



Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus COVID-19. The COVID-19 resource centre is hosted on Elsevier Connect, the company's public news and information website.

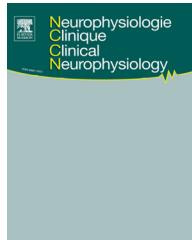
Elsevier hereby grants permission to make all its COVID-19-related research that is available on the COVID-19 resource centre - including this research content - immediately available in PubMed Central and other publicly funded repositories, such as the WHO COVID database with rights for unrestricted research re-use and analyses in any form or by any means with acknowledgement of the original source. These permissions are granted for free by Elsevier for as long as the COVID-19 resource centre remains active.



ELSEVIER

Disponible en ligne sur
ScienceDirect
www.sciencedirect.com

Elsevier Masson France
EM|consulte
www.em-consulte.com/en



ORIGINAL ARTICLE

Electroencephalogram (EEG) in COVID-19: A systematic retrospective study



Ana-Maria Petrescu^a, Delphine Taussig^{a,*}, Viviane Bouilleret^{a,b}

^a Université Paris Saclay-APHP, Unité de Neurophysiologie Clinique et d'Epileptologie (UNCE), Le Kremlin-Bicêtre, France

^b UMR BIOMAPS- CNRS, Université Paris Saclay, Inserm, CEA, 91401 Orsay, France

Received 22 May 2020; accepted 8 June 2020

Available online 25 June 2020

KEYWORDS

Brain;
COVID 19;
Electroencephalogram;
Encephalitis;
Encephalopathy;
Intensive care unit

Summary

Objectives. — Although rare, neurological manifestations in SARS-CoV-2 infection are increasingly being reported. We conducted a retrospective systematic study to describe the electroencephalography (EEG) characteristics in this disease, looking for specific patterns.

Methods. — EEGs performed in patients with positive PCR for SARS-CoV-2 between 25/03/2020 and 06/05/2020 in the University Hospital of Bicêtre were independently reviewed by two experienced neurologists. We used the American Clinical Neurophysiology Society's terminology for the description of abnormal patterns. EEGs were classified into five categories, from normal to critically altered. Interobserver reliability was calculated using Cohen's kappa coefficient. Medical records were reviewed to extract demographics, clinical, imaging and biological data.

Results. — Forty EEGs were reviewed in 36 COVID-19 patients, 18 in intensive care units (ICU) and 22 in medicine units. The main indications were confusion or fluctuating alertness for 23 (57.5%) and delayed awakening after stopping sedation in ICU in six (15%). EEGs were normal to mildly altered in 23 (57.5%) contrary to the 42.5% where EEG alterations were moderate in four (10%), severe in eight (20%) and critical in five (12.5%). Generalized periodic discharges (GPDs), multifocal periodic discharges (MPDs) or rhythmic delta activity (RDA) were found in 13 recordings (32.5%). EEG alterations were not stereotyped or specific. They could be related to an underlying morbid status, except for three ICU patients with unexplained encephalopathic features.

Conclusion. — In this first systematic analysis of COVID-19 patients who underwent EEG, over half of them presented a normal recording pattern. EEG alterations were not different from those encountered in other pathological conditions.

© 2020 Elsevier Masson SAS. All rights reserved.

* Corresponding author. Unité de Neurophysiologie Clinique et d'Épileptologie, Hôpital de Bicêtre, 78, Rue du Général-Leclerc, 94270 Le Kremlin-Bicêtre, France.

E-mail address: delphine.taussig@aphp.fr (D. Taussig).

Introduction

Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) was first considered a respiratory virus. It has recently been highlighted that the virus is responsible for neurological damage, ranging from vague complaints to rare severe impairments including encephalitis. The systematic review of the first six publications described central nervous system symptoms and/or signs in 6% to 25% of patients, mainly headache and confusion [4]. Cases of patients with a clinical presentation compatible with a brain infection but normal CSF analysis were published, including acute necrotizing encephalitis with typical MRI images [8,13,17]. A single patient with clinical and paraclinical features of meningoencephalitis and positive SARS-CoV-2 PCR in the CSF was reported [12]. Electroencephalogram (EEG) has been used in the management of COVID-19 patients but no one knows whether specific alterations can be attributed specifically to SARS-CoV-2. Published EEG data remain scarce [7,8,15]. However, finding EEG arguments for encephalitis would contribute to the diagnosis of neuronal alteration. Thus, through a systematic review of EEGs performed successively in a single university electrophysiology unit during the health crisis, we looked for a specific pattern, which might provide arguments in favor of a SARS-CoV-2-specific brain involvement.

Methods

We systematically reviewed EEGs performed successively by our neurophysiology unit in Bicêtre University Hospital in patients with positive PCR for SARS-CoV-2, from 25/03/2020 to 06/05/2020. EEGs performed during office hours were recorded over 20 min with scalp electrodes placed according to the International 10–20-System, in conformity with French recommendations on EEG [2]. Patients were stimulated by verbal commands, eye opening and, if still no arousals were noted, by sternal rub or nailbed compression. The technicians followed the recommendations of the regional health agency for their protection against SARS-CoV-2 [3].

EEGs were independently reviewed by two senior neurophysiologists and analyzed, with a view to providing homogeneity, using the American Clinical Neurophysiology Society's standardized terminology [9]. For all EEG background activity, antero-posterior gradient, continuity, opening of eyes and stimuli reactivity (defined according to standard criteria as an abrupt shift in frequency of the background activity lasting 3 s or more that may include theta, alpha and/or frequencies greater than 16 Hz but without sleep spindles [1]), slow waves, sporadic triphasic slow waves, spikes, periodic and rhythmic patterns were taken into consideration. For each pattern, the distribution (generalized, lateralized, bilateral independent, multifocal) as well as the prevalence (> 90% continuous, 50–89% abundant, 10–49% frequent, 1–9% occasional and < 1% rare) were analyzed. Based on the findings regarding abnormal patterns, background pattern and reactivity, the EEGs were classified into the following categories: either normal, or one of four increasing pathological classes from A to D.

- Class A: (mildly altered) with slow background activity within a theta frequency, preserved antero-posterior gradient and reactivity, without abnormal patterns;
- Class B (moderately altered): slow background activity within a theta frequency, preserved reactivity and intrusion of sporadic, rare or occasional slow waves of diphasic/triphasic aspect;
- Class C (severely altered): continuous slow background activity, preserved reactivity and presence of abundant periodic or rhythmic patterns;
- Class D (critically altered): discontinuous background or continuous periodic/rhythmic patterns/continuous slow background activity with absent reactivity.

Analyses of the results were compared between reviewers and discordant results were discussed until a consensus was reached. We built a contingency table based upon the initial independent reviews of the two neurophysiologists and calculated Cohen's kappa score using XLSTAT® [6].

For each patient we collected the relevant data from demography and past medical history. We looked at the COVID-19 history, the EEG indication, the clinical and neurological examination at the time of the EEG, as well as the intake of medication interfering with the central nervous system. Finally, we noted the electrolyte and metabolic abnormalities, the cerebrospinal analysis and we reviewed the performed cerebral imaging (computed tomography scanner, CT-scan and/or magnetic resonance imaging, MRI) when present.

Results

Forty-four EEGs were performed in 40 patients. One patient had three EEGs, and two had two EEGs. Four EEGs were excluded from analysis: two brain-death EEGs and two EEGs performed in patients who had positive SARS-CoV-2 PCR but who were asymptomatic for the infection.

The analysis of 40 EEGs (36 patients) was therefore performed. The Kappa score was 0.852 (near-perfect agreement).

We did not identify epileptiform discharges (spike and waves, subclinical or focal seizures, or lateralized periodic discharges) in any of the patients. Four EEGs were normal and 19 belonged to class A, giving a total of 23 subnormal recordings (57.5%). Four were classified as class B (10%), eight as class C (20%), and five as class D (12.5%).

Table 1 summarizes the characteristics of each patient. EEGs were performed in two distinct populations, either in intensive care units (ICU) or in medicine units.

Eighteen patients were recorded in the ICU. They were aged from 43 to 81 years (median 61.8; mean 61.8) including three females. All patients had been admitted for acute respiratory distress syndrome in the preceding days. Nine (50%) had a history of high blood pressure, three (17%) of diabetes mellitus, and three (17%) had no medical history. Eleven (61%) patients had had cerebral imaging. Among the 18 EEGs performed, six (33.5%) were performed due to absence of awakening after stopping sedation, six (33.5%) for confusion or fluctuating alertness, two (11%) for suspicion of epileptic seizures and four (22%) for other reasons.

Table 1 Summary of clinical features, imaging, EEG indication, ongoing treatment and EEG features.

Patient no/sex/age (years)	Place	Relevant associated conditions	Other brain investigations performed	Time from onset (days)	Additional relevant features at time of EEG	EEG indication	Psychoactive drugs at time of EEG	EEG
1/m/47	ICU	No	ND	32	MV	Inadequate emergence of sedation	Dexmedetomidine, oxazepine, haloperidol	Normal
2/m/60	MU	HBP, DM, DCM	MRI: linear gliosis of corpus callosum	28	ARF	Dysexecutive syndrome	No	Normal
3/m/66	MU	HBP, DM, dialysis	MRI: L insular stroke; normal CSF	13	Polypnea	Confusion	No	Normal
4/m/67	MU	HBP, DM	MRI: mild atrophy and leukoaraiosis	2	Fever	Confusion	Doxylamine succinate	Normal
5/f/43	ICU	HBP	Normal CT and CSF; MRI 13 days later: mild leptomeningeal enhancement	30	MV	Delayed awakening	Sedation stopped 4 h before EEG	Class A
6/f/56	ICU	HBP	Normal CT and CSF	1	Cardiogenic shock; ARF	Epileptic seizures?	No	Class A
7/f/57	ICU	SDH evacuated 48 h before	MRI: minimal persistent L parietal SDH	18	VM	Delayed awakening	Sedation stopped 48 h before EEG	Class A
8/m/63	ICU	0	ND	21	Noninvasive MV	Confusion, dysexecutive syndrome	Dexmedetomidine, risperidone	Class A
9/m/64	ICU	HBP, DM, obesity	ND	21	ARF, CIM	Delayed awakening	No for 6 days	Class A
10/m/65	ICU	DM	CT: bi-parietal atrophy and L parietal gyral calcification	28	MV	Delayed awakening and anisocoria	Not available	Class A

Table 1 (Continued)

Patient no/sex/age (years)	Place	Relevant associated conditions	Other brain investigations performed	Time from onset (days)	Additional relevant features at time of EEG	EEG indication	Psychoactive drugs at time of EEG	EEG
11/m/68	ICU	hepatic cirrhosis	ND	21	MV; CRF, hepatic failure	Fluctuating alertness, hepatic encephalopathy	Sedation stopped 6 h before	Class A
12/m/72	ICU	HBP; DM; CRF	CT: cortico-subcortical atrophy + Basal ganglia calcification	30	ARF, CIM	Delayed awakening	Sedation stopped for 3 days	Class A
13/m/58	MU	Severe dementia (Alzheimer's disease?)	ND	1	Polypnea	fluctuating alertness	No	Class A
14/f/64, 2 nd recording	MU	HBP; DM; Renal transplant	MRI: improvement of abnormalities seen at day 14	20	No	Control follow-up after PRES	No	Class A
15/m/67, 1 st recording	MU	Shunted hydrocephalus epilepsy, chronic SDH, multiple(s) strokes, HBP	MRI: multiple ischemic lesions, chronic L SDH, R frontal hypersignal in diffusion; CSF: no meningitis	7	Bradypnea	Fluctuating alertness	Levetiracetam	Class A
15/m/67, 2 nd recording	MU	Idem	Idem	20	No	Fluctuating alertness	Levetiracetam and lacosamide	Class A
16/m/67, 2 nd recording	MU	Malignant schwannoma recently operated, chronic ischemic stroke	CT-scan: Partial resection of the R cerebellopontine angle lesion; R fronto-parietal acute SDH; Stable R occipital ischemic lesion; Ventricular volume stability	39	Adjustment of the valve d draining	Fluctuating alertness	Levetiracetam, clobazam, risperidone	Class A
17/f/73	MU	Mild dementia	MRI: diffuse atrophy	?	No	Confusion	No	Class A

Table 1 (Continued)

Patient no/sex/age (years)	Place	Relevant associated conditions	Other brain investigations performed	Time from onset (days)	Additional relevant features at time of EEG	EEG indication	Psychoactive drugs at time of EEG	EEG
18/f/77	MU	Bipolar disorder	ND	14	No	Fluctuating alertness	Diazepam valproate	Class A
19/m/80	MU	Memory impairment, depression, HBP	CT: cortico-subcortical atrophy	5	Polypnea; oxygen dependence	Confusion	Citalopram bromazepam	Class A
20/m/80	MU	Mixed dementia	CT: atrophy and vascular sequelae	13	Dehydration-related ARF	Fluctuating alertness	Gabapentin paroxetine	Class A
21/m/81	MU	HBP; DM; Alzheimer's dementia; bipolar disorder	MRI: cortico-subcortical atrophy	6 or 12	Bradypnea, ARF	Confusion and fever	Midazolam; Levetiracetam	Class A
22/m/96	MU	HBP; Diffuse atheromatosis	CT: cortico-subcortical atrophy	11	Global acute heart failure	Confusion	Oxazepam	Class A
23/m/49	ICU	HBP	ND	33	MV; ARDS	Bilateral segmental myoclonus	Ongoing sedation	Class B: sporadic, non periodic diphasic slow waves
24/m/68	ICU	HBP; Parkinson's disease	MRI multiple ischemic and hemorrhagic lesions. Probable septic lesions related to endocarditis	10	CIM	Mild confusion	No	Class B: sporadic occasional bioccipital, diphasic slow waves
25/m/88	MU	Dementia	ND	10	ARF; Septicemia mild hepatic cytolysis	Fluctuating alertness	Midazolam, morphine	Class B: sporadic, occasional diphasic slow waves
26/m/97	MU	HBP; CRF; dementia	CT: cortico-subcortical atrophy	10	Global acute heart failure	Confusion	Escitalopram	Class B: sporadic, rare triphasic slow waves

Table 1 (Continued)

Patient no/sex/age (years)	Place	Relevant associated conditions	Other brain investigations performed	Time from onset (days)	Additional relevant features at time of EEG	EEG indication	Syntoactive drugs at time of EEG	EEG
27/m/59	ICU	HBP	CT-scan: normal	30	MV; ARDS	Unreactive mydriasis	Sedation ongoing	Class C: abundant RDA frontal predominant, preserved reactivity
28/m/59	ICU	HBP	CT: normal	36	MV; ARDS; sepsis	Delayed awakening Intermittent nystagmus	Sedation stopped 6 days before	Class C: abundant Si GPDs + RDA, preserved reactivity
29/m/81	ICU	Subacute myositis	MRI cortico-subcortical atrophy	31	ARF	Delayed awakening	Sedation stopped 48 h before	Class C: abundant stimulus-induced GPDs + RDA, preserved reactivity
16/m/67, 1 st recording	ICU	Malignant schwannoma recently operated and chronic ischemic stroke	CT: stable	17	Bronchial congestion	Fluctuating alertness	Alprazolam, hydroxyzine, risperidone	Class C: abundant stimulus-induced GPDs + RDA, preserved reactivity
16/m/67, 3 rd recording	MU	Idem	Idem	45		Fluctuating alertness	Levetiracetam, clobazam, risperidone	Class C: abundant RDA, preserved reactivity
14/f/64, 1 st recording	MU	HBP; DM; Renal transplant	MRI: multiple(s) hyper intense lesions in FLAIR sequences	14	Aphasia, Oxygen dependence	Focal seizure	No	Class C: frequent RDA
30/f/84	MU	Dementia	ND	11		Abnormal movements of R inferior member	Morphine	Class C: multifocal PDs, preserved reactivity
31/f/94	MU	Alzheimer's disease, HBP	ND	18	Global acute heart failure	Fluctuating alertness; erratic movements of limbs	No	Class C: multifocal PDs, preserved reactivity

Table 1 (Continued)

Patient no/sex/age (years)	Place	Relevant associated conditions	Other brain investigations performed	Time from onset (days)	Additional relevant features at time of EEG	EEG indication	Psychoactive drugs at time of EEG	EEG
32/m/72	ICU	Anti-MAG Neuropathy immunosuppressive therapy	ND	72	MV; Septic shock; ARF	Evaluation after cardiac arrest	Ongoing sedation	Class D: continuous GPDs, discontinuous unreactive background activity
33/m/59	ICU	Sleep apnea, untreated	ND	28	MV; ARDS	R then L nystagmus	Ongoing sedation	Class D: continuous RDA, discontinuous unreactive background activity
34/m/64	ICU	Hepatic cirrhosis, HBP, DM	CT: leukoaraiosis	6	MV; ARDS	Epileptic seizures	Ongoing sedation	Class D: discontinuous unreactive background activity
35/f/82	MU	Mixed dementia, HBP	CT: cortico-subcortical atrophy, small R parietal meningioma	11	Bradypnea	Fluctuating alertness	Mianserin, risperidone stopped for 24 h	Class D: continuous GPDs, discontinuous background, only stimulus-induced reactivity
36/f/84	MU	Alzheimer's disease	CT: cortico-subcortical atrophy	14	No	Fluctuating alertness	Levetiracetam, oxazepam	Class D: continuous GPDs, preserved reactivity

ICU: intensive care unit; MU: medical unit; ND: not done; CT: cerebral tomographic scan; MRI: magnetic resonance imagery; HBP: high blood pressure; DM: diabetes mellitus; DCM: dilatative cardiomyopathy; SDH: subdural hematoma; MV: mechanically ventilated; CRF: chronic renal failure; ARF: acute renal failure; ARDS: acute respiratory distress syndrome; CIM: critical illness myopathy; GPD: generalized periodic discharge; RDA: rhythmic delta activity; R: right; L: left.

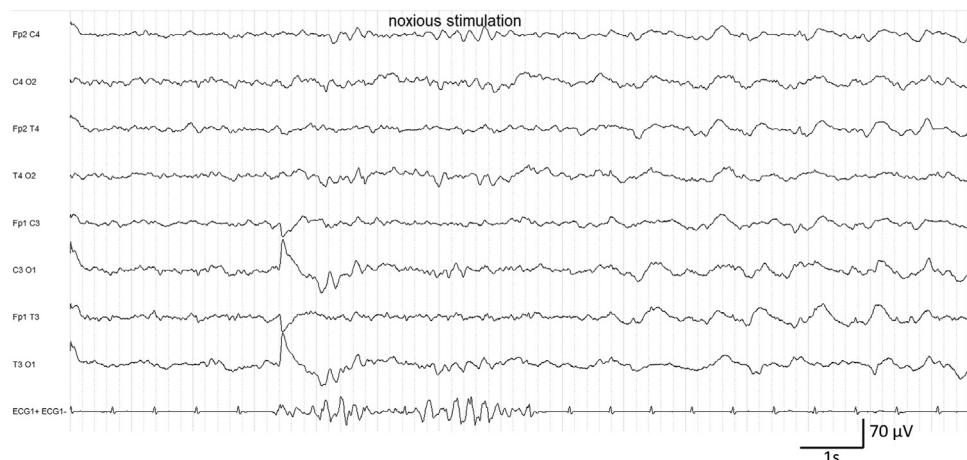


Figure 1 Patient #29. EEG class C. Slowing of the posterior rhythm in the theta range and generalized periodic discharges + stimulus-induced rhythmic delta activity.

One (5.5%) EEG was normal, eight (44.5%) belonged to class A, two (11%) to class B, four (22%) to class C and three (17%) to class D. All in all, nine (50%) were normal or mildly altered and seven (39%) severely to critically altered.

In class C, two patients evaluated for delayed awakening after more than 48 hours without anesthetic medication presented abundant stimulus-induced generalized periodic discharges and rhythmic delta activity (Fig. 1). Both had been mechanically ventilated for more than 20 days and had associated severe sepsis and severe critical illness neuropathy. For one of them (59 years of age) the CT-scan was normal and for the other (81 years of age), the MRI showed cortico-subcortical atrophy. Additionally, stimulus-induced generalized rhythmic delta activity was identified in one patient presenting a recently operated right pontocerebellar malignant schwannoma. Finally, an aspect of frontal predominant rhythmic delta activity (RDA) was identified in a patient with ongoing anesthetics during the recording.

In class D, all three patients were recorded under anesthetic medication. All of them had been mechanically ventilated for more than 20 days and had associated multiple organ dysfunctions. Two of them presented discontinuous, unreactive background activity, with superimposed continuous generalized periodic discharges in one patient, evaluated after recent cardiac arrest, and rhythmic delta activity in the other who had an intermittent nystagmus (Fig. 2). The third one, evaluated for a suspicion of seizures, presented discontinuous, unreactive background activity without abnormal patterns.

The other 18 patients were recorded in the medicine unit, aged from 60 to 97 years (median 78.5; mean 76.45) including seven females. Ten (55%) had a history of high blood pressure, six (33%) of diabetes mellitus, ten (55%) of dementia, and four (22%) of chronic renal insufficiency. Fourteen (77%) patients had cerebral imaging performed. Twenty-two EEGs were performed with the following indications: confusion or fluctuation of alertness (17; 77%), suspicion of epileptic seizures (3; 14%) or other reasons (2; 9%). Among these recordings, three (14%) were normal, 13 were mildly/moderately affected with 11 (50%) in class A

and two (9%) in class B. Conversely, six (27%) were severely pathological with four (18%) in class C and two (9%) in class D.

Two patients from class C presented fluctuating multifocal periodic activity (MPD), both with severe dementia (Fig. 3). In the same class, one patient with posterior reversible encephalopathy syndrome (PRES) presented a moderate slowing of background activity interspersed with generalized RDA appearing spontaneously and on eye closure. For this patient, the follow-up EEG performed six days later was classified as mildly affected (Class A). The fourth patient previously recorded in the ICU (malignant schwannoma) presented the aspect of stimulus-induced generalized RDA already described, despite respiratory improvement.

In class D, two patients had continuous generalized periodic discharges (Fig. 4), including one with associated discontinuous background activity. Severe dementia was the associated medical condition for both and the CT-scans showed severe cortico-subcortical atrophy.

In other words, considering the distribution of associated pathological conditions (neurological, general or acute respiratory distress syndrome with mechanical ventilation) in each EEG class (Fig. 5), normal and mildly altered EEGs were found only in patients without any associated pathological conditions, as might be expected. Interestingly, mildly altered EEGs (class A) were recorded in patients with or without an associated pathology. Most of the pathological EEGs (classes B, C, D) were associated with relevant medical features. EEG patterns of the five patients with isolated COVID-19-related acute respiratory distress syndrome were found spread through all five classes (patients #1, #5, #23, #27, #33). All were mechanically ventilated for more than two weeks. Two had a normal or mildly altered EEG and three a pathological one (classes B, C, D). None of these three patients had cerebrospinal fluid analysis and a CT was only performed in patient #27, with no abnormalities found.

Discussion

Neurological manifestations have been reported in COVID-19 but the existence of a specific virus-related encephalitis

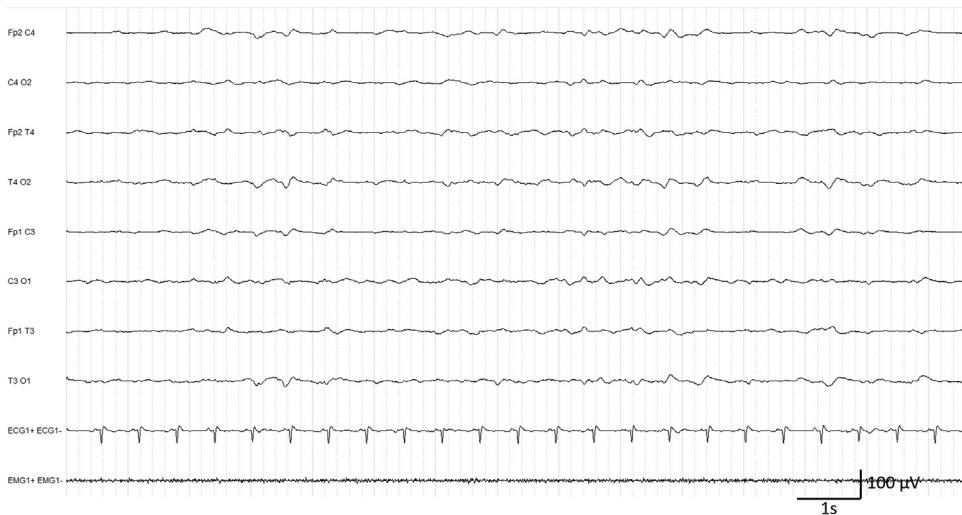


Figure 2 Patient #33. EEG class D. Discontinuous background activity with generalized rhythmic delta activity.

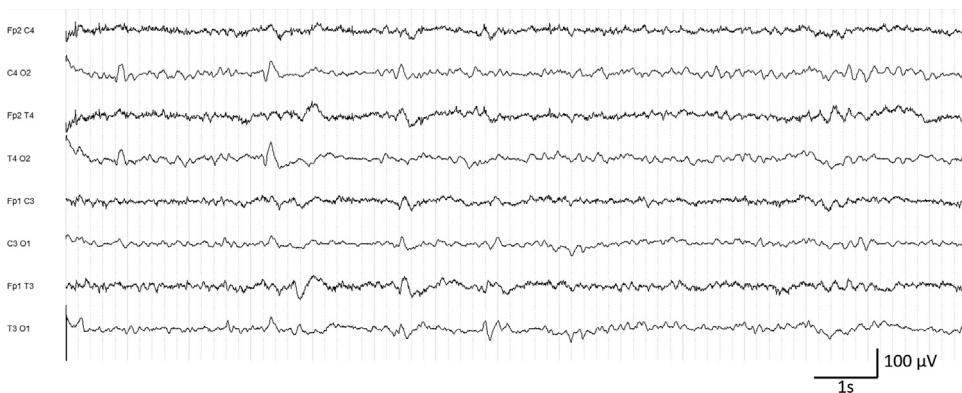


Figure 3 Patient #31. EEG class C. Slowing of the posterior rhythm in the theta range and multifocal periodic discharges.

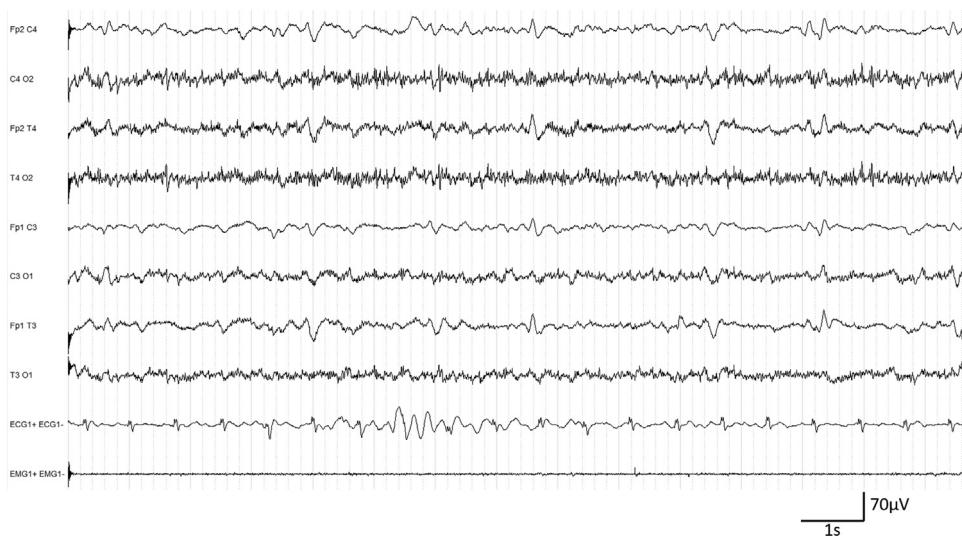


Figure 4 Patient #36. EEG class D. Diffuse theta-delta slowing and continuous generalized periodic discharges.

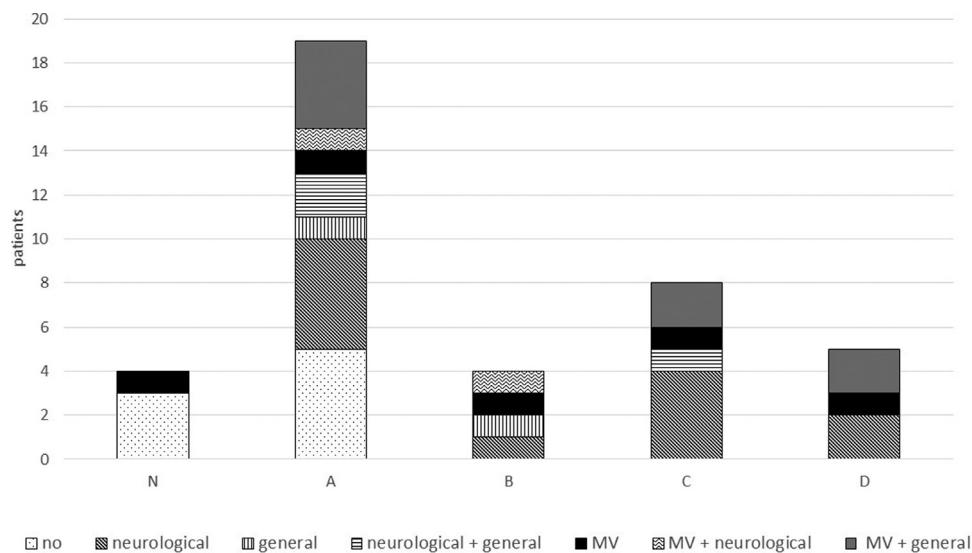


Figure 5 Distribution of pathological conditions between EEG classes. Neurological: acute and severe chronic neurological diseases. General: organ failure or multiple organ dysfunctions. MV: acute respiratory distress syndrome with mechanical ventilation.

is still a matter of debate [4,8,17]. Here, we performed the first systematic EEG study during the SARS-CoV-2 pandemic. Although no specific EEG pattern could be clearly identified, various abnormalities were found, mostly related to the previous pathological situation except in three patients.

We performed a retrospective analysis of EEGs successively recorded in 36 COVID-19 patients by a neurophysiology unit from a university hospital over six weeks during the pandemic health crisis. Each EEG had a clear clinical indication, mostly confusion or fluctuating alertness (23 patients; 57.5%) or delayed awakening after stopping of sedation (6 patients; 15%).

We followed a strict methodology for reviewing the EEGs. We adopted the standardized terminology of the American Clinical Neurophysiology Society. Two experienced senior neurophysiologists reviewed and quoted the recordings separately, then compared their results and reached a consensus for discordant results. The Kappa score showed a near-perfect agreement, highlighting the robustness of the terminology. They also reviewed the medical charts just as rigorously. Considering that all patients were hospitalized in the same university hospital, the data were fully available for all patients, enabling us to precisely collect comorbidities, medical conditions, brain imaging and drug administration at the time of the EEG.

We found 57.5% of the EEGs to be normal or mildly altered, 22.5% in ICUs and 35% in medicine units. Among the others, 10% belonged to class B and 32.5% of the EEGs were severely to critically altered (classes C and D) (17.5% in ICUs and 15% in medicine units). No lateralized periodic discharges suggestive of encephalitis or epileptiform discharges (spike and waves), or subclinical and focal seizures were recorded. The abnormalities were sporadic triphasic waves, multifocal or generalized periodic discharges, and rhythmic delta activity. Such triphasic sporadic waves have already been described by Sutter et al. in patients with both structural brain abnormalities and metabolic dysfunctions and were reportedly due to the association of those two pathological conditions [16]. Similarly, multifocal periodic

discharges have been reported in a large field of diseases, such as vascular, infectious or other focal cerebral lesions, but also in severe dementia, as well as in metabolic disorders [5,11]. We also found patients with generalized periodic discharges, which are more rarely described than other aspects but appear to have the same significance. Lastly, six patients had rhythmic delta activity, including a patient with PRES in whom follow-up EEG showed recovery. Multiple etiologies can produce rhythmic delta activity, with no specificity, including metabolic, toxic, hypoxic, or various diffuse or focal intracranial diseases including PRES [10].

In three out of the 17 clearly pathological EEGs (one in class B, one in class C and one in class D), no associated comorbidities other than acute respiratory distress syndrome were found. Moreover, the recordings were performed under sedation over a period of more than three weeks, which can influence EEG activity [14]. Encephalitis could not be excluded with certainty in those three patients, knowing that two patients with the same medical conditions had a normal or mildly altered EEG. We have, however, no other arguments for encephalitis, as none of the patients indeed had MRI or cerebrospinal fluid analysis performed at the time of the EEG.

None of our patients had lesions suggestive of encephalitis on MRI, but in the literature, cases of SARS-CoV-2 encephalitis were reported. Poyiadji et al. described acute necrotizing encephalitis related to a cytokine storm syndrome in which no EEG was performed [13]. Other cases of meningitis/encephalitis associated with SARS-CoV-2 were also published without any EEG description, in particular a single case with SARS-CoV-2 positivity in CSF [17],[12]. To date, EEG data have been reported in only a few publications. Filatov et al. described a patient harboring clinical features of encephalopathy with normal CSF [7]. Diffuse slowing associated with left temporal sharp contoured waves were seen on EEG. A previous extensive left temporal stroke makes its interpretation questionable. In the eight EEGs from COVID-19 patients reported by Helms et al. in the ICU, none had specific changes [8]. Similarly, 20 EEGs performed

in COVID-19 patients with altered mental status display only diffuse theta and delta slowing [15].

Our study has limitations, due to the relatively small number of studied EEGs, its retrospective nature and the lack of longitudinal follow-up except for three patients. However, a systematic prospective EEG study in COVID-19 patients has not been performed for ethical reasons (infection risk), and in the absence of convincing results in the ongoing literature or in our own first experience.

In summary, pathological EEGs recorded did not find specific stereotyped patterns in COVID-19 patients. The abnormal patterns were not different from those encountered in other brain pathologies or critically ill patients. The role of the SARS-CoV-2 virus in central nervous system involvement is still unclear, and brain dysfunction in infected patients is probably diverse and multifactorial.

Disclosure of interest

The authors declare that they have no competing interest.

Acknowledgments

We are indebted to the EEG technologists. We thank Mrs. Aisha Yu, native English speaker, for careful revisions of the language.

References

- [1] American Sleep Disorders Association. EEG arousals: scoring rules and examples: a preliminary report from the Sleep Disorders Atlas Task Force of the American Sleep Disorders Association. *Sleep* 1992;15:173–84.
- [2] André-Obadia N, Lamblin M, Sauleau P. French recommendations on electroencephalography. *Neurophysiol Clin* 2015;45:1–17.
- [3] ARS. Recommandations régionales COVID 19 : Prise en charge en Neurologie; 2020. https://www.sf-neuro.org/sites/www.sf-neuro.org/files/medias/sfn/recommandations-regionales-covid_19-doctrine.neurologie13.pdf; [accessed 22.03.2020].
- [4] Asadi-Pooya A, Simani L. Central nervous system manifestations of COVID-19: a systematic review. *J Neurol Sci* 2020, <http://dx.doi.org/10.1016/j.jns.2020.116832>.
- [5] Chong D, Hirsch L. Which EEG patterns warrant treatment in the critically ill? Reviewing the evidence for treatment of periodic epileptiform discharges and related patterns. *J Clin Neurophysiol* 2005;22:79–91.
- [6] Cohen J. A coefficient of agreement for nominal scales. *Educ Psychol Meas* 1960;20:37–46.
- [7] Filatov A, Sharma P, Hindi F, Espinosa P. Neurological complications of Coronavirus Disease (COVID-19): encephalopathy. *Cureus* 2020;12:e7352.
- [8] Helms J, Kremer S, Merdji H, Clere-Jehl R, Schenck M, Kummerlen C, et al. Neurologic features in severe SARS-CoV-2 infection. *N Engl J Med* 2020;382:2268–70.
- [9] Hirsch L, LaRoche S, Gaspard N, Gerard E, Svoronos A, Herman S, et al. American Clinical Neurophysiology Society's Standardized Critical Care EEG Terminology: 2012 version. *J Clin Neurophysiol* 2013;30:1–27.
- [10] Kastrup O, Gervig M, Frings M, Diener H. Posterior reversible encephalopathy syndrome (PRES): electroencephalographic findings and seizure patterns. *J Neurol* 2012;259:1383–9.
- [11] Lawn N, Westmoreland B, Sharbrough F. Multifocal periodic lateralized epileptiform discharges (PLEDs): EEG features and clinical correlations. *Clin Neurophysiol* 2000;111:2125–9.
- [12] Moriguchi T, Harri N, Goto J, Harada D, Sugawara H, Takamino J, et al. A first case of meningitis/encephalitis associated with SARS-CoV-2. *Int J Infect Dis* 2020;94:55–8.
- [13] Poyiadji N, Shahin G, Noujaim D, Stone M, Patel S, Griffith B. COVID-19-associated acute hemorrhagic necrotizing encephalopathy: CT and MRI features. *Radiology* 2020, <http://dx.doi.org/10.1148/radiol.2020201187>.
- [14] Sessler C, Grap M, Ramsay M. Evaluating and monitoring analgesia and sedation in the intensive care unit. *Crit Care* 2008;12(Suppl. 3):S2.
- [15] Sethi N. EEG during the COVID-19 pandemic: what remains the same and what is different. *Clin Neurophysiol* 2020;131:1462.
- [16] Sutter R, Stevens R, Kaplan P. Significance of triphasic waves in patients with acute encephalopathy: a nine-year cohort study. *Clin Neurophysiol* 2013;124:1952–8.
- [17] Werner C, Scullen T, Mathkour M, Zeoli T, Beighley A, Kilgore M, et al. Neurological Impact of Coronavirus Disease (COVID-19): practical considerations for the Neuroscience Community. *World Neurosurg* 2020;139:344–54.