# Cardiovascular Health Disparities in Racial and Other Underrepresented Groups: Initial Results From the All of Us Research Program 

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BACKGROUND: All of Us is a novel research program that aims to accelerate research in populations traditionally underrepresented in biomedical research. Our objective was to evaluate the burden of cardiovascular disease (CVD) in broadly defined underrepresented groups.

METHODS AND RESULTS: We evaluated the latest data release of All of Us. We conducted a cross-sectional analysis combining survey and electronic health record data to estimate the prevalence of CVD upon enrollment in underrepresented groups defined by race, ethnicity, age (>75 years), disability (not able to carry out everyday physical activities), sexual orientation and gender identity lesbian, gay, bisexual, transgender, queer, intersex, and asexual (LGBTQIA+), income (annual household income $<\$ 35000$ US dollars) and education (less than a high school degree). We used multivariate logistic regression to estimate the adjusted odds ratio (OR) and product terms to test for interaction. The latest All of Us data release includes 315297 participants. Of these, 230577 (73\%) had information on CVD and 17958 had CVD (overall prevalence, 7.8\%; 95\% CI, 7.77.9). Multivariate analyses adjusted by hypertension, hyperlipidemia, type 2 diabetes mellitus, body mass index, and smoking indicated that, compared with White participants, Black participants had a higher adjusted odds of CVD (OR, 1.21; 95\% CI, 1.16-1.27). Higher adjusted odds of CVD were also observed in underrepresented groups defined by other factors, including age >75 years (OR, 1.90; 95\% CI, 1.81-1.99), disability (OR, 1.60; 95\% CI, 1.53-1.68), and income <\$35 000 US dollars (OR, $1.22 ; 95 \% \mathrm{Cl}, 1.17-1.27$ ). Sex significantly modified the odds of CVD in several of the evaluated groups.

CONCLUSIONS: Among participants enrolled in All of Us, underrepresented groups defined based on race, ethnicity and other factors have a disproportionately high burden of CVD. The All of Us research program constitutes a powerful platform to accelerate research focused on individuals in underrepresented groups.

Key Words: All of Us ■ cardiovascular disease ■ disparities research ■ myocardial infarction ■ stroke

Cardiovascular disease (CVD) is a wellestablished determinant of morbidity and mortality across the lifespan. ${ }^{1}$ Mounting evidence
indicates that racial and ethnic underrepresented groups carry a disproportionate burden of CVD. ${ }^{2}$ It is increasingly recognized that underrepresented

[^0]groups defined by features other than race and ethnicity may also be at higher risk of CVD. ${ }^{3}$ As an example, although CVD prevalence has decreased consistently in high-resource groups, this is not true for the remainder of the population, where CVD prevalence has decreased less consistently, remained stable, or even increased. ${ }^{4}$ Another relevant example pertains to transgender people, for whom the prevalence of myocardial infarction is higher than in the general population. ${ }^{5}$ The recently introduced All of Us Research Program seeks to accelerate precision medicine research by acquiring and publicly sharing health data from 1 million Americans. ${ }^{6}$ Because one of its goals is to reduce health disparities across underrepresented groups, All of Us provides an updated framework to define underrepresented groups based not only on race and ethnicity but also on age, disability, education, income, and gender identity and sexual orientation. We used the latest release of All of Us data to evaluate cardiovascular health disparities in underrepresented groups defined by this novel framework.

## METHODS

## Data Availability

All data are publicly available at www.allofus.nih.gov. All analyses were conducted within a secure informatic workspace provided by the National Institutes of Health that allows users to access and analyze a centralized version of the All of Us data. All study participants provided written informed consent. We used release version number 4, which comprises data from all participants who enrolled from the beginning of the program on May 30, 2017, to August 1, 2020.

## Study Design

The All of Us Research Program protocol has been previously published. ${ }^{7}$ The All of Us protocol and materials have been approved by a dedicated institutional review board, the All of Us Institutional Review Board. Briefly, All of Us aims to enroll at least 1 million Americans who agree to share their electronic health record data, donate biospecimens, respond to surveys, and have standardized physical measurements taken. Inclusion criteria are age $\geq 18$ years and capacity to provide consent.

## Baseline Data

Participants are given several baseline health surveys and undergo an evaluation for physical measurements. All of Us uses several means to collect longitudinal health data, including continuous abstraction
of electronic health record data in the form of billing codes, laboratory and medication data, radiology reports, and narrative content and linkage with other data sources. ${ }^{8}$ Because "date of consent," required to calculate age, was missing for a substantial portion of the study participants, it was imputed using the age at the start of the study (May 30, 2017) when missing.

## Identification of Underrepresented Populations

Given the wide variation in the definition of underrepresented groups, we followed the framework and definitions provided by All of Us (Figure S1). We used information from the baseline survey to identify selfreported race and ethnicity, which comprised the following categories: Hispanic/Latino/a/x participants (regardless of race), non-Hispanic White participants, non-Hispanic Black participants, non-Hispanic Asian participants, non-Hispanic other participants (including participants reporting another single population or none of these), and non-Hispanic $>1$ race selected. Other underrepresented groups were identified based on age (older adults, as defined by age >75 years), physical disability (those who answer that they cannot carry out every day physical activities at all or only a little), education (less than a high school degree), income level ( $<35000$ US dollars of yearly household income), and sex at birth (nonbinary), sexual orientation (participants who identify as asexual, bisexual, gay, or lesbian) or gender identity (participants who identify as something else than their sex at birth).

## Ascertainment of CVD

We defined CVD as a composite of coronary artery disease or stroke (both ischemic and hemorrhagic). Coronary heart disease was identified from electronic health records using the International Classification of Diseases, Ninth Revision (ICD-9) diagnostic codes, ICD-9 procedure codes, International Classification of Diseases, Tenth Revision (ICD-10) diagnostic codes, and $I C D-10$ procedure codes following the MidSouth Clinical Data Research Network Coronary Heart Disease Algorithm (Table S1) or by answering affirmatively to either of the following questions: "Has a doctor or health care provider ever told you that you had a heart attack?" "Has a doctor or health care provider ever told you that you have coronary artery/ coronary heart disease?" Stroke cases were identified using previously validated $I C D-9$ and $I C D-10$ codes (Table S1) or by answering affirmatively to the question, "Has a doctor or health care provider ever told you that you had a stroke?"9-11 We used a similar approach combining self-reported responses to the past medical
history survey and data from diagnosis codes in the electronic health record data to ascertain the presence of prominent vascular risk factors, including hypertension (Observational Medical Outcomes Partnership code 316866), hyperlipidemia (Observational Medical Outcomes Partnership code 432867), and type 2 diabetes mellitus (Observational Medical Outcomes Partnership code 201826), and used self-reported data from the lifestyle survey to ascertain smoking status. In addition, we used data from physical measurements to calculate the body mass index.

## Statistical Analysis

We used chi-squared tests and the $t$ test, ANOVA, or Mann-Whitney $U$ test for unadjusted comparisons of discrete and continuous variables, respectively. We estimated the prevalence of CVD as the number of study participants with CVD divided by the total number of study participants with available data and calculated the $95 \% \mathrm{Cl}$ for the proportion using the formula $p \pm 1.96 \times \sqrt{\frac{p \times(1-p)}{n}}$ where $p$ is the proportion estimate in the sample, and $n$ is the sample size. We used univariable and multivariable logistic regression to estimate the odds ratios (ORs) of CVD for each underrepresented group. Multivariable models were adjusted for sex, age, and vascular risk factors. Our primary analysis was a complete case analysis. In sensitivity analysis, we imputed missing data using predictive mean matching for continuous data, logistic regression imputation for dichotomous data, and multinomial regression imputation for discrete data with $>2$ categories. We used product terms to test for interaction between sex at birth and underrepresented groups. A 2 -tailed $P$ value of $<0.05$ was considered to be statistically significant. Analysis was conducted using $R$ version 4.0.5 in a Jupyter Notebook environment.

## RESULTS

The current release of All of Us includes data from 315297 participants. Of these, 230577 (73\%) had information on CVD. Age at consent was 51.217 (meanSD) years, and 141896 ( $61 \%$ ) were women (Table 1). The overall prevalence of CVD was $7.8 \%$ ( $\mathrm{n}=17$ 958; 95\% $\mathrm{Cl}, 7.7-7.9$ ), varying widely across several of the underrepresented groups (Figure). Underrepresented groups with a higher prevalence of CVD also had worse cardiovascular health based on the evaluation of 5 prominent risk factors (Table 1 and Table S2).

Multivariate analyses adjusting for age, sex, and vascular risk factors indicated that, compared with White participants, Black participants had a higher adjusted odds of CVD (OR, $1.21 ; 95 \% \mathrm{Cl}, 1.16-1.27$ ). Higher adjusted odds of CVD were also observed in underrepresented groups defined by factors other than
race and ethnicity (Table 2), including age $>75$ years (OR, 1.90; 95\% Cl, 1.81-1.99), disability (OR, 1.60; $95 \% \mathrm{Cl}, 1.53-1.68$ ), and income $<\$ 35000$ US dollars (OR, 1.22; 95\% CI, 1.17-1.27). In contrast, Hispanic/ Latino/a/x participants (OR, 0.84; 95\% CI, 0.79-0.89), Asian participants (OR, $0.85 ; 95 \% \mathrm{Cl}, 0.74-0.98$ ), and people with less than a high school degree (OR, 0.90; $95 \% \mathrm{Cl}, 0.85-0.96$ ) had lower adjusted odds of CVD. Full results are displayed in Table 2. Sensitivity analysis imputing missing data yielded consistent results (data not shown).

Sex significantly modified the odds of CVD identified in several of the evaluated groups (Table S3). The higher odds of CVD in Black participants versus White participants was driven by women (OR, 1.40; $95 \% \mathrm{Cl}, 1.32-1.49$; interaction, $P<0.001$ ), without a significant difference in men (OR, 1.02; 95\% $\mathrm{Cl}, 0.95-1.10$ ). In underrepresented groups defined by factors other than race, ethnicity, older age and male sex synergistically increased the odds of CVD (interaction, $P<0.001$ ), with older men versus women having significantly higher estimates (OR, 2.11 [95\% $\mathrm{Cl}, 1.98-2.25]$ versus $\mathrm{OR}, 1.69$ [ $95 \% \mathrm{Cl}, 1.57-1.81]$ ). Similarly, disability and female sex synergistically increased the odds of CVD (interaction, $P<0.001$ ), with women who were disabled versus women who were not disabled having significantly higher estimates (OR, 1.82 [ $95 \% \mathrm{Cl}, 1.71-1.94]$ versus OR, 1.37 [95\% CI, 1.27-1.48]).

## DISCUSSION

We report the results of a cross-sectional study aimed to evaluate cardiovascular health disparities across different underrepresented groups enrolled in All of Us, the largest population-based open-access study implemented in the United States to date. Following a novel approach proposed by the All of Us program, we studied underrepresented groups defined not only by race and ethnicity but also based on age, disability, education, income, and gender identity and sexual orientation. ${ }^{3}$ We found that several of these underrepresented groups had higher burdens of CVD.

This study provides important evidence confirming the scientific consistency of the first data release of All of Us. Several large observational studies have found that Black participants have a higher prevalence of CVD. ${ }^{12-15}$ Although the unadjusted CVD prevalence was lower in Black participants in our analysis, multivariate analysis showed higher adjusted odds in this group. In addition, we found a lower CVD prevalence in Hispanic/Latino/a/x participants, in concordance with previous work showing lower CVD prevalence and mortality in this population, a phenomenon termed "the Hispanic paradox,"
Table 1. Underrepresented Populations in the All of Us Cohort

| Underrepresented groups | All enrolled people ( $\mathrm{n}=315$ 297) | No PMH/EHR data ( $\mathrm{n}=84720$ ) | With PMH/EHR data ( $\mathrm{n}=230577$ ) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | All* | Hypertension | Hyperlipidemia | Type 2 DM | Ever smoked | BMI |
| Race/ethnicity, n (\%) |  |  |  |  |  |  |  |  |
| White | 162330 (51.5) | 36006 (42.5) | 126324 (54.8) | 54367 (43.0) | 58687 (46.5) | 17059 (13.5) | 52629 (42.5) | 29.19 (7.18) |
| Black | 66954 (21.2) | 23584 (27.8) | 43370 (18.8) | 23044 (53.1) | 14370 (33.1) | 9893 (22.8) | 20372 (48.9) | 31.62 (8.80) |
| Hispanic/Latino/a/x | 59283 (18.8) | 16887 (19.9) | 42396 (18.4) | 15317 (36.1) | 12756 (30.1) | 8386 (19.8) | 12227 (29.6) | 30.72 (7.32) |
| Asian | 10276 (3.3) | 3500 (4.1) | 6776 (2.9) | 1682 (24.8) | 2000 (29.5) | 759 (11.2) | 1088 (16.4) | 25.31 (5.21) |
| Other ${ }^{\dagger}$ | 5470 (1.7) | 1546 (1.8) | 3924 (1.7) | 1532 (39.0) | 1453 (37.0) | 666 (17.0) | 1631 (43.1) | 29.53 (7.54) |
| $>1$ | 4950 (1.6) | 1348 (1.6) | 3602 (1.6) | 1128 (31.3) | 1017 (28.2) | 398 (11.0) | 1364 (39.1) | 29.39 (8.00) |
| Did not answer | 6034 (1.9) | 1849 (2.2) | 4185 (1.8) | 2007 (48.0) | 1708 (40.8) | 821 (19.6) | 1729 (48.9) | 29.66 (7.42) |
| Age, n (\%) |  |  |  |  |  |  |  |  |
| $<75$ y | 297030 (94.2) | 81577 (96.3) | 215453 (93.4) | 88048 (40.9) | 80880 (37.5) | 34570 (16.0) | 83612 (39.9) | 29.99 (7.75) |
| >75y | 18267 (5.8) | 3143 (3.7) | 15124 (6.6) | 11029 (72.9) | 11111 (73.5) | 3412 (22.6) | 7428 (50.2) | 28.17 (5.60) |
| Disability, n (\%) |  |  |  |  |  |  |  |  |
| Without disability | 272982 (86.6) | 68896 (81.3) | 204086 (88.5) | 83105 (40.7) | 79545 (39.0) | 29738 (14.6) | 78283 (39.2) | 29.52 (7.33) |
| With disability | 30670 (9.7) | 7777 (9.2) | 22893 (9.9) | 14325 (62.6) | 11075 (48.4) | 7506 (32.8) | 11644 (52.4) | 33.03 (9.45) |
| Did not answer | 11645 (3.7) | 8047 (9.5) | 3598 (1.6) | 1647 (45.8) | 1371 (38.1) | 738 (20.5) | 1113 (48.3) | 29.56 (7.24) |
| Sex/gender, n (\%) |  |  |  |  |  |  |  |  |
| LGBTQIA+, no | 272870 (86.5) | 72065 (85.1) | 200805 (87.1) | 87372 (43.5) | 81884 (40.8) | 33241 (16.6) | 78085 (39.8) | 29.85 (7.58) |
| LGBTQIA+, yes | 42427 (13.5) | 12655 (14.9) | 29772 (12.9) | 11705 (39.3) | 10107 (33.9) | 4741 (15.9) | 12955 (46.0) | 30.01 (8.02) |
| Education, n (\%) |  |  |  |  |  |  |  |  |
| High school completed | 275881 (87.5) | 71649 (84.6) | 204232 (88.6) | 86432 (42.3) | 82695 (40.5) | 31390 (15.4) | 78098 (39.2) | 29.78 (7.61) |
| Less than high school | 31984 (10.1) | 10414 (12.3) | 21570 (9.4) | 10320 (47.8) | 7589 (35.2) | 5605 (26.0) | 10858 (52.1) | 30.72 (7.90) |
| Did not answer | 7432 (2.4) | 2657 (3.1) | 4775 (2.1) | 2325 (48.7) | 1707 (35.7) | 987 (20.7) | 2084 (48.4) | 29.69 (7.60) |
| Income, n (\%) |  |  |  |  |  |  |  |  |
| Household income >35000 US dollars | 141199 (44.8) | 32363 (38.2) | 108836 (47.2) | 43115 (39.6) | 48101 (44.2) | 13158 (12.1) | 36446 (34.1) | 29.06 (6.86) |
| Household income $\leq 35000$ US dollars | 111266 (35.3) | 33835 (39.9) | 77431 (33.6) | 35719 (46.1) | 27245 (35.2) | 16055 (20.7) | 38570 (51.3) | 30.99 (8.48) |
| Did not answer | 62832 (19.9) | 18522 (21.9) | 44310 (19.2) | 20243 (45.7) | 16645 (37.6) | 8769 (19.8) | 16024 (37.9) | 29.78 (7.52) |

 Hispanic $>1$ race selected; HSD, high school degree; LGBTQIA+, lesbian, gay, bisexual, transgender, queer, intersex, and asexual; and PMH, past medical history.
 tParticipants who did not self-report as "Hispanic, Latino or Spanish," the "
 of these fully describe me" (options are White, Black, African American, or African, Asian, Middle Eastern or North African, Native Hawaiian or other Pacific Islander).


Figure. Prevalence of cardiovascular disease in underrepresented groups enrolled in All of Us.
A, Point estimates and 95\% Cls for cardiovascular disease prevalence across underrepresented groups enrolled in the All of Us research program. B, Same analyses after stratifying by gender. Error bars correspond to $95 \%$ Cls. ns=nonsignificant. **P<0.05. ${ }^{* * *} P<0.001$. All $P$ values correspond to univariable analyses. HSD indicates high school degree; LGBTQIA+, lesbian, gay, bisexual, transgender, queer, intersex, and asexual; and R/E, race/ethnicity.
with several hypotheses proposed as possible explanations, including behavioral (the acculturation theory and the healthy migrant hypothesis), nutritional, genetic, and psychosocial characteristics. ${ }^{16}$ The prevalence of CVD was also lower in Asian individuals, as has been reported previously. ${ }^{17}$

Our results extend the existing knowledge in the field of CVD disparities by showing that individuals
in underrepresented groups defined by factors other than race and ethnicity carry a disproportionate burden of CVD, including people who were older, disabled, or had a household income $<\$ 35000$. In addition, our findings highlight the prominent role of sex as an effect modifier within several of these underrepresented groups. Understanding the specific genetic, social, and biological mechanisms that

Table 2. Prevalence of Cardiovascular Disease in Underrepresented Groups Enrolled in All of Us

| Group | Age in y , mean $\pm$ SD | Female sex at birth, n (\%) | Prevalence estimate (95\% CI) | Univariable regression, OR (95\% CI) | Multivariable regression, OR (95\% CI)* |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Race/ethnicity |  |  |  |  |  |
| White | $54.7 \pm 16.8$ | 76653 (61) | 8.8 (8.7-9.0) | Reference | Reference |
| Asian | $43.1 \pm 16.7$ | 4138 (61) | 4.0 (3.6-4.5) | 0.43 (0.38-0.49) | 0.85 (0.74-0.98) |
| Hispanic/Latino/a/x | $44.6 \pm 15.8$ | 28949 (68) | 4.7 (4.5-4.8) | 0.51 (0.48-0.53) | 0.84 (0.79-0.89) |
| Other ${ }^{\ddagger}$ | $48.6 \pm 16.7$ | 4532 (60) | 8.0 (7.2-9.0) | 0.90 (0.80-1.01) | 1.20 (1.05-1.36) |
| >1 | $42.5 \pm 16.7$ | 2362 (65.6) | 4.9 (4.3-5.7) | 0.54 (0.46-0.62) | 1.01 (0.85-1.20) |
| Black | $49.5 \pm 14.5$ | 25646 (59) | 8.4 (8.2-8.7) | 0.95 (0.91-0.98) | 1.21 (1.16-1.27) |
| Age |  |  |  |  |  |
| $<75 \mathrm{y}$ | $49.2 \pm 15.5$ | 134079 (62) | 6.8 (6.7-6.9) | Reference | Reference |
| $\geq 75$ y | $79.0 \pm 3.0$ | 7817 (52) | 21.9 (21.3-22.6) | 3.86 (3.70-4.02) | 1.90 (1.81-1.99) |
| Disability |  |  |  |  |  |
| No | $51.0 \pm 17.0$ | 125532 (61) | 7.1 (7.0-7.2) | Reference | Reference |
| Yes | $53.1 \pm 13.9$ | 14689 (64) | 13.5 (13.0-13.9) | 2.03 (1.95-2.11) | 1.60 (1.53-1.68) |
| Sex/gender |  |  |  |  |  |
| LGBTQIA+, no | $51.9 \pm 16.6$ | 126248 (63) | 7.9 (7.8-8.1) | Reference | Reference |
| LGBTQIA+, yes | $46.7 \pm 16.9$ | 15648 (53) | 6.7 (6.4-7.0) | 0.83 (0.79-0.87) | 1.01 (0.95-1.07) |
| Education |  |  |  |  |  |
| High school degree or more | $51.3 \pm 17.0$ | 126799 (62) | 7.8 (7.7-7.9) | Reference | Reference |
| Less than a high school degree | $49.8 \pm 14.9$ | 12901 (60) | 7.1 (6.8-7.5) | 0.90 (0.86-0.95) | 0.90 (0.85-0.96) |
| Income ${ }^{\dagger}$ |  |  |  |  |  |
| >\$35000 US dollars | $53.2 \pm 16.6$ | 66746 (61) | 7.6 (7.5-7.8) | Reference | Reference |
| <\$35000 US dollars | $48.4 \pm 16.3$ | 47470 (61) | 8.0 (7.8-8.2) | 1.06 (1.02-1.09) | 1.22 (1.17-1.27) |

LGBTQIA+ indicates lesbian, gay, bisexual, transgender, queer, intersex, and asexual; OR, odds ratio; and >1, non-Hispanic >1 race selected.
*Following are the number of records excluded per model: race/ethnicity=28 370, age=24 997, disability=27 190, sex/gender=24 997, education=29 155, income=65 522.
†Income corresponds to annual household income.
扌Participants who did not self-report as "Hispanic, Latino or Spanish,",the "other" category comprises the following two categories from All of Us questionnaires: Another single population: participants self-reporting either Middle Eastern or North African or Native Hawaiian or other Pacific Islander (please note All of Us does not provide disaggregated data on these yet). None of these populations: participants self-reporting "None of these fully describe me" (options are White, Black, African American, or African, Asian, Middle Eastern or North African, Native Hawaiian or other Pacific Islander).
mediate the observed higher burden of CVD in these underrepresented groups is beyond the scope of this work, but the clear identification of these disparities sets the stage for follow-up research on this front. In accordance with prior reports, participants with a lower education level had an overall worse profile of cardiovascular risk factors. ${ }^{18}$ However, the observed lower adjusted odds of CVD in this group indicates that the All of Us cohort may have differences with other cohorts that have been used to study health disparities.

Our work has a number of limitations. First, the cross-sectional design precludes the possibility of deriving any causal conclusions from these analyses. Second, observational studies can be subject to "volunteer bias," as healthy people are more likely to enroll in these studies. Although recall bias could also be present, the combined use of electronic health record and self-reported data to ascertain outcomes and risk factors limits the impact of this
type of bias. Third, information on disaggregated Hispanic/Latino/a/x ethnicity and Asian descent is not yet available in All of Us, and data from the overall Hispanic/Latino/a/x and Asian categories are not necessarily representative of any individual subgroup within these 2 broad race and ethnic categories. Finally, although unmeasured confounders could play a role, these results are descriptive in nature and are not intended to draw causal conclusions.

In summary, we report the findings of the first study based on All of Us focused on evaluating the burden of CVD in underrepresented groups. We offer important evidence of the resource's potential and report a higher burden of CVD in underrepresented groups defined by factors other than race and ethnicity. Our results underscore the urgency of addressing cardiovascular health disparities across broadly defined underrepresented groups and point to All of Us, which will soon release genomic and other layers of data, as a promising resource to advance research in this area.

## ARTICLE INFORMATION

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## Disclosures

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## Supplementary Material

Tables S1-S3
Figure S1

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## SUPPLEMENTAL MATERIAL

Table S1. Codes used to ascertain outcomes in the electronic health records (EHR).

| Coding standard | Coronary heart disease* | Stroke |
| :---: | :---: | :---: |
| ICD-9 CM | 410, 411, 412, 413, 414, 429.7, V45.81, V46.82 | $\begin{aligned} & \text { 430, 431, 434.0, 434.1, } \\ & 434.9,436 . X \\ & \hline \end{aligned}$ |
| ICD-9 procedure codes | $\begin{aligned} & 36.01,36.02,36.03,36.05,36.09,36.10,36.12,36.13 \\ & 36.14,36.15,36.16,36.17,36.18,36.19 \\ & \hline \end{aligned}$ |  |
| ICD-10 CM | I20.0, I20.1, I20.8, I20.9, I21.09, I21.11, I21.19, I21.29, I21.3, I21.4, I23.0, I24.0, I24.1, I24.8, I25.10, I25.2, I25.3, I25.41, I25.42, I25.5, I25.810, I25.811, I25.812, I25.82, I25.83, I25.84, I25.89, I25.9, I51.0. I51.1, I51.2, I51.3, I51.4, I51.5, I51.7, I51.81, I51.89, I51.9, I97.0, I97.110, I97.130, 197.190, Z95.1, Z98.61 | I60, I60.0 , I60.1, I60.2, I60.3, I60.4, I60.5, I60.6, I60.7, I60.8, I60.9, I61, I61.0, I61.1, I61.2, <br> I61.3, I61.4, I61.5, I61.6, I61.8, I61.9, I63, I63.0, I63.1, I63.2, I63.3, I63.4, I63.5, I63.6, I63.8, I63.9, I63.X, I64, I64.X |
| ICD-10 procedure codes | 0210093, 0210098, 0210099, 021009C, 021009F, 021009W, 02100A3, 02100A8, 02100A9, 02100AC, 02100AF, 02100AW, 02100J3, 02100J8, 02100J9, 02100JC, 02100JF, 02100JW, 02100K3, 02100K8, 02100K9, 02100KC, 02100KF, 02100KW, 02100Z3, 02100Z8, 02100Z9, 02100ZC, 02100ZF, 0210493, 0210498, 0210499, 021049C, 021049F, 021049W, 02104A3, 02104A8, 02104A9, 02104AC, 02104AF, 02104AW, 02104J3, 02104J8, 02104J9, 02104JC, 02104JF, 02104JW, 02104K3, 02104K8, 02104K9, 02104KC, 02104KF, 02104KW, 02104Z3, 02104Z8, 02104Z9, 02104ZC, 02104ZF, 0211098, 0211099, 021109C, 021109W, 02110A8, 02110A9, 02110AC, 02110AW, 02110J8, 02110J9, 02110JC, 02110JW, 02110K8, 02110K9, 02110KC, 02110KW, 02110Z8, 02110Z9, 02110ZC, 0211498, 0211499, 021149C, 021149W, 02114A8, 02114A9, 02114AC, 02114AW, 02114J8, 02114J9, 02114JC, 02114JW, 02114K8, 02114K9, 02114KC, 02114KW, 02114Z8, 02114Z9, 02114ZC, 021209C, 021209W, 02120AC, 02120AW, 02120JC, 02120JW, 02120KC, 02120KW, 02120ZC, 021249C, 021249W, 02124AC, 02124AW, 02124JC, 02124JW, 02124KC, 02124KW, 02124ZC, 021309C, 021309W, 02130AC, 02130AW, 02130JC, 02130JW, 02130KC, 02130KW, 02130ZC, 021349C, 021349W, 02134AC, 02134AW, 02134JC, 02134JW, 02134KC, 02134KW, 02134ZC, 02700ZZ, 02710ZZ, 02720ZZ, 02730ZZ, 02C00ZZ, 02C03ZZ, 02C04ZZ, 02C10ZZ, 02C13ZZ, 02C14ZZ, 02C20ZZ, 02C23ZZ, 02C24ZZ, 02C30ZZ, 02C33ZZ,02C34ZZ |  |

*Following the MidSouth Clinical Data Research Network Coronary Heart Disease Algorithm. Abbreviations: ICD = International Classification of Diseases.

Table S2. Cardiovascular risk factors stratified by sex at birth.

| Group | Female sex at birth ( $n=141,896$ ) |  |  |  |  | Male sex at birth ( $n=85,625$ ) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Hypertension | Hyperlipidemia | Type 2 DM | Ever smoked | BMI | Hypertension | Hyperlipidemia | Type 2 DM | Ever smoked | BMI |
| All | 57,252 (40.3) | 52,851 (37.2) | 21,727 (15.3) | 48,525 (35.0) | 30.37 (8.21) | 40,300 (47.1) | 37,858 (44.2) | 15,664 (18.3) | 41,256 (49.6) | 29.07 (6.54) |
| Race/ethnicity |  |  |  |  |  |  |  |  |  |  |
| White | 29,327 (38.3) | 32,387 (42.3) | 8,673 (11.3) | 29,556 (39.3) | 29.20 (7.78) | 24,446 (50.3) | 25,695 (52.9) | 8,189 (16.9) | 22,540 (47.4) | 29.15 (6.13) |
| Black | 14,544 (56.7) | 9,081 (35.4) | 6,371 (24.8) | 9,858 (39.9) | 33.55 (9.14) | 8,053 (47.5) | 5,028 (29.6) | 3,344 (19.7) | 10,112 (62.2) | 28.79 (7.43) |
| Hispanic/Latino/a/x | 10,018 (34.6) | 8,210 (28.4) | 5,301 (18.3) | 6,274 (22.2) | 31.09 (7.52) | 5,161 (39.4) | 4,430 (33.8) | 3,004 (22.9) | 5,827 (45.9) | 29.91 (6.79) |
| Asian | 882 (21.3) | 1,010 (24.4) | 385 (9.3) | 433 (10.7) | 24.77 (5.40) | 788 (30.4) | 980 (37.8) | 370 (14.3) | 646 (25.4) | 26.16 (4.78) |
| Other | 796 (36.7) | 729 (33.6) | 356 (16.4) | 783 (37.2) | 30.29 (8.37) | 709 (41.9) | 700 (41.3) | 303 (17.9) | 820 (50.3) | 28.54 (6.25) |
| More than one | 727 (30.8) | 626 (26.5) | 252 (10.7) | 825 (35.9) | 29.97 (8.66) | 378 (31.8) | 374 (31.5) | 142 (11.9) | 511 (44.4) | 28.27 (6.40) |
| Did not answer | 958 (48.4) | 808 (40.8) | 389 (19.7) | 796 (42.9) | 30.67 (8.17) | 765 (50.7) | 651 (43.1) | 312 (20.7) | 800 (57.4) | 28.65 (6.25) |
| Age |  |  |  |  |  |  |  |  |  |  |
| <75 years | 51,652 (38.5) | 47,217 (35.2) | 20,112 (15.0) | 45,020 (34.4) | 30.51 (8.30) | 35,076 (44.6) | 32,581 (41.5) | 13,935 (17.7) | 37,464 (49.1) | 29.14 (6.66) |
| >75 years | 5,600 (71.6) | 5,634 (72.1) | 1,615 (20.7) | 3,505 (45.8) | 28.03 (6.10) | 5,224 (74.4) | 5,277 (75.1) | 1,729 (24.6) | 3,792 (55.1) | 28.33 (4.96) |
| Disability |  |  |  |  |  |  |  |  |  |  |
| Without disability | 47,304 (37.7) | 45,071 (35.9) | 16,543 (13.2) | 41,366 (33.6) | 29.89 (7.87) | 34,720 (45.4) | 33,556 (43.9) | 12,801 (16.7) | 35,920 (48.1) | 28.91 (6.30) |
| With disability | 9,186 (62.5) | 7,159 (48.7) | 4,834 (32.9) | 6,705 (46.9) | 34.30 (9.80) | 4,909 (62.7) | 3,741 (47.7) | 2,563 (32.7) | 4,747 (62.5) | 30.76 (8.31) |
| Did not answer | 762 (45.5) | 621 (37.1) | 350 (20.9) | 454 (37.7) | 30.71 (7.92) | 671 (49.2) | 561 (41.1) | 300 (22.0) | 589 (60.8) | 28.54 (6.41) |
| Sex/Gender |  |  |  |  |  |  |  |  |  |  |
| LGBTQIA+: No | 51,901 (41.1) | 48,364 (38.3) | 19,469 (15.4) | 42,259 (34.2) | 30.28 (8.13) | 35,471 (47.6) | 33,520 (45.0) | 13,772 (18.5) | 35,826 (49.3) | 29.14 (6.51) |
| LGBTQIA+: Yes | 5,351 (34.2) | 4,487 (28.7) | 2,258 (14.4) | 6,266 (41.6) | 31.07 (8.81) | 4,829 (43.6) | 4,338 (39.2) | 1,892 (17.1) | 5,430 (51.1) | 28.61 (6.70) |
| Education |  |  |  |  |  |  |  |  |  |  |
| High school completed | 49,818 (39.3) | 47,279 (37.3) | 17,737 (14.0) | 42,616 (34.4) | 30.15 (8.19) | 35,497 (47.2) | 34,407 (45.7) | 13,220 (17.6) | 34,614 (47.2) | 29.15 (6.48) |
| Less than high school | 6,305 (48.9) | 4,727 (36.6) | 3,492 (27.1) | 5,128 (41.0) | 32.15 (8.21) | 3,854 (46.2) | 2,763 (33.1) | 2,043 (24.5) | 5,532 (68.7) | 28.57 (6.89) |
| Did not answer | 1,129 (51.4) | 845 (38.5) | 498 (22.7) | 781 (38.4) | 31.34 (8.14) | 949 (45.9) | 688 (33.3) | 401 (19.4) | 1,110 (58.8) | 28.34 (6.81) |
| Income |  |  |  |  |  |  |  |  |  |  |
| Household income > $\mathbf{3 5} \mathrm{K}$ | 22,921 (34.3) | 25,590 (38.3) | 6,481 (9.7) | 20,343 (31.0) | 28.95 (7.43) | 19,829 (47.9) | 22,091 (53.4) | 6,549 (15.8) | 15,828 (39.0) | 29.22 (5.85) |
| Household income <= 35 K | 22,024 (46.4) | 17,138 (36.1) | 10,035 (21.1) | 20,150 (43.6) | 32.23 (8.96) | 13,060 (45.3) | 9,678 (33.6) | 5,775 (20.0) | 17,787 (63.7) | 29.01 (7.24) |
| Did not answer | 12,307 (44.5) | 10,123 (36.6) | 5,211 (18.8) | 8,032 (30.0) | 30.34 (7.87) | 7,411 (48.0) | 6,089 (39.4) | 3,340 (21.6) | 7,641 (51.7) | 28.82 (6.75) |

Columns for risk factors present the prevalence of each risk factor in each subgroup. Abbreviations: DM = Diabetes mellitus. BMI = body mass index. LGBTQIA+ = lesbian, gay, bisexual, transgender, queer, intersex and asexual.

Table S3. Adjusted odds of cardiovascular disease in underrepresented groups by sex at birth.

| Group | Female sex at birth |  | Male sex at birth |  | Interac tion p value |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Univariable regression OR (95\%CI) | Multivariable regression OR (95\%CI) | Univariable regression OR (95\%CI) | Multivariable regression OR (95\%CI) |  |
| Race/Ethnicity |  |  |  |  | <0.001 |
| White | Reference | Reference | Reference | Reference |  |
| Asian | 0.39 (0.31-0.47) | 0.73 (0.58-0.91) | 0.47 (0.40-0.54) | 0.95 (0.79-1.13) |  |
| Hispanic/Latino/a/x | 0.64 (0.60-0.68) | 0.92 (0.85-0.99) | 0.44 (0.41-0.47) | 0.78 (0.71-0.85) |  |
| Other | 0.94 (0.78-1.12) | 1.15 (0.93-1.40) | 0.82 (0.70-0.96) | 1.26 (1.05-1.50) |  |
| More than one | 0.62 (0.50-0.77) | 0.99 (0.77-1.24) | 0.48 (0.38-0.60) | 1.06 (0.81-1.37) |  |
| Black | 1.42 (1.35-1.50) | 1.40 (1.32-1.49) | 0.59 (0.56-0.63) | 1.02 (0.95-1.10) |  |
| Age |  |  |  |  | <0.001 |
| $<75$ years | Reference | Reference | Reference | Reference |  |
| >= 75 years | 3.46 (3.25-3.69) | 1.69 (1.57-1.81) | 3.90 (3.68-4.13) | 2.11 (1.98-2.25) |  |
| Disability |  |  |  |  | <0.001 |
| No | Reference | Reference | Reference | Reference |  |
| Yes | 2.70 (2.55-2.85) | 1.82 (1.71-1.94) | 1.51 (1.41-1.61) | 1.37 (1.27-1.48) |  |
| Sex/Gender |  |  |  |  | 0.07 |
| LGBTQIA+: No | Reference | Reference | Reference | Reference |  |
| LGBTQIA+: Yes | 0.75 (0.69-0.81) | 1.03 (0.94-1.12) | 0.78 (0.73-0.84) | 0.99 (0.91-1.07) |  |
| Education |  |  |  |  | 0.001 |
| >= High school degree | Reference | Reference | Reference | Reference |  |
| < High school degree | 1.17 (1.08-1.25) | 0.98 (0.90-1.06) | 0.67 (0.61-0.72) | 0.84 (0.76-0.92) |  |
| Income* |  |  |  |  | <0.001 |
| > USD 35k | Reference | Reference | Reference | Reference |  |
| < USD 35k | 1.53 (1.45-1.60) | 1.34 (1.26-1.41) | 0.74 (0.70-0.78) | 1.16 (1.09-1.23) |  |
| SD = standard deviation. $95 \% \mathrm{Cl}=95 \%$ confidence interval. OR = odds ratio. USD $35 \mathrm{k}=35$ thousand American dollars. |  |  |  |  |  |

Figure S1. Definitions of underrepresented groups used in the All of Us Research.

```
Population of interest
    Race/Ethnicity
        Asian
        Black, African, or African American
        Hispanic, Latino, or Spanish
        American Indian or Alaska Native (AIAN)
        Middle Eastern or North African (MENA)
        Native Hawaiian or Pacific Islander (NHPI)
        Multi-Ancestry or more than one race
        Age Groups
```

        Older adults (75+)
        Sex at Birth
        Participants who report something other than female or male as their sex at birth (e.g. intersex)
    Gender Identity
        Participants who identify as gender variant, non-binary, transgender, or something else other than man or woman
        Sexual Orientation
        Participants who identify as asexual, bisexual, gay or lesbian, or something else other than straight
    Geography (e.g. Rural, urban, suburban, etc.)
        Participants who live in a rural or non-metropolitan setting
        Disability status
        Participants with a physical and/or cognitive disability
        Access to care
        Participants who cannot easily obtain or access medical care
    Education level
        Participants with less than a high school degree or equivalent
        Income level
        Participants with household incomes equal to or below 200\% of the Federal Poverty Level
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