REVIEW

Advances in Therapy for Hormone Receptor (HR)-Positive, Human Epidermal Growth Factor Receptor 2 (HER2)-Negative Advanced Breast Cancer Patients Who Have Experienced Progression After Treatment with CDK4/6 Inhibitors

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Correspondence: Chao Li Department of Breast Surgery, Hwa Mei Hospital, University of Chinese Academy of Sciences, 41 Northwest Street, Ningbo, Zhejiang, 315000, People's Republic of China Tel +86 13732213328 Email lichaozju@zju.edu.cn **Abstract:** Approximately 70% of breast cancer (BC) cases are hormone receptor-positive (HR+) and human epidermal growth factor receptor 2-negative (HER2-) BC. Cyclindependent kinase 4 and 6 (CDK4/6) inhibitors have acted as star drugs for reversing endocrine therapy (ET) resistance and improving the prognosis of patients with HR+ advanced breast cancer (ABC) since they were initially approved. However, progression eventually occurs. In this review, we summarize the recent treatment strategies post CDK4/6 inhibitors: 1) CDK4/6 inhibitors plus exemestane and everolimus; 2) phosphoinositide-3-kinase (PI3K) inhibitor alpelisib plus fulvestrant for patients with *PIK3CA* mutation; 3) poly (ADP-ribose) polymerase (PARP) inhibitor for patients with germline *PALB2* mutations, somatic *BRCA1/2* mutations, or germline *BRCA1/2* mutations; 4) exemestane and everolimus; and (5) chemotherapy. These strategies are all supported by evidence from clinical trials and retrospective studies. We also describe potential future treatment strategies post CDK4/6 inhibitors, such as the trophoblast cell surface antigen 2 (Trop-2) directed antibody–drug conjugate, cyclin-dependent kinase 7 (CDK7) inhibitors, and B-cell lymphoma-2 (BCL-2) inhibitors.

Keywords: breast cancer, CDK4/6 inhibitors, endocrine therapy resistance, subsequent therapy

Background

Breast cancer (BC) is the most common malignancy among women worldwide and seriously endangers the lives of patients, especially those with advanced breast cancer (ABC), in which the tumor metastasizes to other organs, such as the lungs, liver, brain, and bones.^{1–3} Surgery is less effective for ABC, and these patients have a poor prognosis.^{4–7} Approximately 70% of BC cases are hormone receptor-positive (HR+) and human epidermal growth factor receptor 2-negative (HER2-), which are sensitive to endocrine therapy (ET).^{8,9} Since tamoxifen was approved in the 1970s, more and more patients have benefited from ET.¹⁰ The prognosis of patients with HR+ ABC has

© 121 Li and Li. This work is published and licensed by Dove Medical Press Limited. The full terms of this license are available at https://www.dovepress.com/terms.ph work and incorporate the Creative Commons Attribution – Non Commercial (unported, v3.0) License (http://creativecommons.org/licenses/by-nr/3.0/). By accessing the work you hereby accept the Terms. Non-commercial uses of the work are permitted without any further permission from Dove Medical Press Limited, provided the work is properly attributed. For permission for commercial uses of this work, please see paragraphs 4.2 and 5 of our Terms (http://www.dovepress.com/terms.ph). been significantly improved.¹¹ With the approval of aromatase inhibitors (AIs; such as exemestane) and selective estrogen receptor downregulators (SERDs; such as fulvestrant and elacestrant), there are now more ET options for HR+ BC.^{12–15} However, patients eventually develop ET resistance.^{16–19}

Since they were initially approved, cyclin-dependent kinase 4 and 6 (CDK4/6) inhibitors (such as palbociclib, ribociclib and abemaciclib) have acted as star drugs for reversing ET resistance and improving the prognosis of patients with HR+ ABC.^{20–23} With good results from clinical trials, CDK4/6 inhibitors plus AIs or fulvestrant represent the standard first- or second-line therapy for HR+ ABC.^{24–35} Despite the efficacy of CDK4/6 inhibitors for HR+ ABC, progression eventually occurs.^{36–38}

In this review, we summarize the recent treatment strategies for patients who have experienced progression post CDK4/6 inhibitors, based on evidence from clinical trials and retrospective studies, and describe the potential choices post CDK4/6 inhibitors.

Continue CDK4/6 Inhibitors and Add a Subsequent Line of Therapy

CDK4/6 Inhibitors Plus Mammalian Target of Rapamycin (mTOR) Inhibitor (Everolimus) and Steroidal AI (Exemestane)

At present, CDK4/6 inhibitors are combined with ET drugs. When progression occurs, CDK4/6 inhibitors can be continued with other ET drugs. The Phase II Triniti-1 trial was presented at the 2019 American Society of Clinical Oncology (ASCO) annual meeting and assessed the ongoing use of the CDK4/6 inhibitor ribociclib plus everolimus and exemestane post progression on CDK4/6 inhibitors.³⁹ This regimen demonstrated a clinical benefit rate (CBR) at week 24 of 41%, and the median progression-free survival (mPFS) was 5.7 months in patients who had experienced progression post CDK4/6 inhibitors. The median overall survival (mOS) was not estimable at the data cutoff point. Subgroup analysis showed that the regimen had relatively poor efficacy in patients with estrogen receptor 1 (ESR1) mutation (6.9 vs 3.5 months; hazard ratio: 1.76, 95% confidence interval [CI]: 1.01-3.05).

CDK4/6 Inhibitors Plus Immunotherapy

In vitro research has shown that CDK4/6 inhibitors plus an anti-programmed cell death 1 ligand 1 (PD-L1) drug is

a more effective regimen than either drug alone.⁴⁰ Therefore, the phase II PACE trial is a randomized, openlabel, multicenter trial assessing the utility of ongoing CDK4/6 inhibitors plus fulvestrant following progression on CDK4/6 inhibitors plus AIs.⁴¹ The patients in this trial were randomized into three groups: group A: fulvestrant monotherapy; group B: ongoing CDK4/6 inhibitor palbociclib plus fulvestrant; and Group C: anti-PD-L1 drug (avelumab) plus ongoing CDK4/6 inhibitor palbociclib and fulvestrant. We are looking forward to the trial results. The trial will indicate whether it is effective to continue the CDK4/6 inhibitor plus fulvestrant, among patients who developed resistance on CDK4/6 inhibitors plus AIs.

Change to a Regimen without CDK4/6 Inhibitors (Including ET-Based Regimens)

Phosphoinositide-3-Kinase (PI3K) Inhibitor (Alpelisib) Plus Fulvestrant

The PI3K pathway is frequently mutated in HR+ BC, which can lead to ET resistance.42,43 About 40% of PIK3CA mutations in HR+ BC lead to excessive PI3K pathway activation.44-47 PI3K inhibitors can inhibit the growth of estrogen-independent ER+ BC cells that exhibit PI3K pathway activation.^{48,49} Alpelisib (byl719) is a highly selective inhibitor of the PI3K α subtype.⁵⁰ The Phase III SOLAR-1 trial presented at the 2018 San Antonio Breast Cancer Symposium (SABCS)^{51,52} showed that the mPFS for patients with PI3KCA mutation was prolonged by alpelisib plus fulvestrant compared to placebo plus fulvestrant (11 vs 5.3 months, hazard ratio: 0.-50-0.85, p=0.00065). For patients pretreated with CDK4/6 inhibitors, the mPFS of alpelisib plus fulvestrant was also prolonged compared to the control group (5.5 vs 1.8 months, hazard ratio: 0.48, 95% CI: 0.17-1.36), indicating that the regimen was effective among patients with PI3KCA mutation who were pretreated with CDK4/6 inhibitors. However, in this trial, only 20 patients had had PI3KCA mutation and had previously used CDK4/6 inhibitors, so the small sample size might have influenced the results. Next, the phase II BYLieve trial was presented at the 2020 ASCO annual meeting,⁵³ and it assessed the efficacy of alpelisib plus fulvestrant or letrozole in patients with PIK3CA-mutated HR+, HER2- ABC post CDK4/6 inhibitors. Patients in Cohort A had developed resistance during treatment with CDK4/6 inhibitors plus AI and were treated with alpelisib plus fulvestrant. Their mPFS was 7.3 months, and 50.4% were alive without disease progression at 6 months. With a well-characterized safety profile and a sample size of 121 patients, the BYLieve trial supported the use of alpelisib plus fulvestrant for patients with *PIK3CA*-mutated HR+, HER2-, ABC post CDK4/6 inhibitors, confirming the SOLAR-1 results.

mTOR Inhibitor (Everolimus) Plus Steroidal AI (Exemestane)

In the phase III BOLERO-2 trial, exemestane plus everolimus significantly improved mPFS compared to exemestane plus placebo (11 vs 4.1 months).^{54,55} Subgroup analysis found that the more lines of treatment patients had received, the more benefits patients obtained from everolimus.⁵⁶ However, none of the patients in this trial were previously treated with CDK4/6 inhibitors and there were no trials that directly assessed the efficacy of exemestane plus everolimus in patients post CDK4/6 inhibitors.

A retrospective study conducted in Portland showed that this regimen has the same effects on patients with HR+ ABC regardless of prior CDK4/6 inhibitor use (mPFS: 3.6 vs 4.2 months for prior CDK4/6 inhibitor use and no prior use, respectively, hazard ratio: 1.22, 95% CI: 0.65-2.28, p=0.538; mOS: 15.6 vs 11.3 months, respectively, hazard ratio: 0.70, 95% CI: 0.35-1.40, p=0.308).⁵⁷ The study involved 43 patients, 17 who had received prior CDK4/6 inhibitors and 26 who had not. Patient characteristics, including other prior therapies and metastasis sites, were not significantly different. Thus, everolimus plus exemestane may be effective for HR+ ABC regardless of prior CDK4/6 inhibitor use.

Poly (ADP-Ribose) Polymerase (PARP) Inhibitors

PARP inhibitors such as olaparib and talazoparib had good therapeutic effects on HER2- patients with germline *BRCA* mutation.^{58,59} However, the patients had not received prior CDK4/6 inhibitors. The phase II TBCRC 048 trial of olaparib monotherapy in metastatic BC patients with germline or somatic mutations in homologous recombination pathway genes was presented at the 2020 ASCO annual meeting.⁶⁰ It showed that olaparib was effective for some patients post CDK4/6 inhibitors. In this trial, 93% of the HR+ and HER2- patients were previously treated with CDK4/6 inhibitors. Olaparib had significant

effects on both patients with germline *PALB2* mutations (objective response rate [ORR]: 82%, CBR at 18 weeks: 100%, mPFS: 13.3 months, 90% CI: 12 months to not reached) and patients with somatic *BRCA1/2* mutations (ORR: 50%, CBR at 18 weeks: 67%, mPFS: 6.3 months, 90% CI: 4.4 months to not reached). This provides a new choice for patients with germline *PALB2* mutations or somatic *BRCA1/2* mutations post CDK4/6 inhibitor resistance.

The phase III EMBRACA trial compared the safety and efficacy of talazoparib monotherapy vs protocolspecific physician's choice in patients with locally advanced BC with germline *BRCA* mutations.⁶¹ Prespecified subgroup analysis showed prolonged mPFS with talazoparib (9.4 vs 6.7 months, hazard ratio: 0.47, 95% CI: 0.32–0.71) for HR+/HER2- patients. However, there was no prespecified subgroup analysis of patients pretreated with CDK4/6 inhibitors. Talazoparib may be useful for patients pretreated with CDK4/6 inhibitors. Thus, PARP inhibitors may be tried for patients with germline *BRCA1/2* mutations post CDK4/6 inhibitor resistance.^{60–62} All the above-mentioned clinical trials and retrospective studies are shown in Table 1.

Other Targets

Trophoblast cell-surface antigen-2 (Trop-2) is expressed in epithelial cancers, including HR+ ABC, and it is associated with worse survival.^{63,64} A Trop-2 directed antibody–drug conjugate sacituzumab govitecan (IMMU-132) has shown benefit in HR+ ABC.⁶⁵ This therapeutic agent is a potentially valuable for patients pretreated with CDK4/6 inhibitors. The phase III TROPICS-02 trial is currently investigating this agent.⁶⁶

Cyclin-dependent kinase 7 (CDK7) inhibitors are emerging as promising BC drugs, being effective for HR+ BC in vitro and in vivo.^{67,68} A Phase I trial (NCT03363893) of patients pretreated with CDK4/6 inhibitors is ongoing.

B-cell lymphoma-2 (*BCL2*) is an estrogen-responsive gene that is overexpressed in approximately 80% of primary HR+ BC cases.^{69–71} Preclinical data (based on patient-derived xenograft models) indicate that *BCL-2* inhibitors may be effective in HR+ BC.⁷² A phase I trial (NCT03584009) of patients pretreated with CDK4/6 inhibitors is ongoing.

With the development of treatment and detection technologies, many other potential therapeutic targets have been found among patients with CDK4/6 inhibitor resistance (Figure 1).^{36,73} A better understanding of the

Study ID	Phase	Population	Size	Intervention	Result	
TRINITI-I NCT02732119	1/11	HR+ HER2- ABC prior progression on a CDK4/6 inhibitors≥ 4 months	95	RIB+EVE +EXE	MPFS =5.7 months CBR at 24weeks:41% ORR:8.4%	
PACE NCT03147287	II	ABC HR+ HER2- progression on AI+CDK4/6 inhibitors	220	Ful vs Ful+Pal vs Ful+Pal +Ave	NA	
SOLAR-1 NCT02437318	111	HR+ HER2- ABC	20	Alpelisib+Ful vs Placebo +Ful	MPFS:5.5 vs 1.8 months HR 0.48 (95% CI 0.17–1.36)	
BYLieve NCT03056755 (cohort A)	II	HR+ HER2- ABC with PIK3CA mutation progression on AI +CDK4/6 inhibitors	121	Alpelisib+Ful	Proportion of PFS patients at 6 months:50.4% MPFS:7.3 months	
A retrospective study in Portland	NA	HR+ ABC with or without prior use of CDK4/6 inhibitors	43	EVE+EXE	MPFS: 3.6 vs 4.2 months, HR=1.22, 95% CI 0.65–2.28, p=0.538) MOS:15.6vs 11.3 months, HR=0.70, 95% CI 0.35–1.40, p=0.308)	
TBCRC 048 NCT03344965	II	HR+ HER2- ABC germline or somatic mutations in homologous recombination pathway genes	41	Olaparib	Germline PALB2 mutations (ORR 82%, CBR of 18 weeks was 100%), somatic BRCA1/2 mutations (ORR 50%, CBR of 18 weeks was 67%)	
EMBRACA NCT01945775	Ш	ABC with BRCA Mutation	?/431	Talazoparib vs chemotherapy	No prespecified subgroup for patients pretreated with CDK4/6 inhibitors	

Table I Clir	nical Trials and Retrospective	e Studies Post CDK4/6	Inhibitors Mentioned
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Abbreviations: HR, hormone-receptor; HER2, human epidermal growth factor receptor 2; ABC, advanced breast cancer; CDK, Cyclin-dependent kinase; RIB, ribociclib; EVE, everolimus; EXE, exemestane; MPFS, median progression free survival; CBR, clinical benefit rate; ORR, objective response rate; AI, aromatase inhibitor; FuI, fulvestrant; PaI, palbociclib; Ave, avelumab; NA, not available; CI, confidence interval; MOS, median overall survival.

mechanism of CDK4/6 inhibitor resistance may improve the rational selection of next-line therapy.^{37,38} Loss of retinoblastoma protein (RB), p16 amplification, CCNE1 overexpression, fibroblast growth factor receptor 1 (FGFR1) amplification, mitotic Aurora kinase (AURKA) amplification, E2F amplification, and cyclin-dependent kinase 2 (CDK2) overexpression have all been reported to be associated with CDK4/6 inhibitor resistance.⁷³⁻⁸³ We can use tissue or liquid biopsies to identify potential therapeutic targets in patients with CDK4/6 inhibitor resistance and provide individualized therapy based on the results.⁷³ For example, if *ESR1* mutation is found, we can use SERD drugs such as fulvestrant or elacestrant to deal with the ESR1 mutation.84,85 For patients with FGFR1 amplification, AURKA amplification, or CDK2 overexpression, FGFR1 inhibitors, AURKA inhibitors, and CDK2 inhibitors, respectively, could be used to treat patients who developed resistance during CDK4/6 inhibitor use.⁷⁸⁻⁸⁰ However, FGFR1 inhibitors, AURKA

inhibitors, CDK2 inhibitors, and other new targeted drugs treating cancer associated with CDK4/6 inhibitor resistance are still in development for clinical trials (Table 2).^{86–88}

Chemotherapy

Chemotherapy is also a good choice for patients who develop resistance during CDK4/6 inhibitor use.⁸⁹ With the approval of new and classic chemotherapeutics such as anthracyclines, taxanes, nanoparticle albumin-bound (nab)-paclitaxel, vinorelbine, capecitabine, platinum, and eribulin, which have all been shown to be effective for ABC in clinical trials, we now have more choices for first-line and later chemotherapy.^{90–97} There are three ongoing clinical trials (TATEN, TROPICS-02, NCT04134884) to assess the effect of chemotherapy post CDK4/6 inhibitors progression (Table 2). Due to its different mechanisms of action against BC, chemotherapy, a cytotoxic treatment, is effective for patients post CDK4/6 inhibitor resistance.

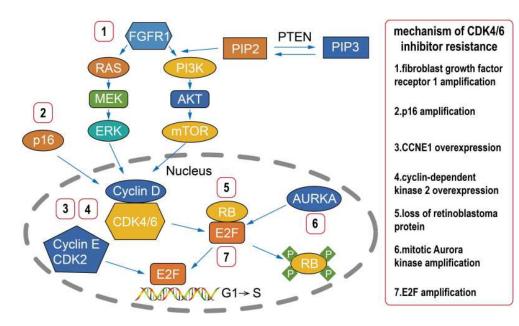


Figure 1 Mechanisms underlying CDK4/6 inhibitor resistance. Multiple factors involved in cell cycle regulation are associated with CDK4/6 inhibitor resistance, such as loss of RB, p16 amplification, CCNE1 overexpression, FGFR1 amplification, AURKA amplification, and E2F amplification.

Abbreviations: CDK, cyclin-dependent kinase; RB, retinoblastoma protein; AURKA, mitotic Aurora kinase; MEK, mitogen-activated ERK-activating kinase; mTOR, mammalian target of rapamycin; PIP2, phosphatidylinositol-4, 5-bisphosphate; PIP3, phosphatidylinositol-3,4,4-trisphosphate; PI3K, phosphoinositide-3-kinase; PTEN, phosphatase and tensin homolog; RAS, rat sarcoma; ERK, extracellular signal-regulated kinases; FGFR1, fibroblast growth factor receptor 1.

Conclusions

Since the approval of CDK4/6 inhibitors for patients with HR+ ABC, they have been accepted by global experts as they can reverse ET resistance and significantly improve the prognosis of these patients. As star drugs, CDK4/6 inhibitors have achieved amazing success by prolonging the PFS and OS of patients with HR+ ABC. Therefore, according to the National Comprehensive Cancer Network (NCCN) guidelines, CDK4/6 inhibitors have gradually been promoted from late- to first- and second-line treatment, indicating that they have good therapeutic effects.

However, in ABC, no matter how good CDK4/6 inhibitors are, resistance eventually occurs. How to deal with CDK4/6 inhibitor resistance will be a major BC research topic going forward. In this study, we have discussed Phase I, II and III clinical trials and retrospective studies post CDK4/6 inhibitors to try to answer this question. The current evidence supports the following conclusions regarding therapeutic strategies post CDK4/6 inhibitor use: (1) CDK4/6 inhibitors plus exemestane and everolimus have clinical benefits (mPFS: 5.7 months). However, for patients with *ESR1* mutation, the effect is much lower than for patients with the wildtype gene. CDK4/6 inhibitors plus immunotherapeutic PD-L1 inhibitors were effective for HR+ BC in vitro, but there is not yet any obvious evidence from clinical trials. We are looking forward to

the results of the PACE trial. (2) CDK4/6 inhibitor regimens can be replaced with a different regimen (including an ET-based regimen). For example, for patients with PIK3CA mutation, the PIK3 inhibitor alpelisib plus fulvestrant improves clinical outcomes (mPFS: 5.5-7.3 months according to the SOLAR-1 and BYLieve trials). Limited evidence suggests that everolimus plus exemestane is an effective post CDK4/6 inhibitors (mPFS: 3.6 months; mOS: 15.6 months). The phase II TBCRC 048 trial showed that for patients with germline PALB2 mutations or somatic BRCA1/2 mutations, olaparib can be used post CDK4/6 inhibitors. Olaparib or talazoparib can also be attempted in patients with germline BRCA1/2 mutations post CDK4/6 inhibitors. (3) When patients develop CDK4/ 6 inhibitor resistance, ET does not necessarily need to be continued, as chemotherapy can be started. As the earliest systemic treatment for BC, chemotherapy significantly improves prognosis. And with the approval of new and classic chemotherapeutics, we now have more choice for first-line or later chemotherapy strategies that are effective against CDK4/6 inhibitor resistance.

mTOR inhibitors and PIK3 inhibitors act as upstream signaling pathway of CDK4/6 inhibitors and are related to the causes of CDK4/6 inhibitor resistance. Thus, these drugs may be able to overcome CDK4/6 inhibitor resistance. PAPP inhibitors, chemotherapy, and other targeted

Study ID	Phase	Population	Size	Intervention	Result
NCT04318223	II	HR+ HER2- ABC prior progression on a CDK4/6 inhibitors+AI/TAM ± LHRHa		Ful+Pal	NA
SMILE study NCT04738292	II	ABC HR+ HER2- progression on AI+CDK4/6 inhibitors	39	Onapristone+Ful	NA
Veronica NCT03584009	II	HR+ HER2- ABC prior progression on a CDK4/6 inhibitors≥ 8 weeks	103	Venetoclax+Ful Vs Ful	NA
TAKTIC NCT03959891	I	HR+ ABC with or without prior use of CDK4/6 inhibitors		lpatasertib+Ful vs Ipatasertib+Al vs Ipatasertib+Ful+Pal	NA
TATEN NCT04251169	II	HR+ HER2- ABC prior progression on a CDK4/6 inhibitors	46	Pembrolizumab+ Paclitaxel	NA
MAINTAIN NCT02632045	II	HR+ HER2- ABC prior progression on a CDK4/6 inhibitors+AI	132	RIB+Ful vs Ful	NA
EMERALD NCT03778931	III	HR+ HER2- ABC prior progression on a CDK4/6 inhibitors	466	Elacestrant vs Ful vs Al	NA
FINER NCT04650581	III	ER+ HER2- ABC prior progression on a CDK4/6 inhibitors+AI	250	lpatasertib+Ful vs Ful	NA
NCT03955939	I	HR+ HER2- ABC prior progression on a CDK4/6 inhibitors	5	LY3295668 Erbumine ±Endocrine therapy	NA
NCT03803761	П	ER+ HER2- ABC prior progression on a CDK4/6 inhibitors+AI	66	Copanlisib+Ful	NA
NCT04247126	I	HR+ HER2- ABC prior progression on a CDK4/6 inhibitors	?/80	SY-5609+Ful	NA
NCT04553133	1/11	HR+ HER2- ABC prior progression on a CDK4/6 inhibitors	?/144	PF-07104091 vs PF-07104091 vs +Pal PF-07104091 +Pal+AI	NA
NCT03519178	1/11	HR+ HER2- ABC prior progression on a CDK4/6 inhibitors	?/157	PF-06873600 vs PF-06873600 + Endocrine Therapy	NA
PALMIRA NCT03809988	=	HR+ HER2- ABC prior progression on Pal+AI/Ful	198	Pal+Al/Ful vs Al/Ful	NA
NCT02738866	II	HR+ HER2- ABC prior progression on Pal+AI	100	Pal+Ful	NA
TROPICS-02 NCT03901339	Ш	HR+ HER2- ABC prior progression on a CDK4/6 inhibitors		IMMU-132 vs chemotherapy	NA
NCT04134884	1	HR+ HER2- ABC prior progression on a CDK4/6 inhibitors	?/32	ASTX727+talazoparib	NA

Table 2 Other Clinical Trials Post CDK4/6 Inhibitors Globally

Abbreviations: HR, hormone-receptor; HER2, human epidermal growth factor receptor 2; ABC, advanced breast cancer; CDK, Cyclin-dependent kinase; TAM, tamoxifen; LHRHa, luteinizing Hormone Releasing Hormone analogues; RIB, ribociclib; ER, estrogen receptor; AI, aromatase inhibitor; Ful, fulvestrant; Pal, palbociclib; NA, not available; Onapristone, a progesterone antagonist; Venetoclax, BCL-2 inhibitor; Ipatasertib, AKT inhibitor; LY3295668 Erbumine, Aurora kinase A inhibitor; Copanlisib, PIK inhibitor; SY-5609, CDK7 inhibitor; PF-07104091, CDK2 inhibitor; PF-06873600, CDK2/4/6 inhibitor; IMMU-132, Trop-2 directed antibody–drug conjugate; ASTX727, cedazuridine +decitabine. drugs work in other pathways, causing cancer cell apoptosis in order to overcome CDK4/6 inhibitor resistance.

With a better understanding of BC, we can further our understanding of the mechanisms of CDK4/6 inhibitor resistance. Using tissue and liquid biopsies, we will be able to identify the mutations leading to the resistance and then use the mutations as targets and develop drugs to treat these mutations, which could provide individualized treatment options. For example, if the ESR1 mutation is found, we can use SERD drugs such as fulvestrant or elacestrant. Regarding other mutations, such as AURKA or FGFR2 mutations, the corresponding drugs are still in clinical trials. We believe that, in the near future, based on the mechanism of drug resistance, targeted treatment based on tissue or liquid biopsies could benefit patients. Future treatments will be more precise. With the development of effective targeted drugs, such as Trop-2 directed antibody-drug conjugate, CDK-7 inhibitor, BCL-2 inhibitor, we can delay or even eliminate CDK4/6 inhibitor resistance. Additionally, we can continue to use chemotherapy to overcome CDK4/6 inhibitor resistance.

Abbreviations

BC, breast cancer; HR+, hormone receptor positive; Her2-, human epidermal growth factor receptor 2 negative; ABC, advanced breast cancer; ET, endocrine therapy; AIs, aromatase inhibitors; CDK, cyclin-dependent kinase; PARP, poly (ADP-ribose) polymerase; Trop-2, trophoblast cell surface antigen 2; CDK7, cyclin-dependent kinase 7; BCL-2, B-cell lymphoma-2; SERDs, selective estrogen receptor downregulators; CI, confidence interval; PD-L1, programmed cell death 1 ligand 1; PI3K, Phosphoinositide-3-kinase; mTOR, mammalian target of rapamycin; CBR, clinical benefit rate; PFS, progression-free survival; OS, overall survival; ESR1, estrogen receptor 1; SABCS, San Antonio Breast Cancer Symposium; ASCO, American Society of Clinical Oncology; NCCN: National Comprehensive Cancer Network; RB, retinoblastoma protein; AURKA, mitotic Aurora kinase; MEK, mitogen-activated ERK-activating kinase; PIP2, phosphatidylinositol-4, 5-bisphosphate; PIP3, phosphatidylinositol-3,4,4-trisphosphate; PI3K, phosphoinositide-3-kinase; PTEN, phosphatase and tensin homolog; RAS, rat sarcoma; ERK, extracellular signalregulated kinase; FGFR1, fibroblast growth factor receptor 1; HR, hormone receptor; RIB, ribociclib; EVE, everolimus; EXE, exemestane; mPFS, median progression-free survival; mOS, median overall survival; ORR, objective

response rate; Ful, fulvestrant; Pal, palbociclib; Ave, avelumab; NA, not available. TAM, tamoxifen; LHRHa, luteinizing Hormone Releasing Hormone analogues; ER, estrogen receptor.

Data Sharing Statement

Not applicable.

Ethics Approval and Consent to Participate

Not applicable.

Consent for Publication

Not applicable.

Acknowledgments

The authors thank the members of their department for their research work.

Author Contributions

Both authors made substantial contributions to review conception and design, acquisition of data, and interpretation of data. Chao Li drafted the manuscript and Xujun Li revised it critically for important intellectual content. Both authors agreed to submit to the journal. Both authors gave final approval for the version to be published and agreed to be accountable for all aspects of the work.

Funding

No funding support.

Disclosure

The authors report no conflicts of interest in this work.

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