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# Plasma-derived exosomal long noncoding RNAs of pancreatic cancer patients as novel blood-based biomarkers of disease

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## Abstract

**Background** Pancreatic cancer (PaCa) is one of the most intractable and fatal malignancies and is associated with the dysregulation of long noncoding RNAs (lncRNAs), which are a large class of noncoding RNAs larger than 200 nt that act as competing endogenous RNAs or sponges for miRNAs to induce tumour biological behaviours. However, their clinical value in treating pancreatic cancer has been poorly explained, but they are essential for improving the prognosis of PaCa patients.

**Methods** We analysed the plasma-derived exosomal lncRNA profiles of PaCa patients by using whole-transcriptome sequencing analysis and identified significantly differentially expressed lncRNAs, including LINC01268, LINC02802, AC124854.1, and AL132657.1. In the current study, the expression levels of four plasma-derived exosomal lncRNAs in PaCa plasma were validated via quantitative real-time polymerase chain reaction (qRT-PCR). The relationship between the expression of the four lncRNAs and the clinicopathological features of patients with PaCa was also evaluated.

**Results** We demonstrated that exosomal LINC01268, LINC02802, AC124854.1 and AL132657.1 were highly expressed in PaCa plasma compared with those in normal controls; moreover, they were positively correlated with the serum expression of carbohydrate antigen 19–9 (CA19-9). The receiver operating characteristic curves (AUCs) of the four lncRNAs were 0.8421, 0.6544, 0.7190, and 0.6321, and the AUC value of the combination of the four exosomal lncRNAs increased to 0.8476, with a sensitivity of 0.72 and specificity of 0.89. These results suggested that the plasma-derived exosomal genes LINC01268, LINC02802, AC124854.1, and AL132657.1 may be novel diagnostic markers for PaCa.

**Conclusions** Our research demonstrated that the plasma-derived exosomal lncRNAs of PaCa patients are novel blood-based biomarkers of disease.

**Keywords** Biomarker, Diagnosis, Exosome, Long noncoding RNA, Pancreatic cancer

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## Introduction

Pancreatic cancer (PaCa) is one of the most intractable and fatal malignancies and has high morbidity and mortality, as well as a low 5-year survival rate of approximately 10% worldwide [1]. Fewer than 20% of patients can undergo curative resection because they are diagnosed at an early stage, and most PaCa patients have cancer spread by metastasis [2] because effective biomarkers have not yet been determined for the early detection of PaCa. The diagnosis of PaCa relies mainly on the level of carbohydrate antigen (CA 19–9 and CA125), as well as the results of pancreatic imaging and histopathological findings in surgical specimens [3, 4]. Ki-67 is used to detect PaCa tissue samples after puncture or surgery via immunohistochemistry and is an important indicator of whether a tumour is benign or malignant; moreover, a Ki-67 index < 10% indicates a benign tumour [5]. CA 19–9 and CA125 are tumour biomarkers in serum that are used for the diagnosis and postoperative monitoring of PaCa [6]. CA 19–9 is a cell surface glycoprotein complex, and the clinical normal reference value of CA19-9 is 0–37.0 U/mL, which is helpful for the diagnosis and prognosis of PaCa [7]. CA 125 is also a type of cell surface glycoprotein, and the clinical normal reference value range of CA125 is 0–35.0 U/mL. CA125 was investigated to be predictive of surgical resectability in two studies, with cut-off values ranging between 34 and 35 U/ml [8]. The levels of CA19-9 and CA125 in patients' venous blood serum can be determined by using the Beckman Dxi800 automatic chemiluminescence method; however, they have insufficient diagnostic specificity and sensitivity for PaCa. Therefore, novel biomarkers with high accuracy are needed to improve clinical decision-making related to PaCa.

Noncoding RNAs (ncRNAs) function as diagnostic and prognostic markers in PaCa [3, 4]. For example, microRNAs (miRNAs), which are ncRNAs with a length of 19–25 nucleotides, have the potential to serve as blood-based markers for PaCa diagnosis and prognosis [3] and to discriminate low-grade benign lesions from high-grade invasive lesions in pancreatic cystic fluid [4]. Long noncoding RNAs (lncRNAs) are ncRNAs with a length of more than 200 nucleotides (nt) that lack protein-coding ability [9, 10] and are involved in the regulation of gene expression at the transcriptional and posttranscriptional levels [10, 11]. Dysfunctional lncRNAs play important roles in determining cell fate and disease occurrence [12] in many cancers, including breast [13], lung [14], colorectal [15], liver [16], and pancreatic cancer [17, 18].

Previous studies have shown that lncRNAs can be key regulators of PaCa tumorigenesis [19] and that the regulation of the epithelial–mesenchymal transition pathway in PaCa cells is a promising biomarker for

tumour metastasis [20]. Moreover, lncRNAs may serve as potential markers for the early detection, screening, and prognostic monitoring of PaCa. For example, exosomal LINC01111 in plasma was positively correlated with overall survival but negatively correlated with TNM stage in PaCa patients [21]. LINC01638 and ABHD11-AS1 are highly expressed in the plasma of PaCa patients and distinguish patients with pancreatic ductal adenocarcinoma (PDAC) from healthy controls [22, 23], and ABHD11-AS1 is more effective when combined with CA19-9 than when combined with ABHD11-AS1 alone [23], which shows the best diagnostic performance for PaCa.

Four lncRNAs, including LINC01268, AC245595.1 (LINC02802), AC124854.1, and AL132657.1 (according to whole-transcriptome sequencing of the plasma-derived exosomal lncRNAs in patients with PaCa) are upregulated in PaCa tissues compared to normal tissues [24]. To further explore the potential of plasma lncRNAs as tumour markers in PaCa, we verified the expression levels of LINC01268, LINC02802, AC124854.1, and AL132657.1 in the plasma of PaCa patients and healthy controls by using quantitative real-time polymerase chain reaction (qRT–PCR) analysis, which identified these lncRNAs as being novel candidate biomarkers for the diagnosis and prognosis of PaCa.

## Materials and methods

### Study population and blood samples

All of the peripheral blood from healthy controls and preoperative and postoperative patients with PaCa was collected at Shanghai Jiaotong University School of Medicine Xinhua Hospital (Shanghai, China) and Huashan Hospital of Fudan University (Shanghai, China) between 2020 and 2023. Patients with pancreatic cancer were eligible for this study if they had a pathological diagnosis of pancreatic ductal adenocarcinoma and had not undergone any treatment before surgery. The blood was stored in sodium heparin tubes (BD Vacutainer) and centrifuged at 2,000×g for 10 min at 4 °C within 2 h. The separated plasma was subpackaged into new tubes and stored at -80 °C. All of the study subjects provided written informed consent for the collection of blood samples in accordance with the protocol approved by the Ethics Committees of Shanghai Public Health Clinical Center (No: 2020-S027-02).

### Identification of exosomes from plasma using transmission electron microscopy

Exosomes or other extracellular vesicles (EVs) were isolated from plasma by a novel spin column-based method as described previously [25]. Briefly, 1 mL of prefiltered (0.8 µm) plasma from patients was mixed with 2×binding buffer (XBP) and added to an exoEasy membrane

affinity rotation column (QIAGEN, Cat. 77,044). After centrifugation, the flow-through was discarded, and the column was washed with 3.5 mL of wash buffer (XWP). After another centrifugation, the column was eluted with 100  $\mu$ L of buffer in PBS, and the exosomes or EVs were collected with a 100 kDa pore size ultrafilter (Cat. VS0142, Sartorius). Finally, 10  $\mu$ L of exosome suspension solution was dropped onto a copper grid for fixation with 3% glutaraldehyde solution for 30 min, followed by the addition of 4% acetic acid oxygen dye solution and 1% methylcellulose solution for observation of the ultrastructure of the exosomes under transmission electron microscopy (TEM) (Philips CM-120, Holland).

#### Western blot analysis

Total proteins were extracted from the exosomes or cells using RIPA lysis buffer supplemented with proteinase and phosphatase inhibitors (Sangon, Shanghai, China). Twenty micrograms of protein were loaded and separated by SDS-PAGE. After the separated proteins were transferred to nitrocellulose filter membranes (PALL, USA) and blocked with 5% nonfat milk, the membranes were incubated with primary antibodies, including rabbit anti-CD63 (Cat. D264579, Sangon Biotech), rabbit anti-CD9 (Cat. D290251, Sangon Biotech), and rabbit anti-Calnexin (Cat. D262986, Sangon Biotech), overnight at 4 °C. Subsequently, the membranes were washed with PBST and then incubated with secondary antibodies (Sangon, Shanghai, China) for 1.5 h. Finally, enhanced chemiluminescence (ECL) reagent (Beyotime, Shanghai, China) was used to visualize the protein bands.

#### Plasma-derived exosomal RNA purification and RNA sequencing

Plasma-derived exosomal RNA was extracted with TRIzol reagent (Life Technologies) and an exoRNAeasy Serum/Plasma Midi Kit (QIAGEN, Cat. 77,044) according to the manufacturer's instructions [26]. The concentration of each RNA sample was quantified by using a NanoDrop-2000 (Thermo Scientific). RNA sequencing of five PDAC cancer plasma samples and five control samples and follow-up bioinformatics analysis were performed by Cloud-Seq Biotech (Shanghai, China). The short reads were aligned to the reference genome (hg38 from Ensembl 84) by using the HISAT program, and the differentially expressed lncRNAs between PaCa and normal control plasma were identified via FC (fold change)  $\geq 2.0$  and  $p < 0.05$ .

#### Quantitative real-time PCR analysis of plasma-derived exosomal lncRNAs

Reverse transcription of each sample was conducted by using the PrimeScript<sup>TM</sup> RT Reagent Kit with gDNA

Eraser (TaKaRa, Cat. RR047A), and qRT-PCR analysis was performed by using TB Green<sup>®</sup> Premix Ex Taq<sup>TM</sup> II (TaKaRa, Cat. RR820A) in a Roche LightCycler<sup>®</sup> 480 II System according to the manufacturer's instructions with several modifications. The plasma RNA was incubated with the RT mixture at 37 °C for 2 h and 85 °C for 5 s to synthesize cDNA after being treated with gDNA eraser at 42 °C for 8 min. Afterwards, 40  $\mu$ L of water was added to 20  $\mu$ L of reverse transcription (RT) reaction, and 4  $\mu$ L of the diluted RT product was mixed with 5  $\mu$ L of SYBR Green, 0.5  $\mu$ L of forwards primer (10  $\mu$ M), and 0.5  $\mu$ L of reverse primer (10  $\mu$ M) in a final volume of 10  $\mu$ L. The reaction mixture was kept at 95 °C for 1 min, 95 °C for 5 s, and 60 °C for 30 s for a total of 45 cycles. The relative expression of the lncRNAs was calculated by using the  $2^{-\Delta\Delta CT}$  method with normalization to 18S rRNA. The values are presented as the means  $\pm$  SDs from three independent reactions, and the primers used for qRT-PCR are shown in Table S1.

#### Statistical analysis

All of the statistical analyses were performed with SPSS 26.0 (IBM, Endicott, NY, USA) and GraphPad Prism 8.0 (GraphPad Software, San Diego, CA, USA). Student's t test was performed to test for significant differences between individual groups for quantitative data. One-way ANOVA was used to compare the differential expression of the four lncRNAs between healthy controls and between preoperative and postoperative PaCa patients. Spearman correlation analysis was used to evaluate the correlation coefficient ( $r$ ) between four lncRNAs and clinical characteristics and the correlation coefficient of four lncRNAs between plasma and tumour tissues of PaCa patients. We constructed a receiver operating characteristic (ROC) curve and calculated the area under the curve (AUC) to evaluate the predictive values of each individual lncRNA and the combination of the four lncRNAs for the patients and controls. A  $P$  value  $< 0.05$  was considered to indicate statistical significance.

## Results

#### Patient characteristics

Among the 148 patients enrolled in the study, 70 were normal controls, and 78 were diagnosed with PaCa. The clinical features of these patients at diagnosis, including age, sex, and disease stage, were retrospectively collected and are summarized in Table S2. Among the 78 patients with PaCa, univariate analysis via SPSS showed that the tumour stage did not differ according to age, sex, tumour diameter, or Ki-67-positivity. Serum CA19-9 (tumour stage I-II: 156.9 U/mL; tumour stage III-IV: 698.6 U/mL) and CA125 (tumour stage I-II: 16.0 U/mL; tumour stage III-IV: 21.9 U/mL) were significantly differentially

expressed among the tumour stages of 78 patients with PaCa ( $p < 0.05$ ) (Table 1).

#### Identification of exosomes from plasma and whole-transcriptome sequencing analysis of differentially expressed exosomal lncRNAs in plasma from PaCa patients

Exosomes from the plasma of patients with PaCa were identified by transmission electron microscopy and immunoblotting. The typical disc-shaped structure of exosomes from plasma was first observed via transmission electron microscopy (Fig. S1A). At the same time, CD63 and CD9, which are specific proteins on the surface of exosomes, were analysed by immunoblotting. Calnexin was also selected as a negative control for exosomes and was detected on BxPC-3 cell membranes. Finally, we found that the CD63 and CD9 proteins were significantly enriched in plasma-derived exosomes from the patients (Fig. S1B).

Next, to identify potential plasma biomarkers of PaCa, whole-transcriptome sequencing was further used to detect a large number of transcripts in plasma exosome samples from five PDAC patients and five normal controls (NCs). Our results demonstrated that thirty exosomal lncRNAs were upregulated (Table S3), and 436 exosomal lncRNAs were downregulated, in plasma from PaCa patients (fold change  $\geq \pm 2.0$ , and  $p < 0.05$ ) compared with those from the controls [24].

#### Quantitative real-time polymerase chain reaction analysis of candidate lncRNAs in the tumour tissue and plasma of PaCa patients

qRT-PCR was used to analyse the differentially expressed lncRNAs in PaCa tumour tissues, and four lncRNAs (LINC01268, LINC02802, AC124854.1, and AL132657.1) were upregulated in the tumour tissues of 78 patients with PaCa compared to the paracancerous tissues (Fig.

S2A–D). To identify lncRNAs that can be used as potential biomarkers in PaCa plasma, we detected the expression of lncRNAs in the plasma of 78 PaCa patients and 70 healthy volunteers via quantitative real-time reverse transcription polymerase chain reaction (qRT-PCR) and analysed the expression levels of the standardized lncRNAs through the Student's t test. Compared with those in the healthy controls, the plasma levels of LINC01268 ( $p < 0.0001$ ) (Fig. 1A), LINC02802 ( $p = 0.0021$ ) (Fig. 1B), AC124854.1 ( $p = 0.0017$ ) (Fig. 1C), and AL132657.1 ( $p = 0.0016$ ) (Fig. 1D) in patients with PaCa were significantly increased by 73.63, 60.27, 11.25, and 34.63 times, respectively. These four differentially expressed plasma lncRNAs may be used as biomarkers for the noninvasive diagnosis of PaCa. We further analysed the correlation between the expression levels of the four lncRNAs in the plasma and tumour tissues of PaCa patients (Fig. S2E–H). We found positive correlations between the expression levels of LINC01268 ( $r = 0.3068$ ,  $p = 0.0063$ ), LINC02802 ( $r = 0.2258$ ,  $p = 0.0468$ ), AC124854.1 ( $r = 0.2367$ ,  $p = 0.0369$ ), and AL132657.1 ( $r = 0.2239$ ,  $p = 0.0488$ ) in the plasma and tumour tissues of PaCa patients.

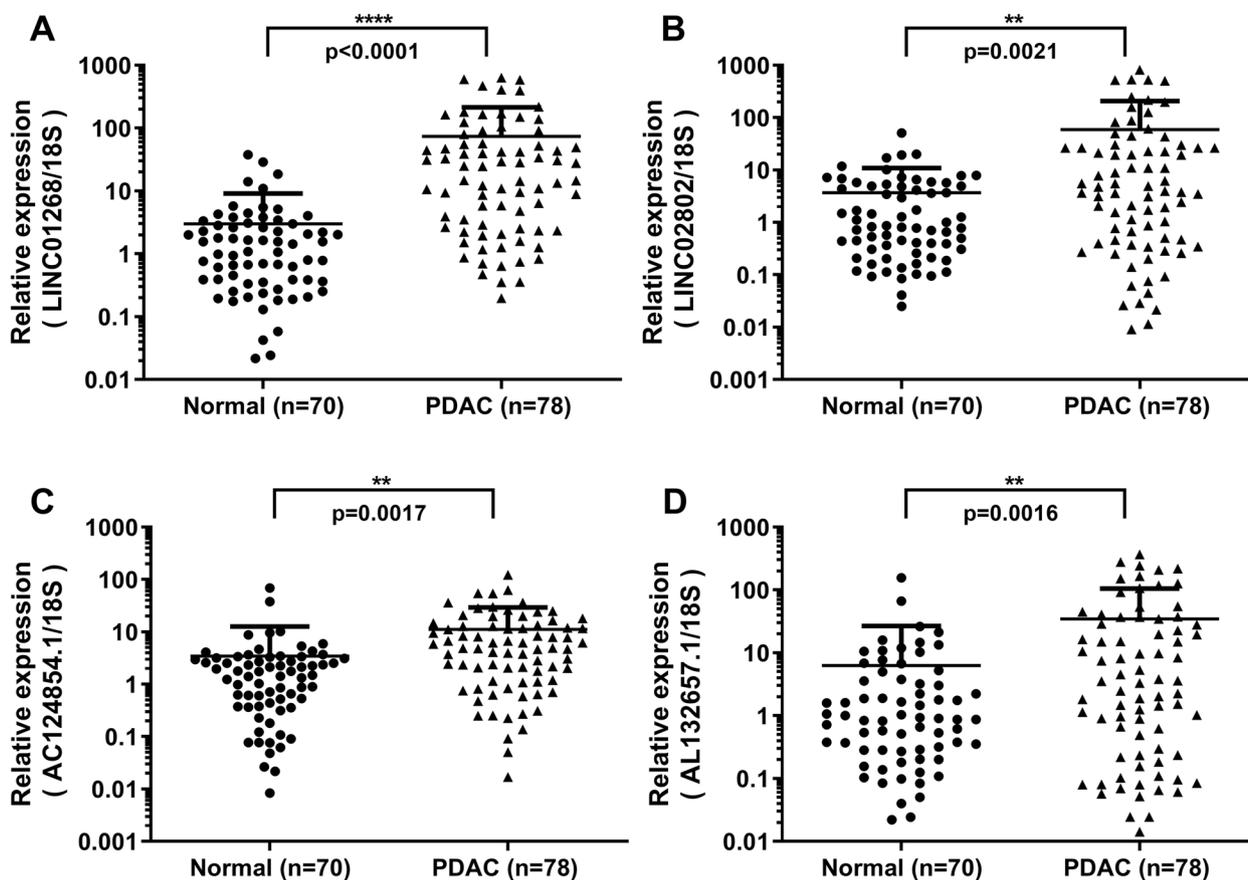
#### Plasma-derived exosomal lncRNAs as biomarkers in PaCa

We performed receiver operating characteristic (ROC) curve analysis to evaluate the diagnostic value of these four plasma lncRNAs in PaCa to further assess their biological functions. An area under the ROC curve (AUC) closer to 1 reflects a more substantial difference between PaCa patients and healthy controls. The results showed that the AUCs of LINC01268, LINC02802, AC124854.1, and AL132657.1 were 0.8421, 0.6544, 0.7190, and 0.6231, respectively, with sensitivities of 0.69, 0.63, 0.59, and 0.51, respectively, and specificities of 0.89, 0.64, 0.86, and 0.74, respectively. These lncRNAs can be used as good diagnostic and prognostic indicators of PaCa, especially LINC01268, which has excellent diagnostic value in PaCa (Fig. 2A–D and Table 2). In addition, we further analysed the combined diagnostic value of these four plasma lncRNAs, and the results showed that, compared with those of the single diagnostic value of LINC01268, the AUC of the combined diagnostic value of the four plasma lncRNAs increased to 0.8476, and the sensitivity increased to 0.72 (Fig. 2E and Table 2), thus indicating that the combined diagnosis of LINC01268, LINC02802, AC124854.1, and AL132657.1 was more effective. Moreover, we also analysed the expression levels of the four lncRNAs in the plasma between preoperative and postoperative patients. Compared with those in preoperative plasma, the expression of LINC01268 ( $p = 0.0244$ ) and AC124854.1 ( $p = 0.0498$ ) was differentially repressed in the postoperative plasma of PaCa patients (Fig. 3).

**Table 1** Clinical characteristics of 78 PaCa patients stratified by tumour stage

Clinical feature	Tumour stage of PaCa patients (n = 78)		
	(I–II, n = 59)	(III–IV, n = 19)	p value
Gender (male/female)	34/25	14/5	0.211
Age (years)	65 (61–73)	60 (56–69)	0.136
Diameter of tumour (cm)	3.5 (2.8–5.0)	3 (2.5–4.0)	0.911
Ki-67 positive rate (%)	25 (10–50)	15 (10–20)	0.082
CA19-9 (U/mL)	156.9 (17.3–370.5)	698.6 (90.3–1115)	<b>0.049</b>
CA125 (U/mL)	16 (10.7–23.6)	21.9 (12.69–40.2)	<b>0.004</b>

PaCa pancreatic cancer, CA19-9 carbohydrate antigen 19-9, CA125 carbohydrate antigen 125



**Fig. 1** The relative expression of four lncRNAs in the plasma of PaCa patients and healthy controls. LINC01268 (A), LINC02802 (B), AC124854.1 (C), and AL132657.1 (D). PaCa, pancreatic cancer; \*,  $p < 0.05$ ; \*\*,  $p < 0.01$ ; \*\*\*,  $p < 0.001$ ; \*\*\*\*,  $p < 0.0001$

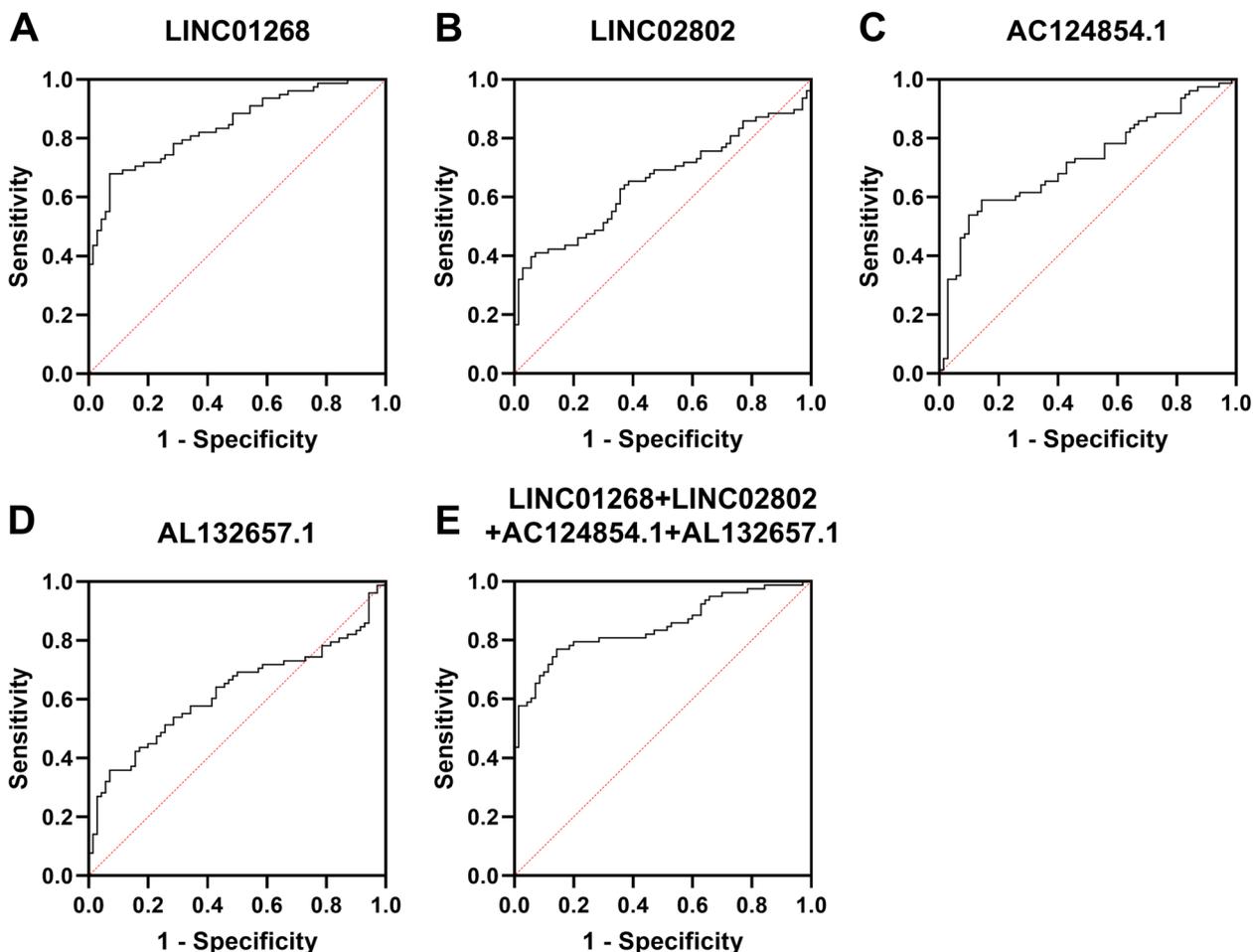
#### Plasma-derived exosomal lncRNAs were correlated with the serum expression of CA19-9

The 78 patients with PaCa were divided into low- and high-expression groups based on the median expression levels of LINC01268, LINC02802, AC124854.1, and AL132657.1. Spearman's correlation analysis was subsequently used to evaluate the associations between the expression of the four plasma lncRNAs and the clinicopathological features of PaCa (Table 3). The results showed that LINC01268 ( $r = 0.4593$ ,  $p < 0.0001$ ), LINC02802 ( $r = 0.3593$ ,  $p = 0.0012$ ), AC124854.1 ( $r = 0.3757$ ,  $p = 0.0007$ ), and AL132657.1 ( $r = 0.2674$ ,  $p = 0.0179$ ) were positively correlated with the serum expression of CA19-9 (Fig. 4 and Table 3). In particular, LINC01268 ( $r = -0.1023$ ,  $p = 0.3726$ ), LINC02802 ( $r = -0.1203$ ,  $p = 0.2942$ ), AC124854.1 ( $r = -0.1132$ ,  $p = 0.3239$ ), and AL132657.1 ( $r = -0.1285$ ,  $p = 0.2623$ ) were negatively associated with tumour stage; however, these associations were not statistically significant due to the small sample size. These results provide evidence that four plasma lncRNAs may be related to the early stage of

PaCa and can be used as biomarkers combined with CA19-9 for the diagnosis and prognosis of PaCa.

#### Discussion

PaCa is an aggressive tumour with a very poor prognosis. Early screening and prognosis analysis are the key factors for improving the survival rate of patients with PaCa [27]. lncRNAs are abnormally expressed in various types of cancers, and differentially expressed lncRNAs in the plasma or serum have become an emerging focus area in noninvasive diagnostic applications [23], including those for intrahepatic cholangiocarcinoma [28], gallbladder carcinoma [29], glioblastoma [30], and prostate carcinoma [31]. Although the functions and molecular mechanisms of most lncRNAs are still unknown, increasing evidence has shown that lncRNAs may play important roles in the occurrence, progression, and metastasis of tumours [32, 33]. Increasing number of lncRNAs have been found to be related to the prognosis of PaCa. Pan et al. has reported that LINC01111, which is a tumour suppressor, was negatively correlated with TNM stage



**Fig. 2** The ROC curve shows the diagnostic potential of the expression levels of lncRNAs in the plasma of patients with PaCa. LINC01268 (A), LINC02802 (B), AC124854.1 (C), AL132657.1 (D), and the four lncRNA combinations (E). ROC, receiver operating characteristic

**Table 2** The diagnostic efficiency of plasma lncRNAs (LINC01268, LINC02802, AC124854.1, and AL132657.1) in PaCa patients

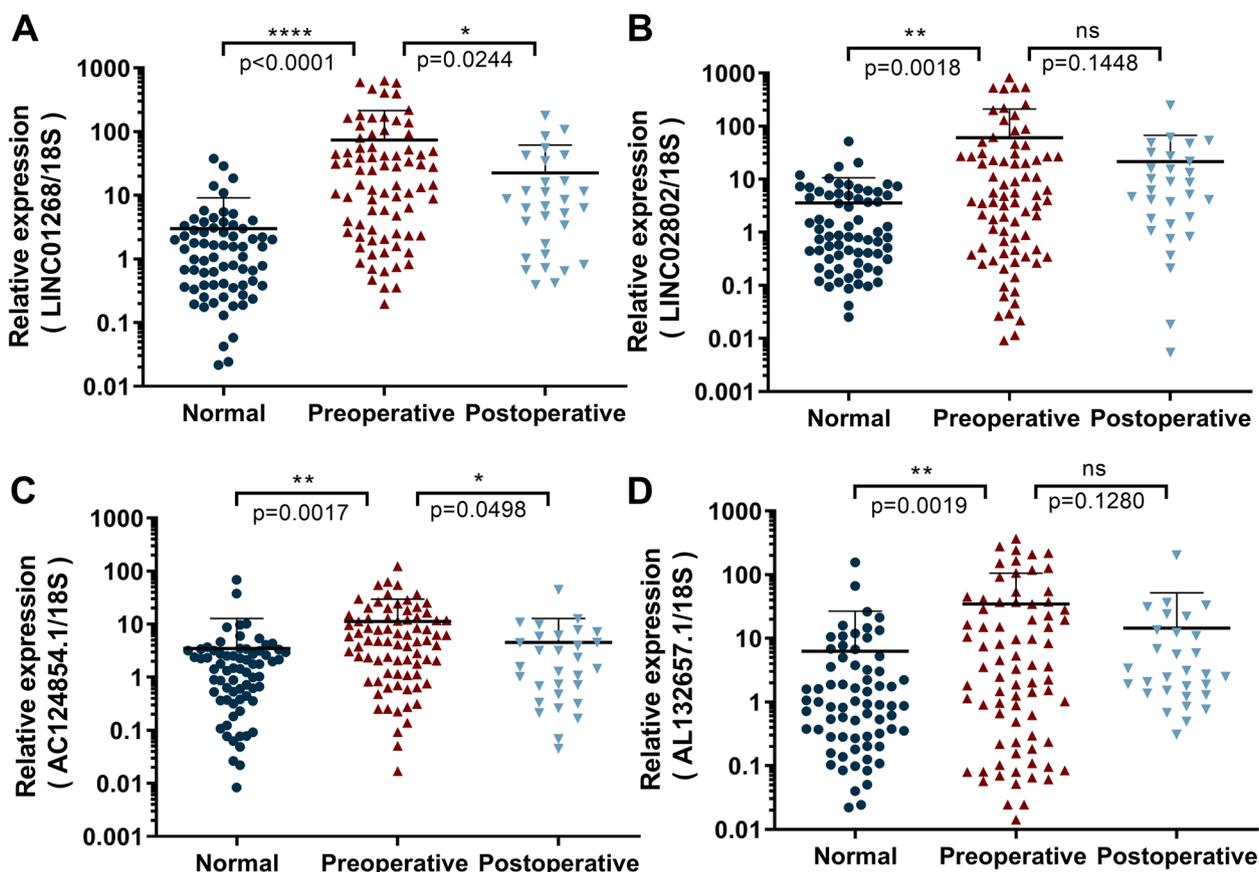
Biomarker	Sensitivity	Specificity	AUC (95% CI)	p value
LINC01268	0.69	0.89	0.8421 (0.7801–0.9041)	< 0.0001
LINC02802	0.63	0.64	0.6544 (0.5656–0.7432)	0.0013
AC124854.1	0.59	0.86	0.7190 (0.6363–0.8018)	< 0.0001
AL132657.1	0.51	0.74	0.6231 (0.5317–0.7145)	0.0099
LINC01268 + LINC02802 + AC124854.1 + AL132657.1	0.72	0.89	0.8476 (0.7846–0.9106)	< 0.0001

PaCa pancreatic cancer, AUC area under the ROC curve, CI confidence interval

but positively correlated with survival rate and may be a negative prognostic factor for PaCa [21]. Decreased expression levels of LINC00671, LINC00261, and SNHG9 in PaCa patients were associated with clinical stage, whereas increased expression levels of LINC00346, LINC00578, and LINC00673 were associated with poor prognosis [34]. We also found that immune-related

lncRNAs, such as ZEB2-AS1 and LINC02325, have good predictive effects on five-year survival and are positively associated with CA19-9 and tumour size [18].

In this study, we first analysed the expression levels of the top ten differentially expressed lncRNAs (LUCAT1, LINC02802, LINC00887, AC124854.1, AL132657.1, LINC01268, AL365361.1, AL592071.1, AC079015.1, and



**Fig. 3** The expression levels of four lncRNAs in the plasma of healthy controls and in the preoperative and postoperative plasma of PaCa patients. Comparison of the differential expression levels of LINC01268 (A), LINC02802 (B), AC124854.1 (C), and AL132657.1 (D) in the plasma of healthy controls and in the preoperative and postoperative tissues of PaCa patients determined by qRT-PCR (\*,  $p < 0.05$ ; \*\*,  $p < 0.01$ ; \*\*\*,  $p < 0.001$ ; \*\*\*\*,  $p < 0.0001$ )

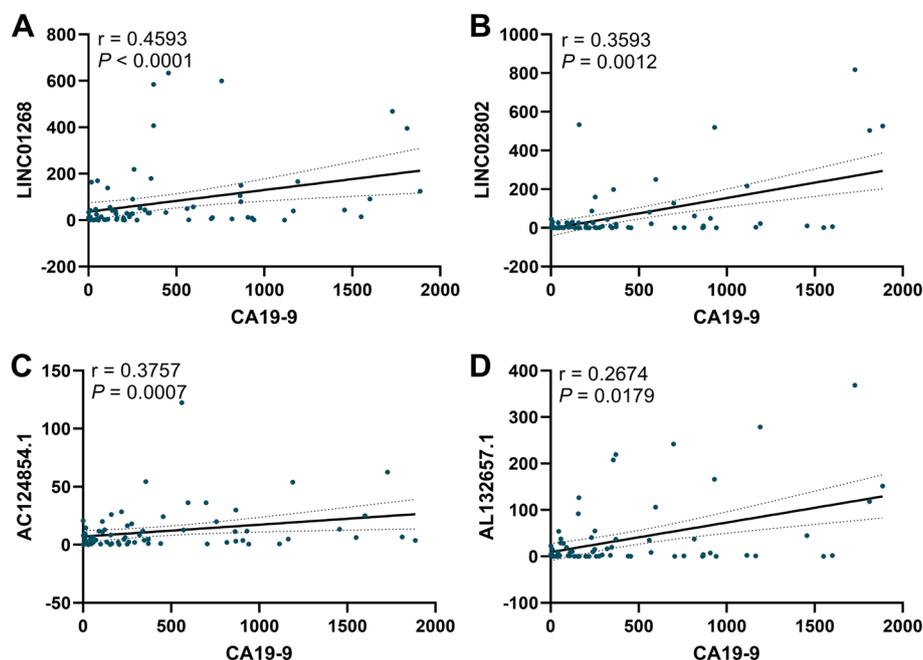
**Table 3** Correlations between the expression levels of four plasma lncRNAs and clinical characteristics in 78 PaCa patients

LncRNA	Tumour stage	r	P value	CA19-9 (U/mL)		r	P value	CA125 (U/mL)		r	P value		
				≤ 37	> 37			≤ 35	> 35				
LINC01268	High	34	5	-0.1023	0.3726	3	36	<b>0.4593</b>	<b>&lt; 0.0001</b>	33	6	0.0329	0.7750
	Low	25	14			19	20			32	7		
LINC02802	High	31	8	-0.1203	0.2942	5	34	<b>0.3593</b>	<b>0.0012</b>	29	10	0.1337	0.2432
	Low	28	11			17	22			36	3		
AC124854.1	High	31	8	-0.1132	0.3239	8	31	<b>0.3757</b>	<b>0.0007</b>	31	8	0.1161	0.3116
	Low	28	11			14	25			34	5		
AL132657.1	High	32	7	-0.1285	0.2623	7	32	<b>0.2674</b>	<b>0.0179</b>	30	9	0.0890	0.4383
	Low	27	12			15	24			35	4		

PaCa pancreatic cancer, CA19-9 carbohydrate antigen 19-9, CA125 carbohydrate antigen 125, High high-expression groups, Low low-expression groups

SNHG15) (Table S3) in ten pairs of PaCa tumour tissues and paracancerous tissue samples by qRT-PCR and found that LINC01268, LINC02802, AC124854.1 and

AL132657.1 were significantly differentially expressed in the ten PaCa tumour tissue samples compared to their paracancerous tissue samples ( $p < 0.05$ ) (Fig. S3). Thus,



**Fig. 4** Correlation between the expression of lncRNAs and CA19-9 in PaCa patients. LINC01268 (A), LINC02802 (B), AC124854.1 (C), and AL132657.1 (D)

we selected these four lncRNAs as candidate lncRNA biomarkers of PaCa for further analysis. Next, we found that the expression levels of four different lncRNAs (LINC01268, LINC02802, AC124854.1, and AL132657.1) were significantly changed in the plasma of PaCa patients. To evaluate whether these lncRNAs could be used as prognostic factors in PaCa patients, we performed ROC analysis, and the results showed that four different lncRNAs could serve as good diagnostic and prognostic indicators of PaCa, and the combined diagnostic capability of four different lncRNAs was greater, which indicated that LINC01268, LINC02802, AC124854.1, and AL132657.1 may represent novel diagnostic and prognostic markers of PaCa. Spearman's correlation coefficient analysis demonstrated that LINC01268, LINC02802, AC124854.1, and AL132657.1 were positively correlated with the expression level of CA19-9, which is a poor prognostic indicator of PaCa [6]. LINC02802 plays a key role in preventing the antiangiogenic effects of miR-486-5p, and this inhibition is attributed to decreased expression of MAML3 [35]. Bioinformatics analysis also demonstrated that LINC02802, which is an immune-related lncRNA, is associated with the progression of cervical cancer and poor prognosis [36]. LINC01268 is an independent prognostic immune-related marker that can reduce the proliferation and metastasis of cancer cells in neuroblastoma [37]. Increased plasma levels of LINC01268 are associated with poor prognosis in patients with myelofibrosis

[38], and LINC01268 positively regulates SOS1 expression by sponging miR-217 to promote acute myeloid leukaemia cell viability and cell cycle progression (but inhibit apoptosis) [39]. We also found that LINC01268, which is an oncogene, can promote epithelial–mesenchymal transition (EMT) in PaCa through the miR-217-KIF2A-PI3K/AKT axis [24].

In summary, we demonstrated that the expression levels of LINC01268, LINC02802, AC124854.1, and AL132657.1 were significantly altered in the plasma of PaCa patients, and their expression levels were positively correlated with CA19-9 levels. ROC analysis demonstrated that these lncRNAs have high diagnostic value for PaCa. We also found that the expression levels of four lncRNAs in plasma and tissues were positively correlated in patients with PaCa ( $p < 0.05$ ). Therefore, the four plasma-derived exosomal lncRNAs may function as potential biomarkers in patients with PaCa. Although our findings show the feasibility of this approach in designing blood-based lncRNA biomarker panels, we also recognize that a small cohort of patients was tested in the present study, which has limited clinical implications for developing PaCa screening at this time. In the future, the potential mechanisms of these four exosomal lncRNAs (LINC01268, LINC02802, AC124854.1, and AL132657.1) also require further in-depth exploration for use in identifying tumorigenesis as potential diagnostic and therapeutic targets for PaCa.

## Conclusion

This study highlights the potential value of four exosomal lncRNAs (LINC01268, LINC02802, AC124854.1, and AL132657.1) in diagnosing pancreatic cancer.

## Abbreviations

ABHD11-AS1	Abhydrolase domain containing 11-antisense RNA 1
AKT	AKT serine/threonine kinase
AUC	Area under the ROC curve
CA	Carbohydrate antigen
EMT	Epithelial–mesenchymal transition
KIF2A	Kinesin family member 2A
lncRNAs	Long noncoding RNAs
MAML3	Master-like transcriptional coactivator 3
miRNAs	MicroRNAs
PaCa	Pancreatic cancer
PI3K	Phosphoinositide-3-kinase
ROC	Receiver operating characteristic curve
SNHG9	Small nucleolar RNA host gene 9
SOS1	SOS Ras/Rac guanine nucleotide exchange factor 1
TNM	Tumour node metastasis
ZEB2-AS1	Zinc finger E-box binding homeobox 2-antisense RNA 1

## Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12885-024-12755-z>.

Supplementary Material 1: Supplementary Table S1. The sequence of primers used for qRT–PCR of the lncRNAs in PaCa. F, forwards primer; R, reverse primer. Supplementary Table S2. Clinical characteristics of 78 PaCa patients. Supplementary Table S3. Partial overexpression of lncRNAs in the plasma of PaCa patients. Supplementary Table S4. Raw data of clinical features of 78 PaCa patients. Supplemental Figure S1. Exosomes from plasma were identified by TEM and immunoblots. (A) Transmission electron microscopy image of the exosome. Scale bar = 100 nm. (B) The expression levels of CD63, CD9 and Calnexin on the exosomes or BxPC-3 cells were analysed by immunoblots. Supplementary Figure S2. The expression levels of four lncRNAs in the tumour and paracancerous tissues of PaCa patients and the correlation of the expression between plasma and tumour tissues. The expression levels of LINC01268 (A), LINC02802 (B), AC124854.1 (C), and AL132657.1 (D) in the tumour and adjacent tissues of PaCa patients (\*,  $p < 0.05$ ; \*\*,  $p < 0.01$ ; \*\*\*,  $p < 0.001$ ). Spearman correlation analysis of LINC01268 (E), LINC02802 (F), AC124854.1 (G), and AL132657.1 (H) in plasma and tumour tissues from PaCa patients. Supplemental Figure S3. The expression levels of the top ten differently expressed lncRNAs (Class: lincRNA: LUCAT1, LINC02802, LINC00887, AC124854.1, AL132657.1, LINC01268, AL365361.1, AL592071.1, AC079015.1, and SNHG15) in the ten pairs of PaCa tumour tissue and paracancerous tissue samples by qRT-PCR analysis.

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## No potential conflicts of interest were disclosed

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## Authors' contributions

JW designed the study. XH and SL carried out the experiments. XH, LC and YD collected the clinic samples. XH, LC, YD, WL, XZ, ZB, and ZW analyzed the data. XH was mainly responsible for statistical analysis and drafted the manuscript. JW, WL, CC, and YS revised the manuscript. All the authors have read and approved the final manuscript.

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## Availability of data and materials

The datasets that were used and/or analysed during the current study are available from the corresponding author upon reasonable request.

## Declarations

### Ethics approval and consent to participate

Blood sample collection was approved by the Ethics Committee of Shanghai Public Health Clinical Center, and all of the research subjects provided written informed consent.

### Consent for publication

Not applicable.

### Competing interests

The authors declare no competing interests.

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