

Incidence of Down syndrome: Hypotheses and reality

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The chromosomal basis of Down syndrome (DS), trisomy 21, has been recognized for half a century^[1] and various hypotheses such as gamete aging, production line hypothesis, overripe oocytes, chiasma hormonal hypothesis, altered embryonic selection, and limited oocyte pool were proposed to understand the mechanism of non-disjunction of chromosome 21.^[2,3] The parental age, in particular, maternal age, has been thought as an important factor for DS occurrence. Advanced maternal age, first proposed by Penrose^[4] in 1933 as an etiological factor for DS, is still strongly associated with DS births. Cytogenetic studies on DS children from all over the world unambiguously reported pure trisomy 21 in majority of the DS cases, which indicates non-disjunction of chromosome 21 in one of the parents during gametogenesis. In this issue, El-Gilany and colleagues^[5] have reported the cytogenetic data of a large number (712) of DS children. The authors have shown the advanced mean maternal age (36.8 years) in their study group. Though a high frequency of DS children is born to young mothers, the hospital-based studies clearly indicate the increased incidence in mothers of advanced age group. Many researchers have attempted to study the parental origin of extra chromosome 21 using chromosome 21 specific markers and all the reports in

the literature show that approximately 90% of meiotic errors are maternal. The investigators started looking into the maternal factors in the birth of DS children. A number of hypotheses center on the general aspects of ovarian function such as maternal age related changes associated with oocyte pool size or hormone function. These general hypotheses stimulated researchers to seek the underlying mechanisms by assessing specific oocyte components for their vulnerability to maternal aging, including mitochondria, the spindle apparatus, and sister cohesion protein complexes.^[6] Others have investigated indicators of oocyte pool size such as hormone profiles or antral follicle counts to determine if a woman who has had a non-disjunction also has smaller oocyte reserves than controls.^[7] The maternal age dependent chromosome non-disjunction has led investigators to examine the effect of grandmaternal age.^[8] The most commonly proposed mechanism for a grandmaternal age effect involves non-disjunction in grandmaternal oocytes resulting in mosaic embryo (mother) with the capability of producing trisomy child, hence undetected mosaicism may be one of the factors for DS at birth.

Recent observations suggesting a relationship between trisomy 21 and maternal polymorphisms in the genes of folate and homocysteine metabolism have generated considerable interest. It was proposed that the altered methylation patterns resulting from abnormal folate metabolism may increase DNA hypomethylation in centromeric and pericentromeric regions, thus increasing the risk of chromosome non-disjunction. This effect indicated that maternal polymorphisms in enzymes involved in this metabolic path way may represent a

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risk factor for DS. *In vivo* and *in vitro* folate deficiency has been associated with DNA hypomethylation, DNA strand break, and abnormal or impaired chromosome segregation. Methylene tetrahydrofolate reductase (MTHFR) is one of the most important enzymes in folate/homocysteine metabolism. It is responsible for the conversion of 5,10-methylene tetrahydrofolate to 5-methyl tetrahydrofolate through the conversion of homocysteine to methionine for nucleotide synthesis. C677T and A1298C polymorphisms in this *MTHFR* gene affect this pathway by reducing the enzyme activity. Case-control studies have investigated the effect of folate pathway polymorphisms as possible risk factors for DS. Some of these studies reported an association between MTHFR polymorphisms and trisomy 21, whereas others could not find any association. Epidemiologic studies have shown that the use of periconceptional vitamin supplementation with folic acid decreases the risk of congenital heart disease in offspring, but the mechanisms involved in this protective effect of folic acid are not yet known.^[9]

The environmental factors also believed to play an important role in non-disjunction of chromosome 21. Sperling and his group^[10] carried out a study in Europe after the Chernobyl reactor accident and reported the increased incidence of DS births in low-dose irradiation exposed regions. More recently, a study conducted by Ghosh *et al.*,^[11] from India showed that chewing tobacco and using contraceptive pill play a role as risk factors of DS.

In reality, few published and our unpublished data report that a high frequency of DS birth occurs in mothers of younger age group (mean age 26 years),^[12] which indicates fall in mean maternal age and this fall has been thought to be a consequence of environmental pollution. A change in the economic condition and needs of life confront with nutrition, health, and hygiene and show their effect on the future progeny. The triple marker test can be used to screen all the pregnancies and it has limitations and it indicates age-related risk of DS. Though prenatal diagnosis can prevent DS, there is a need to monitor pregnancies through folic acid supplementation in mothers. The paternal factors are less focused at in the birth of DS, but occupational exposure and habits need to be studied for a better understanding of the origin of

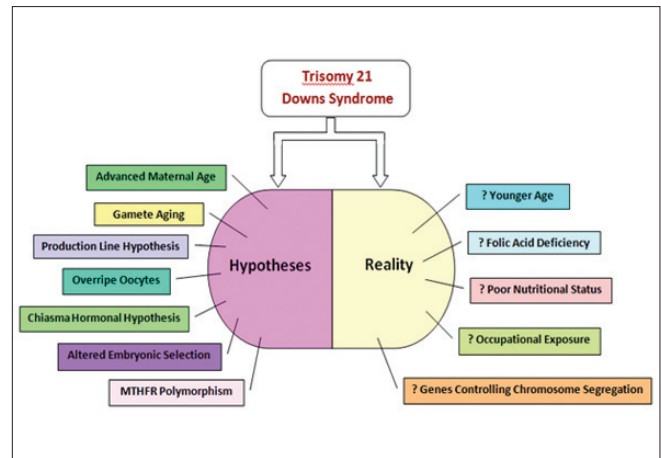


Figure 1: The factors associated with the non-disjunction of chromosome 21 in DS children

trisomy 21. Though various hypotheses and presumed factors [Figure 1] are associated with the incidence of birth of trisomy 21 children, the search of the gene controlling chromosomal segregation is yet to add to the understanding of non-disjunction of chromosome 21 in DS children.

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