


REVIEW

Open Access

Non-FDG PET/CT in Diagnostic Oncology: a pictorial review



Francesco Giammarile^{1*} , Paolo Castellucci², Rudi Dierckx³, Enrique Estrada Lobato¹, Mohsen Farsad⁴, Roland Hustinx⁵, Amirreza Jalilian¹, Olivier Pellet¹, Susana Rossi⁶ and Diana Paez¹

* Correspondence: francesco.giammarile@gmail.com

¹Department of Nuclear Sciences and Applications, International Atomic Energy Agency, Vienna, Austria

Full list of author information is available at the end of the article

Abstract

Positron emission tomography/computed tomography (PET/CT) is currently one of the main imaging modalities for cancer patients worldwide. Fluorodeoxyglucose (FDG) PET/CT has earned its global recognition in the modern management of cancer patients and is rapidly becoming an important imaging modality for patients with cardiac, neurological, and infectious/inflammatory conditions.

Despite its proven benefits, FDG has limitations in the assessment of several relevant tumours such as prostate cancer. Therefore, there has been a pressing need for the development and clinical application of different PET radiopharmaceuticals that could image these tumours more precisely. Accordingly, several non-FDG PET radiopharmaceuticals have been introduced into the clinical arena for management of cancer. This trend will undoubtedly continue to spread internationally. The use of PET/CT with different PET radiopharmaceuticals specific to tumour type and biological process being assessed is part of the personalised precision medicine approach.

The objective of this publication is to provide a case-based method of understanding normal biodistribution, variants, and pitfalls, including several examples of different imaging appearances for the main oncological indications for each of the new non-FDG PET radiopharmaceuticals. This should facilitate the interpretation and recognition of common variants and pitfalls to ensure that, in clinical practice, the official report is accurate and helpful.

Some of these radiopharmaceuticals are already commercially available in many countries (e.g. ⁶⁸Ga-DOTATATE and DOTATOC), others are in the process of becoming available (e.g. ⁶⁸Ga-PSMA), and some are still being researched. However, this list is subject to change as some radiopharmaceuticals are increasingly utilised, while others gradually decrease in use.

Keywords: PET/CT, Non-FDG, Pictorial

Radioisotopes

Carbon-11 is a PET radioisotope with a T_{1/2} of 20.4 min. Due to the abundance of carbon in the chemistry of biomolecules, all C-11 radiopharmaceuticals demonstrate identical behaviour to natural compounds, allowing real tracing of the biological processes.

Fluorine-18 is a PET radioisotope with a T_{1/2} of 109.7 min. Due to high chemical stability of the C-F bond in organic compounds, and the high water solubility of F-compounds, F-18 tracers usually exhibit suitable stability and biodistribution in

humans. The vast clinical application of F-compounds has led to the development of efficient automated production methods of F-18 tracers for clinical use.

Gallium-68 has a $T_{1/2}$ of 67.7 min, and is usually obtained from a germanium-68 generator. Due to the $T_{1/2}$ of 271 days of the parent isotope, ^{68}Ge , the generator can be used for in-hospital production of ^{68}Ga .

Radiopharmaceuticals

Acetate

Names: $\text{CH}_3[^{11}\text{C}]\text{O}_2$, ^{11}C -acetate

Biodistribution and metabolism (Fig. 1)

After injection ^{11}C -acetate is dispersed in many human tissues including the pancreas, bowels, liver, kidneys, and spleen. The tracer is not excreted in urine under normal circumstances. ^{11}C -acetate is typically incorporated into the cellular membrane in proportion to the cellular proliferation rate or alternatively oxidised to carbon dioxide and water. ^{11}C -acetate may also be converted into amino acids (Seltzer et al. 2004; Karanikas and Beheshti 2014).

Scan acquisition



Fig. 1 Physiological bio-distribution of ^{11}C -acetate

- Fast of 4 h is suggested
- 4 or 5 MBq/Kg of ^{11}C -acetate iv
- Uptake time 10–20 min
- Acquisition starts from the pelvis

Clinical indications in oncology (Figs. 2 and 3)

The main clinical application of ^{11}C -acetate is the detection of non ^{18}F -FDG-avid neoplasm, such as differentiated hepatocellular carcinoma and renal cell carcinomas (Hain and Maisey 2003; Ho et al. 2003; Park et al. 2008). Some other applications of ^{11}C -acetate PET are brain tumours (Liu et al. 2006) and lung carcinomas, while in the past the tracer has been used in prostate cancer (Sandblom et al. 2006).

FES

Names: 16α -[^{18}F] Fluoro- 17β -estradiol; 16-Fluoroestradiol, ^{18}F -fluoroestradiol

Biodistribution and metabolism (Fig. 4)

After injection, the tracer is cleared from the blood and metabolised in 20 min. ^{18}F -fluoroestradiol binds to the oestrogen receptors on the tumour cell surface as well as intratumoural receptors in oestrogen receptor-positive tumours (Liao et al. 2016).

Scan acquisition

- Treatment with oestrogen receptor antagonists (e.g. tamoxifen, fulvestrant, faslodex, oestrogens) should be suspended for at least 5 weeks prior to performing the scan. Aromatase inhibitors and luteinizing hormone releasing hormone agonists may be continued
- No fasting is required

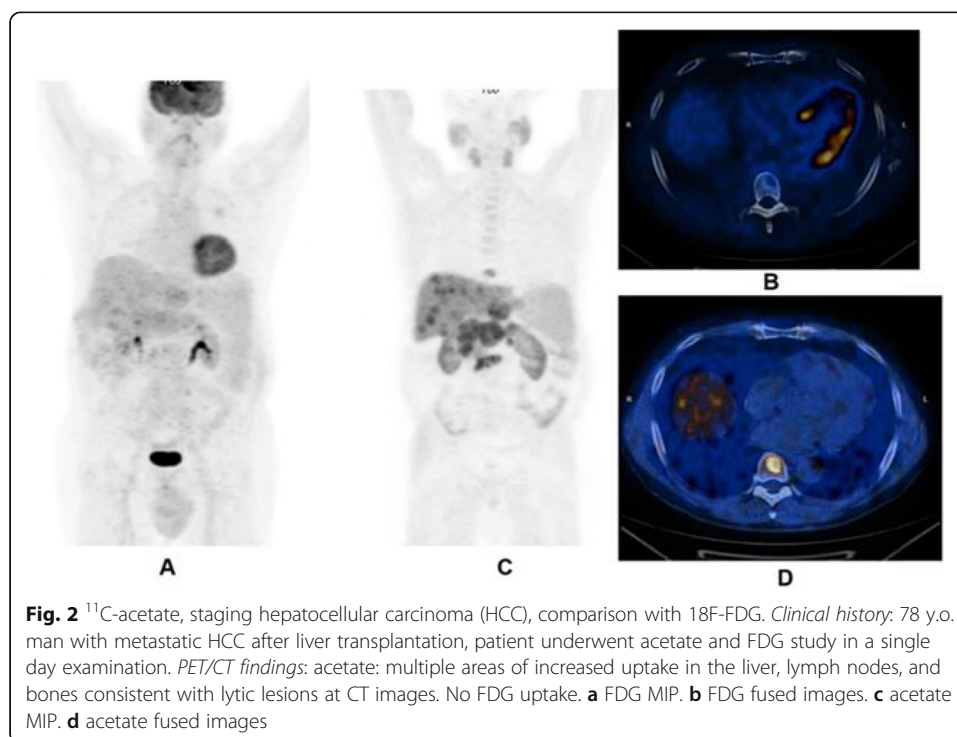
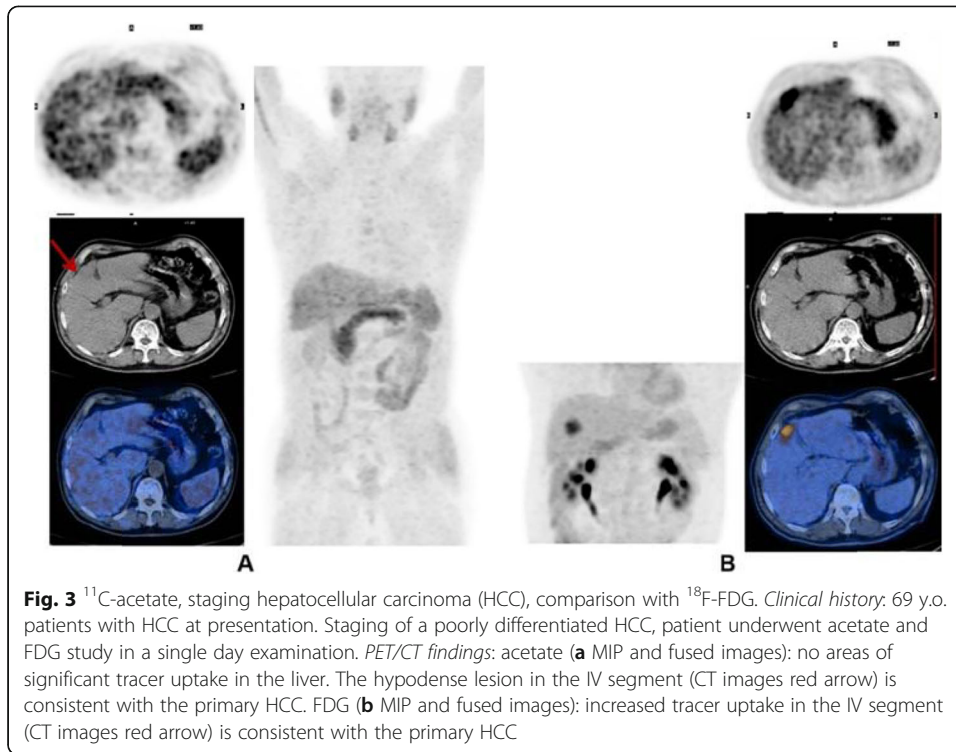


Fig. 2 ^{11}C -acetate, staging hepatocellular carcinoma (HCC), comparison with ^{18}F -FDG. *Clinical history*: 78 y.o. man with metastatic HCC after liver transplantation, patient underwent acetate and FDG study in a single day examination. *PET/CT findings*: acetate: multiple areas of increased uptake in the liver, lymph nodes, and bones consistent with lytic lesions at CT images. No FDG uptake. **a** FDG MIP. **b** FDG fused images. **c** acetate MIP. **d** acetate fused images



- 200 MBq of ^{18}F -fluoroestradiol iv
- Level of binding of ^{18}F -FES to the oestrogen receptors remains stable between 20 and 120 min postinjection. For logistical reasons, scanning procedure should start 60 min after injection

Clinical indications in oncology (Figs. 5 and 6)

^{18}F -fluoroestradiol is a valuable tracer for the studies of the oestrogen receptor status of primary and metastatic breast or ovarian cancers (Venema et al. 2016; van Kruchten et al. 2013a; van Kruchten et al. 2012; van Kruchten et al. 2013b; Peterson et al. 2011; Linden et al. 2011).

FET

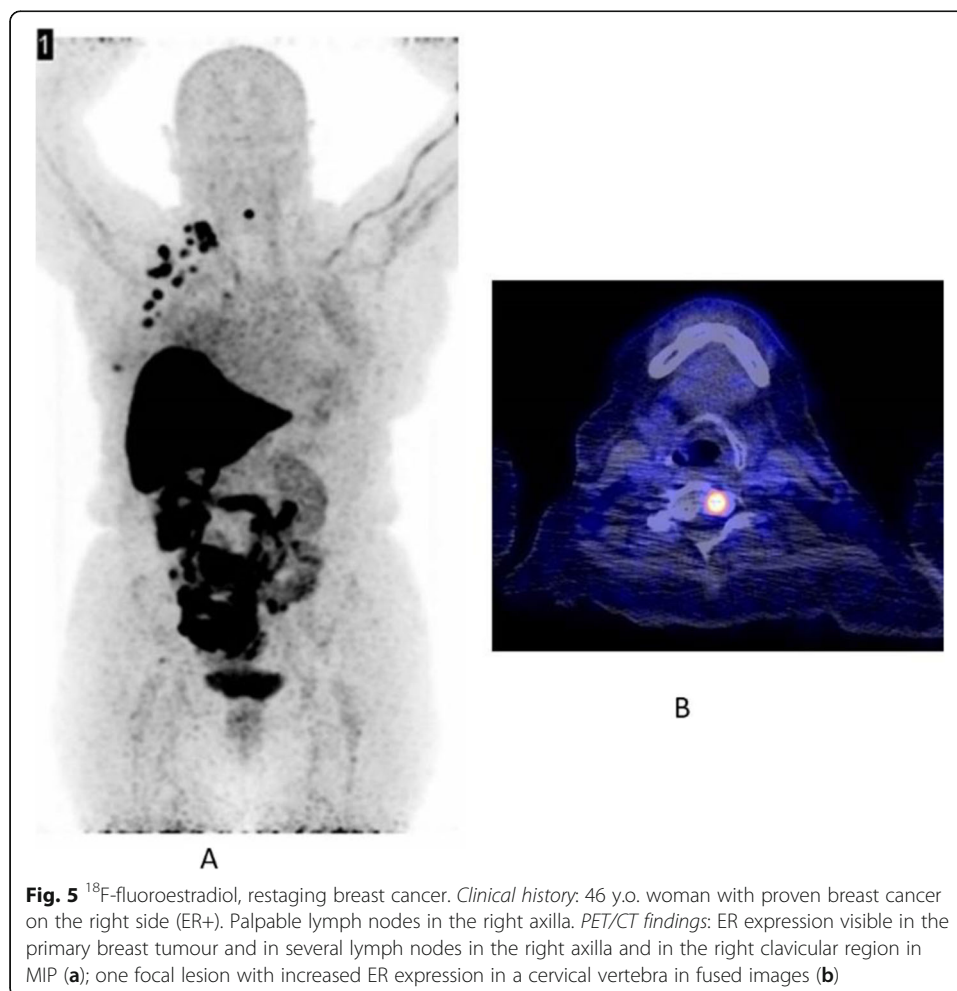
Names: O-(2-[^{18}F] Fluoroethyl)-L-tyrosine; ^{18}F -fluoroethyltyrosine

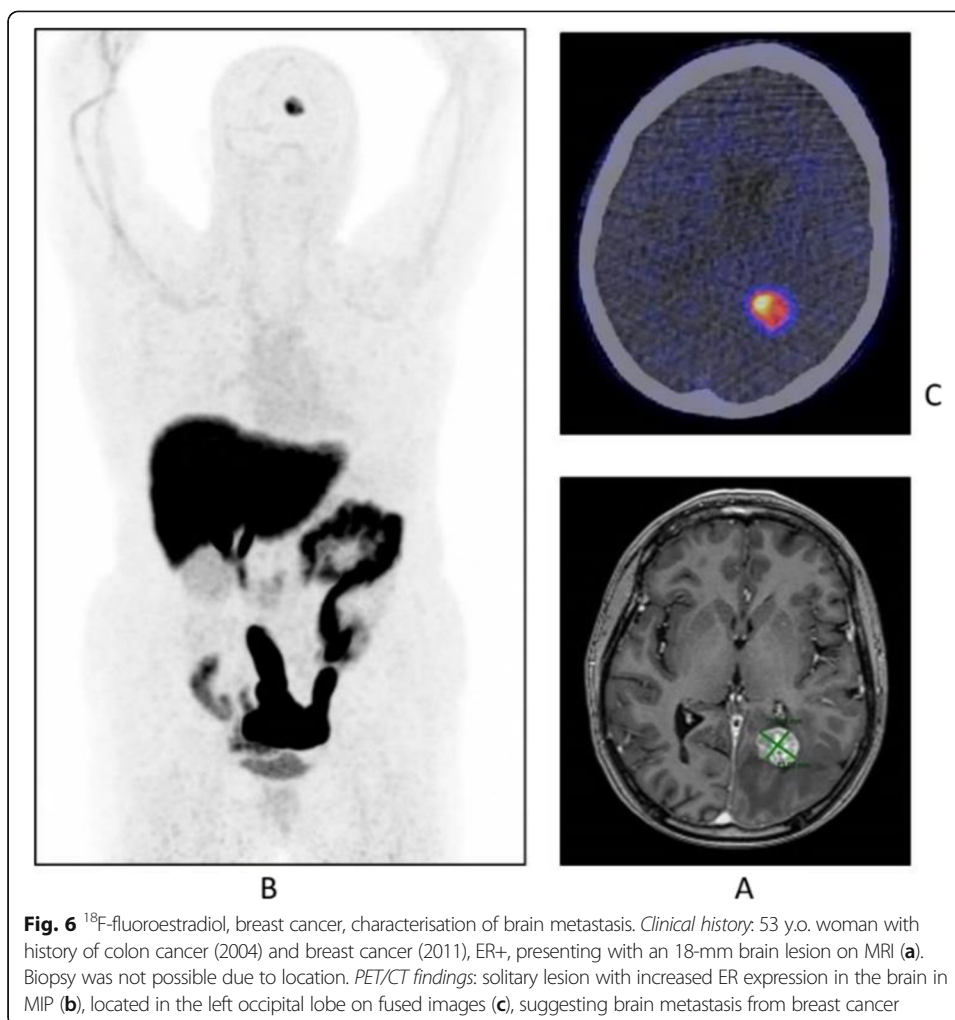
Biodistribution and metabolism (Fig. 7)

^{18}F -FET is an amino-acid PET tracer. After injection, the tracer is trapped into cancerous cells, though it is not incorporated into proteins (Abe et al. 2006).

Scan acquisition

- Fasting for at least 4 h is required





- 4–5 MBq/Kg of ^{18}F -FET iv
- Dynamic one bed brain acquisition for 40 min or static one bed brain acquisitions at 10 and 40–50 min. after injection, for 10 min.

Clinical indications in oncology (Figs. 8, 9, and 10)

Diagnosis of central nervous system tumours (very low background in healthy brain) (Galldiks et al. 2015; Albert et al. 2016; Unterrainer et al. 2016; Kunz et al. 2011; Poulsen et al. 2017).

FLT

Names: 3'-deoxy-3'-[^{18}F]-fluorothymidine; ^{18}F -fluorothymidine

Biodistribution and metabolism (Fig. 11)

^{18}F -FLT is an analogue of the nucleoside thymidine; however, substitution of the 3'-F atom prevents from further entering the regular biochemical pathway. FLT is transported from the blood into cells by active transport and phosphorylated by thymidine kinase I without incorporation into the DNA. The conjugated FLT is cleared via the kidneys and excreted in the urine. The accumulated activity in the cells is proportional to thymidine kinase 1 activity as well as cellular proliferation (Grierson and Shields 2000; Oh et al. 2004; Shankar 2012; Turcotte et al. 2007; Vesselle et al. 2003).



Scan acquisition

- No fasting is required
- 2–3 MBq/Kg of ^{18}F -FLT iv
- Uptake time 50–60 min

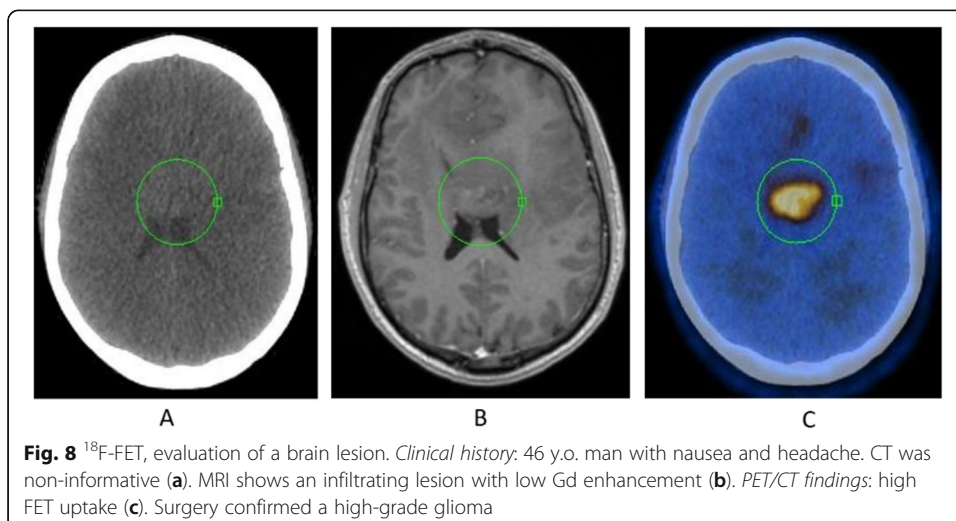
Clinical indications in oncology (Figs. 12, 13, and 14)

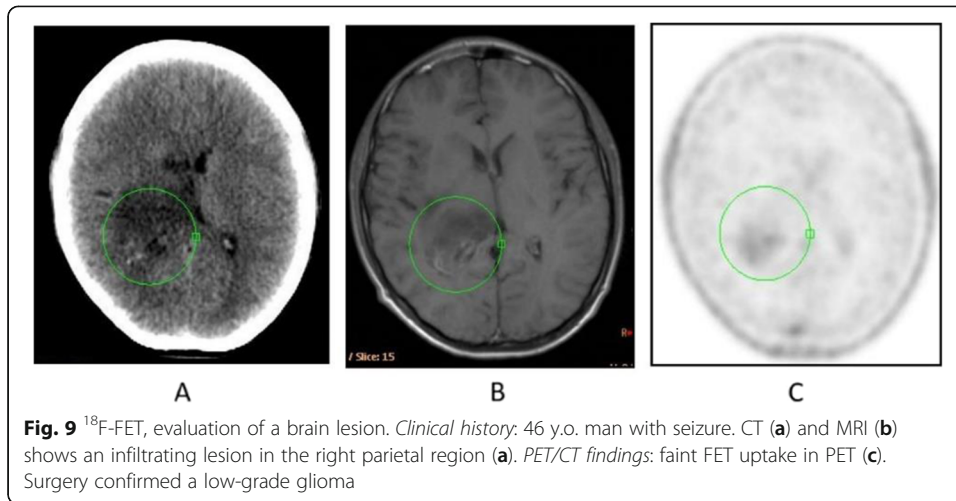
^{18}F -FLT is a marker for tumour cell proliferation that has been introduced to improve the accuracy of early FDG PET assessment (Kenny et al. 2007).

Methionine

Names: L-[methyl- ^{11}C] Methionine; ^{11}C -Methionine

Biodistribution and metabolism (Fig. 15)

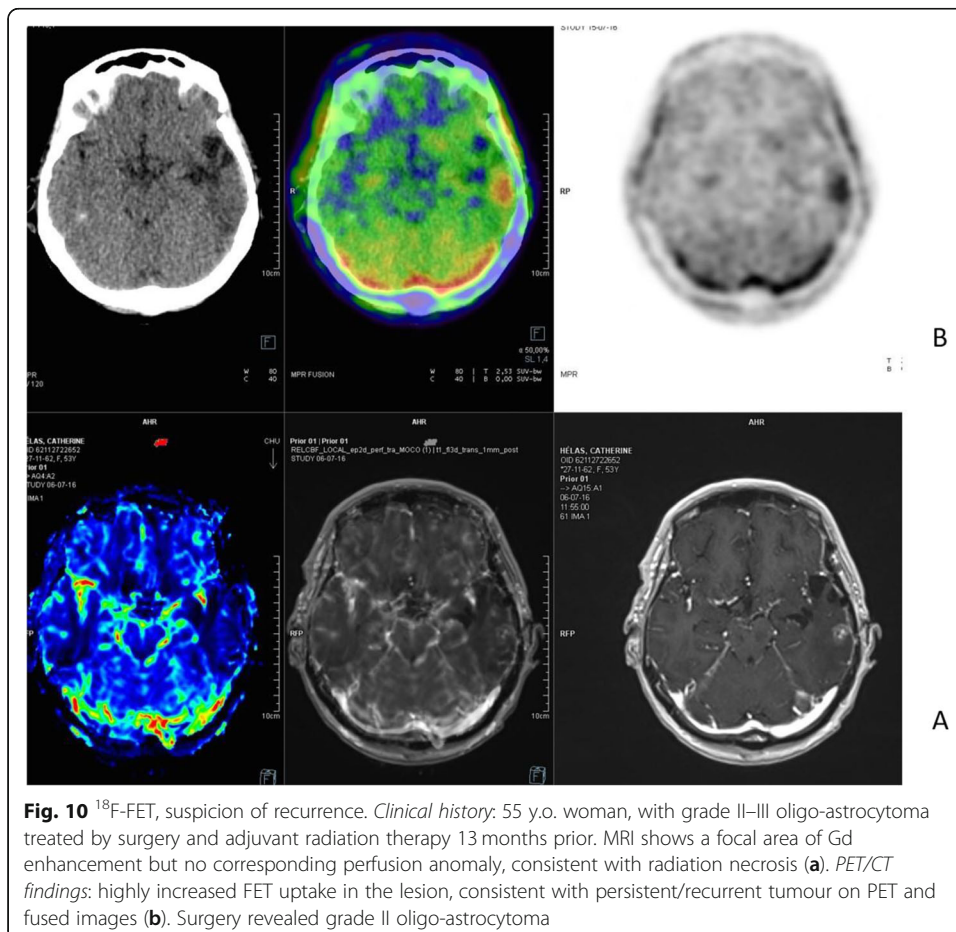




^{11}C -Methionine, an essential amino acid, enters the cells by various amino acid transporters and is involved in the synthesis of proteins and lipids, as well as in the regulation and synthesis of DNA and RNA (Davis et al. 1982; Deloar et al. 1998; Harris et al. 2013).

Scan acquisition

- Fasting for at least 2 h





- 3 MBq/kg of ^{11}C -Methionine iv
- Injection immediately before the start of the emission

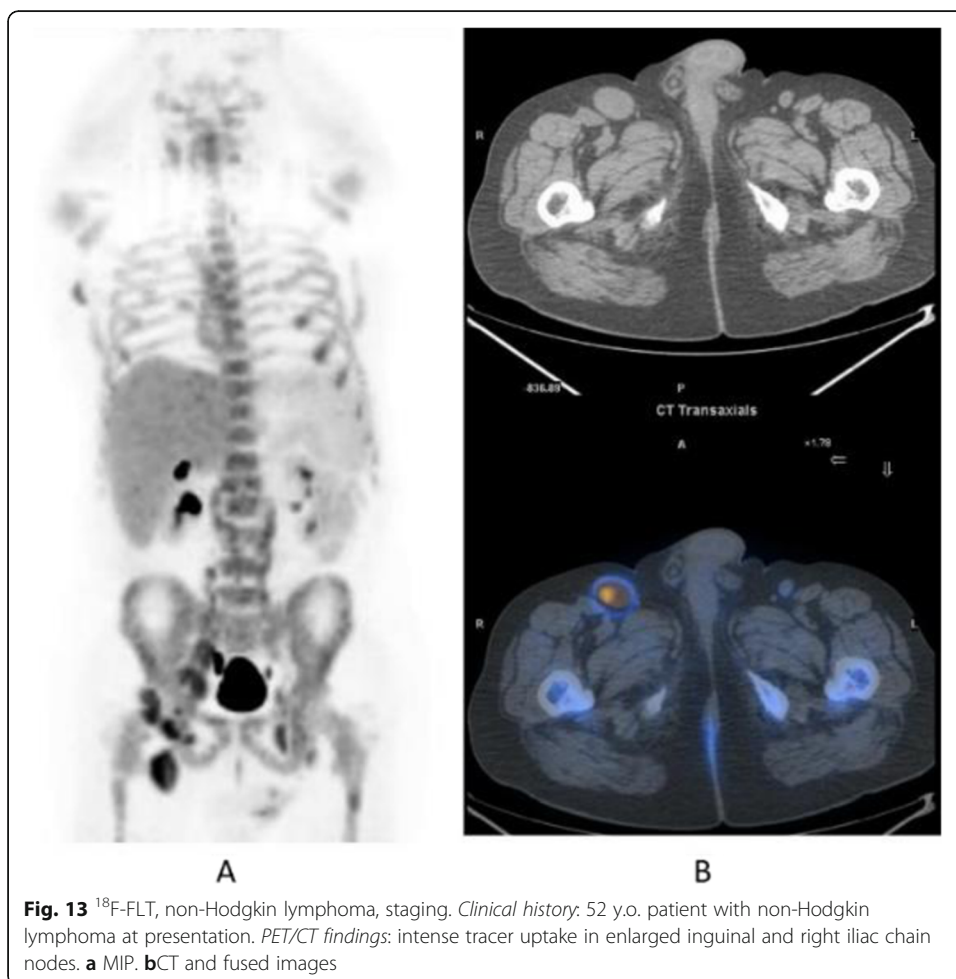
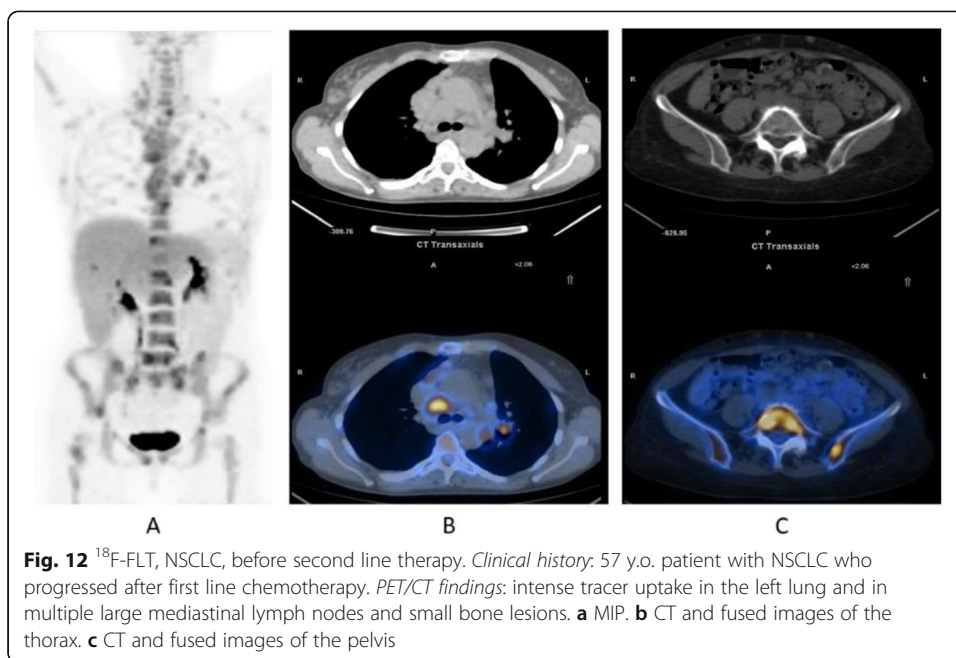
Clinical indications in oncology (Figs. 16, 17, and 18)

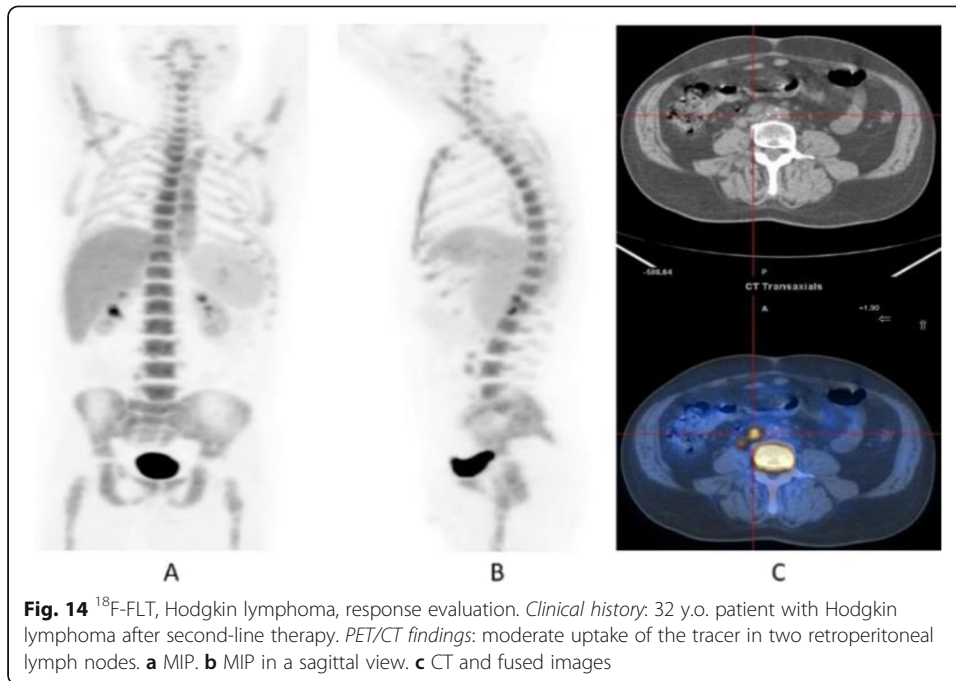
^{11}C -Methionine is used in the detection of brain tumours, primarily gliomas. The gliomas present an increased protein metabolism and capture ^{11}C -Methionine through specific carriers, in contrast to normal tissues that show low uptake.

Choline

Names:

1. $[^{11}\text{C}]\text{CH}$, ^{11}C -choline
2. $[^{18}\text{F}]\text{CH}$, ^{18}F -fluorocholine

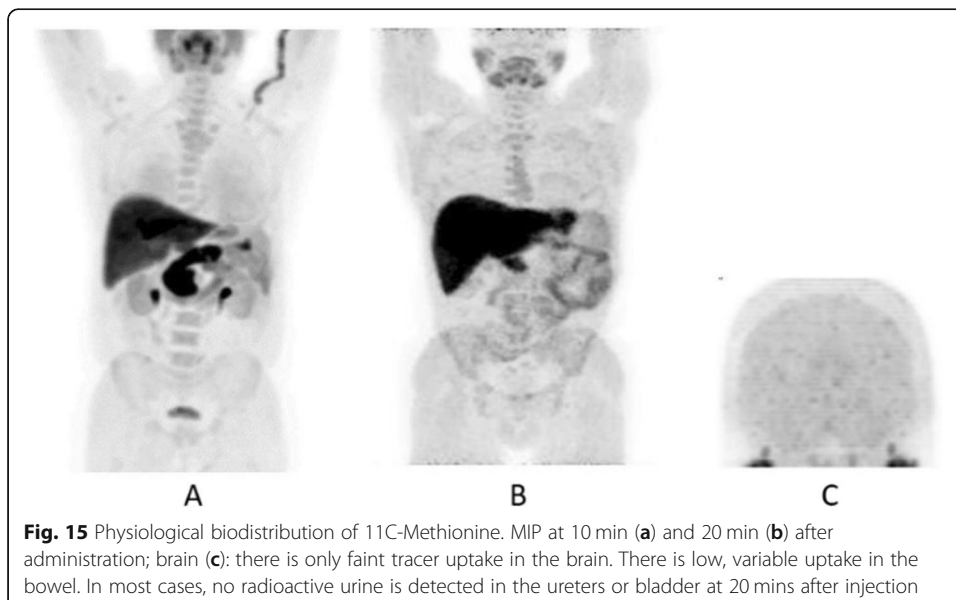


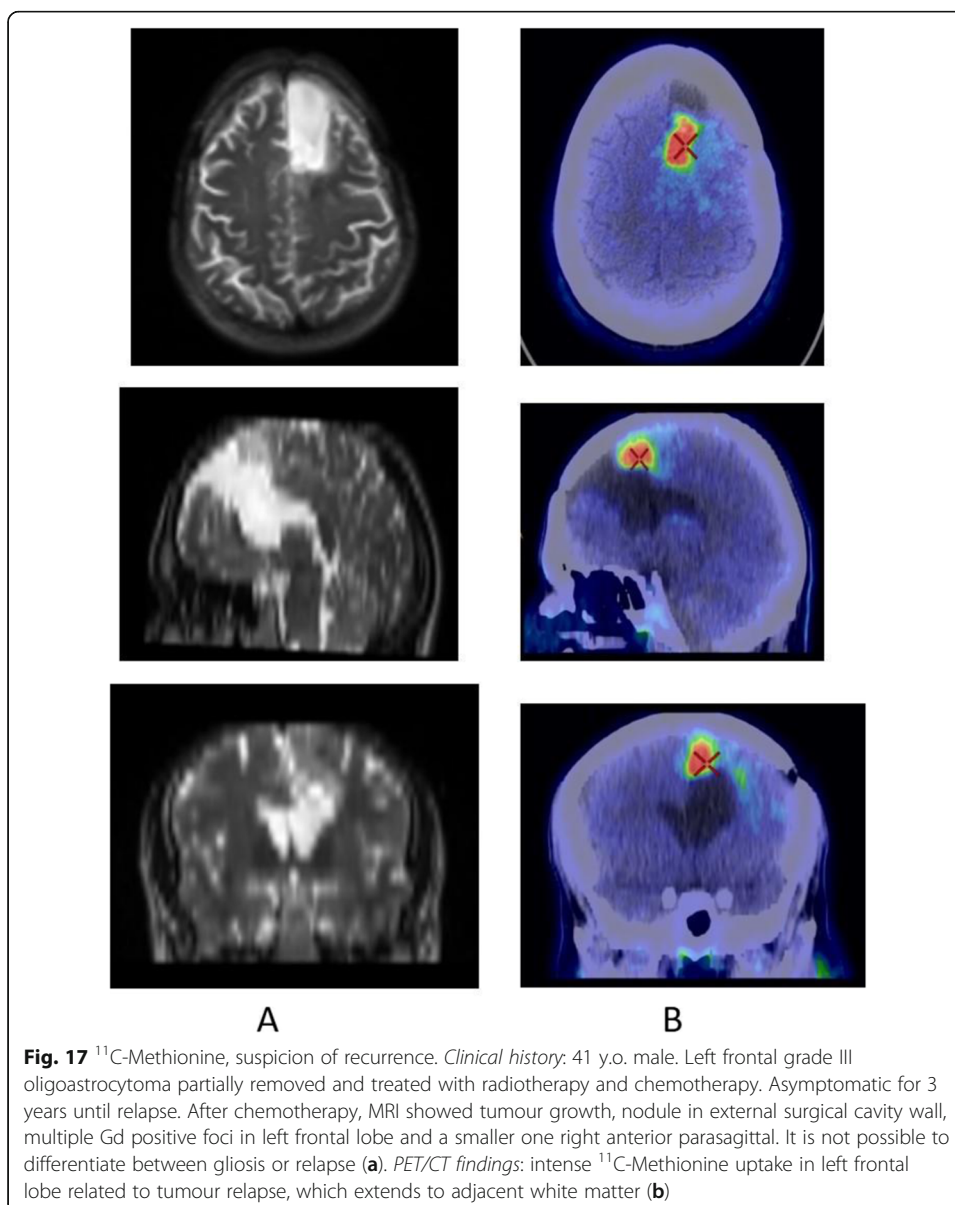
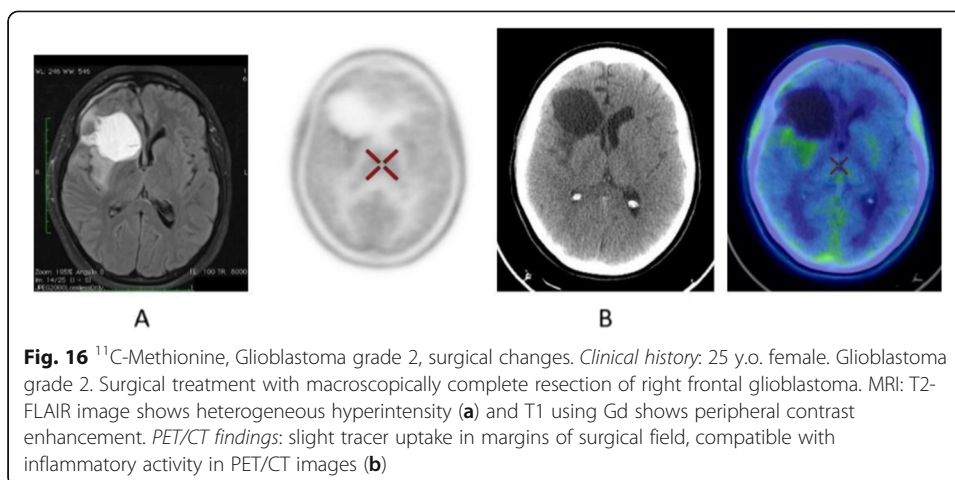


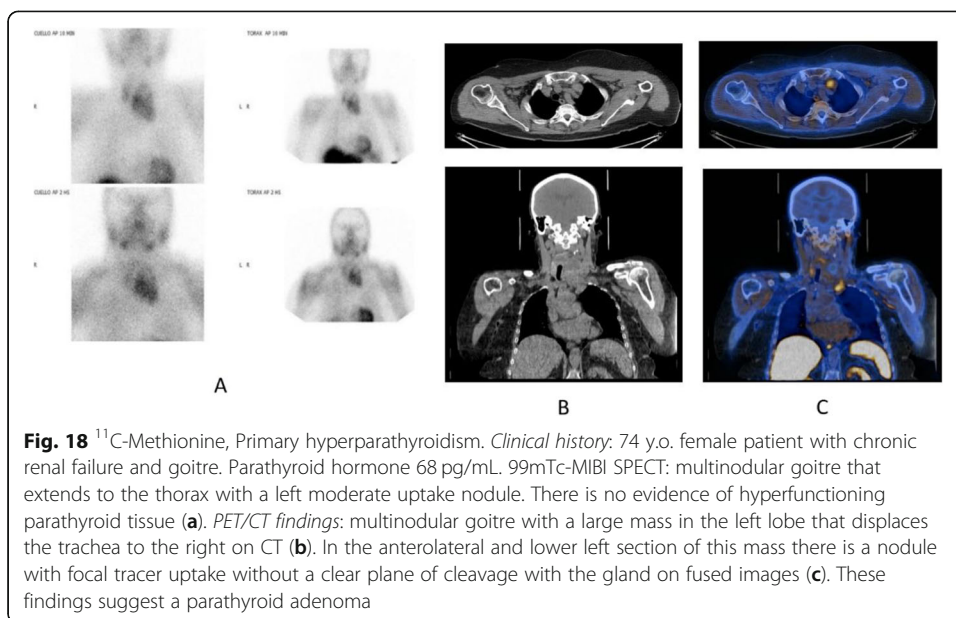
Biodistribution and metabolism (Fig. 19)

After injection, the tracer rapidly clears from the circulation (< 3 min), with high clearance by liver and kidneys. Increased metabolism will lead to an increased uptake of choline in the cell membranes and tissues.

^{11}C -choline distributes mainly to the pancreas, kidneys, liver, spleen, and colon. Based upon the relatively low urinary excretion of radioactivity, renal distribution is predominantly to the organ itself, rather than via formation of urine.



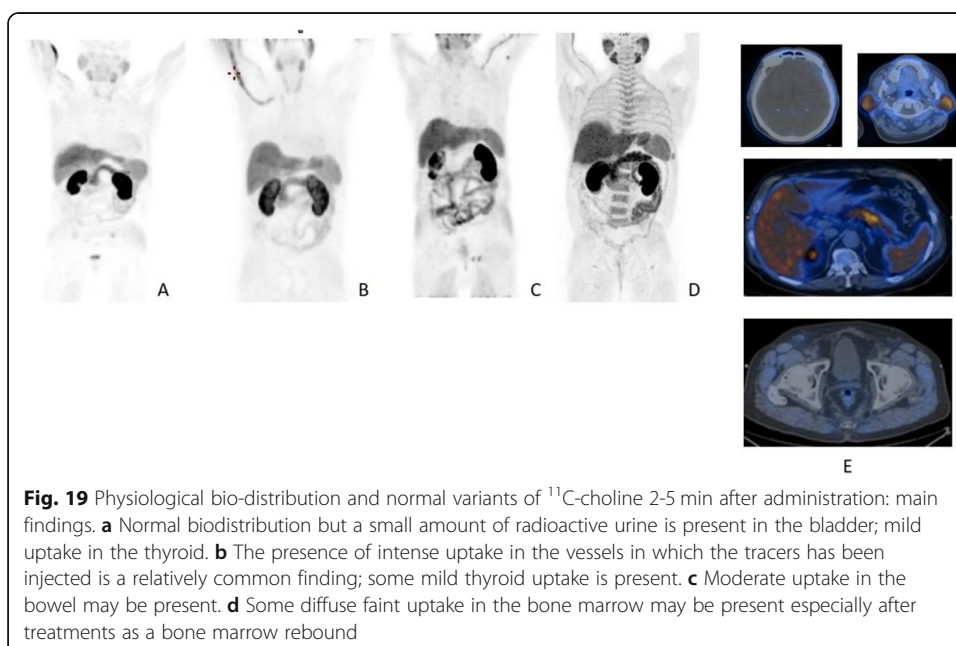


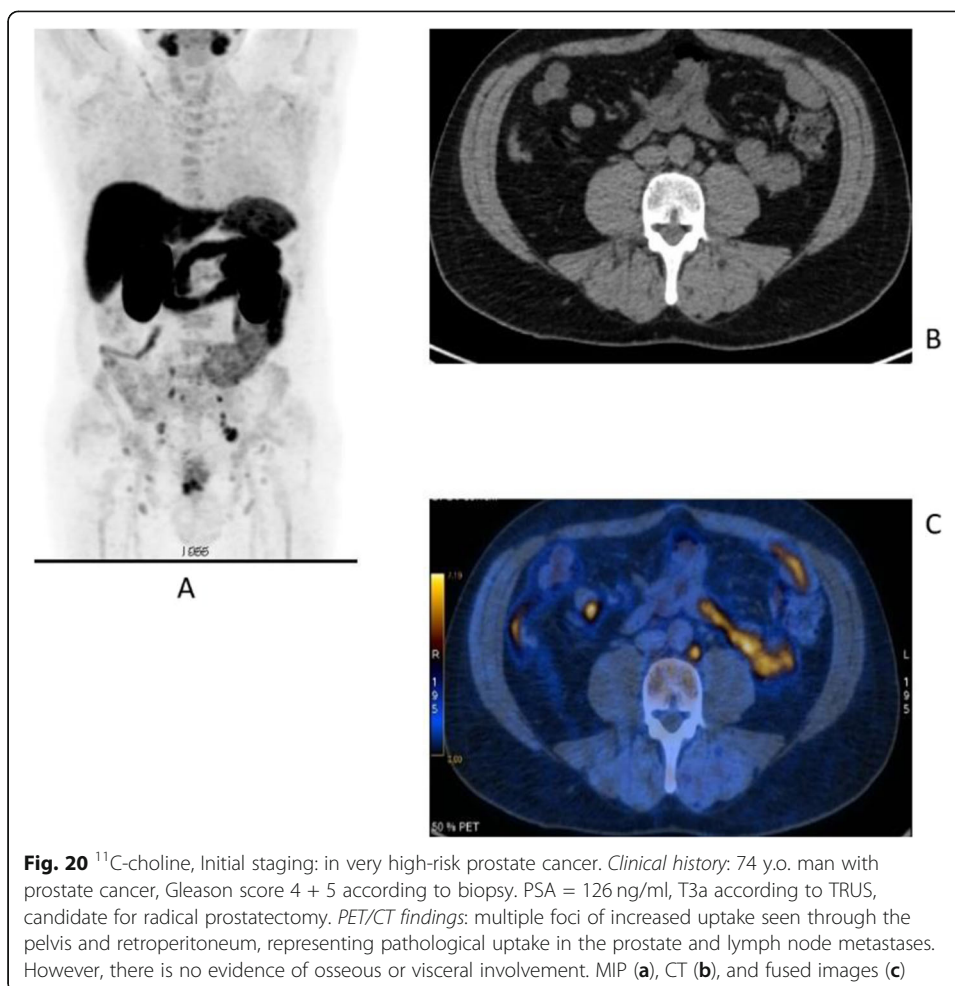


The urinary excretion of ^{18}F -fluorocholine has been reported to be about 5% of the administered activity in female patients and 2% in male patients within 60 min after injection (Mitterhauser et al. 2005; DeGrado et al. 2001; DeGrado et al. 2002).

Scan acquisition

- Fasting of 4 h is suggested
 - 4 or 5 MBq/Kg of ^{11}C -choline iv/300 MBq ^{18}F -fluorocholine iv
 - Uptake time 2–5 min for ^{11}C -choline/30 min for ^{18}F -fluorocholine
 - Acquisition starts from the pelvis for ^{11}C -choline/head-thorax for ^{18}F -fluorocholine
- Clinical indications in oncology (Figs. 20, 21, 22, 23, and 24)





The main clinical application of choline is in prostate cancer patients for staging and restaging the disease in case of biochemical recurrence after primary treatment (Kryza et al. 2008; Evangelista et al. 2013).

PSMA

Names: [^{68}Ga] prostate-specific membrane antigen ligand; ^{68}Ga -PSMA

Biodistribution and metabolism (Fig. 25)

Prostate specific membrane antigen (PSMA), a tumour-associated antigen and type II transmembrane protein, is expressed on the membrane of prostatic epithelial cells and overexpressed on prostate tumour cells. Upon internalisation of the radiotracer, PSMA-expressing tumour cells can be detected during PET imaging (Heidenreich et al. 2014; Afshar-Oromieh et al. 2016; Demirci et al. 2016).

Scan acquisition

- Fasting of 4 h is suggested
- 2 or 3 MBq/Kg of ^{68}Ga -PSMA iv
- Uptake time 60–100 min
- Acquisition starts from the pelvis

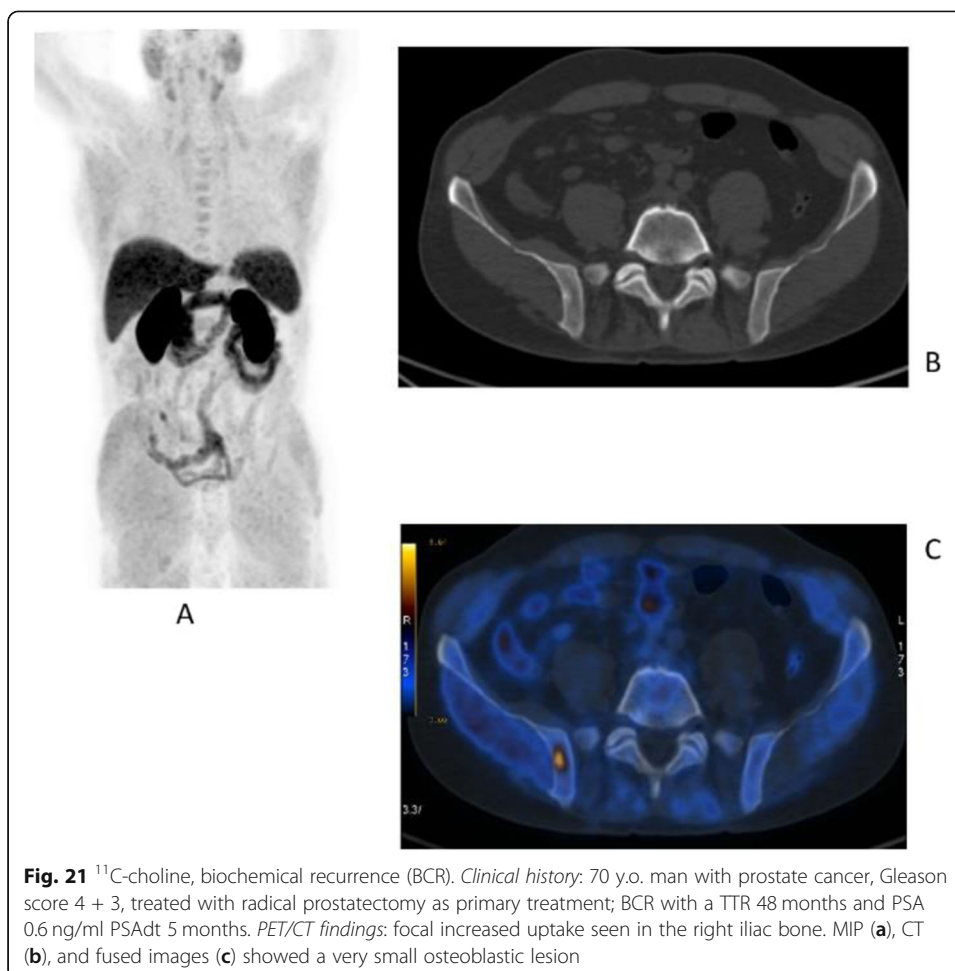


Fig. 21 ^{11}C -choline, biochemical recurrence (BCR). *Clinical history*: 70 y.o. man with prostate cancer, Gleason score 4 + 3, treated with radical prostatectomy as primary treatment; BCR with a TTR 48 months and PSA 0.6 ng/ml PSA_{dt} 5 months. *PET/CT findings*: focal increased uptake seen in the right iliac bone. MIP (a), CT (b), and fused images (c) showed a very small osteoblastic lesion

Clinical indications in oncology (Figs. 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, and 37)

The main clinical application of ^{68}Ga -PSMA is in prostate cancer patients, namely initial diagnosis (Fendler et al. 2017), nodal staging (Schneider et al. 2016), restaging in case of biochemical recurrence (Calais et al. 2018; Maurer et al. 2016), and theranostic in case of ^{177}Lu -PSMA treatment (Mottet et al. 2011; Zamboglou et al. 2016), or alpha emitters such as ^{225}Ac PSMA (Maurer et al. 2016).

DOPA

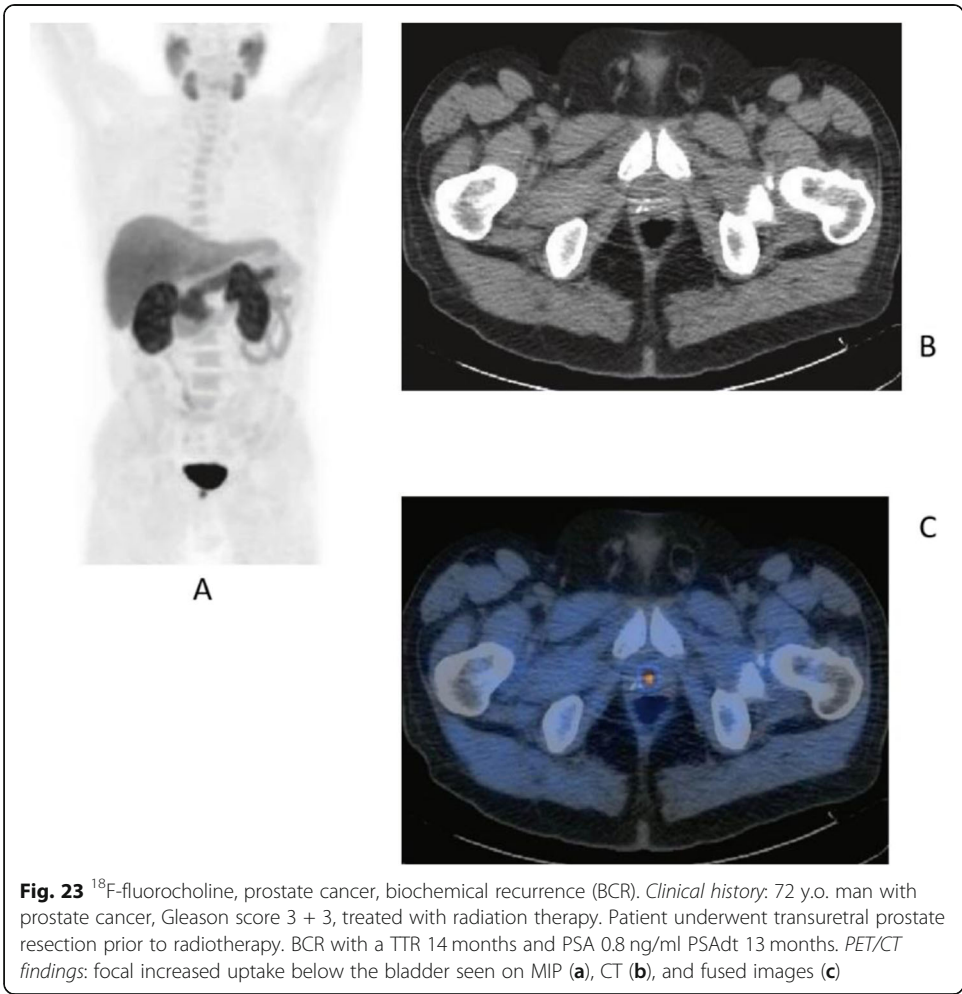
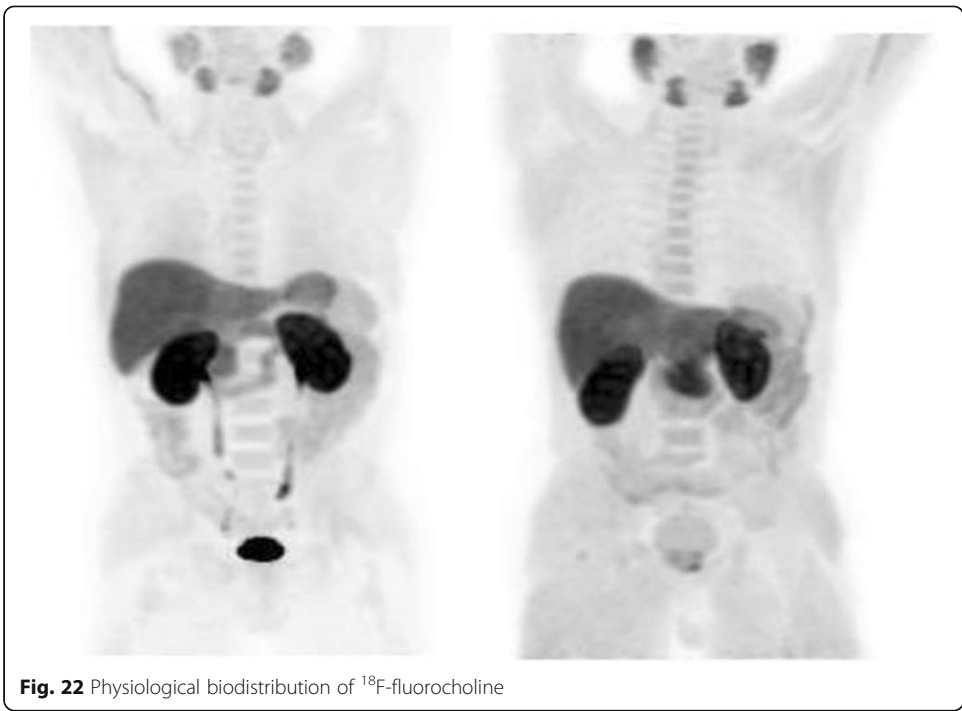
Names: L-3,4-Dihydroxy-6- ^{18}F fluorophenylalanine, ^{18}F -DOPA, ^{18}F -Fluoro-L-DOPA

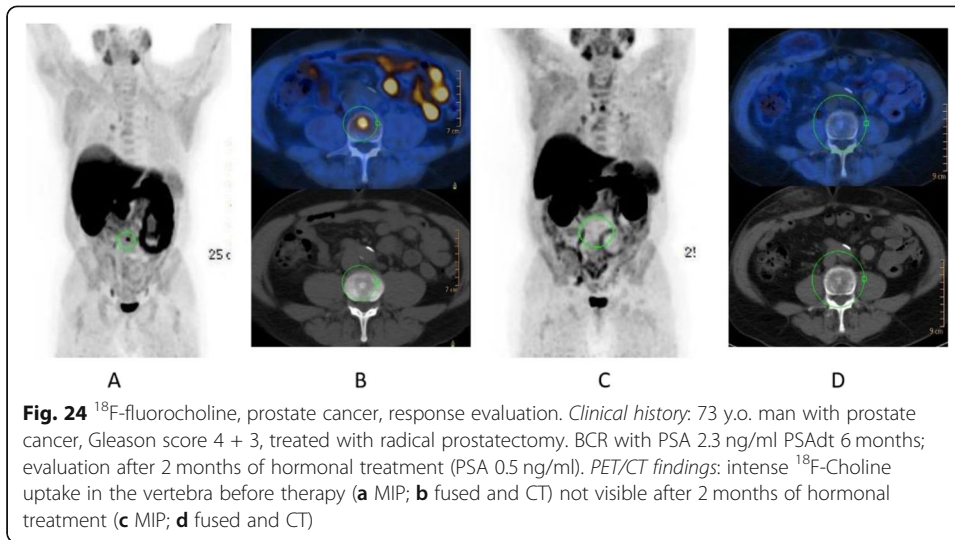
Biodistribution and metabolism (Fig. 38)

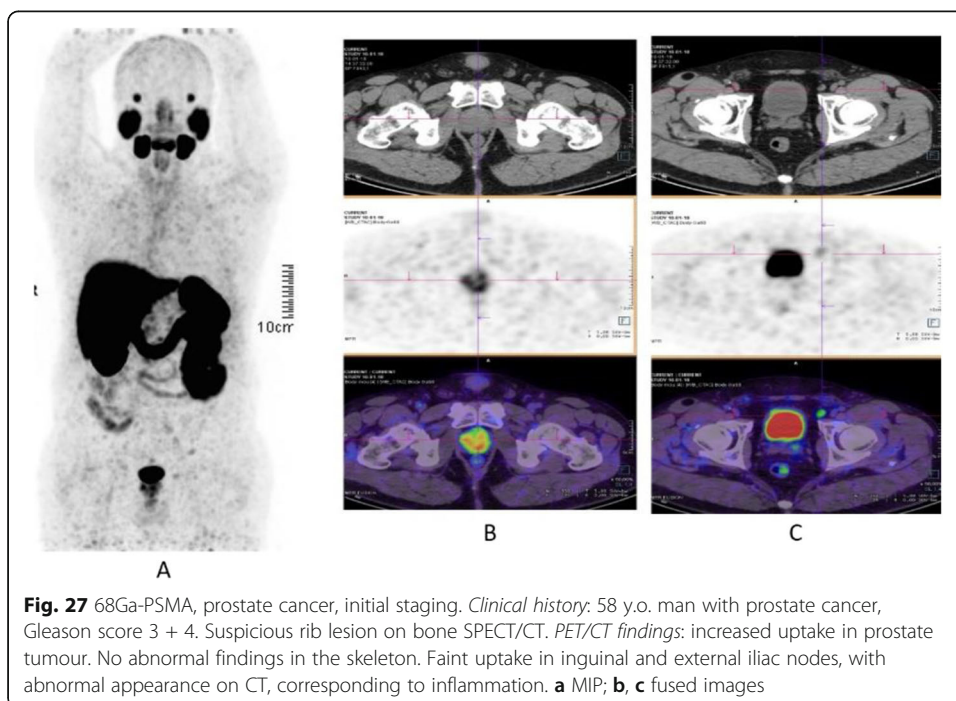
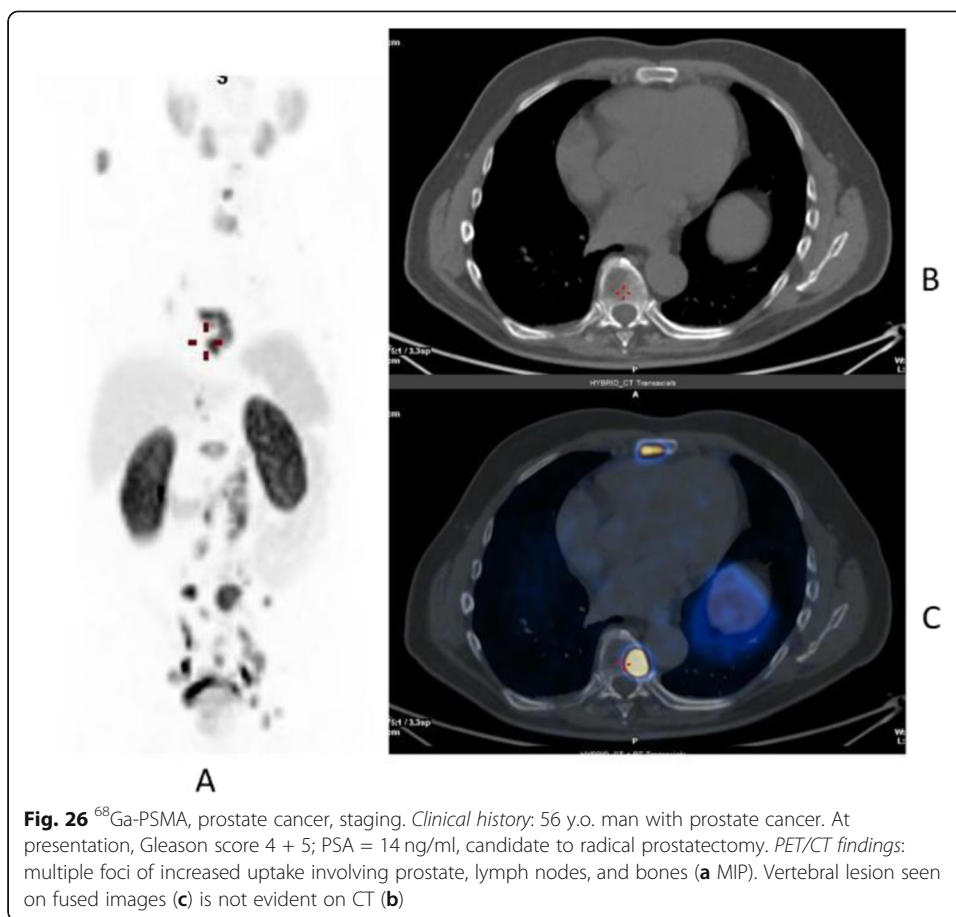
^{18}F -DOPA reflects all stages of DOPA transport, storage, and metabolism. The tracer is metabolised in the striatum, but also in peripheral tissues such as liver, kidneys, and lung (Rahbar et al. 2017).

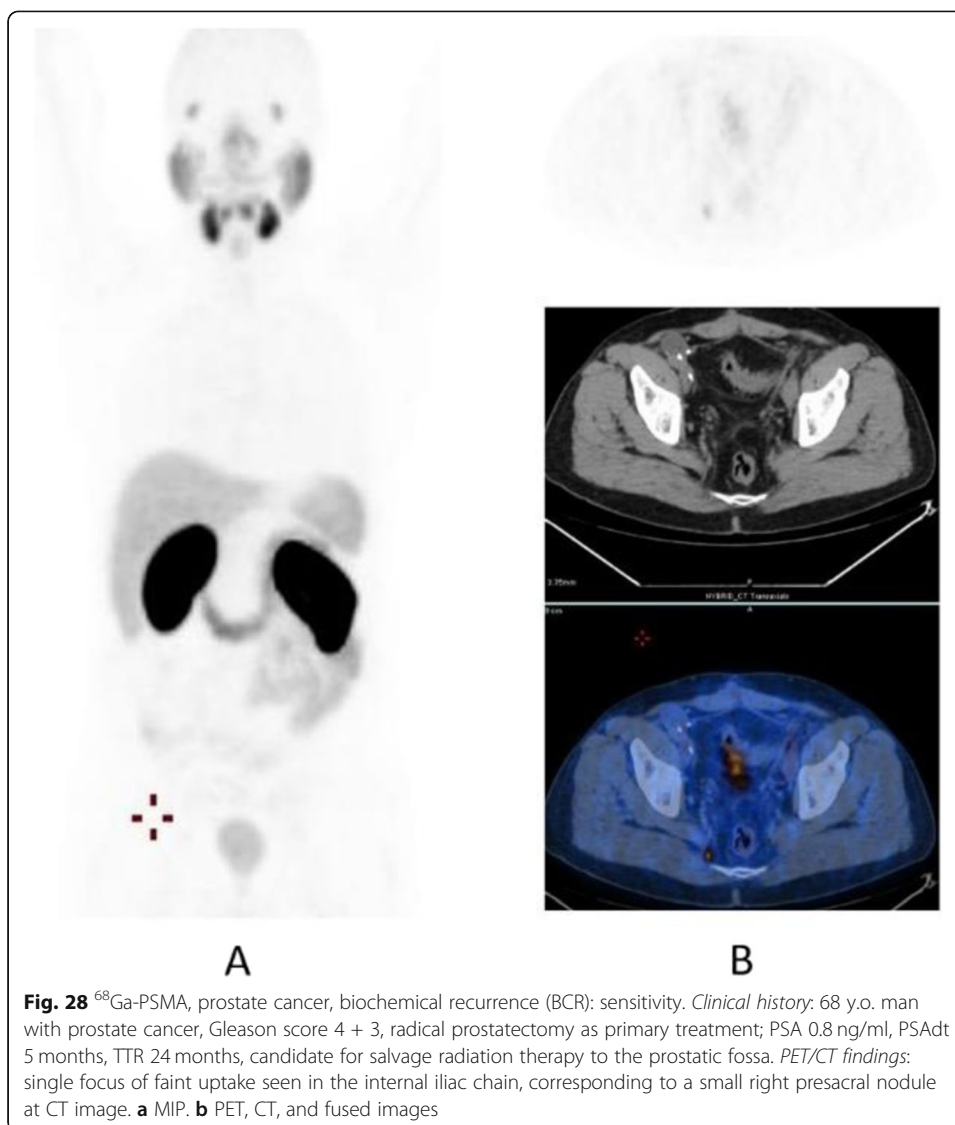
Scan acquisition

- Fasting for more than 4 h
- 2–3 MBq/Kg of ^{18}F -DOPA iv
- Uptake time 60 min for extra-cranial tumours. An additional acquisition of 10 min after injection is suggested in medullary thyroid cancer.









- Uptake time 10 min for primary brain tumours.

Clinical indications in oncology (Fig. 39, 40, 41, 42, and 43)

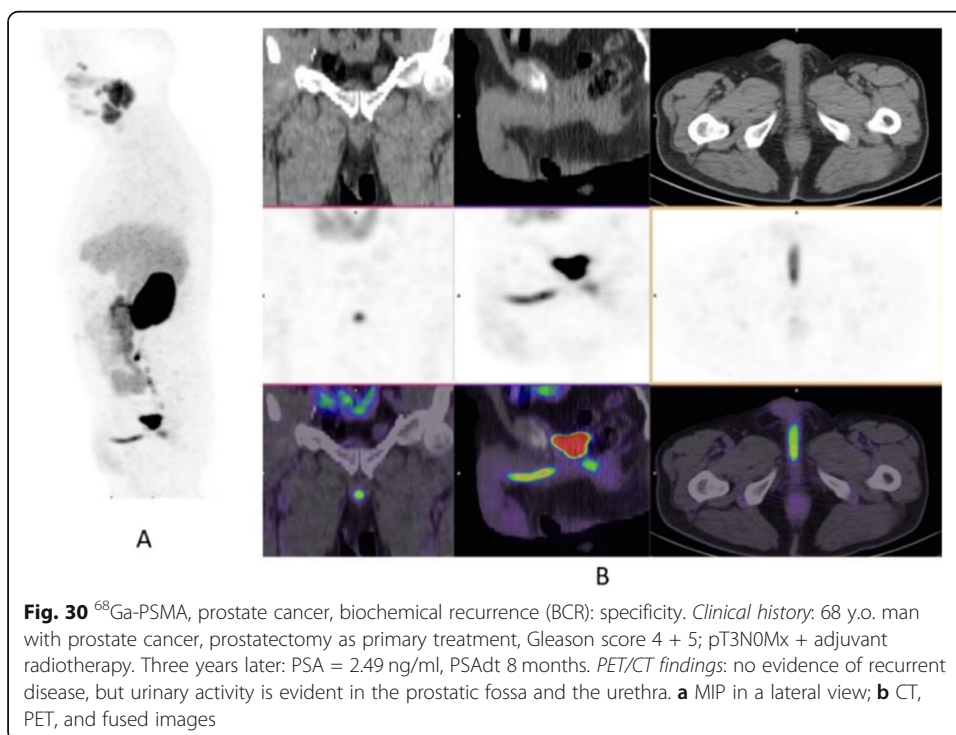
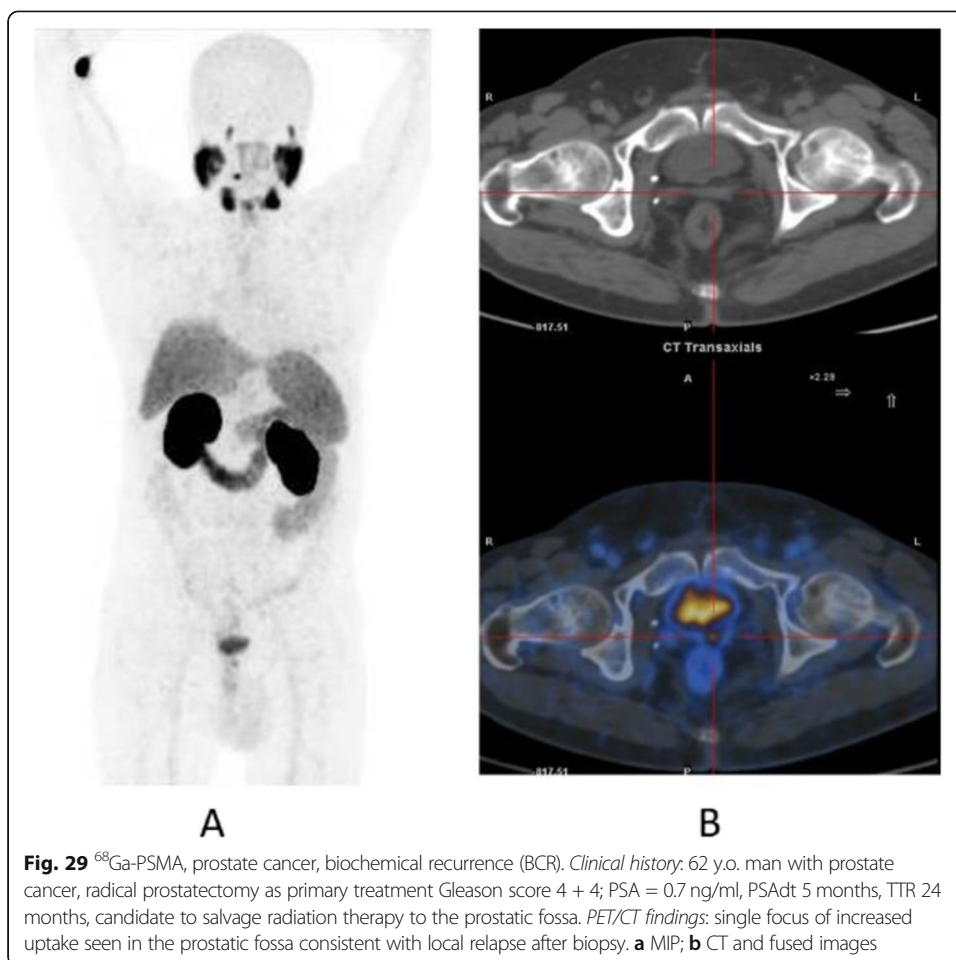
^{18}F -DOPA is used in the detection of neuroendocrine tumours. It is the PET tracer of choice for recurrence detection in patients with medullary thyroid cancer and may play a role in the management of patients with pheochromocytoma and neuroblastoma. ^{18}F -DOPA PET/CT is also used in recurrent glioma (Kratochwil et al. 2017; Chondrogiannis et al. 2013; Soussan et al. 2012; Amodru et al. 2018).

5-HTP

Names: [^{11}C] 5-hydroxytryptophan; ^{11}C -HTP

Biodistribution and metabolism (Fig. 44)

^{11}C -HTP is taken up into neuroendocrine tumours cells by L-large amino acid transporter followed by decarboxylation to serotonin. The resulting end-product is then transported into storage vesicles through the vesicular monoamine transporter



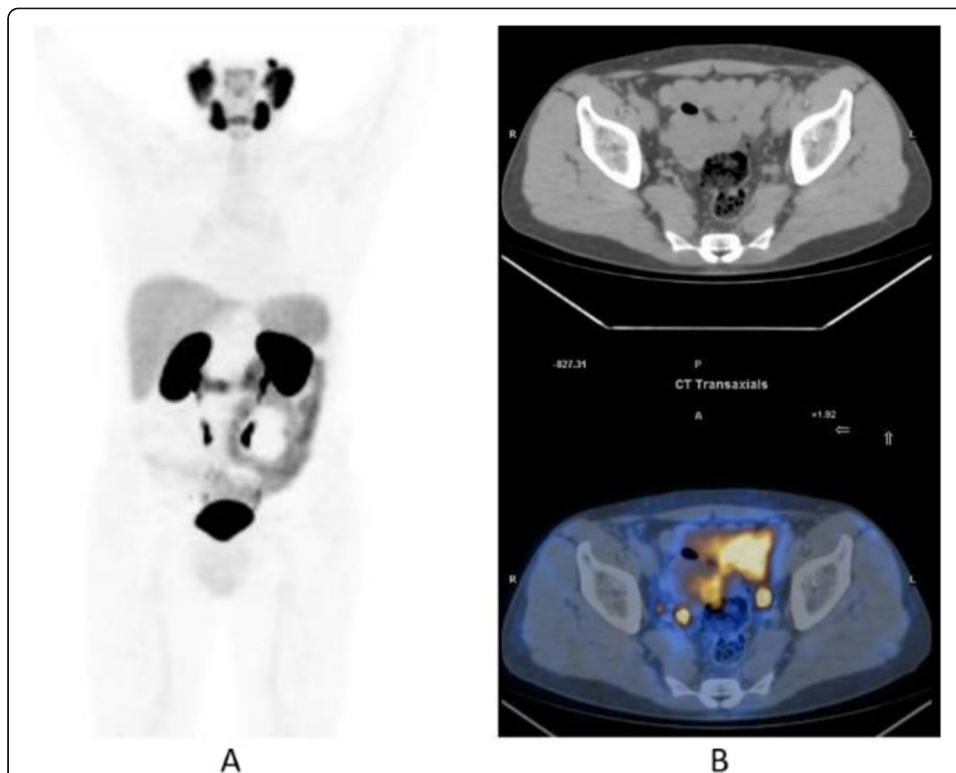


Fig. 31 ^{68}Ga -PSMA, prostate cancer, biochemical recurrence (BCR): sensitivity. *Clinical history:* 64 y.o. man with prostate cancer, radical prostatectomy as primary treatment Gleason score 4 + 4; PSA = 0.7 ng/ml, PSA dt 6 months, TTR 12 months, candidate for salvage radiation therapy in the prostatic fossa. *PET/CT findings:* single focus of increased uptake seen in a right external iliac lymph node (obturator) measuring 8 mm in maximum diameter. **a** MIP; **b** CT and fused images

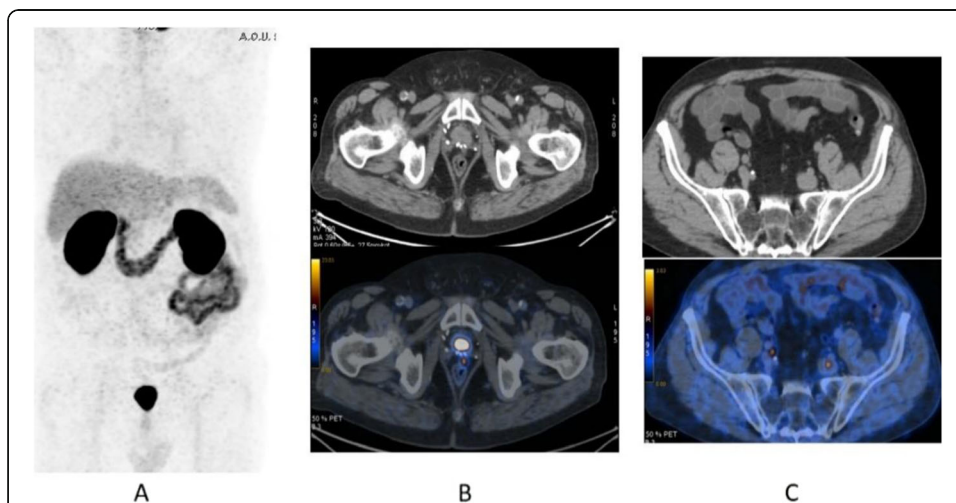
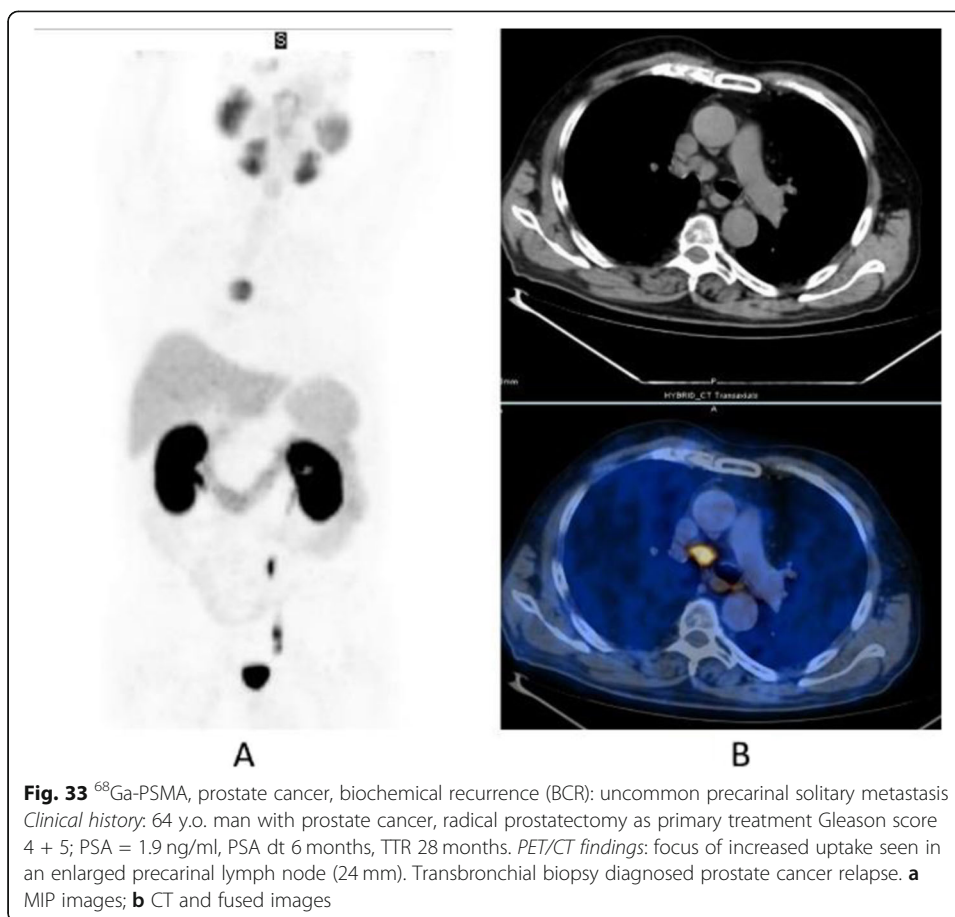


Fig. 32 ^{68}Ga -PSMA, prostate cancer, biochemical recurrence (BCR): sensitivity. *Clinical history:* 72 y.o. man with prostate cancer, radical prostatectomy as primary treatment Gleason score 4 + 5; PSA = 0.4 ng/ml, PSA dt 6 months, TTR 10 months, candidate for salvage radiation therapy in the prostatic fossa. *PET/CT findings:* a focus of increased uptake is seen in the prostatic fossa and a right common iliac lymph node measuring 7 mm in maximum diameter. **a** MIP; **b** CT and fused images, local relapse; **c** CT and fused images, iliac lymph node



as well as went through the metabolic pathway of serotonin (Addeo et al. 2018; Piccardo et al. 2012).

Scan acquisition

- No special diet is required
- 370 MBq of ^{11}C -HTP iv
- Uptake time 1 h

Clinical indications in oncology (Fig. 45)

^{11}C -HTP is used in the detection of neuroendocrine tumours. Since the uptake is related to the serotonergic pathway, ^{11}C -HTP is a possible alternative to ^{68}Ga -DOTA-peptide or ^{18}F -DOPA (Neels et al. 2006).

Somatostatin analogues

Names: [^{68}Ga] (1,4,7,10-tetraazacyclododecane-N, N', N'', N'''-tetraacetic acid)-1- (d)-Phe1-Thy3-octreotate (DOTATATE)- (d)-Phe1-Thy3-octreotide (DOTATOC)- NaI3-octreotide (DOTANOC)

Biodistribution and metabolism (Fig. 46)

Synthetic somatostatin peptides show long biological half-life and stronger and more specific affinity for somatostatin receptors available on the cellular surface of

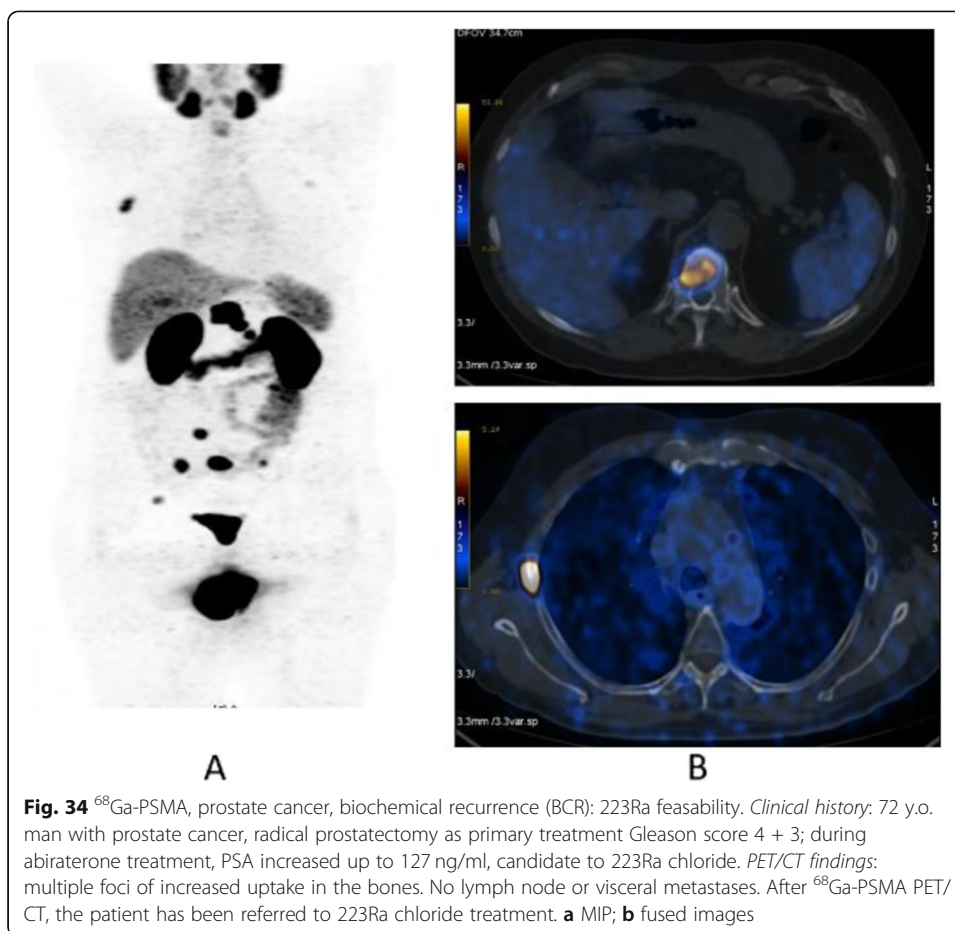


Fig. 34 ^{68}Ga -PSMA, prostate cancer, biochemical recurrence (BCR): 223Ra feasibility. *Clinical history*: 72 y.o. man with prostate cancer, radical prostatectomy as primary treatment Gleason score 4 + 3; during abiraterone treatment, PSA increased up to 127 ng/ml, candidate to 223Ra chloride. *PET/CT findings*: multiple foci of increased uptake in the bones. No lymph node or visceral metastases. After ^{68}Ga -PSMA PET/CT, the patient has been referred to 223Ra chloride treatment. **a** MIP; **b** fused images

neuroendocrine tumours. DOTATATE, DOTATOC, and DOTANOC have different affinities for receptor subtypes (Kroiss et al. 2013; Bergeret et al. 2019).

Scan acquisition

- No special diet is required
- 2–3 MBq/Kg of ^{68}Ga -DOTA-Peptide iv
- Uptake time 1 h

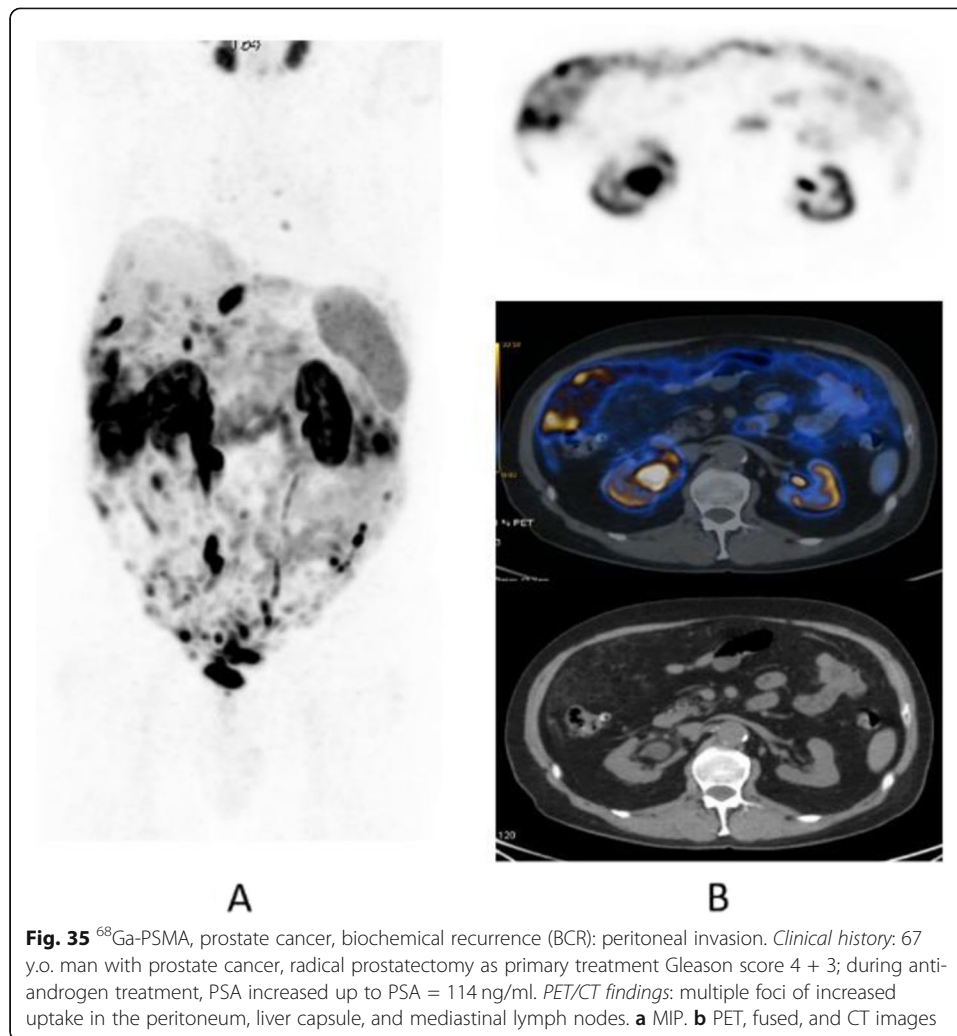
Clinical indications in oncology (Figs. 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, and 65)

In the management of NETs ^{68}Ga -DOTA-conjugated peptide, PET/CT is used to localise primary tumours and detect sites of metastatic disease (staging); follow-up patients with known disease to detect residual, recurrent or progressive disease (re-staging); determine somatostatin status; monitor response to therapy; and select patients with metastatic disease for peptide receptor radionuclide therapy (Skoura et al. 2016; Sundin 2018; Singh et al. 2018; Waseem et al. 2019).

FMISO

Names: 1-(2-Nitro-imidazolyl)-3- ^{18}F fluoro-2-propanol; ^{18}F -FMISO

Biodistribution and metabolism (Fig. 66)



Nitro-group are postulated to undergo reduction in hypoxic condition ($\text{pO}_2 \leq 2\text{--}3$ mmHg), forming highly reactive oxygen radicals that subsequently bind covalently to macromolecules inside the cells (Visser et al. 2014; Orlefors et al. 2005).

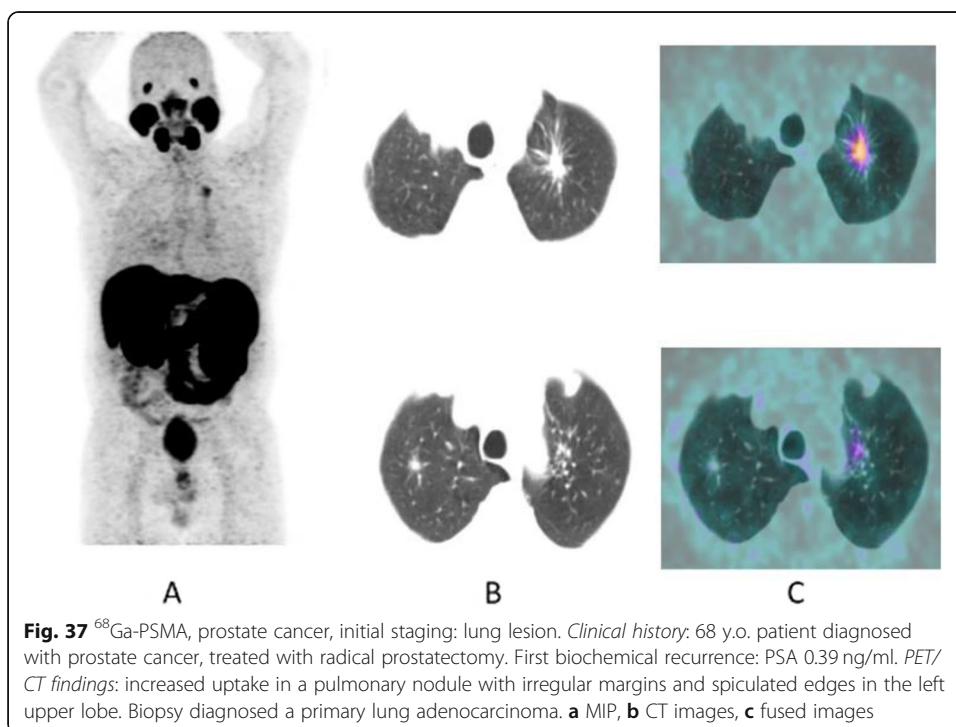
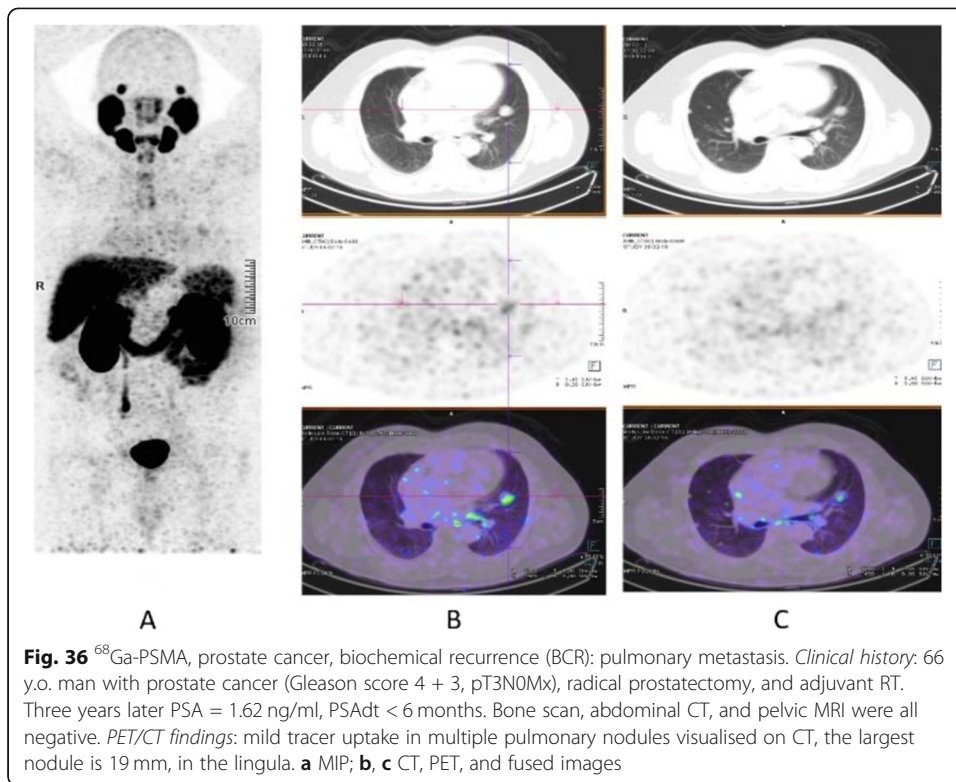
^{18}F -FMISO is relatively hydrophilic and diffuses across cell membranes, showing a passive distribution in normal tissues, resulting in slow clearance kinetics and a high lipophilicity, resulting in substantially high background.

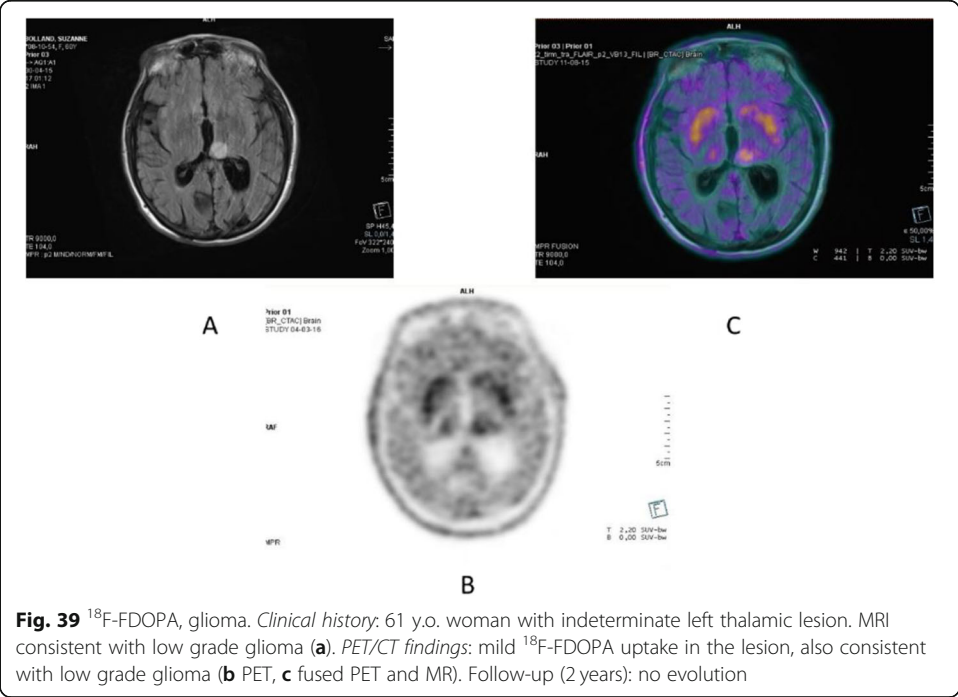
Scan acquisition

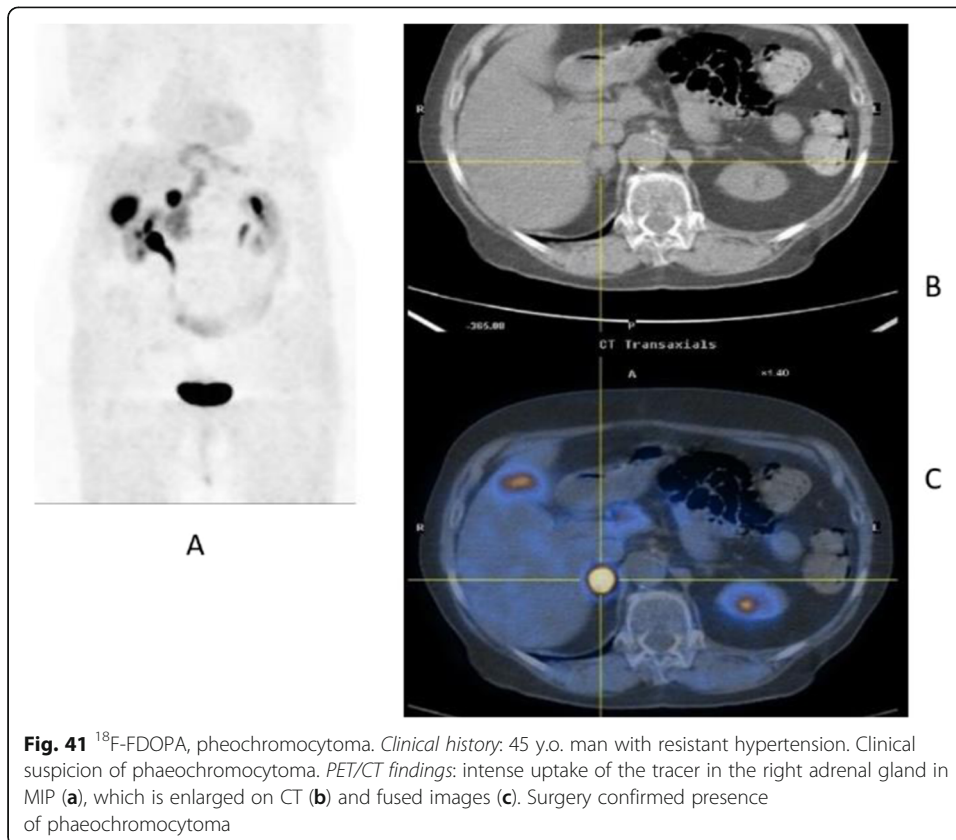
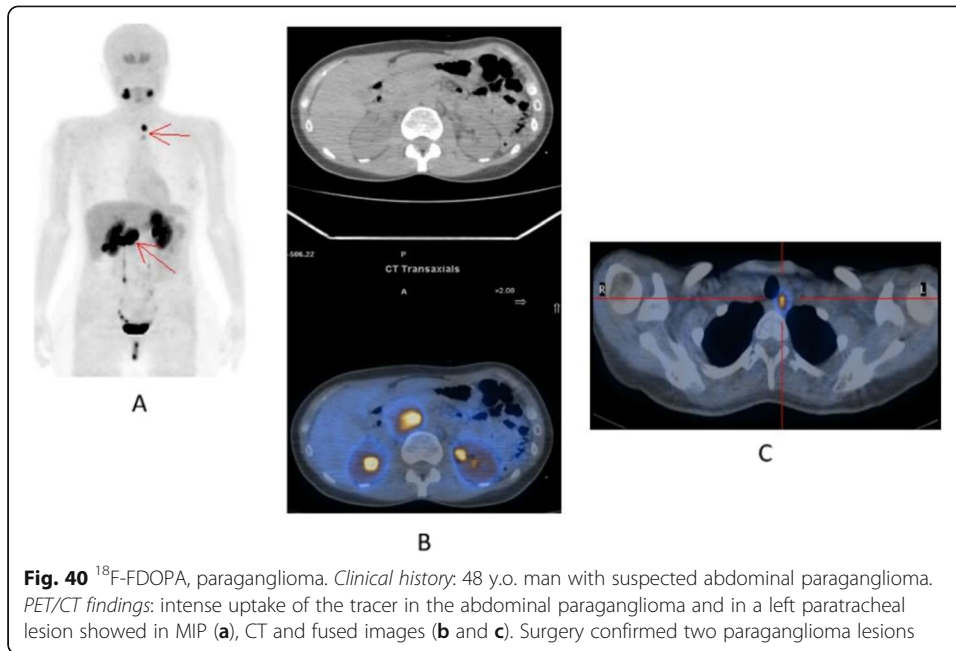
- Fasting for at least 2 h
- 6 MBq/Kg of ^{18}F -FMISO iv
- Uptake time 3–4 h

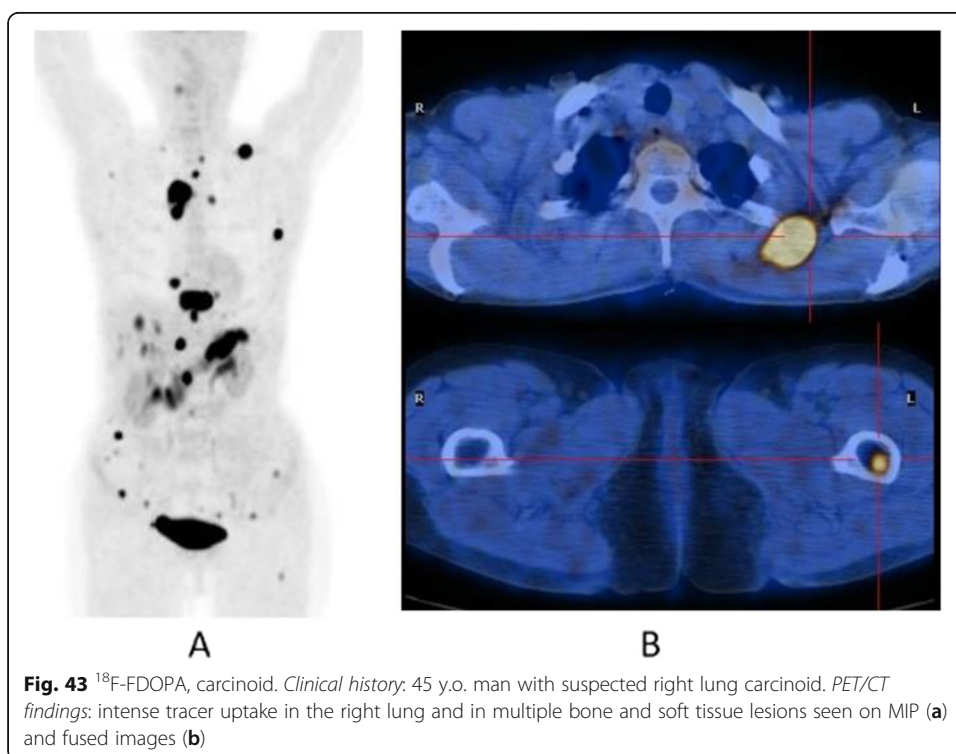
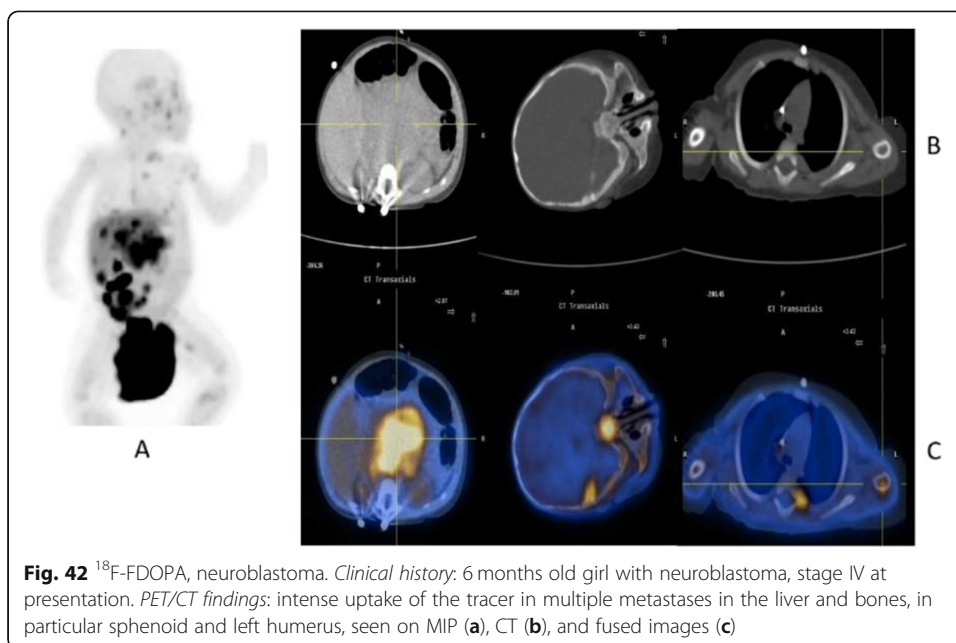
Clinical indications in oncology (Fig. 67)

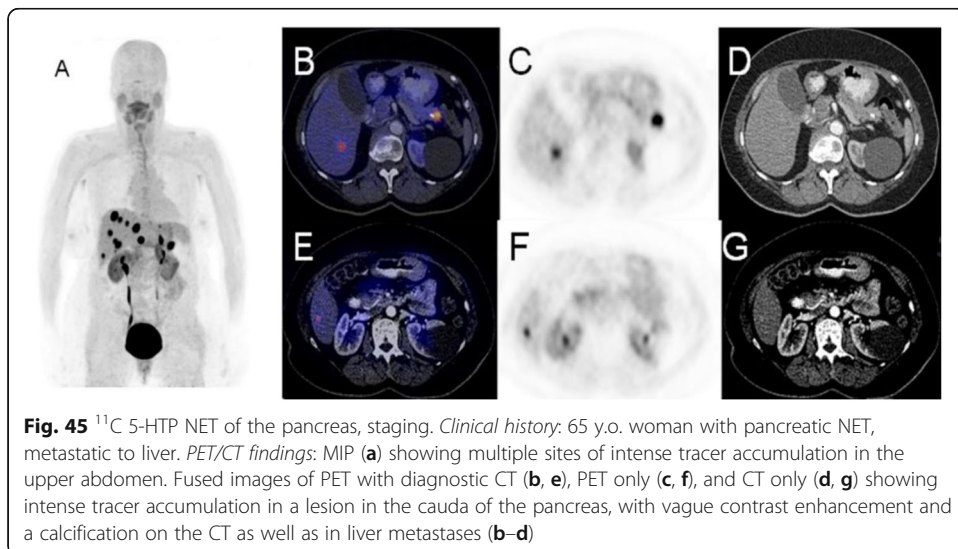
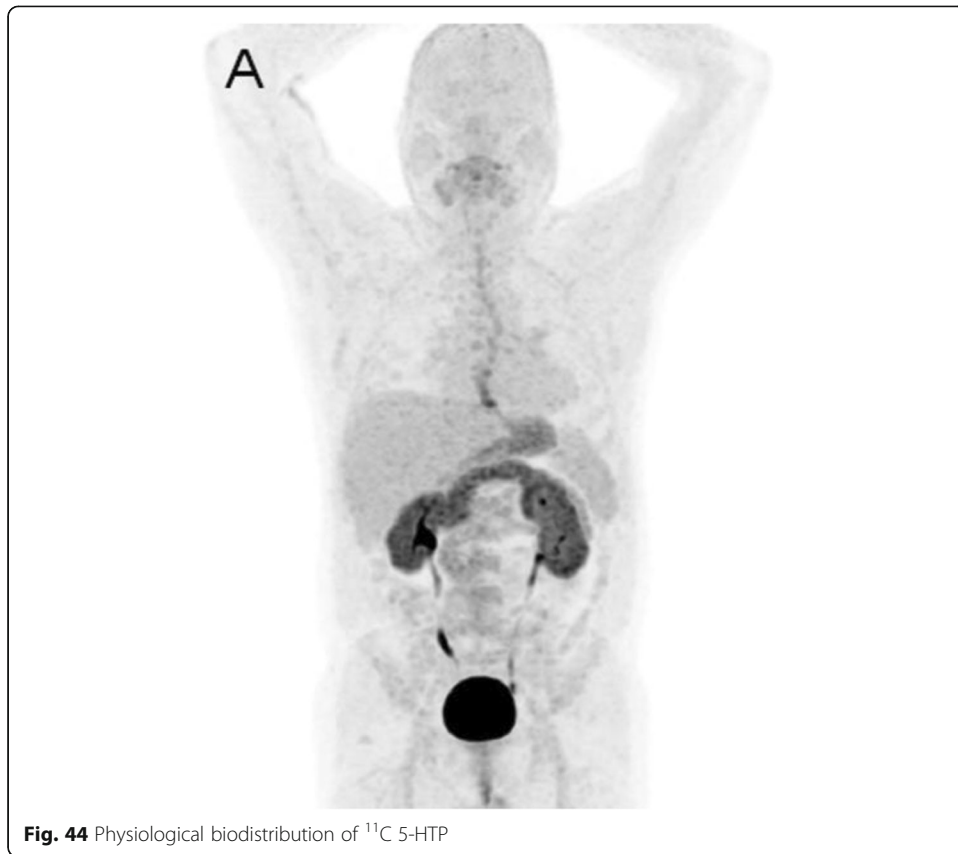
PET-CT with ^{18}F -FMISO is a non-invasive method for detecting and characterising hypoxia in several tumours. Ischemia in tumours is associated with a poor prognosis, increased invasion rate, metastasis, and resistance to chemo- and radiation therapy (Institute NC 2013; Nehmeh et al. 2008; Gagel et al. 2006; Hirata et al. 2012; Lin et al. 2008; Lopci et al. 2014; Reischl et al. 2007; Wack et al. 2015).

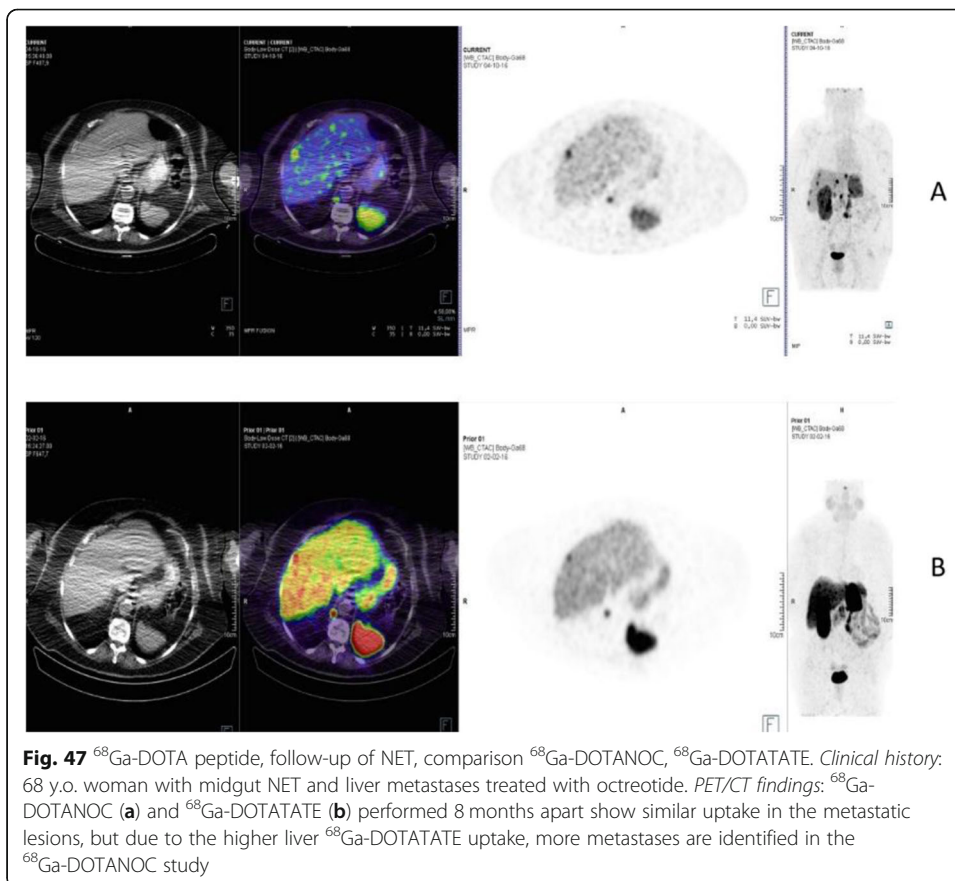


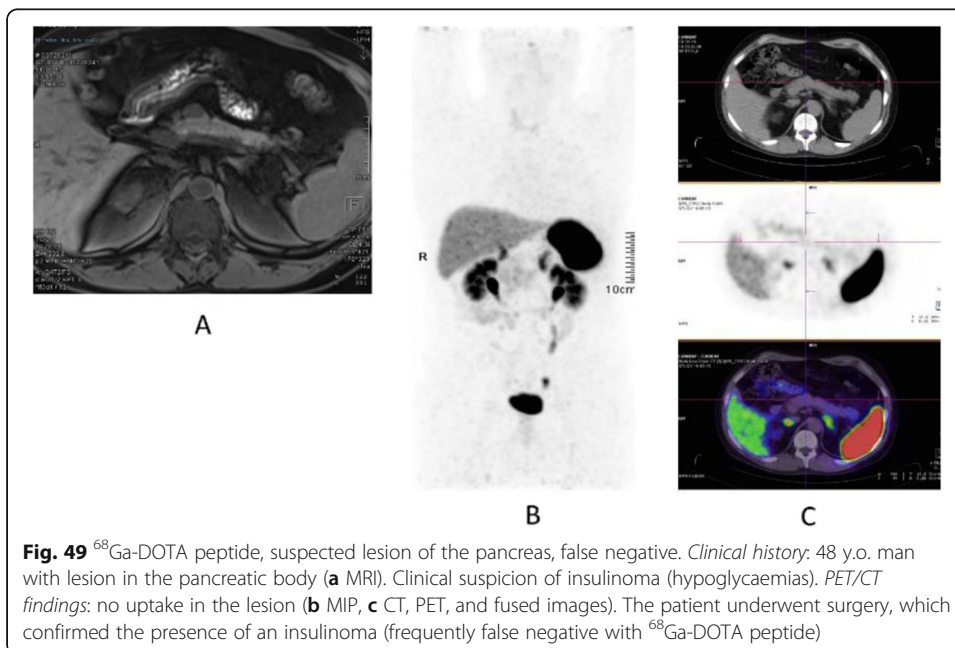
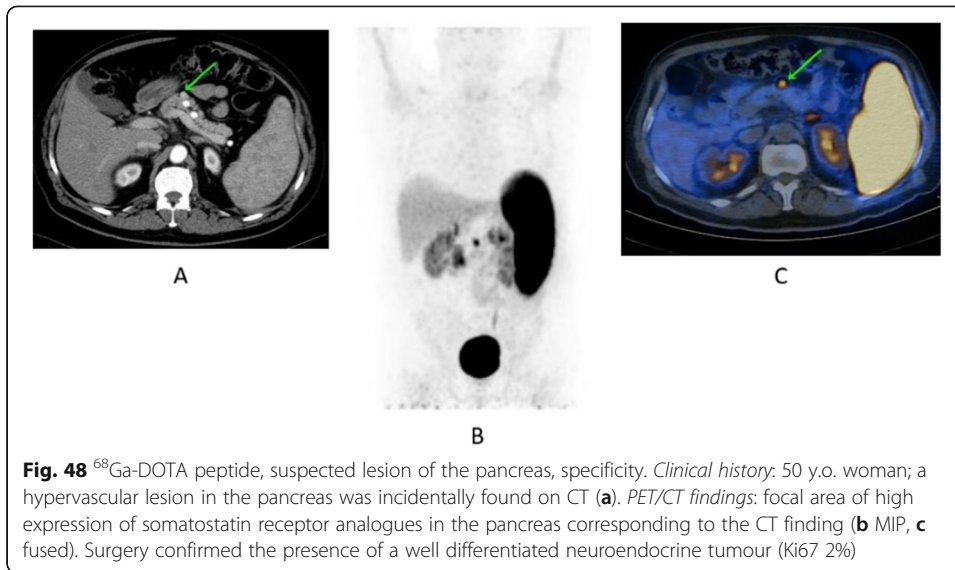


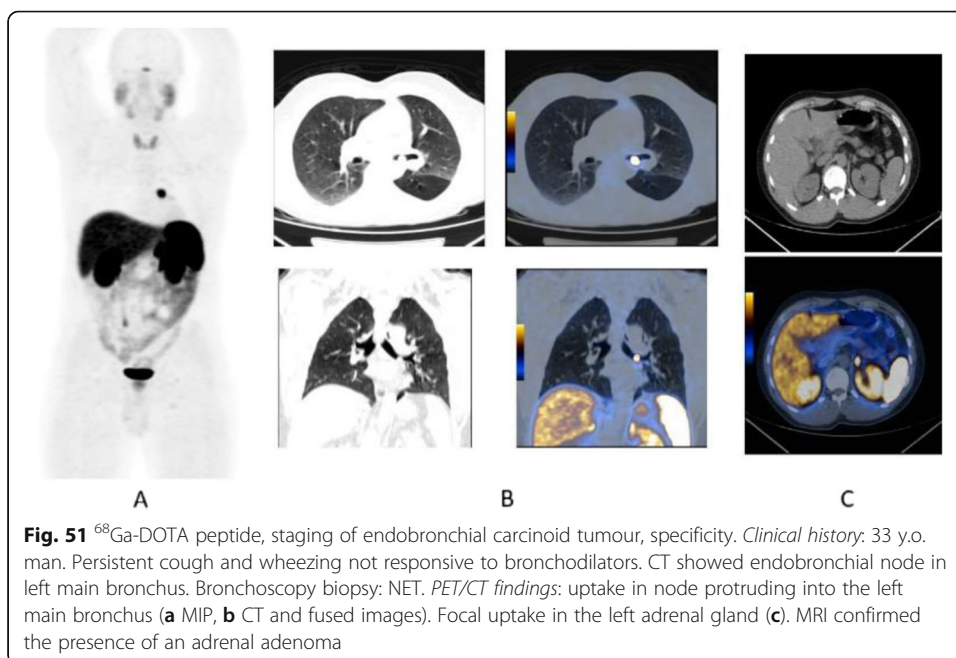
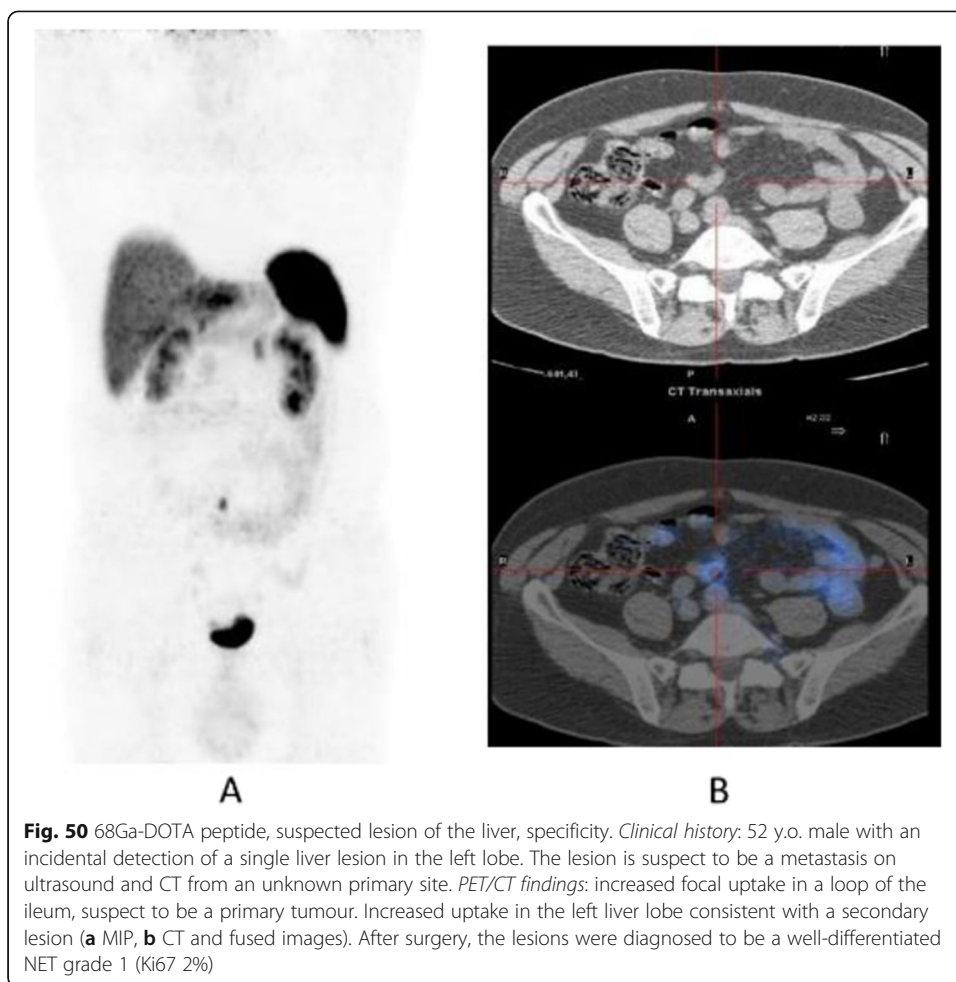


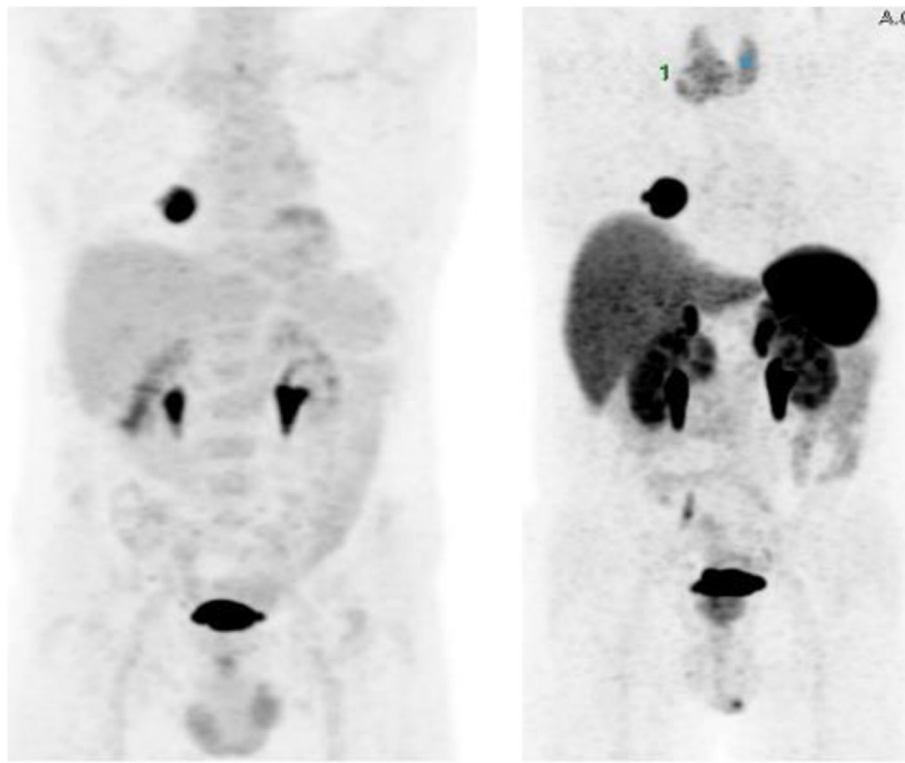








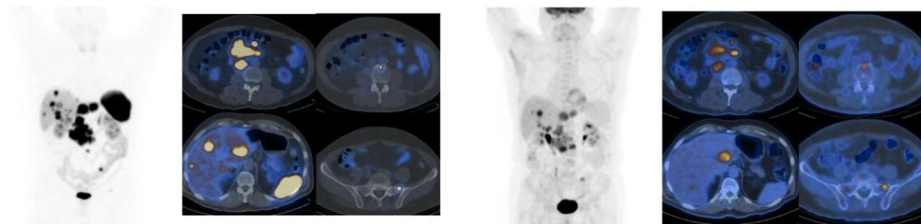




A

B

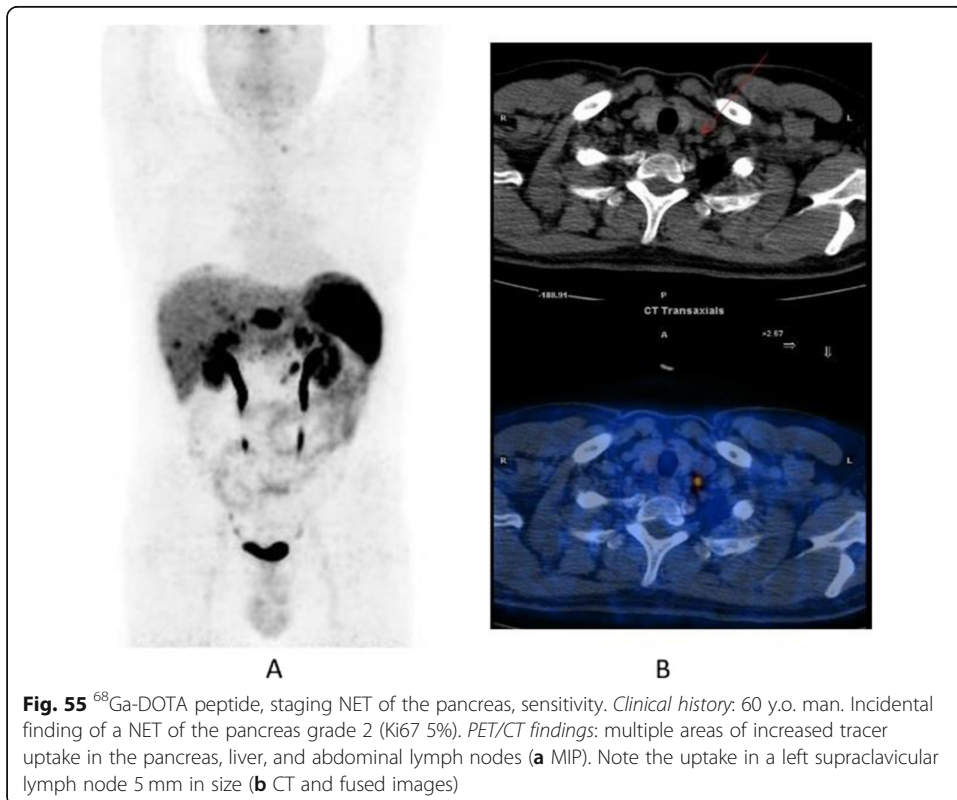
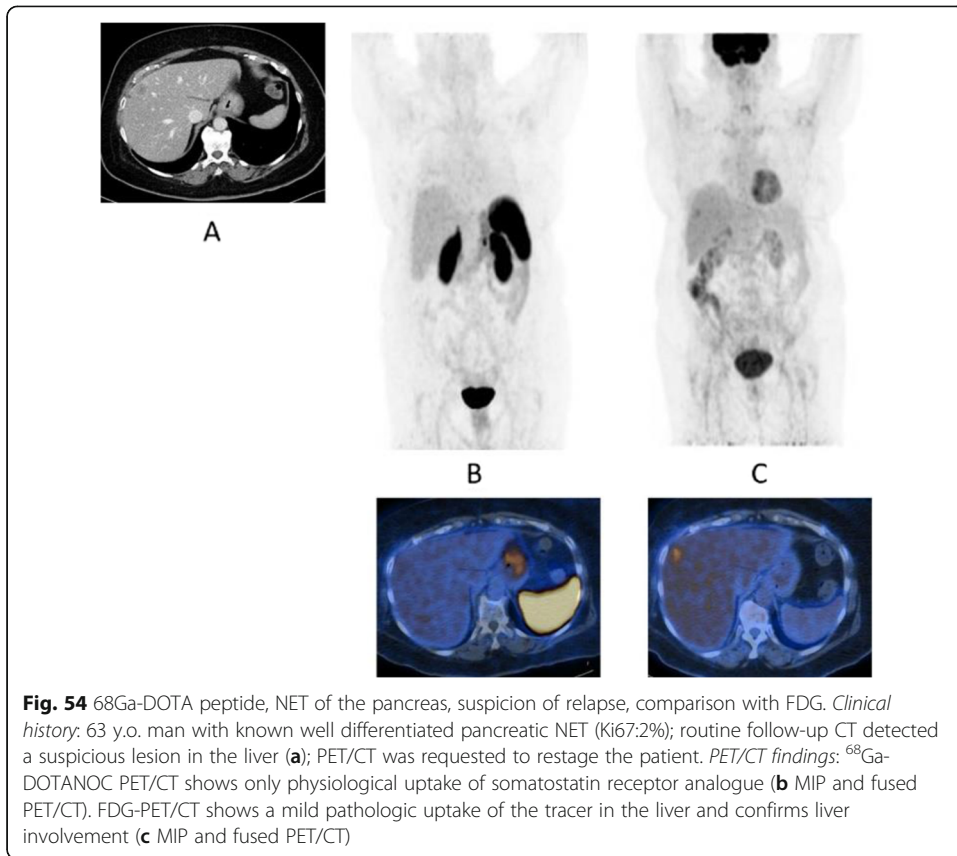
Fig. 52 ^{68}Ga -DOTA peptide, staging of NET lung primary, comparison with FDG. *Clinical history:* 65 y.o. man. Staging of a lung mass with FDG PET and biopsy indicated a moderately differentiated NET (grade 2, Ki67 8%). Consequently, the patient underwent a second PET using ^{68}Ga -DOTANOC to stage the disease more accurately. *PET/CT findings:* increased focal uptake in FDG PET in the right lung, without any other findings (a MIP). ^{68}Ga -DOTANOC showed intense uptake in the lung and in the thyroid due to a known De Quervain thyroiditis (b MIP)

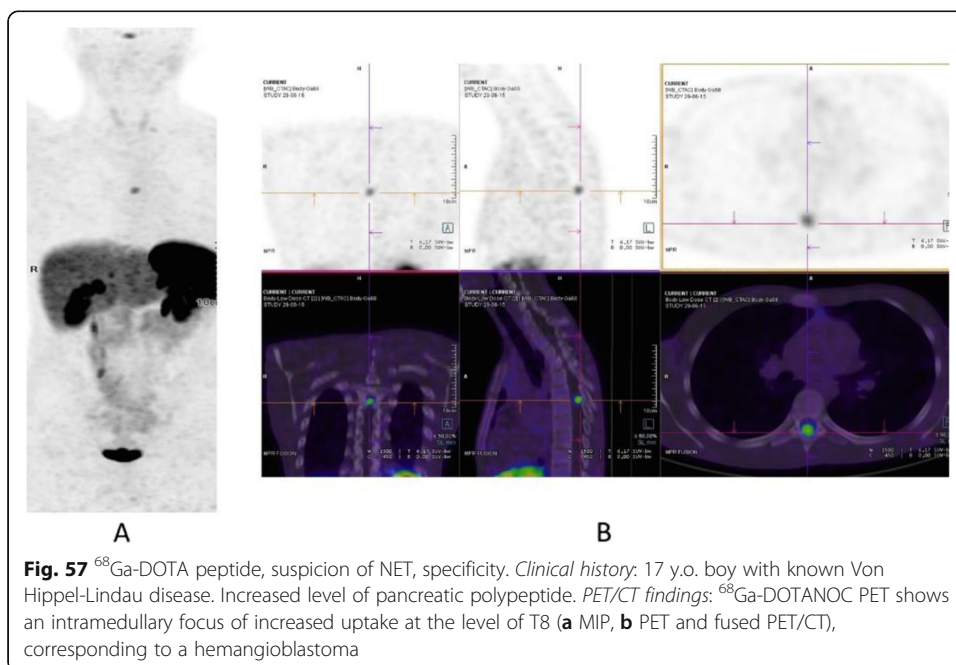
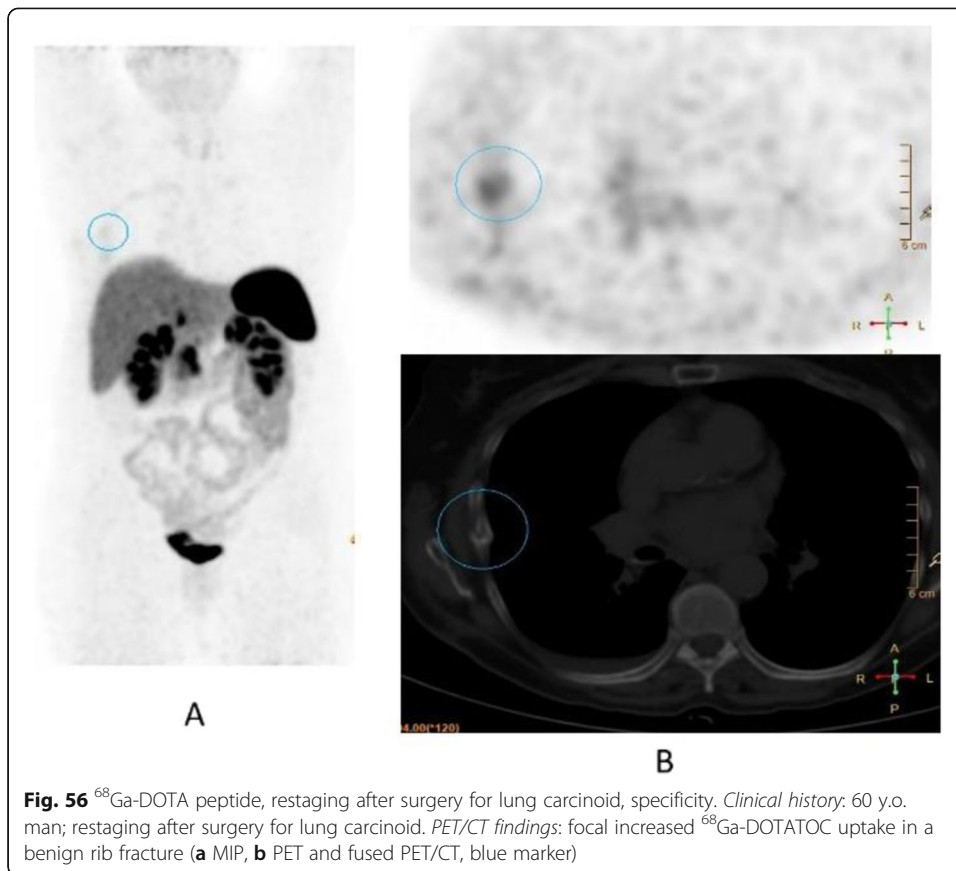


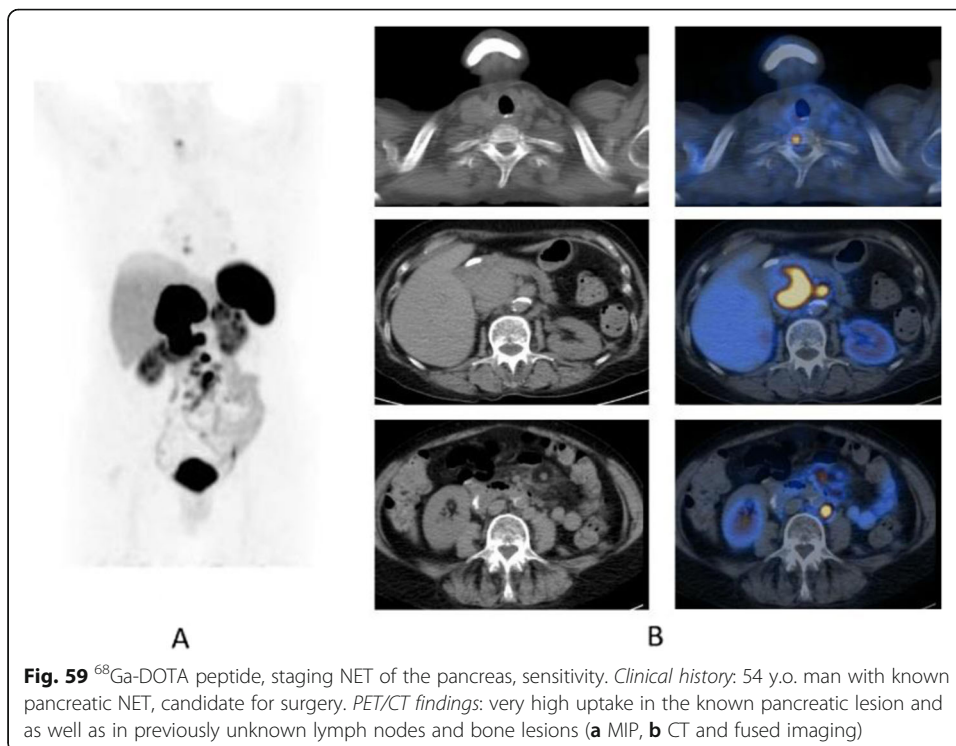
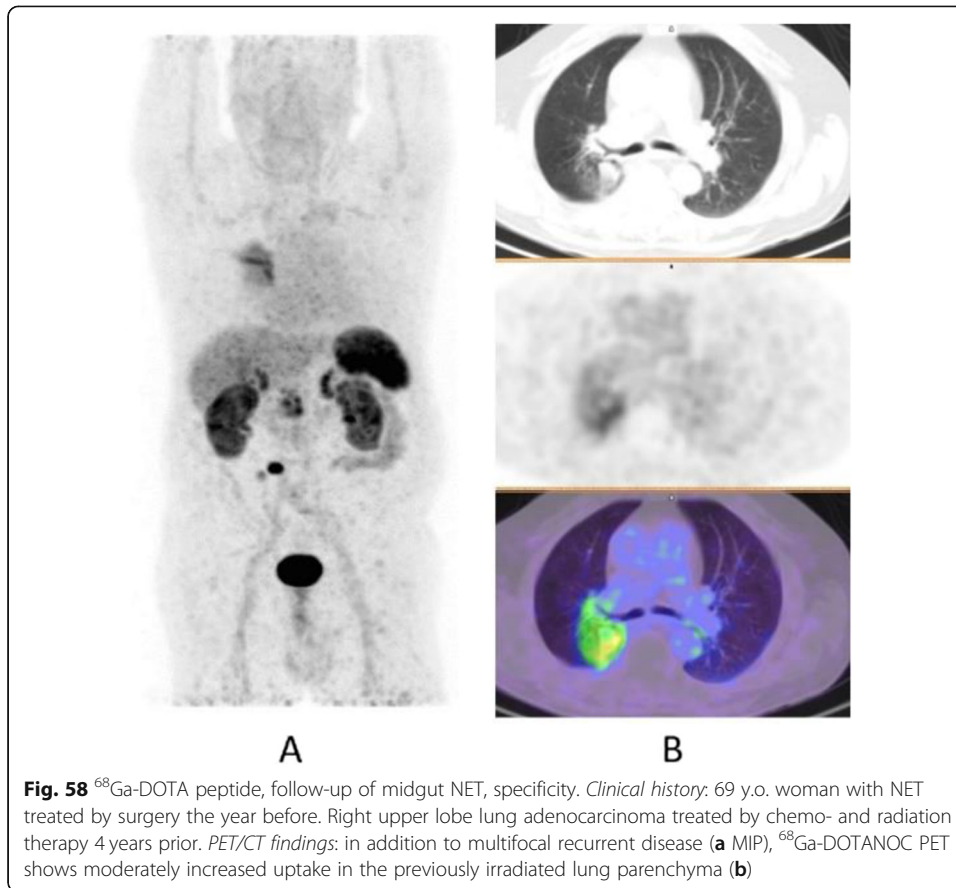
A

B

Fig. 53 ^{68}Ga -DOTA peptide, staging NET of the pancreas, comparison with FDG. *Clinical history:* 68 y.o. man with moderately differentiated multi-metastatic NET of pancreas (Ki67 8%). *PET/CT findings:* ^{68}Ga -DOTANOC PET/CT shows intense pathologic uptake of somatostatin receptor analogue by the known pancreatic tumour, as well as in lymph nodes, multiple liver lesions, and previously unknown bone lesions (a). FDG-PET/CT confirms pathologic uptake of the tracer in pancreas and lymph nodes and in some of the known liver and bone lesions (b)







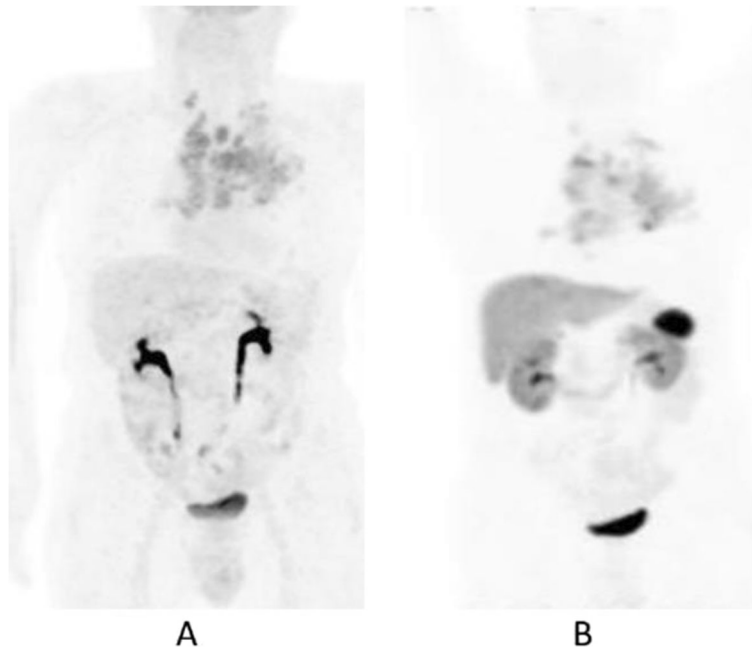


Fig. 60 ^{68}Ga -DOTA peptide, suspected NET of the pancreas, false positive (inflammation), compared with FDG. *Clinical history:* 65 y.o. man with suspected NET of the pancreas. *PET/CT findings:* FDG: there is no significant uptake in the pancreas. Intense symmetric uptake in mediastinal lymph nodes (**a** MIP). ^{68}Ga -DOTANOC: there is increased symmetrical uptake in mediastinal lymph nodes but no significant uptake in the pancreas (**b** MIP)

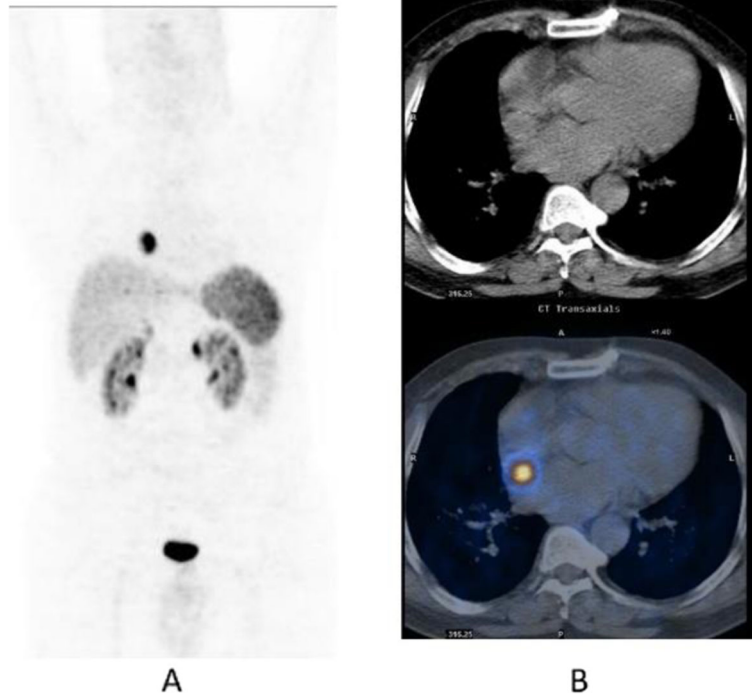
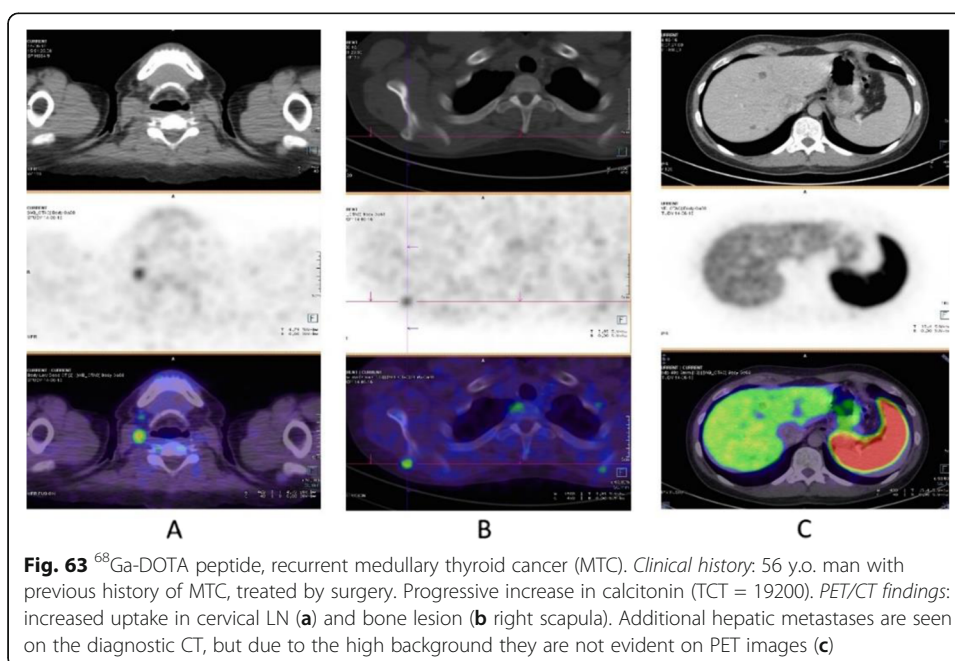
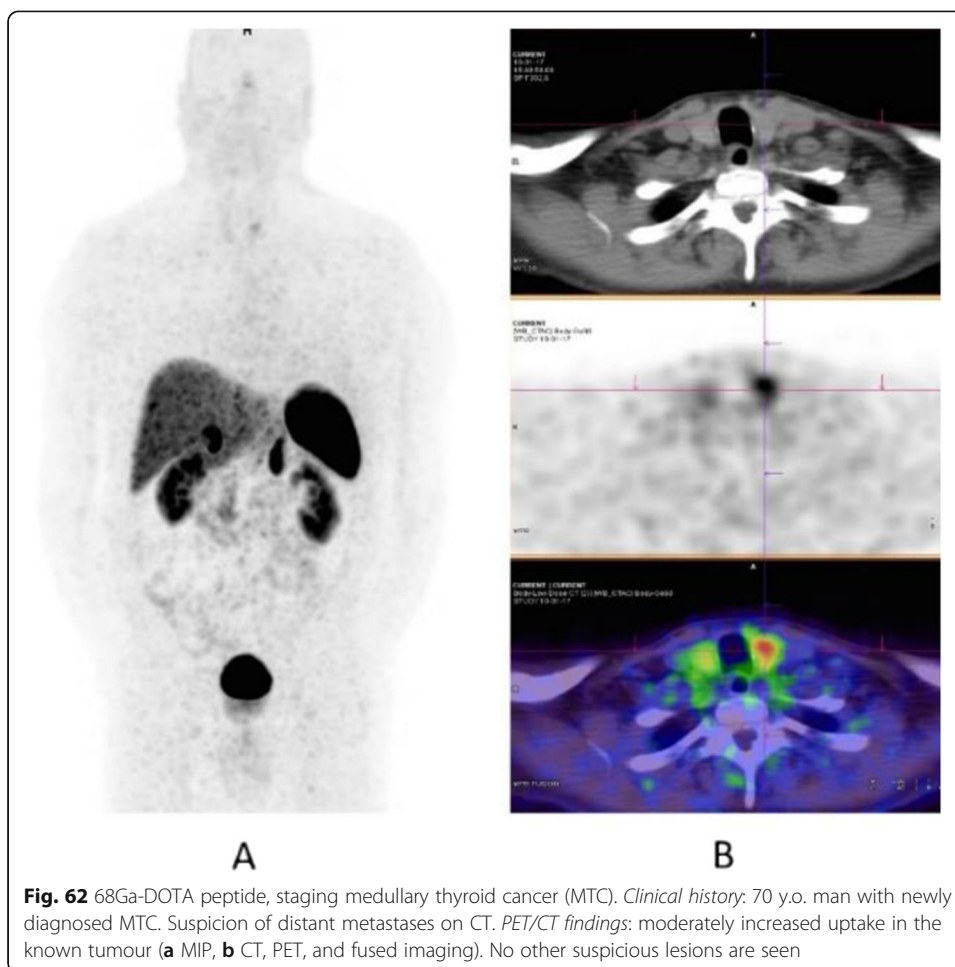
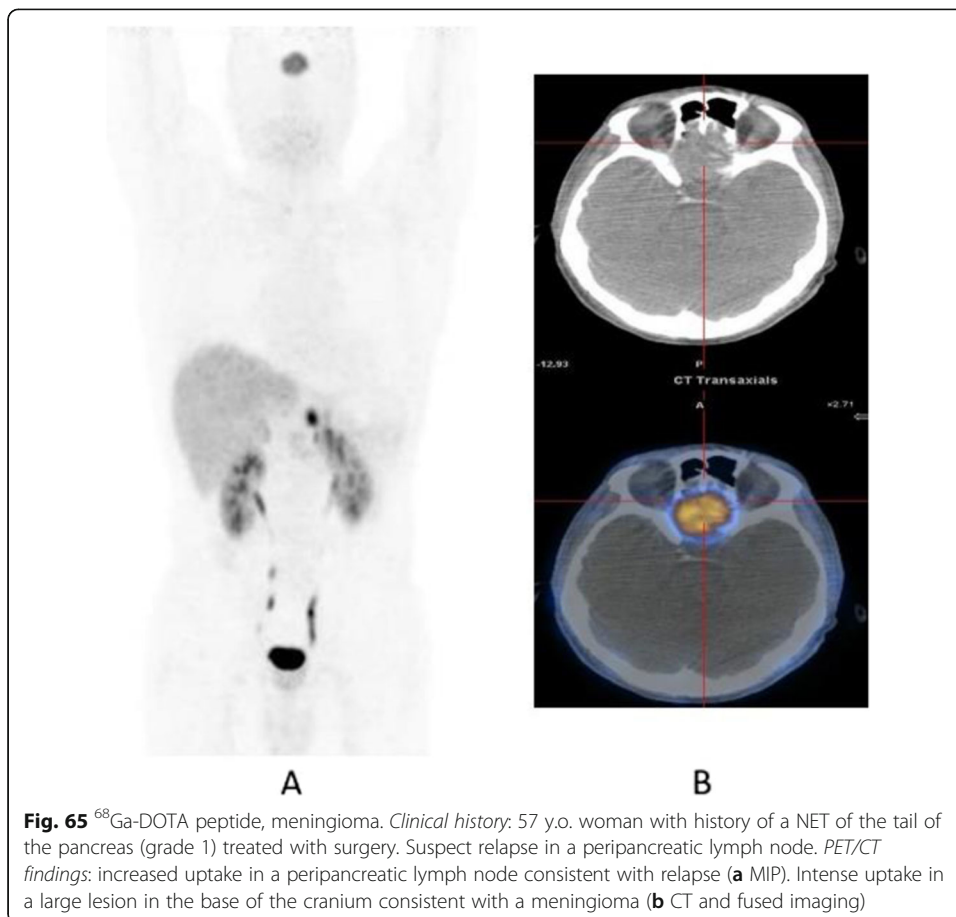
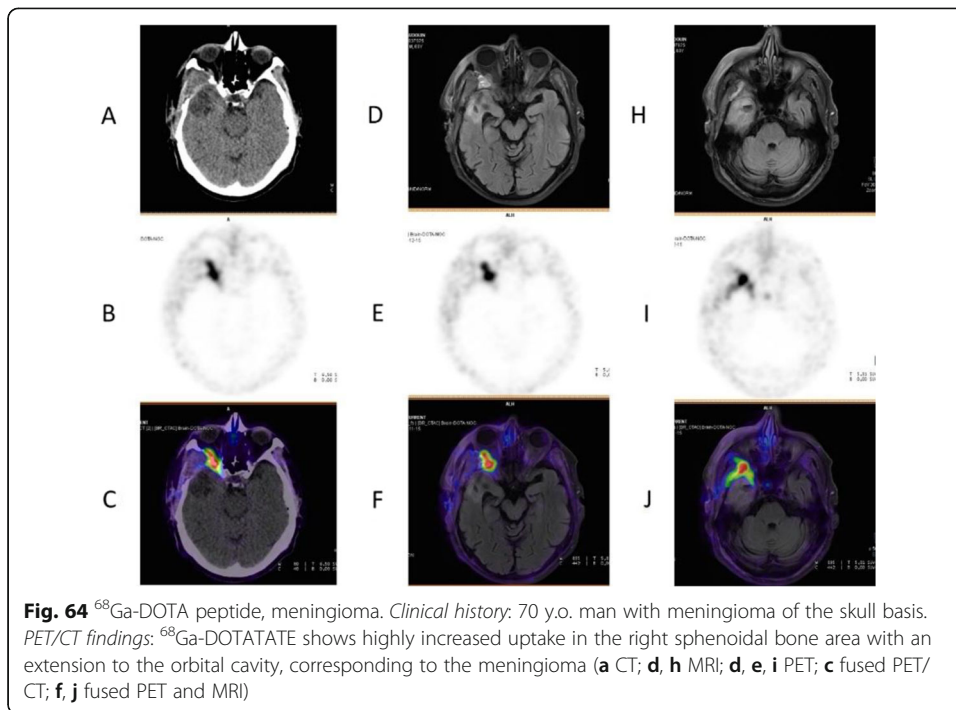
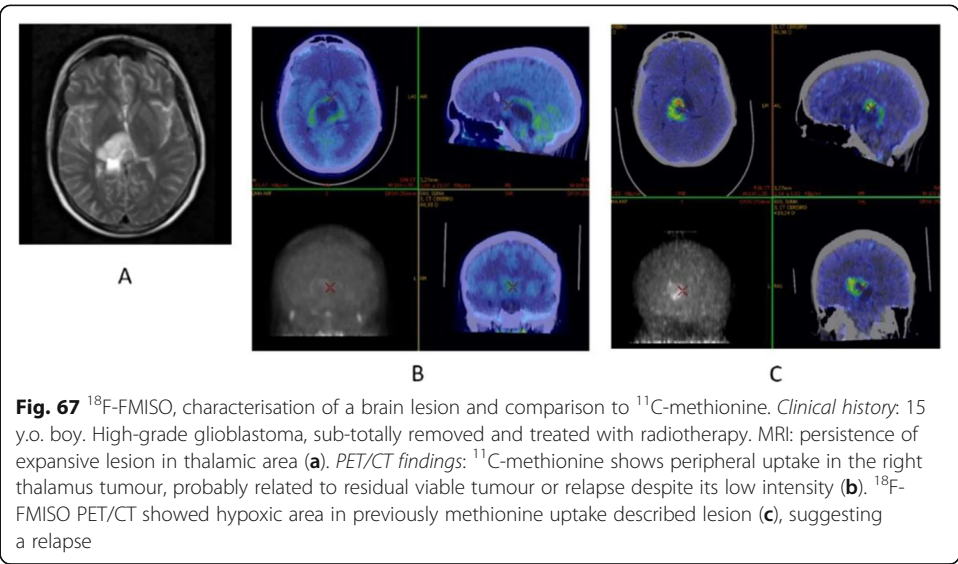
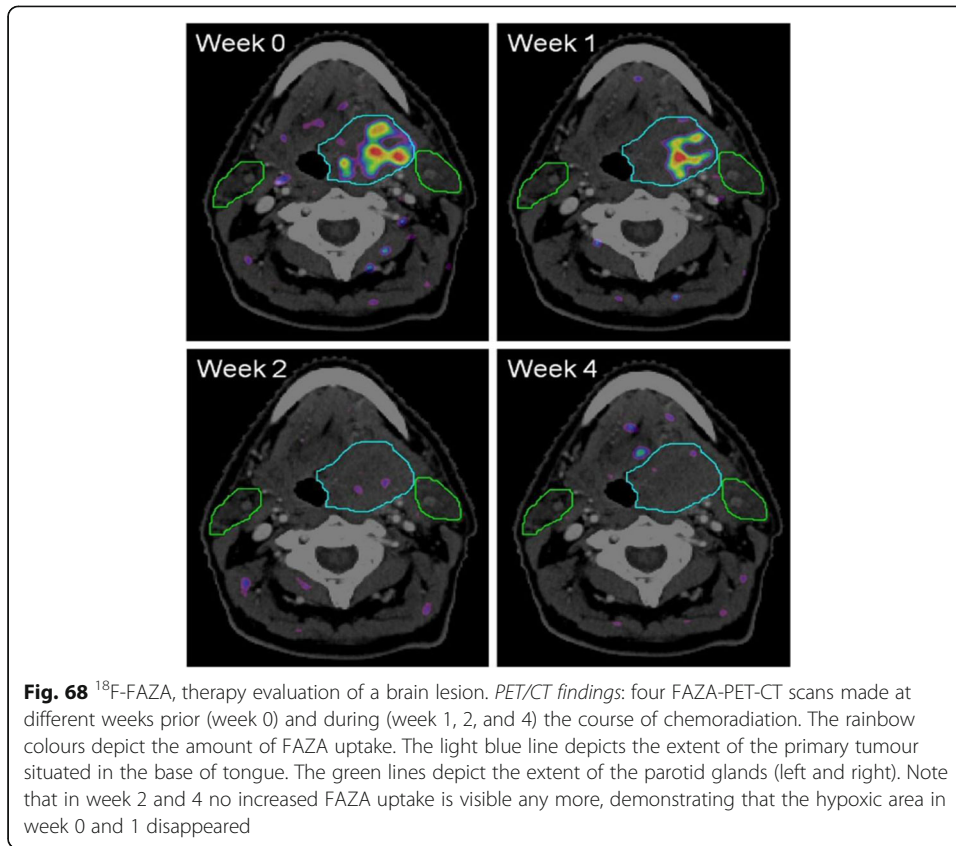


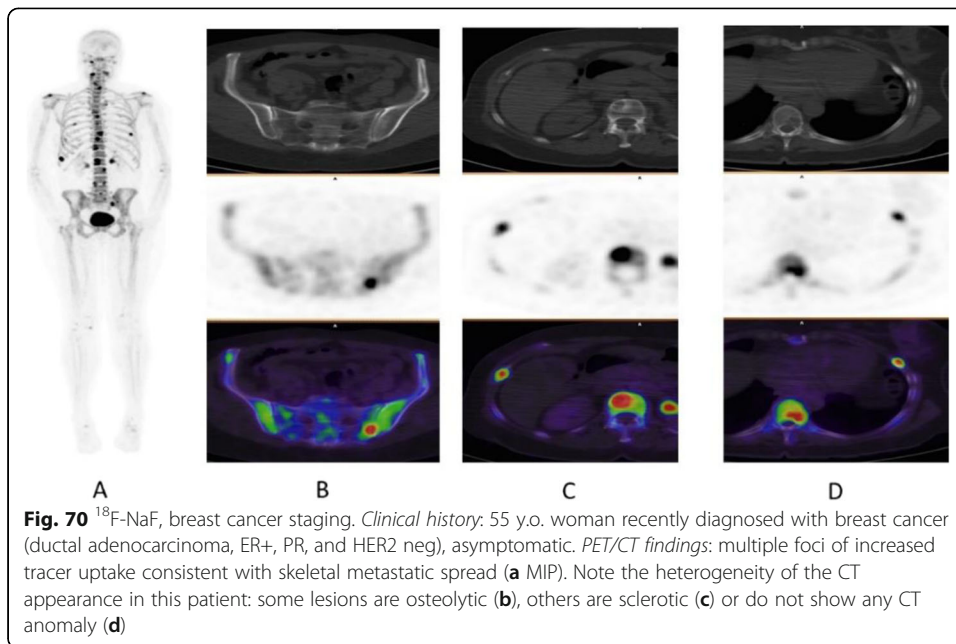
Fig. 61 ^{68}Ga -DOTA peptide, suspected recurrence of paraganglioma. *Clinical history:* 39 y.o. man with a previous history of paragangliomas. During follow-up CT suspected a relapse in the thorax. *PET/CT findings:* intense focal uptake in a para-caval round shaped lesion (**a** MIP, **b** CT and fused PET/CT) consistent with a paraganglioma











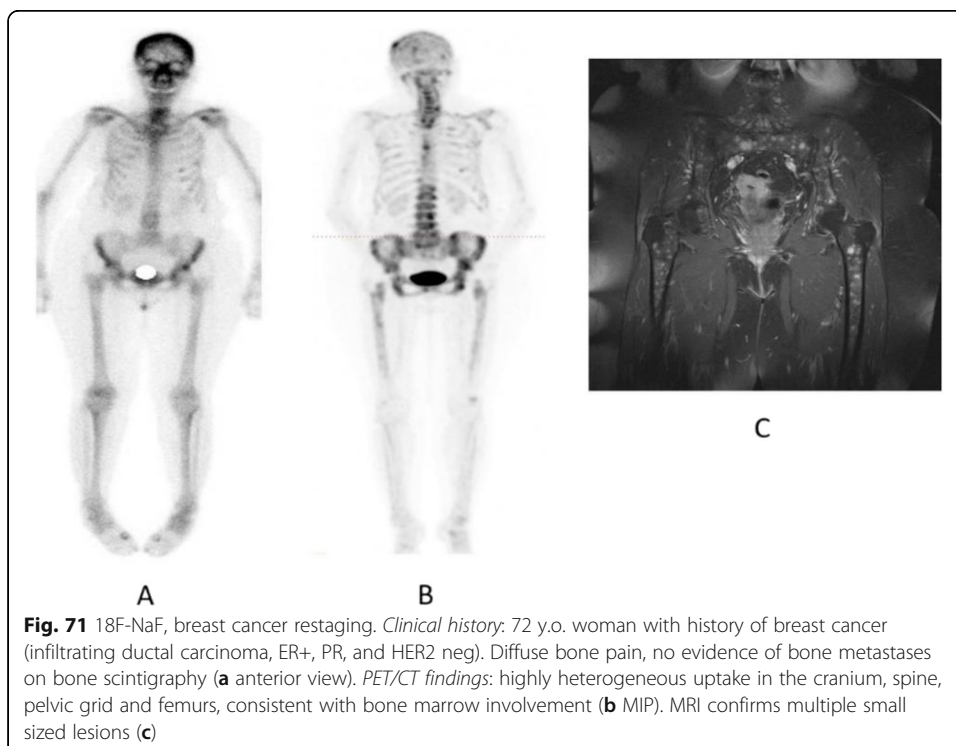
FAZA

Names: 1-(5-[^{18}F] Fluoro-5-deoxy- α -D-arabinofuranosyl)-2-Nitroimidazole; ^{18}F -FAZA

Biodistribution and metabolism (Fig. 66)

F-18 FAZA is a 2-nitroimidazole compound (reduced in hypoxic cellular media) with a sugar addition moiety showing more water solubility and better pharmacokinetics compared to ^{18}F -FMISO (Zips et al. 2012; Bollineni et al. 2013; Bollineni et al. 2014).

Scan acquisition



- No special diet is required
- 370 MBq of ^{18}F -FAZA iv
- Uptake time 2 h

Clinical indications in oncology (Fig. 68)

The indications are similar to ^{18}F -FMISO (Reischl et al. 2007; Wack et al. 2015; Zips et al. 2012).

NAF

Names: [^{18}F]-Sodium fluoride; ^{18}F -NaF

Biodistribution and metabolism (Fig. 69)

Fluoride ions are deposited in the bone matrix and reflect: bone remodelling and blood flow. The target organ is bone, but approximately 20% is excreted through the kidney in the urine in the first 1-2 h (Bruine de Bruin et al. 2015; Beheshti et al. 2015).

Scan acquisition

- No special diet is required but good hydration is important
- 50–200 MBq of ^{18}F -NaF iv
- Uptake time 20–60 min

Clinical indications in oncology (Figs. 70 and 71)

The indications are those of $^{99\text{m}}\text{Tc}$ -labelled diphosphonate bone scintigraphy. ^{18}F -NaF PET/CT is more sensitive than bone scintigraphy, for most indications. The choice of PET or SPECT depends on the availability of the radiopharmaceuticals, PET/CT devices, and costs (Lofgren et al. n.d.).

Conclusion

The constant growth of PET/CT including the increasing use of novel non-FDG PET/CT radiopharmaceuticals in cancer patients creates a need for training in the proper interpretation of complex imaging studies with compounds that have very different biodistribution, normal variants, and pitfalls. In addition, the use of several of these non-FDG PET radiopharmaceuticals, such as ^{68}Ga -PSMA and ^{68}Ga -DOTA peptides, constitutes an integral part of the evaluation of patients with cancer for theranostics. As this further increases the radiopharmaceuticals' clinical relevance, there is also the need for accurate interpretation of non-FDG PET/CT studies.

Abbreviations

5-HTTP: 5-Hydroxytryptophan; BCR: Biochemical recurrence; DOPA: Dihydroxyphenylalanine; DOTANOC: Tetraazacyclododecane-tetraacetic acid NaI3-octreotide; DOTATATE: Tetraazacyclododecane-tetraacetic acid (d)-Phe1-Thy3-octreotate; DOTATOC: Tetraazacyclododecane-tetraacetic acid (d)-Phe1-Thy3-octreotide; ER: Oestrogen receptors; FAZA: Fluorodeoxyarabinofuranosyl-nitroimidazole; FDG: Fluorodeoxyglucose; FES: Fluoroestradiol; FET: Fluoroethyltyrosine; FLAIR: Fluid attenuated inversion recovery; FLT: Fluorothymidine; FMISO: Fluoro-propanol-nitroimidazole; HCC: Hepatocellular carcinoma; HER2: Human epidermal growth factor receptor 2; MBq: Megabecquerel; MIBI: Methoxyisobutylisonitrile; MIP: Maximum intensity projection; MRI: Magnetic resonance imaging; MTC: Medullary thyroid cancer; NAF: Sodium fluoride; NET: Neuroendocrine tumours; NSCLC: Non-small cell lung cancer; PET/CT: Positron emission tomography/computed tomography; PR: Progesterone receptor; PSA_dt: Prostate-specific antigen doubling time; PSMA: Prostate-specific antigen; PSMA: Prostate-specific membrane antigen; SPECT: Single-photon emission computed tomography; TTR: Time to relapse; y.o.: Years old

Acknowledgements

The authors are very grateful to Pr Ora Israel and Dr Sugitha Sureshkumar for their suggestions and careful and meticulous reading of the paper.

Adherence to national and international regulations

Yes

Authors' contributions

All authors contributed equally to the work. All authors read and approved the final manuscript.

Funding

No

Availability of data and materials

Yes (own data and materials)

Ethics approval and consent to participate

Yes

Consent for publication

Yes

Competing interests

The authors declare that they have no competing interests.

Author details

¹Department of Nuclear Sciences and Applications, International Atomic Energy Agency, Vienna, Austria. ²Department of Nuclear Medicine, Sant'Orsola-Malpighi Hospital, 40138 Bologna, Italy. ³Medical Imaging Center, Department of Nuclear Medicine and Molecular Imaging, University Medical Center Groningen, Groningen, The Netherlands. ⁴Department of Nuclear Medicine, Bolzano Hospital, Bolzano, Italy. ⁵Department of Nuclear Medicine, CHU Liège, University of Liège, Liège, Belgium. ⁶Centro Uruguayo de Imagenología Molecular (CUDIM), Montevideo, Uruguay.

Received: 8 August 2019 Accepted: 22 October 2019

Published online: 29 November 2019

References

- Abe K, Hayashi K, Sasaki M, Koga H, Kaneko K, Sawamoto H et al (2006) O-(2-[18F]fluoroethyl)-L-tyrosine (18F-FET) uptake in mouse thymoma cells, and its biodistribution in mice and human volunteers. *Acta Radiol* 47(10):1042–1048
- Addeo P, Poncet G, Goichot B, Leclerc L, Brigand C, Mutter D et al (2018) The added diagnostic value of (18F)-Fluorodihydroxyphenylalanine PET/CT in the preoperative work-up of small bowel neuroendocrine tumors. *J Gastrointest Surg* 22(4):722–730
- Afshar-Oromieh A, Hetzheim H, Kubler W, Kratochwil C, Giesel FL, Hope TA et al (2016) Radiation dosimetry of (68)Ga-PSMA-11 (HBED-CC) and preliminary evaluation of optimal imaging timing. *Eur J Nucl Med Mol Imaging* 43(9):1611–1620
- Albert NL, Weller M, Suchorska B, Galldiks N, Soffietti R, Kim MM et al (2016) Response assessment in neuro-oncology working group and European association for neuro-oncology recommendations for the clinical use of PET imaging in gliomas. *Neuro-Oncology* 18(9):1199–1208
- Amodru V, Guerin C, Delcourt S, Romanet P, Loundou A, Viana B et al (2018) Quantitative (18F)-DOPA PET/CT in pheochromocytoma: the relationship between tumor secretion and its biochemical phenotype. *Eur J Nucl Med Mol Imaging* 45(2):278–282
- Beheshti M, Mottaghy FM, Paycha F, Behrendt FFF, Van den Wyngaert T, Fogelman I et al (2015) (18F)-NaF PET/CT: EANM procedure guidelines for bone imaging. *Eur J Nucl Med Mol Imaging* 42(11):1767–1777
- Bergeret S, Charbit J, Ansquer C, Bera G, Chanson P, Lussey-Lepoutre C (2019) Novel PET tracers: added value for endocrine disorders. *Endocrine*. 64(1):14–30
- Bollineni VR, Kerner GS, Pruijm J, Steenbakkers RJ, Wiegman EM, Koole MJ et al (2013) PET imaging of tumor hypoxia using 18F-fluoroazomycin arabinoside in stage III-IV non-small cell lung cancer patients. *J Nucl Med* 54(8):1175–1180
- Bollineni VR, Koole MJ, Pruijm J, Brouwer CL, Wiegman EM, Groen HJ et al (2014) Dynamics of tumor hypoxia assessed by 18F-FAZA PET/CT in head and neck and lung cancer patients during chemoradiation: possible implications for radiotherapy treatment planning strategies. *Radiother Oncol* 113(2):198–203
- Bruine de Bruin L, Bollineni VR, Wächters JE, Schuurin E, van Hemel BM, van der Wal JE et al (2015) Assessment of hypoxic subvolumes in laryngeal cancer with (18F)-fluoroazomycin arabinoside ((18F)-FAZA)-PET/CT scanning and immunohistochemistry. *Radiother Oncol* 117(1):106–112
- Calais J, Fendler WP, Eiber M, Gartmann J, Chu FI, Nickols NG et al (2018) Impact of (68)Ga-PSMA-11 PET/CT on the management of prostate cancer patients with biochemical recurrence. *J Nucl Med* 59(3):434–441
- Chondrogiannis S, Marzola MC, Al-Nahhas A, Venkatanarayana TD, Mazza A, Opocher G et al (2013) Normal biodistribution pattern and physiologic variants of 18F-DOPA PET imaging. *Nucl Med Commun* 34(12):1141–1149
- Davis J, Yano Y, Cahoon J, Budinger TF (1982) Preparation of 11C-methyl iodide and L-[S-methyl-11C]methionine by an automated continuous flow process. *Int J Appl Radiat Isot* 33(5):363–369
- DeGrado TR, Coleman RE, Wang S, Baldwin SW, Orr MD, Robertson CN et al (2001) Synthesis and evaluation of 18F-labeled choline as an oncologic tracer for positron emission tomography: initial findings in prostate cancer. *Cancer Res* 61(1):110–117
- DeGrado TR, Reiman RE, Price DT, Wang S, Coleman RE (2002) Pharmacokinetics and radiation dosimetry of 18F-fluorocholesterol. *J Nucl Med* 43(1):92–96
- Deloar HM, Fujiwara T, Nakamura T, Itoh M, Imai D, Miyake M et al (1998) Estimation of internal absorbed dose of L-[methyl-11C]methionine using whole-body positron emission tomography. *Eur J Nucl Med* 25(6):629–633
- Demirci E, Sahin OE, Ocak M, Akovali B, Nematyazar J, Kabasakal L (2016) Normal distribution pattern and physiological variants of 68Ga-PSMA-11 PET/CT imaging. *Nucl Med Commun* 37(11):1169–1179

- Evangelista L, Guttilla A, Zattoni F, Muzzio PC, Zattoni F (2013) Utility of choline positron emission tomography/computed tomography for lymph node involvement identification in intermediate- to high-risk prostate cancer: a systematic literature review and meta-analysis. *Eur Urol* 63(6):1040–1048
- Fendler WP, Eiber M, Beheshti M, Bomanji J, Ceci F, Cho S et al (2017) (68)Ga-PSMA PET/CT: Joint EANM and SNMMI procedure guideline for prostate cancer imaging: version 1.0. *Eur J Nucl Med Mol Imaging* 44(6):1014–1024
- Gagel B, Reinartz P, Demirel C, Kaiser HJ, Zimny M, Piroth M et al (2006) [18F] fluoromisonidazole and [18F] fluorodeoxyglucose positron emission tomography in response evaluation after chemo-/radiotherapy of non-small-cell lung cancer: a feasibility study. *BMC Cancer* 6:51
- Galldiks N, Stoffels G, Filss C, Rapp M, Blau T, Tscherpel C et al (2015) The use of dynamic O-(2-18F-fluoroethyl)-l-tyrosine PET in the diagnosis of patients with progressive and recurrent glioma. *Neuro-Oncology* 17(9):1293–1300
- Grierson JR, Shields AF (2000) Radiosynthesis of 3'-deoxy-3'-[(18)F]fluorothymidine: [(18)F]FLT for imaging of cellular proliferation in vivo. *Nucl Med Biol* 27(2):143–156
- Hain SF, Maisey MN (2003) Positron emission tomography for urological tumours. *BJU Int* 92(2):159–164
- Harris SM, Davis JC, Snyder SE, Butch ER, Vavere AL, Kocak M et al (2013) Evaluation of the biodistribution of 11C-methionine in children and young adults. *J Nucl Med* 54(11):1902–1908
- Heidenreich A, Bastian PJ, Bellmunt J, Bolla M, Joniau S, van der Kwast T et al (2014) EAU guidelines on prostate cancer. Part II: Treatment of advanced, relapsing, and castration-resistant prostate cancer. *Eur Urol* 65(2):467–479
- Hirata K, Terasaka S, Shiga T, Hattori N, Magota K, Kobayashi H et al (2012) (1)(8)F-Fluoromisonidazole positron emission tomography may differentiate glioblastoma multiforme from less malignant gliomas. *Eur J Nucl Med Mol Imaging* 39(5):760–770
- Ho CL, Yu SC, Yeung DW (2003) 11C-acetate PET imaging in hepatocellular carcinoma and other liver masses. *J Nucl Med* 44(2):213–221
- Institute NC. Investigator's Brochure for [18F] fluoromisonidazole, 1H-1-(3-[18F]-fluoro-2-hydroxy-propyl)-2-nitro-imidazole, [18F]FMISO. An investigational positron emission tomography (PET) radiopharmaceutical for injection and intended for use as an in vivo diagnostic for imaging hypoxia in tumors. NIH, 5th ed, 2013.
- Karanikas G, Beheshti M (2014) (1)(1)C-acetate PET/CT imaging: physiologic uptake, variants, and pitfalls. *PET Clin* 9(3):339–344
- Kenny L, Coombes RC, Vigushin DM, Al-Nahhas A, Shousha S, Aboagye EO (2007) Imaging early changes in proliferation at 1 week post chemotherapy: a pilot study in breast cancer patients with 3'-deoxy-3'-[18F]fluorothymidine positron emission tomography. *Eur J Nucl Med Mol Imaging* 34(9):1339–1347
- Kratochwil C, Bruchertseifer F, Rathke H, Bronzel M, Apostolidis C, Weichert W et al (2017) Targeted alpha-therapy of metastatic castration-resistant prostate cancer with (225)Ac-PSMA-617: dosimetry estimate and empiric dose finding. *J Nucl Med* 58(10):1624–1631
- Kroiss A, Putzer D, Decristoforo C, Uprimny C, Warwitz B, Nilica B et al (2013) 68Ga-DOTA-TOC uptake in neuroendocrine tumour and healthy tissue: differentiation of physiological uptake and pathological processes in PET/CT. *Eur J Nucl Med Mol Imaging* 40(4):514–523
- Kryza D, Tadino V, Filannino MA, Villeret G, Lemoucheux L (2008) Fully automated [18F]fluorocholine synthesis in the TracerLab MX FDG Coincidence synthesizer. *Nucl Med Biol* 35(2):255–260
- Kunz M, Thon N, Eigenbrod S, Hartmann C, Egensperger R, Herms J et al (2011) Hot spots in dynamic (18)FET-PET delineate malignant tumor parts within suspected WHO grade II gliomas. *Neuro-Oncology* 13(3):307–316
- Liao GJ, Clark AS, Schubert EK, Mankoff DA (2016) 18F-Fluoroestradiol PET: current status and potential future clinical applications. *J Nucl Med* 57(8):1269–1275
- Lin Z, Mechalakos J, Nehmeh S, Schoder H, Lee N, Humm J et al (2008) The influence of changes in tumor hypoxia on dose-painting treatment plans based on 18F-FMISO positron emission tomography. *Int J Radiat Oncol Biol Phys* 70(4):1219–1228
- Linden HM, Kurland BF, Peterson LM, Schubert EK, Gralow JR, Specht JM et al (2011) Fluoroestradiol positron emission tomography reveals differences in pharmacodynamics of aromatase inhibitors, tamoxifen, and fulvestrant in patients with metastatic breast cancer. *Clin Cancer Res* 17(14):4799–4805
- Liu RS, Chang CP, Chu LS, Chu YK, Hsieh HJ, Chang CW et al (2006) PET imaging of brain astrocytoma with 1-11C-acetate. *Eur J Nucl Med Mol Imaging* 33(4):420–427
- Löfgren J, Mortensen J, Rasmussen SH, Madsen C, Loft A, Hansen AE, Oturai P, Jensen KE, Mørk ML, Reichkender M, Højgaard L, Fischer BM. A Prospective Study Comparing 99mTc-Hydroxyethylene-Diphosphonate Planar Bone Scintigraphy and Whole-Body SPECT/CT with 18F-Fluoride PET/CT and 18F-Fluoride PET/MRI for Diagnosing Bone Metastases. *J Nucl Med*. 2017;58(11):1778–85.
- Lopci E, Grassi I, Chiti A, Nanni C, Cioria G, Toschi L et al (2014) PET radiopharmaceuticals for imaging of tumor hypoxia: a review of the evidence. *Am J Nucl Med Mol Imaging* 4(4):365–384
- Maurer T, Gschwend JE, Rauscher I, Souvatzoglou M, Haller B, Weirich G et al (2016) Diagnostic efficacy of (68)Gallium-PSMA positron emission tomography compared to conventional imaging for lymph node staging of 130 consecutive patients with intermediate to high risk prostate cancer. *J Urol* 195(5):1436–1443
- Mitterhauser M, Wadsak W, Krcal A, Schmaljohann J, Eidherr H, Schmid A et al (2005) New aspects on the preparation of [11C]Methionine—a simple and fast online approach without preparative HPLC. *Appl Radiat Isot* 62(3):441–445
- Mottet N, Bellmunt J, Bolla M, Joniau S, Mason M, Matveev V et al (2011) EAU guidelines on prostate cancer. Part II: Treatment of advanced, relapsing, and castration-resistant prostate cancer. *Eur Urol* 59(4):572–583
- Neels OC, Jager PL, Koopmans KP, Eriks E, de Vries EG, Kema IP et al (2006) Development of a reliable remote-controlled synthesis of β-[11C]-5-hydroxy-L-tryptophan on a Zymark robotic system. *J Lab Compounds Radiopharmaceuticals* 49(10):889–895
- Nehmeh SA, Lee NY, Schroder H, Squire O, Zanzonico PB, Erdi YE et al (2008) Reproducibility of intratumor distribution of (18)F-fluoromisonidazole in head and neck cancer. *Int J Radiat Oncol Biol Phys* 70(1):235–242
- Oh SJ, Mosdzianowski C, Chi DY, Kim JY, Kang SH, Ryu JS et al (2004) Fully automated synthesis system of 3'-deoxy-3'-[18F]fluorothymidine. *Nucl Med Biol* 31(6):803–809
- Orlefors H, Sundin A, Garske U, Juhlin C, Oberg K, Skogseid B et al (2005) Whole-body 11C-5-hydroxytryptophan positron emission tomography as a universal imaging technique for neuroendocrine tumors: comparison with somatostatin receptor scintigraphy and computed tomography. *J Clin Endocrinol Metab* 90(6):3392–3400

- Park JW, Kim JH, Kim SK, Kang KW, Park KW, Choi JI et al (2008) A prospective evaluation of 18F-FDG and 11C-acetate PET/CT for detection of primary and metastatic hepatocellular carcinoma. *J Nucl Med* 49(12):1912–1921
- Peterson LM, Kurland BF, Link JM, Schubert EK, Stekhova S, Linden HM et al (2011) Factors influencing the uptake of 18F-fluoroestradiol in patients with estrogen receptor positive breast cancer. *Nucl Med Biol* 38(7):969–978
- Piccardo A, Lopci E, Conte M, Garaventa A, Foppiani L, Altrinetti V et al (2012) Comparison of 18F-dopa PET/CT and 123I-MIBG scintigraphy in stage 3 and 4 neuroblastoma: a pilot study. *Eur J Nucl Med Mol Imaging* 39(1):57–71
- Poulsen SH, Urup T, Grunnet K, Christensen IJ, Larsen VA, Jensen ML et al (2017) The prognostic value of FET PET at radiotherapy planning in newly diagnosed glioblastoma. *Eur J Nucl Med Mol Imaging* 44(3):373–381
- Rahbar K, Ahmadzadehfar H, Kratochwil C, Haberkorn U, Schafers M, Essler M et al (2017) German multicenter study investigating 177Lu-PSMA-617 radioligand therapy in advanced prostate cancer patients. *J Nucl Med* 58(1):85–90
- Reischl G, Dorow DS, Cullinane C, Katsifis A, Roselt P, Binns D et al (2007) Imaging of tumor hypoxia with [124I]AZA in comparison with [18F]FMISO and [18F]FAZA—first small animal PET results. *J Pharm Pharm Sci* 10(2):203–211
- Sandblom G, Sorensen J, Lundin N, Haggman M, Malmstrom PU (2006) Positron emission tomography with C11-acetate for tumor detection and localization in patients with prostate-specific antigen relapse after radical prostatectomy. *Urology* 67(5):996–1000
- Schneider B, Zhu H, Ma X, Cheng Z, Iagaru A, Kopka K et al (2016) Preparation and chemical analysis of clinical-grade 68Ga-PSMA-HBED-CC, an emerging tracer for imaging of prostate cancers. *J Nucl Med* 57(supplement 2):1117
- Seltzer MA, Jahan SA, Sparks R, Stout DB, Satyamurthy N, Dahlbom M et al (2004) Radiation dose estimates in humans for (11)C-acetate whole-body PET. *J Nucl Med* 45(7):1233–1236
- Shankar LK (2012) The clinical evaluation of novel imaging methods for cancer management. *Nat Rev Clin Oncol* 9(12):738–744
- Singh S, Poon R, Wong R, Metzger U (2018) 68Ga PET imaging in patients with neuroendocrine tumors: a systematic review and meta-analysis. *Clin Nucl Med* 43(11):802–810
- Skoura E, Michopoulou S, Mohmaduvesh M, Panagiotidis E, Al Harbi M, Toumpanakis C et al (2016) The impact of 68Ga-DOTATATE PET/CT imaging on management of patients with neuroendocrine tumors: experience from a national referral center in the United Kingdom. *J Nucl Med* 57(1):34–40
- Soussan M, Nataf V, Kerrou K, Grahek D, Pascal O, Talbot JN et al (2012) Added value of early 18F-FDOPA PET/CT acquisition time in medullary thyroid cancer. *Nucl Med Commun* 33(7):775–779
- Sundin A (2018) Novel functional imaging of neuroendocrine tumors. *Endocrinol Metab Clin N Am* 47(3):505–523
- Turcotte E, Wiens LW, Grierson JR, Peterson LM, Wener MH, Vesselle H (2007) Toxicology evaluation of radiotracer doses of 3'-deoxy-3'-[18F]fluorothymidine (18F-FLT) for human PET imaging: laboratory analysis of serial blood samples and comparison to previously investigated therapeutic FLT doses. *BMC Nucl Med* 7:3
- Unterrainer M, Schweisthal F, Suchorska B, Wenter V, Schmid-Tannwald C, Fendler WP et al (2016) Serial 18F-FET PET imaging of primarily 18F-FET-negative glioma: does it make sense? *J Nucl Med* 57(8):1177–1182
- van Kruchten M, de Vries EGE, Brown M, de Vries EFJ, Glaudemans A, Dierckx R et al (2013a) PET imaging of oestrogen receptors in patients with breast cancer. *Lancet Oncol* 14(11):e465–ee75
- van Kruchten M, Glaudemans AW, de Vries EF, Beets-Tan RG, Schroder CP, Dierckx RA et al (2012) PET imaging of estrogen receptors as a diagnostic tool for breast cancer patients presenting with a clinical dilemma. *J Nucl Med* 53(2):182–190
- van Kruchten M, Hospers GA, Glaudemans AW, Hollema H, Arts HJ, Reyners AK (2013b) Positron emission tomography imaging of oestrogen receptor-expression in endometrial stromal sarcoma supports oestrogen receptor-targeted therapy: case report and review of the literature. *Eur J Cancer* 49(18):3850–3855
- Venema CM, Apollonio G, Hospers GA, Schroder CP, Dierckx RA, de Vries EF et al (2016) Recommendations and technical aspects of 16alpha-[18F]Fluoro-17beta-estradiol PET to image the estrogen receptor in vivo: the Groningen experience. *Clin Nucl Med* 41(11):844–851
- Vesselle H, Grierson J, Peterson LM, Muzi M, Mankoff DA, Krohn KA (2003) 18F-Fluorothymidine radiation dosimetry in human PET imaging studies. *J Nucl Med* 44(9):1482–1488
- Visser AK, Ramakrishnan NK, Willemsen AT, Di Galleonardo V, de Vries EF, Kema IP et al (2014) [(11)C]5-HTP and microPET are not suitable for pharmacodynamic studies in the rodent brain. *J Cereb Blood Flow Metab* 34(1):118–125
- Wack LJ, Monnich D, van Elmpot W, Zegers CM, Troost EG, Zips D et al (2015) Comparison of [18F]-FMISO, [18F]-FAZA and [18F]-HX4 for PET imaging of hypoxia—a simulation study. *Acta Oncol* 54(9):1370–1377
- Waseem N, Aparici CM, Kunz PL (2019) Evaluating the role of theranostics in grade 3 neuroendocrine neoplasms. *J Nucl Med* 60(7):882–891
- Zamboglou C, Wieser G, Hennies S, Rempel I, Kirste S, Soschynski M et al (2016) MRI versus (6)(8)Ga-PSMA PET/CT for gross tumour volume delineation in radiation treatment planning of primary prostate cancer. *Eur J Nucl Med Mol Imaging* 43(5):889–897
- Zips D, Zophel K, Abolmaali N, Perrin R, Abramyuk A, Haase R et al (2012) Exploratory prospective trial of hypoxia-specific PET imaging during radiochemotherapy in patients with locally advanced head-and-neck cancer. *Radiother Oncol* 105(1):21–28

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.