2015).
- 90. Gasmi, H. et al. Importance of PLGA microparticle swelling for the control of prilocaine release. J. Drug Deliv. Sci. Technol. 30, 123–132 (2015).
- 91. Wang, H. et al. Comparative studies on the properties of glycyrrhetinic acid-loaded PLGA microparticles prepared by emulsion and template methods. Int. J. Pharm. 496, 723–731 (2015).
- 92. Lin, X. et al. Tracking the effect of microspheres size on the drug release from a microsphere/sucrose acetate isobutyrate (SAIB) hybrid depot in vitro and in vivo. Drug Dev. Ind. Pharm. 42, 1455–1465 (2016).
- 93. Lautner, G., Meyerhoff, M. E. & Schwendeman, S. P. Biodegradable poly (lactic-co-glycolic acid) microspheres loaded with S-nitroso-N-acetyl-D-penicillamine for controlled nitric oxide delivery. *J. Controlled Release* 225, 133–139 (2016).

SCIENTIFIC DATA

- 94. An, T. et al. Sustained release of risperidone from biodegradable microspheres prepared by in-situ suspension-evaporation process. Int. I. Pharm. 503, 8–15 (2016).
- 95. Obayemi, J. D. et al. PLGA-based microparticles loaded with bacterial-synthesized prodigiosin for anticancer drug release: Effects of particle size on drug release kinetics and cell viability. Mater. Sci. Eng. C 66, 51–65 (2016).
- 96. Gaspar, M. C. et al. Pulmonary pharmacokinetics of levofloxacin in rats after aerosolization of immediate-release chitosan or sustained-release PLGA microspheres. Eur. J. Pharm. Sci. 93, 184–191 (2016).
- 97. Busatto, C., Pesoa, J., Helbling, I., Luna, J. & Estenoz, D. Effect of particle size, polydispersity and polymer degradation on progesterone release from PLGA microparticles: Experimental and mathematical modeling. *Int. J. Pharm.* **536**, 360–369 (2018).
- 98. Gasmi, H. et al. Towards a better understanding of the different release phases from PLGA microparticles: Dexamethasone-loaded systems. Int. I. Pharm. 514, 189–199 (2016).
- 99. Reinbold, J. et al. Biodegradable rifampicin-releasing coating of surgical meshes for the prevention of bacterial infections. *Drug Des. Devel. Ther.* 11, 2753–2762 (2017).
- Andhariya, J. V. et al. Development of in vitro-in vivo correlation of parenteral naltrexone loaded polymeric microspheres. J. Control. Release Off. J. Control. Release Soc. 255, 27–35 (2017).
- 101. Zhang, R., Hao, Z., Ding, Z. & Lü, Z. Preparation and characterization of lung-targeting cefquinome-loaded PLGA microspheres. J. Wuhan Univ. Technol.-Mater Sci Ed 32, 494–499 (2017).
- 102. Benéitez, M. C. & Gil-Alegre, M. E. Critical quality attributes of control drug release systems and their impact on rational polymer selection. *J. Nanosci. Nanotechnol.* 17, 3896–3902 (2017).
- 103. Alenezi, A. et al. Controlled release of clarithromycin from PLGA microspheres enhances bone regeneration in rabbit calvaria defects. J. Biomed. Mater. Res. B Appl. Biomater. 106, 201–208 (2018).
- 104. Li, Y., Zhang, Z. & Zhang, Z. Porous Chitosan/Nano-Hydroxyapatite Composite Scaffolds Incorporating Simvastatin-Loaded PLGA Microspheres for Bone Repair. *Cells Tissues Organs* **205**, 20–31 (2018).
- 105. Yu, M. et al. Core/shell PLGA microspheres with controllable in vivo release profile via rational core phase design. Artif. Cells Nanomedicine Biotechnol. 46, 1070–1079 (2018).
- 106. Kakade, S. M. Effects of Formulation Parameters on the Characteristics of Biodegradable Microspheres of Goserelin Acetate. *Asian J. Pharm. AJP* 12 (2018).
- 107. Zhou, Z. et al. Antimicrobial Activity of 3D-Printed Poly(ε-Caprolactone) (PCL) Composite Scaffolds Presenting Vancomycin-Loaded Polylactic Acid-Glycolic Acid (PLGA) Microspheres. Med. Sci. Monit. Int. Med. J. Exp. Clin. Res. 24, 6934–6945 (2018).
- 108. Pervaiz, F., Ahmad, M., Li, L. & Murtaza, G. Development and characterization of olanzapine loaded poly (lactide-co-glycolide) microspheres for depot injection: in vitro and in vivo release profiles. Curr. Drug Deliv. 16, 375–383 (2019).
- 109. Zhao, X. et al. Development and evaluation of ropivacaine loaded poly (lactic-co-glycolic acid) microspheres with low burst release. Curr. Drug Deliv. 16, 490-499 (2019).
- 110. Wu, Z. et al. Influence of drying processes on the structures, morphology and in vitro release profiles of risperidone-loaded PLGA microspheres. *J. Microencapsul.* 36, 21–31 (2019).
- 111. Ye, M. et al. A method of elevated temperatures coupled with magnetic stirring to predict real time release from long acting progesterone PLGA microspheres. Asian J. Pharm. Sci. 14, 222–232 (2019).
- 112. Benvenutti, D. F. et al. A Novel Stabilizing Approach to Improve the Manufacturing of Biodegradable Microparticles Entrapping Plasticizing Active Molecules: the Case of 4-Methoxychalcone. J. Pharm. Innov. 14, 159–175 (2019).
- 113. Tamani, F. et al. Towards a better understanding of the release mechanisms of caffeine from PLGA microparticles. J. Appl. Polym. Sci. 137, 48710 (2020)
- 114. Tamani, F. et al. Mechanistic explanation of the (up to) 3 release phases of PLGA microparticles: Diprophylline dispersions. Int. J. Pharm. 572, 118819 (2019).
- 115. Zhai, J., Wang, Y., Zhou, X., Ma, Y. & Guan, S. Long-term sustained release Poly(lactic-co-glycolic acid) microspheres of asenapine maleate with improved bioavailability for chronic neuropsychiatric diseases. *Drug Deliv.* 27, 1283–1291.
- Fraguas-Sánchez, A. I., Fernández-Carballido, A., Simancas-Herbada, R., Martin-Sabroso, C. & Torres-Suárez, A. I. CBD loaded microparticles as a potential formulation to improve paclitaxel and doxorubicin-based chemotherapy in breast cancer. *Int. J. Pharm.* 574, 118916 (2020).
- 117. Brauner, B., Schuster, C., Wirth, M. & Gabor, F. Trimethoprim-Loaded Microspheres Prepared from Low-Molecular-Weight PLGA as a Potential Drug Delivery System for the Treatment of Urinary Tract Infections. ACS Omega 5, 9013–9022 (2020).
- 118. Naguib, Y. W. et al. An injectable microparticle formulation for the sustained release of the specific MEK inhibitor PD98059: in vitro evaluation and pharmacokinetics. Drug Deliv. Transl. Res. 11, 182–191 (2021).
- 119. Kamali, H. et al. Elimination of residual solvent from PLGA microspheres containing risperidone using supercritical carbon dioxide. J. Drug Deliv. Sci. Technol. 57, 101702 (2020).
- Grizić, D. & Lamprecht, A. Predictability of drug encapsulation and release from propylene carbonate/PLGA microparticles. Int. J. Pharm. 586, 119601 (2020).
- 121. Fraguas-Sánchez, A. I. *et al.* Enhancing ovarian cancer conventional chemotherapy through the combination with cannabidiol loaded microparticles. *Eur. J. Pharm. Biopharm.* **154**, 246–258 (2020).
- 122. Li, X. et al. Regorafenib-loaded poly (lactide-co-glycolide) microspheres designed to improve transarterial chemoembolization therapy for hepatocellular carcinoma. Asian J. Pharm. Sci. 15, 739–751 (2020).
- 123. Xia, S. et al. Shear-Thinning Viscous Materials for Subconjunctival Injection of Microparticles. AAPS PharmSciTech 22, 8 (2020).
- 124. Li, J. et al. Inhalable PLGA microspheres: Tunable lung retention and systemic exposure via polyethylene glycol modification. Acta Biomater. 123, 325–334 (2021).
- Mohammadpour, F. et al. The PLGA Microspheres Synthesized by a Thermosensitive Hydrogel Emulsifier for Sustained Release of Risperidone. J. Pharm. Innov. 17, 712–724 (2022).
- Liu, Z. et al. Hydrogel-containing PLGA microspheres of palonosetron hydrochloride for achieving dual-depot sustained release.
 J. Drug Deliv. Sci. Technol. 65, 102775 (2021).
- 127. Zhu, B. et al. A biodegradable long-term contraceptive implant with steady levonorgestrel release based on PLGA microspheres embedded in PCL-coated implant. J. Drug Deliv. Sci. Technol. 67, 102955 (2022).
- 128. Lin, J. et al. Poly(lactic acid-co-glycolic acid)-based celecoxib extended-release microspheres for the local treatment of traumatic heterotopic ossification. J. Biomater. Appl. 36, 1458–1468 (2022).
- Dhanabalan, K. M. et al. Intra-articular injection of rapamycin microparticles prevent senescence and effectively treat osteoarthritis. Bioeng. Transl. Med. 8, e10298 (2023).
- 130. Mali, S. & Oza, N. Formulation and optimization of Paliperidone palmitate biodegradable injectable microspheres using Box-Behnken design. *J. Drug Deliv. Sci. Technol.* **74**, 103609 (2022).
- 131. Wongrakpanich, A., Khunkitchai, N., Achayawat, Y. & Suksiriworapong, J. Ketorolac-Loaded PLGA-/PLA-Based Microparticles Stabilized by Hyaluronic Acid: Effects of Formulation Composition and Emulsification Technique on Particle Characteristics and Drug Release Behaviors. *Polymers* 15, 266 (2023).
- 132. Quan, P., Guo, W., LinYang, Cun, D. & Yang, M. Donepezil accelerates the release of PLGA microparticles via catalyzing the polymer degradation regardless of the end groups and molecular weights. *Int. J. Pharm.* 632, 122566 (2023).
- 133. Yin, M. et al. Dissolving Microneedle Patch Integrated with Microspheres for Long-Acting Hair Regrowth Therapy. ACS Appl. Mater. Interfaces 15, 17532–17542 (2023).

- 134. Pawar, M. A. et al. Tenofovir alafenamide fumarate loaded long-acting microsphere for HIV pre-exposure prophylaxis. J. Drug Deliv. Sci. Technol. 87, 104762 (2023).
- 135. Zhang, C. & Bodmeier, R. Direct drug milling in organic PLGA solution facilitates the encapsulation of nanosized drug into PLGA microparticles. *Eur. J. Pharm. Biopharm.* **191**, 1–11 (2023).
- 136. Zhang, H. et al. The Effect of Polymer Blends on the In Vitro Release/Degradation and Pharmacokinetics of Moxidectin-Loaded PLGA Microspheres. Int. J. Mol. Sci. 24, 14729 (2023).
- 137. Bao, Z., Kim, J., Kwok, C., Le Devedec, F. & Allen, C. A Dataset on Formulation Parameters and Characteristics of Drug-Loaded PLGA Microparticles. *Mendeley Data* https://doi.org/10.17632/zzvtdrcy76.2 (2024).

Acknowledgements

This research was undertaken thanks in part to funding provided by an NSERC Discovery grant (RGPIN-2022-04910) to CA and to the University of Toronto's Acceleration Consortium from the Canada First Research Excellence Fund CFREF-2022-00042. Figure 2 was created using BioRender.

Author contributions

Z.B. co-led the conceptualization of this work, led the data analysis, and wrote the first draft of the paper. J.K. and C.K. performed the literature review and data collection. F.L.D. reviewed and edited the manuscript. C.A. co-led the conceptualization of the work, led the supervision of the work, acquired research funding, and led the review/editing of the paper. All authors read and approved the final manuscript.

Competing interests

CA is a cofounder and CEO of Intrepid Labs Inc.

Additional information

Correspondence and requests for materials should be addressed to C.A.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License, which permits any non-commercial use, sharing, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if you modified the licensed material. You do not have permission under this licence to share adapted material derived from this article or parts of it. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit https://creativecommons.org/licenses/by-nc-nd/4.0/.

© The Author(s) 2025