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Ameliorative effect of virgin olive oil against nephrotoxicity following sub-chronic administration of ethephon in male rats

Tahmineh Mokhtari ^{a, *}, Hosam-Eldin Hussein Osman ^b,
Ayman El-Meghawry El-Kenawy ^{c, d}, Nasrin Dashti ^e

^a Neuroscience Research Center, Iran University of Medical Sciences, Tehran, Iran

^b Department of Anatomy, College of Medicine, Taif University, Al-Azhar University, Saudi Arabia

^c Department of Pathology, College of Medicine, Taif University, Taif, Saudi Arabia

^d Department of Molecular Biology, GEBRI, University of Sadat City, Sadat City, Egypt

^e School of Allied Health Sciences, Tehran University of Medical Sciences, Tehran, Iran

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ABSTRACT

Background: Ethephon (EP) is the most famous plant growth regulator with different adverse effects on kidney function. Virgin Olive Oil (VOO) is considered as a natural source of antioxidant with beneficial effects. Thus, this study was conducted to investigate the effects of VOO on nephrotoxicity induced by EP in rats.

Methods and materials: In this study, 80 male rats (weighing 200–250 g) were divided into four groups including **I:** control group received normal saline as vehicle, **II:** received VOO, **III:** received EP (150 mg/kg/day) for 2 months, **IV:** received EP (150 mg/kg/day for 2 months, after 2-month pretreatment with VOO. VOO (2 mL/kg/day) and vehicle were administered by gastric gavage for 2 months. At the end, the animals were sacrificed, and their blood and kidneys were used for examinations. Isolated kidneys were used for histopathological and oxidative stress studies.

Results: Significant increases were recorded in blood (neutrophils, monocytes) and urinary parameters as well as malondialdehyde (MDA) content in the group III compared to groups II and I ($P < 0.05$). Antioxidant enzymes significantly declined and histopathological alterations increased in the group III. In the group IV, significant decreases were recorded in blood and urinary parameters, MDA, and histopathological alterations and a significant increase were found in antioxidant enzymes compared to group III ($P < 0.05$).

Conclusions: Findings of the present study demonstrated protective effects of VOO in prevention of kidneys against EP-induced toxicity in albino rats.

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1. Introduction

Extensive use of pesticides leads to renal toxicity in human and experimental animals. Pesticides have been reported as main cause of 27% of acute kidney diseases in the United States.^{1,2} Pesticides killing insects such as carbonates and organophosphates are known to induce nephrotoxicity.³ In recent decades, using chemicals such as Plant Growth Regulators (PGRs) in agriculture has been

associated with many health hazards. Ethephon (EP, 2-chloroethyl phosphonic acid) is the most famous example of plant growth regulators used for artificial ripening through release of ethylene, directly influencing several physiological processes such as ripening and maturation. It is used on some crops including cereals, vegetables, fruits, and crops seeds producing oil.⁴

Mechanism of action of EP is through release of ethylene followed by being absorbed by the plant and interfering in growth process, and is also used in acceleration of ripening of fruits and vegetables.⁵ Previous studies showed that, when EP is administered orally, it causes various types of disease including necrotic hepatitis gastroenteritis, and respiratory diseases, in both rats and mice.^{6,7} Other side effects related to EP administration include a

* Corresponding author.

E-mail address: mokhtari.tmn@gmail.com (T. Mokhtari).

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List of abbreviations:

EP	ethephon
VOO	Virgin olive oil
PGRs	plant growth regulators
MUFA	monounsaturated fatty acids
UA	Uric acid
Cr	Creatinine
BUN	blood urea nitrogen
RBCs	red blood cells
WBCs	white blood cells
Hb	hemoglobin

HCT	hematocrit
MDA	malondialdehyde
CAT	catalase
GSH	glutathione
SOD	superoxide dismutase
GPx	Glutathione peroxidase
PCNA	proliferating cell nuclear antigen
H&E	hematoxylin & eosin
TRI	Masson's trichrome
PAS	Periodic Acid Schiff
IHC	immunohistochemical
DAB	3,3-diaminobenzidine tetrahydrochloride solution

significant increase in the kidney weight, glomerulosclerosis, nephritis, glomerulonephritis, mineralization of brain, fibrosis of heart, etc.^{8,9} EP also produces hematological changes and inhibits activity of plasma cholinesterase in intoxicated animals.¹⁰ Also, EP has been shown to induce gonadal disorders, and its teratogenic effects have been demonstrated in mice.^{11,12} EP has been reported to reduce concentrations of DNA and RNA and induce mutagenic effects.¹³ Additionally, increased oxidative stress and immunotoxicity of EP have been demonstrated in the recent studies.¹⁴

The use of medicinal herbs and natural compounds has been proven in treatment and prevention of diseases.^{15–18} Antioxidant activities of herbal medicines are effective in reducing toxicities related to toxic agents and different synthetic drugs.^{19,20} Global consumption of Virgin Olive Oil (VOO) known as a Mediterranean Diet has been significantly increased in the last few decades.²¹ Consumption of VOO has been suggested to protect individuals against cardiovascular diseases,²² different types of cancer,²³ obesity, type II diabetes, and metabolic syndrome.²⁴ Moreover, beneficial effects of VOO have been noticed in healthy individuals.²⁵ Two main compositions of VOO are fatty acid and phenolic antioxidants.²⁵ VOO contains a wide variety of antioxidants such as vitamin E, oleocanthal, carotenoids, and polyphenols like hydroxytyrosol, hydroxytyrosol acetate, and oleuropein, among which oleuropein especially prevents oxidation of Low-Density Lipoprotein (LDL) particles.^{26,27} Monounsaturated Fatty Acids (MUFA) especially oleic acid with beneficial effects on cardiovascular system constitutes 70–80% of total fatty acids of olive oil.²⁸ Recently, researchers have focused on preventive effects of phenols with natural sources against degenerative diseases mediated by Reactive Oxygen Species (ROS).^{29,30} Polyphenols of VOO are characterized for their anti-inflammatory features, applied by down-regulation of inflammatory mediators through transcriptional or post-transcriptional mechanisms.³¹ Hepatoprotective effects of VOO^{32,33} and its ameliorative effects on nephrotoxicity induced by different agents have been demonstrated so that, nephrotoxicity was ameliorated in animals as a result of administering VOO or olive leaf extract.^{34–36}

Therefore, the present study was carried out to investigate the potential protective effects of VOO on some hematological parameters and nephrotoxicity induced by sub-chronic administration of EP in male albino rats.

2. Materials and methods

2.1. Chemicals and drugs

Ethrel, in commercial form containing 48% EP (2-chloroethyl phosphonic acid) was purchased from Chema Industries. Virgin Olive Oil (VOO) was purchased from local market and was analyzed

in laboratory in Taif University, Taif, Saudi Arabia (analytical parameters including fatty acids, oxidative stability, and antioxidant composition are demonstrated in Table 1). VOO contained 68.23% of monounsaturates (mainly oleic acid), 16.29% of saturates (palmitic and stearic acids), and 14.21% of polyunsaturated fatty acid. Urea, Uric Acid (UA), Creatinine (Cr) and Blood Urea Nitrogen (BUN) kits were purchased from Biovision Inc., (USA). Other chemicals were purchased from Sigma Company (St. Louis, MO, USA).

2.2. Animals

This study was approved by the Ethics Committee of Animal Experiments at Taif University, Taif, Saudi Arabia, and was performed according to the Guide for the Care and Use of Laboratory Animals (8th edition, National Academies Press). In this study, 80 male rats (weighing 200–250 g) were obtained from Taif laboratory, and were kept under 12h light/12h dark cycle. Rats were housed in plastic cages with free access to food and water, and they were acclimated to laboratory conditions.

2.3. Experimental design

After acclimatization of the rats for 1 week, the rats were randomly divided into four groups, and were placed in separate plastic cages (20 rats for each group) as below:

Table 1
Mean values of analytical parameters, fatty acids composition (%) and antioxidant content of VOO.

	Mean
Palmitic acid	11.21
Palmitoleic acid	0.69
Stearic acid	3.69
Oleic acid	63.38
Linoleic acid	14.34
Linolenic acid	0.71
Arachidic acid	0.69
Gadoleic acid	0.7
Behenic acid	2.84
MUFA	68.33
SFA	16.3
PUFA	15.1
Total polyphenols (mg/kg)	561.3
Chlorophylls (mg/kg)	11.9
β-Carotene (mg/kg)	7.31
α-tocopherol (mg/kg)	480.79

Data are expressed as mean values. MUFA: monounsaturated fatty acid; SFA: saturated fatty acids; PUFA: polyunsaturated fatty acid.

Group I: Control group received equal volume (2 ml/day) of normal saline (NS, 0.9% NaCl) as vehicle by oral administration (gastric gavage) for 2 months; followed by 2-month administration of NS in equal volume intraperitoneally (IP).

Group II: Received VOO (2 ml/kg/day) for 2 months by oral administration³³; followed by 2-month administration of NS in equal volume IP.

Groups III: Received NS (2 ml/kg/day) for 2 months as a vehicle by oral administration, followed by 2-month administration of EP (150 mg/kg/day).³⁷

Groups IV: Received VOO (2 ml/kg/day) by oral administration as a pretreatment for 2 months; followed by 2-month administration of EP (150 mg/kg/day).

2.4. Samples collection and tissue samples

At end of 4th month, the rats were anesthetized through ether inhalation. Two blood samples were collected from each rat using intracardiac puncture. One sample was left to clot at 37°C, and was centrifuged at 3000 rpm for 15 min. Then, the serum was separated, and was stored at –20°C for biochemical analysis. The other one was collected in heparinized tubes to determine hematological parameters. Both kidneys were isolated, and small slices of right kidney were cut, and were cleaned and washed with normal saline, and were fixed for histological examination, and the left kidney in each rat was processed for tissue enzymes.

2.5. Hematological studies

The heparinized blood samples were analyzed regarding number of Red Blood Cells (RBCs), White Blood Cells (WBCs), Hemoglobin concentration (Hb), Hematocrit (HCT), and differential count of polymorphs and lymphocytes according to standard methods using an Animal Blood Counter-ABC vet (Horiba ABX, France)^{38,39} (38, 39)^{37,38} (38, 39).

2.6. Kidney function assay

To assess the kidney function, blood samples were obtained through intra cardiac puncture from each rat at end of 2nd month, and were left to clot at 37°C, and were centrifuged at 3000 rpm for 15 min. For biochemical study, levels of urea, uric acid, creatinine, BUN were assessed in serum of control and experimental animals. Levels of serum urea were assessed using the methods proposed by Banday et al.,⁴⁰ and then levels of serum UA, serum Cr, and BUN were evaluated using the methods introduced by Caraway,⁴¹ Natelson et al.,⁴² and Owen et al., respectively⁴³.

2.7. Oxidative stress assay

Both kidney samples were dissected and put in Petri dishes. After washing with physiological saline, the right kidney was taken for histopathological investigations, and the left one was stored at –80°C until using for oxidative stress assay. Collected tissues were grinded with liquid nitrogen in a mortar. Then, grinded tissues (0.5 g) were homogenized in 2 mL of 50 mM phosphate buffer (pH 7.8) containing 1 mM EDTA and 1% PVP. The homogenate was centrifuged under cooling at 15,000×g for 20 min, and the supernatant was stored at –80°C until using for determination of Catalase (CAT),⁴⁴ Glutathione (GSH),⁴⁵ and Superoxide Dismutase (SOD)⁴⁶ activities as well as content of Malondialdehyde (MDA).⁴⁷

2.7. Histopathological studies

Samples obtained from each kidney were fixed in 10% buffered formalin solution for 72 h. Then, tissue processing was performed, and tissues were embedded in paraffin blocks. Serial sections (3–5 µm) were prepared using microtome. The sections were stained with Hematoxylin & Eosin (H&E) to study general histological features, Masson's Trichrome (TRI) stain was used for detecting collagen fibers (grade of interstitial fibrosis), Periodic Acid Schiff (PAS) stain was applied to demonstrate mucopolysaccharides.⁴⁸ Images were taken at 400× magnifications using a light microscope (ZEISS, Axiolab) for each type of staining, and all histopathological studies were analyzed using a blind method by the same histologist.

2.7.1. H&E staining

In H&E staining, tubular lesion was assessed using a grading scale ranged from 0 to 5, which is expressed as follows: 0: no damage, 1: unicellular patchy isolated degeneration, 2: less than 25%, 3 = 25–50%, 4: 50–75%, and 5: more than 75% tubular degeneration.^{49,50} In this way, 20 fields from each section were randomly selected to evaluate (10 sections for each group).

2.7.2. TRI staining

To investigate deposition of tubulointerstitial collagen, 20 fields were randomly selected in each TRI-stained section (10 sections for each group). Grade of interstitial fibrosis as a semiquantitative score was defined as follows: 0: no fibrosis, 1: 1–25% fibrosis (mild), 2: 26–50% fibrosis (moderate), and 3: >50% fibrosis (severe).⁵¹

2.7.3. PAS staining

PAS staining was used to show tubular injury using a semiquantitative score. This score evaluates percentage of tubular epithelial cells atrophy, tubular dilatation, and thickening of tubular basement membrane in cortex and corticomedullary junction as follows: 0: none; 1: 10%; 2: 10–25%; 3: 26–45%; 4: 46–75%; and 5: >75% of tubules. 20 fields were randomly selected on each slide section (10 sections for each group).⁵²

2.7.3. Immunohistochemical staining

For immunohistochemical (IHC) localization of Proliferating Cell Nuclear Antigen (PCNA), paraffin sections of kidney were deparaffinized and hydrated. Hydrogen peroxide (3% for 5 min) was used for blocking endogenous peroxidase activity. Renal sections were incubated with PCNA monoclonal antibody (Dako Corporation, Carpinteria, CA) over night, and were washed with Phosphate-Buffered Saline (PBS) for 5 min. Then, monoclonal antibody was linked with biotinylated goat anti-mouse IgG antibody (Daco, LASB Universal Kit) for 30 min. After being washed with PBS for 5 min, sections were incubated with peroxidase-conjugated streptavidin for 30 min. A brown colored reaction was developed by exposing sections to 3,3-diaminobenzidine tetrahydrochloride solution (DAB) for 5 min, and then they were washed in distilled water. Sections were counter stained with hematoxylin.⁵³ To calculate percentage of PCNA+ cells, number of stained cells, and total number of cells were counted. For this purpose, 10 fields were randomly selected from each sections (10 kidney sections from each animal group) to be studied.

2.9. Statistical analyses

Statistical analysis was conducted using SPSS software version 16.0 (SPSS Inc., Chicago, IL, USA). Results were expressed as mean ± SEM. Comparison of means was performed using one-way ANOVA and post-hoc Tukey. P-Values of <0.05 were considered

statistically significant.

3. Results

3.1. Effects of VOO on hematological parameters in rats with sub-chronic EP

As shown in Table 2, there was a significant decrease in the RBC and total WBC count, hemoglobin levels and lymphocyte percentage and a significant increase in the percentage of neutrophils and monocytes in rats treated with EP (group III) compared to groups II and I ($P < 0.05$, Table 2). RBC and total WBC count, hemoglobin levels and lymphocyte percentage significantly increased and lymphocyte percentage and significantly decreased in the group IV (treated with EP and VOO) compared to group III ($P < 0.05$, Table 2). No significant changes were recorded in hematological parameters between groups II and I.

3.2. Effects of VOO on kidney function parameters in rats with sub-chronic EP

As depicted in Table 3, a significant increase was recorded in the levels of serum urea, UA, Cr, and BUN in animals received EP compared to groups II and I ($P < 0.05$, Table 3). Animals in the group IV showed a significant decrease in the levels of serum urea, UA, Cr, and BUN compared to group III ($P < 0.05$, Table 3). No significant alteration was recorded in values of serum urea, uric acid, Cr, and BUN between animals treated with VOO (II) and the control group (I).

3.3. Effects of VOO on oxidative stress parameters in rats with sub-chronic EP

As illustrated in Table 4, there was significant decrease in the SOD, CAT, and GSH levels and a significant increase in the MDA level in rats treated with EP (group III) compared to groups II and I ($P < 0.05$, Table 4). Animals treated with EP and VOO (group IV) exhibited a significant increase in the SOD, CAT, and GSH levels and a significant reduction in the MDA level compared to group III ($P < 0.05$, Table 4). No significant changes were recorded in values of SOD, CAT, GSH, and MDA level between groups II and I.

3.4. Effects of VOO on histopathological alterations in rats with sub-chronic EP

3.4.1. H&E staining

H&E staining and light microscopic examination showed that,

Table 2
Effects of VOO on hematological parameters in rats with sub-chronic EP.

Parameters	I	II	III	IV
RBCs ($\times 10^6/\mu\text{L}$)	5.44 \pm 0.55	5.21 \pm 0.22	3.54 \pm 0.82 *	5.78 \pm 0.01 [#]
Hb (g/dl)	12.01 \pm 0.23	12.05 \pm 0.44	9.99 \pm 0.82*	11.97 \pm 0.56 [#]
HCT(%)	50.99 \pm 0.96	50.01 \pm 0.17	40.97 \pm 0.19*	49.95 \pm 0.67 [#]
WBCs ($\times 10^3/\mu\text{L}$)	5.21 \pm 0.14	5.13 \pm 0.17	9.72 \pm 0.11*	5.20 \pm 0.87 [#]
Lymphocytes (%)	35.85 \pm 0.57	35.92 \pm 0.01	26.41 \pm 0.66*	36.14 \pm 0.40 [#]
Eosinophils (%)	0.01 \pm 0.02	0.02 \pm 0.03	0.03 \pm 0.03	0.01 \pm 0.01
Basophils (%)	0.00 \pm 0.00	0.00 \pm 0.00	0.00 \pm 0.00	0.00 \pm 0.00
Neutrophils (%)	53.85 \pm 0.32	53.89 \pm 0.54	62.42 \pm 0.52*	54.40 \pm 0.43 [#]
Monocytes (%)	6.11 \pm 0.21	6.05 \pm 0.44	8.98 \pm 0.01*	6.99 \pm 0.01 [#]

RBC: red blood cells/Hb: Hemoglobin/HCT/WBCs: white blood cells/HCT: hematocrit.

N = 6 in each group/Results were expressed as mean \pm SEM/* $P < 0.05$ (significant difference compared to groups I & II)/# $P < 0.05$ (significant difference in comparison with group III)/I: control and received normal distilled water orally, II: received VOO (2 mL/kg), III: received EP (150 mg/kg) for 2 months, IV: Received EP, after successive administration of VOO.

Table 3
Effects of VOO on kidney function parameters in rats with sub-chronic.

Parameters	I	II	III	IV
Urea (mg/dl)	32.16 \pm 3.23	32.67 \pm 2.96	75.88 \pm 3.1 *	35.27 \pm 1.12 [#]
UA (mg/dl)	5.02 \pm 0.12	5.89 \pm 0.22	9.12 \pm 0.32*	5.96 \pm 0.42 [#]
Cr (mg/dl)	1.31 \pm 0.02	1.15 \pm 0.01	3.95 \pm 0.12*	1.12 \pm 0.07 [#]
BUN (mg/dl)	18.01 \pm 3.03	18.32 \pm 2.92	29.91 \pm 1.24*	19.01 \pm 2.44 [#]

UA: Uric acid/Cr: Creatinine/BUN: Blood urea nitrogen.

N = 6 in each group/Results were expressed as mean \pm SEM/* $P < 0.05$ (significant difference compared to groups I & II)/# $P < 0.05$ (significant difference in comparison with group III)/I: control and received normal distilled water orally, II: received VOO (2 mL/kg), III: received EP (150 mg/kg) for 2 months, IV: Received EP, after successive administration of VOO.

the kidney tissue of control group (group I) and VOO group (group II) has a normal architecture for glomerulus and tubules. Typical thick cubic epithelium in proximal convoluted tubules and lower cubic epithelium in distal convoluted tubules were observed. The tubules were found to have a relatively regular distinct lumen, glomerular capsule were lined with a flat epithelium (Fig. 1 (a)). In the rats treated only with EP (group III), most areas of tubular damages of kidney were seen to range from mild to severe. These tubular damages appeared as degeneration of epithelia of renal tubules characterized by mononuclear cells infiltration and vacuolation of cytoplasm. Also, some vascular glomeruli were prominently enlarged and tightly filled the Bowman's capsule resulting in absence of capsular spaces. Moreover, hyperaemia of the kidney vessels was observed (Fig. 1 (a)). In the group IV, a marked reduction was recorded in the toxic effect on the kidney as mild hyperaemia in the kidney vessels, as well as a decrease in the degenerative changes in tubular epithelium (Fig. 1 (a)).

As shown in Fig. 1 (a), (b), there was a significant enhancement in the mean tubular necrosis score of groups III and IV compared to groups II and I ($P < 0.05$). Mean tubular necrosis score reduced in the group IV (treated with EP and VOO) compared to group III ($P < 0.05$, Fig. 1(b)). No significant changes were recorded in mean tubular necrosis score between groups II and I.

3.4.2. TIR staining

Light microscopic examination of the kidney of the control group (group I) and VOO group (group II) revealed normal distribution of collagen in these groups based on TIR staining. A significant increase was also found in the distribution of collagen (grade of interstitial fibrosis) in the kidney of rats treated with EP (group III) ($P < 0.05$, Fig. 2(a), (b)). In the kidney tissue of rats treated with EP in the group IV, a prominent reduction was observed in the toxic effect of EP on the kidney with nearly normal distribution of collagen ($P < 0.05$, Fig. 2(a) and (b)).

3.4.3. PAS staining

Light microscopic observations of the kidney tissue of rats in groups II and I revealed strong positive PAS reaction in glomeruli, proximal, and distal convoluted tubules of rats (Fig 3(b)). The kidney tissues of the rats exposed only to EP (group III) showed a marked reduction in the PAS reaction in glomeruli, proximal, and distal convoluted tubules of rats ($P < 0.05$, Fig 3(b)). PAS reaction of the kidney tissues of the rats exposed to EP and VOO (group IV) showed a moderate increased intensity of PAS positive reaction in glomeruli, proximal, and distal convoluted tubules of the kidney compared to group III ($P < 0.05$, Fig 3(b)).

3.4.4. IHC staining

IHC staining revealed a significant enhancement in the percentage of PCNA+ cells in groups III and IV compared to groups II and I ($P < 0.05$, Fig 4 (a),(b)). Percentage of PCNA+ cells reduced in the

Table 4
Effects of VOO on stress oxidative parameters in rats with sub-chronic EP.

Parameters	I	II	III	IV
SOD ($\mu\text{gr}/\text{gr}$ protein)	19.98 \pm 0.65	9.33 \pm 0.02	14.14 \pm 0.23*	20.08 \pm 0.03 [#]
CAT(U/mg protein)	90.21 \pm 4.20	89.20 \pm 4.98	49.90 \pm 7.18*	91.10 \pm 1.05 [#]
GSH ($\mu\text{gr}/\text{mg}$ protein)	170.68 \pm 13.93	169.87 \pm 13.13	110.96 \pm 34.12*	169.45 \pm 23.67 [#]
MDA (noml/g protein)	38 \pm 0.34	37 \pm 0.45	61 \pm 0.18*	37 \pm 0.71 [#]

SOD: Superoxide Dismutase/CAT: Catalase/GSH: Glutathione/MDA: Malondialdehyde.

N = 6 in each group/Results were expressed as mean \pm SEM/* P < 0.05 (significant difference compared to groups I & II)/[#] P < 0.05 (significant difference in comparison with group III)/I: control and received normal distilled water orally, II: received VOO (2 mL/kg), III: received EP (150 mg/kg) for 2 months, IV: Received EP, after successive administration of VOO.

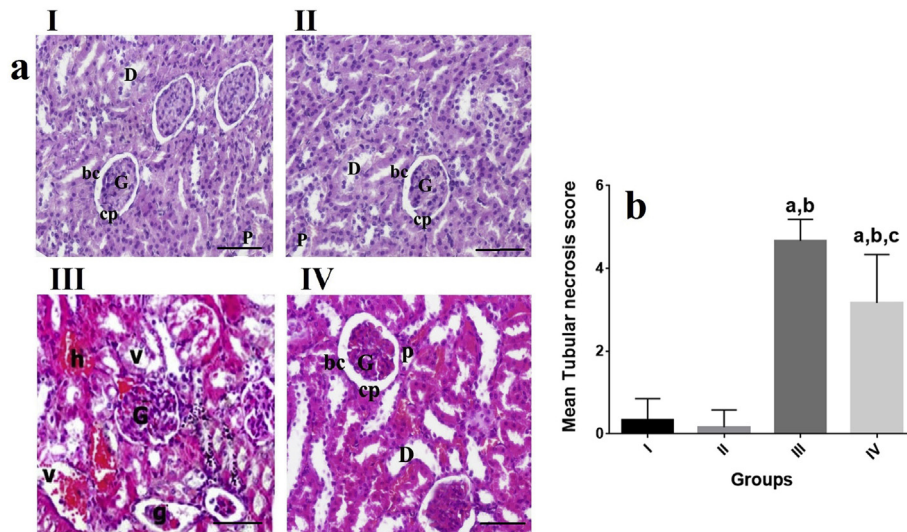


Fig. 1. Effects of VOO on tubular changes in rats with sub-chronic EP a) Renal tissue of groups II and I with normal architecture Renal tissue of group III with severe tubular damages and degeneration of renal tubules with distinct mononuclear cells infiltration Renal tissue of group IV with mild hyperaemia in the kidney vessels and decreased degenerative changes H&E staining (\times 100) b) Effects of VOO on tubular necrosis score in rats with sub-chronic EP ^a P < 0.05 compared to group I, ^b P < 0.05 compared to group II, ^c P < 0.05 compared to group III. I: control group, II: VOO group, III: EP treated group, IV: VOO pretreatment and EP treated group (G) Renal glomeruli, (bc) Glomerular capsule, (cp) capsular space, (P) proximal convoluted tubules, (D) distal convoluted tubules, (g) Atrophied glomeruli, (h) Intertubular hemorrhage, (v) vacuoles, (h) hemorrhage.

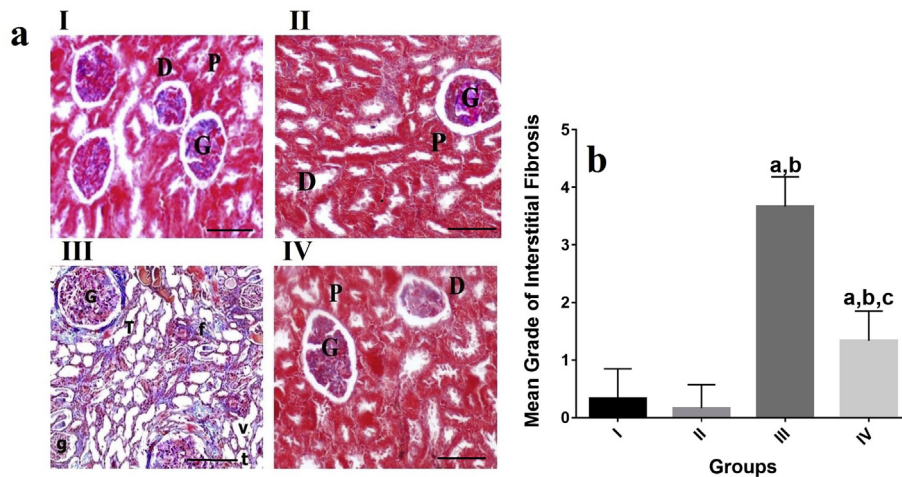


Fig. 2. Effects of VOO on collagen distribution in rats with sub-chronic EP a) Renal tissue of groups II and I with normal distribution of collagen Renal tissue of group III with increased distribution of collagen Renal tissue of group IV with nearly normal distribution of collagen Masson's trichrome staining (\times 100). b) Effects of VOO on grade of interstitial fibrosis in rats with sub-chronic EP ^a P < 0.05 compared to group I, ^b P < 0.05 compared to group II, ^c P < 0.05 compared to group III I: control group, II: VOO group, III: EP treated group, IV: VOO pretreatment and EP treated group (G) Renal glomeruli, (bc) Glomerular capsule, (cp) capsular space, (P) proximal convoluted tubules, (D) distal convoluted tubules, (g) Atrophied glomeruli, (h) Intertubular hemorrhage, (v) vacuoles, (h) hemorrhage, (t) Tubular necrosis, (f) Fibrosis.

group IV (treated with EP and VOO) compared to group III (P < 0.05 Fig 4 (a), (b)). No significant changes were recorded in percentage of PCNA+ cells between groups II and I.

4. Discussion

Plant growth regulators such as EP have been used to improve

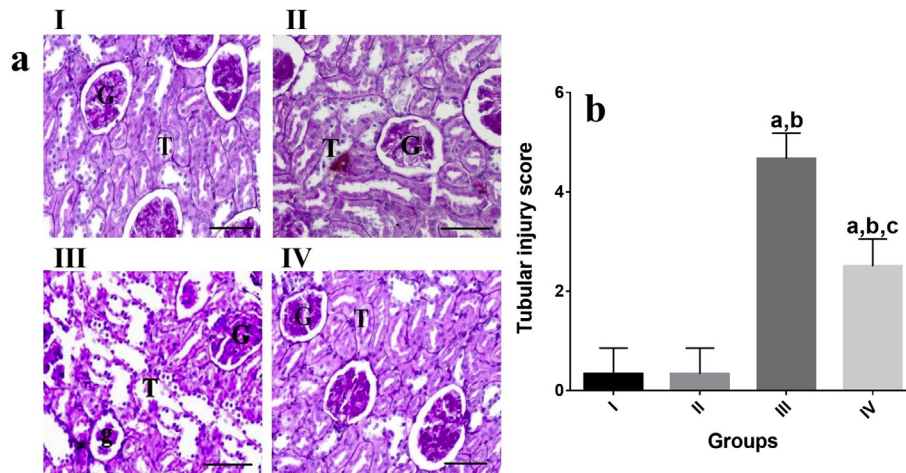


Fig. 3. Effects of VOO on collagen distribution and PAS reaction in rats with sub-chronic EP a) Renal tissue of groups II and I with normal distribution of collagen Renal tissue of group III with increased distribution of collagen Renal tissue of group IV with nearly normal distribution of collagen Masson's trichrome staining (× 100). b) I: Renal tissue of groups II and I with strong positive PAS reaction in glomeruli, proximal, and distal convoluted tubules Renal tissue of group III with marked reduction in PAS reaction Renal tissue of group IV with moderate increased intensity of PAS positive reaction PAS staining (× 100) I: control group, II: VOO group, III: EP treated group, IV: VOO pretreatment and EP treated group (G) Renal glomeruli, (bc) Glomerular capsule, (cp) capsular space, (P) proximal convoluted tubules, (D) distal convoluted tubules, (g) Atrophied glomeruli, (h) Intertubular hemorrhage, (v) vacuoles, (h) hemorrhage, (t) Tubular necrosis, (f) Fibrosis.

quality and yield of crops⁵⁴, and oral administration of EP has been found to have toxic effects on different organs such as the kidney⁷. So, the present study was designed to investigate the effects of EP on hematological alterations and also biochemical and histopathological changes of renal tissues of albino rats. In addition, the protective effects of VOO against EP-induced nephrotoxicity were studied.

EP induces its toxic effects through different mechanisms. El Raouf and Girgis (2011) used different doses of EP ((50, 100, and 150 mg/kg bw/day) for 3 weeks in mice and observed that EP reduced DNA and RNA concentrations of different tissues such as the brain, liver, and kidney, and also decreased cholinesterase enzyme activity, protein content, hemoglobin, and body weight of dams and fetuses.¹² Also, Wang et al. (2017)⁵⁵ and Abou-Zeid et al. (2018)⁴ observed that EP significantly decreased levels of Hb and Hct in

mice. Also, Abou-Zeid et al. (2018) reported that EP decreased number of peripheral blood lymphocytes due to its toxic effect on lymphoid organs.⁴ In parallel with these studies, the present study revealed that administered EP influenced hematopoietic parameters and decreased levels of RBC, Hb, Hct, and also total WBC count and lymphocyte. Additionally, levels of serum urea, uric acid, Cr, and BUN significantly elevated in EP-treated rats. El-Okazy et al. (2008) stated that EP elevated levels of serum urea and Cr dose-dependently in mice.⁵⁶ Moreover, El Raouf and Girgis (2011) demonstrated that EP increased levels of serum urea and Cr in pregnant mice.¹²

Additionally, EP reduced levels of antioxidant enzymes such as SOD, CAT, and GSH, while elevated levels of MDA (as lipid peroxidation landmark) in the renal tissue. In agreement with these results, Wang et al. (2010) evaluated the effects of EP on oxidative

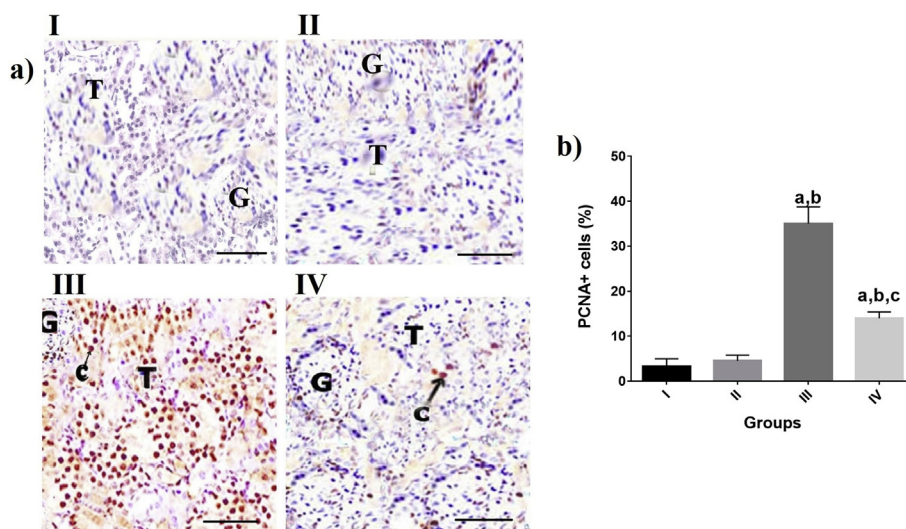


Fig. 4. Effects of VOO on percentage of PCNA positive cells in rats with sub-chronic a) Renal tissue of different groups with anti-PCNA staining (× 100) ^a*P* < 0.05 compared to group I, ^b*P* < 0.05 compared to group II, ^c*P* < 0.05 compared to group III I: control group, II: VOO group, III: EP treated group, IV: VOO pretreatment and EP treated group (G) Renal glomeruli, (T) Renal Tubules, (c) PCNA expression.

stress in mice. Their results demonstrated that SOD and GSH activities significantly reduced and contents of MDA increased in blood and spleen. So, EP induced oxidative stress in mice.⁵⁷ In a similar study, Abou-Zeid et al. (2018) evaluated the protective effects of green tea on EP-induced oxidative stress and immunotoxicity in mice, and indicated that EP enhanced level of MDA and declined SOD, CAT, Glutathione peroxidase (GPx), and GSH activities in spleen and thymus of mice.⁵⁸ The elevation in the MDA level as a marker of lipid peroxidation increases ROS production and subsequently disturbs cell membrane function and integrity.

Histopathological results indicated that, the kidney of the rats treated with EP showed degeneration of epithelia of renal tubules characterized by mononuclear cells infiltration and tubular cytoplasmic vacuolation. Increased tubular necrosis score and enlargement of vascular glomeruli with increased distribution of collagen were recorded in EP group. Moreover, PAS positive reaction decreased in glomeruli, proximal, and distal convoluted tubules in EP group. In similar studies, EP caused vacuolation and degeneration of renal tubular epithelium, interstitial hemorrhage, and multifocal mononuclear cells infiltration between the renal tubules.⁴ Percentage of PCNA positive epithelial cells increased in EP group. This increase in the expression of PCNA in sub-chronic condition may be associated with tissue regeneration as a repair response. Nakopoulou et al. (1997) demonstrated that PCNA + cells were observed in abnormal condition more frequent than normal kidneys. Furthermore, in glomerulonephritis, enhanced PCNA expression in tubular epithelial cells may be correlated with their proposed function and role in the renal injury progression.⁵⁹ So, these findings suggest that, EP -induced kidney dysfunction (elevation of serum urea, uric acid, Cr, and BUN) is associated with enhanced oxidative stress biomarkers and subsequent histopathological alterations in the renal tissue.

Nowadays, there is considerable interest in administration of natural dietary antioxidants as a tool to suppress oxidative stress and potential protective and therapeutic agents against free radicals.^{60–62}

Different studies suggested that herbal medicine and their derivatives can be used in clinic or as preventive treatment to reduce tissue damages induced by toxic agents through their antioxidant and anti-inflammatory characteristics.^{63,64} Olive oil has been shown to be rich in antioxidant polyphenols with free radical-scavenging features.⁶⁵ In this study, VOO was used in a pretreatment program to ameliorate toxic effects of EP on the kidney. VOO could be effective against EP -induced toxicity by improving hematological values and renal function. Also, it was found that oxidative stress and histopathological alterations reduced in the group treated with VOO and EP. Histopathological studies revealed a mild hyperaemia in the kidney vessels, reduced degenerative alterations in tubular epithelium and cystic dilatation and decreased distribution of collagen in the group IV. Abdelgayoum et al. (2015) evaluated the effects of VOO on amikacin-induced nephrotoxicity in rats and demonstrated that VOO could decline amikacin-induced nephrotoxicity by improving the kidney function and tubular necrosis.³⁴ In a parallel investigation, Wani et al. (2018) stated that administration of extra-VOO reduced cadmium -induced nephrotoxicity in mice. These therapeutic characteristics of VOO were applied by improving levels of the kidney function parameters (blood urea and serum Cr) and antioxidant (SOD, GPx, and CAT) markers and also histopathological alterations.³⁶ Capasso et al. (2008) proved that hydroxytyrosol (DOPET), a natural olive oil antioxidant diminished cyclosporine -induced nephrotoxicity in rats.⁶⁶ Necib et al. (2013) reported the reduction of oxidative stress and improvement of the kidney function in mercuric chloride -induced nephrotoxicity in rats.⁶⁷

Furthermore, antioxidant properties of olive oil have been

presented in in-vitro studies neutralizing toxic species and even preventing early stages of their formation.⁶⁸ In an experimental study, Khalatbary et al. (2017) showed that VOO consumption attenuated deltamethrin-induced hepatotoxicity in mice. They stated that these beneficial effects of VOO might be related to its anti-oxidative, anti-apoptotic, and anti-inflammatory characteristics.⁶⁹ Additionally, Ghorbel et al. (2017) stated that VOO abrogated acrylamide-induced nephropathy through modulation of biochemical factors (MDA, hydrogen peroxide (H₂O₂), Protein Carbonyls (PCOs), glutathione, Non-Protein Thiols (NPSHs), vitamin C, CAT, SOD, GPx, Lactate Dehydrogenase (LDH), Cr, urea, and uric acid (urinary volume and creatinine clearance levels) and histological alterations (tubular dilatation, glomeruli fragmentation, glomeruli Bowman's space enlargement, hemorrhage, and infiltration of leucocytes) in rats.⁷⁰

Expression of PCNA increased in the EP group pretreated with VOO (group IV). These findings suggest that VOO could accelerate tissue regeneration against EP-induced nephrotoxicity. Administration of VOO in a pretreatment program process resulted in a significant lower number of proliferating cells compared to the EP group. As VOO accelerated renal regeneration after EP treatment, the decrease in the PCNA expression may prove the fact that, VOO promotes cell proliferation until renal histology and morphology is replaced. PCNA is an auxiliary protein of DNA polymerase δ present in S (synthesis)-phase of cell cycle and plays a critical role in initiation of cell proliferation.⁷¹ PCNA expression is directly correlated with rates of cellular proliferation and DNA synthesis.^{72,73} Bledsoe et al. (2008) demonstrated that PCNA positive cells increased in the renal cortex 1 day (acute phase) after gentamicin treatment as a toxic agent, which reduced 2 weeks later (chronic phase).⁷⁴

Conclusion

Results of the present study revealed that administration of EP could induce nephrotoxicity and kidney dysfunction by increased oxidative stress and renal tissue necrosis. However, pretreatment with VOO provided a renoprotective condition against EP through its antioxidant and free radical scavenging activities. Thus, it can be concluded that VOO might be considered as a beneficial dietary supplement for a person who is exposed to EP.

Conflict of interest

Authors declared no conflict of interest.

Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.jtcme.2019.08.005>.

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