



Comorbidities and Prescribed Medications in Korean Patients with Chronic Hepatitis C: A Nationwide, Population-Based Study

Jung Wha Chung¹, Hwa Young Choi², Moran Ki², Eun Sun Jang¹, and Sook-Hyang Jeong¹

¹Department of Internal Medicine, Seoul National University Bundang Hospital, Seoul National University College of Medicine, Seongnam, and ²National Cancer Center Graduate School of Cancer Science and Policy, Goyang, Korea

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Corresponding Author

Sook-Hyang Jeong

ORCID <https://orcid.org/0000-0002-4916-7990>

E-mail jsh@snuh.org

Jung Wha Chung and Hwa Young Choi contributed equally to this work as first authors.

Background/Aims: Extrahepatic comorbidities and comedication are important to consider in the treatment of chronic hepatitis C (CHC) patients with direct-acting antivirals (DAAs) due to the risk of drug-drug interaction (DDI) and the effect of comorbidities on clinical outcomes. This study aimed to investigate the detailed profiles of comorbidities and comedication among Korean CHC patients.

Methods: All adult patients (≥18 years old) with a primary diagnostic code of CHC in 2013 were selected from the National Health Insurance claims database. For each patient, all ICD-10 codes listed as primary or secondary diagnoses and all prescribed medications were collected.

Results: Among 47,104 CHC patients (median age, 57 years; male, 49.3%), 84.8% had at least one comorbidity for a mean number of 2.4, which increased with age. The most prevalent comorbidities were hypertension, esophagitis, dyslipidemia, diabetes mellitus, and peptic ulcer. Overall, 96.8% of the patients took at least one prescribed medication, with a mean of 8.1 medications/year, and the three most common drug types were analgesics, gastrointestinal agents, and antibacterials. Use of at least one drug with a DDI risk category of “contraindicated medication” or “required dose-reduction/additional monitoring” was observed in 97% of the overall patients. The proportion of prescribed medications that were contraindicated with DAAs varied from 2.0% to 38.9% depending on the hepatitis C virus regimen.

Conclusions: The majority of CHC patients had comorbidities; almost all patients took multiple prescribed medications, the number of which increased with age, and significant DDI risk was present in 97% of this Korean patient cohort. Comorbidities and comedication profiles should be considered during DAA therapy. (*Gut Liver* 2021;15:295-306)

Key Words: Hepatitis C, chronic; Drug therapy; Drug interactions; Comorbidity; Liver cirrhosis

INTRODUCTION

Treatment options for chronic hepatitis C virus (HCV) infection have improved with the introduction of direct-acting antivirals (DAA), resulting in sustained virological response rates of at least 90% in real-world settings. In contrast to pegylated-interferon- α and ribavirin (RBV) therapy, treatment indications of DAA therapy were widely expanded to include patients with decompensated cirrhosis, renal impairment, organ transplantation recipients under immunosuppressive therapy, and human immunodeficiency virus (HIV) coinfection taking antiretroviral therapy. In

general, DAA provides a good option of HCV treatment except for patients with a reduced life expectancy due to extrahepatic comorbidities or progressive hepatocellular carcinoma (HCC).¹

Extrahepatic comorbidities in HCV patients are important because they could increase morbidity and mortality among chronic hepatitis C (CHC) patients even after sustained virological response is achieved with DAA therapy. Though DAA can decrease mortality, a recent prospective study demonstrated that 1-year mortality of 1,891 Spanish HCV patients who had undergone DAA treatment was 3.4%, with 70% of mortalities attributable to extrahepatic

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comorbidities, and the remaining 30% to hepatic complications.² Therefore, understanding of HCV-related and unrelated extrahepatic comorbidities is essential in the treatment of CHC patients in DAA era.

Drug-drug interactions (DDIs) can occur whenever a drug affects the activity of another drug by either changing drug concentrations, or through additive, synergistic or antagonistic effects without changing drug concentration. The major mechanism of DDIs are induction or inhibition of drug metabolizing enzymes such as cytochrome P450s, and drug transporters such as P-glycoprotein, multidrug resistance protein MRP2, and organic anion-transporting polypeptides.³ One prominent example of DDIs in CHC treatment occurred in 2015, when European and U.S. health agencies issued a safety warning in response to nine cases of severe bradycardia/bradyarrhythmia which occurred after taking ledipasvir/sofosbuvir (LDV/SOF) or SOF in combination with amiodarone and another DAA. Among the nine cases, six developed within 24 hours of DAA initiation, and three required pacemaker implantation, and one mortality occurred. This DDI was replicated in preclinical *in vivo* experiments using guinea pigs and rhesus monkeys.⁴ Moreover, a case of severe tamoxifen hepatotoxicity was reported which was induced by CY-P3A4 interaction with combination therapy of ombitasvir, paritaprevir, ritonavir and dasabuvir (OBV/PTV/r+DSV).⁵

Prevention DDIs and optimal management of extrahepatic comorbid conditions has therefore become a more prominent issue during DAA therapy. However, prevalence of comorbidities and prescription patterns of comedication in CHC patients differ by geographic region and ethnic background. Though these issues are reported in the United States, Japan, and European countries, there is no study in South Korea. Thus, this study aimed to investigate prevalence of comorbidities and to identify the prescribed medication profiles of chronic HCV patients in South Korea using the National Health Insurance (NHI) claims database in 2013.

MATERIALS AND METHODS

1. Study design

The data from the NHI claims database in 2013 were collected retrospectively. NHI is a government operating obligatory insurance system which covers 97% of the total population, and claims data are therefore considered to be representative for Korean HCV patients. The NHI database includes all prescriptions; however, data on medications or procedures that are not covered by insurance such as cosmetic procedures or nutritional supplements, are not avail-

able. This study protocol was approved by the Institutional Review Board of the Seoul National University Bundang Hospital (IRB number: X-1704/393-902) and informed consent was waived due to the study using de-identified retrospective health claims.

2. Patient selection and data retrieval

All the patients over 18 years of age who had been diagnosed as CHC in 2013 were selected. CHC was defined as International Statistical Classification of Diseases and Related Health Problems 10th Revision (ICD-10) code B18.2 (chronic viral hepatitis C) as primary diagnosis. Patients were categorized into four liver diseases group; CHC (ICD-10 code B18.2 without any following ICD-10 codes), liver cirrhosis (LC; ICD-10 codes: K74 [fibrosis and cirrhosis of liver], K74.0 [hepatic fibrosis], K74.1 [hepatic sclerosis], or K74.2 [hepatic fibrosis with hepatic sclerosis]), HCC (ICD-10 codes: C22 [malignant neoplasm of liver and intrahepatic bile ducts], C22.0 [liver cell carcinoma], and C22.9 [malignant neoplasm of liver, not specified as primary or secondary]), and liver transplantation (LT; ICD-10 codes: Z94.4 [liver transplant status], or T86.4 [liver transplant failure and rejection]) group. Cirrhotic patients with HCC were categorized as HCC group, and patients in LT group were excluded from the other groups. Therefore, all included patients were classified as CH, LC, HCC, or LT. HCV patients with hepatitis B virus or HIV coinfection were included in the study.

3. Assessment of the number and types of comorbidities

Primary and secondary ICD-10 diagnostic codes were captured at every visit in 2013 to classify comorbidities (Supplementary Table 1). Among the ICD-10 codes system, “R codes: Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified (Chapter XVIII)” and “Z codes: Factors influencing health status and contact with health services (Chapter XXI)” are non-disease categories and those codes were excluded to avoid bias when comparing the proportion of comorbidities.

Rule-out diagnoses were excluded, and diagnostic codes which were observed at only one visit during a year were excluded, so that only confirmed diagnostic codes observed at least twice in a year were included. HCC (ICD-10 codes: C22.0 C22.9) was excluded from the comorbidity category of “Neoplasm,” and “sequelae of viral hepatitis” (ICD-10 code: N94.2) were excluded from the comorbidity category of “Certain infectious and parasitic diseases” in order to prevent overestimation of comorbidity numbers.

Proportion of patients with at least one comorbidity and mean number of comorbidities per patient were calculated.

Moreover, subgroup analyses were conducted according to age, gender, and liver disease diagnostic group, i.e., CHC, LC, HCC, and LT. If a patient had two different ICD-10 codes for a comorbidity belonging to the same category of disease, it was counted as two different comorbidities. For example, if a patient had cardiac arrhythmia and ischemic heart disease, which are both included in the category of “Diseases of the circulatory system,” the number of comorbidities for that patient was still considered as being two.

4. Assessment of the number and types of prescribed medications

Whole prescription histories of insurance-covered medication for each patient were retrieved and analyzed using specific codes of main substance assigned by Korean Ministry of Health and Welfare. Prescribed medications were classified into therapeutic drug classes based on information derived from “<https://www.hep-druginteractions.org/>” by Liverpool University (Supplementary Tables 2 and 3). A “Hepatotonics” category was specifically added by investigators because hepatotonics including biphenyl-dimethyl-dicarboxylate, carnitine orotate, flavin adenine dinucleotide sodium, L-ornithine-L-aspartate, milk thistle (silymarin) or *Carduus marianus* extract, ursodeoxycholic acid are commonly prescribed medications for CHC patients in Korea (Supplementary Tables 2 and 3). “Steroids” included injections (i.e., intravenous, intramuscular, subcutaneous, and intra-articular, etc.) or oral administration of glucocorticosteroids, but did not include topical forms of clobetasol, clobetasone, and hydrocortisone, in accordance with the Liverpool University group criteria (<https://www.hep-druginteractions.org/checker>).

Mean number of prescribed medications per patient and the proportion of patients taking ≥ 1 medication were analyzed, and subgroup analyses were conducted stratified by age, gender, and underlying liver disease group. When a patient had been prescribed two or more medications of the same composition with different brand names, or medications with different dosages, the number of prescribed medications was counted as one based on its identical active ingredient even though the drug codes were different. For example, if a patient initially took amlodipine 5 mg for control of high blood pressure and then increased to the 10 mg dosage after 2 months, the number of medications was counted as 1, although the drug codes were different.

5. Assessment of DDIs between prescribed co-medications and various DAA regimens against HCV

After classifying the prescribed medications, predicted interactions between those drugs and therapeutic regimens of DAAs were analyzed. DAAs included for the DDI analy-

sis in this study were as below: OBV/PTV/r+DSV, daclatasvir + asunaprevir (DCV/ASV), SOF+DCV, LDV/SOF, SOF+RBV, and elbasvir/grazoprevir, which were available from 2015 to 2017 in South Korea. Four different DDI categories were created: contraindicated, dose-reduction/additional monitoring required, no clinically significant interaction expected, and no available information. These four categories were derived from information provided by the Liverpool University and Korean pharmaceutical inserts (<https://www.hep-druginteractions.org/>).

Patients who were not prescribed any medications in 2013 were excluded in this analysis. Patients who were prescribed ≥ 2 medications that were expected to have two different interaction categories were considered to be exposed to greater DDI interactions. For example, if a patient was prescribed three medications and each of them was categorized as “contraindicated,” “dose-reduction/additional monitoring required,” and “no available information” with a certain HCV regimen, the patient was considered as having a DDI category of “contraindicated” medications. Additionally, if a patient were prescribed medications with “no available information” and “no clinically significant interaction expected” with a certain HCV regimen, respectively, he was considered as having a risk of DDI with “no available information.”

6. Statistical analysis

In parametric analyses the minimum and maximum are presented to the same number of decimal places as the

Table 1. Baseline Demographics and Diagnostic Categories of Patients with Chronic Hepatitis C Virus Infection

Variable	Value (n=47,104)
Age, yr	57 [48–67]
18–34	2,219 (4.7)
35–44	5,650 (12.0)
45–54	11,767 (25.0)
55–64	12,577 (26.7)
65–74	10,233 (21.7)
≥ 75	4,658 (9.9)
Sex	
Male	23,202 (49.3)
Female	23,902 (50.7)
Diagnosis of liver disease*	
Chronic hepatitis C	38,850 (82.5)
Liver cirrhosis	5,882 (12.5)
Hepatocellular carcinoma	2,271 (4.8)
Post-liver transplantation status	101 (0.2)

Data are presented as median (interquartile range) or number (%).

*Diagnosis of liver disease was classified by the hospital claim data, and patients with hepatocellular carcinoma or liver transplantation were excluded from the liver cirrhosis group despite having the corresponding diagnostic codes.

original data. The mean, median, lower and upper quartiles were presented to one more decimal place than the original data. In summary tables of categorical variables, numbers and proportions were used. All statistical analyses were performed using SAS version 9.2 (SAS Institute Inc., Cary, NC, USA) or higher for Windows.

RESULTS

1. Demographic characteristics of HCV patients in 2013

A total of 47,104 patients were identified having the primary diagnostic code of CHC in 2013, with a median age of 57.4 years and almost half (49.3%) being male (Table 1). Patients over 45 years of age accounted for 83.3% of the total. The proportion of the patients with LC, HCC, and LT were 12.5%, 4.8%, and 0.2%, respectively. As severity of liver disease increased, the proportion of old aged patients ≥ 65 years increased: 28.1% ($n=10,932$) in chronic hepatitis group, 46.3% ($n=2,721$) in LC group, and 53.3% ($n=1,211$) in HCC group were over age 65 (data not shown).

2. Comorbidity profiles: types and number of the comorbidities among 47,104 HCV patients

Overall, 84.8% of patients had one or more comorbidities, and comorbidity number increased with age, to the extent that 93.6% of patients ≥ 65 years old had more than

one comorbidity (Fig. 1A). The mean number of comorbidities also increased with age, with the 18 to 34 years having an average of 1.0 comorbidity each, and the ≥ 65 years group having an average of 3.2 comorbidities each (Fig. 1B). Compared to males, female patients showed slightly higher prevalence of comorbidities across all ages. Top three most prevalent comorbidity categories higher than 50% among patients were circulatory diseases, (52.8%), endocrine, nutritional and metabolic diseases (52.4%), and digestive diseases (50.0%). Then, mental and behavioral disorders (25.6%), and nervous diseases followed (Table 2).

The five most common diseases accompanying HCV infected patients were hypertension (31.8%), esophagitis or gastroesophageal reflux disease (30.0%), dyslipidemia (21.2%), diabetes mellitus (20.0%), and peptic ulcer or gastrointestinal ulcer (18.3%) (Supplementary Table 4). The prevalence of hypertension and diabetes mellitus was as high as 59.6% and 29.7%, respectively, especially in the patients ≥ 75 years. Patients with hepatitis B virus coinfection were founded in 4.3% (Supplementary Table 4). The prevalence of the five most common categories of comorbidity was higher in the LC group than in the CHC group, and higher in the HCC group than in the LC group (Supplementary Tables 5, 6). Prevalence of circulatory diseases increased with age in all of the CHC, LC, and HCC groups (Supplementary Fig. 1).

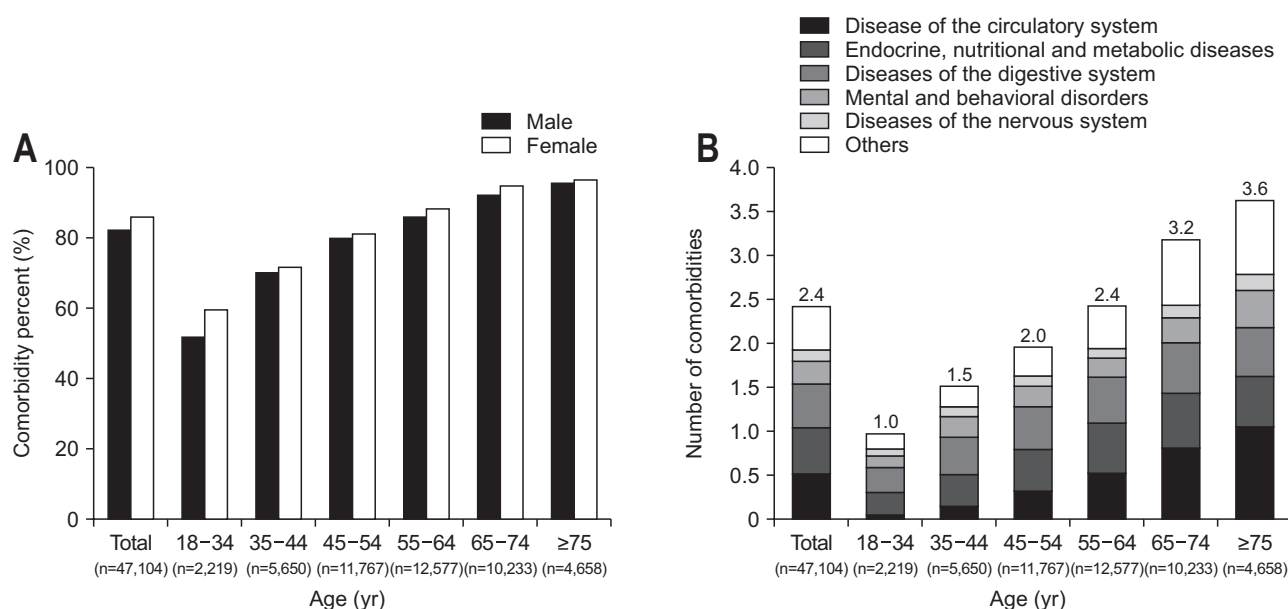


Fig. 1. Comorbidities, defined by International Statistical Classification of Diseases and Related Health Problems 10th Revision (ICD-10) codes, according to age group in Korean chronic hepatitis C patients ($n=47,104$); (A) the proportion of patients having at least one comorbidity and (B) the mean number of comorbidities per patient. Hepatocellular carcinoma (ICD-10 codes: C22, C22.0 and C22.9) was excluded from the comorbidity category of "Neoplasm." Acute hepatitis (ICD-10 codes: B15-17) and sequelae of viral hepatitis (ICD-10 code: N94.2) were excluded from the comorbidity category of "Certain infectious and parasitic diseases" in order to prevent overestimation of viral hepatitis.

Table 2. Number and Proportion of Chronic Hepatitis C Patients with At Least One Comorbidity According to Age and Sex

Comorbidity (ICD-10 codes)	Total (n=47,104)	Age group of chronic hepatitis C patients, yr						Sex	
		18-34 (n=2,219)	35-44 (n=5,650)	45-54 (n=11,767)	55-64 (n=12,577)	65-74 (n=10,233)	≥75 (n=4,658)	Male (n=23,202)	Female (n=23,902)
Diseases of the circulatory system (I00-I99)	24,889 (52.8)	132 (5.9)	880 (15.6)	3,861 (32.8)	6,707 (53.3)	8,362 (81.7)	4,947 (106.2)	12,184 (52.5)	12,705 (53.2)
Endocrine, nutritional and metabolic diseases (E00-E90)	24,676 (52.4)	567 (25.6)	2,051 (36.3)	5,627 (47.8)	7,250 (57.6)	6,502 (63.5)	2,679 (57.5)	11,432 (49.3)	13,244 (55.4)
Diseases of the digestive system (K00-K93)	23,542 (50.0)	616 (27.8)	2,422 (42.9)	5,730 (48.7)	6,476 (51.5)	5,732 (56.0)	2,566 (55.1)	11,689 (50.4)	11,853 (49.6)
Mental and behavioral disorders (F00-F99)	12,045 (25.6)	303 (13.7)	1,305 (23.1)	2,771 (23.5)	2,782 (22.1)	2,933 (28.7)	1,951 (41.9)	5,109 (22.0)	6,936 (29.0)
Diseases of the nervous system (G00-G99)	5,875 (12.5)	169 (7.6)	644 (11.4)	1,265 (10.8)	1,359 (10.8)	1,538 (15.0)	900 (19.3)	2,567 (11.1)	3,308 (13.8)
Diseases of the musculoskeletal system and connective tissue (M00-M99)	5,683 (12.1)	34 (1.5)	144 (2.5)	702 (6.0)	1,462 (11.6)	2,221 (21.7)	1,120 (24.0)	889 (3.8)	4,794 (20.1)
Diseases of the respiratory system (J00-J99)	5,041 (10.7)	109 (4.9)	313 (5.5)	860 (7.3)	1,271 (10.1)	1,629 (15.9)	859 (18.4)	2,369 (10.2)	2,672 (11.2)
Diseases of the eye and adnexa (H00-H59)	4,519 (9.6)	31 (1.4)	174 (3.1)	652 (5.5)	1,180 (9.4)	1,641 (16.0)	841 (18.1)	2,178 (9.4)	2,341 (9.8)
Neoplasms (C00-D48)*	3,306 (7.0)	23 (1.0)	166 (2.9)	593 (5.0)	953 (7.6)	1,026 (10.0)	545 (11.7)	1,611 (6.9)	1,695 (7.1)
Certain infectious and parasitic diseases (A00-B99) (including HBV, HIV, and Tb) [†]	2,613 (5.5)	139 (6.3)	336 (5.9)	712 (6.1)	703 (5.6)	502 (4.9)	221 (4.7)	1,504 (6.5)	1,109 (4.6)
Diseases of the genitourinary system (N00-N99)	1,311 (2.8)	25 (1.1)	107 (1.9)	256 (2.2)	334 (2.7)	356 (3.5)	233 (5.0)	781 (3.4)	530 (2.2)
Diseases of the skin and subcutaneous tissue (L00-L99)	572 (1.2)	18 (0.8)	72 (1.3)	148 (1.3)	134 (1.1)	136 (1.3)	64 (1.4)	367 (1.6)	205 (0.9)
Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified (R00-R99)	147 (0.3)	6 (0.3)	17 (0.3)	34 (0.3)	32 (0.3)	40 (0.4)	18 (0.4)	89 (0.4)	58 (0.2)
Diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism (D50-D89)	5 (<0.1)	0	0	0	2 (<0.1)	3 (<0.1)	0	1 (<0.1)	4 (<0.1)

Data are presented as number (%).

ICD-10, International Statistical Classification of Diseases and Related Health Problems 10th Revision; HBV, hepatitis B virus; HIV, human immunodeficiency virus; Tb, tuberculosis.

*Hepatocellular carcinoma (ICD-10: C22, C22.0 and C22.9) was excluded from the comorbidity category of "Neoplasm"; [†]Acute hepatitis (ICD-10: B15-17), chronic hepatitis C (ICD-10: B18.2), and sequelae of viral hepatitis (ICD-10: B94.2) were excluded from the comorbidity category of "Certain infectious and parasitic diseases."

3. Proportion and mean number of the prescribed medications among 47,104 HCV patients

A total of 379,536 medications were prescribed to the 47,104 CHC patients in a year and the mean number of prescriptions was 8.1 per patient in 2013 (Table 3). Overall, 96.8% of patients took at least one prescribed medication: 88.4% of patients in the 18 to 34 years of age group and 99.0% of patients in the ≥75 years group (Supplementary Fig. 2). Patients in the 18 to 34 years of age group were prescribed an average of 5.4 medications, but as the number of medications increased with age, patients in the ≥75 years group were prescribed an average of 9.8 medications (Fig. 2). Use of at least one drug having the DDIs risk cat-

egory of "contraindicated medication" and "required dose-reduction/additional monitoring" was present in 55.5% and 41.3% of the overall patients, respectively (Fig. 3), and the risk proportion increased with age (Fig. 4). The most common classes of prescribed medications were analgesics (83.3%), gastrointestinal agents (80.1%), antibacterials (67.9%), "anticoagulant, antiplatelet and fibrinolytic" (59.1%) and oral and injection forms of steroids (52.7%), in order (Table 3).

Females were generally prescribed more medications than male patients except for the ≥75 years of age group. Compared to female patients, male patients were more frequently prescribed hepatotonics (55.7% vs 47.6%), herb-

Table 3. Comparison of the Number and Proportion of Prescribed Medications in Each Drug Classification According to Age and Sex in Korean Chronic Hepatitis C Patients

Classification of prescribed medication*	Total (n=47,104)	Age group of chronic hepatitis C patients, yr						Sex	
		18–34 (n=2,219)	35–44 (n=5,650)	45–54 (n=11,767)	55–64 (n=12,577)	65–74 (n=10,233)	≥75 (n=4,658)	Male (n=23,202)	Female (n=23,902)
Analgesics	39,225 (83.3)	1,526 (68.8)	4,330 (76.6)	9,427 (80.1)	10,565 (84.0)	9,139 (89.3)	4,238 (91.0)	18,628 (80.3)	20,597 (86.2)
Gastrointestinal agents	37,715 (80.1)	1,440 (64.9)	4,183 (74.0)	9,099 (77.3)	10,173 (80.9)	8,748 (85.5)	4,072 (87.4)	17,725 (76.4)	19,990 (83.6)
Antibacterials	31,993 (67.9)	1,476 (66.5)	3,939 (69.7)	7,760 (65.9)	8,406 (66.8)	7,141 (69.8)	3,271 (70.2)	14,908 (64.3)	17,085 (71.5)
Anticoagulant, antiplatelet and fibrinolytic	27,842 (59.1)	1,106 (49.8)	3,054 (54.1)	6,637 (56.4)	7,485 (59.5)	6,619 (64.7)	2,941 (63.1)	13,096 (56.4)	14,746 (61.7)
Steroids [†]	24,802 (52.7)	900 (40.6)	2,517 (44.5)	5,791 (49.2)	6,725 (53.5)	6,127 (59.9)	2,742 (58.9)	11,370 (49.0)	13,432 (56.2)
Hepatotonics [‡]	24,303 (51.6)	565 (25.5)	2,280 (40.4)	5,662 (48.1)	6,334 (50.4)	6,181 (60.4)	3,281 (70.4)	12,931 (55.7)	11,372 (47.6)
Anxiolytics/hypnotics/sedatives	21,583 (45.8)	501 (22.6)	2,162 (38.3)	5,068 (43.1)	5,732 (45.6)	5,466 (53.4)	2,654 (57.0)	9,635 (41.5)	11,948 (50.0)
Herbals/supplements/vitamins [§]	18,765 (39.8)	431 (19.4)	1,639 (29.0)	4,377 (37.2)	4,926 (39.2)	4,826 (47.2)	2,566 (55.1)	9,601 (41.4)	9,164 (38.3)
Antihistamines	17,912 (38.0)	758 (34.2)	2,126 (37.6)	4,204 (35.7)	4,723 (37.6)	4,230 (41.3)	1,871 (40.2)	8,189 (35.3)	9,723 (40.7)
Hypertension/heart failure agents	15,035 (31.9)	81 (3.7)	643 (11.4)	2,678 (22.8)	4,063 (32.3)	4,800 (46.9)	2,770 (59.5)	7,307 (31.5)	7,728 (32.3)
Antiarrhythmics	12,926 (27.4)	264 (11.9)	1,044 (18.5)	2,784 (23.7)	3,505 (27.9)	3,580 (35.0)	1,749 (37.5)	5,815 (25.1)	7,111 (29.8)
Calcium channel blockers	10,505 (22.3)	43 (1.9)	384 (6.8)	1,728 (14.7)	2,831 (22.5)	3,459 (33.8)	2,060 (44.2)	5,159 (22.2)	5,346 (22.4)
Antidepressants	8,155 (17.3)	167 (7.5)	819 (14.5)	1,938 (16.5)	2,068 (16.4)	2,076 (20.3)	1,087 (23.3)	3,513 (15.1)	4,642 (19.4)
Antidiabetics	7,722 (16.4)	36 (1.6)	418 (7.4)	1,695 (14.4)	2,169 (17.2)	2,310 (22.6)	1,094 (23.5)	4,492 (19.4)	3,230 (13.5)
Lipid lowering agents	7,452 (15.8)	62 (2.8)	428 (7.6)	1,538 (13.1)	2,362 (18.8)	2,166 (21.2)	896 (19.2)	3,414 (14.7)	4,038 (16.9)
Hepatitis drugs	7,405 (15.7)	335 (15.1)	1,198 (21.2)	2,486 (21.1)	2,157 (17.2)	1,067 (10.4)	162 (3.5)	3,787 (16.3)	3,618 (15.1)
Anesthetics and muscle relaxants	5,261 (11.2)	168 (7.6)	537 (9.5)	1,240 (10.5)	1,387 (11.0)	1,341 (13.1)	588 (12.6)	2,454 (10.6)	2,807 (11.7)
Anticonvulsants	4,904 (10.4)	73 (3.3)	419 (7.4)	1,085 (9.2)	1,228 (9.8)	1,356 (13.3)	743 (16.0)	2,392 (10.3)	2,512 (10.5)
Bronchodilators	4,723 (10.0)	176 (7.9)	498 (8.8)	952 (8.1)	1,264 (10.1)	1,222 (11.9)	611 (13.1)	2,113 (9.1)	2,610 (10.9)
Antifungals	4,474 (9.5)	259 (11.7)	627 (11.1)	1,181 (10.0)	1,095 (8.7)	904 (8.8)	408 (8.8)	2,051 (8.8)	2,423 (10.1)
Parkinsonism agents	3,809 (8.1)	104 (4.7)	349 (6.2)	874 (7.4)	1,043 (8.3)	978 (9.6)	461 (9.9)	1,714 (7.4)	2,095 (8.8)
Beta blockers	2,998 (6.4)	23 (1.0)	108 (1.9)	463 (3.9)	767 (6.1)	1,013 (9.9)	624 (13.4)	1,467 (6.3)	1,531 (6.4)
Bisphosphonates	2,741 (5.8)	4 (0.2)	14 (0.2)	132 (1.1)	590 (4.7)	1,248 (12.2)	753 (16.2)	244 (1.1)	2,497 (10.4)
Antipsychotics/neuroleptics	2,099 (4.5)	54 (2.4)	322 (5.7)	636 (5.4)	451 (3.6)	357 (3.5)	279 (6.0)	1,187 (5.1)	912 (3.8)
Antiprotozoals	1,690 (3.6)	148 (6.7)	242 (4.3)	427 (3.6)	418 (3.3)	327 (3.2)	128 (2.7)	644 (2.8)	1,046 (4.4)
Cytotoxics	987 (2.1)	11 (0.5)	39 (0.7)	172 (1.5)	260 (2.1)	330 (3.2)	175 (3.8)	482 (2.1)	505 (2.1)
Oxytocics	968 (2.1)	63 (2.8)	96 (1.7)	223 (1.9)	251 (2.0)	229 (2.2)	106 (2.3)	424 (1.8)	544 (2.3)
Antivirals	661 (1.4)	35 (1.6)	57 (1.0)	143 (1.2)	169 (1.3)	164 (1.6)	93 (2.0)	248 (1.1)	413 (1.7)

Table 3. Continued

Classification of prescribed medication*	Total (n=47,104)	Age group of chronic hepatitis C patients, yr						Sex	
		18-34 (n=2,219)	35-44 (n=5,650)	45-54 (n=11,767)	55-64 (n=12,577)	65-74 (n=10,233)	≥ 75 (n=4,658)	Male (n=23,202)	Female (n=23,902)
Antimigraine agents	644 (1.4)	76 (3.4)	110 (1.9)	162 (1.4)	151 (1.2)	98 (1.0)	47 (1.0)	169 (0.7)	475 (2.0)
Immunosuppressants	232 (0.5)	5 (0.2)	23 (0.4)	65 (0.6)	83 (0.7)	49 (0.5)	7 (0.2)	126 (0.5)	106 (0.4)
Anthelmintics	45 (0.1)	0 (<0.1)	2 (0.1)	12 (0.1)	13 (0.1)	11 (0.1)	7 (0.2)	36 (0.2)	9 (<0.1)
Human immunodeficiency virus drugs	35 (0.1)	3 (0.1)	13 (0.2)	10 (0.1)	6 (<0.1)	2 (<0.1)	1 (<0.1)	30 (0.1)	5 (<0.1)
Other drugs [†]	29,924 (63.5)	1,046 (47.1)	3,170 (56.1)	6,951 (59.1)	8,140 (64.7)	7,268 (71.0)	3,349 (71.9)	14,657 (63.2)	15,267 (63.9)
Total number of prescription (per person) [#]	379,535 (8.05)	11,939 (5.38)	37,790 (6.68)	87,600 (7.44)	101,540 (8.07)	94,832 (9.26)	45,834 (9.84)	180,008 (7.75)	199,527 (8.34)

Data are presented as number (%).

*Prescribed drugs were classified based on the drug interaction information provided online by Liverpool University (<https://www.hep-druginteractions.org/checker>) and Peking University (<http://newywxhy.ashermed.com>). A complete list of drugs in each category is shown in Supplementary Table 3; [†]The category of “steroids” was defined as injected (i.e., intravenous, intramuscular, subcutaneous, intra-articular, etc.) or orally administered steroids and excluded topical clobetasol, clobetasone, and hydrocortisone based on the drug interaction information provided online by Liverpool University (<https://www.hep-druginteractions.org/checker>); [‡]The category of “hepatotonics” was added based on the patterns of medication consumption in Korea; biphenyl-dimethyl-dicarboxylate, carnitine orotate, flavin adenine dinucleotide sodium, L-ornithine-L-aspartate, milk thistle (silymarin) or *Carduus marianus* extract, and ursodeoxycholic acid were included [Supplementary Table 3]; [§]The “herbals/supplements/vitamins” category of the Liverpool list was not properly assessed in Korea because these drugs are mostly “non-insurance coverage medications,” which are not included in the National Health Insurance database; ^{||}The category of “hepatitis drugs” included medications for treating chronic hepatitis B (e.g., entecavir, tenofovir, etc.) or chronic hepatitis C (e.g., sofosbuvir, ledipasvir, etc.; Supplementary Table 3); [¶]The category of “other drugs” included acamprosate, alfuzosin, allopurinol, cilostazol, dutasteride, levothyroxine, minoxidil, modafinil, potassium, tamsulosin, etc. [Supplementary Table 3]; [#]The total number of prescriptions was divided by the number of people in each group. A total of 379,535 medications were prescribed to chronic hepatitis C patients in a year, and the mean number of prescriptions per person was 8.05.

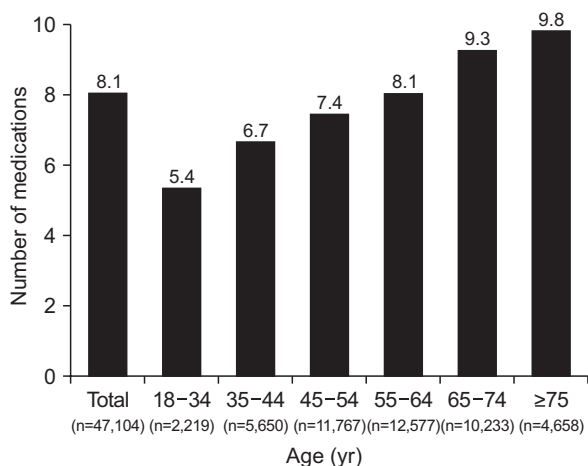


Fig. 2. The mean number of prescription drugs per patient according to age group in Korean chronic hepatitis C patients (n=47,104). Prescribed medications were classified into therapeutic drug classes based on information derived from <https://www.hep-druginteractions.org/> by Liverpool University [Supplementary Table 2]. The “hepatotonics” category was specifically listed by the investigators because hepatotonics are one of the most commonly prescribed classes of medication in Korea.

als/supplements/vitamins (41.4% vs 38.3%), antidiabetics (19.4% vs 13.5%), hepatitis drugs (16.3% vs 15.1%) and antipsychotics/neuroleptics (5.1% vs 3.8%). However, analge-

sics, gastrointestinal agents, antibacterials, “anticoagulant, antiplatelet and fibrinolytic,” and steroids were prescribed more often in female than in male.

4. Predicted DDIs between prescribed co-medications and various DAA regimens against HCV

The potential risk of the four types of predicted DDIs according to each HCV regimen are presented in Fig. 3. The proportion of contraindicated medications were observed in 2.0% with elbasvir/grazoprevir, 2.3% with SOF+RBV, 4.2% with LDV/SOF, 27.4% with SOF/DCV, 38.7% with DCV+ASV and 38.9% with OBV/PTV/r+DSV. Among genotype 1 regimen, compared to elbasvir/grazoprevir, OBV/PTV/r+DSV (odds ratio [OR], 19.01; 95% confidence interval [CI], 17.82 to 20.30), DCV+ASV (OR, 18.9; 95% CI, 17.72 to 20.19), SOF+DCV (OR, 13.4; 95% CI, 12.55 to 14.32), and LDV/SOF (OR, 2.05; 95% CI, 1.89 to 2.21) showed a significantly higher proportion of contraindicated medication number (all p<0.0001). Among genotype 2 regimen, compared to SOF/RBV, LDV/SOF (OR, 1.79; 95% CI, 1.66 to 1.93), and SOF/DCV (OR, 11.72; 95% CI, 11.02 to 12.47) showed a significantly higher proportion of contraindicated medication number as well (all p<0.0001).

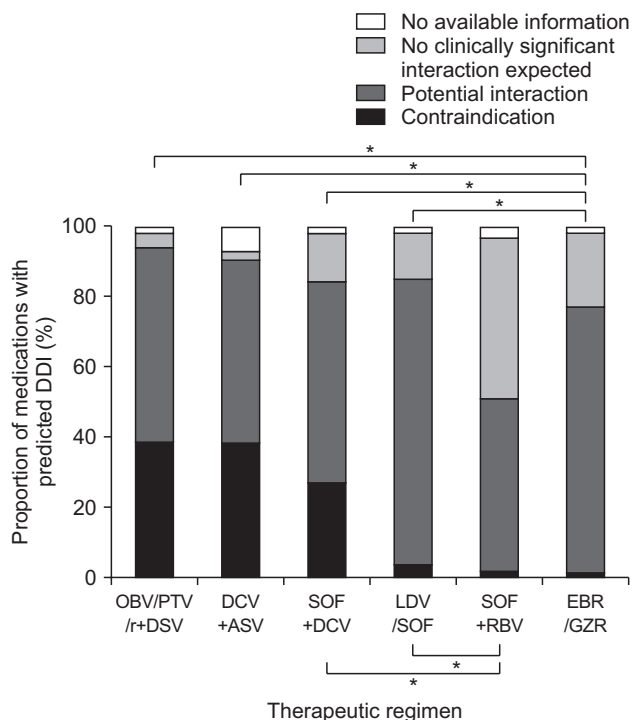


Fig. 3. The proportions of the types of predicted drug-drug interaction between the prescribed medications and each direct-acting antiviral regimen available in Korean chronic hepatitis C patients (n=47,104). The predicted proportions of contraindicated medications for each regimen are presented with statistical analysis. Among the genotype 1 regimens, compared to EBR/GZR, OBV/PTV/r+DSV (odds ratio [OR], 19.01; 95% confidence interval [CI], 17.82 to 20.30), DCV+ASV (OR, 18.9; 95% CI, 17.72 to 20.19), SOF+DCV (OR, 13.4; 95% CI, 12.55 to 14.32), and LDV/SOF (OR, 2.05; 95% CI, 1.89 to 2.21) showed significantly increased proportions of contraindicated medications. Among the genotype 2 regimen, compared to SOF/RBV, LDV/SOF (OR, 1.79; 95% CI, 1.66 to 1.93), and SOF/DCV (OR, 11.72; 95% CI, 11.02 to 12.47) showed a significantly increased proportions of contraindicated medications as well (all *p<0.0001). The predicted interactions are based on the information derived from <https://www.hep-druginteractions.org/> by Liverpool University and from the Korean pharmaceutical inserts.

OBV, ombitasvir; PTV, paritaprevir; r, ritonavir; DSV, dasabuvir; DCV, daclatasvir; ASV, asunaprevir; SOF, sofosbuvir; LDV, ledipasvir; RBV, ribavirin; EBR, elbasvir; GZR, grazoprevir; DDI, drug-drug interaction.

The whole list of prescribed medications with significant DDIs were presented in Table 4 and Supplementary Table 7. Steroids (12,221 prescriptions, 25.9%), gastrointestinal agents (6,993 prescriptions, 14.8%), and lipid lowering agents (6,822 prescriptions, 14.5%) were the three most commonly prescribed medication classes. As an individual drug, dexamethasone which has a potential risk of significant DDI with DCV+ASV or SOF+DCV, was the most commonly prescribed medications (12,221 prescription cases, 25.9%), followed by domperidone (6,993 cases, 14.8%) which has significant DDI with OBV/PTV/r+DSV. Moreover, prescription numbers of drugs having predicted

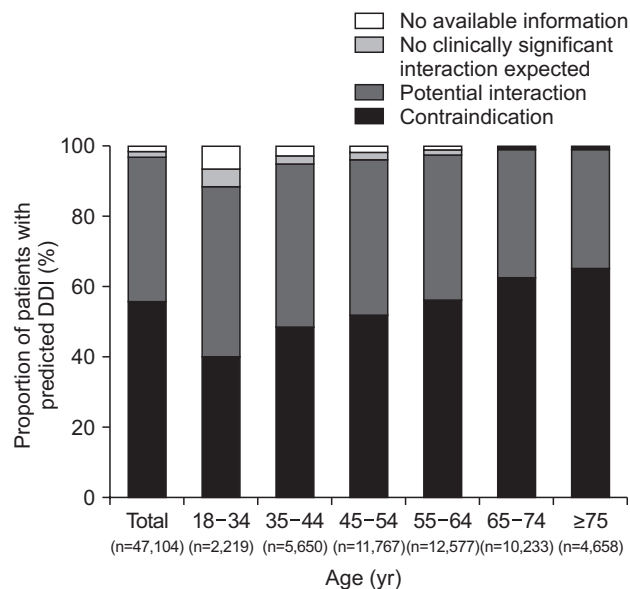


Fig. 4. The proportions of Korean chronic hepatitis C patients (n=47,104) who were prescribed at least one drug with a drug-drug interaction (DDI) risk according to age group. Use of at least one drug in the DDI risk category of “contraindicated medication” increased with age. The predicted interactions are based on the information derived from <https://www.hep-druginteractions.org/> by Liverpool University and from the Korean pharmaceutical inserts.

significant DDI risk with all six DAA regimens were as follows: carbamazepine (416 prescriptions), rifampicin (270 prescriptions), phenobarbital (205 prescriptions), oxcarbazepine (47 prescriptions), primidone (6 prescriptions), and phenytoin (3 prescriptions).

DISCUSSION

Among 47,104 patients with primary diagnosis of CHC in South Korea, 85% had at least one comorbid diagnostic code with an average number of 2.4 comorbidities, which increased with age. The five most prevalent comorbidities were hypertension, esophagitis (or gastroesophageal reflux disease), dyslipidemia, diabetes mellitus, and peptic ulcer (or gastrointestinal ulcer). Almost all HCV patients were prescribed at least one medication, with the average number being 8.1 medications per year. The three most commonly prescribed drug classes were analgesics, gastrointestinal agents, and antibacterials. The potential risk of DDIs with category of “contraindicated medication” or “required dose-reduction/additional monitoring” was present in 97% of the overall patients. The proportion of the prescribed medications that are contraindicated with DAAs varied from 2.0% to 38.9% depending on the different HCV regimen.

HCV infection is associated with extrahepatic mani-

Table 4. Number of Patients Who Were Prescribed Medication (n=26,152) and Complete List of the Prescribed Medications Predicted to Have Significant Drug-Drug Interactions with Direct-Acting Antiviral Treatment Regimens in Chronic Hepatitis C Patients

Name of the drug	No. of patients (n=47,104)*	% (n=26,152)†	OBV/PTV/r+DSV	DCV+ASV	SOF+DCV	LDV/SOF	SOF+RBV	EBR/GZR
Dexamethasone	12,221 (25.9)	(46.7)		Contraindicated	Contraindicated			
Domperidone	6,993 (14.8)	(26.7)	Contraindicated					
Atonvastatin	4,461 (9.5)	(17.1)	Contraindicated					
Clarithromycin	4,115 (8.7)	(15.7)	Contraindicated					
Fluconazole	2,941 (6.2)	(11.2)		Contraindicated				
Triazolam	1,825 (3.9)	(7.0)	Contraindicated					
Simvastatin	1,398 (3.0)	(5.3)	Contraindicated					
Itraconazole	1,208 (2.6)	(4.6)	Contraindicated	Contraindicated				
Quetiapine	995 (2.1)	(3.8)	Contraindicated					
Diltiazem	950 (2.0)	(3.6)		Contraindicated		Contraindicated		
Rosuvastatin	914 (1.9)	(3.5)						
Alfuzosin	815 (1.7)	(3.1)	Contraindicated					
Lercanidipine	636 (1.4)	(2.4)	Contraindicated					
Carbamazepine	416 (0.9)	(1.6)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Ergotamine	321 (0.7)	(1.2)	Contraindicated					
Rifampicin	270 (0.6)	(1.0)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Verapamil	228 (0.5)	(0.9)		Contraindicated				
Phenobarbital	205 (0.4)	(0.8)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Amiodarone	176 (0.4)	(0.7)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Methylergonovine	155 (0.3)	(0.6)	Contraindicated					
Ergometrine	92 (0.2)	(0.4)	Contraindicated					
Propafenone	65 (0.1)	(0.2)		Contraindicated				
Flecainide	56 (0.1)	(0.2)		Contraindicated				
Oxcarbazepine	47 (0.1)	(0.2)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Lovastatin	29 (<0.1)	(0.1)	Contraindicated					
Ketoconazole	23 (<0.1)	(0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Gemfibrozil	20 (<0.1)	(0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Ticagrelor	16 (<0.1)	(0.1)	Contraindicated					
Erythromycin	15 (<0.1)	(0.1)		Contraindicated				Contraindicated
Ritonavir	14 (<0.1)	(0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Nafcillin	12 (<0.1)	(<0.1)		Contraindicated				
Efavirenz	11 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Midazolam (oral)	10 (<0.1)	(<0.1)	Contraindicated					
Atazanavir	9 (<0.1)	(<0.1)		Contraindicated				Contraindicated
Erlotinib	9 (<0.1)	(<0.1)	Contraindicated					
Lopinavir	8 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Voriconazole	8 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Sirolimus	7 (<0.1)	(<0.1)		Contraindicated				
Zidovudine	7 (<0.1)	(<0.1)					Contraindicated	

Table 4. Continued

Name of the drug	No. of patients (n=47, 104)*	% (n=26,152)†	OBV/PTV/r+DSV	DCV+ASV	SOF+DCV	LDV/SOF	SOF+RBV	EBR/GZR
Primidone	6 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Bosentan	4 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Rifabutin	4 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Phenytoin	3 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Dronedaron	2 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Meraptopurine	2 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Modafinil	2 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Posaconazole	2 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Sunitinib	2 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Darunavir	1 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Etravirine	1 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Indinavir	1 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Pimozide	1 (<0.1)	(<0.1)	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated	Contraindicated
Total	183,117 (293.2)	(528.1)	24,294	18,934	13,350	2,043	1,138	1,002

OBV, ombitasvir; PTV, paritaprevir; r, ritonavir; DSV, dasabuvir; DCV, daclatasvir; ASV, asunaprevir; SOF, sofosbuvir; LDV, ledipasvir; RBV, ribavirin; EBR, elbasvir; GZR, grazoprevir.

*The value is calculated by dividing the number of patients who were prescribed each drug by the total number of study patients (n=47,104) without removing patients who were prescribed multiple drugs;

†The value is calculated by dividing the number of patients who were prescribed each drug by the number of patients after excluding patients who were not prescribed any of the drugs in this table (n=26,152).

festations or comorbidity, which impact the quality of life and increasing non-liver related mortality rate. The mechanisms causing extrahepatic effect of HCV infection is not clear, but are likely multifactorial including due to the impact of HCV on the endocrine system, HCV replication in extrahepatic cells, or a heightened immune reaction with systemic effects.⁶⁻⁸ Successful eradication of HCV has been shown to improve some of these extrahepatic effects, such as resolution of cryoglobulinemia, reduced insulin resistance, reduced incidence of diabetes and stroke, and frequency of fatigue.^{6,9} A Swedish nationwide population-based register study (n=34,633 in 2013, mean age of 49 years, 64% male) showed that 41.3% of CHC patients had at least one Charlson comorbidity with higher prevalence of cardiovascular, cerebrovascular, and peripheral vascular diseases, chronic pulmonary disease, diabetes, peptic ulcer disease, renal disease and psychiatric disorders compared to matched controls in the general population.⁵

In this nationwide Korean study, 85% of CHC patients had at least one comorbidity showing a different pattern of comorbidities between sex. In female patients, musculoskeletal and connective diseases are more common than in males, while infectious diseases including hepatitis B virus, HIV, and tuberculosis, and genitourinary diseases being higher in male CHC patients. In a study using Japanese hospital-based medical claims database (n=128,967, median age of 70 years),¹⁰ 70.5% of CHC patients had at least one comorbidity during 23 months, and the most common comorbidities were gastrointestinal diseases (41.7%), followed by hypertensive diseases (31.4%), metabolic disorders (28.2%) and diabetes mellitus (26.1%). Similar to the high prevalence found in our study, a study using a U.S. medical claims database for 2 years (n=7,411, median age of 49 years)¹¹ showed that almost all HCV patients (99.4%) had at least one comorbidity, including essential hypertension (32.6%), disorders of lipid metabolism (25.9%), and gastrointestinal disorders (24.4%). In a study including 6,278 CHC patients from 59 U.K. specialist centers¹² (median age of 52 years, 59.1% of patients had acquired HCV through intravenous drug use), the most common comorbidities were depression (26.1%), diabetes (11.3%), non-hepatic malignancy (5.0%), and HIV coinfection (5.0%). Though comorbidity profiles differ across countries, common patterns were observed: comorbidity numbers increased with age, and the most common comorbidities are cardiovascular, metabolic and gastrointestinal diseases in the CHC patients.

For co-medications, the three most commonly prescribed medications were analgesics (83.3%), gastrointestinal agents (80.1%), and antibacterials (67.9%) among the Korean CHC patients, in comparison to a study in Japan

reporting that proton pump inhibitors (14.0%), calcium antagonists (12.5%) and angiotensin-II antagonists (9.0%) were most common.¹⁰ The difference could be explained by the difference in definition of comedication according to the study, for example, co-medications were defined as at least one prescription per year in our study, in comparison to being defined as at least 180 prescription days in the Japanese study. Our definition was based on our desire to account for potential short-term as well as long-term administration of medications that could influence DAA therapy, and demonstrate the large number of prescribed medications in CHC patients (mean 8.1 medications from 5.4 to 9.8 medications through age group), because duration of DAA therapy is short, mostly for 8 to 12 weeks.

The number of antibacterial prescription was 31,993 in this study, which was remarkably high. Although we did not know the exact reason, it reflected a prescription pattern in South Korea. In addition, the drug counting method of our study may relate to the high number of prescription. If a patient is admitted for bacterial pneumonia treated with intravenous injection of ceftriaxone and oral azithromycin, after treating with amoxicillin at an outpatient clinic the number of prescribed antibacterials is three during the one period of pneumonia.

In this study, the potential risk of the four types of predicted DDIs according to each HCV regimen was demonstrated. Moreover, 39 contraindicated medications identified among 47,104 prescriptions in the real-world setting of Korea. The proportion of contraindicated medications was observed as 2.0% to 39% depending on the DAA regimen. Therefore, regimens showing less proportion of contraindicated medication may be favorable for the doctors and their patients especially having multiple medications.

Among medications having a potential DDI with DAA therapy, dexamethasone, clarithromycin, fluconazole, and alfuzosin are commonly prescribed medications for “diseases of musculoskeletal system and connective tissue,” “certain infectious and parasitic diseases” and “diseases of the genitourinary system.” The unexpected high prescription rate of dexamethasone (25.9% of the CHC patients) in Korea may reflect the high prevalence of intra-articular or muscular injection procedures for musculoskeletal illness, especially in female patients, reflecting the high proportion of musculoskeletal degenerative diseases in older aged people among CHC patients. Therefore, general physicians or physicians from non-hepatology department who tend to prescribe these steroids or other contraindicated medications should pay more attention when patients are on DAA therapy for CHC. Also, hepatologist should be aware that such medications are commonly prescribed in the other clinics for CHC patients, and pay more attention to DDIs

when choosing DAA regimen for hepatitis C patients.

Meanwhile, HIV coinfection was only found in 28 patients (0.06%) in Korea, which is much lower than in Western countries.^{10,11} Tuberculosis was identified in 201 patients, which led to consideration of DDI, especially rifampicin, one of the contraindicated drugs for all of six DAA regimens. In a U.K. study including a high proportion of intravenous drug users,¹² the most common medications with DDI potential were psychotropic agents (antidepressants, opioids, and hypnotics) (38.6%), antidiabetics (9.3%), immunosuppressants (6.1%), statins (4.9%), and antiretrovirals (4.9%). Therefore, different profiles of co-medication and DDI should be considered in the different countries or races.

Additional pharmacokinetic considerations are required for the patients with advanced stage liver disease. HCV infection itself has been shown to impair drug metabolism by reducing microsomal enzymatic activity³ and CYP enzyme activity is impaired as liver disease progresses.⁴ Furthermore, CYP activity could be altered by with increased age.⁶ Moreover, since liver disease severity is associated with age,¹³ aged HCV patients with advanced liver diseases accompanying multiple comorbidities and co-medications are particularly vulnerable to the DDI risk. In addition, unascertained mechanisms may contribute to DDI and therefore predictions may not always reflect the clinical situation.

This is the first Korean study to systemically describe comorbidities and prescribed medications in CHC patients using a large nationally-representative database. However, there are several limitations in this study. Because of the nature of administrative data, errors or omissions of diagnostic codes could exist. All prescribed medication codes were collected, but patients may not have taken all prescribed medications. Over-the-counter drugs were not included in the claims database, thus, practical co-medications in the real world might be underestimated. The risk for DDI with dietary intake and other health supplements were not determined. Moreover, DDI with glecaprevir/pibrentasvir regimen was not included because it was approved after this study completion. In addition, because of complexity of data, we did not compare the data in HCV patients with a non-HCV population. Nevertheless, patients' baseline characteristics in this study are very similar to that of the recent prospective multicenter cohort study in Korea,¹⁴ supporting that this data are representative of Korean CHC patients. Indeed, this study can provide physicians with information about comorbidities and co-medications that might be taken into consideration when treating CHC patients.

In conclusion, majority of the CHC patients had comor-

bidities, almost all the patients took multiple prescribed medications per year, which were linearly increasing with age, and significant DDI risk was present in 97% of the Korean patients. Consideration of comorbidity and comedication profile should be emphasized during DAA therapy.

CONFLICTS OF INTEREST

No potential conflict of interest relevant to this article was reported.

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AUTHOR CONTRIBUTIONS

Study conception: S.H.J. Study design and revision: S.H.J., M.K., E.S.J. Data collection: H.Y.C. Data analysis: J.W.C., H.Y.C., S.H.J. Manuscript drafting: J.W.C., S.H.J. All authors read and approved the final manuscript.

ORCID

Jung Wha Chung <https://orcid.org/0000-0003-3648-3406>
Hwa Young Choi <https://orcid.org/0000-0002-8195-9250>
Moran Ki <https://orcid.org/0000-0002-8892-7104>
Eun Sun Jang <https://orcid.org/0000-0003-4274-2582>
Sook-Hyang Jeong <https://orcid.org/0000-0002-4916-7990>

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