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ORIGINAL RESEARCH

A Post-Acute Ocular Tolerability Comparison of Topical Reproxalap 0.25% and Lifitegrast 5% in Patients with Dry Eye Disease

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¹Aldeyra Therapeutics, Inc, Lexington, MA, USA; ²Kentucky Eye Institute, Lexington, KY, USA **Purpose:** To assess the subjective eye drop experience of patients with dry eye disease (DED) over approximately 1 hour after a single dose of two formulations of reproxalap versus lifitegrast.

Methods: Two formulations of topical ocular reproxalap 0.25% were evaluated versus liftegrast ophthalmic solution 5% in patients with DED in a single-center, double-masked, active-comparator, single-dose crossover clinical trial. Nineteen patients had test article topically administered to both eyes. Treatments were administered 2 to 4 days apart. Comfort assessments, including ocular discomfort, blurry vision, and dysgeusia assessments; ocular descriptive assessments; quality of life assessments; and overall experience questions were completed after each treatment over one hour, beginning at 90 seconds.

Results: Both reproxalap formulations scored better in ocular discomfort score (ODS), blurry vision, and dysgeusia assessments than liftegrast at each timepoint and cumulatively over all time points after instillation. There were lower rates of negative responses for both reproxalap formulations compared to liftegrast across ocular discomfort, blurry vision, and dysgeusia assessments, and the durations of negative responses were shorter with reproxalap than with liftegrast. The reproxalap groups experienced fewer quality of life impacts. No significant safety findings were observed following reproxalap or liftegrast administration.

Conclusion: The reproxalap eye drop experience over 1 hour after instillation was superior to that of liftegrast. There were no statistically significant differences between reproxalap groups for ODS, blurry vision, or dysgeusia. The improved performance of reproxalap with regard to the most commonly reported side effects of liftegrast (ie, ocular discomfort, blurry vision, and dysgeusia) may result in greater patient adherence and lower discontinuation rates.

Keywords: RASP inhibitor, dry eye disease, inflammation, reproxalap, lifitegrast, eye drop comfort

Plain Language Summary

Dry eye disease (DED) is a complex, chronic condition characterized by ocular discomfort, visual disturbance, tear film instability, increased tear osmolarity, conjunctival redness, and inflammation of the ocular surface that in severe cases can lead to loss of vision. Treatment options for DED consist of artificial tears, anti-inflammatory agents, antibiotics, and immunosuppressants. The comfort associated with eye drop instillation and the overall tolerability of treatment strongly impact patient preferences and, by extension, the effectiveness of the prescribed treatment. Currently, lifitegrast is one of only two drugs approved for the chronic treatment of DED. The most common side effects associated with lifitegrast are ocular

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Received: 16 July 2021 Accepted: 3 September 2021 Published: 22 September 2021 © 2021 McMulin et al. This work is published and licensed by Dove Medical Press Limited. The full terms of this license are available at https://www.dovepress.com/terms. work you hereby accept the Terms. Non-commercial uses of the work are permitted without any further permission from Dove Medical Press Limited, provided the work is properly attributed. For permission for commercial use of this work, please exe paragraphs 4.2 and 5 of our Terms (http://www.dovepress.com/terms.php). irritation, blurred vision, and dysgeusia. Approximately twothirds of patients with DED prescribed liftegrast discontinue treatment after a median of 1 month. Although post-instillation site irritation is characteristic of most prescription eye drops, the objective of this clinical trial was to compare the eye drop experience of topical ocular reproxalap versus liftegrast in subjects with DED after post-instillation site discomfort ceased. Reproxalap consistently scored higher than liftegrast on the measures of drop comfort, including ocular discomfort, blurry vision, dysgeusia, descriptive drop comfort, quality of life, and overall experience. The superior performance of reproxalap with regard to the most commonly reported side effects of liftegrast may result in greater patient adherence and lower discontinuation rates.

Introduction

Dry eye disease (DED) is a complex, chronic condition characterized by ocular discomfort, visual disturbance, tear film instability, increased tear osmolarity, conjunctival redness, and inflammation of the ocular surface that in severe cases can lead to loss of vision.¹ Estimates indicate that DED afflicts 16.4 million adults in the United States or 6.8% of the adult population.^{2,3} DED, which is usually incited by inflammation that requires long-term treatment to manage effectively, imposes a significant economic and humanistic burden in the United States, and patients with DED experience higher rates of depression and anxiety, increased lost work productivity, and decreased quality of life (QoL).^{4–10}

Treatment options for DED consist of artificial tears, antiinflammatory agents, antibiotics, and immunosuppressants.⁴ Aside from topical corticosteroids, which lead to ocular toxicity and must be restricted to short-term use, 11,12 cvclosporine ophthalmic emulsion 0.05% and lifitegrast ophthalmic solution 5% are the only two anti-inflammatory ophthalmic drugs approved by the US Food and Drug Administration for the treatment of DED,^{4,13} and lifitegrast is the only drug approved for the treatment of the signs and symptoms of DED.¹³ A recent retrospective study examining DED treatment adherence among 9772 patients with at least one prescription claim for cyclosporine or lifitegrast found that approximately two-thirds of patients discontinued treatment, with median discontinuation times of 3 months for cyclosporine and 1 month for lifitegrast.⁴ The most common side effects associated with lifitegrast are ocular irritation. blurred vision, and dysgeusia,¹⁴ and the most common side effect of cyclosporine is ocular irritation,⁴ all of which can occur after the initial instillation site discomfort that is characteristic of most prescription eye drops.¹⁵ Both the comfort associated with treatment instillation and the overall treatment tolerability strongly impact patient preferences and, by extension, the effectiveness of prescribed treatments.¹⁶ A clear unmet need exists in the population of patients with DED for novel therapeutics with improved eye drop experience profiles.^{17,18}

Reproxalap is a novel reactive aldehyde species inhibitor that covalently binds free aldehyde targets and has been shown in Phase 2a¹⁹ and Phase 2b²⁰ clinical trials to be well tolerated and effective in mitigating the symptoms of DED. Reproxalap has also been shown to be well tolerated and effective in a Phase 3 clinical trial in allergic conjunctivitis²¹ and noninferior to topical corticosteroid use in a Phase 2 trial in patients with noninfectious anterior uveitis.²² The objective of this head-to-head crossover clinical trial was to compare the post-acute eye drop experience of two formulations of topical ocular reproxalap (differing only with regard to a modest percent change in weight/ volume of an excipient) versus lifitegrast in subjects with DED after initial instillation site discomfort, which is characteristic of most prescription eye drops, peaks.¹⁵

Methods Study Design

Nineteen patients with DED were enrolled in a singlecenter, active comparator, single-dose crossover Phase 1b clinical trial designed to assess the subjective eye drop experience over approximately 1 hour after a single dose of two formulations of reproxalap versus lifitegrast.

The trial consisted of three visits over 7 days with an approximately 3-day washout period between treatment visits. At each visit, one of the following treatments was applied to both eyes by an unmasked technician in the following sequence: liftegrast ophthalmic solution 5%, reproxalap 0.25% standard formulation (SF), or reproxalap 0.25% novel formulation (NF). The novel formulation was similar to the standard formulation, except that the percent weight/volume of an excipient was modestly increased. Over the course of the trial, each patient received each treatment. Subjects were masked to treatment, as were investigators and all clinical site personnel except technicians who administered the eye drops.

Patients and Treatment

Patients were adults aged ≥ 18 years with a reported history of dry eye in both eyes for ≥ 6 months prior to screening. Patients were excluded for any clinically significant slit-

lamp findings at screening, including active blepharitis, meibomian gland dysfunction, lid margin inflammation, or ocular allergies that required therapeutic treatment and that may have interfered with the conduct of the trial. Other exclusion criteria included contact lens use within 7 days of screening; eye drop use within 2 hours of screening; use of ophthalmic cyclosporine within 30 days of screening; planned ocular or lid surgeries over the trial period or any ocular surgeries within 6 months of screening; anticipated change in punctal plug status during the trial; and use of topical ophthalmic prescription medication that could not be discontinued for the duration of the trial. Patients who had previously participated in any reproxalap ophthalmic solution clinical trial or had previously taken lifitegrast ophthalmic solution were also excluded.

Assessments

In order to assess subacute tolerability after the postinstillation site discomfort that is characteristic of most prescription eye drops, assessments began 90 (± 60) seconds after instillation. Additional assessments were made at 3, 5, 10, 15, 30, and 60 minutes post-dose. Ocular discomfort score (ODS) was rated from 0 to 10 (0 = no)discomfort and 10 = maximum discomfort), blurry vision was rated from 0 to 10 (0 = no blurriness [normal vision] and 10 = maximum blurriness), and dysgeusia was rated from 0 to 10 (0 = no taste and 10 = maximum unpleasant taste). In addition, a descriptive drop comfort assessment was conducted in which the patients were asked to select from a list of positive and negative descriptive terms describing ocular discomfort, quality of vision, and dysgeusia. After study drug instillation, a QoL questionnaire was conducted in which patients were asked two OoL gating questions regarding blurry vision or bad taste from taking the study drug; in the event of affirmative answers to the gating questions, follow-up questions were asked about the QoL impact of the blurred vision or bad taste.

Safety was assessed regularly across the trial visits. To exclude subjects with clinically significant retinal disease, an undilated fundoscopy safety assessment was conducted during Visit 1. Visual acuity and slit-lamp evaluation (without staining) safety assessments were conducted at every visit. Safety was assessed via adverse events (AEs). All AEs spontaneously reported by the subject and/or in response to an open question from study personnel or revealed by study procedures were recorded. In the absence of clinical sequelae, ocular discomfort, blurriness, and dysgeusia were the outcome measures of the clinical trial and therefore not considered AEs.

Statistical Analysis

The trial was exploratory and not formally powered. A total of approximately 20 subjects was deemed sufficient by the investigators to obtain tolerability and safety information in the context of DED. ODS, blurry vision ratings, and dysgeusia ratings were reported by the patients and summarized descriptively (ie, n, mean, standard deviation, median, minimum, and maximum) by time point and treatment group. A mixed model repeated measures (MMRM) analysis was performed to compare ocular discomfort score, blurry vision, and taste disturbance of reproxalap SF versus lifitegrast and reproxalap NF versus liftegrast. To confirm the clinical relevance of the MMRM results, overall negative responder analyses were compared across treatment groups using a generalized estimating equation approach. Consistent with minimal clinically important differences for acute increases in discomfort,²³ scores of \geq 3 were used to identify negative responders for ocular discomfort, blurry vision, and dysgeusia. Negative responder duration percentages in each group were tallied according to tercile. The percentage of positive and percentage of negative descriptive term values were calculated by treatment group.

Results

Baseline Characteristics

A total of 27 patients were screened. Nineteen patients were enrolled and 17 patients completed the trial. Two patients were discontinued for administrative reasons. Baseline demographic characteristics for the patient cohort are shown in Table 1. All patients had a history of DED for ≥ 6 months. None of the patients had clinically significant slit lamp or fundus photography findings.

Tolerability

Ocular Discomfort

As assessed by MMRM analysis, the ODS rating reported in the liftegrast group over all time points in aggregate was greater than that reported for the reproxalap SF and reproxalap NF groups (P = 0.0082 and P = 0.0001, respectively, Figure 1A). An ODS negative responder analysis over time was conducted, wherein negative responders were defined as patients reporting ODS score ≥ 3 (scale 0–10). Over all time points, the odds of negative response

Table I Baseline Demographics and Clinical Characteristics
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	All Patients n = 19		
Age (years)			
Mean	62.95		
Median (range)	64 (37–72)		
Sex			
Male	6		
Female	13		
Ethnicity			
Hispanic or Latino	0		
Not Hispanic or Latino	19		
Race			
White	19		
lris color, n (%)			
Blue	7		
Brown	6		
Hazel	3		
Green	3		

were higher in the liftegrast group (44.9%) than in the reproxalap SF (10.5%, OR = 0.14, P = 0.0006) and reproxalap NF groups (7.4%, OR = 0.10, P = 0.0003) (Table 2). ODS negative responder duration analyses indicated that 63% of the negative responders in the liftegrast group experienced an ODS score ≥ 3 that lasted ≥ 2 min in length versus 21% in the reproxalap SF group and 16% in the reproxalap NF group (Figure 1B). Average negative responder durations were 12.2, 2.2, and 1.2 minutes for the liftegrast, reproxalap SF, and reproxalap NF groups, respectively.

Blurry Vision Rating

As assessed by MMRM analysis, the overall blurry vision rating reported in the liftegrast group over all time points in aggregate was greater than those reported in the reproxalap SF and reproxalap NF groups (P = 0.0037 and P = 0.0015, respectively, Figure 2A). Over all time points, the odds of negative response were higher in the liftegrast group (0.1%) than in the reproxalap SF (0%, OR = 0.25, P = 0.0177) and reproxalap NF groups (0%, OR = 0.21, P = 0.0130) (Table 2). Blurry vision negative responder duration analysis showed that 53% of the negative responders in the liftegrast group experienced a blurry vision score \geq 3 that lasted for any duration, versus 16% in the reproxalap SF and NF groups (Figure 2B). Average negative responder durations were 7.3, 1.9, and 1.0 minutes in the liftegrast, reproxalap SF, and reproxalap NF groups, respectively.

Dysgeusia

As assessed by MMRM analysis over all time points in aggregate, reported dysgeusia scores were greater for the lifitegrast group versus both the reproxalap SF and NF groups (P = 0.1042 and P = 0.0184, respectively,Figure 3A). Over all time points, the odds of negative response were higher in the liftegrast group (10.2%) than in the reproxalap SF (2.0%, OR = 0.18, P =0.0035) and reproxalap NF groups (1.0%, OR = 0.09, P < 0.0001) (Table 2). A dysgeusia negative responder duration analysis indicated that 16% of the negative responders in the lifitegrast groups experienced a dysgeusia score of ≥ 3 that lasted any duration, versus 5% in the reproxalap SF group and 0% in the reproxalap NF group (Figure 3B). Average negative responder durations were 3.7, 0.3, and 0 minutes in the lifitegrast, reproxalap SF, and reproxalap NF groups, respectively.

Eye Drop Comfort Descriptive Assessment

Greater percentages of patients in the reproxalap SF group versus the lifitegrast group reported positive responses to ocular comfort descriptors (63% vs 53%), vision comfort descriptors (64% vs 49%), and taste comfort descriptors (65% vs 29%) (Figure 4). Greater percentages of patients in the reproxalap NF group versus the lifitegrast group also reported positive responses to ocular comfort descriptors (90% vs 53%), vision comfort descriptors (84% vs 49%), and taste comfort descriptors (65% vs 29%) (Figure 4). Greater QoL impacts caused by blurry vision and bad taste were reported for the lifitegrast group compared to the reproxalap SF and NF groups, with more patients in the lifitegrast group reporting that the blurry vision or bad taste they experienced would either reduce the likelihood of, or prevent entirely, them taking the study drug again (Figure 5A and B).

Safety

Four ocular AEs were experienced by two patients, and two nonocular AEs were experienced by two patients. Ocular AEs included mild ocular soreness lasting 30 minutes (lifitegrast), two instances of moderate burning upon instillation (reproxalap NF and SF, both in the same patient), and mild ocular itching (lifitegrast). All ocular AEs were considered related to the study drug. Non-ocular AEs included mild raspy voice lasting 30 minutes (lifitegrast), which was also considered to be related to the study drug. There were no serious AEs. There were no AE-related treatment



Figure 1 (A) ODS rating (0–10) of reproxalap SF and reproxalap NF versus liftegrast. Data are plotted as means \pm SEM. (B) ODS negative responder (score of \geq 3) duration was analyzed by tercile for each treatment group.

			vs Lifitegrast	
Scale	Treatment	Probability of Response (%)	Odds Ratio	P value
ODS	Reproxalap SF Reproxalap NF	10.5 7.4	0.14 0.10	0.0006 0.0003
	Lifitegrast	44.9		
Blurry Vision	Reproxalap SF Reproxalap NF	0.0 0.0	0.25 0.21	0.0177 0.0130
	Lifitegrast	0.1		
Dysgeusia	Reproxalap SF Reproxalap NF	2.0 1.0	0.18 0.09	0.0035 <0.0001
	Lifitegrast	10.2		

 Table 2 Negative Responder Analysis for Reproxalap SF and Reproxalap NF versus Lifitegrast

discontinuations. No clinically significant changes from baseline were observed with respect to slit lamp and fundus findings.

Discussion

Although most prescription eye drops lead to transient instillation site discomfort, post-acute tolerability that lasts for ≥ 1 hour after administration is a critical determinant of compliance, QoL, and treatment efficacy.^{4,15} The present clinical trial assessed the post-acute subjective eye drop experience in patients with DED over 1 hour after instillation of two formulations of reproxalap 0.25% versus liftigerast 5%.

Tolerability measures in this clinical trial included ocular discomfort, blurry vision, dysgeusia, descriptive drop comfort, QoL, and an overall experience question. The eye drop experiences associated with instillation of both reproxalap formulations were found to be superior to that of lifitegrast. MMRM analysis of ODS, blurry vision, and dysgeusia scores indicated that reproxalap was better tolerated than lifitegrast across the 1-hour assessment period. There were no statistically significant differences between reproxalap NF and reproxalap SF groups for the ODS, blurry vision, or dysgeusia scores. The clinical relevance of the MMRM results was confirmed with negative responder analyses, the thresholds of which (3 out 10 points for each scale) are in excess of clinically important differences for increases in acute discomfort.²³ Consistent with the clinically relevant differences in negative response between the reproxalap and lifitegrast groups, the durations of negative responses were less during reproxalap treatment than during lifitegrast treatment.

Reproxalap scored better than lifitegrast during each of the ocular comfort, vision, and dysgeusia components of the drop comfort descriptive assessment. Higher QoL impact scores due to blurry vision and bad taste were reported in the lifitegrast group relative to the reproxalap groups. The results generally confirm the importance of blurry vision and bad taste as factors impacting the QoL of patients by potentially adversely affecting daily activities, treatment compliance, or both. Blurry vision and dysgeusia are side effects of lifitegrast that are well known to patients¹⁷ and physicians.¹⁸ In a survey of 96 lifitegrast patients, 50% and 56% reported experiencing blurry vision or taste disturbance, respectively, at least sometimes.¹⁷ For dysgeusia in particular, the real-world incidence appears to be substantially higher than that reported in clinical trials of lifitegrast, and in a survey of 21 physicians, several physicians reported dysgeusia in ≥75% of lifitegrast patients.¹⁸

No significant safety findings were observed following reproxalap or liftegrast administration. All slit lamp and fundus findings were clinically insignificant, and there were no changes in slit lamp or fundus findings during the trial. The trial was limited by a small patient population, exploratory design, and lack of formal statistical hypotheses. Future studies are required to further interrogate the broad tolerability differences between DED treatments and may explain differences in compliance and treatment response.

Despite the progressive, chronic nature of DED, which requires long-term treatment to address, it is estimated that most patients discontinue treatment with existing therapies



Figure 2 (A) Blurry vision rating (0–10) of reproxalap SF and reproxalap NF versus liftegrast. Data are plotted as means \pm SEM. (B) Blurry vision negative responder (score of \geq 3) duration was analyzed by tercile for each treatment group. The bottom two terciles were both 0.



Figure 3 (A) Dysgeusia rating (0–10) of reproxalap SF and reproxalap NF versus lifitegrast. Data are plotted as means \pm SEM. (B) ODS negative responder (score of \geq 3) duration was analyzed by tercile for each treatment group. The bottom two terciles were both 0.



Figure 4 Eye drop comfort descriptive assessments of (A) ocular discomfort, (B) vision, and (C) taste for liftegrast, reproxalap SF, and reproxalap NF. Descriptive term responses were categorized into positive and negative categories by descriptor category.



■ Yes ■ No ■ Not sure



Vision Quality of Life Questionnaire

Figure 5 Quality of life questionnaires assessing (A) taste and (B) blurry vision. The quality of life questionnaire was conducted at all study visits at 60 (±5) minutes post study drug instillation.

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in less than 1 year.⁴ The results of the present clinical trial indicate that reproxalap has broad statistically significant advantages over liftegrast in assessments of the most common liftegrast side effects of ocular discomfort, blurry vision, and dysgeusia, and the clinical relevance of these findings was supported with responder definition analyses, which are consistent with US Food and Drug Administration guidelines for the assessment of clinical relevance.²⁴ The superior performance of reproxalap with regard to the most commonly reported side effects of liftegrast may result in greater patient adherence to, and lower discontinuation rates for, a novel potential prescription DED therapy.

Abbreviations

DED, dry eye disease; MMRM, mixed model repeated measures; NF, novel formulation; ODS, ocular discomfort score; QoL, quality of life; SD, standard deviation; SF, standard formulation.

Data Sharing Statement

The authors do not intend to share participant-level data. Queries or requests should be directed to the corresponding author (T. C. Brady).

Ethics Approval and Informed Consent

This trial was performed in accordance with the Declaration of Helsinki on ethical principles for medical research involving human patients, the International Council for Harmonisation Guideline on Good Clinical Practice, and all applicable local regulatory requirements and laws. Informed consent was obtained from the patients, and the research followed HIPAA regulations. This study was carried out with approval from the institutional review board Alpha IRB, San Clemente, California (approval date Nov 11, 2019). Because the trial was a Phase 1 trial conducted entirely in the United States, public registration was not required, and given the trial design, prospective registration was not deemed to be of benefit to the DED patient community.

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Author Contributions

All authors made significant contributions to the work in the areas of study conception and design, data acquisition, or data analysis and interpretation; took part in drafting, revising, or critically reviewing the manuscript; gave final approval of the version to be published; agreed on the journal to which the article has been submitted; and agreed to be accountable for all aspects of the work.

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Disclosure

D. McMullin, D. Clark, and B. Cavanagh report employment with and stock ownership in Aldeyra Therapeutics; P. Karpecki reports consulting fees from Aerie Pharmaceuticals, Akorn, Alcon Labs, Aldeyra Therapeutics, Allergan/AbbVie, Allysta, Aurinia, Azura Ophthalmics, Bausch + Lomb, Bio-Tissue, BlephEx, Bruder Healthcare, Cambium Medical Technologies, Dompe, Eyedetec, EyeGate, Eyevance, Imprimis, Kala Pharmaceuticals, Mallinckrodt, Novartis, Oasis Medical, Oyster Point, Regener-Eyes, ScienceBased Health, Sight Sciences, SilkTech, Sun Pharmaceutical Industries, Surface Pharmaceuticals, Tarsus Pharmaceuticals, Visant Medical, and Vital Tears; T. C. Brady reports employment, patent interests (patent nos: 10588874 and 20200121591) and stock ownership with Aldeyra Therapeutics and stock ownership in F-star Therapeutics and Evoke Pharma. The authors report no other conflicts of interest in this work.

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