REVIEW ARTICLE

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Review of COVID-19 and male genital tract

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Abstract

COVID-19 pandemic leads to health challenges globally, and its diverse aspects need to be uncovered. Multi-organ injuries have been reported by describing potential SARS-CoV-2 entrance routes: ACE2 and TMPRSS2. Since these cell surface receptors' expression has been disclosed within the male reproductive system, its susceptibility to being infected by SARS-CoV-2 has been summarised through this literature review. Expression of ACE2 and TMPRSS2 at RNA or protein level has been reported across various investigations indicates that the male genitalia potentially is vulnerable to SARS-CoV-2 infection. Presence of SARS-CoV-2 within semen samples and following direct viral damage, secondary inflammatory response causing orchitis or testicular discomfort and finally the amount of viral load leading testicular damage and immune response activation are among probable underlying mechanisms. Therefore, genital examination and laboratory tests should be considered to address the male reproductive tract complications and fertility issues.

KEYWORDS

ACE2, COVID-19, male genital tract, spermatogenesis, TMPRSS2

1 | INTRODUCTION

As novel severe acute respiratory syndrome coronavirus (SARS-CoV-2) is spreading worldwide since the first cases reported in Wuhan, China, in December 2019, several biological scientists' attention has been focused on its pathogenesis (Adhikari et al., 2020; Park et al., 2020; WHO, 2020, July, 9). Respiratory symptoms have been reported significantly among confirmed cases, initiating by nasopharyngeal entrance ending up in Acute Respiratory Distress Syndrome (ARDS) in severe cases by provoking cytokine storm (Huang et al., 2020; Jiang et al., 2020). However, other target organs have become a significant concern, such as cardiovascular system damage and kidney injury (Li, Yang, et al., 2020; Zhou, Zhang et al., 2020). Moreover, digestive system disturbances, coagulopathies, even CNS dysfunction and dermatologic manifestations have raised the diagnosis and treatment complexity (Baig et al., 2020; Li, Yang, et al., 2020; Wong et al., 2020). However, less attention has

been drawn to reproductive organs while being susceptible to SARS-CoV-2 as discussed below.

According to viruses' characteristics and replication processes within the host cell, attachment and penetration mechanisms are of great importance across viral infections; thus, SARS-CoV-2 RNAvirus pathogenesis could be described (Guo, Cao, et al., 2020).

Prior research demonstrated the capability of SARS-CoV-2 entry via angiotensin-converting enzyme 2 (ACE2) receptor among ACE2-expressing cells in the human body (Wang, Zhang, et al., 2020; Zhou, Yang, et al., 2020), which binds to virus proteins and activates surface transmembrane protease serine 2 (TMPRSS2) to facilitate the virus-receptor fusion (Letko et al., 2020; Oberfeld et al., 2020).

ACE2 expression in various human tissues such as pulmonary, cardiovascular, renal, gastrointestinal tract and urogenital systems makes them potentially vulnerable to the virus (Guo, Yu, et al., 2020; Sommerstein et al., 2020; Wang, Zhang, et al., 2020). Several scientific works has been done around various symptoms and different organ failures, except the reproductive system, which is one of the least noticed organs containing the ACE2 receptor.

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Furthermore, TMPRSS2, as an essential part of virus entrance and activation, has significantly expressed in the prostate (Ko et al., 2015). TMPRSS2, as a transmembrane protease, is expressed in high levels in the intestine, also in the prostate, colon, salivary gland and stomach at lower levels. Moreover, the proteolytic role of TMPRSS2 in other viruses such as human coronaviruses, human metapneumovirus, human parainfluenza and influenza A virus have described previously (Huret et al., 2003).

Since reproductive health is of an ever-growing issue among populations, and its adverse sequels could lead to severe complications, varying from physical disturbances to psychological difficulties, this review study tried to pose a significant challenge to short- and longterm genital complications of SARS-CoV-2 and to illustrate the picture of SARS-CoV-2 male reproductive involvement due to potential target of direct damage by virus-receptor binding activity (Li, Yin, et al., 2020; Qing & Gallagher, 2020).

This literature review developed an attempt to male fertility problems associated with COVID-19 infection, suggesting more attention to the history of COVID-19 infection among infertility cases in practice, whether the patients were infected previously and have presented with the complications, or newly diagnosed ones with COVID-19. Therefore, after the pandemic, including COVID-19 infection to the infertility causes in men might be necessary.

2 | MATERIAL AND METHODS

For this literature review, three datasets consisting: PubMed/ MEDLINE, Science Direct and Google Scholar were searched for terms "COVID-19", "Male genital Tract", "Spermatogenesis" and "Orchitis" in first place. Secondly "ACE-2" and "TMPRSS2" were searched. We focused on journals with high quality according to their validity and reliability scores in terms of their impact factor.

Since the subject has recently been introduced, we considered it as a whole and then discussed in detail.

3 | VIRAL INFECTIONS AND MALE GENITAL TRACT

The importance of viral infections and involvement of the male genitalia has highlighted in several studies, leading to detection of over 30 viruses shedding into semen to date (Salam & Horby, 2017; Tortorec et al., 2020). In the context of more familiar ones: mumps virus (MuV), human immunodeficiency virus (HIV), hepatitis viruses and zika virus (ZIKV) are among those which spreading through viremia and breaking the blood-testis barrier, led to various complications such as orchitis, epididymitis and sperm count or quality alterations (Dejucq & Jégou, 2001; Liu et al., 2018; Salam & Horby, 2017). The blood-testis barrier, formed by the Sertoli cell junctional complex for seminiferous separation into basal components, is vital to regulation of nutrients, molecules and immune compartments for seminiferous tubules (Jonathan et al., 2016). According to the literature, blood-testis barrier damages cause immune deficit and consequent defective spermatogenesis and sterility (Jiang et al., 2014) (Figure 1a).

Recent discoveries have raised the possibility of the genital system's invasion by SARS-CoV-2 aside from other tissues (Qing & Gallagher, 2020).

4 | SARS-COV-2 INVASION MECHANISM

Although evidence regarding preceding studies suggested a similar mechanism to SARS-CoV (Hoffmann, Kleine-Weber, Krüger, et al., 2020; Mason, 2020; Nadeem et al., 2020). recent investigations revealed the most probable process for SARS-CoV-2 invasion: virus-host cell fusion mediating by surface spike (S) glycoprotein of virus binding ACE2 cellular receptor (Hoffmann, Kleine-Weber, Schroeder, et al., 2020). The process triggers by cellular membrane serine protease TMPRSS2, which cleaves S protein into S1 and S2 leading virus endocytosis, translation and replication (Nadeem et al., 2020; Oberfeld et al., 2020; Qing & Gallagher, 2020; South et al., 2020). ACE2 internalisation causes a decline in ACE2 levels at the cell surface, resulting in less angiotensin 2 (Ang2) degradation to angiotensin 1-7 (Ang1-7), which points out deleterious lung injury, inflammation and fibrosis (South et al., 2020). Therefore, the ACE2 receptor acts as the entrance gate in one hand, and the cell-protective barrier on the other hand (Zhang et al., 2020). Nevertheless, cluster of differentiation 147 (CD147) as an alternative receptor for SARS-CoV-2 spike protein and furin as the cleaving protease have proposed in most recent investigations due to appearing in protein sequence of the SARS-CoV-2 (Wang, Chen, et al., 2020) (Figures 1b,2,3 and 4). Additionally, Stanley et al. considered receptor basigin (BSG) and its cysteine protease cathespin (CSTL) as another potential receptormediated virus entry as a result of high co-expression in early and late primary spermatocytes by scRNAseq data (Stanley et al., 2020).

The presence of both ACE2 and TMPRSS2 within target cells has hypothesised in this study as necessary components of the host cell to be affected by SARS-CoV-2. Additionally, evidence regarding the presence of both ACE2 and TMPRSS2 among male genital tissue, suggests its virus vulnerability (Wang & Xu, 2020) (Figure 1b).

5 | ACE2 PRINCIPLES

The integral membrane glycoprotein ACE2 was discovered as ACE homolog in 2000, distributing hypertension, heart function and diabetes through its ability in Ang2 to Ang1-7 conversion. After SARS emergence in 2003, it has been implicated as the virus gateway by its high affinity to viral spike glycoprotein (Tikellis & Thomas, 2012; Turner et al., 2004).

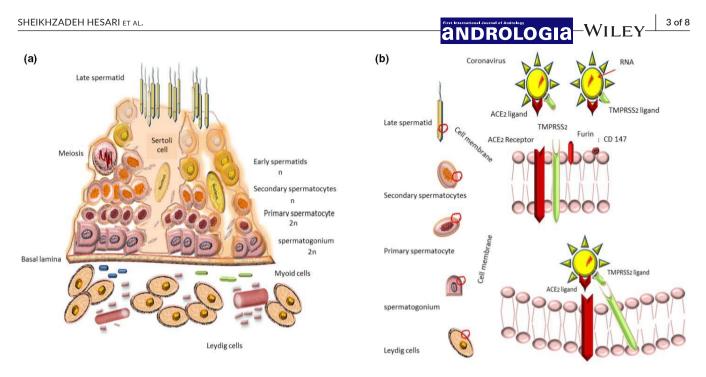
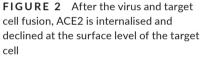
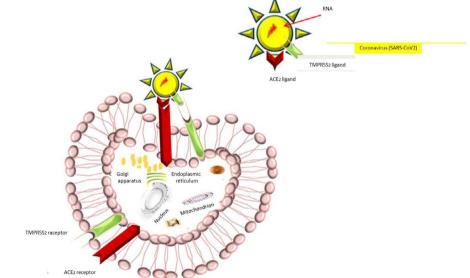


FIGURE 1 (a) The spermatogenesis process is initiated by spermatogonia's mitosis, and meiosis led to spermatid formation. Blood-testisbarrier organising by Sertoli cells makes specific virus blockade environment. (b) It is speculated that co-expression is necessary for SARS-CoV-2 entrance. Controversial results display various levels of ACE2 and TMPRSS2 expression among various stages of reproductive cells of male genitalia. Recently, Furin and CD147 have also been suggested as another potential host cell receptors for SARS-CoV-2

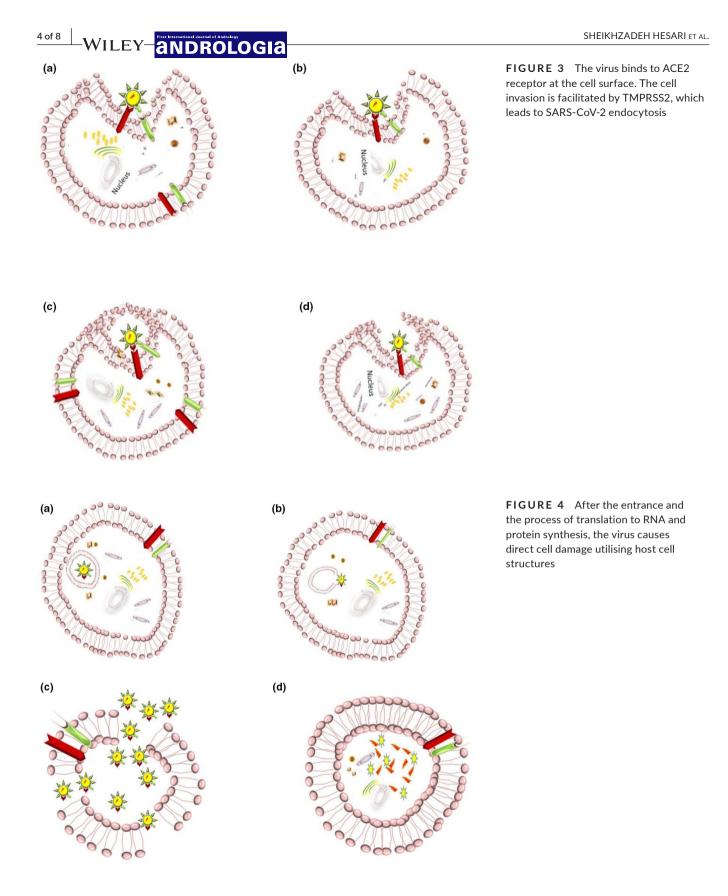




Since pneumonia has elucidated as the most critical manifestation of the disease, most literature has focused on ACE2 containing cells among the pulmonary system, admitting 83% expressing of ACE2 receptors in alveolar epithelial cells type2. However, extrapulmonary tissues have recognised as possible reservoirs for the virus (Zhang et al., 2020). Recent studies have provided some basis for ACE2 high levels of expression in the male reproductive system as well, and subsequent infertility issues (Pan et al., 2013; Wang & Xu, 2020).

6 | ACE2 AND THE MALE REPRODUCTIVE SYSTEM

In 2004, the expression of ACE2 was reported in adult Leydig and Sertoli cells of the human testis, although the exact mechanism in male reproductive function was not defined (Douglas et al., 2004). Further studies exhibited the role of ACE2 Ang1-7 Mas receptor axis in spermatogenesis regulation of rats: Ang1-7 receptor blockage led to a decrease in testis and seminal vesicles weight, seminiferous epithelium, daily



sperm production, the overall rate of spermatogenesis and increase in apoptotic cells in the seminiferous epithelium (Leal et al., 2009; Leung & Sernia, 2003). Recently, more attention has been focused on tracing ACE2 expression in human tissues, which indicated high enrichment within Leydig and Sertoli cells of the testis, and seminal vesicles (Fan et al., 2020). Likewise, Wang et al. collected the ACE2 level of expression's data across various testicular cell types: Sertoli and Leydig cells in first place and Spermatogonia in second place. In contrast, somewhat expression was reported in epithelial and somatic cells, different stages of spermatids and spermatocytes (Wang & Xu, 2020). Moreover, the highest level of ACE2 mRNA expression in testis alongside small intestine, kidney, heart and adipose tissue among 31 standard human tissue samples has been reported in recent literature (Li, Li, et al., 2020). Meanwhile, ACE2 receptor expression in the prostate has disclosed by collecting bulk RNA-seq profile of two public databases; also testis and seminal vesicle ACE2 expression at both RNA and protein level among top 10 high expressed organs (Dai et al., 2020; Tikellis & Thomas, 2012; Xu et al., 2020). Recently, another observation in India has confirmed the presence of ACE2 receptor expression in testicles among 68 median aged men positive for the virus, even at protein levels (Shastri et al., 2020).

However, the expression of ACE2 on the cell surface seems not to be sufficient for virus entrance and activation, and TMPRSS2 also has a notable role in this regard (Chen et al., 2010; Qing & Gallagher, 2020).

7 | TMPRSS2 PRINCIPLES

The transmembrane serine protease TMPRSS2 regulating by androgen has declared to have a significant role in epithelial sodium homeostasis, angiogenesis and tubulogenesis via its proteolytic cascades, besides serves as a cell receptor by signalling conduction (Chen et al., 2010; Ko et al., 2015). Previous studies across primary and metastatic prostate cancer displayed predominant expression in prostate, also low levels in colon, stomach, epididymis, breast and even testicular Leydig cells and kidney (Lucas et al., 2008).

8 | TMPRSS2 AND THE MALE REPRODUCTIVE SYSTEM

TMPRSS2, as one of the approved SARS-CoV-2 invasion compartments, has recorded highly expressed in prostate luminal cells and released in seminal fluid as part of prostatosomes. The accumulating body of evidence has been suggested prostatosome as a regulating factor and results in normal sperm function and reproductive health (Chen et al., 2010; Hoffmann, Kleine-Weber, Schroeder, et al., 2020). Additionally, TMPRSS2 expression among all cell clusters of testis has been reported by RNA-seq profiling, especially in spermatogonia and spermatids (Wang & Xu, 2020). However, RNA and protein expression scores vary in male tissues. Despite the inconsistent level of TMPRSS2 expression in male genitalia, which has been reported by different datasets, somehow expression has been recorded within the prostate, seminal vesicles and testes (Uhlén et al., 2015).

Further studies on TMPRSS2 and its contributions to male genital tissues are necessary for future investigations.

9 | ACE2 AND TMPRSS2 CO-EXPRESSION FOR COVID-19

Recent research efforts have displayed ACE2 and TMPRSS2 co-expressing in hillock and club cells of the prostate (Song, Seddighzadeh, et al., 2020). Besides, Wang and colleagues have recorded TMPRSS2 expressed in spermatogonia and spermatids, while ACE2 enriched in Leydig and Sertoli cells and spermatogonia (Wang & Xu, 2020). This finding sheds light on male reproductive tract vulnerability invasion by SARS-CoV-2 and provides some basis for further investigations over male fertility problems (Figures 3,5).

In contrast to the mentioned hypothesis, Pan and colleagues in the first cohort study analysed 34 male adult patients' semen samples for SARS-CoV-2 detection during the recovery period. The results showed no virus; however, 19% of scrotal discomfort was reported; also, ACE2 and TMPRSS2 sparsely were enriched in testicular cells by RNA profiling experiments (Pan et al., 2020). In consistent with these findings, 34 men (18 recovered, 14 control and 2 through acute phase of infection) were investigated in a University Hospital in Duesseldorf, Germany, to find SARS-CoV-2 RNA among semen samples. Although no RNA was detected in semen samples of participants, sperm quality impairment in counts, motility or concentration was recorded in patients who faced the moderate course of disease (Holtmann et al., 2020).

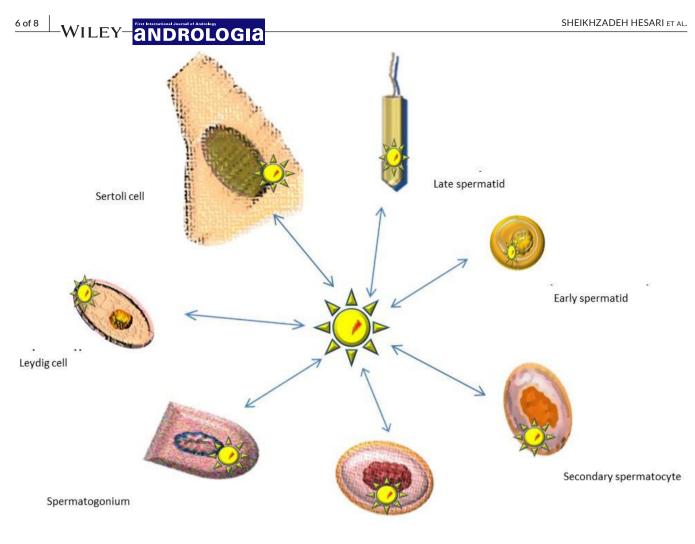
Previously orchitis was reported in autopsy specimens of six patients who died of SARS in 2006 (Xu et al., 2006); however, no more research was applied to find the specific pathology.

10 | HYPOTHESISED UNDERLYING MECHANISMS

We speculated that SARS-CoV-2 could be able to infect the male genital tract according to the abovementioned process. Afterwards, we discussed underlying mechanisms:

1) Direct damage has proposed at first place via virus-receptor binding; however, this damage is also dependent on its replication and stabilisation capabilities inside the target cells (Salam & Horby, 2017). Xu and colleagues reported no positive staining testis by SARS-CoV infected patients with orchitis in 2006 (Xu et al., 2006). Recently, Song et al. collected 12 semen samples of SARS-CoV-2 infected patients during the recovery period to diagnose COVID-19 by polymerase chain reaction (PCR) test, resulting in no positive sample (Song, Wang, et al., 2020). Interestingly, one recent cohort study in China has reported positive semen samples of COVID-19 patients: four positive for SARS-CoV-2 samples during the acute phase of the disease, and two positive ones during the recovery period among total 38 semen samples of infected patients (Li, Jin, et al., 2020).

2) Secondary inflammatory response by inflammatory cytokines has suggested as another underlying mechanism; like most infectious diseases, fever has accused of testicular damage due to the destruction of germ cells in constant high temperature, and leucocyte infiltration by destroying Leydig cells and following a decline in testosterone (T) level (Xu et al., 2006). Similarly, in one recent study in China, SARS-CoV-2 infected males were compared to healthy men in reproductive age to assess the changes in sex hormone levels. Consequently, the possibility of hypogonadism and Leydig cell destruction were hypothesised due to decline in T: LH ratio. It is worth



Primary spermatocyte

FIGURE 5 Various cell lines being affected by the virus have an impact on sperm dysfunction and consequent infertility

noting that the potential effect of various therapies, corticosteroids as an example, on hypothalamic-pituitary-gonadal axis must need to be taken into consideration (Ma et al., 2020).

Additionally, a couple of investigations have suggested the role of sex steroid abnormalities in the severity of symptoms and poor prognosis among COVID-19 patients (Giagulli et al., 2020; Stopsack et al., 2020).

3) Additionally, viral load has recommended as an influential factor in following complications like testicular damage, on one hand (Hikmet et al., 2020), and immune response activation, adaptive and innate, to fight against the virus on the other hand (Li, Li, et al., 2020).

Further studies are required to address this issue by more patients' evaluation and examination, more semen samples collecting during different phases of the disease, additional hormonal function analysis and more studies in both RNA and protein expression levels.

Conclusively, we suggest physicians gain more attention to male genital examinations besides pulmonary, cardiovascular and other involved organs. These examinations should be done in the course of the acute and recovery phase to recognise any genital discomfort complaints, orchitis, epididymitis or infertility problems. Furthermore, exploring laboratory findings such as sex hormone levels and semen analysis is suggested to be considered to diagnose sperm dysfunctions and subsequent fertility problems during short- and long-term periods in patients and the ones who recovered COVID-19.

Taken together, patients' evaluation in terms of fertility has recommended to urologists and other physicians as a result of the potential male reproductive tract's involvement during the infection.

ACKNOWLEDGMENTS

We thank the University of Tabriz for funding support.

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How to cite this article: Sheikhzadeh Hesari F, Hosseinzadeh SS, Asl Monadi Sardroud MA. Review of COVID-19 and male genital tract. *Andrologia*. 2021;53:e13914. <u>https://doi.org/10.1111/and.13914</u>