## RORα and REV-ERBα are Associated With Clinicopathological Parameters and are Independent Biomarkers of Prognosis in Gastric Cancer

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### Abstract

Retinoid-related orphan receptor alpha (ROR $\alpha$ ) and nuclear receptor subfamily I group D member I (REV-ERB $\alpha$ ) play critical roles in many human cancers. Whether ROR $\alpha$  and REV-ERB $\alpha$  expression levels are associated with clinical characteristics are poorly understood, and they may be independent predictors of overall survival (OS) and progression-free survival (PFS) in gastric cancer (GC). This study aimed to investigate the correlation of ROR $\alpha$  and REV-ERB $\alpha$  expression levels with clinicopathological parameters, OS, and PFS in GC. Immunohistochemistry and quantitative reverse transcription-polymerase chain reaction (qRT-PCR) were employed to assess the expression levels of ROR $\alpha$  and REV-ERB $\alpha$ , which were downregulated in GC tissues compared with normal gastric tissues (P < .001; P < .001) and were associated with several clinicopathological parameters, including histological grade (P =.032; P < .001), preoperative carcinoembryonic antigen (CEA) levels (P = .004; P < .001), and tumor-node-metastasis (TNM) stage (P=.015; P<.001). Additionally, low ROR $\alpha$  and REV-ERB $\alpha$  expression levels were associated with poor OS and PFS in GC patients, respectively (P < .001; P = .001). Furthermore, univariate Cox regression model analysis showed that histological grade (P < .001; P < .001; P = .001). .001), preoperative CEA levels (P < .001; P = .001), TNM stage (P < .001; P < .001), lymph node metastasis (P = .002; P = .002), ROR $\alpha$ expression levels (P = .001; P < .001), and REV-ERB $\alpha$  expression levels (P < .001; P = .001) were associated with OS and PFS in GC. Multivariate Cox regression model analysis indicated that ROR $\alpha$  expression levels and REV-ERB $\alpha$  expression levels are independent factors of OS and PFS in GC. Besides, ROR $\alpha$  and REV-ERB $\alpha$  expression may be positively correlated ( $\chi^2$  = 6.835; P = .009), and GC patients with both high ROR $\alpha$  and REV-ERB $\alpha$  expression levels had the best prognosis. In conclusion, ROR $\alpha$  and REV-ERB $\alpha$  may coparticipate in tumor activities and show potential to estimate the prognosis of GC.

### Keywords

ROR $\alpha$ , rEV-ERB $\alpha$ , biomarkers, prognosis, gastric cancer

### Abbreviations

CA99, carbohydrate antigen 199; CEA, carcinoembryonic antigen; 95% CI, 95% confidence interval; GC, gastric cancer; HR, hazard ratio; MOD, mean optical density; mRNA, messenger RNA; OS, overall survival; PFS, progression-free survival; qRT-PCR, quantitative reverse transcription-polymerase chain reaction; RORα, retinoid-related orphan receptor alpha; REV-ERBα, nuclear receptor subfamily I group D member I; TNM, tumor-node-metastasis.

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## Introduction

Gastric cancer (GC) is the fifth most common malignancy, causing more than 770 000 deaths every year worldwide.<sup>1</sup> Advances in diagnosis and treatment have significantly improved in the past several decades. However, the incidence of advanced GC is high and the 5-year survival time is poor.<sup>1</sup>

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Additionally, the efficacy of chemotherapy is low, and drug resistance develops easily.<sup>2,3</sup> Thus, identifying discovery novel and practical biomarkers to promote diagnosis and improve prognosis is critical. Both retinoid-related orphan receptor alpha (ROR $\alpha$ ) and nuclear receptor subfamily 1 group D member 1 (REV-ERBa) belong to the nuclear receptor family and show apparent characteristics of circadian rhythm.<sup>4,5</sup> Furthermore, ROR $\alpha$  and REV-ERB $\alpha$  are abundantly expressed in human organs and tissues such as skin, adipose tissues, muscle, and brain.<sup>5</sup> Accumulating studies suggest that RORα and REV-ERBa expression is downregulated and associated with poor prognosis in various tumors.<sup>6–9</sup> In GC, previous studies have reported RORa and REV-ERBa expression were associated with clinical and pathological features and induces cell apoptosis through certain molecular pathways.<sup>10,11</sup> However, the relationship of RORa and REV-ERBa expression with clinicopathology remains unclear in GC. Additionally, no integrated study has been performed to reveal the association of RORa and REV-ERBa expression with prognosis in GC. In the current study, we employed immunohistochemistry and quantitative reverse transcription-polymerase chain reaction (qRT-PCR) to further explore the clinicopathological features of RORa and REV-ERB $\alpha$  expression, prognosis, and correlation in GC.

### Methods

### Patients and Specimens (Ethics Approval Number: Quick-PJ2020-11-20)

All patients signed the informed consent before surgery. The study was approved by the Human Ethics Committee of Anhui Medical University, Hefei, Anhui, China and the justification of all methods was consistent with the institutional guideline. The calculation of differential expression was utilized through GraphPad Prism (GraphPad Software) and SPSS 17.0 software (SPSS). All formalin-fixed paraffin-embedded tissue specimens were collected from 208 patients who underwent radical GC surgical resection at The First Affiliated Hospital of Anhui Medical University (Hefei, Anhui) from August 2013 to August 2015. The average age of the research population was 61.8 years, range from 34 to 88 years, and the sex distribution was 116 males and 92 females. The eligible standards were as follows: (1) the pathological diagnosis of tumor tissues was gastric adenocarcinoma; (2) none of the patients had received radiotherapy or chemotherapy prior to surgery; (3) patients who were pregnant or breastfeeding were excluded and the function of lung, liver, renal, and blood, as well as bone marrow, were normal; (4) the Eastern Cooperative Oncology Group Performance Status scores were between 0 and 2.12

### Immunohistochemistry

All specimens contained GC and normal gastric tissues (5 cm from the tumor region approximately) were performed on 5-µm-thick sections from wax blocks. The sections were deparaffinized in 100% xylene for 10 min and through a graded series

of ethanol to wipe off xylene, and then were subjected to microwave with 10 mm citrate buffer (pH = 6.0) at 100 °C for 10 min. Subsequently, the sections were immersed in 3% hydrogen peroxide for 10 min at room temperature, and then incubated with primary RORα rabbit antibody (DF3161; 1:50 dilution; Affinity Biosciences) and REV-ERBa rabbit antibody (DF12430; 1:150 dilution; Affinity Biosciences) at 4 °C overnight, respectively. The sections were then incubated in a biotinconjugated secondary antibody (PV6000;1:100 dilution; ZSGB-BIO; OriGene Technologies), after washing 3 times with phosphate-buffered saline, the sections were stained with 3,3'-diaminobenzidine (ZSGB-BIO; OriGene Technologies) for 5 min and 20% hematoxylin at room temperature. A fluorescent microscope was used to photograph in a single-blinded manner at a magnification of x200 and x400, respectively. The relative protein expression levels of  $ROR\alpha$  and REV-ERB $\alpha$  were calculated by the mean optical density (MOD) method according to the IPWIN Application software version 6.0.0260 (Media Cybernetics). The staining intensity were categorized by the proportion of positive cells: 0 (0%), 1 (1%-25%), 2 (26%-50%), 3 (51%-75%), and 4 (76%-100%). The score was counted: 0 (no staining); 1 to 2 (weakly stained); 3 (moderately stained); and 4 (strongly stained). The final score of low expression levels of RORa and REV-ERBa was defined from 0 to 2, and the high expression levels of ROR $\alpha$  and REV-ERB $\alpha$  was defined as from 3 to 4.

### Quantitative Reverse Transcription-Polymerase Chain Reaction

Total RNA was extracted from tissues using TRIzol® (Thermo Fisher Scientific) according to manual instructions. The complementary DNA was synthesized by PrimeScript RT Reagent kit (Takara Bio) and qRT-PCR was performed using GoTaq® Green Master Mix (Promega Corporation) on 7900 Thermal Cycler (Applied Biosystems; Thermo Fisher Scientific). The initial condition of denaturation at 95°C for 30 s, and then followed by 40 cycles at 95°C for 5 s and elongation at 60°C for 30 s. The primers of RORa, REV-ERBa, and β-actin as follows: RORα, 5'-ACTCCTGTCCTCGTCAGA AGA-3' (forward) and 5'-CATCCCTACGGCAAGGCAT TT-3' (reverse); REV-ERB $\alpha$ , 5'-ACAGAATCGAACTCTG CACTTCT-3' (forward) and 5'-GGGGGAGGGAGGCAGG TATT-3' (reverse); and  $\beta$ -actin, 5'-CATGTACGTTGCTA TCCAGGC-3' (forward) and 5'-CTCCTTAATGTCACGCA CGAT-3' (reverse). The relative messenger RNA (mRNA) expression levels were calculated using the  $2^{-\Delta\Delta Cq}$  method.<sup>13</sup>  $\beta$ -actin was used as an internal control.

#### Follow up

All patients (116 males and 92 females) were followed up every 3 months in the first year and every 6 months in the later time for a total of 5 years from November 2013 to August 2020. Abdominal and pelvic enhanced CT was recommended every 6 months at the first year and then in every year at a later time for a total of 5 years. Carcinoembryonic antigen (CEA) and carbohydrate antigen 199 (CA199) were recommended every 6 months for a total of 5 years. A gastric endoscope also was suggested to perform every 2 years for a total of 5 years. A total of 204 (98.1%) patients survived in the first year and only 18 (8.7%) patients survived at the end of follow up. The definition of the median overall survival (OS) time was from the date of surgery to cancer-related death or last follow up. The median progression-free survival (PFS) time was complied with the criterion from the date of surgery to relapse or last follow up.

### Statistical Analysis

The statistical analysis was performed using GraphPad Prism (GraphPad Software) and SPSS 17.0 software (SPSS). Multiple groups were compared by analysis of variance test. The chi-squared test was used to assess correlation and the relation of ROR $\alpha$  and REV-ERB $\alpha$  expression levels with clinico-pathological parameters. The Kaplan–Meier method and log-rank test were utilized to assess survival curves (the median OS and PFS time). The univariate and multivariate survival analyses were completed using the cox proportional hazards model. *P*<.05 was considered statistically significant.

### Results

## ROR $\alpha$ and REV-ERB $\alpha$ Expression Levels are Downregulated in GC

Immunohistochemistry was used to detect the protein expression levels of ROR $\alpha$  and REV-ERB $\alpha$  in normal gastric and GC tissues (Figures 1 and 2). The ROR $\alpha$  and REV-ERB $\alpha$  protein expression levels were downregulated in GC tissues compared to normal gastric tissues (Figure 3a and b). Additionally, the ROR $\alpha$  and REV-ERB $\alpha$  mRNA expression levels were also downregulated in GC tissues compared with normal gastric tissues, as demonstrated by qRT-PCR (Figure 4a and b).

## ROR $\alpha$ and REV-ERB $\alpha$ Expression Levels are Associated with Clinicopathological Parameters in GC

To illustrate the roles of ROR $\alpha$  and REV-ERB $\alpha$  in GC, we analyzed the clinicopathological data and found that ROR $\alpha$  and REV-ERB $\alpha$  expression levels were significantly associated with histological grade (P = .032; P < .001), preoperative CEA levels (P = .004; P < .001), and TNM stage (P = .015; P < .001). By contrast, age, gender, tumor size, primary tumor site, preoperative CA199 levels, nerve, and vascular invasion and lymph node metastasis were not related (P > .05) (Table 1).

### The Relationship of ROR $\alpha$ and REV-ERB $\alpha$ Expression Levels with Survival Time (OS and PFS) in GC Patients

The prognosis of GC patients with different ROR $\alpha$  and REV-ERB $\alpha$  expression levels was determined using the Kaplan–Meier method and log-rank test. The median OS time of patients with high ROR $\alpha$  expression levels was significantly longer than that of patients with low ROR $\alpha$  expression levels (Figure 5a), and patients with high REV-ERB $\alpha$  expression levels also had a longer OS time than those with low REV-ERB $\alpha$  expression levels (Figure 5b). Furthermore, the median PFS time of patients with high ROR $\alpha$  expression levels was markedly longer than that of patients with low ROR $\alpha$  expression levels (Figure 5c), and patients with high REV-ERB $\alpha$  expression levels also had a longer PFS time than those with low REV-ERB $\alpha$  expression levels also had a longer PFS time than those with low REV-ERB $\alpha$  expression levels also had a longer PFS time than those with low REV-ERB $\alpha$  expression levels (Figure 5c), and patients with high REV-ERB $\alpha$  expression levels (Figure 5c).



**Figure 1.** ROR $\alpha$  was detected through immunohistochemistry stain in normal gastric and GC tissues. Original magnification, ×200: (a) normal gastric tissues. (b) High differentiation. (c) Moderate differentiation. (d) Low differentiation. Original magnification, ×400. (e) Normal gastric tissues. (f) High differentiation. (g) Moderate differentiation. (h) Low differentiation. Scale bar = 100  $\mu$ m. Abbreviations: ROR $\alpha$ , retinoid-related orphan receptor alpha; GC, gastric cancer.



**Figure 2.** REV-ERB $\alpha$  was detected through immunohistochemistry stain in normal gastric and GC tissues. Original magnification ×200. (a) Normal gastric tissues. (b) High differentiation. (c) Moderate differentiation. (d) Low differentiation. Original magnification ×400. (e) Normal gastric tissues. (f) High differentiation. (g) Moderate differentiation. (h) Low differentiation. Scale bar = 100  $\mu$ m. Abbreviations: REV-ERB $\alpha$ , nuclear receptor subfamily 1 group D member 1; GC, gastric cancer.

## Univariate and Multivariate Analyses of the Association of the Clinicopathological Parameters with OS and PFS in GC Patients

A univariate Cox regression model analysis was used to confirm that the median OS and PFS times among 208 GC patients were related to the histological grade (P < .001; P < .001), preoperative CEA levels (P < .001; P = .001), TNM stage (P < .001; P < .001), lymph node metastasis (P = .002; P = .002), ROR $\alpha$ expression levels (P = .001; P < .001), and REV-ERB $\alpha$  expression levels (P < .001; P = .001). A multivariate Cox regression model analysis indicated that ROR $\alpha$  and REV-ERB $\alpha$  expression levels are independent factors for OS and PFS in GC, respectively (Tables 2 and 3).

## Correlation Analysis of ROR $\alpha$ and REV-ERB $\alpha$ Expression Levels in GC

The correlation between ROR $\alpha$  and REV-ERB $\alpha$  expression levels was calculated using the chi-squared test (Table 4), which showed a positive correlation in GC ( $\chi^2 = 6.835$ ; P = .009).

# The Expression Levels of Both ROR $\alpha$ and REV-ERB $\alpha$ are Associated with OS and PFS in GC Patients

The Kaplan–Meier method and log-rank test were used to analyze the correlation between the median survival time (OS and PFS) and the expression levels of both  $ROR\alpha$  and



**Figure 3.** The relative protein expression levels of ROR $\alpha$  and REV-ERB $\alpha$  were detected through immunohistochemistry stain in normal gastric and GC tissues. (a) MOD method illustrated the change of ROR $\alpha$  relative protein expression levels. (b) MOD method illustrated the change of REV-ERB $\alpha$  relative protein expression levels. Data are represented as the mean  $\pm$  standard deviation. N = 10. \*P < .05, \*\*P < .01, \*\*\*P < .001 versus normal gastric tissues.

Abbreviations: RORα, retinoid-related orphan receptor alpha; REV-ERBα, nuclear receptor subfamily 1 group D member 1; GC, gastric cancer; MOD, mean optical density.



**Figure 4.** The relative mRNA expression levels of ROR $\alpha$  and REV-ERB $\alpha$  were detected through qRT-PCR in normal gastric and GC tissues. (a) The 2- $\Delta\Delta$ Cq method calculated the change of ROR $\alpha$  relative mRNA expression levels. (b) The 2- $\Delta\Delta$ Cq method calculated the change of REV-ERB $\alpha$  relative mRNA expression levels. Data are represented as the mean ± standard deviation. N=20. \*\*P<.01, \*\*\*P<.001 versus normal gastric tissues.

Abbreviations: mRNA, messenger RNA; RORα, retinoid-related orphan receptor alpha; REV-ERBα, nuclear receptor subfamily 1 group D member 1; qRT-PCR, quantitative reverse transcription-polymerase chain reaction.

Table 1.	Th	e relations	hip o	of th	e expression	levels	s of	'RORα a	ind RE	V-ERBα	with	clinicopat	hologi	ical	parameters	in	GC	tissues
					1							1	0		1			

	Total case $(n)$	ROR	α expressio	on levels	s (n)	REV-ERB $\alpha$ expression levels ( <i>n</i> )				
Clinicopathological parameters	Low High $n = 208$ ( $n = 121$ ) ( $n = 87$ ) $\chi^2$ <i>P</i> -va		P-value	Low  (n = 113)	$\begin{array}{c} \text{High} \\ (n = 95) \end{array}$	$\chi^2$	P-value			
Age (years)										
<65	101	55	46	1.115	.291	53	48	0.271	.602	
≥65	107	66	41			60	47			
Gender										
Male	116	71	45	0.992	.319	67	49	1.245	.265	
Female	92	50	42			46	46			
Tumor size (cm)										
<5	133	76	57	0.161	.688	74	59	0.161	.688	
≥5	75	45	30			39	36			
Primary tumor site										
Gastric cardia or fundus	84	44	40	1.493	.163	42	42	1.063	.302	
Gastric antrum or body	124	77	47			71	53			
Histological grade										
High and moderate differentiation	78	38	40	4.585	.032	26	52	22.167	<.001	
Low differentiation and undifferentiation	130	93	47			87	43			
Preoperative CEA levels (ng/ml)										
<5	88	41	47	8.409	.004	35	53	13.022	<.001	
≥5	120	80	40			78	42			
Preoperative CA199 levels (U/ml)										
<40	100	59	41	0.054	.816	55	45	0.035	.851	
$\geq 40$	108	62	46			58	50			
TNM stage										
I-II	78	37	41	5.913	.015	23	55	31.034	<.001	
III-IV	130	84	46			90	40			
Nerve and vascular invasion										
No	93	56	37	0.288	.591	53	40	0.127	.721	
Yes	115	65	50			60	55			
Lymph node metastasis										
No	72	41	31	0.068	.794	34	38	2.240	.134	
Yes	136	80	56			79	57			

Abbreviations: TNM, tumor-node-metastasis; CEA, carcinoembryonic antigen; CA199, carbohydrate antigen 199; RORα, retinoid-related orphan receptor alpha; REV-ERBα, nuclear receptor subfamily 1 group D member 1; GC, gastric cancer.



**Figure 5.** The median OS and PFS times were generated through the Kaplan–Meier method and log-rank test according to RORα and REV-ERBα expression levels in GC patients. (a) The median OS time of high and low RORα expression levels in GC patients. (b) The median PFS time of high and low RORα expression levels in GC patients. (c) The median OS time of high and low REV-ERBα expression levels in GC patients. (d) The median PFS time of high and low REV-ERBα expression levels in GC patients. (d) The median PFS time of high and low REV-ERBα expression levels in GC patients. Abbreviations: OS, overall survival; PFS, progression-free survival; RORα, retinoid-related orphan receptor alpha; REV-ERBα, nuclear receptor subfamily 1 group D member 1; GC, gastric cancer.

Table 2. Univariate and multivariate Cox regression analyses of prognostic parameters in GC patients for OS.

arameters		Jnivariate anal	ysis	Multivariate analysis			
raianeters	HR	95% CI	P-value	HR	95% CI	P-value	
Age (years)							
<65 versus ≥65	0.838	0.630-1.114	.223				
Gender							
Male versus female	0.855	0.642-1.139	.284				
Tumor size (cm)							
<5 versus ≥5	0.885	0.653-1.199	.430				
Primary tumor site							
Gastric cardia or fundus versus gastric antrum or body	1.319	0.982-1.773	.066				
Histological grade							
High and moderate differentiation versus low differentiation and undifferentiation	2.656	1.951-3.616	<.001	2.434	1.732-3.422	<.001	
Preoperative CEA levels (ng/ml)							
<5 versus ≥5	1.762	1.317-2.357	<.001	1.083	0.786-1.491	.625	
Preoperative CA199 levels, u/ml							
$<40$ versus $\geq 40$	1.103	0.830-1.467	.500				
TNM stage							
I-II versus III-IV	2.846	2.084-3.885	<.001	2.371	1.659-3.389	<.001	
Nerve and vascular invasion							
No versus yes	0.970	0.729-1.290	.832				
Lymph node metastasis							
No versus yes	1.602	1.185-2.166	.002	1.673	1.225-2.284	.001	
RORα expression levels							
Low versus high	1.604	1.198-2.147	.001	1.511	1.105-2.068	.010	
REV-ERBα expression levels							
Low versus high	2.679	1.988-3.609	<.001	1.621	1.177-2.232	.003	

Abbreviations: GC, gastric cancer; OS, overall survival; HR, hazard ratio; 95% CI, 95% confidence interval; CEA, carcinoembryonic antigen; TNM, tumor-node-metastasis; CA199, carbohydrate antigen 199; RORα, retinoid-related orphan receptor alpha; REV-ERBα, nuclear receptor subfamily 1 group D member 1.

<b>Table 5.</b> Univariate and multivariate COX regression analyses of prognostic parameters in OC patients to	C patients for PFS.
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Doromotore		Univariate analy	Multivariate analysis			
ratameters	HR	95% CI	P-value	HR	95% CI	P-value
Age (years)						
<65 versus ≥65	0.816	0.613-1.086	.164			
Gender						
Male versus female	0.833	0.625-1.111	.214			
Tumor size (cm)						
<5 versus ≥5	0.901	0.666-1.220	.502			
Primary tumor site						
Gastric cardia or fundus versus gastric antrum or body	1.272	0.947-1.709	.109			
Histological grade						
High or moderate differentiation versus low or undifferentiation	2.909	2.126-3.981	<.001	2.728	1.921-3.874	<.001
Preoperative CEA levels (ng/ml)						
<5 versus ≥5	1.821	1.358-2.440	.001	1.091	0.791-1.504	.596
Preoperative CA199 levels (U/ml)						
<40 versus ≥40	1.086	0.817-1.444	.570			
TNM stage						
I-II versus III-IV	2.824	2.069-3.853	<.001	2.285	1.599-3.266	<.001
Nerve and vascular invasion						
No versus yes	0.930	0.697-1.239	.618			
Lymph node metastasis						
No versus yes	1.629	1.204-2.205	.002	1.760	1.286-2.410	<.001
RORa expression levels						
Low versus high	1.617	1.207-2.164	.001	1.522	1.112-2.082	.009
REV-ERBα expression levels						
Low versus high	2.839	2.100-3.837	<.001	1.693	1.225-2.339	.001

Abbreviations: GC, gastric cancer; PFS, progression-free survival; HR, hazard ratio; 95% CI, 95% confidence interval; TNM, tumor-node-metastasis; CEA, carcinoembryonic antigen; CA199, carbohydrate antigen 199; RORα, retinoid-related orphan receptor alpha; REV-ERBα, nuclear receptor subfamily 1 group D member 1.

REV-ERB $\alpha$  in GC patients. The median OS time of GC patients with both high ROR $\alpha$  and REV-ERB $\alpha$  expression levels was significantly longer than that of GC patients with high ROR $\alpha$ and low REV-ERB $\alpha$  expression levels (Figure 6a), low ROR $\alpha$  and high REV-ERB $\alpha$  expression levels (Figure 6b), and both low ROR $\alpha$  and REV-ERB $\alpha$  expression levels (Figure 6c). Furthermore, the median PFS time of GC patients with both high ROR $\alpha$  and REV-ERB $\alpha$  expression was longer than that of GC patients with high ROR $\alpha$  and low REV-ERB $\alpha$  expression levels (Figure 6d), low ROR $\alpha$  and high REV-ERB $\alpha$  expression levels (Figure 6e), and both low ROR $\alpha$  and REV-ERB $\alpha$  expression levels (Figure 6f).

Table 4.	The correlation	analysis	of RORa	and REV-E	ERBα
expression	n levels in GC.				

	REV- expre leve	ERBα ession ls, n	$\chi^2$	P-value		
$\mathbf{ROR}_{\alpha}$ expression levels $(n)$	High	Low	6.835	.009		
High Low	49 46	38 75				

Abbreviations: RORα, retinoid-related orphan receptor alpha; REV-ERBα, nuclear receptor subfamily 1 group D member 1; GC, gastric cancer.

### Discussion

Accumulating evidence suggests that abnormalities in the circadian rhythm lead to gene dysfunction related to metabolic disorders and tumors.<sup>5,14</sup> Additionally, clinicopathological staging is a common method to predict prognosis in recent years. However, patients with identical stages manifest tremendous discrepancies in tumor recurrence and metastasis. Thus, it is meaningful to probe innovative biomarkers to predict prognosis and assist in the choice of optimized chemotherapy.

The ROR nuclear receptor family comprises ROR $\alpha$ , ROR $\beta$ , and ROR $\gamma$  members, which participate in many molecular pathways to regulate physiological activities.<sup>4</sup> Previous studies have shown that ROR $\alpha$  and ROR $\gamma$  are the most important participants in the immune system and are associated with the pathogenesis of ovarian cancer.<sup>15</sup> They can regulate the expression of T-helper cell 17, which is a T-cell subgroup that secretes indispensable inflammatory factors, such as interleukin 17 and interleukin 22, during bacteria and virus infection.<sup>15</sup> Additionally, the ROR $\alpha$  overexpression inhibited tumor cell invasion by inducing SEMA3F transcription in breast cancer. SEMA3F is a tumor microenvironmental suppressive factor and is regarded as a ROR $\alpha$  target gene.<sup>8</sup> By contrast, silencing the SEMA3F gene cannot impede tumor growth and suggesting multiple target genes are involved in the downstream of ROR $\alpha$ .<sup>8</sup>



**Figure 6.** The median OS and PFS times were generated through the Kaplan–Meier method and log-rank test according to the expression levels of both ROR $\alpha$  and REV-ERB $\alpha$  in GC patients. The median OS time in GC patients: (a) Both high ROR $\alpha$  and REV-ERB $\alpha$  versus high ROR $\alpha$  and low REV-ERB $\alpha$ . (b) Both high ROR $\alpha$  and REV-ERB $\alpha$  versus low ROR $\alpha$  and high REV-ERB $\alpha$ . (c) Both high ROR $\alpha$  and REV-ERB $\alpha$  versus both low ROR $\alpha$  and REV-ERB $\alpha$ . The median PFS time in GC patients: (d) both high ROR $\alpha$  and REV-ERB $\alpha$  versus high ROR $\alpha$  and low REV-ERB $\alpha$ . (e) Both high ROR $\alpha$  and REV-ERB $\alpha$  versus low ROR $\alpha$  and high REV-ERB $\alpha$ . (f) Both high ROR $\alpha$  and REV-ERB $\alpha$  versus both low ROR $\alpha$  and REV-ERB $\alpha$ .

Abbreviations: OS, overall survival; PFS, progression-free survival; RORα, retinoid-related orphan receptor alpha; REV-ERBα, nuclear receptor subfamily 1 group D member 1; GC, gastric cancer.

Besides, ROR $\alpha$  expression reduction could attenuate the Wnt/  $\beta$ -catenin signaling pathway, an important reason for the poor prognosis in liver cancer.<sup>16</sup> In the present study, immunohistochemistry and qRT-PCR are employed to illustrate that RORa expression levels were downregulated in GC tissues compared with that in normal gastric tissues. These results were the same as those reported by researchers who revealed that reduced RORα expression could inhibit cell apoptosis and tumor suppressor genes overexpression in GC.<sup>10</sup> The patients with low RORa expression levels were significantly associated with histological grade, preoperative CEA levels, and TNM stage and showed an increased risk of death compared with those with high ROR $\alpha$  expression levels at the median OS and PFS times. The univariate and multivariate Cox regression model indicated that RORa expression levels, histological grade, preoperative CEA levels, TNM stage, and lymph node metastasis are associated with the prognosis of GC. Furthermore, the RORa expression levels can be considered an independent prognostic factor in GC.

REV-ERB $\alpha$  is also a nuclear receptor that belongs to one of the crucial clock genes.<sup>5</sup> In a previous study, REV-ERB $\alpha$  was mainly regulated in the metabolism of lipids and inflammation, a common event in humans.<sup>5,17</sup> However, the relationship between REV-ERB $\alpha$  and the mechanism of tumor generation and progression is not clear. Some scholars illustrated that breast cancer cells exhibit suppressed cell cycle progression and proliferation when REV-ERB $\alpha$  is overexpressed by adding a synthetic REV-ERB agonist.<sup>18</sup> Moreover, several other scholars demonstrated that REV-ERB $\alpha$  inhibits proliferation through glycolysis and the pentose phosphate pathway in GC cells.<sup>19</sup> In the present study, we found that REV-ERBa expression levels are also downregulated in GC tissues compared with those in normal gastric tissues, similar to that reported in our former study.<sup>10</sup> Therefore, we expanded the number of samples and increased the depth of analysis, and found that the GC patients with low REV-ERBa expression levels are markedly related with histological grade, preoperative CEA levels, and TNM stage. Additionally, GC patients with low REV-ERBa expression levels show an increased risk of death compared with those with high REV-ERB $\alpha$  expression levels at the median OS and PFS times. Besides, the univariate and multivariate Cox regression models were employed to determine whether REV-ERBa expression levels, histological grade, preoperative CEA levels, TNM stage, and lymph node metastasis were related to the prognosis of GC. Furthermore, REV-ERBa expression levels could be an independent prognostic factor in GC.

ROR $\alpha$  and REV-ERB $\alpha$  have similar mechanisms of regulation in organs and tissues.<sup>20</sup> On the one hand, they are bound in a specific form to the response element of the promoter and then recruit particular target genes to participate in physiological activities.<sup>21</sup> On the other hand, coactivators and cosuppressors are integrated with ROR $\alpha$  and REV-ERB $\alpha$  to regulate the inscription of target genes in the progression of histone acetylation and deacetylation.<sup>22</sup> Further research showed that ROR $\alpha$ and REV-ERB $\alpha$  compete for interactions and reveal opposite functions through transcription.<sup>4,5,23</sup> However, no study has reported ROR $\alpha$  and REV-ERB $\alpha$  coexpression in GC. Thus, we hypothesized that RORa and REV-ERBa are coexpressed to participate in physiological activities, and the expression levels of both ROR $\alpha$  and REV-ERB $\alpha$  are also associated with prognosis in GC. We found that RORa expression levels were associated with REV-ERBa expression levels, indicating a possible coexpression of RORa and REV-ERBa to participate in GC regulation. Additionally, GC patients with both high ROR $\alpha$  and REV-ERB $\alpha$  expression levels had the best prognosis. However, this study had several limitations. Firstly, the deep molecular mechanism of RORa and REV-ERBa expression was not clear. Secondly. The study of survival time was a retrospective research. So, if the samples belonged to a abundant and multicentric database, the results manifested more representative. In addition, the hypothesis of RORa and REV-ERBa coexpression was based on this study and got no further verification and exploration.

### Conclusion

ROR $\alpha$  and REV-ERB $\alpha$  expression levels are downregulated in GC, and are associated with histological grade, preoperative CEA levels, and TNM stage. Additionally, GC patients with low ROR $\alpha$  expression levels or low REV-ERB $\alpha$  expression levels show a poor prognosis, and the univariate and multivariate Cox regression models implicate ROR $\alpha$  and REV-ERB $\alpha$  as potential biomarkers to predict the prognosis of GC, respectively. Furthermore, in GC, the expression levels of both ROR $\alpha$  and REV-ERB $\alpha$  were first investigated and found to be positively correlated, and patients with both high ROR $\alpha$  and REV-ERB $\alpha$  expression levels had the best prognosis.

### **Authors Contributions**

XSW and RJ designed the study. XSW performed immunohistochemistry to determine the expression levels of ROR $\alpha$  and REV-ERB $\alpha$ . RJ performed qRT-PCR to detect the expression levels of ROR $\alpha$  and REV-ERB $\alpha$ . KC collected and calculated a clinical database of prognosis. XSW drafted the manuscript.

### **Ethical Approval**

This research was conducted acccording to the Helsinki Declaration and was approved by Anhui Medical University, Hehei, China (Ethics Approval Number: Quick-PJ2020-11-20). Informed consent was obtained from each patient participating in this study.

### **Declaration of Conflicting Interests**

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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