www.impactjournals.com/oncotarget/

Research Paper

Arsenic exposure assists ccm3 genetic polymorphism in elevating blood pressure

Yanfang Gao^{1,3,*}, Zhiqiang Zhao^{1,*}, Linqing Yang^{2,*}, Xinxia Liu⁴, Xiumei Xing¹, Huimin Zhang², Jianpei Yun⁵, Xiaoyan Ou¹, Xiaolin Su¹, Yao Lu¹, Yi Sun¹, Yarui Yang¹, Jun Jiang¹, Dong Cui¹, Zhixiong Zhuang² and Yun He¹

¹Guangzhou Key Laboratory of Environmental Pollution and Risk Assessment, Sun Yat-sen University School of Public Health, Guangzhou, Guangdong 510080, China

²Shenzhen Center for Disease Control and Prevention, Shenzhen, Guangdong 518055, China

³Gannan Medical University, Ganzhou, Jiangxi 341000, China

⁴Zhongshan Center for Disease Control and Prevention, Zhongshan, Guangdong 528400, China

⁵Shenzhen Prevention and Treatment Center for Occupational Diseases, Shenzhen, Guangdong 518020, China

^{*}These authors have contributed equally to this work

Correspondence to: Yun He, email: heyun7@mail.sysu.edu.cn

Zhixiong Zhuang, **email:** zxzhuang2007@126.com

Keywords: arsemic exposure; CCM3; genetic polymorphism; blood presssure

Received: May 09, 2017 Accepted: December 05, 2017 Published: December 21, 2017

Copyright: Gao et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License 3.0 (CC BY 3.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

ABSTRACT

Epidemiologic study has suggested that arsenic exposure is positively related to increased blood pressure. However, the underlying mechanism concerning interaction between genetic polymorphisms and arsenic exposure remains unclear. In present study, within 395 Chinese, the effects of interaction between arsenic exposure and CCM3 gene polymorphisms on elevation of blood pressure were probed by multiple Logistic regression models after adjusting for confounding factors. Firstly, we found that serum arsenic was positively associated with blood pressure, cholesterol, glucose and C-reactive protein. Then, adjusted for confounding factors of age, gender, smoking, alcohol consumption, BMI and degree of education, arsenic exposure incurred the hazard of increased systolic pressure and diastolic pressure, with odds ratios (ORs) being 1.725 and 1.425, respectively. Distinctly, we found that interactions between rs3804610^{*} rs9818496, rs6784267*rs9818496, and rs3804610* rs6784267 variant genotype can increase significantly risks of SBP. Additionally, interactions between rs9818496, rs3804610 and rs6784267 genotypic variantions and arsenic exposure boosted the hazard of increased systolic pressure, with ORs being 1.496, 1.496 and 1.312. In conclusion, our fingdings suggest that As exposure of population can assist CCM3 polymorphism in elevating SBP.

INTRODUCTION

Cardiovascular disease (CVD) is a major cause of death worldwide and a lot of evidence indicates that environmental toxicant exposures can deeply influence on CVD risk. Arsenic (As) is widespread in the environment, studies showed that As exposure was associated with elevated risks of CVD, even at lower levels of exposure (<100 μ g/L) [1–3]. The legal limits in China on arsenic threshold was 10 μ g/L, and it is recognized that exposure to arsenic levels greater than 50 μ g/L in drinking water is considered high, whereas exposure to arsenic level less than 50 μ g/L in drinking water is considered low to moderate. Recent study has linked arsenic exposure to increased preclinical indicators of CVD risk, including carotid intima media thickness, hypertension, and plasma markers of oxidative stress and endothelial dysfunction [4–7]. Hypertension can cause a series of health problems including heart failure, peripheral vascular disease, renal impairment and visual impairment through damage to endothelial cells. Recently, prehypertension was considered to be a risk factor for hypertension and CVD development [8]. High blood pressure (BP) is a primary risk factor for cerebrovascular disease and coronary heart disease. High BP contributes to about 7.5 million deaths every year worldwide. Several epidemiologic studies have found increased prevalence of hypertension or increased systolic and diastolic blood pressure levels among residents whose water supply has high level of arsenic (>100 µg/L) [1, 4, 6, 9, 10].

However, whether genetic polymorphism has influence over the relationship between As exposure and BP remains to be investigated. Exposure to arsenic increases BP by influencing cellular pathways and mechanisms [1, 6], and it can also induce oxidative stress, inflammatory responses, endothelial NO production, and alter gene expression [11-13]. As exposure has also been related to increases endothelial dysfunction [5, 14] which may increase the risk of hypertension, atherosclerosis and other CVDs. Recent study supported that the interaction between As exposure and ICAM1(intercellular adhesion molecule-1), VCAM1(vascular cell adhesion molecule-1), and CYBA can influence the risk of CVD [7, 15, 16]. Cerebral cavernous malformations (CCMs) are vascular lesions characterized by abnormally enlarged capillary cavities, affecting the central nervous system. CCMs can be attributed to mutations in three different genes: CCM1, CCM2, and CCM3. CCM3 is also referred to as programmed cell death 10 (PDCD10) owing to the proapoptotic role in vitro. CCM3 is broadly expressed, including in neuronal and endothelial cells [17, 18]. CCM3 is an adaptor protein that can bind to a variety of proteins and protein complexes [19], which involved in cell to cell adhesion such as paxillin [20]. CCM3 can also bind to the germinal center kinase III (GCKIII) family of protein kinases, which is important to vascular development and for cell survival after oxidative stress [21]. CCM3 also plays a fundamental role in vascular development and angiogenesis. Endothelia-specific deletion of CCM3 in mice led to embryo death caused by angiogenesis defects and disruption of vascular integrity [22]. Cardiac and cranial vascular defects were also found in CCM3-deficient zebrafish [23]. These data indicated that CCM3-deficiency impairs vascular development/ maturation. Genetic polymorphisms of CCM3 could influence cardiovascular-related physiological responses. However, the roles of CCM3 genetic polymorphisms on the relationship between As-exposure and increased BP are still poorly understood.

To test the hypothesis, we examined first the effects of As exposure on the indicators of CVD in two cohorts with different exposure level. Then, to investigate underlying effects of interaction between arsenic exposure and CCM3 polymorphisms, we conducted analyses of multiple Logistic regression to select and adjust the risk factors of high BP. Our analyses revealed interactions between CCM3 polymorphisms and arsenic exposure boosted the hazards of increased systolic pressure in south chinese, and our results demonstrate that arsenic exposure assist CCM3 polymorphisms in elevating blood pressure.

RESULTS

Arsenic exposure increased early risk markers of cardiovascular disease in south chinese population

As shown in Table 1, the > 4 μ g/L blood As group has much higher Urinary As, but there was no significant difference between them (p> 0.05). 0-4 μ g/L blood As group was matched with > 4 μ g/L blood As group in terms of age, gender, body mass index (BMI), smoking status, drinking status, and education (all p> 0.05). The > 4 μ g/L blood As group has much higher Systolic blood-pressure, Diastolic blood-pressure, Blood sugar, Cholesterol, C-reactive protein than 0-4 μ g/L As blood group (all p< 0.05).

Predictors of increased SBP or DBP

Multivariate Logistic regression analysis was conducted by setting blood pressure as the dependent variable, and setting blood arsenic and urinary arsenic exposure, CCM3 gene polymorphism rs9818496, rs3804610, and rs6784267 as independent variables. After adjusting for age, gender, smoking, alcohol consumption, BMI and degree of education, the results showed that >4 μ g/L of blood arsenic group had 1.725 (95%CI: 1.112-2.667) and 1.425 (95%CI: 1.012-2.161)-fold higher risk of SBP and DBP than 0-4 μ g/L of blood arsenic group, respectively, but the urinary arsenic was not the risk factor. BMI (18.5-25) and higher education level were the protective factors respectively for SBP and DBP, the *OR* were 0.601(95% CI: 0.358~0.983) and 0.592 (95% CI: 0.387~0.906) respectively, as shown in Table 2.

CCM3 polymorphisms evelate BP in interactive manner

Firstly, to identify whether CCM3 polymorphism has roles in increased BP, we conducted a multivariate Logistic regression analysis. Here, blood pressure was setted as the dependent variable, with CCM3 polymorphism rs9818496, rs3804610, and rs6784267 being setted as independent variables. After adjusting for the confunding factors of blood arsenic and urinary arsenic, age, gender, smoking, alcohol consumption, BMI and degree of education, with P<0.05 as significant

| Characteristic | 0-4 µg/L(n=280) | > 4 µg/L (n=114) | <i>p</i> -value |
|---|-----------------|---------------------|-----------------|
| General characteristics | | | |
| Urinary arsenic (µg/L) | 14.87 | 16.47 | 0.291 |
| Age | 25.76±6.57 | 26.43±5.76 | 0.413 |
| Gender, Male/Female(% male) | 79.60% | 82.60% | 0.499 |
| Smoking status, Yes/No(%Yes) | 32.00% | 29.70% | 0.273 |
| Drinking status, Yes/No(%Yes) | 17.70% | 19.80% | 0.623 |
| Education level | | | |
| Low | 2.10% | 1.80% | 0.406 |
| Medium | 72.90% | 66.70% | |
| High | 25.00% | 31.60% | |
| BMI (kg/m ² , mean± SD) | 20.78±3.5 | 20.77±3.52 | 0.977 |
| Family history, Yes/No(%Yes) | 20.12% | 25.17% | 0.223 |
| early risk markers of CVD | | | |
| Blood sugar | 4.18±1.17 | 3.74±1.09 | 0.001 |
| Cholesterol | 4.58±1.10 | 4.99±1.03 | 0.001 |
| Low density lipoprotein | 1.99±0.87 | 1.98 ± 0.95 | 0.9 |
| High density lipoprotein | 1.70±0.51 | 1.62±0.34 | 0.762 |
| Triglyceride | 1.07±0.79 | 0.97±0.37 | 0.224 |
| C-reactive protein | 5.82±5.39 | 7.02±4.72 | 0.04 |
| Heart rate | 76.84±12.20 | 74.93±10.80 | 0.148 |
| Systolic blood-pressure(mmHg) | 120.20±12.20 | 123.38±12.03 | 0.019 |
| Diastolic blood-pressure(mmHg) | 76.63±9.36 | 79.02±9.14 | 0.022 |
| Electrocardiogram, Normal/Abnormal(%Normal) | 78.03% | 75.68% | 0.62 |

Table 1: General characteristics and early risk markers of cardiovascular disease of the subject

level, CCM3 polymorphism were not found to be associated to **SBP or DBP.** The detailed results were shown in Table 2.

Further, to investigate effects of interactions of CCM3 polymorphisms on blood pressure, we conducted multivariate Logistic regression analyses. Similarly, blood pressure was setted as the dependent variable, with CCM3 rs3804610*rs9818496, rs6784267*rs9818496, and rs3804610* rs6784267 variant genotype being setted as independent variables. After adjusting for the confunding factors, we found that interactions between rs3804610* rs9818496, rs6784267*rs9818496, and rs3804610* rs9818496, rs6784267*rs9818496, and rs3804610* rs9818496, rs6784267*rs9818496, and rs3804610* rs9818496. The *ORs* values were detailed in Table 3.

Thus, resultant findings showed that CCM3 did not independtly influence the blood pressures, but elevate the blood pressures in interactive manner.

CCM3 polymorphism assists as exposure in elevating blood pressure

Eventually, we analyzed the effects of interactions between CCM3 polymorphisms and As exposure on the increased blood pressures in analogous way. Notely, rs9818496, rs3804610, and rs6784267 variant genotype with > 4 µg/L blood As significantly increased risk of SBP, with *ORs* being 1.496 (95% CI: 1.149~1.947), 1.496 (95% CI: 1.149~1.947) and 1.312 (95% CI: 1.081~1.593). The detailed results were shown in Table 4. These results suggested that As exposureof population can assist CCM3 polymorphism in elevating blood pressures.

DISCUSSION

Many prospective studies have confirmed a strong association between BP levels and risk of CVD [24,

| Variable | | Systolic blood-pressure Diastolic blood-pressure | | | | | | | |
|-----------------|---------|--|-------|-------|---------------------|--------|-------|-------|---------------------|
| | | β | S.E | Р | OR(95%CI) | β | S.E | Р | OR(95%CI) |
| Blood As | 0-4 | | | | | | | | |
| | >4 | 0.57 | 0.263 | 0.027 | 1.725(1.112~2.667) | 0.429 | 0.288 | 0.045 | 1.425(1.012~2.161) |
| Urine As | 0-12.8 | | | | | | | | |
| | >12.8 | 0.317 | 0.289 | 0.396 | 0.719(0.346~1.361) | 0.203 | 0.318 | 0.465 | 0.802(0.397~1.417) |
| rs0818406 | CC | | | | | | | | |
| 159818490 | CT/TT | 0.423 | 0.204 | 0.081 | 1.524(0.876~2.362) | 0.154 | 0.195 | 0.621 | 1.148(0.517~1.878) |
| rs6781267 | CC | | | | | | | | |
| 150/84207 | CT/TT | 0.043 | 0.256 | 0.793 | 1.040(0.646~1.747) | 0.266 | 0.301 | 0.272 | 1.335(0.812~2.207) |
| | <18.5 | | | | | | | | |
| РМІ | 18.5-25 | -0.472 | 0.232 | 0.047 | 0.601(0.358~0.983) | -0.542 | 1.172 | 0.361 | 0.801(0.467~1.341) |
| DIVII | 25-30 | -0.074 | 0.423 | 0.861 | 0.935(0.432~2.138) | -1.136 | 1.164 | 0.835 | 0.923(0.430~1.981) |
| | >30 | 0.478 | 1.978 | 0.685 | 1.618(0.151~15.768) | 0.135 | 1.243 | 0.401 | 2.758(0.265~28.733) |
| | Low | | | | | | | | |
| Education | Medium | -0.572 | 0.746 | 0.442 | 0.564(0.131~2.435) | 0.788 | 0.822 | 0.338 | 2.199(0.439~11.001) |
| | High | -0.323 | 0.761 | 0.671 | 0.724(0.163~3.216) | -0.532 | 0.208 | 0.019 | 0.592(0.387~0.906) |
| Drinling states | No | | | | | | | | |
| Drinking status | Yes | 0.001 | 0.252 | 0.992 | 1.001(0.612~1.635) | 0.361 | 0.249 | 0.146 | 1.432(0.882~2.329) |
| Smoking status | No | | | | | | | | |
| | Yes | 0.032 | 0.225 | 0.899 | 1.029(0.670~1.589) | 0.054 | 0.224 | 0.805 | 1.058(0.681~1.633) |
| Blood sugar | | 0.083 | 0.561 | 0.136 | 2.307(0.768~6.928) | 0.735 | 0.545 | 0.177 | 2.086(0.717~6.073) |
| Cholesterol | | -0.103 | 0.343 | 0.764 | 0.902(0.461~1.767) | 0.462 | 0.311 | 0.137 | 1.587(0.846~2.917) |
| LDL | | -0.552 | 0.475 | 0.246 | 0.576(0.227~1.462) | -0.713 | 0.45 | 0.113 | 0.490(0.203~1.184) |
| HDL | | -0.766 | 0.712 | 0.282 | 0.465(0.115~1.875) | -0.895 | 0.738 | 0.225 | 0.408(0.096~1.736) |
| Triglyceride | | 1.05 | 0.565 | 0.063 | 0.857(0.944~8.640) | 1.013 | 0.532 | 0.057 | 2.573(0.970~7.812) |
| CRP | | 0.017 | 0.039 | 0.669 | 1.017(0.942~1.098) | 0.076 | 0.04 | 0.057 | 1.079(0.998~1.167) |
| Heart rate | | 0.004 | 0.02 | 0.82 | 0.996(0.965~1.029) | -0.009 | 0.017 | 0.582 | 0.991(0.959~1.024) |

Table 2: Multivariable Logistic regression analysis the risk factors of the blood

25]. A number of study reported that the prevalence of hypertension was positively related to As exposure [26–31]. In a prospective study, maternal urinary arsenic during pregnancy was correlated with BP in children at 4.5 years of age [32]. In this work, we investigated the influences of interactions of CCM3 polymorphisms and with As exposures on the blood pressures in south chinese. We found that, besides interactions of genetic polymorphisms implicating in the processes of increased blood pressures, CCM3 contributed to increased blood pressures through assisting the effects of As exposure. In our study, participants with >4µg/L blood As level had 1.733 (95%CI: 1.119~2.684) and 1.476 (95%CI: 1.104~2.153) fold higher risk of SBP and DBP, respectively. Prehypertension is associated with an about 3-fold risk of developing hypertension and roughly 2 times of cardiovascular events compared with normal BP [33]. Li, et al. found that the highest tertile had 1.69 (95% CI: 1.03~2.78) fold higher risk of hypertension when compared with the lowest tertile of urinary arsenic concentration amongst Chinese population, where the lowest tertile had exposure to 0-0.65 mg/L of As through drinking water [34]. However, our results showed that the urinary arsenic is not the more sensitive marker in our study, but the blood arsenic is can increase the risk of blood pressure. This may be due to the arsenic in blood is recent arsenic exposure markers and the urinary arsenic is long-term arsenic level, but the change of blood pressure

| Gene-gene | Ger | notype | Systolic blo | od-pressure | Diastolic blood-pressure | | |
|-------------------------|-----------|--------|---------------------------|--------------------------------|---|--------------------------------|--|
| | | | OR(95%CI) | OR ^a (95%CI) | OR(95%CI) | OR ^a (95%CI) | |
| rs3804610* rs9818496 | TT | CC | 1 | 1 | 1 | 1 | |
| | TT | CT/TT | 0.931(0.425~2.038) | 0.902(0.461~1.767) | 0.802(0.528~1.391) | 0.782(0.498~1.291) | |
| | TC/ CC | CC | 1.037(0.638~1.687) | 1.005(0.603~1.623) | 1.332(0.806~2.200) | 1.257(0.697~1.919) | |
| | TC/ CC | CT/TT | 1.558(1.078~2.289) | 1.498(1.016~2.260) | 1.465(1.006~2.133) | 1.339(0.891~2.112) | |
| | | | $OR_{int} = 1.272(1.043)$ | 3~1.551), <i>P</i> =0.017 | <i>OR</i> _{int} =1.152(0.085~1.951), <i>P</i> =0.087 | | |
| | CC | CC | 1 | 1 | 1 | 1 | |
| rs6784267* rs9818496 | CC | CT/TT | 1.157(0.717~1.869) | 1.148(0.703~1.824) | 0.856(0.618~1.491) | 0.793(0.513~1.301) | |
| | CT/ TT | CC | 1.518(0.941~2.450) | 1.432(0.881~2.327) | 1.057(0.683~1.636) | 0.923(0.431~1.977) | |
| | CT/ TT | CT/TT | 1.609(1.108~2.345) | 1.552(1.041~2.324) | 1.490(1.024~2.168) | 1.366(0.914~2.041) | |
| | | | $OR_{int} = 1.461(1.172)$ | 2~1.822), <i>P</i> =0.001 | OR _{int} =1.172(0.083~1.976), P=0.093 | | |
| rs6784267* rs3804610 | TT | CC | 1 | 1 | 1 | 1 | |
| | TT | CT/TT | 1.157(0.717~1.869) | 1.148(0.703~1.824) | 0.856(0.618~1.491) | 0.793(0.513~1.301) | |
| | TC/ CC | CC | 1.518(0.941~2.450) | 1.432(0.881~2.327) | 1.057(0.683~1.636) | 0.923(0.431~1.977) | |
| | TC/ CC | CT/TT | 1.609(1.108~2.345) | 1.552(1.041~2.324) | 1.490(1.024~2.168) | 1.366(0.914~2.041) | |
| | | | $OR_{int} = 1.461(1.172)$ | 2~1.822), <i>P</i> =0.001 | OR _{int} =1.172(0.083~1.976), P=0.093 | | |

 Table 3: The interaction between gene and gene in the change of blood pressure

OR^a were adjusted for age, gender, BMI, smoking status, alcohol use status, and education level, BG, TG, TC, HDL, LDL, CRP.

is very sensitive in influence factor. Arsenic exposure has been correlated to increased inflammation and endothelial damage [5, 14, 35], suggesting that arsenic may play partly by inducing endothelial dysfunction, atherosclerosis, and pathologic vascular remodeling. In our study, we found that arsenic was positively association with cholesterol, glucose and C-reactive protein (CRP), consistently with previous study.

CCM3 plays a fundamental role in vascular development, and CCM3 is an adaptor protein that can bind to a variety of proteins and protein complexes to regulate many important cell processes such as cell survival and cell death after oxidative stress [19, 20, 36].In our previous work, we found that arsenic alters the expression of miR-425-5p and its target, CCM3 *in vitro* and *in vivo*, which leads to arsenic-induced anti-angiogenesis in HUVECs. These findings suggested that CCM3 participate in arsenic induced vascular cell development and endothelial dysfunction [37]. In this work, we investigated the association between CCM3 3 SNPs and BP change, and found that alone SNP did

not increased the risk of SBP and DBP, but interactions between rs3804610*rs9818496, rs6784267*rs9818496, and rs3804610* rs6784267 variant genotype increased the risk of SBP, and the interactions between rs9818496 and rs3804610 variant genotype with >4 μ g/L As level significantly increased risk of SBP. Therefore, CCM3 may represent a novel susceptibility gene for hypertension in population with arsenic exposure. The variant genotype of CCM3 may impair vascular development and CCM3 is an adaptor protein which is regulated by stimulation, such as arsenic, so the mutation of CCM3 can influence vessel function and increase the risk of blood pressure, but the detailed molecular mechanism is not well understood. We need demonstrate the mechanism and find more related SNPs of CCM3 in arsenic exposure population in the further.

The strength of this study includes the low prevalence of hypertension medication in the population, so we were able to estimate BP changes in the relative absence of intervention. Furthermore, we assessed the interaction between As exposure and CCM3 genetic

| Gene site | Genotype | As | Systolic blo | od-pressure | Diastolic blo | Diastolic blood-pressure | | |
|-----------|---|-----|--------------------------------|---------------------------|---|--------------------------|--|--|
| | | | OR(95%CI) | OR ^a (95%CI) | OR(95%CI) | OR ^a (95%CI) | | |
| rs9818496 | CC | 0-4 | 1 | 1 | 1 | 1 | | |
| | CC | >4 | 1.567(1.312~2.762) | 1.618(0.526~2.817) | 1.301(0.572~2.731) | 1.324(0.717~2.946) | | |
| | CT/TT | 0-4 | 1.312(0.518~4.723) | 1.354(0.753~2.574) | 1.245(0.372~3.381) | 1.271(0.417~3.842) | | |
| | CT/TT | >4 | 2.437(1.318~4.483) | 2.682(1.348~5.547) | 1.547(0.922~2.581) | 1.565(0.927~2.876) | | |
| | | | OR _{int} =1.496(1.149 | 9~1.947), <i>P</i> =0.003 | OR _{int} =1.308(0.874~1.902), P=0.067 | | | |
| rs3804610 | TT | 0-4 | 1 | 1 | 1 | 1 | | |
| | TT | >4 | 1.567(1.312~2.762) | 1.618(0.526~2.817) | 1.301(0.572~2.731) | 1.324(0.717~2.946) | | |
| | CT/CC | 0-4 | 1.312(0.518~4.723) | 1.354(0.753~2.574) | 1.245(0.372~3.381) | 1.271(0.417~3.842) | | |
| | CT/CC | >4 | 2.437(1.318~4.483) | 2.682(1.348~5.547) | 1.547(0.922~2.581) | 1.565(0.927~2.876) | | |
| | OR _{int} =1.496(1.149~1.947), P=0.003 | | | | OR _{int} =1.308(0.874~1.902), P=0.067 | | | |
| rs6784267 | CC | 0-4 | 1 | 1 | 1 | 1 | | |
| | CC | >4 | 1.453(1.002~3.244) | 1.461(0.872~2.414) | 1.352(0.836~2.463) | 1.399(0.856~2.589) | | |
| | CT/TT | 0-4 | 1.262(1.116~2.784) | 1.286(0.714~2.234) | 1.286(0.736~2.363) | 1.327(0.906~2.398) | | |
| | CT/TT | >4 | 1.789(1.132~2.976) | 1.824(1.094~2.435) | 1.493(0.950~2.463) | 1.539(0.956~2.979) | | |
| | <i>OR</i> _{int} =1.312(1.081~1.593), <i>P</i> =0.006 | | | | <i>OR</i> _{int} =1.277(1.055~1.546), <i>P</i> =0.052 | | | |

 Table 4: The interaction between gene and As exposure in the change of blood pressure

OR^a were adjusted for age, gender, BMI, smoking status, alcohol use status, and education level, BG, TG, TC, HDL, LDL, CRP.

polymorphisms on blood pressure. It is an advantage in the ethnic homogeneity of the population, as it reduces bias from population stratification. On the other hand, our study also has limitations. First, our study is a crosssectional study in which we measured blood arsenic, blood pressure, and preclinical indicators of CVD at the same time and it is not possible to determine whether differences in blood pressure and preclinical indicators of CVD followed arsenic exposures. Our subject is primarily middle-age males, which may limit generalizability of study findings. Second, likely other genes or SNPs play a role in increasing BP and that other genetic polymorphisms may interact with As exposure. Third, other risk factors, such as physical exercise and nutrition et al, could have potential impacts on blood pressure across life. Considerration of these factors, we included smoking status in our model as a possible confound factor. We left aside dietary factors such as high-fat diet or sodium intake in this study, because other studies have indicated that although these factors are associated with increases in BP, arsenic cannot interplay with dietary factors to raise longitudinal blood pressure in this population [38]. Fourth, our subject is different from elsewhere Chinese population and may have varied underlying risk factors that could influence blood pressure changes, such as diverse lifestyle, dietary styles and other surrounding factors. Despite these differences, serious of studies have argued that arsenic exposure play an important role in incidence and mortality of CVD, as well as blood pressure changes in populations.

In Conclusion, our fingdings suggest that As exposure of population can assist CCM3 polymorphism in elevating SBP. Our findings support the concept that genetic variants by themselves may not substantially influence disease risk, but in concert with environmental exposures, they may increase the risk of disease.

MATERIALS AND METHODS

Study design and participants

The present study was approved by Medical Ethics Committees of Sun Yat-sen University and this study was conducted in accordance with the guidelines of Medical Ethics Committees. Between April 2013 and October 2014, we selected 395 participants from electronic product workers in Zhongshan (Guangdong, China). These individuals met the following inclusion criteria [39]: 1) without any self-reported diseases, such as cardiopulmonary diseases, chronic inflammation, kidney diseases, and cancers; 2) without any self-reported medication use in the preceding three months; 3) without any significant changes in their occupational experiences, living environment, and lifestyle (such as smoking and drinking) in the past one year; 4) can

provide enough biological materials for measurement of SNPs and blood arsenic. After written informed consent was obtained from each participant, trained interviewers performed a questionnaire to collect personal information such as general characteristics, lifestyle, medical history, medication usage, occupational, and environmental exposure experiences. After physical examination, each participant donated and about 2 mL EDTA anti-coagulated overnight fasting venous blood.

Measurement of blood and urine arsenic and CCM3 single nucleotide polymorphisms (SNPs)

Venous whole blood samples collected at baseline were analyzed for arsenic concentration by inductively coupled plasma mass spectrometry (ICP-MS). The urinary samples were analyzed for arsenic concentration by hydride generation atomic flurescence spectrometry. Any DNA samples with a concentration < 40 ng/µL, and a 260 nm/280 nm ratio outside of the range of < 1.6 to \geq 2.1 (measured by eppendorf) were excluded. Genotyping of rs9818496, rs3804610, and rs6784267 was performed using imLDR method by Shanghai Tian Hao Biological Science and Technology Co., Ltd (Shanghai, China).

Statistical analysis

We conducted data analysis using SPSS, version 13.0 (SPSS Inc., Chicago, IL, USA). We first performed descriptive analysis to compare the distribution of demographic between low As level and high As level, using Chi-square tests for categorical and student's t-test for continuous variables, respectively. Statistical significance refers to p<0.05. In logistic regression analysis, participants were categorized according to baseline SBP (i.e. <120 mm Hg, normal or \geq 120 mm Hg, pre-hypertensive to hypertensive) and by baseline DBP (i.e. <80 mm Hg, normal or \geq 80 mm Hg, pre-hypertensive to hypertensive). In dominant genetic models, mutation genotypes CT/TT (CT/CC) were intergrited and compared to wild genotype CC (TT).

We performed multiple Logistic regression models to evaluate the odds ratio (OR) and the 95% confidence interval (95% CI) of the risk of BP change of blood As levels and 3 SNPs after adjustment for the confounders including age, gender, body mass index, smoking status, drinking status, education level, blood sugar, cholesterol, low density lipoprotein, high density lipoprotein, triglyceride, C-reactive protein.

For the interaction effect of two genetic variant, we used Logistic regression multiplicative model to estimate the odds ratio (OR) and the 95% confidence interval (95%CI) of the risk of BP change by differ genotypes with adjustment for potential confounders.

For the interaction effect of blood As levels and a genetic variant, we used Logistic regression multiplicative

model to estimate the odds ratio (OR) and the 95% confidence interval (95% CI) of the risk of BP change by two of blood As levels and differ genotypes with adjustment for potential confounders.

Abbreviations

As: arsenic; BP: blood pressure; CRP: C-reactive protein; SBP: systolic pressure; DBP: diastolic pressure; *OR*:odds ratio; CVD:Cardiovascular disease; BMI: body mass index.

CONFLICTS OF INTEREST

The authors declare no conflicts of interest.

GRANT SUPPORT

This project was supported by grants from the National Natural Science Foundation of China (No.81273097 and No.81472998 to YH, No.81273127 to ZZ) and supported by Initial Funding for Sun Yatsen University "Hundred Talents Program" to YH and supported by Doctor Initial Funding for Gannan Medical University (No.QD201601) to GYF.

REFERENCES

- Stea F, Bianchi F, Cori L, Sicari R. Cardiovascular effects of arsenic: clinical and epidemiological findings. Environ Sci Pollut Res Int. 2014; 21:244–251.
- Moon KA, Guallar E, Umans JG, Devereux RB, Best LG, Francesconi KA, Goessler W, Pollak J, Silbergeld EK, Howard BV, Navas-Acien A. Association between exposure to low to moderate arsenic levels and incident cardiovascular disease. A prospective cohort study. Ann Intern Med. 2013; 159:649–659.
- 3. Chen Y, Graziano JH, Parvez F, Liu M, Slavkovich V, Kalra T, Argos M, Islam T, Ahmed A, Rakibuz-Zaman M, Hasan R, Sarwar G, Levy D, et al. Arsenic exposure from drinking water and mortality from cardiovascular disease in bangladesh: prospective cohort study. BMJ. 2011; 342:d2431.
- Abhyankar LN, Jones MR, Guallar E, Navas-Acien A. Arsenic exposure and hypertension: a systematic review. Environ Health Perspect. 2012; 120:494–500.
- Wu F, Jasmine F, Kibriya MG, Liu M, Wojcik O, Parvez F, Rahaman R, Roy S, Paul-Brutus R, Segers S, Slavkovich V, Islam T, Levy D, et al. Association between arsenic exposure from drinking water and plasma levels of cardiovascular markers. Am J Epidemiol. 2012; 175:1252–1261.
- 6. Wu F, Molinaro P, Chen Y. Arsenic exposure and subclinical endpoints of cardiovascular diseases. Curr Environ Health Rep. 2014; 1:148–162.

- Wu F, Jasmine F, Kibriya MG, Liu M, Cheng X, Parvez F, Paul-Brutus R, Paul RR, Sarwar G, Ahmed A, Jiang J, Islam T, Slavkovich V, et al. Interaction between arsenic exposure from drinking water and genetic susceptibility in carotid intima-media thickness in Bangladesh. Toxicol Appl Pharmacol. 2014; 276:195–203.
- Redwine KM, Falkner B. Progression of prehypertension to hypertension in adolescents. Curr Hypertens Rep. 2012; 14:619–625.
- Wade TJ, Xia Y, Mumford J, Wu K, Le XC, Sams E, Sanders WE. Cardiovascular disease and arsenic exposure in inner mongolia, china: a case control study. Environ Health. 2015; 14:35.
- Jiang J, Liu M, Parvez F, Wang B, Wu F, Eunus M, Bangalore S, Newman JD, Ahmed A, Islam T, Rakibuz-Zaman M, Hasan R, Sarwar G, et al. Association between arsenic exposure from drinking water and longitudinal change in blood pressure among heals cohort participants. Environ Health Perspect. 2015; 123:806–812.
- 11. Ellinsworth DC. Arsenic, reactive oxygen, and endothelial dysfunction. J Pharmacol Exp Ther. 2015; 353:458–464.
- Sidhu MS, Desai KP, Lynch HN, Rhomberg LR, Beck BD, Venditti FJ. Mechanisms of action for arsenic in cardiovascular toxicity and implications for risk assessment. Toxicology. 2015; 331:78–99.
- Jomova K, Jenisova Z, Feszterova M, Baros S, Liska J, Hudecova D, Rhodes CJ, Valko M. Arsenic: toxicity, oxidative stress and human disease. J Appl Toxicol. 2011; 31:95–107.
- Chen Y, Santella RM, Kibriya MG, Wang Q, Kappil M, Verret WJ, Graziano JH, Ahsan H. Association between arsenic exposure from drinking water and plasma levels of soluble cell adhesion molecules. Environ Health Perspect. 2007; 115:1415–1420.
- 15. Farzan SF, Karagas MR, Jiang J, Wu F, Liu M, Newman JD, Jasmine F, Kibriya MG, Paul-Brutus R, Parvez F, Argos M, Bryan MS, Eunus M, et al. Gene-arsenic interaction in longitudinal changes of blood pressure: findings from the health effects of arsenic longitudinal study (HEALS) in Bangladesh. Toxicol Appl Pharmacol. 2015; 288:95–105.
- 16. Wu F, Jasmine F, Kibriya MG, Liu M, Cheng X, Parvez F, Islam T, Ahmed A, Rakibuz-Zaman M, Jiang J, Roy S, Paul-Brutus R, Slavkovich V, et al. Interaction between arsenic exposure from drinking water and genetic polymorphisms on cardiovascular disease in Bangladesh: a prospective case-cohort study. Environ Health Perspect. 2015; 123:451–457.
- Chan AC, Li DY, Berg MJ, Whitehead KJ. Recent insights into cerebral cavernous malformations: animal models of ccm and the human phenotype. FEBS J. 2010; 277:1076–1083.
- 18. Riant F, Bergametti F, Ayrignac X, Boulday G, Tournier-Lasserve E. Recent insights into cerebral cavernous

malformations: the molecular genetics of ccm. FEBS J. 2010; 277:1070–1075.

- Louvi A, Chen L, Two AM, Zhang H, Min W, Gunel M. Loss of cerebral cavernous malformation 3 (CCM3) in neuroglia leads to CCM and vascular pathology. Proc Natl Acad Sci U S A. 2011; 108:3737–3742.
- Zhu Y, Wu Q, Xu JF, Miller D, Sandalcioglu IE, Zhang JM, Sure U. Differential angiogenesis function of CCM2 and CCM3 in cerebral cavernous malformations. Neurosurg Focus. 2010; 29:E1.
- Lant B, Yu B, Goudreault M, Holmyard D, Knight JD, Xu P, Zhao L, Chin K, Wallace E, Zhen M, Gingras AC, Derry WB. CCM-3/STRIPAK promotes seamless tube extension through endocytic recycling. Nat Commun. 2015; 6:6449.
- 22. He Y, Zhang H, Yu L, Gunel M, Boggon TJ, Chen H, Min W. Stabilization of VEGFR2 signaling by cerebral cavernous malformation 3 is critical for vascular development. Sci Signal. 2010; 3:a26.
- 23. Zheng X, Xu C, Di Lorenzo A, Kleaveland B, Zou Z, Seiler C, Chen M, Cheng L, Xiao J, He J, Pack MA, Sessa WC, Kahn ML. CCM3 signaling through sterile 20-like kinases plays an essential role during zebrafish cardiovascular development and cerebral cavernous malformations. J Clin Invest. 2010; 120:2795–2804.
- Aneni EC, Oni ET, Martin SS, Blaha MJ, Agatston AS, Feldman T, Veledar E, Conceicao RD, Carvalho JA, Santos RD, Nasir K. Blood pressure is associated with the presence and severity of nonalcoholic fatty liver disease across the spectrum of cardiometabolic risk. J Hypertens. 2015; 33:1207–1214.
- 25. Jones DW, Hall JE. Seventh report of the joint national committee on prevention, detection, evaluation, and treatment of high blood pressure and evidence from new hypertension trials. Hypertension. 2004; 43:1–3.
- 26. Mendez MA, Gonzalez-Horta C, Sanchez-Ramirez B, Ballinas-Casarrubias L, Ceron RH, Morales DV, Terrazas FA, Ishida MC, Gutierrez-Torres DS, Saunders RJ, Drobna Z, Fry RC, Buse JB, et al. Chronic exposure to arsenic and markers of cardiometabolic risk: a cross-sectional study in Chihuahua, Mexico. Environ Health Perspect. 2016; 124:104–111.
- 27. Mohammed AK, Jayasinghe SS, Chandana EP, Jayasumana C, De Silva PM. Arsenic and human health effects: a review. Environ Toxicol Pharmacol. 2015; 40:828–846.
- Farzan SF, Chen Y, Rees JR, Zens MS, Karagas MR. Risk of death from cardiovascular disease associated with lowlevel arsenic exposure among long-term smokers in a us population-based study. Toxicol Appl Pharmacol. 2015; 287:93–97.
- Ameer SS, Engstrom K, Harari F, Concha G, Vahter M, Broberg K. The effects of arsenic exposure on blood pressure and early risk markers of cardiovascular disease: evidence for population differences. Environ Res. 2015; 140:32–36.

- Farzan SF, Chen Y, Wu F, Jiang J, Liu M, Baker E, Korrick SA, Karagas MR. Blood pressure changes in relation to arsenic exposure in a U.S. pregnancy cohort. Environ Health Perspect. 2015; 123:999–1006.
- Osorio-Yanez C, Ayllon-Vergara JC, Arreola-Mendoza L, Aguilar-Madrid G, Hernandez-Castellanos E, Sanchez-Pena LC, Del RL. Blood pressure, left ventricular geometry, and systolic function in children exposed to inorganic arsenic. Environ Health Perspect. 2015; 123:629–635.
- 32. Hawkesworth S, Wagatsuma Y, Kippler M, Fulford AJ, Arifeen SE, Persson LA, Moore SE, Vahter M. Early exposure to toxic metals has a limited effect on blood pressure or kidney function in later childhood, rural bangladesh. Int J Epidemiol. 2013; 42:176–185.
- Gupta P, Nagaraju SP, Gupta A, Mandya CK. Prehypertension - time to act. Saudi J Kidney Dis Transpl. 2012; 23:223–233.
- 34. Li X, Li B, Xi S, Zheng Q, Wang D, Sun G. Association of urinary monomethylated arsenic concentration and risk of hypertension: a cross-sectional study from arsenic contaminated areas in northwestern china. Environ Health. 2013; 12:37.

- Burgess JL, Kurzius-Spencer M, O'Rourke MK, Littau SR, Roberge J, Meza-Montenegro MM, Gutierrez-Millan LE, Harris RB. Environmental arsenic exposure and serum matrix metalloproteinase-9. J Expo Sci Environ Epidemiol. 2013; 23:163–169.
- Li X, Zhang R, Zhang H, He Y, Ji W, Min W, Boggon TJ. Crystal structure of CCM3, a cerebral cavernous malformation protein critical for vascular integrity. J Biol Chem. 2010; 285:24099–24107.
- Gao Y, Yin Y, Xing X, Zhao Z, Lu Y, Sun Y, Zhuang Z, Wang M, Ji W, He Y. Arsenic-induced anti-angiogenesis via miR-425-5p-regulated CCM3. Toxicol Lett. 2016; 254:22–31.
- 38. Jiang J, Liu M, Parvez F, Wang B, Wu F, Eunus M, Bangalore S, Ahmed A, Islam T, Rakibuz-Zaman M, Hasan R, Sarwar G, Levy D, et al. Association of major dietary patterns and blood pressure longitudinal change in Bangladesh. J Hypertens. 2015; 33:1193–1200.
- 39. Yang B, Deng Q, Zhang W, Feng Y, Dai X, Feng W, He X, Huang S, Zhang X, Li X, Lin D, He M, Guo H, et al. Exposure to polycyclic aromatic hydrocarbons, plasma cytokines, and heart rate variability. Sci Rep. 2016; 6:19272.