



Published in final edited form as:

Nature. 2013 July 25; 499(7459): 485–490. doi:10.1038/nature12297.

mTORC1 couples immune signals and metabolic programming to establish T_{reg} cell function

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Abstract

The mechanistic target of rapamycin (mTOR) pathway integrates diverse environmental inputs, including immune signals and metabolic cues, to direct T cell fate decisions¹. Activation of mTOR, comprised of mTORC1 and mTORC2 complexes, delivers an obligatory signal for proper activation and differentiation of effector CD4⁺ T cells^{2,3}, whereas in the regulatory T cell (T_{reg}) compartment, the Akt-mTOR axis is widely acknowledged as a crucial negative regulator of T_{reg} *de novo* differentiation^{4–8} and population expansion⁹. However, whether mTOR signaling affects the homeostasis and function of T_{regs} remains largely unexplored. Here we show that mTORC1 signaling is a pivotal positive determinant of T_{reg} function. T_{regs} have elevated steady-state mTORC1 activity compared to naïve T cells. Signals via T cell receptor (TCR) and IL-2 provide major inputs for mTORC1 activation, which in turn programs suppressive function of T_{regs}. Disruption of mTORC1 through T_{reg}-specific deletion of the essential component *Raptor* leads to a profound loss of T_{reg} suppressive activity *in vivo* and development of a fatal early-onset inflammatory disorder. Mechanistically, Raptor/mTORC1 signaling in T_{regs} promotes cholesterol/lipid metabolism, with the mevalonate pathway particularly important for coordinating T_{reg} proliferation and upregulation of suppressive molecules CTLA-4 and ICOS to establish T_{reg} functional competency. In contrast, mTORC1 does not directly impact the expression of Foxp3 or anti- and pro-inflammatory cytokines in T_{regs}, suggesting a non-conventional mechanism for T_{reg} functional regulation. Lastly, we provide evidence that mTORC1 maintains T_{reg} function partly through inhibiting the mTORC2 pathway. Our results demonstrate that mTORC1 acts as a fundamental 'rheostat' in T_{regs} to link immunological signals from TCR and IL-2 to lipogenic pathways and functional fitness, and highlight a central role of metabolic programming of T_{reg} suppressive activity in immune homeostasis and tolerance.

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Author Contributions. H.Z. designed and performed experiments, and wrote the manuscript; K.Y. contributed to cellular experiments; C.C. contributed to survival curves and technical support; G.N. performed bioinformatic analyses; P.V. performed histological analysis; H.C. designed experiments, contributed to writing the manuscript, and provided overall direction.

The authors declare no competing financial interests.

The evolutionarily conserved mTOR signaling couples cell growth and proliferation to nutrient availability and metabolic cues¹⁰. To investigate the function of mTORC1 in naturally occurring T_{regs}, we compared mTORC1 activity between T_{regs} and naïve T cells at steady state. T_{regs} had elevated phosphorylation of S6 and 4E-BP1, two major mTORC1 downstream targets (Fig. 1a and Supplementary Fig. 1a–c), whereas STAT5 phosphorylation was similar between these cells (Supplementary Fig. 1d). This finding is consistent with a recent study describing elevated S6 phosphorylation in T_{regs} compared to non-T_{regs}¹¹. T_{regs} also contained higher abundance of CD71 (the transferrin receptor) and to a lesser extent, CD98 (a subunit of L-amino acid transporter), key nutrient receptors that depend upon mTORC1 activity for expression¹², (Fig. 1b). Previous studies have demonstrated a requirement of mTORC1 for mitochondrial metabolism¹³, the dysregulation of which could affect homeostasis of memory T cells¹⁴ and hematopoietic stem cells¹⁵. T_{regs} had reduced mitochondrial membrane potential, whereas their mitochondrial mass and reactive oxygen species (ROS) production were largely comparable to naïve cells (Supplementary Fig. 1e). Thus, T_{regs} exhibit distinct regulation of mTORC1 activity and metabolism under steady state.

One of the hallmarks of T_{regs} is that they are anergic *in vitro* upon TCR stimulation alone¹⁶, but are highly proliferative *in vivo*^{17,18}. Whereas reversal of anergy has been suggested to impair T_{reg} function¹⁶, T_{regs} stimulated by TCR together with IL-2, or under lymphopenic conditions, possess enhanced suppressive activity^{18,19}. Indeed, prior stimulation of T_{regs} with anti-CD3 upregulated their suppressive activity, and this was further enhanced by concomitant treatment with IL-2 (Fig. 1c). Such functional enhancements were associated with increased mTORC1 activity and expression of CTLA-4 and ICOS, important effector molecules mediating T_{reg} function^{20,21} (Fig. 1d). Compared with IL-2, CD28-mediated co-stimulation had more modest enhancing effects on these events (Supplementary Fig. 1f,g). Thus, TCR and IL-2 represent predominant signals at promoting mTORC1 activity and suppressive function of T_{regs}.

Although these results indicate that mTORC1 is positively correlated with T_{reg} suppressive activity, a number of recent studies have revealed a negative role of mTORC1 in T_{regs}, including suppression of T_{reg} differentiation^{2,4–8} and population expansion⁹. To establish the physiological relevance of mTORC1 signaling in T_{regs}, we deleted Raptor, an obligatory component of mTORC1 complex¹⁰, in T_{regs} by crossing *Raptor*^{fl/fl} mice with *Foxp3*^{YFP-Cre} mice²² (designated *Foxp3*^{cre}*Raptor*^{fl/fl}). Raptor expression and S6 and 4E-BP1 phosphorylation were abolished in Raptor-deficient T_{regs}, but were normal in Foxp3[–] populations (Supplementary Fig. 2a–c). Additionally, a slight increase of phosphorylation of Akt Ser473 was observed in mutant T_{regs}, whereas phosphorylation of Akt Thr308 and Erk in T_{regs} was not affected (Supplementary Fig. 2d). Thus, deletion of Raptor specifically abrogated mTORC1 activity.

Surprisingly, *Foxp3*^{cre}*Raptor*^{fl/fl} mice developed profound inflammatory diseases, indicated by a reduced body size and hunched posture, crusting of ears, eyelids and tail, and skin ulceration particularly on the head and upper back (Fig. 1e). *Foxp3*^{cre}*Raptor*^{fl/fl} mice showed extensive lymphadenopathy (Supplementary Fig. 3a) and infiltrations of lymphocytes and myeloid cells in colon mucosa, lung, liver sinusoids, skin (Fig. 1f), among

other organs, before they died at a young age (Supplementary Fig. 3b). *Foxp3^{cre}Raptor^{fl/fl}* mice had increased CD8⁺ cell percentage and altered CD4⁺/CD8⁺ ratio, highly elevated memory/effector phenotype (CD44^{hi}CD62L^{lo}) T cells, and expansion of CD11b⁺ granulocytes and macrophages (Supplementary Fig. 3c–e). Further, T cells from *Foxp3^{cre}Raptor^{fl/fl}* mice showed increased IFN- γ , IL-4 and IL-17 producing CD4⁺ cells and IFN- γ producing CD8⁺ cells (Fig. 1g). These phenotypes are reminiscent of those observed in mice carrying *scurfy* mutation²³, indicating a loss of T_{reg} function.

Despite severe autoimmune diseases, *Foxp3^{cre}Raptor^{fl/fl}* mice had increased Foxp3⁺ T_{regs} (Supplementary Fig. 4a). Lineage tracing experiments indicated that the increase of T_{regs} was mainly ascribed to a more abundant population of canonical T_{regs}, as indicated by concomitant expression of YFP-Foxp3 and Cre activity (Fig. 2a). Raptor-deficient T_{regs} contained normal Foxp3 expression and either increased or normal expression of many T_{reg} signature molecules examined, whereas CD62L expression was reduced (Supplementary Fig. 4b). Thus, in settings of immune activation, Raptor-deficient T_{regs} acquired activated phenotypes. Additional analysis revealed highly reduced mitochondrial membrane potential and mass and ROS production in mutant T_{regs}, whereas *in vitro* suppressive activity appeared largely undisturbed (Supplementary Fig. 4b,c). To test function of Raptor-deficient T_{regs} *in vivo*, we used a model of colitis induced by the transfer of T_{eff} (CD4⁺CD45RB^{hi}CD25⁻) cells into *Rag1*^{-/-} hosts, which could be prevented by cotransfer with wild-type T_{regs}. However, cotransfer with Raptor-deficient T_{regs} failed to inhibit colitis (Fig. 2b), or the expansion and IFN- γ production of T_{eff} cells (Supplementary Fig. 4d). Therefore, Raptor is required for suppressive function of T_{regs} *in vivo*.

We speculated that the increased number and heightened activation phenotypes of T_{regs} in *Foxp3^{cre}Raptor^{fl/fl}* mice could be due to a compensatory response to the ongoing inflammation²⁴. To test this, we generated mixed bone marrow chimeras by reconstituting sub-lethally irradiated *Rag1*^{-/-} mice with bone marrow cells from CD45.1⁺ mice mixed with those from either wild-type or *Foxp3^{cre}Raptor^{fl/fl}* mice. Raptor-deficient T_{regs} were under-represented in the chimeras (Fig. 2c), with impaired expression of CTLA-4 and ICOS but largely normal CD25 levels and mitochondrial parameters (Fig. 2d). These findings were recapitulated in 10-day-old *Foxp3^{cre}Raptor^{fl/fl}* mice that exhibited minimal immune activation (Supplementary Fig. 4e). Thus, in a disease-free environment, loss of Raptor in T_{regs} renders them a competitive disadvantage and compromises expression of CTLA-4 and ICOS. In contrast, the pronounced mitochondrial defects of T_{regs} from *Foxp3^{cre}Raptor^{fl/fl}* mice (Supplementary Fig. 4b) were not intrinsic due to Raptor deficiency, but were likely a compensatory response, as observed in hematopoietic stem cells lacking the metabolic sensor LKB1¹⁵.

To facilitate mechanistic studies of Raptor-deficient T_{regs} without the influence of ongoing inflammation, we generated *Cd4-Cre;Raptor^{fl/fl}* (*Cd4^{cre}Raptor^{fl/fl}*) mice, in which Raptor was deleted in all $\alpha\beta$ T cells. *Cd4^{cre}Raptor^{fl/fl}* mice showed a small reduction of T_{reg} numbers in peripheral lymph nodes but not the spleen (Supplementary Fig. 5a), and immunoblots confirmed the loss of S6 and 4E-BP1 phosphorylation in these T_{regs} (Supplementary Fig. 5b). Expression of CTLA-4, ICOS and CD71 was impaired in T_{regs} from *Cd4^{cre}Raptor^{fl/fl}* mice, whereas the levels of Foxp3, CD25 and other markers were

normal (Fig. 2e and Supplementary Fig. 5c). *In vitro* assays revealed loss of suppressive activity of T_{regs} from *Cd4^{cre}Raptor^{fl/fl}* mice (Fig. 2f). These T_{regs} also exhibited severely impaired *in vivo* suppressive activity, because they failed to suppress colitis or IFN- γ production mediated by T_{eff} cells (Fig. 2g and Supplementary Fig. 5d). Analysis of mixed chimeras comprised of CD45.1⁺ and *Cd4^{cre}Raptor^{fl/fl}* cells confirmed that Raptor-deficient T_{regs} were reduced in percentage with impaired CTLA-4 and ICOS expression (Supplementary Fig. 5e). Thus, T_{regs} deficient in mTORC1 have an intrinsic defect in suppressive activity. Nonetheless, *Cd4^{cre}Raptor^{fl/fl}* mice exhibited normal health status, which was likely due to impaired activation of conventional T cells (to be described elsewhere). We found a similar requirement of Raptor in T_{reg} suppressive activity following Cre-ER^{T2}-mediated acute deletion in adult mice (Supplementary Fig. 6).

Cytokines produced by T_{regs} represent an important immunosuppressive mechanism²⁵. The anti-inflammatory cytokines TGF- β 1 and IL-10 were expressed normally in Raptor-deficient T_{regs} (Supplementary Fig. 7a,b). Although T_{regs} from *Foxp3^{cre}Raptor^{fl/fl}* mice expressed increased IFN- γ that may compromise T_{reg} function²⁶, T_{regs} from *Cd4^{cre}Raptor^{fl/fl}* did not (data not shown), thereby excluding such phenotypes as cell-intrinsic. Moreover, ablation of IFN- γ did not ameliorate the immune activation phenotypes of *Foxp3^{cre}Raptor^{fl/fl}* mice (Supplementary Fig. 7c). Thus, the severe autoimmune phenotypes of *Foxp3^{cre}Raptor^{fl/fl}* mice likely occur independently of cytokine dysregulation.

We therefore focused on the effects of Raptor on T_{reg} surface effector molecules especially CTLA-4 and ICOS, which were highly reduced in T_{regs} from multiple Raptor-deficient genetic models in an intrinsic manner (Fig. 2d,e and Supplementary Fig. 4e,5e). Moreover, CTLA-4 and to a lesser extent, ICOS, were further increased upon *in vitro* stimulation, and this upregulation correlated with T_{reg} proliferation. Such upregulation was blunted in T_{regs} from *Cd4^{cre}Raptor^{fl/fl}* mice, associated with impaired proliferation (Fig. 3a and Supplementary Fig. 8a). Moreover, when wild-type T_{regs} were transferred into unmanipulated CD45.1⁺ mice, a proportion of them divided and upregulated CTLA-4 (Fig. 3b). However, T_{regs} from *Cd4^{cre}Raptor^{fl/fl}* or *Foxp3^{cre}Raptor^{fl/fl}* mice failed to proliferate or upregulate CTLA-4 upon transfer into CD45.1⁺ mice (Fig. 3b and Supplementary Fig. 8b). Markedly diminished homeostatic proliferation and CTLA-4 upregulation were also observed when Raptor-deficient T_{regs} were transferred into *Rag1^{-/-}* mice (Supplementary Fig. 8c). Altogether, loss of Raptor inhibits T_{reg} proliferation *in vitro* and *in vivo*. Furthermore, the proliferative defect was associated specifically with impaired CTLA-4 and ICOS expression, whereas apoptosis or other activation-induced events such as upregulation of GATA-3 and CD103 were independent of Raptor (data not shown). Thus, mTORC1 is important for coordinating T_{reg} proliferation and CTLA-4 and ICOS expression that may collectively contribute to T_{reg} suppressive function.

To explore Raptor/mTORC1-dependent molecular mechanisms, we used functional genomics and compared gene expression profiles of T_{regs} from *Cd4^{cre}Raptor^{fl/fl}* and wild-type mice. Gene-set enrichment analysis revealed that cholesterol biosynthesis was the most significantly altered pathway in a Raptor-dependent manner: Expression of many genes in this pathway was downregulated after Raptor deletion (Fig. 3c and Supplementary Fig. 9a), including those encoding 3-hydroxy-3-methylglutaryl-CoA reductase (HMGCR), squalene

epoxidase (SQLE) and isopentenyl-diphosphate delta isomerase 1 (IDI-1), which were verified by real-time PCR analysis (Fig. 3d). Further, upon TCR stimulation, Raptor-deficient T_{regs} failed to efficiently synthesize lipids from glucose (Fig. 3e), and had reduced cellular cholesterol (Fig. 3f). These results establish a role of mTORC1 in promoting cholesterol/lipid biosynthesis. Given the interconnected relationship between the biosynthetic and bioenergetic programs²⁷, we determined the role of mTORC1 in T_{reg} bioenergetics by measuring extracellular acidification rate (ECAR) and oxygen consumption rate (OCR), which denoted glycolysis and mitochondrial respiration, respectively. Raptor-deficient T_{regs} showed decreased ECAR and OCR (Supplementary Fig. 9b,c), indicating a requirement for mTORC1 in bioenergetics. We therefore determined *de novo* lipid synthesis rate by measuring the incorporation of ^{14}C -acetate into cellular lipids, thereby bypassing the requirement of mTORC1 in glycolysis or mitochondrial activity. Indeed, Raptor deficiency diminished synthesis of lipids from ^{14}C -acetate in T_{regs} (Supplementary Fig. 9d). These results demonstrated a specific role of mTORC1 in orchestrating the lipogenic program.

To test functional significance of lipid metabolism, we activated T_{regs} in the presence of 25-hydroxycholesterol, and this general lipid synthesis inhibitor potently blocked T_{reg} suppressive activity (Supplementary Fig. 10a). Direct inhibition of HMGCR, the rate-limiting enzyme in the synthesis of cholesterol and isoprenoid lipids, by simvastatin also impaired T_{reg} suppressive activity. Importantly, simvastatin-induced inhibition was completely reversed by the simultaneous addition of mevalonate, the metabolite downstream of HMGCR (Fig. 3g). Similar effects were observed after treatments with atorvastatin and lovastatin (Supplementary Fig. 10b). The inhibitory effects of these agents on T_{reg} function were associated with impaired T_{reg} proliferation and effector molecule upregulation (Supplementary Fig. 10c), in a mevalonate-dependent manner (Supplementary Fig. 10d). Further, proliferation and CTLA-4 and ICOS upregulation in T_{regs} transferred into congenic CD45.1⁺ mice were diminished by statin treatment *in vivo* (Supplementary Fig. 11). Altogether, Raptor/mTORC1 signaling promotes the lipogenic program, with the mevalonate pathway particularly important for mediating T_{reg} proliferation, CTLA-4 and ICOS upregulation, and functional fitness.

Moreover, lipid metabolism-dependent regulation of CTLA-4 and ICOS is also operative in conventional T cells, because naïve T cells treated with inhibitors of this pathway or deficient in Raptor failed to effectively upregulate these molecules following TCR stimulation (Supplementary Fig. 12). We speculate this constitutes a feedback mechanism to account for the immunosuppressive activity of activated non- T_{reg} cells previously described^{28,29}, a notion that awaits further investigation.

Crosstalk between mTORC1 and mTORC2 signaling pathways has been reported¹⁰, although molecular details and functional significance are unclear. Notably, mTORC2 contributes to Akt activation that in turn signals to Foxo1²⁶, and acts in synergy with mTORC1 to negatively control generation of induced T_{regs} ². We therefore examined the role of mTORC2 and its interaction with mTORC1 in naturally occurring T_{reg} cells. T_{reg} -specific deletion of *Rictor*, the defining component of mTORC2, resulted in a small reduction of T_{regs} in the periphery (Fig. 4a). However, loss of Rictor in T_{regs} did not perturb T cell homeostasis, cellularity or cytokine expression at steady state (Fig. 4b and Supplementary

Fig. 13a,b), or the health status of the mice. Also, Rictor-deficient T_{regs} had normal expression of T_{reg} signature molecules, mitochondrial activity and *in vitro* suppressive activity (Supplementary Fig. 13c,d). Thus, in contrast to a crucial requirement of mTORC1 in programming T_{reg} activity, mTORC2 likely contributes to T_{reg} maintenance but is dispensable for T_{reg} function.

To examine the crosstalk between the two mTOR complexes, we analyzed mTORC2 activity in Raptor-deficient T_{regs} . Phosphorylation of well-established mTORC2 targets, Akt Ser473 and Foxo1/3, was elevated in Raptor-deficient T_{regs} after anti-CD3/IL-2 (Fig. 4c) or anti-CD3/CD28 stimulation (Supplementary Fig. 14), consistent with the observation in freshly isolated Raptor-deficient T_{regs} (Supplementary Fig. 2d). In contrast, Akt Ser473 phosphorylation was nearly abolished after Rictor deletion (Fig. 4c and Supplementary Fig. 14a). Thus, mTORC1 institutes a negative feedback on mTORC2 in T_{regs} . To determine the contribution of mTORC2 activity to *Foxp3^{cre}Raptor^{fl/fl}* phenotypes, we generated *Foxp3^{cre}Raptor^{fl/fl}Rictor^{fl/fl}* mice. Compared with T cells in *Foxp3^{cre}Raptor^{fl/fl}* mice, those in *Foxp3^{cre}Raptor^{fl/fl}Rictor^{fl/fl}* mice contained an increased percentage of naïve phenotypes (Fig. 4d) and showed modestly reduced IFN- γ production (Fig. 4e). Also, the lymphadenopathy phenotype observed in *Foxp3^{cre}Raptor^{fl/fl}* mice was ameliorated in *Foxp3^{cre}Raptor^{fl/fl}Rictor^{fl/fl}* mice (Fig. 4f). To test the intrinsic suppressive activity of Raptor/Rictor-deficient T_{regs} , we generated *Cd4^{cre}Raptor^{fl/fl}Rictor^{fl/fl}* mice that eliminated both mTORC1 and mTORC2 activities (Supplementary Fig. 15a,b). *In vitro* suppression assay revealed an intermediate phenotype of Raptor/Rictor-deficient T_{regs} compared with Raptor-deficient and wild-type cells (Fig. 4g). However, impaired CTLA-4 expression and TCR-induced proliferation upon Raptor deletion were not restored by the concomitant loss of Rictor (Fig. 4h and Supplementary Fig. 15c). Further, *Foxp3^{cre}Raptor^{fl/fl}Rictor^{fl/fl}* mice still succumbed to an inflammatory disorder, albeit with a small extension of lifespan and less inflammation as compared with *Foxp3^{cre}Raptor^{fl/fl}* mice (Supplementary Fig. 16). Therefore, Raptor/mTORC1 signaling promotes T_{reg} function in part through inhibiting mTORC2, although the predominant effect of mTORC1 is to coordinate metabolic programs and T_{reg} suppressive molecules.

Much emphasis has been placed on the transcriptional mechanisms that orchestrate T_{reg} suppressive activity, but how immunological signals are sensed and integrated by T_{regs} for their functional activation remains obscure. Here we describe that mTORC1-dependent metabolic programming is a central mechanism to couple immune signals including TCR and IL-2 and T_{reg} suppressive function. Raptor/mTORC1 promotes the lipogenic program, with the mevalonate pathway particularly important for coordinating T_{reg} proliferation and optimal induction of effector molecules CTLA-4 and ICOS (Supplementary Fig. 17). Thus, mTORC1-dependent lipid metabolism provides a novel link between two crucial T_{reg} regulators, IL-2 and CTLA-4, the loss of which causes fulminant autoimmune diseases^{21,30}. An additional mechanism is via mTORC1-dependent inhibition of mTORC2, although the modest rescue effect of *Rictor* deletion in *Foxp3^{cre}Raptor^{fl/fl}* mice suggests a relatively minor contribution of this feedback pathway. Notably, mTORC1-dependent metabolic programming operates both under steady state and immune stimulation, and this provides important mechanistic insight into the apparently conflicting observations between T_{regs} ' *in*

vitro anergy and *in vivo* antigen-primed state^{16–18}. We propose that T_{regs} adopt the evolutionarily ancient mTORC1 signaling to link immunological inputs to metabolic activity and functional fitness, therefore implicating mTORC1 as a fundamental rheostat to program T_{reg} suppressive activity via a non-conventional mechanism.

METHODS

Mice

C57BL/6J, CD45.1⁺, *Raptor*^{fl}, *RagI*^{−/−}, *Ifng*^{−/−}, and *ROSA26*^{GFP} (a loxP site-flanked STOP cassette followed by the GFP-encoding sequence was inserted into the *ROSA26* locus) mice were purchased from the Jackson Laboratory. *Rictor*^{fl/fl}, *Cd4-Cre* and *ROSA26-Cre-ERT2* mice have been described previously³¹. *Foxp3*^{YFP-Cre} mice were a generous gift from Dr. Alexander Rudensky²². *Foxp3*^{cre}*Raptor*^{fl/fl} mice were used at 3–4 weeks old unless otherwise noted, with the age and gender-matched wild-type mice containing the *Foxp3*^{cre} allele as controls. Other mice were used at 8–10 weeks old unless otherwise noted. Bone marrow chimeras were generated by transferring 1×10^7 T cell-depleted bone marrow cells into sublethally irradiated (5 Gy) *RagI*^{−/−} mice, followed by reconstitution for at least 2 months. For treatment with tamoxifen, mice were injected intraperitoneally with tamoxifen (1 mg per mouse) in corn oil daily for 4 consecutive days and then analyzed 7 days after the last injection. All mice were kept in specific pathogen free facility in Animal Resource Center at St. Jude Children's Research Hospital. Animal protocols were approved by the Institutional Animal Care and Use Committee of St. Jude Children's Research Hospital.

Flow cytometry

For analysis of surface markers, cells were stained in PBS containing 2% (wt/vol) fetal bovine serum (FBS) with antibodies from eBioscience, unless otherwise noted. Foxp3 staining was performed per manufacturer's instruction (eBioscience). Intracellular staining of CTLA-4 was performed together with Foxp3 using anti-CTLA-4 antibody (UC10-4F10-11; BD Biosciences). BrdU and caspase-3 staining was performed per manufacturer's instruction (BD Biosciences). For detection of phosphorylated signaling proteins, lymphocytes were rested in complete medium for 1 hour. They were fixed with Phosflow Lyse/Fix buffer, followed by permeabilization with Phosflow Perm buffer III (BD Biosciences) and staining with antibodies to S6 phosphorylated at Ser235 and Ser236 (D57.2.2E; Cell Signaling Technology), 4E-BP1 phosphorylated at Thr37 and Thr46 (236B4; Cell Signaling Technology), Akt phosphorylated at Ser473 (M89-61; BD Biosciences) and Thr308 (J1-223.371; BD Biosciences), and Erk phosphorylated at Thr202 and Tyr204 (20A; BD Biosciences). For staining mitochondria, lymphocytes were incubated for 30 minutes at 37°C with 10 nM MitoTracker Deep Red (Life Technologies) or 20 nM TMRM (tetramethylrhodamine, methyl ester; ImmunoChemistry Technologies) after staining surface markers. ROS were measured by incubation with 10 μM CM-H2DCFDA (5-(and-6)-chloromethyl-2',7'-dichlorodihydrofluorescein diacetate, acetyl ester; Life Technologies) or 2.5 μM CellROX Deep Red (Life Technologies) after staining surface markers. Flow cytometry data were acquired on LSRII or LSR Fortessa (BD Biosciences) and analyzed using Flowjo software (Tree Star).

Cell purification and culture

Lymphocytes were isolated from lymphoid organs (spleen and peripheral lymph nodes that included inguinal, auxiliary and cervical lymph nodes) and naïve and T_{reg} cells were sorted on a MoFlow (Beckman-Coulter) or Reflection (i-Cyt). Sorted naïve (CD4⁺CD62L⁺CD44^{lo}CD25⁻) and T_{reg} cells were used for *in vitro* culture in Click's medium (plus β-mercaptoethanol) supplemented with 10% (vol/vol) FBS and 1% (vol/vol) penicillin-streptomycin. T_{regs} were activated with plate-coated anti-CD3 (5 µg/ml; 2C11; Bio X Cell), anti-CD28 (5 µg/ml; 37.51; Bio X Cell) and human IL-2 (200 U/ml), in the presence or absence of simvastatin (2 µM; EMD Millipore), or 25-Hydroxycholesterol (0.5 µg/ml; Sigma). Thymidine incorporation assays were performed by adding 0.2×10^5 T cells and 1×10^5 irradiated splenocytes together with soluble anti-CD3 (0.2 µg/ml) in the presence or absence of human IL-2 (100 U/ml) for 72 hours, followed by pulsing with [³H]-thymidine at 1 µCi per well for the last 12–16 hours of culture. For labeling with CFSE and Celltrace violet (both from Life Technologies), T cells were incubated in Click's medium with 5% FBS and 4 µM of either dye at 37°C for 25 minutes, followed by extensive washes. *In vitro* T_{reg} suppression assays were performed as described⁷. Briefly, freshly sorted T_{eff} (CD4⁺CD45RB^{hi}CD25⁻; 5×10^4) and T_{reg} cells (at different ratios with T_{eff}) were cultured in 96-well plates along with anti-CD3 antibody and irradiated splenocytes for 72 hours, followed by Thymidine incorporation assays. For T_{reg} suppression assays using previously activated T_{regs}, T_{regs} were sorted from C57BL/6J mice and activated with anti-CD3, anti-CD28 and IL-2 for 3 days in the absence or presence of simvastatin (2 µM), 25-hydroxycholesterol (0.5 µg/ml), 22(R)-hydroxycholesterol (5 µM; Sigma), atorvastatin (5 µM; EMD Millipore), lovastatin (5 µM; EMD Millipore), mevalonate (100 µM; Sigma), or certain combinations as specified; vehicle control did not have measurable effects (not shown). Viable T_{regs} were purified using Ficoll and incubated with freshly isolated T_{eff} cells for additional analysis as described above.

Colitis model

A total of 4×10^5 T_{eff} cells (CD4⁺CD45RB^{hi}CD25⁻) from CD45.1⁺ mice were mixed with 2×10^5 wild-type or Raptor-deficient T_{regs} (from *Foxp3^{cre}Raptor^{fl/fl}* or *Cd4^{cre}Raptor^{fl/fl}* mice), and were transferred intraperitoneally into *Rag1^{-/-}* mice. Mice were assessed for clinical signs of colitis weekly and were analyzed 8–10 weeks after transfer. Colons were fixed in 10% (vol/vol) neutral buffered formalin, and sectioned at 4 µm thickness. Colon pathology was assigned scores by an experienced pathologist (P. V.) as described⁷. Lymphocytes were isolated from spleen and mesenteric lymph nodes and analyzed by flow cytometry.

De novo lipogenesis, cholesterol measurement and bioenergetics assays

T_{regs} were activated with anti-CD3, anti-CD28 plus IL-2 for 20 hours, and [1-¹⁴C]-acetic acid (Perkin Elmer; 4 µCi/ml) was added for additional 4 hours of culture. For labeling with [U-¹⁴C]-glucose (American radiolabeled chemicals), T_{regs} activated for 20 hours were washed with PBS and incubated in glucose-free medium with dialyzed FBS and [U-¹⁴C]-glucose (4 µCi/ml) for additional 4 hours of culture. Following incubation, cells were collected, washed twice with PBS and lysed in 0.5% Triton X-100. Lipids were extracted by

the addition of chloroform and methanol mixture (2:1 vol/vol) with vortexing, followed by the addition of water with vortexing. After centrifugation, the lipid-containing phase (at the bottom) was separated and ^{14}C incorporation was measured using a Beckman LS6500 scintillation counter. Results are normalized to cell number. Cellular cholesterol level was measured using Amplex Red assay (Life Technologies). Briefly, cells were washed with PBS and lysed in the Amplex Red reaction buffer. After 15 minute of incubation, cell lysates were centrifuged at maximum speed for 5 minutes. Fifty μl of supernatants were pipetted into a 96-well tissue culture plate and a 50 μl aliquot of Amplex Red working solution was added to each well. The plate was incubated for 120 minutes at 37°C , protected from light. Fluorescence was subsequently measured on a fluorescence microplate reader (Molecular Devices). A cholesterol standard curve was determined for each plate using a cholesterol reference standard. The bioenergetic activities of the ECAR and OCR pathways were measured using the Seahorse XF24-3 extracellular flux analyzer per manufacturer's instructions (Seahorse Bioscience).

Gene expression profiling and gene-set enrichment analysis

RNA samples from freshly isolated T_{regs} from wild-type and *Cd4^{cre}Raptor^{fl/fl}* mice were analyzed using the Affymetrix HT_MG-430_PM GeneTitan peg array and expression signals were summarized using the RMA algorithm (Affymetrix Expression Console v1.1). Gene-set enrichment analysis within canonical pathways was performed as described³².

RNA and immunoblot analysis

Real-time PCR analysis was done as described with primers and probe sets from Applied Biosystems⁷, or using *Power SYBR Green Master Mix* from Life Technologies. Immunoblots were performed and quantified as described previously³¹, using the following antibodies: p-S6, p-Akt Ser473, p-4E-BP1, p-Foxo1/3, Raptor (all from Cell Signaling Technology) and β -actin (Sigma).

Statistical analysis

P values were calculated with Student's *t* test, Mann Whitney test, or ANOVA (GraphPad Prism) as specified in figure legends, with proper post-test analysis performed. Statistical analysis of mouse survival and respective *P* values were determined using the Logrank test. *, *P* < 0.05; **, *P* < 0.01; ***, *P* < 0.001; ns, not significant.

Supplementary Material

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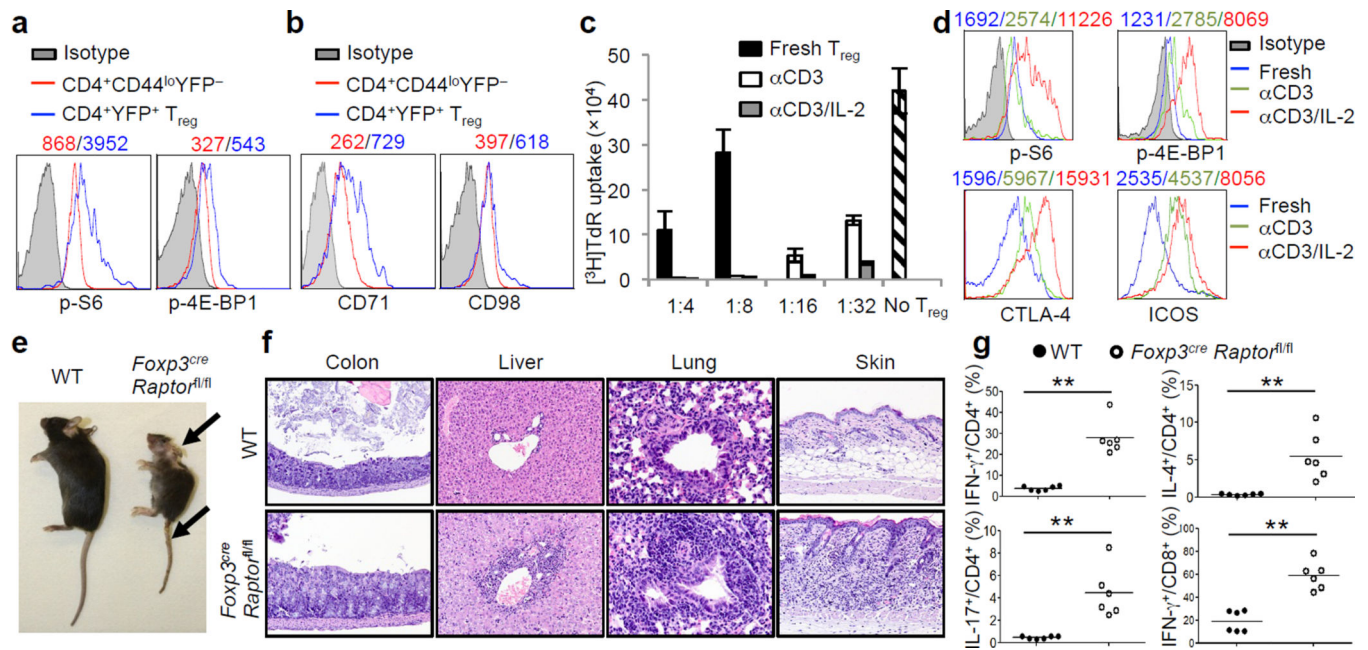
Acknowledgements

The authors acknowledge A. Rudensky for *Foxp3*^{YFP-Cre} mice, D. Green for help with metabolic assays, N. Brydon for animal colony management, Y. Wang for editing of the manuscript, and St. Jude Immunology FACS core facility for cell sorting. This work was supported by US National Institutes of Health (K01 AR053573, R21 AI094089 and R01 NS064599), the Lupus Research Institute, and the American Lebanese Syrian Associated Charities (all to H.C.).

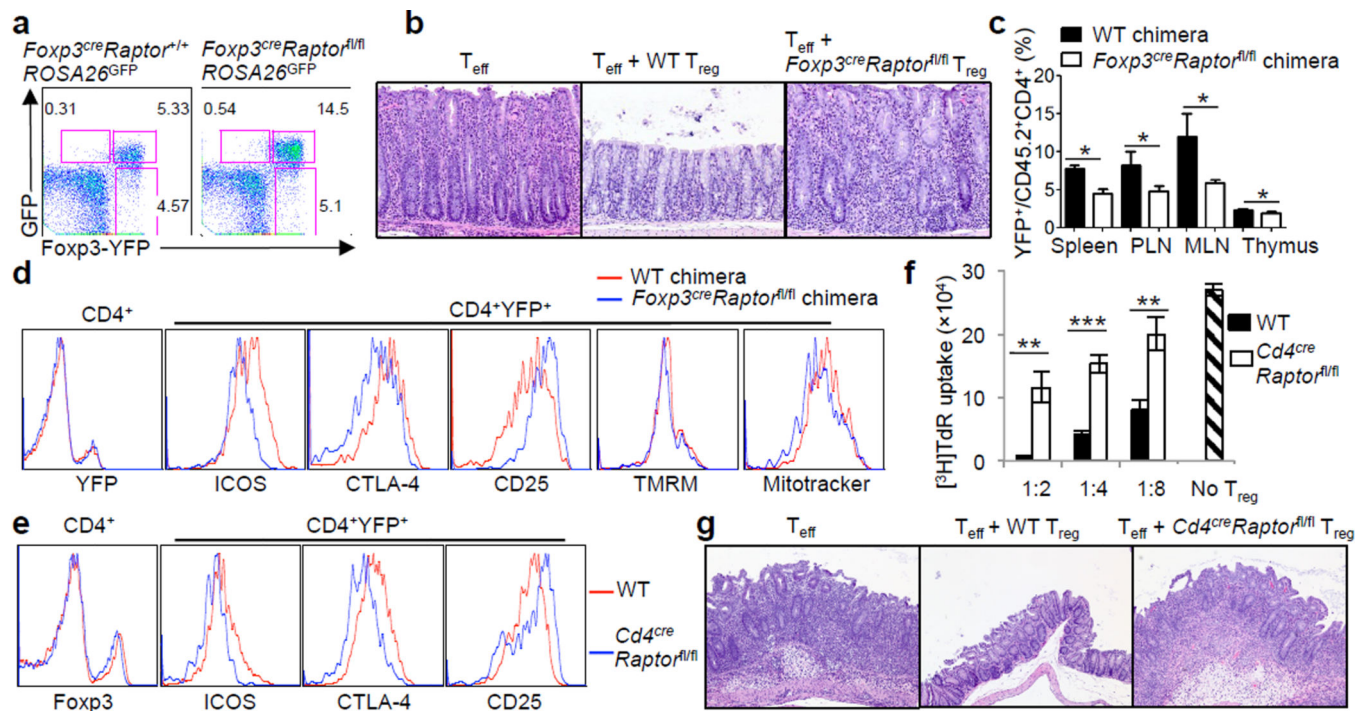
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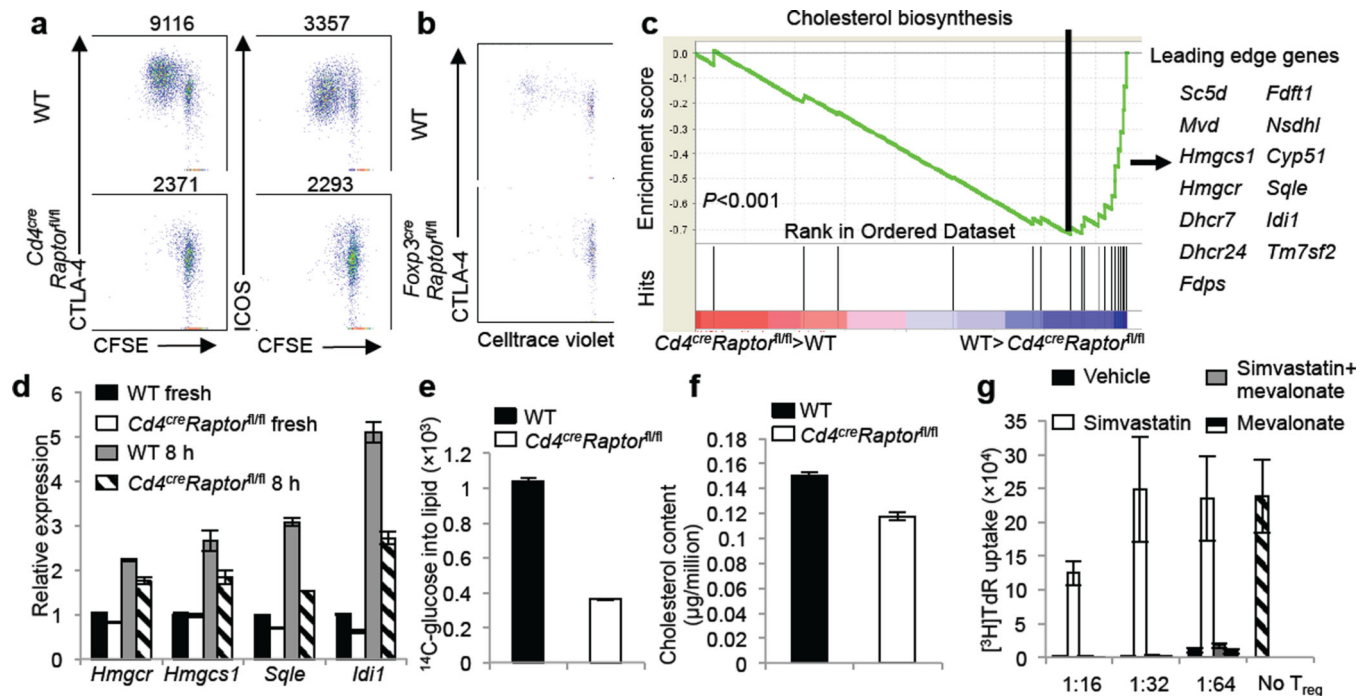
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**Figure 1.**

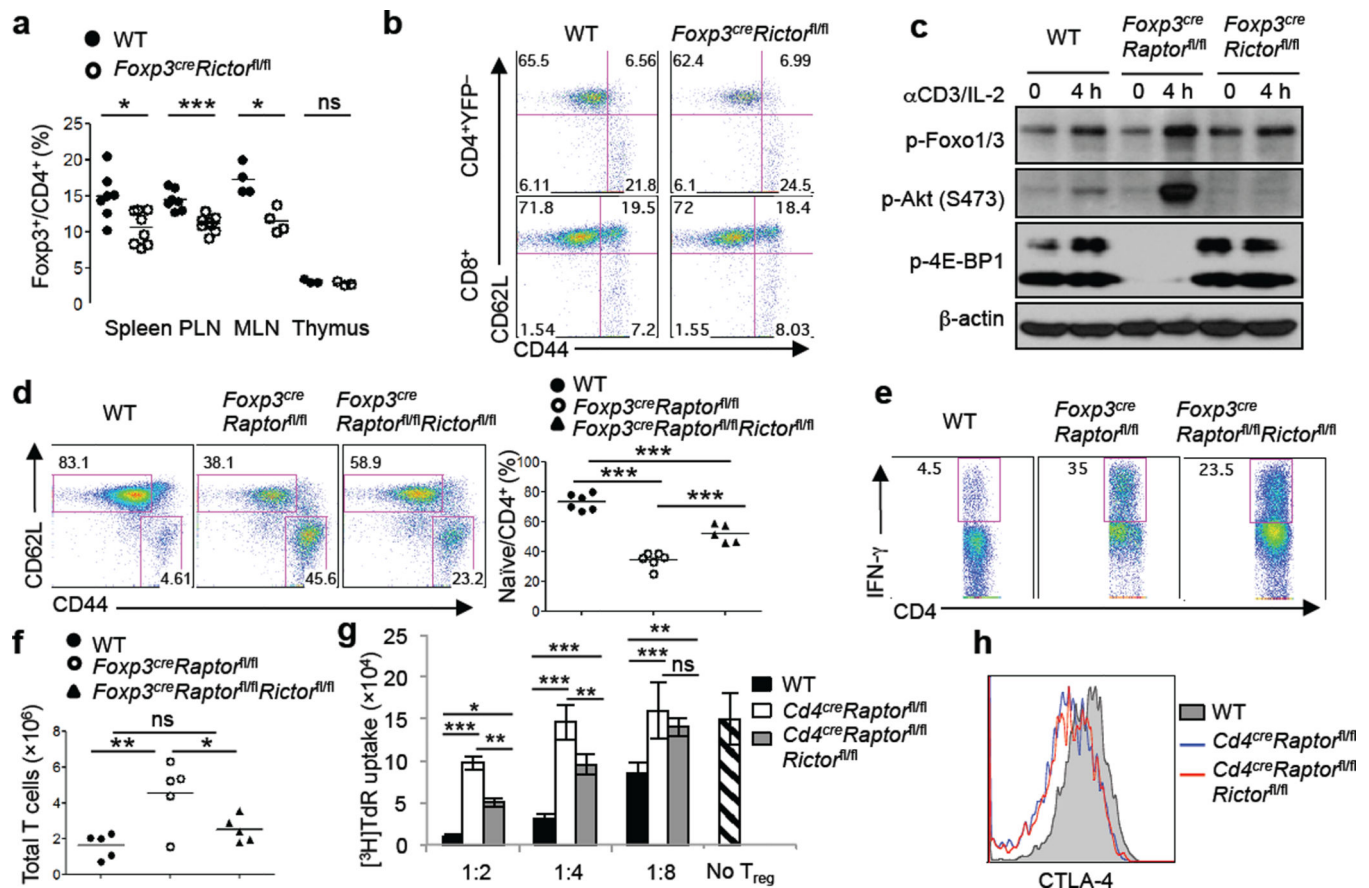
mTORC1 signaling is constitutively active in T_{regs} and its disruption results in a fatal early-onset inflammatory disorder. **a**, Comparison of phosphorylation of S6 and 4E-BP1 between naïve T cells (CD4⁺CD44^{lo}Foxp3⁻) and T_{regs} (CD4⁺Foxp3⁺; from *Foxp3^{YFP-Cre}* mice). **b**, Comparison of CD71 and CD98 expression between naïve T cells and T_{regs}. **c**, T_{regs} from C57BL/6J mice were activated with anti-CD3 or anti-CD3 and IL-2 for 3 days, washed and then used for *in vitro* suppression assays at multiple T_{reg} vs T_{eff} ratios; freshly isolated T_{regs} were included for comparison (shown only for 1:4 and 1:8 ratios). Error bars represent s.d. (n=3). **d**, Comparison of phosphorylation of S6 and 4E-BP1 and expression of CTLA-4 and ICOS between freshly isolated and pre-activated T_{regs}. **e**, Images of 42-day-old wild-type (WT) and *Foxp3^{cre}Raptor^{fl/fl}* mice. Arrows indicate the scaly tail and ulceration of the body. **f**, Hematoxylin and eosin staining of colon, lung, liver and skin from 21-day-old wild-type and *Foxp3^{cre}Raptor^{fl/fl}* mice. **g**, IFN-γ, IL-17 and IL-4 production in CD4⁺ and IFN-γ production in CD8⁺ cells from wild-type and *Foxp3^{cre}Raptor^{fl/fl}* mice. *P* values are determined by Mann Whitney test. Mean fluorescent intensity (MFI) is presented above the plots of the relevant staining (a, b, d). Results represent 5 (a, g), 3 (b) and 2 (c-f) independent experiments.

**Figure 2.**

Raptor deletion abrogates T_{reg} suppressive activity. **a**, Foxp3-YFP and GFP expression in CD4⁺ T cells from 25-day-old *Foxp3^{cre}Raptor^{+/+}ROSA26^{GFP}* and *Foxp3^{cre}Raptor^{fl/fl}ROSA26^{GFP}* mice. **b**, Representative colon histology in *Rag1^{-/-}* mice given T_{eff} cells alone or in combination with wild-type or *Foxp3^{cre}Raptor^{fl/fl}* T_{reg}s. **c**, Percentages of T_{reg}s in mixed chimeras reconstituted with bone marrow cells from CD45.1⁺ mice and wild-type or *Foxp3^{cre}Raptor^{fl/fl}* mice (n=3). **d**, Expression of T_{reg} signature molecules and mitochondrial membrane potential (tetramethylrhodamine methyl ester, TMRM) and mass (Mitotracker) in the reconstituted chimeras. **e**, Expression of T_{reg} signature molecules in 6-week-old wild-type and *Cd4^{cre}Raptor^{fl/fl}* mice. **f**, *In vitro* suppression assays mediated by T_{reg}s from wild-type and *Cd4^{cre}Raptor^{fl/fl}* mice. Error bars represent s.d. (n=3). **g**, Representative colon histology in *Rag1^{-/-}* mice given T_{eff} cells alone or in combination with wild-type or *Cd4^{cre}Raptor^{fl/fl}* T_{reg}s. *P* values are determined by Mann Whitney test (c) or *t*-test (f). Results represent 3 (a, d, f), 2 (b, c, g) and 5 (e) independent experiments.

**Figure 3.**

Raptor coordinates T_{reg} proliferation and effector molecule expression by orchestrating cholesterol/lipid biosynthetic metabolism, especially the mevalonate pathway. **a**, CFSE-labeled T_{reg} s from wild-type and $Cd4^{cre}Raptor^{fl/fl}$ mice were stimulated with anti-CD3, anti-CD28 and IL-2 for 3 days, followed by analysis for CFSE dilution and CTLA-4 and ICOS expression (MFI presented above the plots). **b**, Celltrace violet-labeled T_{reg} s from wild-type and $Foxp3^{cre}Raptor^{fl/fl}$ mice were transferred into unmanipulated CD45.1⁺, and Celltrace violet dilution and CTLA-4 expression were analyzed 7 days later. **c**, Gene-set enrichment analysis reveals the under-representation of cholesterol biosynthesis genes in Raptor-deficient T_{reg} s. The lower part of the plot shows the distribution of the genes in the cholesterol biosynthesis signature gene set ('Hits') against the ranked list of genes, and the list on the right shows the top hit genes. **d**, Real-time PCR quantification of lipogenic gene expression in wild-type and $Cd4^{cre}Raptor^{fl/fl}$ freshly isolated T_{reg} s or those stimulated with anti-CD3, anti-CD28 and IL-2 for 8 hours. **e**, *De novo* lipogenesis of T_{reg} s from wild-type and $Cd4^{cre}Raptor^{fl/fl}$ mice after 24 hours of anti-CD3, anti-CD28 and IL-2 stimulation, with the final 4 hours labeled with ¹⁴C-glucose. **f**, Total cholesterol level was measured using lysates of activated T_{reg} s from wild-type and $Cd4^{cre}Raptor^{fl/fl}$ mice. **g**, *In vitro* suppression assays mediated by T_{reg} s previously activated by anti-CD3, anti-CD28 and IL-2 for 3 days in the presence of vehicle, simvastatin (2 μ M), simvastatin and mevalonate (100 μ M) or mevalonate alone. Error bars represent s.d. (n=3). Results represent 2 independent experiments except for c (n=4 from one experiment).

**Figure 4.**

Deletion of *Rictor* does not alter T_{reg} function but partially rescues inflammation in *Foxp3^{cre}Raptor^{fl/fl}* mice. **a**, T_{reg} percentage in 2–3 month old wild-type and *Foxp3^{cre}Raptor^{fl/fl}* mice. **b**, Expression of CD62L and CD44 on splenic T cells from wild-type and *Foxp3^{cre}Raptor^{fl/fl}* mice. **c**, T_{regs} were activated by anti-CD3 and IL-2 for 4 hours followed by immunoblots. **d**, Expression of CD62L and CD44 expression on splenic CD4⁺ T cells from 3–4 week old wild-type, *Foxp3^{cre}Raptor^{fl/fl}* and *Foxp3^{cre}Raptor^{fl/fl}Rictor^{fl/fl}* mice. Right, percentage of CD62L^{hi}CD44^{lo} naïve CD4⁺ cells in the spleen. **e**, IFN-γ production in splenic CD4⁺ T cells from wild-type, *Foxp3^{cre}Raptor^{fl/fl}* and *Foxp3^{cre}Raptor^{fl/fl}Rictor^{fl/fl}* mice. **f**, Numbers of total TCRβ⁺ cells in peripheral lymph nodes from wild-type, *Foxp3^{cre}Raptor^{fl/fl}* and *Foxp3^{cre}Raptor^{fl/fl}Rictor^{fl/fl}* mice. **g**, *In vitro* suppression assays mediated by T_{regs} from 3–4 week old wild-type, *Cd4^{cre}Raptor^{fl/fl}* and *Cd4^{cre}Raptor^{fl/fl}Rictor^{fl/fl}* mice. Error bars represent s.d. (n=3). **h**, CTLA-4 expression in T_{regs} from the spleen of wild-type, *Cd4^{cre}Raptor^{fl/fl}* and *Cd4^{cre}Raptor^{fl/fl}Rictor^{fl/fl}* mice. *P* values are determined by Mann Whitney test (a) and ANOVA (d, f, g). Results represent 3 (a–c, e–g) and 2 (d, h) independent experiments.