

Complications of illegal abortion in the suburbs of Tehran: A 9-year cross-sectional study

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Background: Illegal abortion is a common way to terminate unintended pregnancy. It may be associated with severe complications and may raise maternal mortality and morbidity rate. Illegal abortion is one of the important concerns in health system. In our study, we consider illegal abortion claims in Medical Council court in the suburbs of Tehran. **Materials and Methods:** A retrospective study was conducted. Data were extracted from registered judicial complainant cases of illegal abortion in Shahriyar medical court, Iran, during 2009–2017. **Results:** There were 751 registered claims during 2009–2017. Among them, a total of 95 gynecological claims were included in the study. Four (4.2%) registered claims were illegal abortion with severe complications such as peritonitis, rupture of uterine, small intestine, rectum, and mesentery perforation. Three cases had consumed misoprostol (prostaglandin E2) and one case had used prostaglandin E1 before curettage. Misoprostol was also used significantly more frequently than other methods for abortion before curettage ($P < 0.05$). Minor and short-term complications did not registered. **Conclusion:** The feature of claims showed that only severe morbidity and complications were registered in medical court. The definition of illegal abortion as a criminal act can be one of the factors of decreasing of abortion's complication claims.

Keywords: Illegal abortion, Iran, maternal morbidity and mortality

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INTRODUCTION

Abortion is defined as terminating pregnancy before the fetus becomes viable.^[1] Abortion based on mother's request is the most common cause of illegal abortion.^[2,3] It is often performed by unskilled or uneducated individuals out of the legal system, and without satisfying medical standards.^[4]

Global statistics show that between 2015 and 2019, there were approximately 121 million unintended pregnancies worldwide each year, 61% of which resulted in abortion. This means that 73 million abortions were performed annually worldwide.^[5] Each year, pregnancy-based complications lead to more than half a million deaths

and 120 million disabilities in the world.^[6,7] In countries with restricted abortion laws, unintended pregnancy leads to increased tendency to unsafe abortion. Illegal or unsafe abortions could be an important cause of maternal mortality and morbidity.^[8,9] In Iran, similar to other developing countries, complications of illegal abortion are more prevalent as compared to developed countries.^[10,11]

Selective abortion is beyond a medical issue for the mother and the fetus; it is an important topic for theoretical debate. However, the objective existence of the mother is faded out or even dismissed in theoretical sciences; most of the discussions are about personhood, soul of the fetus, and eventually defense of the fetus.^[12-14]

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The substantial number of induced and illegal abortions throughout the world, especially in developing countries, is resulting in maternal mortality in the reproductive age and a variety of physical and sexual morbidities in different societies.^[15-17] In other words, illegal abortion may not only be associated with severe complications, but may also lead to a rise in the rate of maternal mortality and morbidity. We evaluated illegal abortion claims in Medical Council court in the suburbs of Tehran.

MATERIALS AND METHODS

A retrospective study was conducted. Data were extracted from registered judicial complainant cases of illegal abortion in Shahriyar medical court, suburbs of Tehran.

The eligibility criteria of the study were all registered gynecological claims in medical court of Shahriyar during 2009–2017. The source of data was available in medical court of Shahriyar.

The data were collected confidentially so that the identities and personal information kept secret. The data related to complications of illegal abortion, drugs taken, types, and causes of abortion along with other demographic information about patients (age, duration of pregnancy, and place of residence) were collected and statistically analyzed.

Our exclusion criteria were duplicated claims, several registered claims for other gynecological complications.

The consent of complaints was obtained.

Statistical analysis

After collecting the data, they were statistically analyzed by SPSS Statistical Package for the Social Sciences (SPSS) version 19 through descriptive statistics (mean, standard deviation, and frequency of distribution) and inferential statistics (independent-samples *t*-test and Chi-square test) at the significant level of $P < 0.0001$ or $P < 0.05$.

RESULTS

In our study, the average age of women undergoing complications of illegal abortion was 26 years. Table 1 shows the demographic and pregnancy data for the patients with illegal abortion. There were 751 registered claims. A total of 95 gynecological claims were included in the study; only four (4.2%) registered claims were illegal abortion with severe complications such as peritonitis, rupture of uterine, small intestine, rectum, and mesentery perforation. Three cases had consumed misoprostol (prostaglandin E2) and one case had used

prostaglandin E1 before curettage. Misoprostol was also used significantly more frequently than other methods for abortion before curettage ($P < 0.05$).

One patient had a previous induced abortion, two patients had abortion at 9 weeks of pregnancy, and two patients had abortion on 14 and 16 weeks after gestation age,

Table 1: Demographic and pregnancy data from patients with illegal abortion

Variable	Frequency
Marital status	
Legal marriage	4
Illegitimate sexual relations	0
Education	
Illiterate	0
Diploma	4
University	0
Job	
Housewife	3
Employed	1
Pregnancy number	
First pregnancy	3
Second pregnancy	1
Abortion number	
0	3
1	1
Abortion type	
Induced	4
Spontaneous	0
Abortion procedure	
Medicinal	
Misoprostol	3
PG E1	1
Mechanical	4
Curettage	4
Financial situation	
Good	1
Bad	3

PG E1=Prostaglandin E1

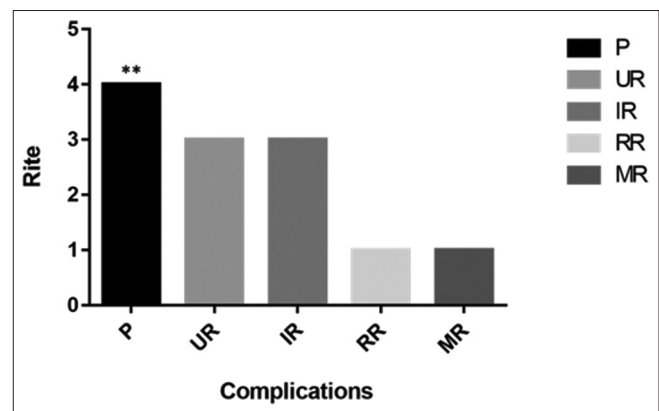


Figure 1: Complications due to illegal abortion in patients under study (P = Peritonitis; UR = Uterine perforation; IR = Intestinal perforation; RR = Rectal perforation; MR = Mesenteric perforation). **The most frequent complication following illegal Abortion (ANOVA test)

respectively. The most common complications in four cases of illegal abortion were peritonitis, uterine, intestinal, rectum, and mesenteric perforation [Figure 1]. All of four illegal abortions were on request.

DISCUSSION

The results of our study showed that about 4.21% of the claims in medical court underwent illegal abortion. The real prevalence rate of illegal and unsafe abortion and related claims may be higher than the reported rate. A study by Erfani showed that the estimated abortion rate was 0.16 abortions per woman in Tehran. It has been estimated that 8.7 out of every 100 known pregnancies end up in abortion.^[18] A study by Abdoljabbari *et al.* showed that 26% of women were 26 years old. The results also showed that 42.4% of the respondents considered abortion as an illegal religious practice.^[19] The findings of our study showed that the most complications of illegal abortion in women were peritonitis, uterine, intestinal, rectum, and mesenteric perforation. Women, who survive after unsafe abortion, may suffer from long-term complications.^[20] Social, religious, and political factors, and poverty, especially in developing countries, seem to be the most important cause of unsafe abortion.^[21-24]

CONCLUSION

The feature of claims showed that the severe morbidity and complications were registered in medical court. Minor and short-term complications did not register. Increasing trend of illegal abortion in Iran and definition of abortion as a criminal act can be one of the factors of decreasing of abortion's complication claims. Practical solutions seem necessary for decreasing illegal abortion and preventing its complications.

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Conflicts of interest

There are no conflicts of interest.

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