

Clinical outcome and dose volume evaluation in patients who undergo brachytherapy for angiosarcoma of the scalp and face

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Received August 16, 2016; Accepted November 4, 2016

DOI: 10.3892/mco.2017.1155

Abstract. The present study was conducted to retrospectively evaluate survival and local control with definitive brachytherapy in patients with cutaneous angiosarcoma of the scalp and/or face, and to determine the optimal radiation dose and irradiated volume. Between November, 2009 and January, 2015, 9 consecutive patients with histologically proven angiosarcoma of the scalp and/or face who received image-guided brachytherapy were retrospectively evaluated. The median age of the patients was 83.4 years (range, 67.7-91.9 years). Of the 9 patients, 8 had no lymph node metastasis and 1 patient had cervical lymph node metastasis. The patients were irradiated with a dose of 3 Gy three times per week for varying lengths of time; 4 patients received a total dose of 60 Gy, 1 received 48 Gy and the 4 remaining patients received 45 Gy. The patient who received 48 Gy also underwent additional electron therapy of 16 Gy in 8 fractions. The overall survival, progression-free survival and local progression-free rates at 3 years were 50.8% [95% confidence interval (CI): 15.6-78.1%], 37.0% (95% CI: 6.8-69.3%) and 77.8% (95% CI: 36.5-93.9%), respectively. The local progression-free rate in the 4 patients who received a total of ≥ 60 Gy was statistically significantly better compared with that in the 5 patients who received a dose of < 60 Gy ($P=0.027$). A total of 7 patients had grade 2 radiation dermatitis, whereas the remaining 2 patients had grade 3 dermatitis. All the patients had grade 2 alopecia. Local disease control achieved by radiotherapy resulted in higher survival. Therefore, prescribing ≥ 60 Gy in 20 fractions for the gross tumor volume is recommended for angiosarcoma of the scalp and face.

Introduction

Angiosarcoma is a rare aggressive malignant tumor of vascular endothelial cells accounting for ~2% of soft tissue sarcomas (1,2). Two-thirds of angiosarcomas occur in

cutaneous tissues (1), insidiously presenting as a bruise-like lesion or a purplish papule and exhibiting a tendency to spread hematogenously. One-third of cutaneous angiosarcomas develop in the scalp of elderly individuals (3).

The survival rate of angiosarcoma of the scalp and face has been reported to be as low as 15-45% at 5 years (4-6). It has been previously reported that a clear surgical margin is a major factor affecting survival (6). However, angiosarcoma invades extensively and is usually found beyond the surgical margin (5,6). Thus, adjuvant postoperative radiotherapy has been employed to improve the outcome (4-6).

Various techniques of external beam radiotherapy have been applied for angiosarcoma of the scalp and face. However, despite the advances in external radiotherapy, due to the complex shape of the head, the dose distribution is usually inadequate. The build-up effect of high-energy photons or electrons reduces the radiation dose delivered to the scalp surface. In brachytherapy, the radiation dose is inversely proportional to the distance from the radiation source; thus, theoretically higher doses are delivered to the scalp surface and lower doses to the deep-seated area compared with external beam radiotherapy. This means that brachytherapy may be an optimal treatment modality for angiosarcoma of the scalp. Thus, Imai *et al* introduced brachytherapy with ¹⁹²Ir for angiosarcoma of the scalp, and reported that 3 patients were successfully treated using this method (7). However, there is little information on clinical outcomes and precise dose-volume evaluation of brachytherapy for angiosarcoma of the scalp. Thus, the aim of the present study was to evaluate the local control and overall survival of patients with angiosarcoma of the scalp and face who underwent brachytherapy, and determine the optimal dose volume of brachytherapy.

Patients and methods

Patients and methods. Between November, 2009 and January, 2015, 9 consecutive patients with angiosarcoma of the scalp and/or face who received image-guided brachytherapy at the Tokyo Medical University Hospital (Tokyo, Japan) were retrospectively evaluated. The characteristics of the patients are summarized in Table I. All the patients had histologically proven angiosarcoma. The median age was 83.4 years (range, 67.7-91.9 years) and the main tumor locations were as follows: Parietal area in 7 patients, temporal area in 1 and occipital area

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Key words: angiosarcoma, brachytherapy, radiotherapy

Table I. Patient characteristics and treatment methods.

Patient no.	Gender	Age (years)	Main primary site	No. of lesions	Tumor size (small, <30 mm; large, >50 mm)	Other metastatic sites	Brachytherapy			Electron boost	IL-2	Chemotherapy
							Limited surgery	Dose, Gy	Fractions, no.			
1	F	69.8	Occipital	Multiple	Small	None	None	60	20	Local+arterial	None	
2	F	67.7	Parietal	Single	Middle	None	Done	48	16	None	None	
3	F	83.4	Parietal	Single	Small	None	None	60	20	None	None	
4	M	91.9	Temporal	Multiple	Small	None	None	45	15	Local	None	
5	M	81.3	Parietal	Multiple	Small	Cervical lymph nodes	None	60	20	Local	None	
6	M	91.7	Parietal	Single	Middle	None	None	60	20	Local	None	
7	M	84.2	Parietal	Single	Middle	None	None	45	15	Local	None	
8	M	88.4	Parietal	Single	Large	None	None	45	15	Local	Paclitaxel	
9	M	80.9	Parietal	Single	Small	None	Done	45	15	Local	None	

IL, interleukin; F, female; m, male.

Table II. Clinical outcomes.

Patient no.	Local PFS (months)	Local recurrence site	PFS (months)	Regional recurrence site	Distant metastatic site	OS (months)	Final status	Adverse events, no.	
								Dermatitis	Alopecia
1	72.2	None	72.2	None	None	72.2	Alive	2	2
2	66.4	None	66.4	None	None	66.4	Alive	3	2
3	51.7	None	27.8	Forehead	None	51.7	Alive	2	2
4	8.3	None	8.3	None	None	8.3	Alive	2	0
5	5.9	None	1.9	None	Lung	5.9	Deceased	3	2
6	19.8	None	19.8	None	None	19.8	Alive	2	2
7	2.5	Parietal	2.5	Forehead	Bone	12.2	Deceased	2	2
8	9.8	None	2.1	None	Liver	9.8	Deceased	2	2
9	3.8	Parietal	9.2	None	None	9.2	Deceased	2	2

PFS, progression free survival; OS, overall survival.

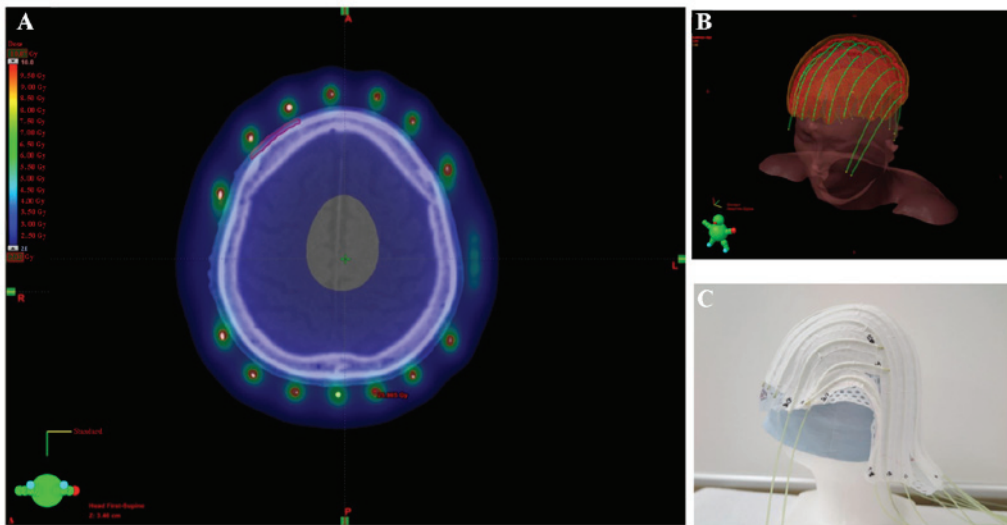


Figure 1. (A) Arrangement of radiation sources and dosimetry on computed tomography. (B) Association of radiation source arrangement with the patient's position. (C) The applicator used was individually made by pasting tubes on the mask.

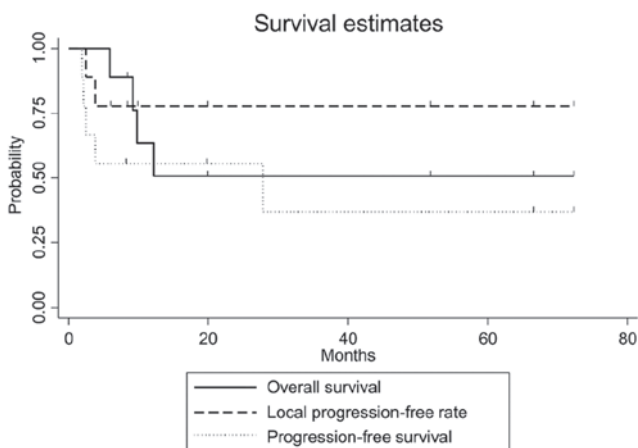


Figure 2. Kaplan-Meier's curves demonstrated that the overall survival, progression-free survival and local progression-free rate at 3 years were 50.8% [95% confidence interval (CI): 15.6-78.1%], 37.0% (95% CI: 6.8-69.3%) and 77.8% (95% CI: 36.5-93.9%), respectively. The overall survival, progression-free survival and local progression-free rates at 1 year were 63.5% (95% CI: 23.8-86.7%), 55.6% (95% CI: 20.4-80.5%) and 77.8% (95% CI: 36.5-93.9%), respectively.

in 1 patient; 3 patients had tumors in multiple sites, and 6 had tumors in a single location on the scalp area. Of the 9 patients, 8 had tumors in the scalp area and 1 had a tumor in the facial area; 1 patient also had metastasis to the cervical lymph nodes.

The patients were immobilized with a custom-made thermoplastic mask. Applicators were fixed to avoid displacement of the mask using cotton fabric tapes at intervals of 2 cm on the outer side (Fig. 1), except for the applicators of the first patient, which were fixed on the inner side of the mask.

A visible lesion of angiosarcoma was defined as the gross tumor volume (GTV); the clinical target volume (CTV) was determined as the GTV plus an adequate margin along the skin and a 1-2-mm margin perpendicular to its axis. The planning target volume (PTV) was defined as the CTV with a 10-mm margin along the skin and a 1-2-mm margin perpendicular to its axis. The skull, cerebrum and cerebellum were

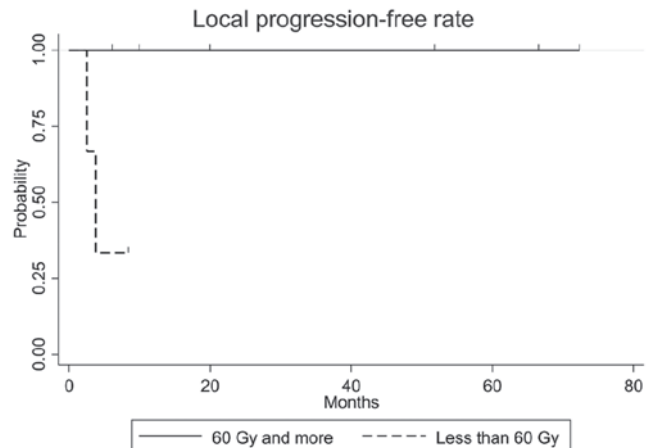


Figure 3. The local progression-free rate in patients who received a dose of ≥ 60 Gy was found to be statistically significantly higher compared with that in patients who received a dose of < 60 Gy ($P=0.027$).

also delineated. All the patients underwent image-guided brachytherapy based on computed tomography (CT) images. The arrangement of radiation sources of ^{192}Ir was adequately placed to cover the entire GTV within the line of 3 Gy, and PTV within the line of 2 Gy. Heterogeneity of dose distribution to the scalp was geometrically optimized using a brachytherapy 3-dimensional planning system (BrachyVision; Varian Medical Systems Inc., Palo Alto, CA, USA). Radiation sources of ^{192}Ir were placed through the applicator using the VariSource afterloading system (Varian Medical Systems).

The patients were irradiated with a dose of 3 Gy three times per week for varying lengths of time. A total of 4 patients received a total dose of 60 Gy, 1 received 48 Gy and 4 patients received 45 Gy. The patient who received 48 Gy also underwent additional electron therapy of 16 Gy in 8 fractions. The equivalent dose delivered at 2.0 Gy per fraction was calculated by the linear-quadratic model with α/β ratios of 10 (8). The cervical lymph node metastasis of the patient was additionally treated by external radiotherapy at a dose of 50 Gy in 25 fractions.

Two patients underwent limited surgery prior to radiotherapy and 7 patients underwent recombinant interleukin-2 (rIL-2) immunotherapy; of those 7 patients, 6 received a local injection and 1 was treated with both local and arterial injections. One patient received sequential chemotherapy with paclitaxel following completion of radiotherapy: Paclitaxel at a dose of 100 mg/m² was administered once per week; however, after two administrations, paclitaxel was discontinued due to cholangitis.

Follow-up was principally performed by dermatologists every 3 months. The adverse events were assessed according to the Common Terminology Criteria for Adverse Events, version 4.0 (https://evs.nci.nih.gov/ftp1/CTCAE/CTCAE_4.03_2010-06-14_QuickReference_5x7.pdf).

Dose evaluation. Doses of 100, 95, 90, 85, 80, 70, 60, 50, 10 and 5% of the PTV and the maximal doses were evaluated in the skull, cerebrum and cerebellum using the BrachyVision brachytherapy 3-dimensional planning system (Varian Medical Systems Inc.). The data were used for necessary dose analysis.

Statistical analysis. The overall survival time was calculated from the first day of brachytherapy to the date of death from any cause. Hospital visits provided data on surviving patients. The progression-free survival time was calculated from the first day of brachytherapy to the date of the first relapse at any site or the date of death. The local progression-free rate was calculated according to the date of relapse in irradiated sites. Survival time was calculated using the Kaplan-Meier method and the difference was compared using the log-rank test. Paired variables were compared by the Wilcoxon matched-paired signed-rank test. Stata statistical software, version 13 (StataCorp., College Station, TX USA) was used. A probability value of <0.05 was considered to be statistically significant.

Results

The clinical outcomes are presented in Table II. The median observation period was 12.2 months (range, 5.9-72.2 months). The overall survival, progression-free survival and local progression-free rates at 3 years were 50.8% [95% confidence interval (CI): 15.6-78.1%], 37.0% (95% CI: 6.8-69.3%), and 77.8% (95% CI: 36.5-93.9%), respectively (Fig. 2). The equivalent fractionated and total doses according to the biological effectiveness for GTV and PTV are shown in Table III. Of the 9 patients, 2 developed local infield recurrence within 4 months following completion of brachytherapy with a radiation dose of 45 Gy in 15 fractions. Three patients who were treated with a dose of ≥ 60 Gy had no local recurrence and survived without late complications. The patient with the cervical lymph node metastasis who underwent radiotherapy of ≥ 60 Gy developed lung metastasis 2 months after the completion of radiotherapy. The local progression-free rate in patients who received a dose of ≥ 60 Gy was statistically significantly higher compared with that in patients who received a dose of <60 Gy ($P=0.027$, Fig. 3). Of the 2 patients who experienced recurrence in the forehead outside the irradiated area, 1 was successfully treated by local injection of rIL-2, but the other patient developed bone

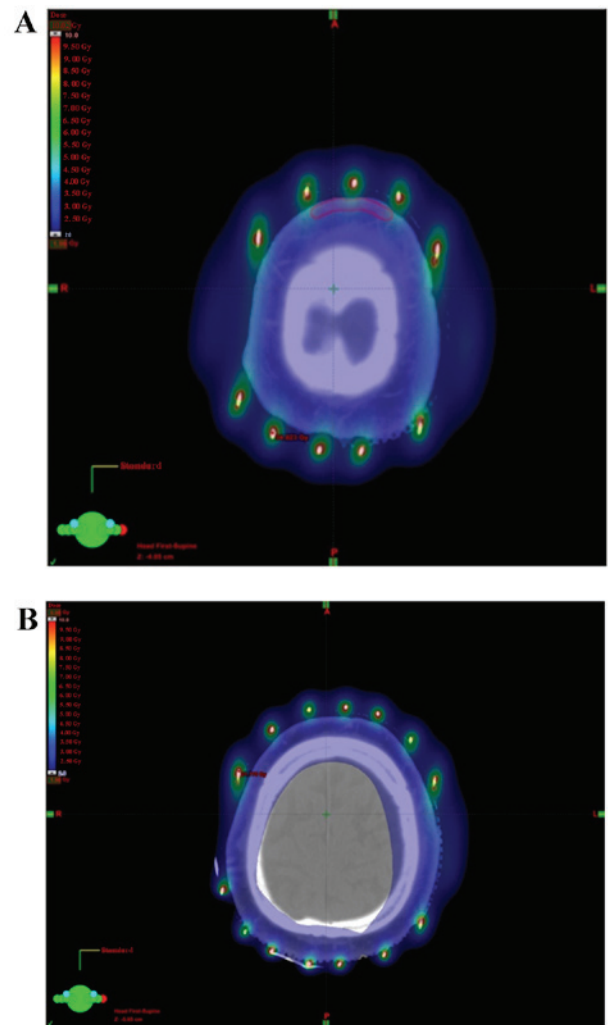


Figure 4. Dose distribution in a 88-year-old man with angiosarcoma of the parietal region. (A) Dosimetry showed the planning target volume (PTV) was covered by >3 Gy and (B) the radiation dose to the cerebrum was reduced.

metastasis. Distant metastases were observed in the bone, lung, or liver, and the patient with lung metastasis had developed cervical lymph node metastasis prior to brachytherapy. The dose-volume for organs at risk is shown in Table IV. The maximum doses to the skull, cerebrum and cerebellum were statistically significantly lower compared with GTV ($P<0.01$).

As regards adverse events, all the patients had grade 2 alopecia; 7 and 2 patients had grade 2 and 3 radiation dermatitis, respectively; none experienced grade ≥ 4 adverse events.

Discussion

Angiosarcoma arising from endothelial cells is known to have a propensity to spread hematogenously. A report of 95 autopsies in Japanese patients demonstrated that the most common sites of metastasis were the lung, bone and liver (9). In this study, 3 patients experienced hematogenous metastasis. By contrast, 4 of the 9 patients treated by brachytherapy exhibited prolonged survival without local or distant metastasis at a median of 38.4 months. Guadagnolo *et al* reported that approximately two-thirds of the patients experienced local recurrence in an analysis of 70 patients with angiosarcoma, and

Table III. Doses of target volume.

Patient no.	GTV										PTV									
	D100	D95	D90	D85	D80	D70	D60	D50	D10	D5	D100	D95	D90	D85	D80	D70	D60	D50	D10	D5
1	2.7/58.2	3.0/64.2	3.1/66.6	3.1/68.0	3.2/70.1	3.3/73.2	3.4/76.5	3.6/82.2	5.2/132.1	5.9/155.3	0.7/12.5	2.2/44.7	2.5/52.1	2.7/57.2	2.8/59.3	3.0/65.0	3.1/67.7	3.3/73.2	4.9/121.7	5.8/152.7
2	2.7/58.3	2.8/59.2	2.8/59.6	2.8/60.0	2.8/60.2	2.9/60.8	2.9/61.3	2.9/61.7	3.0/63.8	3.0/64.6	1.6/36.8	2.4/51.7	2.6/55.7	2.8/59.8	2.8/59.8	3.0/64.0	3.1/66.2	3.2/66.3	4.0/86.7	4.5/99.0
3	2.6/54.6	2.7/56.1	2.7/56.6	2.7/56.9	2.7/57.4	2.7/57.9	2.8/58.4	2.8/59.0	2.9/62.6	2.9/63.4	1.4/26.6	2.2/44.7	2.4/49.6	2.5/52.1	2.6/54.6	2.7/57.2	2.8/59.7	2.9/62.4	3.6/81.6	4.0/93.3
4	2.3/34.8	2.5/39.1	2.6/40.4	2.6/41.5	2.7/42.7	2.8/44.4	2.9/45.8	2.9/47.4	3.3/55.3	3.4/57.6	0.3/3.9	1.8/26.6	1.9/28.3	2.0/30.0	2.1/31.8	2.3/35.4	2.5/39.1	2.7/42.9	3.8/65.6	4.3/76.9
5	2.6/54.1	2.7/56.1	2.7/56.9	2.7/57.4	2.7/57.9	2.8/59.0	2.8/59.7	2.8/60.5	3.0/64.5	3.0/65.5	1.2/22.4	2.2/44.7	2.5/52.1	2.6/54.6	2.7/57.2	2.9/62.4	3.0/65.0	3.1/67.7	3.9/60.4	4.3/102.5
6	2.8/60.3	3.0/64.2	3.0/65.5	3.1/66.6	3.1/67.7	3.2/69.6	3.3/72.1	3.4/74.5	3.8/87.7	4.0/92.7	1.4/26.6	2.1/42.4	2.4/49.6	2.5/52.1	2.7/57.2	3.0/65.0	3.1/67.7	3.3/73.2	4.1/96.4	4.6/111.9
7	2.2/33.4	2.5/38.1	2.5/39.6	2.6/40.6	2.6/41.3	2.7/42.5	2.7/43.6	2.8/44.8	3.3/54.0	3.5/58.2	0.9/12.3	2.1/31.8	2.3/35.4	2.5/39.1	2.6/41.0	2.7/42.9	2.8/44.8	2.9/46.8	3.7/63.4	4.2/74.6
8	2.9/46.8	3.1/50.0	3.1/50.8	3.1/51.6	3.2/52.4	3.3/53.8	3.3/55.5	3.4/57.0	4.0/68.9	4.1/73.2	1.3/18.4	2.0/30.0	2.2/33.6	2.4/37.2	2.5/39.1	2.7/42.9	2.8/44.8	2.9/46.8	3.8/65.6	4.3/76.9
9	2.6/40.4	2.6/41.3	2.6/41.7	2.7/41.9	2.7/42.1	2.7/42.7	2.7/43.4	2.8/44.0	2.9/47.6	2.9/47.0	1.2/16.8	2.2/33.6	2.5/39.1	2.6/41.0	2.7/42.9	2.8/44.8	2.9/46.8	3.0/48.8	3.8/65.6	4.3/76.9

GTV, gross tumor volume; PTV, planning target volume. Fractionation dose/total biological effective dose (2 Gy).

Table IV. Dosimetric comparison between PTV and organ at risk.

Gy (mean ± SD)	D95	D90	D85	D80	D70	D60	D50	D10	D5	Max
PTV	2.13±0.17	2.37±0.21	2.51±0.23	2.61±0.21	2.79±0.23	2.90±0.20	3.03±0.21	3.96±0.38	4.48±0.52	28.3±11.2
Cerebrum	0.77±0.37 ^a	0.84±0.40 ^a	0.92±0.44 ^b	1.01±0.45 ^a	1.14±0.48 ^a	1.27±0.49 ^a	1.39±0.49 ^a	2.07±0.37 ^a	2.21±0.31 ^a	2.81±0.25 ^a
Cerebellum	0.88±0.49 ^a	0.91±0.51 ^a	0.93±0.52 ^a	0.98±0.53 ^a	1.02±0.56 ^a	1.06±0.57 ^a	1.11±0.58 ^a	1.44±0.69 ^a	1.50±0.72 ^a	1.79±0.83 ^a
Skull	1.79±0.27 ^a	2.02±0.23 ^b	2.14±0.20 ^b	2.23±0.21 ^b	2.39±0.20 ^b	2.47±0.17 ^b	2.57±0.19 ^b	2.99±0.26 ^a	3.12±0.29 ^a	4.77±1.63 ^a

^aP=0.007, ^bP=0.008. SD, standard deviation; PTV, planning target volume.

survival time was short following relapse. The authors denoted that local recurrence was associated with a high mortality rate and that local disease control was crucial (4).

Reports on angiosarcoma of the scalp and face included a variety of treatments. Several reports demonstrated that the addition of radiotherapy following surgery was the optimal approach to achieving local control and improving survival (4-6). Patel *et al* demonstrated that surgery followed by radiotherapy improved local control in a series of 55 patients (5). Pawlik *et al* also reported that the addition of radiotherapy was a prognostic factor for overall survival, along with age and T stage in an analysis of 29 patients (6); they demonstrated that radiotherapy significantly decreased the mortality risk (hazard ratio=0.16; $P<0.01$) using a multivariate analysis.

As regards other prognostic factors, Abraham *et al* reported that surgical margin negativity was a significant prognostic factor (3), whereas others were not (4-6). Pawlik *et al* employed radiotherapy, although no tumors were detected beyond the surgical margin (6). As for reports from the United States, surgery was the first option and radiotherapy was secondary; whereas in a Japanese study, 42-100% of the patients underwent radiotherapy alone (10-14), in the United States study only 7-39% underwent radiotherapy alone (3-6). Regarding the local control rates, 44-67% was reported by Japanese studies (10,12-14) and it was comparable to 47-52% reported by studies from the United States (5,6,12). These results suggested that surgery may not be required for angiosarcoma of the face and scalp.

In the present study, a dose of ≥ 60 Gy achieved significantly better local control compared with a dose of <60 Gy. Of the 9 patients who underwent brachytherapy of ≥ 60 Gy at the 50% dose (D50%), 3 survived. Hata *et al* also reported results with definitive external radiotherapy for 17 patients (10). All the tumors regressed with radiotherapy; however, 2 patients had a local relapse and 5 relapsed at other sites of the scalp. The authors reported that a dose of 50-60 Gy at 2 Gy per fraction attained local control when the tumor did not invade deeper tissues. Ogawa *et al* reported clinical results from 14 patients treated with definitive radiotherapy: The 10 patients who received a dose of ≥ 70 Gy did not develop local relapse, but 4 patients who received a dose of <70 Gy relapsed. Of the 11 patients treated with surgery followed by radiotherapy, none relapsed with a dose of ≥ 60 Gy, but 2 relapsed when a dose of <60 Gy was administered (12). Based on those results and ours combined, a brachytherapy dose of 60 Gy may be adequate to obtain good local control for angiosarcoma.

Various external radiotherapy techniques have applied homogenous irradiation to the surface of the scalp. Able *et al* reported a technique of six-field electron therapy to the entire scalp (15). Akazawa *et al* introduced a parallel-opposed lateral field method using both photons and electrons (16), which was verified by Tung *et al* (17). Kinard *et al* reported a technique using four-arc photons (18). Those reports were technical, or included only a paucity of clinical data. Ostheimer *et al* described the doses to the target and organs at risk in clinical cases for intensity-modulated radiotherapy for the scalp (19); they reported that the mean and maximum brain doses ranged from 43 to 51% and from 101 to 109%, respectively, compared with the prescribed dose. These doses were higher compared with those in our methods. In external photon therapy, an adequate bolus may be required to increase the

dose to the skin surface due to the build-up phenomenon. In our image-guided brachytherapy method, an adequate dose to the scalp was feasible and the dose to the cerebrum was significantly reduced (Fig. 4).

In this study, 1 patient with cervical lymph node metastasis developed distant metastasis. Other reports also demonstrated that patients with cervical lymph node metastasis are prone to develop distant metastases (10,13). Paclitaxel and doxorubicin have been used in such patients with a curative intent (20). Sasaki *et al* reported that the combination of rIL-2 and radiotherapy led to prolonged survival (14). In our study, recurrent lesions in the forehead were successfully treated by local rIL-2 injections. The evidence base for the regimen of chemotherapy is limited (2); however, adding chemotherapy to radiotherapy may improve local control and survival. The small number of patients in the present study did not allow for clarification of prognostic factors, such as combined chemotherapy, age and tumor size.

A frequent scalp relapse outside the irradiated fields was reported, but a precise recurrence site has not been described (5,10-12). Our study demonstrated that 2 of the 9 patients relapsed on the cutaneous area of the forehead, suggesting that the entire scalp and forehead should be included in the irradiated volume.

In conclusion, brachytherapy of 60 Gy at the GTV covering PTV within the 40-Gy line was an effective and less toxic treatment method for angiosarcoma.

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