

# Celastrol attenuates oxidative stress in the skeletal muscle of diabetic rats by regulating the AMPK-PGC1 $\alpha$ -SIRT3 signaling pathway

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**Abstract.** Oxidative stress plays a key role in the pathogenesis of diabetic myopathy. Celastrol provides a wide range of health benefits, including antioxidant, anti-inflammatory and antitumor effects. We hypothesized that celastrol may exert an antioxidant effect in the skeletal muscle of diabetic rats. In the present study, MnSOD activity was determined by spectrophotometry. The protein levels were evaluated by western blot analysis and mRNA content was quantified by RT-qPCR. We firstly found that the levels of AMP-activated protein kinase (AMPK), peroxisome proliferator-activated receptor coactivator 1 $\alpha$  (PGC1 $\alpha$ ), silent mating-type information regulation 2 homolog 3 (SIRT3) and manganese superoxide dismutase (MnSOD) were all decreased in the skeletal muscle of diabetic patients. Male rats with diabetes were also treated with the vehicle or with celastrol at 1, 3 and 6 mg/kg/day for 8 weeks. The administration of celastrol at 3 and 6 mg/kg attenuated the deterioration of skeletal muscle, as shown by histological analysis, decreased the malondialde-

hyde (MDA) level and increased the glutathione (GSH) level assayed by enzyme-linked immunosorbent assay (ELISA) method. It also enhanced the enzyme activity and increased the expression of MnSOD, and increased the AMPK phosphorylation level, as well as PGC1 $\alpha$  and Sirt3 expression. The findings of our study suggest that the expression of AMPK, PGC1 $\alpha$ , SIRT3 and MnSOD are decreased in the skeletal muscle of diabetic patients. Celastrol exerted antioxidant effects on skeletal muscle partly by regulating the AMPK-PGC1 $\alpha$ -SIRT3 signaling pathway.

## Introduction

Diabetic myopathy, characterized by a reduction in muscle mass, strength and physical capacity (1,2), is a serious, but often overlooked complication of diabetes that contributes to an overall worsening of the diabetic condition. Studies have reported that the skeletal muscle of individuals with type 2 diabetes mellitus (T2DM) exhibits an increased number of glycolytic fibers (3), muscle atrophy (4) and a decrease in capillary density (5). Functional impairments are also evident, as demonstrated by a decline in muscle strength and motor dysfunction (6). The pathogenesis of diabetic myopathy is very complex.

Oxidative stress, induced by an abundance of reactive oxygen species (ROS) or by the failure of the antioxidant defense machinery, is considered a critical factor for the pathogenesis of diabetes (7). Manganese superoxide dismutase (MnSOD), also known as SOD2, is a primary mitochondrial antioxidant that neutralizes mitochondrial ROS through the conversion of superoxide to hydrogen peroxide, and ultimately to H<sub>2</sub>O by catalase (8). In humans, mutations in MnSOD are associated with age-related disorders, such as cardiovascular disease, insulin resistance and diabetes, indicating that upstream signaling proteins that regulate MnSOD may also play a role in these pathologies (9).

AMP-activated protein kinase (AMPK) is an ubiquitous heterotrimeric serine/threonine protein kinase, which functions as a fuel sensor in a number of tissues, including skeletal muscle (10). The activation of AMPK enhances the mRNA expression of peroxisome proliferator-activated response- $\gamma$  coactivator-1 $\alpha$  (PGC1 $\alpha$ ) and MnSOD (11). PGC1 $\alpha$ , as a pivotal factor for mitochondrial function, has been shown to be essential for the regulation of mitochondrial metabolism, biogenesis and oxidative stress (12).

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**Abbreviations:** T2DM, type 2 diabetes mellitus; ROS, reactive oxygen species; MnSOD, manganese superoxide dismutase; AMPK, AMP-activated protein kinase; PGC1 $\alpha$ , peroxisome proliferator-activated response- $\gamma$  coactivator 1 $\alpha$ ; Sirt3, silent mating-type information regulation 2 homolog 3; GSH, glutathione; MDA, malondialdehyde; SOD, superoxide dismutase; FPG, fasting plasma glucose; BUN, blood urea nitrogen; AST, aspartate aminotransferase; ALT, alanine aminotransferase; TC, total cholesterol; TG, triglyceride; TBS, Tris-buffered saline; HbA1c, glycated haemoglobin A1c; HDL-C, high-density lipoprotein cholesterol, LDL-C, low-density lipoprotein cholesterol; SCr, serum creatinine

**Key words:** diabetes, oxidative stress, celastrol, silent mating-type information regulation 2 homolog 3, manganese superoxide dismutase

As a member of the sirtuin family, silent mating-type information regulation 2 homolog 3 (SIRT3) is mainly localized in the mitochondria and regulates several pivotal oxidative pathways by targeting several enzymes involved in central metabolism (13). It has been demonstrated that SIRT3 functions as a downstream target of PGC1 $\alpha$ , which is directly regulated by AMPK and has multiple cellular functions by deacetylating mitochondrial proteins, as well as MnSOD (14-16). Thus, based on the data of previous studies (17,18) indicating that the AMPK-PGC1 $\alpha$ -SIRT3 pathway and MnSOD modulates mitochondrial biogenesis and oxidative stress, we hypothesized that the levels of AMPK, PGC1 $\alpha$ , SIRT3 and MnSOD may be all decreased in the skeletal muscle of individuals with diabetes, which may be responsible for increased oxidative stress. Our findings demonstrated that the AMPK-PGC1 $\alpha$ -SIRT3 signaling pathway was downregulated in the skeletal muscle of diabetic patients.

Celastrol is a triterpenoid compound extracted from the Chinese herb, *Tripterygium wilfordii* Hook.f., which is known to have exert various biological effects, including immunosuppressive, anti-inflammatory and antitumor effects (19). Nowadays, it is widely used in the treatment of diabetic nephropathy (20). Celastrol has been proven to exert antioxidant effects, and has been shown to reduce ROS generation in hypertensive rats and vascular smooth muscle cells (21). It also can promote the glutathione (GSH) redox cycle by increasing the intracellular GSH content and the GSH/GSSG ratio in macrophages (19). However, the antioxidant effect of celastrol on skeletal muscle in individuals with diabetes has not been fully investigated. Thus, in this study, we examined the effects of celastrol on oxidative stress in the skeletal muscle of diabetic rats, as well as the potential involvement of the AMPK-PGC1 $\alpha$ -SIRT3 signaling pathway. Our findings demonstrated that celastrol exerted antioxidant effects in the skeletal muscle of diabetic rats, and that these effects were partly mediated by the activation of the AMPK-PGC1 $\alpha$ -SIRT3 signaling pathway.

## Materials and methods

**Patients and sample collection.** Approval for this study was obtained from the Ethics Committee of the Metabolic Disease Hospital of Tianjin Medical University, Tianjin, China and informed consent was obtained from all participants prior to orthopedic surgery. This trial has been verified by the Chinese Clinical Trial Registry, and its registration number is ChiCTR-COC-15007025. All participants were patients with lumbar disc herniation who required orthopedic surgery. Among these patients, 10 patients suffered from T2DM and the another 10 were non-diabetic patients. The patients with diabetes had been previously diagnosed at the hospital. Patients with cardiovascular disease, neoplastic disease, neurodegenerative disease and acute inflammation were excluded from the study.

Blood samples were collected from the antecubital vein at the first day after admission. All blood was drawn from the patients at the same time in the morning (between 6 and 8 a.m.). Laboratory test results were evaluated, including fasting plasma glucose (FPG), blood urea nitrogen (BUN), creatinine, aspartate aminotransferase (AST), alanine aminotransferase (ALT) and glycated haemoglobin 1c (HbA1c), levels, and lipid profiles, including total cholesterol (TC), high-density lipoprotein cholesterol (HDL-C), low-density

lipoprotein cholesterol (LDL-C) and triglyceride (TG) levels. All the laboratory parameters were assessed using conventional laboratory methods. The blood samples were centrifuged for 15 min at 3,000 rpm (AU5400; Olympus, Tokyo, Japan), and plasma was assayed for the laboratory parameters using an automated analyzer (7600A-020; Hitachi, Tokyo, Japan)

Between 300 and 500 mg of paravertebral skeletal muscle was obtained from patients undergoing lumbar vertebral disc decompression discectomy. Dissections of skeletal muscle were obtained within 10 min of delivery and snap-frozen in liquid nitrogen and stored at -80°C until further analysis. Tissues were also embedded in paraffin for histological analysis by hematoxylin and eosin (H&E) staining. For all surgical procedures, a spinal anesthesia and/or epidural were used. All muscle samples were obtained at the time of surgery (between 8:30 a.m. and 13:00 p.m.). All patients were fasted overnight.

**Animals and experimental design.** Male Sprague-Dawley (SD) rats (n=90, 6 weeks old), weighing 161±9 g, were purchased from Beijing Hua Fu Kang Biotechnology Co., Ltd. (Beijing, China). Rats were given free access to food and tap water and were caged individually under a 12-h light-dark cycle at a temperature of 22±3°C and humidity of 55±5%. All animal experiments were conducted in accordance with the Principles of Laboratory Care, and approved by the Institutional Animal Care and Use Committee, Metabolic Disease Hospital of Tianjin Medical University.

The rats were randomly divided into the control (NC) and the high energy diet (HED) groups. In the control group, the animals received a standard chow diet, while the rats in the HED group were fed with an additional high energy emulsion, as previously described (22,23). After 8 weeks on their respective diets, streptozotocin (STZ; 45 mg/kg; Sigma, St. Louis, MO, USA) dissolved in 0.1 mol/l citrate buffer (pH 4.5) was injected into the caudal vein of the rats in the HED group to establish a model of T2DM, while the rats in the control group were injected with sodium citrate buffer. The rats with blood glucose levels  $\geq 16.7$  mmol/l at 7 days after the STZ injection were selected as the model of diabetes. On average, 80% of the rats injected with STZ met these criteria. At 1 week following the injection of STZ, the rats with successfully-induced diabetes were randomly divided into the diabetes model (DM) group, the celastrol low-dose group (1 mg/kg/day), the celastrol middle-dose group (3 mg/kg/day) and the celastrol high-dose group (6 mg/kg/day) (n=15 rats per group). The rats in the treatment groups were administered celastrol by gavage, whereas the rats in the NC and DM groups were administered an equal amount of distilled water (2 ml). Following 8 weeks of the respective treatments, rats were anesthetized with an intraperitoneal injection of sodium pentobarbital (30 mg/kg body weight) and tissue samples were collected for analysis. The paravertebral muscle was excised from the rat bodies, and was cut perpendicularly along the longitudinal axis and fixed in phosphate-buffered 20% formaldehyde. Histological paraffin-embedded sections (5  $\mu$ m) were then prepared for H&E staining. The sections of paravertebral muscle were snap-frozen in liquid nitrogen and stored at -80°C until further analysis.

**Measurement of biochemical and physical parameters.** Body weight and fasting blood glucose (FBG) levels were measured

each week. The overnight-fasted rats were weighed by electronic balance (AM1100; Mettler-Toledo AG, Schwerzenbach, Switzerland) at the same time in the morning (between 6 and 8 a.m.). Then blood samples were obtained from the caudal vein and FBG levels were measured using a Accu-Chek Aviva glucometer (Roche Diagnostics, Mannheim, Germany). After 8 weeks of treatment, the rats were euthanized. Blood samples were obtained from the retroorbital venous plexus by using plain microhematocrit capillary tubes (VWR, West Chester, PA, USA) and collected into tubes containing EDTA at the time of sacrifice and were centrifuged at 3,000 x g/min for 15 min. Plasma was separated for measuring FPG, BUN, serum creatinine (SCr), AST, ALT, TC and TG using an automatic biochemistry analyzer (CD-1600CS; Abbott Labs, North Chicago, IL, USA).

**Measurements of mitochondrial oxidative biochemical parameters.** Mitochondrial-enriched supernatants were prepared from frozen skeletal muscle samples as previously described (24). The content of malondialdehyde (MDA) and GSH was measured by enzyme-linked immunosorbent assay (ELISA) using respective kits following the manufacturer's instructions (Jiancheng Co. Ltd., Nanjing, China). MnSOD activity was determined by spectrophotometry. Briefly, reaction buffer (50 mM sodium phosphate, 0.1 mM EDTA, 0.01 mM xanthine, and 0.01 mM cytochrome *c*, pH 7.8) was mixed with 0.005 U/ml xanthine oxidase and 2 mM sodium cyanide, and the absorbance change at 550 nm was followed. Then sample was added stepwise (in 20  $\mu$ l increments at a concentration of 5-10 mg/ml), and the concentration of sample required to decrease the rate of reaction by 50% (defined as 1 unit of MnSOD activity) was calculated. Enzyme values are presented as units per milligram of protein.

**SIRT3 activity assays.** Mitochondrial-enriched supernatants were prepared from frozen skeletal muscle samples as described (24). SIRT3 enzyme activity in the gastrocnemius mitochondria was assayed using a fluorometric kit (Biomoles, Inc., Shoreline, WA, USA) as per the manufacturer's instructions. Briefly, 25  $\mu$ l distilled water, 5  $\mu$ l buffer, 5  $\mu$ l fluoro-substrate peptide 5  $\mu$ l NAD and 5  $\mu$ l developer were added to each microtiter plate wells and mixed well. Reactions were initiated by adding 5  $\mu$ l samples or buffer of samples or recombinant SIRT3 to matching well and mixing thoroughly. SIRT3 activity was measured using a fluorimetric microplate reader at 450 nm with an excitation of 350 nm. We measured and calculated the rate of reaction, while the reaction velocity remained constant. The enzyme activity was normalized to the total protein content of each sample and the results are expressed relative to the mean for the NC group.

**Western blot analysis.** Protein lysates were obtained by homogenizing paravertebral muscle with lysis buffer. The protein concentration was measured using the Bio-Rad protein assay (Bio-Rad, Richmond, CA, USA). Approximately 50  $\mu$ g protein was subjected to 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred onto nitrocellulose membranes. After blocking with 5% dried milk in Tris-buffered saline (TBS) containing 0.1% Tween-20 for 2 h, the membranes were subsequently incubated overnight with primary antibodies diluted in 5% dried milk-TBS containing 0.1% Tween-20.

The primary antibodies were as follows: anti-AMPK (#2532, 1:1,000), anti-phosphorylated (p)-AMPK (#2531, 1:1,000) (both from Cell Signaling Technology, Danvers, MA, USA), anti- $\alpha$ -tubulin (sc-8035, 1:10,000), anti- $\beta$ -actin (sc-47778, 1:10,000) (both from Santa Cruz Biotechnology, Inc., Santa Cruz, CA, USA), anti-SIRT3 (ab86671, 1:500), anti-MnSOD (ab13534, 1:2,000) and anti-PGC1 $\alpha$  (ab54481, 1:1,000) (all from Abcam Cambridge, MA, USA) antibodies. The membranes were then incubated with appropriate horseradish-peroxidase-conjugated secondary antibodies (sc-2005 and sc-2003, Santa Cruz Biotechnology, Inc.). An enhanced chemiluminescence system was used to visualize the bands. Densitometric analysis was performed using a gel image analysis system (UVP Inc., San Gabriel, CA, USA).

**Reverse transcription-quantitative PCR (RT-qPCR).** The MnSOD, *Sirt3* and PGC1 $\alpha$  mRNA levels were quantified by SYBR-Green Real-Time PCR (Invitrogen, Carlsbad, CA, USA). RT-qPCR was performed as previously described (25). RNA was extracted from paravertebral muscle using TRIzol reagent (Invitrogen). Reverse transcription was performed using the RevertAid First Strand cDNA Synthesis kit (Thermo Fisher Scientific, Inc., Waltham, MA, USA). The quantitative PCR (qPCR) measurement of individual cDNAs was carried out using SYBR-Green dye to measure duplex DNA formation with the LightCycler System (Roche Diagnostics). The data were analyzed using Bio-Rad CFX manager software 1.6. The quantified results were normalized to those of GAPDH, using the 2- $(\Delta\Delta CT)$  method. The nucleotide sequences of the PCR primers used were as follows: MnSOD forward, 5'-ACTGAAGTTCAATGGTGGGG-3' and reverse, 5'-GCTTGATAGCCTCCAGCAAC-3'; *Sirt3* forward, 5'-TAC AGAAATCAGTGCCCCGA-3' and reverse, 5'-GGTGGAC ACAAGAACTGCTG-3'; PGC1 $\alpha$  forward, 5'-ATGAGAA GCGGGAGTCTGAA-3' and reverse, 5'-GCGGTCTCTCA GTTCTGTCC-3'; GAPDH forward, 5'-TGCCACTCAG AAGACTGTGG-3' and reverse, 5'-TTCAGCTCTGGGATG ACCTT-3'.

**Statistical analysis.** All data are presented as the means  $\pm$  SD. Differences between groups were analyzed using the Student's t-test and one-way analysis of variance (ANOVA) test using the statistical software. SPSS 18.0 (SPSS Inc., Chicago, IL, USA). Values of  $p < 0.05$  were considered to indicate statistically significant differences.

## Results

**Comparison between diabetic and non-diabetic patients**  
**Comparison of physical and biochemical parameters between diabetic and non-diabetic patients.** There were no significant differences in gender, age and body weight between the normal control and diabetic patients. The FPG, HbA1c, TG, TC and LDL-C levels were significantly higher in the diabetic patients compared to the normal controls (all  $P < 0.01$ ). Although the HDL-C levels were decreased in the diabetic patients, there were no significant differences between the 2 groups (Table I).

**Changes in skeletal muscle of diabetic patients.** H&E staining of the paraspinal muscle of non-diabetic patients was presented as normal (Fig. 1A and C), whereas the skeletal

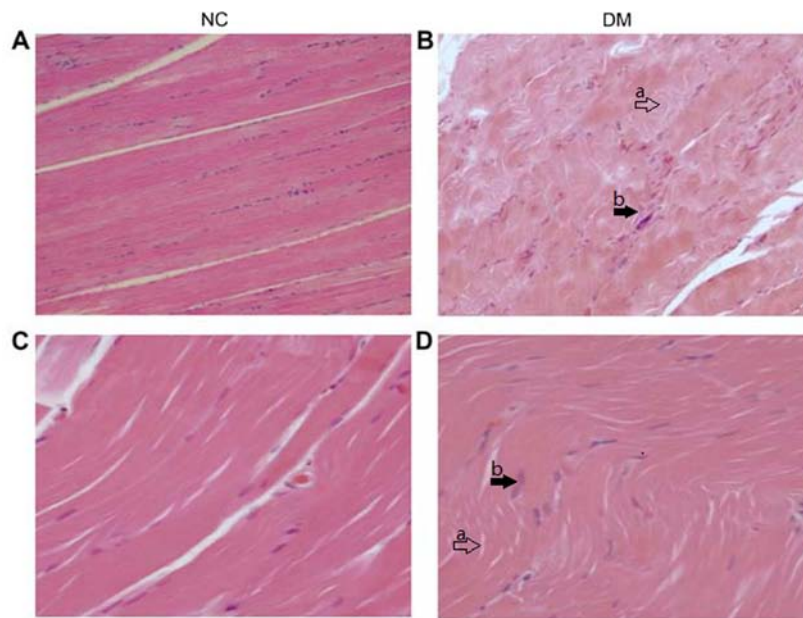


Figure 1. Hematoxylin and eosin (H&E) staining of skeletal muscle of diabetic and non-diabetic patients. Images show the longitudinal section of paravertebral muscle. (A and B) Magnification  $\times 100$ ; (C and D) magnification  $\times 400$ . Arrow 'a' shows the irregular fiber structure, with wide gaps; arrow 'b' shows the increased number of nuclei and some with an abnormal position, partly inserted in the muscle fibers.

Table I. Physical and biochemical parameters of diabetic and non-diabetic patients.

Parameter	NC	DM	P-value
Gender (M/F)	7/3	6/4	P=0.64
Age (years)	60.80 $\pm$ 6.02	62.10 $\pm$ 5.80	P=0.65
BW (kg)	77.05 $\pm$ 5.37	79.40 $\pm$ 5.84	P=0.41
FPG (mmol/l)	5.13 $\pm$ 0.42	8.70 $\pm$ 1.01	P<0.01
HbA1c (%)	5.54 $\pm$ 0.24	7.55 $\pm$ 0.57	P<0.01
TG (mmol/l)	1.59 $\pm$ 0.33	2.31 $\pm$ 0.61	P<0.01
TC (mmol/l)	4.73 $\pm$ 0.36	5.44 $\pm$ 0.35	P<0.01
HDL-C (mmol/l)	1.34 $\pm$ 0.09	1.28 $\pm$ 0.10	P=0.20
LDL-C (mmol/l)	2.58 $\pm$ 0.33	3.47 $\pm$ 0.29	P<0.01

Values are expressed as the means  $\pm$  standard deviation (SD); NC, normal control (non-diabetic patients); DM, diabetic patients, n=10 per group. BW, body weight; FPG, fasting plasma glucose; HbA1c, glycated haemoglobin A1c; TG, triglyceride; TC, total cholesterol; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol.

muscle of the diabetic patients exhibited an irregular fiber structure, with wide gaps, nuclei of diverse sizes, an increased number of nuclei and some with an abnormal position, partly inserted in the muscle fibers (Fig. 1B and D).

*MnSOD enzyme activity is decreased in skeletal muscle of diabetic patients.* Both an increase in ROS production and a decline in ROS clearance can lead to increased mitochondrial oxidative stress (26). In the present study, we focused on MnSOD, the primary antioxidative enzyme in mitochondria. Compared to the control group, MnSOD enzyme activity in the diabetes group was decreased by approximately 50% (Fig. 2A). We also found

that the diabetic patients had lower mRNA levels of MnSOD by approximately 50% (Fig. 2B) and a decreased protein content of MnSOD (Fig. 2C) compared to the non-diabetic control group.

*The AMPK-PGC1 $\alpha$ -SIRT3 pathway is downregulated in the skeletal muscle of diabetic patients.* It has been demonstrated that SIRT3 and MnSOD protein abundance is regulated in a signaling axis involving both AMPK and PGC1 $\alpha$  (27). Thus, in this study, we compared the expression of the AMPK-PGC1 $\alpha$ -SIRT3 signaling pathway between diabetic and non-diabetic patients. As shown in Fig. 3, compared with the non-diabetic patients, the PGC1 $\alpha$  and SIRT3 mRNA levels were decreased by almost 63 and 47%, respectively in the diabetic patients (Fig. 3A and B). The protein levels of PGC1 $\alpha$  (Fig. 3D) and SIRT3 (Fig. 3E) were similar to those of the mRNA levels, and were decreased by 60 and 50% in the diabetic patients, respectively. Western blot analysis revealed an approximate 60% decrease in AMPK phosphorylation levels in the diabetic patients, which was determined by the p-AMPK levels normalized to the total AMPK levels (Fig. 3C).

*Evaluation of the effects of celastrol on the skeletal muscle of diabetic rats.* According to the results of our clinical research, we found that the levels of MnSOD were reduced in the skeletal muscle of diabetic patients, and that the AMPK-PGC1 $\alpha$ -SIRT3 pathway was downregulated in the skeletal muscle of diabetic patients. In view of the antioxidant effects of celastrol and that it is widely used in the treatment of diabetic nephropathy, we examined the antioxidant effects of this drug in the skeletal muscle of diabetic rats. We preliminarily investigated whether the antioxidant effects of celastrol are mediated through the AMPK-PGC1 $\alpha$ -SIRT3 signaling pathway, and compared the effects of different doses of celastrol on this pathway.

*Effects of celastrol on biochemical and physical parameters of experimental rats.* Table II shows the biochemical results for each group. As expected, the FPG concentrations were signifi-

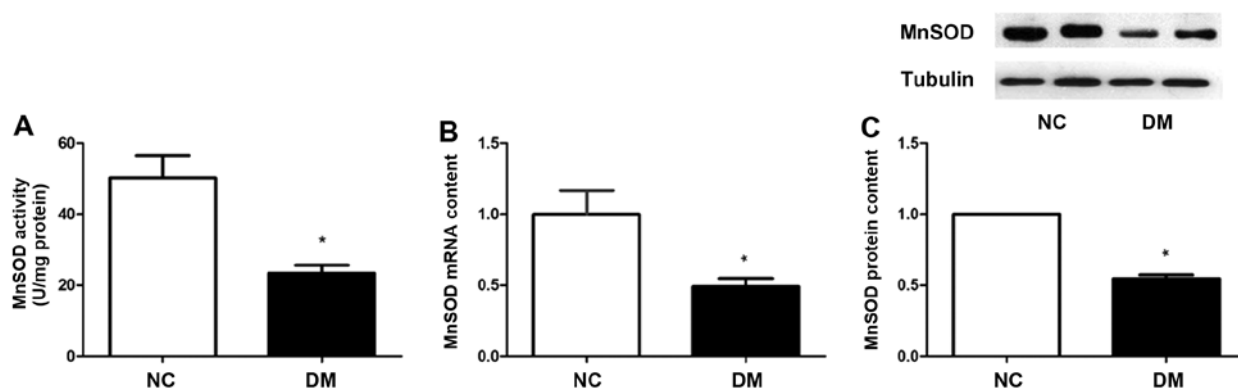


Figure 2. (A) Manganese superoxide dismutase (MnSOD) enzyme activity, and (B) mRNA and (C) protein expression were reduced in the skeletal muscle of diabetic patients compared with the normal controls (NC group). \* $p < 0.05$  vs. normal control.

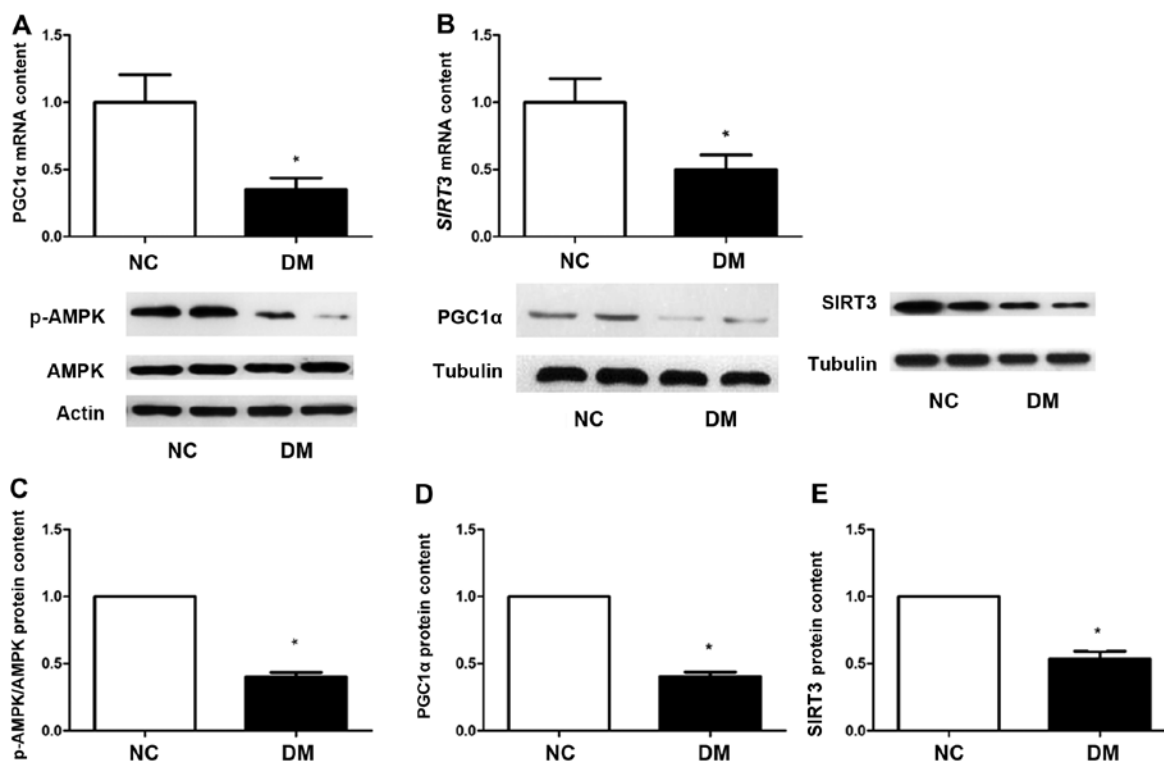


Figure 3. Peroxisome proliferator-activated response- $\gamma$  coactivator 1 $\alpha$  (PGC1 $\alpha$ ) (A) mRNA content and (D) protein content were reduced in diabetic patients compared with non-diabetic patients. As a downstream target of PGC1 $\alpha$ , similar results were observed for (B and E) silent mating-type information regulation 2 homolog 3 (SIRT3). (C) The level of phosphorylated AMP-activated protein kinase (AMPK) (p-AMPK/AMPK) in skeletal muscle was also decreased in diabetic patients compared with non-diabetic patients. \* $p < 0.05$  vs. normal control.

cantly higher, while body weight was lower in the diabetic rats compared to the normal control rats throughout the experimental period. However, there were no significant differences in the plasma levels of ALT, AST, BUN and SCr between the normal control rats and the diabetic rats. Of note, the TG and TC content increased significantly in the diabetic rats compared with the normal control rats due to the high fat diet (HED). Although it has been reported that treatment with celastrol significantly decreases body weight, blood glucose levels, and plasma TC and TG levels (28), 8 weeks of treatment with various doses of celastrol had no significant effect on body weight, the FPG level, and plasma TC and TG levels in the present study.

*Effects of celastrol on pathological changes in the skeletal muscle of experimental rats.* H&E staining of the paraspinal

muscle of the rats in the NC group exhibited a normal morphology (Fig. 4A and F). However, while the skeletal muscle of the rats in the DM group exhibited an irregular fiber structure, with wide gaps, nuclei of diverse sizes, an increased number of nuclei and some with an abnormal position, partly inserted in the muscle fibers (Fig. 4B and G). Following treatment with celastrol, pathological damage was attenuated in varying degrees compared with the rats in the DM group in a dose-dependent manner (Fig. 4C-E and H-J).

*Celastrol decreases the levels of markers of oxidative stress.* Markers of oxidative stress had been found to be altered in mice with type 2 diabetes and in individuals with diabetes (29,30). Thus, in this study, we analyzed mitochondrial oxidative stress by measuring the levels of MDA, GSH and MnSOD.

Table II. Effects of celastrol on physical and biochemical parameters of experimental animals.

Parameter	Week	NC	DM	DM + celastrol 1 mg/kg	DM + celastrol 3 mg/kg	DM + celastrol 6 mg/kg
BW (g)	0	397.6±41.8 <sup>a</sup>	309.8±32.3	320.8±18.7	333.3±22.8	321.7±21.1
	8	442.7±43.8 <sup>a</sup>	298.6±37.1	318.2±22.1	308.6±37.8	328.5±16.8
FPG (mmol/l)	0	6.2±0.2 <sup>a</sup>	24.2±8.6	26.7±2.1	23.9±4.1	28.8±2.8
	8	6.0±0.2 <sup>a</sup>	28.2±3.0	25.8±6.9	27.6±5.7	29.0±3.1
ALT (U/l)	8	49.7±9.5	55.1±5.1	53.8±10.9	54.9±9.7	54.2±8.9
AST (U/l)	8	105.1±18.4	109.4±8.4	116.8±9.5	99.5±15.9	112.2±13.9
BUN (mmol/l)	8	10.9±2.0	10.7±1.6	10.9±1.3	10.0±1.9	10.2±1.2
SCr (μmol/l)	8	32.8±4.4	31.3±3.3	32.8±3.5	31.1±4.1	31.5±3.8
TG (mmol/l)	8	1.5±1.2 <sup>a</sup>	4.4±1.8	4.0±2.2	3.7±1.8	3.5±1.4
TC (mmol/l)	8	2.2±1.2 <sup>a</sup>	6.9±0.9	6.6±2.1	6.4±2.2	6.2±2.0

Values are expressed as the means ± standard deviation (SD), <sup>a</sup>p<0.05 vs. diabetic rats. NC, normal control; DM, diabetic model, n=15 animals per group. BW, body weight; FPG, fasting plasma glucose; ALT, alanine aminotransferase; AST, aspartate aminotransferase; BUN, blood urea nitrogen; SCr, serum creatinine; TG, triglyceride; TC, total cholesterol.

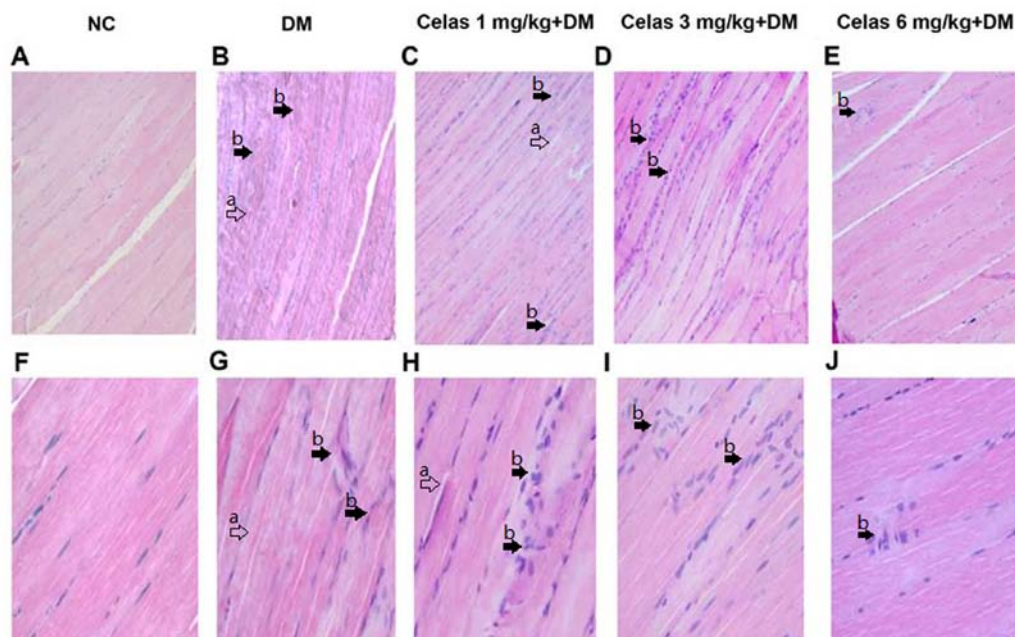


Figure 4. Hematoxylin and eosin (H&E) staining of the skeletal muscle of experimental rats. Images show the longitudinal section of the gastrocnemius muscle. (A-E) Magnification, x100; (F-J) magnification, x400. Arrow 'a' shows the irregular fiber structure, with wide gaps; arrow 'b' shows the increased number of nuclei and some with an abnormal position, partly inserted in the muscle fibers.

The level of MDA in the DM group was 2-fold higher than that of the NC group. Following treatment with 3 and 6 mg/kg celastrol, the levels of MDA were significantly decreased by 35.2 and 36.7% ( $P<0.05$ ), respectively; while there was no significant difference in the levels of MDA between the DM group and the group treated with celastrol 1 mg/kg (Fig. 5A). By contrast, the level of GSH was decreased by 59.2% due to the onset of diabetes. Treatment with 3 and 6 mg/kg celastrol markedly restored the GSH level ( $P<0.05$ ) to almost normal levels. However, treatment with 1 mg/kg celastrol had no significant effect compared with the DM group ( $P>0.05$ ; Fig. 5B).

As an antioxidant defense mechanism, increased MnSOD can partly indicate the attenuation of oxidative stress (31). In this study, we found that the diabetic animals had 64.2 and 52.5% lower mRNA and protein levels of MnSOD, respectively compared to the NC group. Treatment with 3 and 6 mg/kg celastrol significantly increased these levels. The results of western blot analysis also indicated that the MnSOD protein level was upregulated in the paravertebral muscle of rats treated with 3 and 6 mg/kg celastrol (Fig. 6A and B). Furthermore, we analyzed the enzyme activity of MnSOD. We also found that treatment with 3 and 6 mg/kg celastrol markedly enhanced

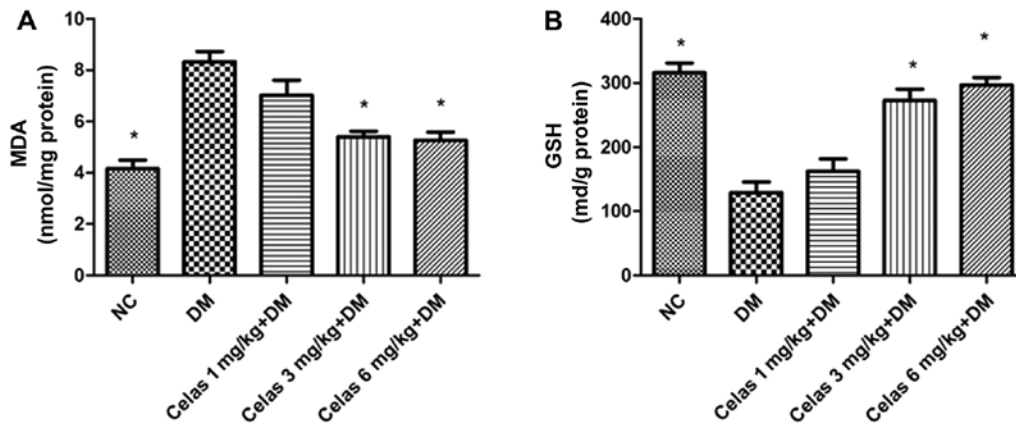


Figure 5. Effect of celastrol treatment on the levels of (A) malondialdehyde (MDA) and (B) glutathione (GSH) in paraspinal muscle of experimental rats. \* $p < 0.05$  vs. diabetic rats.

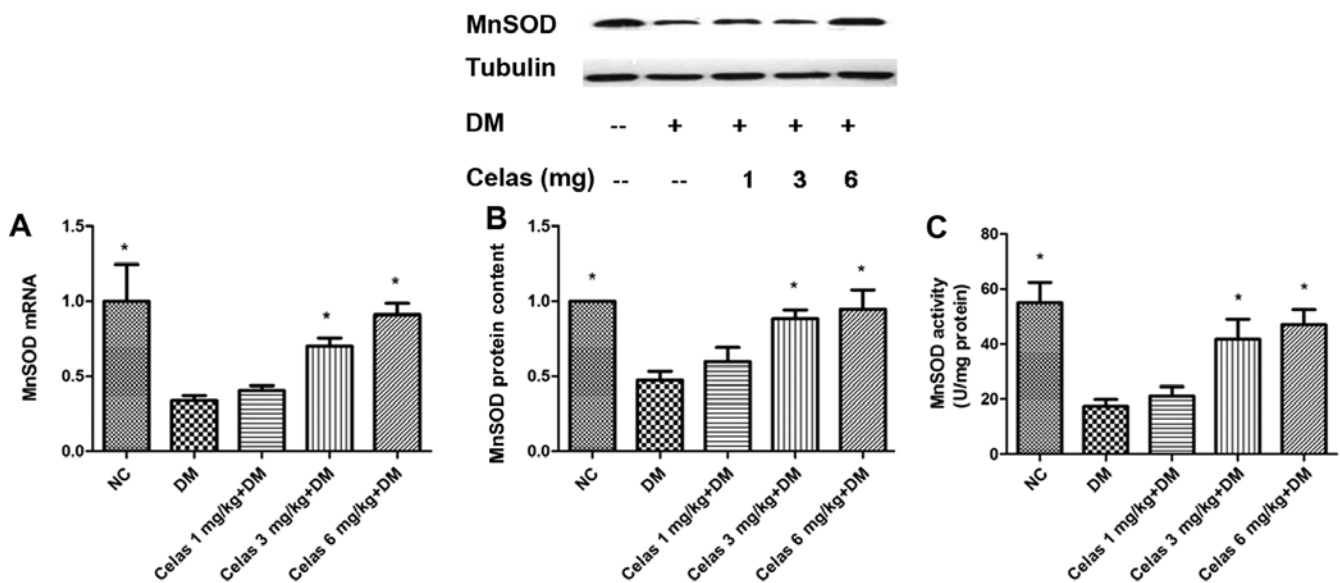


Figure 6. Celastrol attenuates the reduction in the expression and enzyme activity of mitochondrial manganese superoxide dismutase (MnSOD) in paravertebral muscle of rats. (A) Celastrol increased MnSOD mRNA levels in paravertebral muscle. (B) Celastrol increased MnSOD protein levels in paravertebral muscle. (C) Celastrol increased enzyme activity of MnSOD in paravertebral muscle. The activity of MnSOD was analyzed using relevant kits. \* $p < 0.05$  vs. diabetic rats.

the enzyme activity of MnSOD (Fig. 6C). However, neither the expression nor the enzyme activity of MnSOD exhibited a significant increase following treatment with 1 mg/kg celastrol. Taken together, these findings indicate that celastrol attenuates oxidative stress in a dose-dependent manner.

*Celastrol promotes the activation of the AMPK-PGC1 $\alpha$ -SIRT3 signaling pathway in skeletal muscle of rats with diabetes.* To determine whether celastrol ameliorates oxidative stress by regulating SIRT3, we assessed the enzyme activity and content of SIRT3 in the paravertebral muscle of experimental rats. As expected, the mRNA and protein level of SIRT3 in the DM group was decreased by 68.4 and 65.3%, respectively, compared to the NC group. Treatment with 3 and 6 mg/kg celastrol significantly increased both the mRNA and protein level of SIRT3 (Fig. 7A and D). Furthermore, we analyzed the enzyme activity of SIRT3. A reduction of 41.9% in SIRT3 enzyme activity was observed in the DM group compared with the NC group. Treatment with 3 and 6 mg/kg celastrol markedly

enhanced the enzyme activity of SIRT3 (Fig. 7C). Consistent with the results obtained for MnSOD, neither the expression nor the enzyme activity of SIRT3 exhibited a marked improvement following treatment with 1 mg/kg celastrol.

It has been found that SIRT3 functions as a downstream target of PGC1 $\alpha$ , which is directly regulated by AMPK (14,15). Therefore, we examined the possible role of the AMPK-PGC1 $\alpha$  signaling pathway as a modulator of the regulatory effects of celastrol on SIRT3. The mRNA and protein levels of PGC1 $\alpha$  were decreased in the DM group by 66.3 and 64.9%, respectively compared to the NC group (Fig. 7B and E). Treatment with 3 and 6 mg/kg celastrol significantly increased the levels PGC1 $\alpha$ . In accordance with this upregulation, we also observed increased p-AMPK (Fig. 7F) levels in the paravertebral muscle of rats treated with 3 and 6 mg/kg celastrol. Similarly, there was no significant increase in the levels of PGC1 $\alpha$  and p-AMPK in the group treated with 1 mg/kg celastrol. Taken together, our results indicated that celastrol increased the expression

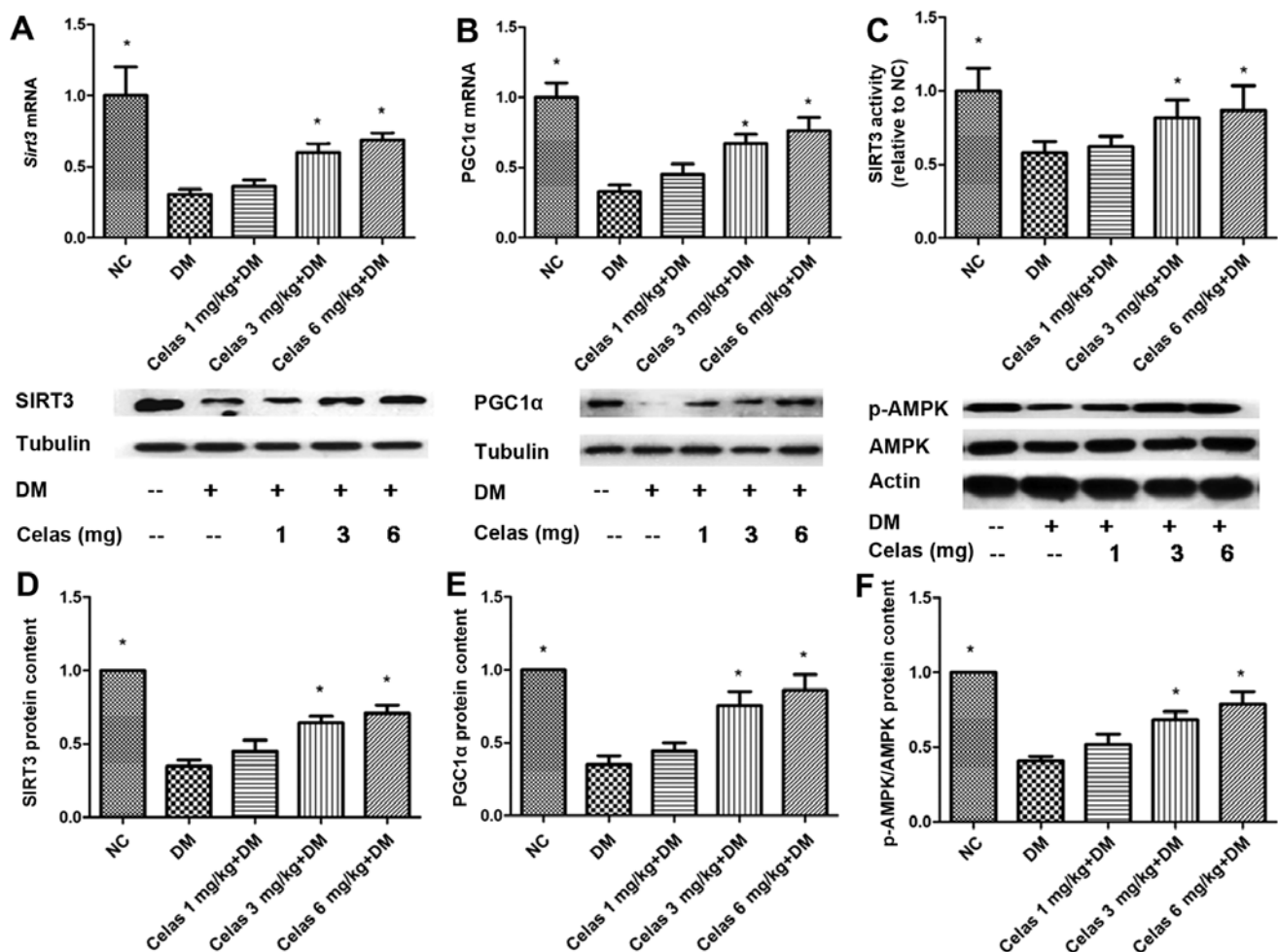


Figure 7. Celastrol upregulates the AMPK-activated protein kinase (AMPK)-peroxisome proliferator-activated response- $\gamma$  coactivator 1 $\alpha$  (PGC1 $\alpha$ )-silent mating-type information regulation 2 homolog 3 (SIRT3) signaling pathway in paravertebral muscle of rats. Celastrol increased (A) *Sirt3* and (B) PGC1 $\alpha$  mRNA levels in paravertebral muscle. (C) Celastrol increased SIRT3 activity in paravertebral muscle. Celastrol increased (D) SIRT3 and (E) PGC1 $\alpha$  protein levels in paravertebral muscle. (F) AMPK T-172 phosphorylation and AMPK total protein in the paravertebral muscle were assayed; AMPK phosphorylation was determined as p-AMPK normalized to total AMPK. Celastrol increased AMPK phosphorylation in muscle. \* $p < 0.05$  vs. diabetic rats.

of p-AMPK and PGC1 $\alpha$  in a dose-dependent manner in the skeletal muscle of rats with diabetes. Celastrol activated the AMPK-PGC1 $\alpha$  signaling pathway *in vivo*.

## Discussion

In this study, we firstly found that the expression levels of AMPK, PGC1 $\alpha$ , SIRT3 and MnSOD were all decreased in the skeletal muscle of diabetic patients, accompanied by pathological damage. We also demonstrated that celastrol attenuated the pathological damage and oxidative stress, and activated the AMPK-PGC1 $\alpha$ -SIRT3 signaling pathway in the skeletal muscle of diabetic rats.

Recently, ROS have been shown to play important roles in the activation of different signaling pathways and in the development of T2DM (7). Antioxidants, such as MnSOD, catalase (CAT), glutathione peroxidase (GPX) and GSH effectively form a defensive mechanism against the onslaught of ROS, protecting cells from oxidative stress (32). As is known, MDA is the main product of lipid peroxidation and its concentration usually reflects the total level of lipid peroxidation (33). In this study, both the activity and expression of MnSOD, as well as the

level of GSH markedly decreased, with a significant increase in the level of MDA in diabetic rats, indicating that oxidative stress was enhanced during the development of diabetes. Following treatment with the middle and high dose (3 and 6 mg/kg/day) of celastrol, the activity and the expression of MnSOD, coupled with the level of GSH and MDA, returned towards their normal control values. Therefore it can be proposed that the middle and high dose of celastrol may be able to counteract oxidative stress-induced toxicity, whereas the low dose of celastrol (1 mg/kg/day) did not have such an effect.

Furthermore, we explored the potential mechanisms of the celastrol-induced ameliorative effects related to oxidative stress in this study. SIRT3 is a mitochondrial sirtuin and regulates energy homeostasis and oxidative metabolism (34,35). SIRT3 suppresses the cellular production of deleterious ROS, via deacetylation and the activation of MnSOD (36) and isocitrate dehydrogenase 2 (IDH2) (37,38). Other studies have shown links between SIRT3 and mitochondrial ROS production by targeting HIF-1 $\alpha$  and SOD2 under different pathological and physiological conditions (38,39). Recently, a study verified that the decreased level of SIRT3 in skeletal muscle in states of diabetes is a major component of the pathogenesis of T2DM,



which can lead to altered mitochondrial function, increased ROS production and oxidative stress, and finally results in insulin resistance; SIRT3 expression in skeletal muscle is altered in models of both type 1 and 2 diabetes (40). In the present study, we found that SIRT3 expression was decreased in the skeletal muscle of patients and rats with T2DM. Following treatment with the middle and high dose of celastrol, SIRT3 expression was increased in the skeletal muscle of diabetic rats in accordance with the results obtained for MnSOD.

In this study, we also investigated the mechanism of celastrol-induced SIRT3 activation. It has been demonstrated that PGC1 $\alpha$ , a nuclear transcriptional coactivator, increases SIRT3 expression at the mRNA and protein level (17). A previous study also reported that PGC1 $\alpha$  improved mouse SIRT3 activity in both hepatocytes and muscle cells, indicating that PGC1 $\alpha$  acts as an endogenous regulator of SIRT3 (41). The normal functioning of the PGC1 $\alpha$ /SIRT3 axis has been reported as essential for the regulation of mitochondrial metabolism, biogenesis and oxidative stress (12). Abnormal PGC1 $\alpha$  levels have been linked to the development of DM (42). In addition, AMPK increases the activity of PGC1 $\alpha$  (43), at least through two mechanisms. Firstly, PGC1 $\alpha$  is phosphorylated and activated by AMPK directly, which can then coactivate at its own promoter to stimulate its expression (15,44). Next, AMPK increases the levels of cellular NAD<sup>+</sup>, in turn activating SIRT1 to activate PGC1 $\alpha$  (45,46). What is more, in this study, we found that the expression of AMPK and PGC1 $\alpha$  was decreased in the skeletal muscle of patients with T2DM. We presumed that celastrol upregulated SIRT3 expression via the activation of the AMPK-PGC1 $\alpha$  axis. As expected, our results revealed that the expression levels of AMPK and PGC1 $\alpha$  increased following treatment with the middle and high dose of celastrol. Thus, it can be concluded that celastrol regulates SIRT3 expression at least partly through the activation of the AMPK-PGC1 $\alpha$  axis.

This study has some limitations. First, this study did not employ special gene deficient mice, such as *Sirt3* knockout mice, in order to provide more conclusive evidence of the signaling pathway in question. Second, cell culture was not conducted to verify the potential involvement of the AMPK-PGC1 $\alpha$ -SIRT3 signaling pathway following treatment with celastrol *in vitro*.

In conclusion, the findings of the present study indicated that celastrol attenuated oxidative stress in skeletal muscle partial by regulating the AMPK-PGC1 $\alpha$ -SIRT3 signaling pathway. Our findings suggest a potential role for celastrol in the treatment of the chronic complications of diabetes mellitus. Further studies on this matter are warranted using specific gene deficient mice and performing *in vitro* experiments to confirm our findings.

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