

REVIEW

Practical management of oligometastatic gastric cancer

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Available online 21 November 2024

Gastric cancer is one of the types of cancer with a high prevalence of morbidity. The frequency of esophagogastric junction cancer, 5-year survival rates, perioperative adjuvant therapy, and standard chemotherapeutic regimens for gastric cancer vary between Asian countries and the West. Although oligometastasis is considered an intermediate state between localized and systemic disease, no standardized definition regarding metastatic organ sites or international consensus in gastric cancer exists. Both local treatment, such as radical surgery and radiotherapy, and systemic chemotherapy can be employed for treating patients with gastric cancer with oligometastatic disease. Recently, evidence for oligometastatic gastric cancer has been accumulated, including findings from several clinical trials conducted in Asian and Western countries, focusing on both organ-specific and non-organ-specific oligometastatic gastric cancer. Here, we review the latest findings on oligometastasis in gastric cancer, including variations in treatment strategies between Western and Asian countries. Further investigation is needed to determine the most favorable practical management strategies for patients with metachronous oligometastasis in gastric cancer, including the use of molecular-targeted agents and immune checkpoint inhibitors. The results of ongoing trials may shed light on the optimal treatment approaches for oligometastatic disease.

Key words: chemotherapy, gastric cancer, oligometastasis, treatment strategies

INTRODUCTION

Gastric cancer, the fifth most common type of cancer worldwide, is the fifth leading cause of cancer-related death.¹ Its incidence and mortality rates are notably high in East Asia. Although systemic chemotherapy with several cytotoxic and molecular-targeted agents or immune checkpoint inhibitors has prolonged the survival of patients with advanced gastric cancer (AGC), the median overall survival (OS) remains suboptimal.²⁻⁸ The frequency of esophagogastric junction cancer, 5-year survival rates, perioperative adjuvant therapy, and standard chemotherapeutic regimens vary between countries in Asia and the West (Table 1).⁹⁻¹¹ Japan and Korea are known to have a high rate of endoscopic diagnosis for early gastric cancer, with widespread use of endoscopic mucosal resection/dissection.¹²⁻¹⁵ In contrast, Western countries generally carry out less extensive surgical lymph node dissection compared with Asian countries. Additionally, Western countries have a higher incidence of esophagogastric

junction cancer, accounting for ~25%-30% of all cases according to clinical trials. In Asia, the incidence of gastric cancer against a background of chronic gastritis attributed to *Helicobacter pylori* (*H. pylori*) infection is high, with the diffuse type being more prevalent. Conversely, in Western regions where the infection rate of *H. pylori* is low, the common sites include the cardia, with the intestinal type being more common. Diffuse AGC has a high frequency of peritoneal dissemination, whereas intestinal AGC has a high frequency of liver metastasis.

Oligometastasis, proposed by Hellman and Weichselbaum¹⁶ for the first time, generally refers to a small number of metastases; however, no standardized definition is available concerning the organ sites or international consensus. Recent advancements in the diagnostic techniques and therapeutic modalities have resulted in increased focus on oligometastases. The widespread adoption of positron emission tomography (PET) has facilitated the detection of oligometastases. Additionally, the development of new systemic therapies, including molecular-targeted agents or immune checkpoint inhibitors, has contributed to this heightened interest.^{3,5-7,17-19} Oligometastasis is considered an intermediate state between localized (generally resectable and curable) and systemic (generally treated with palliative chemotherapy and incurable) disease. In lung cancer, prostate cancer, and breast

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Table 1. Comparison of gastric cancer between the Eastern and Western countries		
	East Asia	West
Prevalence	High	Low
Proportion of gastroesophageal junction cancer	Low (gradually increasing trend)	High
Early cancer	Common	Rare
<i>Helicobacter pylori</i> -induced gastric cancer	Common	Rare
Standard surgery	D2 dissection	D1 or D2 dissection
5-Year survival by surgery	70%	30%-40%
Standard perioperative chemotherapy	Post-operative chemotherapy in Japan (S-1/CapeOX/SOX/DS) Perioperative chemotherapy (neoadjuvant and post-adjuvant DOS)	Perioperative chemotherapy (neoadjuvant and post-adjuvant FLOT)
Standard chemotherapy regimen for advanced gastric cancer	Doublet	Doublet or triplet

CapeOX, capecitabine + oxaliplatin; DOS, docetaxel + oxaliplatin + S-1; DS, docetaxel + S-1; FLOT, 5-fluorouracil + leucovorin + oxaliplatin + docetaxel; SOX, S-1 + oxaliplatin.

cancer, the benefit of local treatment, including radiation therapy and surgery, has been reported for oligometastatic disease.²⁰ In this review, we outline the most recent findings on oligometastasis in gastric cancer, including variations in the treatment strategies between Western countries and Asian countries, along with discussing future perspectives.

DEFINITION OF OLIGOMETASTASIS FOR GASTRIC CANCER

The term ‘oligometastasis’ has historically lacked a precise definition. For instance, it could refer to a *de novo* oligometastasis or a controlled multiple metastasis that has

reduced to an induced oligometastasis. Most recently, the proposed definition of oligometastatic disease in a joint systematic review by the European Society for Radiotherapy and Oncology and the American Society for Radiation Oncology²⁰ classifies oligometastasis in nine clinicopathological conditions. A limited number of metastases detected at the time of initial diagnosis is considered synchronous oligometastasis (Figure 1A). A limited number of metastases detected at least 3 months after the initial diagnosis is considered metachronous oligometastasis. Resectable gastric cancer cases that recur after neoadjuvant chemotherapy are termed metachronous oligometastasis. In the field of gastric cancer, metachronous oligometastasis and

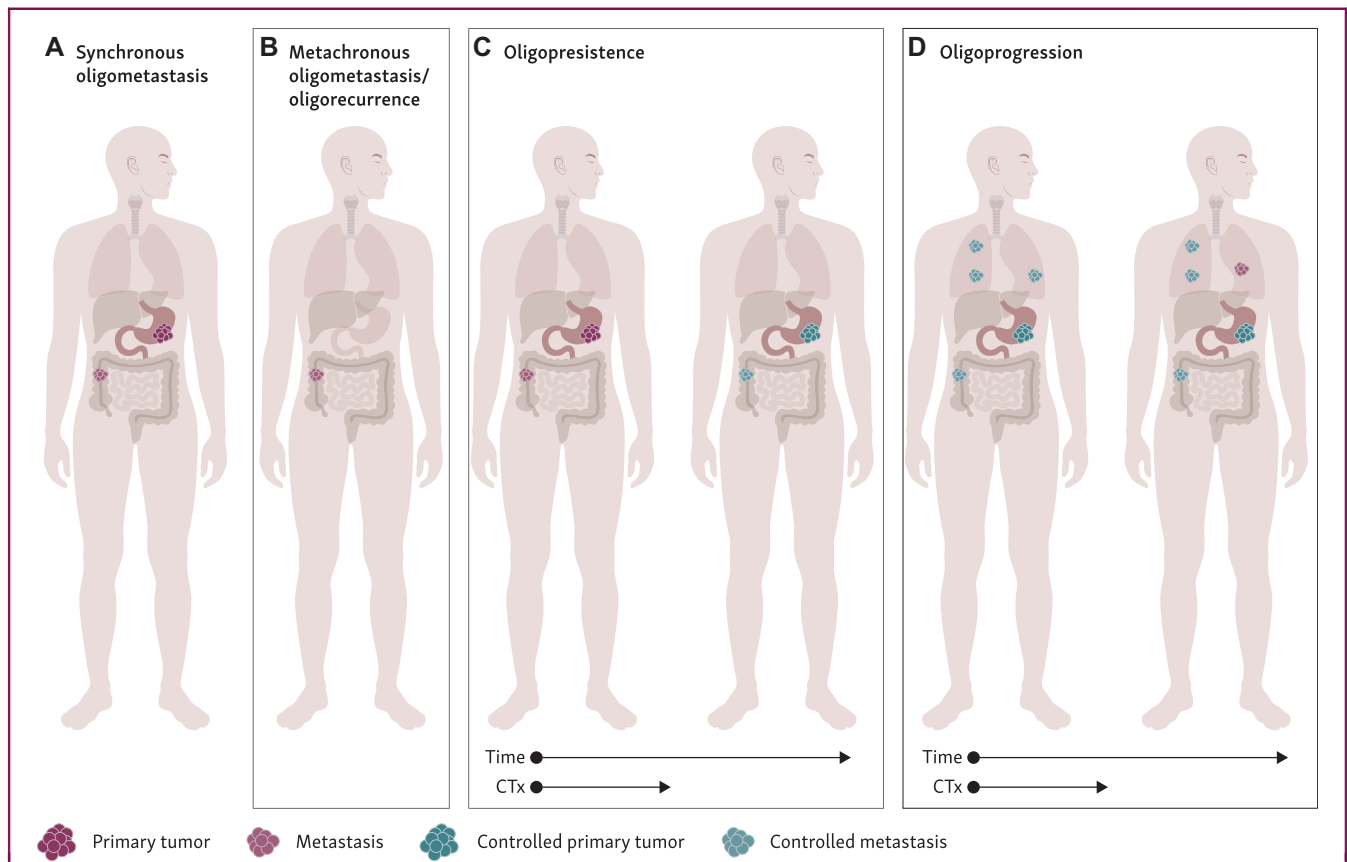


Figure 1. Representation of oligometastatic states. CTx, chemotherapy.

metachronous oligorecurrence are nearly synonymous when the primary tumor has been resected (Figure 1B). Two other commonly used terms are oligopersistence and oligoprogression. In gastric cancer, oligopersistence often warrants ‘conversion surgery’ following systemic chemotherapy (Figure 1C). Oligoprogression refers to a small number of lesions that progress against a background of controlled metastatic disease. In recent years, with the advent of immune checkpoint inhibitors and molecular-targeted agents for gastric cancer, as well as cytotoxic agents, oligoprogression has been reported in gastric cancer (Figure 1D).²¹

For gastric cancer, the OligoMetastatic Esophagogastric Cancer (OMEC) project has developed European clinical practice guidelines for the definition, diagnosis, and treatment of esophagogastric oligometastatic disease.²²⁻²⁴ These guidelines were developed by 49 European experts in esophagogastric cancer. Oligometastasis was defined as three or fewer metastases in one organ or one extra-regional lymph node metastasis. PET imaging is recommended when considering baseline and local therapy, with synchronous oligometastatic disease and a disease-free interval of ≤ 2 years; re-staging is used to assess the suitability of local therapy after systemic therapy; moreover, local therapy is recommended for patients with metachronous oligometastatic disease and a disease-free interval of ≥ 2 years.

The Japanese gastric cancer treatment guidelines only mention paraaortic lymph node and liver metastases for oligometastatic disease. Surgical resection following neoadjuvant chemotherapy is weakly recommended for a small number of No. 16a2/b1 para-aortic lymph node metastases; moreover, surgical resection is cautiously recommended for solitary liver metastases. The variations between European and Japanese gastric cancer treatment guidelines are outlined in Table 2.

The National Comprehensive Cancer Network guidelines do not include a definition of oligometastasis or a section

on treatment strategies.²⁵ Pan-Asian adapted ESMO Clinical Practice Guidelines for the diagnosis, treatment, and follow-up of patients with gastric cancer have been recently published.²⁶ The guidelines state that the treatment of metastases cannot be recommended in general but might be considered as an individual approach in highly selected cases of oligometastatic disease, which may be responsive to chemotherapy.

TREATMENT STRATEGY FOR OLIGOMETASTASIS OF GASTRIC CANCER

When optimizing treatment strategies for oligometastasis of gastric cancer, a multifaceted perspective is required. (i) Should systemic chemotherapy be administered first? (ii) Is surgical resection necessary even in cases of clinical complete response (CR)? (iii) Should surgical resection be carried out in cases that do not achieve clinical CR. (iv) Should molecular pathology background, including human epidermal growth factor receptor 2 (HER2), programmed death-ligand 1 (PD-L1) positivity, microsatellite instability-high (MSI-H), and positive claudin-18 isoform 2 (CLDN18.2) be considered? (v) Is the treatment strategy different for synchronous and metachronous oligometastasis? Several clinical trials on oligometastasis have been reported, differing in target populations, control groups, and chemotherapeutic regimens (Figure 2).

Does the RENAISSANCE trial offer insight into the preferred treatment choice for oligometastasis between chemotherapy or surgery?

Table 3 summarizes certain characteristics and relevant outcomes of pivotal prospective trials for oligometastasis of gastric cancer,²⁷⁻³⁰ which may also be related to the differences in the frequency of metastatic sites observed in clinical trials targeting oligometastasis in gastric cancer. Several

	European clinical practice guidelines ²²	Japanese gastric cancer treatment guidelines ⁸
Definition of oligometastatic cancer	1 Organ with ≤ 3 metastases or 1 extra-regional lymph node station	Often refers to a small number of metastases ($\leq 2-3$) in 1-2 organs, but not strictly defined
Liver	≤ 3 Unilobar liver metastases (consensus) ≤ 2 Bilobar liver metastases (fair)	Not described
Lung	≤ 3 Unilateral lung metastases (consensus) ≤ 2 Bilateral lung metastases (fair)	Not described
Adrenal gland	Unilateral adrenal gland involvement	Not described
Bone or soft tissue	1 Bone or 1 soft tissue metastasis 2 Bone metastases in 1 bone or 2 soft tissue metastases in 2 compartments	Not described
Treatment of oligometastatic cancer	Synchronous or metachronous OMD with DFI ≤ 2 years: systemic chemotherapy Metachronous OMD with DFI > 2 years: systemic chemotherapy or upfront local treatment of OMD (another option)	General treatment strategies for OMD are not described In cases of single liver metastasis, radical resection is recommended In cases of aortic lymph node (16a2/b1) metastasis, neoadjuvant chemotherapy followed by radical resection is recommended

DFI, disease-free survival; OMD, oligometastatic disease.

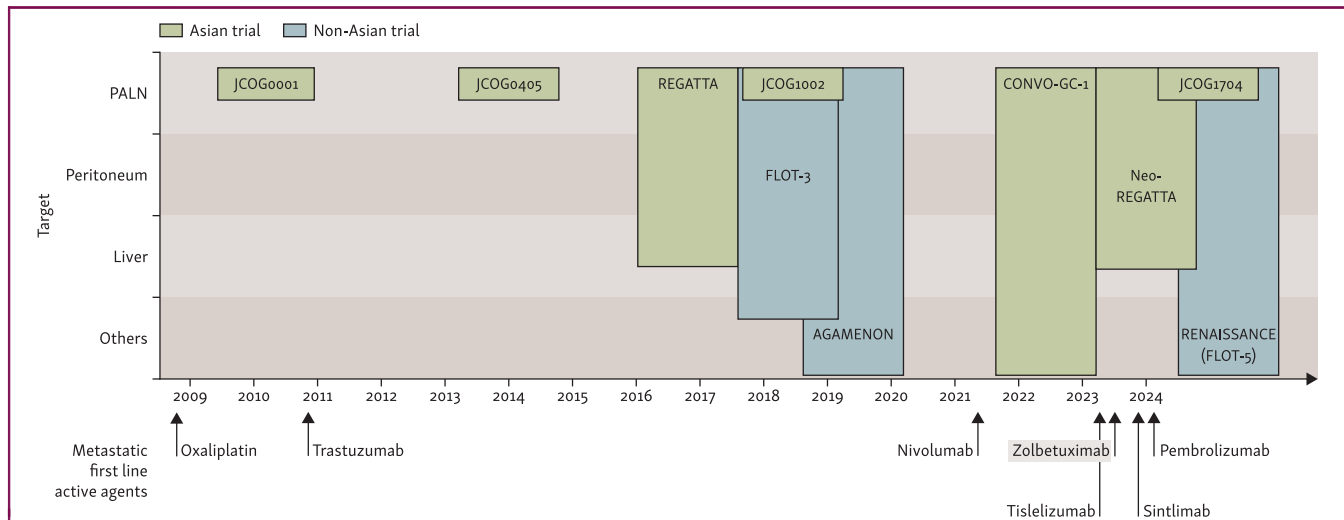


Figure 2. Overview of studies on oligometastatic disease in gastric cancer. met, metastasis; PALN, para-aortic lymph node.

retrospective studies of non-organ-specific oligometastasis have been reported.³¹⁻³³ The prognosis was better in patients with gastric cancer with localized metastases who underwent chemotherapy followed by surgery compared with those who underwent chemotherapy alone (16.7-28.0 versus 9.0-15.3 months), suggesting that surgery following chemotherapy may contribute to improved outcomes (Table 4).

The REGATTA trial, which was an open-label, randomized, phase III study conducted in Japan, Korea, and Singapore, evaluated the superiority of chemotherapy (S-1 plus cisplatin) following gastrectomy over chemotherapy alone in patients with AGC localized to one noncurative factor in the liver (H1), peritoneum (P1), or para-aortic lymph nodes (16a1/b2). The trial was terminated and the median OS was 16.6 months [95% confidence interval (CI), 13.7-19.8 months] in the chemotherapy alone group and 14.3 months (95% CI 11.8-16.3 months) in the gastrectomy plus chemotherapy group [hazard ratio (HR), 1.09; 95% CI 0.78-1.52, $P = 0.70$].²⁷ No superiority was demonstrated for resection of the primary tumor before chemotherapy. In the 89 patients from the surgery-precedent group, radical resection was carried out in 98% of the cases. Of the 86 patients assigned to the chemotherapy arm, 5 (6%) received surgery.

The Neo-REGATTA trial conducted in China evaluated the effectiveness of docetaxel, oxaliplatin, and S-1 (DOS regimen) followed by radical resection versus chemotherapy in patients with advanced gastric adenocarcinoma with a single non-curative factor. The patients without disease progression after four cycles of DOS were divided into chemotherapy and surgery groups. The median OS was 18.0 months for the chemotherapy group; however, it was not reached in the resection group.³⁰ A total of 73 cases were enrolled, with 35 (48%) and 25 (34%) undergoing surgery and chemotherapy, respectively. In the REGATTA trial, ~70% of patients had peritoneal dissemination, whereas in the Neo-REGATTA trial, it was ~25%. Those differences may have affected the results. The Neo-REGATTA trial excluded patients with tumor progression after preoperative chemotherapy, highlighting the importance of selecting

appropriate candidates, such as those who respond to chemotherapy, when considering local treatment options. While the negative outcomes of the REGATTA trial suggest that primary tumor resection cannot be universally recommended for all patients, Asian trials suggest that primary resection improves outcomes in patients with AGC with non-curative resection factors who can undergo resectable surgery without exacerbation following chemotherapy.

The AIO-FLOT3 trial, which is a prospective phase II study in patients with adenocarcinoma of the stomach or gastroesophageal junction, included three cohorts of patients with resectable and metastatic disease.²⁹ The cohort of patients with localized metastases received four cycles of neoadjuvant FLOT (fluorouracil, leucovorin, oxaliplatin, and docetaxel) followed by surgical resection. The median OS in the cohort with localized metastases was better than that in the cohort with non-localized metastases (22.9 versus 10.7 months; HR, 0.37; 95% CI 0.25-0.55; $P < 0.001$).

The RENAISSANCE trial aimed to evaluate the significance of surgical intervention following systemic therapy in limited metastatic gastric cancer/esophagogastric junction cancer. Patients with localized metastases, specifically retroperitoneal lymph node [RPLN] metastases only or a maximum of one resectable or locally controllable curatively unresectable organ site with or without RPLN metastases, were included. After four cycles of FLOT therapy, the outcomes were compared between the continued FLOT and radical complete surgical resection groups (median OS, 23.6 versus 18.5 months; HR, 1.037; 95% CI 0.691-1.556; $P = 0.8610$). Surgery was carried out after neoadjuvant chemotherapy in 54% of the 67 patients assigned to the surgery group.

The results of these trials evaluating surgical therapy following systemic chemotherapy for gastric cancer with localized metastases indicate certain differences in the patient backgrounds, chemotherapeutic regimens, and treatment outcomes. Owing to differences in the regions where the trials were conducted, the diffuse type was more common in Asian trials (34%-76% versus 25%-30%), while

Table 3. Summary of key characteristics and outcomes from pivotal prospective trials for oligometastasis in gastric cancer

Study	RENAISSANCE ²⁸				REGATTA ²⁷				FLOT-3 ²⁹			Neo-REGATTA ³⁰	
Study design	Phase III				Phase III				Prospective phase II			Prospective phase II	
Region	Germany				Japan/South Korea/Singapore				Germany			China	
Treatment		FLOT + surgery	FLOT		S-1/cisplatin	Surgery → S-1/cisplatin		FLOT + surgery (limited metastatic)	FLOT (limited metastatic)		DOS + surgery		
Definition and distribution of limited/oligometastatic lesion	Lymph node	RPLN	22%	18%	#16a1/b2	13%	15%	RPLN	45%	#16a1/b2	51.4%		
	Peritoneum	P1 ^a	25%	33%	Diaphragm or caudal to the transverse colon ^b	77%	73%	P1 or P2 ^a	6.7%	above the transverse colon ^c	20.0%		
	Liver	≤5	36%	28%		6%	12%	<5, single site	18.3%	transverse	28.6%		
	Lung	Unilateral	1%	6%				Unilateral	16.7%	colon ^c	NA		
	Ovary	Uni- or bilateral	1%	0%				Uni- or bilateral	0%	one lesion or limited in one lobe			
	Adrenal	Uni- or bilateral	3%	3%	Two to four			Uni- or bilateral	60.1%				
	others	Extra-abdominal LN	7%	10%				Extra-abdominal LN		Uni- or bilateral			
		Bone	1%	1%									
GEJ/gastric			69%/31%	68%/32%		0%/100%	0/100%		68.2%/31.8%		25.7%/74.3%		
Histological type (diffuse/intestinal/mixed)			25%/36%/10%	19%/46%/4%		76%/24%/0%	75%/25%/0%		30.0%/38.3%/13.3%		34.3%/45.7%/20.0%		
N			67	72		86	89		36	31	35		
Complication rate of NAC			100%	NA		86%	NA		NA	NA	100%		
Completion rate from NAC to surgical treatment			54%	NA		NA	98% ^d		60%	NA	NA (73 enrolled, 35 underwent surgery, 25 chemotherapy)		
Median survival time (months) [‡]			18.5	23.6		16.6	14.3		31.3	15.9	Not reached		
2-Year overall survival			NA	NA		31.7%	25.1%		NA	NA	81.7%		

DOS, docetaxel + oxaliplatin + S-1; FLOT, fluorouracil + leucovorin + oxaliplatin + docetaxel; GEJ, gastroesophageal junction; LN, lymph node; NA, not assessment; NAC, neoadjuvant chemotherapy; RPLN, retroperitoneal lymph node.

^aP1 or P2 was defined according to guidelines by the Japanese research society for gastric cancer.

^bThe diaphragm or peritoneum caudal to the transverse colon without massive ascites or intestinal obstruction.

^cLimited lesions in the peritoneum above the transverse colon, including the diaphragm, mesentery, and greater omentum.

^dRatio of the patients who underwent gastrectomy.

Table 4. Overview of selected studies in patients with organ-specific oligometastatic gastric cancer

Metastatic lesion	Study or author	Study design	Year	Metastatic number or location	N	Region	Type of oligometastasis	Treatment	Median OS
Not organ-specific									
	RENAISSANCE ²⁸	Phase III	2024	RPLN and/or 1	67 72	Germany	Synchronous	FLOT + surgery + FLOT FLOT	18.5 months 23.6 months
	REGATTA ²⁷	Phase III	2016	Peritoneum, liver, 16a1/b2	89 86	Japan/South Korea/Singapore	Synchronous	S-1/cisplatin + surgery S-1/cisplatin	14.3 months 16.6 months
	FLOT-3 ²⁹	Phase II	2017	RPLN and/or 1	36 31	Germany	Synchronous	FLOT + surgery +FLOT FLOT	31.3 months 15.9 months
	Neo-REGATTA ³⁰	Phase II	2023	Peritoneum, liver, 16a1/b2	35 25	China	Synchronous	DOS + surgery DOS	Not reached 18.0 months
	Kim ³³	Retrospective	2011	Peritoneum, liver, lung, distant LN	42 185	South Korea	Synchronous	Ctx + surgery Ctx	28.0 months 9.0 months
	AGAMENON ³¹	Retrospective	2018	Liver, lung, peritoneal, LN, others	97	Spain	Synchronous	Ctx + surgery	16.7 months
	Hara ³²	Retrospective	2023	Liver, lung, adrenal, PALN, distant LN	21 50	Japan	Synchronous/ metachronous	Ctx + surgery Ctx	48.3 months 15.3 months
Organ-specific									
Extra-regional lymph node									
	RENAISSANCE ²⁸	Phase III	2024	RPLN only	18 19	Germany	Synchronous	FLOT + surgery + FLOT FLOT	29.6 months 17.1 months
	JCOG1002 ³⁵	Phase II	2017	16a2/b1 and/or bulky LN	53	Japan	Synchronous	DCS	55% (5-year OS)
	JCOG1704 ³⁷	Phase II	2024	16a2/b1 and/or bulky LN	47	Japan	Synchronous	DOS	NA
	CONVO-GC-1 ³⁸	Retrospective	2021	16a2/b1 16a1/b2	222 106	Japan/South Korea/China	Synchronous	Ctx + surgery	33.5 months 54.3 months
	Hara ³²	Retrospective	2023	PALN Distant LN	55 10	Japan	Synchronous/ metachronous	Surgery or surgery + Ctx or Ctx	21.0 months 28.8 months
Liver									
	RENAISSANCE ²⁸	Phase III	2024	Five or less	24 20	Germany	Synchronous	FLOT + surgery + FLOT FLOT	24.9 months 25.7 months
	CONVO-GC-1 ³⁸	Retrospective	2021	Solitary Two Three or more	63 24 53	Japan/South Korea/China	Synchronous	Ctx + surgery	95.2 months 46.6 months 56.6 months
	Shirasu ⁴⁵	Retrospective	2018	Two or three	9 15 3	Japan	Synchronous/ metachronous	Ctx Surgery Ctx followed by surgery	38.1 months 24.8 months Not reached
	Hara ³²	Retrospective	2023	Three or less	27	Japan	Synchronous/ metachronous	Surgery or surgery + Ctx or Ctx	28.8 months
	van Hooftgem ⁴⁶	Retrospective	2024	Five or less	31	Netherlands/ Italy/Belgium	Synchronous	Ctx and/or surgery/ablation	21 months
Peritoneum									
	RENAISSANCE ²⁸	Phase III	2024	P1 ^a	17 24	Germany	Synchronous	FLOT + surgery + FLOT FLOT	11.9 months 18.6 months
	CONVO-GC-1 ³⁸	Retrospective	2021	POCY1 Peritoneal metastasis	107 99	Japan	Synchronous	Ctx + R0 resection Ctx + R0 resection	42.4 months 41.8 months
	Yamaguchi ⁵⁸	Retrospective	2021	CY1 and/or P1a ^a	150 563	Japan	Synchronous	Initial Ctx Initial Surgery	24.8 months 24.0 months

Ctx, chemotherapy; CY, cytology; DCS, docetaxel + cisplatin + S-1; DOS, docetaxel + oxaliplatin + S-1; FLOT, fluorouracil + leucovorin + oxaliplatin + docetaxel; LN, lymph node; NA, not assessment; OS, overall survival; PALN, para-aortic lymph node; RPLN, retroperitoneal lymph node.

^aP1 or P1a was defined according to guidelines of the Japanese research society for gastric cancer.

gastroesophageal junction cancer was more common in Western trials (26% versus 31%-32%), indicating regional differences in the incidence of gastric cancer. Moreover, a questionnaire survey on gastric cancer with liver metastases compared clinical practice in Europe (European Organization for Research and Treatment of Cancer) and Japan

(Japan Clinical Oncology Group).³⁴ For patients with resectable synchronous liver metastasis, 7.5% and 40.0% of European and Japanese physicians, respectively, carried out gastrectomy and hepatic resection; 43.3% and 52.7% carried out chemotherapy followed by gastrectomy and hepatic resection, respectively, and 26.9% and 3.6% carried

out chemotherapy only. Hence, if the oligometastatic lesion is resectable, radical resection is often carried out in Asian countries; however, in Western countries, chemotherapy is the main treatment strategy considered. When interpreting clinical trials on oligometastasis in clinical settings, it is necessary to adopt a multifaceted and multidimensional perspective that considers geo-regional disparities. Notably, international collaborative clinical studies may be warranted to establish treatment strategies for providing timely surgery or chemotherapy to the right patient and improving the outcomes of patients with gastric cancer.

Organ-specific oligometastatic gastric cancer

In gastric cancer with extra-regional lymph node metastasis, such as metastasis to the para-aortic, supraclavicular, mediastinal, and axillary lymph nodes, the efficacy of chemotherapy followed by surgery has been reported based on the data from Asian studies (median OS, 21.0–54.3 months).^{35–38} Based on data from Japanese prospective trials, chemotherapy followed by radical resection is considered one of the treatment options for 16a2/b1 lymph node metastasis.^{35,37,39} The para-aortic lymph node metastases at 16a1/16b2, however, which are located in the retroperitoneum, are more advanced than those at 16a2/16b1, which are considered classically unresectable.^{40–42} The RENAISSANCE trial reported numerically better survival in the chemotherapy followed by surgery group than in the chemotherapy alone group in patients with only RPLN metastases (median OS, 29.6 versus 17.1 months; $P = 0.6049$).²⁸ Data on distant lymph node metastases other than para-aortic lymph node metastases are lacking, and no conclusions have been drawn regarding systemic chemotherapy or chemotherapy followed by surgery in clinical settings.^{32,43}

Solitary liver metastasis is weakly recommended for radical resection in the Japanese gastric cancer treatment guidelines.^{8,28,32,38,44–54} Chemotherapy is commonly adapted for two to three metastatic liver lesions.^{46,49,51,54,55} Surgery is beneficial in cases of oligopersistence following chemotherapy in retrospective studies.^{32,45} Conversely, the subgroup analysis of liver metastasis in the RENAISSANCE trial demonstrated no difference between the chemotherapy followed by surgery and continued chemotherapy groups (median OS, 24.9 versus 25.7 months; $P = 0.9529$). This study, however, included five or fewer liver metastases and did not cover only three or fewer liver metastases as defined by OMEC or solitary liver metastasis mentioned in the Japanese gastric cancer treatment guidelines.^{8,22,23} Thus, treatment strategies for localized liver metastases are controversial.

Peritoneal lavage cytology positive (CY1) is generally considered a non-curative factor. A treatment strategy of prior gastrectomy followed by chemotherapy has been reported in several retrospective studies (median 5-year OS, 26.0%–30.2%).^{56–58} The JCOG0501 trial, however, comparing gastrectomy with or without neoadjuvant S-1 plus cisplatin for type 4 or large type 3 gastric cancer, reported no

difference between the two groups for prior surgery and prior chemotherapy in the CY1 subgroup (HR, 1.05; 95% CI 0.60–1.85).⁵⁹ Conversely, the importance of R0 resection has been documented in cases where cytology-negative results are achieved following chemotherapy (conversion surgery) (median OS, 24.0–42.8 months).^{38,58,60} Similar to CY1 disease, there is no established standard of care for patients with peritoneal metastases localized near the stomach, as defined by P1a in the Japanese classification of gastric carcinoma.^{8,58,61} In a retrospective Japanese study of the patients with P1a, the patients in the initial chemotherapy group with P1a converting to P0 and CY0 had better survival outcomes than did patients in the initial surgery group (median OS, 32.0 versus 24.0 months; HR, 1.64; $P = 0.004$).⁵⁸ In the RENAISSANCE trial, the chemotherapy arm showed a more favorable outcome than the chemotherapy followed by surgery arm (median OS, 11.9 versus 18.6 months; $P = 0.0926$); however, the results were not obtained in cases where P0/CY0 status was confirmed.²⁸ Confirmation of P0/CY0 status following chemotherapy may serve as a clinical indicator for oligopersistence in P1/CY1. In these cases, surgery following chemotherapy may be recommended.

For other metastatic organs, few case series have documented lung, bone, ovarian, and adrenal metastases.^{62–69} A relatively large number of case reports on surgical therapy are available for Krukenberg tumor in gastric cancer.^{67,68} Median OS for patients undergoing metastasectomy of Krukenberg tumors was numerically better when compared with that for non-metastasectomy (median OS, 14 to –19 versus 8–11.8 months). The coexistence of peritoneal dissemination has been reported as a poor prognostic factor in several studies, with some suggesting that resection may not improve prognosis in patients with peritoneal dissemination. Treatment strategies, including criteria for selecting patients for surgical therapy, such as in the case of Krukenberg tumors, and decisions regarding the administration of preoperative or post-operative chemotherapy, remain to be established.

REGIMEN SELECTION STRATEGIES FOR OLIGOMETASTATIC GASTRIC CANCER

In the era of molecular-targeted agents or immune checkpoint inhibitors and approval for AGC as first-line therapy, a strategy of adding molecularly-targeted agents (i.e. trastuzumab and zolbetuximab) or immune checkpoint inhibitors (i.e. nivolumab, pembrolizumab, sintilimab, and tislelizumab) with high antitumor effects in addition to the conventional two- or three-drug combination cytotoxic agents can be considered for patients with oligometastatic gastric cancer.^{3,5–7,17,18,70,71} In fact, the data on unresectable colorectal cancer with liver metastases have demonstrated a correlation between response rate and resectability.⁷² Most recently, the CAIRO-5 trial did not demonstrate any survival benefit in the panitumumab arm over the bevacizumab arm despite a 24% increase in the response rate.^{73,74} In addition,

recent prospective studies on resectable gastric cancer have not yet established the efficacy of incorporating molecularly-targeted agents or immune checkpoint inhibitors.⁷⁵⁻⁷⁹ For HER2-positive resectable or extensive lymph node metastatic gastric cancer, the JCOG1301C studies demonstrated a 4%-23% increase in the pathological CR for patients with the addition of anti-HER2 drugs.^{76,77} Similarly, the KEYNOTE-585 and MATTERHORN trials have demonstrated a 10.5%-12% improvement in the pathological CR with the addition of immune checkpoint inhibitors to perioperative chemotherapy.^{78,79} No reports of improved long-term outcomes, however, such as relapse-free survival or OS, exist. The addition of molecularly-targeted agents or immune checkpoint inhibitors for patients with oligometastatic gastric cancer remains controversial, and further investigations are warranted.

IS ORGAN PRESERVATION POSSIBLE IN GASTRIC CANCER WITH OLIGOMETASTASIS?

The MSI-H status is a predictive biomarker of immune checkpoint inhibitors.^{6,80-83} The integrated analysis of KEYNOTE-059, KEYNOTE-061, and KEYNOTE-062 trials in the metastatic setting demonstrated that patients with MSI-H tumors in the pembrolizumab group have a significantly high survival rate; however, OS was not reached.⁸³ Another subgroup analysis of the CheckMate 649 trial demonstrated a favorable prognosis for patients with MSI-H tumors treated with nivolumab plus chemotherapy or ipilimumab (HR, 0.38; objective response rate, 55% versus 39%).⁶ A case report indicated that organ preservation was possible with clinical CR even with later-line treatment, >2 years after the diagnosis of unresectable disease.^{84,85} In resectable cases, a higher rate of pathological CR was observed in patients with MSI-H who received immune checkpoint inhibitors (pathological CR rate, 58.6%-62.5%).⁸⁶⁻⁹⁰ It remains uncertain whether organ preservation for patients with oligometastasis is feasible without radical resection in resectable MSI-H gastric cancer cases. Moreover, even in cases of clinical CR evaluated by imaging studies including PET scans, residual tumor is often found despite radical resection being carried out. Circulating tumor DNA (ctDNA) may serve as an indicator for determining the need for radical resection in patients with oligometastatic gastric cancer who have achieved clinical CR after chemotherapy. ctDNA refers to the portion of cell-free DNA derived specifically from the tumor cells in a patient's blood, which facilitates the detection of molecular residual disease.⁹¹⁻⁹³ Sensitivity and specificity of 85.7% (30/35) and 95.5% (85/89), respectively, were reported by the ctDNA assay in stage I-III resected upper gastrointestinal cancers.⁹² In the gastric cancer subgroup, patients who were ctDNA-negative after surgery had a better prognosis than those who were ctDNA-positive (HR, 17.7; $P < 0.0001$).

FUTURE PERSPECTIVES

Another issue is that most prospective studies have concentrated on synchronous metastases, with few focusing

on metachronous metastases.³² There is no literature consensus on the interval between resection of the primary cancer and the development of oligometastatic disease, distinguishing between synchronous and metachronous metastases.⁹⁴ The OMEC consensus proposes that local therapy is recommended for patients with metachronous oligometastatic disease.²² Whether treatment strategies for patients with oligometastasis in post-resection recurrent cases can be extrapolated from the evidence based on synchronous oligometastasis, however, remains unclear, suggesting the need for further investigation in patients with gastric cancer with metachronous oligometastasis.

Many studies have revealed genomic complexity and heterogeneity of cancer genetic profiles in gastric cancer.^{95,96} A retrospective study of 1124 patients treated with immune checkpoint inhibitors reported a better prognosis in patients with oligoprogression than in those with polyprogression (median OS, 38.5 versus 14.0 months; HR, 0.37; $P < 0.001$).²¹ Oligoprogression was defined as two or fewer sites of disease progression, with varying treatment options, including radiation therapy, local treatment, and systemic chemotherapy, with no differences in the outcomes between local and systemic treatments. Many aspects of oligoprogression in gastric cancer remain unknown, warranting further study for determining the most favorable practical management.

Four prospective phase III trials are currently underway for patients with synchronous oligometastatic disease.⁹⁷⁻⁹⁹ Two are taking place in China and Japan, while the other two are being conducted in western countries. The Chinese study is investigating two treatment arms for gastric cancer with a single non-curable factor by comparing chemotherapy alone with a combination of D2 distal gastrectomy, metastasectomy, and chemotherapy.⁹⁷ The SURGIGAST trial has been designed to evaluate the benefit of combining systemic therapy with radical resection compared with systemic therapy alone for oligometastatic disease in France.⁹⁸ The EA2183 trial from the USA is investigating whether stereotactic body radiation therapy provides an OS advantage for patients who have responded to chemotherapy, compared with continuing with chemotherapy alone.⁹⁹ The Japan Clinical Oncology Group (JCOG) is conducting a phase III trial (JCOG2301) to verify the superiority of conversion surgery over chemotherapy for stage IV gastric cancer, where distant metastatic sites show response to chemotherapy. Although the results of these trials will provide new evidence in the future, they do not address the preferred treatment strategies involving molecular-targeted agents or immune checkpoint inhibitors.

Conclusions

Developing definitions, diagnoses, and treatments for oligometastatic gastric cancer is crucial for its management in clinical settings. There is an urgent need to establish and validate treatment strategies through rigorous clinical trials. The results of ongoing clinical trials will play a pivotal role in improving patient care in daily clinical practice.

ACKNOWLEDGEMENTS

The authors thank Editage (<https://www.editage.jp>) for English language editing. We also thank all the study participants and their families.

FUNDING

None declared.

DISCLOSURE

YN: research funding to my institution from Chugai, Merck Sharp & Dohme.

(MSD), Amgen, ONO Pharmaceutical, Astellas, Sanofi, Taiho, Eisai, Daiichi Sankyo, Novartis, and Pfizer; honoraria for lectures, presentations, and speaker bureaus from Yakult Honsha, Taiho, Eli Lilly, Daiichi Sankyo, Ono Pharma, and Bristol-Myers Squibb; and participation in the advisory board of Daiichi Sankyo.

KM: research funding to my institution from Chugai, MSD, Amgen, ONO Pharmaceutical, Astellas, Sanofi, Taiho, Eisai, Daiichi Sankyo, Novartis, and Pfizer; consulting fees from AstraZeneca, ONO Pharmaceutical, Amgen, and Astellas; honoraria for lectures from ONO Pharmaceutical, Taiho, Bristol-Myers Squibb, Eli Lilly, MSD, and Daiichi Sankyo; participation on the advisory boards of ONO Pharmaceutical, Amgen, AstraZeneca, Eli Lilly, and Takeda.

DT: honoraria for lectures, presentations, and speaker bureaus from ONO Pharmaceutical, Taiho, Bristol-Myers Squibb, Eli Lilly, Astellas.

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