LETTERS

A mechanical explanation of RNA pseudoknot function in programmed ribosomal frameshifting

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The triplet-based genetic code requires that translating ribosomes maintain the reading frame of a messenger RNA faithfully to ensure correct protein synthesis¹. However, in programmed -1 ribosomal frameshifting², a specific subversion of frame maintenance takes place, wherein the ribosome is forced to shift one nucleotide backwards into an overlapping reading frame and to translate an entirely new sequence of amino acids. This process is indispensable in the replication of numerous viral pathogens, including HIV and the coronavirus associated with severe acute respiratory syndrome³, and is also exploited in the expression of several cellular genes⁴. Frameshifting is promoted by an mRNA signal composed of two essential elements: a heptanucleotide 'slippery' sequence⁵ and an adjacent mRNA secondary structure, most often an mRNA pseudoknot⁶. How these components operate together to manipulate the ribosome is unknown. Here we describe the observation of a ribosome-mRNA pseudoknot complex that is stalled in the process of -1 frameshifting. Cryoelectron microscopic imaging of purified mammalian 80S ribosomes from rabbit reticulocytes paused at a coronavirus pseudoknot reveals an intermediate of the frameshifting process. From this it can be seen how the pseudoknot interacts with the ribosome to block the mRNA entrance channel, compromising the translocation process and leading to a spring-like deformation of the P-site transfer RNA. In addition, we identify movements of the likely eukaryotic ribosomal helicase and confirm a direct interaction between the translocase eEF2 and the P-site tRNA. Together, the structural changes provide a mechanical explanation of how the pseudoknot manipulates the ribosome into a different reading

Programmed −1 ribosomal frameshifting was first described in 1985 (ref. 7) but the mechanism of the process has remained elusive. Subsequently⁸⁻¹⁰ it was shown that RNA pseudoknot structures pause ribosomes over a homopolymeric slippery sequence, at which the ribosome-bound tRNAs realign in the −1 frame⁵, but that pausing alone is insufficient to promote frameshifting^{8–11}. To gain insight into this mechanism at the molecular level, we developed a method of purifying rabbit reticulocyte lysate (RRL) ribosomes stalled in the act of decoding a frameshift signal and subjected them to cryoelectron microscopy (cryo-EM) analysis (Methods and Supplementary Fig. 1). Stalled complexes were assembled on a short mRNA transcript containing a variant of the coronavirus IBV frameshift signal⁶ in which the slippery sequence was replaced by a sequence that is unslippery¹² (CGAGGCA). Such complexes have been shown to represent true intermediates, and not 'dead-end' products9-11. Three reconstructions of RRL ribosomes were produced. The first was the translating 80S ribosome, stalled at the IBV pseudoknot (PK) and containing densities consistent with the presence of a P-site

tRNA and elongation factor 2 (eEF2) as judged from modelling and comparative analysis (80S_{PK}; Fig. 1a). The resolution of this reconstruction was 16.2 Å (see Supplementary Information), for which 12,161 out of a total of 17,672 images were selected as being stalled with full and equal occupancy of eEF2, tRNA and pseudoknot. Structural changes associated with pseudoknot-induced -1 frameshifting were then determined by reference to the two control reconstructions. The first of these was an apo-80S ribosome (80S_{Apo}; Fig. 1b), incorporating 10,296 images with a resolution of 14 Å. The second was created by deletion of the pseudoknot loops and connection of the two stems into a single stem-loop (SL; Supplementary Fig. 1) to form a structure capable of stalling the ribosome sufficiently to allow purification but leaving it unable to promote efficient frameshifting¹¹ (80S_{SL}; Fig. 1c). The 80S_{SL} reconstruction resolution was 15.7 Å, for which 9,805 out of 14,887 images were selected as being stalled with tRNA bound. The ribosomes purified with this stem-loop were treated and prepared in exactly the same way as the pseudoknot-engaged ribosome. Any differences observed between these two reconstructions, such as bound cofactors, can therefore be ascribed directly to the action of the functional pseudoknot.

Our reconstructions reveal that the pseudoknot interacts with the ribosome at the entrance to the mRNA channel, in close association with a likely mammalian 80S helicase¹³ (Fig. 2, left panel). This confirms previous suggestions^{13,14} of the possible position of the pseudoknot structure. From the path taken by a short synthetic mRNA through the 70S ribosome decoding site, it has been estimated that mRNA enters the ribosome around nucleotides +13 to +15 (where the first residue of the P-site AUG codon is designated +1 (ref. 14)). In our mRNA the first base of the pseudoknot was at position +14 with respect to the first base of the P-site and thus would be expected to be located at the entrance to the mRNA tunnel as we see it in our map. It has also been shown¹³ that the 70S ribosome can itself act as a helicase for unwinding mRNA secondary structures, with the active site at position +11, located between the head and shoulder of the 30S subunit. Prokaryotic ribosomal proteins S3, S4 and S5 that line the entrance to the tunnel are implicated in helicase activity; they potentially form a ring around the incoming mRNA, acting as a processivity clamp. Superimposition of our pseudoknot-stalled and control maps allows a visual representation of differences between the maps found in this region (Fig. 2). It has been suggested that the mode of action of the pseudoknot arises from stereochemical mismatch between the ribosomal helicase and the pseudoknot structure¹⁴. In our pseudoknot-engaged map, three regions of density surrounding the mRNA entrance tunnel seem to move up and contact the putative pseudoknot structure (Fig. 2, left panel). A yeast model¹⁵ identifies one of these regions as rpS3 (in prokaryotes,

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S3), one as 18S rRNA helix 16, which interacts with rpS9 (S4 in prokaryotes), and a final region as rpS2 (S5 in prokaryotes). In addition, the ubiquitous eukaryotic ribosomal regulatory protein RACK1 undergoes a movement that seems connected to the presence of the pseudoknot. This observation represents the first view of a ribosomal helicase in action. Futhermore, the interaction of the pseudoknot with the mammalian equivalents of S3, S4 and S5 indicates that part of the pseudoknot's functional significance for the elongating ribosome is indeed an interaction with the ribosomal helicase. Resistance of the pseudoknot to the action of the helicase may contribute to the stability of the overall complex, trapping the elongating ribosome.

The 80S_{PK} complex shows a ratchet-like rearrangement of the ribosome linked to the trapping of eEF2 (refs 16, 17). No antibiotics were used to trap eEF2 (as were used in previous studies), indicating that such a structure might indeed be physiological¹⁸. As neither eEF2 nor a ratchet-like rotation is observed in the 80S_{SL} complex, in the 80S_{PK}, the changes can be attributed to the functional pseudoknot structure. These features indicate that the 80S_{PK} ribosome has been stalled by the pseudoknot during translocation, with eEF2 precluding the binding of a tRNA in the A-site until the frameshift has been completed. This first visualization of an elongating eukaryotic ribosome stalled in the act of translocation confirms a direct interaction between eEF2, the translocase, and the P-site tRNA. We can therefore identify translocation as the point in the elongation cycle at which frameshifting occurs, as has been suggested previously 19,20. This interplay of pseudoknot, tRNA, eEF2 and structural rearrangement of the ribosome directly illustrates the dynamic and concerted nature of the frameshifting process.

The P-site tRNA in the pseudoknot-engaged reconstruction is distorted in comparison with the stem-loop reconstruction (Fig. 2, right panel) such that the anticodon is raised by a bending of the tRNA towards the A-site occupied by the tip of eEF2. Although the shape of the T-arm and acceptor stem remains unmodified, the elbow of the tRNA is pushed upwards towards the roof of the P-site (against the large subunit), indicating the presence of opposing forces. The present resolution (16 Å) is insufficient to permit the visualization of atomic details; however, it seems that the conformational change in the tRNA derives essentially from a bending of the D-arm (Fig. 2,

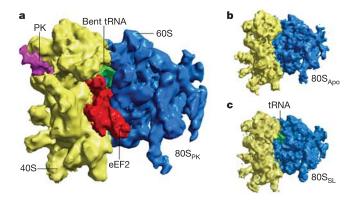


Figure 1 | **Structures of stalled 80S complexes. a**, The pseudoknot-engaged rabbit 80S ribosome ($80S_{PK}$) viewed in profile. The large 60S subunit is coloured blue and the small 40S subunit is coloured yellow. The P-site tRNA stalled within the complex is coloured green, the eukaryotic translocase (eEF2) red and the pseudoknot structure (PK) purple. **b**, The control apo-80S ribosome ($80S_{Apo}$) with the subunits coloured as in **b**. **c**, The structure of a ribosome purified in the same way as $80S_{PK}$, but with the pseudoknot modified to form a stem-loop with greatly reduced capacity to induce frameshifting ($80S_{SL}$). The subunits are coloured as in **b** and **c**; the P-site tRNA stalled within the complex is coloured green.

right panel). The distortion of the P-site tRNA in these complexes is similar to the flexibility of the amino-acyl tRNA previously observed during the accommodation process²¹, in which the processes of codon–anticodon interaction and accommodation of cognate tRNAs are viewed²¹ as a dynamic interplay involving the mechanical properties of tRNA as well as those of the ribosome. The similar mechanical deformation observed in our pseudoknot-stalled complex indicates that the spring-like properties of tRNA might also be important in frameshifting.

The insight into the frameshifting process presented here leads us to propose a mechanical explanation for programmed -1 frameshifting (Fig. 3). When the elongating ribosome encounters the pseudoknot structure, the helicase action at the mRNA entrance tunnel attempts to unwind the pseudoknot but stereochemical mismatch prevents it from doing so. During translocation, the movement of tRNA through the ribosome is resisted by tension developed in the mRNA strand by the pseudoknot blockage at the tunnel entrance (as suggested previously²²). The mRNA in turn is connected to the tRNA by means of the codon-anticodon interaction. Because the tRNA is prevented from returning to the A-site by the presence of eEF2, the ribosome, in attempting to translocate the anticodon into the authentic P-site, places strain on the tRNA that results in the adoption of a bent conformation. The opposing actions of translocation, catalysed by eEF2, and pulling from the mRNA strand account for the bending of the tRNA, spring-like, in a (+) sense (3' direction) and the movement of the elbow of the tRNA into the roof of the P-site. These opposing forces place a strain on the codon-anticodon interaction that promotes breakage. Subsequent relaxation of the bent tRNA structure would then be in a (-) sense

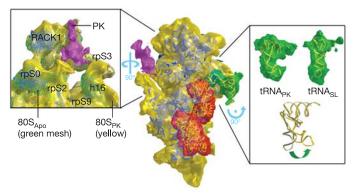


Figure 2 | Atomic fits to the small subunit and bound cofactors of the **pseudoknot-engaged ribosome.** In the centre the small subunit is viewed in a similar orientation to that of Fig. 1, with the large subunit removed computationally. The subunit, tRNA, eEF2 and pseudoknot are coloured as in Fig. 1. The yeast atomic model for the small subunit¹⁵ has been fitted to the subunit itself (blue ribbons), the structure of eEF2 (ref. 18) to the corresponding density (yellow coil), and the tRNA stalled within the complex likewise (yellow ribbon). A stereo view of the central image is provided in Supplementary Fig. 2. Left and right: close-up views, rotated as indicated to afford a detailed picture of the structural changes associated with the engaged pseudoknot (left) and the stalled tRNA (right). Left: a view from the solvent face of the 80S_{PK} small subunit (yellow), with the 80S_{Apo} structure (green mesh) superimposed. Movements of the subunit in the 80S_{PK} ribosome up and towards the pseudoknot structure relative to the 80S_{Apo} ribosome can be seen. Here the atomic fits (blue ribbon) are to the 80S_{Apo} structure. From this fitting the movements can be associated with the eukaryotic equivalents of the prokaryotic helicase. Although the positioning of the pseudoknot itself is clear, the mRNA passing through the entrance channel is too thin to be distinguished at the current resolution. Right: a comparison of the 80S_{PK} (top left) and the 80S_{SL} (top right) tRNAs (density in green; fitted atomic models in yellow). At the bottom a superposition of the two models is shown, showing the bending of the 80S_{PK} tRNA.

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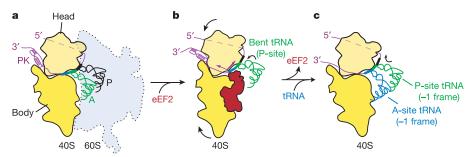


Figure 3 | A mechanical model for pseudoknot-induced -1 frameshifting. Three different states of the small subunit translating an mRNA containing a pseudoknot that induces -1 frameshifting are shown. **a**, The elongating ribosome approaching the pseudoknot in the zero reading frame. **b**, Engagement with the pseudoknot, generating a frameshifting intermediate in which the small subunit is stalled during translocation with eEF2 bound,

causing tension in the mRNA that bends the P-site tRNA in a (+) sense direction. As a result the anticodon–codon interaction breaks over the slippery sequence, allowing a spring-like relaxation of the tRNA in a (-) sense direction. \mathbf{c} , Re-engagement of the tRNA with the mRNA, leaving the ribosome translating in the -1 reading frame.

(5' direction), allowing the tRNA to re-pair with the mRNA in the −1 position. In support of this model, slippery sequences possessing a G-triplet or C-triplet in the A-site position show greatly reduced frameshifting⁵, which is explicable in terms of increased stability of the codon-anticodon complex and the consequent increased resistance to the mechanical forces applied. The mechanical model also offers an explanation for the capacity of RNAs of differing secondary structure to promote frameshifting to different extents^{2,12}. The interaction between these RNA structures and the 80S helicase is likely to be influenced both by conformational features and relative stability, so the amount of the strain on the tRNA and the likelihood of breakage of the codon-anticodon pair will depend on the secondary structure of the mRNA. For secondary structures that do not lead to frameshifting, including the SL used here, we propose that the helicase unwinds them in defined triplet steps coupled to normal translocation¹³, limiting mRNA tension. Such structures could still induce ribosomal pausing^{10,11}, by virtue of their stability, but would be unable to generate the mRNA tension required for the distortion of tRNA and the induction of frameshifting during translocation.

METHODS

Detailed methods are given in Supplementary Methods.

Isolation of paused 80S mRNA complexes. Messenger RNAs (about 190 nucleotides) containing the minimal IBV pseudoknot²³ or related stem-loop structure²³ were preannealed to a biotinylated RNA oligonucleotide and translated in rabbit reticulocyte lysates for 15 min at 27 °C before the addition of cycloheximide. Ribosomes were pelleted through a sucrose cushion, resuspended and loaded on an avidin column. After extensive washing, mRNA−ribosome complexes were released by targeting a DNA oligonucleotide to a region downstream of the pseudoknot/stem-loop and adding RNase H (see Supplementary Fig. 1). Aliquots of ribosomes were taken and frozen at −70 °C before cryo-EM.

Cryo-EM, image processing and fitting of atomic structures. After particle picking and correction for contrast transfer function, the $80\mathrm{S}_{\mathrm{Apo}}$ data were used to generate a reconstruction *ab initio* with the use of IMAGIC²⁴, refined iteratively in SPIDER²⁵. The $80\mathrm{S}_{\mathrm{Apo}}$ map was used to align the $80\mathrm{S}_{\mathrm{PK}}$ or $80\mathrm{S}_{\mathrm{SL}}$ images, which were then also refined iteratively. Final maps were scaled in reciprocal space and sharpened by the application of a *B* factor of $-500\,\text{Å}^2$. Fourier shell correlation (0.5 criterion) indicated the resolutions of the maps as follows: $80\mathrm{S}_{\mathrm{Apo}}$, $14.0\,\text{Å}$; $80\mathrm{S}_{\mathrm{SL}}$, $15.7\,\text{Å}$; $80\mathrm{S}_{\mathrm{PK}}$, $16.2\,\text{Å}$. Atomic fitting was performed with O^{26} and URO²⁷, making use of the published yeast atomic model¹⁵, and Protein Data Bank entries 1NOU and 2TRA. Figures were generated with BOBSCRIPT²⁸ and Raster3D²⁹.

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Author Information Electron-density maps have been deposited in the European Bioinformatics Institute Electron Microscopy database, accession numbers EMD-1197, EMD-1198 and EMD-1199 (www.ebi.ac.uk/msd/iims/3D_EMdep.html). Reprints and permissions information is available at npg.nature.com/reprintsandpermissions. The authors declare no competing financial interests. Correspondence and requests for materials should be addressed to I.B. (ib103@mole.bio.cam.ac.uk) or R.J.C.G. (gilbert@strubi.ox.ac.uk).