



Activation of the Sympathetic Nervous System Promotes Blood Pressure Salt-Sensitivity in C57BL6/J Mice

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ABSTRACT: Global salt intake averages >8 g/person per day, over twice the limit advocated by the American Heart Association. Dietary salt excess leads to hypertension, and this partly mediates its poor health outcomes. In ≈30% of people, the hypertensive response to salt is exaggerated. This salt-sensitivity increases cardiovascular risk. Mechanistic cardiovascular research relies heavily on rodent models and the C57BL6/J mouse is the most widely used reference strain. We examined the effects of high salt intake on blood pressure, renal, and vascular function in the most commonly used and commercially available C57BL6/J mouse strain. Changing from control (0.3% Na⁺) to high salt (3% Na⁺) diet increased systolic blood pressure in male mice by ≈10 mmHg within 4 days of dietary switch. This hypertensive response was maintained over the 3-week study period. Returning to control diet gradually reduced blood pressure back to baseline. High-salt diet caused a rapid and sustained downregulation in mRNA encoding renal *NHE3* (sodium-hydrogen-exchanger 3) and *EnaC* (epithelial sodium channel), although we did not observe a suppression in aldosterone until ≈7 days. During the development of salt-sensitivity, the acute pressure natriuresis relationship was augmented and neutral sodium balance was maintained throughout. High-salt diet increased ex vivo sensitivity of the renal artery to phenylephrine and increased urinary excretion of adrenaline, but not noradrenaline. The acute blood pressure–depressor effect of hexamethonium, a ganglionic blocker, was enhanced by high salt. Salt-sensitivity in commercially sourced C57BL6/J mice is attributable to sympathetic overactivity, increased adrenaline, and enhanced vascular sensitivity to alpha-adrenoreceptor activation and not sodium retention or attenuation of the acute pressure natriuresis response. (**Hypertension. 2021;77:158–168. DOI: 10.1161/HYPERTENSIONAHA.120.16186.**) • [Data Supplement](#)

Key Words: blood pressure ■ hypertension ■ mice ■ natriuresis ■ sympathetic nervous system

Globally, individual salt (sodium chloride) intake is estimated at >8 g/day,^{1–3} more than twice the upper limit recommended by the American Heart Association.⁴ This habitual salt excess is associated with a range of poor health outcomes, including autoimmunity,⁵ cardiovascular and chronic kidney disease,⁶ dementia,⁷ and gastrointestinal cancers.⁸ Hypertension makes an important contribution to many of these and the association between salt intake and blood pressure (BP) is well documented.⁹ There is an exaggerated rise in BP in response to salt in ≈30% of people, who are categorized as salt-sensitive.¹⁰ Even if BP is within the normal range,

salt-sensitivity increases mortality risk¹¹ and is an independent cardiovascular risk factor.¹²

The physiological and molecular mechanisms of salt-sensitivity are not fully defined. A kidney-centered hypothesis suggests that salt-sensitivity is a failure of the acute pressure natriuresis mechanism, which normally acts to maintain extracellular fluid volume homeostasis and buffer BP against dietary salt excess.¹³ A vascular-centered hypothesis suggests that salt-sensitivity is a result of a failure of peripheral vasodilation to accommodate increased salt intake and extracellular fluid volume expansion.¹⁴ A brain-centered hypothesis argues that

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Novelty and Significance

What Is New?

- This study uses radio-telemetry to show that high-salt diet increases blood pressure (BP) in male C57BL6J mice sourced from a major commercial supplier.
- Salt-sensitive BP was not caused by renal sodium retention and the pressure natriuresis relationship was enhanced, not attenuated.
- High BP was neurogenic and potentially vascular, due to increased sympathetic activity, elevated levels of epinephrine, and enhanced renal arterial vascular sensitivity to α -adrenoreceptor stimulation.

What Is Relevant?

- C57BL6 mice are widely used in hypertension research and identified in the most recent American

Heart Association Animal Models of Hypertension: A Scientific Statement as having salt-resistant BP.

- This study suggests salt-sensitivity or salt-resistance of inbred rodents cannot be assumed, highlighting the importance to laboratories of profiling their background strain using radio-telemetry when BP is a major study end point.
- Mechanistically, the study suggests that salt-sensitivity can develop without sodium retention and further indicates that diurnal variation in BP is not influenced by diurnal variation in salt excretion.

Summary

We found salt-sensitivity in commercially sourced male C57BL6/J mice, reflecting sympathetic overactivity and not sodium retention or attenuation of the acute pressure natriuresis response.

Nonstandard Abbreviation and Acronyms

BP	blood pressure
ANG II	angiotensin II

abnormal sympathetic outflow, particularly to the kidney and vasculature, is the primary defect underlying salt-sensitive hypertension.¹⁵ Overall the physiological basis of salt-sensitivity remains contentious.^{16,17}

Our understanding of salt-sensitivity has been deepened by experiments in animals.^{18,19} The capacity to manipulate the rodent genome has identified new molecular pathways through which high-salt diet can increase BP. These include primary alterations within the immune, neurological, renal, or vascular systems.^{20–23} Such studies rely on a salt-resistant reference strain, a control animal in which BP is not increased by high-salt diet. C57BL6 mouse strains are widely used in this context, both as an inbred experimental mouse strain and as the congenic background for transgenic lines. Like humans, C57BL6 mice have a single renin gene, resulting in a lower resting BP than other inbred strains with 2 renin genes.²⁴ C57BL6 mice (chiefly J and N strains) are often considered salt-resistant, as several studies, including our own, indicate that high-salt diet alone does not increase systolic BP in either the parent strain or transgenic wild-type mice congenic on this background.^{22,25,26} However, others report salt-sensitivity.^{27,28}

Given the importance of C57BL6/J mice in hypertension research, the current study used radio-telemetry to

define the BP response to high-salt diet in C57BL6/J mice commercially sourced from Charles River, United Kingdom. Demonstrating salt-sensitivity, we performed detailed renal, vascular, and hormonal measurements to identify the physiological processes that might contribute to the sustained rise in BP in these animals.

METHODS

The data that support the findings of this study are available from the corresponding author upon reasonable request.

Please see the [Data Supplement](#) for experimental details.

Adult male C57BL6/J mice (Charles River, United Kingdom), aged 10 to 12 weeks, were used in these experiments, which were performed between 2016–2019. Experiments were performed in accordance with the UK's Animals (Scientific Procedures) Act under a UK Home Office Project Licence. All protocols were reviewed by the University's Animal Welfare and Ethics Review Board before experimentation. Mice were housed in stock-holding rooms with an ambient temperature of $21\pm 1^\circ\text{C}$ or in procedural rooms with an ambient temperature of $24\pm 1^\circ\text{C}$; humidity was controlled at $50\pm 10\%$ and all rooms operated on a 12-hour light-dark cycle (light period 0700–1900 local time). Mice were housed in groups excepting the radio-telemetry and metabolic cage studies in which mice were housed singly, with access to bedding and enrichment. Unless otherwise specified, mice were killed by cervical dislocation. Mice had free access to water and food throughout. The control diet had 0.3% Na and 0.7% K by weight (RM1 diet, Special Diet Services, United Kingdom); the high-salt diet contained 3% Na and 0.6% K by weight (829504; Special Diet Services, United Kingdom). For cross-sectional experiments, mice were randomized into diet treatment group and the experiments were performed with a single-blind to group allocation.

Data and Statistics

Data are expressed as mean±SD or as median and range. The sample number (n) for individual experiments is indicated in the figure legends. Cosinor analysis of radio-telemetry data²⁹ is detailed in the [Data Supplement](#). Statistical analysis was performed using GraphPad Prism v8.4. Before statistical analysis, normality-testing was performed using the Shapiro-Wilk test. Normally distributed datasets were then analyzed by *t* test, 1-way ANOVA, or 2-way ANOVA, with or without repeated measures, as appropriate. For ANOVA, Holm-Sidak post-tests were used for planned comparisons only when the main effect *P* value was <0.05. Non-normally distributed data were compared using Kruskal-Wallis test for multiple comparisons or Wilcoxon Signed Rank test for matched pairs. Statistical analysis details are provided in the figure legends; absolute *P* values for planned comparisons are reported to 3 decimal places.

RESULTS

BP, Heart Rate, and Activity

Systolic and diastolic BP were measured in conscious, unrestrained mice in a longitudinal experiment encompassing a control diet baseline, 21 days of high-salt diet, and a washout period when animals returned to control diet. The transition to high salt increased both systolic and diastolic BP (ANOVA main effect of diet $P<0.001$), reaching steady-state after 4 days (Figure 1). As salt-sensitivity is often accompanied by the development of nondipping BP,³⁰ we, therefore, used cosinor analysis to show that the increase in systolic BP in response to high-salt diet was associated with diurnal abnormalities. However, BP amplitude, reporting the difference between the peak and nadir, was increased rather than attenuated (Figure S2 in the [Data Supplement](#)), and this enhanced BP variation was driven by an exaggerated response to salt during the active-phase rather than an enhanced sleep-phase BP dip (Figure S3).

Heart rate increased transiently during the first week of high salt feeding as did the amplitude of daily variation (Figure 1 and Figure S4) due to asymmetrical responses during active and inactive phases of the day (Figure S3). Although overall daily activity was unaffected by diet, rhythmic amplitude increased (Figure 1 and Figure S5) because night-time, active-phase activity was significantly higher during the high salt phase (Figure S3).

Renal Sodium and Water Handling

In balance studies, daily food intake was unaffected by the transition from control to high-salt diet. Consequently, sodium intake increased 10-fold, matched by an increase in urinary sodium excretion (Figures S6). There was no evidence for sodium retention and the 7-day cumulative sodium balance was more negative during the high salt intake period (Figure 2). During control diet, there was a diurnal variation in the urinary excretion of sodium,

chloride, and urine flow (Figure 2), which were all higher during the active phase. This diurnal rhythm was lost after 7 days of high salt feeding, such that the total daily excretion of sodium and chloride were evenly distributed across the day-night cycle.

Drinking behavior also became dysregulated after a week of high salt (Figure S7), and high salt-induced both polydipsia and polyuria (Figure S6) with mice entering positive cumulative water balance (Figure 2). Hematocrit, indicative of effective circulating volume, was unaffected by high salt feeding (Figure 2).

In a separate, cross-sectional study, high salt intake suppressed plasma aldosterone but only the 7- and 14-day measurements were different from control diet (Figure S8). At the mRNA level, high-salt diet reduced the expression of *slc9a3*, encoding NHE3 in the proximal tubule, and *scnn1a*, encoding the α -subunit of ENaC in the aldosterone-sensitive distal nephron. The expression of mRNA encoding the sodium-potassium-chloride cotransporter (NKCC2) and the sodium-chloride cotransporter (NCC) was unaffected by salt intake. There was a transient reduction in aquaporin-2 expression after 7 days of high salt intake (Figure S8).

Pressure Natriuresis Response and Renal Hemodynamics

We hypothesized that the pressure natriuresis relationship, a key physiological regulator of BP, was attenuated in C57BL/6J mice fed high salt leading to the increase in BP. In anesthetized mice fed either control or high-salt diet for 3 days, arterial ligation was used to acutely increase BP (Figure 3A shows an exemplar trace), inducing a significant natriuresis and diuresis in both groups (ANOVA, main effect of BP: $P<0.001$). Contrary to our hypothesis, the high salt group displayed an enhanced natriuretic and diuretic (ANOVA, main effect of diet: $P=0.002$ & $P=0.015$, respectively) response to increasing BP. Renal blood flow and glomerular filtration rate were both significantly lower (ANOVA, main effect of diet: $P<0.001$ & $P=0.037$, respectively) in the mice fed high salt (Figure 3). The hemodynamic response to increasing BP was similar in both groups.

Ex Vivo Vasomotor Function

We next asked whether intrinsic vasomotor function was altered by high salt intake. Using wire-myography, the maximal contractile response in mesenteric and renal arteries was no different between the high salt and control groups. In mesenteric arteries (Figure S9), phenylephrine-induced vasoconstriction, and vasodilation in response to acetylcholine and sodium nitroprusside were not influenced by high salt intake. In the renal artery, the sensitivity to phenylephrine was significantly increased after 7-days of high salt ($\log EC_{50}$ high salt 6.63 ± 0.41 versus control diet 6.14 ± 0.03 ; $P=0.019$, Figure S10).

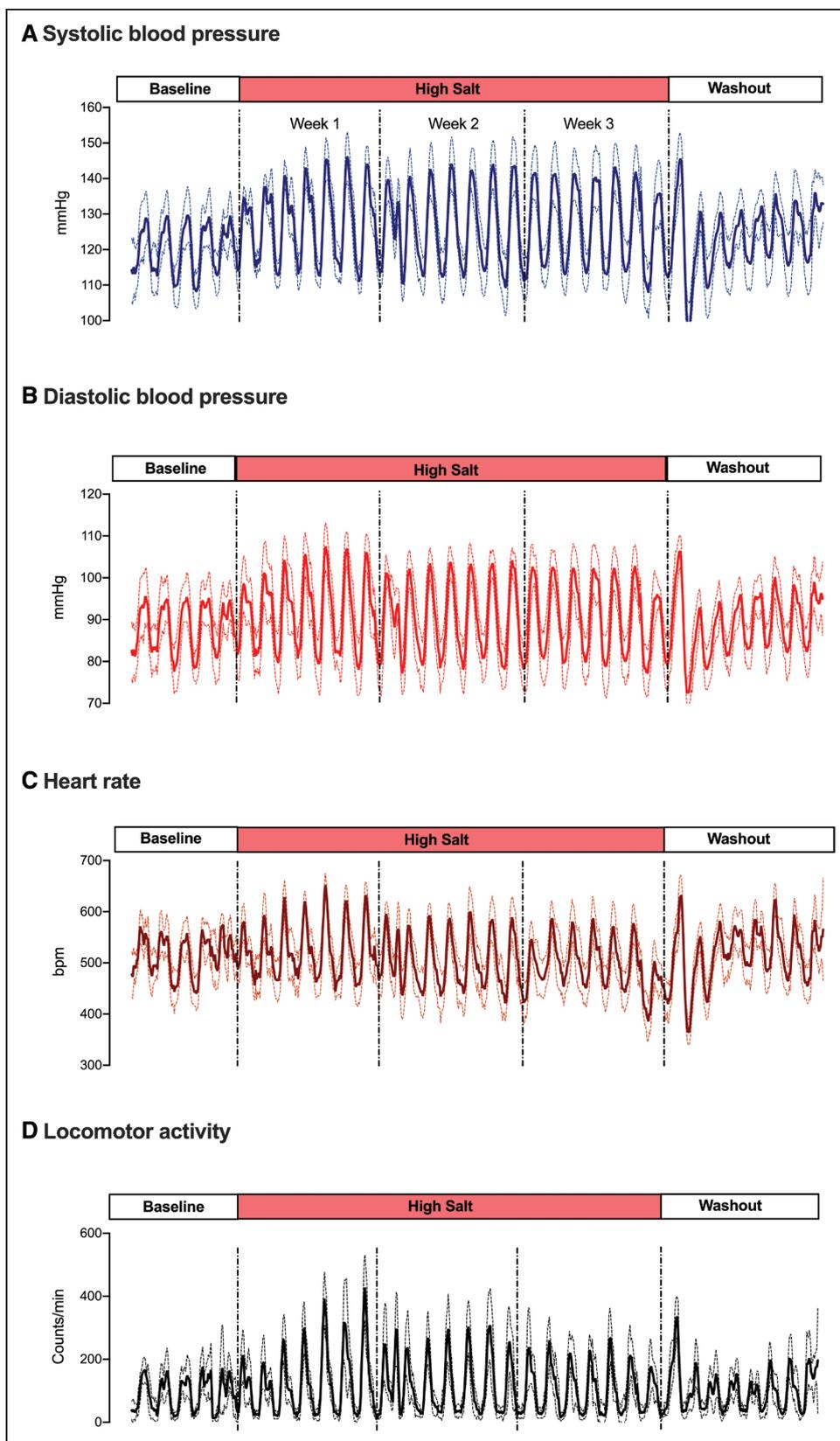


Figure 1. Cardiovascular parameters and activity in male C57BL6/J mice. **A**, Systolic blood pressure, **(B)** diastolic blood pressure, **(C)** heart rate and **(D)** locomotor activity recorded by radio-telemetry devices implanted into the carotid artery of male C57BL6/J mice (n=7). Data were acquired every 20 min over a longitudinal protocol (Figure S1) incorporating control diet (0.3% Na) baseline; 21 d of high salt (3% Na) and a washout phase when mice were returned to 0.3% Na diet. Data are presented as 5-hour rolling averages (group mean solid line) ±SD (dashed lines).

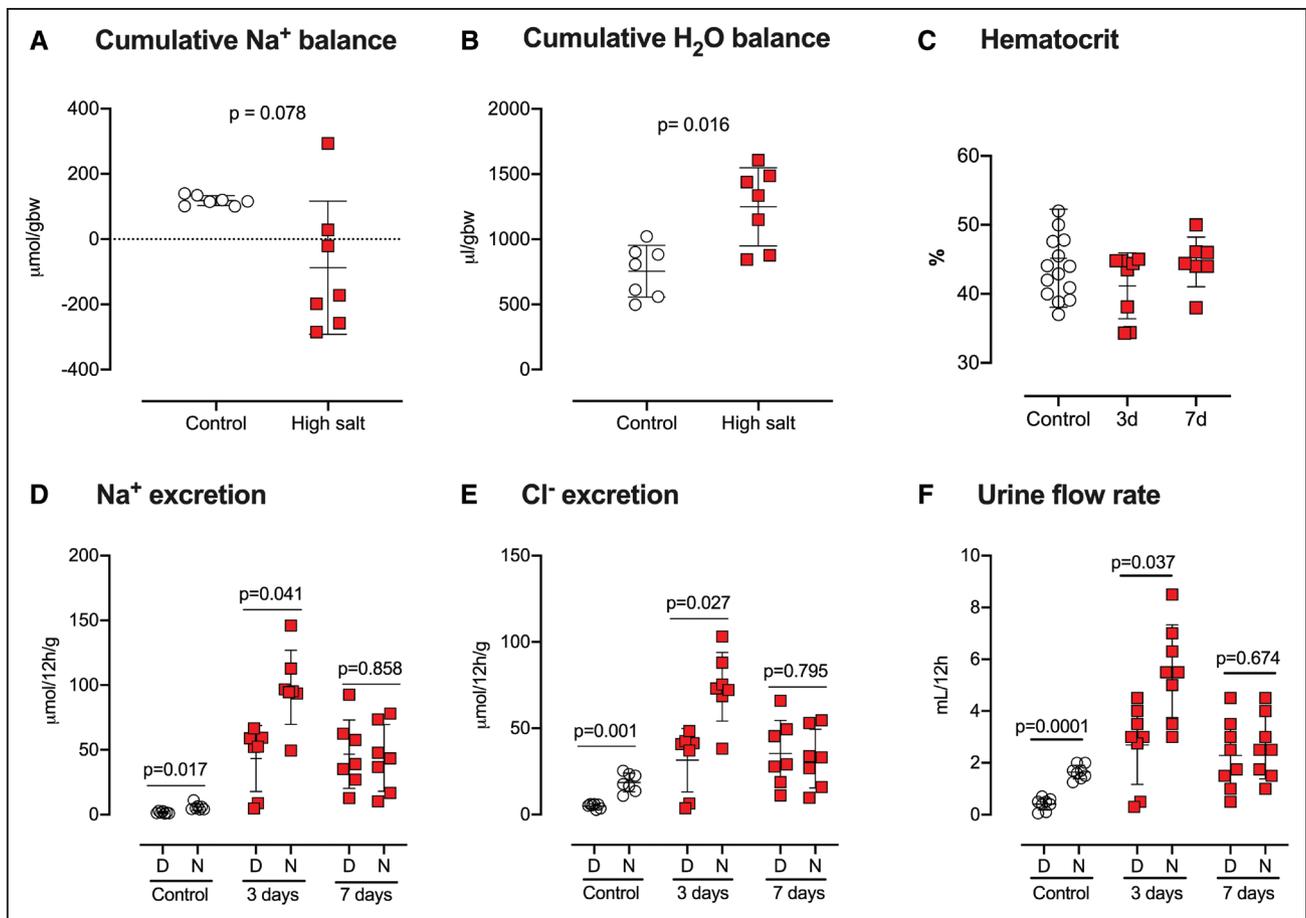


Figure 2. Male C57BL6/J mice ($n=7$; 10–12 wk old) were individually housed in metabolism cages for measurement of food/water intake and urine/fecal output over 7 d of the control diet (0.3% Na; open circles), followed by 7 d of high-salt diet (3% Na; red squares).

A, Cumulative sodium balance and **(B)** cumulative water balance were calculated for each 7-d period, presented as individual data points with median \pm interquartile range, and analyzed nonparametrically by Kruskal-Wallis test. **C**, Hematocrit, measured from arterial blood in male C57BL6/J mice fed either control diet (open circles; $n=14$) or high-salt diet (red squares) for 3 d ($n=8$) and 7 d ($n=7$). Individual data points, with mean \pm SD, were analyzed by 1-way ANOVA and groups were not significantly different. **D**, sodium excretion; **(E)** chloride excretion and **(F)** urine flow rate during the day (D: inactive phase 7 AM–7 PM) and night (N: active phase 7 PM–7 AM). Individual data points and group mean \pm SD are shown and analyzed by repeated-measures 2-way ANOVA for main effects of time of day and diet. *P* values for planned comparisons are given, made Holm-Sidak testing.

Sympathetic Activity and Catecholamines

The acute depressor effect of the ganglionic blocker hexamethonium was used to index SNS activity on control diet and after 7 and 21 days of high-salt diet. Resting systolic BP was reduced significantly by hexamethonium (Figure 4, 1-sample *t* test: $P<0.0001$). During control diet, and after 7 days of high salt, systolic BP was reduced by ≈ 20 mm Hg, with a recovery time of ≈ 20 minutes. The area under the curve was not different between these 2 time points (Figure 4). After 21 days of high salt, the effect of hexamethonium was enhanced, reducing systolic BP by ≈ 40 mm Hg, with a recovery time of ≈ 50 minutes and significantly increased area under the curve.

Next, in another group of mice, we measured the urinary excretion of catecholamines first on control diet and again, starting on the seventh day of high salt intake. Norepinephrine spillover did not show clear diurnal

variation (Figure 4E. ANOVA main effect of time of day: $P=0.073$), and excretion was unaffected after 7 days of high salt intake (ANOVA main effect of diet: $P=0.255$). Epinephrine excretion was higher during the night than during the day (Figure 4F. ANOVA main effect of time of day: $P<0.0001$), and was increased after 7 days of high salt in both active and inactive phases (ANOVA main effect of diet: $P=0.004$). Urine excretion of nitrite/nitrate, taken as an index of in vivo nitric oxide, was significantly reduced by high-salt diet (Figure S11).

DISCUSSION

Salt-sensitivity is an independent cardiovascular risk factor¹² and, given habitually high salt intake in much of the world, presents an important health challenge. Mechanisms of salt-sensitivity are contentious with natriuretic

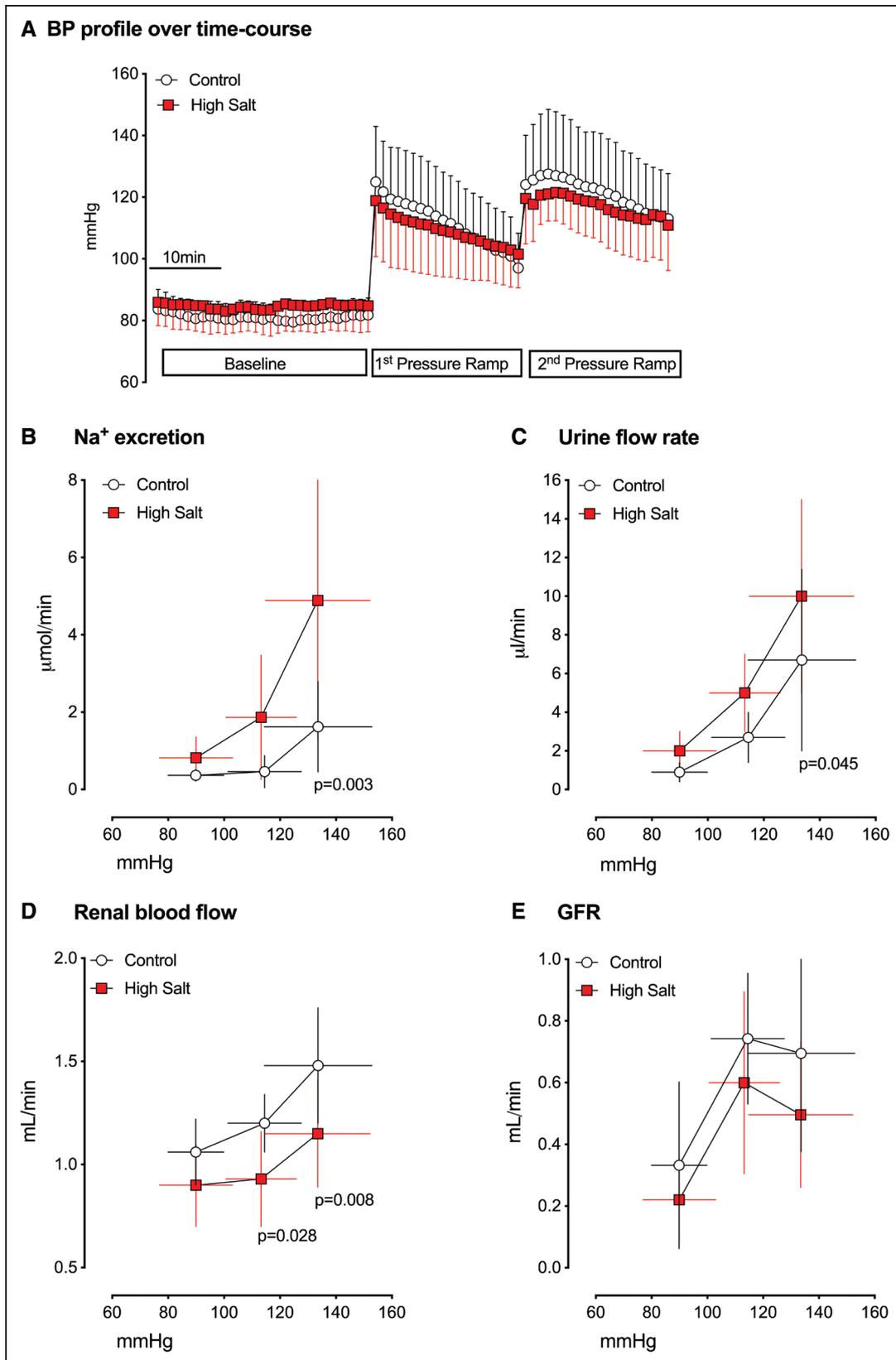


Figure 3. The acute pressure natriuresis relationship in anesthetized male C57BL6/J mice fed either control diet (0.3% Na; open circles; n=9) or high sodium (3% Na; red squares; n=7) for 3 days.

Blood pressure (BP) was acutely raised over baseline by sequential ligation of the mesenteric and coeliac arteries (first pressure ramp) and the distal aorta (second pressure ramp). And urine collected via bladder cannula. **A**, The BP profile over the time course was not different between groups. **B**, Sodium excretion, **(C)** urine flow rate, **(D)** renal blood flow, **(E)** glomerular filtration rate (GFR). Data are group mean±SD and statistical analysis was by 2-way ANOVA. *P* values for planned comparisons between groups are given, made Holm-Sidak testing.

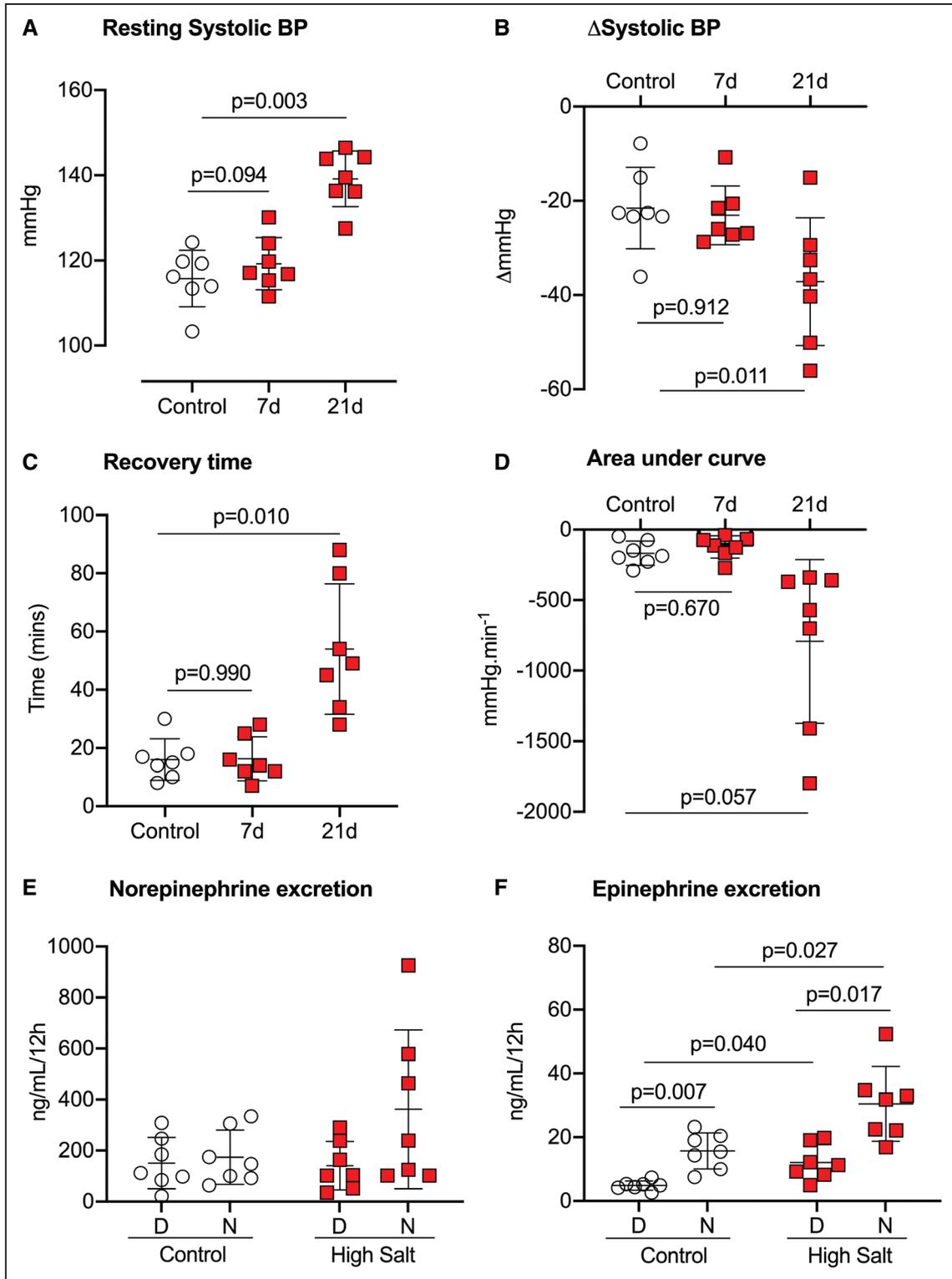


Figure 4. The acute depressor effect of ganglionic blockade was used to index sympathetic nervous system activity in male C57BL6/J mice (n=7) fed control diet (0.3% Na, open circles) and then high-salt diet (3% Na; red squares) as indicated in the protocol (Figure S1).

A, resting systolic blood pressure (SBP). **B**, The maximum drop in SBP induced by hexamethonium (Δ hexamethonium). **C**, the time taken for SBP to return to preinjection baseline. **D**, Area over the curve. Individual mouse data are shown with group mean \pm SD. Analysis was by repeated-measures 1-way ANOVA with *P* values shown for post-test comparisons to the control. In a separate group of mice (n=7), measurements of **(E)** urinary excretion of norepinephrine and **(F)** epinephrine during the day (D: inactive phase 7 AM–7 PM) and night (N: active phase 7 PM–7 AM) were made first on control diet (0.3% Na, open circles) and then after 7-d of high-salt diet (3% Na; red squares). Individual mice and group means \pm SD are shown. Analysis was by repeated-measures 2-way ANOVA, with main effects of diet and time of day. Planned post-test comparisons were performed by Holm-Sidak with *P* values indicated.

dysfunction,¹³ vasodysfunction,¹⁴ and neurogenic paradigms¹⁵ dominating the debate. Our study finds that high-salt diet increases systolic BP by ≈ 10 mmHg in commercially sourced, male C57BL6/J mice and that this salt-sensitivity is due activation of the sympathetic nervous system.

C57BL6/J and C57BL6/N mice are a widely used tool in biomedical research.³¹ In experimental hypertension, this strain serves as platform for pharmacological models, such as chronic ANG II (angiotensin II) infusion, and as the genetic background for informative transgenics (eg, International Mouse Phenotyping Consortium; www.mousephenotype.org). Their utility, outlined in The American Heart Association Scientific Statement on Animal Models of Hypertension,¹⁸ rests on the premise that the C57BL6 strain is intrinsically salt-resistant. The utility of continuous measurement of BP in nonrestrained animals by radio-telemetry is key. It allows a more nuanced interpretation of BP phenotypes than does the snap-shot provided by tail-cuff plethysmography. In head-to-head comparisons, telemetry demonstrated salt-sensitivity in C57BL6/J and N mice, whereas this important phenotype was obscured by tail-cuff.²⁷ The advantages of direct BP measurement by radio-telemetry are widely acknowledged and The American Heart Association Council on High Blood Pressure Research recommends this approach when the scientific objective is to identify and quantify subtle forms of hypertension.³² Our study aligns with the overall conclusion: the BP response to salt cannot be assumed and radio-telemetry is *sine qua non* when ascribing salt-resistance or salt-sensitivity in experimental hypertension research.

A kidney-centered paradigm suggests that the rise in BP in response to high salt is due to a failure of pressure natriuresis, a physiological mechanism that acts to maintain extracellular fluid volume and buffer BP. In the current study, we observed that suppression of aldosterone in response to high salt occurred late after BP had plateaued. From our previous work, we hypothesized that aldosterone-sensitive sodium transporters were not downregulated rapidly at the initiation of high salt intake^{33,34} causing natriuretic dysfunction and sodium retention. This hypothesis was not supported: high-salt diet induced a rapid downregulation of α ENaC mRNA, the rate-limiting step for functional ENaC formation, and no effects at the mRNA level on the aldosterone-sensitive transport proteins, NCC and NKCC2. Additionally, and in keeping with earlier work,^{35,36} we found that NHE3, a major proximal tubule sodium reabsorption pathway, was also downregulated. Importantly, functional downregulation of NHE3 is a major mechanism of pressure natriuresis,¹⁶ and this likely contributes to the increased natriuresis seen here. Overall, we found no evidence for sodium retention, and our data suggest that natriuretic dysfunction is not a major component to salt-sensitivity in C57BL6/J mice. We identified a subtle

natriuretic abnormality in that diurnal variation of renal salt excretion was lost after 3 weeks of high salt intake. It is proposed that natriuretic dysfunction redistributes sodium excretion more evenly across the 24-hour cycle, necessitating a higher BP during the sleep phase to achieve sodium balance.^{37,38} This is important since loss of the normal diurnal variation in BP—nondipping—increases cardiovascular risk.³⁹ However, based on our data, we conclude that that abnormal patterning of renal sodium excretion does not influence diurnal BP variation. Our study is consistent with previous work indicating that heart rate and cardiac output are the major determinants of a normally dipping BP.⁴⁰

Studies in humans indicate that high salt intake initiates sodium retention and increased cardiac output but importantly the response is not greater in salt-sensitives than it is in salt-resistant controls.^{41,42} Instead, the salt-induced rise in BP is driven by a failure to appropriately vasodilate and reduce peripheral vascular resistance in salt-sensitive individuals and experimental models.¹⁴ We did not find intrinsic arterial abnormalities in nitric oxide-dependent or independent vasodilation, but longer-term studies indicate that high salt can lead to nitric oxide synthase uncoupling.⁴³ Indeed, reduced urinary nitrite/nitrate excretion points to reduced global nitric oxide production *in vivo*, and circulating epinephrine is also likely elevated (discussed below). We also noted a modestly increased sensitivity to α -adrenergic activation, in the renal artery at least. Overall, it is reasonable to conclude that high-salt intake induces a procontraction environment *in vivo*.

In healthy humans, high salt intake suppresses plasma and urine norepinephrine/epinephrine.⁴⁴ The salt-induced suppression was attenuated in salt-sensitive hypertensives.^{44,45} An important finding in our study was that high-salt diet did not suppress urinary norepinephrine excretion; urinary epinephrine spillover was significantly increased with high salt. Urinary catecholamine spillover reflects plasma concentrations over time,⁴⁶ and our data suggest 2 things. First, that sympathetic activation is not suppressed by high salt intake, as would be expected in salt-resistance. Second, that adrenal epinephrine production is enhanced, as previously reported in salt-sensitive,⁴⁷ but not salt-resistant⁴⁸ rats. Coupled with the modest increase in intrinsic renal artery sensitivity to α_1 -adrenergic stimulation, enhanced circulating epinephrine and sustained sympathetic outflow⁴⁹ might contribute to the salt-sensitive hypertension C57BL6/J mice.

Abnormal sympathetic activity during the high salt feeding phase of our telemetry experiment is also indicated by the exaggerated depressor response to hexamethonium, given here at a dose which eliminates renal sympathetic nerve activity.⁵⁰ Measured only during the inactive phase, the response to hexamethonium likely underestimates the overall sympathetic contribution to BP in the stable phase of salt-sensitivity. This warrants further study but direct, longitudinal measurements of

sympathetic activity by radio-telemetry are still an emerging technology.⁵¹ Nevertheless, our data strongly support a neurogenic component to salt-sensitivity in C57BL6/J mice that is not reliant on impaired natriuresis and sodium retention, as proposed by recent modeling.⁵²

Limitations

Of the several limitations in our study, we draw focus to three. First, we cannot unequivocally attribute the BP rise to increased dietary sodium chloride alone. Other constituents may vary between the diets and exert modifying effects on BP. For example, the high-salt diet was slightly lower in potassium (0.6% versus 0.7%) and estimated to have lower arginine content (\approx 0.4%, compared with \approx 0.9%). The hypertensive effect of diets low in potassium is well-established⁵³ and may make a modest contribution here. The arginine differential may be more significant since low molar supplements of nitrate or beetroot extracts confer protection against hypertension in the Dahl Salt-Sensitive rat.⁵⁴

Second, our telemetry BP experiments were performed at an ambient temperature below thermoneutrality (30°C). Both heart rate and BP increase as ambient temperature drops below a mouse's thermoneutral zone⁵⁵ and cold-stress is increasingly recognized as an important phenotypic modifier.⁵⁶ Although the temperature effect is less pronounced during the active phase, when salt-sensitivity was most evident in our mice, it is possible that temperature-induced mild stress and increased salt intake combine to activate the sympathetic nervous system. Notably, salt-sensitive humans show an exaggerated tachycardia and cortisol response when exposed to acute mental stress, although norepinephrine levels are reduced compared with salt-resistant controls.⁵⁷

Third, other studies, including ours, report the C57BL6/J background as salt-resistant.^{22,23,25,26} Phenotypic variation in the BP response to salt is also noted in the Dahl S rat, a classical model of salt-sensitivity.⁵⁸ As highlighted by Rapp and Garrett,⁵⁸ genetic divergence from a parent strain may contribute but other factors, particularly around experimental design and dietary salt load make significant contributions. The statistical framework is also a factor: experiments designed to compare between genotypes can lack power to discriminate a within-group effect and may identify subtle increases in BP as a nonsignificant trend.²³

Perspectives

Hypertension research is reliant on mouse models and the C57BL6J mouse is commonly used. Understanding whether or not a particular rodent strain is salt-sensitive or salt-resistant is desirable as it informs the rational design of experimental protocols and the interpretation of hemodynamic data. So are C57BL6J mice salt-sensitive

or salt-resistant? In the absence of an accepted industry standard quantitative definition of salt-sensitivity, thresholds are still arbitrary.¹⁸ Certainly we show a sustained \approx 10 mmHg BP rise with a \approx 10-fold increase in dietary salt intake but this effect is perhaps small compared with established models of salt-sensitivity. The binary categorization of resistant or sensitive does not accurately reflect the underlying biology of is a continuous trait but is experimentally convenient and indeed useful. Our study does not alter the applicability of the C57BL6J as a work-horse for hypertension research but provides important information for researchers to consider when designing and interpreting their studies.

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Disclosures

None.

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