## **RESEARCH ARTICLE**

# Polymorphisms of TGF- $\beta$ 1 and TGF- $\beta$ 3 in Chinese women with gestational diabetes mellitus

Yinglei Xu<sup>1,2</sup>, Chunlian Wei<sup>3</sup>, Cuijiao Wu<sup>4</sup>, Mengmeng Han<sup>1,2</sup>, Jingli Wang<sup>1,2</sup>, Huabin Hou<sup>5</sup>, Lu Zhang<sup>1,2</sup>, Shiguo Liu<sup>1,2\*</sup> and Ying Chen<sup>6\*</sup>

## Abstract

Background: Gestational diabetes mellitus (GDM) is a pregnancy-specific carbohydrate intolerance Which can cause a large number of perinatal and postpartum complications. The members of Transforming growth factor- $\beta$ (TGF- $\beta$ ) superfamily play key roles in the homeostasis of pancreatic  $\beta$ -cell and may involve in the development of GDM. This study aimed to explore the association between the polymorphisms of  $TGF-\beta 1$ ,  $TGF-\beta 3$  and the risk to GDM in Chinese women.

Methods: This study included 919 GDM patients (464 with preeclampsia and 455 without preeclampsia) and 1177 healthy pregnant women. TagMan allelic discrimination real-Time PCR was used to genotype the TGF-B1 (rs4803455) and TGF-β3 (rs2284792 and rs3917201), The Hardy-Weinberg equilibrium (HWE) was evaluated by chi-square test.

Results: An increased frequency of TGF-B3 rs2284792 AA and AG genotype carriers was founded in GDM patients (AA vs. AG + GG:  $\chi^2$  = 6.314, P = 0.012, OR = 1.270, 95%Cl 1.054–1.530; AG vs. GG + AA:  $\chi^2$  = 8.545, P = 0.003, OR = 0.773, 95%Cl 0.650–0.919). But there were no significant differences in the distribution of TGF- $\beta$ 1 rs4803455 and TGF- $\beta$ 3 rs3917201 between GDM and healthy women. In addition, no significant differences were found in allele and genotype frequencies among GDM patients with preeclampsia (PE).

**Conclusions:** The AA and AG genotype of TGF- $\beta$ 3 rs2284792 polymorphism may be significantly associated with increased risk of GDM in Chinese population.

Keywords: Polymorphism, GDM, PE, TGF-B1, TGF-B3

## Background

GDM is the most common maternal metabolic disturbance that is defined as glucose intolerance of variable severity with onset or first detection during pregnancy [1, 2]. The prevalence of GDM varies from 1 to 22% of all pregnancies depending on different populations and diagnostic criteria [3-5]. GDM not only increases the risk of maternal and

\* Correspondence: liushiguo2002@126.com; 18661801696@163.com

<sup>6</sup>Department of Endocrinology and Metabolism, the Affiliated Hospital of

BMC

## verse consequences for offspring [6, 7]. The most familiar complication following GDM is PE which shares common clinical risk factors with GDM such as obesity, advanced maternal age and diabetes [8]. GDM is characterized by increased insulin resistance and defective insulin secretion which is due to the inability of pancreatic $\beta$ cells [2]. However, the etiology is complex due to disordered metabolism and intrauterine environment during pregnancy. Extensive efforts have been made to explore the pathogenesis and to find new targets for prediction of GDM [2, 9, 10].

fetal perinatal complications, but also has long-term ad-

© The Author(s), 2020 Open Access This article is licensed under a Creative Commons Attribution 4.0 International License. which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

Qingdao University, Qingdao 266000, China







<sup>&</sup>lt;sup>1</sup>Department of Medical Genetics, the Affiliated Hospital of Qingdao University, Qingdao 266000, China

Full list of author information is available at the end of the article

The TGF- $\beta$  superfamily, including TGF- $\beta$  isoforms, activins, inhibins and bone morphogenetic proteins (BMPs), is involved in a myriad of biological processes such as cell proliferation, differentiation and death [11]. In addition, TGF- $\beta$  signaling has been indicated to play key roles in the development of GDM and GDM risk factors. BMPs disfunction will impair insulin signal and glucose homeostasis in the setting of diabetes [12]. Activins can promote the proliferation of pancreatic  $\beta$ -cell and secretion of insulin [13]. TGF- $\beta$  isoforms are known to stimulate adipocyte proliferation, insulin resistance and subclinical inflammation [14].

In recent years, the role of genetic factors in the pathogenesis of GDM has been increasingly investigated. The major genetic studies of GDM are candidate gene studies, which have revealed that some single nucleotide polymorphisms (SNPs) in cytokine genes are associated with susceptibility to GDM [15, 16]. SNPs within the coding and signal sequences can affect gene transcriptional activity, and then change the production of proteins [17]. Several studies have reported that altered cytokines expression are related to the severity and progression of the GDM [18, 19]. Therefore, the cytokine genes with positive SNP loci may be a pregnancy biomarker for screening GDM.

TGF-B1 and TGF-B3 belong to TGF-B isoforms and have differential expression in the human endometrium and placenta [11]. Both of them contribute to normal homeostasis of pancreas and insulin action [20]. The enhanced expression of TGF-\beta1 induced by hyperglycemia was detected in individuals with GDM [21, 22]. Although there is no direct relation between TGF- $\beta$ 3 and GDM, TGF- $\beta$ 3 participates in many GDM complications such as PE and pregnancy-induced hypertension [23]. Three tag SNPs (rs4803455, rs2284792, and rs3917201), located in introns of TGF-\u03b31 and TGF-\u03b33 locus respectively, can affect the transcriptional activity and change the expression of proteins [24-26]. Therefore, we supposed that these three SNPs might be target SNPs, and try to investigate the relationship between polymorphisms of *TGF-\beta1*, *TGF-\beta3* and the risk of GDM.

### Methods

### Subjects

This study was conducted based on 919 pregnant women with GDM and 1177 healthy pregnant women with normal glucose tolerance, recruited from the clinical pregnancy registries at the Affiliated Hospital of Qingdao University, People's Hospital of Liaocheng City and People's Hospital of Linyi City. Informed consent was issued and signed by all subjects and all investigations were approved by the ethics committee of the Affiliated Hospital of Qingdao University.

All the participants underwent a 75 g oral glucose tolerance test (OGTT) at 24-28 weeks' gestation. The diagnosis of GDM was based on the International Association of Diabetes and Pregnancy Study Groups (IADPSG) criteria when one of the following plasma glucose values in the OGTT was met or exceeded, fasting plasma glucose 92 mg/dl (5.1 mmol/l), 1 h plasma glucose 180 mg/dl (10.0 mmol/l) and 2 h plasma glucose 153 mg/dl (8.5 mmol/l). Plasma glucose during OGTT of the follow-up study was measured by enzymatic hexokinase photometric assay. Exclusion criteria included heart diseases, chronic hypertension, diabetes mellitus, thyroid diseases, kidney disorders, abnormal liver function, twin or multiple pregnancies, as well as in-vitro fertilization in the present gestation. Women were recruited in the study group when first diagnosed as GDM at 24-28 weeks' gestation. Then, they were taken blood for testing before diet control and insulin therapy. Besides, 919 GDM patients were categorized into 455 without PE and 464 with PE which was determined on the base of the questionnaire, clinical features, and data. A newly onset of hypertension ( $\geq 140/90$  mmHg) with proteinuria C of 300 mg or higher in 24-h after 20 weeks of gestation was diagnosed as PE.

#### Methods

Genomic DNA was extracted from peripheral venous blood by alkaline lysis method and collected by centrifugal column in the Qiagen blood DNA extraction kit (Qiagen, Hilden, Germany). TaqMan allelic discrimination real-time PCR (Life Technologies, Grand Island, NY, USA) was used to genotype the polymorphisms of rs4803455 in *TGF-β1*, rs2284792 and rs3917201 in *TGF*- $\beta$ 3. The TaqMan probes and primers were designed by Applied Bio-systems or Life Technologies (New York. USA). *TGF-\beta1* and *TGF-\beta3* were amplified using the following primers: 5'-GCTGCAAACATTCTGGGGTTT-3' for TGF-β1 rs4803455, 5'-GGGTGGGACCAGG-GAATCT-3' for TGF-\u03b33 rs2284792 and 5'-CGCC TCAAGAAGCAGAAGGAT-3' for TGF-β3 rs3917201. Reaction volume was 25 µl: 1.25 µL 20 × SNP Genotyping Assay,  $12.5 \,\mu\text{L}$  2 × PCR Master Mix, and  $11.25 \,\mu\text{L}$ DNA and DNase-free water. 1000<sup>™</sup> Thermal cycler and CFX96<sup>™</sup> Real-time system (Bio-Rad, California, USA) were carried out to amplifications as following conditions: 95 °C for 3 min, followed by 45 cycles at 95 °C for 15 s and 60 °C for 1 min. The fluorescent signals from VIC/FAM-labeled probes were detected for each cycle. Discrimination of genotypes was conducted with BioRad CFX manager 3.0 software.

#### Statistical analysis

Statistical software package IBM SPSS 22.0 (SPSS Inc., Chicago, IL, USA) was used to manipulate all data.

Student's *t*-test was utilized to compare the demographic and clinical characteristics of cases and controls. An analysis of variance (ANOVA) was used to conduct the genotype-phenotype analysis. A chi-square test was performed to assess the HWE in the controls. Allelic and genotypic distributions were enrolled in the comparison by using Pearson's  $\chi^2$  test which was substituted with Fisher's exact test when expected values were below 5. P < 0.05 (two-sided) was considered to represent statistically significance. Odds ratios (ORs) and 95% confidence intervals (CIs) were used to reveal the relative risk degree. A *P*-value < 0.05 (two-sided) was taken as statistical significance for all statistical analyses.

#### Results

## Demographic and clinical characteristics of GDM and controls

Subjects were categorized into 919 GDM patients and 1177 controls. Demographic and clinical data of different groups were summarized in the supplemental table.

Both groups had similar age distribution, times of gravidity, and number of abortions. The mean age of cases and controls was  $30.71 \pm 4.18$  and  $30.75 \pm 4.21$  years old. However, in GDM group, weeks of admission and delivery intended to be earlier (P < 0.001) and the weight gain of newborns was heavier than in the control group as expected (P < 0.001).

#### TGF- $\beta$ 1 and TGF- $\beta$ 3 polymorphism analysis

The subjects of the control group enrolled in this study were in accordance with HWE for these SNPs and displayed a group representative at the significance level of P>0.05.

The distributions of the genotypes and alleles in GDM cases and controls were reported in Table 1. We observed a statistically significant difference between GDM and healthy women in the frequencies of  $TGF-\beta 3$ rs2284792 ( $\chi^2$  = 9.064, *P* = 0.011). However, no statistical differences were detected either in *TGF-\beta1* rs4803455 or in TGF- $\beta$ 3 rs3917201 between two groups in terms of genotypic frequencies. As shown in Table 1, the allelic frequencies of rs2284792 between two groups were not obviously different ( $\chi^2 = 1.592$ , P = 0.207, OR = 1.082, 95%CI 0.957-1.224). When categorized into three models (AA vs AG + GG, GG vs AG + AA and AG vs GG + AA), there was a significant difference between these two groups (For AA vs AG + GG model,  $\chi^2$  = 6.314, P = 0.012, OR 1.270, 95%CI 1.054–1.530; For AG vs GG + AA model,  $\chi^2$  = 8.545, *P* = 0.003, OR = 0.773, 95%CI 0.650-0.919). Consistently, allelic frequencies of TGF-B1 rs4803455 or TGF-B3 rs3917201 were statistically insignificant.

 
 Table 1
 The comparison of genotypic and allelic frequencies of all SNPs between GDM (all cases) and controls

	Cases	Controls	χ2	<i>p</i> -value	OR	95%Cl
rs4803455						
Genotypes						
AA	142	173	1.206	0.574		
AC	412	556				
CC	365	448				
Alleles						
А	696	902	0.089	0.766	1.019	0.899–1.156
С	1142	1452				
rs2284792						
Genotypes						
AA	268	404	9.064	0.011*		
AG	487	548				
GG	164	225				
AA	268	404				
AG + GG	651	773	6.314	0.012*	1.270	1.054–1.530
GG	164	225				
AG + AA	755	952	0.511	0.458	1.088	0.871-1.360
AG	487	548				
GG + AA	432	629	8.545	0.003*	0.773	0.650-0.919
Alleles						
А	1023	1356	1.592	0.207	1.082	0.957-1.224
G	815	998				
rs3917201						
Genotypes						
GG	220	294	0.303	0.895		
AG	468	592				
AA	231	291				
Alleles						
А	908	1180	0.218	0.641	1.029	0.911-1.163
G	930	1174				

\*p < 0.05 is considered statistically significant, *OR* ODDs ratio, *CI* Confidence interval

## TGF- $\beta$ 1 and TGF- $\beta$ 3 polymorphism analysis between GDM patients with and without PE

To further study the association between variants of the three SNPs and complications, samples were categorized into GDM cases with and without PE. The distributions of the genotypes and alleles in GDM patients with and without PE are shown in Tables 2 and 3.

In GDM cases without PE group, the statistical difference between cases and controls in genotypic distributions of TGF- $\beta$ 3 rs2284792 was observed ( $\chi^2 = 9.774$ , P = 0.008). Also, the same was found for allelic frequencies in AA vs AG + GG ( $\chi^2 = 8.476$ , P = 0.004 OR = 1.427, 95%CI 1.122–1.813) and AG vs GG + AA ( $\chi^2 = 7.842$ ,

	Cases	Controls	χ2	<i>p</i> -value	OR	95%Cl		Cases	Controls	χ2	<i>p</i> -value	OR	95%Cl
rs4803455							rs4803455	5					
Genotypes							Genoty	/pes					
AA	70	173	0.631	0.730			AA	72	173	1.266	0.531		
AC	205	556					AC	207	556				
CC	180	448					CC	185	448				
Alleles							Allel	es					
А	345	902	0.046	0.831	1.017	0.869-1.191	А	351	902				
С	565	1452					С	577	1452				
rs2284792							rs2284792	2					
Genotypes							Genoty	/pes					
AA	122	404	9.774	0.008*			AA	146	404	3.619	0.164		
AG	247	548					AG	240	548				
GG	86	225					GG	78	225				
AA	122	404					Alleles						
AG + GG	333	773	8.476	0.004*	1.472	1.122-1.813	А	532	1356	0.021	0.885	1.011	0.867-1.179
GG	86	225					G	396	998				
AG + AA	369	952	0.010	0.921	1.014	0.769–1.336	rs391720 <sup>-</sup>	1					
AG	247	548					Genoty	/pes					
GG + AA	208	629	7.842	0.005*	0.734	0.590-0.912	GG	112	294	0.359	0.836		
Alleles							AG	241	592				
А	491	1356	3.555	0.059	1.159	0.994-1.352	AA	111	291				
G	419	998					Allel	es					
rs3917201							А	463	1180	0.015	0.903	1.009	0.867-1.175
Genotype	2S						G	465	1174				
GG	108	294	0.571	0.752			*p < 0.05	is consider	ed statisticall	y significa	ant, OR ODD	s ratio, Cl	
AG	227	592					Confidenc	e interval					
AA	120	291					0.015	D = 0.0	02 OP -	1 000	05%CI	0 967	1175 by
Alleles							o.ors, allele).	F = 0.90	03, OK =	1.009,	95/0CI	0.007	-1.175 Dy
А	443	1180	0.549	0.459	1.060	0.909-1.235	ancie).						
G	467	1174					Analysi	s of gen	otype-ph	enotyp	e relation	ship	

Table 2 The comparison of genotypic and allelic frequencies of all SNPs between GDM without PE and controls

Table 3 The comparison of genotypic and allelic frequencies of all SNPs between GDM with PE and controls

\*p < 0.05 is considered statistically significant, OR ODDs ratio, Cl Confidence interval

P = 0.005 OR = 0.734, 95%CI 0.590–0.912). In contrast to TGF-β3 rs2284792, no obvious difference was found in either the genotypic distributions or allelic frequencies of TGF-\u03c61 rs4803455 and TGF-\u03c63 rs3917201 among GDM only cases.

In GDM cases with PE group, however, no obvious difference was found in either the genotypic distributions or allelic frequencies of three SNPs (for rs4803455,  $\chi^2 = 1.266$ , P = 0.531 by genotype,  $\chi^2 = 0.069$ , P = 0.793, OR = 1.021, 95%CI 0.873–1.194 by allele; when for rs2284792,  $\chi^2 = 3.619$ , P = 0.164 by genotype,  $\chi^2 = 0.021$ , *P* = 0.885, OR = 1.011, 95%CI 0.867–1.1791by allele; and for rs3917201,  $\chi^2 = 0.359$ , P = 0.836 by genotype,  $\chi^2 =$ 

Analysis of the relationship between the genotypes of TGF- $\beta$ 3 rs2284792 and demographic characteristics among total GDM patients was shown in Table 4. However, no statistical differences were found for the genotype-phenotype relationship of rs2284792.

#### Discussion

In this study, the associations between  $TGF-\beta 1$ ,  $TGF-\beta 3$ polymorphisms and GDM were examined in a Chinese population. Among women with GDM, we firstly found an effective association between the tag SNP TGF- $\beta$ 3 rs2284792 and GDM risk. Besides, we confirmed that the A allele and the AA and AG genotypes were susceptible, while the G allele/GG genotype may be protective factors. However, there were no statistically significant differences in the distribution of TGF- $\beta$ 1 rs4803455 and

patients	
GDM	
total	
among	
cteristics	
d chara	
)2 an	
8479	
rs22	
es of	
genotyp	
etween	
ions b	
Associat	
4	
- <b>A</b> 1	

Table 4 Associations between genotype:	s of rs2284792 ai	nd characteristic	s among total G	DM patients					
Rs2284792(A/G)	AA	AG	99	AA vs. AG	AA vs GG	AG vs GG	AA vs AG + GG	GG vs AG + AA	AG vs GG + AA
	(u)	(u)	(u)	рđ	$\mathbf{q}^d$	<sup>р</sup> с	р <sup>d</sup>	pe.	p <b>f</b>
Cases	268	487	164						
Demographic characteristics (Mean $\pm$ S)									
Fasting blood glucose (mmol/l)	$5.90 \pm 2.13$	$5.75 \pm 2.22$	$5.76 \pm 2.33$	0.087	0.097	0.960	0.059	0.407	0.360
Systolic blood pressure (mmHg)	137.65 ± 22.24	137.41 ± 24.86	137.53 ± 22.06	0.166	0.425	0.468	0.224	0.997	0.231
Diastolic blood pressure (mmHg)	77.09 ± 12.36	77.17 ± 11.86	77.01	0.519	0.560	0.137	0.972	0.186	0.177
WBC ( $\times 10^9$ /L)	$10.51 \pm 2.99$	$10.62 \pm 3.05$	$10.62 \pm 3.05$	0.122	0.144	0.921	0.099	0.514	0.436
RBC ( $\times 10^{12}$ /L)	4.41 ± 1.73	4.37 ± 1.17	$4.51 \pm 1.91$	0.588	0.233	0.234	0.997	0.085	0.185
Hb (g/L)	116.43 ± 17.40	116.47 ± 14.12	116.32 ± 14.31	0.823	0.451	0.308	0.753	0.343	0.560
neutrophil (×10 <sup>9</sup> /L)	8.40 ± 2.54	8.24 ± 2.43	8.44 ± 2.81	0.157	0.779	0.068	0.557	0.167	0.056
PLT (×10 <sup>9</sup> /L)	227.30 ± 58.26	226.72 ± 67.55	226.69 ± 58.86	0.102	0.149	0.953	0.079	0.562	0.252
PT (s)	$10.64 \pm 1.59$	$10.68 \pm 1.60$	$10.71 \pm 1.83$	0.436	0.283	0.572	0.330	0.402	0.808
APTT (s)	30.57 ± 3.93	30.52 ± 3.91	$30.63 \pm 3.38$	0.441	0.446	0.134	0.720	0.192	0.300
ALT (IU/L)	$27.66 \pm 21.05$	26.95 ± 16.47	27.14 ± 19.28	0.065	0.356	0.663	0.075	0.920	0.132
AST (IU/L)	29.82 ± 18.52	29.53 ± 16.51	29.57 ± 19.35	0.384	0.599	0:930	0.389	0.871	0.510
Creatinine (umol/L)	58.58±18.75	58.49 ± 19.15	58.49 ± 17.09	0.716	0.788	0.986	0.704	0.931	0.782
Body mass before pregnancy (kg)	59.73 ± 3.43	63.58 ± 0.95	63.04 ± 0.74	0.146	0.159	0.647	0.116	0.959	0.422
Body mass increase during pregnancy (kg)	$17.53 \pm 1.25$	$17.57 \pm 0.62$	$16.24 \pm 0.47$	0.978	0.318	0.086	0.614	0.072	0.123
BMI before pregnancy (kg/m <sup>2</sup> )	23.97 ± 0.79	24.30 ± 0.34	$24.23 \pm 0.40$	0.698	0.804	0.896	0.754	0.974	0.837
BMI at birth (kg/m²)	$30.7 \pm 0.92$	30.91 ± 0.42	30.43 ± 0.46	0.841	0.827	0.456	0.964	0.463	0.472
$P^{\rm a}$ value between AA and AG; $P^{\rm b}$ value between A. p < 0.05 is considered statistically significant. WBC transaminase, AST glutamic oxaloacetic transamina	A and GG; <i>P</i> <sup>c</sup> value	between AG and GC C Red Blood Cell, <i>H</i>	ā; P <sup>d</sup> value between 'b Hemoglobin, PLT	<b>AA and AG + G</b> Platelet, <i>PT</i> protl	<b>G</b> ; <i>P</i> <sup>e</sup> value betv ìrombin time, <i>A</i>	ween <b>GG and /</b> <i>NPTT</i> activated p	<b>IG + AA;</b> <i>P</i> <sup>f</sup> value bet vartial thromboplastir	ween <b>AG and GG + A</b> time, <i>ALT</i> glutamic p	<b>A</b> yruvic

Xu et al. BMC Pregnancy and Childbirth (2020) 20:759 TGF- $\beta$ 3 rs3917201 genotypes between GDM and healthy women.

Previous genetic study of GDM is to find candidate genes that was based on biological plausibility [27]. Recently, genome-wide association analysis studies were performed to identify some susceptibility genes associated with GDM [4]. The genetic variants of candidate genes have been revealed to contribute to the risk of GDM. For example, rs12255372 variant in Transcription factor 7-like 2 was indicated to interact with adiposity to alter  $\beta$ -cell function in 132 Mexican-American families with GDM [28]. The homozygosity for G972R polymorphism in Insulin receptor substrate-1 might indicate an increased risk for GDM in Saudi women [29]. There was also was significantly associated with genotypes and alleles of the CC chemokine ligand 2 rs1024611 and rs4586 polymorphisms [18] and GDM. Interestingly, many GDM associated candidate genes can express cytokines implicated in the inflammatory conditions during pregnancy [30].

GDM is characterized by varying degrees of hyperglycemia due to the inability of pancreatic  $\beta$ -cells to adequately respond to the increased insulin requirements during the second and third trimester [31, 32]. The etiology of GDM may be explained by many factors including cytokines, hormones, lifestyle as well as genetic disposition [33]. TGF- $\beta$  isoforms are multifunctional factors that regulate embryonic development, immunity, and epithelial homeostasis [34]. Genetic polymorphisms of TGF- $\beta$  isoforms were linked with an increased likelihood of having GDM and complications such as PE and diabetic nephropathy [15, 35]. With such attributes, we chose *TGF-\beta1* and *TGF-\beta3* as target genes to uncover the genetic disposition of GDM.

TGF- $\beta$ 1 is reported to be a key cytokine in insulin resistance and obesity. Over-expression of TGF-B1 can lead to decreased  $\beta$ -cell mass and insulin secretion [36]. TGF-β1 rs4803455 polymorphism is an A/C singlenucleotide variation on chromosome 19q13.2 and can alter the expression of insulin receptor substrate 2 associated with insulin resistant in GDM, but not depending on its expression in the pathway [37]. Moreover, a previous study suggested that TGF-B1 rs4803455 showed the effectiveness to capture the associations with cancer risk [38]. However, our data revealed that TGF- $\beta$ 1 rs4803455 was not a significant risk factor of GDM in the Chinese Population. The difference between these studies could be attributed to the discordance of population genetic background. However, the finite sample size in these studies is another limiting factor to have a coincident conclusion.

This is the first study to show the relationship between the genetic polymorphism of TGF- $\beta 3$  gene and GDM. Candidate SNPs previously described were chosen based on their location within the gene, and a tag SNP (rs2284792: A > G) selected with SNP picker using data from the Caucasian population was located within the introns of *TGF-β3* [39]. Our studies revealed an effective association between the tag SNP rs2284792 and GDM risk. Besides, we confirmed that the A allele and the A allele-containing genotypes (AA and AG) were susceptible, while the G allele/GG genotype may be protective factors. TGF- $\beta$ s in mammals exhibit many overlapping biological activities and appear interchangeable. TGF- $\beta$ 3 knock-in ameliorate inflammation due to TGF- $\beta$ 1 deficiency while promoting glucose tolerance [40]. Reduced TGF- $\beta$ 3 expression can cause hypertrophy and induce glucose intolerance [41]. Therefore, altered generation made by polymorphic variants in *TGF-\beta3* may affect glucose homeostasis, thus leading to GDM.

GDM is a transient presentation of long-standing metabolic malfunction and may be expected to have an association with PE [42]. The pathophysiology of PE is characterized by endothelial dysfunction which may be induced by down-regulation of TGF-\beta signaling. TGF-β isoforms were predisposed to have obvious susceptible associations with PE and were supposed as a biomarker for assessment of PE severity [43, 44]. TGF- $\beta$ 1 codon 10 T/C was observed to have a higher frequency of T>C allele in Type 2 Diabetes Mellitus patients with hypertension [45]. A fetal TGF- $\beta$ 3 variant (rs11466414) is associated with PE in a predominantly Hispanic population [44]. In consideration of comparable clinical characteristics, we hypothesized that the variants of TGF- $\beta$  isoforms may relate to the development of both disease conditions. Then, we analyzed TGF- $\beta 1$  (rs4803455) and TGF- $\beta 3$ (rs2284792 and rs3917201) polymorphisms among GDM cases with PE. However, no obvious difference was found in either the genotypic distributions or allelic frequencies among above three SNPs. The complexity of several pathogenic pathways including metabolic, immune, and endothelial dysfunction can account for the invalid assumption. Insulin resistance which is highly prevalent in patients with GDM can only partially explain the development of PE [42]. To sum up, TGF- $\beta$ 3 rs2284792 may be the independent effective genetic locus for GDM alone.

#### Conclusions

This study indicated that the AA and AG genotype rs2284792 polymorphism of  $TGF-\beta3$  was associated with the increased risk of GDM. However, some evident shortcomings are the limited sample size and the different ethnic origins. Furthermore, some environmental factors, such as behavioral and pharmacological interventions, will be considered in our future studies. All these studies highlight the need of long-term cohort studies of women with GDM for ultimately improving pregnancy outcomes.

#### **Supplementary Information**

The online version contains supplementary material available at https://doi. org/10.1186/s12884-020-03459-w.

Additional file 1: Table S1. The demographic and clinical characteristics of GDM and controls.

#### Abbreviations

TGF-β: Transforming growth factor-β; GDM: Gestational diabetes mellitus; HWE: Hardy-Weinberg equilibrium; PE: Preeclampsia; SNPs: Signal Nucleotide Polymorphisms; OGTT: Oral glucose tolerance test; ORs: Odds ratios; Cis: confidence intervals

#### Acknowledgments

Not applicable.

#### Authors' contributions

YLX: study design, protocol development; CJW, MMH, JLW and HBH: collecting clinical samples; YLX and CLW: data analysis; YLX: writing the manuscript; LZ, YC and SGL: critical review of the manuscript; YC and SGL is responsible for the integrity and the accuracy of the data analysis. All authors have read and approved the final version of the manuscript.

#### Funding

This work was supported by Natural Science Fund Project of Shandong Province [ZR2019MH127]; Key research and development plan of Shandong Province [2019GSF108106] and the Application and Basic Research Project of Qingdao[18–2–2-27-jch]. The funding body did not play a role in the design of the study or in the collection, analysis, and interpretation of data or in writing the manuscript.

#### Availability of data and materials

The original data used to support the findings of this study are available from the corresponding author upon request.

#### Ethics approval and consent to participate

Informed consent was issued and signed by all subjects and all investigations were approved by the ethics committee of the Affiliated Hospital of Qingdao University.

#### Consent for publication

Not applicable.

#### **Competing interests**

The authors declare that they have no competing interests.

#### Author details

<sup>1</sup>Department of Medical Genetics, the Affiliated Hospital of Qingdao University, Qingdao 266000, China. <sup>2</sup>Prenatal Diagnosis Center, the Affiliated Hospital of Qingdao University, Qingdao 266000, China. <sup>3</sup>Department of Immunology, School of Basic Medical Sciences, Capital Medical University, Beijing 100000, China. <sup>4</sup>Department of Histology and Embryology, Qingdao University Medical College, Qingdao 260000, China. <sup>5</sup>Department of Clinical laboratory, the Affiliated Hospital of Qingdao University, Qingdao, China. <sup>6</sup>Department of Endocrinology and Metabolism, the Affiliated Hospital of Qingdao University, Qingdao 266000, China.

#### Received: 18 August 2020 Accepted: 25 November 2020 Published online: 07 December 2020

#### References

- Lowe WL Jr, Scholtens DM, Sandler V, Hayes MG. Genetics of Gestational Diabetes Mellitus and Maternal Metabolism. Curr Diabetes Rep. 2016;16(2):15.
- Johns EC, Denison FC, Norman JE, Reynolds RM. Gestational diabetes mellitus: mechanisms, treatment, and complications. Trends Endocrinol Metab. 2018;29(11):743–54.
- Chiefari E, Arcidiacono B, Foti D, Brunetti A. Gestational diabetes mellitus: an updated overview. J Endocrinol Investig. 2017;40:899–909.

- Zhang C, Bao W, Rong Y, Yang H, Bowers K, Yeung E, Kiely M. Genetic variants and the risk of gestational diabetes mellitus: a systematic review. Hum Reprod Update. 2013;19(4):376–90.
- Enninga EAL, Egan AM, Alrahmani L, Leontovich AA, Ruano R, Sarras MP Jr. Frequency of Gestational Diabetes Mellitus Reappearance or Absence during the Second Pregnancy of Women Treated at Mayo Clinic between 2013 and 2018. J Diabetes Res. 2019;2019:9583927.
- Buchanan TA, Xiang AH, Page KA. Gestational diabetes mellitus: risks and management during and after pregnancy. Nat Rev Endocrinol. 2012;8(11): 639–49.
- Agha-Jaffar R, Oliver N, Johnston D, Robinson S. Gestational diabetes mellitus: does an effective prevention strategy exist? Nat Rev Endocrinol. 2016;12(9):533–46.
- Weissgerber TL, Mudd LM. Preeclampsia and diabetes. Curr Diabetes Rep. 2015;15(3):9.
- Syngelaki A, Kotecha R, Pastides A, Wright A, Nicolaides KH. First-trimester biochemical markers of placentation in screening for gestational diabetes mellitus. Metabolism. 2015;64(11):1485–9.
- Alyas S, Roohi N, Ashraf S, Ilyas S, Ilyas A. Early pregnancy biochemical markers of placentation for screening of gestational diabetes mellitus (GDM). Diabetes Metab Syndr. 2019;13(4):2353–6.
- Jones RL, Stoikos C, Findlay JK. La. Salamonsen.TGF-beta superfamily expression and actions in the endometrium and placenta. Reproduction. 2006;132(2):217–32.
- 12. Perera N, Ritchie RH, Tate M. The Role of Bone Morphogenetic Proteins in Diabetic Complications. ACS Pharmacol Transl Sci. 2020;3(1):11–20.
- Thadhani R, Powe CE, Tjoa ML, Khankin E, Ye J, Ecker J, Schneyer A, Karumanchi SA. First-trimester follistatin-like-3 levels in pregnancies complicated by subsequent gestational diabetes mellitus. Diabetes Care. 2010;33(3):664–9.
- Yadav H, Quijano C, Kamaraju AK, Gavrilova O, Malek R, Chen W, Zerfas P, Zhigang D, Wright EC, Stuelten C, et al. Protection from obesity and diabetes by blockade of TGF-beta/Smad3 signaling. Cell Metab. 2011;14(1): 67–79.
- El-Sherbini SM, Shahen SM, Mosaad YM, Abdelgawad MS, Talaat RM. Gene polymorphism of transforming growth factor-beta1 in Egyptian patients with type 2 diabetes and diabetic nephropathy. Acta Biochim Biophys Sin Shanghai. 2013;45(4):330–8.
- Cao M, Zhang L, Chen T, Shi A, Xie K, Li Z, Xu J, Chen Z, Ji C, Wen J. Genetic Susceptibility to Gestational Diabetes Mellitus in a Chinese Population. Front Endocrinol (Lausanne). 2020;11:247.
- Tarnowski M, Tkacz M, Dziedziejko V, Safranow K, Pawlik A. COX2 and NOS3 gene polymorphisms in women with gestational diabetes. J Gene Med. 2017;19(8). https://doi.org/10.1002/jgm.2959.
- Teler J, Tarnowski M, Safranow K, Maciejewska A, Sawczuk M, Dziedziejko V, Sluczanowska-Glabowska S, Pawlik A. CCL2, CCL5, IL4 and IL15 gene polymorphisms in women with gestational diabetes mellitus. Horm Metab Res. 2017;49(1):10–5.
- Gomes CP, Torloni MR, Gueuvoghlanian-Silva BY, Alexandre SM, Mattar R, Daher S. Cytokine levels in gestational diabetes mellitus: a systematic review of the literature. Am J Reprod Immunol. 2013;69(6):545–57.
- Gao Y, Zhang R, Dai S, Zhang X, Li X, Bai C. Role of TGF-beta/Smad pathway in the transcription of pancreas-specific genes during Beta cell differentiation. Front Cell Dev Biol. 2019;7:351.
- Yener S, Demir T, Akinci B, Bayraktar F, Kebapcilar L, Ozcan MA, Biberoglu S, Yesil S. Transforming growth factor-beta 1 levels in women with prior history of gestational diabetes mellitus. Diabetes Res Clin Pract. 2007;76(2):193–8.
- Marcantoni E, Dovizio M, O'Gaora P, Di Francesco L, Bendaya I, Schiavone S, Trenti A, Guillem-Llobat P, Zambon A, Nardelli GB, et al. Dysregulation of gene expression in human fetal endothelial cells from gestational diabetes in response to TGF-beta1. Prostaglandins Other Lipid Mediat. 2015;120:103–14.
- Venkatesha S, Toporsian M, Lam C, Hanai J, Mammoto T, Kim YM, Bdolah Y, Lim KH, Yuan HT, Libermann TA, et al. Soluble endoglin contributes to the pathogenesis of preeclampsia. Nat Med. 2006;12(6):642–9.
- Slattery ML, Herrick JS, Lundgreen A, Wolff RK. Genetic variation in the TGFbeta signaling pathway and colon and rectal cancer risk. Cancer Epidemiol Biomark Prev. 2011;20(1):57–69.
- Li X, Tan H, Chen M, Zhou S. Transforming growth factor beta 1 related gene polymorphisms in gestational hypertension and preeclampsia: a casecontrol candidate gene association study. Pregnancy Hypertens. 2018;12: 155–60.

- Slattery ML, Trivellas A, Pellatt AJ, Mullany LE, Stevens JR, Wolff RK, Herrick JS. Genetic variants in the TGFbeta-signaling pathway influence expression of miRNAs in colon and rectal normal mucosa and tumor tissue. Oncotarget. 2017;8(10):16765–83.
- 27. Yuen L, Wong VW, Simmons D. Ethnic disparities in gestational diabetes. Curr Diab Rep. 2018;18(9):68.
- Watanabe RM, Allayee H, Xiang AH, Trigo E, Hartiala J, Lawrence JM, Buchanan TA. Transcription factor 7-like 2 (TCF7L2) is associated with gestational diabetes mellitus and interacts with adiposity to alter insulin secretion in Mexican Americans. Diabetes. 2007;56(5):1481–5.
- Alharbi KK, Khan IA, Abotalib Z, Al-Hakeem MM. Insulin receptor substrate-1 (IRS-1) Gly927Arg: correlation with gestational diabetes mellitus in Saudi women. Biomed Res Int. 2014;2014;146495.
- Wedekind L, Belkacemi L. Altered cytokine network in gestational diabetes mellitus affects maternal insulin and placental-fetal development. J Diabetes Complicat. 2016;30(7):1393–400.
- 31. Alfadhli EM. Gestational diabetes mellitus. Saudi Med J. 2015;36(4):399-406.
- Kampmann U, Madsen LR, Skajaa GO, Iversen DS, Moeller N, Ovesen P. Gestational diabetes: A clinical update. World J Diabetes. 2015;6(8):1065–72.
- Fernandez-Real JM, Pickup JC. Innate immunity, insulin resistance and type 2 diabetes. Diabetologia. 2012;55(2):273–8.
- Yamanaka Y, Friess H, Buchler M, Beger HG, Gold LI, Korc M. Synthesis and expression of transforming growth factor beta-1, beta-2, and beta-3 in the endocrine and exocrine pancreas. Diabetes. 1993;42(5):746–56.
- Conti E, Zezza L, Ralli E, Caserta D, Musumeci MB, Moscarini M, Autore C, Volpe M. Growth factors in preeclampsia: a vascular disease model. A failed vasodilation and angiogenic challenge from pregnancy onwards? Cytokine Growth Factor Rev. 2013;24(5):411–25.
- Yadav H, Devalaraja S, Chung ST, Rane SG. TGF-beta1/Smad3 pathway targets PP2A-AMPK-FoxO1 signaling to regulate hepatic gluconeogenesis. J Biol Chem. 2017;292(8):3420–32.
- Slattery ML, Pellatt DF, Wolff RK, Lundgreen A. Genes, environment and gene expression in colon tissue: a pathway approach to determining functionality. Int J Mol Epidemiol Genet. 2016;7(1):45–57.
- Ayala de Miguel P, Enguix-Riego MV, Cacicedo J, Delgado BD, Perez M, Praena-Fernandez JM, Quintana Cortes L, Borrega Garcia P, Del Campo ER, Lopez Guerra JL. Prognostic value of the TGFbeta1 rs4803455 single nucleotide polymorphism in small cell lung cancer. Tumori. 2020: 300891620946841. https://doi.org/10.1177/0300891620946841.
- Drozdzik M, Kaczmarek M, Malinowski D, Bros U, Kazienko A, Kurzawa R, Kurzawski M. TGFbeta3 (TGFB3) polymorphism is associated with male infertility. Sci Rep. 2015;5:17151.
- Hall BE, Wankhade UD, Konkel JE, Cherukuri K, Nagineni CN, Flanders KC, Arany PR, Chen W, Rane SG, Kulkarni AB. Transforming growth factor-beta3 (TGF-beta3) knock-in ameliorates inflammation due to TGF-beta1 deficiency while promoting glucose tolerance. J Biol Chem. 2013;288(44):32074–92.
- Petrus P, Mejhert N, Corrales P, Lecoutre S, Li Q, Maldonado E, Kulyte A, Lopez Y, Campbell M, Acosta JR, et al. Transforming growth factor-beta3 regulates adipocyte number in subcutaneous white adipose tissue. Cell Rep. 2018;25(3):551–60 e5.
- 42. Carpenter MW. Gestational diabetes, pregnancy hypertension, and late vascular disease. Diabetes Care. 2007;30(Suppl 2):S246–50.
- Lim JH, Kim SY, Park SY, Lee MH, Yang JH, Kim MY, Chung JH, Lee SW, Ryu HM. Soluble endoglin and transforming growth factor-beta1 in women who subsequently developed preeclampsia. Prenat Diagn. 2009;29(5):471–6.
- 44. Wilson ML, Desmond DH, Goodwin TM, Miller DA, Ingles SA. Maternal and fetal variants in the TGF-beta3 gene and risk of pregnancy-induced hypertension in a predominantly Latino population. Am J Obstet Gynecol. 2009;201(3):295 e1–5.
- Ramirez A, Hernandez M, Suarez-Sanchez R, Ortega C, Peralta J, Gomez J, Valladares A, Cruz M, Vazquez-Moreno MA. F. Suarez-Sanchez.Type 2 diabetes-associated polymorphisms correlate with SIRT1 and TGF-beta1 gene expression. Ann Hum Genet. 2020;84(2):185–94.

#### **Publisher's Note**

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

#### Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

#### At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

