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## Approved by:

Frontiers Editorial Office, Frontiers Media SA, Switzerland

#### \*Correspondence:

Frontiers Production Office production.office@frontiersin.org

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# Erratum: The Gut Microbiome in Myalgic Encephalomyelitis (ME)/ Chronic Fatigue Syndrome (CFS)

#### Frontiers Production Office\*

Frontiers Media SA, Lausanne, Switzerland

Keywords: ME/CFS, Chronic Fatigue Syndrome (CFS), Myalgic Encephalomyelitis (ME), microbiome, gut dysbiosis, probiotics, antibiotics, autoimmunity

### An Erratum on

**The Gut Microbiome in Myalgic Encephalomyelitis (ME)/Chronic Fatigue Syndrome (CFS)** *By König RS, Albrich WC, Kahlert CR, Bahr LS, Löber U, Vernazza P, Scheibenbogen C and Forslund SK (2022). Front. Immunol. 12:628741. doi: 10.3389/fimmu.2021.628741* 

Due to a production error, there was a mistake in **Table 1** as published. During the final editing of the table, a formatting error occurred. The publisher apologizes for this mistake.

The original version of this article has been updated.

| <b>TABLE 1</b> Overview of Results with the theories of possible pathomechanisms concerning the microbiome in ME/CFS. |
|---|
|---|

| Mechanism   | Question  | Findings  | Ideas for future research   |
|---|---|---|---|
| GUT DYSBIOSIS   | Which role does the gut composition in ME/CFS patients play, can it help to understand the disease pathomechanism and can a specific microbial signature be used for diagnosis?   | <ul> <li>Several studies show evidence for intestinal microbiota alterations and Sdysbiosis in ME/CFS patients (12–16) but results are inconsistent and until now the exact role in the disease mechanism remains unclear (13, 17–19).</li> <li>In one study researchers were able to classify 83% of the ME/CFS patients correctly based on their dysbiosis in gut and increased inflammatory markers in blood as a consequence of microbial translocation (13).</li> </ul>                              | Larger longitudinal studies with clear<br>clinical criteria and considering different<br>subgroups of patients with ME/CFS to<br>examine if the detected dysbiosis is a<br>cause of the disease or a consequence of<br>patients inactivity, higher use of drugs or<br>history of antibiotic intake. Gut microbiota<br>composition should be assessed at the<br>functional level.  |
| GUT-BRAIN AXIS  | What role does a gut-brain communication<br>in ME/CFS patients play as it is known that<br>bacteria in the gut produce metabolites<br>which are important for the immune<br>system, hormonal, neural or metabolic<br>pathway to the central nervous system?   | <ul> <li>An existing gut-brain communication in<br/>ME/CFS patients is supported by<br/>different studies showing improvements         <ul> <li>in neurocognitive symptoms after<br/>antimicrobial and probiotic<br/>interventions</li> <li>of symptoms after rectal infusions<br/>of cultured bacteria (20)</li> <li>of symptoms after antibiotic<br/>treatment (21).</li> </ul> </li> </ul>   | Coupled metabolomic-metagenomic<br>studies covering metabolites involved in the<br>gut-brain axis.  |
| INCREASED GUT<br>PERMEABILITY AND<br>BACTERIAL<br>TRANSLOCATION | As a leaky gut can trigger inflammatory<br>changes of many chronic diseases, is there<br>also an association with ME/CFS? What is<br>the role of altered butyrate levels in ME/<br>CFS patients as butyrate is associated with<br>energy production, anti-inflammatory<br>function, epithelial barrier functions and<br>better fitness? | <ul> <li>There is evidence for an increased intestinal permeability in ME/CFS patients:</li> <li>Significantly elevated levels of IgA (66,7%) and IgM (40%) against the microbial translocation marker LPS of bacteria in the blood have been found and correlated with the severity of the illness (22).</li> <li>increased bacteria in the blood of ME/CFS patients followed by an exercise test (23).</li> </ul>   | Dietary interventions, alone or coupled with<br>pre-, pro- or treatments, are warranted.<br>Low efficacy may conceivably be increased<br>by considering individual baseline. We<br>recommend longitudinal studies ideally with<br>pre- disease states to examine the<br>causality between butyrate levels,<br>medication intake and activity levels of the<br>patients. Serum butyrate levels never have<br>been measured directly in ME/CFS. |
|   |   | <ul> <li>The endotoxin damage of Gram-negative<br/>bacteria and bacterial translocation might<br/>result in an activation of the immune<br/>response and systemic inflammation (13).</li> <li>Different research teams reported a<br/>reduced abundance of SCFA- (especially<br/>butyrate) producing bacteria in ME/CFS<br/>patients (12, 13, 15).</li> </ul>   |   |
| INCREASED D-LACTIC<br>ACID THEORY                               | Is there a connection between D-lactic acid<br>producing bacteria in the gut of ME/CFS<br>patients and their neurological symptoms,<br>as the clinical presentation of acute D-lactic<br>acidosis is similar?   | <ul> <li>Increased fecal SCFA levels have been found in ME/CFS patients (15).</li> <li>Increased fecal colonization of D-lactic acid producing Gram positive bacteria have been found (16) and absolute fecal lactate levels were decreased in ME/CFS patients (15).</li> <li>Some researchers hypothesize that accumulation of D-lactic acid through an excess bacterial fermentation leads to it's increased in blood and brain regions, where it causes the neurological symptoms (16, 24).</li> </ul> | D-lactic-acid levels should be directly<br>measured in serum of ME/CFS patients<br>and correlated with symptoms. D-lactic-<br>acid levels should be measured in serum<br>of ME/CFS patients during intervention<br>studies using pre-, pro- and synbiotics<br>and FMT.  |
| KYNURENINE<br>PRODUCTION<br>INSUFFICIENCY                       | What is the role of the enzyme idoleamine-<br>2, 3 -dioxygenase (IDO) in ME/CFS, as IDO<br>plays an important role in regulations and<br>suppressing immune activation in chronic<br>infections and tryptophan is known to be<br>metabolized by gut microbiota?   | <ul> <li>No improvement in fatigue has been seen<br/>by targeting the D-lactic acid producing<br/>bacteria with antibiotics and probiotics (25).</li> <li>The symptoms of an increased IDO activity<br/>(resulting in a depletion of tryptophan and<br/>generation of kynurenine), are similar to<br/>some ME/CFS symptoms. An<br/>interventional study showed that the<br/>mechanism might play a more important</li> </ul>  | Investigating variability in serotonin pathway<br>metabolite levels in ME/CFS, and their<br>changes under dietary and pharmaceutical<br>interventions.  |

#### TABLE 1 | Continued

| Mechanism                            | Question   | Findings   | Ideas for future research  |
|--------------------------------------|--|--|--|
|                                      |  | role in the initiation of the disease than during the established disease (26).  |  |
| PAST ANTIBIOTIC<br>INTAKE-HYPOTHESIS | Is there a correlation between antibiotic<br>use and the development of ME/CFS, as<br>the first description of the disease was only<br>after the worldwide use of antibiotics and it<br>is known that antibiotic use in early life<br>disturbs the microbiome and leads to a<br>bicheratic of an user of disease | <ul> <li>Genes of IDO isoforms have been found to<br/>be mutated. Therefore a different<br/>hypothesis is, that mutations in IDO result<br/>in the opposite with low kynurenine levels<br/>and an accumulation of tryptophan, leading<br/>to the typical pathological steady rate and<br/>clinical presentation of ME/CFS (27).</li> <li>A study showed that 78% of the tested<br/>non-antibiotic drugs inhibited bacterial<br/>growth (28).</li> <li>Antibiotics provoke the risk of D-lactate<br/>toxicity, which clinically correlates with<br/>the symptoms of ME/CFS (29).</li> </ul> | found to<br>) result<br>) levels<br>, leading<br>te and<br>).<br>e tested<br>Antibiotic intake, in the first years of life but<br>also later life exposure should be evaluated<br>in ME/CFS patients to examine antibiotics<br>as a trigger, pre-existing factor or cause.<br>Longitudinal studies are desperately<br>needed.<br>to<br>only<br>drial |
|                                      | higher risk of several diseases?   | <ul> <li>Antibiotics induce ROS and lead to<br/>oxidative stress by damaging not only<br/>bacterial cells, but also mitochondrial<br/>components (30).</li> </ul>  |  |
|                                      |  | <ul> <li>However, benefits in some symptoms of<br/>ME/CFS patients were also seen after<br/>treatment with antibiotics.</li> </ul>   |  |

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