

Background. Data on knowledge, attitudes, and practices to prevent HIV transmission are limited and effective strategies to improve such knowledge, change attitudes, and reduce risk behaviors are unknown among serodiscordant couples.

Methods. A quasi-experimental study was conducted among HIV-negative adult heterosexual partners of HIV-infected patients. The intervention was an educational program consisting of a 1-hour educational session on knowledge about HIV infection and transmission prevention, a condom use teaching session, group discussion and experience sharing, and free HIV testing. Self-administered survey was conducted pre- and post-intervention on the same day to assess effectiveness of the program in improving HIV knowledge and changing attitudes toward HIV prevention. The participants were invited to participate in the program again 6 months later to assess retention of the knowledge and positive attitudes and practices to prevent HIV.

Results. A total of 88 participants were enrolled. The median age was 39 years and 49 (56%) were male. The median number of correct answers to the 30 statements about HIV infection and transmission prevention was significantly higher after the program compared with before the program (28 vs. 21; $P < 0.001$). After the program, higher proportions of the participants would encourage treatment of their HIV-infected partners (77% vs. 58%), use pre-exposure prophylaxis (59% vs. 38%), have a regular HIV blood test every 6 months (94% vs. 81%) and think that they and their partners can have a baby together safely with the current HIV transmission prevention strategies (48% vs. 17%) compared with before the program (all $P < 0.05$). Among the 35 participants who participated in the educational program twice, most of the knowledge and positive attitudes were retained. The rates of regular HIV testing every 6 months and consistent condom use had increased from baseline to 6 months later (29% to 74% and 71% to 91%, respectively). None of the participants acquired HIV from their partners.

Conclusion. The educational program was shown to be effective in improving HIV knowledge, attitudes, and practices toward HIV prevention among the seronegative partners.

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1286. Evaluating Strategies to Reduce Risk of HIV Infection in the US Blood Supply

Robert Goldstein, MD, PhD¹; Chana Sacks, MD² and Rochelle Walensky, MD, MPH, FIDSA³; ¹Department of Medicine, Division of Infectious Diseases, Massachusetts General Hospital, Boston, Massachusetts, ²Department of Medicine, Division of General Internal Medicine, Massachusetts General Hospital, Boston, Massachusetts, ³Division of Infectious Diseases, Massachusetts General Hospital, Boston, Massachusetts

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Background. Due to risk of HIV transmission, the FDA recommends a ban on blood donation from men who have sex with men (MSM). Revised in 2015, the current restriction applies to men who have had sex with a man in the year before donation. Given advances in HIV testing and the option of risk-based screening, the current approach may not represent the optimal strategy for ensuring a safe blood supply.

Methods. Using a decision tree, we compared three strategies: (1) the current standard: a deferral for MSM followed by fourth-generation HIV antibody/antigen (Ab/Ag) and viral load (VL) testing of all donated units; (2) test-only: no deferral, with Ab/Ag and VL testing; (3) risk-based: deferral for all male donors who report condomless anal intercourse in the past 6 weeks, followed by Ab/Ag and VL testing. The primary outcome was the expected number of accepted HIV+ donations per million units of donated blood. Key input parameters include MSM prevalence (3.6%), HIV testing sensitivity for chronic (99.96%) and acute (75%) infection, and false negative rate of the current MSM deferral question and the risk-based screening question (2.6% for each). In sensitivity analyses, we assessed the impact of variation in these parameters.

Results. In the base case, the current strategy resulted in 5.39 HIV+ accepted blood donations per million; the testing only strategy resulted in 7.10 HIV+ accepted blood donations per million; and the risk-based strategy resulted in 2.54 HIV+ accepted blood donations per million. In sensitivity analyses, the risk-based strategy was superior across plausible ranges of HIV test sensitivity and MSM prevalence. The risk-based strategy was superior when the false negative rate generated by the risk-based screening question was $<10.4\%$; at higher rates, the current strategy was superior. The current strategy was superior when the MSM deferral question yielded $<0.8\%$ false negative rate; at higher rates, the risk-based strategy is superior. Compared with the current standard, a risk-based strategy could add 5 million low-risk MSM to the potential donor supply.

Conclusion. A risk-based screening question, combined with Ab/Ag and VL testing, may be more effective than the current strategy. The quality and ability of screening questions to accurately assess risk is key to any pre-donation screening strategy.

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1287. Seizing Opportunities for Intervention: Changing HIV Knowledge Among Men Who Have Sex With Men and Transgender Women Attending Trusted Community Centers in Nigeria

Milissa Jones, MD¹; Habib Omari, MD²; Sylvia Adebajo, MD, PhD³; Charlotte Gaydos, DrPH, MS⁴; Afoke Kokogho, MD⁵; Stefan Baral, PhD⁶; Rebecca Nowak, PhD⁷; Julie Ake, MD, MSc⁸; Manhattan Charurat, PhD⁹; Merlin L. Robb, MD³; Trevor A. Crowell, MD, PhD⁹ and TRUST/RV368¹; ¹Pediatrics, Walter Reed National Military Medical Center, Bethesda, Maryland, ²University of Maryland, Baltimore, Maryland, ³Population Council Nigeria, Abuja, Nigeria, ⁴Johns Hopkins University, Baltimore, Maryland, ⁵Henry M. Jackson Foundation for the Advancement of Military Medicine, Abuja, Nigeria, ⁶Johns Hopkins Bloomberg

School of Public Health, Baltimore, Maryland, ⁷Institute of Human Virology, University of Maryland, Baltimore, Maryland, ⁸U.S. Military HIV Research Program, Walter Reed Army Institute of Research, Silver Spring, Maryland, ⁹Henry M. Jackson Foundation for the Advancement of Military Medicine, Bethesda, Maryland

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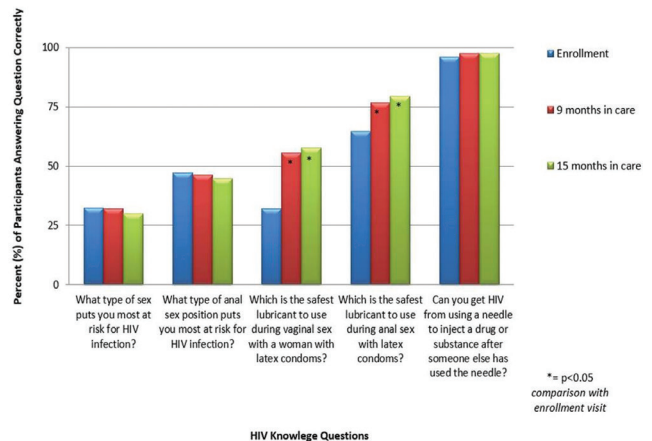
Background. Knowledge of HIV risk factors and risk reduction strategies is essential for HIV prevention in key populations, including men who have sex with men (MSM) and transgender women (TGW). We described factors associated with HIV-related knowledge and evaluated the impact of counseling and care at trusted community health centers serving Nigerian MSM and TGW.

Methods. The TRUST/RV368 cohort recruits MSM and TGW via respondent driven sampling in Abuja and Lagos, Nigeria. Participants undergo a structured interview with five knowledge-testing questions at enrollment and after 9 and 15 months. Routine HIV/STI screening, free condoms/lubricants, and counseling about safer sex practice is provided. Multivariable Poisson regression with generalized estimating equations was used to calculate risk ratios (RRs) and 95% confidence intervals (CIs) for factors associated with answering more knowledge questions correctly. Pearson's chi-squared test was used to compare the proportion of participants answering each question correctly at enrollment and subsequent visits.

Results. From March 2013 to December 2017, 2,090 biological males were enrolled with median age 23 [interquartile range 20–27] years, including 234 (11.2%) with female gender identity. Of 1691 participants with known HIV status, 836 (49.4%) were positive. The mean number of HIV knowledge questions correctly answered was 2.37, 2.98, and 3.09 at enrollment, 9, and 15 months, respectively. Participants demonstrated increased HIV knowledge after 9 (RR 1.15 [95% CI 1.03–1.28]) and 15 months (1.18 [1.05–1.32]). Factors associated with increased knowledge included HIV positivity (1.17 [1.11–1.23]), higher than senior secondary education when compared with less than senior secondary (1.24 [1.12–1.37]), and almost daily internet use when compared with never (1.17 [1.08–1.27]). Knowledge gains were driven primarily by improved understanding of condom and lubricant use (figure).

Conclusion. While HIV knowledge improved during enrollment in the cohort, it remained suboptimal. Multiple modalities may be needed to fully inform Nigerian MSM and TGW of risk reduction strategies. Interventions that involve internet access to deliver educational materials may be a useful adjunct to direct counseling at healthcare centers.

Longitudinal Responses to HIV Knowledge Questions by 513 Participants with ≥ 15 Months in Study



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1288. Adolescents' Knowledge and Acceptance of Pre-exposure Prophylaxis (PrEP) in the Capital District Region of New York

Roberto P. Santos, MD, MSc; Mary Ellen Adams, ACRN; Martha Lepow, MD and Debra Tristram, MD; Pediatrics, Albany Medical Center, Albany, New York

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Background. In 2015, adolescents 13–24 years were disproportionately affected and accounted for 22% of new HIV infections in the United States. In New York State (NYS), the rate of adolescents (13–19 years) living with HIV infection is more than twice the national rate (44.4 vs. 19.4 per 100,000 population). As part of the ending the epidemic (ETE) program, the NYS Department of Health spearheaded access to pre-exposure prophylaxis (PrEP) for high-risk individuals to keep them HIV negative. This study aims to test the hypothesis that adolescents at risk may not be utilizing PrEP and that there are barriers to adopting it.

Methods. A cross-sectional survey (Qualtrics) was conducted from Aug 2017 to May 2018 using a 13-item multiple choice and Likert scale validated questionnaire that takes <5 minutes to complete. Descriptive and nonparametric tests (GraphPad Prism v5.04) were used to characterize knowledge and acceptance of PrEP among adolescents in Capital District NY after the initiation of the ETE program in NYS.