Surgical Complications of Childhood Tumors

22

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22.1 Rare Surgical Presentations of Cancer in Childhood

Most childhood tumors will first present to a physician; some tumors will present in an atypical manner and may mimic a surgical condition. The diagnosis may be missed if the surgeon is not aware of the possibility of cancer. A very great number of rare presentations of childhood cancer have been described in the literature. It is important that the surgeon who is not experienced in the management of childhood cancer is aware that an apparently benign condition could be a manifestation of an underlying malignancy [71, 83] (Table 22.1).

22.2 Soft Tissue Complications

Soft tissue problems are a common cause for surgical consultation on the oncology ward. Immunosuppression, steroid-induced skin changes, and prolonged immobilization all contribute to skin infections. These may start as simple localized infections, which may quickly spread into life-threatening problems. Although the conditions outlined below are all related, they do have significant differences, which are reflected

Table 22.1 Surgical presentation of tumors

Presentation	Neoplastic cause	Ref
Acute abdominal pain	Ruptured Wilms' tumor	[42]
	Ruptured liver tumor	
	Appendicular carcinoid, lymphoma	
Intussusception	Hemangioma	[12, 14]
	Ganglioneurofibroma	[96]
	Lymphoma	[26, 115]
Intestinal obstruction	Leiomyoma	[109]
	Esophageal leiomyoma	[11]
	Intestinal fibromatosis	[17]
	Lymphoma	
Gastrointestinal bleeding	Gastric teratoma	[47]
	Typhlitis	[48]
Perianal abscess	Yolk sac tumors	
	Rhabdomyosarcoma	
Biliary obstruction	Hemangioendothelioma	[106]
	Rhabdomyosarcoma	[16]
Hydronephrosis	Neuroblastoma and other pelvic tumors	[40]
Testicular swelling	Primary tumor	
	Leukemia	[85]
	Lymphoma	
Varicocele	Wilms' tumor	7
Bronchiectasis	Carcinoid	[118]
Priapism and clitoral engorgement	Congenital myeloid leukemia	

in their varying management. Careful clinical diagnosis in conjunction with relevant microbiological, hematological, and biochemical findings is essential.

22.2.1 Cellulitis

Usually soft tissue problems involve no more than simple local infections. However, as these children are often immunosuppressed, a localized infection can quickly spread to a life-threatening cellulitis. Any areas of erythema should be treated suspiciously with swabs of the area and blood cultures being sent. Antibiotics should be employed early in a suspected infection.

Proven cellulitis should be managed by marking the area of erythema so that any progress can be monitored. Intravenous antibiotics are mandatory and should be prescribed after discussion with the infectious disease specialists.

22.2.2 Superficial Abscesses

Conditions such as paronychia and superficial skin abscesses in the groin or axilla are relatively common. In patients with a normal neutrophil count the treatment of choice is incision and drainage of the area of maximum fluctuation. In the cases of neutropenic patients most abscesses will not contain pus but watery fluid containing no neutrophils. These instances are best treated with antibiotics and granulocyte stimulating factor; any areas of fluctuation can be aspirated with a fine needle to provide fluid for culture and sensitivity testing often without the need for incision and drainage.

22.2.3 Radiation Necrosis

Children receiving radiotherapy may develop extensive erythema of the skin and skin necrosis. This was seen more commonly in treatment protocols that advocated large doses of radiation therapy to superficial areas in the body. This is no longer the case with current protocols (Fig. 22.1).

22.2.4 Necrotizing Fasciitis

Established cellulitis may progress to necrotizing fasciitis. The common forms of this disease are either

Fig. 22.1 Skin necrosis after chemotherapy and radiotherapy to shrink a rhabdomyosarcoma of the thigh.

caused by group A streptococcus or a mixed flora of anaerobic and aerobic bacteria. This later condition is known as Fournier's gangrene if it occurs around the perineum or Meleney's gangrene if it occurs on the abdominal wall (often associated with a recent operation wound).

In this condition the patient is toxic and complains of severe localized pain. The affected area often has a necrotic appearance from the underlying ischemia. Crepitus may be detected on examination. The diagnosis is made clinically. Once diagnosis is established the treatment is broad spectrum antibiotics (aminoglycoside, penicillin, and metronidazole), intravenous fluid resuscitation, and extensive surgical debridement. Numerous debridements are often required, the defect being closed at a later stage with tissue flaps or skin grafts [94, 99].

Neutropenic patients are at particular risk of developing a pseudomonas fasciitis known as ecthyma gangrenosum (Fig. 22.2) [6, 10, 31, 90]. The patient develops black necrotic ulcers on the buttocks and perineal region. These are initially small but without treatment will spread and coalesce. Unlike necrotizing fasciitis, the treatment is primarily medical with an antibiotic regime including aminoglycoside with an antipseudomonal cephalosporin or penicillin; granulocyte colony stimulating factor (GCSF) may help to revive the neutrophil count [4]. Close observation must be kept on the patient. If large necrotic areas develop then late surgical debridement may be required. Occasionally a diverting colostomy may be necessary.

Fig. 22.2 Ecythema gangrenosum. This 3-year-old boy undergoing treatment of acute lymphoblastic leukemia became profoundly neutropenic 10 days after receiving chemotherapy. He developed a pyrexia and a hot erythematous penis and scrotum with areas of necrosis. Blood cultures and swabs of the area grew Pseudomonas aeruginosa. He was treated with antibiotics and G-CSF and recovered fully without the need for surgical intervention.

22.2.5 Compartment Syndrome

Compartment syndrome is a rare problem in childhood and so is often overlooked till a late stage. It can develop in the presence of severe septicemia and shock, particularly after pseudomonas septicemia in the neutropenic patient. In our experience a septic child may complain of lower limb pain; however, as the child is so systematically unwell this can be overlooked. On examination the foot is plantar flexed with tight lower leg muscle compartments. There may be reduced skin sensation over the foot or parasthesia. The pathognomonic sign is extreme pain on the slightest attempt to actively or passively move the foot. Loss of pedal pulses is a late finding. The differential diagnosis is deep vein thrombosis, lower limb cellulitis, or an ischemic arterial problem. The diagnosis is a clinical one; checking compartment pressures and Doppler ultrasound studies can be misleading [78].

Despite the fact that these children are severely ill, surgical decompression under general anesthetic should be performed urgently. All four compartments should be opened right down over the ankle using a medial and lateral incision. The sooner this is done the better the chances of saving the muscles. Though muscle compartments expand markedly after release, use of a loose subdermal tacking suture allows apposition of the wound edge without increasing the compartment pressures. This reduces the need for skin grafting and thus gives a much better cosmetic result. Hemostasis with bipolar diathermy must be done scrupulously as bleeding is a major problem postoperatively. Numerous debridements of dead muscle may be required, although this should be left until demarcation has occurred. Delayed primary closure, tissue flaps, or skin graft may be used subsequently.

22.3 Thoracic Complications

Surgeons may be consulted by oncologists for advice and surgical intervention in children with thoracic complications. The most common request is for biopsying of suspicious lesions on a chest radiograph following treatment – the usual histological finding is of a benign lung scar; however, diffuse fibrosis secondary to chemoradiotherapy, recurrence of tumor, or fungal lesion are other important diagnoses. In addition, surgical consultation may be required to help with management of pleural effusions or severe hemoptysis. Other complications that may arise from thoracic structures involved with tumor, or from iatrogenic procedures, e.g., central lines, biopsy, or thoracoscopy or mediastinoscopy include the following.

22.3.1 Superior Vena Caval Syndrome

The patient is unduly distressed following a procedure on the neck, e.g., after insertion of a central venous catheter or a biopsy. There is venous congestion of the face and neck with distended neck veins and petechial hemorrhage. Color Doppler ultrasound is useful to detect thrombosis in the great veins of the neck. Angiography via the catheter may demonstrate thrombus in the superior vena cava. Assessment at a low-radiation dose, 64-slice CT angiography has been helpful in diagnosing this condition [119]. Rarely, surgical intervention is indicated and most can be managed by supportive measures alone including heparin administration and removal of the central line from this location.

22.3.2 Superior Mediastinal Syndrome

This syndrome results in tracheal compression from trauma, biopsy of tumor (e.g., lymphoma of the mediastinum), or after thoracomediostinoscopy. Rapid intubation and treatment with antibiotics is indicated until the syndrome subsides. Rarely, a tracheostomy is indicated if this syndrome develops rapidly and unsuspected.

22.3.3 Pneumomediastinum, Pneumopericardium, and Surgical Emphysema

The "Michelin man" can be a complication after thoracoscopy from damage to the lung or the airway. This can be treated with antibiotics and a chest drain if a tension pneumothorax results. In rare instances this can occur as a complication of high-pressure ventilation therapy with dissection of air into their interstitial spaces.

22.3.4 Cardiac Tamponade

Cardiac tamponade may result after insertion of a central venous line and needs early recognition. Pericardiac drainage and replacement of a central line is needed.

22.3.5 Pleurodesis

Large malignant pleural effusions may cause respiratory embarrassment. If they do not settle with the treatment of the underlying disease they may require pleurodesis. Very little information has been published concerning children with malignant effusions; most pleurodesis has been undertaken for congenital lymphatic problems (chylothorax) or recurrent spontaneous pneumothorax.

Walker-Renard, et al. reviewed all the literature on pleurodesis of malignant lesions [112]. They found that response rates varied from 93% with talcum powder to 0% for etoposide. Doxycycline, tetracycline, and bleomycin all had success rates around 60–80%. Bacillus Calmette-Guérin (BCG) vacine, quinacrine, and thioptepa were not assessed because of the lack of published data.

Talcum powder may be inserted into the pleural cavity using insufflation; this technique is best done under general anesthetic with thoracoscopy [121], although it can be inserted as a talcum slurry by tube thoracostomy under local anesthetic. Adult respiratory distress syndrome (ARDS), pulmonary edema, and granulomatous pneumonitis have all been described as complications developing postoperatively.

22.3.6 Fungal Lung Lesions

Opportunistic fungal infections are an important cause of morbidity and mortality in the immunosuppressed child. Fungal infections include those caused by Candida albicans, Aspergillus, zygomycetes Cryptococcus, and Mycobacterium avium [100]. The usual presentation of pulmonary fungal infection is fever, malaise, cough, or chest pain. Other problems which may develop include progressive respiratory distress or life-threatening hemoptysis.

Plain chest radiography may show a cavitating lesion, a mass, or pulmonary infiltrates, followed by computed tomography (CT) scan to more accurately identify the lesion (Fig. 22.3 a,b). Bronchoscopy with bronchioalveolar lavage may demonstrate fungal hyphae. Occasionally, either fine needle aspiration or an open biopsy of the lesion is necessary to achieve a definitive diagnosis. The most frequently identified organism is aspergillus. Treatment begins with appropriate antifungal agents, usually amphotericin B. Removal of the bulk of infected lung tissue improves the chances of eradicating the disease [100].

22.3.7 Complications of Long Lines

The development of tunneled silastic central venous catheters by Broviac and Hickman are among the most important milestones in the progress of pediatric oncology. However, as with all surgical procedures they are not without significant complications if they are not performed with care by an experienced operator.
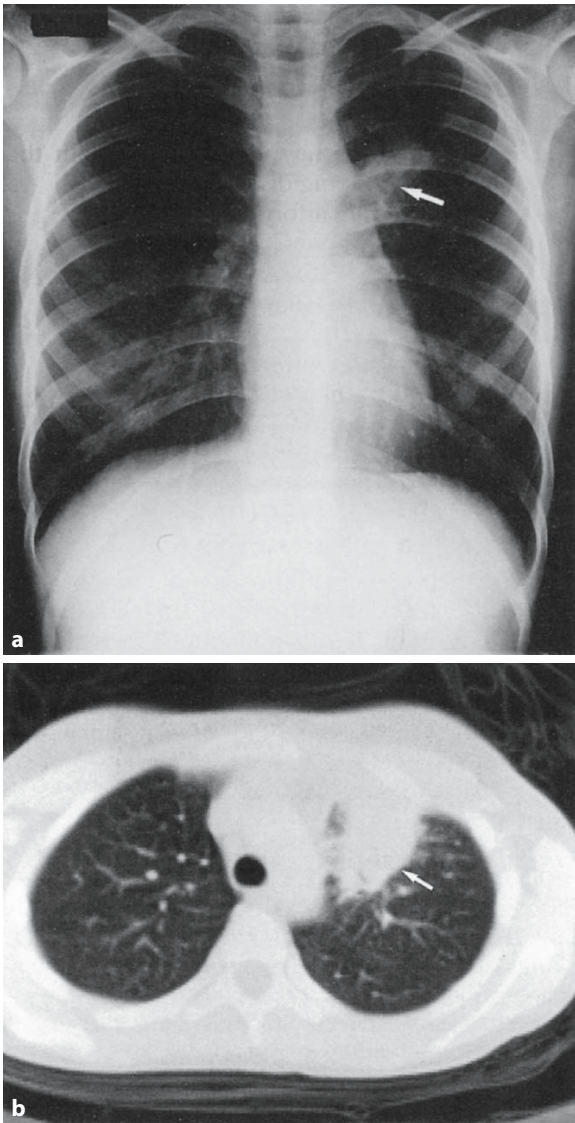
Fig. 22.3 a, b Aspergilloma. This patient, undergoing bone marrow transplantation for a relapsed leukemia, developed an invasive aspergilloma on her left upper lobe bronchus that was gradually eroding into her pulmonary vessels and causing her hemoptysis. Following a lobectomy and removal of the lesion she has made an uneventful recovery. (**a**) Chest x-ray of the patient. (**b**) CT scan of the same patient.

Central venous lines can be placed either percutaneously or at an open operation. Despite the more invasive procedure open placement is required for port insertion and may be actually safer as the vein is carefully identified and hence complications such as accidental puncture of the lung and tearing of the vein are minimized. Most children will require general anesthetic whichever technique is employed. See Chap. 27 [61].

Table 22.2 Complications of central venous catheters

	Complications
Insertion	Hemothorax/hemomediastinum
	– Secondary tearing of the vein
	– Pneumothorax
	– Hematoma secondary to thrombocytopenia
	– Air embolus
	– Cardiac arrhythmias
Usage	Infection
	– Thrombosis of tip/vena cava thrombosis/ atrial thrombus
	– Air embolus
	– Line breakage causing bleeding, introduction of infection and air embolus
	– Dislodgement
Removal	Air embolus
	– Catheter embolus to right side of heart or lungs
	– Dislodgement of septic thrombus

22.3.8 Complications of Catheter Removal

It is important to remember that most operative deaths associated with tunneled catheters occur when they are removed. The reasons for this may be that it is considered a simple procedure often attempted on the ward under local anesthetic or in the anesthetic room by the most junior surgeon. We have heard of three deaths directly attributable to removal of tunneled long lines – in two cases the line was accidentally divided and then embolized, and once a septic thrombus was dislodged; in all three instances a fatal pulmonary embolus resulted. For this reason all our cuffed line removals are done in the operating theater by the following technique. Unless the cuff is readily visible at the exit site a new incision is made proximal to the cuff and the fibrous tissue surrounding the line is dissected free. An incision is made in this fibrous casing in the long axis of the line to reduce the risk of severing the line. The distal part of the line can then be clipped and the line removed while a second person presses firmly over its point of insertion into the vein. The cuff can then be dissected out without risk of damaging the line or causing an air embolus. The incision and exit site are then sutured closed[30].

22.4 Gastrointestinal Complications

22.4.1 Acute Abdominal Pain

22.4.1.1 Overview

The development of the acute abdomen in a child being treated for neoplastic disease often provides the medical and surgical teams caring for that child with a diagnostic and therapeutic dilemma. The cause of the symptoms may be the same as those in a child of similar age without cancer or it may be related to the treatment of cancer. Even simple conditions may be confused by the immunodeficiency, the use of steroids, or cytotoxic drugs and other factors associated with the cancer and/or its treatment. This may lead to localized conditions becoming generalized and the clinical signs of sepsis and inflammation being masked. In addition, the management decisions are complicated by the fact that many of these children are seriously ill at presentation and wound healing may be impaired.

Assessment of the risks of all possible causes is necessary to determine whether a laparotomy is required or if intensive medical treatment is preferable. The present thinking is that both have their place even for the ill child [87], and hence the medical and surgical teams should work closely together in initial assessment and ongoing management.

Table 22.3 shows the likely causes of acute abdominal pain in children with cancer and a suggested structured approach to their treatment. Specific conditions are discussed in detail below.

Table 22.3 Causes of acute abdominal pain in children with cancer

Diagnosis
Neutropenic enterocolitis
Pseudomembranous colitis (Clostridium difficile)
Cytomegalovirus/adenovirus enteritis
Acute graft-versus-host disease
Peptic ulceration (stress or steroids)
Pancreatitis
Hemorrhagic cystitis
Radiation enteritis
Obstruction
Perforation of bowel
Inflammatory cause
Intestinal lymphoma responding to treatment
Rupture of a Wilms' tumor
Hemorrhage into a tumor causing distension
Hepatic tumors
Sudden hepatomegaly stretching liver capsule
Hypercalcemia of malignancy

22.4.1.2 The Role of Diagnostic Imaging

Close cooperation with the radiology department is important for the diagnosis of the acute abdomen in children with cancer. While accurate diagnosis is essential, avoidance of invasive or time-consuming investigations is also important in these seriously ill children. Plain abdominal radiograph may show bowel dilatation, mucosal edema, a space-occupying lesion, free air (outlining the bowel wall), or pneumatosis intestinalis. An erect abdominal radiograph may show free air under the diaphragm though it may be normal in over 10% of bowel perforations; lateral decubitus abdominal radiographs (right side up) may be used in the severely ill patient.

Abdominal ultrasound is an excellent noninvasive method of assessing the bowel for intestinal wall thickness, free fluid, and collections of fluid within the abdomen. Normal colonic wall thickness is ≤2 mm [10]. It can also pick up appendicitis, cholecystitis, and pyelonephritis [39, 76]. Ultrasound examination is relatively inexpensive, avoids ionizing radiation, and can be performed at the bedside. However, it must be remembered that ultrasound is operator-dependent and that excessive bowel gas, especially in the older child, can adversely affect the images; hence a negative scan does not necessarily rule out intra-abdominal pathology.

A CT scan is also noninvasive and requires both intravenous and oral contrast. Restless children will require sedation or general anesthetic for the study. In the immunocompromised patient, CT may demonstrate intra-abdominal abscesses, pseudomembranous colitis, typhlitis, graft-versus-host disease, radiation enteritis, and appendicitis [23, 70].

Contrast studies are beneficial in the relatively well child with chronic symptoms especially for diagnosis of strictures or radiation enteritis [68]. However, care must be taken in patients with colitis because of the risk of bowel perforation [67, 111]; for this reason we prefer to use water-soluble nonionic contrast medium.

22.4.1.3 The Role of Endoscopy

Surgeons are frequently called on to perform either upper or lower gastrointestinal endoscopy on patients with unexplained abdominal symptoms. The number of causes of abdominal pain or bleeding are numerous and, together with judicious use of diagnostic imaging, endoscopy and relevant biopsies may be essential for accurate diagnosis [5, 65, 86, 88].

Obtaining biopsies at endoscopy is not associated with significant sepsis even in severely immunosuppressed patients [49]. Upper gastrointestinal endoscopy can be used to sclerose esophageal varices or

inject bleeding ulcers. Careful performance of colonoscopy in patients with viral colitis, typhlitis, and severe graft-versus-host disease is essential in order to avoid overdistension of the colon and reduce the risk of perforation.

22.4.1.4 Assessment of Acute Abdominal Pain in the Child with Malignant Disease

1. Full history with particular reference to the time of onset of pain with regard to other treatments, changes in the neutrophil count and changes in other physiological parameters, i.e., pulse, temperature, blood pressure, respiratory rate.
2. Full examination with special regard to the abdomen looking for focal or generalized tenderness and signs of peritonism. Avoid rectal examination in neutropenic patients if possible.
3. Blood tests to include full blood count, urea, electrolytes, amylase, liver function tests. Clotting studies may reveal disseminated intravascular coagulation. Arterial blood gas sample may show signs of an unexpected metabolic acidosis suggesting ischemia or sepsis. Remember that white cell count, C-reactive protein, and erythrocyte sedimentation rate may all be normal in the presence of immunosuppression.
4. Septic screen to include urine, stool, blood cultures, and sometimes lumbar puncture.
5. Diagnostic imaging – see above.

22.4.1.5 Metabolic Causes of the Acute Abdomen

This usually arises from two main metabolic disorders.
1. Hypercalcemia of malignancy. This can be caused by metastases, osteolytic bone tumors, or humoral factors secreted by endocrine tumors [51], e.g., parathyroid hormone. The symptoms are those of hypercalcemia (weakness, brachycardia, constipation, polyurea, peptic ulceration, and pancreatitis). Fluid resuscitation and pamidonate is of value in the management of acute cancer-related hypercalcemia in children.
2. Tumor lysis syndrome. This was often observed in the treatment of bulky lymphomas following chemotherapy but can occur with any large bulky tumor undergoing necrosis. A rare complication of germ cell tumors and calcium levels should be monitored in all children with solid ovarian masses [62]. The metabolic upset includes hyperuricemia, hyperkalemia, and hyperphosphatemia with hypocalcemia. The patient presents with severe abdominal pain from uric acid crystal crisis, lethargy, and

anuria [1, 9, 123]. Calcification of the gastric mucosa has been reported in association with tumor lysis syndrome in a child with non-Hodgkin lymphoma [8].

The management of such a high-risk patient includes intravenous hydration with at least 2–3 liters/m2 over 24 h using quarter strength saline, 5% dextrose, alkalization of the urine with sodium bicarbonate 100 meq/liter titrating the urine to a ph of 7.0–7.5, drug therapy, allopurinol 300–500 mg/m2 for 3 days to prevent uric acid deposition, and careful monitoring of urine output, ph, urine electrolytes, and urea including calcium and phosphate. Occasionally, dialysis or hemofiltration may be necessary. Recombinant urate oxidase (rasburicase) may be used for prevention and treatment of tumor lysis syndrome in patients with hematological malignancies [114]. Rasburicase is a safe, highly and rapidly effective agent in the treatment and prevention of malignancy-associated acute hyperuricemia and could be considered the treatment of choice to prevent tumor lysis syndrome in children at high risk [79].

22.4.2 Specific Causes of Abdominal Pain

22.4.2.1 Intestinal Obstruction

Vomiting in a child being treated for malignant disease is very common; however, this must be differentiated from the emesis observed in numerous surgical conditions. Obstruction is due to mechanical blockage of the bowel and is common after operation for tumor [84, 98]. Characteristically vomit is bile-stained (green) in mechanical obstruction and in adynamic paralytic ileus. Auscultation is an important denominator. Table 22.4 shows the causes of intestinal obstruction.

It must be noted that sometimes a child presents with obstruction due to abdominal lymphoma. There are two clinical scenarios to be aware of. The first is with localized ileo-cecal disease causing the lead point of an intussusception. In this case localized resection with primary anastomosis is the treatment of choice; biopsy of suspicious mesenteric lymph nodes may also help in staging. If there is diffuse disease then a biopsy alone with intense supportive management is sufficient as the disease will rapidly resolve once chemotherapy is started [14].

22.4.2.2 Radiation Enteritis

Clinical features. Acute systemic upset, with nausea, vomiting, diarrhea, abdominal pain, and gastrointestinal bleeding; commonly complicates radiotherapy to

Table 22.4 Causes of obstruction in relation to the bowel wall

Position of obstructing lesion	Diagnosis
Outside the bowel	Mass effect from large intra-abdominal tumor (compression)
	Postoperative adhesions
In the bowel wall	Primary or secondary tumor within the bowel wall
	Intussusception – after surgery for Wilms' tumor [23], neuroblastoma or other
	Retroperitoneal procedures
	Strictures at an anastomosis, or from radiation enteritis, or enterocolitis
	Paralytic ileus
	Opiate therapy
	Vincristine therapy [Adriamycin (doxorubicin)]
	Anticholinergic effects of medication
	Any of the causes of intestinal inflammation
	Any cause of intraperitoneal sepsis
Within the lumen	Tumor invasion of the lumen

the abdomen and pelvis. Although these acute symptoms usually resolve relatively quickly, about 5% of patients progress to chronic complications after the completion of radiotherapy [35, 68, 117, 120]. Radiation damage to the bowel is dose dependent, although other factors such as previous operations, peritonitis, and concurrent chemotherapy (especially actinomycin-D) may all contribute to worsening the long-term problems [22]. More than one complication may occur and new lesions may develop at later stages; radiation enteritis should, therefore, be considered to be a progressive disease [35]. Complications related to the large bowel include proctocolitis, colorectal and anal strictures, rectal ulcers, spontaneous necrosis, and fistulae to bowel, bladder, or vagina. Small bowel complications include bleeding, adhesions, strictures, malabsorbtion, spontaneous necrosis, fistula, and poor anastomotic healing [117]. Bleeding and fistula or perforation seem to represent the two ends of the spectrum of radiation enteritis suggesting that bleeding represents just mucosal trauma whereas full-thick-ness bowel wall damage must be present for perforation and fistula formation [35]. Malabsorbtion of fat, vitamin B12, and calcium may also occur [22, 117].

Diagnosis. Diagnosis of the condition can be difficult. A history is important with regard to the time and dosage of radiation. An erect or supine abdominal radiograph may show features of obstruction or perforation. The most important investigations are contrast radiographs, and either small bowel studies or large bowel enemas. Radiological signs of small bowel disease include evidence of submucosal thickening, single or multiple stenoses, adhesions, and sinus or fistula formation [68]. Large bowel strictures usually appear smooth and concentric in outline [117].

Radiation enteritis causes severe villous blunting, distended lymphatics, and replacement of the normal columnar epithelium with cuboidal cells; a pattern consistent with the clinical findings of malabsorption. The submucosal changes include perivascular adventitial fibrosis. Microscopic changes can be found in macroscopically normal bowel [22, 117].

Treatment. Radiation enteritis is a progressive disease [120]. Many patients can be treated conservatively; 5–20% of patients may require surgical intervention [46, 35]. The main indication for surgery is perforation. Patients with strictures are best treated conservatively, initially with bowel rest and decompression followed by low residue diets [22, 120]. If obstruction or fistula makes operative intervention necessary then great care must be taken to handle the bowel gently and avoid resection wherever possible. A high incidence of anastomotic leaks follows bowel resection of irradiated bowel due to a compromised blood supply and poor wound healing. Extensive dissection of adhesions should be avoided and a side-to-side bypass operation considered in some cases. When a resection is inevitable, for instance after perforation or in response to chronic severe blood loss, then more generous resections should be made and the bowel temporarily exteriorized to avoid an anastomosis [35, 120].

Prophylaxis. Many techniques have been used to exclude bowel from the pelvis during radiation therapy for pelvic malignancy using omental slings, tissue expanders, and distension of the bladder or retroversion of the uterus. The use of pelvic vicryl mesh placed at the level of the sacral promontory seems to be the best option in children [69]. In a study of eight children undergoing pelvic irradiation for malignancy who had a pelvic mesh placed before radiotherapy, none suffered from radiation enteritis [69].

Adhesive obstruction. Previous laparotomy, intra-abdominal or pelvic irradiation, and intraperitoneal

bleeding or sepsis may lead to adhesion formation. Hence, a child with an intra-abdominal tumor is at significant risk of the late complications of adhesion formation. Operation for adhesions caused by radiotherapy is unrewarding and dangerous; the bowel is often unhealthy, easily damaged, and the adhesions rapidly reform. Adhesions secondary to previous operations are best managed conservatively but failure of the obstruction to resolve after 48 h and signs of ischemia are absolute indications for laparotomy.

22.4.2.3 Treatment of Obstruction in the Terminally Ill Child

Obstruction may occur in the advanced stages of childhood malignancy and although it may be a preterminal event, its management is important for symptom control. Traditional treatment includes stopping oral intake, insertion of a nasogastric tube, decompression, intravenous fluids, and correction of electrolyte abnormalities. Medical management includes anticholinergics, antiemetics, and analgesics. The role of steroids to reduce the degree of perineoplastic inflammation is controversial. Octreotide is a somatostatin analog that stimulates water and electrolyte absorption and inhibits water secretion by the small intestine. It may be useful in the treatment of obstruction and enteric fistulae [113]. Operative intervention with colostomy or bypass procedure may be justified. However, it may be more appropriate to manage these patients with intravenous opiates alone.

22.4.2.4 Neutropenic Enterocolitis

Though this condition may affect any part of the bowel, the most common area to be affected is the distal ileum and cecum and hence the term "typhlitis" is often used. It describes the clinicopathological syndrome of necrotizing inflammation of the cecum occurring in neutropenic patients. Though many cases of appendicitis complicating neutropenia had been described [27]. (usually with fatal results), it was not until 1961 that Amromin first recognized that neutropenic enterocolitis of the cecum was a distinct entity [2, 63].

Incidence. Exact incidence rates are difficult to collect because of the paucity of large studies and the difficulties of defining the relevant population. Several series have suggested an overall incidence of approximately 5% in patients with acute leukemia [29, 72, 91].

Etiology. The condition only develops in the presence of profound neutropenia. This may be disease induced [hematological malignancy, aplastic anemia and immunodeficient diseases such as human immunodeficiency virus (HIV)-induced acquired immunodeficiency syndrome (AIDS)] or secondary to drug treatment (chemotherapy for malignancy and bone marrow transplantation). The condition appears to be more common in acute myelogenous leukemia than in other forms [72, 87].

No definite cause has ever been identified but several hypotheses exist. Damage to the bowel mucosa allows invasion by colonic flora. Septicemia can then develop unchecked by the depleted immune system. Later, shock may increase the ischemia and thus perpetuate the vicious cycle. The initial mucosal insult is probably multifactorial including a direct effect of cytotoxic drugs on the mucosa, profound neutropenia, mucosal hemorrhage due to associated thrombocytopenia, stasis, and by changes in the bacterial flora secondary to prophylactic antibiotics [3, 87, 111, 116]. Why the cecum is most commonly affected is not clear though stasis and a relatively poor blood supply are possible explanations.

The theory that leukemic infiltrates of the bowel wall become necrotic in response to chemotherapeutic regimens causing damage to the mucosal wall and local hemorrhage appears plausible but there is little evidence, on microscopic examination, to support it.

Clinical features. Typically a patient undergoing induction chemotherapy is rendered neutropenic and develops problems between day 4 and 14. Symptoms and signs include diarrhea, vomiting, gastrointestinal bleeding, abdominal distension and sepsis. Examination usually reveals an ill patient with pyrexia, tachycardia, hypotension, and peritoneal irritation which may be diffuse or limited to the right iliac fossa [29, 36, 67, 72, 80, 87, 91].

Pathology. Grossly edematous cecum, mucosal ulceration, congested mesentery, and hemorrhagic mucosa progressing to full thickness necrosis of the bowel wall are seen at laparotomy. Three characteristic anatomical distributions are seen. First, the necrosis is sharply localized to the cecum with relative preservation of the ileum; second, the cecum is involved in extensive disease with other portions of the colon and small intestine; and third the cecum may contain ulcers which also occur sporadically throughout the intestine [111].

The tissues are edematous and blood vessels are dilated and engorged. Tissue structures appear necrotic and frequently masses of organisms are seen within the lesions. Leukemic infiltration is rarely seen but when present is readily identifiable. The usual microscopic pattern is one of hemorrhagic necrosis involving the mucosa and submucosa with a striking lack of acute inflammatory reaction. Occasionally, an exudate

resembling a pseudomembrane and consisting of fibrin and cell debris may be found overlying the most severely ulcerated mucosal surfaces. In later stages the process may progress to full thickness involvement of the bowel wall and perforation.

Differential diagnosis. Causes of acute abdominal pain in these patients include acute appendicitis, pseudomembranous colitis, intussusception, pancreatitis, and pelvic abscess [29]. However, studies have shown that the most likely cause of diffuse or localized right iliac fossa abdominal pain in neutropenic patients is typhlitis [70, 72, 87, 111].

The most common organism isolated in septic patients with typhlitis is Pseudomonas aeruginosa [67, 111] though other Gram-negative organisms such as Escherichia coli and Klebsiella are also commonly found [29, 87, 91, 92, 116]. Gram-positive bacteria and fungi are occasionally found [29, 36, 111]. It is important to send multiple stool samples for analysis of C. difficile and its toxins to rule out pseudomembranous colitis.

Investigations. Blood tests are of little help, except to confirm neutropenia (neutrophils <0.5). Other markers of infection and inflammation can be misleading due to the effects of steroids, cytotoxic drugs, and general bone marrow suppression.

Diagnostic imaging studies are essential. Plain radiographs of the abdomen may show a paucity of bowel gas in the right iliac fossa progressing to a right-sided, ill-defined soft tissue mass due to a fluid-filled atonic cecum [111]. Other signs include small bowel ileus, ascites, and occasionally cecal pneumatosis which may not appear until the terminal stages of the disease process. Contrast enema findings include thickened mucosal folds, "thumb-printing" due to edema of the mucosa and cecal contraction [67]. Filling of the appendix rules out acute appendicitis. Contrast enemas may precipitate perforation of the cecum in the debilitated child [70, 111].

The investigation of choice is abdominal ultrasound [76, 92]. Sonographic features of typhlitis include the so-called target sign of a rounded mass with a highly echogenic center and a wide hypoechoic periphery. Remember that this sign is also seen in malignant tumors of the bowel, intussusception, and bowel infarction [67, 76, 92].30,35,61 Appendiceal thickening may indicate an increased risk of serious complications from this disease process [64].

If the ultrasound is not diagnostic or there is a suspicion of a more sinister cause then CT scan should be used. It can detect transmural inflammation, cecal wall thickening, soft tissue mass, and pneumatosis [70, 92].

Having ruled out intussusception, the finding of a soft tissue inflammatory mass in the right iliac fossa by ultrasound or CT in a neutropenic patient with pain and sepsis should be considered diagnostic of typhlitis [39, 70, 92].

Management. Management of these patients remains controversial, and both surgical [29, 72, 91,110, 116] and conservative medical management have been advocated [36, 87]. Recently, large series have shown that aggressive medical treatment with bowel rest, fluid resuscitation, and broad spectrum antibiotics together with selective surgical intervention are associated with good outcomes [87, 92]. Children are treated with intravenous fluids and triple antibiotics (benzylpenicillin, netilmicin, and metronidazole) and closely observed with frequent reassessment by the surgical team, for signs of deterioration. Granulocyte colony stimulating factor (GCSF) has been employed to hasten the return of the neutrophils but thus far its benefits in typhlitis have not been confirmed.

The main indication for surgical intervention is perforation; the other indications for operation include persistent gastrointestinal bleeding despite correction of thrombocytopenia and coagulation defects or clinical deterioration despite maximal supportive therapy. The child will benefit from removal of the source of abdominal sepsis by resection of necrotic bowel and peritoneal lavage [28]. It is important to rule out surgically treatable causes such as intussusception or acute appendicitis. Prognosis is better if the patient is in remission at the time of the operation [29].

Using a combination of aggressive medical and selective surgical management the two largest recent studies have shown a mortality of approximately 8% [87, 92].

22.4.2.5 Pancreatitis

Pancreatitis may rarely develop in some children with cancer following treatment with L-asparaginase, azathioprine, thiazide diuretics, and corticosteroids [60]. In addition it can complicate raised intracranial pressure [25]. or hypercalcemia [60, 104]. After L-asparaginase up to 6.5% of patients will develop pancreatitis [74]. L-asparaginase-induced severe narcotizing pancreatitis has been successfully treated with percutaneous drainage used to flush the infected necrotic parts [103].

Clinical features include severe abdominal pain, vomiting, and shock. Diagnosis is confirmed by a raised serum amylase or lipase level [93]. Full blood count, urea and electrolytes, serum calcium, liver function tests, clotting screen, and an arterial blood gas (ApO2) should be obtained. Chest radiograph can show signs of adult respiratory distress syndrome (ARDS). The abdomen should be assessed by either

ultrasound examination or CT scan [76, 93] evaluated for edema, fluid collection, hemorrhage, necrosis, and other complications of pancreatitis.

Treatment is essentially medical, aimed at correction of the shock-like state of the patient with aggressive fluid resuscitation, nasogastric tube insertion, and drainage bowel rest. Intensive care is required if complications such as severe hypocalcemia, disseminated intravascular coagulation or respiratory distress associated with hypoxia develop [93]. Antibiotics may be required particularly in patients who are immunocompromised. Complications of pancreatitis include pancreatic abscess, which often requires urgent debridement and drainage. Pseudocysts may also occur but often will resolve, although in some instances may require drainage either percutaneously or by operative treatment. Octreotide has been used successfully in a child with L-asparaginase induced hemorrhagic pancreatitis [38].

22.4.2.6 Cholecystitis

Though rare, cholecystitis should always be considered in the differential diagnosis of the acute abdomen. In particular acute acalculous cholecystitis is associated with stress, sepsis, and co-existing problems such as leukemia [105]. The usual presentation is with right-upper quadrant pain, pyrexia, and vomiting; jaundice and a palpable mass are sometimes found. Diagnosis is confirmed by ultrasonograph demonstration of gallbladder distension, thickening of the gall bladder wall, pericholecystic fluid collection, and lumen sludge. Patients with cholecystitis usually respond to conservative management with intravenous fluids and antibiotics [105]. Unresponsive cases may require percutaneous drainage or cholecystectomy, either laparoscopically or by open surgery.

22.4.2.7 Ruptured Tumor

Occasionally the cause of the acute abdominal pain is the result of a ruptured tumor. This has been described in patients with Wilms' tumor, hepatoma, neuroblastoma, and B-cell lymphoma. This is often the result of trivial trauma in a child with an unsuspected neoplasm, but can occur spontaneously. Tumor rupture results in a more advanced stage of the disease process and requires more aggressive treatment. Godzinski found that survival after acute nephrectomy for ruptured Wilms' tumor was good but that this was achieved at the expense of long-term morbidity from using doxurubicin (adriamycin) and radiotherapy [42] (Fig. 22.4). An arteriovenous fistula and hemorrhage has been reported as a complication
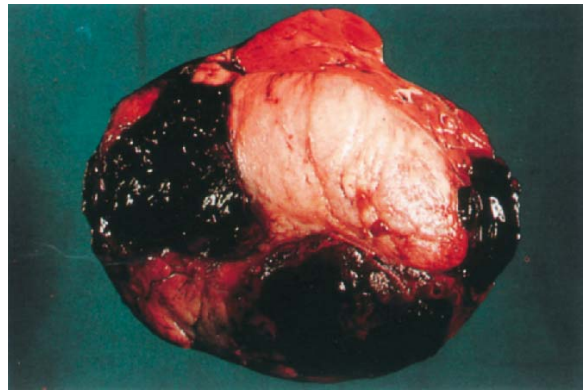

Fig. 22.4 Subcapsular hematoma in a Wilms' tumor. This was about to rupture and had to be removed as an emergency procedure.

following renal biopsy of a suspected bilateral Wilms' tumor [20].

22.4.3 Gastrointestinal Bleeding

Surgeons are occasionally asked to evaluate children on the oncology unit with gastrointestinal bleeding. This can range from small specks of altered blood to frank life-threatening hemorrhage. A list of conditions associated with gastrointestinal hemorrhage is presented in Table 22.5.

Gastric Antral Vascular Ectasia. This is a condition that is being increasingly reported in BMT patients. It was first described by Rider1 back in 1953 but recently has been noted in patients undergoing transplantation [12, 42]. It causes acute and chronic blood loss, at endoscopy the appearance is of red patches within the stomach. Histology shows dilated submucosal capillaries, fibrin thrombi, and fibromuscular hyperplasia. There should be no evidence of GVHD, infection, or ulceration. Ohashi reported five cases all of whom had received conditioning therapy with busulfan and all had a history of microangiopathy.3 Treatment was supportive but did not seem to respond to omeprazole in three of the five patients. Selective angiography had suggested high venous pressures so they were tried on the cardio-selective beta blocker Metoprolol with good results.

22.4.3.1 The Role of Diagnostic Imaging in Acute Gastrointestinal Bleeding

Plain radiographs are rarely useful but may show toxic dilatation of the colon in acute colitis. Contrast studies

Table 22.5 Causes of gastrointestinal bleeding

Site	Cause
Whole bowel	Tumor infiltration of bowel
	Mucosal ulceration from chemoradiotherapy
	Lymphoma
	Acute graft-versus-host disease
	Thrombocytopenia
	Depletion of clotting factors
Liver	Porto-systemic hypertension and varices
	Impaired production of clotting factors
	Veno-occlusive disease
Esophagus	Esophageal varices
	Viral/fungal esophagitis
	Gastroesophageal reflux
	Mallory-Weiss tears
Stomach and duodenum	Peptic ulceration (stress or steroid induced)
	Gastric erosions
	Gastric antral vascular ectasia
Small bowel	Enteritis (see below)
Large bowel	Neutropenic enterocolitis
	Radiation enteritis
	Infective colitis (cytomegalovirus, herpes simplex virus, adenovirus, cryptosporidia, Giardia, Candida)
	Clostridium difficile infection
Non-oncological causes	Ulcerative colitis
	Meckel's diverticulum
	Anal fissure
	Hemorrhoids
	Intestinal duplication
	Hemangioma

should be avoided as they yield little useful information and prevent more useful investigations such as angiography.

Angiography and red cell scans are difficult to set up and time consuming and thus should be held in reserve until upper or lower gastrointestinal endoscopy fail to provide a diagnosis. Angiography has the advantage of accurately detecting the site of the bleeding if the rate exceeds 1.0 cc/min and can be used to embolize a bleeding point. The disadvantage of angiography is that it is an invasive procedure. Radiolabeled red cell scan, on the other hand, can be used in cases with a slower bleeding rate (0.5 cc/min) but provides less precise anatomical location of the bleeding point.

22.4.3.2 The Role of Endoscopy in Acute Gastrointestinal Bleeding

Upper and lower gastrointestinal endoscopy are the most rewarding procedures in detecting the site of bleeding. In a bleeding peptic ulcer endoscopic injection of the ulcer bed with epinephrine and heater probe coagulation may stop the bleeding. In rare instances of liver damage associated with portal hypertension, esophageal varices may be the cause of bleeding and can be injected with sclerosing agents or banded.

22.4.3.3 Algorithm for Management of Gastrointestinal Bleeding

A recommended algorithm for the management of patients with gastrointestinal bleeding is shown in Fig. 22.5.

22.4.3.4 Esophagitis in the Immunosuppressed Patient

The esophagus is a frequent site for infection in the immunosuppressed patient. Patients present with dysphagia, retrosternal chest pain, fever, and upper intestinal bleeding. The patient's symptoms, oropharyngeal cultures and esophageal contrast radiography are not predictive of the cause – therefore, accurate diagnosis depends on endoscopy, mucosal biopsy, and brushings of abnormal-appearing areas and cultures [65].

Endoscopic findings range from discreet vesicles in herpes simplex virus (HSV) esophagitis to erosions and a spectrum of findings from esophagitis to gross ulceration which may complicate any infection and is compounded by gastroesophageal reflux. The most common infecting organism was HSV followed by cytomegalovirus (CMV). Fungal infection also occurs and is usually due to Candida albican [65]. Treatment is supportive with adequate analgesia and appropriate antiviral or antifungal therapy.

22.4.3.5 Infectious Colitis

Immunocompromised patients are at high risk for development of opportunistic infections. Affecting agents include Candida albican, pneumocystitis carnii, C. difficile, cryptosporidia, giardia, CMV, HSV, rotavirus, astrovirus, and adenovirus. Cytomegalovirus infection is particularly associated with colitis and bowel perforation [43]. Investigation of diarrhea includes sending stool culture for anaerobic organisms, C. difficile toxin, and microscopy and culture looking for protozoa, fungi, or viral infestation. Viral infec-
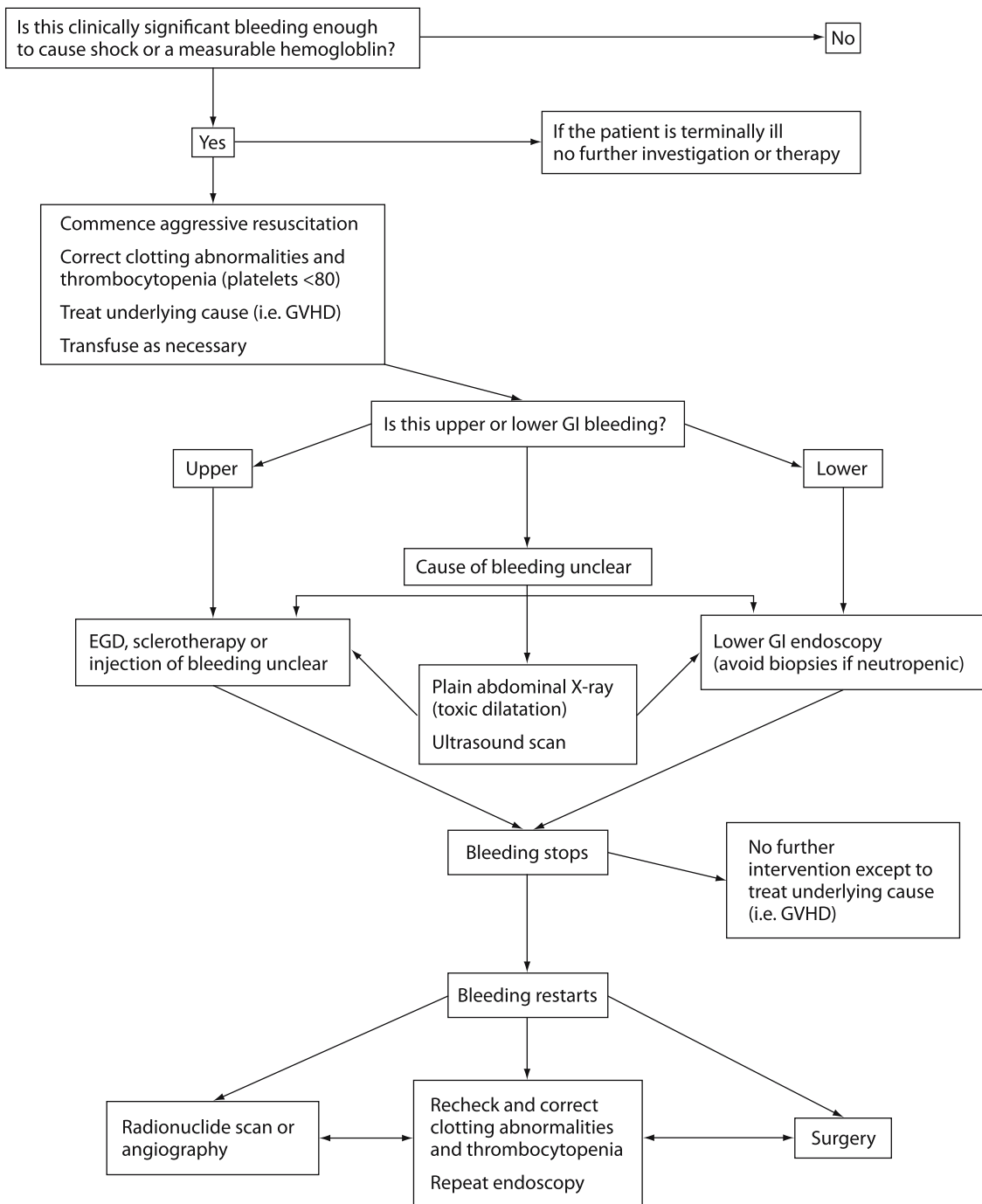
Is this clinically significant bleeding enough to cause shock or a measurable hemogloblin? → No

Yes → If the patient is terminally ill no further investigation or therapy

Commence aggressive resuscitation

Correct clotting abnormalities and thrombocytopenia (platelets <80)

Treat underlying cause (i.e. GVHD)

Transfuse as necessary

Is this upper or lower GI bleeding?

Upper   Lower

Cause of bleeding unclear

EGD, sclerotherapy or injection of bleeding unclear

Plain abdominal X-ray (toxic dilatation)

Ultrasound scan

Lower GI endoscopy (avoid biopsies if neutropenic)

Bleeding stops → No further intervention except to treat underlying cause (i.e. GVHD)

Bleeding restarts

Radionuclide scan or angiography

Recheck and correct clotting abnormalities and thrombocytopenia

Repeat endoscopy

Surgery

Fig. 22.5 Algorithm for management of gastrointestinal bleeding. GVHD, Graft-versus-host disease; GI, Gastrointestinal; EGD, Esophagogastro-duodenoscopy.

tion is of particular importance in the bone marrow transplant patients as clinically it is difficult to differentiate infection from acute graft-versus-host disease. The consequences of increasing the level of immunosuppression to treat graft-versus-host disease, when the patient is actually suffering from viral colitis, can result in a fatality. Sigmoidoscopy or colonoscopy are useful in making the diagnosis by providing biopsies from affected areas of colon for histology [52, 122]. Histological examination of biopsies may show viral inclusion bodies or fungal colonies. Appropriate
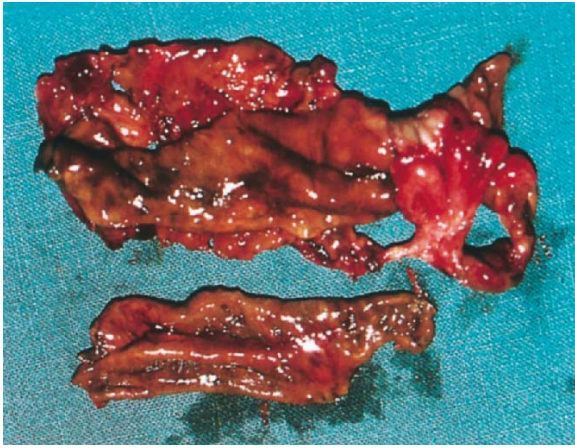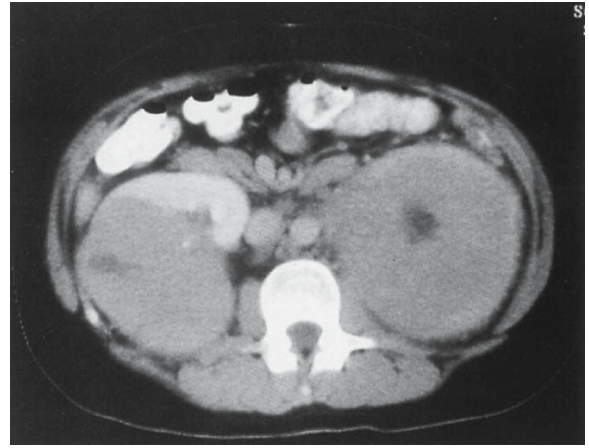
Fig. 22.6 Pseudomembranous colitis.

Fig. 22.7 Bilateral infiltration of the kidney in a patient with recurrent T cell lymphoma: CT scan showing both kidneys involved. This patient had to be treated by dialysis for renal failure.

treatment for proven viral infection is with aciclovir or ganciclovir.

Clostridium-difficile-associated diarrhea is now a common problem in hospitals. Changes in the normal bacterial flora of the colon as a result of antibiotic therapy (especially clindamycin and in infants ampicillin) allows overgrowth of C. difficile with subsequent release of toxins that cause mucosal damage and inflammation [50]. Clinical presentation includes mild to moderate diarrhea, antibiotic-associated colitis with or without pseudomembrane formation, and fulminant colitis (Fig. 22.6). Associated symptoms include abdominal cramps and bloody diarrhea. In instances of fulminating colitis the patient presents with an acute abdomen, fever, tachycardia, and lethargy. Toxic dilatation may develop. Diagnosis depends on demonstration of C. difficile toxins in the stool; sigmoidoscopy or proctoscopy and biopsies may be beneficial as most disease is confined to the rectum or sigmoid. However, in 10 % of cases the colitis is limited to the proximal colon. Unfortunately, colonoscopy in these latter cases, in patients with fulminant colitis, may be complicated by perforation.

The treatment of C. difficile associated colitis is cessation of prior antibiotics, and treatment with vancomycin or flagyl preparations is mandatory. Barrier nursing of infected patients is recommended. Though severe colitis can usually be controlled within 48–72 h with antibiotics and appropriate supportive treatment, in some cases this fails and perforation occurs. Emergency celiotomy is mandatory for instances of proven perforation or severe refractory cases unresponsive to nonoperative management [13, 50] colectomy, ileostomy and construction of a Hartman pouch are often required.

22.4.4 Perianal Lesions

Perianal lesions include localized infections, abscesses, and other causes of inflammation such as graft-versus-host disease and radiation proctitis.

Measures to avoid perianal infections include the following points:
1. Avoid rectal examination and the use of suppositories and enemas.
2. Avoid constipation using laxatives/stool softeners.
3. Avoid diarrhea. Clean perianal skin carefully with water (Sitz baths) and soft cloth. Barrier cream may reduce any skin reaction.

Symptomatic perianal infections are a relatively common occurrence in the neutropenic child, complicating 6% of hospitalized leukemic patients [44]. In the case of the profoundly neutropenic patient, no abscess will develop because of the lack of neutrophils to produce pus. The usual findings are of a mixed culture of colonic organisms [4, 41]. Pseudomonas aeruginosa is particularly pathogenic in this region and may quickly progress to necrotizing fasciitis of the anorectal region [4].

Unlike the patient with an intact immune system where surgical incision and drainage of the abscess forms the basis of treatment, the immunocompromised patient should be treated primarily with broad spectrum antibiotics that cover anaerobic and Gram-negative organisms. The regime used includes intravenous benzylpenicillin, netilmicin, and metronidazole. Granulocyte colony stimulating factor may hasten the return of an immunological response though its role is yet to be proven. Constipation should be treated with stool softeners and laxatives. Pain relief may be required. These patients should be observed closely to make sure

that no abscess develops when the neutrophil count rises and that the cellulitis does not spread resulting in a necrotizing fasciitis [4, 41, 75]. Indications for surgical intervention are obvious fluctuation, a significant amount of necrotic tissue, or progression to a necrotizing infection [44, 75]. There appears to be no increased morbidity or mortality in those requiring operation [44, 75]. The usual procedure is drainage of the abscess.

22.5 Genitourinary Tract Complications

Renal failure may be a complication seen after many years following treatment with cytotoxic agents and radiotherapy. Patients with neuroblastoma and Wilms' tumor are especially susceptible. Another complication seen in patients receiving therapy for bulky tumor is that of uric acid nephropathy discussed under metabolic causes of the acute abdomen (see "tumor lysis syndrome," above).

22.5.1 Hemorrhagic Cystitis

Hemorrhagic cystitis is a complication resulting from cancer therapy. Several causes have been identified, including alkylating agents, infections, and pelvic irradiation.

The oxazaphosphorine alkylating agents, cyclophosphamide and ifosfamide, are the most important causes. Cyclophosphamide was first introduced as an antineoplastic agent in 1957. Within 2 years Coggins, et al. had reported cases of significant hemorrhagic cystitis (Fig. 22.8) [19]. Acrolein, a liver metabolite of cyclophosphamide produced by microsomal enzymatic hydroxylation, has been identified as the cause of the cystitis. The exact mechanism of action is unknown but contact of acrolein with the urothelium causes sloughing of epithelium, development of inflammatory infiltrates, regeneration of a thinner epithelium, and formation of new blood vessels.

Numerous infectious causes are known. Viral pathogens include BK virus, polyoma virus, adenovirus, and cytomegalovirus. They are thought to be most significant in bone marrow transplant patients who are immunosuppressed and already sensitized by cyclophosphamide. These patients seem to develop a late hemorrhagic cystitis weeks or months after transplantation – there may be a link with graft-versus-host disease. Bacterial causes include E. coli, Klebsiella and Proteus, and fungal causes such as Candida albicans, Aspergillus fumigatus and Cryptococcus neoformans are also implicated in immunosuppressed patients [97].

22.5.1.1 Incidence

The incidence of hemorrhagic cystitis ranges from 2% to 40% in adults; in children this complication seems to be less frequent at around 5–10% [55]. The complication appears to be more frequent during the summer, suggesting that there may be a link with dehydration.

22.5.1.2 Clinical Features

The urological side-effects vary from transient irritative voiding symptoms, including urinary frequency, dysuria, urgency, suprapubic discomfort and stangury with microscopic hematuria, to life-threatening hemorrhagic cystitis [57, 95]. Late complications include bladder fibrosis, necrosis, contracture, and vesicoureteric reflux. The onset of symptoms is variable and may occur during the course of therapy or for several months later [57].

Though the severity of hemorrhagic cystitis does not appear to be dose-related, pediatric patients seem to develop cystitis at lower dosage and shorter duration compared with adults – this may be a consequence of the parenteral route of administration used in most children. There is no correlation with age or sex [55, 95]. However, it is a common complication of allogenic blood and marrow transplantation. In a recent paper they concluded it is more prevalent in matched unrelated donors and unrelated cord blood transplantation than matched related donors [28].

22.5.1.3 Diagnosis

The diagnosis is often made clinically. Urine culture must be obtained to rule out infection. Excretory urograms may show anatomical defects and ultrasound can be diagnostic of hemorrhagic cystitis [53]. Urine cytology is frequently used in adults but has not been useful in children. Urine should be examined by electron microscopy for viral infection. Definitive diagnosis requires cystoscopy and biopsy, and can be useful in ruling out other causes.

22.5.1.4 Prevention

Adequate hydration, diuresis, and frequent bladder voiding all reduce the concentration and the time for which the toxic urine is in contact with the bladder [57, 95]. Care must be taken not to cause overhydration as cyclophosphamide is known to cause damage to renal tubules and inappropriate water retention.
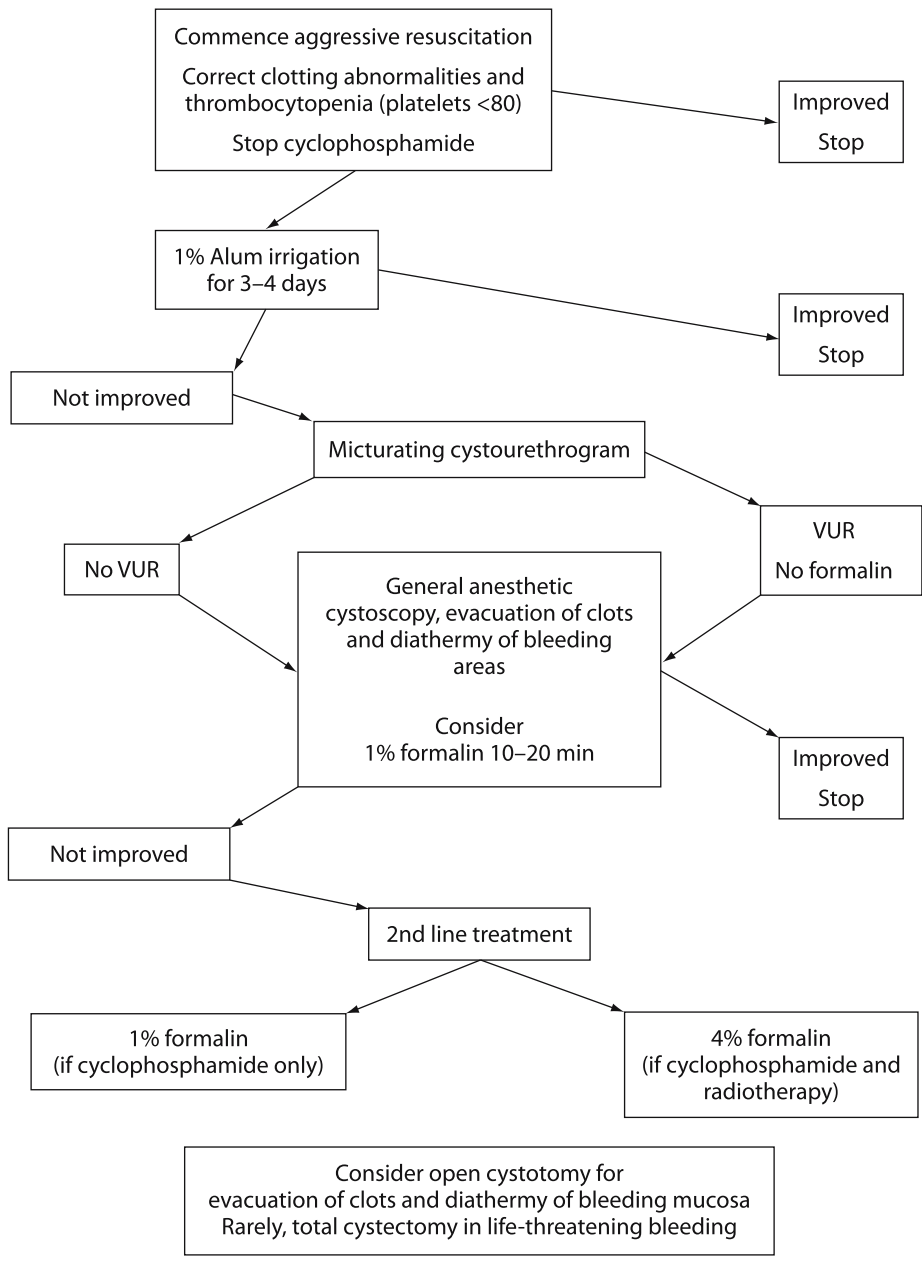
Fig. 22.8 Algorithm for treatment of cyclophosphamide-induced hemorrhagic cystitis as used at the Bristol Royal Hospital for Sick Children. VUR, vesicoureteric reflux.

N-Acetyl cysteine and more recently Mesna (2–mercaptoethane sulfate) have been shown to reduce the incidence of cyclophosphamide-related cystitis [57, 97] by binding and inactivating the toxic acrolein (Table 22.6).

22.5.1.5 Treatment

Many different therapies have been suggested over the last 40 years, few of which have been rigorously tested by randomized controlled trials. Several of the

Table 22.6 Mesna prophylaxis given for cyclophosphamide therapy at the Bristol Royal Hospital for Sick Children

20 mg/kg of intravenous Mesna in 0.9% saline given together with the cyclophosphamide over 1 h
76 mg/kg of intravenous Mesna in maintenance fluids (5% dextrose and 0.225% saline) over the next 23 h
Each urine is checked by dipstix for microscopic hematuria
If hematuria is found then a further 24 h of Mesna is given
Any further doses of cyclophosphamide receive the same regime

management possibilities have only been described in adults (Table 22.7). Fresh frozen plasma, platelets, and blood transfusion should be given as required.

Levine and Richie [57] suggested an algorithm for treatment based on the severity of the disease. Mild acute disease simply requires cessation of cyclophosphamide with good hydration and oral analgesia [55]. More severe disease justifies a more aggressive approach with cystoscopic evacuation of all mucosal clots followed by continuous bladder irrigation with 1–2% alum aluminum potassium sulfate for 2–3 days through a large-bore catheter; alternatively intravesical instillation of prostaglandin F2 followed by cystoscopy, diathermy of any bleeding sites, and instillation of 2.5–4% formalin. In very small children in whom only a very small cystoscope can be passed our experience has been that open cystotomy, clot evacuation, and diathermy of bleeding points can provide excellent control of symptoms and should be considered at an early stage. In unresponsive cases with massive hemorrhage, total cystectomy may be a life-saving procedure.

Though formalin is a well-described treatment, it must be used with extreme caution because of complications of fibrosis, stricture, and renal damage. Before it is used a micturating cystourethrogram must be done to exclude urinary reflux. Formalin should not be used in the presence of reflux.

A review of the presentations and management of children with hemorrhagic cystitis after bone marrow transplantation at The Royal Hospital for Sick Children, Glasgow during the period between 1990 and 1997 showed only six children who developed the disease. During this 8-year period 91 children received a bone marrow transplant. The mean age was 12 years (range 5–15 years); all had prophylaxis with hydration and Mesna. The presentation of hemorrhagic cystitis occurred on average 40 days after chemotherapy (range 26–40 days).

Hemorrhagic cystitis was heralded by a period of microscopic hematuria lasting 4–12 days (mean 9 days). Five patients required continuous irrigation, one with normal saline and his condition settled; the other cases failed due to clot retention and catheter blockage. Irrigation with prostaglandin and alum 1% was tried in two instances but failed to influence the course of the disease. Three children required formal suprapubic vesicostomy with wide stoma; one required temporary urinary diversion and bladder packing and one required emergency cystectomy for massive life-threatening bleeding. Further studies are required to see if earlier intervention during the phase of microscopic hematuria may affect the course of this serious complication. Fibrin glue applied suprapubically while visualizing and insufflating the bladder through a cystoscope achieved hemostasis [81].

22.5.1.6 Outcome

Although hemorrhagic cystitis secondary to cyclophosphamide therapy is usually self-limiting, it can have serious long-term effects especially with regard to bladder fibrosis leading to vesico-ureteric reflux, bladder irritability and incontinence, and ureteric strictures. Renal function may be compromised by the outflow tract obstruction. The long-term problems in some of these patients may require cystectomy or augmentation.

Patients who received more than 50 g of cyclophosphamide probably require long-term surveillance with blood pressure, urinalysis, and assessment of renal function. In addition there is a 4–7% increased risk of bladder malignancy [97]. The risks are greatest in those patients receiving both cyclophosphamide and pelvic irradiation without any uroprotection with Mesna. Urine cytology can be used for early detection of new bladder malignancy [109]. Abnormal cytology or evidence of gross or microscopic hematuria requires further investigation with cystoscopy, bladder biopsy, and excretion urogram.

Table 22.7 Various treatments described for cyclophosphamide induced hemorrhagic

Treatment	Ref.
Cessation of cyclophosphamide	[57]
Hyperhydration	[57]
Frequent or continuous bladder emptying	
Continuous irrigation	[107]
Correction of clotting and platelet abnormalities	
Intravesical therapy with formalin, alum or prostaglandin F2	[21, 37, 54, 56, 73, 82, 89]
Cystoscopy with evacuation of clot and diathermy or laser of hemorrhagic areas	[45]
Open cystotomy, clot evacuation, and diathermy	
Systemic estrogen	[58]
Antiviral therapy if urine cultures are positive	
Cystectomy and neobladder substitution	[77]

22.5.1.7 Other Conditions Affecting the Genitourinary Tract

Renal involvement in non-Hodgkins lymphoma is associated with a poor prognostic factor and renal function should be monitored closely. Renal dysfunction caused by direct tumor involvement may complicate therapy and shorten survival [15]. Ureteral obstruction may be caused by L-asparaginase, an effective antileukemia and antilymphoma agent as it is toxic to many organ systems. This could be managed by a double J stent [18].

Children with leukemia may present with acute testicular swellings which can be mistaken for other acute scrotal conditions, e.g., torsion of the testes, epididymo-orchitis. These children have leukemic infiltration of the testes (Fig. 22.9) and a biopsy usually confirms the presence of leukemic cells in the testes. This is often a presentation in boys who have had treatment for leukemia and have relapsed after their treatment is finished. The testis is considered a "sanctuary site" for tumor persistence and may require irradiation.

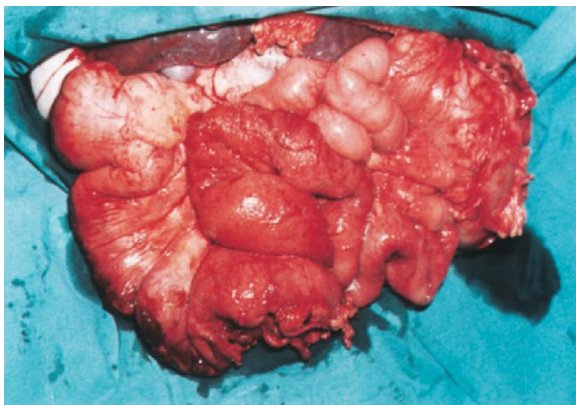**Fig. 22.9** Leukemic infiltration of the testes.

Fig. 22.10 This 4-year-old boy had severe graft-versus-host disease affecting the entire gastrointestinal tract and was managed conservatively for many months. Laparotomy was eventually performed, for persistent intestinal obstruction. Multiple fibrotic strictures were observed and resected. The patient is alive and well 6 years later.

22.6 Intestinal Graft-Versus-Host Disease

Graft-versus-host disease is one of the major complications of bone marrow transplantation. The concept behind transplantation of allograft bone marrow is that new T lymphocyctes will develop which will recognize the host as "self." However, mature T cells may also be transplanted that have already learned what is "not self" and thus may attack host cells that are covered with "foreign" class I and II major histocompatibility antigens.

22.6.1 Clinical Features

Most patients undergoing bone marrow transplantation will develop graft-versus-host disease without specific anti-graft-versus-host disease prophylaxis, at around 2–5 weeks posttransplant. The severity of disease depends on the closeness of the major histocompatibility match, whether the donor marrow has been T cell depleted, the degree of minor histocompatibility match (related to age, sex, race, etc.), and the type of prophylaxis used.

The skin, followed by the gastrointestinal tract (Fig. 22.10) and liver, are the most commonly affected organs. Cutaneous manifestations include pruritus and a fine erythematous or maculopapular rash. In severe cases blistering and desquamation of the skin may occur. A punch biopsy of the skin is required for definitive diagnosis and grading (Table 22.9) of the histological severity of the graft-versus-host disease. In severe disease, the lung can also be affected (though usually in the more chronic form).

Any area of the alimentary tract from the mouth to the anus can be affected. In one study MacGregor, et al. found that up to 70% of patients with graft-versus-host disease had some degree of intestinal involvement [59].

The most common manifestations occur in the small bowel and reflect direct effects on the intestine and secondary infections that develop as a consequence of graft-versus-host disease [24, 32, 66, 101, 108]. Symptoms include nausea, vomiting, abdominal cramps, and diarrhea. The diarrhea may be profuse and cause fluid and electrolyte imbalance. Nutritional problems may occur due to malabsorption and a protein-losing enteropathy. Occasionally mucosal casts are passed per rectum. In severe graft-versus-host disease there can be generalized signs of adynamic ileus,

Table 22.8 Patients at risk of developing acute graft-versus-host disease

1. Bone marrow transplant patients [102]

2. Solid organ transplant patients

3. Transfusion of unirradiated blood products in neonates

4. Transfusion of unirradiated blood products in patients receiving immunosuppressive chemoradiotherapy

Table 22.9 Clinical grading of graft-versus-host disease

Stage	Skin	Bilirubin level (mg/liter)	Intestine
I	Maculopapular rash <25% of BSA	2–3	Diarrhea
		>500 ml/day	
II	Maculopapular rash 25–50% of BSA	3–6	Diarrhea
		>1000 ml/day	
III	Generalized erythroderma	6–15	Diarrhea
		>1500 ml/day	
IV	Generalized erythroderma with bulla formation	>15	Severe abdominal pain, and desquamation with or without ileus

BSA, Body surface area. (From [102])

peritoneal irritation, gastrointestinal bleeding, and perforation: this suggests full thickness inflammation with ulceration.

22.6.2 Investigations

Investigations include blood tests to assess the severity of electrolyte and serum protein levels with complete blood count and a coagulation profile.

Erect and supine abdominal radiographs may show signs of thumb printing, suggesting mucosal edema; pneumatosis may also be observed as erect chest radiographs (or decubitus abdominal radiographs) may show pneumoperitoneum. Contrast barium enema may show typical signs of gastrointestinal graft-versus-host disease but must be used cautiously in very sick patients because of the risks of perforation [33].

Radiological signs include thickened and effaced mucosal folds, thickened bowel wall and rapid transit. In subacute gastrointestinal graft-versus-host disease the contrast studies show a segmental patchy appearance of ulceration with normal and abnormal areas interspersed [33]. Use of CT scan shows fluid-filled, dilated, poorly opacified bowel loops and characteristic abnormally enhanced, thin mucosa.

Histology of intestinal graft-versus-host disease initially shows necrosis of individual intestinal crypt cells (apoptosis). Progression of disease leads to loss of whole crypts with mucosal denudation and ulceration. In extreme circumstances the entire mucosa may be sloughed off [34].

Endoscopic examination can be very useful. The endoscopic appearance of graft-versus-host disease shows edema, erythema, and frank ulceration but these signs are nonspecific [34]. Mucosal biopsy, however, may be characteristic [101] and can help differentiate graft-versus-host disease from opportunistic infections and other causes of colitis [65, 5]. Upper gastrointestinal biopsies have a higher yield than biopsies from the colon or rectum. However, as the disease is patchy the most affected area of bowel should be examined. Invasive procedures such as endoscopy or biopsy should be undertaken because the benefits are often life saving and the actual risks of serious complication are relatively low [5, 49, 101].

22.6.3 Other Problems in Bone Marrow Transplant Patients

In addition to problems with the gastrointestinal tract, the surgeon is occasionally consulted for advice and requests for biopsies to help diagnose problems in patients with liver and respiratory problems. We recently reviewed liver and lung biopsies taken from bone marrow transplant patients at the Bristol Royal Hospital for Sick Children with undiagnosed findings such as worsening liver function and increasing respiratory distress. Of eight liver biopsies (seven by Tru-cut and one by open operation) three were related to graft-versus-host disease, two were due to viral infection, two were related to transfusion siderosis, and one was an aspergilloma. Two open lung biopsies showed one case of cytomegalovirus pneumonitis and one case of radiation fibrosis. Overall we found the complication rate to be low and a number of unsuspected diagnoses were made that altered future management.39

22.6.4 Treatment

Once graft-versus-host disease is documented the treatment is essentially medical with administration of

high-dose steroid immunosuppression. The prognosis of graft-versus-host disease is worse if skin, gut, and liver are all involved. The only indication for surgical intervention is perforation of the intestine. Severe hemorrhage is best treated by aggressive medical management with correction of clotting abnormalities, platelet transfusion, and endoscopy. The results of surgical resection in the acute phase are universally poor. Once the disease is quiescent the areas of sloughed intestinal mucosa may heal by forming a stricture that may require bowel resection.

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