

Total Surface Area Is Useful for Differentiating between Aggressive and Favorable Multifocal Papillary Thyroid Carcinomas

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Purpose: The purpose of the present study was to identify more useful parameters for predicting behaviors of multifocal papillary thyroid carcinoma (PTC). Materials and Methods: We investigated dominant tumor diameter (TD), total tumor diameter (TTD), and total surface area (TSA) in tumors from 588 patients and evaluated their usefulness as parameters for assessment of tumor behaviors in multifocal PTCs. Results: In 588 PTCs, tumor multifocality was found in 179 PTCs (30.4%). Multifocal tumors were significantly associated with extrathyroidal extension, lymph node metastasis, and higher tumor stage grouping (p<0.001, p<0.001, and p<0.001, respectively). The rates of nodal metastasis increased with greater TSA and TTD in PTCs. Multifocal papillary thyroid microcarcinomas (mPMCs) with TSA >3.14 cm² had higher rates of nodal metastasis than mPMCs with TSA <3.14 cm² (p=0.038); however, there was no significant difference between mPMCs with TTD >1.0 cm and with TTD \leq 1.0 cm (p=0.325). In addition, nodal metastasis was more frequent in mPMCs with TSA >3.14 cm² than in unifocal papillary thyroid microcarcinomas (uPMCs) (TD \leq 1.0 cm) (p=0.002), but not overt unifocal PTCs (TD >1.0 cm) (p=0.244). Conclusion: Our results suggest that mPMCs with TSA >3.14 cm² show more aggressive behavior than uPMCs and mPMCs with TSA ≤3.14 cm². TSA could be useful in distinguishing aggressive mPMCs from favorable cases.

Key Words: Papillary thyroid carcinoma, multifocal, total surface area, lymph node metastasis

INTRODUCTION

Papillary thyroid carcinoma (PTC) is the most common malignant tumor of the endocrine organs. Papillary thyroid microcarcinoma (PMC) of the thyroid is defined as a PTC of 1 cm or less in greatest diameter, according to the World Health Organization classification system. PMCs are more common than overt PTCs (larger than 1 cm) and have a more favorable prognosis. Nevertheless, for PMCs, unfavorable factors affecting aggressive behavior and prognosis are unclear.

Multifocal tumors may represent either multiple independent primary tumors or intraglandular dissemination from a primary tumor,² and tumor multifocality has been found in 20 to 40% of PMCs.³⁻⁸ Lymph node metastasis has been observed at

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higher rates in multifocal PMCs (mPMCs) than in unifocal PMCs (uPMCs).^{8,9} Based on the American Thyroid Association management guidelines,¹⁰ hemithyroidectomy or subtotal thyroidectomy is generally recommended as adequate treatment for uPMCs; however, in multifocal PMCs, surgical treatment and postoperative management are controversial.

In the present study, we investigated dominant tumor diameter (TD), total tumor diameter (TTD), and total surface area (TSA) in multifocal PTCs. We evaluated the clinicopathological significance of tumor multifocality and the role of TSA as a new parameter for assessing tumor behavior in PTC.

MATERIALS AND METHODS

Patients

Five hundred and eighty-eight consecutively resected classical variants of PTC at the Department of Pathology, Kangbuk Samsung Hospital, Sungkyunkwan University School of Medicine (Seoul, Korea) from January 1, 2010 to December 31, 2011 were analyzed. The correlation between tumor multifocality and clinicopathological characteristics was evaluated by reviewing medical charts, pathological records, and glass slides, following the 7th edition of American Joint Committee on Cancer (AJCC) tumor node metastasis (TNM) classification.¹¹ The pathological features were reviewed by two pathologists. The patients' mean age was 45.5±11.4 years (range 19–81 years); mean tumor size was 0.98±0.61 cm; and patients had undergone either total thyroidectomy (n=431) or lobectomy (n=157) with lymph node dissection. Central node dissection was performed in all patients, and modified radical neck dissection was selectively performed in patients confirmed as having metastasis in the lateral neck lymph nodes via preoperative fine-needle aspiration biopsy or frozen section (n=32). In terms of pathologic TNM stage grouping, there were 381 cases in stage I, one in stage II, 195 in stage III, and 11 in stage IV. All 298 patients under 45 years old in the present study were classified as stage I. This protocol was reviewed and approved by the Institutional Review Board of Kangbuk Samsung Hospital (approval No. KBC13145).

Definition and pathologic assessment of tumor multifocality

In our institution, sections were cut to a thickness of 0.2 cm for pathologic examination. All tumors detected during gross

examination and representative sections with normal-looking parenchyma from each lobe were histologically examined.

The multifocal tumors may represent either multiple independent primary tumors or intraglandular dissemination from a primary tumor.¹² In this study, regardless of origin, multifocal tumors were defined as tumors with a distance between each tumor greater than 0.5 cm.

Definition and evaluation of TD, TTD, and TSA

In the present study, the dominant tumor was defined as the largest single tumor for multifocal PTC or the primary for unifocal PTC. In multifocal tumors, TTD and TSA were defined as the total combined diameter and the surface area of each tumor, respectively.

The shape of PTCs was mostly ovoid to round, with dimensions taller than they were wide. We estimated tumor surface area by the following formula:¹³

Surface area=
$$0.5 \cdot \pi \cdot z \cdot \left(z + c \cdot \frac{(\arcsin(e)}{e}\right)$$

$$\left(z = \frac{a+b}{2}, e = \sqrt{\frac{c^2 + z^2}{2}}\right)$$

where a, b, and c are the perpendicular diameter of each tumor focus with a>b>c. In the present study, three-dimensional diameters were measured on gross and microscopic examination as shown in Fig. 1. PMC (TD \leq 1.0 cm) entails a more favorable prognosis than overt PTC (TD >1.0 cm). In addition, previous studies have reported that PMC with TD >0.5 cm show more aggressive behaviors than PMC with TD \leq 0.5 cm.¹⁴⁻¹⁷ Thus, in consideration of tumor behavior, we divided subgroups into PTCs with TD \leq 0.5 cm, PTCs with 0.5 cm \leq TD \leq 1.0 cm, and PTCs with TD >1.0 cm, respectively. We assigned TD 0.5 cm to TSA 0.785 cm \leq and TD 1.0 cm to TSA 3.14 cm \leq 2.

Statistical analysis

All statistical analyses were performed using SPSS software version 18.0 (SPSS Inc., Chicago, IL, USA). Correlation between tumor multifocality and clinicopathological parameters was determined by either the χ^2 test or the Fisher exact test (two-sided). In addition, using TD, TTD, and TSA, the correlation between tumor multifocality and lymph node metastasis was investigated. Multivariate logistic regression analysis was performed to identify the most influential variables associated with lymph node metastasis. The results are reported as p-values and odds ratios (ORs) with 95% confidence intervals (CIs). All results with p<0.05 were considered statistically significant.

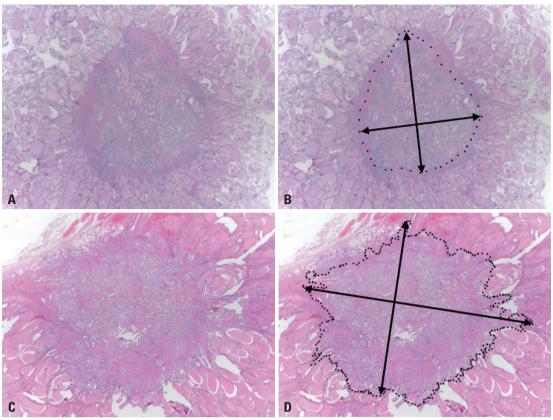


Fig. 1. Examples of measurements of tumor diameter. (A and B) Well-demarcated papillary thyroid carcinoma. (C and D) Papillary thyroid carcinoma with infiltrative border (x20).

RESULTS

First, we investigated the clinicopathological significances of tumor multifocality in 588 classical PTCs. Tumor multifocality was noted in 179 of 588 PTCs (30.4%), in which overt PTCs showed a higher rate of tumor multifocality than PMCs (p=0.015). Tumor multifocality was significantly correlated with extrathyroidal extension (p<0.001), lymph node metastasis (p<0.001), and higher tumor stage (p<0.001) but not with age (p=0.055) or gender (p=0.901). There were differences between multifocal and unifocal PTCs in TSA (p<0.001) and TTD (p<0.001); however, there was no difference in TD (p=0.483) (Table 1). In multivariate analysis, multifocality was an independent predictor of lymph node metastasis (p<0.001, OR=2.227, 95% CI 1.554–3.192).

All PTCs were classified based on TSA and TTD, which represented PTCs with TD \leq 0.5 cm, PTCs with 0.5 cm \leq TD \leq 1.0 cm and PTCs with TD \geq 1.0 cm, respectively. TSA and TTD groups were subdivided as TSA \leq 0.785 cm 2 , 0.785 cm $^2<$ TS \leq 3.14 cm 2 , and TSA \geq 3.14 cm 2 , as well as TTD \leq 0.5 cm, 0.5 cm<TTD \leq 1.0 cm, and TTD \geq 1.0 cm, respectively. Lymph node metastasis was found in 36.4%,

42.3%, and 61.6% of each TSA group, respectively. Based on TTD groups, the nodal metastasis rates were 19.4%, 43.7%, and 64.9%, respectively. Nodal metastasis was found in a higher rate in the larger TSA and TTD groups than in the smaller groups (p<0.001 and p<0.001, respectively) (Table 2). In multivariate analysis, TSA and TTD were independent predictors of lymph node metastasis (p<0.001, OR=1.157, 95% CI 1.089–1.230 and p<0.001, OR=3.185, 95% CI 1.851–5.481, respectively).

Next, we evaluated the usefulness of TSA and TTD in distinguishing aggressive mPMCs from favorable mPMCs. The groups of TSA and TTD were subdivided based on criteria of overt PTCs (TD >1.0 cm), which represented TSA >3.14 cm² and TTD >1.0 cm, respectively. Tumors with TSA >3.14 cm² comprised 13 of 104 mPMCs (12.5%) and those with TTD >1.0 cm consisted of 47 of 104 mPMCs (45.2%). Lymph node metastasis was observed in 42 (46.2%) of 91 mPMCs with TSA \leq 3.14 cm² and 10 (76.9%) of 13 mPMCs with TSA \geq 3.14 cm². Multifocal PMCs with TSA \geq 3.14 cm² had higher rates of nodal metastasis than mPMCs with TSA \leq 3.14 cm² (p=0.038); however, there was no significant difference between mPMCs with TTD \leq 1.0 cm (p=0.325) (Table 3).

Table 1. Correlation between Tumor Multifocality and Clinicopathological Features of PTCs

Clinicopathologic features —	Tumor multifocality		
	Present (%)	Absent (%)	— p value
Total (n=588)	179 (30.4)	409 (69.6)	
Age (yrs)			0.055
<45	80 (44.7)	218 (53.3)	
≥45	99 (55.3)	191 (46.7)	
Gender			0.901
Male	39 (21.8)	91 (22.2)	
Female	140 (78.2)	318 (77.8)	
Tumor diameter (cm)	1.03±0.55	0.96±0.63	0.483
Total tumor diameter (cm)	1.55±0.75	0.96±0.63	< 0.001
Total surface area (cm ²)	4.41±4.71	3.02±3.65	< 0.001
Overt PTC (>1.0 cm)	75 (41.9)	129 (31.5)	0.015
PMC (≤1.0 cm)	104 (58.1)	280 (68.5)	
Extrathyroidal extension			< 0.001
Yes	120 (67.0)	208 (50.9)	
No	59 (33.0)	201 (49.1)	
Lymph node metastasis			< 0.001
Yes	111 (62.0)	173 (42.3)	
No	68 (38.0)	236 (57.7)	
Tumor stage			< 0.001
I	93 (52.0)	287 (70.2)	
II	0 (0.0)	1 (0.2)	
III	83 (46.3)	113 (27.6)	
IV	3 (1.7)	8 (2.0)	
Tumor stage <45 yrs			-
I	80 (100.0)	218 (100.0)	
II	0 (0.0)	0 (0.0)	
Tumor stage ≥45 yrs			< 0.001
I	13 (13.1)	69 (36.1)	
II	0 (0.0)	1 (0.5)	
III	83 (83.9)	113 (59.2)	
IV	3 (3.0)	8 (4.2)	

PTC, papillary thyroid carcinoma; PMC, papillary thyroid microcarcinoma.

Table 2. Correlation between Total Surface Area and Total Tumor Diameter and Lymph Node Metastasis in Papillary Thyroid Carcinomas

Total surface area (cm ²)	≤0.785	0.785-3.14	>3.14	p value
All tumors (n=588)	66	319	203	
Lymph node metastasis (%)				< 0.001
Yes	24 (36.4)	135 (42.3)	125 (61.6)	
No	42 (63.6)	184 (57.7)	78 (38.4)	
Total tumor diameter (cm)	≤0.5	0.5-1.0	>1.0	p value
All tumors (n=588)	108	229	251	
Lymph node metastasis (%)				< 0.001
Yes	21 (19.4)	100 (43.7)	163 (64.9)	
No	87 (80.6)	129 (56.3)	88 (35.1)	

Table 3. Correlation between Total Surface Area and Lymph Node Metastasis of Multifocal Papillary Thyroid Microcarcinomas

mPMCs	Lymph node metastasis		n valua
	Present (%)	Absent (%)	— p value
$TSA \le 3.14 \text{ cm}^2$	42 (46.2)	49 (53.8)	0.038
$TSA > 3.14 \text{ cm}^2$	10 (76.9)	3 (23.1)	
TTD ≤1.0 cm	26 (45.6)	31 (54.4)	0.325
TTD >1.0 cm	26 (55.3)	21 (44.7)	

mPMC, multifocal papillary thyroid microcarcinoma; TSA, total surface area; TTD, total tumor diameter.

Table 4. Correlation between Total Surface Area and Lymph Node Metastasis of Multifocal Papillary Thyroid Microcarcinomas

	Lymph node metastasis		n valua
	Present (%)	Absent (%)	— p value
uPMC with TSA≤3.14 cm ²	95 (33.9)	185 (66.1)	0.036
mPMC with TSA \leq 3.14 cm ²	42 (46.2)	49 (53.8)	
uPMC with TSA ≤3.14 cm ²	95 (33.9)	185 (66.1)	0.002
mPMC with TSA > 3.14 cm ²	10 (76.9)	3 (23.1)	
uPTC with TSA > 3.14 cm ²	78 (60.5)	51 (39.5)	0.244
mPMC with TSA > 3.14 cm ²	10 (76.9)	3 (23.1)	

uPMC, unifocal papillary thyroid microcarcinoma; mPMC, multifocal papillary thyroid microcarcinoma; TSA, tumor surface area; uPTC, unifocal papillary thyroid carcinoma.

As shown in Table 4, uPMCs exhibited lymph node metastasis in 95 of 280 cases (33.9%). Nodal metastasis was found in higher rates in mPMCs with TSA \leq 3.14 cm² (p=0.036), as well as mPMCs with TSA \geq 3.14 cm² (p=0.002), than in uPMCs; however, there was no difference between mPMCs with TSA \geq 3.14 cm² and unifocal overt PTCs (p=0.370).

DISCUSSION

Tumor multifocality of PTCs has been shown to be correlated with aggressive behavior, such as extrathyroidal extension and lymph node metastasis; nevertheless, the management guidelines of mPMCs remain controversial. The present study is the first, to the best of our knowledge, to show that assessment using TSA could be useful in differentiating between aggressive and favorable mPMCs and in deciding postoperative management.

In our study, tumor multifocality was observed in 30.4% of PTCs and was significantly correlated with extrathyroidal extension, lymph node metastasis, and tumor stage grouping (Table 1). Although Katoh, et al. 18 reported that multifocal tumors were found in 78.1% of all PTCs, tumor multifocality recently has been reported in only 20–40% of cases. 3-8 Other studies have shown that tumor multifocality is significantly associated with lymph node metastasis, which is consistent with our results. 19-21 The correlation between tumor multifocality and extrathyroidal extension is

controversial.¹⁹⁻²¹ Lin, et al.²⁰ and Mazeh, et al.²² reported that tumor multifocality is significantly correlated with tumor recurrence. In mPMCs, a significant correlation between tumor multifocality and lymph node metastasis has also been reported.⁸ According to previous reports and our results, tumor multifocality may be a high risk factor. However, tumor multifocality is not included in any staging system, including AGES (Age, Grade, Extent, Size), AMES (Age, Distant metastasis, Extent, Size), MACIS (Distant metastasis, Age, Completeness of resection, Local invasion, Size), GAMES (Grade, Age, Distant metastasis, Extent, Size), or AJCC TNM classification.^{11,23,24} Despite the significant correlation between tumor multifocality and aggressive behavior, little is known about the reason for its exclusion as a risk factor.

The prognosis for PMC is favorable, even in the presence of regional lymph node metastases and local invasion.²⁵ The rates of locoregional and regional lymph node recurrence have been reported to be between 2% and 5.7% in PMCs.²⁶⁻²⁸ According to the American Thyroid Association management guidelines,¹⁰ lobectomy and/or central lymph node dissection is considered an adequate treatment for uPMCs without other higher risk features. Total thyroidectomy with lymph node dissection is recommended for overt PTCs with multifocality,^{10,22} however, optimal treatment guidelines for multifocal PMCs remain controversial. A subset of PMCs with aggressive behavior requires surgical treatment and postoperative management similar to overt PTCs.^{29,30} Thus,

it is important to differentiate multifocal PMCs requiring more aggressive surgical treatment and postoperative management. In addition, more detailed assessment of different surgical treatment and postoperative management options for multifocal tumors are needed.

In the present study, tumor multifocality was observed at a higher rate in overt PTCs than it was in PMCs. Based on the 7th edition of the AJCC TNM classification systems, ¹¹ primary tumor (T) stage is to be evaluated via tumor size and extrathyroidal extension; however, in multifocal PTCs, tumor size is evaluated by the largest tumor size, regardless of tumor number. The evaluation of extrathyroidal extension is performed for all tumors, including the largest tumor and other smaller tumors. Although PTCs show higher rates of tumor multifocality than other tumors, ¹⁴ little is known about the effects of tumor multifocality on aggressive behavior. Whether the second tumor of multifocal PTCs affects aggressive behavior remains a subject for further investigation.

The assessment parameters for surgical treatment and postoperative management of multifocal PMCs are not fully understood. In the assessment for tumor multifocality of PTCs, new trials have attempted to assess the use of total tumor diameter or tumor number. Zhao, et al.8 introduced TTD as an assessment tool; however, these results were not included in the comparison of lymph node metastasis between mPMCs with TTD > 1 cm and with TTD < 1 cm. Our results revealed no significant difference in lymph node metastasis rates between mPMCs with TTD >1 cm and with TTD ≤1 cm (Table 3). In addition, the shape of PTCs was mainly ovoid to round with dimensions taller than they were wide.31 Therefore, tumor diameter cannot accurately represent true tumor bulk, as tumor volume or total surface area can. Tumor surfaces are proportional to the second and third power of the diameter. By adding the diameters of multifocal tumors, TTD could overestimate total surface area. These results suggest that TTD cannot distinguish aggressive mPMCs from more favorable mPMCs and uPMCs. Lin, et al.²⁰ reported that tumor number was significantly associated with tumor recurrence. The detection of multifocal tumors is dependent on surgical extent, degree of inspection, and microscopic examination;³² however, it is difficult to microscopically examine the entire thyroid gland, and tumor multifocality may be missed. In addition, if bilateral lobes are not examined through total thyroidectomy, tumors in the contralateral lobe may be missed.³² These seem to be unavoidable limitations for thorough detection

of multifocal tumors. Accordingly, prediction of lymph node metastasis or tumor recurrence via tumor number has limitations.

In the present study, we evaluated the usefulness of a new parameter, TSA, in predicting nodal metastasis of PTCs. The criteria for TSA analysis were 0.785 cm² and 3.14 cm², which are equivalent to TD 0.5 cm and TD 1.0 cm, respectively. Regardless of tumor multifocality, the larger TSA group showed significantly higher rates of nodal metastasis than the smaller TSA group (Table 2). Although overt PTCs showed higher rates of lymph node metastasis than PMCs (p < 0.001), there was no significant difference in nodal metastasis between mPMCs with TSA >3.14 cm² and overt PTCs (p=0.465) (data not shown). In addition, as shown in Table 4, mPMCs with TSA >3.14 cm² showed higher rates of lymph node metastasis than mPMCs with TSA <3.14 cm² and uPMCs. Andea, et al. 13,33 previously reported that the assessment using TSA in multifocal breast carcinomas and TSA rather than TTD was useful for the prediction of lymph node metastasis. According to our results, PTCs with TSA >3.14 cm² showed higher rates of extrathyroidal extension than PTCs with TSA \leq 3.14 cm² (p<0.001). However, there was no significant difference in extrathyroidal extension between mPMCs with TSA >3.14 cm² and mPMCs with TSA ≤ 3.14 cm² (p=0.194). In the present study, threedimensional diameters were measured on gross and microscopic examination. If a tumor has marked infiltrative border, the estimated surface area may be smaller than the real surface area, which would warrant consideration in practice. Notwithstanding, according to our results and previous reports, TSA rather than TTD could be useful for differentiating between higher and lower risk groups of nodal metastasis in multifocal tumors.

In conclusion, the present study showed that multifocal PMCs can be evaluated via TSA, and patients with mPMCs with TSA >3.14 cm² may be managed in a different manner than patients with uPMCs or mPMCs with TSA ≤3.14 cm². As a new parameter, TSA could be a useful parameter for deciding on preoperative, surgical, and postoperative management of mPTCs.

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